## PAGE ONE

A QUICK READ OF THE NEWS
'Samaritans' charged
The Good Samaritans who dropped off an injured young man at a Winnipeg, Manitoba, hospital
have been charged with robbing have been charged with robbing
him after he fell off the roof of their car.
The bizarre incident happened early Saturday morning, Constable Bob Johnson of the Winnipeg Police Service said Wednesda
The 22-year-old, unconscious, minus his wallet and with head injuries, was dropped off at a south Winnipeg hospital by some young men who said they found him on the road.
They refused to give their names but hospital staff were able to supply a description of them and their car to police.
Johnson said the 22-year-old had been drinking in a bar not far from the hospital.
He encountered the four young men and asked for a ride home. When they told him there was no room in their car, he offered to ride on the roof.
While the vehicle was driving around at speeds of up to 60 kilometers per hour, the victim fell off. The young men in the car relieved him of his wallet and then took him to the hospital.
One 17-year-old has beencharged with criminal negligence causing harm and three 16 -year-olds have been charged with theft under $\$ 5,000$.

The victim was in critical condition and on life support Wednesday.

Drawing date: Wednesday, Nov. 2 Winning numbers: $3-6-28-33-41-5$ Estimated jackpot: $\$ 4$ million
Winners: 0
ext drawing: Saturday, Nov. 24 Estimated jackpot: $\$ 6$ million

On this date in history
Nov. 24 - Lee Harvey Oswald, the accused assassin of President Kennedy, is shot and killed by Jack Ruby in Dallas (1963).

Nov. 25 - Texas troops commanded by Alexander Somervell leave San Antonio for Mexico (1842)

## LOCAL WEATHER

As of Friday, the National Weather Service was predicting partly cloudy skies at least through the end of the week. Daytime highs should drop gradually from about 63 Sunday to about 48 Wednesday, then rebound to about 57 Thursday. Morning lows were expected to be in the mid-30s Sunday, then low 30s through Wednesday.

Editor Ronn Smith can be reached at 272-4536 or ctyankee @ fivearea.com

Missed your paper? Call carrier Bobby Flores at 272-6719 or the Journal during business hours, 8:30

## Golden Cranes stop Muleshoe 22-0 <br> By DELTON WILHITE

Journal sportswriter
A swarming Crane defense and Mule injuries held Muleshoe to a season-low 162 yards of offense as the Golden Cranes amassed 303 yards and three TDs en route to a 22-0 victory in the second round of the playoffs. The defeat ended the Mule season at 10-2.
"If it didn't hurt so bad to lose, winning wouldn't be so much fun," Mule head coach David Wood said after the game. Crane's 5-11, 200-pound running back, Harold Jeffery, rushed 34 times for 216
yards and scored all three Crane touch-
downs. He scored in each of the first three downs. He scored in each of the first three quarters on the Cranes version of the The Mules had struggled all season with injuries to key players and tonight was no different. D.J. Domínguez caugh a pass over the middle for the Mules' first down of the night and took a shot to the right knee that sidelined him for the night On fourth-and-one with three minutes left in the third frame, A.J. Flores caught a pitch wide right for a first-and-goal on the Crane three-yard line, but as he made
gave way
Lincoln Riley was knocked out of the game after being blasted on the Crane 25 . He had gained 17 yards on an option keeper around right end on the first play of the fourth period.
Jeffery's first score came after Marcus Collins picked off a Riley pass intended for Kyle Atwood on the Crane 43. He returned it just inside Mule territory, and eight plays later bounced wide right for a 20 -yard
see MULES on page 2
 a lease-purchase agreement. Brunson called it "not a high-mileage truck, but a lot of the miles it gets will be tough ones.
Symposium to spotlight boll weevils, Karnal bunt

SPECIAL TO THE JOURNAL AMARILLO - Texas Cooperative Extension will showcase many of the top issues facing farmers and ranchers during the 17th annual Farm and Ranch Symposium on Nov. 29 at the Amarillo Civic Center.
The event is held during the Amarillo Farm and Ranch Amarillo Farm and Ranch
Show, where more than 300 Show, where more than 300
companies and 700 exhibits will be featured.
The three-day farm show attracts more than 30,000 participants each year, making it one of the nation's larger industry-based expositions. Sunflower production Karnal bunt disease's impact on wheat, boll-weevil eradica- will round outhis presentation.

Dr. Greta Schuster, Exten-
sion
sion integrated pest management specialist at West Texas A\&MUniversity at Canyon, will describe Karnal bunt disease and how it impacts wheat production.
She will advise what steps are necessary when wheat tests positive for the disease
Dr. Charles Allen, program director with the Texas Boll Weevil Foundation from Abilene, will discuss the current status of eradication efforts in the High Plains region. Dr. Andy Vestal, Extension specialist in agricultural eduspecianst cation, will separate biotechnology fact from fiction and discuss opportunities and challenges for today's pro-

Texas Department of Agriculture's Levon Harman will address proper procedures or capping abandoned irriga tion wells to protect groundwater resources.
Continuing education units will be available for participants needing to maintain certifications, including pesticide applicators and crop advisers. The sessions are free. More information is avail ble by contacting Church 806) 372-3829 or Patrick at (806) 359-5401.

The symposium is coordinated by Extension in cooperation with the Potter County agricultural program committee.

## Three Way board to set election date Monday

## JOURNAL STAFF REPORT

 The Three Way School Board will meet at 8 a.m. Monday in the board room to set a date for an election on consolidating with the Sudan district.The agenda alsoincludes an open forum, in case any citizen wants to comment furtheron the consolidation. The board recently met for a second time with the Sudan board to iron out final issues between the two districts.
Earlier, the Three Way Board also met with the


## It's all in the preparation

Abraham Baeza of the junior varsity Mules works out Wednesday with the varsity squad in preparation for Friday night's playoff game against Crane. See game story above.

## AROUND MULESHOE

Local Workforce office gets $\$ 100,000$ The Bailey County office of the South Plairs Workforce Development Board recently received $\$ 100,000$ as part of
its Rural Initiaitive Outreach Project.
The intent of the initiative is to reach rural employers and other residents to address workforce issues. By late spring, the South Plains board is to develop a report on the major concerns of rural communities. It will be presented to the Texas Workforce Commission and state legislators. Workforce staff recently attended a forum at he Bailey County Coliseum to hear local comments, which centered on the need for basic-skills training and the lack of a work thic.
The South Plains board is responsible for overseeing programs in 15 counties. Jay Messenger is Bailey County's cpresentative on the board.
School news
Parents and others interested in activities in the Muleshoe Independent School District and learn about changes in the current week's activities by calling 272-7669. The informatioa line is also updated for changes in the schoo

## Public calendar

Nov. 25 - Eric Barger speaks at First Assembly of Ri. Fall a.m.: "Whatever Happened to America? The Occult Invasion of America: Harry Potter, Pokémon and Hollywood.
sausage items, snack or meat items and pecans from Bailey County 4-H members. Information, 272-4583 Also on Nov. 26 - Muleshoe public school classe resume regular hours after the Thanksgiving holiday Alsoon Nov. $26-7$ p.m. Final night of Dave Ramsey' Financial Peace University at First Assembly of God. Nov. 29 - 7 p.m. to 8:30 p.m. "Communication Within Our Family" in the Muleshoe High School cafeteria. Program will be in Sparish; child care, refreshments and a door prize will be featured.
Dec. 1 - 8 p.m. to midnight. Community dance at the Bailey County Coliseum. Admission \$3 (\$5 per couple), Sponsored by Muleshoe Ag Boosters; security provided Dec. 3-7 p.m. to 9 p.m. Financial Aid Seminar sponsored annually by the Jennyslippers, in the high school cafeteria. Aimed at anyone interested in getting a college education.
Dec. $8-6$ p.m. to 9 p.m. Brisket dinner for Lone Star Pheasants Forever Chapter 693 at the Bailey County Coliseum. Raffles and a silent auction; $\$ 10$ per person. Information, Carolyn Harris at 272-5506 (daytime).
Dec. 9-7 p.m. to 9 p.m. "Christmas in the Country 2001 " at Trinity Christian Center Church, 1723 W. Ameri can Blvd. Food items will be donated for Bailey County Food Pantry and an offering will be taken for Meals on Wheels. Different types of music will be performed.

