## Borden County Students $4-\mathrm{Her}^{\prime}$ s Compete At District

Attend Electric Camp


Three Borden County residents last week participated in an electricity camp sponsored by Southwestern Public Service Company. About 80 4-H'ers from throughout the Texas South Plains attended the camp June 25-29 in the Sacramento Mountains south of Cloudcroft, N.M.

The camp featured demonstrations and lectures on basic electricity, safety, wiring and electrical terminology. The students also completed hands-on projects.

County agents and SPS representatives served as advisers and instructors.

Pictured left to right: Cody Stone, Jim Evans and Mendy Hensley.

## Texas Visitors Fond

 of Flowers, Spring
## Scenery

The beauty of Texas, less than 30 days) gave freshened by the green "scenery" as one of of springtime and their answers to the splashed with the color question "What did you of roadside flowers, is enjoy about Texas?" And highly rated by visitors nearly 47 percent of to the state, according to the latest edition of the Texas Auto Visitor Survey.

The spring survey was taken during March, April, and May. Almost 62 percent of short-term visitors (those staying
them mentioned wildflowers.

Long-term visitors liked our wildflowers, too. That was the second most popular answer, right behind the perennial number-one response,

Texans'

- nearly 47 percent of and State Round-up

Borden County was represented by four teams at the District II 4-H Round-up held May 19 at Texas Tech University in Lubbock. Dayna Parks received lst place with her demonstration on "Gone Wild With Wildflowers." Meg Parks and Michele Rowe received lst place with their demonstration "Beekeeping... A Honey of a Deal!" Deann Parks received 2nd place with her demonstration "Living With Diabetes", and Shayne Hess \& Cody Stone received lst place with their demonstration "Here Today...
legendary friendlinesss. Scenery was cited by 70 percent of long-term visitors.

The most-visited city in this quarter's survey for all visitors was San Antonio. For short-termers, Dallas and Houston ranked second and third, as usual, while those staying more than a month reported Brownsville and Harlingen as the second and third most-visited cities.

The Texas spring also brings mirgrating birds --and migrating birders. More than 46 percent of long-term visitors reported bird-watching as one of the activities they engaged in, as did 18 percent of short-term visitors.

Cont. to pg.

Gone Tomorrow!" explain- foruntate enough to ing how to prevent place 7th at State child abduction. Senior Competition. It is a participants Shayne and great honor to place in Cody were then able to the top 10 at State. compete at the state All these youngsters level. The State $4-H$ spent a great deal of Round-up competition time and effort on was held June $5-6$ at their projects and Texas A\&M in College should be proud of Station. They were their accomplishments!


SHAYNE HESS AND CODY STONE


Borden County 4-Her's (L. to R.) MICHELLE ROWE, DEANN PARKS, MEG PARKS AND DAYNA PARKS.
the borden star, wed., JULY 4, 1990... 2

## Heavy Television Viewing Can Harm Children

Too much television viewing can have a negative impact on children, especially during the summer when school is out. That negative impact can take several forms, particularly violent behavior and obesity, as well as early sexual activity and alcohol and drug abuse.
"What children seen on TV, they imitate in life," said Fornunato O. Sunio, M.D., a Cleburne pediatrician and TMA member.

Televison's influence on children is partly a function of how much time they spend watching it. According to recent Nielsen data, American children 2 to 5 years old watch commercial television 25 hours a week, children 6 to 11 watch 22 hours a week, and youth 12 to 17 watch 23 hours a week.
Heavy television viewing reduces the time children spend in other activities, such as bicycle riding and playing outdoors. Consequently, as research has shown, these youthful "couch potatoes" tend to gain excess

weight, especially because frequent soft drink and food commercials encourage betweenmeal snacking.

What children see on the screen also is a critical factor. For example, violence in children's programs, such as Sataurday morning cartoons, rose from 18.6 violent acts an hour a decade ago to about 26.4 violent acts an hour now. Each year American children also see an estimated 14,000 sexual refernces and innuendos, only 150 of which deal with sexual responsibility, abstinence or contraception.
One reason is that children spend only about one-fifth of their viewing time watching children's programming. Most of the viewing time is spent on programs designed for an older audience, such as music videos, soap operas, and sitcoms.
Parents can help prevent or counteract the negative influence of television in a variety of ways.:
${ }^{\circ}$ Limite children's viewing to one or two hours a day. Encourage children to play outdoors, read, play games, and engage in hobbies.

