

2014 Borden County Jr. Livestock Show a Success

Borden County 4-H and J. W. Nix Gail FFA members recently participated in the 2014 Borden County Jr. Livestock Show at Gail, Texas. Thirtyeight 4-H and FFA members exhibited a total of 12 steers, 16 lambs, 18 goats, and 42 swine at this year's county stock show.

Judges for the event were: Classifier: Bryan Reynolds - Tahoka, Tx

Showmanship Judge: Scott Brewer - Ackerly, Tx

Steer Judge: Lee Howard -Tarzan, Tx

Lamb and Goat Judge: Jay Waller - Ira, Tx

Swine Judge: Rebel Royal -Garden City, Tx

Steer Show

- LW European. 1. Payton Merket
- 2. Thomas Nix
- Colbin Briley HW European:
- 1. Myka Blissard 2. Myka Blissard 3. Payton Merket
- Payton Merket 4. Flint Roberts

Breed Champion: Myka Blissard

Reserve Breed Champion:

- Myka Blissard
 MW American:
- 1. Erin Nix 2. J. W. Nix
- 3. Thomas Nix Breed Champion: Erin

Reserve Breed Champion:

MW British:

1. Myka Blissard Flint Roberts

Breed Champion: Myka

Reserve Breed Champion:

Flint Roberts

Grand Champion Steer: Myka Blissard

Reserve Grand Champion

Steer: Myka Blissard
GRAND CHAMPION
STEER - Myka Blissard - received a letterman jacket donated by Shirly Newton given in memory of Doyle Newton; a buckle donated by Gerry & Julie Smith; \$100.00 and a monogrammed backpack given in memory of Borden Gray by the Borden Gray Fam-

RESERVE GRAND CHAMPION STEER - Myka Blissard - received a black matrix jacket donated by Brent & Pat Murphy and a buckle donated by Ralph & Dewey Fay Miller.

Donors of the class award are: Ben & Paula Miller, Scott & Inez Clayton, Mickey & Shirley McMeans, and Tim & Carol Wilson. Recipients of these awards were: Payton Merket, Myka Blissard, Erin Nix and Flint Roberts.

Lamb Show Fine Wool Cross: 1. Lukas Grantham 2. Kell Kleck

3. Maeghan Herridge

4. Kaylee Walker Breed Champion: Lukas Grantham

Reserve Breed Champion: Kell Kleck

LW Medium Wool:

- Lukas Grantham
 Lukas Grantham
- Kaci Hudson
- Kaci Hudson
- HW Medium Wool:
- 1. Lukas Grantham
- Kaci Hudson Kaci Hudson
- Breed Champion: Lukas Grantham

Reserve Breed Champion:

Lukas Grantham Southdown:

- . Maeghan Herridge . Klancey Kleck
- Breed Champion:

Maeghan Herridge Reserve Breed Champion: Klancey Kleck

- Finewool: Kaylee Walker
- Kable Kleck Paige Holbrooks
- Breed Champion: Kaylee

Reserve Breed Champion: Kable Kleck

Grand Champion Lamb: Lukas Grantham

Reserve Grand Champion Lamb: Lukas Grantham **GRAND CHAMPION** LAMB - Lukas Grantham re-



Dare to Live Without Limits

By Bryan Golden

The Battle Inside You-Part 3

emotions of joy, peace, love, hope, serenity, and humility. Part 1 reviewed the negative emotions of anger, envy, jeal-ousy, sorrow, regret, greed, arrogance, superiority, self-pity, guilt, resentment, inferiority, lies, and ego.

This column will finish with the remaining positive emotions of kindness, benevolence, empathy, generosity, truth, compassion, and faith.

The purpose of these three columns is to contrast the positive and negative forces that we all have inside. Our lives are shaped, and our future influenced, by the emotions we cultivate. You have the power to choose which forces form your character.

It's normal to experience conflicting emotions. Often negative feelings are the first response to problems and adversity. Understanding the consequences of giving in to them will motivate you to select a positive path. Here are the rest of the positive emo-

Being benevolent and treating people with kindness has many benefits. Those you interact with feel good. You feel selves. In reality, generous good. And you create a posi-(Continued to Pg. 4) tive energy that attracts good

In the previous column (part things. Furthermore, you will 2), I discussed the positive never regret, or have to apologize for, your behavior.

Anyone can be kind when they are happy. However, when you feel bad, it's difficult to be kind. But this is when you need to be the most thoughtful, as it will help you feel better. Not everyone will appreciate your kindness, but it doesn't matter, enough people will

You won't feel like being kind to anyone who treats you poorly. That's OK. You are better off spending little or no time with them rather than being mean. You don't want to allow others to pull you down to their low level of behavior.

Show empathy and compassion rather than feeling sorry for someone else's situation. Empathy is an understanding of what another person is experiencing. If you want to and it's appropriate, be compassionate by offering to help.

There are many ways to of-fer assistance. You can give your time, expertise, share how you overcame obstacles, and be there to listen. Many times, it is a big help when another person knows you care.

Too many people view the

(Continued to Pg. 6)

Coyotes Gain Big Win Over Cougars

By Coach Edwards

big challenge last Friday night against the Klondike Cougars. A victory for the Coyotes not also give Borden the edge for any tie breaker between the two teams if needed at the end of the season.

Borden exploded offen-sively scoring 23 points. Korbin Martinez maneuvered his way around the Cougars scoring 14 points in the quarter. Klondike managed to score 13 points in the stanza.

