

Serving the Counties of Borden, Dawson, Garza, Howard, Lynn & Scurry

### CODY STONE SEMIFINALIST IN \$1.5 MILLION SCHOLARSHIP PROGRAM SPONSORED BY COCA-COLA

A Borden County High School senior has been named as a semifinalist the Coca-Cola Scholars Foundation competition. The nation's largerst business-supported scholarship program selected 1,700 semifinalists nationwide. from a group of more than 53,000 applicants. Semifinalists in the \$1.5 million program will compete for 150 college scholarships.

Eighteen - year - old Cody Stone, son of Mr. & Mrs. Jerry Stone of Gail, will now submit an original essay, recommendations, and an official school transcript. If selected as one of the 150 finalists, he will advance to the National Competition in Atlanta, Georgia, April 19-21, 1990, with all expenses paid by the Foundation.

At the National Competition, each of the finalists will compete for designation as a National Scholar or a Regional Scholar. The 50 National Schowill receive lars renewable awards of \$5,000 per year, totaling \$20,000 over course of a the four-year undergraduate program. The remaining 100 finalists will be Regional designated receiving Scholars.

four-year, renewable awards of \$1,000. Students may use their award to attend any accredited, U.S. college or university.

"Southwest Coca-Cola Bottling Company, Inc. is very pleased to support this program and the educational aspirations of young people. We see it as an investment in the future of our area and our country," said Charles F. Stephens, Executive Vice President and General Manager. Odessa division manager Chris Mullen adds. "Every employee of this will company keep for cheering outstanding students from our area--right on through the selection process."

In recognition of their achievements, the centers of Southwest Coca-Cola Bottling Company, Inc. presented each of the semifinallists with a \$100 U.S. Savings Bond on Thurs. February 22. The presentation was held at the Odessa division offices.

Southwest Coca-Cola
Bottling Company, Inc.
was established in
1987 and services
approximately 142,000
square miles in four
states. The company
serves communities in



Cody Stone, Coca-Cola scholarship semifinalist, receiving a \$100 U.S. Savings Bond; from Mr. Chris Mullen, division manager of the local Coca-Cola bottler in Odessa (Southwest Coca-Cola Bottling Company, Inc.)

Texas, New Mexico, Oklahoma, and southern Colorado, and contributes approximately \$60,000 annually to the Scholars Foundation. Bottler contributions are based on the number of gallons produced each year.

The Coca-ColaScholars
Foundation seeks to
reward individuals on
the basis of personal,
as well as, scholastic
merit. Consideration

is given to a student's leadership potential, character, and intelability. lectual Recipients will include some students who have unusual overcome adversities, who are often not identified for merit-based scholarships, but who demonstrate potential leadership abilities.

By selecting individuals on the basis of leadership, motivation,

commitment and service to others, the Coca-Cola Scholars Foundation anticipates achieving its goal of recognizing and helping develop those who will lead our country in the years ahead.

The Coca-Cola Foundation is governed by a Board of Directors composed of four Coca-Cola bottlers and

cont. to pg. 8

### LISHA STERNADEL **MAKES ALL-STATE**

Lisha Sternadel added to her already lists growing achievements as was selected to Texas Girls' Coaches Association All-State team. Ove half of the 15 players selected came from the strong Region I area where 13 of the last 14 state champions have emerged. Lisha was eighth leading vote getter, placing ;her on the Class A second team unity. Below is a list of this year's TGCA All-State team.

Name

2nd Team Kristi Simper

3rd Team Danette Boulton

Darla Levitt

Noel Johnson

Mindy Myers

Cassie Blaut

Misty Barker

Janale Stockett

Kristi Hargrove

Lisha Sternadel

Peggy Hartman

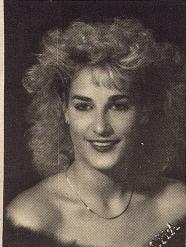
Jennifer Oliver

Nicole Maxfield

Elizabeth Smith

Melinda Hausenfluke

1st Team



Lisha Sternadel

School School

Nazareth

Nazareth

Happy

Sudan

Jarrel1

Moulton

Borden Co

Munday

Happy

Zavalla

Novice

Sudan

Channing

Meridian

Whitewright

### COYOTES PLACE TWO ON **ALL-DISTRICT TEAM**

The Borden County Coyotes placed two players on the 1989-90 all district team. The top eleven players were chosen by the coaches of the district. The voting was very close, and the team was dominated by seniors. The Coyote's representatives were juniors, Cole Vestal, and Jimmy Rios were chosen above several

seniors in the district. Cole led the Covotes in both scoring and rebounding. He averaged 17.9 points per game along with 8.6 rebounds per game average. Jimmy was the second leading scorer with 12 points per game. He also averaged 6.2 rebounds and 4.1 steals per game.

