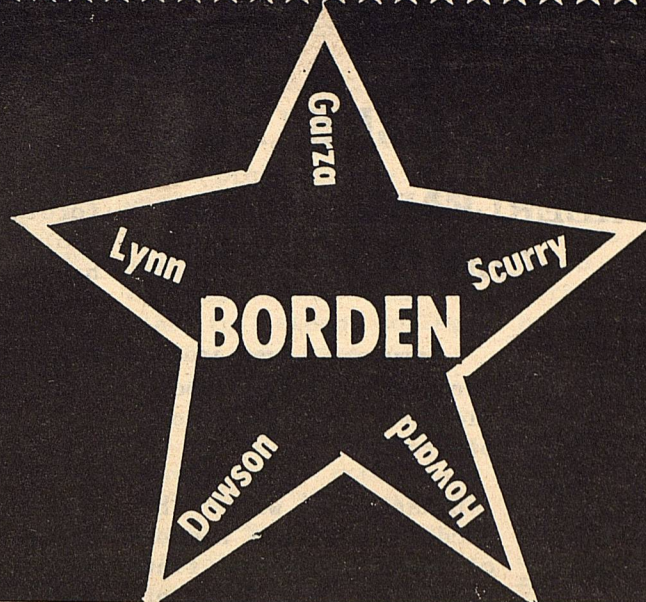


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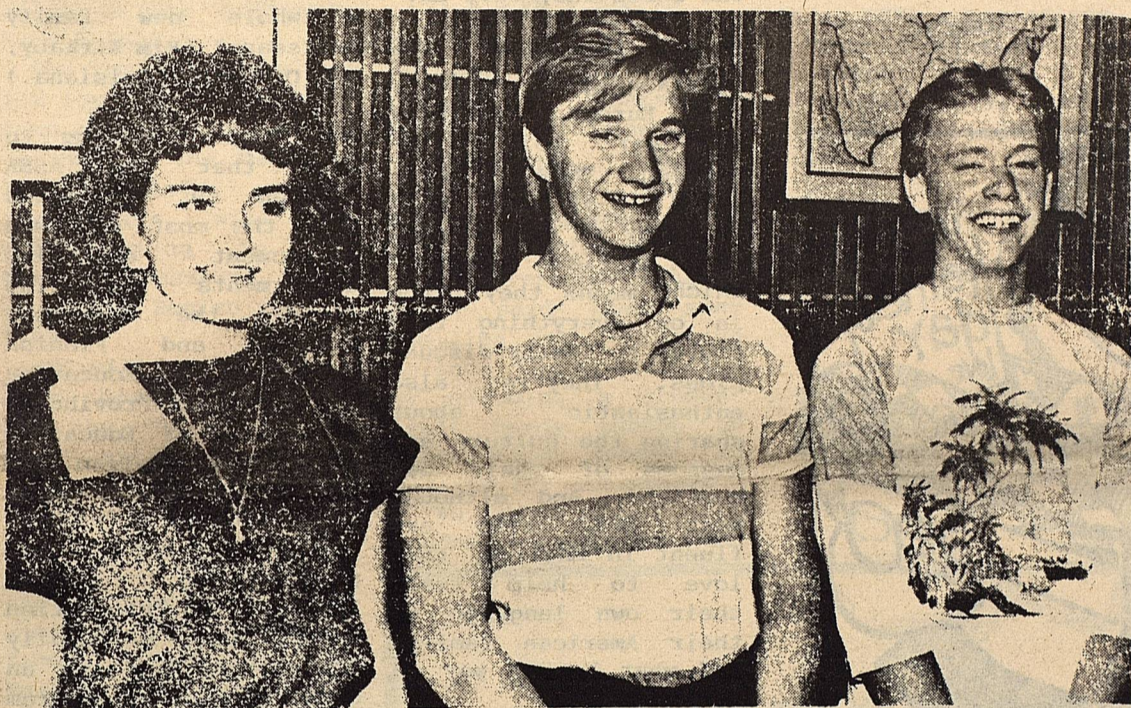
VOLUME XIV



STAR

JUNE 15, 1988

Serving the Counties of Borden, Dawson, Garza, Howard, Lynn & Scurry



FOREIGN TRAVELERS - Borden High School student D'Lyn Lloyd, and Snyder High School students Royce Hataway and Matt Haynes are leaving to spend five weeks in foreign countries, Haynes to Spain and the others to West Germany through the Rotary International Youth Exchange program. (SDN Staff Photo)

THREE YOUTH HEADED OVERSEAS

Three Snyder teenagers are heading for foreign lands this summer as part of the Rotary International Youth Exchange program. Two of the youth will be going to West Germany and one to Spain.

D'Lyn Lloyd is going to Holver, West Germany; Matt Haynes to Tarragona, Spain; and Royce Hataway to Duelem, West Germany.

D'Lyn Lloyd is the daughter of Weldon and Sue Lloyd of Fluvanna, and a student at Borden County High School.

Matt the son of Jimmy and Barbara Haynes; and Royce, the son of Emmet Hataway and Cindy Nix.

By the weekend, all three will be departed. They will stay with their host families for five weeks and then return with a teenager from that family for their new friends to spend five weeks in Snyder.

The exchanges were arranged through a local Rotary Club committee headed by Jack Gorman.

FFA AMERICAN FARMER COMPETES FOR STATE TITLE

for the position of State American Farmer.

Gerry had previously attended the Area convention where he recieved his American Farmer Degree. Gerry also won the area competition for the best applicatioan, which gave him the title of Star Area American Farmer. This enabled Gerry to advance to the state competition and to compete with the ten other area applicants in the state for the state title.

Gerry will attend the Nationl FFA Convention in Kansas City next fall to be presented with his American Farmer Degree. He should be highly commened as the American Farmer Degree is the highest Degree that an FFA member can receive.

GAIL FFA MEMBER RECEIVES SCHOLARSHIP

other FFA members from the state for one of the Houston and San Antonio College scholarships. Will had currently competed at the Area level and had earned the right to advance to the state competition.

