Yoslan County Library Dox 1052 Plains, Toads

The Plains Record

Combined With The Yoakum County Review March 1, 1961 THURSDAY, OCTOBER 3, 1963

OUR 33rd YEAR

MOORE or Less

by Johnnie Moore

Wn New

Cowboys Travel Friona Nips Plains 15-13

"Treaties are made to be kept. We expect our country to keep its end of the bargain. just as we expect other nations like Russia to respect treaties.

Words such as these are familiar nowadays. But in this case their source and the circumstance that led to them are unusual.

They are found in a letter which a Montana Indian, a member and former President of the Flathead Tribal Council sent to newspapers in several Western states. They have to do with the proposed construction of a federal dam which would flood 16,000 acres of Flathead land. This would be a direct and

ruthless violation of a treaty signed with the Flatheads in 1855, and ratified by the U.S. four years, later. In the words of the Wyoming State Tribune while we are pondering the good intentions of the Soviets in carrying out the terms of a treaty negotiated with this country, the United States its self is in the process of violating one of its own solemn commitments--made over a century ago with the Flathead

Indians! The parallel is a striking one. The Free World, our own nation included, has been appalled by Soviet Russia's Constant and cynical violations of agreements, supposedly made in good faith. There is solidly-grounded fear that new agreements, including the nu-clear test ban, will be treated in the same callous fashion, should it suit Communist purpose to do so. Will our own government follow an equally cynical policy--different in area, but identical in principle in the Flathead Indian land instance?

This is not a carping question. The honor of this nation is involved. What do "civil rights" mean if treaties like this are wantonly broken?

From National Review: "A

A much-improved Cowboy football team took the field seven point lead. Again in the same period play the Cowboys got posses-sion of the ball and held on. Friday night to do battle with the undefeated Friona Chiefs. The Cowboys, after kicking Early in the second quarter

Joe Dan Cooke skirted twelve yards for Plains' second TD. This time, the try for extra point veered off to the right off to Friona to start the game, were able to quell an early Friona drive an get position of the ball early in the first quarter. Roland Faires, on the 9th consective time that he was

B TEAM AND JR HIGH

GRID ROUNDUP

bowled over Whiteface 24-0.

Cowboys travel to Seagraves this evening for their fourth,

Plains seventh graders have a

split record on a real even

keel. They lost by a score of 14-0 in their tilt with Tahoka, and gave back in kind when they defeated Seagraves 14-0

have a 1-1-1.

ball game,

Plains eighth graders, so far,

In their opener with Ta-

hoka their was no score in the

Seagraves downed them 14-

0; and they defeated Tatum in a very decisive 27-0 victory.

In the Junior High ranks,

and a real tough contest,

fed the ball on the same play a power play through the right side, tallied for Plains from the three yard line. Jack Lowe's extra point kick was good and the Cowboys jumped off to a

The Plains B Team gridsters

Their coach, John Richey,

have done very well in their three contests so far this sea-

reports that a great deal of de-

termination and desire has been displayed by the team. So far they have one loss and two wins to their credit.

In their opener they beat a big Tahoka team by a score

them against Eunice who came

to Plains with their entire team

with the exception of their

senior starters, and really laid

In last weeks contest Plains

it on the Cowboys 38-6.

Their second tilt matched

son.

of 10-6.

itis, put the Chiefs in the drivers seat during the second half.

Friona scored in the third quarter when quarterback Ren-ner plunged over from the ten and a run play was good for the two extra points.

He again scored in the 4th and kick for extra point was the Chiefs and 13 for the Cow-

home. They will be running

Coach Rip Sewell said that he is moving up a Freshmen tackle, N.C. Clannahan, to the varsity squad, and pointed out

that he will be the heaviest linemen on the team. He also said that Dennis

To Sudan

Crutcher will be starting at the left halfback slot replacing Faires. the wing T against the Cow-

boys and scouting reports say they have plenty of backfield speed coupled with a better than average passing attack. The Cowboys will be a bit under strength due to injuries. Dan Smith, due to a recent

appendectomy, will be out for this game, Also, Roland Faires has been side-lined for this week due to a knee injury he received yesterday in practice and Olan Smith will be out because of a bruised back.

ally address to the total

ROLAND FAIRES --- OUTSTANDING OFFENSIVE PLAYER OF THE WEEK

Joe Bradley of Manor Baking Company, Dallas, who w i 11 meet with Plains Band Boosters next Tuesday, October 8 at 8: 00 p.m. in the Junior High Building, stating he will serve fruitcake and coffee to all

this year.

oters were read, but formal adoption on any amendment was postponed until a regular meeting. Other matters pertinent to the band and its work were

A called meeting of the parents and boosters of students in the Plains School bands was held Thursday, Oct. 1, at 8:00 p.m., in the Junior High Building with nine members in attendance. Officers for 1963-64 elected

were:Mrs. Jesse Hale, President, Mrs. J. A. O'Neal, Vice Presi-dent, Mrs. Tommie McDonnell, Secretary; Odus Walser, Trea-surer; Mrs. W. M. Taylor, Fin-ance Chairman; Mrs. Wallace Randolph, Refreshment Chair-man, Jesse Hale, membership Chairman and Amos Smith, Publicity Chairman. Other committee chairmen will be

elected later. It was voted to sell birthday calenders again this year, as a finance project with top quality calenders to be present ed. Other projects discussed were a chili supper and rumage sale or fruit cake sales. A letter was read from Mrs.

Band Boosters Set Meeting

band parents and boosters. The parents of every band student, grades 5 through 12, are urged to attend and find out what your son or daughter is doing in band and how you can help them and the band

By-Laws of the Band Bo-

discussed with no action taken. An urgent plea is made to every parent to attend at least one meeting and learn what an added interest you will have in your childs band and school

NUMBER 40

and was no good. Half time score stood at 13 for the Cowgood, making the score 15 for boys to nothing for Friona. The second half, however, boys, which was the game's final score. This week Plains travels to do battle with the Hornets of was something of a different story as Friona came back stronger than ever, and this, added to the fact that Plains Sudan there, Sudan is always tough to beat especially at had a bad case of the fumble-

British firm sells 47 radar predictors to the Pentagon for \$2, 145, 7s9. 60. They are de-

clared surplus. The British firm kindly takes them off our hands (still uncrated)---- for \$114,500. British firm turns around and sells them to Portugal for \$493, 500. Portugal gets the money to pay for them from the United States. Score board: Portugal has 47 radar predictors; British firm is \$2, 524, 739, 60 richer; U. S. is \$2, 524, 739, 60 poorer, plus shipping charges which the U. S. paid. Rep. Richard Poff(R. . Va.), who uncovered the story thas been unable to find out exactly what the shipping charges were. Maybe if we bought ourselves a radar predictor we could find out.



