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inside yourself that you try and hurt yourself on the outside because you want help."

These words that the late Princess Diana spoke when she admitted to her personal struggle with self-injury. Her statement echoes many other stories from people all over the world, including Pampa. Cutting, a form of self-

injury, is a major problem

that mides beneath the surface of society for teenagers and adults, but the problem is nothing new, according to Suzanne Pingel, social worker and Safe and Drug Free schools coordinator at Pampa High School.

The problem is showing itself particularly at the junior high and high school levels. "The general population has no idea about the big issues in Pampa," Pampa High School Nurse JJ Slaten

explained. Poverty and race were among the issues she rattled off- but she also listed self-mutilation, or cutting, as one of those problems that Pampa citizens have overlooked . "Lots of people don't know about this, it's a hid-den - problem," she explained.

Self injury, and cutting in particular, is a way for people to try to grasp control over their lives and express physical pain instead of emotional pain, Pingel said. When talking specifical-

emotional pain manage-

ment. "Cutting is a habit.

Kids are used to picking up

the knife and cutting to

feel release," Pingel said.

Self-mutilation mani-

fests itself in different

forms, but a form that has

gained recognition and

notoriety within this

decade is people making

superficial cuts on skin, deep enough to cause a ly about cutting at the high scar but shallow enough to school and middle school stop bleeding without age levels she said students stitches. are using it as a method for

It's a trend that is becoming recognized, and more frequently abused. "Cutting is just receiving recognition,' Pingel explained, "but it has possibly been around for decades... There is a lot we don't know about this because it is a hidden problem."

See Cutting, Page 5

Enthusiastic crowds welcome **Bush to Texas**

WACO, Texas (AP) — After an enthusiastic welcome from thousands of cheering Texans in two cities, George W. Bush was spending his first night out of office at his Crawford ranch.

Before flying in a helicopter to his 1,600-acre ranch, the former president told about 3,000 wellwishers gathered at a Waco airfield Tuesday night that he was glad to be back in Texas.

"It is a great day because we got to come home once and for all," Bush, with former first lady Laura Bush at his side, said as the crowd cheered.

The supporters, bundled up against 40-degree temperatures, had waited on the tarmac more than an hour. Many waved red, white and blue cardboard W"s and small American flags. Dozens of children sat on their parents' shoulders to get a glimpse of Bush, who shook some hands and talked to some in the crowd after he spoke.

Bush said he was grateful for his friends in Texas and for the opportunity to serve as president the last eight years.

"I come home with my head held high," he said, adding that when he got to his Crawford ranch he would look in the mirror and "be proud of what I see."

After leaving Washington, D.C., earlier Tuesday,

See Bush, Page 5

Warrant list publication pushed to Thursday

> planned to run the list of those who ing payment, no personal checks or owe fines to the city beginning Jan. 24. Due to the extreme length of the list, we will begin to publish tomorrow, Thursday, January 22 and continue to publish segments through the weekend. If you have paid your fine since January 10, your name may still appear, due to the time spent on preparing the list for print. We apologize in advance for any inconvenience.

Beginning Saturday, March 3, over 120 agencies will combine forces to search for those with warrants. If you have a warrant, you will be arrested in your home, at work, or wherever you may be found. Act immediately to avoid your arrest.

As of the end of December are residents owed the city of Pampa almost \$1 million in fines.

In order to null the warrant with Pampa Municipal Court and Pampa Police Department and Gray County, appear in person at the Municipal Court in Pampa Monday through Friday, 8 a.m. to 5 p.m. or mail pay-ment to Pampa Municipal Court, P.O. one or more of the agencies listed.

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Editor's note: The Pampa News Box 2499, Pampa TX 79066. If sendaccepted. Pay in person, mail with cash or money order. Call 806-669-5785 to pay by Discover, MasterCard or Visa. The court has reported those with warrants to DPS for non-renewal of your driver's license.

Pay fines now to avoid going to jail. Warning-if mailing payment, the warrant(s) will remain active and you remain subject to arrest until payment is received and posted by the appropriate court. Call to confirm payment.

Over 120 law enforcement agencies across Texas have joined together including Austin, Potter, Randall, Carson, Gray, Roberts, Hemphill, Killeen, Lago Vista, Lakeway, Leander, Llano County, Liberty Hill, Lockhart, Manor, Marble Falls, McGregor, New Braunfels, Pflugerville, Rollingwood, Round Rock, San Antonio, San Marcos, University of Texas, Waco and Williamson County for a Warrant Round-Up, for which a warrant may be pending for you if you receive notice is

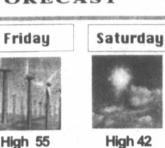


2 — Wednesday, January 21, 2009 — The Pampa News

PAMPA FORECAST

Thursday





Low 21

High 69 Low 33

Thursday: Mostly sunny, with a high near 69. Wind chill values between 25 and 35 early. West wind 5 to 15 mph becoming south southeast.