Congratulations these boys.

### JUNIOR HIGH TRACK **COMPETES AT KLONDIKE**

Adcock placed second

in the 200 meters with a 26:6 time. Seth Vestal ran a good 400 meters and got second with a 61:8, Jim Evans placed third with a 63:11 while Richard Buchanan placed sixth with a 72:1. Richard also placed second in the discus toss with a throw of 95'11". Brandon Adcock placed third with a 71' 10½" toss. The mile relay team consisting of Jim Evans, Joe Acosta, Brandon Adcock, and Seth Vestal placed second in a excellent time of 4:18 flat. Cody Cox won the 800 meters in a time of 2:46.1. In the long jump Joe Acosta jumped 16'6" for fourth place while Brandon Trussel got seventh place with a  $13'9\frac{1}{2}"$  leap. The 400 meter relay team ran

### ONE-ACT PLAY TO PRESENT "THE PEARL"

One-Act Play The cast will be presenting "The Pearl", Thursday night at 7:00 p.m. in the High School Auditorium.

This is the play orden County will Borden present in this years U.I.L. competition.

The cast members include: Cody Stone, David Buchanan, Rachel Romero, Kristin Kilmer, Clint Bennett, Jason Sharp, Jacquelyn McPhaul. Amy Lewis, and Julie Harris. Crew members include: Angela Evans, and Betsy Breeden.

Everyone is invited to come out and watch the performance.

second to the Sands team with a good time of 51:8, members of the relay are Seth Vestal, Brandon Trussel Joe Acosta and Cody Cox.

Trisha Gaskins is the only girl running and she was second in the 200 meters in a time of 31:5 and third in the 100 meters with a 15:1.

Schools present at the meet were Klondike, Grady, Loop, Sands and the Coyotes.

Both boys and girls ran extremely well at Klondike last Thursday in a five team meet. Joe Acosta won the triple jump with a leap of 33'14", Brandon Adcock placed second with a 32'11" jump and Brandon Trussel jumped 25'½" to place fifth. In the 100 meters Brandon Adcock was third with a time of 13:09, Acosta was fourth with 13:22 and Trussel was sixth with a time of 14:66.

## **BORDEN TENNIS NEWS**

The Borden Star Publication No. 895520 (USPS 895-520) CO-EDITORS

Clarajane P. Dyess

Published weekly, except for Christmas and New Years, on Wednesday at Gail, Borden County, Texas 79738, Box 137 Kincaid Street Second Class postage paid at Gail, Texas.

Any errors that we make reflecting on the reputation or standing of any Firm, Corporation or individual that may appear in the columns of the Borden Star will gladly corrected to the attention of the staff.

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opened its tennis season Tuesday and what a big opening it was. The Coyotes opponent, was to Lamesa. playing Friday in the State Team Tennis Taournament in New Braunfels after qualiflying its team for the TTCA tournament. Borden surprised the Golden Tournadoes as captured 10 matches to Lamesa's 9 matches.

Shayne Hess and Shara Dee Woodward were the big winners of the day capturing three matches 8-4, 8-0, and 8-2. They were followed closely behind by Rachel Romero and Amy Lewis with two wins 8-1, and 8-4. In girls singles. Leslie Fryar won two matches 8-1 and 8-4 Amanda Anderson rounded out the girls victories with an 8-1 win.

Cole Vestal and Patrick Herridge won a boys doubles match in a tie-breaker 9-8 and Shane Kemper and Klint Kemper doubles won their match 8-5. Also playing singles for Borden in the boys were Shawn Lewis, Guy Will Zant, and Kirk Jones.

