# FFA AND FHA BANQUET 



SPECIAL AWARD: AMY LEWIS, FHA Vice President of Programs and Projects and CODY STONE, FFA President, presented a "Special Thanks" plaque to Mr. James McLeroy. It was a means for both chapters to show appreciation for the time and help James has always had for these school organizations.
(Staff Photo)


Honorary Chapter Recognitions were presented to DEBRA POLLARD, CEA-HE, of Borden County and BEN MILLER, rancher and Vice President of the Borden County Junior Livestock Association.
(Staff Photo)

A "Mexican Fiesta" was the theme of the FFA-FHA Banquet held in the Borden County School cafeteria April 24th.
A large crowd of students, advisors, parents and friends enjoyed a tasty meal of Green Enchilada Casserole, Rice, Beans, Guachamole Salad, Tostados, Hot Sauce and Sherbet served in a gayly decorated atmosphere. After Shane Kemper gave the invocation, the banquet program got underway with Amy Lewis introducing Angela Reid as the guest speaker.
Her talk on setting goals and obtaining them was an appropriate message for the young people as this is what the advisors try to instill in the chapter members. Angela's motto for the banquet was "have an attitude cont. to pg. 4 Be Sure To

## VOTE

## MAY 5,

## School Board

Trustee
Election


ROSS HATAWAY, son of Cindy and Jody Nix, is holding his STAR GREENHAND plaque. This award is presented to a first year agriculture student who has done outstandding work on his projects.
(Staff Photo)


The STAR CHAPTER FARMER plaque was presented to (L) JAMES SMITH by FFA Secretary PATRICK HERRIDGE. JAMES is the son of Edward and Terry Smith.
(Staff Photo)

## BORDEN TENNIS NEWS

## AMANDA ANDERSON EARNS STATE BERTH

Amanda Anderson, a sophomore at Borden
County High School, reached the championship finals at the Region $I$ Tennis Tournament in Levelland this past weekend. With it, she earned a place in the State Tournament in Austin May 11-12. After knocking off the top seed in the regional meet in the semi-finals, she was defeated in the finals giving her the runner-up spot.
In the first round, she defeated Imelda Lerma from Fort Hancock 6-3, 6-0. Amanda trailed 2-1 before winning 11 of the next 12 games to put her in the quarterfinals. In the next round, she faced Jodi Johnson of Nazareth, who had eliminated Meredith Richards of Paducah in her first round. Amanda dropped the first set 4-6 before coming back to take the next set 6-2. She then trailed 4-2 in the final set before coming

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back to take the next four games and the match 4-6, 6-2, 6-4. The finals had Amanda facing the number one seed of the tournament from Sanderson, Holly Dodd. Dodd had dropped Jennifer Terry of Gruver and Vinita Grace of Anton in her previous rounds while dropping a total of just four games. Amanda jumped out to a quick 5-0 lead before surrendering a game. She then closed out the set 6-1. After a. 2-2 start in the second set, Amanda took the next four games and the match 6-1, 6-2 in probably her best match of the year. Then in ihe finals she ran up agzinst a tough opponent, the number two seed of the tournament, Misty Porter of Petersburg. In a flawless match, Porter took the Regional Championship 6-0, 6-1. Amanda actually held seven games points, but could only capitalize on only one as Porter always came up with a big shot on game points. Still, with the final appearance, Amanda reaches the final eight players left in this year's state tournament. Brackets for the State Tournament will be released by the UIL at a later date.

Amy Lewis and Rachel Romero also participated in the Regional Tournament and finished in fourth place. In their first round, they faced Bryan and Epp from Booker. Taking the match 6-2, 6-2, Borden moved on to the quarter finals where they faced Maupin and Comer of Valley. Valley had eliminated Dell City in their first round. Borden took the first set $6-1$ and led $5-1$ in the second set before Valley came back to take the next three games to close the gap to 5-4. Borden then captured the next qame
and the match $6-1, \overline{6}-4$. In the semi-finals, Amy and Rachel were hampered by the stiff forty mile per hour winds that visited the tennis meet that morning. Their opponent seemed less affected as they took the semi-final match 6-1, 7-5. Borden then played for third place against Sunray and after capturing the first set in a tiebreaker, lost the next two sets and the match 6-7, 6-3, 7-5, giving them fourth place honors Fort Hancock went on to capture the doubles championship in a split set victory over Sundown


## COMPETES

IN MEET
Corey Cox, third grade student at Borden County Elem. School, competed in Andrews, on April 7 in the Division I District Gymnastic Meet.
He won lst on the trampoline and lst in tumbling. He was boys all around District Champion and has qualified for the State Gymnastics meet to be held in Snyder on May 12 .