DOUBLE SKULLS--- Gregg Jones, Plains 8th grade foot-ball player, has received two of the small skull and crossbone awards being given by their coach, Bob Gross, for out-

standing performance during

in last week's game.

their game each week. Gregg received two, one for his defensive efforts two weeks ago and the other for returning a kickoff all the way for a TD

Over 65 Enrollment Period Now Open

One answer to the vexing health expense problem of the elderly people has become a reality for every resident of Texas who is 65 or over.

The answer is a plan called "Texas 65". It is being made possible by a group of insur-ance companies serving Texas which got together and formed a public service organization under special state legislature in order to pool risks of broad rage at low rates ofr the derly.

During recent years great stridds have been taken in making available broader health insurance protection for more and more people. Especially dramatic are the gains that have been made in providing for the 65 and over, more than 53 percent of whom now have some from of pro-tection as compared with only 26 percent a decade ago. But while much has been done, there is still a real need for more and better coverage. There are still a great many Texas residents 65 and over who are inadequately protected or who have no health prottection at all.

Texas 65" provides basic health and hospital insurance for \$9.00 a month regardless of health and without medical examination. An additional

\$10.00 will provide a major medical policy on the same basis.

This is a private enterprise answer to a pressing problem an opportunity for us to provide for ourselves and for our own at a moderate cost. Details are available from any insurance agent licenses to sell health insurance in Texas. It's worth checking into for

yourself, your parents or a relative. Governor John Connally has set the pace in Texas by purchasing the first three Texas 65 Health Insurance Plans for his mother Mrs. J. B. Connally, of Floresville and his wife's

parents Mrs. and Mr. Arno Brill, of Austin. Children and relatives of all Texas 65 years of age and past would do well to follow the Governor's action and look into the plan that offers health insurance to everyone age 65 and over, and regardless of past health conditions.

Texas 65 is our state's way of taking care of its own. It is an outgrowth of meetings between the Governor and representatives of the insurance industry in Texas last year, and ultimate action by the Legis-

lature authorizing the formation of the Texas 65 Health

Insurance Association. The Association is comprised of some 50 insurance companies who have agreed to underwrite

health insurance for our ageing citizens with no health ques-tions asked. "Texas 65" is private enterprise's answer of how to help the ageing help themselves.

The new health insurance is available during the month of October from any insurance agent licensed to sell health insurance in Texas.

VAN LIEW BACK IN SHOP

R. J. Van Liew announced this week that he will again be in the TV repair business in Plains.

He said that he had again taken over management of the Plains TV Electronics shop that he will be operating mainly as a repair and service business. He said, however, that he will have several used sets for

sale, and he invites all his old customers to call on him for their TV and radio service needs.

LOCAL CHURCH SETS SPECIAL SERVICES

activities.

The Rev. Elmer V. (Jack) Hetzel, and ordained minister of the Assemblies of God and appointed missionart to the servicemen in Great Brittian, Europe and Southern Asia, will be speaking at Assembly of God Commencing at 7:15 P. M., Sunday, October 6. Rev. Hetzel is retired from

the United States Army as a Sergeant First Class and was assigned to the U.S. Army In-structor Unit, ROTC) at the A & M College of Texas, at College Station, Texas for the past four years, as an instruct-or. His military duties have taken him into some seven-

REV. ELMER HETZEL To Hold Meeting

teen foreign countries in the past twenty years of active duty. He has been priveleged to preach in: Germany, Greece England, Haly, Korea and Japan as well as many of the church-es across the United States. His military decorations are:

The Good Conductribbon with 2 clasps, the American Campaign Ribbon for WWII, EuropeanOccupation Ribbon, Korean Service Ribbon the French Frola-guere for the cross of the. war in France, and President-ial Unit Sitation with 2 oak leaf clusters.

The public is invited to hear this man of God speak, announces the Rev. H. L. Tarington

BEARDENLAST RITES HELD

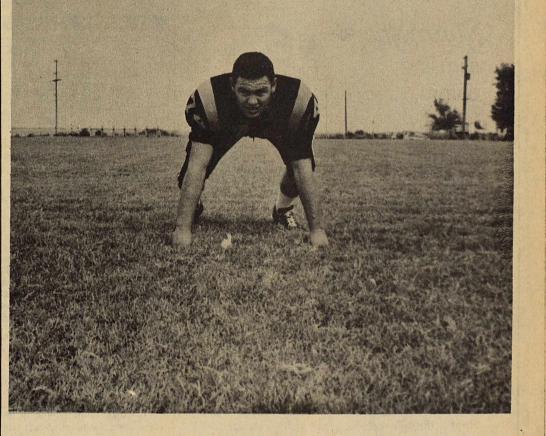
Bearden, 74 years old, were held in First Baptist Church of Plains at 2 p. m. on Tuesday of this week. Mr. Bearden had been a resident of Yoakum County since 1940.

He had been engaged in farming near the Tokio Community until his retirement in 1955. Bearden died in Denison late Sunday evening where he had been visiting a daughter.

The Rev. Curtis Jackson of Lubbock and the Rev. J. L. Bozeman, pastor of the local Church officiated at the services.

Burial was in the Plains Cemetery under the direction of Brownfield Funeral Home.

