

ALAMO REENACTMENT



"The Defenders of the Alamo" will be presented by the North States, just as their Texas Reenactment Society at counterparts of 150 years ago. Alamo Village in Brackettville, Texas, March This event will give the 1st & 2nd, 1986. This will be public a chance to see first a living history portrayal of the days of the Alamo prior to March 6, 1836. The "Defenders" for this living history demonstration will be from many walks of life and many areas of the United

hand what might have happened at the Alamo prior to the March 6th battle, and talk with the "Defenders" who for all intents and purposes will be the men of 1836.

It is the goal of the North Texas Reenactment Society to have the visitor leave the Alamo movie set with the feeling he or she had actually traveled back in time to 1836.

Participating reenactors for "The Defenders" contact Lewis Iselin 817-766-4425 or Alan Huffines 817-549-1317.



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DEADLINE FOR ALL COPY NOON ON TUESDAY

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\$15.00 - OUT OF COUNTY \$14.00 IN COUNTY

"Any erroneous reflection upon the character or standing of any person or firm appearing in this paper will be gladly corrected, upon being called to the attention of the Management and to the article in question".....

IT HAPPENS----

An unknown editor-hero is said to have published the following somewhere, sometime, "You'll notice that there are mistakes in this week's paper just as there were in last week's, and as there will be next week's. They are there for a purpose. We try to print something for everyone, and there are people who are always looking for mistakes".

1986

MEMBER TEXAS PRESS ASSOCIATION

LOOSISM

The next time a Vankee complains about Texas.

Ask him how many Texans he's known that move North to retire,



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BRACKETTVILLE, TEXAS THE NUTRITION CENTER THURSDAY, JANUARY 30, 1986 HRS: 1:00 P.M. -9:00 P.M.

Minors must be accompanied by an adult.



MEDICARE MEDICAID 2 (th

Medicaid/Medicare: Which is Which?

Medicare and Medicaid: They're both 20 years old this year. Their names sound nearly the same. Yet these two government health programs are different in some very important ways.

Medicare, a Federal program, is for almost everybody 65 or older regardless of income and some disabled people. It's an insurance program. Money from trust funds pays part of hospital and medical bills for entitled people. Its hospital insurance plan protects almost 30 million people and about 29 million are also signed up for medical insurance.

Medicaid is a Federal/State partnership assistance program. It's for certain groups of needy and low-income people including the aged, the blind, the disabled, members of families with dependent children and some other children. Money from Federal, State and municipal taxes pays medical bills for eligible

Medicaid pays for at least these services: inpatient and outpatient hospital care, other lab and X-ray services, skilled nursing facility, physicians' services, screening, diagnosis and treatment of children under 21, home health care, family planning



Even children can be eligible for Medicaid.

services and rural health clinic services. In many states it also pays for dental care, prescribed drugs, eye glasses, diagnostic screening, preventive and rehab services. Medicaid can pay what Medicare does not pay for people eligible for both programs.

Working separately or together, Medicare and Medicaid benefit everybody by improving the quality, the quantity, the efficiency, the availability and the effectiveness of hospital and medical services in the US

Medicare and Medicaid are administered by the Health Care Financing Administration, a branch of the US Department of Health and Human Services.

Free Booklet

For a free booklet about the Medicaid/Medicare programs, write: HCFA, Baltimore, Maryland 21207.



FORT CLARK HISTORICAL SOCIETY

The Historical Society will meet January 25th at 10:00 A.M. in the Members Lounge at Las Moras Inn. A new slate of officers will be voted on and installed at the meeting.

FORT CLARK GOLF & COUNTRY CLUB

On Monday January 13, Mr. Bill Humrichouse, local golf pro at Fr. Clark Springs Golf and Country Club presented 10 golf and tennis bags to Bob McCall, Superintendent of Brackett Schools. The bags are black and gold and are inscribed with B.H.S. Tigers.

This contribution to the school athletic program is greatly appreciated. Mr. Humrichouse said that many people in the community contributed to the purchase of the equipment. Among those who made donations are: Hubert McKelvy, Happy Shahan, Travis Wilson, Bill Bizzell, Stan Conoly, Bud Conoly, Charlie Stafford, Fred England, Ward Pomeroy and Paul Shepperd.

