

Thornberry to host U.S. Service Academy Forum in Amarillo

STAFF REPORT

AMARILLO — The office of U.S. Rep. Mac Thornberry (R-Clarendon) will host on April 5 the 13th District's annual Service Academy Forum for high school students interested in pursuing an education at a United States service academy.

The free, informational event will take place at the Amarillo Public Library's Southwest Branch from 9:30 to 11:30 a.m. This forum is designed for potential nominees in their ju-



No RSVP is U.S. Rep. Mac required. Thornberry

gible to at-

nior or se-

nior year of

high school.

However,

all local stu-

dents of any

age, parents,

and counsel-

ors are invit-

ed to attend.

To be eli-

be at least 17 years old but not women who serve to protect our have passed their 23rd birthday by the entry date; must be a United States citizen; unmarried; and, have no legal obligation to support children or other dependents.

"Nominating students to a service academy is one of the highest privileges I have in Congress," said Thornberry, who serves as the Vice Chairman of the House Armed Services Committee. "We owe the deepest freedoms, and I applaud each and every student for their desire to answer this worthy calling."

At the event, representatives from the U.S. Air Force Academy, the U.S. Merchant Marine Academy, the U.S. Military Academy (West Point), and the U.S. Naval Academy will provide details on appointment procedures, daily life at the academies, and post-graduate military commitments, as well as answer tend an academy, students must gratitude to the brave men and any specific questions from the

audience.

Each applicant must receive a nomination from a Member of Congress in order to be considered. As a Member of Congress, Thornberry is allowed to nominate a limited number of students for each service academy per year.

Applications for nominations must be submitted to the congressman's Amarillo office by Dec.1 of a student's senior year. After reviewing the con-

FORUM cont. on page 2

Fired up about good health



Photos by Lindsey Tomaschik

Firehouse Nutrition is located at 302 W. Foster Ave. Owners Blair and Blanca Schaffer, right photo, are excited to continue helping the people of Pampa reach their fitness goals.

Firehouse Nutrition excited to promote healthy living.

By LINDSEY TOMASCHIK

LKTomaschik@thepampanews.com

Firehouse Nutrition, which originally opened in Amarillo, expanded and opened a store in Pampa about seven months ago. Owners Blair and Blanca Schaffer saw a good business opportunity in Pampa and have enjoyed their

time running the store here. They wanted to branch out to new areas of the Panhandle, and Pampa has not been a disappointing place to do just that, they said.

Firehouse sells Herbalife products, which have been around for more than 30 years. Those who go to the store pay \$7 for a daily membership to the nutrition club and fill out the slip to specify the flavors of tea and shake they would like. Customers also receive a small amount of liquid aloe with these drinks. The club is open from 10 a.m.-2 p.m. and shakes are recommended to be substituted for breakfast or lunch.

The aloe customers receive at each visit to the Firehouse provide relief from indiges-

tion and support nutrient absorption. The tea, which is available in five different flavors, is what Blanca refers to as the "drink and shrink tea," and it burns up to 100 calories, serves as an energy boost and helps with weight management support. Customers get a lot more freedom when selecting their shakes. With 40 different flavors to choose from, as well as having the choice between a hot or a cold shake, this meal substitute is one of customers' favorite things about going to Firehouse. They have 200 calories and are designed to keep consumers full for anywhere from two to three hours.

The shakes are also full of vitamins and nutrients not typically found in a lot of cooked foods.

Blair and Blanca are Firehouse's only employees, but they do have team members

HEALTH cont. on page 2

American Century founder James Stowers Jr. dies at 90

Businessman and philanthropist's younger brother is Pampa resident.

STAFF REPORT

James Stowers Jr., the older brother of Dick Stowers, died of natural causes on Monday at age 90.

Jim was a prominent philanthropist

and founder of Kansas City, Mo.-based American Century Investments.

Jim, along with his wife Virginia, used his business success to donate billions of dollars to charities or founda-

STOWERS cont. on page 2



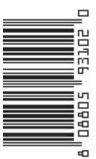
James and Dick Stowers

Projects funded by Pampa EDC SUBMITTED

The following are examples of community development projects that the Pampa Economic Development Corp. has funded over the years.

When Type B economic development corporations were introduced, the scope of economic development activities broadened by allowing community development projects. There are many beneficiaries of these PEDC cont. on page 2





PEDC

Continued From Page 1

types of projects including educational entities, municipalities, local nonprofits, taxing entities, future generations and more.

The following is a list of organizations that have received grants from the Pampa EDC.

Clarendon College -Pampa Center

• One grant for Texas Department of Criminal Justice Training Program • One grant for Emergency Medical Services / Sim Man Equipment

• One grant for Wind Energy Training Equipment

City of Pampa

• Three grants for demolition of dilapidated structures and community clean up, two for houses and one commercial building.

• Two grants to help with purchase of marque signs. • One grant to help with construction of Pampa H20 Aquatic Center.

• One grant for security camera in Pampa's parks. • One grant for a project to landscape areas, purchase and install new entry signs into Pampa.

Hidden Golf Hills Course

• Three grants that con-

Forum

Continued From Page 1

D-Link

gressional and student applications, the service academies will



Photo by Timothy P. Howsare Bealls is just one of many businesses in Pampa to benefit from the Pampa EDC. structed golf cart paths

Community Fund

• Three grants to help build the fund for an endowment to enhance programs, improve quality of life and meet the needs of the community.

Top O' Texas Rodeo Association

One grant to help build horse stalls on the north side of the rodeo arena.

VFW

• One grant to help with VFW wall exhibit and promotion.

These grants help organizations with the potential to benefit the community in many ways including quality of life, safety, job training and employment opportunities, education, development,

and made course improve-

• The Golf course is a

quality of life issue for

many and brings in golf-

ers from other areas who

· One matching grant

to help with construction

costs for the new Perry Le-

fors Airport Aviation Ad-

Pampa Independent

•One grant for new field

• One grant for construc-

tion of pens in livestock

barn at Recreation Park

ministration building.

turf at Harvester Field.

School District

Gray County 4H

ments.

spend locally.

Gray County

receive a free education, visit Thornberry's website including tuition and room at http://thornberry.house. agreement to serve as an officer in the military for a cated at 6801 SW. 45th graduation.

www.thepampanews.com

For more information on the forum or the acad-Accepted nominees will emy application process,

The library branch is lo-

Stowers

Continued From Page 1

Givers, released in 2011.

Stowers was diagnosed in 1993. The pair created a \$2 billion endowment to found the Stowprevention of diseases.

Dick Stowers, who ploys 1,300 professionmarried Dorothy Culber- als around the globe. son, lives in Pampa and

Health

Continued From Page 1

Firehouse Nutrition also does fitness camps and weight loss challenges for those interested in participating. The costs vary depending on the type of challenge, and they are in Amarillo, said that they open to the public.

helping others by provid-The fitness and nutrition classes are available for ingw them with Herbalife free, and once the weather products, but they also warms up, the Schaffers their fitness goals, wheth-

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dealerships in Pampa. Both of the Stowers py, and the entire Ameribrothers were born in can Century Investments Kansas City. The two brothers were American Century CEO

tions, earning them the close, and Dick said Jim Jonathan Thomas said in ninth spot on the Forbes was very down to earth a release. magazine list of Biggest and a person whom everyone respected. Jim tious man of great vi-Their biggest charitable and Dick both got mar- sion, an investment ininvestment came after ried on Feb. 4, but not in novator with a driving the same year. Dick and passion for helping inveswith prostate cancer in Dorothy tied the knot in tors achieve financial suc-1987 and his wife had 1951, while Jim and Vir- cess," Thomas said. "As surgery for breast cancer ginia said their vows in the living embodiment of 1953.

Jim founded American Century in 1958 in a legacy will be the positive ers Institute for Medical one-bedroom apartment example he set for ev-Research in 1994, a non- in Kansas City, with eryone who ever had the profit biomedical re- \$100,000 from 24 inves- pleasure of meeting and search organization dedi- tors. Today, American working with him." cated to researching the Century has about \$141 causes, treatment and billion in assets under management and em-

"Jim Stowers was a the Stowers Institute for is vice president of the pioneer in the worlds of Medical Research, visit Culberson-Stowers car investment management www.stowers.org.

fitness classes typically

last about 45 minutes and

provide participants with

the weight loss challenges

come in once a week for

measuring and check-ins

along with getting their

are focusing not only on

circuit type training.

daily products.

are excited to start hosting er they be to lose weight outdoor fitness camps. The or just to maintain good health.

and personal philanthro-

family mourns his loss,"

"He was an unpreten-

our company's Guiding

Principles, Jim's enduring

Editor's note: Informa-

tion from the Kansas City

Business Journal was

To read more about

used in the article.

Blair and Blanca are excited about the Pampa shop because unlike in Those who participate in Amarillo where the majority of their customers come in for the product and leave, in Pampa they have gotten to know many of their customers because Blair, who is a firefighter they will come in and hang out for awhile after finishing their shakes.

Firehouse Nutrition is located at 302 W. Foster. For more information call want to help people reach 806-676-4927.

Spring forecast: Cool in North, still dry in West

The first day of spring? how fast snow melts and Some people in Maine were shoveling 6 inches of new snow. And in Michigan, residents in parts of Maine college students couldn't even burn a snowman.

Ok, so it was a fake snowman. But it was real snow that got in the way.

feels like winter is hanging on like a bad cold.

And now government in the downtown Portland forecasters are predicting area where the snow had a cooler-than-usual spring melted by midday. "I think across the northern U.S. Even just next week, frigid most winter-hardened peo-Arctic air is expected to ple." blanket parts of the East.

"This is one of those win-

how much rain falls.

After a miserable winter, dug out again on the first day of spring. The snowfall knocked out power to some.

"I'm just looking forward For many Americans, it to not bundling up," said 33-year-old Rich Maggi, while taking a smoke break this was hard on even the

Prolonged wintry weather forced a Michigan univer-5 inches of snow overnight on top of knee-deep drifts. Officials at Lake Superior gan's Upper Peninsula near the Canadian border said the ceremony was moved to Friday. The snowman stuffed this one was named Polar Vortex after the frigid air



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Virus Removal

Gray Pampa offers of appointment in the spring.

trailer.

acer

nominations and board, in return for an gov/ or the Facebook page. make final selections and minimum of five years after Ave. in Amarillo.

and purchase of livestock business tourism and more.

ucts at home.

who avidly use the prod-



ters — the gift that keeps sity to delay a yearly rite of on giving," said Jon Gott- spring — the burning of a schalck of the National fake snowman — after the Oceanic and Atmospheric campus was blanketed with Administration.