Both teams went back and forth trading buckets. How-ever, Borden had a two point advantage in the second quarter and had a 37-25 lead at the

Again in the third quarter, while Sean Tucker oth teams went toe to toe. chipped in six oth teams scored 16 points in points. Riley both teams went toe to toe. Both teams scored 16 points in the quarter, but the Coyotes remained ahead, 53-41.

Things got a little hairy in the final period of play. cl Klondike went a half court t trapping defense to try and cre-ate turnovers to help get back

The Borden Coyotes had a in the game. Borden fell right into the trap and succumbed to the pressure. The Coyotes also struggled from the free throw only would add another important win to the win column, but line only making 3 of 10 from the charity stripe. The Cougars cut lead to two points, but the Borden managed to run out the clock winning the contest, 62-60, and picking up their seventh district win of the season.

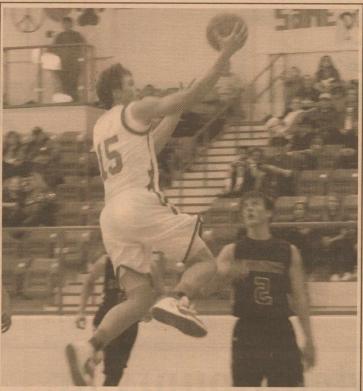
"It was a huge win for us," Coach Bubba Edwards stated. "It doesn't matter if it is a

one point win or a fifty point win. A win is a win. I am very proud of these guys. They're

hard work is paying off."

Korbin Martinez scored a career high 29 points followed by Hunter Jones and Matt Proulx with eight points. Kurt Shafer knocked in seven points

Herridge and Corbin Sumners chipped in



Senior, Kurt Shafer leaps through the air to score for the Coyotes. The Coyotes had a close call with the Klondike Cougars with a final score of

Lady Coyotes Prove Too Much for Lady Cougars

By Coach Skelton

The Lady Coyotes hosted the Lady Cougars at home Friday night. Sophomore Tatum

Richey sparked the first quarter scoring with 6 quick points for the Lady Coyotes Friday night as they went onto to take the first quarter against the Lady Cougars 18-7.

Junior Clair Shafer would add to the scoring leading the team with 7 points and 4 rebounds. Seniors Kalyn Massingill and Taylor Gass who found themselves at the foul line repeatedly shot 8-10 combined from the stripe. Seniors Mollie and Mallory McMeans keep up with their 3 point prowess each hitting 1 in the first half. Taylor Gass added 7 assists to her resume as team assist leader breaking the 100 assists mark on the sea-

The second half effort saw another defense stance as the Lady Coyotes held the Lady Cougars to only 9 second half points to go on and win the game 57-32.

Scorers: Taylor Gass 16, Kalyn Massingill and Clair Shafer 9, Mallory McMeans 7, Tatum Richey 6, Mollie McMeans 5, Savannah Herridge and Holly Bradbury 2 and Zoie Key 1.

School Lunch Menu

February 3-7, 2014 Menu subject to change

Monday - Breakfast: Cereal & Animal Crackers, Fruit Juice and Milk. Lunch: BBQ Rib Sandwich, Corn Chips, Refried Beans, Salad, Salsa, Cinnamon Apples and Milk.

Tuesday - Breakfast: Mini Pancakes, Fruit Juice and Milk. Lunch: Chicken Nuggets, Mac & Cheese, Green Beans, Apple Slices, Rice Crispy and Milk.

Wednesday - Breakfast: Mini Corn Dogs, Fruit Juice and Milk. Lunch: Hot Ham & Cheese Sandwich, Vegetable Soup, Baby Carots, Fruit Cup and Milk.

Thursday-Breakfast: Blueberry Loaf, Fruit Juice and Milk. Lunch: Hot Dog, Potato Rounds, Beggie Cup, Fruit, Chocolate Chip Cookie and Milk.

Friday-Breakfast: PBJ Sandwich, Fruit Juice and Milk. Lunch: Cheeseburger, Seasoned Corn, Baby Carrots, Peaches, and Milk.

This institution is an equal opportunity provider.

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Coyote Pups Win Tournament Championship in Dawson

By Coach Edwards

action last week. The Coyotes managed to pick up another district win against the Grady Wildcats and a tournament championship winning two games against New Home and Dawson.

Earlier in the week, the byotes pounced on Grady.

The Coyotes scored 18 unanswered points in the first answered points in the first Covotes pounced on Grady. Borden scored 30 points in the first half and allowing only 2 first half points. The Covotes outscored the Wildcats 18-8 in the second half winning the contest, 48-10.

Braxton Barnes led the team in scoring with 14 points followed by Trace Richey with 10 points. Brian Torres, Peyton Merket, Morgan Wilson, Ryan outscored the Leopards, 12-4,

The Borden County Junior Willborn and Nick Proulx all in the final quarter to secure a

was the New Home Leopards. Borden, playing an unfamiliar foe, quickly showed the Leop-

quarter to win the quarter, 20-2. Borden won the second quarter, 8-2, to go in at half with a 28-4 lead.

The Coyotes had another impressive offensive third quarter. Borden poured in 20 points and only allowing eight 10-5 in the second period tak-Again Borden

Morgan Wilson and Braxton Barnes both poured in 8 points while Brian Torres chipped in six points. Ryan Willborn added 2 points.

Borden faced district foe, Dawson Dragons, in the championship. Borden's defense was the key in the game.

