

Serving the Counties of Borden, Dawson, Garza, Howard, Lynn & Scurry

POSSIBLE CLOSING OF CHURCH

Borden County organized in 1891 and the Doward Methodist Church in Gail, was organized on January 31, 1892, by Rev. T.L. Adams. Among the charter members listed in the original record book is the name of Kincaid. Elizabeth grandmother of Vivian Clark and Aubrey Most of the charter members long departed Borden County, from but members of some families still hold an interest in the happenings of this church.

In November 1900, the Methodist Church in Gail, was reorganized with Rev. H.C. Jolly; who lived north of Gail, leading the movement. Among the charter members of

reorganization Lucy and Bell were Lucy's son, Aubrey Rogers, continues to support the Gail Church as did Bell's Vivian son, Clark until his recent Other charter death. members were Minnie Russell, who married David Dorward, Mrs. J.D. Brown, wife of the man who ran the Gail Bank until it's failure following the drouth and blizzard of 1917-18.

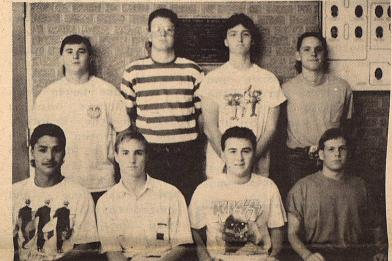
Also listed are five members of the James Dow family, including James Lorenzo Dow who published his first newspaper in Gail and went on to build the weekly Avalanche-Journal of Lubbock into a widely known daily paper. In the Peter

Hurd murals at Texas
Tech, Lorenzo Dow
represents the newspaper industry in West
Texas.

The Dorward Methodist Church in Gail is the only Methodist Church in Borden County. On January 31, 1992 it would celebrate it's 100th year.

But this Sunday, Nov. 25, 1990, there will be a meeting at 8 a.m.-regular church time--to decide if the church should be closed. Is there no one interested in the preservation of a Methodist Church in Borden County? If so, please meet with us on Sunday at 8 a.m.!

/s/ Edna Miller



Top row L. to R: KLINT KEMPER, COLE VESTAL, PAUL STURDIVANT and J.J KINCHELOE. Bottom row JIMMY RIOS, JOHN PAUL HARRIS, SHANE KEMPER and ROD JETER. (STAR PHOTO)

ALL-DISTRICT SELECTED

The 5A coaches met to select the 1990 All District 6-Man football team. The Coyotes pretty well dominated the All-District team as appropriate. The All-District Honors for the Borden County Coyotes are as follows:

DEFENSIVE END:
Paul Sturdivant
Cole Vestal
LINE BACKER:
Klint Kemper
SAFETY: Jimmy
Jimmy Rios
PUNTER:
Jimmy Rios
2ND TEAM ALL-DIST.

1ST TEAM ALL-DIST.

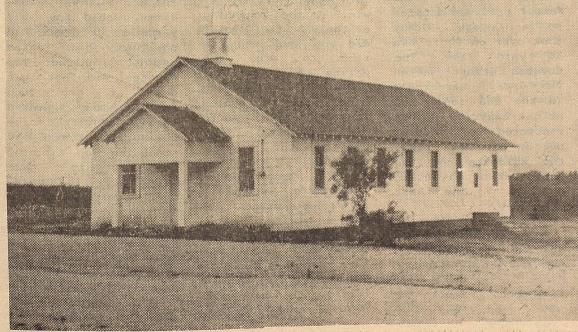
OFFENSIVE END: Cole Vestal QUARTER BACK: Shane Kemper RUNNING BACK: Jimmy Rios CENTER:
J.J. Kincheloe
OFFENSIVE END:
Paul Sturdivant
DEFENSIVE LINEBACKER:
Rod Jeter

HONORABLE MENTION
RUNNING BACK:
John Paul Harris

LOCAL LANDFILL FACES CHANGES UNDER NEW STATE LAW

The State of Texas, the Texas Department of Health and the Texas Board of Health along with the United States Environmental Protection Agency are changing the rules under which

municipal landfills (dumpgrounds) operate.
To comply with the latest rules passed by the Texas Board of Helth, the Borden County Commissioners' cont. to pg. 7



The Dorward Memorial Methodist Church



COYOTE NEWS

COYOTES STAY HOME, BUT AREN'T LOSERS!

The Borden County football team played a hard fought Bi-District football game Friday night to a 20-20 tie. The Coyotes did not lose the game, but they will conclude their bid for the state playoffs because the Grady Wildcats had 5 penetrations to the Coyotes 4. If the penetrations had been tied, then the first downs would have counted. The Coyotes had 175 total yards, 95 rushing yards and passing yards. The Grady Wildcats had 312 yards, total 171 rushing, 141 passing.

Leading the offense for the Coyotes was

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CO-EDITORS Verna Adcock Clarajane P. Dyess

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Shane Kemper. He completed 5 of 14 passes for 80 yards and 1 touchdown.

Klint Kemper rushed 11 times for 59 yards and 2 touchdown's.

J.J. Kincheloe caught 1 pass for 15 yards.