Low 23

Thursday Night: Partly cloudy, with a low around 33. Calm wind becoming south around 5 mph.

Friday: Mostly sunny, with a high near 55. Northeast wind between 5 and 15 mph, with gusts as high as 20 mph.

Friday Night: Partly cloudy, with a low around 23. East northeast wind around 10 mph.

Saturday: Mostly sunny, with a high near 42. East wind around 10 mph.

Saturday Night: Partly cloudy, with a low around 21. East southeast wind between 10 and 15 mph.

() This information brought to you by...



Emergency Services

FIRE

calls between 7 a.m. dumpster fire. Tuesday and 7 a.m. today.

Tuesday, Jan. 20 and responded to the 1100 service call. block of Highway 60 on a has leak.

12:29 p.m. -- One unit and two personnel Pampa Fire Department responded to the 1100 reported the following block of Sierra on a

2:16 p.m. -- One unit and three personnel 9 49 a.m. -- One unit responded to the 1900 two personnel block of Lea on a public

Police: Woman shoots office worker with arrow

For the Record

Obituaries

Services tomorrow_ Melinda June Holland, 52

Emergency Services

Miami, Texas Melinda June Holland, 52, went to be with her Lord and Savior on January 18,

2009 in Amarillo. Memorial services will be at 2 p.m. Thursday, January 22, 2009, at the her future husband. She First Christian Church in Miami, with Pastor Dennis Williams of the First Baptist Church of Miami, Pastor Mindy McLanahan of the United Methodist Church of Miami, and Mr. George Lundberg, minister of the Church of Christ of officiating. Miami, Cremation arrangements are under the direction of Carmichael-Whatley Funeral Directors of Pampa.

AMBULANCE

Guardian EMS report-

Tuesday, Jan. 20

8:48 a.m -- A mobile

10:42 a.m -- A mobile

ICU responded to PRMC

and transported a patient

to North West Texas

5:22 p.m. -- A mobile

ICU responded to the

1600 block of Zimmers

Regional

ed the following calls

between 7 a.m. Tuesday

and 7 a.m. today.

Pampa

Hospital.

to PRMC.

Mrs. Holland was born on July 5, 1956 in Pampa. She was reared in Miami, graduating from Miami High School. She enrolled in West Texas State University where she met married Billy Holland in August of 1976 in Miami. Melinda graduated from West Texas State in 1978 with a B.S. degree in education. She worked as a teacher for the Stinnett ISD among others. She was an active member of the First Christian Church in Miami where she served as a Sunday School teacher and children's choir director. Melinda participated in the Cow Miami Calling

Follies. She loved to work in her flower garden and spend time with her family. We should not dwell on her death, but live our lives the way she would want us to live.

Memory

665-8921

Survivors include her husband: Billy Holland of the home; 1 son: Nathan Holland of Borger; 1 daughter: Rachael Holland of Miami; 2 brothers: Jim McCuistion and wife Brenda of Miami, and Jerry McCuistion and wife Michelle of Austin; 3 7 nephews; nieces. Melinda was preceded in death by her parents: Melvin and June McCuistion.

MEMORIALS: First

Gardens

23rd St and Price Rd

memory-gardens.tripod.com

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Holland

FREE CEMETERY SPACE

Cemetery & Mausoleum of Pampa

Christian Church, 201 E Tascosa, Miami, Texas 79059, or the American Cancer Society, c/o Gerry Caylor, 2130 Charles, Pampa, Texas 79065. Sign the on-line regis-

ter at www.carmichaelwhatley.com

Tele

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As Jim

Nico Hea

Gec Hec Jim Ric

Jay

and failture to appear. Rose Mary Soto, 40, of Atoka, Okla., was arrested by GSCO for bond surrenders aggravated assault to a public servant, and forgery/altercation of prescription. Abel Salazar, of Pampa was arrested by the Pampa Police Department for

Rodney Dale Smith, 40,

of Indianoma, Okla., was

arrested by GSCO for an

open container violation

bond surrender for resisting arrest, criminal mischief, evading arrest, endangerment of a child, assault of a public servant, failure to appear, bail jumping, and evading arrest.

and transported a patient Donna Lynn Minyard, 57, of Pampa was arrested 2:22 a.m -- A mobile by GCSO, failure to main-ICU responded to the tain financial responsibility, failure to appear, and no valid driver's license, and sent to ajil for driving while intoxicated.

PAMPA PD

Pampa Department reported the following calls between 7 today.

Tuesday, Jan. 20 Officers four traffic stops.

cerning animals were of North Duncan. made.

reported in the 1000 block at Allsups, 1025 West block of North Christine. Wilks, where \$25 in gas was taken.

reported in the lobby of Campbell. the PD.

Disorderly conduct was reported at Pampa High School, 111 East Harvester.

One attempt to serve

rendered in the 1100 block of North Hobart, and the Police 600 block of North Wynne.

Criminal mischief was a.m. Tuesday and 7 a.m. reported in the 900 block of East Denver, where windows in a car were conducted reportedly stolen.