- Set guidelines about what children may watch, and don't assume cartoons are OK. Encourage children to watch educational programs.
${ }^{\circ}$ Watch television with your children. Use depictions of violence, sexual activity, alcohol and drug abuse, and ethnic stereotypes as an opportunity to intervene and convey your values.
-Talk about commercials, as well as programs.
${ }^{\circ}$ Be sensitive to the impact any program, including the nightly news, can have on


## July Foods, Products, Other Summer Items Discounted

Texas Food MarketWatch:
Texas consumers will find a wide array of foods discounted in July, ranging from fresh, frozena and canned produce to foods for the July 4th holiday.

Picnic-related foods will be promoted at
the explosion of the Challenger space shuttle was extremely distrubing to many children who were watching the live lift-off.
${ }^{\circ}$ Aviod the habit of leaving the television on all day from morning to night. When used as a ritual, television replaces or reorganizes what children learn from parents, sciool and church.
${ }^{\circ}$ Call or write advertisers and television station managers to express your views about the kinds of material being aired.

## Texas

Cont. from pg. 1
The survey report includes statistics for the previous four quarters and an annual average. The 17 survey question include the age of the travel party, accommodations used, miles driven, and attractions visited.
The survey is completed by visitors who stop at Texas Travel Information Centers. The centers serve as Texas' front doors, where travel counselors extend hospitality to tourists arriving from all directions. On the average, more than a third of survey respondents say their informa-tion-center stop influenced them to see more attractions, and more than a third say they were induced to see more of the state.

A free copy of the detailed report is available by writing Texas Auto Visitor Survey, box 5064, Austin, Texas 78763.
lower prices early in the month as food retailers use the holiday for a sales focal point.

Discounted
tems picnic sirloin steak include chops and ribs, hamburger, soft drinks, barbecue sauce, pickle relish, catsup and salad dressings.
July produce prices will be even lower than those of June. The weather has been highly favorable for increased yields, which have lowered consumer costs for fresh, frozen and canned produce.
Increased production, coupled with a high carryover of produce inventory, will result in attractively priced canned tomatoes, green beans, corn, tomato pasts and tomato juice.

Frozen products that will be reduced because of large supplies are cut corn, green beans, broccoli, raspberries, blackberries and blueberries.

Consumers also shouId see lower prices on fresh tomatoes, bell peppers, okra, cucumbers sweet corn, cabbage, watermelons and cantaloupes.
The cantaloupe harvest is gaining momentum in Far West Texas, with harvesting active in Presidio County and expected to "move ahead rapidly in Pecos and Reeves counties.

We are expecting good yields and an excellent harvest. Pecos melons are noted for their high sugar content and excellent flavor.

In South Texas, cantzloupe harvesting is under way in Maverick

County and is beginning to wind down in Starr County, where yields topped those of 1989
Availability
organically
grown produce is increasing and is priced within 30 percent of conventionally grown produce. The organic produce is being grown on larger acreage than in the past, and a more efficient market system also is helping these products.

Producers with larger acreages -- as well as the collaborative marketing efforts by small producers -- are providing more quality products for consumers.

Also discounted this month will be a variety of ice cream products, with a big promotion on those containing frozen yogurt.

Yogurts appeal to those who are concerned with fat content and cholesterol but still want a rich premium tasts.

Promotions on powdered drinks will reduce their costs by as much as 50 percent.

Some beef items will be discounted beyond the July 4 th promotions, but pork prices are not expected to drop.

Watch for sale prices that will drop some beef items by 30 to 40 percent of their preJuly costs. These will be rather scarce, however.
Poultry prices will continue at about the same as in recent months, with whole birds priced at 49 cents a pound.

## Former Student Makes Dean's List Honor <br> List

Kate Phinizy, daughter 2,000 other Texas Tech of Bill and Mary John University students. Phinizy of Borden County, a sophomore at Texas Tech has qualified for the Dean's Honor List at the end of the 1990 spring semester. along with more than

Students finishing 12 or more hours with a grade-point average of 3.5 tro 3.9 qualify for the Dean's Honor List.

# NOTES FROM HOME bY debra pollard <br> 等 <br> Home Demonstration 

## Helping Your Child

## Learn To Read

Learning to read is an important part of childhood. For many children it seems to just come "naturally," while for others it is an ongoing struggle. Parents can help their children acquire reading skills in a number of ways:
${ }^{\circ}$ Let your children see you read so they will have a model to follow.

