


LADY COYOTES WIN DISTRICT CHAMPIONSHIP
It's only fitting that the 1990's start out with excitement as far as basketball goes and Tuesday night was no exception. Grady forced a playoff with the lady Coyotes in this year's district race and tradition, experience, and a
little bit of luck paid off for Borden County as they claimed playoff win over the Lady Wildcats. It was not without tense moments as in the
closing closing moments,
Gail's Lisha Sternadel, pulled out some heroics. Borden jumped
in front of Grady 7-0 to start out the game,


## LADY COYOTES DEFEAT RANKIN IN BI-DISTRICT

Borden County jumped
out to a quick $12-4$
lead that would even-
tually extend to a 32
point bi-district
victory Friday night
in Forsan against the
Rankin Lady Red Devils.
Rankin did manage to
keep things close in
the second quarter, as
they hit 10 points to Borden's 15 in the second stanza to give $=$ lead at half-time. Then defense took over, especially in the third quarter, where Borden held Rankin to just 2 points with an aggressive half-court press, while scoring 13 points of their own for the confortable 40-16 lead entering the last stanza. Still it was not enough for the Lady Coyotes as they continued to Devils into turnovers and outscored them 17-9 in the last
stanza
one tick left on the
clock to give Borden
the 1989-90 District Championship
Lisha led in scoring with 15 points followed by Amy Lewis with 9. Amanda Anderson and Shara Dee Woodward each had 6 points followed by Rachel Romero with 2. Shara Dee led in field goal percentage with 67\%, hitting 2 of 3 from the three point line. Lisha led in free throw
percentage, making 3 of 4 for $75 \%$. Amy led in steals with 4 and Shara Dee led in assists with 5. Lisha led in rebounds with 11 followed by Kristi, Rachel, and Shara Dee with 4 each.

The lady Coyote win upped their record to 24-3 for the year and with the district title, gave them the top seed in the playoffs out of District 16A. It was also a "threepeat" performance as Borden now has captured the last

## Amy Lewis dominated

 inside as she connected on a game high 18 points followed in double figures Lisha Sternadel 14. Amanda Anderson hit 8 points followed by Randi woodward with 6, Julie Harris made 4, Rachel Romero and Kristi Adcock each hit 3, and Shara Dee Woodward made 1 . Julie led in field goal percentage with $67 \%$ followed by Amy with $62 \%$ and Amanda with 57\%. Randi led in free throw percentage with 100\% makingLisha led in steals with 8 followed by Amy with 5 and Shara Dee with 4. Lisha also led in rebounds with 6 and Shara Dee had 4. Shara Dee led in assists with 4 followed by Amanda and Lisha with 3 each.

With the win Borden's record moves to 25-3 on the season. This also marked the seventh bi-district championship in the last ten years, for the Lady Coyotes, their fourth in a row. Borden will meet Marathon in Area action. Should they win, they will face the winner of the Anton-Lorenzo game in the regional tournament Friday night, February 23, at 8:30 p.m, in Levelland. Congratulations to the Borden County Lady Coyotes; 1989-90 Bi-District

## Champions

## WTC News

SNYDER--Eddie Parks of Snyder is one of 19 sophomore students named to Who's Who Among Students in American Junior Colleges for 1989-90.

Parks is the son of Mr. \& Mrs. Martin Parks of Fluvanna and a graduate of Borden County High School. he and his wife, Becki, have one son, Hunter.

