BORDEN COUNTY STATE QUALIFIERS

bUSINESS AND JOURNALISM DEPARTMENTS will send five qualifers to state. L-R: Kate Porter,Julie Harris, D'Lyn Lloyd, Kate Porter and Chris Kilmer.
Our congratulations to those students and the best of luck at the state meet.


PAM COOLEY pictured in the Gail Cafe which she and her husband JOE have bought and reopened.

## UNDER NEW MANAGEMENT

New owners, Joe and Pam Cooley, invite everyone from children to senior citizens to come and dine at the Gail Cafe. It will be open from $7 \mathrm{a} . \mathrm{m}$. to 7 p.m. daily and closed on Sunday.

Breakfast, lunch and dinner items prepared by Pam will be served to you in a pleasant and comfortable family atmosphere.

The
selections on the menu will be fresh and filling for even the most hearly appetite.
New dishes will be added often to the menu for constant variety and an expanded soft drink selection is being planned. Also after meal treats such as candy and gum for the youngsters will be available.

Joe and Pam are also excited about living in Gail. They look forward to the time they wont have to be
on the road traveling long distances to school. functions. Their children are anxious to be able to stay in bed a little longer each school morning. They all think they will like city life.
So make it a point to eat out at the Gail Cafe with Joe, Pam and their staff; Beverly Herring and Sue Mize.

## Be Sure To

VOTE
MAY 6,
School Board
Trustee
Election


The Borden County band students attended the Petersburg Band Solo Contest Saturday April 29 in Petersburg. Borden County took 22 students and came home with 21 Superior I, and 1 Superior I+ rating. Below is a list of these students:

5th Grade
Roy Clayton - Bartone - Superior I - Medal Desmond Acosta - Cornet - Superior I - Medal Nicole Lawerence - Bass Clarinet-Superior I-Medal Deann Parks - Clarinet - Superior I - Medal Leticia Rios - Flute - Superior I - Medal
Brandi Smithie - Bass Clarinet - Superior I-Medal

## 6th Grade

Bobbie Armstrong - Alto Sax - Superior I - Medal Virgil. Glaze - Tenor Sax - Superior I - Medal Mandi Herring - Clarinet - Superior I - Medal Melissa Mize - Flute - Superior I - Medal Erica Nance - Piano - Superior I - Medal
Erica Nance - Clarinet - Superior I - Medal Andy Portales - Bartone - Superior I - Medal Gloria Portales - Alto Clarinet - Superior I-Medal Brandon Trussell - Cornet - Superior I - Medal

## 7 th Grade

Richard Buchanan - Bartone - Superior I+ - Medal Brandon Adcock - Trombone - Superior I - Medal

8th Grade
John Paul Harris - Bartone - Superior I - Medal
9th Grade
David Buchanan - Trombone - Superior I - Medal Angela Evans - Trombone - Superior I - Medal

## 10th Grade

Kim Doyle - Clarinet - Superior I - Medal
11th Grade
Lance Telchik - Cornet - Superior I - Medal
Randi Woodward - Flute - Superior I - Medal

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## AMANDA

## ANDERSON <br> REACHES

## TENNIS

In not exactly ideal tennis conditions, Amanda Anderson, a freshman at Borden County, reached the regional quarter-finals in the Region $I$ tennis tournament in Levelland last week. Weather was not very cooperative as the high winds and cold temperatures made conditions somewhat unpleasant. But still Amanda came out in her first match with a convincing straight set win over Shannon Fields of Groom by a 6-4, 6-2 count. Then in the quater-finals she came up against Prissy Grey of Balmorrhea, who was

Mr. Harris accompanied all the solo's on the piano.

The band students would like to Thank these parents who went along as sponsors and were there for support. Janie Acosta, Nora Nance, and Terri Buchanan.