The Dragons put up a goose egg in the opening quarter while the Coyotes score 14. Borden outscored the Dragons

(Continued to Pg. 3)

Coyotes Clinch Another Win

By Coach Edwards

The Borden Coyotes traveled to Loop last Tuesday try
"We actual ing to pick up another notch in the win column in district 6-1A division II.

The Coyotes were patient in the first quarter passing the ball finding uncontested shots. Borden took an early 13-4 over the Longhorns. The Coyotes changed pace in the second period pushing the ball up the court quickly. Borden extended their lead 39-17 at the sively in the third quarter section ing only 10 points, but the defense stiffened only allowing the Longhorns four points in half with Riley Herridge the period. Again, Borden got and H knocking down a 75 foot shot up and down the floor in the points.

"We actually practice those shots during practice on game day," Head Coach Bubba Edwards said.

"It looked good the moment it left his hand. It was a big basket because it pushed the

lead over a 20 point margin."

Borden struggled offensively in the third quarter scor-

final stanza scoring 20 points and the defense allowed only seven points. The Coyotes won the contest, 69-28, to win their sixth district game.

The Coyotes had four players scoring in double figures. Sean Tucker led all scorers with 17 points followed by Korbin Martinez with 16 points. Matt Proulx added 15 points while Riley Herridge finished with 11 points. Kurt Shafer chipped in six points and Hunter Jones with four

Junior High Girls Finish 2nd in Sands Tournament

By Coach Skelton

play in their annual Tournament. The Ladies started out against a good New Home bunch and never trailed during the game. The Ladies took a 3 point lead into the locker room at half up 14-11. They managed to hold off a late run by the Lady Leopards to go on and win the game 22-16.
In their Championship game

they were pitted against the host team the Ladies of Sands. The Lady Coyotes came out and stayed ice cold for the entire game. They literally couldn't buy a bucket, but managed to play great defense

The Junior High girls travelled to Sands this Saturday to which at the end game them a Hall 3 Harley Merrill, Braylee eled to Sands this Saturday to chance to still pull out the vicelled Walker, Carly Bell, Catlyn tory. However it wasn't meant to be as the Lady Coyotes fell to the Lady Mustangs 22-19.

Summers 2
Game 2-Emma Key 7,
Carley Bell 5, Madi Cole 4, Scorers: Game 1-Emma Braylee Walker 2, Brooklynn Key 6, Madi Cole 5, Preslea Cheatham 1

Applications Now Being Accepted for Poka Lambro Scholarship

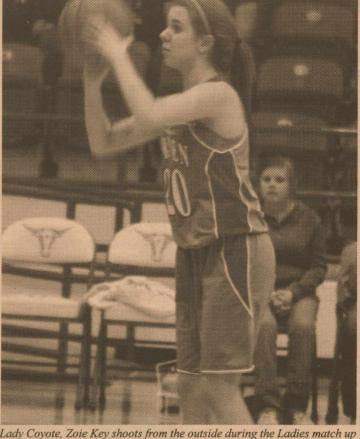
THANK YOU FOR READING THE BORDEN STAR

Poka Lambro is now accepting applications for \$2500 scholarships. Area high school students whose parents are cus-tomers of Poka Lambro may apply. Recipients are selected based on the following crite-

- Academic achievement
- · Involvement in extra-curricular activities
- Educator Recommenda-
- Eligibility requirements: • Applicant must be graduating from an area high school

• The parent or legal guardian with whom the applicant resides must be a customer of Poka Lambro

Scholarship Applications have been mailed to area schools and may also be picked up from any Poka Lambro store or printed from the Poka Lambro website – www.poka.com . Entry deadline is March 7, 2014. For additional information, please contact Amy Preston at 800-



with the Lady Longhorns of Loop. The Ladies defeated Loop 70-20.

Overwhelming Win for Ladies

By Coach Skelton

Longhorns last Tuesday night at Loop. Senior Kalyn Massingill started point scoring with 7 of her 14 points in the first quarter. The Lady Coyotes also hit 5 first half 3 point shots (Kalyn 2, Taylor Gass, Mollie McMeans, and Zoie Key 1) to take a 41 to 6 second half also saw more sharpshooting from Tatum Richey with 2 three pointers and Mollie added another 1 on her total for the season. The score after the final horn was Lady Coyotes 70 Loop 20.

Scorers: Taylor Gass 21, Kalyn Massingill 14, Mollie McMeans, Tatum Richey 10. Zoie Key 1.) to take a 41 to 6 half time lead into the locker

The Lady Coyotes came out ing 12 of her 21 points. The firing against the Loop Lady second half also saw more

Lady Coyotes 70 Loop 20.
Scorers: Taylor Gass 21,
Kalyn Massingill 14, Mollie
McMeans, Tatum Richey 10, half time lead into the locker room.

Taylor Gass came out on fire in the third quarter scor
Clair Shafer 4, Mallory McMeans, Zoie Key 3, Lexi Cheatham, Savannah Herridge 2, Avery Price 1.

Pups Win Tourney...

(Continued from Pg. 2)

ing a 24-5 lead at the half.

Again, Borden's defense allowed no fire for the Dragons as they were held scoreless in the third quarter. The Coyotes scored 16 points to lead after three quarters of play, 40-5. Dawson won the fourth quarter 7-3, but it wasn't enough. Borden defeated the Dragons two points.