Parks is a member of Phi Theta Kappa, a national honor fraternity for students in junior colleges, and

## STUDENT LUNCHES

Februa

March 2, 1990

MONDAY
Fish Nuggets
Tartar Sauce

Hot Bread
Milk
Salad Bar
TUESDAY

Encbilada Casserole Buttered Corn

Hot Bread
Salad Bar
WEDNESDAY
Steak Fingers
Zuchinni Sticks
Mashed Potatoes
Pudding.
Hot Rolls
Milk
alad Bar
THURSDAY
Hamburgers
French Fries
ettuce - Pickies

> Dessert Milk

Salad Bar
FRIDAY
-0.0.0. K-7th. $\$ 1.00$ per day 8 th-12th. S1. 25 per day
or $\$ 28.25$ anonth: Teachers: $\$ 1.50$ per day. Guest: $\$ 2.50$ per day_
has been named to the Dean's List for two semesters. He is a business major and plans to transfer to Texas Tech University in June to work toward a degree in Business Administration with a major in Management Information Systems.
Students from over 1,400 colleges across the United States were chosen for Who's. Who honors this year and they will be included in the 1990 Who ${ }^{-1} \mathrm{~s}$. Who Director. WTC's. Who's Who selection will be recognized and presented certificates at the Annual Day sponsored by the Faculty

## Jr. High Girls Season Ending Stats

The Borden County Jr High girls ended their season last Monday night and with a much improved team due to more experience, ended their season at 6-6. In district action, Borden finished third at 5-5 behind undefeated Klondike and Sands, who lost only to Klondike during the season. Borden finished the season with 317 points for a 26.4 average per game, to their opponents' 265 points for a 22.1 average per game. Their best offensive output came against o'Donnell where they had 32 points and against Grady where they hit 31. The best defensive efforts came against Grady, where they held the Wildcats to 12 points and against O'Donnell where the Eagles werc held to 13.

New drug education plan takes 'no-use' approach to drug abuse prevention
COLLEGE STATION - An imaginative new approach to drug education curricula for Tevas schools intends to help pupils and teachers hecome a part of the solution to our nations drug threat.
The long-range grait of the new concept, says the Texas A.WI Liniversit, researcher who led efforts funded by the Texas Education Agenes (TEA) is a basic change in the very enviromment of the state's schools.
The massive curriculum - nearh joe-use message as common in all sub1.100 pages - has detailed lessons for jects as the "spell correctly" message,

## pages - has detald hernar Pruitt said

BASIC GUN SAFETY \& SELF PROTECTION WORKSHOP

THIS IS A VERY EȦSIC COURSE ON BUN SAFETY, DLEANING \& HANDLING WEAPONE LOADING E LINLDADING, PROPER STANEE AND ACTUAL FIRING OF HAND GUNS \& SHOTEUNS.

SATUREAY, MAREH 3, 1990
10:00-12:00 CLÁSEROON LECTURE [ExHEIT ELDG.]
12:00-1:00 LUNCH BREAK
1:00-4:00 FIRING PRACTICE
INSTRUCTORS: DLLIE $\&$ KENT HOLMES
There is iva dharge. We ask that
YOU LET US KNOW IF YOU ARE INTERESTED IN THIS COURSE BY FRIDAY, FEB. 23 IN OREER FOR US TO HAVE AMPLE INSTRUCTORS, GUINS, E AMMUINITION. MAY REGISTER

DN DAY DF CLASS.

## Regular School Board Meeting FEBRUARY 19, 1990

The Board of Trustees for the Borden County Independent School District met in a regular meeting on Monday, February 19, 1990, at 12:00 noon.

Board members present were Jack McPhaul, Bill Phinizỳ, Jon Monger, Joel Dennis, Scott Clayton, Kenny Hensley and Tom Ed Vestal

Administrator present was James McLeroy, Superintendent.

Jack McPhaul, Board President, called the meeting to order.

Routine business of minutes and bills were approved.
The contract of the principal, Mickey McMeans, was extended one year which gives a two-year contract beginning July 1, 1990.

The Superintendent gave a year-to-date financial report. Attendance was reported as 71 in high school and 130 in elementary for a total of 201.

The Board went into executive session to discuss personnel.

A report was given by the Superintendent on the plans for the senior trip for the Class of 1990. It was reported that the class would spend five days in the Disneyland Park in California

It was also noted that $\$ 53,438.00$ was the net collection from the delinquent roll.

In other business, the Board approved the school calendar for the 1990-1991 school year. Also bus routes were approved for the 1990-1991 school year

The Board approved changes and updates in School Board policies. Most of the changes came about because of new laws passed in the last legislative session and also because of interpretations made by the State Board of Education.