Borden playing in the Stanton Tournament this weekend at the Stanton High School tennis courts. Play will begin Friday at about 4:00 and continue on through Saturday. Borden then will play in the Levelland Tournament the following Friday and Saturday.

### LEGAL NOTICE

The Board of Trustees of the Borden County Independent School District hereby gives notice of an election to be held on May 5, 1990, for the purpose of electing two School Board Members to two regular three-year terms, and one member to a one-year unexpired term. (The unexpired term has one year remaining.) The terms of Jack McPhaul and Jon Monger expire on May 5, 1990. Bill Phinizy's resignation becomes effective on May 5, 1990, leaving one year on an unexpired term.

Anyone interested in having their name placed on the ballot should file an application in the office of the Superintendent. The deadline for placing names on the ballot is March 21, 1990.

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#### Teen Belt Use Up in '89; Spring Break Around Corner

Belt use among teenage drivers reached 54.1% in June 1989, the highest level ever recorded in Texas Transportation Institute's 18-city survey.

For the first time since TTI began conducting belt usage surveys in 1985, over half of male drivers aged 15-19 were observed wearing their belts. An even 51% buckled up in June, compared to 41.8% in a survey conducted in January of last year.

Teenage females also showed the highest usage rate ever, with 61.9% buckling up in the driver's seat. The rate for this group in January 1989 was an even 50%. The previous record high, recorded between January and June of 1986, was 51.9%.

Taken altogether, teen driver belt use showed an increase of over 10 percentage points between January and June of last year. The buckle-up rate among passengers in the same age group increased from 45% in January 1989 to 49% in June 1989.

No other age group showed an increase of that magnitude.

The bad news is, however, that teens still lag behind older Texans in belt use. The 18-city average for drivers aged 26-60 was 61.2%. Senior citizens buckled up at the rate of 65.2%.

Student councils in Texas high schools will try to convince the remaining 46% to exercise restraint in their "Safe Spring Break" programs, most of which will take place in February and March. The coalition supplied materials and information to almost

## FHA NEWS

the Future Homemakers of America attended the Region I Conference held in Lubbock, Texas on March 9-10, 1990. This year the theme for the Regional Conference was "FHA/HERO: A NEW DECADE OF OPPOR-TUNITIES." The delegates attended exciting general sessions and various teen workshops such as: adoption. people with special needs, leadership, and several other topics. Gail's Chapter had five members competing in STAR Events (Students Taking Action Recognition), for while 4 other members worked with Chairpersons to make the events run smoothly and efficiently. One student went as voting delegate to select the new Region Officers for the 1990-91 year. Delegates from Gail Delegates were Kristi Adcock, Tracy Ball, Julie Harris, Kim Doyle, Jo Barnes, Heather Arm-

300 schools last spring. We expect more active participation this year.

The Gail Chapter of strong, Angela Evans, ne Future Homemakers Tina Blacklock and Kaela Van Vleet. Joan ne Region I Conference Gray, FHA Advisor accompanied the delement March 9-10, 1990. gates.

The members who competed in the STAR Events were Team 1-Heather Armstrong, Betsy Breeden, and Kim Dovle: Team 2-Tina Blacklock and Kaela Van Vleet. Team 1 completed a project on Household Safety and placed fifth. Team 2 completed a project on Obesity In Children, 6th. Both placing teams qualify for the State Competition to be held in Dallas, Texas on April 27-28, 1990.

Future Homemakers of America is a Vocational Student Organization for Home Economics Education students in junior and senior high schools. This youth centered organization is the only vocational organization that has the family as its central focus and an integral part of the Vocational Home Economics curriculum.