An accident was Nine calls or stops con- reported in the 2300 block

Welfare checks were A gas drive off was made in he 1200 block of North Hobart, and the 900

Burglary of a motor vehicle was reported in A sexual assault was the 1000 block of EAst

A traffic complaint was reported in the 1400 block of North Hobart. Wednesday, Jan. 21

Officers conducted three traffic stops. A stop

ICU responded to the 1600 block of Russell and transported a patient to Medical Center.

HOUSTON (AP) -Authorities say a 30-year- Parker several times after old woman entered a Houston office and fired an arrow into a worker's chest, and that police later shot and wounded her.

Police say Julie Parker in entered the Texas Components Corp. office with aggravated assault Monday afternoon armed with a bow, arrows and toy gun, and fired an arrow into 55-year-old Armando Silva's chest.

Houston police spokesman John Cannon says two office workers then drew their own weapons and confronted Parker.

_'ITY BRIEFS

The Pampa News is not responsible for the content of paid advertisement

FIRST BAPTIST Child Development Center has openings for infants 6 weeks to 1 year. 203 N. West, 669-3529.

JANUARY SPECIAL 50% tion ad. Rug Rats, 665-1976.

806-665-1751, Ext. 102 for in self-defense. information.

NEW Classified Line Deadline is Mon. Jan. 26th). The Pampa News.

Subscribe to The Pampa News 669-2525

Police say officers shot she turned on them with the bow.

Investigators have not determined a motive.

Parker was hospitalized critical condition Tuesday. She is charged with a deadly weapon.

Silva was in hospitalized in good condition.

2100 block of Duncan and transported a patient to PRMC.

Wednesday, Jan. 21

6:00 a.m -- A mobile ICU responded to the 1000 block of South Nelson and transported a patient to PRMC.

SHERIFF

Gray County Sheriff's

Office reported the following arrests.

Tuesday, Jan. 20

Lucias Paul Tollison, 27, of Pampa was arrested by the GCSO and sent for 75 days for driving while intoxicated.

Wednesday, Jan. 21 Amy Dominique Carter, 40, was arrested by the Pampa Police Department

driver's for no license/revoked.

was made. One alarm was investigated.

Runaways were reported in the lobby of the PD.

Theft was reported in the 1300 block of Soth Hobart, where a stero, breadmaker, and roaster were reportedly stolen.

Civil matters were reported in the lobby of the PD.

Agency assistance was

in the intersection of Hobart and Alcock resulted in at least one arrest. A suspicious person

call was received from the intersection of Foster and Houston streets.

Outstanding warrants will be published in the Pampa News beginning tomorrow.

Killer of two at Texas bar set for executio

HUNTSVILLE, Texas (AP) — Condemned inmate Frank Moore insisted he should be spared from a trip to the Texas death chamber Wednesday evening for a double slaying because he said the shootings were in self-defense.

"That's the whole thing — the whole basis of this," Moore said from death row. "It had nothing to do with gangs or drugs. They were trying to rob and kill me."

Moore, 47, was set for lethal injection for gunning down Samuel Boyd, 23, and Patrick Clark, 15, outside a San Antonio bar exactly 15 years ago Wednesday.

Moore would be the second prisoner executed this year in the nation's most active death penalty state. Another inmate was set to die Thursday evening.

Moore's attorneys were in the off Scotch Guard. Must men- courts trying to stop the punishment. They obtained affidavits from three people who said they LARGE SELECTION of saw the shootings outside the trees and seedlings available Wheels of Joy club and backed from Gray Co. SWCD. Call Moore's assertion the gunfire was

Testimony showed Boyd and Clark got into a fight with Moore TUESDAY and his half-brother, that Boyd Ad and Clark then got into a car and Monday tried to run them over. One of before 2pm (beginning Moore's friends tossed him a rifle, from the trunk of a nearby car and he opened fire.

"He blew them away," recalled Jim Wheat, one of Moore's prosecutors. "Clearly, he was the guy who felt in control and they crossed the line with him."

"That car and those two kids,

they were turned into Swiss charged in 1989. cheese," said Pat Moran, one of Moore's trial lawyers. "That was always the dilemma. Prosecutors kept saying: You've got a lot of self-defense bullet holes to explain. It was just the degree of overkill that was kind of shocking.'

Moore already had an extensive criminal record when charged with capital murder. He denied in an interview last week that he'd long been an active member of several violent gangs, as authorities contended.

"I don't know where they got that from," Moore said last week in an interview outside death row. Court documents showed Moore belonged to the East Terrace Gangsters, who took their name from a San Antonio public housing project, and was a "sergeant-at-arms" for the Black Panthers, responsible for obtaining, hiding and distributing weapons. The court file also said while Moore was locked up, he took an active role in a race riot, attacked a guard, had other incidents of violence and had been a member of the Crips gang since he was 14.

From death row, Moore said he joined the Crips in California but said it was a way of life for teens in his neighborhood.

