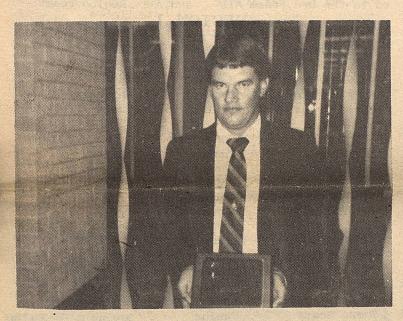


STAR

MARCH 30, 1988

Serving the Counties of Borden, Dawson, Garza, Howard, Lynn & Scurry \***\***\*\*\*\*

#### FFA FHA Banquet



FFA Honorary Chapter Member receptiant was Dennis Poole.



Mary Cathy, received the FHA Honorary Chapter Member award.

and the comprehensive of the contract of the c

The FFA & FHA organizations presented their banquet, March 28. The theme was "It's Magic" The following is a list of the awards that were presented to the chapter

> Star-Chapter Farmer Randell Hollis

Star Greenhand Eric Lusk

Proficiency Awards

Beef Production: James Smith



Special music by Joanie Wilson

TIME CHANGE: APRIL 3rd \*\*\*SPRING FORWARD\*\*\* The Gail Baptist Chauch

will not change time until after the regular moring service!!





FHA Beau and FFA Sweetheart for 1987-88. Lance Latimer a Junior and Felicia Romero a Senior, at Borden High School.

Swine Production: Chad Conner

Sheep Production: Jon Herring

Diversified Livestock Production:

Cody Stone

Ag. Mechanics: Harold Barnes

Step One Award: Patsy Underwood Jo Barnes

#### ABSENTEE VOTING

Absentee voting for the Democratic Run-Off Primary Election and the republican Run-Off Primary election will begin in the County Clerk's Office in the Courthouse in Gail at 8:00 A.M. on Monday, April 4th and will continue through Friday, April 8th, at 5:00 P.M. Please remember that if you voted in the Primary Election of either party on March 8th, you are NOT eligible to vote in the Run-Off Primary of the OTHER PARTY.

The law now provides that an application for a ballot by mail for a Primary Election can include any run-off of that primary. Dorothy Browne, County Clerk, stated that she will mail ballots for the Run-Off Primary Elections as soon as ballots are received, to those who have made applications. If you desire a ballot by mail, and have not made application, please contact the County Clerk's Office now.

## DISTRICT 6-A U.I.L. LITERARY RESULTS

With only the finals of the one-act play competition remaining, County High Borden at Gail on School Friday held a slim one-point lead over Plains in the District 6-A University Interscholastic Leaque literary contest.

Both Borden County and Plains, along with O'Donnell and Meadow, presented their one-act in district plays competition at O'Donnell Saturday after advancing from zone competition on Tuesday.

Borden County built up 250 points while Plains gained 249 during the other literary competition held Monday and Thursday at Plains. Trailing behind the leaders were O'Donnell with 128. Loop with 104, Dawson with 90, Klondike with 84, Meadow with 58, Grady with 40. Wellman with 15 and Sands High School at Ackerly with 15.

The first, second and third place winners in each event are eligible to compete in the

> The Borden Star Publication No. 895520 (USPS 895-520)

Barbara Anderson

Published weekly, except for Christmas and New Years, on Wednesday at Gail, Borden County, Texas 79738, Box 137 Kincaid Street Second Class postage paid at Gail, Texas.

Any errors that we make reflecting on the reputation or standing of any Firm, Corporation or individual that may appear in the columns of the Borden Star will be gladly corrected when called to the attention of the staff.

Subscription Rates: \$8.00 per year

Borden Star Owners: James McLeroy, Barbara Anderson, Doris Pat Porter, Bob I Rudd, Bob Dyess, Miller, Ruth Edna Nathan Weathers, Mrs Sonny Tucker, Eddie Simer, Loreen Martin Parks, Jones, Dan Turner, Lela Porter, and Marge Toombs.

regional literary meet to be held April 21 and 22 at South Plains College in Levelland.

The Borden County winners were:

CROSS EXAMINATION DEBATE 4th. Amy Lewis and Cody Stone

INFORMATIONAL SPEAKING: 2nd. Shannon Bond 4th.Lance Telchik

FEATURE WRITING: 1st. D'Lyn Lloyd 3rd. Chris Kilmer

NEWS WRITING: lst. Kristi Adcock 6th. Elvira Balaque

LINCOLN-DOUGLAS DEBATE: 3rd. Lance Telchik

READY WRITING: lst. D'Lyn Lloyd 6th. Julie Harris

SHORTHAND: 1st. Ralynn Key

PERSUASIVE SPEAKING: 6th. Kristi Adcock

LITERARY CRITICISM: 1st. Shelly Lewis 2nd. Will Phinizy 5th. Shannon Bond

HEADLINE WRITING: 1st. Rachel Romero

POETRY:

2nd. Shelly Lewis 3rd. D'Lyn Lloyd

TYPEWRITING:

1st. Elvira Balaque 4th. Kate Porter

ACCOUNTING:

2nd. Elana Himes 4th. Ralynn Key 6th. Lisa Powell

SPELLING: 5th. Kate Porter

SCIENCE:

6th. (tie) Shelly Lewis

#### TALKING TO PARENTS

your parents driving you crazy? Are they on your case all the time? Do you wish they'd just back off and leave you alone? The gripping and squabbling which occurs between teenagers and their parents is quite common and by no means a recent phenomena. In fact adolescent-parent squabbles date back to the beginning of record-Cont. to pg. 3

# AU.I.L. ONE ACT PLAY

One-act plays presented by Borden County, O'Donnell, Meadow and Plains advanced to the district level in University Interscholastic League competition after winning the top spots in the two zone contests.

The district contest was held Saturday at O'Donnell High School.

Borden County's production of "Harvey" and O'Donnell's version of "Inherit the Wind" advanced from the south zone contest held at Borden County. Advancing from the north competition held at Dawson High School were Meadow's production of "Picnic" and Plains' presentatiaon of "Death of a Salesman."

Others competing in the south zone were Grady's "The Happy Scarecrow, " Klondike's "Louder, I Can't Hear You, " and Sands' "Nasty Thing, Murder." Other schools competing in the north zone event at Dawson were Wellman's

"Shut and Bar Door," Dawson's, "Lady of the Tower," and Loop's "Persephone."

Earning the award for best actress honors in the south zone was Cindy Lewis of Borden County.

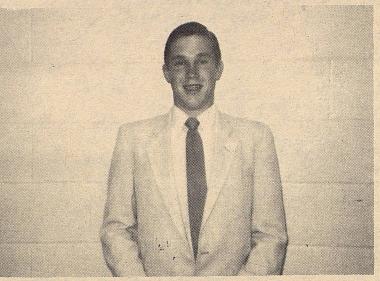
Selected to the all-star cast was Shannon Bond from Borden County.

Receiving honorable mention were: Kate Porter, D'Lyn Lloyd, Cody Stone and Rachel Romero all of Borden County.

After District competition, Saturday, March 26, Shannon Bond was selected to the All-Star cast.

Honorable mention was Cindy Lewis and D'Lyn Llovd.

Plains and O'Donnell will advance to Region one-act play competition.



#### SHANNON BOND ALL-REGION

The Texas Association of Basketball coaches just released their selections to their All-State and All-Region teams. Borden County's Shannon Bond was selected to the 3rd. team All-

Region squad. Shannon is a senior and averaged 21.4 points, 7.9 rebounds and 3.4 assists.

The Class A state champion, Paducah, led in both the All-State and All- Region teams.

#### REGION 1

	FIRST TEAM			
Will Flemons	Senior	Paducah		
Brian Barnes	Junior	Paducah		
Steve Drinnon	Senior	Vega		
Matt Corkery	Senior	Whitharrell		
Chris Grigg	Senior	Sudan		
	Senior	Sudan		

SECOND TEAM Kelton Chad Caddel Junior Ft. Davis Jim Lane Senior Paul Martin Senior Sands Ruben Garcia Senior Lorenzo David Davis Senior Loop

THIRD TEAM Shannon Bond Senior Kent Stephens Senior Tony Timmons Senior Armondo Aquilar Senior

bv:

Scott Scaff

Borden Co. Channing Wellman Ft. Hancock Bovina

MEETING PARENTS CLUB In Conference Room Thursday, April 7

Junior

Business Meeting at 2:00 SPECIAL PROGRAM 2:30 p.m. MRS. JOHNNIE SMITH

BI-COUNTY SPECIAL EDUCATION DEPARTMENT

EASTER EGG HUNT

PRE-SCHOOL

Thursday, March 31 1:30 p.m. BORDEN COUNTY EXHIBIT BUILDING Please bring 1 doz. wrapped eggs, per child.



## JUNIOR HIGH TRACK

On Friday, March 25, Borden County the Junior High track teams competed at Sands. The team included Shannon Bray, Clint Smithie, Clint Wills, Armando Carrizales, and Clay Miller.

The girls team was Evans. Angela and Leslie Fryar.

This was the first meet of the year for the Coyotes, and they made very good efforts. Each boy placed in at least one event. The 400 meter relay team (Smithie, Bray, Wills, and Carrizales) placed 5th with the time of 53.34 seconds. Shannon Smithie placed 5th in the shot put (31 feet), and was 6th in his heat of the 100 meter dash, and also competed in the long jump. Clint Bray was third in the 200 meter dash (27.18 seconds), 3rd in his heat of the 100 meter dash and was on the 400 meter relay. Clint Wills ran on the 400 meter relay, competed in the 100 and 200 meter dashes, and long jumped. Armando Carrizales ran on the 400 meter relay, and finished third in the 800

meter run with the time of 2 minutes 35.97 seconds. Clay Miller placed 6th in the 400 yard run, and he also competed in the 800 run.