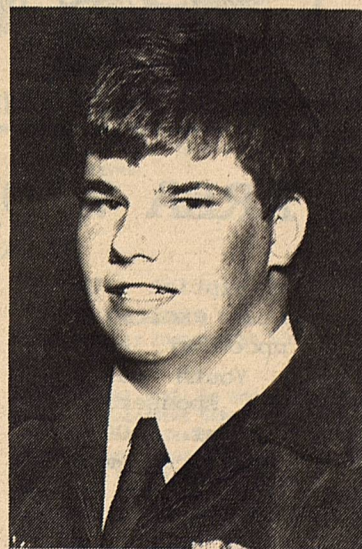
To be eligible for one of these scholarships, one must be a graduating senior, have outstanding academic achievements, outstanding FFA activities, and rank in the top 25% of their graduating class. One must also interview at the area and state level.

Will was chosen to receive one of the

Houston Livestock Show and Rodeo Scholarships which totaled to the amount of \$8,000. This is one of the highest paying scholarships available to FFA members through the organization

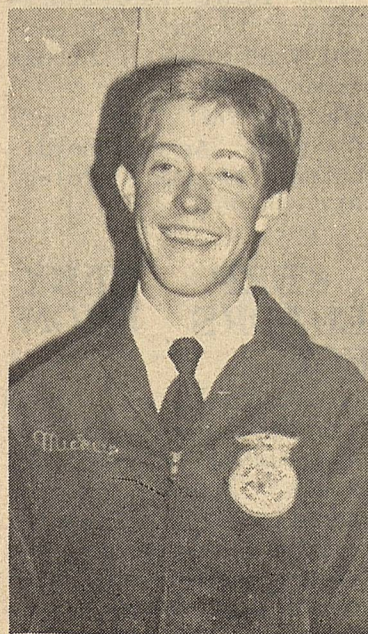
Will was accompanied on the trip last week by his parents, Mr. and Mrs. Bill Phinizy, his sister, Kate, and by his Vo. Ag. instructor Buddy Wallace.

Will and his family also traveled to Houston where they attended an honors banquet for the Houston Livestock Show and Rodeo Scholarship recipients. This took place in the Astrocome. Will plans to attend



Gerry Smith a member of the Gail FFA chapter traveled to Austin this past week and competed

Texas Tech in the fall and plans to major in Agricultural Economics.



Will Phinizy a member of the Gail FFA chapter currently attended the state degree and record check in Austin this past week where he competed with some 80

JOHN PAUL HARRIS ATTENDS BASKETBALL CAMP

John Paul Harris attended the 1988 Champion Basketball Camp at Morton, Texas, during the week of June 6-10.

While attending the Camp he received many honors. They were:

1st Place
3 on 3
(He received a Converse Tote Bag)

1st. Place
Most Coachable

2nd. Place
Defense

3rd. Place
Lay-up's

4th Place
Free Throws

4th Place
Hot shot

Students were given trophies and ribbons for each of the events.

There were 66 students attending the Basketball Camp.

An enjoyable week was had by all.

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Editor
Barbara Anderson

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Any errors that we make reflecting on the reputation or standing of any Firm, Corporation or individual that may appear in the columns of the Borden Star will be gladly corrected when called to the attention of the staff.

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FUNDRAISERS FOR CHEERLEADER CAMP

In order to help pay for cheerleading camp costs, the BHS Cheerleaders will offer their services this week in the form of housecleaning and a car wash. Below is information concerning the two events:

WEDNESDAY, JUNE 15

Housecleaning

TEURSDAY, JUNE 16

Housecleaning

Call 856-4446 or
856-4351

SATURDAY, JUNE 18

Car wash at high school; pickup and delivery offered.

Donations will be accepted for the housecleaning and a flat rate of \$12.50 per vehicle will be charged at the car wash. Please support these girls in their efforts.

THANKS!



SUNDAY JUNE 19

AREA WIDE YOUTH RALLY

First Baptist Church Lamesa is excited about the upcoming Associational Youth Rally we will be sponsoring on June 17 at 8:00 p.m. The new contemporary christian group called "REFUGE" will be giving a concert. The band is stationed out of Waco and all the members attend Baylor University. They combine material from other popular artist with songs they have written themselves.

They will present a strong message of faith and issue a motivating challenge to stand firm to all young people involved. A fellowship will take place after the concert. This is a great chance for youth groups around the area to get to know each other and let loose like only youth know how to do!

Please join us at this exciting event because we know the Lord is going to move!

NOW LOCAL FAMILIES CAN TAKE IN EUROPE FOR A YEAR

Imagine being able to absorb the culture of a foreign country for a whole year without ever having to leave home. That's exactly what the ASSE Student Exchange Program offers local families who want to host an outstanding teenager from abroad.

Having an European or Australian youngster become part of the family for an academic year gives everyone in the house the opportunity to learn more about themselves and the world they live in.

ASSE teenagers are outstanding students from Europe, Australia and all points in-between. They're motivated 15-18 year olds who want to become part of an American household which means they pitch in on everything from chores to family discussions. They're also enthusiastic about sharing the culture and customs of their own homeland. And although most ASSE kids are fluent in English, they love to help teach their own language to their American family. And what better way to learn?

Host families also gain a new perspective on their own way of life. Parents and kids alike come to appreciate lots of things they've probably taken for granted. Like all the TV channels they have to choose from (not to mention MTV) plus all the great things to buy

HARD TIMES KEEP MANY GRADUATING SENIORS FROM COLLEGE

Economic hard times and dwindling family savings may keep many graduating Texas seniors from the college ranks this fall, but it doesn't have to, according to the Texas State Teachers Association.

TSTA says that strained family budgets, coupled with the rising costs of college tuitions at state

in our consumer wonderland.

The ASSE exchange program only lasts ten months but host families discover the special relationships they build go on forever. "I have a daughter from Finland, a daughter from Germany, and a son from Sweden. Two daughters and a son, plus three whole new families we get to visit when we go overseas." (Guinn Sweet, Weatherford, Texas.) "From our one ASSE exchange student we got a whole new family overseas." (Kim Kirkaby, New Orleans, Louisiana.)