Moore first went to prison in 1984 with a five-year sentence for attempted murder. He was released on mandatory supervision less than two years later, was returned to prison as a violator within nine months, then was dis-

In 1991, he received an eightyear term for cocaine possession but was paroled after just four months. He returned to prison in five months with a 20-year sentence for delivery of cocaine but was paroled after serving just over two years. The double slaying occurred about 10 weeks later.

Moran said Moore ran the club and the two victims wanted to take over.

"They had gone around and talked how they were going to lure Frank outside and do something to him," Moran recalled. "It was going to be a good old-fashioned hostile takeover at the cost of Frank's life.

"There has never been any doubt in my mind if was selfdefense. The problem was Frank was a multiple-convicted felon and Frank couldn't be around firearms. There was no way to put on a defense to explain why those two kids who thought they were getting the drop on Frank

walked into such an effective and efficient execution."

The Texas Court of Criminal Appeals threw out Moore's first conviction in 1998 because jurors weren't allowed to consider lesscharges of voluntary er manslaughter and murder. He was retried the following year and convicted and condemned again.

During the punishment phase of his trials, prosecutors showed when Moore was arrested three days after the slayings, he'd just been arrested for all arrying a crime and was found carrying a revolver in his waistband. Less than a month before the killings, he was arrested for selling crack cocaine to an undercover officer.

"I sold drugs," Moore said. "But drug dealing is not a capital case.

Thursday, Reginald On Perkins, 53, was set to follow Moore to the death chamber for the slaying of his stepmother in Fort Worth eight years ago.



ND WIN ••• ENTRY FORM

The Pampa News's Who's Who Game Match the faces and businesses and win \$150!

Name

Address

Telephone Number

Ashmore & Associates Jim Bruton Nicole Bruton Heather Sanders

Culberson S	towers
George Bullard_	
Hector Leal	
Jim Hall Jr	Alter and a
Rick Clark	
Jay Holmes	

Keyes Pharmacy

Franks Hardware Callens George Zane Hall

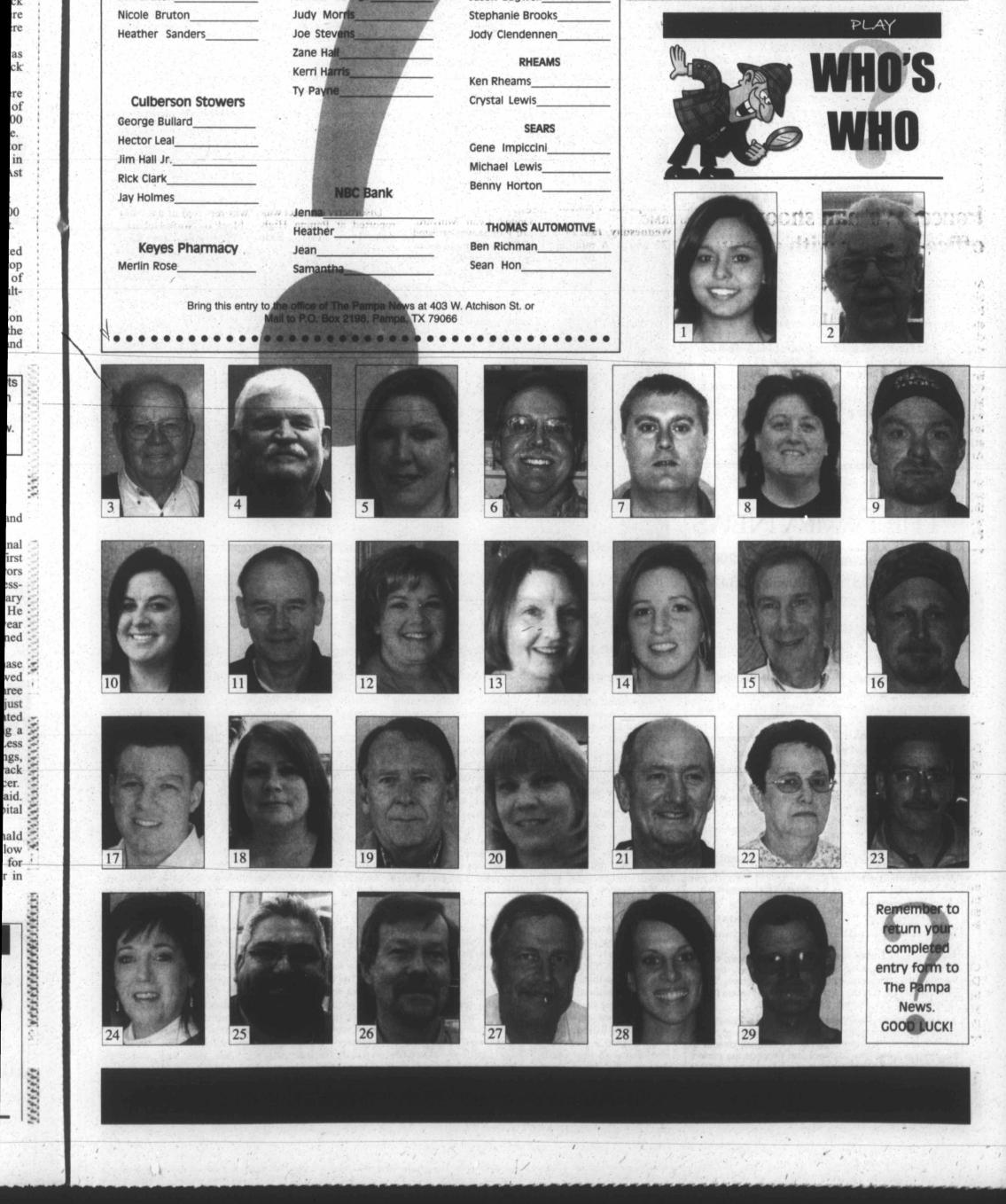
One Stop Flooring Jason Bagwell Stephanie Brooks Jody Clendennen RHEAMS