For girls the Angela Evans competed in the shot put, the 100 and 200 meter dashes. Angela did not place, but she worked hard. Leslie Fryar competed in the long jump in which she didn't lack much placing the shot put, and the 100 and 200 meter dashes. Leslie also did a good job.

### BOOK FAIR

Borden County School is holding a book fair March 31 and April 5 in the conference room. A wide selection of paperback books will be featured.

Elementary students will take home a brochure listing the sale books so that parents can help their children in making their selections. There is no delay or waiting for the books to be ordered. Students can buy a book and enjoy it the same day. Since the books are sold on a first

Salad Bar

## TALKING TO PARENTS

Cont. from pg. 2

ed history.

Teenagers need the distance themselves from their families as they give up their childhood identities as "the Jones' little girl (boy)" and establish their new, separate identities.

This process separating from parents and establishing individual identity is normal and healthy, but it can also be painful for both you and your parents. You can have considerable love for each other, yet still be unable to keep from bickering.

Here are some things that you can do to ease this difficult time and improve .communication with parents.

\* Avoid looking at your parents as the enemy. Chances are that they love you and have your best interests in mind, even if you don't necessarily agree with their way of showing

come first serve basis, some titles may sell out early. Therefore, parents may find it helpful to include a second choice or substitute selection.

The public is invited to attend the fair during regular school 8:30 to 3:35, hours. both days.

Buddy Wallace. Vo. Ag. Teacher

#### JUDGING TEAM... 5th OUT OF

team finished fifth at Contest sponsored by Western Texas College on March 22.

County The Borden team had 1,350 points overall while Robert Lee took first place with 1,381 points. In beef judging, the County Borden team scored 528 points to tie with Ira High School for third place. First place in beef judging went to Dimmitt High School with 534

Members of the Borden County Team were Randell Hollis, Kerry Fryar, and Will Phinizy. James .........

A Borden County High Smith was an alternate. School livestock judging Students judged beef, swine and sheep. Fryar the fifth annual Live- had a total of 452 stock and Land Judging points in all three divisions while Hollis and Phinizy had 499 each.

Sixty livestock teams and 15 land teams participated in the competitions. The Upper Colorado Soil and Water Conservation District served as co-sponsor. Bob Doty and Jim Judah, instructors, WTC ag congratulaexpressed tions to the students who placed in the contests and the appreciation of the spon sors for the large number of students who participated.

- \* Try to understand inclined to grant you that your parents are human beings, their own insecurities, needs, and feelings.
- \* Listen to parents with an open mind and try to see situations from their point of view.
- \* Share your feelings with your parents so they can understand you better.
- \* Live up to your responsibilities at home and school, so theyll be more that

the kind of independence with you want and need.

- \* Bolster your criticisms of family, school, and government with suggestions for practical imporvements.
- \* Be as courteous and considerate to your own parents as you would be to the parents of your friends.

Hopefully, these suggestions will help improve your relationship with your parents.

LUNCH MENU								
Ap	ril 4 - 8, 1988							
Monday	No School							
Tuesday	Corn Dogs & Cheese Tomatoes & Spaghetti Vegetable Salad Fruit Milk	Salad Bar						
Wednesday.	Barbecued Hamburger St Mashed Potatoes Green Beans Jello Hot Rolls Milk	eaks Salad Bar						
Thursday	Chalupas With Cheese Shredded Lettuce Ranch Style Beans Taco Sauce Fruit	Salad Bar						
Friday	Hamburgers Frencn Fries Lettuce - Tomatoes - P Cookies	rickles						

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
March 1988 S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31	May 1988 S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31			SHE	OGE/274  -No School- Bad Weather Day Tennis Jr. High & H.S.	2 PASSOVER  Jr. High & H.S. Tennis
3 EASTER SUNDAY	-No School- Bad Weather Day	5 O96/270 District Tennis	6 097/269	7 098/268 District Tennis	8 099/267	9 100/266 Area OAP O'Donnell H.S. Track Meet Klondike
10 101/265		12 103263 Jr. Hi. Girls Tennis-Sands-H Band Clinic-H	13 104/262	Tennis-Sands-T	15 106/260 End 5th 6 weeks District Track Plains-T	16 107/259 Area FFA Judging Contest-Tech Dist. Track-Plain
17 108/258	18 109/257 Elem. UIL Literar at Dawson	19 Concert y Sightreading Coronado H.S. Lubbock	20 111/255	21 112/254 District Jr. Hi. U.I.L. Dawson	H.S. Regional Literary Meet	23 Dist. Jr. High Tennis-Lamesa Convention
24 115/251	25 116/250	26 117/249	27 118/248	28 119/247	29 120/246 State Judging ( Regional)	30 121/245 ontest - A & H

We morn the passing f youth

Although it's meant o be.