Mr. Bill Phinizy, Vice President of the Board, tendered his resignation as School Board member effective May 5, 1990. He stated that his reason was that his job would take him away from meetings he felt he should attend. The Board and Superintendent extended their appreciation to bill for his past service and dedication to the school district. His resignation was accepted with reluctance.

A School Board Election was called for May 5, 1990, for the purpose of electing two School Board Members to 2 regular terms, and one school board member to the unexpired term of bill Phinizy. The unexpired term will be for one year.

There being no further business, the Board adjourned at 3:00 p.m.

February 1990
Sunday



Paramedics KENT HOLMES \& FRANCES BURKETT demonstrating the new Heart Monitor/Defibrillator.

## New <br> Equipment For Ambulance

Borden County Emergency Medical Service has received a new piece of equipment, thanks to the Borden County Commissioners Court. It is a Heart Monitor/Defibrillator. The Monitor part of the machine will be used on nearly every paitent being transported in the ambulance since it continually displays the heart pulse rate, etc. even in the moving ambulance. This not only keeps the ambulance attendants informed of the patient's condition, but also provides information for the Emergency Room Personnel before the patient arrives at the hospital. It is our hope that the Defibrillator will not be needed for any of our Borden County citizens, since its purpose is to treat cardiac arrest, or other serious heart problems, but very likely we will have a patient sometime with such disease. According to the American Heart Association, 500,000 deaths per year are caused by heart disease. Sixth-percent of these die within the first hour after the initial attack if there is no defibrillator available. In 1962, prior to the use of defibrillators, only 4\% of patients in cardiac arrest survived to be. discharged from the hospital. By 1984,
with Paramedics using defibrillators plus cardiac drugs, the survival rate had increased to 62\%. Borden County EMS Paramedics have received protocal for advanced cardiac life support. Protocel consists of written orders from a physician to administer heart drugs and defribilliation if needed, and medications as needed for other emergency conditions, such as allergic reactions, emphysema, asthma, and so forth.
All of the members of the Borden County Emergency Medical Service are volunteers. They receive no compensation other than the satisfaction of helping those who need their services. There is no charge for the use of the Borden County ambulance. Contributions are accepted and appreciated from individuals who wish to donate.

not affiliated with any particular hospital but can transport patients to the 4 surrounding hospitals as well as those in Lubbock. The ambulance goes whatever direction the patient or his family requests.
Borden County EMS Volunteers are constantly engaged in to qualify temselves to better serve the people of Borden County. At this time
there are two Paramedics, Kent Holmes and Frances Burkett. Five more are taking the Paramedic course, a and will be certified after May, 1990.
Borden County EMS has received great support from Sheriff Lewis and his office. They are now in constant radio contact with his office dispatchers, and with each other as needed. Borden County's 24 hour emergency telephone number is $915-$ 856-4311. If you think you might be having a heart attack, call the ambulance immediately. Prompt attention by properly equipped Paramedics may save your life and minimize heart damage. Post this number near your telephone.

Thanks to all who have supported the EMS of Borden county. Especially thanks to Judge Van York, Commissioners Frank Currey, Larry Smith, Vernon Wolf and Buck Lemons.


The palm tree gets its name from the type of palm that has blades

## Nancy Hoelscher \& Roddy Murray

Mr. \& Mrs. Fdgar Hoelscher of Lott Texas announce the engagement of their daughter, Miss Nancy Hoelscher to Mr. Roddy Murray son of Mr. \& Mrs. Duke Frisbie of Gail, Texas

Nance is a graduate of Mary Hardin Baylor College in Belton. Roddy is a graduate of Midwestern State in Wichita Falls, Texas.