And it's reassuring to know that the ASSE Program is affiliated with the most esteemed government education departments in the world: the National Swedish and Finnish Departments of Education, The Canadian Provincial Ministries of Education and the Australian and New Zealand Departments of Education, have approved the ASSE program, and the United States Information Agency has officially designated ASSE as an exchange visitor program. If you want to give your family a foreign accent for a year and even a lifetime, contact ASSE local Representative: Jacque Behrens, 551 72nd Street, Lubbock Texas 79424. 806/794-6721 or call COLLECT: Area Coordinator, Ingallil Toles, 817/599-0686.

universities, have caused enrollment to dip among middle and lower income groups. Additionally, federal aid programs for college students have also been cut during the past few years.

The association this week announced a new guide for students and families, "Paying For

Cont. to pg. 3

COLLEGE NATIONAL FINALS RODEO

The Western Texas College men's rodeo team will be competing at the College National Finals Rodeo in Bozeman, Montana. The competition begins Monday, June 13th, with champions being named Saturday night, June 18th. The finals will be held in the Brick Breeden Fieldhouse on the campus of Montana State University.

The Snyder school's team will be competing in the College Finals for the eighth straight season and won the national championship in 1986. The team was fifth in the nationals last season.

The top two teams and the top two individuals from each of the eleven regions of the National Intercollegiate Rodeo Association will be participating in the finals. Western Texas Southwest Region of the NIRA.

WTC will be represented by Adam Brewster who won the region in the bull riding and was second in the all-around championship. Brewster who is from Snyder will compete in the bareback riding and the bull riding. Wes Henderson from Winston, New Mexico will also be riding for WTC. Henderson who won second in the region in the saddlebronc riding will be contesting in the bronc riding and the team roping. Shawn Odom of Cross Plains, Texas will be Henderson's team roping partner. Shawn Goemmer of LaVeta, Colorado, is another team member. Goemmer will be in the saddlebronc riding and finished in fourth place in the region in the bronc riding. Denny McLanahan of Canadian, Texas will enter the bareback riding for WTC. McLanahan won fourth in the region in the bareback riding. The other rough stock rider for WTC will be Micheal Gaffney of Cloudcroft, New Mexico. Gaffney won second in region in the bull riding which is the event he will work at the finals.

Ray Brown of North Platte, Nebraska will be contesting in the calf roping, steer wrestling, and team roping. Brown was second in the region in steer wrestling. Thad Springer of Snyder will be roping with Brown. Clyde Himes of Beulah, Colorado will also be in the calf roping, steer wrestling, and team roping at the finals for WTC. Himes team roping partner will be Barry Bryd of Snyder.

Bob Doty is the coach of the rodeo team at WTC.

COLLEGE

Cont. from pg. 2

College," which outlines various assistance programs, including scholarships, grants, low-interest loans, work programs and private funding sources.

TSTA President Charles Beard said that many families are forfeiting college opportunities by assuming a student isn't needy enough or outstanding enough to qualify for assistance.

"We don't want our student's hopes for the

future compromised needlessly," Beard said. "Financial aid is harder to come by, but it hasn't disappeared."

The president said an middle-income family might meet the financial criteria if, for example two or more children plan to attend college at the same time.

Financial "need" is the difference between the amount of money the family can contribute and what is actually costs for a year's tuition, room, board, transportation, books and spending money at a specific college.

TSTA's free brochure suggests private sources, including most local TSTA associations.

"Our interest in students doesn't end with high school graduation," Beard said.

For a free copy of "Paying For College," write TSTA Communications, 316 W. 12th Street, Austin 78701.



AREA-WIDE
YOUTH RALLY

IN CONCERT

"REFUGE"



FBC LAMESA
JUNE 17, 8:00

WHAT'S FOR DINNER?

What's for dinner? It's a phrase that strikes terror in the hearts and minds of working mothers everywhere. One that reverberates through switchboards worldwide at 3:05 p.m., as all the revenous little raga-

muffins check in after school. It is a phrase that, I am convinced, has been deliberately and diabolically designed to remind us all that, no matter what the calling card or deskplate or letterhead may proclaim to the world, no matter what we may dare to think or believe or aspire to be, and no matter how hard we may work to achieve that goal, we are, first and foremost, somebody's mother.

"Pot luck," I told my son the other day, after he'd waited hold long enough for my mother to have served and cleaned up from a six-course, sit down dinner for 80.

"What's that supposed to mean?" he asked suspiciously. Forgive me, Mom, I thought. "Its means," I said, "that if you find anything in the pot, you're in luck."

"Very funny," he replied. "So what's for dinner?"

"I don't know," I signed. "I haven't exactly been sitting here all day thinking about it you know. What's in the freezer?"

"Let's see," he said, "There's a pint of low-cal coffee ice cream...a pair of

cont. to p. 6

LEGAL NOTICE

Re: All Steel Building Quotation Request

The Superintendent's Office, in behalf of the Board of Trustees of the Borden County Independent School District, will receive bids on an all steel building.

Proposals are requested to meet the following specifications:

All Steel Building
Engineer Certified
25' X 40' X 16'
Gable Roof
1 - 3'0X6'8 Steel Door and jamb
1 - 12' X 10' 24 Gauge Overhead Steel Door
2' X 2' X 2' Concrete Footing Under Each Column with Re-Bar
4" Concrete Floor - 5 Sack Mix with Re-Mesh
12" X 12" Concrete Footing with Re-bar
Main Frame Work Column - 6" X 10" Eye Beams, all bolted
C-Channels sized to Building, all bolted
U.S. Mfg. Steel Siding, 80,000 P.S.I. Rating, 26 Gauge
20 Year Guarantee on Paint Finish
Roof Same as siding except galvanized- 26 Gauge, UL 90 Roof
Installation
Vinyl Back Insulation on Walls and Ceiling or spray on-
Depending on Owners Insurance Rates
for each
All closure covers - installed and sealed.

The proposal shall be addressed to James McLeroy, Superintendent, Borden County Independent School District, Box 95 Gail, Texas and shall be delivered in a sealed envelope marked "Metal Building Bid". Proposals will be received up to but not later than June 20, 1988. Bids received after that time will not be considered.