Someday we all get ong in the tooth

But "30" isn't old if you're a tree!

Although you're still oung at heart-Slightly older in other places,

But gravity always plays a part by pulling at our faces.

So let this one be a memorial one

(You've already had your strongest)

The one who has the Your Sisters-In-Laws, lives the longest!

SHERI POOLE



IT'S "30" OR BUST FROM ALL OF US...

birthdays always Cheryl, Paula, Vicki and Tammy

# **Obituaries**

Terry Lee Miller, 45 an 18 year Pasadena resident, died Saturday March 19, at his home after a lengthy illness.

He had been employed Mistletoe Express 20 years as a warehouse supervisor before his illness.

Miller is survived by his father and mother, Vernon Lee and Rudy Miller of Gail; sons, John Glen and William Lee Miller of Pasadena; and his beloved wife, Miller of Pasadena.

Services were held at TATE LAMB

Funeral services for Plains Community in Borden County were held Friday, March 25th, at 10:00 A.M. in the First Baptist Church of O'Donnell, Burial was in the O'Donnell Cemetary.

Mr. Lamb passed away Wednesday, March 23rd. in Lubbock's Methodist Hospital after suffering from injuries he received in a two-car collision on Saturday, March 12th. Tate was born on January 1916, in Fannin County, Texas. He was a farmer and a veteran of World

Survivors are two nieces, Carol Ann Eaton of Hereford and Karen Porter of Ropesville. Pallbearers were Rube Smith, Mike Smith, Bill Ludecke, Buddy Telchik, Clyde Wyche, Bill Bray, Freddy James and Maurice Jackson.



Pasadena Funeral Chapel with Deacon John Rooney of St. Frances Cabrini Catholic Church and Bob Randall officiating. Interment was followed at St. Michaels Catholic Church Cemetery in Weimar at 4 p.m.

## WTC SPRING CONCERT

The Western Texas College music department will present its Spring at 8 Concert p.m. Thursday (March 31) in the Fine Arts Theatre.

Participating in the concert will be the WTC Choir, Women's the Ensemble and the WTC Flute Ensesmble under the direction of Brent Hardegree and Jane Womack. The final two numbers will be presented by the combined groups.

Admission to the program is free and the public is invited to attend.



# COWPUNCHERS CE 3 "I SPENT THE FIRST MINUTE TRYIN' TO HOLD ON ... AND THE NEXT 10 TRYING TO LET GO." APRIL DON'T FORGET VOTE APRIL 12 PATRICK TOOMBS SHERIFF-TAX ASSESSOR AND COLLECTOR

#### FUND FOR YOUNG ACCIDENT VICTIM

special A Turner Medical Fund" had been established at First National Bank, Dan and Ouida Turner Lamesa, for donations to help cover the the Plains Community. girl's mounting medical expenses. The family

Roxie is the daughter Turner, of Janette formerly of Borden

"Roxie County. She is also the granddaughter and great-granddaughter and Jackie Turner of

Roxie was accidentaly shot in the head on has no medical insurance. February 26, and was hospitalized until middle of March.

#### NOTICE OF ANNUAL MEETING OF MEMBERS

the Members of Poka-Lambro Rural Telephone Cooperative, Inc. will be held at the office of the Cooperative -11.5 miles north of Tahoka, Texas on Highway 87 - Thursday, March 31, 1988. Lunch will be served at 12:00 o'clock Noon. The Business Meeting will begin at 1:30 o'clock p.m. to take action upon the following matters.

1 The reports of officers and directors:

2. The election of three (3) directors of the Cooperative;

3. To act upon the proposed amendments of the Articles of Incorporation and Bylaws of the Cooperative as recommended by the Board of Directors;

4. All other business which may come before the meeting or Nominations by any adjournment or ition - None.

The Annual Meeting of adjournments thereof.

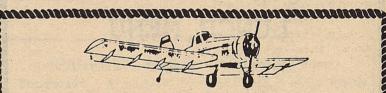
In connection with the election of the (3) directors three scheduled for this meeting, the following members have been nominated for directors by the Committee on Nominations, appointed by the Board of Directoars of the Cooperative pursuant to the Bylaws.

#### DISTRICT NO. 3

Ralph Williams (Incumbent) Rickey E. Corley

DISTRICT NO. 5 George Sealy (Incumbent) Jimmy R. Bragg

DISTRICT NO. 7 Wendell Morrow (Incumbent) Andy Fillingin



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#### GREEN UP YOUR LAWN

About this time of the year home lawns need a boost to get them in shape for the upcoming spring season.