They are both employed by the La Vega schools and reside in Waco.
The wedding will take place on March 10, 1990
-ABSENTEE VOTING BEGINS WED. FEB. 21

Ben Murphy<br>(ehetifieid plable accountant<br>3902 College Avente -:- SNyder, TEXAS 79549 915/573-8992

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RESIDENCE PHONE
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(806) 872-5271

## Obituary

## James E. Wilson

## 1919-1990

James E. Wilson, 70 , Lake Proctor resident, died at 9:55 o'clock Saturday night, Feb. 3. 1990, in Comanche Community Hospital following a sudden illness.
Funeral services for Mr . Wilson were held at 2:00 o'clock Tuesday afternoon, February 6, in Comanche Funeral Home Chapel. Officiating was Rev. Kenneth Vaughn, Zephyr Baptist minister
Burial was in Comanche Gardens of Memory.
Pallbearers were Richard Carter, William J. Wilson, Jr., A. L. Humphrey, Steve Clemons Ralph Woods, and Frankie Patterson.


## 1989 DROUGHT ASSISTANCE ACT

Payments under the 1989 Drought Assistance Act may be taxable, according to Dr. Wayne Hayenga, a management economist with the Texas Agricultural Extension Service

Hayenga said a cash-method farmer can elect to defer reporting the receipt of crop insurance and certain federal disaster proceeds from the year in which the crops are destroyed or crops are destroyed or
damaged until the
following year, under Code Sec. 451 (d).
"In regard to federal disaster proceeds, Code sec. $451(\mathrm{~d})$ specifies that it relates only to payments received under the Agriculture Act of '49 or Title II of the Disaster Assistance Act of '88," Hayenga said.

But what about the Disaster Assistance Act of '89? Since a literal reading of Code Sec. $451(d)$ would.

## Can the Effects of Aging Be Reversed?

For women aged 45 to 64 , the onset of menopause and the loss of estrogen-an important female hormone-may cause unpleasant effects. Without treatment, estrogen loss may cause changes in hair texture, skin tone, and a loss of sexual desire

The effects of the aging process cannot be reversed, but some of the effects of menopause can be treated. Call your physician or call one of us. Get the facts about menopause and how you may avoid some of the annoying aspects of aging.
Somchai Chong, MD
General Practuce
1005 North 16 th Street
Lamesa, TX 79331
[806-872-6773]
Evelyn Smiley, MD
General Practice
1510 North Bryan
Lamesa, TX 79331
[806-872-5441]

> Dan Kahn, MD Family Practice 1607 North Bryan Lamesa, TX 79331 [806-872-8329]

## Patrick Hanford, DO

 Family Practice 1012 North 15th Stree Lamesa. TX 79331 [806-872-2113]exclude payments under this provision from the year-end deferral rule, it seems improbable that IRS would allow payments under the ' 89 Act which are actually received in actually received in until '90, Hayenga said.
The economist said following the enactment of the Drought Assistance Act of '88, Congress amended code Sec. 451(d) to make it applicable to Title II of the 88 Act. The ' 89 Revenue Reconciliation Act as approved by the Senate Finance Committee would have amended Code Sec. 451(d) to make it also apply to the disaster Assistance Act of ' 89.
However, this provision was knocked out on the Senate floor prior to final passage of the tax bill, Hayenga said.
"No amount is payable under the Drought Assistance Act of ' 89 until an application is filed and approved. Farmers have until March 31, 1990 to file applications," Hayenga said.

He said it is unclear whether IRS will try to apply the doctrine of "constructive receipt.

In other words, IRS might argue that since the payment was there for the asking in ' 89 (by filing an earlier

## it ought

## $\{$ NEW <br> RELEASES <br> VCR <br> RENTAL AVAILABLE <br> "THE TRADING POST" New Location <br> IN GAIL

...THE BORDEN STAR, WED., FEBRUARY 21, 1990 to be taxable in '89," at all clear whether Hayenga said

He emphasized that argument, or make the at this point it's not argument successfully

## -YOUR VOTE AND INFLUENCE APPRECIATED-

## RE - ELECT <br> MELISSA "LISA" LUDECKE

CANDIDATE FOR
COUNTY TREASURER BORDEN COUNTY

- SUBJECT TO DEMOCRATIC PRIMARY Pol, Adr. Paid for by Melissa Ludecke, Box 153, Gail, TX 79738