Thanks to the efforts of Mr. Humrichouse and contributors above the Brackett Tiger and Tigerette golf and tennis teams will have a bit more style when they enter competition this spring.

HAPPY BIRTHDAY

ANNIVERSARY 24 - Fern Dyer Jimmy Bader

25 - Debbie Herndon

26 - Martha Munoz

27 - Lloyd Davis Jr.

28 - Jim Lindeman

30 - Pearl Canty

31 - Lucy Lucas Rose Bizzell Tully Shahan

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- * AND MUCH MORE

"OUR BUSINESS PRINCIPLES"

A CUSTOMER is the most important person in our business.

A CUSTOMER is not dependent upon us - we are dependent on him.

A CUSTOMER is not an interruption of our work - he is the purpose of it.

A CUSTOMER does us a favor when he calls - we are not doing him a favor by serving him.

A CUSTOMER is a part of our busines - not an out-sider.

A CUSTOMER is not a cold statistic - he is a flesh and blood human being with feeling and emotions like our own.

A CUSTOMER is not someone with whom to argue or match wits.

A CUSTOMER is a person who brings us his wants - it is our job to fill those wants.

A CUSTOMER is deserving of the most courteous and attentive treatment we can give him.

A CUSTOMER is the fellow who makes it possible to pay our salary whether we are a truck driver, plant employee, office employee, salesman, manager or president.

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1982 Ford 3/4 Ton Pickup License No. QD8508 1983 Ford 3/4 Ton Pickup License No. QD8540 1983 Ford 3/4 Ton Pickup License No. QD8556 These vehicles are being sold on an (as is) basis. Have your bids in this office on or before Febuary 4th, 1986. We reserve the right to reject any or all bids. These units may be seen at the Rio Grande Electric Cooperative, 101 E. Spring Street Brackettville, beginning Jan 18th from 8:00 A.M. thru 5:00 P.M., Mondays thru Fridays. Contact Dale Borden at 512-563-2444.

PUBLIC NOTICE

General Telephone Company of the Southwest, in accordance with the Rules of the Public Utility Commission of Texa. hereby gives notice that a Private F. v Telephone Service Tariff has been filed with the Public Utility Commission of Texas.

Under the proposed tariff, Private Pay Telephone Service would be offered for use with a privately-owned coin or credit-card operated telephone, at the request of the customer. The new service is scheduled to become effective on March 16, 1986, or upon approval by the Public Utility Commission of Texas.

The matter has been assigned to Docket No. 6309.

Persons who wish to intervene or otherwise participate in these proceedings should notify the Commission as soon as possible. A request to intervene, participate, or for further information, should be mailed to the Public Utility Commission of Texas, 7800 Shoal Creek Boulevard, Suite 400N, Austin, Texas 78757.

Further information may also be obtained by calling the Public Utility Commission Consumer Affairs Division at (512) 458-0223 or (512) 458-0227, or (512) 458-0221 teletypewriter for the deaf.

General Telephone

GIB

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FUNERAL HOME MOVES TO NEW LOCATION

Bob and Rosemary Rice are proud to announce that we have moved our Funeral Home to its new location at North and Fritter Streets. At our new location, we are able to provide the people of Kinney County with better service, better facilities, a larger selection of caskets to choose from and ample parking space. We are most proud of our chapel which will seat approximately 150 people for Rosaries and Funeral Services. We still have more to do, but with your continued support, we will be able to continue to improve our facilities and thereby improve our service to you the people. We also want to announce that Mrs. Inez Rice has been added to our staff. She is the widow of Melvin Rice who served the public for over fifty (50) years in the ministry. We also want to take this opportunity to thank you the people of Kinney County for your support of us since we joined your community some seven months ago. We are proud of Brackettville and Kinney County and to be a part of your lives here. Again, we, the Rice Family pledge to you, the people of Kinney County, to do everything we can to serve you better and truly live up to our motto of : "WE SERVE TO SERVE AGAIN."