- Provide a comfortable special reading area and a variety of books, newspapers and magazines
-Take your children to the library to get library cards, to check out books and
listen to films and ${ }^{\circ}$ Play readers theater stories. Most libraries (each individual has a will allow children to part and they read have library cards as aloud together), act soon as they can write out stories, present their names.
${ }^{\circ}$ Read store and road signs, package labels and license plates.
oreward the child's reading achievement with a trip to the library, the purchase of a new book or praise about how well the child is doing.
${ }^{\circ}$ Write down your child's story as he or she tells it so that it can be seen $I$ print. The child can draw pictures to illustrate the story. Save the


## Dnesscrt Cot's cood <br> 

Cooking Summer Vegetables, Southern-style


#### Abstract

Remember those wonderfu fresh vegetables that yourmother fresh vegetables that your mother (or maybe it was grandmother) or maybe it was grandmother cooked in the summertime Nothing is better than a meal of vegetables just out of the garden and a skillet of hot buttered cornbread. If you don't have a garden, good fresh vegetables are available a the grocery store, farmer's markets or roadside stands. But there may be some questions about exactly how to make them taste like mother's. It is often difficult to find Southern-style ficult to find Southern-style recipes in print, so here are some you might like to try.


## Fried Ohra

To coat evenly, put corn meal and okra in a paper or plastic bag and okra in
nd shake.
1 pound okra, cleaned
$3 / 4$ cup Martha White Self-Rising Corn Meal
Cut okra crosswise into $1 / 2$-inch slices; coat with corn meal. Hea $1 / 2$-inch vegetable oil in skille over medium-high heat. Fry okra until lightly browned, stirring oc casionally. Drain on paper towels.
Makes 4 servings.

## 6 ears corn

1 teaspoon salt
$1 / 8$ teaspoon pepper
2 teaspoons sugar
3 tablespoons Martha White Flour (Plain or Self-Rising) 11/2 cups water
$11 / 2$ cups water
3 tablespoons bacon
tablespoons bacon
drippings or butter
Shuck corn and pull off silks, then wash under running water with a vegetable brush to remove remaining silks. In a large pan or bowl, cut corn from the cob with a sharp knife. Cut down the cob all around just cutting off the tips of the grain. Make a second cut down the cob to get the remaininggrain, then scrape up the cob with a tablespoon to get the milk. Add salt, pepper, sugar, flour and water to corn and stir to blend water to corn and stir to blend. Melt bacon drippings in a heavy skillet over low heat. Add corn stirring occasionally Cow heat, stirring occasionally. Cookabou 40 minutes. Makes 4 to 5 servings.

For other traditional southern recipes, write to the Martha White Kitchen, P.O. Box 58, Dept. FF3 Nashville, TN 37202 and ask for Seven Southern Suppers.
story and read and savor it together.
${ }^{\circ}$ Give your kids bookcases (a carboard carton covered with contact paper will work) where they can store books. cpurpet shows of favorite bookss:
${ }^{\circ}$ Give books as birthday and holiday gifts.

- Show pictures and ask what might happen next; being able to predict what will happen next is an important reading skill.
${ }^{\circ}$ Read to your children every day. Sometimes let them choose the books. Read your old favorites or those that teachers or librarians recommend. Once your child can read on his own, you need to continue reading at a higher level.
- Talk about the books you read together. Ask questions about the story: Where did the story take place? Which of the characters are you most like and why? What happened first, second, last? Why did you like this story? How does it make you feel? Think of a question to ask me about the book.

The single most important activity that parents can do to assist their children in reading is to read to them throughout childhood and especially during preschool years.

The benefits are greatest if the child is an active participant, engages in discussions about stories, identifies letters and words and discusses the mednings of words.

## Meet Your Future With A Straight Face <br> Buckie Up

3...THE BORDEN STAR, WED. JULY 4. 1990

## Skin Cancer Risk Increases With Exposure

About 400,000 new cases of skin cancer the most common form of human cancer, will be diagnosed in the U.S. this year. According to health officials, most of them will result from repeated overexposure to the sun's rays.

If scientists are correct, because air pollution has begun to destroy the planet's ozone layer, skin cancer may be even more common in the future. Therefore, the Texas Department of health (TDH) urges Texans to take special precautions
Dr. Patti Patterson, TDH Acting Associate Commissioner for Personal Health Services, said, "Texans are used to the outdoors, and they sometimes accept sunburn as no more than temporary discomfort. But each sunburn contributes to permanent radiation damage that may go unnoticed sometimes for years."

Dr. Patterson stressed that repeated ill effects from the sun are cumulative. "Every individual has his own tolerance for how much of the sun's ultraviolet light he can stand in a lifetime." She sxplained that children and older people, especially those with light skin, generally have a lower tolerance to overexrosure than people with dark skin. She added, though, that even dark-skinned people have their limits.

Dr. Patterson said that the likelihood of skin cancer increases with age. Warning signs include sores that do not heal or any unusual skin condition, such as a change in size or color of a mole or birthmark.

The American Caner Society recommends a monthly skin selfexamination for symptoms.

Teens and adults should use a full-length mirrow and hand mirrow to study the whole skin carefully for overall condition and tiny changes, including the skin of the scalp and between the toes. Parents also should thoroughly examine their young children. Any noticeable change warrants a medical opinion.