We suggest three operations that can get a lawn off to a good -scalping, startfertilizing and applying a weed killer.

Scalping a lawn in early spring serves to revitalize it and promote early spring green-up.

Begin the operation by lowering the blade of your lawnmower 1/2 to below the normal setting. Then mow the lawn in two directions that are at right angles to each other. the clippings Remove after each mowing. They are excellent to add to a compost or to use as a mulch for garden and landscape plants.

Also keep the lawnmower blade lowered until early summer.

After scalping the lawn, apply a complete fertilizer (one containing nitrogen, phosphorus potassium) to and promote leaf and root growth. Use 1.5 pound of nitrogen per 1,000 square feet of lawn area. This is equal to 18 pounds of an 8-8-8 fertilizer or 12 pounds of a 12-4-8 fertilizer. Repeat the application in the early summer and fall.

a dark green apply nitrogen lawn. every 50 days at the rate of one pound to 1,000 square feet. Monthy applications of iron chelate or iron during sulfate the spring and summer promote a healthy color in St. Augustine lawns.

To keep crabgrass or other unsightly weeds from becoming a problem, apply a preemergence herbicide (weed killer) in early spring, after the grass has recovered from winter. Applying a preemergence herbicide too early could further weaken turfgrasses injured by winter conditions. Combinations herbicides with fertilizers are available and convenient to use but, as with all herbicides, should only be used according to instructions on the label.

Proper maintenance is essential for a healthy lawn, and these practices will give new life to a dormant, weedy lawn.

CHECK SOIL TEMPERATURE BEFORE PLANTING

In many cases the early bird does get the worm. But when it comes to spring planting, farmers may want to use a little restraint and take a look at soil before temperatures up their cranking planters.

One of the keys to getting spring crops off to a good start is to heed soil temperatures.

temperatures Soil have been shown to have an important effect on how well seeds germinate. Planting in cool soils often leads to poor seed germination and poor crop stands. Plants that do come up often lack vigor for early growth. And this opens the door to early disease season and insect attacks.

Begin planting only after the danger of a late frost is past and the soil has warmed to temperatures favorable to the intended crop.

Farmers also need to keep tuned to weather forecasts proior to planting. A sudden change in weather conditions following planting can be detrimental to the crop, particularly a cool. wet spell that can lower soil temperatures drastically.

Just when is it safe to plant what crop?

Average minimum temperatures (at the four-inch depth) for planting are as follows: 50 corn. degrees; sorghum, 55 degrees; cotton, 65 degrees; and soybeans, 70 degrees. "Minimum" rather than "average" temperatures should be used for rice and peanuts, with rice being 60 degrees and peanuts, 70 degrees.

Hardy vegetables such as onions, cabbage and potatoes can be planted once soil temperatures range between 45 and 50 degrees while warmseason vegetables such as tomatoes, melons, beans and peppers need soil that has warmed into the 60s.



Guest Speaker at the FFA & FHA Banquet, Shaughnessy, Janiece 1987-88 Region I FHA President, 1988-89 State Officer. She is a Junior at Coahoma High School.

## BENTSEN TO HOST

#### TOWN HALL MEETING

Senator Lloyd Bentsen said Friday he will hold a Town Hall Meeting in Big Spring on Monday, April 4, 1988.

All area residents are invited to attend.

Bentsen, Chairman of the Senate Finance Committee, said the meeting is scheduled for 3 p.m. on April 4 in the Tumbleweed Room at the Howard College Student Union Building.

"I look forward to

5...THE BORDEN STAR, WED., MARCH 30, 1988



Buddy Wallace FFA leader, and Joan Gray FHA leader.

visiting with the people of the Big Spring area Jerry Adams Norma Adams and hearing of their concerns during this meeting," the Senator

are vitally important to my work in the U.S. Senate and I am glad for this opportunity to learn first-hand their thinking on the crucial issues which confront our nation," Senator Bentsen said.

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COUNTY OF BORDEN

STATE OF TEXAS

## BID NOTICE

Bids will be accepted by the Borden County Commissioners' Court for liability insurance coverage on county owned vehicles. Bids will be opened April 11, 1988 at 10:00 a.m.

For further information contact County Judge's Office, Gail, Texas 915/856-4391.

Borden County reserves the right to reject any or all bids.

BY ORDER OF THE COMMISSIONERS' COURT

Van L. York County Judge Borden County

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# ASCS NEWS By Jerry Stone

## DEFICIENCY PAYMENTS TO GRAIN SORGHUM PRODUCERS

Farmers who participated in the voluntary feed grain program last year will receive deficiency payments on their 1987 corn and sorghum crops.