43-12 winning the champion-

Richey led all scorers with 12 points followed by Wilson with 10 points. Barnes was next with nine points and Proulx with six points. Willborn finished with four points and Torres chipped in

Borden County Jr. Livestock Show Results...

(Continued from Pg. 1)

nated by Hurst Farm Supply; a buckle donated by Mike & Tammy Valentine; and a monogrammed backpack given in memory of Corky and Verna Ogden by the Ogden

RESERVE GRAND CHAMPION LAMB - Lukas Grantham received a black matrix jacket donated by Roy & Loveta Josey and a buckle donated by Valentine Show

Donors of the class award are: Freddy & Lee Roberts, Gary & Connie Stipe, Cliff & Sandy Price, and Cody G. Hill. Recipients of these awards were: Lukas Grantham, Kaci Hudson, Maeghan Herridge, and Kaylee Walker.

Goat Show Class 1

- Katie Gray
- Brooklyn Gray
- 3. Chevenne Tucker 4. Avery Price
- Class 2
- Jayden King
- Kaci Hudson
- 3. Avery Price 4. Ashlyn Tucker
- 5. Kennedy Tucker 6. Kell Kleck
- Class 3.
- 1. Dallie Miller
- J. Tom Price
- Dallie Miller Kaci Hudson
- Kaci Hudson 6. Cheyenne Tucker
- 7. Ashlyn Tucker NP. Dallie Miller

Grand Champion Goat.

Reserve Grand Champion Goat: Jayden King

GRAND CHAMPION GOAT - Katie Gray received a letterman jacket donated by Clayton Williams Ranch Company; a belt buckle donated by Creative Awards; and a monogrammed backpack bag given in memory of Caden Nowlain by the Caden Nowlain Family.

RESERVE **CHAMPION** GOAT Jayden King received a black matrix jacket donated by Freddy and Lee Roberts; and a belt buckle donated by Price

Construction. Donors of the class award are: Clay Cowart, Bob & Terri Buchanan, and Cliff & Sandy Price. Recipients of these awards were: Katie Gray,

ceived a letterman jacket do- Jayden King, and Dallie King

Swine Show

- MW White OPB: 1. Mason Coor
- 2. Jayden King
- 3. Jayton Lewis
- 4. Hayley Gray

Breed Champion: Mason

Reserve Breed Champion:

- Jayden King LW Duroc
- 1. Katie Gray
- Clayton Addison
- Brooklyn Gray 4. Sydni Čoor HW Duroc.
- 1. Jayden King
- 2. Hayley Gray

2. Hayley Gray
3. Kenley Dean
4. Taylor Shook
Breed Champion: Jayden

Grand Champion Steer

Reserve Breed Champion:

- Katie Gray LW Hamp:

- 1. Katie Gray
 2. Riley Lewis
 3. Paige Holbrooks MW Hamp:
- 1. Clayton Addison
- Jacob Phinizy Taylor Shook
- Kenley Dean
- 5. Sydni Coor HW Hamp:
- 1. Erin Nix
- Katie Gray
- Tristen Benavidez
- 4. Keigan Benavidez Breed Champion: Katie

Reserve Breed Champion:

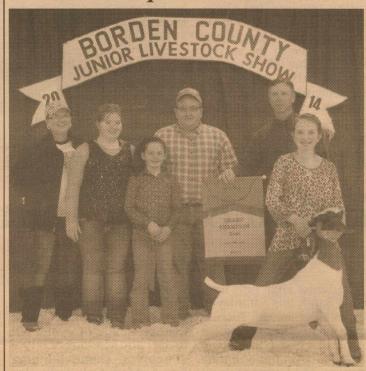
LW Cross:

1. Jayden King 2. Jayton Lewis

- 3. J. W. Nix
- 4. Paige Holbrooks
- 1. Braxton Coor
- 2. Mason Coor 3. Braxton Coor

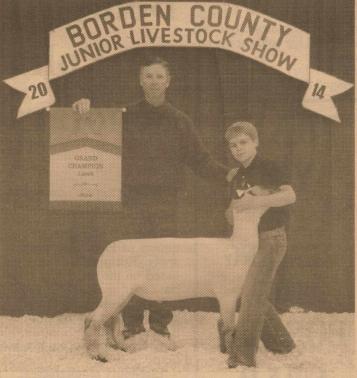
(Continued to Pg. 5)

Grand Champion Goat



Grand Champion Goat exhibited by Katie Gray. Also pictured is (left to right) Lisa Gray, Hayley Gray, Brooklyn Gray, Glen Gray and Goat Judge

Grand Champion Lamb



Grand Champion Lamb exhibited by Lucas Grantham. Also pictured is Lamb

Grand Champion Swine

right) Hadley and Barrett Howe and Aubree Blissard.



Grand Champion Steer exhibited by Myka Blissard. Also pictured is (left to

Grand Champion Swine exhibited by Jayden King. Also pictured is (left to right) Cody and Penny Hill and Swine Judge, Rebel Royal.

Borden County Jr. Livestock Show Results...