## Salute To Teachers...



Bill May is the girls' basketball coach for Borden County. During his ten years in Borden, he has shown his outstanding coaching abilities with a record of 233 wins, only 46 losses and 6 regional performances. Some think his views on basketball are "inherited." Coach May states, "Raised by two
coaches, my mom and dad, it's all I have ever known!" Aside from his religion and family basketball is the most important thing in his life.
As a Jr. High science teacher, as well as a coach, he feels that the best quality of teaching and coaching at Borden County is the closeness found in a family sense.
During his ten years in Gail, He has had many experiences, but the most interesting was when he arrived at this school and started his new life. Here, he met and married Tana, they have two sons Ky and Trent.


NOTICE TO CONTRACTORS
OF PROPOSED TEXAS HIGHWAY MAINTENANCE WORK
Sealed proposals for
Replacement of Raised Pavement Markers
located on Various Highways
in Borden, Etc. County.
Will be received by the State Department of Highways and Public Transportation located at:

4250 N. CLACK, Abilene, Texas
Until il:00 A.M.; Monday; February 26, 1990
Then publicly read.

## ASCS NEWS BY Jerry Stone

1990 ACREAGE REDUCTION PROGRAM SIGN-UP
We are now taking applications for producers to sign up for the 1990 farm program, which began Tuesday, January 16 th and runs through Friday, April 13th. The 1990 acreage reduction rates and factors are as follows:

|  | Wheat (bu.) | $\begin{aligned} & \text { Corn } \\ & \text { (bu.) } \end{aligned}$ | Grain Sorghum (bu.) | $\begin{gathered} \text { Barley } \\ \text { (bu.) } \end{gathered}$ | Oats (bu.) | Upland Cotton (lbs.) |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| rget Price: | \$4.00 | \$2.75 | \$2.61 | \$2.36 | \$1.45 | 72.96 |
| ighted National an Rate: |  |  |  |  |  |  |
| tore Red. | 2.44 | 1.96 | 1.86 | 1.60 | 1.01 | 50.276 |
| ter. Red., | 1.95 | 1.57 | 1.49 | 1.28 | 0.81 |  |
| fticlency Rate | 0.90 | 0.90 | 0.91 | 0.26 | 0.00 | 10.5 c |
| \% of Projected |  |  |  |  |  |  |
| vance | 0.3367 | 0.3367 | 0.3419 | 0.084 | 0.00 | $3.685 ¢$ |
| ximum Permitted of $C A B$ ) | * | 90.0\% | 90.0\% | 90.0\% | 95.0\% | 87.5\% |
| reage Reduction of planted) | 5.25\% | $11.11 \%$ | 11.11\% | 11.11\% | 5.25\% | 14.29\% |
| version | ha | NA | NA | NA | NA | NA |
| roducers participating in the 1990 wheat program may elect to enroll in the dified wheat program which allows them to plant wheat for harvest in excess of e farm's permitted acreage. Under the modified plan, the farm's wheat for rvest may range from $95 \%$ of the wheat base up to a maximum of $105 \%$ of the eat base. For any acreage in excess of $95 \%$ of the wheat base, an equivalent reage will be reduced for deficiency payment purposes. There is no ACR quirement and the $0 / 92$ provisions are not applicable under this option. |  |  |  |  |  |  |

## 0/92 AND 50/92 PROGRAMS

For 1990 producers will be allowed to plant certain approved nonprogram crops on those acres designated as CU for Pay. Approved nonprogram crops are sunflower, flax, rapeseed, canola, safflower, caster beans, mustard seed, crambe, triticale, quinoa, Jerusalem artichoke, kenof, milkweed, amaranth, and psyllium. Only one drawback, for every acre of cu for Pay devoted to one other these crops, deficiency payment is FORFEITED.

