

# The Plains Pride



**VOLUME 4, NUMBER 42** 

PLAINS, YOAKUM COUNTY, TEXAS SUNDAY, JANUARY 22, 1989



**WENDIE ALEXANDER** 

## Wendie Alexander Earns First In All-Region Band Selection

First Chair, Alto Saxophone during All-Region Band Tryouts which were Shallowater.

All-Region A-AA Concert Band Sat- She is a sophomore.

Wendi Alexander was named urday, Jan. 28 at 7 p.m. in the Monterey High School in Lubbock.

The A-AA All-Region Band is held last Thursdy night, Jan. 12 in composed of band members in all the A-AA Bands in Region XVI.

Wendie was chosen as first chair Miss Alexander will play in the in the All-Region band last year also.

## Latrell McDonnell Represents **Yoakum County At Meeting**

planned meeting of the JTPA Com- Hockley, Lamb, Lynn, Terry and mittee in Levelland Jan. 11. The orga- Yaokum. This area is called the South effect to help privately-owned, small Inc. businesses get started.

Also, JTPA is a source of helping unemployed persons find employment.

Anyone interested in finding out more about JTPA should call 806-894-6104, Ext. 19. Seven counties are in- from Yoakum County.

Latrell McDonnell attended the cluded. They are Bailey, Cochran, nization is a government program in Plains Community Action Association,

> Representatives of the association will talk with persons or groups interested in the program, or just give information about the program. Mrs. McDonnell is a committee member

If your name is on Page 6... vour subscription is expiring.

## Ty Earl Powell Elected President Of Farmers' Union

The annual meeting of the Yoakum County Farmers Union was held recently and officers elected.

Ty Earl Powell was elected president; Dan Wall, first vice president; Darrell Barron, second vice president; and Linda Shoemaker Lowrey, secretary-treasurer.

Dan Wall and Darrell Barron were elected to serve as delegates to the State TFU Convention to be held at the Austin Airport Hilton Hotel, Jan. 26-28. Linda and Melvin Lowrey were elected as alternates.

Scheduled speakers Thursday in-

clude Joe Rankin, president of Texas Farmers Union and Jim Hightower, Texas Commissioner of Agriculture.

Friday's speakers include Ann Richards, State Treasurer; Bill Hobby, Lt. Governor; Eugene Cook, Justice of Supreme Court of Texas; Steve Carriker, State Senator; John Sharp, commissioner of Texas Railroad Commission and Andrea Wooten, president of Green Thumb, Inc.

Saturday, Jim Mattox, Attorney General and Leland Swenson, president of National Farmers Union will be featured speakers.

## Plains Cotton Growers, Inc. Favor Keeping CCC Program

The Board of Directors of Plains Cotton Growers, Inc., Jan. 11 manifested solid opposition sacrificing the Commodity Credit Corporation (CCC) loan program or raw cotton import restrictions on the altar of achieving competitive prices.

Looking at the declining offtake of U.S. cotton in the face of an expected 9.2 million plus bale carry over at the end of this marketing year, the Board evidenced support for industry efforts toward competing more aggressively for available markets. "We know we are being undersold by our competitors in world markets," said PCG President Steve Verett of Ralls, 'exactly what the 1985 Farm Act was designed to prevent.'

But the fault lies with an unrealistic adjusted world price (AWP), not with the operation of the loan program, the Board agreed. The AWP is the price at which U.S. cotton can be redeemed from the loan or sold by producers without loss of producer income. When the world's selling price is low, as now, the AWP can be and was meant to be at a level allowing U.S. cotton to hold its fair share of the market.

Discussion of the loan program and raw cotton imports sprung from unofficial suggestions made by cotton merchants and a position adopted by the American Textile Manufacturers Institute (ATMI).

Some in the merchandising sector

contend that excessive producer demands for loan equities have been the major culprit in preventing U.S. cotton from being offered at competitive prices. To remedy the situation they propose eliminating the producer's right to obtain an eight month extension of initial ten month loans. Some also advocate that all loans be changed from 'nonrecourse' to 'recourse' loans, requiring producers to repay loans before maturity date whether or not the cotton can be sold at or above the loan principal plus accumulated carrying charges.

These proposals, Verett told the PCG Board, would tend to force cotton out of the loan, and any price differential needed to make it salable in world markets would "come out of the producer's hide."

One ATMI position, in effect states that when the U.S. cotton price is out of line in any week, CCC should "call in" loans on enough cotton to supply U.S. mills for one week, pus enough to give the U.S. its fair share of world trade for a week. The cotton would then be sold by CCC on competitive bids.

ATMI also proposes discontinuing the provisions of "Section 22," the law that has long prohibited the import of any significant amounts of foreign grown cotton. ATMI states that

Continued on Page 2

# Losing Weight - Keeping Your Resolution

To lose weight you must consume fewer calories than you use. You can achieve this by eating less or exercising more - preferably a combination of both, says Mary Dale Williams, Yoakum County Extension Agent, Home Economics.

To lose a pound of fat, your balance sheet must show a 3,500 calorie deficit. Although this sounds like a lot, if you consumed just 250 fewer calories than usual each day, you'd lose a pound of fat every two weeks or 26 pounds a year.

Also, adding a 30 minute exercise session to your daily routine would achieve the same goal. Of course, because of variations in metabolism and the efficiency with which people burn and store calories, not everyone will lose exactly 26 pounds.