Re: Mower Quotation Request

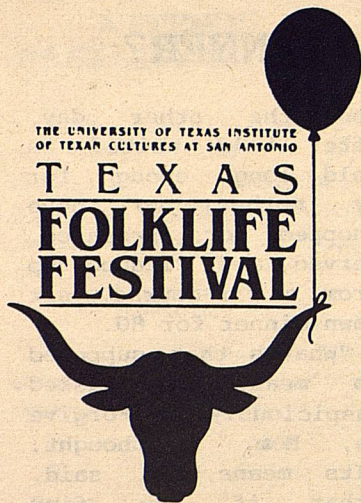
The Superintendent's Office, in behalf of the Board of Trustees of the Borden County Independent School District, will receive bids on a commercial riding mower.

The proposal shall be addressed to James McLeroy, Superintendent, Borden County Independent School District, Box 95, Gail, Texas, and shall be delivered in a sealed envelope marked "Mower Bid". Proposals will be received up to but not later than June 20, 1988. Bids received after that time will not be considered.

Bids are requested for the following specifications:

H.P. Range	17 H.P. to 22 H.P.
Cutting Width	60" Minimum
Number of Blades	3
Cutting Height	1" to 4"
Gear Box	
Diesel or Gasoline	
Hydraulic Implement Lift	

Proposals may be submitted on any form you choose. The right is reserved by the Borden County Independent School District to accept or reject any or all bids and to waive all formalities.



SAN ANTONIO -- The onset of summer in the Lone star signals the time for two things -- planning the family vacation and attending the annual Texas Folklife Festival. This year, put the two together and create a vacation experience the whole family will enjoy.

Pack those essentials-- camera, hat, sunglasses, sunscreen and comfortable walking shoes -- and set a course to San Antonio for the 17th Annual Texas Folklife Festival, Aug. 4 to 7. Sponsored by The University of Texas Institute of Texas Cultures, the Festival is a celebration of the state's rich history and colorful heritage which features the music, food, dances, crafts and customs of Texas' many ethnic and cultural groups.

Being on vacation means having opportunities to try new foods and flavors. Festival visitors can sample from an international menu which includes such taste treats as Polish golabki (cabbage rolls), Filipino lumpia (egg rolls), Greek souvalki (beef shish kabob), Scottish fish and chips and much more.

Music is another popular vacation diversion for many and Festival visitors are no exception. Choose from jazz, bluegrass, mariachi, country western, blues and more to plan an itinerary for a musical trip through Texas.

With 10 stages of continuous entertainment, the Festival provides countless opportunities to add a

few photos to the family album. Capture the action on film as dancers in colorful costume perform folk dances reflecting Polish, Irish, Italian, Mexican, Bebanese, Norwegian, Alsatian, and a host of other cultural traditions. Be sure to get a few priceless snaphots as family members jump on stage to join the Alabama-Coushatta Indian dancers or learn some fancy footwork at the Filipino tinikling school.

Comfortable walking shoes are a must on any vacation and with 15 acres of events and activities to cover they definitely come in handy at the Festival. Hike to the "Back 40" area to learn more about such crafts and skills as horsehair rope spinning, candle-making, basketmaking and fashioning tree limbs ino treenware. March to the rhythms of the ferriers as they hammer horseshoes into shape and take a leisurely stroll through the tree-lined animal alley where children and adults can pet sheep, goats and other farm animals.

Collecting souvenirs is always fun at vacation time and at the Festival children can construct their own kites, carve whistles, make folk toys and screenprint designs on paper to create special mementos for friends and family back home. When it's time to cool off, step onto the Institute's exhibit floor to learn more about the contributions and achievements of Texas' many ethnic and cultural groups. Before heading outside for more Festival fun, relax and enjoy the audiovisual presentation "Faces and Places of Texas."

Tickets to the Festival are \$5 for adults, \$1 for children ages six to 12 and free for children under six, making the Festival an affordable family

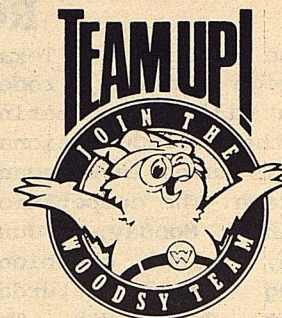
vacation experience. In addition, discounts are available on advance purchases of tickets and on Friday, Aug. 5 from noon to 1 p.m., no gate admission will be charged.

Festival hours are 5 to 11 p.m. on Thursday, Aug. 4; noon to 11 p.m. on Friday and Saturday, Aug. 5 and 6; and noon to 10 p.m on Sunday, Aug. 9. The best times for a family visit to the Festival are Thursday evening and Friday and Sunday during the day.

In addition visiting the Festival and the Institute, round out the family's San Antonio stay with stops at the newly renovated Hemisfair park located adjacent to the Festival grounds, a tour of the extended RiverWalk including the recently opened Rivercenter Mall, and a visit to the city's newest recreational spot, Sea World of Texas.

The annual Texas Folklife Festival is sponsored by the Institute of Texan Cultures as an

extension of its role as a statewide research, education and communication center. The Institute produces resouces and programs focusing on the history and culture of Texas for schoolchildren, community and cultural organizations, teachers, colleges and universities, and the general public.



"We give a hoot, so we won't pollute!"



Thank You

Thank you for coming to my retirement party at school.

Thanks to everyone for the money tree and thanks for being such good friends. We will be thinking of you all and keeping you in our prayers.

God Bless You,

Alvin and Opal Smith

Willard Moody
will be teaching
God's Uncompromising Word.

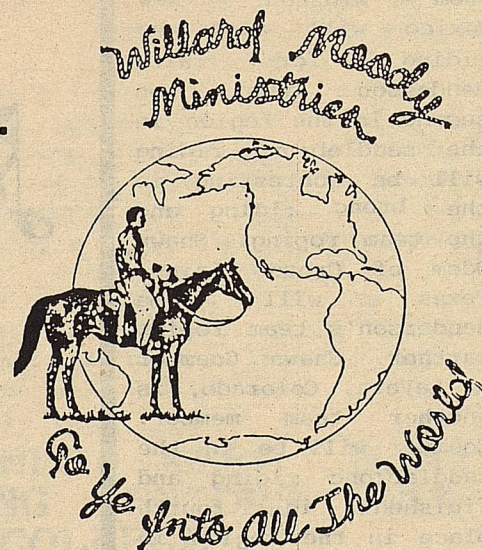
June 20-21

MONDAY AND TUESDAY

7:30 p.m.