The Rice Family
Bob, Rosemary, Inez, Michelle,
Chuck and Lawrence



Obituaries



Russell W. Hoover, Sr., 87, entered into rest Friday, Jan 10, 1986. Lifetime Brackettville resident. Served in U.S. Army for six (6) years at Fort Clark. Civil Service employee at Fort Clark where he was Storekeeper for Twenty-eight (28) years. Member of the Lutheran Church. Survivors: Wife: Sarah Haynes Hoover - Brackettville; Daughters: Melinda Ramsey - Garwood, Tx., Ginger June Dodson, Rosemary Slubar - both of Brackettville; Son: Russell Hoover Jr., Brackettville; Nine (9) Grandchildren; Numerous nieces and nephews. Services were held Sunday, Jan 12, 1986 at the First Baptist Church of Brackettville with Rev. Ronnie Watson officiating. Interment was in Kinney County Cemetery under the direction of Rice Funeral Chapel. Pallbearers: Willie Warrior, John Bunjes, Don Nance, Jim Lopez, John Huffmeyer, Zack Davis.

SPECIAL THANKS

Our Sincere thanks to all our friends and neighbors for their help, support, food and flowers and love during our time of sorrow.

THE RUSSELL HOOVER FAMILY

"Taxes are the price we pay for civilized society." Oliver Wendall Holmes, Jr.

Kinney County 5th Alma Aguirre FFA and 4-H Livestock Show

KINNEY COUNTY WINNERS

Those receiving honors at the Kinney County Livestock Show, held this past Friday and Saturday were:

Dutch Wardlaw - With the Grand Champion Fine Wool Lamb and the Grand Champion Crossbred

Wesley White - With the Reserve Champion Fine Wool and Reserve Champion Crossbred

Kasey Hall - With the Grand Champion Steer.

Beto Villarreal - With Reserve Champion Steer.

Alma Aguirre - With the Grand Champion Hog.

Cecilia Aguirre - With the Reserve Champion Hog.

FINEWOOL DIVISION:

1st Toby Frerich 2nd Richard Esser

Tammy Frerich 3rd

Jamie Schermerhorn 4th

5th Marty Schermerhorn

MEDIUM FINEWOOL:

Sherry White 1st

2nd Walt Esser

3rd Jody Scheermerhorn

4th Kristy Gwartney

5th Armando Aguirre

HEAVY FINEWOOL:

LIGHT CROSSBRED: Tammy Frerich

Sherry White

Jody Schermerhorn

HEAVY CROSSBRED: Toby Frerich Walt Esser

ENGLISH STEERS DIVISION

1st John Resendez

Alva Perez 2nd Janie Armendarez

HOG DIVISION:

HEAVY HOG

1st Cecila Aguirre (Reserve

Grand Champion Hog)

Ramon Guiterrez Brenda Gass

Rachel Franklin

Monica Cruz

LIGHT HOG:

1st Alma Aguirre (Grand

Champion Hog)

Carla Hall

Kasey Hall

Jim Gass 4th 5th Christina Smith

Congratulations to all the winners and all those other students who did their best.





Your Public Schools

by Willard H. McGuire, president National Education Association

Discipline Starts In The Home

While discipline in schools is no longer a major con-cern, parents can further help alleviate the problem by promoting positive behavior at home.

Parents have much more influence on their children than they realize. Here are a number of tips that will for others' property help bring results:

• Show your children qualities. that you like them. Recog- • End nize their admirable quali- proper authority. Help your ties with such simple re-children understand that wards as spending extra certain regulations are nectime reading to younger essary for everyone's protecchildren or joining in an tion—starting with bicycle activity chosen by your and traffic safety and school children. Smile at and hug rules. them; listen and talk to

tions your children are activities to enjoy as a faminot ready to control them-selves. Young people need visits to local places of to know what you expect interest. of them and how you will react to their behavior. Make rules you think are important and be firm age their children to behave about enforcing them. On

choosing library books or TV programs. By treating them as responsible individuals you halo the uals, you help them begin to accept responsibility for more successful learning at their actions.

of the behavior you expect NEA has a pamphlet, Disci-from your children. Re-pline That Works, by Jane member that youngsters are L. Williams. Just send \$1 great imitators. Parents who with your name and address



their children develop such

• Encourage respect for

· Have fun with your children. Choose a regular Set limits for the actime each week for special

By using these methods consistently, parents encourin positive ways-and help

If you would like further Set a good example information on this subject, are honest and truthful, to the NEA Professional Li-who show consideration of brary, Dept. PCI, P.O. Box others' rights and respect 509, West Haven, CT 06516.