Survivors include four sons, A. O. Bearden, Tokio, T. J. Bearden of Plains, O. J. Bear-den of Seminole, and Alanzo Bearden, Mexia; four daughters Miss Zella Kate Bearden and Miss Wedia Bearden, both of Mexia, Mrs. O. W. Hillhouse of Tahoka, and Mrs. O. L. Coulter, Angleton; his mo-ther, Mrs. J. A. Bearden of Lubbock; two brothers, R. S. of Brownfield and T. A. of of Brownfield and T. A. of Lubbock; four sisters, Mrs. Floyd Legion, Pottsboro, Mrs. George Kennedy, Aspermont, Mrs. J. O. Roberson, Aberna-thy, and Mrs. H. C. Scott, Seminole; and several grand-



FRED CARNLEY---OUTSTANDING DEFENSIVE PLAYER OF THE WEEK

County Grain Support Price Set At \$1.69

The basic county support rate for grain sorghum grading No.2 or better and containing not in excess of 14% moisture is \$1. 69 per hundred for grain sorghum stored in Yoakum and other nearby counties. Loans and purchase agreements will be available from harvest through January 31, 1964, A producer shall not be eligible to receive a price support payment on grain sorghum under the 1963 Feed Grain Program. Loans mature on demand but not later than March 31, 1964 Should any farmer wish to place grain in the loan he should contact the local ASCS office. As in the past loan documents must be signed by

all parties having an interest in the grain including lien holders. W. M. Overton, local ASCS Office Manager states that "the market price at this time is above the loan and no loans have been made as of this date".

"Farmers complying with the feed grain program and eligible for payments will receive" Overton stated "all payments due them regardless of whether the grain produced on the farm is sold or placed in the loan. " Some reports have been made that to be eligible for the price support payment on complying farms the grain produced must be placed in the boan, and this report is in error. The amount

of grain produced on a complying farm does not in any way affect the 1963 payments made through the ASCS office. The price support payment. which is made through the AS CS office, is based on the planted acres times the approved payment rate which was mailed to all farm operators early in 1963. Under the 1962 Feed Grain Program the local ASCS office made over 600 loans. The total a-mount was \$1,088,720.73.

Wheat Advice

We have been advised by the Agriculture Department (SEE PAGE TWO)

YOUNG FARMER SPECIAL MEETING There will be a called meeting of the Plains Chapter of Young Farmers, on October 7, at 8p. m., in the clubroom of the old courthouse, The purpose of the meeting will be to enroll anyone interested, whether a member of Young Farmers, or not, in a welding short-course that is set to begin on October 14.

Election of officers will also be held and annual dues will be collected. children. PAGE 2

The Plains Record

And The Yoakum County Review JOHN W. MOORE, Publisher

PUBLISHED EACH THURSDAY AT PLAINS, TEXAS

Entered as second class matter at the Fost Office at Plains Texas, under the act of Congress, March 3, 1879

SUBSCRIPTION RATES: \$3 per year in Yoakum and Terry Counties: \$4 per year elsewhere.

to fill the pulpit he eagerly jump-

2 SECTIONS

GOOD LAND

72 ACRE COTTON.

4 SMALL WELLS,

"THIS PLACE IS WORTH

THE MONEY"

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320 ACRES

DRY-LAND

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AVERAGE GRAIN ALLOTMENT

he preaches. . . .

ust hate to see it have to move." "Just what kind of looking bird a woodpecker?" asked Albien. "Oh, my goodness!" exclaimed Maurine. "Here I am complaining because it will have to move after all these years and you have never seen one at all." With that she became excited telling Albien all about the bird. Later Albien got to visit a nearby muscum which had a large colection of stuffed birds. She carefully and thoughtfully examined

Legal Notice

that the spirit is with him when NOTICE OF STOCK LAW ELECTION

he preaches... Just received an order for our book from Frank Aldrich who lives way up in Greece, New York He sent along enough extra cash for the purpose of enabling the for the purpose of the following subdivision of Yoakum County to determine whether or not the following animals shall be permitted to run at large in such County, such animals being as follows: cattle, horses and also to get along without hogs, sheep, and goats.

cap.

John Spencer, tells the following on a young preacher. When asked many others.

Said election shall be held at the usual voting places in

ed to the occasion and bounced Speaking of preaching, the oth-Precincts 1, 2, 3, 4, 5, 6, 7, 8, into the pulpit as if he was going er day we were travelling during and 9, in Yoakum County, to take the congregation by storm. the regular worship hour. We tun- Texas. to take the congregation by storm. The message didn't seem to be forth-coming and after much humiliation, he sat down with a humble and contrite spirit. An old preacher told him later that li he had entered the pulpit in the spirit which he left it, then he could have left the pulpit in the spirit with which he entered it.

Yoakum County, Texas. Our friend John preaches on planning a future picnic. At twen-This election shall cover Sunday after working all week ty of twelve the preacher took for the Amarillo Auction Co. We over with what seemed like such understand from a mutual friend little time left to recognize the the following subdivision of Yoakum County, Texas, to-wit That part of Yoakum County

Lord. . . . Maybe He wasn't there. Texas, lying South of the North block line of Block D, John H. The following is a true and touching experience from real life: Maurine Seale, who lives at 2703 Yould School Land Survey,

Yoakum County, Texas. Notice of this election shall S. Taylor Street in Amarillo, Texas, is what we usually call a shutbe given by publication in the Denver City Press and Plains in. Her spinal cord was severed in a car accident while she was a student at Hardin Simmons Record once each week for four weeks with the first date University in Abilene, Texas. Be-cause of this injury she lost the of publication to be at least thirty days prior to the date of use of her body from the waist said election. ISSUED this the 3rd day of

down. Even though she is shut-in, Maurine always opens up a new October, 1963. /s/ Stanley Duvall Stanley Duvall world of thought for everyone who visits her. She is a fire-ball of energy and has more different County Judge jobs than a Mr. Fix-It-Man. Yoakum County, Texas

Albien Vincent is almost totally blind and lives across town from Maurine. She can tell light from Bowling Results darkness and can distinguish objects at close range. She very efficiently operates a newsstand in the Post Office Building in the daytime.

One day Maurine was a bit disturbed, and was telling her problem to Albien over the phone. It seemed that for some practical reason a tree near her window was being cut down. Maurine hated to see the tree go for one special reason, this being that

each year a woodpecker nested here. "I believe," remarked Maurine, "that it is the same one that mes year after year. We

THE PLAINS RECORD



Tsa Ma o Ga And Dirt Gardeners Set Joint Meeting week wardrobe.