SEARS

It's Easy - Just identify your friends and neighbors who own, manage or are employed at local businesses with ads in this newspaper.

Just follow these simple rules:

- 1. The faces below are numbered. Search the ads for blank photo spots and match the faces below to their names and the businesses with which they are associated.
- 2. Then fill out the form at left. Use the form in the paper - no photo copies will be accepted. (The easiest way to succeed at this game is to visit the stores and see for yourself. However, be aware that some of the businesses may not be accessible to the general public. Please respect the safety concerns of private businesses and rely on family and friends to help solve those not accessible.)
- 3. The Who's Who Contest will appear in the Jan. 21st. Jan. 27th and Feb. 3rd issues of The Pampa News. Bring or mail your entry to The Pampa News office at 403 Atchison Street (P.O. Box 2198, Pampa, TX 79066). All entries must be received in our office by 5 p.m. Thursday, Feb. 12. All correct entries will be placed into a drawing to be held Feb. 13 to determine the winner. 4. Employees of The Pampa News, and their mmediate families, are not eligible to win.
- 5. All of the photos will be identified in the Feb. 16 issue of The Pampa News.



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4 — Wednesday, January 21, 2009 — The Pampa News



Today in History

By The Associated Press

Today is Wednesday, Jan. 21, the 21st day of 2009. There are 344 days left in the year.

Highlights in history on this date: 1521 - Pope Leo X excommunicates German reformer Martin Luther.

1606 - England's Parliament imposes severe penalties against Roman Catholics.

1643 - Dutch mariner Abel Tasman discovers Tonga in the Pacific.

1732 - Russia gives up claims to certain Persian territories under Treaty of Riascha.

1793 - France's King Louis XVI, condemned for treason, is executed on the guillotine.

1861 - The future president of the U.S. Confederacy, Jefferson Davis of Mississippi, and four other Southerners resign from the U.S. Senate. 1908 - New York

'Common sense is the collection of prejudices acquired by age 18.'

- Albert Einstein,

German-born physicist

City women are prohibited from smoking in public. 1919 - Sinn Fein Congress in Dublin, Ireland, adopts Declaration of Independence. 1942 - German forces launch new offensive in western

African desert in World War II. 1949 - Chiang Kai-

Shek resigns from China presidency following Nationalist Party reversals.

1954 - The first atomic submarine, the USS Nautilus, is launched at Groton, Connecticut.

1976 - The supersonic Concorde jet is put into service by Britain and France.

1977 - U.S. President Jimmy Carter pardons almost all Vietnam War draft evaders.

1992 - U.N. Security Council urges Libya to surrender two agents indicted by United States in bombing of Pan Am Flight 103.

1993 - A supertanker carrying 296 million liters (78 million gallons) of crude oil burns and leaks oil after slamming into another ship off Indonesia's northern tip.

1998 - Pope John Paul II arrives on a historic fiveday visit to communist Cuba.

2005 - A European probe to Saturn's largest moon finds a freezing, primitive but active world that, like Earth, seems to be doused with rains that gouge out rivers, erode rocks and form pools.

2006 - A whale stranded in the River Thames is hauled onto a barge and moved toward the sea while thousands of Londoners flock to the shore to see the rescue operation.

2007 - Sudanese government planes breach a cease-fire by bombing villages in northern Darfur, days after President Omar al-Bashir vows to adhere to a truce brokered by New Mexico Gov. Bill Richardson and others during a visit.

Pampa: The Journey home

by Rachel Stennett

There must be something in the air about Pampa. There may only be seven restaurants to choose from,

one Super Playground, and a few choices of things to do on the weekends, but I have recently discovered that Pampa is like a drug and people are addicted.

There is something hypnotizing about this town, and if you ever leave, you immediately feel the draw to come back.

I've had a sneaking suspicion that there must be more than meets the eye to Pampa for a while now, and it was confirmed last week while searching for story ideas.