5TH \& 6TH GRADE BAND MEMBERS: Back row, L. to R. Virgil Glaze, Erica Nance, Brandi Smithie, Bobbie Armstrong, and Andy Portales. Middle row, Brandon Trussell, Melissa Mize, Nicole Lawerence, Deann Parks \& Desmond Acosta. Bottom row Gloria Portales, Mandi Herring, \& Leticia Rios. (Not pictured, Roy Clayton)


BORDEN COYOTE BAND MEMBERS: (Back row, L. to R.) Richard Buchana, Lance Telchik, David Buchanan, \& John Paul Harris. (Front row) Kim Doyle, Angela Evand, Randi Woodward, \& Brandon Adcock

## REGIONAL QUARTER-FINALS

making her fourth straight appearance in the Regional Tournament. Miss Grey placed third last year. Amanda jumped out ahead of her opponent $2-0$ and held a game point to go up 3-0. Then experience took its toll as Grey ran off many unanswered games and would seem to come up with a big shot to erase any game points or break points Amanda had. Amanda dropped her quarter-final match by identical scores of 6-2, 6-2. The singles title was won by Stephanie Brockman of Nazareth


## PRE-SCHOOL DAY

## Parents,

Pre-Kindergarten day will be Friday, May 12. All pre-school children who will be five years of age on or before September 1 , 1989, are invited to attend school on this date. The kindergarten class will be the hosts. Meals will be provided by the school. Please contact the bus driver in your area if you would like for your child to ride the bus or the parent may bring the child to school. If your child rides the bus, please send a note with the name of the child and parents, address, and phone number. This is very important in order to contact you if necessary, and to send you beginning school information later in the summer.

Registration cards will be provided for each child. if you bring your child you may wish to bring immunization records and birth certificate. If the parent elects not to visit the school on this date, please return the registration card, birth certificate and immunization records when your child reports to school in September. Thank you, Ben Jarrett 915-856-4315

## SCHOLARSHIP

SCHOOL YEAR, 1989-90
OVER 100,000 COLLEGIATE ATHLETIC SCHOLARSHIPS are available each year to male and female high school and junior college student athletes. Contrary to popular belief, students don't have to be All State to qualify. Much of this money goes unused. A new publication with

Cont. to pg. 3
PARENTS CLUB MEETING
Thursday, May 4, 1989
2:00 p.m. in Conference Room.

The following named elementary and junior high students, grades 5-8, have achieved academic honors for the Fifth Six-Weeks:


HIGH HONORS: ROY Clayton Gr. 6, and Brandon Adcock Gr. 7. The above students achieved an academic average of 90 or above in each subject.


HONOR ROLL: Melody Harrison Gr. 7, Mandi Herring Gr. 6, Laura Hensley Gr. 5, \& Leticia Rios Gr. 5. The above students achieved an academic average of 90 , with no evaluation less than 85 in a

| SCHOOL LUNCH MENU$\text { May } 8-12,1989$ |  |  |
| :---: | :---: | :---: |

The following named high school students grades 9-12, have achieved academic honors for the Fifth Six-Weeks:


BETA CLUB: Standing Eric Lusk Gr.10, D'Lyn Lloyd Gr. 12, Elana Himes Gr. 12, Julie Harris Gr. 11, Rachel Romero Gr. 11, \& Chris Kilmer Gr. 12. Seated, Cody Stone Gr. 11, Shara Dee Woodward Gr. 9, Kate Phinizy Gr. 12, \& David Buchanan Gr. 9. The above students achieved an academic evaluation of 90 or above in each subject.


HONOR ROLL: Standing, Shane Kemper Gr. 10, Brian Bond Gr. 11, Kate Porter Gr. 12, Randi Woodward Gr. 11, A'Lise Lloyd Gr. 9, Lance Latimer Gr. 12, \& James Smith Gr. 11. Seated, Kristi Adcock Gr. 11, Amy Lewis Gr. 11, Shayne Hess Gr. 9, \& Amanda Anderson Gr. 9. The above students achieved an academic average of 90, with no evaluation less than 85 in a subject. (Not pictured Kristin Kilmer Gr. 9.)