Top (L to R) Kim Doyle, Betsy Breeden and Heather Armstrong, Team 1 HOUSEHOLD SAFETY. Bottom (L to R) Kaela Van Vleet and Tina Blacklock, Team 2 OBESITY IN CHILDREN. (Star Photo)

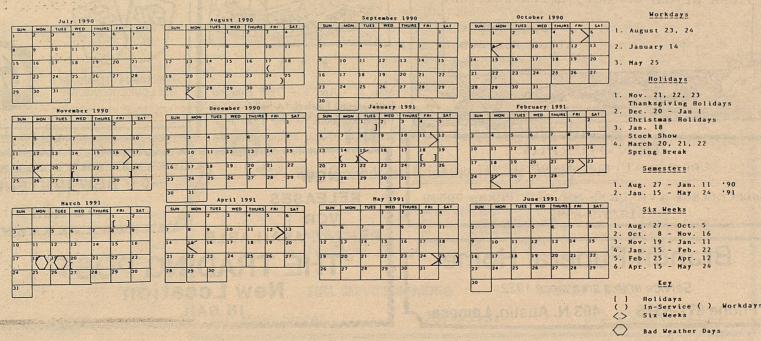


Standing (L to R) Julie Harris, Kristi Adcock, Tracy Ball, Kim Doyle, Betsy Breeden, Heather Armstrong, Jo Barnes. Seated (L to R) Kaela Van Vleet, Tina Blacklock and Angela Evans, traveled to Lubbock to the District FHA Conference.

### BORDEN COUNTY INDEPENDENT SCHOOL DISTRICT

SCHOOL CALENDAR 1990 - 1991

1. August 17, 20, 21 & 22

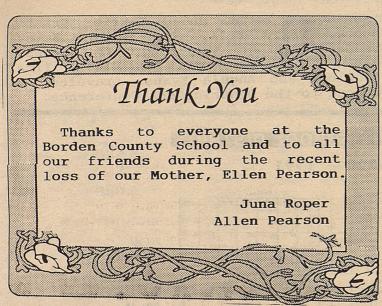




Wedding Plans Made

Mr. and Mrs. Bill Bray, Route 1, O'Donnell, announces the engagement and approaching marriage of their daughter, Susan, to Neal Weeks, son of Mrs. Pat Bell, Ennis, Texas, and Mr. Jim Weeks,

The wedding will be May 12, 1990 in the first Baptist Church, O'Donnell.



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### **Snacking Can Be**

### **Good For You**

It's so easy to grab a candy bar or munch on some potato chips when between meal hunger pangs strike, but why load your body with empty calories? There are plenty of nutritious and satisfying snacks that are easy to prepare and many others that require no preparation at all.

Next time it's snack time, just say "no" to a candy bar and "yes" to the following

- appetizing ideas:
   Any kind of fresh fruit
- Unbuttered popcorn
- · Dried fruits such as prunes, raisins, or apricots
- Small handful of nuts
- · Whole grain bread or apple wedges spread with peanut butter
- · Cottage cheese on toasted bread or crackers
- Fruit-flavored yogurt

Or, try Oats and Apple Trail Bars, an easy to prepare snack that starts with a convenient Apple-Cinnamon Muffin

#### Oats and Apple Trail Bars

- 1 package (7 ounces) Martha White Apple-Cinnamon Muffin Mix
- 1/3 cup quick cooking oats
- 1/4 cup (1/2 stick) butter or margarine melted
- 1/4 cup chopped nuts
- 2 tablespoons brown sugar
- 2 tablespoons honey

Heat oven to 350°F. Combine allingredients and stir to blend. Press mixture into an ungreased 9-inch square cake pan. Bake 20 to 25 minutes or until golden brown. Cool 5 minutes and cut into bars or squares while warm. Makes 16 2-inch squares.

For more great recipes made with convenient mixes, write for "Easy Baking," Martha White Kitchen, P.O. Dept. 290-D, Nashville, TN 37202.



Mar. 22 - Apr. 1 - 1990 Houston International Festival, "A Salute to the United Kingdom." It's the 150th anniversary of official relations between

Texas and the UK. Visitors are treated tu shows and skits performed by British to classical, folkloric and popular music, dance and theater as well as a variety of visual art exhibitions. More than 2,500 artists will perform on nine outdoor stages. City Hall Plaza will be transformed into British Isle Park, featuring pubs, international foods, and impromp-

Theater groups. The Houston Ballet will also honor the UK with productions by British playwrights. Other festival programs include writing contests for children, a film festival showcasing films from the UK, a tour and travel program, and citywide visual art exhibits.

# Come Your Census!

For every Texan not counted, the state loses \$150 in Federal Funds.

In 1980, an estimated 300,000 Texans were missing. That cost Texas \$45 million a year and a congressional seat. Now that you know the facts, come to your census!