To reduce the risk of overexposure to the sun, Texans are advised to:
> *Wear protective clothing, including hats, long sleeves, even gloves.

*Choose -- and use -sunscreens which are best suited to skin sensitivity. Apply a waterproof sunscreen (rated 15 or higher) at least an hour before going into the sun, and reapply after swimming or heavy perspiration.
*Avoid sun exposure between $10 \mathrm{a} . \mathrm{m}$. and ; 3 p.m., when the sun's ultraviolet rays are most intense.
*Do not use sunlamps, booths or tanning pills.
*Be especially cautious of sunlight when using prescribed drugs, since some tend to increase the skin's light sensitivity.
"These precautions and plain common sense can help most people avoid skin cancer. And when people do develop skin cancer, they will find it early, if they routinely examine themselves," Patterson said.

She added that with early detection most cases of skin cancer can be cured.


MRS．JOHN SPRINGER STEPHENS III gh sich ．nee LORI LEIGH VOGLER誛々山されは

Lori Leigh Vogler and John Springer Stephens III were
united in marriage in a candle－light wedding held at the First Baptist Church in Lamesa on the evening of June 16.
Officiant for the double－ring ceremony was the Rev．Clifton Igo，pastor emeritus of Second Baptist Church in Lamesa．

The bride is the daughter of Mr．and Mrs．Rinehard Eldon Vogler of Lamesa．The groom is the son of Mr．and Mrs．John Springer Stephens，Jr． of Borden County．

Debbie Flanagan presided at the re－ gistry table as wedding guests arrived．

Within the sanctuary， windows were garlanded with stephanotis and large mauve bows． Alternating pews on the bridal aisle wert marked with taffeté hearts and adorner with carnation feather： roses and satin bows The remaining pew were lighted wit votive candles i
crescent－shaped arrange－ ments of identical flowers and bows．
iree sunburst llearbra and four ral candelabra and r spiral candelabra ned a backdrop for ceremony．Each was mented with cre－ it－shaped bouquets roses and carnations pink and mauve s．Two baskets， led with white and ve roses and green－ bordered each le of the bridal ：ting．Beneath an shway at the center the altar，a decor－ ed unity candle held inscription of the uple＇s wedding vitation．
Organist Brenda gler performed a dley of love songs d hymns as candles re lighted by Shayne ss and Kurt Hess， usins of the groom． Lara Ferguson and ic Smith sang ＇herish the Treasure＂ ien grandparents were eated；and Stacy ogler，sister of the ride，presented＂Wind eneath My Wings＂as
the mothers，escorted by the groom，joined to light the unity candle．Jay Durham and Debbie Flanagan offered ＂Me and My House＂ while family members formed by Mrs．Ferguson and Smith as the bride and groom lighted the unity candle．

Escorted by her father and given in marriage by her parents， the bride chose a gown of satin and Schiffli lace，desinged with a bodice of pearl－studded English smocking， appliques，and re－ embroidered lace and pearls．Fashioned with a sweetheart neckline to the front，the bodice featured an open back draped with strands of pearls and edged with scalloped lace．From a Basque waistline，the ballroom skirt swept to a cathedral－length
train．A waterfall of crystal pleated satin ruffles and scalloped lace，bordered with Schiffi lace，em－ bellished the train． The gown was jeweled with pearls and beads by the bride＇s mother and friends of the bride．
A tiara of pearls and sequins held the bride＇s fingertip－ length viel of silk illusion．
The bride carried a three－foot， royal cascade of full bloom－ ing white and mauve roses，miniature and sweetheart roses， stephanotis，white freesia，lily－of－the－ valley，baby＇s breath， and trailing English ivy interspersed with pearl branches．
As the bride neared the altar，she present－ ed her mother with a long－stem rose．As she departed，she honored the groom＇s mother with an identical rose．

According to bridal custom，her gown，also worn by her sister Valerie Vogler Moore， served as＂something old．＂Her veil was new and she wore a pearl necklace borrowed from the groom＇s mother． Representing＂something blue＂was her garter． trimmed with white
mink，pearls and lace． In her satin shoes， she carried the tradi－ tional sixpence， gift from David Sprayberry；and a penny，minted in the year of the groom＇s birth．

Serving as the bride＇s honor atten－ dance were her sisters， Stacy Vogler of Lamesa and Valerie Moore of Plainview．Debby Reed of Lamesa，cousin of the bride，was brides－ matron；and bridesmaid was Stephanie Stephens， sister of the groom．

They each wore an identical floor－length gown of mauve taffeta， featuring a sweetheart neckline，dropped－ waistline，and tiers of ruffles detailing the back of the skirt．
Headpieces of carna－ tion feathers，looped ribbon and pearl sprays complemented their gowns．They carried miniature versions of the bride＇s bouquet，in pink and mauve colors．