(Continued from Pg. 4)

4. Taylor Shook HW Cross:

1. Madison Benavidez

Jacob Phinizy 3. Brooklyn Gray

Breed Champion: Jayden

Reserve Breed Champion:

Jayton Lewis

Reserve Grand Champion Goat

LW Black OPB:

1. Hayley Gray Hayley Gray

Riley Lewis

4. Brooklyn Gray HW Black OPB:

1. Trent Lewis

2. Jayden King

3. Taylor Shook Breed Champion: Hayley

Reserve Breed Cham-

pion: Trent Lewis Grand Champion Swine:

Jayden King
Reserve Grand Champion Swine: Katie Gray

GRAND CHAMPION SWINE - Jayden King received a letterman jacket donated by Lisa Ludecke; a belt buckle donated by Max & Jane Jones, Monte & Deidre Smith, and Buddy & Kip Wallace; and a monogrammed backpack given in memory of Buddy and Margaret Sharp by Ross & Sarah Sharp.

RESERVE GRAND **CHAMPION SWINE** - Katie Gray received a black matrix

jacket donated by Hurst Farm Supply; and a belt buckle donated by Scott & Brandi Brooks and Clayton Williams

Supply: Award William

Donors of the class award are: Randy & Donelle Hensley, Ross & Sarah Sharp, Lisa Ludecke, Chris & Victoria Green, Jimmy & Kim Thomas, Jibber & Cindy Herridge, Benny & Angie Taylor, Frank & Joyce Herridge, Bob & Terri Buchanan, Randy & Verna Adcock, and William & Juna

Recipients of these awards were: Mason Coor, Clayton Addison, Hayley Gray, Riley Lewis, Jacob Phinizy, Tristen Benavidez, Jayton Lewis, Braxton Coor, Madison in memory of Clint O'Br Benavidez, Brooklyn Gray and the Monte Smith Family. Trent Lewis.

Reserve Grand Champion Steer



Reserve Grand Champion Steer exhibited by Myke Blissard. Also pictured is (left to right) Hadley and Barrett Howe and Aubree Blissard.



Reserve Grand Champion Swine



Reserve Grand Champion Swine exhibited by Katie Gray. Also pictured is (left to right) Lisa and Glen Gray, Brooklyn Gray, Hayley Gray, Paige Holbrooks and Swine Judge, Rebel Royal.

OTHER AWARD WIN-

-received by Tristen Benavidez \$500 Don Cox Memorial

Scholarship - received by Maeghan Herridge

\$500 Aubrey Lankford Memorial Scholarship and belt buckle – received by Maeghan Herridge

Champion Duroc - Jayden King received a monogrammed backpack given in memory of David Holmes by the Kent Holmes Family.

Champion White OPB -Mason Coor received a monogrammed backpack given in memory of Clint O'Brien by

Elementary Beef Showmanship Buckle - Erin Nix

donated by Dr. & Mrs. Church, West Texas Animal Clinic, Snyder, Texas and

C& R Livestock Inc. Junior Beef Showmanship Buckle - Myka Blissard

donated by Daniel and Becky Nix

Senior Beef Showmanship **Buckle** - Flint Roberts

donated by 44 Cattle Company and Steve & Becky

Top Beef Showman Buckle J. W. Nix

donated by Van and Barbara York

Elementary Lamb Showmanship Buckle - Kaci

donated by Gavitte Creek, Inc. - Ralph Miller

Junior Lamb Showmanship Buckle - Kaylee Walker

donated by Randy & Donelle Hensley and John

Senior Lamb Showmanship Buckle - Maeghan Herridge

donated by Brent & Pat Murphy and John Ward

Top Lamb Showman Buckle - Lukas Grantham

donated by Lone Star Ag Credit - Sweetwater, Tx

Elementary Goat Show-manship Buckle - Kennedy

donated by Sharp Image Energy, Inc.

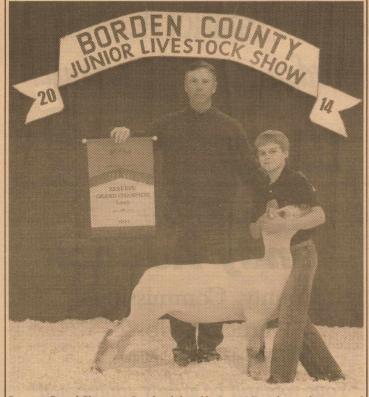
Junior Goat Showmanship Buckle - Ashlyn Tucker donated by Jacquie

(Continued to Pg. 8)

Reserve Grand Champion Lamb

Reserve Grand Champion Goat exhibited by Jayden King. Also pictured

is (left to right) Cody and Penny Hill and Jay Waller.



Reserve Grand Champion Lamb exhibited by Lucas Grantham. Also pictured s Lamb Judge, Jay Waller.

GRILIFE Heart and Home...



Julie Mumme Smith

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Blog: http://agrilifeextensionbordenfcs.wordpress.com

Your Super Bowl Game Plan for **Healthy Eating**

food consumption, after Thanksgiving Day, according to Wikipedia. Develop a winning Super Bowl "food game plan" by thinking like a football player on the playing field. Only, instead of the opposing team, your field is filled with food and refreshments. Here game sections of food poison ing:

• Follow the "two-hour rule." Leaving perishable food are eight winning strategies:
1. HAVE A GAME PLAN

Plan a successful defense against food that is excessive in fat and calories:

• Equip yourself — include some lower-calorie drinks and munchies.

• Position yourself away from heaping platters.

 Go in knowing what you will eat. For example, choose to have the three choices you will enjoy the most. You don't have to eat some of everything just because it's there.

2. SIZE UP THE OPPONENT

· Look at the stats on different foods. Check for a Nutrition Label that tells how many calories per serving.