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0 "THE TRADING POST" **New Location** 



# LE

### LET ME GET MY HAT

BY DENNIS POOLE

### San Antonio Stock Show Results

Borden County 4-H
members exhibited
steers, barrows and
lambs during the 1990
San Antonio Livestock
Show held February
7-17, 1990.

Steer exhibitors were Carrie Hart, Kurt Hess, Shayne Hess, Grant Key, Amanda Anderson and Codv Stone. Placings as follows: Kurt Hess, 1st place Lightweight Chianina Cross; Amanda Anderson, 3rd place Heavy weight Hereford; Shayne Hess, 4th place Heave weight Chianina Cross.

Lamb exhibitors were Carrie Hart, Kurt Hess. Shayne Hess, Shelby Isaacs. Kandy Belew and Cody Stone. Placings were follows: Shayne Hess, 2nd place LHW Medium Wool: Shayne Hess. 16th place, MHW Medium Wool.

Barrow exhibitors were Carrie Cox, Sara Lusk, Eric Lusk, Colton Miller, Clint Miller, Carrie Hart. Hess, Shayne Kurt Kristin Kilmer. Preston Sharp, Grant Key, Shelby Isaacs. Thad Isaacs, Laura Hensley, Mendy Hensley, Meg Parks, Roy Clayton, Reagan Smith, Clint O'Brien, Rendee Herring, Herring, Cody

Stone, Klint Kemper, Shane Kemper. Placings were as follows: Hensley, Laura 3rd place Middle weight Grant Key, 4th Spot; Middle weight Hamp; Thad Isaacs, 5th place Light weight Spot; Reagan Smith, 11th Light weight Crossbred.

All exhibitors did a real good job and everyone's help in transporting animals and children is greatly appreciated.

Parents and leaders attending were Max and Jane Jones, Joe Lusk, Ben & Paula Miller, Steve & Pam Hess, Toby Nan & T.J. Sharp, Roland & Karen Key, Debbie Doug. and Shelby Isaacs, Joe & Nanette Belew, Kenny & Carla Hensley, Aubrey Lankford, Dolores Stone, D.M., Debbie, & Dayna Parks, Scott & Inez Clayton, Monte, Deidre & Lindsey Smith, Barry, Susan & Stacie O'Brien, Mike, Beverly Mikanna Herring, Carolyn Stone, Bruce & Brenda Kemper and Dennis & Tanner Poole.

We appreciate each of your attendance and assistance in coordinating and planning this trip for the Borden county 4-H'ers.

### **Houston Stock Show Results**

Borden County 4-H'ers attended and participated at the 1990 Houston Livestock Show March 2-10, 1990.

Barrow exhibitors were Carrie Hart, Shayne Hess, Kurt Hess, Justin Cox, Cory Cox, Kandy Belew, Meg Parks, Roy Clayton, and Cody Stone.

Placings were: Kandy 2nd Heavy Roy Spot; weight 4th Middle Clayton. Carrie Berk: weight 19th Light weight Berk; Meg Parks, 23rd Heavy weight Chester.

Lamb exhibitors were Bond, Shayne Brian Hess, Kurt Hess, Sandy Brummett, John Brummett Meg Kandy Belew, Parks. Parks, Deann Davna Parks. Rov Clayton, & Cody Stone. Placings were: Kurt Hess, 16 Medium weight, Medium Wool; Kandy Belew. 20th Medium weight, Medium Woos.

Steer exhibitoars
were Shayne Hess,
Kurt Hess, Justin
Cox, Grant Key, John

## Transformation of global culture just only a fax machine away

COLLEGE STATION — Fax machines are steadily transforming global culture in areas ranging from hot food to cold fusion, says a Texas A&M University historian specializing in the study of technology.

The world is at the dawn of the fax revolution as societal values and legal laws are being shifted, says Dr. Jonathan Coopersmith, a former U.S. Department of Energy consultant. A key issue for the future is who is going to control the knowledge from fax machines, he added.