## AN URGENT APPEAL FOR AMERICAN HOST FAMILIES

## The YOUTH EXCHANGE

 SERVICE (YES) urgently needs HOST FAMILIES from all over the United States to host an outstanding group. of International Teenager Students from 5 continents, scheduled to arrive in Auqust for the 1989-90 high school year. The 15 to 18 year old students are carefully screened, bring their own spending money, and are fully covered by insurance. For information about becoming a HOST FAMILY, please contact the YOUTH EXCHANGE SERVICE (YES) at their 24 hour toll free number: (800) 848-2121.
## SCHOLARSHIP

Cont. from pg. 2
forms, sample letters and tables of factual information is available for student athletes. It takes them step by step thru the important process of getting an athletic scholarship and includes college and conference listings. For details on how to get a collegiate athletic scholarship, send a large self addressed, stamped envelop to The National Sports Foundation, 612A Willow Dr., P.O. Box 940, Oakhurst, NJ 07755.

THE BORDEN STAR, WED., MAY 3, 1989... 4

## Borden County golfer swings into state



STATE BOUND--Borden County sophomore Eric Lusk is heading to the state high school golf tournament May ll-12 in Austin after nabbing medalist honors at Region I-A golf tournament in Sundown. (Photo by Dwight Heins)
Congratulations to Eric and the other golfers.
By putting two solid for him to sink a 10 rounds together, Eric foot putt to win. Lusk was able to Eric, a sophomore, capture the regional finished third at medalist honors.

Eric's first day score was a 75 and was just one stroke ahead of the field and it came down to the final putt on number 18 green the last day first and second day, regional last year. He will compete in the state golf tournament on May 11-12.

James Lewis shot a 87 and a 91, Cody Cooley had a 103 the

## ,

## Thank You

Please accept our sincere thanks for all your help in finding Doug last Monday night. We are still overwhelmed by the multitude that gathered so quickly in our behalf. We are so grateful for friends who are "Believing Believers" and we feet your prayers surround us and give us comfort and peace that passeth all understanding. (Phil. 4:7). We have been truly blessed with calls, cards, georgeous flowers, wonderful visits and food. Thank you each and everone, we truly love you!!

Doug and Donna Nehring


Clint Bray had a 125 and a 111, while Pat Herridge had 103 and a 113. The team was just 16 strokes out of second at the end of first day play and finshed tenth out of 16 teams at the end of competition.

The two district medalist were Pat Underwood and Kate Phinizy, Pat had to withdraw after playing just 5 holes due to illness while Kate shot a solid 127 the first day and a 117 the second day.

Comatatulatinta

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## STRESS AND ITS EFFECTS

Stress is a common event of everyday life and is related to the pressures everyone faces from day to day. No one is free from stress.

Babies as young as eight months of age can detect stress in their mothers and show signs of depression as a result. Only in death does one have freedom from complete stress.

Excessive stress stems from meeting the demands of family, maintaining a household or work. Sudden expenses, unemployment, sickness and death can also produce unexpected pressures.

However, some pressure serves as motivation to get things done. Stress is like medication; the right dose is good for you, but too much can be a poison.

Like poison, stress also affects the health. The body may signal the mind that
stress levels are too high. The signals should be listened to before serious conditions such as emphysema ulcers, colitis or a heart attack develop.

Some of these health signals include:
*quickened heart beat
*increase in hormones produced by the adrenal glands.

$$
\begin{aligned}
& \text { *Increased circula- } \\
& \text { tion } \\
& \text { *increased } \\
& \text { activity } \\
& \text { * High blood pressure } \\
& \text { *full energy as a } \\
& \text { result of glucose in } \\
& \text { the muscles and brain } \\
& \text { *improved muscle } \\
& \text { function } \\
& \text { *acceleration } \\
& \text { blood clotting mech- } \\
& \text { anisms } \\
& \text { *improved } \\
& \text { and eyesight hearing }
\end{aligned}
$$

*cold hand and feet *suspension of digestive processes resulting - in indigestion.

Everyone reacts to stress differently, so there are different ways of managing stress. Breathing deeply to improve oxygen intake, exercising, or taking an imaginary 10 minute mind vacation to a peaceful place are all helpful methods of relieving stress. Talking to someone about the problem can also help.
Abuse of alcohol or drugs can worsen stress. In the long run, you have to get over both the stress and the side effects.
Since stress cannot be avoided, there are things a person can do to minimze the effects of it. Eating right; getting enough sleep; allowing time for relaxation and organizing personal life, home, or work area can all be helpful. Cultivation and use of faith and values also provides a source of support.