• Eat food from a plate versus directly from a bag or box so you're not blindsided by the amount you're consuming.
3. GET IN CONDITION

• Lift a weight — other than your own, preferably at least twice a week! Take walks to whittle your waistline. The sooner you start, the greater the benefits. Physical activity and added muscle boost your metabolism and burn calories.

4. WATCH WHAT YOU EAT BEFORE THE GAME

· Resist overloading on calories before the game. Keep a few calories in re-serve so you can enjoy goodies later

without guilt.
5. AVOID PENALTIES
• Avoid later weight penalties from too many calories by choosing smaller portions.

· Don't let anyone get a pen-

Super Bowl Sunday is the alty for drinking and driving. second-largest day for U.S. Remind your guests to have a Remind your guests to have a designated driver and offer al-

cohol-free beverages.
6. KEEP YOURSELF IN THE GAME

Don't get taken out of the game because of food poison-

at room temperature more than two hours is a big mistake. When food sits out for more than two hours, bacteria can easily multiply and cause foodborne illness. Set out small amounts of perishable foods and replace those with clean plates of food within two hours

· Or, keep hot foods hot (140°F or hotter) with chafing dishes, slow cookers, and

warming trays.
Cold foods should be held

at 40°F or colder. Keep foods cold by nesting dishes in bowls of iceor using party trays filled

KEEP ADVANCING TOWARD THE GOAL LINE

· Pace yourself by alternating between higher and lower calorie foods.

 Make a successful passing play by bypassing seconds at the buffet table — or take half as much the second time around.

• Take an occasional timeout to put a halt in your eating. 8. TOUCHDOWN!

• Plan an effective running (or walking) conditioning strategy — by-"pass" excessive food intakes and avoid penalties which keep you from mov-ing toward the goal line — and you'll score a successful Super Bowl "Game Plan for Healthy Eating."

Source: University of Nebraska at Lincoln Extension Nebline, January 2012

Written by Alice Henneman, MS, RD; UNL Extension Edu-

Live...

(Continued from Pg. 1)

people are much happier and more successful than their selffocused counterparts. The principle at work is that you can get anything in life you want by helping enough others get what they want.

Being generous does not mean self-sacrifice. You can take care of your own well being while showing generosity to others. If you haven't already done so, try being more charitable. I'm sure you will be pleased with the results.

Truthfulness is far more potent than deception. Trickery may have the illusion of being a shortcut to success. There may even be short-term gains. Ultimately, a life of lies invariably leads to unhappiness and

There are limitless options for honest attainment of success. There is no secret, all you have to do is be of service to others or solve problems. Effort is part of life. The path of less resistance yields few if any rewards.

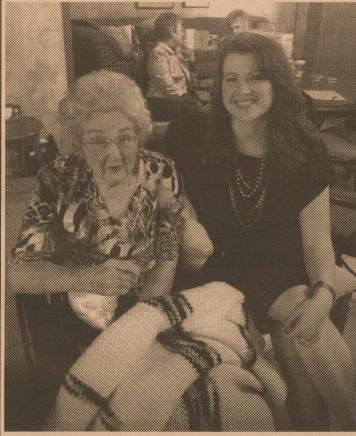
Have faith in yourself and your abilities. Have faith that when you are a good person and do good things, you will attract positive things. Have faith that you can overcome obstacles and solve problems.

You have the power to decide the outcome of the battle within you. You can't lose by always choosing positive emotions and actions.

Bryan is a management consultant, motivational speaker, author, and adjunct professor. E-mail Bryan at bryan@columnist.com. O 2007 Bryan Golden

> The Borden Star

Dare to Special Guest



A bridal shower for Kate Wallace, daughter of Buddy and Kip Wallace, was celebrated in Robert Lee January 12. Kate is pictured with Jewel Wallace, her grandmother and longtime supporter of Borden County events. Buddy and Kip were a part of the Borden County school faculty and active community members from 1983-2012. Kate will be married February 8 in

Re-Elect Sharlot A. Stone Borden County Treasurer

Republican Candidate - Your vote and support will be greatly appreciated! -

Pol. advertising paid by Sharlot A. Stone, Campaign Treasurer

Re-Elect

Randy Adcock

County Commissioner Precinct No. 2

Republican Candidate

"Your vote will be greatly appreciated"

Political Advert, paid for by Randy Adcock

Updated Property Tax Information Now Available for Texas Taxpayers

property tax information has just been compiled by Borden available now to assist taxpayers. current and covers a wide range of topics, such as taxpayer remand is of value to select groups, such as disabled veterans and persons who are age 65 or older.

Whether you are a homeowner, business owner, disabled veteran or a taxpayer, it's impor- taxpayer's property value intant you know your rights concerning the property tax laws, " said Kristi Harrison, Chief Appraiser of the Borden County Appraisal District. "You can contact us about any property tax issues with full confidence that we will provide you the most complete, accurate and up-to-date available information to assist

This includes information about the following programs:

· Property Tax Exemptions for Disabled Veterans – The law provides partial exemptions for any property owned by veterans who are disabled, spouses and survivors of deceased disabled veterans. This includes homesteads donated to disabled veterans by charitable organizations at no cost to the disabled veterans. The amount of exemption is determined according to percentage of service-connected disability. The law also provides a 100 percent exemption for 100 percent disabled veterans and their surviving spouse, beginning in 2009, and for surviving spouses of U.S. armed service members killed in

· Property Tax Exemptions - Non-profit organizations that meet statutory requirements may seek property tax exemptions and must apply to their county appraisal district by a specific date. Businesses that receive tax abatements granted by taxing units; ship inventory out of Texas that may be eligible for the "Freeport" exemption; store certain goods in transit in warehouses that are moved within 175 days; construct, install or acquire pollution control; own and operate energy storage systems; or store offshore drilling equipment while not in use may also be eligible for statutory exemptions.

erty – If a business owns tangible personal property that is used to ral affidavit at their local county County Appraisal District and is produce income, the business must file a rendition with its lo-This property tax information is cal county appraisal district by a specified date. Personal property includes inventory and equipedies, exemptions and appraisals, ment used by a business. Owners do not have to render exempt property such as church property or an agriculture producer's equipment used for farming.