The stubborn cold is delaying any flooding into April in the upper Midwest State University in Michito New England. While major flooding is not expected during the next the snow and high winds three months, forecasters raised safety concerns, and said the greatest threat exists in the southern Great Lakes because of abovenormal snowpack, thick ice with shredded paper usuon streams and rivers, and ally is dubbed Frosty. But snow on the ground.

Experts warned of possible isolated flooding in mass that punished the East certain areas depending on Coast and Midwest.



Chico and Liz Ramirez are celebrating their 50th wedding anniversary today. They were married here in Pampa on March 21, 1964. The couple raised two children and now have seven grandchildren and 3 great-grandchildren.

Join The Pampa News staff in wishing Chico and Liz a joyous anniversary!



PAMPA FORECAST

Today	Saturday	Sunday
, Co	-	
High 66 Low 35	High 51 Low 27	High 50 Low 29

Today: Partly cloudy with a high of 66. Winds north at 20 mph. Sunrise at 7:46 a.m.

Tonight: Mostly clear with a low of 35. Winds east-northeast at 18 mph. Sunset at 7:57 p.m.

Saturday: Mostly cloudy with a high of 51. Winds east-northeast at 13 mph. Sunrise at 7:45 a.m.

Saturday night: Partly cloudy with a low of 27. Winds east-northeast at 12 mph. Sunset at 7:57 p.m.

Sunday: Mostly cloudy with a high of 50. Winds southeast at 13 mph. Sunrise at 7:43 a.m.

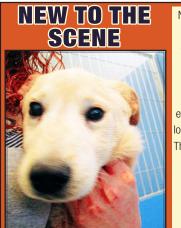
Sunday night: Partly cloudy with a low of 29. Winds south at 10 mph. Sunset at 7:58 p.m.

City Briefs

The Pampa News is not responsible for the content of paid advertisement

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752 Municipal Drive in Hobart St. Park 806-669-5775 Open M- F 12pm-6pm Sa-Su 3pm-5pm Closed holidays See More about me, my friends, or to donate http://www.pampaanimalrescue.org/index.htm



Fortherecord

Pampa man arrested on drug charges

County Sheriff's Office for ry, bond surrender — drivpossession of a controlled ing while intoxicated, bond substance, failure to present valid identification.

31, Pampa, was arrested possession of drug para-Wednesday by the Pampa phernalia, capias pro fine Police Department for theft of services between \$500 and \$1500, motion to revoke probation - possession of a dangerous drug, capias pro fine - no seatbelt.

Pampa, was

surrender — possession of marijuana — less than two • Brooke Nicole Pyle, ounces, capias pro fine --- no driver's license, capias pro fine — no seatbelt. • Carlos Fuentes, 47,

Hereford, was sentenced Wednesday for criminal non-support.

Heather arrested sentenced Wednesday to

• Montra Dwayne Jack- Wednesday by GCSO for the Texas Department of son, 27, Pampa, was arrest- bond surrender — assault Criminal Justice for posed Wednesday by the Gray causing serious bodily inju- session of a controlled substance

> • Barbara Ann Taylor, 49, Pampa, was sentenced to 40, Pampa, was arrested state jail on Wednesday.

> • Danny Herrera, 31, Lubbock, was arrested Wednesday by GCSO for 33, Pampa, was arrested violation of probation theft of property.

· James Adrian Selvidge. 48, Pampa, was arrested Wednesday by the Department of Public Safety for Krystine failure to appear, failure to Wednesday by PPD for • Raul Rodriguez, 38, Brown, 28, Hereford, was use a turn signal, no valid criminal mischief between driver's license.

· James Calvin White, 23, Pampa, was arrested Wednesday by PPD for criminal trespassing.

 Aaron Lee Estep, Wednesday by PPD for criminal trespassing.

 Jason Todd Vance, Wednesday by GCSO for possession of marijuana - between two and four ounces.

Joshua Lee Rivas, 22, Pampa, was arrested \$1,500 and \$20,000.

Feds move toward extradition of Mexico ex-governor

ed they will seek the extradition of a former Mexican governor indicted in the United States for racketeering and money laundering.

American authorities say Tomas Yarrington Ruvalcaba took millions of dollars in bribes from the Gulf Cartel as it smuggled cocaine and marijuana through the Mexican border state of Tamaulipas, where Yarrington was governor from 1999 to 2004.

In court documents filed this week, prosecutors asked for three certified copies of an arrest warrant for Yarrington and a co-defendant. Fernando Alejandro Cano Martinez. document that they would cult time, too."

DALLAS (AP) — Feder- seek extradition of both co to seek extradition.

> Yarrington's U.S.-based Houston, confirmed Thursday that his client is not in the United States or in custody.

> Androphy said that once prosecutors finish their application for Yarrington's extradition, a judge in Mexico would hear evidence in the case and decide whether to send Yarrington to the United States.

'They may decide to seek some sort of extradition in the future from Mexico, but for now, this is just premature," Androphy said. "And Prosecutors said in one I think they'll have a diffi-

An indictment filed in al prosecutors have indicat- men and that copies of the May alleges that members prove that deposits in Yarwarrant were part of the of the Gulf Cartel paid rington's bank accounts package required by Mexi- bribes to Yarrington and other elected officials to of a criminal conspiracy, "continue their illegal busiattorney, Joel Androphy of ness with little or no interference from police authorities operating in the State of Tamaulipas." The indictment alleges

Yarrington purchased a luxury condominium on been in the United States South Padre Island, Texas, just across the border from Tamaulipas, and had access to a private plane purchased with money stolen from Mexican public around is not Yarrington's funds, along with other real estate and bank accounts.

The charges against Yarrington include conspiracy to import cocaine and marijuana, racketeering, and phone message Thursday. bank fraud.

Androphy said he could were legitimate and not part and that several potential government witnesses were threatened with deportation of family members if they did not cooperate against Yarrington.

He said Yarrington had before an initial indictment was returned, but returned to Mexico after his visa expired.

"The fact that he's not issue," Androphy said. "It's the government's fault."

A spokeswoman for the U.S. attorney's office in Houston did not return a

Area support groups

The following is a list of support groups that meet regularly each week in Pampa. Information for each meeting is submitted to The Pampa News office and may not be completely updated or accurate. Please notify the newsroom if a change is necessary.

The Pampa News welcomes all submitted materials for area support groups. Please include the meeting time, date and location and, if applicable, provide a contact number for each group.

■ Victims of domestic violence and sexual assault. meet at 5:30 p.m., Thursdays, and at 2 p.m., Fridays, at the Tralee Crisis Center, 308 S. Cuyler St. For more info, call the Center at 806-669-1131.

806-359-4673. Ext. 235.

Alcoholics Anonymous Open Door Club meets daily at noon and 8 p.m. at 910 W. Kentucky Ave. Al-Anon meets at noon on Mondays. For more information, call 665-9072.

Alcoholics Anonymous Primary Purpose meets daily at noon and 8 p.m. at 112 W. Foster Ave.

■ Alcoholics Anonymous Keep It Simple meets Thursdays at 6 p.m. at the Methodist church in White

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()):/);;;

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Ladies Day Tuesdays!





■ Narcotics Anonymous — The Pampa Group meets at 7:30 p.m., Tuesdays, and at 6 p.m., Saturdays, at 805 N. Gray St. Narcotics Anonymous — Rufe Jordan Unit also meets at 6 p.m., Mondays, and at 5:30 p.m., Wednesdays, at 1992 Hilton Road.

• Cancer Support meets at 1 p.m. on the fourth Tuesday of each month in the Pampa Regional Medical Center cafeteria. For more info, contact Beth Kean at

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Pampa Caregiver Support meets at the Pampa Nursing Center on 1321 W. Kentucky Ave. at 6 p.m. on the second Tuesday of each month. For more information call 806-669-2551.

Accolade Home Care sponsors a Parkinson's Support Group the second Thursday of each month at 6 p.m. The group meets at Accolade at 1313 N. Hobart St. For more information, call Lindsey Been at 806-665-9700 or 806-324-3230.

Lasso-yielding officers chase loose bull in Waco, Texas; no injuries

led police on a chase before animal.

The Waco Tribune-Herald reports that the hind him. bull was being vaccinat-

horse-riding, ning down the street and trailer. lasso-yielding officers gave chase, wielding a or four police cars be-

Sgt. W. Patrick Swan- injured.

WACO, Texas (AP) — ed at a veterinary clinic ton says the bull ran into A bull apparently in no in Waco when it broke a fenced yard after about mood for vaccinations out of its corral Tuesday. 45 minutes. Two animal Officers say a man control cowboys were down a Texas city street spotted the animal run- able to lasso it into a

Swanton says police were able to wrangle the whip and lasso from a were mostly concerned pickup truck with three about the bull injuring pedestrians or interrupting traffic. No one was



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Spring clean government

Spring cleaning is a healthy tradition. If only politicians did it!

They

When

for presi-

promised to clean

"I'm not a

dent, he

house.

don't.

Barack



STOSSEL

Democrat who believes that we can or should defend every government program just because it's there. There are some that don't work.'

I cheered when I heard that! But politicians always say they'll get rid of waste. Then, once in power, they spend more . Obama sure has.

"We just need to cut back!" said Obama, the candidate. He promised to end "waste at the Economic Development Agency and the Export-Import Bank that's become little more than a fund for corporate welfare." Good for him.

business deserves more attention, more money, more government support

than another one, that's ... the centrally planned economy.' Centrally planned Obama ran

economies bring stagnation and poverty. Many people concerned about big government focus on high taxes. High taxes are bad, but I worry more about the spending. Spending is a tax. Since government has no money of its own, the spending money must come from you.

Today I worry even more about the sheer quantity of rules. There are now 170,000 pages of federal laws and many more local rules. If you can't get a job, there's a good chance that this spider web of regulations is the reason why.

After recessions, employment used to bounce back quickly, but not this time. What employer wants to hire when doing so requires fighting incomprehensible complexity and risking

This Land is Our Land Putin's game of chicken

For those of you who were not paying attention to important world news, "Toxic Tush" is currently



BALTODANO

in jail if Florida for injecting unknown substances, including Super Glue and Fix-a-Flat, into her patients' rumps in underground butt-enhancement procedures.

In Putin's case the procedure was not a rear-end-enhancement

but rather an implant of "backbone of steel" that has allowed the former KGB counterintelligence officer to pull off a very deliberate political maneuver in Crimea. (I was going to say "cojones of steel," but I didn't want to cause my editor to have a conniption, this is, after all, a family newspaper.)