This slow weight loss method insures you lose fat rather than fluid or muscle tissue. It also protects against the all too common weight-loss-regain cycle known as "yo-yo dieting". Rapid weight loss sets in motion measures designed to protect the body against starvation. It lowers the metabolic rate, making it easier to regain weight once you go off the diet and harder to lose it the next time.

While you can count the calories you need to limit by checking the many books that contain calorie counters, it's more difficult to change the behaviors that put on the pounds. Here are some tips that offer concrete measures to help you keep your New Year's resolution to lose weight.

\*Eat a minimum of three times a day over a 10 hour period to keep from getting hungry. Try to eat one-fourth of your calories at each meal, saving the remaining fourth for snacks when you are hungry. This means you must set definite limits and have a specific eating plan.

\*Eat if you're hungry, but remember to choose foods that are not calorie dense - veggies, salad greens, and fruits are filling, healthy choices that take longer to eat than many high fat snacks.

\*Dine restaurant style at evening meals. Start with a large plate of salad with a low-calorie dressing and no other food on the table. Taking time to prepare a second plate for the main course gives you a break, which allows time for your brain to get the message that you're no longer as hungry.

\*Get tempting foods out of your house and office. Ask family members who insist on eating high-fat, high-calorie foods to do so away from home. Stay away from vending machines

#### THE PLAINS PRIDE

The Plains Pride (USPS 757-130) is published weekly at 716 Main Street, Olton, Lamb County, TX 79064. Second Class Permit paid at Olton, TX 79064 POSTMASTER: Send address changes to THE PLAINS PRIDE, P.O. BOX 774, OLTON, TEXAS 79064-0774.

Any erroneous reflection upon the character or standing of any person or firm appearing in this paper will gladly and promptly be corrected, upon being called to the attention of the management.

\*Squelch well-meaning friends who urge undesirable foods on you. Say, "My doctor told me I must get down to the weight that is healthy for my height and age." That usually quiets even the most insistent tempters.

Some experts say you must perform an act only 40 times before it becomes a habit. Eating habits are often so entrenched that you don't really think about them. You must first define how and why you eat before you can altar bad eating behaviors.

\*Keep a two-week diary to help determine when you eat and what foods you're actually consuming. Make a note as to whether you're eating out of boredom or frustration or because you're actually hungry. Make a list of things to do away from the kitchen when boredom strikes.

\*Reward yourself for good behavior, but choose a reward other than food. If you've always used food to cheer yourself up or help get you through the bad times, remember that this form of immediate gratification adds extra pounds. Instead of eating, start a good book, make a long-distance call to a special friend, or take a trip to the mall or go see a movie.

\*Avoid absolute statements such as, "I'll never eat sweets again". This is setting yourself up for failure. Instead, say "I will try to avoid sweets by not allowing myself to get too hungry," or "Instead of grabbing a candy bar, I will learn to deal more constructively with my feelings."

\*Go from couch potato to roadrunner. Get out and take a brisk walk every day, even if it's just around the block at first. Don't lie around in front of the television - save your reclining for bedtime. You'll quickly learn that exercise relieves stress and provides a good form of relaxation as well as burning calories.

\*Use self-talk and imagery. These may seem foolish, but behavior modification experts know they work. Tell yourself you can lose weight, that you have control over your life, and that you can change the things you want to change. You deserve good things to happen - including losing the weight you want to lose.

\*Construct a mental picture of your slim self running in a pleasant environment. Fill in the details - see your white bathing suit over trim hips. See the blue sky and palm trees in a tropical breeze. Call up this image whenever you feel stressed or compelled to overeat or choose the wrong foods.

\*Be selective in who you tell about your weight-loss plans. Negative thinkers, people who make fun of you, or those out to sabotage your efforts by tempting you do not need to know. Tell only people whom you know are supportive. Others who are also trying to hold down their own weight are ideal. You can encourage each other to set realistic goals and share the fun of achieving them.

By approaching weight loss in a sensible manner designed to change

behaviors, that put on the pounds, you're much more likely to be successful. You'll not only lose weight, but be able to keep the pounds off by avoiding crash dieting and what inevitably follows - regaining more weight than

Cotton...

Linda Wall

(806) 456-6202

rangdid edita

Continued from Page 1

discontinuance of Section 22 would be urged only if other mechanisms guaranteeing cotton at world prices to U.S. textile mills are not implemented.

In other action the PCG Board discussed and supplied suggestions on the work of a commission created by Congress to recommend improvements in federal crop insurance. The Board agreed to request that a hearing on the subject be held in Lubbock.

Ginner, producer and PCG past president Myrl Mitchell of Lenorah serves on the commission, charged with reporting to Congress on April 1 and again July 1. A third meeting of the commission is set for Feb. 1.



By Elisabeth M. Bodnar,

AIDS In The Workplace: What You Should Know

It's estimated that by 1991, 270,000 persons will have been diagnosed with AIDS in the United States. Much is being done now to combat the disease, but the impact of AIDS will be found in human suffering, loss of employment, social discrim-

ination, economic loss and loss of life.

The quality of care our health workers can give AIDS patients in hospitals and homes has become increas-

Bodnar ingly important.