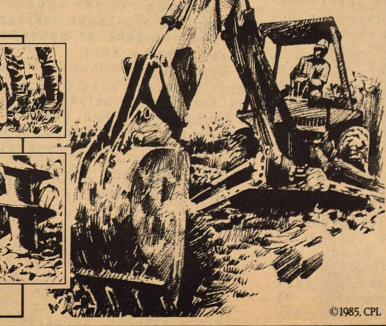


on or near your property may be located.

It's wise to show a lot of respect for power lines—both underground and overhead—anytime you're involved in work that could bring you near them.

A fallen power line, of course, creates an especially hazardous situation. If you see a line downed by a storm, accident or other mishap, call CPL immediately for professional help. Stay away from the wire and everything it touches—and keep others away, too.







The earthworm is often including fishworm, angleworm or night



Cattle branding was practiced 4,000 years ago. Old tomb paintings show Egyptians branding their cattle



The first Presidential news conference to be televised was held by President Fisen hower on January 19, 1955

Uvalde Memorial Hospital took a giant step into the world of high tech medicine recently with the addition of a Picker Computed Tomography-Whole Body Scanner.

The addition of the new CT Scanner to the present battery of medical equipment at Memorial Hospital greatly advances health care in

Southwest Texas.

"It is a significant step toward the new generation of diagnostic services," said Hospital Administrator, Ben

The scanner is a highly sophisticated X-Ray device that makes it possible to view cross-sectional "slices" the human body. The dev The device directs a beam of x-rays to a series of detectors which are located at different angles around the body. This information is fed into a powerful computer system that translates into a crosssectional picture.

Because very little is hidden from the scanner, it can produce sharp images of areas within the body that are difficult to see with conventional x-ray equipment.

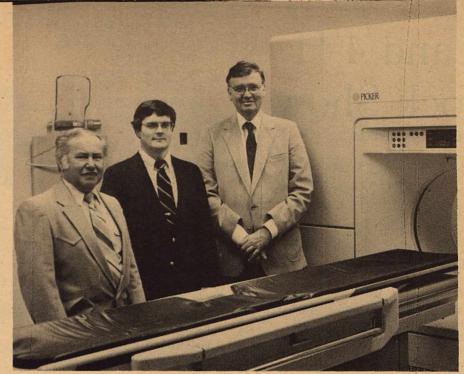
The scanner has uses in every area of the body, said Hospital Radiologist, Dr. David C. Hickey, "But, it is especially valuable for viewing brain area problems and those related to the kidneys and abdominal area." Dr. Hickey is chief of the radiology department and head of nuclear medicine at Memorial Hospital.

Hickey went on to explain another area of great benefit would be diagnosises of trama (accident) victims where it is often difficult to determine the degree of damage, or to locate the sources of internal

bleeding.

Because the CT Scanner provides the physician with more complete information, a more accurate diagnosis can be made, in many cases reducing the need for other tests. This will save the patient time and money, notes Hospital Administrator Durr.

The process of locating the CT Scanner at Uvalde Memorial Hospital began a couple of years ago. It gradually gained momentum until the summer of 1984 when the idea began to gain support: "I conducted a utilization survey to try and determine the amount of need for the equipment," said Dr. Hickey.



"Based upon the results we felt the project was feasible and could pay for itself.

Memorial Hospital, however, was not in the position to make such a large purchase. Therefore, a group of investors was formed and arrangements were made for the hospital to build additional space to house the equipment. This space is now being leased to the investors.