Klint Kemper led the defense with 17 tackles, John Paul Harris had 15 tackles, Rod Jeter had 14 tackles, Brandon Adcock had 11 tackles, Paul Sturdivant had 10 tackles, and Cole Vestal had 9 tackles.

The game began with the Wildcats kicking to the Coyotes. Covotes began The their first drive to the 13 yard line. The Coyotes were held by the Wildcats and punted to their own 32 vard line. The Wildcats managed only 7 yards in 4 downs, and the Coyotes took over. The Coyotes next possession was aided by a Grady facemask penalty for 15 yards and a first down. An penalty was assessed on the next four downs. The Coyotes penetrated to the Grady 15 yard before fumbling to the Wildcats. The Wildcats completed a pass for 29 yards and a 1st down. On 4th and 10 at the Coyote's own 25 yard line, Jeremy Mize tackled a Wildcat for a loss. On the next series of downs the Coyotes were forced to punt without a first down. On 4th and one a Wildcat ran 25 yards to the Covote 14 yard line. The first quarter ended 0-0.

On third and goal at the 5 yard line the Wildcats picked up 3 yards. On 4th and goal at the 2 yard line the Coyotes held the Wildcats short. Klint Kemper was credited with the tackle. The

made a great effort in stopping the Wildcats on the goal line. On the first play from the Coyote's own two, a fumbled Coyote the ball right into hands of a Grady defender. The Wildcat then ran the two yards for the touchdown. The PAT failed, and the score was 6-0 with 8:05 left in the half. Juve Balaque ran the kick-off to the 23 yard line. Brandon Adcock made a 32 yard run that was negated by off setting penalties. Cole Vestal caught a 12 yard pass, and John Paul Harris made a 10 yard run for a 1st down. Klint Kemper made 6 vards. and a Grady penalty gave the Covotes a 1st down. John Paul Harris made 13 yards for a 1st down and Klint Kemper made a 3 yard plunge for the touchdown. The PAT was no good. and the score was 6-6 with 5:34 left in the half. The Wildcats took over at their own 12 yard They line. made first down, but had to punt on the next four downs. After a 16 yard Grady punt, the Coyotes took over at their own 34 yard line. Klint Kemper got 23 yards and Brandon Adcock picked up 6 yards. The Covotes were with 4th and 8 yards to go when a Shane Kemper pass was dropped by a Covote, Grady took over on their own 16 yard line. The Coyotes almost sacked the Grady quarterback in the end zone, but he got away. A Coyote recovered a fumble, but on the next play, the Wildcats got the ball back on an interception. The half ended 6-6.

On the Wildcats opening possession of the half, the Wildcats drove 58 yards for a touchdown. The PAT was good, and the

a nice 16-6 lead in

5:59 left in the 3rd quarter. The Coyotes first possession the half resulted in a punt to the Grady 15 yard line. The Cats made 2 first downs, but lost 22 yards. On 4th and 30 yards, the Coyotes took over on Covotes The downs. were held without a 1st down, and on down Shane Kemper punted to the Grady 3 yard line. The quarter changed, and Grady tried to punt from their own 11 yard line. The Wildcats made a -5 yard punt, and the Coyotes took over on the Grady 2 yard line. On the next play Klint Kemper went over for the touchdown. The referee ruled the PAT by Shannon Smithie no good. The score was 12-14 with 9:12 left in the game. Grady was forced to punt to the Borden Coyotes 10 yard line. J.J. Kincheloe caught a 15 yard pass for a 1st down. On 4th and 6 yards Shane Kemper was dropped for loss. The Wildcats

possession for dirt. The PAT was no good, and the score was 12-20 with left in the game. At this point the Coyotes could have given up, instead they showed more courage than at anytime during the year. Cole Vestal caught an 18 yd pass for the first down, but the Coyotes had another interception. The Coyotes still did not give up and forced the Wildcats to punt. The Coyotes took over from 32 yards out. On 1st down Shane Kemper connected with Cole Vestal for a 32 yard touchdown pass. The 18-20. score was Shannon Smithies' kick tied the score 20-20 with 1:07 left in the game. The Coyotes attempted an on side kick but failed. The Wildcats just ran the clock out because the Coyotes and time outs and knew Coyotes were out and the were ahead in both penetrations and first



CHALK TALK BY COACH AVERY

The Coyotes had a great year. I have really enjoyed coaching the football team. I watched have become competitors and gain that desire to win. At the beginning of the year the Coyotes did not know what it took to win, during the course of the year something happened to the Coyotes. They were having more playing they claimed, but at the same time a team was forming. They played with more intensity, more courage and they had a greater desire to win. I think it began with Klondike. then there was district. Hermleigh, Ira, Trent, Loraine, then Highland. All of them helpless

against the Coyotes. The Coyotes displayed their character by going into the Bi-District playoff game without their leading rusher, Jimmy O Rios. Jimmy, rushed for 1097 yards in 9 games, had sprained his ankle against Highland. The Coyotes did not get down or get long faced. They proved their character by coming from behind and producing a tie of 20-20. This game game capped off the year. could Even though we not advance, success like this that carries over into basketball and track and even into athletics next year. Good season Coyotes, now let's have even a better year.