An informative booklet giving sound information about AIDS, how it is transmitted as well as information on dealing with HIV infection/AIDS in the workplace has recently been published. To members of the American Association of Occupational Health Nurses, it's available for \$2.00 (nonmembers \$5.00) by writing to: AAOHN, 50 Lenox Pointe, Atlanta, Georgia 30324.

## Winter Clearance Continues 20-50% OFF

Black & White Cowboy & Cowgirl Sweatshirts....REG. \$20 NOW \$12

Linda's

Especially For You Boutique

P.O. Box 403 108 Ave G

Yoakum County
Federal Credit Union

ANNUAL MEETING
& ELECTION OF OFFICERS

January 28th
7 p.m.
in the
Plains School Cafeteria

Drinks & Ham will be furnished. Members &

Drinks & Ham will be furnished. Members & Prospective Members are invited. Every family is asked to bring a covered dish.

DEBORAH NELL HEAD

## Ms. Deborah Nell Head Receives Degree From Tech

Deborah Nell Head was graduated from Texas Tech University in commencement exercises Dec. 17, receiving a BS Degree in Physical Education, specializing in sports medicine.

A 1984 graduate of Plains High School, she attended New Mexico Junior College at Hobbs, N.M. where she graduated with an associate degree. She also attended school at U.T.P.B. in Odessa. She served an internship at the

New Arrivals

Randy and Jeanna Conner of Midland wish to announce the arrival of their daughter, D'Ann Elaine Conner, born Wednesday, Jan. 11 at 1:17 p.m. in Midland Memorial Hospital. Weighing seven pounds seven ounces, she measured 19 and one-fourth inches. Grandparents are Jim and Johnye Conner of Plains and Mary Merritt of Andrews. Great-grandparents are Odell Conner of Abilene, Lena Randolph of Checotah, Okla. and Mr. and Mrs. P.W. Slack of Andrews.

#### **Employee Business Expenses**

Unreimbursed employee business expenses are generally deductible only to the extent that they exceed two percent of adjusted gross income. More information on changes to itemized deductions can be found in IRS Publication 17, "Your Federal Income Tax," which can be ordered by calling 1-800-424-3676.

Centre at Methodist Hospital in Lubbock and is now employed there.

She will continue her education at Texas Tech, working toward a Masters Degree.

Deborah is the daughter of Mr. and Mrs. Jerome Head of Plains.

-Filmtimeat Yoakum Co. Library



Thirty-one pre-school children attended Wednesday morning's Filmtime. Kathy Holster showed films "Speaking of Weather," a film that helped the children learn the four seasons and "Curious George Goes to an Ice Cream Shop." Pictures of ice cream cones were passed out for the children to take home and color in their favorite ice cream color.

Mrs. Holster read the book "The Three Bears."

Attending were Tiffany Canon, Elizabeth Ramirez, Carmen Mendoza, Grady McNabb, B.J. Lester, Sean Holster, Melissa Pittman, Kimberly & Sarah Martinez, Ragan McGinty, Derick Beach, Adam Lara, Corey Kelton, Morgan Kight, Scotty Robertson, Nancy Koncaba, Kayla Willis, LaReasha and Carla Whittaker, Megan Allsup, Jennifer Phillips, Chelsi Wagnon, Jeremy and LaShonda Diamond, Crystal Garcia, Elizabeth Clanahan, Keenan Hancock, David Longoria, Elizabeth Wilmeth, Keeper and Micah Clay.

All pre-school children are invited to attend filmtime each Wednesday from 10 to 11 a.m.

## Turner Extension Homemakers Hosted By Rita Snodgrass

Turner Extension Homemakers Club met in the Plains Clubroom with Rita Snodgrass as hostess and meeting conducted by Dorothy Jones, president.

Roll call was answered with "an idea to increase attendance for the club this year". The minutes were read by Rita Snodgrass and the council report was given by Velma Dearing.

Members accepted the written resignation of secretary-treasurer Edith Tuggle and elected Bitsy Martin to replace the position.

The Stock Show which will be held Feb. 16-17-18 was discussed. Secret Pals were revealed and names drawn for 1989. Members also volun-

teered to give a program through the year.

Next meeting will be with Gay Wilmeth on Jan. 24.

#### **Personal Interest**

The deduction for personal interest is being phased out. This deduction is limited to 40 percent in 1988, 20 percent in 1989, and 10 percent in 1990. No deduction will be allowed thereafter. Personal interest generally includes interest on car loans, credit cards, personal loans, and on most tax deficiencies of individual taxpayers. More information on changes to itemized deductions can be found in free IRS Publication 17, "Your Federal Income Tax." Call 1-800-424-3676 to ordere

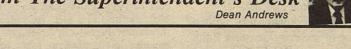




## Plains Independent School District

'Home of the Cowboys & Cowgirls'

## From The Superintendent's Desk



We are beginning the second semester of the 1988-89 school year. Our seniors have only 88 days of instruction left in their public school careers.

We read so many negative things about the youth of today that we sometimes forget that we have 503 fine people enrolled in Plains Schools today. We may have a few problems here in Plains, but compared to those we read about in the newspaper, ours seem very insignificant.

We know that because of your expectations, our students are the cream of the crop. We feel that our academic accomplishments for the first semester of this year are very good and we are looking forward to an even better Spring semester. Our students are experiencing success in the classrooms and that is what school is all about. Keep up the good work.