Back to Putin, the international community, and that includes the cojones-challenged Obama administration, is "shocked" at the hubris and efficiency of Putin's political maneuvers.

"I don't know what he will do next. He's not a predictable politician," said a forlorn Angela Merkel, the German Chancellor last Tuesday when Putin announced the official

annexation of Crimea.

Well, dress me in pink and call me Shirley. I may have lost my crystal ball earlier this year, but my bet is that Putin will continue to do whatever makes the Russian people happy and keeps him in power...as long as the Obama administration and the European Union continue to lose this high-stakes game of chicken by doing little more than puff their collective cheeks.

Putin's approval rating has skyrocketed since the deployment of Russian troops to Ukraine. In less than a month, it jumped from nearly 10 percent to over 72 percent, according to CNN.

Because of the mess in Crimea, Russia's membership in the G8 was suspended, and the United States imposed economic sanctions and travel restrictions on fourteen Russian officials (Fourteen? Now, THAT is some message...what kind of message that is I have no idea but, it is a message.)

The sanctions were not taken particularly seriously by Russian politicians - in fact, word has it that, upon hearing about the "sanctions," Putin and his closest aids celebrated by viewing a boot-legged copy of Rocky XVIII, you know, the version where Sylvester Stallone has the living daylights kicked out of him by the reigning Russian female figure skating champion.

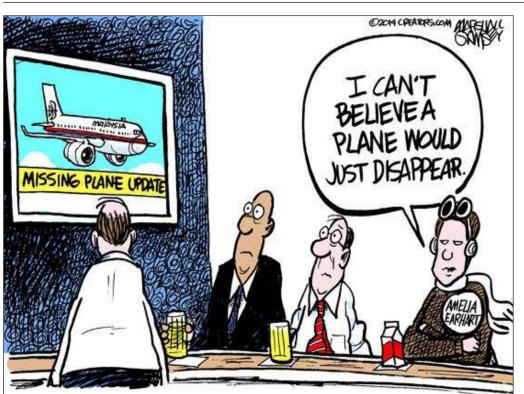
Vladislav Surkov, a presidential aide to Putin, and one of those seven diplomats who had their travel restricted as part of the sanctions, said the following (I swear I am not making this up):

"I see the decision of the Washington administration as recognition of my accomplishments for Russia. It's an honor for me. I don't have foreign accounts. In the United States I'm interested in Tupac Shakur and Jackson Pollock. I don't need a visa to access their work, so I'm not losing anything.

I don't know what sounds more offbeat to me, the "sanctions" that the Obama administration and his loony European allies "imposed" on Russia, or the image of anyone listening to a Tupac song while admiring a work of art by Jackson Pollock.

See, Putin's actions in Ukraine are not the kind of irrational, deranged, "he is living in another world," capricious behavior that German Chancellor Merkel spoke of. They are part of a coherent campaign to increase domestic support, expand Russian

PUTIN cont. on page 6



How To Write Us

The Pampa News welcomes letters to the editor. When submitting a letter please include the writer's name, address and signatures.

We reserve the right to edit letters or not to publish certain letters.

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By E-mail: thowsare@thepampanews.com



Yet both programs thrive: The Ex-Im Bank just gave another \$8 billion to Boeing, and the EDA spent \$2 million to build a wine-tasting room and 'culinary amphitheater.'

Taxpayers were also forced to give \$150,000 to promote a puppet festival on Long Island, \$98,000 to build an outhouse in Alaska, and a million dollars to "study the influence of romance through novels and film.'

Both the left and right denounce the other party's spending, but expensive waste is supported by both. Neither party makes much effort to cut farm subsidies or NASA - or to end subsidies for big corporations, the people who need it least. Sen. Tom Coburn, R-Okla., is the rare conservative critic of waste who doesn't spare the military. On my show this week, he points out that the Pentagon destroyed \$7 billion worth of weapons in Afghanistan and Iraq instead of shipping them home. "That just shows you the inefficiency," says Coburn.

Mattie Duppler, of Americans for Tax Reform, likens recipients of government handouts to ticks that suck the populace's blood.

Welfare for businesses is even more harmful than welfare for poor people, because it kills the free enterprise that creates real prosperity. "When you've got government putting its thumb on the scale," says Duppler, "saying this

punishment for violating some obscure rule? I'd be afraid to build a serious business. Today's laws are so complex even the lawyers don't understand them.

And the clutter gets worse. Every day, regulators craft more rules. It's always more. If you're a regulator, and you don't add rules, you think you're not doing your job.

So now that spring is about to arrive, let's give government that overdue cleaning. Eliminate half the 170,000 pages of federal laws, scrap useless Cabinet departments, and cut the \$4 trillion in spending in half. We could move about so much more freely if our lives weren't buried in government's junk. Laws stop me from opening my own lemonade stand, dictate where

kids must attend school, and forbid voluntary interactions between consenting adults. Clean this stuff away!

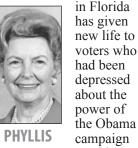
When government is big, we become smaller. When we're trapped in the web of their rules, we don't innovate; we become passive.

To clean house, pass the Stossel Rule. It's simple: For every new regulation bureaucrats pass, they must repeal five old ones. It would be a start.

John Stossel is host of "Stossel" on the Fox Business Network. He's the author of "No They Can't: Why Government Fails, but Individuals Succeed

bamacare has to go

The surprise victory of Republican David Jolly for a congressional seat



campaign machine. SCHLAFLY

Even more surprising to the media was that Obamacare turned out to be the winning issue for Republicans.

The Democratic congressional candidate outspent the Republican by a million dollars, and it was a district that President Barack Obama carried in 2012. But the Democratic candidate's message about Obamacare, "fix, don't repeal" and "mend, don't amend," was a loser because the American people want Obamacare repealed.

The Democrats had thought Obama's favorite legislation would be a political advantage by now. It would have given health insurance to millions of voters who never had it before, others would enjoy subsidies and free contraceptives, and all had confidence in Obama's promise, "If you like your doctor, you can keep your doctor' (and your health insurance plan and your hospital).

It must have been a rude awakening for many liberals to realize that it was all a lie, and you really can't keep your doctor or your

insurance plan. Liberals now have to face the fact that not only Obama made a false promise, but that he and his staff knew it was a lie when they wrote it on his teleprompter.

Millions of Americans have had their health insurance canceled. And the nonpartisan Congressional Budget Office reports that Obamacare will cause more than 2 million Americans to lose their jobs.

Nancy Pelosi told members of Congress they had to pass Obamacare so we can all find out what's in it. We are finding out more and more things we don't like about it every day.

Obama's game plan to dodge the Obamacare bullet is to announce an exemption or a waiver or a deadline change almost every week. The purpose seems to be to postpone as many obnoxious deadlines as possible so that they do not take effect until after this year's November election.

The scholar Grace-Marie Turner of the Galen Institute reports that the administration has made 37 significant changes to Obamacare, of which at least 20 were made unilaterally by Obama with his famous "pen." Only 15 were made legally by Congress.

Obamacare is a disaster any way you look at it. It violates the Constitution by forcing individual Americans to buy things we don't need or want, and to pay for other people to

buy products we don't approve of.

So what do we have to show for the high cost of Obamacare? Lost jobs, full-time jobs cut to parttime jobs, canceled health insurance policies, higher premiums for health insurance, a website that doesn't work (so people don't know if they are signed up or not), and navigators, who couldn't pass a background check, to help us navigate the website.

Obamacare was designed to conceal its extraordinary cost by depending on healthy young people signing up to compensate the insurance companies for the high costs of unhealthy seniors. And we've just discovered a previously unnoticed fine-print provision to require taxpayers to bail out the insurance companies if they lose money on that deal.

The Obama administration is trying to save face by claiming that Obamacare's only problems are with the website and implementation. In fact, the real problem is the socialist mindset that the government can take over a sixth of our economy and do it better and cheaper, and that's ridiculous because higher taxes, more inconvenience and lots of bailouts are what prevail.

The big government takeover of an entire industry is driving up health care costs, imposing new taxes, increasing our national debt, encouraging Obama to function

like a dictator by unilaterally changing the law, and destroying our once-great health care system.

The administration claims that 4.2 million people have signed up, which is a lot fewer than the original 7 million goal. But the real joker is that many of these people haven't paid their first premium. Like shopping at the supermarket, they've put some items in their cart, but they haven't yet paid at the checkout counter, so we don't know the real numbers.

But we do know that more people have lost health insurance than have been able to get new insurance. The Associated Press reported that at least 4.7 million Americans received notices that their current health insurance policies were canceled, and that's more than the 4.2 million who have signed up

Most of Obama's changes were to help 2014 Democratic candidates, who are running away from Obamacare faster than they are running for office. The solution for Americans is to elect a conservative Senate in November that will repeal Obamacare.

Phyllis Schlafly is a lawyer, conservative political analyst and author of 20 books. She is the co-author, with George Neumayr, of the New York Times Best-Seller titled "No Higher Power: Obama's War on Religious Freedom." She can be contacted by e-mail at phyllis@ eagleforum.org.





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 \Box







Putin

Continued From Page 4

regional hegemony and change the balance of power at the international level.

Let's go back to the game of chicken.

Every Texan worth his or her weight on tumbling tumble weeds understands the basic strategy behind the game of "chicken:" you make your opponent think you are as irrational (or crazy) as to risk crashing head on, consequences be damned. In other words, the game rewards "looking" or acting crazy enough so that your opponent will say, "Forget

this!" and swerve to safety. Funky political scientists (aka, eggheads, or, in my case, devastatingly goodlooking dudes) refer to this as "the rationality of irrationality.'

Putin seems to be a world-class player when it comes to this.

The beauty of this strategy is that it will force Obama and his pals at the European Union into acquiescing to any sensible concessions that Putin will accept. In other words, we blinked.

The problem is that Obama, the E.U. and Putin do not look at "winning" and "losing" in the same way.

To the U.S. and its European allies, "winning" means avoiding confrontation; to Putin and Russia, "winning" means encouraging confrontation.

So, I see no evidence that Putin is crazy or unhinged. What I see is a shrewd political leader with a clear strategy and the cojones to do what it takes to make it happen... again, as long as the West continues to back out of his way.

If I was Obama I would put in a call to which ever south Florida prison holds "Toxic Tush," ask if he is still taking clients, pay for a bigger set of cojones implants than the ones that Putin got, do my best impression of Dirty Harry, squint my eyes and say, "Well, do you feel lucky, Punk?

Bruno Baltodano, a resident of Pampa, is a faculty adjunct at Lewis-Clark State College in Lewiston, Idaho. He teaches college courses on Global Politics and Terrorism.