Corey is the son of Rex and Teresa Cox of Borden County.

## Promote World Peace <br> Host a Foreign <br> Exchange Student

Imagine studying French cooking in your own home with an authentic French cook or discussing the ever changing world political situation first-hand with someone from a different country? By opening your heart and your home to a foreign high school student, your family will have the rare opportunity to reach across

Borden Little Dribblers is
fairly new,
And that is why we need you.
It's the parents turn to play,
On the fourth day in May
The high school gym is the place. It should be quite a race.

A donation at the door
Will get you laughs galore.
Michael Jordan, we're not,
But our suits are really hot.
So come one, come all-
Watch us run and watch us fall.
It will be a blast
Just to see who can last.
Don't forget-it starts at seven, And should be over before eleven.

cultural barriers and gain a new understanding of the world.
American Intercultural Student Exchange (AISE) is offering families the opportunity to host teenagers from Scandanavia, Europe, South America and Australia for the upcoming school year, 1990/91. All AISE Exchange Students are between the ages of 15 and 18 years old. They are carefully screened and have studied English for many years. The
students have medical insurance and provide their own spending money. The host family supplies room; board, and a supportive famíly atmosphere. Make your personal contribution to the ultimate goal of world peace by making friends with the world through hosting, one friendship at a time.
You can receive further information about AISE by calling, toll free: 1-800-SIBLING.

## FIFTH SIX-WEEKS High School

BETA ACHIEVEMENT


HIGH SCHOOL BETA CLUB: Standing L. to R.- CODY STONE 12th; JULIE HARRIS 12 th and DAVID BUCHANAN 10th. Seated L. to R. - AMY LEWIS 12th; RACHEL ROMERO 12th; KRISTIN KILMER l0th and KRISTI ADCOCK 12th. The above students achieved an academic evaluation of 90 or above in each subject (SHARA DEE WOODWARD 10th, not available for picture. (Star Photo)

HONOR ROLL


HIGH SCHOOL HONOR ROLL: Standing L. to R. AMANDA ANDERSON 10th; CLINT BENNETT 9th and JAMES KRISTIN MONGER 10th. The above students achieved an academic average of 90 , with no evaluation less than 85 in a subject. (Not available for picture PATSY UNDERWOOD 10th.) (Star Photo)

BETA ACHIEVEMENT


JUNIOR HIGH BETA CLUB: BRANDON ADCOCK 8th and MELODY HARRISON 8th. The above students achieved an acadecim evaluatiaon of 90 or above in each subject. (Star Photo)


PRE-SCHOOL

## DAY

Pre-Kindergarten day will be Friday, May 11. Ail pre-school children who will be five years of age on or before September 1 , 1990; are invited to attend school on this date. The kindergarten class will be the
hosts. Meals will be provided by the school. please contact the bus driver in your area if you would like for your child to ride the bus or the parent may bring the child to school. If your child rides the bus, please send a note with the name of the child and parents, address, and phone number. This is very important in order to contact you if necessary, and to send you beginning

Jr. High


JUNIOR HIGH HONOR ROLL: - RICHARD BUCHANAN 8th and KURT HESS 7th. BOBBIE ARMSTRONG 7th and MANDI HERRING 7th. The above students achieved an academic average of 90 , with no evaluation less than 85 in a subject. (Star Photo)

## STUDENT LUNCHES

May 7-11
MONDAY
Sloppy Joes
Sweet Relish
Ranch Style Beans Fruit
Buns
Milk
Salad Bar TUESDAY
Turkey-Gravy Mashed Potatoes Green Beans Jello
Hot Rolls Milk Salad Bar WEDNESDAY
Beans/Meat Potato Salad Fruit Milk
Hot Rolls
Salad Bar
THURSDAY
Chicken Nuggets Creamed Potatoes Vegetable Salad - Fruit