14 7 (a)

COYOTE NEWS CONTINUED . .

RIOS SELECTED AS ALL-STAR

The All-Stars were also recently selected. These young men will represent District 5A at the 1991 6-Man All-State game this summer in Stephenville. This district gets to sent 2 athletes and it was hard to select. Our own Jimmy Rios was the top vote getter, a Trent's Jamie Masonheimer was the other All-Star. Cole Vestal was selected as the 1st alternate. If one of the two All Stars elects not to go to the game, Cole will have the first chance to attend.



JIMMY RIOS. SENIOR RUNNING BACK (STAR PHOTO)

BASKETBALL TIME IS HERE

HIGH SCHOOL GIRLS

After opening the season with 2 fairly impressive scrimmages against Coahoma and Lamesa, Borden the Lady Coyotes County opened the season for real Saturday night in the Coyote Gym against the Lady Eagles from Sterling City. The game would be a see-saw affair all the way, with Sterling City leading 14-13 after one quarter and 25-21 at intermission. The Lady Coyotes came out in the strong

quarter, to take 35-33 lead into the final quarter. Thanks to a good defense and some cold shooting by our girls, the Lady Eagles were able to take a 47-41 win back to Sterling City. Our scoring was pretty balanced, with Amanda and Shayne Anderson Hess scoring 12 each. Jeana Jones added 10, Kristin Monger 6, and Melody Harrison rounded out the scoring with 1. Kelly Ogden also played well for the Lady Coyotes unding out the team this year are Heather Armstrong Mendy Hensley. and With only 8 girls on the team this year, all of our players will have to contribute in order for us to have a good year. The all have strong desire to win and have a tradition of winning, which should help us through a very tough schedule.

After a Thanksqiving break, we travel to Loop to play the Longhorns.

GIRLS JR. HIGH



FFA NEWS

FFA FRUIT SALES

The Gail FFA began selling fruit November 13th. The sales will continue until Wed. Nov. 28th. The following is a list of items and prices:

RED DELICIOUS APPLES: (Washington) Large Box----100 per box--\$20.00 Small Box---- 50 per box---\$13.00

CHOICE ORANGES: (California navel) Large Box----88 per box--\$18.00 Small Box----44 per box--\$10.00

CHOICE RUBY RED GRAPEFRUIT Large Box----\$16.00 Small Box----\$10.00

MIXED FRUIT (Oranges & Grapefruit) One Size Only-35-40 lb.---\$18.00

COMBO BOX (Oranges, Apples, Grapefruit) One Size Only-36 count per carton

Anyone wishing to purchase fruit, please contact Mr. Buddy Wallace at 915/856-4314 or 856-4478. Thanks to everyone for supporting the FFA.

BOOSTER CLUB MEETING MONDAY, NOV. 26th IN CONFERENCE ROOM AT 5:15 p.m. BEFORE THE JUNIOR HIGH GAME WITH O'DONNELL

The Borden Jr. High Missy Coyotes opened 1990 season with a 34-18 victory over Grady. The contest was played at the Coyote Gym Nov. 12th. The Coyotes jumped out to a 13-3 lead after one quarter and led 21-10 at the half. A solid 3rd quarter made it 27-14 Borden County before the subs came during the last quarter. Our second string played well, outscoring Grady 7-4 in the last quarter to make the final 34-18 in favor of the Missy Covotes.

Leading scorer for the Coyotes was Bobbie Armstrong with 12. followed bv Jana Kincheloe with, Laura Hensley with 5, Sheen with 4 Maya and Brandi Smithie with 4. Leticia Rios closed out the scoring with Odom led Grady scoring with 9. The Missy Coyotes used their full-court press effectively during the

The next action for the Junior High Girls came over last weekend at the Sands Tourney. Our first-found opponents were the Grady Wildcats. As in the first game of season, we jumped out to a nice 16-6 lead in

the first quarter and led 23-9 at halftime. We played well in the third quarter and built the lead to Our 33-13. younger players finished out the game as we won 35-16. Bobbie Armstrong led our scorers with points followed closely by Jana Kincheloe with 12. Maya Sheen, Brandi Smithie, Shavla Jeter, Laura Hensley and Nadia Baeza added 2 each. action Leticia were Mandi DeAnn Parks, Erica Herring, and Nance.

Madison led Grady scorers with 6. The girls were fired up going into the Championship game against the Sands Mustangs, home had defeated who Klondike easily in their game. Our presdefense held Sands scoreless in the first quarter as we led 5-0. By halftime, had taken 14-10 lead, thanks to a good press of their own. The teams played evenly in the third quarter, but Sands outscored us 12-3 in the 4th to pull away with a 39-24 win and championship. Scorers were Jana Kincheloe 7, Brandi Smithie 6, Maya Sheen, 4, Laura Hensley 3,

Bobbie Armstrong Leticia Rios 2. Hodnett led Sands with 18. Overall, it was a good showing for our girls.