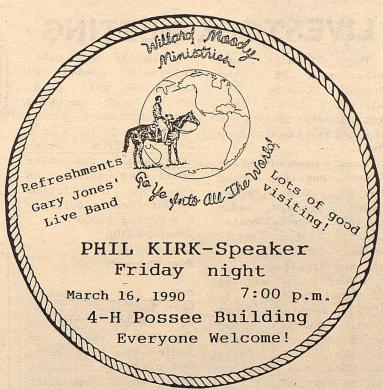
"Fax machines promise to strike a blow for decentralization by allowing decisions to be made at the local level," Coopersmith said. "The negative side would be centralization with that knowledge and power in the hands of a few. The heart of democracy lies in free public debate, and faxes can contribute greatly to that."

Fax machines combine speed, reliability, sophistication and permanence that telephones and mail cannot match,

Brummett, Amanda Guy Anderson, Will Zant and Cody Stone. Placings Grant were: Key, 2nd Light weight Polled Hereford; Amanda Anderson, Heavy weight Maine; Kurt Hess, 4th Heavy weight Brahman; Guy Will Zant, 5th Light Hereford; Justin Cox, 7th Medium weight Charolais.

Parents and leaders attending were Steve & Pam Hess, Rex & Teressa Cox, Roland & Karen Key, Audry & Debbie Brummett, Joe & Nanette Belew, Aubrey Lankford, Dolores Stone, D.M. & Debbie Parks, Scott & Inez Clayton, Guy & Patricia Zant, Carolyn Stone, Ray Don & Jana Underwood, and Dennis Poole.

All exhibitors did a real good job and we appreciate everyone's attendance and assistance in hauling, preparing animals, and pitching in to help make all our trips successful as well as enjoyable.



### NOW! HELP FIGHT HEART ATTACK & STROKE IN 3 MINUTES-A-DAY!

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And doctors recommend adding extra fiber to the American diet . . . to trap dangerous cholesterol and flush it harmlessly away.

That's the reason for new ESSCOLLOID® all-natural fiber supplement powder.

Recent medical studies prove the natural fiber found in ESSCOLLOID (plus exercise and reduced smoking) can reduce high cholesterol by up to 17%!

When cholesterol drops,

so does the danger of stroke and heart attack. ESSCOLLOID requires no prescription. It's easy to use as directed. Just dissolve 1 teaspoon in water and drink 3 times a day.

As an added health benefit, all-natural ESSCOLLOID fiber produces natural, healthy regularity.

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### LIVESTOCK MEETING

The Officers and Directors of the Borden County Jr. Livestock Assn., Inc. met January 20,1990 in the Borden County Show Barn.

present were: Those Hensley, Mike Kenny Parks, D.M. Herring, Buddy Stone. Danny Wallace, Dennis Poole, Scott Clayton, Monte Smith, John Anderson, and Ben Miller.

MINUTES: The minutes of the December 6, 1989 meeting were read. Dennis Poole moved to accept the minutes. D.M. Parks seconded the motion. Motion carried.

TREASURER'S REPORT: Jerry Stone reported that the bank balance was \$2653.00. Outstanding bills to be paid the meat for the barbeque lunch, belt badges, trophies and supplies the for concession stand. Monte Smith moved to accept the Treasurer's D.M. Parks seconded the motion. Motion carried.

GENERAL BUSINESS:

Extra Pens - The 1990

Borden County Jr.

Livestock Show will be the biggest ever.

Because of this, there will be 20 more pens needed for animals.

The problem

### **NAIL FUNGUS**

Parks moved to

The solution

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Available at your pharmacy or have them contact Kramer Laboratories, 8778 S.W. 8 St., Miami, FL 33174. buy panels and other materials needed to build 20 more pens. Monte Smith seconded the motion. Motion carried.

Report from Sales

Committee - The sales

committees report on

donations collected

to date are as follows:

Big Spring-\$4000

Lamesa-\$8500

Snyder-\$4000

Post-Unknown

Other New Business 1) Buddy Wallace reported that the ladies who help serve and clean up after the more help, or a pay raise of \$5 a day for existing help. Monte Smith moved to pay the kitchen helpers extra \$5 a day. Jerry Stone seconded the motion. Motion carried.

2) Photographer - D.M.
Parks volunteered to
take pictures during
the 1990 stock show if
the film were furnished.
Dennis Poole moved to
let D.M. be the
official stock show
photographer. Buddy
Wallace seconded the
motion. Motion carried.