Jennifer Currie of Dallas，cousin of the bride，was the flower girl．She scattered petals from a basket decorated with carnatin feathers，mauve roses， and loops of mauve ribbon．

The groom was attired in a black，full－dress tuxedo with white tie and cummerbund．A white rose，accented with pink and white gypsophila and pearls， formed his boutonniere．

The groom＇s honor attendant was Scott Brewer of O＇Donnell． Groomsmen were Brad Williams of O＇Donnell， Jeff Williamson of Seymour，and Lee Hoffpauir of Lampasas． They each wore a black tuxedo with black vest，pink bow tie， and mauve－pink rose boutonniere．

Ringbearer Lane Bartley carried a heart－shaped，white satin pillow，topped with a decorated jewelry box．
Ushers were Ricky Murphy and Tim Flanagan of Lamesa，Greg Bodin of Big Spring，and Ken King of Allen．

The parlor of the church was the scene of a reception follow－ ing the ceremony．

Gracing the bride＇s table，covered with linen and lace，were crystal and silver accessories and a five－tiered Italian creme wedding cake featuring heart－shaped satellite cakes con－ nected by miniature staircases．Garnished with roses in mauve and dusty－rose，it was topped by an Lladro porcelian bride and groom music box．

The groom＇s table， draped with an ivory cloth，held a German chocolate cake decor－ ated with trailing English ivy and topped with frosted grapes． The centerpiece was composed of a miniature leather saddle arranged with bronze and gold mums．The saddle was a gift te the groom from his paternal grand－ father，the late John Stephens，Sr．Gold table accessories finished the setting．

Assisting
guests were Kristi Gray and Rene Telchik of Lamesa Julie Kurkendall and Michelle Vaughn of Lubbock，Pat Vera of Big Spring，Julie Cajacob of Allen， Kristi Stone of Borden County，and Robyn Williams o＇Donnell．

Keva Lee，Kori Lee， and Amanda Corley all of Lamesa distributed rice roses to the guests．

After a wedding trip to Ruidoso，N．M．，the couple will reside in Lubbock，where the bride is employed with the Lubbock Independent School District and the groom is employed by Stephens and Stephens．
The bride is a graduate of Lamesa High School and Texas Tech University．The groom is a graduate of Borden County High School and is a senior business major at Texas Tech．

## COURTESIES

A gadget shower for the prospective groom， given by his aunt Pam


STEVE LIGHTFOOT \& KIMBERLY TURNER

## Anumutra Engagr ment

John and Janette Mitchell announce the engagement and approaching marriage of her daughter, Kimberly Suzanne Turner, to Steve Alan Lightfoot son of Jim and Donna Lightfoot, all of Lamesa.
Miss Turner, who is also the daughter of the late Blaine Turner, and Lightfoot are both 1988 Lamesa High School graduates. The bride-elect has attended Texas Woman's University in Denton, and the prospective groom is presently a student at Texas A\&M University in College Station.

A wedding ceremony is planned for the afternoon of August 18 at the Second Baptist Church in Lamesa.

## S.A.F.E. NIGHT

What is S.A.F.E. Night? S.A.F.E. Night is the one night of the week that you and your family can come together with other families in the community and enjoy a good time without the stress of another meeting.

STRESSLESS ACTIVITIES FOR EVERYONE is just that. Every Wednesday night throughout the summer, at the school tennis courts, will be devoted to you and your family. You and ycur family can come to enjoy volleyball.
horeshoes, crouqet, or just a gopd visit with someone.
This comming Wednesday night at $7: 00$ p.m. We will have our first S.A.F.E. Night. You come and find out what it is all about.

Bring A Friend

## 娵pはding

Cont. from pg. 6
Hess and his grandmother Katherine Stephens, was held on May 11 at Martinez Restaurant in O'Donnell.

On May 19, a bridal shower was held at the First Baptist Church. Hostesses were Linda Beam, Sue Brewer, Elena Brown, Barbara Cheek, Martha Coffey, Cindy Corely, Ann Debnam, Liz DeLeon, Nikki Dunn, Mary Flanagan, Liz Payton, Martha Pearce, Jane Schwartz, Sharon Shofner, Eva Mae Smith, Linda Smith, Shirley Smith, Wanda Snell, Vickie Wilkerson and Leatrice Wynn.
A couple's shower was held on June 3 in the Plains Community Center. Hostesses were Jimmie Gae Ash, Marsha Barret, Margaret Beckham, Frances Burkett, Wilma Currey,

## EMS NEWS Common Poisonous Plants <br> currey,

Flower Garden Plants:

## Larkspur

Toxic Part:
Young plant, seeds. Symptoms:
Digestive upset, seeds cause nervous excitement depression. May be fatal.