I conducted a small experiment on Facebook, a social networking site like Myspace. Through the site, I informed people that I was "desperate" for story ideas. This, in fact, was very true. The January-March slump for newspapers is one of the most difficult. Most people put forth a smorgasbord of effort in community events and activities during the holiday season, which means postholidays, not a lot is happening in Pampa or elsewhere. My ability to think of clever stories was reaching an end so I resorted to my list of 347 social networking friends. Most of these friends probably don't know I work at a newspaper, and even more don't live in Pampa but I still was open to hearing their ideas.

I heard about 20 ideas from people, and one of them was from my very own sister-in-law simply asking "what makes people stay in Pampa?"

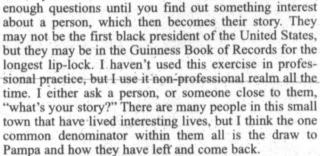
Sarah, my second sister-in-law with the name, has been to Pampa twice for two brief stints. She knows as much about it as I did when I moved here. Her question is one that I have wondered many, many times. The number of stories I have heard about people leaving Pampa and returning home is astounding. People leave to college and come back, people move to Dallas and come back, and although I have heard no stories of people moving to Colorado Springs and coming back to Pampa, Pampa does seem to have a draw like the Bermuda Triangle.

Why do people stay in Pampa, or leave just to come back a short time later?

When I first moved to Pampa, I learned that there was a list of FAQ's that people normally ask a stranger. After people asked my name and where I came from, nine times out of ten, the next question asked was, why Pampa? People seem to be truly mystified that someone

would move from Colorado Springs (or any metropolis) to Pampa. I guess I see the point. Every single member in my family wondered the same thing as I packed my Camry full of everything I could fit and headed out the door. Now that I have answered the question (mostly I came for the job) I want to ask others the question, why Pampa?

I was taught in a journalism class to do an experiment called "everybody has a story." In the exercise, you sit and ask



I have a friend from Australia that moved to Pampa with her husband a few years ago. I always find it a fun irony, that above anyone else I know she most frequently asks people, why Pampa? Surely, even to the greatest Pampa lover, Australia is more exotic than the oil fields of Pampa, yet somehow she is here. She remains as mystified as I am, even though we are both now Pampa residents.

Maybe the power of Pampa is one of the mysteries that we won't ever solve like the Loch Ness Monster. Maybe this simply is a great town. But, more likely, the power of having a place to call home is stronger than any one of us could have guessed..

Staff reporter Rachel Stennett can be reached, rstennett@thepampanews.com.





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Today's Birthdays:

John Fitch, U.S. naval engineer (1743-1798); Leo Delibes, French composer (1836-1891); Telly Savalas, U.S. actor (1924-1994); Benny Hill, English comedian (1925-1992); Placido Domingo, Spanish tenor (1941—); Geena Davis, U.S. actress (1956—); Charlotte Ross, U.S. actress (1968—).



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This newspaper (UPC 781-540) is published daily, except Sundays, Thanksgiving and Christmas Day, by The Pampa News. Periodicals postage. paid at Pampa, Texas. Postmaster: Send address changes to The Pampa News, P.O. Drawer 2198, Pampa, TX 79066-2198.

All carriers are independent contractors and The Pampa News is not responsible for advance payments of two or more months made to the carrier. Please pay directly to the Pampa News any payment that exceeds the current collection period. There are no mail subscriptions available within the city limits of Pampa. Mail subscriptions must be paid three months in advance.

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"YER UP."

Other editors say

Fort Worth Star-Telegram on Kay Bailey Hutchison's gubernatorial bid:

"Hutchison pressured to stay in Senate," declared the Thursday headline on politico.com.

Texas politicians with aspirations of dancing on a larger stage grabbed their heads in anguish. Not again! Relax, folks. The 2009

version of "Won't You Come Home, Kay Bailey?" has a different tune from the one that played in 2006.

Kay Bailey Hutchisons desire to be Texas governor is no secret. Despite much speculation that she would sashay into the last demurred. she race, Republican Gov. Rick Perry won a third term in the 2006 election, but it wasnt because the majority of Texans wanted him to remain in office. More people voted for someone else, but with four candidates in the dance Petry, Democrat Chris Bell and independents Carole Keeton Strayhorn and

Kinky Friedman — Perry pulled 39 percent in an election decided by plurality vote.

Hes vulnerable, Hutchisons incredibly popular statewide, and shes ready to come home. Pirouetting around the

periphery is a chorus line of elected state officials and at least one whos never held elected office — salivating over a shot at her U.S. Senate seat. Yet when she decides to resign is almost as important as if she decides to step down.

If she resigns before t Sept. 28 — which looks s increasingly unlikely as 1 Senate GOP colleagues i ask her not to abandon t them — Perry would name someone to fill her seat until a special election, f likely called for a November.

If she resigns between Sept. 29 and April 2, 2010, the special election to fill her seat could take place in May 2010 — after the March primaries for statewide offices that are up for election next year. Incumbents will have to pick which seat they want to pursue.