We paid Sands a second visit on Monday, Nov. 19th, hoping for a different outcome. For the first half, it looked as if we might pull off an upset, as our defense was giving Sands trouble. score at the half was 13-12 Sands. We had a very cold 3rd quarter, however. Sands moved out to a 24-12 lead. We emptied our bench in the 4th quarter as our reserves did a good job in a losing cause. Sands would up the game on top by a score of 33-18. Bobbie Armstrong and Jana Kincheloe led our attack with 6 each. Nadia Baeza, Erica Nance, scored 2 while DeAnn Parks and Maya Sheen scored 1 each. Leticia Rios, Mandi Herring, Laura Hensley, Brandi Smithie, and Shayla Jeter also saw action for Borden County. After 4 games, our record stands at a respectable O'Donnell will visit

our gym on November

GO-

FIGHT-

Peanut-Butter-Jelly Sandwiches, a Science Lesson ?

peanut butter-andjelly sandwiches in Barbara Tharp's fourthgrade classroom are not part of the lunch menu; they are part of the science lesson.

compares the Tharp layers of the peanut butter, jelly and bread to layers of rock earth's beneath the She has surface. the students slice sandwiches and move the pieces into different positions to see how shifts. earth the geological forming faults.

Each summer, 30 teachers spend six weeks learning new ways to present science lessons from the faculty of Baylor, Rice University and the University of Houston. The project

allows the teachers to learn by doing, just as their students will.

For a lesson on microbes, the teachers make yogurt in a thermos container. "Tree cookies", (slices of tree trunks), are used as a learning tool for determining a tree's age and climate.

Animal organs purchased at the supermarket are dissected for anatomy lessons.

"Hands-on is the best way to teach science so that kids experience and remember. They think they're having fun. They don't know they're learning.

The program encourages students to ask the 'how' and 'why' questions, resulting in higher test scores.

SPEAKS AT PEP RALLY

Mr. Bob Dyess, football former and basketball coach at Borden County School, was invited to speak at the pep rally held before the Bi-District with playoff game Grady.

He said he was honored to be asked by this year's winning team to give them a pep talk.

Mr. Dyess talked about having "fourth quarter character". Not only for athletic pursuits but to apply this to their future careers.

He began his coaching career in Abernathy, Texas, then went to Southland. He was hired to coach at Borden County in 1969.

During his years in Gail, his football teams won various honors, and 18 years ago was the last time Borden County reached the Bi-District playoffs. He said the way the team was progressing, he knew it would



BOB DYESS, FORMER COYOTE COACH!
not be 18 more years before Borden County

before Borden County came home with a trophy.



Whit Parks
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The tallest woman basketball player was Juliana Semenova who played on the 1976 Russian Olympic team and stands seven feet two inches tall.

REGULAR SCHOOL BOARD MEETING NOVEMBER 19, 1990

The Board of Trustees of the Borden County Independent School District met in regular session on Monday, November 19, 1990 at 8:00 P.M. in the Board Room of the Borden County School.

Board members present were Jack McPhaul, Joel Dennis, Kenny Hensley, Scott Clayton, and Randy Adcock. Tom Ed Vestal was absent.

Superintendent, Jimmy Thomas was also present.

- 1. Call To Order:
 The meeting was called to order by Board President, Jack McPhaul.
- 2. Community Input:
 There were no visitors present.
- 3. Minutes:
 The minutes of the October 15, 1990 Board Meeting were read. A motion was made by Joel Dennis and seconded by Randy Advock to approve the minutes. The motion carried unanimously.
- 4. Bills:
 The bills for November were reviewed. A motion was made by Randy Adcock and seconded by Scott Clayton to approve the bills. The motion carried unanimously.
- 5. Appointment Of Records Management Officer As Required By H.B. 1285:

 A motion was made by Scott Clayton and seconded by Randy Adcock to appoint Jimmy Thomas as the Records Management Officer of the Borden County Independent School District. The motion carried unanimously:
- 6. Gasoline Bid:
 The five bids for school gasoline were reviewed, and a motion was made by Joel Dennis and seconded by Randy Adcock to accept the gasoline bid of Frank's Oil Company of Lamesa for the period of December 1, 1990 to November 30, 1991. The motion carried unanimously.
- 7. Propane Bid:

 The five bids for school propane were reviewed, and a motion was made by Scott Clayton and seconded by Kenny Hensley to accept the propane bid of Eddins-Walcher Company of Snyder for the period of December 1, 1990 to November 30, 1991. The motion carried unanimously.
- 8. Appointment Of Appraisal Board Member:
 A motion was made by Joel Dennis and seconded by Scott Clayton to appoint Randy Adcock to the Borden County Appraisal Board to fill the unexpired term of Jon Monger which will expire on December 31, 1991.
 The motion carried unanimously.
- 9. Change Of Legal Firm To Address Delinquent Tax Collections:
 No action taken.
- 10. Review Of Rules And Regulations Pertaining To Borden County I.S.D. Senior Trips:
 No action taken.
- 11. Adopt and Rescind Policy Statements According To TASB Localized Update 38:

 A motion was made by Joel Dennis and seconded by Scott Clayton to adopt and rescind policy statements according to TASB Localized Update 38. The motion carried unanimously.
- 12. Superintendent's Report:

 a. Financial Report- Superintendent, Jimmy Thomas gave a year-to-date financial report for the 1990-91 school year.
 - b. Attendance Report- It was reported that the K-12 enrollment for the District was 185 as of November 19, 1990.
 - c. Board Training Credit- A review of the current status of School Board Training Credit was given.
 - d. Borden County Invitational Tournament- It was reported that plans were presently being made to finalize details relating to the annual Borden County Invitational Basketball Tournament that will take place on December 13th, 14th, and 15th.
 - e. Basketball Officials— It was reported that Superintendent, Thomas had filed a complaint with the Permian Basin Basketball Official's Chapter as a result of the fact that basketball officials were not provided for the first two basketball games of the season as previously contracted and confirmed by the basketball official's association.
 - f. Inclement Weather- A brief review was given pertaining to the delay, early dismissal, and cancellation of school as a result of inclement weather.