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Watson, financial advisowith the financial services firm Edward Jones in Fawn Smasal, branch office administratorrecently attended an invitationonly training opportunity tools," Harp and Watson dividual investors in the vestment options available at the firm's headquarters said. "We were able to tai- United States and, through today. in St. Louis.

The three-day Advanced Practice Management Forum is offered to branch try who rank among the will help us better serve top third most successful in our clients. We now share than 180 associates, out of to attend this session.

"The Advanced Practice

Management Forum gave recognized for delivering term investment solutions us an opportunity to share Duane Harp and Ben ideas with other successful teams, visit with home- Jones was ranked No. 15 office experts to discuss on Training magazine's ways to meet more clients' Pampa, and Barb Hahn and needs and view technical list its 12th consecutive ing long-term, face-to-face demonstrations highlighting

> lor some of the training to focus on areas of our business that we want to grow."

ence."

industry-leading training. Earlier this year, Edward "2012 Training Top 125" year on the prestigious list. a variety of systems and financial services for in-

its affiliate, in Canada. Every aspect of the firm's business, from the types of ranked No. 4 overall in Hahn and Smasal adds, investment options offered FORTUNE teams throughout the coun- "Attending this training to the location of branch 2014 100 Best Compaoffices, is designed to cater nies to Work For ranking to individual investors in Visit our website at www. the firm in helping clients a clearer vision of the best the communities in which edwardjones.com and our work toward their long- practices, tools and re- they live and work. The recruiting website at www. term financial goals. Harp sources to use in earning firm's 12,000-plus finan- careers. edwardjones.com. and Watson and Hahn and new clients, deepening re- cial advisors work directly Follow us on Twitter @Ed-Smasal were among more lationships with existing with nearly 7 million cli- wardJones. Member SIPC. clients and overall deliver- ents to understand their FORTUNE and Time Inc. more than 12,000, invited ing an ideal client experi- personal goals — from are not affiliated with and college savings to retire- do not endorse Edward

that emphasize a wellbalanced portfolio and a buy-and-hold strategy. Edward Jones embraces the importance of buildrelationships with clients, Edward Jones provides helping them to understand and make sense of the in-

Headquartered in St. Louis, Edward Jones magazine's The firm is consistently ment — and create long- Jones products or services.

Jeb Bush seeks common ground in higher education

WASHINGTON (AP) - Former Florida Gov. Jeb Bush said Thursday the partisan divide isn't as wide when it comes to improving the nation's higher education system as it is in many other areas.

Hillary Rodham Clinton, who like Bush is often mentioned as a poten-

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Jeb

Bush

Texas.

2016 served as secretary of state, college students, about 60 president was invited.

"There's a real consensus accepted in our country that higher education is hugely imtion from portant and if we can find sponsors ways to improve quality to attend a and lower costs and proconference vide greater access in the that Bush is United States and around the world, it's hard to argue against that," Bush said. higher education issues. It "The question is, how do begins Monday in Irving, you do it?"

"This isn't a political con- at the federal level and in ference," Bush, a Repub- many states, there are dislican, said in a telephone cussions about ways to iminterview when asked why prove higher education. He salaries. Clinton, a Democrat who noted that among full-time

percent of students graduate within six years.

"Initiatives that focus on better outcomes and helping students get the courses they need to garner degrees of relevance quicker are a very good thing," Bush said. "There's no question about it.'

He said he hasn't seen the specifics of a higher education ratings system Bush said it's good that, under development by the Obama administration that could potentially use measures such as graduates?



Finnish gibberish talker finds fame, heads to US

HELSINKI (AP) — A es sound like to a foreigner" most famous person ever" 19-year-old Finnish super- has drawn more than 9 mil- to have been born in the market cashier with mil- lion viewings, transform- coastal town of 20,000 inlions of Internet fans of her ing her into a sought after habitants.

Her agent Jere Hietala for Los Angeles on March 29 after "numerous adver-

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Nuclear waste from New Mexico lab may go to Texas

(AP) — With the government's only permanent nuclear waste dump shuttered indefinitely by back-to-back accidents, officials are making plans to ship radioactive waste from Los Alamos National Laboratory to rural West Texas.

The Department of Energy and the operator of the Waste Isolation Pilot Plant near Carlsbad in southeastern New Mexico say they have signed an agreement with Waste Control Specialists to truck the waste to its site in Andrews County.

The agreement will help Los Alamos meet a June deadline for getting the last of thousands of barrels of plutonium-contaminated clothing, tools, rags and other debris off its northern

The waste,

ALBUQUERQUE, N.M. shipped and stored in huge come back to New Mexico toxic waste from Los Alareopens.

WCS is in a position to provide temporary storage for this waste while the WIPP is shutdown," said Waste is licensed to take radioac-Control Specialists President Rod Baltzer. "This will allow the Los Alamos National Laboratory to meet its goal of having this material removed by this summer so it can no longer be is also the burial ground for threatened by wildfires. WCS has never had a wildfire because all surrounding areas are covered with asphalt and caliche roadways. In addition, the waste will be in storage facilities that have sprinkler system, and New Mexico campus before in the event of an emerwildfire season hits its peak. gency, WCS has its own fire which is truck on site."

The West Texas site has Los Alamos waste is allowsealed canisters, would in the past taken some less for final disposal once the mos, but the Waste Isolation Waste Isolation Pilot Plant Pilot Plant is the nation's only permanent repository "We are pleased that for low-level radioactive waste from nuclear weapons facilities.

> Waste Control Specialists tive materials such as uranium, plutonium and thorium from commercial power plants, academic institutions and medical schools, as well as some DOE waste. It dirt from a Hudson River Superfund site that's tainted with PCBs, or polychlorinated biphenyls.

Chuck McDonald, а spokesman for the plant, said federal officials are Thursday. "I'm pleased we working with regulators at have a temporary solution the Texas Commission on that will ensure there will Environmental Quality to not be any significant dismake sure that storing the ruption in cleanup efforts."

able under its permits.

The state of New Mexico pressured Los Alamos to get the waste off its campus in the northern New Mexico mountains following a massive 2011 wildfire that lapped at the edges of lab property. The waste from decades of bomb building has been stored outside on a mesa. Following the Waste Isolation Pilot Plant shutdown, the state and Sen. Tom Udall, D-N.M., emphasized that the deadline was non-negotiable.

"Removing waste from the mesa in Los Alamos before fire season is critical to ensure safety in the greater Los Alamos community," Udall said in a statement

Los Alamos spokesman safety training, emergency Matt Nerzig said the lab's response and oversight. It is target date to resume shipments is April 1. He said Los Alamos anticipates about 140 more shipments yet been inside the halfto clear the remaining 20 percent of the waste over the next three months.

Waste Isolation Pilot Plant stopped taking all waste shipments following a Feb. 5 underground truck fire. Nine days later, a radiation release contaminated 17 workers and sent particles of plutonium and americium in the air around the plant.

The plant has been closed ever since, and officials are working on plans to get underground to figure out what caused the leak and the extent of contamination.

A team that investigated the truck fire last week issued a report that cited a series of shortcomings in

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unclear, however, if the fire and leak are related.

And because no one has mile deep mine since the leak, there are no estimates on how long the plant might be shuttered for cleanup.

Richard Dolgener, the county judge for Andrews County, said the DOE has had the West Texas plant 'on the drawing board" as a contingency to the nuclear waste dump for about 10 years.

"I guess they're going to execute it," he said

Cyrus Reed, spokesman for the Lone Star Chapter of the Sierra Club, questioned whether temporary means one year or 100 years.

Waste Control Specialists, he said, is "becoming a catch-all site for anyone's problem."

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AT&T to take orders Friday for new Samsung phone

new Galaxy S5 smartphone starting Friday.

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phone will start shipping

NEW YORK (AP) — er carriers are also expected or make payments through comparable with the origi-AT&T says it will start tak- to carry it, though prices PayPal. And it will have a nal model last year. Two ing orders for Samsung's haven't been announced yet. heart-rate sensor to measure devices with fewer features,

Announced last month at fitness activities. the Mobile World Congress wireless show in Barcelona, a few weeks and will cost Spain, the S5 will have a 5.1-inch screen, measured diagonally, and a 16-megapixel camera. The S5 will emerging market for wear-Samsung has said the also have a fingerprint sensor to use in place of a passworldwide on April 11. Oth- code to unlock the phone

maker of cellphones, helped All three devices offer fitby the popularity of its Gal- ness tracking and other feaaxy line.

It is now pushing into the able devices. AT&T says it Co. didn't announce prices will sell the Gear 2 smart- when it unveiled its new watch for \$299, a price products.

the Gear 2 Neo and the Gear Samsung is the leading Fit, will go for \$199 each. tures and will be available April 11 as well.

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MADISON, Wis. (AP) – A Swiss Emmentaler has been named the top cheese at an international competition in Wisconsin, handing the nation its fourth win in the past five years.

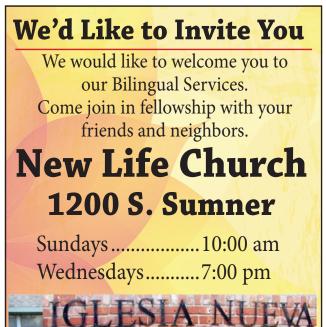
Cheesemaker Gerard Sinnesberger took top honors at the 2014 World Championship Cheese Contest with his Original Schweizer Rohmilch Emmentaler, a large format, big wheel Swiss cheese.

the Emmentaler scored 97.85 work done by state agriculin the final round of judging Wednesday. The cheese was deemed the best of 2,615 entries from 22 countries.

State Journal

Although Americans weren't in the top three this year, they took home the most medals, winning 59 of the 90 categories judged. Switzerland came in second with seven gold medals, while the Netherlands had five.

Among U.S. contestants, Wisconsin dominated with 33 gold medals. Chief judge Bob Aschenbrock credited the quality of milk produced Out of possible 100 points, by Wisconsin farmers and ture officials and the Center







An Austrian entry, called Erzherzog Johann, was second. Another Swiss entry, Gruvere AOP, was third.

won the contest sponsored by the Wisconsin Cheese Makers Association since 1988, according to the Wisconsin

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for Dairy Research at the University of Wisconsin-Madison.

"They've improved the milk supply immensely in the last 15 to 20 years. When I was making cheese back in A U.S. cheesemaker hasn't the 1960s and 1970s, it was nothing like it is today. Everybody else follows our lead, basically," said Aschenbrock, a longtime cheesemaker.

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PampaSports

Lady Harvesters remember their season

BY JOHN LEE iclee@thepampanews.com

The Lady Harvesters' basketball team took an evening to remember their season Wednesday night in the high school commons.