Legal Notice

NOTICE OF PUBLIC HEARING BY TEXAS WATER POLLU-TION CONTROL BOARD TO CONSIDER THE MATTER OF AMENDING PERMITS ISSUED BY THE BOARD TO DIS-CHARGE OIL AND GAS FIELD WASTES IN YOAKUM COUN-TY, TEXAS

Notice is hereby given that the Texas Water Pollution Control Board will hold a public hearing commencing at 1:30 o'clock P. M. on Wednesday, October 23, 1963, in the offices of the board at 1100 West 49th Street, Austin, Texas, at which hearing all holders of permits issued by the board to discharge oil and gas field wastes onto the surface of the earth in Yoakum Plains women, bowling County, Texas, are directed under sponsorship of Moore & to appear and show cause why Oden, after winning all four said permit should not be amgames last week, made an abended to conform to paragraph 1 of Board Order No. 63-2 rupt about face this week and dropped all four to Faye's Drive In Cleaners of Denver issued on March 21, 1963, requiring the termination of the discharge of said wastes onto High bowler for the Plains the surface of the earth in said team was Sue Randall with a Yoakum County, or otherwise amended to prevent and conrol pollution of waters in the State, all as more fully specified in said Order. This hearing was originally scheduled

explore and enjoy their own country is the activity of a woman who travels 60,000 miles per year, and who will visti Plains, Texas, as the guest speaker of the Plains Tsa Mo Ga and Dirt Gardeners Garden Club on Thursday, October 10. She is Miss Carol Lane, women's travel director of

Helping American families

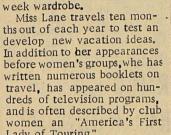
Shell Oil Company, whose topic will be "Let's Go Adven-turing! "The talk will be given at the Courthouse, according to Garden Club President, Mrs. Overton, and Tsa Mo Ga pro-gram chairman, Mrs. Casey Iones.

A constant researcher into travel, Miss Lane this summer took a cross-country motor trip from the Pacific Coast to New Yourk to search out an check on unusual places to visit and additional ways to heighten the pleasures of automobile travel, with special emphasis on trips to the World Fair in 1964.

Her talk includes hints on unique vacation trips, travel budgeting, short tourette vacations, how to travel with children, family camping, and other subjects. A highlight for many pre-

vious audiences is a short bag packing demonstration during which a 26 inch suitcase is packed with a complete two

Miss Lane travels ten months out of each year to test an In addition to her appearances before women's groups, whe has written numerous booklets on travel, has appeared on hun-dreds of television programs, and is often described by club women an "America's First Lady of Touring".



THURSDAY, CYTTODER 3, 1963. SCHOOL MENU

MONDAY

Hot Pork Sandwiches Creamed potatoes Buttered Green peas Combination salad Hot bread & Butter Banana Cake Milk

TUESDAY

Tamales Pinto Beans Cabbage Cornbread & Butter Onion rings Dill pickles Beet pickles Berry Cogbler Milk

Fruit Cup Chocolate Cake

THURSDAY

Mild

Roast beef

Buttered yams

592 - 2377

WEDNESDAY

Super Dogs and Mustard Fish & catsup Fried potatoes Tomatoes & lettuce salad Buttered Green peas Cheese & macaroni Lettuce wedge French dressing Hot Rolls & butter Peaches & Cookies

> This menu is subject to change because of unforseen substitutions in food items received.

(FROM PAGE ONE)

that the 1963 Wheat and grains

sorghum diverted acres may

be released for grazing purposes on October 1st. The

is one month earlier than or-

ginally set-up and Farmers

are hereby advised that they

may if they wish, start grazing this land on October 1st. The land must, however, be propelly cared for to prevent wind or

water erosion through out the

year. The contract signed by

farmers do not permit harvest-

ing any crop by mechanical

means produced on the divert-ed land either before or

the end of the year.

Carrot & pineapple salad Fruit Jello

green beans Hot Rolls & Butter

FRIDAY

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collar, roll sleeves. Easy-care all cotton. Pencil-box colors on white. Sizes 28 to 38.

♦ 94 ₩ Q 98762 2 entered into the record at the AKJ. October 23, 1963, Public SOUTH Hearing. AJ8752 O J S to prevent and control polluevidence may justify. The bidding: North East South West 1 4 pass pass Dass double pass pass pass redouble pass pass pass Opening lead: six of clubs. East took the ace and king of and from place to place, if clu's, the ace of hearts, then re-turned the seven of hearts. South tion has been made relative won the .. ad with the queen of to said matter as the board hearts, cleared trumps in two may deem right, equitable rounds ending in dummy with the king. South then took the two good

have held the setting trick before

to make contract.

405 total or a 135 average

vulnerable.

WEST

RIDGE

NORTH

\$ 103

♠ K 9 6 4 ♥ K 10 9 6

EAST

A 10 3

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RAN

1963

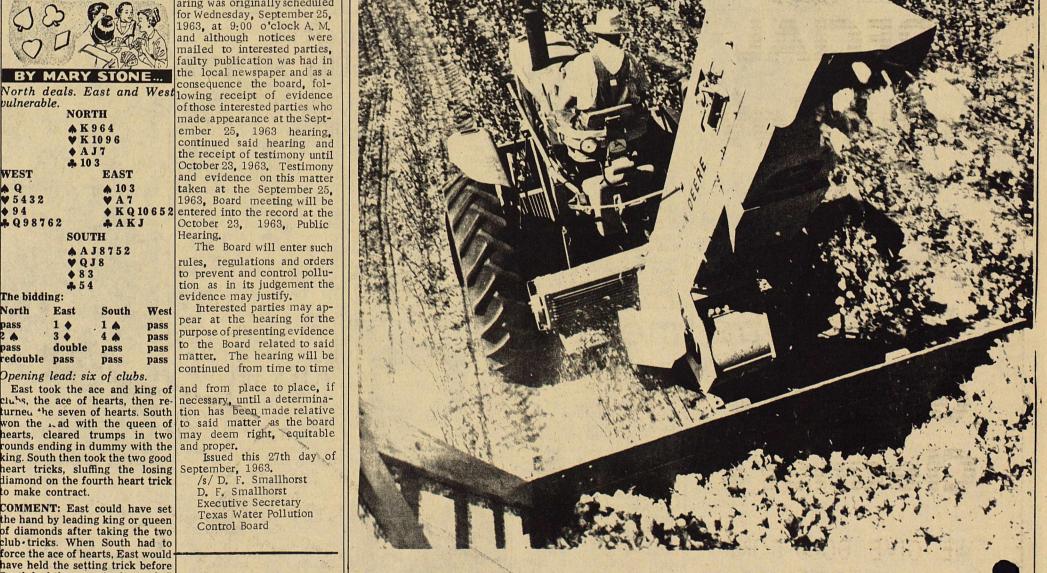
and proper. Issued this 27th day of September, 1963. /s/ D. F. Smallhorst heart tricks, sluffing the losing diamond on the fourth heart trick D. F. Smallhorst Executive Secretary COMMENT: East could have set Texas Water Pollution the hand by leading king or queen Control Board of diamonds after taking the two club tricks. When South had to force the ace of hearts, East would