Monkshood
Toxic Part:
Fleshy roots
Symptoms:
Digestive upset and nervous excitement.

Autumn Crocus, Star of Bethlehem

Toxic Part:
Bulbs.
Symptoms:
Vomiting and nervous excitement.

Lily of the Valley

Toxic Part:
Leaves, flowers.
Symptoms:
Irregular heart beat and pulse, usually

8

Kay Doyle, Barbara Farmer, Sherry Gas, Juanda Hancock, Jo Hensley, Jimmie Jones, Janette Mitchell, Mary Ann Russ, Terry Smith, Pat Telchik, Sherry Telchik, Quida Turner, Glenda Vestal, and Mary Lynn Williams.
The First Methodist Church was the site of a Tupperware shower on June 7 , hosted by Lara Ferguson and Debby Reed.
A lingerie shower was held at Kid's Korral on June 9 given by Robyn Williams Lara Ferguson, Debbie Flanagan, Susan Lee, Jeanette Roy, and Kristi Gray.

The groom's parents were the hosts for a rehearsal dinner on June 15, held at the First Baptist Church and catered by the Ranch House.
accompanied by digestive upset and mental condition.

## Iris

Toxic Parts: Underground stem.
Symptoms
Severe, but not usually serious; digestive upset.

## Foxglove

Toxic Part:
Leaves.
Symptoms
One of the sources of the drug digitalis, used to stimulate the heart. In large amounts, the active principles cause dangerously irregular heartbeat and pulse, usually digestive upset, and mental confusion. May be fatal.

Bleeding Heart
(dutchman's Breeches)
Toxic Parts:
Foliage
Symptoms:

## EMS NEWS

## IN MEMORY OF:

Clarence faught
Mr. \& Mrs. Ralph Miller
GAZZIE NUMMALLY
Bery \& Dorothy Dennis

## DOYLE WELCHER

Gae Ludecke
Ross, Sarah and
Jason Sharp Jerry \& Carol Eaton

MARY V. WILLLEY Bill \& Nell Wilson Ronnie and Pam Gass

HELEN WILSON Dennis, Sheri, Kaci, Tanner \& Kalli Poole Jeff \& Nicki Lackey

'What's your favorite parable?" asked a Sunday School Teacher. "The one," answered a boy, "where everybody loafs and fishes." That sounds like a lot of church members, doesn't it? They loaf while others labor, and then fish for the compliments after the work is done.
What are you - a loafer or a laborer, a shirker or a worker, a leaner or a lifter, a hindrance or a help?
You're saved by grace, not works. But if you're saved, you'll work. The time to work is now, the place to work is where the Lord has put you, and the way to work is with your talents.
The Lord's call is for liveliness not laziness.

May be poisonous to the heart in large amounts. Has proven fatal to cattle.
VEGETABLE GARDEN PLANTS

Rhubarb

Toxic Parts:
Leaf Blade.
Symptoms: atal
Fatal. Large amounts of raw or cooked leaves can cause convulsions and coma, followed rapidly by death.

More Next Month.

## 

## Rod Tips

Browsing through a tackle shop or fishing department one quickly realizes that the modern day fisherman has many choices in selecting a fishing rod. The racks are stocked with everything from basic fiberglass rods to numerous specialty rods. There are even sophisticated rods with quartz transmitters and built in thermometers. It is important to know how to select a rod and when and where to use it. The right choice will make fishing easier and more productive.
The rod must feel comfortable to you. Pick it up and hold it. Compare it to other rods. Most of the weight should be in your hand. Avoid a rod that is tip heavy. Your arm will wear out in a hurry and you will lose valuable sensitivity. Carefully check the guides and wraps. They should be straight, tight and in excellent condition.

The length of the rod is a critical criteria in rod selection. Longer rods make longer casts and work certain lures better. For example, a crankbait which you want to run deep. Long rods also tend to give you better hook setting ability.

Shorter rods allow you to make quick underhanded casts when fishing benath limbs and overhanging branches. Short rods are best for fishing lures that require constant rod action, such as topwater baits. As a general
rule, a bait casting rod should never be any longer than you are tall. Preferred lengths are usually five and a half to seven teet.

Another factor to consider is the rod action. This information should be listed on the rod. The only way to really test the action is to attach a reel, run your line through the guides and tie on a lure, which is not always possible in a store. Medium action rods are the most popular and versatile. The action will be in the last eighteen to twenty four inches of the rod. It will bend slightly with a three eights ounce lure. Using the same lure, a heavy action will not even flex. A heavy action rod is good for setting the hook on a plastic worm and pulling the fish through heavy cover. It is also the most difficult to cast. A light action rod allows you to obtain the maximum amount of flexibility and is made for light line fishing.