Deficiency payments make up the difference between the established target price and the higher of either the national average basic loan rate for the crop, or the national weighted average market price received by farmers during the first five months of the marketing year. When prices fall below target levels, deficiency payments are made to program partici-

Target prices for the 1987 crops were \$3.03 per bushel for corn and \$2.88 per bushel for sorghum. Nationally, farmers received 5-month average price of \$1.63 per bushel for and \$1.48 per bushel for sorghum. Eligible producers will receive deficiency payments at a rate of 75 cents per bushel for corn and 71 cents per bushel for sorghum, minus any advance they received. have Payments for the crops are computed by multiplying the established yield for the farm by the acreage planted for harvest times payment rate.

Nationally, ASCS will disburse about \$1.45 billion in deficiency \$1.45 payments during the month of March for 1987-crop and corn sorghum program participants. For additional information on deficiency payments, producers may contact the ASCS Borden County office.

## VOLUNTARY FEED GRAIN PROVISION

A voluntary diversion payment provision is in effect for 1988 corn, sorghum and barley. The provision applies to farmers who set aside the required 20% of these crops and voluntarily divert an additional 10%.

Farmers who divert the additional acreage will receive land diversion payments at a rate of \$1.75 per bushel for corn, \$1.65 for sorghum \$1.40 per bushel barley. for These payments will be issued in generic commodity certificates in May. The per-bushel rates be multiplied by will the program yield established for the farm times the acres diverted.

Farmers participating in the voluntary diversion program take out of production an acreage equal to 30% of their base. The minimum participation requirement is 20%, and the additional voluntary diversion is 10%.

The 1988 Feed Grain Program also authorizes advance deficiency payments. This means that farmers may request 40% of the estimated deficiency payment rate for the crop when they sign up. One-half of this amount will be issued in cash at signup and the balance in generic commodity certificates this May.

Estimated deficiency payments rates per bushel are \$1.10 for corn, \$1.08 for sorghum, 76¢ for barley, and 30¢ for oats.

Signup for the Feed Grain and other 1988 commodity programs will be conducted at the ASCS county office through April 15, 1988.

# FARMERS STUDY ACREAGE REDUCTION BENEFITS

Now that the acreage reduction sign-up period is underway, most producers are studying the 1988 commodity programs and weighing program bene-

fits in relation to their farm operations.

Producers have until April 15, 1988 to apply for the feed grain, wheat and cotton acreage reduction programs.

The corn, sorghum and barley program contains a 20% acreage reduction requirement and an optional 10% paid land diversion. Other acreage reduction requirements are 5% for oats, 27.5 percent for wheat, and 12. 5% for upland cotton.

Farmers who meet these other program and requirements will eligible for target protection and price price support loans on this feed grains, wheat and cotton. Target prices act as insurance to keep producers in business if prices stay below acceptable levels.

Farmers need money to operate and if they get a price support loan it will give them time to wait for a better market.

The 1988 target prices are \$4.23 per bushel for wheat, \$2.93 for corn, \$2.78 for sorghum, \$2.51 for barley, \$1.55 for oats and \$0.759 per pound for upland cotton.

Loan rates per bushel are \$2.21 for wheat, \$1.77 for corn, \$1.68 for sorghum, \$1.44 for barley, \$0.90 for oats, and \$0.5180 per pound for upland cotton.

Only producers who participate in the 1988 commodity programs will be eligible for benefits on this year's crops.

## LAST DAY FOR LOANS ON 1987 WHEAT

March 31st is the final day to obtain price support loans on 1987 wheat, barley, oats and rye.

To be eligible for loans, producers must participate in farm programs. In addition to loans, the programs offer target price payments (deficiency payments). Applications

for the 1988 programs may be filed through April 15th.

Under the price support loan program, the Commodity Credit corportion makes loans eligible farmers, using commodities as the collateral for loans. Stocks may be stored on the farm in approved structures or off the farm in approved commercial warehouses. The loans provide farmers with operating cash and them to hold allow their crops off the market and benefit farm later price increases.

Maturing 1987 wheat, feed grains and soybean loans are not eligible for the farm-owned grain reserve.

Farmers who are interested in obtaining a loan on 1987 small grain crops should apply as soon as possible.

#### ACR REQUIREMENTS

Farmers who plan to participate in the 1988 farm programs need to be sure that the land intended to be designated as acreage conservation reserve (ACI qualifies as eligible land.

Land taken out of crop production to meet the ACR requirements must meet the same eligibility requirements as the 1987 programs. ACR must have been devoted to row crops or small grains in two of last three vears. Land designated as ACR is generally considered as planted in the year designated.

The signup period for the 1988 programs is open from now until April 15th, 1988. When producers sign up they agree to protect their ACR from soil and water erosion in accordance with the program contract.

Farmers need to use proper stubble management now. As an alternative to planting a cover crop, conservation tillage can be used on ACR land if adequate 1987 crop residue was maintained. For maximum protection, existing stubble should be left undisturbed as long as possible and tillage should be limited to the use of surface tillage equipment. Adequate residue must be left on the surface to protect the from wind and water erosion.