Hot Rolls Milk
Salad Bar FRIDAY
Hamburgers
French Fries Lettuce/Tomatoes
Dessert
Milk

Salad Bar
-••••••• LUNCH PRICE
K-7th. $\$ 1.00$ per day or $\$ 23.00$ a month.
8 th-12th. $\$ 1.25$ per day or $\$ 28.75$ a month.
Teachers: $\$ 1.50$ per day
Guest: $\$ 2.50$ per day
Meet Your Future With A Straight Face

Buckle Up
school
information later in the summer. Registration cards will be provided for each child. If you bring your child you may wish to bring immunization records and birth certificate. If the parent elects not to visit the school on this date, please return the registration card, birth certificate and immunization records when your child reports to school in September.

ANNUAL SALES

ANNUALS FOR THE 1990 - 1991

SCHOOL YEAR

WILL BE ON SALE IN THE OFFICE OF
THE SUPERINTENDENT
MAY 7 - 18, 1990

## FFH AND FHA BANQUET



Guest Speaker Angela Reid of Coahoma with FHA members Shara Dee Woodward and Elizabeth Garcia. (Star Photo)


Guest enjoying the entertainment during the Banquet. (Star Photo)


FHA BEAU, CODY COOLEY AND FFA SWEETHEART SHAYNE HESS

## Salute To Teachers... Buddy Wallace

 Through hail, high waters, fire, and tornados, Mr. Wallace is prepared to protect his future farmers. This last weekend, Mr. Wallace and eight FFA members braved the elements to judge at the State FFA Judging Contest at Texas A\&M University. Although there were many obstacles in his way, Mr. Wallace managed to take a judging team to the State Contest for the fifth straight year.Judging is only one aspect of the job of being an agricultaural science teacher. For the past seven years, Mr. Wallace had juggled duties of training leadership teams, being an advisor, and teaching. Mr. Wallace also has a busy home life. He has been blessed with one child, Tyler and his wife, Kip, is expecting another child soon.

This past year has been extremely good for Mr. Wallace. He had three district officers and palced two teams in the top ten at the state level.


Member FDIC

The guests were entertained by Mr. Buddy Wallace, FFA Advisor and a member of the famous local band "Prairie Fire".

Shara Dee Woodward closed the banquet program with the benediction.

## © LE CREUSET

Enamelled cast iron cookware Fashion - Qualits Longevity Available in your tavorite department and gourmet stores



MR. AND MRS. VERNON MILLER

## 50th wedding anniversary reception to honor Millers

The Borden County School cafeteria will be the site of a 50 th anniversary reception honoring Mr. and Mrs. Vernon Miller on May 6 from 2 until 4 p.m. Hosts for the event will be John and Judy Deatherage and Shorty and Barbara Farmer.
The former Ruby Pruitt and Miller were married on May 4, 1940. They have been engaged in ranching in the Borden County area for many years. The couple's son, Terry Miller, is deceased. They have two grandsons, John and William Miller of Houston.
Friends and relatives are cordially invited to help celebrate the occasion.

## Former Student

 Makes Honor RollKate Phinizy, a 1989 graduate of Borden county and majoring in dietetics was one of more than 2,000 Texas Tech University students who qualified for the academic honors lists at the end of the 1989 fall semester.

Students on the

President's Honor List earned a perfect 4.0 (A) grade-point-average while enrolled in 12 or more semester hours of class work. Students finishing 12 or more hours with a grade-point-average of 3.5 to 3.9 qualified for the Dean's Honor List.
Kate is the daughter
of Bill and Mary John Phinizy of Borden County.

## Inducted Into Honor Society

Dana Gray, a former Borden County graduate was among the selected Texas Tech University scholars inducted into Phi Kappa Phi honor society during an April 4 banquet with Texas Tech President Robert W. Lawless as the featured speaker.