· Appraisal Notices - If a creased in the last year, the Texas taxpayer will receive a notice of appraised value from the appropriate local county appraisal district. The city, county, school districts and other local taxing units will use the appraisal district's value to set property taxes for the

· Property Taxpayer Remedies - This comptroller publication explains in detail how to protest a property appraisal, what issues the county appraisal review board (ARB) can consider and what to expect during a protest hearing. The publication also discusses the option of taking a taxpayer's case to district court, the State Office of Administrative Hearings or binding arbitration if the taxpayer is dissatisfied with the outcome of the ARB hearing.

· Homestead Exemptions – A homestead is generally defined as the home and land used as the owner's principal residence on Jan. 1 of the tax year. A homestead exemption reduces the appraised value of the home, and as a result, lowers property taxes. Applications are submitted to the appropriate local county appraisal district.

· Productivity Appraisal -Property owners who use land for timber land production, agricultural purposes or wildlife management can be granted property tax relief on their land. They may apply to their local county appraisal district for an agricultural appraisal which may result in a lower appraisal of the land based on how much the taxpayer produces, versus what the land would sell for in the open mar-

· Residence Homestead Tax **Deferral** – Texas homeowners may postpone paying the currently delinquent property taxes their homes by filing a tax deferallows homeowners to pay the preceding year's appraised value of their homestead, plus the taxes on any new improvements to the homestead. The remaining taxes are postponed but not cancelled, with interest accruing at 8% per

Persons Age 65 or Older or Disabled Homeowners - Texans who are age 65 or older or disabled, as defined by law, may postpone paying current and delinquent property taxes on their affidavit. Once the affidavit is on

· Rendering Taxable Prop- due on the appreciating value of file, taxes are deferred, but not to be delivered electronically in cancelled, as long as the owner continues to own and live in the appraisal district. This tax relief home. Interest continues to accrue on unpaid taxes. You may appraisal district.

Notice of Availability of Electronic Communication - In appraisal districts located in counties with more than 200,000 ARB. populations or that have authorized electronic communications, · Property Tax Deferral for and that have implemented a system that allows such communications, chief appraisers and ARBs may communicate electronically through email or other media with property owners or homes by signing a tax deferral Written agreements are required proptax/. for notices and other documents

place of mailing.

· Protesting Property Appraisal Values - Property owners who disagree with the approperty taxes on 105% of the obtain a deferral affidavit at the praisal district's appraisal of their property for local taxes or for any other action that adversely affects them may protest their property value to the appraisal district's

> For more information about these programs, contact Borden County Appraisal District at 806-756-4484 or 120 E. Wilbourn, Gail, Texas. Information is also available on the Comptroller's Property Tax Assistance Division's website at their designated representatives. www.window.state.tx.us/taxinfo/

BORDEN COUNTY INDPENDENT SCHOOL DISTRICT STATEMENT OF REVENUES, EXPENDITURES, AND CHANGES IN FUND BALANCE GOVERNMENTAL FUNDS

FOR THE YEAR ENDED AUGUST 31, 2013							
The state of the s		General	Debt Service		Capital	Other	Total Governmental
		Fund		Fund	Projects	Funds	Funds
REVENUES:							
Total Local and Intermediate Sources	\$	9,722,376	S	2,696,714	\$ 2,467	3 154,686	\$ 12,576,243
State Program Revenues		397,695				37,774	435,469
Federal Program Revenues		67,680			THE R.	182,130	249,810
Total Revenues		10,187,751		2,696,714	2,467	374,590	13.261.522
EXPENDITURES:			*******		***************************************		
Current:							
Instruction		1,687,856				226,332	1,914,188
Instructional Resources and Media Services		35,823				*	35.823
Curriculum and Instructional Staff Development		5.637				5,691	11.328
. Instructional Leadership		5,695		TANE .	Marie Manager	127,913	133,608
School Leadership		94,694					94,694
Guidance, Counseling and Evaluation Services		13,086				2,625	15.711
Health Services		72,639					72,639
Student (Pupil) Transportation		476,088					476,088
Food Services		208,335					208,335
Extracurricular Activities		346,679					346,679
General Administration		396,110				4,978	401,088
Facilities Maintenance and Operations		926,132				161	926,293
Security and Monitoring Services		1,125					1,125
Data Processing Services		164,516					164,516
Community Services		68,077					68,077
Debt Service:							
Principal on Long Term Debi				820,000			820,000
Interest on Long Term Debt				982,688			982,688
Capital Outlay:							
Pacilities Acquisition and Construction		9,000			2,977,238		2,986,238
Intergovernmental:					4 .		
Contracted Instructional Services Between Schools		4,273,077			*		4,273,077
Incremental Costs Associated with Chapter 41		46,573					46,573
Payments to Fiscal Agent/Member Districts of SSA		45,784				6,890	52,674
Payments to Tax Increment Fund		150,345					150,345
Other Intergovernmental Charges		97,149			*		97,149
Total Expenditures		9,124,420	*********	1,802,688	2,977,238	374,590	14,278,936
Excess (Deficiency) of Revenues Over (Under)	*******	1,063,331	***************************************	894,026	(2,974,771)	*	(1,017,414)
Expenditures OTHER FINANCING SOURCES (USES):	***************************************	***************************************				***************************************	
Sale of Real and Personal Property		22,137					22 122
			**********	*		*	22,137
Total Other Financing Sources (Uses)		22,137		*		*	22,137
Net Change in Fund Balances		1,085,468		894,026	(2,974,771)		(995,277)
Fund Balance - September 1 (Beginning)		5,669,445		813,205	5,359,195		11,841,845
Fund Balance - August 31 (Ending)	S	6,754,913	5	1,707,231	S 2,384,424	5	\$ 10,846,568
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Re-Elect