Moore & Oden South had the opportunity to sluff-See Us For -DEEP BREAKING SHALLOW PLOWING LAND LEVELLING DOZER WORK PAUL COBB

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Plains Farm Supply





All You Do Is Pick The Winners	\$35	SIGN FOOR	ME			A Constant of the second secon
ne Game Will Be	IN PRIZES		THIS Y	EAR'S	COWBOY	S CHED ULE:
ound In Each Square. 1st Circle Your hoices And Guess	Offered Every Week		Śept.	6	Crane	20 - 14
he Score On [.] One Tie-Breaker Game!	For 12 Consecutive	Game Time 8 P. M.		13 20 27	Post Open	9 - 0 15-13
st Prize \$5.00 2nd Prize \$3.00 Brd Prize \$2.00	Weeks.	Friday, Oct. 4	Oct.	4	Fiona Sudan Farwel	T arm
\$25	Exciting Fun !	Sudan Stadium		 18 25 	Tahoka O'Donne	H Stranger
Bonus Each Week Offered By Plains Record	Anyone Can Enter !	Support The Cowboys This Week	Nov.	 ↓ ↓	Seagrav Wink	
If You Pick	f3为5442 - 二、自由和			i≁ 15	Sundow	n die Hunter
rie Breaker	Nothing To Buy !	ENTRY MUST BE IN RECORD OFFICE O	R POSTMA		NOTES CONFERENCE GA	And the second s

These Merchants Are Top-Notch Cowboy Boosters:

Tumble Weed Drive In Guetersloh-Anderson Grain Co. Loyd Insurance Agency Plains Farm Supply Cotton Growers Delinting Plains Barber Shop Woody's Oil & Hardware **Plains State Bank** Randall's Barber Shop George's '66' Service THIS WEEK'S GAMES Moore & Oden, Inc. OLNEY PLAINS PETERSBURG WINK TAHOKA VS VS VS Hull Photo Service . VA VS ELECTRA SUDAN HALE CENTER McCAMY RALLS Don Hancock SUNDOWN SEAGRAVES LSU MICHIGAN STATE HARDIN SIMMONS VS VS VS VS MORTON STANTON GEORGIA TECH Latt's Humble ACC SOUTHERN CALIFORNIA City Of Plains PENN STATE SLIPPERY ROCK NORTHWESTERN PRINCETON SUL ROSS VS VS VS VS VS RICE Plains Oil Co. SHIPPENSBURG ILLINOIS COLUMBIA SOUTH WEST TEXAS **Plains Record** SMU TCU TEXAS WESTERN WTSC TEXAS TECH

VS

NORTH TEXAS STATE

VS

TEXAS A&M

VS

NEW MEXICO STATE

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AIR FORCE

VS

ARKANSAS

PAGE 5

Sleep Habits Investigated

which very little is known. Earliest writings tell us that long ago man was curious about sleep, but it has been only recently, in the last 100 years that science has made fruitful investigations of this phenomenon. Some of the things which have been learned about sleep are published in the September issue of the Texas State Journal of Medicine in an article written by a Houston psychiatrist, Dr. Allan G. Hanretta.

The sleeping state begins before birth, some scientists think. Unless he is hungry or unconfortable for other reasons the newborn baby sleeps most of the time. Gradually, he sleeps less and less. When he becomes an adult he will need about eight hours' sleep, although when he is over 80 he may need more. Periods of sleep for everyone, young and old, are made up of alternat-ing cycles of deep and light sleep.

Sleep has various effects on illness, some of which provide valuable clues to diagnosis. For example, the change in the pattern of blood circulation occurring while a person is lying down asleep may contribute to the cause of sudden spells of shortness of breath in froms of heart trouble.

Inducing sleep is one way of treating mental illness. It is used principally by the Russians and in parts of Europe. The Russians are investigating the possibility that sleep may have lifeprolonging qualities. Illness causes changes in

the way we sleep. Some conditions may cause people to sleep too much, such as encephalitis, head injuries, syphilis, brain tumors, diabetes, hardening of the arteries, flu and epilepsy.

Sleep may be affected by psychiatric disorders. Changes in the sleep patern may provide and aid in diagnosing mental illnesses. Many anxious neurotic people complain of trouble sleeping and say they wake up tired in the morning, Patients suffering from sleep phobia or psychotic insomnia are thought to have

Each of us spends one-third our time sleeping, yet the te of sleep is something a-the unconsciousness of sleep. According to Dr. Hanretta, "These patients cling desperately to wakefulness and may actually commit suicide to escape the nameless horors that seem to threaten them in

sleep. " Sleepwalking is common in children, but in adults is an indication of an emotional problem. Mruders have actually been committed with knives and guns while an individual was in a somnambulis-

tic (sleepwalking) state. did not awaken until just be-

The night terror may last 16 or 20 minutes and cannot be

> Finally, the child will go back to sleep. He will to remember the dream when he wakes

ture, and the practice was carquisition.

In the Korean War, Ameriobtain false confessions of germ warfare. Loss of sleep is believed, in some cases, to trigger a psychotic breakdonw. Dr. Hanretta concludes his

Radio

article with a discussion of dreams which he says appear to be an integral part of normalsleep and have a definate role in maintaining healthy mental life. When patients with various

psychiatric problems describe their dreams it is sometimes

possible to tell from what they say just what kind of illness they have. Neurotic persons tend to have more nightmares than is normal, to recall dreaming more frequently, and to dream most often color. In the early stages schizophrenia patients may dream of blood, bodily dismemberment or dismemberment or disintegration murdering or being murdered

warding tasks of scientific re-

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BY The Old Timers

From Hal Kesler, Union City

remember when we gathered

Tennessee: I am 72 years old and

some place each month for a hair

cut. Our shoe polish was soot taken

from an old iron stove lid. Our

kitchen floor was bare, scrubbed each week with creek sand and

Mother made my knee pants

until I was 15 years old and the

girls wore calico dresses, also

homemade, from material bought

at the country store for 5¢ a yard

And we used to sing "I was her

barefoot beau. She was my queen

church, which was about the only

place to go. There was no lipstick,

no powder, no paint, no short hair

for the women, nor short sleeves,

nor short dresses. Woe-be-unto she

who disobeyed any of these rules.