Union Community Center
5 Miles West of Snyder on Lamesa Hwy.

Worship & Praise Service
New Creations



Security State Bank

Big Spring, Texas

Member F.D.I.C.

1411 Gregg

LET ME GET MY HAT

By Dennis Poole

Control Parasites In Horses

The single most important item in a preventative medicine program for horses is internal parasite control.

By establishing a good parasite control program in conjunction with your veterinarian, including deworming and pasture management, damage from parasite infections in horses can be minimized.

A parasite control program should focus on eliminating parasites already existing in the horse and controlling the environment through effective management so that the horse will be reinfected with fewer parasites.

A veterinarian can set up a deworming program tailored to the

needs of any horse. Such factors as the environment, health of the horse, and parasites naturally found in your area must be considered in devising a treatment that will insure that the medication is continually effective. Also, a veterinarian can advise on how medication should be administered and on the correct dosage.

An effective deworming program will call for treatments at two-to-four month intervals because of continuous reinfection pressure. Programs should be designed to have major effectiveness against large and small strongyles, pinworms, roundworms and bots.

Control Bagworms Now

Bagworms are one of the major pests of junipers and other trees and shrubs in Texas. Spring hatch began in early May on the South Plains this year. Hatching is usually completed in about three weeks. Insecticide control is most effective in late May and early June when the bagworms are small.

In the spring, bagworm larvae emerge from hatching eggs inside last year's bags and begin feeding on leaves. They soon begin to construct their own protective bag of silk, twigs and leaves, making them camouflaged and hard to see. As the larvae and their bags continue to grow, control becomes more difficult.

Bagworms feed throughout the summer months, building their bags until the bags are about 1½ inches long. In the fall, the bagworms become adults, mate and the females lay eggs inside their bags. They then overwinter in these bags in trees and shrubs. Each overwintering female bag on a tree contains from 500 to 1500 eggs.

Since the bagworms only completes one generation a year and spreads very slowly from plant to plant, picking the bags off infested plants in the winter will help a lot toward controlling this pest. But if bagworms were present on the plant last year and control measures were not applied, chances are very good that an insecticide will be needed this spring.

Insecticides which can be used to control bagworms include sevin, curban, diazinon, malathion, cylox and orthene. The biological insecticide *Bacillus thuringiensis* can also be used. To obtain effective control, through coverage of the foliage is important. The addition of a small amount of liquid soap or surfactant to the spray solution will improve control because it helps adhere the insecticide to the treated trees and shrubs. Always read and follow label instructions when applying insecticides.

GAIL CEMETERY MEMORIALS IN MEMORY OF

TERRY MILLER

Betty and Warren Beaver
Sterling and Gladys Williams

HETTIE LEDBETTER

Dorothy Browne
Warren and Betty Beaver
Jack and Marilyn McPhaul

MARVIN KEY

Mrs. J.E. (Agnes)
Sorrells

DOROTHY CANON

Betty and Warren Beaver
Bill Jennings
Sterling and Gladys Williams

DEWEY AND FAY EVERETT

Hazel (Mrs Wayne) Pearce

BLANCHE HAMILTON

Mrs. J.E. (Agnes)
Sorrells

WAYNE PEARCE

Ralph & Dewey Fay Miller

CHRISTINE CUNNINGHAM

Gladys and Sterling Williams
Betty and Warren Beaver
Roland Hamilton
Jack and Marilyn McPhaul
Juanda & Bannie Hancock
Gail Friends
Bert and Dorothy Dennis
Dorothy Browne

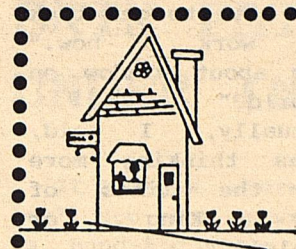
DONATIONS TO THE CEMETERY FUND:

Mr. & Mrs. W.W. Staggs
Bill F. Sealy

Plans are going forward to complete the survey of the Cemetery and marking the plots to be used in the future. Surveying and marking the plots will conserve the space in the Cemetery and make the best use of the available land. Memorials or donations to the Cemetery fund can be made by sending them to Dorothy Browne, Box 23, Gail, Texas 79738. Memorial cards and receipts will be sent.

Our thanks to those who have donated or given memorials.

"The wise are promoted to honor, but fools are promoted to shame!"
Proverbs 3:35



NOTES FROM HOME

By Debra Pollard
Home Demonstration/CEA

"THINK SAFETY" FOR A VACATION TO REMEMBER

Now that school is out, family vacations are just around the corner. The Texas Medical Association

reminds you to "think safety" to help avoid some of the most common "accidents" that can spoil your vacation.

If you are driving long distances, you or a mechanic should give your car a thorough inspection. Check the brakes, battery, fluids, oil, and tires, including the spare.

Buckle up every time you get into the car. If you have toddlers,

be sure to have child restraint seats -- not only for safety reasons, but also to allow the child to see outside and enjoy the ride more.

Being outdoors in the summer sun and heat can cause unpleasant side effects such as sunburn and heat exhaustion if you're not careful. Use a sunscreen whenever you plan to be outdoors -- even on cloudy days. Wear protective clothing

such as t-shirts, hats, and sunglasses. Take the sun in small doses, and don't overexert yourself in the heat.

Drink plenty of water to replace what you lose through perspiration. Review first aid, pack accordingly for your trip, and remember to pack a first aid kit.

Finally, use your common sense and "think safety" to make your vacation accident free.



There are about 550 hairs in the average eyebrow.