## COUNTY OF BORDEN

state of texas BÕRDEN CO: EXHIBBİ BLCCC COUNTV $4+\mathrm{H}^{2}$ Y YOUTH COMMITITEE

## LEGAL NOTICE

The Commissioners' Court of Borden County will receive bids on the following until 10:00 A. M., May 19, 1989.

1. Asphalt for the 1989 paving program
2. Gravel for the 1989 paving program
3. Fuel for 1989
a. unleaded gasoline
b. regular gasoline
c. diesel
4. 工iability Insurance - County vehicles

For specifications and information on the above contact the office
of the gounty Judge, Borden County Courthouse, 915/856-4391.
Bids should be submitted to the office of the county Judge, Box
156, Borden County Courthouse, Gail, Texas 79738.
The right is reserved by the Borden County Commissioners' Court
to accept or reject any and all bids.

BY ORDER OF THE BORDEN COUNTY COMMISSIONERS ${ }^{\top}$ COURT

the borden stá, wed., may 3, 1989... 6


CONSERVATION RANCHER--Mike Stephens was honored as the Conservation Rancher of the Year last week by the Upper Colorado Soil and Water Conservation District which serves both Borden and Scurry Counties.

## District II Extension Homemakers Meeting

Seventeen area extension homemakers attended the District II meeting held in Lubbock. The event was hosted by extension clubs from Crosby, Briscoe, and Lubbock Counties.

Eleven Snyder residents including Agnes Sorrells were in attendance.

Sorrells received a certificate honoring 50 years of membership as an extension homemaker. She belongs to the Knapp Club.


AGNES SORRELLS 50-year certificate
Mrs. Sorrells is the


The highest price quoted for a share of stock was $\$ 38,400$ for a drug company's stock in 1976.

## Pork Rinds: The Snack Food of Presidents

By Tom Clifford PM Editorial Services

They are at the table when the nation's most powerful men and women sit down to talk The president wants them there. And like the politicians in George Bush's Cabinet, they have come a long way.

A very long way.
They are pork rinds
When President Bush mentioned on the campaign trail last year that pork rinds are his favorite snack food, a lot of people were left wondering just what the heck a pork rind is, anyhow. Technically speaking, a pork rind is a piece of pigskin cooked in hog fat until it looks like a pellet, stored for 30 days
and then fried again in 400 degree oil until it explodes into a crunchy puff.
Sound appetizing? With the recent wave of publicity surrounding them, more and more people are discovering just how delicious they are. John Rudolph of Rudolph Foods in Lima, Ohio, the world's largest manufacturer of pork rinds, says that they can't make enough of them.
"We're awful busy," Rudolph says. "We finished the year 25 percent ahead of last year and have been working seven days a week, around the clock.

The company ships pork rinds around the world.


Many people share President Bush's fondness for pork rinds. lil

"They're practically the national dish in Mexico," claims Rudolph.
The center of pork rind popularity in the United States has always been the rural South, where many people grew up on homemade pork rinds.
"My grandfather raised pigs. so I guess I had some made pretty fresh off the hog," remembers Judy Fannin, an Ashland, Ky., native. "Sometimes you're more in the mood for them than others," she adds. "Instead of hot air popcorn, you grab a pork rind.

While the rinds aren't exactly stealing the snack food market away from potato and corn chips, farmers who supply the pigs for pork rinds couldn't be happier.
"We're delighted that it spotlights pork every time they are mentioned," says Charles Harness, director of communications for the National Pork Producers Council, based in Des Moines, Iowa.

Bill Conner, of Evans Food Products Co. of Chicago, sent 3,000 pounds of pork rinds to Washington, D.C., for the Bush inauguration.

For now Barbara Bush admits to growing a bit weary of the pork rind. The First Lady and her husband have been swamped with gifts of the fried hide ever since her husband's victory last Novermber.
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## BORDEN COUNTY

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1-800-242-4944
Ext. 5504 also open evenings.