The deadline for items to appear in Around Muleshoe is p.m. Monday for Thursa

## MULES

## from page

touchdow
He carried for the twopoint conversion to put the Cranes up $8-0$ with seven seconds in the first period After the ensuing Crane kickoff, Riley was stripped of the ball on a quarterback sneak that would have given the Mules a first down on their own 2
The Mule defense held the first three downs a Crane tried to take advan tage of the Mule miscue Jeffrey banged up th middle fot only eight yards on three plays.
On fourth-and-two from the Mule 21, however, Jeffrey took the hammer outside to put Crane on top $15-0$ less than four minutes after his first TD.
The Mules failedto move the ball as the second half got under way, and Riley's punt into the wind went out of bounds on the Mule 43. Jeffery carried six times to complete the night's scoring with 7:44 showing in the third period
Atwood returned the ensuing kick to the Mule 30 . Attempting to break free for more yards, he had the bal yanked from his grip but Jordan Dale recovered for the Mules.
Riley, on the option, moved the Mules to their 48 and then located Atwood open on the Crane 30 open on scrambled to the 25 fora 27 yad dain Rile 25 for a 27 -yard gain. Riley would keep on the optio three plays in a row to give the Mules a third-and-one on the Crane four.
Flores' knee gave way picking up the first down on the Crane three. The Mules fumbled on the sub sequent play and Crane recovered on its own 10 Bradley Thomason Stephan Shelburne, and Michael Durben made key stops to force Crane to punt out of bounds on the Mule 46 with eight seconds remaining in the third frame. Riley picked up 12 yards on the last play of the pe riod and was injured on the first play of the final period after going 17 more yards.

Daniel Campolla took
Riley's place and from the
shotgun ran the option around left end for a 22 yard gain.
Jesús Tovar appeared to reach the end zone, but was marked down on the oneyard line. The Mules could not punch the ball in, and Crane drove to the Mule 16 to erase the final eight min-

## "The seniors passed the

 torch to the juniors in the locker room tonight after
## HOROSCOPES

NOV. 25-DEC. 1
Aries - March $21 /$ Aprill 20 . This week bings many invitions or adventure, but think about what you really
 avacation? Somenthing ative wilk keep you interested - Ike skiing, snowboarding Taurus - April 21/May 21
Il youvive realized that there nolo
could be time to look essemhere. Dont wory abouta s suggosh econonny, in inour line of work the jobs are silll plentitul: Take a breather on Wednessay y io oclec your thoughts and datat aplan of
Gemini - May 22/June 21
Gemini - May 22 JJune
Have you been a itile moodyla
 Tor an aeiobics class like kickboxing or teas Firends secoonnize your need tor thelp and do
Cancer - June 22 /July 22
your finances have got you down lately, Cancer. voure not lonene Evernone is teeling the curnch. Yel, you can't stop enioping yoursell in the meanwhile. Forgel about pracicicality this week and traty yoursell lo somenting " "nughty:" Maybe a massage or a designer outit could help tum your mood around
Leo - July $23 /$ Auqust 23
Leo - July 23/August 23
as well. Perhaps it's time to make a caused you to consider a change for yoursel aswel. Permaps its ime to make a move to some place where there' sless hustle
and bustle. Don't wory about making friends - your outgoing personelity wim definitely get you noticed.
Virgo - Aug 24/Sept 22
wourters. Youg could find that youm moy havey want to seek the advice of your covorkers. You could tind that you may have made a mistake in accepting this posi-
tion. Aquarius looks to you tor some personal advice on Tuesday and could nee a place to stay for a lew days. You could use a little company this week.
Libra- Sept 23/Oct 23
You can't always get your way. Libra, and with a new opportunity at work you'l eally have to fight to get noticed. Reflecting on what you really want will help yo
choose a course of action. You probably wont heve week.
Scorpio- Oct 24/Nov 22
Don't dwell on the past when it comes to a love interest. There's no use pondering what could have happened. Someone you interact with everyday could tum out ti
be the perfect match lor you. Keep a tight grio on your money there may be some unexpected expenses Tuesday.
Sagittarius - Nov 23/Dec 21
Things at work have not slowed down since you started this new position. Have ou fell your neves getting trayed. Sagittarius? It's time to tell co-workers that
hey need to pull more weight to helo you out A pampering day off on Wednescday will help soothe your tired mind and body.
Capricorn - Dec 22/Jan 20
Does an old flame keep resurfacing, Capricom? It could be fate trying to tell yo something. While your current love interest seems like quite the catch, there got away. Work and lun become difificult while your mind is engaged.
Aquarius - Jan 21/Feb 18
You've been spending too much time at work lately, Aquarius. It's time to shake o some responsibilites tor a while and set off on a spur-ol-the-moment trip. How about visting a landmark that youve never seen. Niagara Falls, the Grand Can
yon, and Mount Rushmore are ust a short plane ride away. Take along a friend. Pisces - Feb 19/March 20
Don't wair for change to come to you, Pisces - you have to be a go-getter this time. Work is tough this week and yourre bound to see a tew changes at the office They may
success.

Piano-organ concert set
The Wilson Piano and Houston, Galveston, sev Organ Duo will perform at eral West Texas locations 2:30 p.m. (Mountain time) and in Las Cruces, N.M. Nov. 25 at Central Baptist The Clovis appearance i Church, 2501 N. Norris St. being sponsored by music teacher Ferrell Roberts an The husband and-wife the Eastern New Mexico pairing has performed in Handbell Festival


WEST PLAINS TELECOMMUNICATIONS
PROUDLY ANNOUNCE THE ARRIVAL OF

## HIGH SPEED DSL INTERNET ACCESS

TO THE SUDAN AND EARTH AREAS THE WEEK OF NOVEMBER 26TH

- No Second Phone Line Required
$\checkmark$ Internet Connect Speeds Up To 25 Times Faster Than Dial-Up
SAVE $\$ 50.00$ ON RESIDENTIAL ACTIVATION AND $\$ 90.00$ ON BUSINESS ACTIVATION

WITH NO INSTALLATION CHARGES BETWEEN NOW AND DECEMBER 31, 2001 This special is also available in Muleshoe and Olton Some restrictions and distance limitations apply.
FOR MORE INFORMATION CALL OR COME BY
FIVE AREA SYSTEMS
302 UVALDE • MULESHOE
806.272.7700 or 800.741.6925 fivearea@ fivearea.com

## Lady Mules overcome Nazareth Swiftettes, 54-50

By DELTON WILHITE Journal sportswriter
The Lady Mules' confidence took a giant leap Tuesday night as they vercame a 22-8 firstquarter deficit to defeat the defending Class A state champion Nazareth Swiftettes 54-50 in front of rowdy Muleshoe crowd.
"That was real nice unbelievable!" exclaimed Lady Mule coach Shanna imms. "We had two goals tonight - to shoot the ball well and to crash the boards and rebound, and we did that.
"Nazareth's game plan is simple - shoot and get on the boards - so we knew we had to put a body on them and hold them to one shot. Tonight is a highlight in my coaching career, and I am so proud of these 11 girls. I told them after the game, 'You joined the elite tonight,'" she said.
Preseason polls had tagged the Lady Mules with a No. 8 state ranking

JV Lady

By DELTON WILHITE Journal sportswriter

Thejunior varisty

Lady Mules have been busy since tipping off their basketball season Nov. 14 against the Frenship Lady Tigers. They have played five games in seven days, and even though they dropped their first game 43-39, they took the lessons learned into Nov 15-17 Nazareth tournament.
The Lady Mules evened their season record at $1-1$ by sinking seven threes to blow away the Happy Cow girls 47-21. Lindsey Wood and Tabatha Obenhaus led the scor ing for Muleshoe with 15 and 11 points, respectively.
On Saturday morning, the Lady Mules ham mered Lubbock Cooper's Lady Pirates 41-30. Muleshoe took control early in the game with a 14-4 first quarter and repeated that in the second period to own a 28-8 halftime advantage.
Before the morning was over, Wood had racked up14 points, Jamie Carpenter added 12, Obenhaus and Am ber Cowart dropped in six apiece and Megan Mason and Gradee Adrian added two points each. Dropping the Lady Pirates earned the Lady Mules the right to face Nazareth for the championship.