The parson generally wore

beard and a long frock-tailed coat,

Circle correct personality with penci

Add score at bottom.

We went to the old country

homemade lye soap.

in Calico."

search.

"A young civil engineer stabbed himself four times," writes Dr. Hanretta, "while in a somnambulistic state and fore he died of blood loss. He then related dreaming that an evil spirit had persuaded him

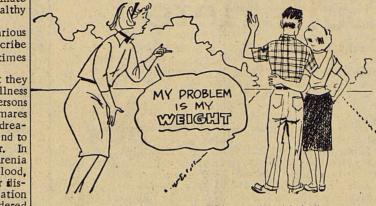
to kill himself, " Children's sleep is frequent-ly disturbed by nightmares and night terrors. There is a fifference in these two. Nightmares are characterized by an abrupt awakening from sleep by a frightening dream which can be recalled the next day. The child may be calmed down to tell his experience, but he may have trouble going back to sleep. With a night teror the child may not awaken completely although he tits up in bed, jumps out of bed, or runs about excitedly with his eyes open. He is terrified, cries and talks incoherently.

shortened by relassurance.

Being deprived of sleep is inpleasant. The ancient Chinese made if a form of torried on during the Spanish In-

no creases in the pants. Creases weren't heard of in those days. can flyers were subjected to sleep deprivation in order to But the parson's message was soul-stirring and the songs of the day still linger in my soul. Many of them I haven't heard in years (Send contributions to this column to Th Old Timer, Box 39, Frankfort, Kentucky.

How Much Of A Problem Is Weight?



THE PLAINS RECORD

THE WEEK'S LETTER: "I am thing to do with it?" 7 years old. I will be a junior this OUR REPLY: You forgot to and the subject matter may

Texas 65

follow his recommendations. Appearance is important. We

should all try to look our best. Yet it is still possible to be handsome or pretty and not be too well liked This is because people like or dis like us because of the personality that we present to them and because of our attitudes and actions -what we are and what we do. Haven't you noticed that sometimes the most popular individual in school is perhaps not the pret-

tiest or handsomest? If you want to make someone like you, be yourself. Be a nice person. Be friendly, be fun to be

with. Don't talk too much or too little. Try to put people at ease

Health Insurance Association

(OFFERED AS A PUBLIC SERVICE BY AN ASSOCIATION OF LEADING TEXAS AND U.S. INSURANCE COMPANIES)

Is Providing Low-Cost

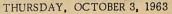
Basic And Major Medical

Health Insurance Plans

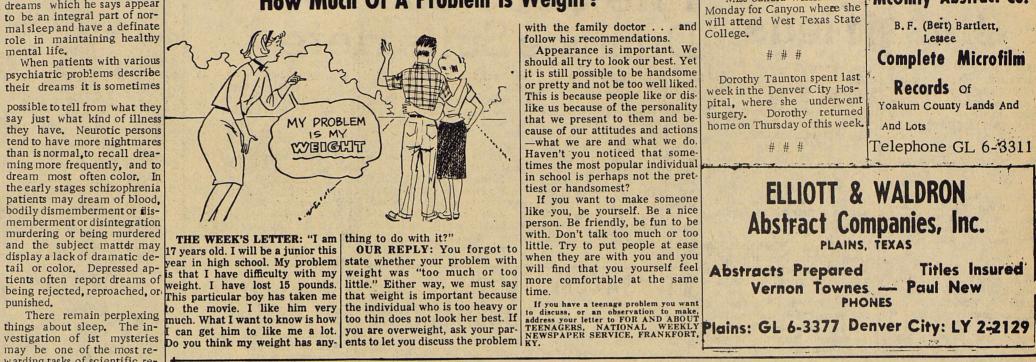
EXCLUSIVELY FOR TEXAS RESIDENTS 65 AND OVER

- NO PHYSICAL EXAMINATION
- NO MEDICAL QUESTIONNAIRE
- ENROLLMENT REGARDLESS OF HEALTH

OFFICE USE ONLY	is no extra charge for his	r help in enrolling. He will s services. DLLMENT IN TEXAS 65	Marine Marine			s, and	there	7	rexas	65
ame of Enrollee - P	Person to be insured (Husband and	d Wife must enroll separately):	Sex	Da	te of Birt	h	Age		A HAR MAN	HEALTH INSURANCE
.ast	First	Initial	Male Female	Mo.	Day	Yr.			The Mar	ASSOCIATION
street and No.			Check the Plan	desired MONTHLY REMIUM	Has enrol nursing h	lee beer ome in t	the last	ed in a l 31 days?	nospital or Ves	convalescent
City	County	State	Regular Basic Major	. \$9.00	pital or si	urgical b	enefits?	T Ye	No No	providing hos-
end mail to (name of person if different from Enrollee)			Major Medical 10.00 Major Medical & Reg. Basic . 19.00						olled (or now	
ast	First	Initial	CHECK OR MON TO TEXAS 65 a your receipt.	EY ORDE						
fieet and No.		CARLENDER CONTRACTOR AND A STREET AND A ST							A CONTRACTOR OF THE OWNER	and the second s



McGinty Abstract Co.



How to enroll!

Just see your insurance agent - he will

gladly give you specific answers concerning Texas 65 — will offer you any assistance you want in enrolling — there is no extra

charge for his services.

Miss Sandra Williams left



PAGE 6

Classifieds

DIRECT MATTRESS CO. ----Mattresses rebuilt. Inner-springs, \$14,90;Cotton, \$9, 90, Also new innersprings, orthopedics, rubber foam and King Call Mrs. John Andersize. son locally who is receiving calls for our com-pany located at 1613 Ave. H in Lubbock.