If excess erosion takes place, the producer will be required to use emergency tillage or plant the land to a cover crop.

# Classified

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## ROYALE (R. D.) LEWIS

Candidate for

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# NOTES FROM

### HOME

By Debra Pollard Home Demonstration/CEA

## TRY SPINANCH IN PLACE OF LETTUCE

If crige having to pay a dollar more for a small head of poor quality iceburg lettuce, march right on down the aisle of the produce section and pick up some fresh spinach for your salad.

Consumers can find top quality spinach in the markets now.

Spinach often has a quality advantage over lettuce in late winter. it's especially but true this year due to unusually small an crop from lettuce California. Spinach is coming fresh from the in the Winter fields Garden area of Texas and will be at its peak in flavor and supply through April.

Spinach about has five times more iron, seven times more vitamin and 20 times vitamin A than iceburg lettuce. Lettuce has grams about .53 of fiber and 13 calories serving, while .89 grams spinach has of fiber and for only 22 calories.

The key to a tasty spinach salad is selecting quality greens: If you've ever had spinach tasted bitter. that probablay because it's wasn't fresh trimmed properly.

The specialist advises looking for crisp. clean leaves that are and have tender color. healthy green Avoid those with coarse. fibrous stems, wilted vellowed and edges. brown

supermarkets Most fresh apinach loose by the bunch or prepackaged. The packaged greens are more because convenient they're somewhat trimmed washed before and there So packaging. will be less waste with packaged spinach, but it may cost more per

pound and deteriorate more quickly.

Fresh spinach will keep about as long as lettuce - - three five days. After rinsing the leaves store them in a plastic bag or the damp cloth in refrigerator for maximum crispness.

The cost of lettuce is likely to go down as the new crop comes in. By then, you may find you like the flavor of spinach salads as well better than those or made from lettuce.

#### NUTRITION KNOWLEDGE

#### LACKING

American women are "how to" missing kev information when comes to their diets.

The good news is that majority of American women have identified the relationship between health and nutrition.

In a 1985 nationsurvey of women sponsored by the Hearst Corporation and conducted by Research and Forecasts, Inc., 84% of respondants knew that a high-salt diet may be related to high blood pressure, 78% knew that high-fiber foods may lower the risk of colon cancer and 60% knew about osteoporosis.

But it's possible to be aware of the diethealth connection, and still now know how to eat better.

U.S. For example, Department of Agriculture surveys which show what people actually eat indicate that women's mean intake of several including calcium, vitamin iron, B-6 and zinc are berecommended levels Tow their fat intakes and are above the 30 to 35 percent recommended by health authorities.

Here are three ques-

tions recommended as a quick self-test of your nutrition knowledge:

What foods contain vitamin C and how much vitamin C is required? In the Hearst survey, 92% of the participants identify the of vitamin C. sources such as citrus fruits and dark green or yellow vegetables. But 91% could not say how much orange juice a person must drink to meet Recommended Daily Allowance (RDA) for vitamin C.

The answer is onehalf cup daily. Since vitamin C is water soluble, it isn't stored in the body, so you need to eat some vitamin C rich food each day.

provide What foods calcium and how calcium is required? The same survey showed 90% of the women know the sources of calcium, such as dairy products. But 55% didn't know how much milk is required to meet the RDA for calcium.

answer to this question depends on your age. Adults and children need 2 cups daily; teenagers and pregnant or lactating women require 3-4 cups.

How do you get iron? While 79% of the women surveyed knew that iron is important to prevent anemia, 70% did not know how to get the RDA for

Getting enough iron is mostly a matter of eating a balanced diet, which contains 2 servings of iron-rich protein foods, such as lean meats, poultry, fish or substitutes protein such as legumes, each Iron is more day. readily absorable from products, animal vegetable of sources iron, such as dark green leafy vegetables, should also be a regular part of the diet.

To obtain some easyto-read publications on eating a balanced diet Debra me, contact Pollard, at the county Extension office.

7...THE BORDEN STAR, WED., MARCH 30, 1988

#### NEW ITEMS FOR CELEBRITY AUCTION

Chuck Knox -Autographed NFL Cap

Richard Nixon-Autographed Book "No More Vietnams"

Ronald Reagan-Book "A Great New Beginning 1981 Inaugural Story"

Lee Iacocca - Autographed Book "Iacocca"

Jack Nicklaus-Autographed Golfball Paul Anka-2 Autographed Posters and Photo

Neil Diamond-Autographed Record Album

Phyllis Diller-

Autographed Books "Marriage Manual" "Sleepshade"

Senator John Glenn-Letter Opener

Kareem Aldul-Jabbar-Autographed Los Angleles Lakers Shaving Kit.