Membership in the national honor society is open to students in any of the university's academic disciplines. Recipients must be senior, law or graduate students who rank in the top 10 percent of their class or juniors who rank in the top 2 percent of their class.

Dana is also involved in the Beta Alpha Psi, Beta Gamma Sigma and Golden Key. She was named Academic AllAmerican during her freshman year.
Dana is the daughter of Borden and Dorothy Gray of Borden County and grand-daughter of Gussie Gray of Snyder.

## Wilder than Life

 ParksInternational Wildlife Park, Grand Prairie. - Nearly 2,000 exotic animals roam free in this 360 -acre area near Dallas-Ft. Worth that's listed as the largest drive-through animal park in the state. See gazelles, rhinos, elephants, zebras, hippos and dozens of other species on six-and-a-half miles of winding, paved roads. Many of the animals can be fed from your car. The entertainment village offers a miniature train ride, elephant and camel rides, a bear and bird show, petting zoo, paddle and bumper boats and other attractions for children. Don't miss the "Best Little Circus in Texas" that performs several time a day. For more information, contact the International Wildlife Park, 601 Wildlife Parkway, Grand Prairie 75050 (214) 263-2203).

We're proud to be a part of the area since 1905.

##  <br> Snyder National Bank We take Snyder to Heart!

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5. . THE BORDEN STAR, WED., MAY 2, 1990


L-R: JADE HARRIS and KY MAY proudly showing their soccer trophies

## Two Kindergarten Soccer Players Wins Trophies

Ky May son of Bill and Tana May and Jade Harris, son of John and Jackie Harris won 4th place trophies and medals on Saturday April 28 th in the Snyder Soccer Tournament.
There were 12 team, 6 and under competing in this Tournament.

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Where DoYouTtumWhen Somethingsstill Missing After Youive Got it All?

## 

 suring our success by the amount of things we accumulate For some reason.we think that material wealth will bring happiness. The trouble is it doesint Happiness springs from an inner peace. The kind of peace that comes from knowing God. That's why were inviting you to join us for worshil. To experience God's love and the peace He offers corer that theres hope for happiness regardless

## Because Jesus cares for you <br> Because Jesus cares for you

Revival Services Mas 7 th - 11 th

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EVANGELIST• TERRY FOX
MUSIC EVANGELIST: JAMES KINMAN NURSERY PROVIDED


# A Workshop <br> for <br> Cotton Producers 

on
Using Futures and Options Markets

## Manage Price Risk

A farmer may not be able to control price, but he can control how and when he prices. Market information and price prediction tools can provide valuable asistance to timing pricing decisions and in marketing and production planning.
To help farmers make the most of their crops at the market place, the Texas Agricultural Extension Service will hold an in-depth futures and options workshop June 26-27 at the Dawson County Community Building(8th \& Houston) in Lamesa. It will conclude 12 hours of training and will run from 9:00 a.m. until 4:00 p.m. each day. The workshop will provide market updates as well as basic training in various pricing alternatives available to area cotton farmers.
The cost of the workshop is $\$ 20$.

## General Information

Preregistration of at least 15 people is required by June 15.
A notebook and materials on futures and


Buckle Up for Love!
options will be provided. Spouses are encouraged to attend. The $\$ 20$ fee covers both.

## Instructors

CARL ANDERSON- Extension Economist-Cotton Marketing,

## Station

RICHARD PATTERSON-Extension Economist-Management, Ft. Stockton
JACKIE SMITH-Extension Economist-Management, Lubbock

## Topics

*Introduction to how futures markets operate and how to hedge a future price of your cotton
*How to determine your local market price from the futures price
*Introduction to commodity options. How options can be used as price insurance. How to hedge deficiency payments.
*Review the current supply/demand estimates and market prospects
for cotton
*Estimating break-even price and setting marketing objectives *Discuss pricing strategies and their advantages and disadvantages *Examples using futures and options markets will be practived by the group to gain a working understanding of the mechanics of forward pricing

FOR REGISTRATION AND INFORMATION CALL: Dennis Poole-Borden Co. (915)856-4336

John Farris-Dawson Co. (806) 872-3444 Davia Kight-Gaines Co. (915) 758-2241

Marvin Ensor-Scurry Co. (915) 573-5423

## May Day!

The first day of May has been observed since ancient times as a springtime fertility festival and can be traced back to the "Great Mother" festivals of the Greeks and Romans.
However, the May Day celebration most familiar to many today originated in 1890 in Europe in support of labor demands and in the United States in support of an 8 -hour workday. Although it still is celebrated as a festival for the working class in Socialist and Communist countries, it also is a holiday in most European countries, celebrated with parades and other festivities.
Despite the political overtones May Day took on in the 1890s, some still celebrate it as a festival of spring marked by that most traditional of rites the dance around the maypole.