HOGG FLYING



SERVICE

Spraying Defoliation Seeding
Dry or Wet
Fertilizer Application

GLENN W. HOGG
Owner

Phone: Business 806/872-9696
872-7617
Res. 872-8274

FAST PROFESSIONAL SERVICE

Lamesa Airport P.O. Box 281

WHAT'S FOR DINNER?

cont. from p. 3
control, -top pantyhose.. an ice pack...and a round graything wrapped in tin foil. It looks like it might have been a hamburger at one time. Or a hockey puck. It's kind of hard to tell...what do hockey pucks smell like?"

"Never mind," I said, "I'll bring home some pizza."

"But you brought pizza home last night," he moaned.

"Wrong. We had left-over pizza last night. I brought it home the night before."

"And the night before that," he reminded me. "And if I'm not mistaken the one before that, too."

"So I'll have them put a different topping on it. Which ones have we had this week?"

"Sausage, peppers, onions, anchovies, pepperoni, extra cheese, white sauce..."

"Well then, how about chicken?" I suggested.

"On pizza?"

"No, no. In a bucket. We haven't had that in a while."

"And with good reason," he pointed out. "Don't you remember how long it took to settle Dad's stomach the last time? The poor guy walked around all night like Mount St. Helens about to erupt. You wouldn't want to do that to him again, would you? Or to us for that matter - please."

"I guess you're right," I said. "So how about Chinese? There's this great new take-out place around the corner from my office. I can order a couple of egg rolls, a little lo mein...maybe some moo goo gai..."

"Forget it. That stuff reminds me of something out of a science fiction movie that forgot to die. Can't we go out instead?"

"Oh, all right. If you really want to. Listen, I'm very busy, Go call yourfather. if it's okay with him, then we'll go anywhere you want."

"You mean that?"

Sure. Listen - I

really have to get back to work now."

"How about Window on the World?"

"Actually," I said, "I was thinking more along the lines of Burger King or McDonalds's."

"Why," he asked, "can't we have real food for a change?"

"Because," I informed him, "you know very well real food doesn't shop for itself, put itself away in the refrigerator and magically appear on the table at 6 pm."

"Yeah, right," he muttered.

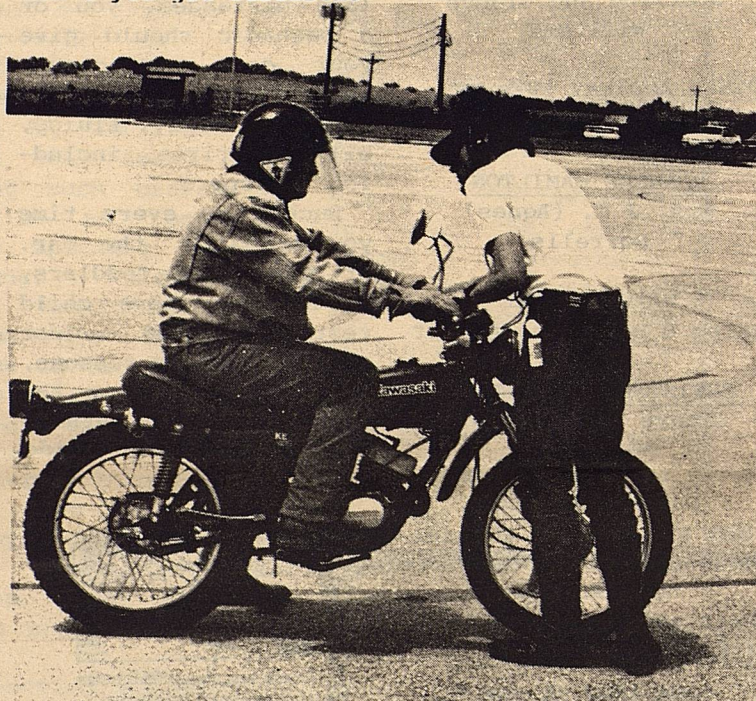
"You better believe that's right," I snapped "Don't you get sarcastic

with me, you ungreatful little twerp! Here I am busting my buns all day so I can provide you with the finest things in life...so you can wear the latest designer clothes, attend the swankiest summer camps.. watch cable T.V...why, I work my aching fingers to the bone, so that you will never know hunger or deprivation..."

"Okay, okay," he said finally. "You can skip the lecture. I've heard it all before. Just tell me one thing."

"Make it quick," I said. "I've got a million things to do."

"What," he asked, "are we having for dinner?"



A motorcycle training instructor gives individualized directions on proper use of the brake, during a motorcycle training course. Designed to teach the latest in safe motorcycle riding and to prepare teenagers to be licensed to ride, the course will be offered in Big Spring by Howard College on June 24-26.

The First National Bank - of O'Donnell

We want to meet the financial needs of this community -

Come in and visit with us

We now have safety deposit boxes.

MEMBER FDIC

Help Your Heart

American Heart Association

Mitral Valve Prolapse — A Common Condition

School-age children can tell you some fascinating facts about hearts. They know, for example, that the heart is a four-chambered muscular organ pumping blood continuously through the circulatory system to all parts of the body. They might know that each day, the average heart "beats" (or expands and contracts) 100,000 times and pumps close to 2,000 gallons of blood. Children can also tell you that something that works that hard might need some extra attention from time to time. And they're right.

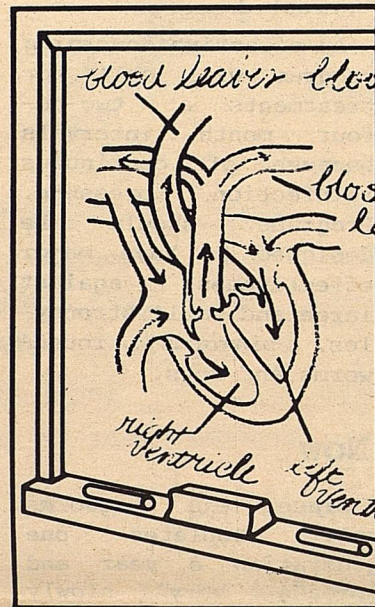
From there, the blood fills up the left atrium, and then moves through the mitral valve to the left ventricle where it is pumped through the aortic valve into the aorta and then to the rest of the body.