# American Heart Association

**Carrots Deluxe** 

Carrots can be included as a good source of Vitamin A, which you should try to include in your diet several times a week. And here's a new way to enjoy cooked carrots without a lot of fuss in the kitchen.

medium carrots, pared

1 tbsp. lemon juice 2 tbsp. water

in thin strips

1 tbsp. margarine

chopped chives 1 tbsp. chopped parsley

> Melt margarine in a saucepan; add lemon juice. Arrange carrots in layers in a baking dish.

Between each layer pour in the lemon juice and margarine mixture and sprinkle with chives and parsley. Add the water

Cover and bake at 350 degrees until the carrots are tender, about 50 minutes.

Buying tip: Carrots are also great heart-healthy snacks. They can satisfy a craving for something crunchy. Keep raw carrots in the refrigerator in case of a sudden need for a between-meal energizer

Help your Heart Recipes are from the Fourth Edition of the *American Heart Association Cookbook*. Copyright 1973, 1975, 1979, 1984 by the American Heart Assocation, Inc. Published by David McKay Company.

#### Carrots Deluxe Nutritional Analysis per Serving

57 Calories

Protein

Total Fat (est.) 2.9 g.

.6 g. Saturated Fat Polyunsaturated Fat Monounsaturated Fat 0 mg. Cholesterol Carbohydrates 7.6 q.

24.7 mg. Calcium 169 mg. Potassium 79 mg. Sodium

\* \* \* FOUND \* \* \* Ice Cream buckets in the school cafeteria.

If you are missing one, please come by the cafeteria, or contact Carol Lewis.



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#### SCRIPTURE CORNER

THE RESURRECTION CELEBRATION Beyond the Easter Bunny

tions of Easter involved scurrying around the house in search of the colored eggs my parents had dutifully hidden. Then, dressed in their Sunday best, they would haul me off to church, explaning that this was one day I had to go.

I didn't know why.

Thus, in my pagan youth, I fit perfectly with the pagan roots of easter. Though we Christians today moan about Easter's "secularization," we've got it backward. Easter's origins can be traced to a host of pre-Christian cultures. Its name is attributed to Eastre (the Teutonic goddess of spring and fertility) Astarte and Ishtar (the Babylonian goddesses) and Oster (the German equivalent).

The Eastre festival was celebrated on the day of spring equinox, with honors given to rabbits, symbols of rabbits, symbols fertility, and brightly colored eggs representing the sunlight of spring and new life. (The ancient Druids, Japanese, Chinese, and Babylonians also celebrated spring with sacred eggs.)

In the early centuries of the Christian church, the resurrection celebration (based on the timing of Passover) coincided with Eastre's estival. As pagan eoples were Christiantheir rituals cross-fertilized with

My earliest recollec- the Christian celebration, which in turn took on the pagan name.

This merger of sacred celebration with pagan survived tradition through the centuries. But never has it flourished more than in America today, where it fits so comfortably with our contemporary view of pluralism. This hallowed term had come to mean not respect for diversity, but rather a reduction of differences to the lowest common denominator.

Little wonder that millions of Americans grow up, as I did, associating Easter with egg hunts rather than the fact that split history: God raised His Son from the dead! So, though the Easter bunny may seem a harmless bit of springtime fluff, in truth it diverts our from attention the centrality of the resurrection. that's not harmless.

I wonder if we evangelicals are not - unconsciously, to be sure - just as guilty of obscuring the ressurrection. In our eagerness to win the unsaved multitudes, we so often concentrate our message on "what God can do for you." I don't mean just Mr. Colson served as the blatant health and White House counsel to wealth gospel that dominated air-waves, but the more subtle emphasis on personal peace, contentment, and the good life. The message

focusing only on "why nice things happen to God's people" concerns not the historic Christ of the Scriptures, but rather a giant Easter bunny in the sky who benevolently dispenses colored eggs for his eager flock to find.

And sometimes, again unconsciously, obscure the central truth of the ressurrection when we make personal testimony our primary form of evangelism. When I was last in India I had many opportunities to tell what Christ has done in my life. The thousands faces in predominanely crowds would nod and smile as I shared my Hindus experience. believe all roads lead to God-if Jesus was my guru, that's fine. They all had their gurus, too.

But when I spoke of the reason of my faith, the resurrection of Christ, the nods would Expressions stop. changed and each person listened intently. The fact of the resurrection demands a choice, one that reduces all other religions to philosophies.

Let's face it, without the resurrection at the center of the Christian message, we may as well put our hope in the Easter bunny.

> Author: Chuck Colson

former President Richard Christian Nixon. After completing a prison term for a Watergate-related fense, he founded and is now chairman Prison Fellowship,

nationwide ministry to inmates.



# Spring Special



## BARN DANCE

FRIDAY, APRIL 8

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