A motion was made by Randy Adcock and seconded by Joel Dennis to approve the superintendent's report. The motion carried unanimously.

13. Adjournment:

A motion was made by Kenny Hensley and seconded by Randy Adcock to adjourn the meeting. The motion carried unanimously.

HOLIDAY MARKET

The Extension Program Council and the Exten-Home Economics Committee are sponsoring a Holiday Market December 14th & in conjunction with the Borden County Basketball tournament. We are looking for interested individuals and cottage industries to set up booths at Holiday Market. our Market will be from 1:00-7:00 p.m. on Friday, Dec. 14th and 10:00 -6:00 p.m. on Saturday, Dec. 15th.

The Holiday Market will be set up in the County Show Borden Barn directly behind the school. The showbarn is within walking distance from the school.

return the Please encolosed booth reservation form if you are interested in having a booth at our market. We will need you to return these forms or contact the Extension Gail at (915)856-4336 no later than Nov. 28th, in order to arrange for tables spaces. After receive your booth reservations, we will send you detailed information on time, location, etc.

We are requesting that you donate one item per booth to be auctioned off in lieu of a booth fee. We will begin booth set up on Friday, Dec. 14th. in the begining at 10:00 a.m.

Please share this information interested parties.

Hope you will join in the fun!

Drive safely. Don't wreck your life.

State Department of Highways and Public Transportation



DONATIONS:

MEMORIALS:

VIVIAN CLARK

Dennis, Sheri, Kaci,

Tanner & Kalli Poole

Bob & Cookie Dyess

Mary Cathey

Alvin Smith

Eva Doyle

Anonymous

December 14 & 15.	e in the	Borden Cor	unty Holiday	Market or	1
Name		BARBARA BURNOS	allow Volt a		
Address	oos -	barres			
Phone Number	home			office	
I will arrive at	ra-Pan	Yeco	med and	del La	153
(time)		ир а воо	th on Friday	, December	r 14
I will need an electrical out le	et ves	no			

One item per booth will be auctioned off in lieu of booth fee. My item will

(type of booth) I will need _____ tables.
Please describe booth for advertising purposes___

TRMA COX Mrs. J.W. Gray

K. T. REDDELL Mr. & Mrs. Joel Dennis Mr. & Mrs. Ralph Miller Bob & Cookie Dyess

DIMPLE STOKES Marge Mathis

Statistics estimates, the job classifi-cation with the most openings likely between now and 1900 is that

According to U.S. Bureau of Labor

THANK YOU

My thanks to all; Big or Small, phone calls, food, visits, prayers, kind words and cards.

Also thanks for the time and care from all EMT's God Bless you, Mary Cathey

Farmers' share of Thanksgiving dinner declines over six years

expect to receive 2.2 cents as their share of this year's average Thanksgiving dinner, the second lowest net return in the six years that the Texas Department of Agriculture has tracked holiday meal prices," Texas Agriculture Commissioner Jim Hightower said today.

'The farmers' net return has declined nearly five cents in six years from a total of seven cents per serving in 1985, the first year that TDA examined the consumers' cost and farmers' return for an average Thanksgiving dinner.

"This follows an overall trend toward a declining farmers'share of the consumer, food dollar during the past six years. In 1985, the average farmer received just 26 cents of every consumer food dollar. In 1990 farmers received an average of less than 24 cents of every consumer dollar.

"Further declines are likely next year, as rising fuel prices triggered by the current international situation cause farmers' input costs to skyrocket and as drastic cuts in farm subsidies and a freeze in the federally mandated target prices for many farm products take effect," Hightower said.

"Consumers, on the other hand, will ay an average of \$2.52 each for their Thanksgiving dinner, eight cents more than last year but 36 cents less than six years ago.