Shortly thereafter, an agreement was reached between the hospital and the investor group that secured the necessary funding. First State Bank of Uvalde agreed to provide financing for the project.

"First State Bank is indeed pleased to be a part of this very worthy venture," said Lewis E. Bracy, Jr., bank president.

"We congratulate Uvalde Memorial Hospital and commend the far-sighted investor group that made this advanced diagnostic equipment available to the citizens of Southwest Texas," Bracy said.

Durr pointed out the fact that even the best CT Scanner is not "useful unless you have highly qualified person to interpret the information." "Dr. Hickey is well-respected in his field," he said.

Although other manufacturers. produce CT equipment, Picker Inernational's unit was selected. "We chose Picker because their unit has the same diagnostic capability as scanners costing twice as much, manufactured by other companies," Dr. Hickey said. "This machine is comparable to the best scanners in San Antonio."

Dr. Salvador Gonzales, Uvalde Memorial Hospital, chief of staff; Dr. David C. Hickey, hospital radiologist; and Ben Durr, hospital administrator with the new CT Scanner recently installed at Memorial Hospital. An advanced diagnostic tool, the scanner is the first of its kind in Southwest Texas.

Alcohol: Enemy To Good Sleep

By Milton K. Erman, MD Associate Professor of Psychiatry Southwestern Medical School, University of Texas Health Science Center at Dallas

When it comes to the recipe for a sound night's sleep, alcohol is not an ingredient, medical experts agree.

Drinking alcohol may "knock out" the weary insomniac, but that nightcap may damage

the quality of sleep for the rest of the night. The perinitially lulled to sleep by drink may

Erman sleep soundly for a few hours then awaken or sleep poorly. The sleeper may also experience nightmares and feel unusually tired the next day.

What's more, the potential for abuse of this insomnia "home cure" is high because the amount of alcohol needed to invite drowsiness increases rapidly in a short time with regular use.

Drinking too much alcohol can even trigger life-threat- ness. ening health problems during sleep. In many people, especially the elderly, alcohol is believed to trigger or aggravate sleep apnea, a disorder characterized by snoring and periods of not breathing during sleep. For those already suffering from cardiac and pulmonary disease, even moderate drinking before bedtime presents a risk.

alcohol as a self-help for in- CA 92014.



Having that "nightcap" may actually make your sleep more unsettled.

somnia does not rule out common sense steps that may al-leviate the problem. If sleeplessness persists, you should see a doctor to determine the root of the problem and find a treatment. For an occasional problem:

• Try a glass of warm milk or a light snack.

 Exercise during the day or in the early evening, but avoid strenuous activity too close to bedtime.

 Avoid caffeine and nicotine before retiring—both are stimulants

· Read, listen to music, watch television or do anything else that invites drowsi-

• Try to get up at the same time every day to establish a solid sleep and wake cycle.

Free Brochure

For a free brochure about insomnia, write: Insomnia/ Upjohn, Dept. MAT, Box 307. Coventry, CT 06238. For the location of nearby sleep disorders centers, write: Association of Sleep Disorders Cen-The caution against using ters, PO Box 2604, Del Mar,

SHERIFF'S CORNER

NORMAN HOOTEN W 1 1

SHERIFF

A 1970 Ford Pickup stolen from the residence of Ms. L. Vincent in Spofford sometime between Jan 1st and Jan 4th was recovered by Bell County Sheriff's deputies abandoned on a road near Belton, Texas on Jan 8th. Ms. Vincent had called in the stolen report on Jan 4th after she returned from visiting relatives out of town. The vehicle was entered into the Texas Crime Information Computer at that time. Due to the nature of the crime and the fact that the vehicle was recovered deep in the interior of Central Texas abandoned, it is believed that the crime was committed by illegal aliens.

A second pickup was stolen by an illegal alien while parked in front of Stop N Shop Grocery Store on Hwy. 90 the night of Jan 11th. The owner, Domingo Villarreal, Jr. reported that he left the keys in the ignition and the motor running while he went into the store to get a package of gum, when he returned a few minutes later, the truck was gone.