In the finals, Mule shoe struggled in the first and third periods and trailed the Swiftettes 39 22 going into the final frame. The Lady Mules picked up the scoring pace and outscored
lived up to that billing in
the second perilling in allowed Nazareth only four points while tossing in 15 to trail 26-23 at intermission.
The final five minutes of the second period were all Lady Mules as they unreeled a 9-0 run. Tiffany Flores nailed a three-pointer as the first half expired.
Muleshoe's scoring run continued into the third period, as Mindy Locker was fouled driving the lane and sank both shots from the charity stripe Flores kissed the ball off the gloss for her ball ond three of the night before Nazareth notched its first point of the sec ond half. Britni Gartin launched a three from the corner on an in-bound play to continue the Lady Mule assault.
Muleshoe ran back on defense and Gartin got a hand on a Swiftette pass and tipped-it to Flores Flores gathered in the loose ball and sent a long loose ball and sent a long

## Mules stand at 3-2

Nazareth 21-15 in the final quarter.
Wood led the Lady Mules with 17 points Obenhaus hadnine, Carpenter seven, Mason four and Cowart and Mitci Hawkins three each.
The 54-43 loss gave the Lady Mules the tournament's secondplace trophy.
Tuesday night, the Swiftettes visited Muleshoe for a rematch of the tournament champion ship, with Muleshoe coming out on top 55-

## With the loss fresh on

 the Lady Mules' minds they jumped out to a 6-2 lead on back-to-back threes by Carpenter and Wood.Muleshoe's guns then fell quiet, and Nazareth claimed a $14-10$ firstperiod lead. The scoring picked up in the second period, and with two minutes left before intermission Adrian kicked the ball out to

Wood on the arch for three-pointer to put Muleshoe up 24-19.
The Swiftettes knot ted the game at 24-24 with a three as the first half ended. The second half opened with Mason fueling a fast break with a pass to Cowart and she found Obenhaus opento complete the break. Wood and Obenhaus added two points each before Nazareth could get on the board.
The Lady Mules whipped the Swiftettes 22-8 in the third period to take a 46-32 advan tage into the final period With two minutes left in the game, the Lady Mules went to the four corner offense and secured the win Wood had 15 points, Carpenter 15, Obenhaus nine, Mason added eight, and Cowart six The 3-2 Lady Mules take a Thanksgiving break and then host the Den ver City Lady Mustangs Nov. 27

## W

Excellent weather and strong visitor attendance highlighted the third annual Crane Fest Nov. 3 at the Muleshoe Nationa Wildlife Refuge
Muleshoe organizers held related events in town, and an early-morn ing breakfast was held adjacent to the refuge, said refuge manager Don Clapp. Refuge personnel held an open house, keeping the office and visitor center open throughout the day

Although lesser sandhill crane numbers were low compared to previous years, visitors who were present at sunrise and sun presentatsunrise and sun
hundreds of the spectacu lar birds leaving o arriving at Paul's Lake. Prairie dogs in the adjacent prairie-dog town were also an attraction. were also an attraction. The event was consid-
ered a success by refuge ered a success by refuge staff, and they expressed hope that there will be enough interest (and cranes) to justify having the event next year. Presently, the cranes are having trouble finding having trouble finding roosting areas in lakes holding water.

Crane numbers in the area will continue to change daily until the migration period ends around mid-November to the first of December

## of the floor, gi

 an easy layup.Nazareth would make bucket with 4:15 left in the third frame and Muleshoe would add five unanswered points to outscore the Swiftettes 17-3 in the third frame. Sara Benham's quick hands and feet tipped the ball away from the Nazareth post five times in that four-minute span. Shani Rasco blocked two shots in the paint, including a drive down the lane by Nazareth's premier point guard Stephanie Thiel, to give tephani Ties, to give he Lady Mules a 40-29 lead at the end of the third frame.
Nazareth put up a barrage of three-pointers in the final frame and sank five, but Gartin answered for the Lady Mules when she took an inside-out pas from Tori Barton and dropped in a three. Flores put the final nail in the Swiftettes' coffin as she buried a three with $1: 15$ eft in the game.
The Lady Mule fans
knew the game was over Locker, and Carpenter ing and get back to work and celebrated as the final grabbing four each. Nov. 27 when the Denver minute ticked off the clock. Nazareth's Thiel hit from the top of the key for the final three points of the game, but could not overtake the Lady Mules. Thiel and Wendy Black led all scoring with 15 each for Nazareth. Gartin had 14 for the Lady Mules with three three-pointers, Flores followed with 11 including three threes, and Jessica Carpenter added Jessica Carpenter added
nine points and a three. nine points and a three. Locker made six-of-
nine free throws, Rasco nine free throws, Rasco Glover had four and Benham and Barton Benham and Barton addedtwo each. The Lady Mules pulled down 28 re
bounds with Rasco The 2-1 Lady Mules City Lady Mustangs come will celebrate Thanksgiv- for a visit.


## M-PYRE <br> M-PYRE <br> M-PVRE

1112.W. Amériçan.Blvd: • Muleshoe • 806-272-7777 3s ferm sconta noor sougn 5,777 SATISFACTION 'S5 chevy 1500 Rey. Cab s9,777 IS OUR \#1 GOAL 29 Fort aanger Suon ' 97 Ford F150 Supercah ' 97 Jeen frand Cherokee \$13,777 V6, '97 cme Yukon 13,777
'14,777
$\qquad$ \$15,777
Clinton Rogers
斯 Another Satisfer Curs
ARANCH HAND" Westim We're Your Local Dealer For Ranch Hand Open: Mon.Sat


Donate a toy, get a phone
 mente
to Prior Sale
$\qquad$ Help A Child In Your Community

NDKIA
PLATEAU

## BAILEY COUITY DEUOTIOMIL PAGE

Tiltinury

MULESHOE, TEXAS

Supermarkets
Zatiques \& Fine Things
nonss of fultestoe 2104 W. American Blvd. 0 272-4217 HE FIVE AREA TELEP.
COOPRATIVE, INC."
Five Area Systems, Inc., Plateau Wireless
Five Area Lorig Distance - Five Area Internet
302 Uvalde Muleshoe, USA
(806) $272-5533$
LED'S BIACHSMTH \& MaGHive Siop

minsa corporation
P.O. Box $484 \quad 272-5545$

Muleshoe,


FIRST BISHOP OF ROME!


This devotional \& directory is made possible by these businesses who encourage all of us to attend worship services.

ASSEMBLY OF GOD FIRST ASSEMBLY OF GOD
South First Street • 272-3017
Jack Stone, Min. - 272-3984
. .45 am, W.S. 11 am \& 6:30 pm,
EL BUEN PASTOR
E. Ave. F• Pastor Felix Cadena S.S. 9:45 am, W.S. $11 \mathrm{am} \& 6 \mathrm{pm} ;$ Wed. 7 pm

BAPTIST
CALVARY BAPTIST
733 W. Ave. C. Rev. Jeff Coffman
CIRCLE BACK BAPTIST CIRCLE BACK BAPTIST
intersection FM 3397 \& FM 298 FIRST BAPTIST FIRST BAPTIST
220 West Ave. E., Dr. Stacy Conner FIRST BAPTIST
PRIMERA IGLESIA BAUTISTA
23 E. Ave. E, Rev. Greg Guzman PRIMITIVE BAPTIST Elder Cleveland Bass, Min PROGRESS BAPTIST PROGRESS BAPT
PROGRESS SECOND BAPTIST Arthur Hays, Min. RICHLAND HILLS BAPTIST
7th \& West Ave. D, Bruce Cotton, Interim Pastor ST. MATTHEWS BAPTIST Floyd R. Monroe, Min THREE WAY BAPTIST 927-5467
314 E. Ave. B, Robert Brown, Min
CATHOLIC
IMMACULATE CONCEPTION CATHOLIC CHURCH 805 E. Hickory, Joseph Agustine, Min.

CHARISMATIC EPISCOPAL ST. CLEMENTS
1536 W. American Blvd. • 272-5954 Father Sergio Leal
Sun. W.S. 10:30 am
CHRISTIAN
TRINITY CHRISTIAN CENTER
1723 W. American Blvd. •272-3877 Reydon Stanford, Min.