Parents and special guests of all three squads were treated to a dinner catered by The Plaza as well as a video montage to help attendees reminisce over the 2013-14 season.

After recognizing each

peer and district awards.

Senior Hayley Burnett received offensive player never-ending spirit, junior of the year, most valuable Raven Neal was selected the varsity squad, Burnett deplayer, first-team all-dis- for the Fighting Heart trict and District 1-3A de- award. The Hustling Harfensive player of the year. vester award was given to

Junior Madison Brown sophomore Reata Collins. was awarded the rebound award and junior Ty'Randa now a competitor for the Johnson was selected by track team, was selected for her peers for defensive manager of the year. Head player of the year. Johnson coach Gene Valentine told was also the other player those in attendance that on the team to receive first- Pingel told him with excite-

of the teams it was time for team all-district and honor- ment before a track meet, kept dropping the ball. able mention.

Voted by her team for her not a manager.'

Lauren Pingel, who is

"Coach, I am a player now,

cided to give gag gifts to all of her underclass teammates who enjoyed the humor behind the gifts. Sophomore Megan Brock received a dryerase board to help remember plays. Collins received little because Burnett said she was district round of the playoffs. weights so she can be stronger next season. Junior Tiah Brown received Butterfinger

some scotch tape because she Being the lone senior on accidentally broke the tape Coach Valentine had put on received a stress ball and their hotel doors one night. Junior Keisha Daniels was given a fly-swatter because she swatted the ball away often during games. Brown received Sweet and Sour candy sweet some days and sour others.

Neal received pom-poms candy, because some days she from Burnett for always be-

ing a cheerleader and Johnson She gave Caragan Niccum received a bib for her dribbling issues. Juniors McKinli Thomas and Risa Rodriguez boxing glove respectively. Burnett's teammates got her a basketball signed by each teammate.

> The Lady Harvesters' season came to an end in the bi-Senior Hayley Burnett is the only one of the 11 players who isn't returning next season

> > Photos by John Lee



Above left, the varsity girls. Above right, the ladies who received an award during Wednesday's banquet. From left, Madison Brown, Hayley Burnett, Ty'Randa Johnson, Raven Neal and Reata Collins. Below, the freshman team. Bottom, the junior varsity team.



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Week of April 7, 2014

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PampaSports

From the Press Box

Teams with big leads in their divisions should never slow down.

the wheel, that's when you crash.'

That is what Denver Broncos head coach John Fox told reporters when asked how he felt with his 3-0 Denver Broncos hosting the piti-

As Fox

the half but

the Broncos

eventually



JOHN LEE

woke up and throttled the Jaguars.

Right now in the NBA it seems that the top teams are bored. Wednesday the Miami Heat lost at Boston to the Celtics and the Indiana Pacers lost at New York to the Knicks. Sunday Oklahoma City got dismantled by the Mavericks in their own building.

My explanation for all of this: the top NBA teams are falling asleep at the wheel. They know they are going to the playoffs. Indiana, Miami, San Antonio and Oklahoma City have all clinched a playoff berth, now they are just playing for seeding.

San Antonio is the only team of the playoff teams still playing hard, and I think that comes with experience.

When a team limps into the playoffs, it doesn't allow for them to have momentum. Throughout sports, the team that gets

"When you fall asleep at hot at the right time is the team to win the championship.

Look at the Dallas Cowboys last year. They had a large lead over the Philadelphia Eagles in the NFC East and could have punched their playoff ticket with a win over any of their last three teams. They didn't and they missed the playoffs. The same thing happened to the Denver Broncos two years in a row between 2008 and 2009.

The Thunder have a twogame lead over the L.A. Clippers and a four-game lead over the Houston Rockets. Both teams, by the way, are playing pretty well. The Clips are 9-1 in their last 10 games as of Thursday morning.

The Heat are in jeopardy of not having the numberone seed as they are three games behind Indiana in the Eastern Conference. They are also 4-6 in their last 10 games.

But the beauty, or in my opinion ugly, of the NBA is that 16 teams make the playoffs. So the current three-seed for the East would have to lose 11 games and the three-seed for the West would have to lose eight games to not make the playoffs.

It will be interesting to see if the teams wake up and keep their one and two-seeds or if they let up and end up falling to a three-seed or worse.

John Lee is the sports editor at The Pampa News. He can be reached at jclee@thepampanews.com

A fraternity of the heart in the NBA

MINNEAPO-LIS (AP) Three years ago, Jeff Green joined one of the most exclusive clubs in the NBA. He didn't ask to be a part of it. Didn't even know it existed until a doc-

tor told him that he had an aortic aneu- during a routine screenrysm and his career with ing in 2011 did require the Boston Celtics was in significant testing bejeopardy.

Open-heart surgery was continue playing with looming and Green never Toronto. felt more alone, more uncertain. That's when the brotherhood," calls, the text messages, said. "It's something the overtures started com- that's hard to put into ing. First from Fred Hoi- words. We don't have berg and Etan Thomas, to talk all the time. But then from Ronny Turiaf.

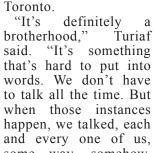
They offered encourage- and every one of us, ment. They had all been some way, somehow, there before. And just like was linked with the that, Green wasn't alone. other. And whenever we But as he quickly found see each other, it's like, out, it was so much more we made it."

the "Zipper Brothers" tendons or dislocated — a small and tight- shoulders, heart defects knit group of players carry with them a much who have overcome se- more frightening outrious heart ailments to look. Boston's Reggie continue playing at the Lewis, Loyola Maryhighest level of a game mount star Hank Gaththat tests an athlete's ers and Atlanta Hawks heart as much as any center Jason Collier are does. Hoiberg cut his among the players who NBA career short after have died during their having open-heart surgery — and getting the heart problems. zipper-like scar on his chest that birthed the comes, so do the Zipper nickname — to address Brothers. Hoiberg, who an enlarged aortic root now coaches Iowa State, in 2005.

Thomas and Chris riaf was there for Green.

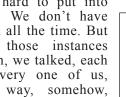
Spurs win 11th straight, 125-109 over LA Lakers

LOS ANGELES (AP) for the NBA-leading Spurs, - Although his San Anto- who haven't lost since Feb.

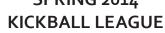


Unlike torn knee ligaplaying careers from

So when the diagnosis was there for Turiaf. Tu-







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They offered advice. happen, we talked, each than a club.

Hoiberg calls them ments, blown Achilles

Wilcox were able to Green was there for play after their own Frye. And Frye will be surgeries and Turiaf, there for the next one.



Jeff Green still playing to this day. Chuck Hayes never needed surgery, but a heart abnormality found

volves avoided what would have been a disastrous loss in Dallas.

Love, Rubio lead T-wolves

over Mays, 123-122 in OT

DALLAS (AP) — Ricky Rubio hasn't given up on the

The case is a little easier to make after the Timber-

idea of Minnesota making the playoffs.

Rubio had a triple-double, Kevin Love scored the last of his 35 points with the go-ahead basket late in overtime, and the Timberwolves hung on for a 123-122 victory over the Mavericks on Wednesday night after blowing several leads.

Minnesota broke a six-game stretch of alternating wins and losses with a second straight victory to move two games over .500 for the first time since Nov. 23.

The Timberwolves (34-32) are still 5¹/₂ games behind Dallas and Memphis for the final playoff spot in the Western Conference with 16 games to go. But at least they didn't lose after squandering a 22-point lead in the first half and a 13-point edge with 7 minutes to go.

"It was a big game against a tough team who is fighting for the playoffs, too," said Rubio, who had 22 points, 15 assists and 10 rebounds for his third career triple-double. "We want to try to catch up to them."

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Hockey East Tournament	NBCSN 7 p.m.

Boxing

Lozano-Martirosyan (lt. middle)......ESPN2 8 p.m. **Check your local listings for channel number** ***Times may vary and blackouts may apply***

nio Spurs have the NBA's 21 while winning 14 of 15. best record and the longest active winning streak after four weeks of unbeaten basketball, coach Gregg Popovich can always find areas of imperfection.

The Spurs' defensive performance against the woeful Los Angeles Lakers made it easy this time.

Tony Parker scored 25 points, Kawhi Leonard added 22 points and 10 rebounds, and the Spurs beat the Lakers 125-109 Wednesday night for their 11th consecutive victory.

Danny Green scored 16 points and Tim Duncan had 12 points and 16 rebounds was very good."

San Antonio managed to hold off a decent challenge from the Lakers with strong shooting down the stretch and 14 second-half points from Leonard, but Popovich wasn't overly impressed.

"Probably the only thing I liked is that they hung in there," Popovich said. "I thought we played really porous defense. I thought a lot of that was because L.A. was very aggressive. They were in attack mode, and I don't think we adjusted to it until maybe the end of the third quarter. From that point, I thought our defense



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Health care law has uneven impact on companies

have to offer insurance to can offer employees a benher workers at Pacific Pie Co. because of the health care overhaul, and the estimated \$100,000 cost means she may have to raise prices or postpone opening a third restaurant.

On the other end of the spectrum, the owner of a 1-800-Got-Junk? franchise near Philadelphia figures he'll save money because his 12 workers now can shop for coverage on public insurance exchanges created by the overhaul.

"For an employer at my level, it's a win," said Eric Blum, franchisee of the junk removal service.

The Affordable Care Act, which aims to provide coverage for millions, is playing to decidedly mixed reviews in corporate America. Its impact on companies varies greatly, depending on factors such as a firm's number of employees and whether it already provides health insurance.

Some businesses are dealing with administrative hassles or rising costs, while others worry about the law's requirement that mid-sized and big companies offer coverage or face penalties. But the law hasn't meant big changes for every company. And

Sarah Curtis-Fawley will some small businesses now Making changes efit they wouldn't be able to afford without the law.

Rising costs

Wal-Mart Stores Inc., the largest U.S. private employer, expects \$330 million in additional health care costs this year in part because company leaders think more employees are signing up for its insurance to meet the law's requirement that most Americans have coverage. The retailer covers about 1.1 million employees and dependents, and enrollment in its health plan will climb by about 100,000 this year.

Some companies that haven't provided insurance are preparing for the requirement that firms with 50 or more full-time employees offer coverage or face a penalty.

Curtis-Fawley said the cost of providing coverage for her 54 employees could amount to a tenth of the Portland, Ore., wholesale pie company's annual revenue of about \$1 million. She has been talking with consultants to find an approach that would work.

"I haven't been able to find a plan that would seem to make sense financially,' Curtis-Fawley said.