The majority of rods are either fiberglass or graphite. The fiberglass rods are relatively inexpensive.. The graphite rods are more sensitive, lighter, and also more expensive. Your budget will determine your selection. rod the line. Pick up a spool lure premium quality and sugd pounds of test you will be ready for a lines. Remember, it day of fishing. does not make sense to spend a lot of time and God bless you and money selecting just thanks for going Fishirg the right rod and then with Mark Weaver. at the county arena in Gail, Texas.
We will begin taking entries at 6:30 p.m. and the playday will begin at 7:00 p.m.
An office charge will be held out of entry fee and the remainder jackpotted.
Please find more information concerning this event onour entry blanks.

More information can be found on our entry blanks.


## Playday

## Scheduled

## A playday will be

 sponsored by the Borden County 4-H Horse project on Monday July 16, 1990BORDEN COUNTY 4-H INVITATIONAL PIAYDAY
uly 16, $1990-7: 00$ p.m
county arena gail, texas

NAME
Please check the blanks in your age group you wish to enter

Under 6-Stick Horse Ride
13 ts $15 \$ 12.00$ per event Barrels Flags

Goat Tying
Dummy Calf Roping $\qquad$
8 \& Under $\$ 8.00$ per event
Barrels
16 to $19 \$ 15.00$ per event
Flags
Poles
Goat Hair Pulling
Dummy Calf Roping

\section*{| $\square$ |
| :--- |
|  |}

9 to $12 \$ 9.00$ per event
Barrels
Barrels
Flags
Poles
Goat Tying

Home Address:
Name:
Flags
Poles
Goat Ty
Dummy Calf Roping $\qquad$
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Dennis Poole
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## Jumbo Grasshoppers Attack Cotton

## Jumbo grasshoppers,

 those big flightless rascals that make highways slick and farmers sick, are starting to emerge and head for West Texas cotton fields.There are many theories concerning the intermitten onslaughts of grasshoppers, but none have been tied to just one reason.

Moisture probably has something to do with it. Many old timers say that $a$ wet February means jumbos in the spring. Last year, we had a real wet February but no grasshoppers, so who can say?

The jumbo grasshopper, a native of the Southwest, is a large, brown, clumsy species with wings reduced to mere pads. Sometimes it is called a buffalo grasshoppers because of its slightly humped appearance. It is strong and has greatly enlarged hind legs, but it can not fly.

Problems occur because the jumbos, or "lubbers" as they often are called, emerge about the same time as cotton.

A jumbo on an emerging cotton plant spells death. One bite and the seedling is gone. A few hoppers can do a heck of a lot of damage. in a two-day period, a single hopper will take out three or four plants. High populations of the pests can reduce a stand very quickly.

The counties normally affected are from Tom Green north to Scurry and Mitchell and west to Glasscock and Reagan. But the grasshopper can overtake larger areas and move north to the High Plains.

The grasshopper's voracious appetite is not limited to cotton. Grain sorghum, corn, fruit trees and even gardens also may be hit. Cotton suffers the worst because unlike the other crops, it is
a dicot, meaning the growing point of the plant is above the ground.
A grasshopper kills the cotton plant with a single bite to the center of this growing point. The critical time occurs when the young plant is less than 2 weeks old. After that, the plant has more leaves and can take some grasshopper pressure.

Sorghym plants also can be heavily damaged by the pests, but because their growing points are below the ground, they simply send up another shoot once one is bitten off.
Jumbos are generally most damaging around a field's perimeter. Because they don't fly, jumbos jump or walk, eating as they go. Their grazing patterns are similar to deer: they start at a field's edge and work toward the middle. Four or five days of heavy pressure by the insects is often all that is needed to take out 20 percent or more of a crop.

If a farmer has more than one jumbo hopper per row-foot of cotton, he's got problems. Unfortunately, any estimation is hard to determine, because the pests are transient. They don't just go into a field and stay. They tend to move into the fields early in the morning and out again later in the morning, then it's in again in the afternoon and out again at night."

This constant movement can be used to help control the pest.
One of the things that has been very successful for us is the use of a baited ditch.

Once in the ditch which is dug around the field, most of the critters will move
along the bottom rather than try to climb out. It's then a relatively simple task to drop a handful of bail every three to five feet along the bottom of the ditch. Hoppers moving down the ditch will eat the bait and die.

The bait is very cost-effective. In many intstances, only one or two sides of a field must be treated, often at a cost of less than \$1 per acre.