CHURCH OF CHRIST
LARIAT CHURCH OF CHRIST Sam Billingsley, Min.
S.S. 10 a.m.; W.S. 11 a.m. \& 6 p.m., Wed. 7 p.m

LAZBUDDIE CHURCH OF CHRIST
Nathan Crawford, Min. MULESHOE CHURCH OF CHRIST 7 .pm - CHURCH OF CHRIST

Harry Rigas Min
S.S. 9:30 am Wiggs, Min.
.S. 9:30 am; W.S. 10:20 a
16 th \& AVE. D CHURCH OF CHRIST Curtis Shelburne, Min. • 272-4619 S.S. 9:30 am; W.S. 10:30 am;
Growth Gr. 1:30 pm; Wed. 7:00 pm

LUTHERAN
ST. JOHN LUTHERAN
Lariat, TX-David Symm, Min.
S.S. 10:30 am; W.S. 9:30 am

METHODIST
FIRST UNITED METHODIST HISPANIC MINISTRIES Pastor Benito Ave. D FIRST UNITED METHODIST 507 W. 2nd St. Pastor Brad Reeves L.S. 9.30 am. W. S. 10.30 I S.S. 9:30 am; W.S. 10:30 am
Rev. Randy Thomas • $965-212$ EL DIVINO SALVADOR U.M.C
619 E. 5 th Street \& Ave. G, Mulesho Javier Rodriguez, Pastor 272-6888

NAZARENE
NEW VISION CHURCH OF THE NAZARENE
William Perhealth, Pastor-S.S. 10 \& $11 \mathrm{am} ;$ W.S. 7 pm

UNITED PENTECOSTAL LIGHTHOUSE
207 East Ave. G • 1-800-454-6051
S.S. 10 am; Thursday, Bible Study 7 pm
INTER DENOMINATIONAL
NEW COVENANT
Plainview Hwy.
Steve Claybrook, Pastor
W.S. 10 am; Wed. 7 pm

|  |  |
| :---: | :---: |
| $1$ |  |

N

Marquita Adamson hosted lour to Russia for the resiAdamson displayed many of her treasures she brought back from her recent trip, and gave a most interesting and informative as well as entertaining presentation. Adamson made several Russian dishes before hand, and served them at the end of her presentation
Tuesday morning, the Rev Gary and Judy Hubbard from the First United Methodist Church in Earth directed a Thanksgiving music devo tional.
Susie Whatley is back in the center after spendirg a few days in the local hospital.
Juanita Teague receive
S

## CHOOL MENUS

## MULESHOE

 ELEMENTARIES Nov. 26Breakfast $-\infty$ oast cerral with - Cinnamon ers, assorted juice and milk Lunch - Ham and chees sandwich, peanut-butter and elly sandwich, baked beans and milk; Dillman: Mini ravioli with roll, sugar cookie and eachcup;:DeShazo:Chopped heesymacaroniand fruitcrisp. Nov. 27
Breakfast - Breakfast pizza, cereal with graham
milk. chicken, chef salad, peanutbutter and jelly sandwich seasoned corn, seasoned freeze bar and milk.
Breakfast - Sausage and egg taco, cereal with graham crackers, assorted juice and
Lunch - Frito pie, bologna and cheese, peanut-butter and peas, carrot sticks, pears and

Nov. 29
Breakfast - Pig-in-a-blangraham crackers, assorted juice and milk.
salad, peanut-butter and chet sandwich, pinto beans, tossed salad, spiced applesauce ranch dressing and milk. Breakfast - Biscuit an sausage with cream gravy, ce real with graham crackers assorted juice and milk. meal, assorted chips, carrot and celery sticks, chocolate-chip cookie and milk. MULESHOE JR./SR.HIGH

Nov. 26
Breakfast - Texas cinna-
mon toast, cereal with graham cracker, assorted freshfruit, as sorted juice and milk cheese on a bun, hamburger pepperoni pizza, tossed salad hamburger fixings, oven fries, seasoned corn, assorted chilled fruit, fresh fruit, fruit crisp and


Nov. 27
Breakfast $\leftharpoonup$ Breakfast pizza, cereal with graham assorted juice and milk Lunch - Nachogrande, supersacklunch meal, pepperoni pizza ,tossed salad, potato rounds, pinto beans, assorted chilled fruit, fresh fruit, spiced applesauce and mik
Nov. 28

$$
\begin{aligned}
& \text { Nov. } 28 \\
& \text { st }-\mathrm{Sa}
\end{aligned}
$$

Breakiast - Sausage and crackers, assorted fresh fruit, assorted juice and milk. Lunch - Chicken cheddar barbecue on bun, hamburger, pepperoni pizza, tossed salad, seasoned green beans, assorted chilled fruit, fresh fruit, chocolate chip cookie and milk. Nov. 29
Breakfast - Pig-in-a-blanket with syrup, cereal with graham crackers, assorted fresh f
her birthday Nov, 20. Brenda Black's sixth-grade life skills and management class from Watson JuniorHigh visited the residents and de livered the Thanksgiving poster that they had made fo the residents Tuesday morning.

Aline Locke, Johnnie Kimbrough, Clara Coffman Bootie Tiller, Annie Chávez Elzie Darland, Ozell Cherry Alda Odom, Mary Johnson, Juanita Teague and Grace Plyler painted ceramics in craf class Thursday morning. The residents shared Thanksgiving meal with their families Thursday morning Dietary provided the turkey and dressing, potatoes, roll and drinks; the familie
brought the "trimmings. Gerald Shanks, Terry Kemp and Jack Henderson provióed the entertainment. Maxine Rogers, Beverly Felán and staff got the women dressed up and groomed for the occasion. Volunteers, staff and families assisted in both serv ing and in cleaning up afterward.
Aline Locke, Nettie Que senberry, Grace Plyler, J.C Shanks and Alda Odom were escorted by Bobby Quesen berry, Dorena Proudfoot, Janis Cowley, Joy Stancell and van driver Terri Brown on a tour of the town.
Members of the Primitive Baptist Church came Sunday afternoon for church service and visitation.

Vivian White, Ada Murrah LaNell Stancell, Barbara Marlow, Myrtle Puckett and Nadine Hawkins, after many hours of hard work, have completed and delivered lap robes for the residents.
Beverly Wagnon, Lanell Stancell, Crystal Walton, Claudine Embry, Mary Jo Burge and Dorothy Turne shampooed and set the ladies hair Tuesday afternoon. Janie Cowley also assisted. Norm Eaves gave manicures.
Juanita O'Hare was visited by her daughter, Shirle Vaughn; her son and daugh ter-in-law, Perry Don and Lisa O'Hare; and granddaughter Veivet and Autumn O'Hare.
Her grandson, Eric Vaughn and his wife also visited Tues
sack lunch meal, pepperon pizza, potato rounds, tossed salad, vegetable soup, fresh
fruit, assorted chilled truit, Rice Iruit, assorted chilled fruit,
Krispie treat and milk Krispie treat and milk
Nov. 30 Breakfast - Biscuit and sausage with cream gravy, ce real with graham cracker, assorted fresh fruit, assorted juice and milk.
Lunch - Szechwan chicken, hamburger, pepperon pizza, tossedsalad, hamburge
fixings, oven fries, egg roll sea fixings, oven fries, egg roll, sea
soned carrots, assorted chilled fruit, fresh fruit, pineapple and milk.

Lunch - Chicken-fried steak,
mashed potatoes, green peas, hot
foll, Jell-O and mik.
Nov. 29
Breakfast - Sausage, gravy
with biscuit, cereal, graham crack-
ers, juice and mik.
Lunch - Chicken nuggets, Lunch - Chicken nuggets, macaroni and cheese, gree beans, $p$
milk.
Breakfast-Breakfast burrito cereal, graha - Breakfast burrito milk.
Lunch - Hamburger, cheese. potatowedges, hamburger fixings, LAZBUDDIE Nov. 26
Nov. 26
$\qquad$ real, graham crackers, juice and milk. Lunch - Pepperoni pizza corn, salad, brownies and milk. Breakfast Breaktast - Cinnamon rolls, Canadian bacon, cereal,
crackers, juice and mik. Lunch - Frito pie, grated cheese, pinto beans, tossed salad peanut-butter bar and milk.