## BUTLER SEED AND DELINTING <br> CERTIFIED COTTON SEED <br> 

Acid
Paymaster 145, 303, 404, 792
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RESIDENCE PHONE
(806) 872-5271 planting Seed
(806) 872-5388

## Aging Symptoms May

## Indicate Drug Abuse

Every year about a fourth of people over the age of 70 take a fall, and although falls in older adults can be attributed to illness or other physical impairments, substance abuse and alcoholism can sometimes be the catalyst.
The prevalence of alcoholism and substance abuse among older adults is an important concern because it's often a hidden problem.
It's difficult to detect elderly abusers because most of them live alone, so there's a lact of visibility. Also, alcohol problems in older persons are often misdiagnosed, because symptoms are seen as part of the natural aging process.
Researchers are just beginning to discover the prevalence of the prevalence


## CLASSIFIED

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6:00 a.m. - 10:00 p.m. 7 days.
"ATTENTION-HIRING! Government jobs your area. Many immediate openings without waiting list or test. $\$ 17,840$ - $\$ 69,485$. Call 1-602-838-8885 Ext. R-19249."
"ATTENTION: EASY WORK! EXCELLENT PAY! Assemble products at home. Details. (1) 602 838-8885 Exta. W-19249. 6 a.m. 11 p.m.. 7 days."
substance abuse among the elderly. It is believed that men are four times more likely to have a drinking problem than women. Yet most prescription drug abuse is by women.

Older adults comprise 11 percent of our population, but they account for $25 \%$ of the people on prescription drugs. An elderly abuser may show signs and symptoms of recurring falls, dehydration, malnutrition, increased forgetfulness and neglect of physical appearance.

The development of an alcohol problem in later life can be triggered by significant life events, such as the loss of a job or the death of a spouse.

Three type of drink cont. to pg. 7
"SALES HELP WANTED" SELL PRODUCTS MADE BY THE COMPANY THAT OTHER COMPANIES COPY

Growth opportunity in office wquipment sales in Lubbock area, for hard working, self-motivated individual. Some experience or college helpful.

A demanding position for a select few. Commission sales, base draw, and travel allowance, training and career path with growing firm.

FOR A CONFIDENTIAL INTERVIEW, fax resume to 1-915-336-5700. Call 1-800-542-2083
"ATTENTION:
EARN MONEY READING BOOKS! $\$ 32,000 /$ year income potential. Details. (1) 602-838-8885 Ext. BK-19249, 6 a.m. 11 p.m., 7 days."

## 1015 Onion Makes Season's Debut

Its season is short and sweet, but for lots of onion munchers, it's about the closest thing to onion heaven.
The Texas SuperSweet 1015 (ten-fifteen) onion is making its 1990 debut late this month in grocery stores, restaurants and markets around the country.

The Texas 1015 onion will be marketed only as long as the harvest lasts, probably through mid-May, and onion lovers are grabbing up sacks of them while they last.

Yields are down this year because of lack of rainfall and December's killing freeze in the Rio Grande Valley, where most of the state's 1015 onions are grown.
Over 15 years and $\$ 1$ million went into researching and perfecting this sweet, almost tearless onion. The research effort was funded in part by the South Texas Onion Committee, a group of producers who believed the Valley's onion industry had not yet reached its full potential.
The producers wanted an onion that would store longer and would have better yields, greater disease resistance and more consistency in size and flavor.
What they got was a a sweet a almost grape-fruit-sized vegetable that has been increasing Sin oopopularity every year. Reachers originally found the chemical pyruvate to be the cause of onioninduced tears, bad breath and indigestion, and successfully reduced the acid levels in the 1015.
The porion is not only high-yielding but also has ... inbread resistance to seed stem development,
resistance to pink root, and is about the sweetest onion we have.
Overall, it's the best onion on the market. It's mild and sweet, important for the fresh market. you can cut a nice, big slice for your hamburger without all the tears.