NOTE: CU for Pay acres desingated under the 0/92 provisions are guaranteed the total projected deficiency rate less the reduction, no matter if the final announced rate for the applicable crop is less or even zero. On the other hand if it is higher, then payment will be the higher rate.

## 1989 DISASTER PROGRAM

Applications for 1989 crop disaster losses are still being accepted until. April 2, 1990. If you had any crop in 1989 that did not produce its established yield, come by the office and we will see if you are eligible for disaster assistance.

## OATS

As in the past oats do not fall under the crosscompliance restrictions allowing producers to plant acreage in excess of the farms Oats base. For 1990, producers may temporarily designate any portion of their 1990 program crop acreage bases plus the average CU acres for FAB for $86-89$, to increase the current years (1990) Oats Base.

## CRP PROGRAM

As of this date we have not received any word as to there being a 10th CRP signup. As soon as we hear when the next signup will be we will notify you.

CERTIFICATION OF SMALL GRAINS
We realize that it is a little early to normally
be thinking about certification, but because of the present condition of our small grain crops, producers are reminded that acreage must be certified and an ASCS-574 filed before making other use of the crop when disaster affected. Other uses include planting a second crop to those acreages failed, as well as grazing out the crop after the March 15, 1990 take off date.

The final date to report or certify small grain crops for Borden County is May 1, 1990 which also includes small grain covers devoted to ACR (setaside) and CU acreages. Small grains include wheat, a rye, barley, and oats.

## CORN AND GRAIN SORGHUM ON ACR

Corn and grain sorghum are an approved ACR cover, provided the producer drills the crop and is not planted with a conventional planter. The producer may certify this as an approved cover for ACR, pay a $\$ 10.00$ visual inspection fee, certify that the crop will not be harvested, grazed, or baled and the land will not be grazed until the crop residue is incorporated into the soil.

1989 FINAL COTTON DEFICIENCY RATE
It has been announced that the upland cotton final deficiency payments will be based on 13.1 cents, producers who received an advance payment of 8.56 cents per pound, will receive a balance of 4.54 cents per pound, to be paid in cash.

The earliest we will be allowed to make payments is February 15, 1990. If we have the computer capabilities by the 15th we will make all 1989 deficiency payments soon thereafter,
ACP-LONG TERM AGREEMENT SIGN-UP (LTA)
We will have an LTA signup beginning February 15, 1990 and ending March 2, 1990.

This program gives you the opportunity to apply for conservation cost shares to help perform needed conservatiaon practices such as terracing, water ways, diversions, etc.

Contracts cannot exceed five years. if 1991 will be the first year of the contract, it cannot extend beyond September 30, 1995.

Please contact SCS prior to making application so we can coordinate extent and cost of the practice(s).

Please remember application does not mean approval, any practice begun prior to COC approval will be ineligible for cost share.


Every part of the squirrel's field of vision is in perfect focus, not just


Improvements Getting Around
The road to safety is getting casier to follow these days. thanks to innovations from America's auto industry. According to the National Auto Dealers Association. cars today are engineered for safery. Automotive standards have re duced traffic fatalities by nearly a third since the 196() s. New cars have:


Buy a car with safety features and drive carefully once you get it, to help drive up your safety record.

- safety belts
- head restraints
- energy-absorbent steering columns
- shatterproof laminated glass
- shatterproof lamin
- tougher bumpers
- safer fuel systems and tanks
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You can help. Make sure driver and passengers always buckle up. Never drink and drive or let others do so. Keep safety features in mind when shopping for a car.

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## NOTES FROM HOME BY DEBRA POLLARD <br> Home Demonstration/CFA

## Shaping Up Easier Than Many Thinks

 Getting in shape rigorous exercise program of weightlifting, jogging or highimpact aerobics everyday. There's an easier way. Actually for fitness $\quad$ difference, all you need is four 30-minute workouts each wèk.People who are too busy to include exercise in their schedule can get up 30 minutes earlier or go to bed 30 minutes later. If that sounds impossible, exercise at noon and eat a quick lunch afterwards at your desk. Or exercise at home while you watch a television program.