Jane Jones

Borden County Justice of the Peace Republican Candidate "Your vote is greatly appreciated"

Political ad paid for by Jane Jones

Elect

Shawna Gass

Borden County Treasurer

Republican Candidate

"I would greatly appreciate your vote and support for County Treasurer"

Pol. Advertising paid for by Shawna Gass

ELECT

JANA UNDERWOOD

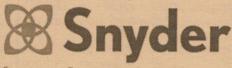
BORDEN COUNTY COUNTY/DISTRICT CLERK

Republican Candidate

YOUR VOTE AND SUPPORT WILL BE GREATLY APPRECIATED

POLITICAL AD PAID FOR BY JANA UNDERWOOD, CAMPAIGN TREASURER

COMMUNITY BANK OF



1715 25th Street Snyder, Texas 79549 www.cbankofsnyder.com

YOUR BANK, YOUR FUTURE, YOUR SECURITY

House for Sale

4 Bedroom, 3 bath in Gail within walking distance to school. 2,624 sq. ft. on approx. 3/4 acre. New metal roof. Sheet metal fence.

For more information, call 806/790-4298

Stock Show Results...

(Continued from Pg. 4)

Whalen and given in memory of David Dennis

Senior Goat Showmanship Buckle - Cheyenne

donated by Andy & Lea Ann Hudson

Top Goat Showman Buckle - Avery Price donated by Mack & Jane Terry and Ray Don, Jana & Raylea Underwood given in memory of Caden Nowlain

Elementary Swine Showmanship Buckle - Brooklyn

donated by Christeen Ledbetter and given in memory of Herman Ledbetter

Junior Swine Showmanship Buckle - Clayton Addison donated by R.M. Live-

Senior Swine Showmanship Buckle - Tristen

donated by Tommy Woolam of Woolam Gin

Top Swine Showman Buckle - Katie Gray

donated by Dr. & Mrs. Church, West Texas Animal Clinic, Snyder, Texas

Over All Showman Buckle - Jayden King

donated in memory of Don Cox by Donna Gee, Rex Cox and family

Top Hand Award - Jayden monogrammed back-

pack given by BCJLA Outstanding 1st Year Exhibitor - J. Tom Price

monogrammed backpack given by BCJLA

Caden T. Nowlain Memorial "Helping Hand" Buckle
- received by Maeghan

given in memory of Caden Nowlain by Cindy & Jibber Herridge and Cody Nowlain



www.edwardjones.com

To Help You Create an Investment Strategy, We'll Consult with an Expert - YOU.

While markets and lifestyles may change, it's likely your long-term financial goals have not. That's why it's so important to take advantage of our free portfolio review at least once every year Together, we'll assess how changes in your career, aspirations and goals can impact your investments and discuss whether adjustments are necessary to help keep you on track to where you want to be long-term.

Call your local Edward Jones financial advisor today to schedule your free review.



Jamie Crnkovic Financial Advisor 8905 Benbrook Blvd. Suite H Ft. Worth, Tx. 76126-3435

Bus. Phone: 817/249-4219 Fax: 877/540-0629

Email: Jamie.Crnkovic@edwardjones.com www.edwardiones.com

Edward Jones

CALENDER FOR REPUBLICAN PRIMARY MARCH 4, 2014

First day to submit application for early voting by mail. Last day to register to vote February 18 Early voting by personal appearance begins

February 21 Last day to receive application by mail Last day to vote early by personal appearance ELECTION DAY February 28

MUST HAVE PHOTO ID

January 3

March 4

February 3

Early voting will be in the County Clerk's Office in the Borden County Courthouse.

There will be no Democratic Primary Election.

If you have questions concerning the Primary Election, contact Shirley Bennett, Republican Chair or Joyce Herridge, County Clerk.

Legal Notice

STATE OF TEXAS COUNTY OF BORDEN

LEGAL NOTICE

The Borden County Commissioners' Court will receive bids until 5:00 pm, February 7, 2014 for the purchase of a ready-built home. Bids will be opened and considered at 9:00 am, February 11, 2014 in the Borden County Commissioners' Courtroom in the County Courthouse. Specifications may be obtained at the office

of the County Judge by Calling 806/756-4391, by fax at 806/756-4405 or by email at bordencj@poka.com.

The Borden Commissioners' Court reserves the right to reject any and all bids and to waiver all foralities.

BY THE ORDER OF THE BORDEN COUNTY COM-MISSIONERS' COURT.

Ross D. Sharp County Judge Borden County