Meeting Adjourned.



### Borden Co. I.S.D. March 1990



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Do not forget to move your clock FORWARD I hour on Sunday, April 1, 1990

Meet Your Future
With A Straight Face
Buckle Up

### Can the Effects of Aging Be Reversed?

For women aged 45 to 64, the onset of menopause and the loss of estrogen—an important female hormone—may cause unpleasant effects. Without treatment, estrogen loss may cause changes in hair texture, skin tone, and a loss of sexual desire.

The effects of the aging process cannot be reversed, but some of the effects of menopause can be treated. Call your physician or call one of us. Get the facts about menopause and how you may avoid some of the annoying aspects of aging.

Somchai Chong, MD General Practice 1005 North 16th Street Lamesa, TX 79331 [806-872-6773]

Evelyn Smiley, MD General Practice 1510 North Bryan Lamesa, TX 79331 [806-872-5441] Dan Kahn, MD Family Practice 1607 North Bryan Lamesa, TX 79331 [806-872-8329]

Patrick Hanford, DO Family Practice 1012 North 15th Street Lamesa, TX 79331 [806-872-2113]



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### **NOTES FROM HOME** BY DEBRA POLLARD

Home Demonstration/CEA

### Medication Tips For Children

Studies Say Parents Often Ignore Instructions.

Taking medicines correctly has typically been a concern of older patients who often have multiple prescriptions. But the according to Department of Health and Human Services, nearly half (46%) of children who take prescribed medicine are taking it impro-

Researchers found that, while adolescents are most likely to take medicine incorrectly, the problem is prevalent at all ages. In fact, almost five percent of all pediatric hospital admissions were related to the misuse of medicine. Nearly half of those cases were serious or fatal.

#### ADVICE FOR PARENTS

Here are some ways that parents incorrectly administer medications to their children.

Discontinuing the medication too soon. As soon as the child better, the parent stops giving the medication. This can be particularly not only because the child may re-infected, become but also because the organism that survived the first dose of antibiotics will have built up a resistance the medication, to making the next infection harder to kill.

- Taking the medication erratically. Some medicines must remain at specific levels in the blood in order to work. Therefore, these medications must be taken at regular times around the clock. Parents were found to be particularly careless about giving the medicine during the night, when a sick child may finally be getting some rest.

- Refusing to take the medication. Unpleasant taste and side effects are the most cause common refusal.

- Taking too much or too little medication. Parents are careless about giving a little extra medicine for good measure, partiusing cularly when Over-the-counter medications.

- Not enough medication is given when liquid medicine is not sufficiently and the active ingredient does not get on the spoon. Also with liquid medicine, the measurement is often inexact.

- Giving adult medication to children. Parents are casual about giving children portions of small medications that have been prepared for

Children may react

to certain medicines differently adults do. Aspirin and Syndrome is a good example of a medicine that is adults but potentially deadly for children. Other adult medicines, particularly cough and cold formulas,

Manufacturers over-the-counter medicines, particularly for colds. fever rashes, and stomach disorders, are working with FDA to clarify directions for proper usage and exact measurements.

source of information on proper medication use is your local independent pharmacy, where two out of every three retail prescrip-

#### CLASSIFIED

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#### HUGE GARAGE SALE!

Too many items to Something list! for everyone! Thursday & Friday March 15th & 16th, 8:00 a.m. til 5:00 p.m. and Saturday March 17th, 8:00 a.m. til ? 1407 N. Street in Lamesa. DON'T MISS THIS ONE!!!

its link to Reyes safe for

prepared with alcohol. ASK YOUR PHARMACIST

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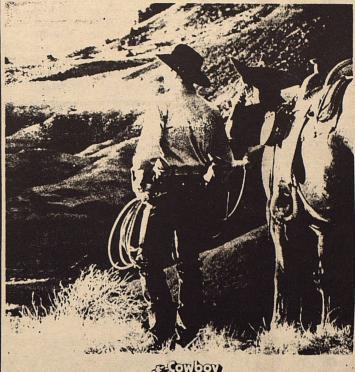
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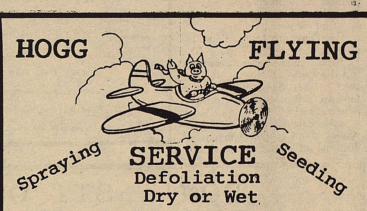
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### Postal Pointers