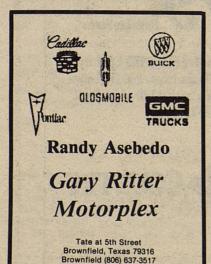
#### **School Events**

MONDAY: Basketball, Brownfield, B-H, G-T, 7th/8th at 5 p.m. TUESDAY: Basketball - Threeway -T - GB - 6:30 p.m.; Band - Junior High All Region Try-outs in Abernathy

THURSDAY: Basketball -Brownfield 9th Grade Boys Tourn. FRIDAY: Report cards go home SATURDAY: Basketball -Brownfield 9th Grade Boys Tourn.; All Region Band Concert at Monterey; U.I.L. Science and Math in Andrews; Yoakum County Federal Credit Union annual dinner meeting in School Cafeteria at 7

Regal Theatre 206 South 5th in Brownfield SCREEN I "The Naked Gun" RATED PG 13 SCREEN II "My Stepmother is an Alien"

**RATED PG 13** FOR RECORDED SHOWTIMES: Call 637-2848



ATTEND THE GAMES

### PHS Grads of Yesteryear...

Our featured ex-student this week is Ceth Lewis, son of Mr. and Mrs. Leon Lewis. Ceth graduated from Plains High School in 1975 and went on to graduate from Texas Tech University with a degree in finance. Now living in Weatherford, Texas, Ceth is employed as a Quality Assurance Engineer by General Dynamics. He and his wife, Jerra have two children, Ceaf aged 4 years and Jessa, 2 years. A dedicated athlete during his high school years, Ceth is still very interested in sports. He is successful in his business life and is a typical family

Leon and Emma Lewis, Ceth's parents, are retired school teachers who both taught successfully in Plains Schools for many years. They also have a daughter, Amantha, who graduated in 1984 and is now a student at Texas Tech.



# Eating Out

Can Be Affordable!

JUST LOOK!

Wednesday Night ALL YOU CAN EAT Spaghetti

6:00-9:00



**Thursday Night ALL YOU CAN EAT** Pizza-Spaghetti

Salad Bar - Drink

6:00-8:00

Noon Buffet - Monday-Friday

Deja Vu Pizza & Subs

506 N. Main

Denver City

592-9301

## **All-American Favorites In Minutes**

ceived its name from John Montague, the fourth Earl of Sandwich, England. The story goes that he refused to stop for dinner one evening because he was so involved in a card game. Instead, he ordered meat placed between two slices of bread so that he could eat while continuing his card game.

The sandwich as we know it today has much the same appeal...a quick and easy meal that can be eaten without taking much time out of a busy schedule.

Microwave cooking offers many of these same advantages. Meals and snacks can be prepared quickly and easily, and clean-up is minimal. By preparing sandwiches in the microwave oven, you enjoy the ultimate convenience in hot meals and snacks.

With the new Micro Max™ Hamburger/Sandwich Maker from Nordic Ware®, it's now possible to prepare hot sandwiches and other grilledtype foods in microwave-quick time.

#### Microwave-grill Meat on Both Sides at Once

This single-serving grill features two "active" cooking surfaces for rapid searing and grilling on both sides at once. Unlike conventional cooking methods, you don't have to turn the meat over midway through cooking

The Micro Max preheats in the microwave for two minutes. Then the sandwich is placed in the grill; the cover is closed; and the grill is heated in the microwave.

The following chart at right shows the preheating and cooking times for several favorite foods that can be prepared with the Micro Max.

The Micro Max can help you prepare delicious foods quickly any time of the day-for breakfast, lunch, dinner or a snack. Start your day with a slice of golden brown French toast, topped with butter and a drizzle of maple syrup. Enjoy a fish sandwich for lunch and for dinner, a juicy rib eye steak. Here's a recipe for preparing a savory fish fillet with the Micro Max:

#### **Health Quiz**

#### **CAN FOOD** FIGHT DISEASE?

True or False?

- Hot peppers help cure colds.
- Onions are good for the heart.
- Fish can lower high blood pressure. A cup of beans a day cuts cholesterol
- by 20 percent.
- Carrots can slash the risk of lung cancer in half even among former heavy smokers.
- Cabbage wards off colon cancer.
- Coffee can fight depression.
- Garlic revs up your immune system. All the above are true, according to a new book, THE FOOD PHAR-MACY by medical and nutriton ex-

pert Jean Carper. "Scientists are finding amazing medicines in foods," says Carper. "Knowing which foods work and how much of each you need to eat can help you to treat and prevent certain diseases."

Ask your local bookstore for THE FOOD PHARMACY or send \$18.95 + \$2 shipping to: C&C Communications, PO Box 11124, Washington, DC 20008-0324.



The Micro Max™ Hamburger/Sandwich Maker from Nordic Ware® quickly sears and grills for an appealing browned surface on both sides of hamburgers, sandwiches and other favorite foods.

ITEM	PREHEAT	COOK TIME
Hamburger	2 minutes	30 - 50 seconds
Sausage Patty/		
Link	2 minutes	1-1/2 - 1-3/4 minutes
Grilled Cheese		
Sandwich	2 minutes	30 sec 1 minute
Chicken Breast	2 minutes	2 - 2-1/2 minutes



Cooking at School?



#### BREAKFAST

MONDAY - Toast, oatmeal, grape juice and milk.

TUESDAY - Donut, apple juice and milk.