The TDA Thanksgiving Dinner Survey annually examines 10 common food items produced in Texas and found on typical holiday dinner plates. The cost to consumers is calculated by a

conducted across the state by Agricultural Statistics Service, the marketing specialists. The return to Texas Agricultural Extension Service farmers is calculated on the basis of and the U.S. Department of Agriculture.

series of market basket surveys crop prices gathered by the Texas

	Consumers	
Turkey - 8 oz.	59.5¢	2.1¢
Stuffing - 4 oz.	45.9¢	1.3¢
Rice - 4 oz.	10.2¢	.1¢ (1/10¢)
Whole kernel corn - 4 oz.	16.0¢	2¢ (-2/10¢)
Lettuce - 2 oz.	12.8¢	.1¢ (1/10¢)
Grapefruit - 4 oz.	14.5¢	-2.7¢
Carrots - 4 oz.	9.8¢	.5¢ (5/10¢)
Milk - 8 oz.	22.2¢	1.6¢
Pecan pie - 2 oz.	44.9¢	1.4¢
Ice cream - 4 oz.	16.6¢	.8¢ (8/10¢)
TOTAL	\$2.524	2.2¢
The state of the s		

Sources: Texas Department of Agriculture, Texas Ag Statistics Service, Texas A&M

Classified Ads

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HELP WANTED: EASY WORK! EXCELLENT PAY! Assemble Products at home. Call For More Information. 504-641-8003. EXT. 6293

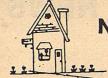
LOST LONG BLACK SWEAT-SHIRT JACKET. Left show barn ain concession after last High Football Please party. contact Teresa Cox: 573-2977 or at the school.

PIANO FOR SALE

Wanted responsible to take on small monthly payments. See locally. Trade-ins accepted. Credit manager 1-800-233-8663.

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NOTES FROM HOME BY DEBRA POLLARD

Home Demonstration/CEA

Some Calories Count More Than Others

If number the calories consumed by Americans has dropped substantially since the early 1900, why has the avarage weight in United States continued to creep upward throughout the better part of this century?

For many years scienthought that tists weight loss was simply a matter of mathematics. If we ate fewer calories burned we energy, we would lose weight. Today, scientists are finding some interesting things about calories. only do they all count, but calories from fat seems to count more than others. Canadian investigators found new reasons why fat, not carbohydrate, the in diet is a major villaim in obesity. The researchers found that men who ate high-fat in a sampling of their normal diets were When fatter. 244 healthy men ate whatever they liked and recorded their food consumption for three days, those had eaten foods containing more fat had more body-fat mass and a higher percentage of fat, and their skinfolds in all locations were thicker.

Researchers also found that when people ate a high-fat consumed more calories than low-fat diet. When eight men had all they wanted from choices of high-fat consumed about 4.100 calories a day. When they the men ate all wanted from the menu items prepared so they contained less fat, they consumed 3,000 calories a day.

At nine calories per packs more than twice the calorie punch of carbohydrates and proteins (each with four calories per

researchers have learned that the body converts dietary fat to stored fat relatively easily. ingested in diet is converted into stored fat in the body at 97 percent efficiency compared to carbohydrate which is converted into body fat with an efficiency of only 77 percent.

dietary Simply put. fat is much more likely to become body fat than carbohydrate. Carbohydrates have always had a lot going for them nutritionally, so why are we only now around recognizing their virtues?

Some nutrition experts have think we may into renewing appreciation for carbohydrates.

It's clear that people want to reduce the amount of fat in the diet. It's also have clear that we adequate protein in the This carbohydrates their many benefits as food group whose consumption encouraged.

Carbohydrate foods provide the feeling of satiety or fullness that comes from eating foods containing starch and fiber. Fiber from grains, fruits and vegetables has added benefits for qastric processes, such preventing constipation. evidence recent that suggests some forms of fiber may be effective in serum cholesterol.

The bottom line: calories that come from butter, cream, sour cream sauces fatty meats, whole milk dairy products are much more likely to end up as body fat than carbohydrate from foods like bread. potatoes and pasta--all the more reason to heed the call to limit fat

in the diet and increase consumption of complex carbohydrates for better health.

RELAY TEXAS SERVES HEARING AND SPEECH IMPAIRED CUSTOMERS

Communications vices for the hearing and speech impaired are being provided throughout Texas. Known as RELAY TEXAS, the service allows Texas residents who are deaf, hard of hearing, or speech impaired to communicate the telephone normal speech US SPRINT, hearing. long distance affiliate of United Telephone Co. of Texas, provides the across state.

Utility The Public Commission awarded the Relay Texas contract to US SPRINT. The confidential service operates out of Austin 24 hours a day, 365 days a year. To communicate with the center, persons who are speech and/or hearing impaired use a Telecommunications Device the Deaf (TDD) or other compatible equipment.

TDD users dial 1-800-RELAYTX to be in direct contact with a relay The center agent. agent connects the call to the requested telephone number and remains on the line to serve as conduit between the two parties. A message typed into the TIDD system is viewed by agent, who then translates it orally to the party with normal speech and hearing.

The agent then ceives the oral response converts it into written form, and relays back through the TDD Calls may initiated by either a or a person Almond Pumpkin Pie



Almond Pumpkin Pie is a delectable dessert for any occasion.

ALMOND PUMPKIN PIE of (Makes one 9-inch pie)

- 1 (9-inch) unbaked pastry
- 1 (16-ounce) can pumpkin (about 2 cups) 1 (14-ounce) can sweetened
- evaporated milk)
- 2 eggs
 1½ teaspoons pumpkin pie spice
 1 teaspoon almond extract
 ½ teaspoon salt (data)
- 1/4 cup sliced almonds

Preheat oven to 425°. In large mixer bowl, combine all ingredients except pastry shell and sliced almonds; mix well. Pour into pastry shell; top with almonds. Bake 15 minutes. Reduce oven temperature to 350°; bake 35 to 40 minutes longer or until set. Gool. Refrigerate leftovers.

with normal speech and Callers with hearing. normal speech hearing must 1-800-RELAYVV to access the center.

have The agents training in deaf awareness and sensitivity. as well as American Sign Language teration. This enables agents to identify a variety of sentence structures and language sively by persons who are speech or hearing The customer impaired. relay agents may handle as many as 175,000 cals a month.