Nov. 2
Breakfast - Scrambled eggs with cheese, toast and jelly, cerea

The Holidays Have Rolled
Around for One More Year
A fine old gentleman and member of the first church I
served "solo" was served "solo" was pushing 80
years old pretty hard when years old pretty hard when he pointed his amazing mane of
thick white hair my direction and intoned, "Curtis, at this point in my life, it seems like Christmases roll around about
once a week." At 44, and with once a week." At 44, and with
a head pretty full of gray hair a head pretty full of gray hair
(not white just yet), I'm begin ning to see what he meant. For a four-year-old, waiting a fourth of his life for Santa to


Focus on
Faith
Curtis
come back seems like waiting for an eternity. For a 44 -year for an elernity. For a 44 -year-
old, well, the holidays' seem to roll around a lot more often,
and I an well and I can well understand that, for an 80 -year-old, they may
seem to fly by like telephone seem to fly by like telephone
poles past a car window But this 44-year-old still looks forward to them. I like the holiday. foods. rarely get tired of turkey, and almost never get tired of dress ing loaded up with giblet gravy
and cranberry sauce. (I love my wife's farily, but you have to watch those folks. A day or two after Thanksgiving, they get
tired of turkey you can chew, tired of turkey you can chew,
somebody cranks up the food processor, and what's left of the turkey-bird becomes turkey salad which no turkey would recognize as kin. That's okay,
but I like turkey better before it hits the fan.) And Christmas foods? Ah, what's not to like? cooked for most of the holiday
one year and made a Christmas
meal I think Charles Dickens would have approved of complete with a stuffed goose, a
plum pudding, and loads of plum pudding, and loads of trimmings. (And cheesecake, into a Dickens Christmas, but always figures into mine.) Chase dinner with a good hot
cup of Earl Grey tea, a nice fire, cup of Earl Grey tea, a nice fire,
a comfortable chair, and a great a comfortable chair, and a great
old movie or a better old book, old movie or a better
and, well, I love it! It's great to be with family again for a few days - even if your family has grown, the
house hasn't, and you're
tacked at night like firewood house hasn't, and you're And speaking of wood, most family trees have a few nuts, but even us nuts like to be with
folks from the same tree for folks from the same tree for
awhile. It's even better on those awhile. It's even better on those
occasions when just about everyone comes healthy and
you have a fair chance of makyou have a fair chance of mak-
ing it through the long weekend ing it through the long weekend
without the uncommonly prevalent common cold or a 24 -hour
tomach virus (that you'd swear lasts for a month) exploding through the family like a 3alarm fire at a fireworks factory.
(We've tried it We've tried it that
Healthy is much better.) Our family clusters over jig. saw puzzles (nothing less than 1000 pieces, thanks) or spars over Scrabble (in a family filled with English majors, Scrabble
opinions are deeply held and opinions are deeply held and
obscure words are precious, prized, and must be proven). Little kids romp and wrestle and drive their parents crazy. Teenagers sit around and watch But I'm thankful for families, for food, for fun, and for the Giver of all good gifts who has so graciously given these. Yes,
the holidays seem to be rolling the holidays seem to be rolling
around more quickly than ever, around more quickly than ever,
but I'm glad they still come. Curtis sheltume is
16 ith Curtis Shelbume is minister of the
16 ith \& $\&$ Church of Chist in Mulesho

Lunch - Salisbury steak, pizza (pre-k-1) submarine sandwiches, noodles, green beans, carrots, applesauce, salad, Jell-O, cottage cheese, yogurt and milk
$\qquad$ dogs (pre-k-1) tuna sandwich, rice pilaf, green peas, spinach, pears, salad, Jell-O, cottage cheese, yogurt and mik.
$\stackrel{\text { Nov. } 28}{ }$
Lunch - Stromboli, hamburgers (pre-k-1), baked beans, onion rings, pineapple, salad, Jell-O, co
 stores and 5 department storest
$\square$ VIITT wwwlubbockegend
2. Holiday Onn

Holiday In Park Plaza

$\qquad$

day afternoon.
Glen Williams, Loyce Killingsworth and Janis Cowley directed the devotiona Wednesday morning. iscussion at the coffee and morning.
Joe Embry, Elsie Damron and Harold Burge visited the

ATTENTION MISD TEACHERS \& STAFF MEMBERS MULESHOE MOTOR CO. ACEEPTS MULE BUCKS AND WELCOMES YOU TO USE YGUR BONUS BUCKS AT OUR PAYMENT ON A NEW AUTOMOBILE.


JOIN US FOR THE HOLIDAYS IN LUBBOCK! Your holiday checklist - straight from the North Pole:
sHOP at South Plains Mall for all of the latest and greatest mecthandisel You
find something for everyone on your holiday gift ist with over 150 specialy

- STAY at any of these great hotels and enicy f fun and relaxing weetend!


La Quinta (2 locations) | 415 Brownfeld H w) |
| :---: |
| (806) $792-0065$ | $(806) 792-0065$

601
Avenue 0




$\square$ PLAY while you're in Lubbock at these great events:

| Holiday Happening Lubbock Memorial Civic Center November 15 -18 | The Nutcracker Lubbock Memorial Civic Center December $7-9$ |
| :---: | :---: |
| Red Raider Basketball United Spirit Arena December 1,3, 17,22 | 43rd Annual Carol of Lights And Lights on Broadway Texas Tech November 30 |
| TTU Football vs. Oklahoma ones SBC Stadium November 17, 1 pm | "The Odd Couple" Starring Barbara Eden Municipal Auditorium November 30-December 2 |
| Candlelight at the Ranch Ranching Heritage Center December 7-8 | Lady Raider Basketball United Spirit Arena December 2, 5, 16 |
|  |  |

h loop 289 - 792-465


## Mule linemen carry heavy load for varsity <br> By DELTON WILHITE <br> other returning starter fromlast

Journal sportswriter "The big guys get it done for us," Mule running back A.J. Flores said after a Muleshoe victory earlier this year. No one in the Muleshoe backfield would want to line up on a Friday night, even for one play, without the big guys that fill the center of the Mule offensive line. The line has been a very bright spot in the Mules' offense this vea gainst Childress, the anire lineman graded out 85 per Wood said. "That is unheard of in a game like this. They stayed focused - in fact, they have been focused all year." "As banged up as we have been and to stay as consitent as we have says a lot for these kids, because from one ges the next there have bam lot of different playersupfront There havencen for missed oenpporunities for missed communication among the players, but they witit"
"It's no wonder holes are opened for A.J. (Flores) and Lincoln (Riley) to run through - and the pass protection has been great," he said.
"We have Chance Turne at tackle, which at the first of the season we were not sure who would fill that spot, but Turney stepped up and said he wanted that spot and has been there all year.

Skippy (Jeffre Skipworth) is a returning starter at quick tackle and is a solid force up front. He makes calls as they come to the line - he has lost some weight this year and that makes him more mobile, but he did not lose any strength He grades out in the high 80 He grades out in the high 80 "B game.
"Bradley (Thomason) is an-
year as the center, and he and kippy run th front line. He has to know both the quick and strong side because he plays in the miodle of the offensive line." "Daniel Johnson is a big guy and does not like for people o know how smait he really is lot of calls to help Bradley and lot of calls to help Bradley and David Burciaga, the front line
"We put the guys with ex
$\square$ BITUARIES

## DONALD MAC MASTEN

 day at the Eastside Church of Christ in Morton for Donald Mac Masten, 62, Mcrton. Joe Pierce officiated. Burial was in Sudan Cemetery.Ellis Funeral Home of Morton haridled arrange ments.
Mr.Masten was born Aug. 24, 1939, in Littlefield. H died Nov. 18 in Morton. He had lived in Morton there from Sudan. He attended Sudan High S̄chool and worked as a custom harvester.
Mr. Masten is survived by two sons, Donnie Masten of Morton and David Masten of Levelland; a daughter, Susan Merritt of Morton; two brothers, James Masten of Wellington, Texas, and Bob Masten of Morton; six grandchildren, Colton Merritt, Chase Merritt, Crey Merritt, Bronson Masten, Cayson Masten and Jordan Masten Masten and Jordan Masten
and his companion, Lupe Valenzuela. He was preceded in death y a brother, W.C. Masten

# perience in the middle to com- 

 municate to the others what needs to be done. It is a formula that has worked for us the last several years and it has worked well for thtoo," Wood said.
"David has really come into "David has really come into his own late in the season; as big as he is, he can pull and
lead on the quick pitch around lead on the quick pitch around the end. I would hate to be the
cornerback that sees himen cornerback that sees him coming. He has done a good job all year long."
D. and is blocking 80 percent end and is blocking 80 percent
of the time. He has gotten panof the time. He has gotten pancake block afier pancake block
all yearlong. We were all year long. We were not sure last spring who would be the
tight end and D I stepped for tight end and D.J. stepped forward and is n
starter for us."
starter for us.
"We have others that come in a play for us. Brian Smith Smoky Ramírez and Rey
Martínez have filled in when Martínez have filled in when we needed them. These guy
are in the trenches for us ever
"Onse starts." "Ourrunning backs and Lincoln sure like having those guys up front, they know they will have a place to run on every
play. The whole team knows play. The whole team knows where the root of our offense is, even if they do not get thei
names in the paper much names in the
Wood added
$\qquad$
$\qquad$ mer, itis sopen thanks to Daniel offense," Turney seid, "I just follow Skippy (Skipworth) and leaves a hole for me to go take whoeverhe laves forme.
make a big hole for AJ. Flores o nin through," Skipworth "Cin the GT, Daniel and David push down on the backside so we can push out the end, and Turney can go get the end, and bumey cangogecthe
morials tothe AmericanCanmorialtothe Americancan-
cer Sociery
A41
34 NOLAN PARRISH Services were held
Wednesday at the First Bap Wednesday at the First BapNolan Parrish, 90, of Sudan Nolan Parrish, 90 , of Sudan.
The Revs. Robert Roecker The Revs. Robert Roecker and Truman Johnson officiated. Burial was in Sudan Cemetery. Ellis Funeral Home Sudan hancled arrange ments.
Mr.P
Mr. Parrish was born Sept 22, 1911, at Moran, Texas. He died
Littlefield. He had lived in Sudan since 1924, when he moved there from Moran, and was a graduate of Sudan High School. He married Louise West on Dec
Lubbock.
He had served two term as mayor of Sudan and was a school board member for many years. He was a member of the Sudan Rotary Club and Lions Club, and served on the board of the Sudan Co-op Gin for many years He was the election He was a member of the First Baptist Church