WEDNESDAY - Toast, apricot preserves, orange juice and milk. THURSDAY - Pancake, syrup,

butter, tomato juice and milk. FRIDAY - Rice Krispies, pineapple juice and milk.

#### LUNCH

MONDAY - Chick-Fil-A sandwich, French fries w/catsup, lettuce, pickles, peanuts, peaches and

TUESDAY - Taco salad w/taco sauce and cheese, lettuce, tomatoes, corn, crackers, sopapillas w/cinnamon spread and milk.

WEDNESDAY - Hamburgers, lettuce, pickles, bean dip w/corn chips, fruit, oatmeal krispies and

THURSDAY - Spaghetti w/meat sauce, blackeyed peas, creamy coleslaw, peanut butter, honey, hot rolls and milk.

FRIDAY - Beef nuggets w/gravy, mashed potatoes, spinach, hot rolls, pineapple and milk.



1 fish fillet, 1/2 inch thick, thawed

1/2 t. butter seasonings to taste Suggested Seasonings: onion powder, dill weed, tarragon

Dry fish fillet with paper towel and season. Place cover in lower hinge position. Preheat Micro Max; carefully rub butter on both surfaces of hot grill, using paper towel or a natural-bristle brush. Place fish on bottom half of Micro Max; close cover and latch. Mi-

#### Pineapple Cranberry Mousse

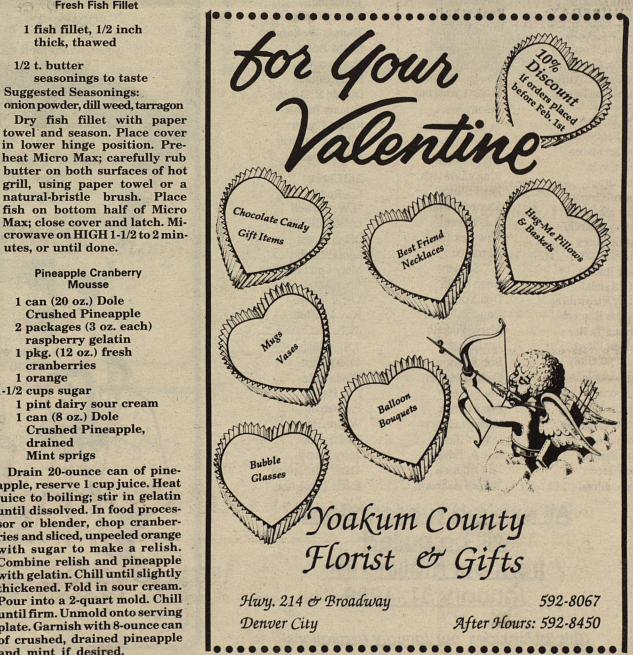
1 can (20 oz.) Dole

utes, or until done.

- **Crushed Pineapple**
- 2 packages (3 oz. each)
- raspberry gelatin
- 1 pkg. (12 oz.) fresh cranberries
- 1 orange
- 1-1/2 cups sugar
  - 1 pint dairy sour cream 1 can (8 oz.) Dole Crushed Pineapple, drained

Mint sprigs

Drain 20-ounce can of pineapple, reserve 1 cup juice. Heat juice to boiling; stir in gelatin until dissolved. In food processor or blender, chop cranberries and sliced, unpeeled orange with sugar to make a relish. Combine relish and pineapple with gelatin. Chill until slightly thickened. Fold in sour cream. Pour into a 2-quart mold. Chill until firm. Unmold onto serving plate. Garnish with 8-ounce can of crushed, drained pineapple and mint if desired.



## YOAKUMICOUNT Commissioners' Court

special session of Commissioners Court was held Jan.

Two blanket position bonds on deputies and assistants of county officials were unanimously approved.

The Tax Assessor-Collector's report of taxes collected for December, 1988 was approved by the court.

Court approved a motion by Jim Barron to approve Petition of CP National Telephone to lay, construct, operate and maintain communications cable under and cross certain county road described in File RC#59 with correction on item #1, line #6 to read 42 inches (instead of 36 inches) from the top of the encasement to the lowest point of the existing barrow ditch.

Extra hire and disbursements were approved.

The low bid on furnishings for the new hospital from Midland Medical and Office Furnishings in the amount of \$61,733. and low bid on nourishment station from MDT Corporation in

the amount of \$10,900. were accepted.

Court agreed to advertise for competitive proposals on hospitalization insurance similar to the present program. Oral and written proposals will be received for study until Feb. 13 with action to be taken Feb. 20.

Court agreed to advertise for bids on gasoline and diesel fuel for Precinct 1 and Yoakum County Park for the 1989 calendar year. A tank is to be furnished for the park. Bids will be received until Feb. 6

Bids on asphalt with same specifications as last year and rock for paving, grades 3, 4, and 5, for Precincts 1, 2 and 3 for the calendar year 1989 will be accepted.

Advertising for bids for seal coating and crushing of caliche for all four precincts for 1989 was approved.

A copy of an 80' roadway easement in Westhave No. 5, a subdivision in Section 863, Block D, JHG Survey was presented and accepted with the stipulation that an original be provided.

#### **How Safe is Your Bank?**

in the United States. In 1986, 138 banks failed. Last year, another 184 went under. There are also more than 1,460 banks on the Federal Deposit Insurance Corporation's problem list (a classified document).