There are no fees or charges for using the service within a local

calling Tarea. obitiong distance within Texas are billed at a 50 per cent discount of the rates in the contract. available upon asking. Long distance calls made outside Texas are not discounted and include a surcharge. Dialing are available in braille or large type upon request. For more information, call



Many of the first houses in the American colonies were built from bricks used as ballast in the holds



Security State Bank

Big Spring, Texas

Member F.D.I.C.

1411 Gregg



LET ME GET MY HAT

BY DENNIS POOLE

Advanced Farm Accounting Software

Pioneer Hi-Bred International, Inc. has released for sale a new, proprietary software program known as DollarWise Advanced Farm Accounting.

The program has been designed to assist farmers in tracking and analyzing their inventory, loans and new worth.

"DollarWise" not only helps with such simple tasks as checkbook balancing and tax preparation, but handles such complex chores as adjusting live...

to greflect market changes. Another benefit of the software is that it can be used as a double-entry cash or accrual accounting

Designed with input from producers across the nation, "DollarWise" has the capability to up-to-date provide grain and livestock inventory levels by account for any given time period.

Other information generated, by the program financial includes summaries, enterprise income and cash flow statements, transaction listings, tax reports, account number and vendor listings.

"DollarWise" uses a calculator, pop-up pull-down menus, help screens and pop-up windows to walk users through each step they need to take when entering their accounting information.

Time-saving features of the software include the automatic creation of income and expense farm accounts for enterprises, and the ability to copy recurring transactions from month to month. Users also have the flexibility of creating their own asset, liability, income and new worth, expense accounts.

Reports from "DollarWise may also be transferred software other to programs where the information can be manipulated for further analysis.

Users can quickly and their easily enter withdrawal and deposit transactions and update inventory values. The software also saves time by allowing checks to be prepared during transaction entry. Another helpful feature is the program's electronic 'notepad' --which allows producers to record up to a full facts and page of figures, about each transaction.

For more information tion of about the DollarWise Advanced Farm Accounting excessive Program and demonstration diskette, farmers entry. are asked to call Pioneer 1-800-338-5878, Ext.
Monday through Pioneer toll-free at be from this year's 240, Monday through Friday, from 8 a.m. to 5 p.m. Central Time.

New Area Code

Telephone customers in 200 Northeast Texas communities are now being served by the nation's newest area code---903.

Customers in Dallas and in 33 Metroplex municipalities immediacut

municipalities immediately surrounding the will continue to city use 214 area code.

But GTE has taken precautionary steps to avoid call completion problems for customers who have not made the changes. From November 4, 1990 to May 4, 1991, the switching equipment will still allow calls to the new 903 area code to be completed-whether the caller used the new, correct area code or the former 214 area code.

10th Annual Dawson County Pecan Show and Pecan Food

Dawson County's 10th Annual Pecan Show and Pecan Food Show will be held December 6 and 7 in the Lamesa National Bank Meeting Room at 112 Houston Ave. in Lamesa. Eddie Brown is the chairman for this year's Pecan Show

Pecan growers from Dawson County and any adjacent county should save the best nuts from this year's crop for the show. Anv grower in the area may enter a sample of 42 nuts from each variety he grows. Growers may enter only one county contest.

Nuts should selected that are free of insect and disease damage. They should be uniform in size and shell color. should be cleaned but not altered in shape or color. Any alterapecans by marking, filing or polishing will disqualify the

Pecan entries must Ext. crop and must have

> The additional area code is needed because continued residential and business growth in the 214 area led to a shortage of available telephone number combinations.

> After May 4, callers will not be able to complete calls to the new 903 area without dialing the correct area code. If they mistakenly use former 214 area code, they will hear a recorded message instructing them to dial the new 903 area code.

been raised in Dawson County or any of the counties. adjacent Competition will be divided into three categories; Commercial Division, Classic Division and Native Division.

Entries in the pecan show should be delivered to the LNB Meeting Room on Thursday, December 6, between 11:30 a.m. and 5:00 The pecans p.m. should be in a paper sack with the name of the grower, the address, telephone number, and the pecan variety, if known. Anyone that does not know the variety of his or her pecans is still urged to enter, since variety can be determined by this year's judge, Earnest Kiker, CEA-AG, from Midland.

The food show divided into six divisions: appetizers and snacks, breads, pies, cakes, cookies and candies. Pecans used in the foods can be from a variety of sources, since they are not required to be

LANDFILL

cont. from pg. 1 Court has adopted the policy to accept no used or scrap tires at its landfills. These rules are required by Senate Bill 1516 passed Texas by the 71st Legislature in 1989.