The technique is also environmentally sound. The baiting is done only every two to five days over a relatively short time period. At the completion of the baiting, the crop is cultivated which closes the ditch thus covering any remaining bait. The pesticide used, Sevin, is also quite safe.

Luckily, the jumbo annually is way down list of economically damaging pests or West Texas cotton. As a pest, the jumbo is usually localized, returning to the same general area every three to five years.
The jumbo is a lot like a hail storm. Generally a hail doesn't take out a large percent of the area, but for the ol'boy who got hit, it's pretty devastating.
 Europe until Columbus found them in the West Indies and took them back with him. They have turned into one of the world's cheapest food crops


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tion look-buy one or two classic and comfortable outfits then accessorize for a variety of fun and spirited ensembles Any of fun and spir ess expensive and once are often he expensive and, once you get wear! Also if they are lots of hasic color scheme with your clothes, accessories are the perfect way to add brightness and excitement to your own already unique style. So, here are a few packing tips for the here are a few pac:
vacation traveller:
vacation traveller:
-The latest scarf news is the polka-dotted chiffon oblong to wind around the throat with dangling ends or even as a light wrap. This size scarf also works well to protect

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-For those romantic nights you'l need two accessory essentials. "Big" earrings are a must and don't forget to spritz on a light floral scent. Try a floral oriental such as new Navy, by Cover Girl. This delicate fragrance is always appropriate and adds just the right touch for a moonlit walk.
-The big-brimmed straw hat has always been a classic poolside favorite. It offers crucial protection to delicate facial skin, hair and scalp, while at the same time helps create a look of sophistication when we're not usually wearing makeup.

- Don't forget the shades! Not only do sunglasses add an air of chic and mystery many brands offer UV protection to spare eyes from sun damage. You needn't spend a fortune to get a grod product in this fortunetoget area-many sell for under $\$ 10$


## Public Notice

TO ALL FORMER AND CURRENT INTRASTATE WIDE AREA TELECOMMUNICATIONS SERVICE (WATS/800) SUBSCRIBERS:

Southwestern Bell Telephone Company has instituted a Class Action Lawsuit seeking judicial approval of a settlement reached in Docket No. 7297, an inquiry of General Counsel of the Public Utility Commission of Texas into possible overcharges which occurred between September, 1976, and February, 1987, due to rounding practices, on bills of intrastate WATS/800 customers sent by Southwestern Bell and other telephone companies which concur in Southwestern Bell's tariff The suit is styled "Southwestern Bell Telephone Company, Plaintiff, vs. MCI Telecommunications Corporation, A Member of the Class of Texas Intrastate WATS and 800 Service Customers Who Paid Overtime Charges From September 1976 Through February 1987, Defendant,' and identified as Cause No. 471,460 in the 126th Judicial District Court of Travis County, Texas

Pursuant to the settlement, while not admitting liability, Southwestern Bell, the other local exchange telephone companies in Texas, and AT\&T Communications of the Southwest, Inc. have agreed to pay refunds to those WATS/800 customers who paid overtime charges attributable to the rounding practices for intrastate WATS/800 services at any time between September, 1976, and February, 1987. The refunds will be based upon either the actual or estimated amount of overtime charges attributable to such rounding practices. An exact refund will be determined for customers able to produce copies of their WATS/800 service bills. For customers who do not have copies of their WATS/800 service bills to establish actual overtime charges paid, an average refund of $\$ 4.53$ to $\$ 5.95$ per WATS/ 800 service line per month will be applied. All claims will be subject to verification. The refunds will also include interest at the rate of $7.80 \%$ per annum

## Claim Forms And Additional Information

Those customers who think they may be entitled to a refund or who desire more information must call 1-800-782-3026, 8:30 a.m 4:30 p.m., Monday through Friday, or write to WATS Refund Pool Administrator, One Bell Plaza, Room 670, P. O. Box 650376, Dallas Texas 75265-0376, to request a WATS Refund Information Package. The WATS Refund Information Package will contain further information regarding the lawsuit and eligtbility for a refund, a description of documentation required to support a customer's claim for iefund, and a refund claim form to be filled out and submitted requesting a refund. REQUESTING A WATS REFUND INFORMATION PACKAGE DOES NOT OBLIGATE YOU IN ANY WAY.

All claims for a refund must be received by the Refund Pool Administrator by Friday, October 5, 1990, and all rejections of the settlement (that is, requests for exclusion from the class action lawsuit) must be received by the Court by Wednesday, September 5, 1990. Only those who respond by filing a claim or by filing a rejection of the settlement, as explained in the WATS Refund Information Package, will receive notice of future developments in this proceeding.

Persons who wish to obtain further information may also contact the Public Utility Commission, Public Information Division, at (512) 458-0257 or (512) 458-1221, teletypewriter for the deaf

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