Many experts predict the number of bank failures will continue to rise, because banks are loaning away an increasingly larger percentage of every dollar deposited by bank customers. At the same time, the number of "uncollectable" loans has also risen.

"Today, many small, obscure banks are safer places to put your money than most of the nation's twenty largest banks," according to banking analyst Warren Weagant, author of SAFE BANKS.

Even if your account is FDICinsured, if your bank should fail, it could be months before you could collect from the FDIC, ac-

One bank fails every two days cording to Weagant, who points out that the FDIC system has an insurance fund of only \$13 billion while the nation's banks have over \$1.2 trillion in deposits.

> This means that for every \$1.00 in a bank, only about one cent is completely covered by FDIC reserve funds. If the rate of bank failures were to continue to rise dramatically, the FDIC itself could conceivably fail.

Luckily, there are ways that you can check your own bank's financial health. SAFE BANKS, a computer study published by Command Productions, a banking research firm, lists over 2,000 banks the firm has rated "safe" on the basis of federal data. For \$29, the company will send you a custom report on your bank and the lastest update of the safe list. (PO Box 2824, San Francisco, CA 94126; or phone 415-332-3161.)

## **Expiring Subscriptions**

Morris Rushing Mary Dale Williams **Durward Willis** William Worsham Yo. Co. Co-op Gin Yo. Co. Ext. Office Bill Harris Powell Norman A. Carr E.V. Dooley R.S. Faulkenberry Charles Fisher C.R. Gayle John Gray Roger Harvey Oma McCargo Sherry Melecki **Travis Mires** Mabel Pharr Delia Ramoz Curt Randall Andy Richardson Mague Romero Neoma Taylor Gilbert Pierce Dick McGinty Fred Maple Marjorie's Coiffures Byron Morgan **Preston Murphy** Harris Nursery Don Parrish Joe Pierce

Plains Motel

Royce Randall Steve Randall Leon Simpson Hershel Smith Jim Story Joe H. Thompson Robert Wauson Ronny Wall A.B. Williams Matt Williams Clyde Trout Rhuey Edwards Pearl Ellison Shane McMinn A.J. Moore New-Tex Gin Alma Poe L.J. Sanders **Brian Smith** Don Young **Douglas Patton** Mary Wilmeth Jan Lester **Bob Johnson** Collette Hanna Jim Barron **Barry Green** Michael Earnest **Dennis Casey** Roy A. Edwards

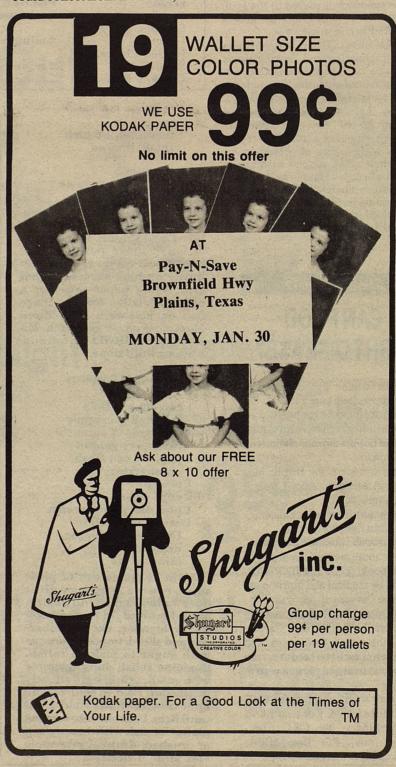
T-Tex Inc. Kenneth Hale Thomas W. Barnes Melba Bearden Neal Bearden Harry Bilbrey Donald R. Booth **Tommy Burrus** Robert Canon Allene Carnohan Beth Clanahan Bill Cheek

Jim Rudd H.W. Culwell Leland Ellison Diana Flores Louise Goehry Mary Lou Hamilton **Gary Jones** Oscar Lewis Kay McClure W.L. McCravey J.B. Ashburn Lola Bryan Linda Cole J.A. Hayes Pat Henard Wayne House Jack Palmer Jerry Parrish Danny Shearman Cecil Thompson

Stanley Ashburn All expired subscriptions will be pulled from our mailing list January 31, 1989

Tim Addison

(This list includes our January expirations)



#### NOTICE TO BIDDERS THE STATE OF TEXAS **COUNTY OF YOAKUM**

000 TITE HE AINE DRINE

Notice is hereby given that the Commissioners Court of Yoakum County, Texas will receive applications at the Commissioners Courtroom in the County Courthouse in Plains, Texas, for the selection of a County Depository for a period of two (2) years ending sixty days from the time fixed by law for the next selection of a depository. The applications are to comply with all of the requirements of both state and national laws covering the funds of the County together with such trust funds as may be under the jurisdiction of the Commissioners Court or the County and District Clerks of Yoakum County, Texas, for the term between the date of such bid and the next regular time for the selection of a depository. Such bids and proposals will be accepted up to 10:00 a.m. Monday, February 6, 1989, with action to be taken February 13, 1989. Said applications shall be accompanied by a certified check for not less than one-half of one percent (1/2 of 1%) of the County revenue for the preceding year as a guarantee of the good faith on the part of the applicant, and that if the bid of the said applicant is accepted he will give bond and/or securities as required by law.