Some of the other that Borden County landfills must comply with is no burning of wastes, dumping of pesticides and herbicides.

will The E.P.A. publicize rules later

home grown. Entries in the food show will be taken at the LNB Meeting Room, from 8:00 a.m. to 9:30 a.m. on Friday, December 7.

Plaques will awarded to the champions of the pecan show and the food show. Ribbons will be awarded for first, second and third places.

Judging categories will take place from 9:30 a.m. to noon on Friday, December 7, with all entries on view for the general public from 1:00 p.m. to 4:00 p.m. that day.

this year or early in 1991 that will be more restrictive than those required by the State of Texas. The Borden County Commissioners' Court has joined other rural, arid West Texas counties to ask the E.P.A. to relax the requirements on these rural counties small populations and arid climate, because the need for the stringent rules are not necessary to protect the enviornment. Some of the rules that the E.P.A. is considering is the lining of the pits, drilling of wells to monitor groundwater, the daily covering of waste, monitoring methane gas and the monitoring of a closed site for 25 to 50 years.

If a county or city cannot comply these rules, if passed by the E.P.A., the county or city will have to close landfill and transport the waste to an approved landfill.



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400 Main Street

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BIG SPRING, TEXAS

Our National Cathedral

over-Washington, D.C., National Cathedral is a vision of Gothic The beauty. sixth cathedral largest in the world, it truly is a focal point of the nation's capital. And on Sept. 29, 1990. exactly 83 years after the laying of its cornerstone, the final piece of limestone was put in place. National Cathedral-officially,

the Cathedral Church of Sts. Peter and Paul-is completed.

The inspiration behind the cathedral started more than 200 According years ago. Joseph legend, Nourse, then secretary of the treasury, told President George Washington and city planner Maj. Pierre L'Enfant of his dream to have a church built on his homesite of Mount St. Alban, which commanded the highest spot in Washington, D.C.

Initially, little effort was made to pursue Nourse's dream.

L'Enfant had included a description of a "great. church for national purposes" in his city but distrust plans, church between and state during the late 1700s caused the plans to be set aside. was not until after the death in 1850 of Nourse's granddaughter, who left 50 gold dollars for a "free church on Alban's hill," that a fund was created to preserve the land for the cathedral. Many citywide planning held to meetings were rally support for the cathedral. In 1893, a congressional charter created the nonprofit Protestant Episcopal Cathedral Foundation to construct and operate the cathedral.

Although actual did not construction begin until 1907, the cathedral began its national ministry almost immediately. A Episcopal diocese created, and the first Bishop of Washington, Henry Yates Satterlee, was consecrated in

1896. The first service was held outdoors to celebrate the end of Spanish-American War in 1898. And on Sunday, Sept. 29, 1907, President Theodore Roosevelt participated in the festivities to the cathedral's lay foundatin stone from Bethlehem.

Dr. George Bodley, an Englishman, and Henry Vaughn, an American. commissioned as first architects. the Their design was based on 14th-century English precedent: laid out east to cruciform in plan with a curved apse, a twoaisled nave, a high tower above the crossing and a tripartite west front with two towers. Indiana limestone was selected for the stonework.

Building a Gothic cathedral in the 20th century challenged the ministry. Craftsmen were needed who still worked in stonemasonry stained-glass and design. Although the Bethlehem chapel inside the cathedral opened in 1912, construction was During slow.

building World to came standstill. For many involved, building the cathedral been lifetime mission. Cleland, Peter fact. mason at the has three cathedral, generations from Cleland clan Scotland working on its completion.

While based in Episcopal tradition, National Cathedral has from its inception strived to "a house serve as prayer for all people." And as its more than 400,000 annual visitors and 200,000 worshippers can attest, once inside its towering nave, with colored light the streaming from magnificent



The young of an eel is called an elver.

glass windows, visitor would welcome.

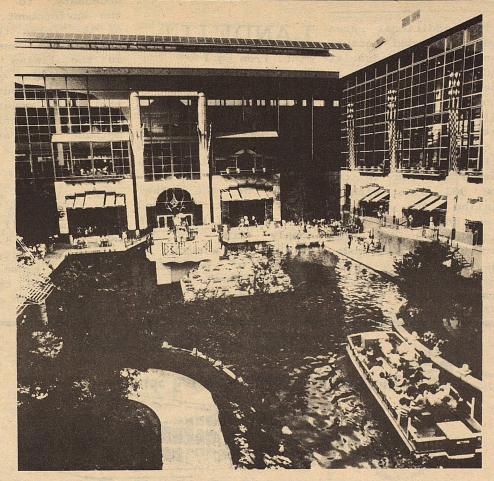


IF ONLY THEY CAME WITH INSTRUCTIONS.

American Red Cross

Branon Funeral Home

Service in this area since 1922.



More than 130 specialty shops and restaurants are featured at Rivercenter, a 10-acre shopping, dining and entertainment complex in San Antonio. Among the more prominent tenants of the downtown mall are a new 1,000-room Marriott Hotel, and the IMAX Theater which boasts a six-story high screen and features "Alamo...The Price of Freedom," a reenactment of the 13-day siege that sparked the Texas Revolution. Texas Department of Commerce photo.