The 1015 also is single-centered, good news for the Frenchfried onion ring industry. Onion ring companies ask for it by name.
Additionally, the onion has become a popular gift pack item. It's actually created a new market in that respect. It's just hard to understand why people still get so excited about it after all these years.
Making up about 25 percent of the onion harvest in Texas, the 1015 should bring in almost $\$ 100$ million to the states economy.
The price of the onion to the farmer is the highest in about three or four years, but that has not been uniformly reflected in grocery stores and supermarkets.

Actually
we're finding that the price has gone down in some grocery stores. They're using it as a price leader and a promotion in their ads; the onions were selling for about 39 cents a pound in some stores last week.

Even though some consumers consider the 1015 the perfect onion, researchers are still looking for ways to make it better.
The researchers are studying ways to store the onion for four to five months so it will have a longer marketing season. The 1015, under normal storage conditions, can be stored only six
weeks to two months
The scientists have been able to keep the onions in storage until about October but have found that they decline in quality very quickly once taken out of storage.

There is an advantage to the short season. It keeps interest in the onion real high. If we had it 12 months a year, people might not get as excited about it. As it is it's gourmet item now.
A large volume of onions is being exported to Canada, but with longer storage times, Texas would be able to export the onion to Japan and other countries increasing the onion's AGING SYMPTOMS MAY INDICATE DRUG ABUSE cont. from pg. 6
ers exist. The chronic heavy drinker who starts drinking early in life; the reactive drinker who starts because of a major life change; and the intermittent drinker whose drinking is unpredictable.

Most elderly people are ashamed to admit they have a drinking problem because alcoholism is considered a moral issue.
In fact, alcoholism and substance abuse is a progressive, treatable condition and not a sign of moral weakness or lack of will power.

The C-A-G-E questionnaire is one method being used to detect an alcohol problem. The person is asked four questions:
${ }^{\circ}$ Has anyone ever told you to Cut down on your drinking?

Has anyone ever Annoyed you by saying you drink too much?

- Have you ever felt Guilty because of your drinking?
${ }^{\circ}$ Have you ever needed a drink as an Eye opener or to get you going in the morning?

An answer of yes to any of these questions is reason to suspect an alcohol problem.
7...THE BORDEN STAR, WED., MAY 2, 1990
value.
The goal is to try to keep it until about Thanksgiving.

Producers of the 1015 in the valley have improved the packaging of the onion by discarding the old
mesh bag shipping bags and using cardboard boxes for shipping, storing and promoting the onion.
The box is more expensive, but it protects the product better.


Lamesa Airport
P.O. Box 281

Lamesa, Texas

## ASCS NEWS BY Jerry Stone

## CONSERVATION PLANS

All farms must be farmed in compliance with the Conservation Plan that you have with the Soil Conservation Service for 1990. Be sure that you understand what your plan requires and that these requirements are taken into consideration when making your 1990 planting decisions

GRAMM-REDMAN-HOLLINGS REDUCTIONS

All 1990 Program payments and 1990 Crop Loans that are paid in cash will be reduced by $1.4 \%$.

## FAILED CROPS

In order to fail a crop in 1990, the following requirements must be met:

Crop must be affected by a condition beyond your control that makes it not feasible to harvest the crop.

ASCS-574 and total acreage certification must be filed BEFORE physical evidence of the crop is destroyed.

A field visit may be necessary to collect information for the County Committee to make a determination.

## HAYING AND GRAZING

Approval has been received to hay and/or graze $A C R$ and $C U$ for payment acreage, EXCEPT during the 5-month non-grazing period which is April 1 through August 31.