The mitral valve consists of two flaps or leaflets shaped somewhat like a bishop's miter. The flaps are attached to the supporting muscles by cords which are arranged so that the flaps close evenly, permitting the flow of blood in only one direction, from the left atrium to the left ventricle. But in mitral valve prolapse, one or both valve flaps are enlarged and some of the supporting strings are too long. When the heart pumps, the mitral valve flaps do not close smoothly. Instead, part of one or both flaps collapse backward into the left atrium, sometimes allowing a small amount of blood to leak backward through the valve.

In general, mitral valve prolapse is not a serious or life-threatening problem. In rare cases involving leakage of blood from the left ventricle to the left atrium, infections of the mitral valve can occur, but the chance of infection can be diminished by taking antibiotics before dental treatment, including teeth cleaning, and before certain kinds of surgery, so it is important to know if this condition exists. A doctor can detect MVP by listening to the heart through a stethoscope.

The majority of patients with this condition have no symptoms, will have no problems and, therefore, will need no treatment. The condition seems to occur more often in women than in men with some studies showing that at least six percent of all women have mitral valve prolapse.

Mitral valve prolapse is a common condition of the heart that requires some attention from time to time. Most patients enjoy active lives without any restrictions, but it's a good idea to consult a doctor about safe activity levels. After all, doesn't your heart deserve a little extra attention after all the hard work it does for you?



The heart is divided into a left and a right side. Each side of the heart has a chamber where blood collects (atrium) and a chamber that pumps blood out of the heart (ventricle). The blood which has been circulating throughout the body enters the heart in the right atrium; passes through the tricuspid valve into the right ventricle and is then pumped through the pulmonary valve into the lungs where it releases carbon dioxide and picks up oxygen.

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THE UNIVERSITY OF TEXAS MD ANDERSON CANCER CENTER

Two years ago Christine Carr noticed a dark spot on the right side of her leg.

"Almost overnight I noticed it, but I'm sure it had been there for eight or nine months. It was dark, oblong, rough and uneven in its layering," described the fair-skinned, redheaded Carr of her mysterious growth.

A biopsy at The University of Texas M.D. Anderson Cancer Center revealed malignant melanoma, a dangerous type of skin cancer.

While a relatively rare disease, melanoma is increasing at a rate of 3.4 percent a year. The American Cancer Society estimates that melanoma will strike 27,000 Americans this year.

Melanoma can be successfully treated with surgery if detected early, but can be deadly if it spreads to the lymph nodes or other organs in the body.

Doctors at M.D. Anderson Cancer Center are studying new treatment options for patients with early and advanced melanoma and note that the results seem encouraging.

Patients with early melanoma for one millimeter or less in thickness are benefiting from conservative surgery that doesn't require skin grafts or leave them with large disfiguring scars.

"The advantage of going conservative

surgery is that we can achieve a much more pleasing cosmetic scar," explained Dr. Eva Singletary, chief of the melanoma section at M.D. Anderson. "And if we can do that and still have the same survival rates, then of course, the patient prefers not to have the more radical surgery common several years ago."

Clinical studies in immunotherapy also are showing promise over traditional chemotherapy for patients with advanced melanoma. One of these involves a vaccine, which appears to boost the body's defenses against the invading cancer.

"Chemotherapy hasn't been that successful for patients whose cancer has spread to their lymph nodes, so we are encouraged by this vaccine. We think trying to get the person's own body acting as a war front against melanoma would be a better treatment than chemotherapy," said Dr. Singletary.

However, a study involving a combination of drugs and another study, using Interleukin-2, a synthetic hormone that boosts the body's immune system, are showing successes in clinical studies.

In the meantime, Dr. Singletary noted that evidence is strong that the sun is the culprit in many melanoma cases. The best defense is still to avoid excessive exposure to the sun by wearing protective clothing and sun block. Any change in color or size in a mole or patch of skin should require

a visit to a doctor.

Research shows that melanoma occurs more often in middle-aged people than in younger people, indicating that melanoma takes years to develop.

Carr was lucky. Her melanoma was caught early and today she has only a small scar to remind her of the dangers of the sun.

"I'm just more cautious now. We all have to be," she said.

MOTORCYCLE OPERATOR TRAINING

Motorcycling is a popular sport—but it can also be dangerous. The best way to combat accidents is through rider training. And that training is now available in Big Spring.

In cooperation with the Texas Department of Public Safety, the Howard College Continuing Education Department will be sponsoring a course the weekend of June 24-26. The course, "Riding and Street Skills", is a seventeen-hour curriculum developed by the Motorcycle Safety Foundation, that includes both classroom and on-cycle exercises. Motor cycles, helmets, and insurance are provided for students who want to learn how to ride but don't own a bike. The course is open to anyone over the age of 15; those under 18 must have taken a Driver Education course.

Sign up now by calling Tommy Tune at the Howard College Continuing Education Department at 267-6311, Ext. 315. Preregistration is required, no later than June 22. The fee for the course is \$25, which covers all materials and use of equipment.

SKIN PATCH "REMEDIES" UNDER INVESTIGATION

If someone were to tell you that by wearing a Band-Aid, you could lose weight, quit smoking, or even avoid AIDS and other diseases, would you think the claim ridiculous? Or would you pay \$30 or \$40 for your first month's supply of the devices and urge your friends to do the same?

Unfortunately, the latter occurs every day, according to the Texas Department of Health (TDH). Sales of adhesive skin "patches", purported to contain non-standard drugs, alleged to be effective against a wide range of disorders, have boomed in Texas in recent months.

TDH has joined the Federal Food and Drug Administration (FDA) and the Texas Attorney General in investigating the products, claims, and sales practices of some 30 skin patch manufacturers and their distributors known to be operating in the state.

Ken Davis, an inspector for the TDH Division of Food and Drugs, said that none of the products currently being sold without prescription as skin patch medications have been approved by the FDA, either as safe or as effective. By law, he said, any drugs manufactured in Texas must be registered and must undergo TDH inspection as well as be approved by FDA. A manufacturer's failure to comply with the law is a Class A misdemeanor.

"To date", Davis said, "all the over-the-counter skin patch remedies we have seen

have not been in legal compliance. The patches and the literature or advertising for them that have come to our attention have consistently been misleading, and the products we have sampled have been misbranded and adulterated."