At the start of this year, United Parcel Service Inc. dropped health insurance benefits for working nies to understand the law spouses of the parcel delivery company's nonunion ees. The overhaul also employees who could get forces some without human coverage elsewhere. UPS said the change was due to rising health care costs and the overhaul.

Indiana University has started trimming hours for about 750 employees who aren't considered full-time but averaged more than 30 hours a week so the university can avoid the requirement that it provide those workers coverage. Spokesman Mark Land didn't have an estimate for how much this will save in health care costs. But he noted that the university, which covers about 18,000 full-time employees, spends more than \$213 million per fiscal year on health care, and its budget for that expense climbed more than 7 percent from last year.

"At some point, we had to balance our commitment to employees with the realities of our financial situation and our responsibility to taxpayers and students who pay much of the bill," he says.

Administrative head-

aches

Businesses owners say they have to take time away from running their compaand explain it to employresources staff to spend more on consultants to help them translate changes in the law.

About 78 percent of more than 700 employers surveyed recently by the benefits consultant Mercer labeled the increased administrative burden imposed by the law as either a significant or very significant concern.

And that has been intensified by several changes that have been made to the law's requirements. For instance, the deadline for employers with 50 or more full-time workers to begin offering affordable coverage has been pushed back and tweaked a few times. That buys companies time but also forces some to revisit and adjust their plans.

"Nothing about this law is simple," said Don Susswein, a principal at Mc-Gladrey LLP, which does benefits consulting for medium-sized employers.

Low impact

The overhaul

fazed many companies, es- or retention benefit for pecially those in industries companies that can't afford that must provide attrac- to offer coverage. tive benefits to attract and keep highly skilled work- franchisee said rates for ers. Tech giant Google Inc., coverage he was providing which ranks among the nation's best places to work, said it hasn't had to make any significant changes to its health benefits to adhere to the law.

The law requires that employer-sponsored plans cover at least a certain percentage of expected health care costs, and more than 80 percent of companies surveyed by Mercer said they already meet that threshold.

But while the overhaul hasn't had much of an impact on the coverage now offered by many companies, that could change. Some will have to adjust their plans in the next few years to avoid a tax on expensive plans that starts in 2018. That means they may raise out-of-pocket costs for employees to lower the plan's overall cost.

Helped by the law

Companies with fewer than 50 employees can send their workers to insurance exchanges to find coverage and, in some cases, receive tax credits for doing so. hasn't This can be a recruitment

1-800-Got-Junk? The were scheduled to jump 65 percent this year. So he sent employees to exchanges to find coverage and offered to continue paying half the premium, or coverage cost. He projects savings of \$3,000 to \$4,000 annually significant for a company with \$500,000 to \$1 million in annual revenue, he said.

Bigger companies also can save by sending employees to exchanges. Western Communications Inc. dropped coverage for its 280 employees this the year after the newspaper publisher had more than \$2 million in health care claims last year. Employees can go to exchanges, where they may be eligible for subsidies to help pay for care.

President Gordon Black said the decision was made even though a company of Western's size likely will face a fine — which can total \$2,000 per employee for most workers — for not offering coverage.

"We'll cross that bridge when we come to it," he said.

Better news on the US economy drives stocks higher

NEW YORK (AP) - The anticipated. stock market bounced back on Thursday.

economy is emerging from its winter slumber helped would raise interest rates port. sooner than investors had

Encouraging signs on the as Fed policy makers have at Rockwell Global Capital. first day of spring that the started reducing their economic stimulus, and inves- the good economic news." tors have fretted whether the boost stocks a day after the economy is strong enough to market dipped on concerns maintain its recovery withthat the Federal Reserve out the central bank's sup-

IN THE NEXT

come more volatile this year dillo, chief market economist or 0.3 percent, to 4,319.29.

The Standard & Poor's 500 index rose 11.24 points, or 0.6 percent, to 1,872.01. The Dow Jones industrial gained average 108.88 "The economy is likely to points, or 0.7 percent, to

have a good bounce in the 16,331.05. The Nasdaq com- est rate hike by the middle could generate \$1.2 billion The stock market has be- spring time," said Peter Car- posite climbed 11.68 points,

> The S&P 500 game within "The market is reacting to a fraction of a point of wiping out all of its losses from a day earlier, when it dropped 11.48 points.

Stocks started the day lower, extending their losses from Wednesday, as investors mulled comments the day before from Fed Chair Janet Yellen, who set the stage for a possible interof next year. The Fed on Wednesday also dropped its previous position of saying it would consider raising interest rates once the unemployment rate declined to 6.5 percent. Unemployment is currently 6.7 percent.

Higher interest rates could slow the economy by raising the cost of borrowing money. That could hold companies back from borrowing to expand their businesses or discourage consumers from taking out loans such as mortgages.

The market turned higher in mid-morning trading following news that a measure of the U.S. economy's health rose in February by the largest amount in three months. That suggests growth will accelerate following a severe

in annual revenue.

3-D printing companies were among the losers after ExOne reported a fourth quarter loss late Wednesday and said its revenue fell. ExOne slid \$4.35, or 10 percent, to \$39.40. Other 3Dprinter companies, including Stratasys and 3D Systems, also fell.

The stock market is in the sixth year of a bull market and has risen 172 percent since March, 2009. That rise has been underwritten by the Fed's stimulus, which has strengthened the economy by keeping interest rates low.

As the Fed cuts back on its stimulus, investors are splitting into roughly two camps, said Omar Aguilar, Chief Investment Officer at Charles Schwab. "You have those that be-The Conference Board's lieve that the only reason the last five years is because of said Aguilar. "Other inves-The Federal Reserve Bank tors think that the economy Bond prices were little changed a day after the Fed announced it would make further reductions to its bond-buying program. The yield on the 10-year government was unchanged from Wednesday at 2.77 percent. The price of crude oil fell 94 cents, or 0.9 percent,





Money Matters

Money guru Dave Ramsey and daughter Rachel on the importance of raising financially savvy kids.

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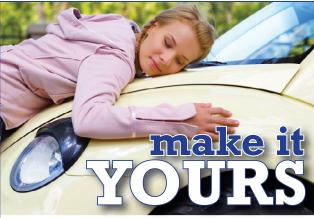


winter.

index of leading indicators market has gone up for the increased 0.5 percent following a slight 0.1 percent rise in the stimulus program...that January and a 0.1 percent de- is clearly coming to an end," cline in December.

of Philadelphia said sepa- is in good shape.' rately that manufacturing rebounded in that region in March as new orders increased.

Microsoft was among the big gainers on Thursday. The software company's stock climbed \$1.06, or 2.7 percent, to \$40.33 after analysts at Morgan Stanley said a rumored plan to make a to \$99.43 a barrel. Gold version of its Office software dropped \$10.80, or 0.8 peravailable for iPad devices cent, to \$1,330.50 an ounce



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often trigger unpredictability without realizing it. A child or loved one could be a source of unusual happiness. Make a point of doing even more with this person. If you are single, a friendship could be involved in developing a romance. A friend could introduce you to your sweetie or a friendship might become more. If you are attached, make a point of breaking past the doldrums of a relationship. Re-enact your first few dates or schedule a long-desired trip. LEO knows how to trigger your temper.

The Stars Show the Kind of Day You'll Have: 5-Dynamic; 4-Positive; 3-Average; 2-So-so; 1-Difficult

ARIES (March 21-April 19)

might prevent you from taking a day trip. Invite a friend along to explore a new area of town or to head to the local casino. Be more open with a child or loved one. This person values your advice. Tonight: Cozy restaurant, new cuisine

TAURUS (April 20-May 20)

 $\star \star \star \star$ Dedicate time to one person, as you might not relate well in groups at the moment. Be willing to look at an issue from a different perspective. Ask for help in analyzing a situation. An older relative could give you some positive feedback. Tonight: Togetherness works.

GEMINI (May 21-June 20)

lenging than you might have expected. A friend could surprise you with his or her choices. Touch base with someone at a distance, and know that you could be taken aback by this person's news. Tonight: Return calls and check your night. email.

CANCER (June 21-July 22)

 $\star \star \star \star$ You could be reacting to someone's behavior, which would explain your high energy. Mobilize this reaction, and use this newfound vitality in a way that benefits you. Make time for a favorite person. Together, you will determine your plans. Tonight: Dinner for two

LEO (July 23-Aug. 22)

 $\star \star \star \star \star$ Allow your imagination to add to the dimension of your day. A loved one could prove to be unusually demanding. How you manage a changeable situation will depend on your resourcefulness. Tonight: Let your Take the lead.

situation, but ultimately you'll see the benefits. A family member could add to the problem. Just don't interfere with this person's spontaneity, and everything should work out fine. Tonight: At home.

LIBRA (Sept. 23-Oct. 22)

 $\star \star \star \star \star$ Your popularity speaks for itself. As a result, a partner could behave in a most unpredictable way. Try not to react, as you'll want to calm the situation down. Decide to go for a walk or choose a different, relaxing pastime that you both enjoy. Tonight: Where the fun is.

SCORPIO (Oct. 23-Nov. 21)

 $\star \star \star \star$ Allow your imagination to $\star \star \star \star$ Clear out any obstacles that color your plans once more. A close loved one or roommate could be unusually charming and forthright. Let the good times happen, and flex with the moment. Excitement surrounds a child. Tonight: Say "yes" to a new opportunity.

SAGITTARIUS (Nov. 22-Dec. 21)

★★★★★ Feeling as good as possible will help you deal with a changeable person and/or issue. The resolution could be much easier than you might have thought. Buy tickets to a play or concert. Be entertained for a change you don't always need to be responsible. Tonight: Just ask.

CAPRICORN (Dec. 22-Jan. 19)

 $\star \star \star \star$ Follow your instincts when $\star \star \star \star$ Others will be more chal- making plans. Your choices will make others smile. Whether you're out driving or putting together a favorite meal, you'll want to put on some music. Play it low-key, and you will be far happier. Tonight: Take a much-needed personal

AQUARIUS (Jan. 20-Feb. 18)

 $\star \star \star \star$ You have put off a purchase for a while. If you decide to follow through on it today, use caution. There could be a hidden clause or an expectation that has not been aired out. You finally will be able to zero in on what you want. Tonight: Where your friends are.

PISCES (Feb. 19-March 20)

 $\star \star \star$ You could be taken aback by a momentary situation that will force some quick thinking. Tap into your ingenuity, and solutions will appear. The question remains: Which resolution works best for you? Someone observes and admires your responses. Tonight:

Marvin



Hagar The Horrible



Peanuts



Blondie





new/used car lot porter.