## servedas a deacon from June <br>  1952 until his health caused him to become inactive. He also had served the congredat had served hec congresurer, Sunday school supersurer, Sunday schoo superchoir member <br> Mr. Partish is survived by his wife; a daughter, Donna Masten of Lubbock; a brother, Amold Parish of brother, Anmold Parrish ni Fort Worth; three grand hil dren, Keevan Masten, Bradley Masten and Shawnda Wood, and two great-grand children. Derek WWood children, Derek Wood, Gre gory Wood and Christophe gory Woo Guoris. <br> The family suggests me morials to the First Baptis Church Nemorial Fund (P.O. Box 125. Sudan JOE LOPEZ

day at Ellis Funeral Home Chapel for Joe López, 40, of Muleshoe. The Revs. Jack Stone and Joe Augustine officiated. Burial was in Mule shoe Memorial Park. Ellis Funeral Ho handled arrangeritients. Mr. López was born Jan Texas He in Harlinge


Baby shower honors Hayneses
Sasha Michelle Haynes, - and Peggy Haynes and the daughter of Jim and Thelma late Diosada Baldizanso Haynes who was born Oct. Great-grandfather is Nicolas 2, was the honored guest at a Baldizanso of Leyte. Philipwelcome to our world" pines, and half-brothers are shower Nov. 4 at the home Neal Haynes and Nicholas f.D. and Julie Cage.

Guests were greeted by the parents, the Cages and hosts and hostesses.
The serving table was highlighted with a greenery centerpiece on a baby blanket Julie Cage's mother made ormerwe she wade for her when s Annie Young registered gifts.

Rabies cases may set record

SPECIAL TO THE JOURNAL
The number of confirmed ra ases in Texas (includin one early last summer in Bailey County) is continuing to in crease, raising the possibility that the state may set a recor By Oct. 6, the total number confirmed rabies cases in Texas surpassed last year's total of 830 surpassed last year's total of 830
cases. Since then, the total has climbed to about 850 confirmed climbed
cases.
There have been 87 more ra bid skunks than last year-a 16 percent increase - and more cases are expected; over the past
five years, the last three months five years, the last three month 22 percent of the rabid skunk 22 percent of the
The siate also is experienc ing an increase in the experiencing an increase ne nomber of rabid bats. So far this year, 155 rabid bats have been confirmed an increase of 26 percent from ast year at this time
The peak period for rabid bats runs from September to October, and abouthalf of each year's total is diagnosed during the last four months of the year. Following the trend, the Panhandle/South Plains region is experiencing an increase in rabid animals. There have been 39 cases of rabies confirmed in the

Gray County has reported th most cases: 17 skunks, with all but one being in or near Pampa. Other counties in the region that have reported animal ra bies cases (and their totals) are: Deaf Smith (six skunks and one horse); Hale (two skunks); Lamb (one skunk); Lubbock (one skunk); Randall (four skunks and one bat); Sherman (one steer); Swisher (one cat); and Wheeler (two skunks and one raccoon).
People should continue to take steps to discourage skunks from approaching houses. Pet water should bemoved indoors at night, and areas that could be used as a den should be eliminated. If a skunk attacks a litter of puppies or kittens, the survivors should be euthanized to preven human
later.
$\qquad$
All pets and livestock with frequent human contact or ex traordinary value should be
vaccinated to prevent rabies. vaccinated to prevent rabies. Bats tiat appear to be flying
erratically during the day erratically during the day o which are grounded should be avoided since they have a high probability of being rabid. Stu dents should not be allowed to take bats to school. Anyone sexpore to stiva

\section*{-

## - <br> Bernadette Villalobos, Kent Bradley marry

Bernadette Villalobos Randy Norman and Berna and Kent Bradley were married Nov. 10 at New Covenant Church in Mulehoe Pastor Jimmy Low officiated.
The bride is the daughter of Julia Rojas of Muleshoe The groom is the son of Jeri Bradley of Lubbock and Carl Bradley of Albuquer-
que.

Music was provided by white satin dress with train

School in Muleshoe and is a teller at Muleshoe State The groom is a graduate The groomis a graduate of Lubbock High School and studied architecture at Texas Tech. He is a parts salesman with John Deere in Dimmitt.
After a honeymoon in San Antonio, the newlyweds make their home in Muleshoe.

NEED A LIFT?
a possibly rabid animal through open wound or the mucous membranes should seek medical attention.
The local animal control an thority also should be contacted to obtaintesting of the animal, it is available.
Domestic animals that areex posed to rabies must either be euthanized or be vaccinated and then isolated for a 45 - to 90 -day period to ênsure public safety

## Benders

Family of dealerships
arices! GIGANTICSAVINGS! KOU:WIBER18-30 Benders tantilessunviss!

BUYLIKETHE DEALERS BUY! No Hassles! No Negotiating! Our entire
used vehicle
inventory
to he sold
at wholesale

No Down Payment Required! Our entire
used vehicle
inventory
to he sold
at wholesale Our entire
used vehicle
inventory
to he sold
at wholesale

No Payment until 2002!
On the Spot Financing!* highestuaue FOR YOUR
TRADEHIS!

www.benderauto.com
*With approved credit **Wholesale reference guide at dealer discretion

## WHOLESALE TO THE PUBLIC




## 

206 S. Main •Muleshoe • 272-3673 ,

## Lactose intolerance can be managed easily with proper diet

SPECIAL TOTHEJOURNAL

COLLEGE STATION - What do people do when eating a healthy diet makes them sick?
That's the question faced by the lactose intolerant individuals whose bodies stance found in milk
For those people, a tall, cool, refreshing glass of milk an lead to pain and discomfort, said Janet Pollard, Texas Cooperative Extension health associate
According to the National Dairy Council, the symptoms of lactose intolerance - nauea, abdominal pain or cramps, bloating, gas and diarrhea - are caused by low ctivity of the lactase enzyme. "If not digested inthe small intestine, undigested lactose may enter the large intestine yere naturally residing gas roducing This ferg strmentation can lead to mptoms of lactose intolerinformation stated
As many as 50 million Americans - or close to 25 percent of the population suffer some of these symp oms, say figures compiled oms, say figures compiled the America Dietetic As organizations.
Whatever the cause, the re sult is pain, discomfort and a very upset stomach.
But dairy products, andespecially milk, are prime sources of calcium, which is so necessary for strong bones and teeth, and so vitai in preventing osteoporosis later in life.
Plus, dairy products in general - and milk specifically - also can be a source for protein; several B vitamins including B12, B6, riboflavin, thiamin and niacin; an vitamin A.
Pollard offered these sug. gestions for those who get sick from milk:

- Adjust the amount of lac tose in the diet. "Individuals with lactose intolerance vary in the amount of lactose they can tolerate," she said. "Try consuming a small amount of milk - less than one cup with food, and gradually in crease the serving size ... unti symptoms just begin to de velop."
- Have something else along with the milk. "Don't drink milk on an empty stom ach," Pollard said. "Other foods will slow digestion and allow what lactase enzyme you have to do its job."
-Be careful when selecting foods. "Some dairy foods are better tolerated than others," Pollard said. Try yogurt with "live active cultures"; age hard cheeses such as Ched


## THE PROEESSSOONAL BOOY SHOP <br> \{Wrinkle\} Free <br> BODY WORKS INC. <br> David Mown-Qwner <br> USLIFTTIME PAINT <br> nout GUARANTEE <br> 르늘

dar, Swiss, Colby and Parmesan; or small amounts of sweet acidophilus milk, yogurt milk or other mented dairy products - Try lactose-reduced or actose-free products, includng some kinds of milk, cottage cheese, yogurt and ice ream. "These products and other products containing lac ose-hydrolyzed milk contain all the same nutrients, including calcium, as their regular counterparts," she said.