All applications shall be sealed and addressed to the Honorable Dallas Brewer, County Judge, P.O. Box 456, Plains, Texas

The Commissioners Court reserves the right to reject and and/or all applications. Banking corporations, associations and in-

dividual bankers should consider the following in submitting their applications to the **Commissioners Court:** 

(1) This application will include Time Deposits of \$1,000.00 to \$99,999.00 and over \$100,000.00 for a period of 7 days to and including six (6) months, stating the amount of interest on each category.

(2)Banks will pledge securities to secure all County funds and will file these securities with the Commissioners Court of Yoakum

(3) Bank will keep all accounts required by the County Treasurer and will provide bank statements for these accounts each month.

(4) Bank will loan money to County at ??%

interest (5) Bank will provide, at no charge, the following services of goods as listed below:

a. Overdrafts

b. Payroll & disbursement checks

c. Cashier Checks d. Deposit Warrants

(6) 30, 60, 90, and 180 day Certificates of Deposit, based on T-Bill rate as of date of Certificate of Deposits, over and under \$100,000.00.

(7) Bank will provide applications for both with and without "Super Now" checking ac-

(8) No flotation with the Certificate of Deposit time "locked in"

(9) Bank will provide applications for both with and without the County having the option to invest funds outside the depository.

s/Dallas Brewer County Judge Published in The Plains Pride Jan. 22, 29 and Feb. 5, 1989

#### **Notice**

FOR SALE: 5 Piece Pit Group, chocolate brown. Call 456-6575 after 5 p.m. 41/4tc

PLAINS FINE ARTS CLUB will have a BAKE SALE on Tuesday, Jan. 24 in the hallway of the courthouse beginning at 8



#### **NOTICE TO BIDDERS** THE STATE OF TEXAS **COUNTY OF YOAKUM**

Notice is hereby given that the Commissioners Court of Yoakum County will receive bids until 10:00 a.m. on the 30th day of January, 1989 for the purchase of one (1) commercial dishwasher for the Denver City Civic Center. Bids are to be received for review by January 30th with action to be taken on February 6th, 1989.

Specifications may be obtained from Precinct No. 2 Commissioner Bob Thurston, 700 W. Cedar, Denver City, Texas 79323 (telephone 806-592-3287).

Sealed bids should be marked on the outside of the envelope and mailed or delivered to the County Judge's office, P.O. Box 456, Plains, Texas 79355.

The Commissioners Court reserves the right to reject any or all bids.

Published in The Plains Pride, Jan. 22, 29,

NOTICE TO BIDDERS THE STATE OF TEXAS COUNTY OF YOAKUM

Notice is hereby given that the Commissioners Court of Yoakum County will receive bids until 10:00 a.m. on the 30th day of January, 1989 for gasoline and diesel fuel for Precinct No. 3 for calendar year 1989. Bids are to be received for review by January 30th with action to be taken on February 6, 1989.

Specifications may be obtained from Commissioners Jim Barron, P.O. Box 120, Plains, Texas 79355 (telephone 806-592-4371), or from County Judge Dallas Brewer's office.

Sealed bids should be marked on the outside of the envelope and mailed or delivered to the County Judge's office, P.O. Box 456, Plains, Texas 79355.

The Commissioners Court reserves the right to reject any or all bids.

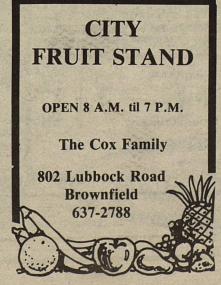
Published in The Plains Pride, Jan. 22, 29,



#### Ryburn's **Muffler Shop**

**Custom Exhausts** Oil, Filters, & Lube

1320 Tahoka Road **Brownfield** 637-8291



## Two J-S Flying Service

**Aerial Applicators** 

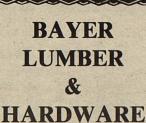


(806) 456-3580

JACK COBB

YOAKUM COUNTY AIRPORT PLAINS, TX

MIKE COBB 456-7165



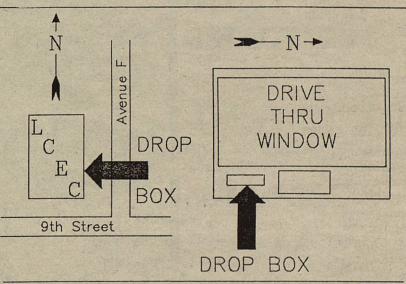
PLAINS, TEXAS

456-4800

**AMMUNITION** ART SUPPLIES PAINT SUPPLIES HOUSEWARES PLUMBING ELECTRICAL WINDMILL SUPPLIES PHONE SUPPLIES INSECT KILLERS CARPET VINYL FLOORING TOOLS CARPET CLEANERS

# **WORKS!**





Lea County Electric Coop. NOW has a DROP BOX to enable our consumers to make payments before or after normal business hours.

We are pleased to offer our members this new convenience.

OWNED BY THOSE WE SERVE"

Lovington/Tatum, N.M.

Plains, IX



Dr.Pepper

6 PAK CANS



POTATO CHIPS Ruffles®

REGULAR \$1.49

DAIRY



KRAFT MACARONI & CHEESE Dinners 7% OZ. BOXES

66 SMALL/48 MEDIUM/32 LARGE Huggies
SUPER TRIM - BOX



ASSORTED QUAKER INSTANT **Oatmeal** 



BIRDSEYE FROZEN Corn<sup>™</sup>Cob 4 EAR PKG.