JOB DESCRIPTION

 \bigstar Move vehicles and properly display them on the new/ used car lot

 \bigstar Maintain cleanliness of new/used car building/lot space

 \star Organize the set up and take down of events

 \bigstar Make sure all vehicles are clean on the lot and in working order

 \bigstar Verify all vehicles have proper stickers as required by management and state law

 \bigstar Transport vehicles, customers, or employees to necessary locations

★ Assist new/used car department where needed

REQUIREMENTS

- \star Candidate must be 21 or over
- ★ A high school diploma or equivalent
- \star Know how to drive a manual transmission vehicle
- \star Must have the ability to multi-task
- \bigstar Have a valid driver's license and good driving record
- \bigstar Must be able to pass a drug test and background check

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wore years ago. While I do people around us uncom- ID and debit cards there, think pregnant women are fortable? — EAR SNUG- so at least they are safe. attractive, I really don't GLES IN VERMONT want to see their swollen bellies. Wouldn't it be bet- GLES: Playing with what was in there. ter to just "imagine" what someone's ear could be is under that smock or long **considered foreplay, and** of everything in their walskirt? Does anyone agree seeing it certainly made lets, it will be easier to rewith me? — DOROTHY your mother uncomfort- port and replace the things IN WASHINGTON DEAR Some readers may agree, would be acceptable, but While I lost only \$30, I but I'm pretty sure most as a general rule, it's bet- lost a treasured photograph of them won't. You are ter to keep intimate ges- of my daughter, and I can't harking back to the tures of affection private. remember what other cards days when people were embarrassed about the like to offer a reminder so FUMING IN LUTZ, FLA. subject of sex, and used people won't have to expeeuphemisms like "in a rience what I am right now. know from personal exfamily way" or "a bun Please take a few minutes perience how frustrating in the oven" to describe to go through your wallet losing a wallet can be, so pregnancy. Women today proud to show off their silhouettes. In fact, I saw a woman recently sporting a T-shirt with an arrow pointing downward and the words "Baby on Board." While this may I didn't keep it current and seem to be somewhat "in your face," I think it's healthier than pretending there's nothing going on when the expectant mother is in her seventh month and it's obvious there is. DEAR ABBY: I'm 21 and a college student. My mother recently came to visit me and took my boyfriend and me out to dinner. After we were through eating, we sat across the table from my mother and engaged in post-dinner chatter. I draped my arm around his neck and began playing with his ear. It was absent-minded, and I thought nothing of it, but my mother stared from across the table shocked. She later told me that ear fondling is not appropri-

DEAR ABBY: I am ate in public. I was taken now I'm upset with myself. wondering why pregnant aback. Isn't it OK to play Some time over the weekwomen these days don't with my boyfriend's ear end I misplaced my wallet. wear smocks like we all in public? Does it make Luckily, I don't keep my

order

3.21

ACROSS 39 Bright **1** Bridge beam suspender 40 Linen 6 Gate part fabric 11 Profit 41 Safari



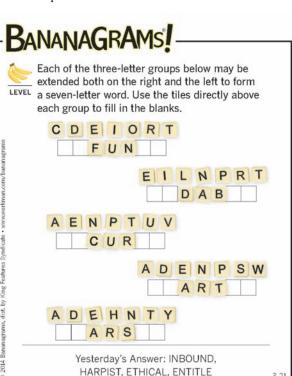
3-21

able. Perhaps among should the need arise. I am **DOROTHY: your contemporaries it** so bummed out right now. DEAR ABBY: I would may have been in there. and make photocopies of thank you for wanting to are everything in there. Put remind readers how imthe list somewhere you can portant it is to copy doceasily find it. That way, if uments or credit cards your wallet is lost or sto- they carry with them. It len, you'll know what was takes only a few minutes, in it.

But because I use my wal-DEAR EAR SNUG- let so seldom, I'm unsure

> If people make copies **DEAR FUMING: I**

and the peace of mind it I did that years ago, but **brings is worth the effort.**



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US general spared prison in sexual misconduct case

FORT BRAGG, N.C. cer ever court-martialed on mum of more than 20 years sages between her and the Still, retired Maj. Gen. Kirsten, D-N.Y., was de-AP) — The Army general such charges. In prison, the plea bargain general. Within weeks, the Walt Huffman, a Texas Tech feated in the Senate earlier (AP) — The Army general such charges. at the center of a sexual But earlier this week, worked out by the defense prosecutor was found drunk University law professor this month.

announced his retirement, in the military. still bust him in rank and conduct in the military.

always been proud of my "laughable." mv wife."

by life in prison. He was to Sinclair's offenses."

misconduct case that put the prosecutors dropped those and military prosecutors and suicidal in a Washing- who served as the Army's Gillibrand is expected to military justice system itself charges midway through called for no more than 18 ton hotel, distraught over top lawyer, said: "His ca- renew her effort to change on trial was spared prison the trial in a deal in which months. Thursday and sentenced to Sinclair pleaded guilty to The judge, Col. James the sexual assault charges, That much is for sure. He's "This case has illustrated a reprimand and a \$20,000 committing adultery with Pohl, did not explain how according to testimony. He being fired for all practical a military justice system in fine — a punishment legal one woman and conducting he arrived at a much lighter was later removed from the purposes." experts, a women's group inappropriate relationships sentence. and members of Congress with two others by asking Prosecutors had no imme- Retired Rear Adm. Ja- nounced his retirement, an mand," she said in a statedecried as shockingly light. them for nude pictures and diate comment.

for the battle-tested com- the Pentagon under heavy sex and threatening to kill "slap on the wrist." mander once regarded as pressure to confront what her if she told anyone about "A sentence doesn't take sands of dollars in benefits "One of its lessons higha rising star in the Army. it has called an epidemic of their three-year adulterous away any of the pain and during his retirement. Sin-lights what we already A disciplinary board could rape and other sexual mis- affair in Iraq and Afghani- anguish that she has en- clair made about \$145,000 a know — that commanders

mander of the storied 82nd system is. This sentence is a sexual misconduct.

assault charges punishable close to being proportional the woman lied under oath should not be a general of- the authority to prosecute leged victim was too drunk

ranking U.S. military offi- Sinclair carried a maxi- iPhone containing mes- the Army."

capping a humiliating fall The case unfolded with male captain to perform oral tence. Barnett called it a to demote him, which could case reinforced her side of stan.

severely reduce his pension. Rep. Jackie Speier, D- The case started to The Associated Press Prosecutors had argued than prosecutors in pursu-"The system worked. I've Calif., called the sentence crumble as Sinclair's law- generally does not identify that the judge should throw ing prosecutions and vetting yers hammered away at those who say they were Sinclair out of the Army these cases," Sarah Feld-Army," Sinclair said outside "Even when the world the woman's credibility sexually assaulted. court after reacting to his is watching, the military and raised questions about Experts in military law while the defense said that In another high-profile sentence with a smile and has demonstrated their in-whether Sinclair's com- agreed the sentence was le-would harm his wife and case Thursday, a military an embrace of his lawyers. competence at meting out mander improperly pressed nient. "All I want to do now is go justice," Speier said in a ahead with a trial because of "I can't believe it," said Prosecutors did not ask the former Naval Academy north and hug my kids and statement. "This is another political considerations — retired Lt. Col. Gary D. So- judge to send Sinclair to jail. football player Joshua Tate ny wife." sordid example of how truly namely, a desire to show the lis, a former military judge Greg Jacob of the Service not guilty of sexual assault. The former deputy com- broken the military justice Army's resolve to combat who now teaches law at Women's Action Network Three midshipmen were

case.

dured," Barnett said.

a superior's refusal to drop reer is being terminated. military law this spring.

mie Barnett, a lawyer who Army disciplinary board ment. Brig. Gen. Jeffrey A. exchanging sexually explic- Under the sexual assault helped represent the ac- would have almost certainly A spokeswoman for Sen. Sinclair, 51, immediately it email. Adultery is a crime charges, Sinclair was ac- cuser, said the woman was forced him into it. Now the Claire McCaskill, D-Mo., cused of twice forcing a fe- disappointed with the sen- board will decide whether who fought the bill, said the cost him hundreds of thou- the argument.

> year in base pay. and strip him of his benefits, man said.

their two sons the most. judge in Washington found

West Point and Georgetown said the case demonstrates originally charged, but only Airborne Division was orig- mockery of military justice, Earlier this year, the lead University. Solis said Sin- the need for legislation that one was court-martialed. inally brought up on sexual a slap on the wrist nowhere prosecutor came to believe clair "is an individual who would strip commanders of Prosecutors said the alat a pre-trial hearing about ficer. He should have gone cases and give that power to to consent to sex. She testibelieved to be the highest- While the charges against when she found an old to jail and dismissed from seasoned military lawyers. fied she didn't remember The bill, backed by Sen. much about that night.

dire need of independence If Sinclair had not an- from the chain of com-

are often more aggressive

Community Calendar

City Commission meetings

The Pampa City Commission meets at 4 p.m. the second and fourth Tuesday of each month. The meetings are held on the third floor of City Hall.

School board meetings

The Pampa Independent School District board meets at 5:45 p.m. on the fourth Monday of each month at the new administration building on North Hobart Street.

Immunization clinic 3 times a month

The Texas Department of State Health Services (DSHS) hosts an immunization clinic in Pampa three times a month. The clinics are held from 9:30 to 11:30 a.m. and from 1 to 3 p.m. on the first three Wednesdays of each

month. The first 10 people in line for the morning and first 10 in the afternoon will always receive shots. However, if there are more than 10, they still may be able to accommodate the patients, or ask them to come back at another time. For more information, call 665-4752 or 806-874-3211. The clinic is located at 736 S. Cuyler St.

PAWS meets first Tuesdays

Pampa Animal Welfare Society meets the first Tuesday of each month at the Pampa Animal Shelter, 811 S. Hobart St. The meetings are at 6:30 p.m. and are open to the public.

There is a desperate need for more members, especially when the new shelter opens. PAWS members are needed to work at the shelter from 3 to 5:30 p.m. each day and to work adoption days or take animals to the vets when needed, but mostly people are needed to love and work with the animals where they will be more adoptable.

For more information, call the shelter after 3 p.m. at 669-5775 and ask for the PAWS volunteer.

County Commission meetings

The Gray County Commission meets at 9 a.m. on the first and 15th of each month. If the date falls on a Saturday, the meeting will be held on Friday. If the date falls on a Sunday, the meeting with be held on Monday. The meetings are held on the second floor of the Gray County Courthouse.