While the lady ponders her dance card, a litany of present and former statewide officeholders who would like a turn on the Senate floor are anxiously awaiting her decision.

Hutchisons exploratory committee reported Thursday that the senator transferred almost \$8 million from her federal Senate account to her state war chest as of Dec. 31. Lt. Gov. David Dewhurst tried to make that kind of fundshifting illegal during the last legislative session, but it never gained enough traction to become law.

Why would Dewhurst care how much money a fellow Republican has? He also has an eye on the governors seat and didnt want a potential challenger — Hutchison — coming back to Texas with her millions in tow.

Sadly for state Attorney General Greg Abbott, who is rumored to have senatorial aspirations, there is a law that prohibits him from using money raised for a statewide election to run for federal office. Abbott has more than \$8 million in his account, according to a Texas Ethics Commission report. In an oddity of Texas campaign law, elected state officials can raise money for a U.S. Senate race while the 81st Texas

Legislature is in session. As Ross Ramsey, editor of Texas Weekly, pointed out last month, "Put on your schemers cap: What prevents a sitting legislator from declaring for federal office, raising money while bills are being considered, then deciding against the federal office at the end of a session and moving the money into the state account? Nothing, apparently."

Of course, no law says Hutchison has to resign to run for governor. If she runs and loses, she would still be a U.S. senator, If she runs and wins, she actually could appoint her own interim successor right after shes sworn in as governor in January 2011.

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Press Supervisor

Cutting

Continued from Page 1

dents who are using cutting as a physical release from emotional pain.

She works with parents to try to find solutions to the emotional problems that may be causing students to cut, but she also tries to help students look for other forms of release. Journaling, deep breathing and simple acts like placing rubber bands on wrists to snap when a student is tempted to cut are some ways around cutting, the point of which are to distract the mind from the need to cut and still deal with the need to find release.

It may seem extreme, but Pingel said students will use anything and everything to achieve this sense of release.

In her line of work, she has seen the results of students using razor blades, pens, knives, Xacto knifes, and any kind of blade to harm themselves. Some people even cut words into their bodies to express. their emotions. Still, she' said cutting is not a form of suicide, instead it is "making the emotional pain less real and making the physical pain more

real People will cut themselves almost anywhere on their body to feel the necessary release, including wrists, thighs, arms, ankles and the sides of bodies. This can make it difficult to spot the problem and find help according to Pingel.

The culture of cutting is somewhat hidden. The act carries certain amount of shame and embarrassment-more so than other destructive behaviors like

drinking or drugs. Cutters and self-injurers will discuss the problem with others who are sufferfrom it. Pingel ing explained that cutters will share strategies with each other, ways to hide the problem, and ways to make it worse.

Some thrive off sharing the problem, and even do it with each other, taking it to extremes and having "cutting parties," Pingel said. The spread of knowledge within the culture is making self-injury increasingly popular in younger age tell her the truth. brackets. With the increase of Internet use by younger children, information is almost too easily accessed. "Cutting is happening with students as young as elementary school. There are lots of factors involved with age and when and why people start, but it is sion," Oles said. happening. The informa-The primary motivation tion spreads from kid to kid," Nurse JJ Slatenz of PHS said. Slaten occasionally action causes people to reviews cuts that have led gain a sense of control of



Former President George Bush embraces his wife Laura Bush as he addresses attendees at his arrival in Waco, Texas, Tuesday, Jan. 20, 2009. (AP Photo/Tony Gutierrez)

their lives, and self worth.

In order to stop the

growth of the problem that

is gaining popularity

through word of mouth

and web pages, everyone

needs to have an open

mind about it, including

parents. Pingel said that

cutting is effecting various

age groups, socio-econom-

ic groups, and kids with

different interests- athletes

As proven with the late

Princess Diana's own

words, cutting is not a new

problem but it is time that

the problem is brought to

light if people ever want to

see an end to it's perpetuat-

looks perfect, doesn't

mean that they don't still

have issues," Pingel said.

until we realize that that

they face many different

social issues and we figure

different ways to help

Continued from Page 1

inauguration if they

choose to according to

Cleek. Some students

were prepped for the inau-

guration with a video on

poliitical leaders in D.C.,

which they were pointing

out during the inaugura-

As President Obama

spoke on the theme to

summon us all to responsi-

bility, it seemed fit that

students be allowed to wit-

ness first-hand the events

that will be written about

tion.

them handle them."

"Just because one kid

ing cycle.

and academics alike.

to infection on students. Although she doesn't see a lot of cases, she said that those that may need the most help won't seek attention on their own. "Those people that may be in the most need are probably the most hidden cases of students sheltering themselves," Slaten said.

Sherese Oles, counselor at Pampa Junior High School, explained that one of the most sure ways that parents and friends can help stop the problem is to be direct and truthful. If not, the trend might continue spreading to younger and younger people.