Superfrim			
CHANTON	GROCERY	SPECIA	ALS
BACON BITS	BACON BITS	3 OZ. JAR	99¢
Dinty Moore	HORMEL DINTY M BEEF STEW	OORE 40 OZ. CAN	\$ <b>2</b> 89
Aunt Jemima PANCARE A WAFFLE MIX	PANCAKE MIX		\$119
	PANCAKE SYRUP	24 OZ. BTL.	\$199
WOLE	WOLF BRAND REC PLAIN CHILI 15 OZ. CAN	G/JALA.	99¢
	32 OZ. JUG OR 28 OZ. SQUEEZE DEL MONTE CATSUP	STEWED TOMATO	TEWED MATOES

32 OZ. JUG OR 28 OZ. SQUEEZE DEL MONTE	DEL MONTE STEWED
CATSUP	TOMATOES 5Q¢
DEL MONTE PRUNE	\$109

illice .	IUICE	32 OZ. BTL.		
SHELF SPECIALS				
FIELD TI		40 LB. BAG	\$ <b>6</b> <sup>99</sup>	
DRESSII SUNSHINE C	VG	8 OZ. BTL.	99¢	
SUNSHINE	SAURUS	2 OZ. PKG.	39¢	
CHIP-A-I	and read to the latest	PKG.	59¢	
CARROLL SH	ELBY	4 OZ. PKG.	\$129	
AMERICA'S MOST WANTED CEREAL				

ED CE	REAL
20 OZ. BOX	\$289
18 OZ. BOX	<b>\$2</b> 59
10 OZ. PKG.	\$179
1	20 OZ. BOX 18 OZ. BOX

LARGE HEAD ICEBERG

Lettuce

BORDENS LOW FAT CHOCOLATE MILK BORDENS LOW FAT BORDENS LOW FAT BORDENS CONTROL BORDENS ASSORTED SHERBET	FINE 99¢ S 1LB. 99¢ S 1LB. 99  M. GAL. \$129 CTN. \$199  6 CT. \$109 PKG. \$159	MILDIHOT MEXIREGIJALA CHEEZ-WHIZ	12 OZ. \$189 PHIA BOZ. 596 10 OZ. 596 64 OZ. \$199 BOZ. \$199 JAR
WE WILL NOT I UNDER 80% LEAN BEEF AT LEAST T	NTENTIONAL N AND WE PL	EDGE TO MAKE	ROUND BEEF OUR GROUND
N. T.		POT	ED CHOPS
		Cho	
			39
		DUNTRY STYLE-LOTS ORK	4 \$12 m - 21.5
	R	IBS	LB.

P	DUNTRY STYLE-LOTS OF MEAT ORK \$139
PORK CHOPS WAFER THIN BERAKFAST PORK CHOPS BUTTERFLY OR THICK CUT FOR STUFFING PORK CHOPS BECIE READY PORK CHOPS BONELES: LB. SMOKED SAUSAGELB. \$219	OSCAR MAYER SLICED MEAT BOLOGNA. PKG. OSCAR MAYER SLICED BEEF BOLOGNA. 8 OZ. PKG. SHURFINE WHOLE HOG REGULAR OR HOT PORK SAUSAGE 1 LB. 8 139 ROLL SHURFINE WHOLE HOG REGULAR OR HOT PORK SAUSAGE 2 LB. ROLL SHURFINE WHOLE HOG REGULAR OR HOT PORK SAUSAGE 2 CB. ROLL
POTATOES 3 LBs. 89¢	PRODUCE SPECIALS  NEW CROP SEEDLESS RED GRAPES CALIFORNIA NAVEL ORANGES SNOW WHITE MUSHROOMS  PKG.  PRODUCE SPECIALS  LB. 99¢ 80¢ 99¢

	ID TO	
FFECTIVE JANUARY 22-28, 1989	IPay-II-Save	3
	QUALITY AND SERVICE	-

WE RESERVE THE RIGHT TO LIMIT QUANTITIES

9 00	rnICo	\$1	2.7
\$1 <sup>89</sup>	Dister Plus   -	SHELF SPE LEMON DUSTER PLUS	CIALS \$149
89¢ 59¢ \$199		LEMON OIL JOHNSON LEMON	\$219
\$119	Glory	FAVOR  GLORY FOAM  RUG  CLEANER	9 OZ. 9 1 9 9 CAN 22 OZ. 22 OZ. CAN 29 9
BEEF OUND	Campbells	CAMPBELL'S SOUP CHICKEN NOODLE	
S	Campbe	CAMPBELL'S DRY NOODLE SOUP	
	Onker Van de Kamp	SOUP MIX	2.62 OZ 79¢ DODS
	MICRO	VAN DE KA	MP \$298 23 TO 24 OZ. EN/BEEF/TURKEY
	0.23	POT PIES	7 OZ. 37

**HEALTH & BEAUTY** 

TABLETS \$319

COUGH DROPS

COLGATE

\$169

SPEED STICK

DIMETAPP DIMETAPP

MEDIPREN MEDIPRENCAPLETS

We 24 CT. 25 CT. 25 CT. 25 CT. 26 CT. 2

ELIXIR

SPEED SPRAY

\$199

PRICES EI