**Armchair Shopping The Safe Way** 

By Ann McK. Robinson Consumer Advocate United States Postal Service

Shopping by mail is often preferred by many as an alternative to



shopping in busy shopping malls and department stores. Mail order shopping can be done in the quiet and comfort of your own home at a relaxed pace. The variety of

Robinson products available to you through mail order is endless. There are an infinite number of catalogs currently in circulation which literally bring products from all over the United States, and some foreign countries, right to your door-

step.

Here are a few basic guidelines to follow when getting ready to order products through the mail.

Examine catalogs and advertisements carefully. Beware of exaggerated claims, unusually low prices, and prizes you have to pay for to claim.

Enclose a complete description of the item you order. Include color, size, weight, item number and price. If a substitute is acceptable, specify the exact item on the

\* During the holiday season, order holiday gifts well in advance to avoid heavy seasonal mail volume. Clearly indicate the recipient's name and address and how the gift card

should be signed.

\* Look for a company policy on returns. If the policy is not stated, ask for it before you buy.

\* Keep copies of the order and advertisement. Make sure you have the name and address of the company, as well as the date you mailed your order. Keep your canceled check

as proof the company received your order. Your check will also serve as a receipt for your payment.

If you have any doubts about the offer or the company, check BE-FORE placing an order by contacting the Better Business Bureau, the Chamber of Commerce, or the Consumer Protection Office in or near your city

And remember, an ad in a responsible newspaper or magazine does not guarantee the publisher

has verified the advertiser's claims. Likewise, just because a product is offered by mail does not mean the Postal Service has verified the

advertiser's claim.

The Postal Inspection Service offers Publication 300, A Consumer's Guide to Postal Crime Prevention, to assist customers with mail order problems. This publication is avail-

able at your local post office.

Additionally, there are several free publications available from various agencies that provide additional tips on shopping by mail.

Two booklets available from the Direct Marketing Association are: Make Knowledge Your Partner in Mail Order Shopping and Shopping at Home, A Consumer Information Guide. You can order these publications by writing to the Consumer Services Department, Direct Marketing Association at 11 W. 42nd Street, P.O. Box 3861, New York, NY 10163-3861.

The Federal Trade Commission offers a booklet entitled Shopping By Mail. You can order this publication by writing to Federal Trade Commission, Public Reference, Pennsylvania Avenue at 6th Street NW, Washington, DC 20580-0001.



RAILROAD COMMISSION OF TEXAS LEGAL DIVISION

OIL AND GAS DOCKET NO. 8A-94.287

Austin, Texas

Pebruary 8, 1990

IN RE:

CONSERVATION AND PREVENTION OF WASTE OF CRUDE PETROLEUM AND NATURAL GAS IN THE

POTICE OF HEARING ON THE APPLICATION OF GREAT WESTERN DRLG. CO.
TO CONSIDER APPROVAL OF THE UNIT AGREEMENT
AND SECONDARY RECOVERY PROGRAM POR THE REO (JO-MILL) UNIT REO (JO-MILL, LOWER) FIELD BORDEN COUNTY, TEXAS

NOTICE IS HEREBY GIVEN To the public and all interested persons that under

SCHOLAR SHIP SEMIFINALIST

cont. from pq.1

representatives two Coca-Cola of The Company. The Foundation conceived by a of Coca-Cola group

bottlers and established in 1986 in commemoration of the Centennial Celebration of Coca-



Indians planted stringbeans along with the corn crops. Corn, wheat and cotton deplete the land of its natural nitrogen. Bean plants replace this loss naturally. Only lately have non-Indian farmers learned to do this.

OIL AND GAS DUCKET NO. 8A-94,28

the royalty interests by the hearing date.

PROCEEDINGS BEFORE THE COMMISSION, A COPY OF SUCH EXHIBIT PROPERLY IDENTIFIES SHALL BE SUBMITTED FOR THIS RECORD.

RAILROAD COMMISSION OF TEXAS