- Use lactase enzyme tab ets or lactase enzyme drops, both of which are available over the counter.
ver the counter
If other sources
If other sources of dietary alcium are preferabie, try broccoli, Chinese cabbage, kale and turnip greens, fish and seafood such as oysters, salmon with bones, sardines and shrimp, tofu and molasses, Pollard said.
However, she said, "It is also important to note that although these foods are somewhat calcium-rich, it is very difficult to get enough
calcium through these bicuits and cookies
sources."
For example, she said, a cup of milk contains 300 milligrams of calcium; to get the same amount of calcium, three cups of cooked broccoli or two cups of cooked collard greens would need to be consumed.
And rememberto watch out or hidden lactose. "For in stance," she said, "some products are labeled nondairy, but include ingredients derived from milk, such as powdered coffee creamer or whipped topping. Likewise, whipped topping. Likewise hough milk and foods made rom milk are the only natural dded to prepare, it is ofte tod to preparcd foods." If watching for hidden lac tose, check the labels of such tems as bread and other baked goods, processed breakfast cereals and breakfast drinks instant potatoes, soups, margarine, non-kosher luncheon meats, salad dressings, can dies and snacks, and powdered inixes for pancakes,

Pollard also warned: "Lac- ose is also used as a base in more than 20 percent of prescription drugs and about 6 percent of over-the-counter medications. Many types of birth control pills, for ex ample, contain lactose, as do some tablets for stomach acid and gas -an important piece of information for those try ing to treat symptoms related to lactose intolerance."

Although it is not a lifethreatening condition and can be easily controlled through wise dietary choices, lactose intolerance can have an enor mous impact on individual mous impact on individual lealth. That's why a medical professional is needed for dignosis and care ondition, she said.
"L actose intolerance is quite common and manageable," said Dr. Carol A. Rice, Extension health specialist Total avoidance of lactose could produce tragic results such as osteoporosis and fractures.'

Pollard added: "Once sure tolerance can make a big lactose intolerance isthe prob- difference in maintaining em, developing a plan to overall health." maintain an adequate intake of the nutrients once obtained "Clairy products is essential." "Closely monitoring sympoms, working with your octor or dietitian, and using the tips for managing lactose

More information on lacose intolerance is availalble Outreach Healtheation Rural Outreach HealthHints newsletter for September. Visit the ald Scs.tamu.edw/


## PLATEAU



## JOURNAL INFO...News You Can Use

(1) In order to help accommodate our readers, we urge everyone to keep in mind that the newspaper is put together on Tuesday and Friday. To increase the probability that your information will be placed in your preferred edition, the earlier that stories, information about meetings or any editorial subject is brought to the Journal office the better!
(2) Deadlines for "Around Muleshoe" and "Around the Area" Monday at 5 pm (Thurs. edition) and Thursday at 5 pm (Sun. edition). (3) The following represents a list of information that appears FREE in the Journal:

Weddings • Engagements • Bridal Showers • Baby Showers Birth Announcements $\cdot$ First \& 90+ Birthdays 50th+ Anniversaries
(forms are available at the Journal office, 304 W. 2nd, for weddings, engagements, bridal and baby showers)
(4) Pictures run in the Journal are scanned. In some cases, original prints of photos can be made. However, due to developing supply costs, there will be a charge for these prints. (Some exceptions apply.)


Effective Aug. 1, 2001
(1) Display ads are located throughout the newspaper. Ad costs are based on the number of column inches that the ad occupies. The Journal's open rate is $\$ 3.75 / \mathrm{col}$. inch. Discounts are available under certain conditions. Borders and artwork are added at no extra cost! (2) DEADLINES FOR DISPLAY ADVERTISING are Tuesday at Noon (Thurs. edition) and Friday at Noon (Sun. edition). If you are a business or individual in need of placing a DISPLAY AD or you have questions about display advertising, call Leah at 272-4536.
(1) Classified ads are located on the NEXT TO LAST PAGE OF THE NEWSPAPER. These ads include (but are not limited to) FOR SALE, LEGAL NOTICES, HELP WANTED, GARAGE OR ES TATE SALES, VEHICLES, FOR RENT, REAL ESTATE, ETC... (2) Ad cost is based on the number of words within the ad or the type of classified ad that is desired. Contact Beatrice at 272-4536 for more of clas
info.

READER ADS:
15 and under words $\$ 4.80$ (first run) 15 and under words $\$ 4.35$ (each time thereafter) $16+$ words $.32 \phi /$ word (first run) $16+$ words $.27 \phi /$ word (each time thereafter
DISPLAY CLASSIFIED: Charged by column size of ad. This type of ad will appear in the classified section, but will have a surrounding border. This classified ad is "dressed up. Cost is $\$ 3.71$ per inch

MULESHOE AND BAILEY COUNTY JOURNAL Lots of news for very little \$\$\$\$\$\$\$ The Journal is printed 52 weeks a year -2 issues per week!

RATES
Carrier............................. Mailed Outside Bailey County. Mailed Outside Bailey

CARRIERS: BOBBY AND MELISSA FLORES
For carrier route customers: If you miss the paper, call the Journal during office hours at 272-4536. We'll gladly bring you a paper. Evenings and weekends, contact Bobby or Melissa at 272-6719.

Carrier Route Customers
SAVE THIS NUMBER FOR FUTURE
REFERENCE SHOULD YOU MISS YOUR PAPER!!!!
Bobby \& Melissa Flores 272-6719
(Evenings and Weekends Only)

We appreciate the Muleshoe community! We also encourage Muleshoe and surrounding area residents to submit story ideas.
WE WANT TO BE YOUR LOCAL NEWS SOURCE AND YOU CAN HELP!!

# Journal Classifieds 

Note: It is illegal to be
paid for anything be-
yond medical andlegal
expenses in Texas expenses in Texas
acoption. A BABY DESIRED. Your child will thrive in
ourl oving home. We're couple with a wonderful home near lakes,
parks and a great fishing spot. Your child will
always know of your courage and ove. We'd

love to talk. Christien \& | AucTION |
| :--- |
| (toul free). |



AUTOMATED:INTER-
NATIONAL HOME Business. Currently in
87 countries. Ten great products. Earn excel-
lent income. Financial plete demonstration Visit now http://
www.retirequickly.com (ID\#72706).
RECESSION PROOF
BUSINESS. Need people to service com-
mercial accounts. No selling. Par-time with
full-time potential. Secured investment available. WAC. 1-800-
$665-4987.24$ hour.

## Drivers Wanted

 A CAREER OPPOR-TUNITY. LISA MOtor Lines has immediate drivers. No CDL-No problem. Company
paidtraining ifqualified. 817-367-9933.

## \$BIGMONEY\$-N.T.S.

 needs drivers. Inexpe rienced up to $\$ 600$. $\$ 1000$. Pay up to 42 cpm . Paid training, youqualify. 1-888-781 Training.CFI ANNOUNCES PAY increase. Nowhiring company drivers, O O, solos \& teams. Ask about our 2-week spouse training program in automatic transmission trucks.
Call $1-800-$ CFI-DRIVE.

DRIVE FOR THE BESTIWave at theres Run Midwest or states. Flexible schedule. Glass/heavy haul.