GEAR UP FOR GARDEN PESTS
Gardening season is just around the corner, and with it the need for early preparation against insect pests that are sure to be around.
First, gardeners should inspect insecticides left over from last year to determine if they are still good.
Product age and stcrage conditions must be considered.
If properly stored, most preducts should have at least a twoyear shelf life once they begin to be used. Dusts sometimes have a tendency to abscrb moisture if the bag is not sealed tightly after each use; they should not be used if lumpy.

Place bags containing insecticides in a clear, polyethylene bag and seal it with a rubber band to keep moisture out
If dusts are two years old or older and there is any doubt abcut their storage, dispose of them according to label directions and buy new insecticide

Although liquid materials are not as likely to abscrb moisture, storage is still important. Caps should be resealed tightly on the product after each use. Dc not use liquids which are cloudy or milky in color or which have sediments on the bottom of the container

Do not store pesticides on a shelf in front of a window, especially if the window gets strong afternoon sun. Do not store liquids in an area subjected to extreme temperature fluctuations. Extremes from summer to winter temperatures may not hurt the active ingredient in the insecticide, but it may
closely after spraying to determine if the pesticides are controlling insects.

It's important to anticipate pesticides that will be needed for the crops to be grown. Select insecticides by considering the plants and the period for insect control before repeating the application. This also will affect time from application until a safe time for harvesting.

 MONDAY, MAY 8, 1989

BORDEN COUNTY SHOW BARN 4:30-6:00 P.M.

PLAINS COMMUNITY CENTER 6:30-7:30 P.M.

SPOR:SORED BY: BORDEN COUNTY EXTENSION PROGRAM COUNCIL

## (NOMINAL FEE)



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Prevention of Child Abuse, Box 2866E, Chicago, IL 60690


The 22-acre Tyler Municipal Rose Garden is the nation's largest rose showcase, featuring 38,000 rose bushes representing nearly 500 varieties. Roses are at their floral peak from May through November, and in October, the Texas Rose Festival is held to pay homage to this noble flower. Commercial growers around Tyler ship hundreds of thousands of bushes to nurseries throughout the nation and to 25 countries, making Tyler one of the largest rose producers in the world. Tourism Division, TX Dept. of Commerce photo.

Lubbock Lake Landmark, North Indiana and Loop 289. This archeological site has yielded prehistoric tools and artifacts dating from 12,000 years ago to historic times. Remains of mammoths, extinct horses, camels and Texas-sized six foot armadillo also have been un-

| SCRIPTURE CORNER |
| :---: |

"Love must be sincere. Hate what is evil; cling to what is good, Be devoted to one another in brotherly love. Honor one another

## earthed here.

A State and National Historic Landmark, the archeological exca vation site is managed by Texas Tech Museum. Many of the discoveries are displayed at the museum. On site visitors center under construc tion. Tours available. 806/742-2481 above yourselves. Never be lacking in zeal, but keep your spiritual fevor, serving the Lord. Be joyful in hope, patient in affliction, faithful in prayer. Share with God's people who are in need. Practice hospitality."

Romans 12:9-13

## To all customers of

 Southwestern Bell Telephone Company:
## Public Notice

On March 14, 1989, Southwestern Bell Telephone Company filed with the Public Utility Commission of Texas an application which proposes to revise its Toll Restriction Tariff in Section 21 of the General Exchange Tariff. The Commission received the application as Docket No. 8700.

The application proposes to reduce the monthly rate for Toll Restriction residence service from the current $\$ 15$ a month to $\$ 5$ a month per residence access line. This proposed application will affect approximately 2,487 residence customers who presently subscribe to toll restriction. It is estimated that the proposed rate schedule will reduce the Company's annual revenues from this service by approximately $\$ 298,000$, which is less than one percent of the Company's total intrastate revenues. If the application is approved, the effective date of the rate reduction will be set according to the Commission's Order.

Persons who wish to intervene or otherwise participate in these proceedings should notify the Commission as soon as possible. A deadline to file motions to intervene has been set for May 30, 1989. A request to intervene, participate, or for further information should be mailed to the Public Utility Commission of Texas at 7800 Shoal Creek Blvd., Suite 400 N, Austin, Texas 78757. Further information may also be obtained by calling the Public Utility Commission Information Office at (512) 458-0223 or (512) 458-0221, teletypewriter for the deaf.