Dr. J. U. Borum, Jr. Optom-etrist of Brownfield, Texas has moved his office to his new building 412 west Tate, east of Wilgus Drug_ Pho. 3172.

FOR SALE: New and used furniture and appliancesauthorized factory Sales and Service on Maytag, Kelnina-tor, Commandor pumps, We do electrical wiring and plumbeing repair. Cogburn-Young.

SALE: 2-bedroom house Plains. Contains 980 sq. Call 456-4444 after 5 p. m.

FOR SALE: 2 bedroom house in Plains. Call 456-8488 for information.

BYGNEWS: We now also give Gold Bond Stamps. Shop at Woody's. Plenty of free parking, low-prices and a desire to serve you.

WE NOW GIVE GOLD BOND STAMPS---with butane pur-chases, when account is paid by 10th of month following buchase. BRONCO GAS CO. runs, smokes, uses oil. Otho Clendennen

SIGNS Truck Lettering

Show Cards----Gold Leaf Road Signs----Windows 106 E. Jefferson, Lovington, New Mexico, Phone 396-5288

IRONING WANTED: \$2:00 a dozen. Contact Mrs. Callis on the corner of Copeland & 15th.

FOR SALE: Good used 55 model Pontiac Station Wagon Worth the money. Call 456-4171 or contact S. Streetman.

FOR SALE: 2 bedroom house This home has central heating and air conditioning and is to be moved. Presently located on the Wellman Highway, Contact Ormal Pippin, Tokio

FOR SALE: Electric Range Kelvinator. Phone 456-8989

FOR SALE: One D-6 Cat erpiller, with root plow, rake, and dozier blade; and one Baker reversible plow. All in fine condition. For information call Horace Strickland at the Fletcher Carter Ex-

change 327-5292

56. 8 miles in this destrict will be involved. This is a part of the \$20 million program during the

FOR SALE 1948 Chevrolet 3/4 ton pickup. \$150, starts,

of Lubbock.

some months ago.

each child or a total of \$256, Two suits filed here for 000. action in 121st District Court Phil D. €handler, also being total \$363,000.

File \$363,000

represented by New, is suing the same Harold J. Noll in con-Mrs. Helen Ruth Nelms, the vidow of the late Bobby Nelms nection with the same accifiled suit against Harold J. Noll, dent for \$100,000 plus \$7,000 owner of the truck-tractor that for future medical, hospital was involved in the truckand doctor expenses. motorcycle wreck at the inter-In other filings in District section of highways 214 and

Courta \$167,000 suit for dam-380 on the east side of Plains ages has been filed on behalf of Jessie Benson and names Amount being asked for by Mrs. Nelms through her attor-ney, Paul New of Denver City, is \$150,000 and \$35,000 for Panhandle Steel Buildings as the defendant.

The suit is in connection

SET YOAKUM HIGHWAY CONSTRUCTION

coming year for the improve-ment of 2, 300 miles of U. S. and State highways over the State under the 1964 State The Texas Highway Commission today approved the expenditure of \$880, 000 during the coming year to improve U. Highway Safety and Betterment S. and State Highways in Dis-trict Fige under the 1964 Stat e Program as set up by the Highway Safety and Better-Highway Commission, Crain ment Program., announced District Engineer Oscar Crain said.

In Yoakum County, this will include Grade Reconstruction The District Engineer said and Surfacing on State Highway 214 from its junction with Highway 380 at Plains to the Gaines County lines, a distan-ce of 15.6 miles. Cost of the work has been set at \$382,000.

WINNERS TOLD

ball contest were as follows:

place with only three misses. Three oddsmakers tied up

Winners in this week's foot-

Jim Gibson won \$5 for first

with injuries which Benson says he received while employed by J. D. Bell who was a sub-contractor in the con-struction of the Guetersloh-Anderson elevator here last August. Other cases filed in Dis-

trict Court include: Eugene Eudy vs Texas Employers Insurance Association for Compensation.

Elmer Blankenship, Rod Duff and H. B. Crosby vs Fulton Oil and Gas Company, restraining order, trespass and damages.

Baptist Ladies Have Meet

Ladies of the Baptist Church met Thursday for their social. Opening prayer was led by Mrs. McDonnell. The devotional was given by Mrs. Bozeman. She read from the book of Corinthians and also a num-

ber of poems. The minutes were read by the secretary, following this an election for new officers was held. The new officers are: Mrs. Duff, Teacher; Mrs. G. Cleveland, assistant teacher; Mrs. Teague, President; Mrs. Pride, Vice President: Mrs. Bobertson, Secretary and Treasurer

Mrs. Jost, Reporter, The closing prayer was led by Mrs. Beach. Numbers were drawn for gifts which were opened following the business meeting.

14 members and 2 visitors were present. Refreshments of punch and round sandwiches. pickles and cake were served.

United States and Canada prescription phar-macies celebrate NATIONAL PHARMACY WEEK. It is our yearly re-dedication to the ideals guiding our professional behavior. It reminds us that your health is our chief concern.

Come in and visit our prescription laboratory. Ask us any questions about pharmacy. We extend an extra special invitation to high school seniors interested in a pharmacy career.

YOUR DOCTOR CAN PHONE US when you need a medicine. Pick up your prescription if shopping nearby, or we will deliver promptly without extra charge. A great many people entrust us with their prescriptions. May we compound yours!