## FOREIGN INVESTORS

Foreign persons who have bought or sold land must report the transaction to the County ASCS office within 90 days. The report is required by the Agricultural Foreign Investment Disclosure Act, and those who fail to report or report late face possible fines. For reporting purposes, agricultural land is any tract of more than 10 acres now in agricultural, forestry, or timber production, Individuals or companies that specialize in land holdings, land transfers, or management services should contact the ASCS office for additional details of the Foreign Disclosure Act.

## SODBUSTER/SWAMPBUSTER

 PROVISIONSIt is the producers responsiblility to notify the ASCS before any new land will be planted to an agricultural commodity. We will prepare an AD-1026 and request HEL (highly bone loss

Dan Kahn, MD Family Practice Family Practice 1607 North Bryan Lamesa, TX 79331 [806-872-8329]<br>Patrick Hanford, DO Family Practice 1012 North 15 th Street Lamesa, TX 79331 [806-872-2113]

erodible land) and wetland determinations from SCS. Producers need to contact SCS to obtain an updated conservation plan when they intend to plant agricultural commodities on cropland that is in permanent cover or that has not been used to produce agricultural commodities.

## PRICE SUPPORT

The final date for obtaining Price Support Loans for 1989 Cotton and Grain Sorghyum is May 31, 1990.

## 1989 COTTON LOANS

Beginning with the 1989 crop, if a loan is extended for 8 months, the producer or person filing CCC-813 shall pay all storage cost associated with the cotton beginning with the first. month- of the loan extension, and pay a handling fee of $\$ 1.00$ per bale to CCC for loan collateral. For cash repayments you must pay interest and warehouse storage charges on each bale of cotton during the extended period regardless of the level of the adjusted world market price.

## At Any Age, Keep the Quality in Your Life

For many women, entering menopause means a steady decline in the quality of their day to day life: hot flashes, night sweats, changes in hair texture, dry skin that has lost its firmness, loss of sexual desire, and the start of a long process of potentially crippling

Today, the quality of life for many women may be maintained and the symptoms and risks of menopause controlled. Call your physician or call one of us. Get the facts about menopause and how you can help keep the quality of your life at its peak.

Somchai Chong, MD General Practice
005 North 16 th Street Lamesa, TX 79331
[806-872-6773] [806-872-6773] Evelyn Smiley, MD General Practice 1510 North Bryan Lamesa, TX 79331 [806-872-5441]

## 



The ballpoint pen was invented by two Hungarian brothers-George and Ladislao-who agreed on the advantage of quick-drying ink for use in pens. They constructed the prototype and in 1938 applied for a patent.

## Medical Advances Aid Women Facing the 'Change of Life'

For many women, entering menopause means a steady decline in the quality of day-to-day life. But studies have found that the changes associated with menopause can be controlled.

Physical changes at menopause include hot flashes, night sweats, changes in hair texture, and dry and sagging skin. Psychological changes may include depression, irritability, and a loss of sexual desire. The loss of the important female hormone, estrogen, that occurs with menopause can even cause silent changes, such as increased cholesterol and the long process of potentially crippling bone loss.
'Different types of tissue throughout a woman's body respond to estrogen," said Dan Kahn, MD, a family practitioner. "So when production of the hormone stops during menopause-the so-called 'change of life'-a multitude of symptoms may occur.

According to Patrick Hanford, DO, a family prac titioner, signs such as brittle bones, "dowager's hump," hardening of the arteries, and shriveling skin were once thought to be "normal, albeit unpleasant, parts of the aging.process for women."

But as noted by Somchai Chong, MD, a general practitioner, "Today we realize that many of these symptoms are related to estrogen deficiency, and thus they frequently respond to estrogen replacement.'
"At least one of every 10 women," said Evelyn Smiley, MD, a general practitioner, "may be expected to develop serious complications directly related to estrogen deficiency if not treated in time." Almost 1,500 menopausal women live in the Dawson County area "Today, estrogen replacement therapy may make it possible to maintain the quality of life for many women by controlling the symptoms and risks of menopause, she said.

Drs. Kahn, Hanford, Chong, and Smiley, of Daw son County, are among the 400 physicians in Illinois. Texas and Florida participating in a national program designed to increase women's awareness of menopause Treatments are available that may enhance the quality of life for women entering the menopause.