Davis said that the so-called active ingredients, usually supplied in a vial or tube with the adhesive strips, often contain mixtures of common herbs and chemicals, or water. The products may be harmless, but investigations are under way about reports of skin rashes by users.

The Division of Food and Drugs and the Attorney General's office continue to gather information about the skin patch remedy industry, since it appears to be growing. "One manufacturer claims to have as many as 600 distributors in Texas, alone," Davis added.

He said that anyone wishing to report adverse reactions or illness following use of the patches should call the local health department or the TDH Division of Food and Drugs. Reports of suspected fraudulent advertising or sale of the products should be made either to TDH or to the Attorney General's office.

(For more information, contact Ken Davis, Division of Food and Drugs, at 512/458-6853, or Margaret Wilson, Public Information Coordinator, Public Health Promotion Division, at 512/458-7405.)

Clairborne's

THRU-LETWAY

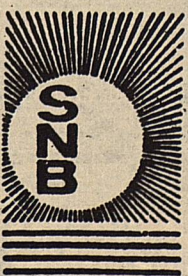
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AT&T ANNOUNCES UPCOMING PRICE CHANGES FOR SOME TEXAS INTRASTATE SERVICES

AT&T announces the following price changes for some of its Texas intrastate services. These changes, which more closely reflect the actual costs incurred by AT&T in providing these services, will become effective on August 1, 1988.

- SDN (Software Defined Network) Schedule A prices will be reduced 1.5% during the initial 30-second period. Schedule B prices will be reduced 16.4% overall. Schedule C prices will be reduced 4.2% overall.

- WATS 80 service prices for both the initial 80-hour usage period and the additional usage period will increase 5%.

- The monthly prices for some of AT&T's Analog Channel Services will increase between \$7.05 and \$25 per channel termination for Analog services.

- The monthly prices for some Dataphone Digital Service (DDS) will decrease up to \$9.65. Other DDS monthly prices will increase up to \$18.35. Overall, AT&T's DDS monthly prices will increase less than 1%.

The combined effect of these price changes is expected to produce approximately \$3.4 million in annual revenue, which is approximately 0.3% of AT&T's annual revenue for all Texas intrastate services.

If you have questions regarding these price changes, please call your AT&T Account Executive, or our business consultants toll-free at 1-800-222-0400. AT&T's tariffs reflecting these changes will be filed with the Public Utility Commission of Texas on July 1, 1988, with an effective date of August 1, 1988.

Persons who have questions regarding this tariff filing may also contact the Public Utility Commission of Texas in writing, at 7800 Shoal Creek Blvd., Suite 400N, Austin, Texas 78757, or by calling the Public Information Office at (512) 458-0223 or (512) 458-0227 or (512) 458-0221 for teletypewriter for the deaf.



SCRIPTURE

"If you want to know what God wants you to do, ask Him, and He will gladly tell you, for He is always ready to give a valuable supply of wisdom to all who ask Him. He will not resent it. But when you ask Him, be sure that you really expect Him to tell you, for a doubtful mind will be as unsettled as a wave of the sea that is driven and tossed by the wind; and every decision you then make will be uncertain, as you turn first this way, and then that. If you don't ask with faith, don't expect the Lord to give you any solid answer."

James 1:5-8

"I'LL JUST BRACE MYSELF WITH THE STEERING WHEEL"



Who are you trying to fool? There's no way a steering wheel can stop you from slamming into a dashboard. Only a safety belt can. Stop making excuses and start buckling your safety belt.

YOU COULD LEARN A LOT FROM A DUMMY. BUCKLE YOUR SAFETY BELT.

Thank You

Thanks to each and everyone who bought an ad in the program for the Borden County Junior Rodeo. You made it a success!

Thanks,
Borden Co. Jr. Livestock Association
by Program Committee

OUTDOORS

by AARON PASS

Tips For A Top Trophy

The big one doesn't always get away. Sometimes, when an angler and an underwater leviathan catch one another, the angler wins the ensuing tug of war.

Probably every angler fantasizes about catching a real trophy fish that can be displayed on the office or den wall. But when that wall hanger of fantasy becomes the lunker of reality at the side of the boat, what the angler does next can have a major effect on the quality of the mounted trophy.

- * *Land and handle the fish carefully.* Do not let the fish flounce around knocking off scales and possibly bruising and tearing its skin.

- * *Remove the hooks carefully.* Take care not to rip or tear the tender membranes of the fish's mouth. These are very difficult for a taxidermist to repair.

- * *Do not put a trophy fish on a stringer.* A stringer does even more damage to the fish's mouth and invites bruising and skin damage. A live well or ice chest is best. If neither is available, wrap the fish in a wet towel and keep it in the shade.

- * *Take pictures.* For the most realistic mount, good clear, color photos taken while the fish is fresh will help the taxidermist reproduce the coloration and markings of your trophy.

- * *Do not cut, gut or skin the fish.* Absolutely no meat can be removed before mounting. You can't have your trophy and eat it too.

- * *Preserve the fish by freezing.* Rinse the fish in clean water, wrap well to prevent freezer burn and place in freezer. Freeze fish on a flat surface and do not stack anything on top of the fish. Be particularly careful not to break or damage the frozen fins.

- * *Select a good taxidermist.* Look at examples (of the same species as your trophy) of the work of several taxidermists. Talk to the taxidermist for a clear understanding of price, waiting period, etc.

- * *Shipping should be part of your initial understanding.* Wrap the fish well and package with dry ice. Use a sturdy carton and cushion the fish to protect it from damage. Include a letter describing the type of mount you want, and also include the color photo. Ship "Perishable-Rush," "Fragile-Do Not Crush." Alert the taxidermist that the fish is on the way.

Remember, despite the skill of the taxidermist, the quality of the trophy is greatly dependent on the initial handling of the fish and its condition when the taxidermist receives it. Trophy fish are few and far between. Give your big catch the care it deserves and select a competent taxidermist and you will get a trophy of which you can be justly proud. **ll**

Aaron Pass has written hundreds of articles about hunting, fishing and camping for newspapers and magazines.

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