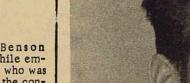
Curry - Edwards

PRESCRIPTION CHEMISTS

Drua _____

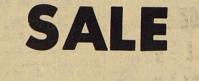
Damage Suits Here

THE PLAINS RECORD



EDDIE MCMENEMEY Elected FHA Beau



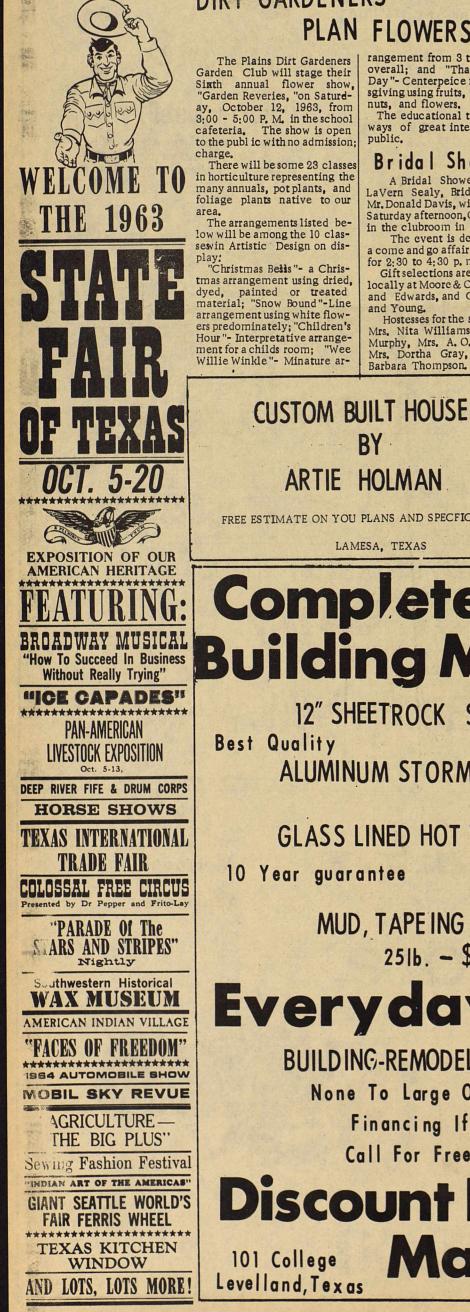


LOOK FOR THE SPECIAL SALE TAGS

ITEMS ON SALE ARE TOO NUMEROUS TO LIST

The Green Sale Tags Are Here To Save You Money

COGBURN--YOUNG HARDWARE - APPLIANCES - FURNITURE



DIRT GARDENERS PLAN FLOWERSHOW

rangement from 3 to 6 inches overall; and "Thanksgiving Day "- Centerpeice for Thanksgiving using fruits, vegetables nuts, and flowers.

The educational table is always of great interest to the public.

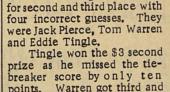
FOOTBALL CONTEST

Bridal Shower A Bridal Shower for Miss

LaVern Sealy, Bride elect of Mr. Donald Davis, will be held Saturday afternoon, October12, in the clubroom in Plains. The event is described as

a come and go affair and is set for 2:30 to 4:30 p.m. Gift selections are available locally at Moore & Oden, Curry and Edwards, and Cogburn

and Young. Hostesses for the shower are Mrs. Nita Williams, Mrs. Ruth Murphy, Mrs. A. O. Bearden, Mrs. Dortha Gray, and Mrs. Barbara Thompson.

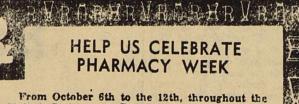


points. Warren got third and \$2 by missing it eleven points, and Pierce was nudged out of the running with a fourteen

R,

A.





THURSDAY, OCTOBER 3, 1963

CHAPTER NAMES' FHA BEAU

Plains Chapter of FHA in their Monday night meeting had the formal initation of new members who are: Bonnie Clanahan, Jane Kancaba, Rebecca Lewis, Pam Parrot Barbara Kennedy, Pat Kennedy, Pat Long, Rita Jo Snodgrass, Georgia Gray, Martha Tark-ington, Carolyn Crutcher, Charlene Upton, Linda Har-bour, Beverly E. Jones, Heley Clanahan,

Election of Chapter Parents was also a highlight of the evening. Those elected were: Mrs. J. E. Bryson, and Mr. and Mrs. James Warren. In other business the 1963-

64 Chapter Beau, Eddie Mc-Mememey, was selected.

Dana Dyer, Chick Coke, and Sandra Lewis returned home from college this past weekend.

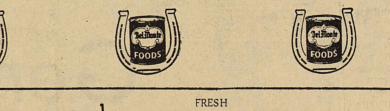
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Betty Stewart spent the weekend in Lubbock, where she visited with Miss Janith Tucker and CarolynWarren.

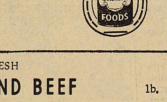
DEL MONTE BY Man week -Jenkins in New York "Journal-Am 'ONE NATION, UNDER . GOD?' ARTIE HOLMAN Mrs. Wilson Duke returned home Tuesday after several days in the Yoakum County FREE ESTIMATE ON YOU PLANS AND SPECFICATIONS hospital where she underwent sugery. LAMESA, TEXAS GREEN # # # **Complete Line Of** SPINACI PINEAP **Building Materials** PRUNE TOMAT 12" SHEETROCK \$1.49 A SHEET ASPARA SALMON ALUMINUM STORM DOORS \$26.88 PRUNES With Closer RAISINS **GLASS LINED HOT WATER HEATERS** PICKLES 30 gal.-\$49.95 40 gal.-\$59.95 MUD, TAPEING & TEXTONE 251b. - \$1.79 **Everyday Prices** GRAPES TOKAY BUILDING-REMODELING - ALL KINDS POTATOES RED MCCLURES HOMEMADE None To Large Or To Small Financing If Desired **Call For Free Estimate Discount Builders** Mart Phone 894-4989 Box AA



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BEANS Italian Cut 4	§ 1º0	BEETS Crinkle Cut No. 303 Can	2 \$ 27*
No. 303 Can 6	f 1º0	PEAS Early Garden No. 303 Can	5 \$ 100
PLE Sliced No. 2 Can	35*	NEW POTATOES No. 303	2 5 29"
JUICE Quart 2	89 [¢]	PINEAPPLE Crushed No. 2 Can	3 5 100
O JUICE 46-oz. 2 5	55°	PINEAPPLE JUICE 46-02.	3 5 100
GUS Washington Spears No. 303 Can	45°	DRINK Pineapple-Grapefruit 46-oz. Can	3 5 100
Pink No. 1 Tall Can	59°	SAUERKRAUT No. 303 Can	2 29
	35 [°]	SQUASH Zucchini No. 303 Can	4 § 89 ^e
Seedless 15-oz. Pkg.	27°	TOMATOES No. 303 Can	4 5 89*
Sweet Midget 12-oz. Jar		TOMATO SAUCE Buffet	10°
			and the second s



39¢ HAM



49¢

49¢

2 ¢ GROUND BEEF CURED OR WHOLE 1b.

PURE PORK SAUSAGES 1b. 43¢

Hawkins Food Market We give Gold Bond Stamps Double On Wednesday.