Quick response on the part of local peace officers after receiving the report led to

capture of the suspect and the recovery of the vehicle twenty minutes later. We dispatched officers to key locations within minutes of the report and I and Deputy Sheriff Johnny Sheedy proceeded west on Hwy 90 and overtook the vehicle approx. 17 miles west of Brackettville. Th'e suspect, who was alone at the time, was arrested without incident and transported to the County Jail and charged with Unauthorized Use of a Motor Vehicle. His bond was set at \$5,000.00 by County Judge Albert Postell.

Citizens should consider this latest auto theft as a prime example of how quickly a vehicle can be stolen should the keys be left in one This latest unattended. theft makes the third vehicle stolen by illegal aliens from the downtown area of Bracketville in exactly the same manner. Luckily all

three were recovered. I realize that it takes a few moments longer to remove your keys from your car and perhaps even lock it when going into a store or some other location, and it is highly aggravating to think that we should have to take those extra precautions in our community. But until the tide of illegal aliens coming into our county is slowed or stopped, the options are obvious.

A meeting of the Southwest Texas Peace Officer's Association was held in Uvalde on Thursday, Jan 16th and myself, Deputy Sheriff Terry Fisher and Chief of Police Jim Lindeman attended. This meeting was the second since the Associationwas reorganized in November. meeting was huge success with many more counties having representation and many new members signing up. We are making reat progress in our efforts to get better organized and work together for the common good whenever an emergency situation arises. It is very gratifying to me to be involved with peace officers from various department and several counties working together for the good of the public without the petty jealousy and back stabbing that is sometimes demonstrated by a small minority of peace officers and others who are narrow minded and self-serving and have lost sight of their true purpose. I am thankful that officers of this type are in the small minority and that they have no place in our association.

We lost another good friend with the recent death of long time Kinney County resident Russell Hoover. Mr. Hoover, 87, passed away at the Val Verde Memorial Hospital after being transported there because of complications that developed from a long illness. He had been staying at home until then.

Mr. Hoover was a walking historian of Kinney County and always had an interesting story, or two, or three to tell visitors. Our heart-felt sympathy is extended to his family and friends during this time of sorrow and loss. Russell Hoover will be sorely missed by all of us who knew Twelve thousand years ago, elephants, lions and camels him.

Steven Joe Howell, 35, was arrested by City Police, Friday morning as he walked along Hwy 90. The arrest occured after a TCIC inquiry indicated that Howell was wanted by Hansford County Sheriff's Department on Burglary of a Safe charges. He was taken before County Judge Albert Postell to be magistrated and bond was denied at the request of the Hansford County officials. He was picked by officers from that county Friday afternoon, Jan 17th. They flew in and transported him by air.

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JAMES SMITH 563-9223

FOOD STAMP POLICY CHANGED The U.S. Department of Agriculture recently notified the Texas Department of Human Services of policy changes regarding food stamp applicants who voluntarily quit their jobs.

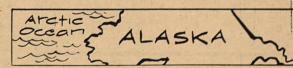
Since Jan 4, 1985, food stamp applicants who voluntarily quit a job within 60 days before they applied for food stamps were ineligible for 90 days from the day they applied.

The new policy changes the period of ineligibility to 90 days from the date the applicant quit rather than the food stamp application date.

Anyone who applied for food stamps on or after Jan 4, 1985, and was denied because someone in the household quit a job, may be eligible for restored benefits and should contact the local DHS office for information.



In old Scotland water was sometimes known as "Adam's wine" since Adam, the first man, it was surmised, had nothing but water to drink.



could have been found in what is now Alaska,



DEADLINE EVERY TUESDAY NOON

10 MINIUM INSERTION \$2.00 PER WEEK.

NO BILLING ON CLASSIFIEDS!!