TOT Republican Wom-

en's Club

Top O' Texas Repub-Women's Club lican meets at noon on the third Wednesday of every month at the Pampa Senior Citizens Center, 500 W. Francis St. For more information call 806-669-1990.

Jam sessions every Friday night

The Woody Guthrie Folk Music Center has a jam session every Friday night starting at 6:30 p.m. Everyone is welcome to play or listen. The center is located at 320 S. Cuyler St. For more information, call 806-664-0824.

Meredith House presents live music

Meredith House, an assisted-living facility at 812 W. 25th Ave., has a

band performing at 6:30 p.m. every Tuesday and Saturday night. Join them for Western music, gospel and the classics. For more information, call 806-665-5668.

Monday night dance club

The Monday night dance club meets from 7 to 9 p.m., each Monday, in the Pampa Chamber of Commerce building on the corner of Ballard and Kingsmill. Admission is \$3.50. Cold drinks and coffee are offered. The club plays country music. For more information, call Della at 806-663-1136.

PPQG Meets fourth Thursdays

Panhandle Piecemakers Quilt Guild meets the fourth Thursday of each

month, January through October, at the Pampa Senior Citizens Center at 500 W. Francis St.

The meetings are held at 6:30 p.m. and membership is open to adult quilters of all ages. Dues are \$15 annually. Meetings consist of a short business discussion followed by a program featuring quilting techniques. For more information, call 806-662-2909.

Editor's note: Email submissions to thowsare@ thepampanews.com. Submissions should be 100 words or less and written in the third person. Please include the title of the event, the date and time, physical address, the admission cost or whether it is a free event and a contact number and/or email address for the public.

Let your elected leaders know what you think

U.S. Rep. Mac Thornberry

905 South Fillmore Street, Suite 520 Amarillo, Texas 79101 Telephone: 806-371-8844 Fax 806-371-7044 Office Hours: 8:30 a.m. to 5:30 p.m. http://thornberry.house.gov/

State Rep. Ken King

P.O. Box 507 Canadian, TX 79014 (806) 323-8870 Capitol Office: E2.402 Capitol Phone: (512) 463-0736 Capitol Fax: (512) 463-0211 Ken.King@house.state.tx.us

State Sen. Kel Seliger

Physical Address: 410 S. Taylor, Suite 1600 Amarillo, TX 79101 806-374-8994 806-374-4607 fax Mailing Address: P.O. Box 9155 Amarillo, TX 79105 www.seliger.senate.state.tx.us/dist31.htm

U.S. Sen. Ted Cruz

Austin Office 300 E. 8th., Suite No. 961 Austin, TX 78701 Phone: 512-916-5834 www.cruz.senate.gov/index.cfm

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West Texas Wells Fargo Center 1500 Broadway, Suite 1230 Lubbock, TX 79401 Main: 806-472-7533 Fax: 806-472-7536 www.cornyn.senate.gov/public/

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FUN SIZED!



Mature Chihuahua **Dachshund Mix Male** (#12722) seeks calm and loving partner for long walks, quiet evenings at home, and belly rubs. I am h/w proportionate, have a full head of dark auburn hair (no grey yet!) and keep my nails carefully trimmed. I enjoy soft music, good food, relaxing times together, and the occasional snack. I may be small, but I my heart is large! If interested please call me.

752 Municipal Drive in Hobart St. Park 806-669-5775 Open M- F 12pm-6pm Sa-Su 3pm-5pm Closed holidays See More about me, my friends, or to donate http://www.pampaanimalrescue.org/index.html





Terrier Mix Male (#12710)

out to find companionship, intellectual stimulation, someone to be adventurous with. I sleep several hours a day and would like to spend the other hours getting to know YOU. Please be: kindhearted, honest, toy friendly, and have a great passion for snuggling and light petting. If interested please call me.

752 Municipal Drive in Hobart St. Park 806-669-5775 Open M- F 12pm-6pm Sa-Su 3pm-5pm Closed holidays See More about me, my friends, or to donate http://www.pampaanimalrescue.org/index.html

PAMPA REGIONAL MEDICAL CENTER Childbirth Classes

Learn more about becoming a new mommy and daddy! Sign up for Childbirth Education Classes at Pampa Regional. Expectant mothers and fathers will learn about the process of labor and delivery, breastfeeding, and what to expect during the hospital stay and going home with your new baby.

Starting April 1st - Classes Every Tuesday 6:00 - 8:00 PM Pampa Regional Medical Center Second Floor Classroom

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16 — Friday, March 21, 2014 — The Pampa News



An eye for the weather

STORY AND PHOTOS BY JOHN LEE jclee@thepampanews.com

A s the final frosts of a mostly calm winter melt away, Texans and residents of the High Plains are about to start cleaning their basements and closets to prepare for the inevitable reality of living in "Tornado Alley."

Every local TV station and the National Weather Service are starting to hold different seminars and programs to reinforce the risks and dangers associated with the impending time of year when severe weather is most common.

Follow U.S. Highway 60 west just past Tyson Foods in Amarillo and on the backside of Rich Husband International Airport there is a giant white round object that resembles a golf ball.

That round "golf ball" is the Doppler radar, which no doubt signifies the location of Amarillo's branch of the National Weather Service.

The National Weather Service, of course, is the organization responsible for the watches and warnings of significant weather events.

"It was an act of Congress passed in 1995 (18 U.S.C. 2074) that said the TV stations, news media and radio do have to communicate our issues and warnings," warning coordination meteorologist Krissy Scotten said.

"They cannot issue their own. We are the only entity, by an act of Congress, to issue warnings. So when we issue a tornado warning (to Amarillo and surrounding area) it is coming from this office. What they do as far as their forecast, like their seven-day planner, their meteorologists, they can look at their own stuff and we issue an update two to four times a day.

"They can disagree and say they want to increases chances for rain this day or think it will hit 80 degrees today. But anything that is life or death, like our tornado warnings or severe weather warnings, they can't change that. It's to avoid confusion. This whole thing started because there was a TV meteorologist in Huntsville, Ala., who was issuing his own warnings. It was causing mass confusion because he disagreed with the National Weather Service."

Scotten said that athough they have spotters and view live feeds from storm chasers, the Doppler radar is their official way to detect any storm activity and the degree of

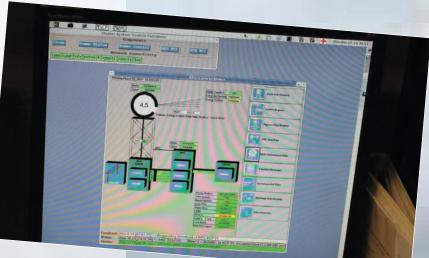
Wise said. "We could go in there and try to find what's wrong with it and find two pieces of metal welded together that shouldn't be."

The weather service also launches two weather balloons a day, one at 5 a.m. and one in the evening hours. These instruments measure the air pressure, temperatures and other readings, which goes into a large computer accessible by National Weather Services nationwide. The preparation process takes about 10 minutes and as the balloon goes into the atmosphere, Scotten said it expands to the size of a house, pops and a parachute keeps the instruments from falling at dangerous speeds. Depending on wind speeds, the balloons could come down in Western Oklahoma, or on a light wind day it could land in someone's backyard in Amarillo.

"We've even had two employees find one in Palo Duro Canyon," Scotten said.

Weather forecasting has been one of the larger beneficiaries of the upgrades in technology over the last 20 years. Scotten said that the Internet has improved the quality of weather reporting tremendously because it has allowed for better communication with potential affected areas. Scotten joked that the public used to believe that the NWS was a bunch of robots and com-





puters telling the weather, now social media has made weather reporting more personable.

"Now if we want to get a report of what is going on in Moheetie we can post it on our Eacebook page and people

danger.

"We don't really organize that (storm-chasing teams). What we try to communicate to them is: Don't kill yourself. To be safe, call in your reports and stay at a safe distance," Scotten said. "We don't encourage storm chasing. We want our spotters to go somewhere and stay. If it comes too close, leave. But really, the Doppler radar and what it says is what we go by."

The way the radar works is it spins and scans the surrounding area. Then it increases the scan in elevation and scans again. It does so until it completes a full cycle and then starts over. A full reading of the area, on a slow day when the weather is calm, takes about 14 minutes. But during storm season, Scotten said the NWS increases its speed to get feed back in less than five minutes. This device, however, does take some maintenance to keep it and the community safe.

"We have shift checks, daily checks and even check the calibration numbers," said David Wilburne, an electronic technician for NWS. "We have to change the oil, grease up the big items and do a tuneup on it regularly."

Wilburne said that the oil it uses is just like motor oil. It's a 50-weight oil, natural-based mineral oil. But that isn't the only thing Wilburne and his fellow electronic technician, Oferal Wise, at the NWS worry about.

"Lightning, we pray lightning doesn't hit it because that's the hardest to troubleshoot what's wrong with it," Mobeetie, we can post it on our Facebook page, and peopl actually respond," Scotten said.

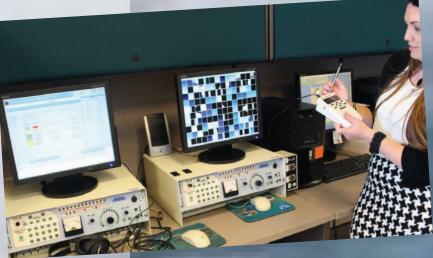
So what does the upcoming spring and early summer have in store for the Panhandle?

"We are in what's called neutral conditions. The climate prediction center has issued an El Nino watch, but that doesn't necessarily mean anything," Scotten said. "It's just a watch, they are watching conditions to see if they develop into an El Nino. But those impacts wouldn't be felt till later this fall into winter. Essentially that's a hodge podge of it could be below normal, normal or above normal on rain and temperatures.

"There is no clear signal which way. The last three years we have

been very low as far as tornadoes in the panhandles. We average 23-24 tornadoes a year. 2011 we had four, 2012 we had six and 2013 we had seven. So we have been below normal in tornadoes out here. Last year we could blame that on Old Man Winter. It's hard to get severe weather when you're still getting below freezing temperatures."

The NWS in Amarillo has been located at their present location, 1920 English Road, since 1989.



Top, the National Weather Service is located on U.S. Highway 60 just beyond Amarillo College's East Campus and behind Rick Husband Internation Airport. Middle, the computer from which the National Weather Service controls the Doppler radar. Above, Kristi Scotten demonstrates how the warnings are issued from the computer on the far left to the weather radio she is holding.



Justyn Jackson assembles a weather balloon as a demonstration for The Pampa News. Left, the instruments that are attached to the weather balloon, which measure wind speed, humidity and other weather conditions. It also has a GPS system installed for tracking. Right, the package the balloon comes in.