Start any exercise program slowly and gradually increase your pace and time. Be sure to include warm-up and cool-down periods to avoid
unnecessary soreness and stiffness.

If you feel you don't have enough stamina, remember that exercise ultimately gives you more energy both during and after workouts. You will feel less sluggish and discover. a ... renewed sense of vitality.
simple exercise program combined with a proper diet will result in a painless payoff.

If you decrease your caloric : intake by eating a high fiber, low-fat diet and start an exercise program, you'll be slimmer by the first day of spring. Not only will
you look and feel better, but you also will increase your flexibility, build muscle strength and increase cardiovascular endurance.
A creative approach to exercise shouldn't interfere with family time. In fact, a fitness activity is a great way to spend time together. Family bike rides, walks, and backyard basketball games are healthful and fun.

You don't need fancy clothing or expensive equipment to start an exercise program. Just wear comfortable clothes and walking shoes.

Hate exercising in cold weather? Join a mall walking club or swim in an indoor pool at a community center or nearby university.
Varying activities will help you stay interested in an exercise program. Alternate walking, for example, with aerobics, swimming or an occas ional volleyball game.

The important thing, is to find a way to

## stay physically active on a regular basis. <br>  <br> \% pepper parsley

BIG SPRING LIVESTOCK AUCTION

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P.O. BOX 102 Big Spring, Texas

Spicy Jicama Salad 1 pound jicama, peeled and French fry cut
1/2 sweet red pepper, diced with French fry cutter $1 / 2$ green pepper, diced with French fry cutter 2 celery stalks, thick sliced 2 tablespoons lemon juice 1 tablespoon orange juice 1 tablespoon lime juice 1 tablespoon honey 1 tablespoon vegetable oil
1/4 teaspoon salt
$1 / 8$ teaspoon cayenne pepper $1 / 8$ teaspoon ground black

COMPUTER
RECORD KEEPING SHORTCOURSE FRIDAY, FEB. 23, וөөロ S:OD A.M. - 4:OO P.M. gorden county school conference room
LUNDH WILL be available at the SCHOOL CAFETERIA.
instructor - dr. Jackie smith [EXTENSION ELONOMIST-MANAEEMENT]
pre-register by cal ling 8ex-4336 BORDEN COUNTY EXTENSION OFFICE EY NOON FRIDAY, FEB. TE, TEEC. SMALL FEE OF \$10 TO COVER EXPENSES

THE SOFTWARE TO BE USED IN THIS


## Cooking Corner

Caribbean Cuisine Treat: Jicama!
green onions, cut into 1 -inch pieces Center salad maker. Slice first four ingredients as indicated into large mixer bowl. Place remaining ingredients into Osterizer blender container. Cover and process 2 cycles at a medium high speed until green onion is coarsely chopped onion is coarsely chopped. Pour over processed vegetables and combine. Allow before serving. (Exto chill before serving. (Exsify spicy flavor)
Yield; 6-8 servings

## Women's History Month

Each March, National Women's History Month is celebrated in schools and communities throughout the country. The concept evolved 10 years ago with the National Women's History Project (NWHP), first organized to celebrate "Women's History Week." In 1987, Congress approved a resolution extending the celebration to the entire month of March.

Since we started the organization 10 years ago, more people have come to the realization that women's activities have touched on every aspect of American life," says Mary Ruthsdotter, projects director of NWHP.
The month is designated to honor women of every race, class and ethnic background who have made historic contributions to the growth and strength of our nation in countless recorded and unrecorded ways.

This year's theme, "Courageous Voices Echoing in Our Lives," recalls the words and deeds of previous generations of women. It also symbolizes the lives of women who have sustained and passed on their families' unique cultural heritage.
The NWHP is a non-profit educational organization located in Windsor, Calif., which serves as a clearinghouse for or ganizations seeking information and programming ideas in respect to women in American history. III

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THE BORDEN STAR, WED., FEBRUARY 21, 1990... 8