Legal Notice The City of Muleshoe
will accept proposals
on a argazing lease oro on a grazing lease for
approximately 631
acres located south acres located south
of the City. Bid forms may be obtained at city Hall, located at
215 S. First Street. Muleshoe, Texas,
during normal
business hours. The propusals should be eturned by $4: 00$ p.m
December 7,2001 The City reserves the reject any or all bids.
Published in the Muleshoe Journa Nov. 22 and Bailey
County Journal 25,
 0-386-1101 AN ORDINANCE OF
THE CITY OF MULESHOE,TEXAS
ADOPTING AND
ANACTING ANW ENACTING A NEW
OF
ODE
ORDINANCES: ORDINANCES;
PROVIDINGFOR
THE REPAL THE REPEAL OF
C E R A I N
ORDINANCES NOT THEREIN
PROVIINGFORA

AND PROVIDING
WHEN SUCH CODE AND THIS THIS
ORDINANCESHALL EFFECTIVE.
wuvoombinedanspatiom
DRIVERS - CDL
Premier Flat \& Van
Company of America
is hiring! Experienced
oday. 1-800-952-
$\qquad$
DRIVER-COMPANY
CONTRACTORS
No NYC - Super Re-
gional 10-14 daysout.
to 33 cpm Company. 82 cpm Contractors
1-800-454-2887 Arnold Transporta
$\qquad$
DRIVER - COV-
TRANSPORT Now offering per diem pay leams, solos and rainers. O/O-Solos Teams 83 cents plus CDL? No problem We school, no money down. Licensed b cated in Stuttgart, AR Call 1-888-MORE
1-888-667-3729).
DPMERS EXPERIENCE
THE power of pride at
USA Truck. Top pay


## Subscribe Today...

Muleshoe and
Bailey County Journal
52 weeks a year,
${ }^{\text {issues }} 22$ carrier/year .
${ }^{5} 24$ mail in-county/year,
${ }^{\mathrm{s}} 26$ mail out-of-county/year
${ }^{\text {s } 26}$ mail out-of-county/year.
Special rate for college students - s22 mailyear
Muleshoe Journal P.O. Box 449

Muleshoe, TX 79347

| Mel |
| :--- |
| Lelus bey your local news sourcel |
| DRIVERS WANTED DRIVERS W ANTED |

 Agriculture $\qquad$


| FOR SALE <br> 3-1-1 Brick Home. 1654 sqft. Remodeled. Large fenced back yard with covered patio. A MUST SEE! 807 W. Ave. J. 272-6782 | 3 Bedroom, 2 Bath Fireplace \& Ceiling Fans. . 8 Acres. $20 \times 24$ Barn. Asking $\$ 49,500$. Call, 272-5263 or 272-5209. |
| :---: | :---: |
| Home for Sale Neat, clean-3Bdrms 1 Bath. New carpet. Good location. \$24,000.522 W. 8th. <br> Call 272-3349 | 40 ACRE TRACTS: $21 / 2$ 214 \& $1 / 2$ Mi. E. to SW corner. $\$ 600 / \mathrm{A}$. 2 Farms - Fieldton. 1000 gpm \& 800 gprt. |
| $\begin{gathered} \text { DEADLINES } \\ \text { FOR } \end{gathered}$ | $\begin{aligned} & \text { Farua \& Associates } \\ & 806-894-4386 \end{aligned}$ |
| CLASSIFIEDS <br> Monday 5 pm for Thursday's issue. <br> Thursday 5 pm for Sunday's issue | Large $11 / 2$ siory 4-3 2 on 2 acres in Earth, TX. Formal DR, office, huge kitchen with island. 2 FP basement and attic. Call Karen Tunnell 272-4231 work 272-4403 home |
| TALK TOUS about building or leasing a n.w dairy. Choice locations in Texas and New Mexico from 160 acres to 4755 acres (sprinkler irr.). One fam has 4000 head permit in place - one has 3000 head permit in proctss. Cash incentives in some areas. <br> watered ranch with a 120 DIVIDE THIS 5165.3 acre wellhome. ADJOINING THIS RANCH is 1378 acres with eight circles which can be divided. Good set of steel pens, hyd. chute \& scale. <br> www.scottlandcompany.com <br> Ben. G. Scott-Broker (800)933-9698 day/eve |  |
| ow does | rab you |

## 世VVC Coker Land Co,

| - Bailey County-315 Acres Northeast of Muleshoe. |
| :--- |
| Sprinklers, 5 Wells, Very Reasonably Priced. Qualified | Sprinklers, 5 Wells, Very Reasonably Priced. Qualifie

person can assume seller's loan. - Bailey County - Nice - County home for sale - 3 bedroom, 2 bath, 2 living -Coyote Lake Area-200Acres-40 Acres Cultivated
Balance is Grass, 3 Bedroom Home with Basemen Balance is Grass, 3 Bedroom Home with Basement.
Quail and Dove. - Dodd Area - 80

## - Lamb County

- Lamb County - 320 Acres of C.R.P. in two tracts. -Muleshoe Area - 1600 Acres with Feedlot. 7500 fe of Bunk Space. 10 Circles, 18 Wells. Ideal Livestock
Place.
- Northeast of Muleshoe - 800 Acres, Excellent - Northeast of Muleshoe
- Parmer County. Ppinker. Goors soir Wate - Parmer County-Clays C
klers, 3 Wells, Good Water.
- West Camp Area-480 Acres, 2 Brick Homes,

310 Main Street, Suite 103 | Muleshoe, Texas |
| :--- |
| ofice 806-272-3100 |
| Home 806-965-2468 |

| HI-PRO FEEDS in Fiona. of love! |
| :---: |
| Put our classified |
| section to work for you. |
| Call Beatrice 806-272-4536. |

RICHLAND HILLS - PARK RIDGE AREA

$\qquad$

- 3-2-2 Brick, Cent. Heat, buillt-ins, fans, fenced yd, large
workshop /stor. bldg.II PRICED REDUED $\$ 47.5 \mathrm{~K} H-2$

NICE $3-1-1+1$ carport Home, Cent. Heat \& Air, carpet \&
hardwood, 4 fans, fenced yd., MORE! $\$ 26.5 \mathrm{~K}!$ HL-4


Storm windows and doors, stor. bldg., fenced yd.!! MORE!!
$\$ 54.5 \mathrm{~K}$ HL.
$2-1-2$ carport Home, wall heat, win.ref.
air, appliances, 1550 ' +1 lv .
area, storage/shop, cellar, fenced yd. 524.5 Kk ! HS-9
LENAU-COUNTRY CLUB AREA

$$
\begin{aligned}
& \text { LENAU-COUNTRY CLUB AREA } \\
& \text { - } 3 \text {-2 Brick, Cent A\&H, fenced yd, coner lotl } \$ 40 \mathrm{KII} \\
& -3-2-2 \text { Brick, Cent. A\&H, built ins, Fireplace, 2000 Iv. }
\end{aligned}
$$



## 

- HWY. $84-150$ ' frontage, office, warehouses, truck dock,
railroad spur access, with or without fuel storage tanks!
- An K! approx. 5.1 acre tract w/approx. 144.5 ' frontage on

An approx. 5.1 acre tract w/approx. 144.5 ' frontage on
Hwy. 84, approx. $15844^{\circ}$ office, 132 ' $^{\circ}$ shop, 4000 'shop, \& 2880
bldg, has railroad access, 2 mobile home hookups, MOREII
parking, good net lease! PRICED TO SELL!

- 200 Main \& E. Ave. B-4 rental units plus upstais
basement or renovate for your own special usel! $\$ 65 \mathrm{KK!}$
- VERY NICE 2300' bldg, Cent. A\&H, 175 ' íontage on
Hwy $84 \& 201$ MUCH MOREI
- $140 \times 100^{\prime}$


```
\begin{tabular}{l} 
HIGH SCHOOL AREA \\
- VERY NICE \(3-1-1\) Brick, Heat pump, DW, nice carpets, \\
\hline
\end{tabular}
```

 NICE 3-2 1/2-2 carport Home, Cent. A\&H, built-ins, FP ovv. patio, concretet, cellar, fenceed yd. w w add. 2 carport,
arge workshop, \& stor. bldg. PRICED REDUCED $\$ 60 \mathrm{~K}$ I' - HWY. 84-2-1 1/2-2 Brick, Cent. Heat, win. air, built-ins, tion! PRICED REDUCED! 40K! IHS - 3-1 Home, Fl. furnace, fans, storage \& 2 apartments, EARTH - $3-2-2$ - Brick, Cent. A\&H, built-ins, $1850^{\prime}+$ li area, fenced yd., +3 add. lots!!! A STEAL @ $\$ 38 \mathrm{KK!}$ ! EXCELLENTDAIRY RURAL vells, very nice $3-2-3$ Homew /basement 40 ac., 7 circles, 2 $30^{\prime} \times 40^{\prime}$ 'shed, 3 mil. lb . grain facility, add. 3 bdrm . home, mobile homes, on pavement convenient toMuleshoe, Clo yys!!! Could be split if needed!! LEASANT VALLEY, Approx. 160 acres, 2
b. 2 car detached darage, on pavement!
W. of SUDAN


PRICE REDUCED - 108 acres or 7 acre tract on Hwy 77 ing dock, 3,400 ' warehouse, new well, $2,800^{\prime}$ rungway!!!
ind
$2-2-2$ carport Mobile Homeon - $2-2-2$ carport Mobile Home on 1.997 acres on pavemen
close to town, storage, $45^{\prime} \times 74^{\prime}$ barn, pens, $\&$ fenced close to town, storage, $45^{\circ} \times 74^{\prime}$ barn, pens, \& fenced
pasture!!
-2LABORS-345.8ac. CRP, $6 y$ yrs. remaining on contract!