BRACKETTVILLE CHURCHES

FIRST BAPTIST CHURCH (Southern Baptist)

Rev. Ronnie Watson

Sunday School 9:45 am
Worship Service 11:00 am
Worship Ser. (Sun) 7:00 pm
Prayer Meeting (Wed)7:00pm

FRONTIER BAPTIST CHURCH (SOUTHERN BAPTIST)

Rev. Joe Townsend

Sunday School 10:30 am
Worship Service 11:00 am
Prayer Meeting(Sun) 7:00 pm
Prayer Meeting(Wed) 7:00 pm

CHURCH OF CHRIST

Sunday School 9:30 am
Worship Service 10:30 am
Bible Study (Sun) 6:30 pm
Bible Study (Wed) 7:00 pm

UNITED METHODIST CHURCH

Ron Kelly - Pastor

Sun: Church Educat. - 9:45 am
Morning Worship - 11:00 am
Wed: Bible Study - 7:00 pm
Thurs: Childrens Choir
Practice - 4:00 pm
Thurs: Adult's Choir
Practice - 5:00 pm

ALCOHOLIC ANNONYMOUS Meetings in Brackettville, every Thursday at 8:00 p.m... ALANON meetings every Monday at 8:00 p.m. Call 563-2094 for more information.

"It is always the impossible that happens." French Proverb

"He who has clear ideas can command." Goethe

Lose Weight and Feel Great. The Herbal Way of Life. Call 563-9269.

GOOD CREDIT? OVER ONE YEAR ON JOB?

You deserve the lowest prices and best interest rates! Close out prices on all 14, 16 and double - wides. \$1,000 FACTORY REBATE on all new homes. Hurry - offer ends January 31. For more information call Jodi, toll-free, 1-800-292-1345.

CREATIVE COOKING



From an old southern cookbook comes this rich, wholesome recipe for banana bread.

OLD SOUTH BANANA BREAD

3 ripe large Dole Bananas 1/2 cup butter, softened 1/2 cup packed brown sugar 1/2 cup granulated sugar

1 egg 1 teaspoon vanilla extract

1-1/4 cups all-purpose flour 2/3 cup unprocessed bran 1/2 cup whole wheat flour

2 teaspoons baking powder 1 teaspoon ground cinnamon

1/2 teaspoon salt 3/4 cup chopped figs 1/2 cup chopped walnuts

Mash bananas to make 1-1/2 cups. Cream butter and sugars until light and fluffy. Beat in mashed bananas, egg and vanilla. Combine flours, bran, baking powder, cinnamon and salt. Beat into banana mixture until blended. Stir in figs and walnuts. Pour into a well-greased $9 \times 5\text{-inch loaf pan}$. Bake in 350° F oven 1 hour 15 minutes until bread tests done. Cool in pan 10 minutes. Turn onto wire rack to complete cooling. Makes 1 loaf.

For more terrific banana recipes, write to Dole Bananas, Dept. B5, P.O. Box 7758, San Francisco, CA 94120.



JANUARY

BREAKFAST

MON. JAN 27 - Pineapple, waffles, syrup, milk.

TUES. JAN 28 - Grapes, oatmeal, milk.

WED. JAN 29 - Juice, tator tots, eggs w/toast, milk.

THUR. JAN 30 - Fruit Cocktail, french toast, syrup, milk.

FRI. JAN 31 - 1/2 Apple, hot cereal, milk.

LUNCH

MON. JAN 27 - Sloppy joe, tator tots, salad, grape gluster, milk.

TUES. JAN 28 - Grill cheese, soup, french fries, jello w/fruit, milk.

WED. JAN 29 - Spaghetti, corn, ice jucie, bread sticks, milk.

THUR. JAN 30 - Pizza, green beans, garden salad, apple slices, milk.

FRI. JAN 31 - Fish, rice w/peas, golden carrots, fruit delight, milk.



JOHN C. BARNES, DOCTOR OF VETERINARY MEDICINE, ANNOUNCE OPENING OF BARNES' VETERINARY CLINIC. FORMALLY E. MAIN VETERINARY CLINIC. 2205 E. MAIN, UVALDE, TX. 278-4441. EMERGENCY NUMBER 278-8401. HOURS - 8 AM - 12PM, 1:30 - 5:30 PM MON - FRI. 8 AM - 12 ON SATURDAYS PLEASE CALL FOR APPOINTMENT-