"If you don't stop it when (they're) young, it can transition into other problems and addictions, which then can be trans-"We can't help teenagers ferred to another generation of children. It starts a cycle," Oles said.

Oles sees many students in her work who are cutters. She has learned to look for certain indicators in students, such as wearing long sleeves in the summer and jelly bracelets around wrists. Even more than looking for suspicious behavior or indicators, Oles urges parents to be direct with their children about the problem.

"If you suspect it, ask," Oles said. Although the problem is hidden, being direct is the first step to finding a solution, she said.

Students are not normally cutting themselves during school hours, but she said that parents and teachers both normally have a good hunch about behavior and physical marks on students. When students are sent to her that others suspect of self-injury, or that she herself suspects, she asks them- and they normally show her marks or Oles said that one of the difficult concepts for parents to come to terms with is that cutting is not an act of suicide. Parents also blame themselves for the child's self-injury. "The children make the deci-

The Pampa News — Wednesday, January 21, 2009 — 5

Bush Continued from Page 1

Bush arrived in Midland, where he grew up and where thousands held a send-off rally before his first inauguration.

In the hours leading up to return Tuesday. his excerpts of some of Bush's speeches played on a large TV screen, including remarks he made to Congress shortly after the 2001 terrorist attacks.

One little boy waved a sign that read, "President Bush, thank you for keeping me safe" in multicolored lettering. Others read: "Be Bold, Be Bush" and "43 is back."

"The presidency was a joyous experience, but as great as it was, nothing compares with Texas at sunset," Bush told a crowd of about 25,000, many waving cardboard "W"s. 'Tonight I have the privilege of saying six words that I have been waiting to say for a while: It is good to be home."

Dudley Winn, a cotton farmer on the South Plains of West Texas, drove two hours from Lubbock to greet Bush on his first stop after leaving office.

"It's a special day but it's a sad day," Winn said. "He's done eight years of a job well done. He held our country together with the values we respect. He did the job we asked him to do. He kept our values safe."

Bush spoke about the challenges he had faced, saying that even during some of his most difficult days, he "was always optimistic about the future.'

He lauded those who helped throughout his presidency and defended decisions he said some thought unwise.

"I never took an opinion poll to tell me what to think," Bush said.

As Bush flew into Midland he wanted to see the gathering from the air. The jet carrying the Bushes and others flew low over downtown so that they

Bush said that while several former presidents told him they had felt bittersweet about leaving office, "For me, there's nothing to be bitter about. Today is something sweet."

With Bush at the Midland rally were Karl Rove, former White House Chief of Staff Josh Bolton, Alberto Gonzales, the country's former attorney general and others from his administration.

Jan Rhodes, a school teacher in Midland, was on hand when Bush left Midland eight years ago for his inauguration and was back Tuesday.

"We watched for eight years and we're proud of how he served us and how he represented Midland," she said.

While Bush was born in

New Haven, Conn., he spent his childhood in Midland. He returned there as an adult in the 1970s and met the future first lady, who grew up there.

He called meeting her "more meaningful" in his life than "any meeting in the Oval Office."

"She filled the White House with warmth and my life with joy," Bush said. "History will show that she was a fabulous first lady."

Associated Press writer Betsy Blaney contributed this report from to Midland.



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behind self-injury and cutting is control. Both Oles and Pingel said that the in history books to come.

could see Centennial Plaza before they landed.



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"Daisy" Female Coonhound



"Lover Boy"

Male

Tabby Cat

"Moose" Male **Great Pyrenees**

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6— Wednesday, January 21, 2009 — The Pampa News

Harvester teams fall to Randall

Varsity 47, Randall 58

of the game, the Pampa 34-24. Harvesters ran into probnight's game to Randall 58-47

three points, but the 16 in the fourth. Randall Raiders were soon battling back.

After leading the first half ed their lead to 10 points,

But the Harvesters put lems in the final two quar- only five points on the in the second quarter, two ters, dropping Tuesday score board in the third period of play and eight in the final quarter while Harvester Alex Torres Randall came from behind was the first to score in the to add 18 points to their game when he dropped in total in the third quarter and

Alex Clendening was the high point man for the Torres opened the game Still, at the end of the first Harvesters. Clendening with a three-pointer and quarter of play, Pampa led was the only Harvester to by five, 19-14. By the half, score in each quarter of the the Harvesters had expand- game. He put two on the

scoreboard with a basket in the first quarter, eight on the board with four baskets more points with a single basket in the third quarter and two points from four shots at the free throw line in the fourth quarter.

Torres followed in scoring for the Harvesters with 12 points for the night. then added two more baskets for a total of seven points in the first period. He had another basket for two points in the second quarter along with one point from two free throw attempts in the second quarter. He went scoreless in the third quarter, but sank a basket for two in the final period of play.

Hayden Skinner had 11 points for the game. He went four for four from the free throw line in the first quarter and sank one basket for a total of six points. He came back in the third quarter to sink a three-pointer and went two for three in the fourth quarter from the foul line.

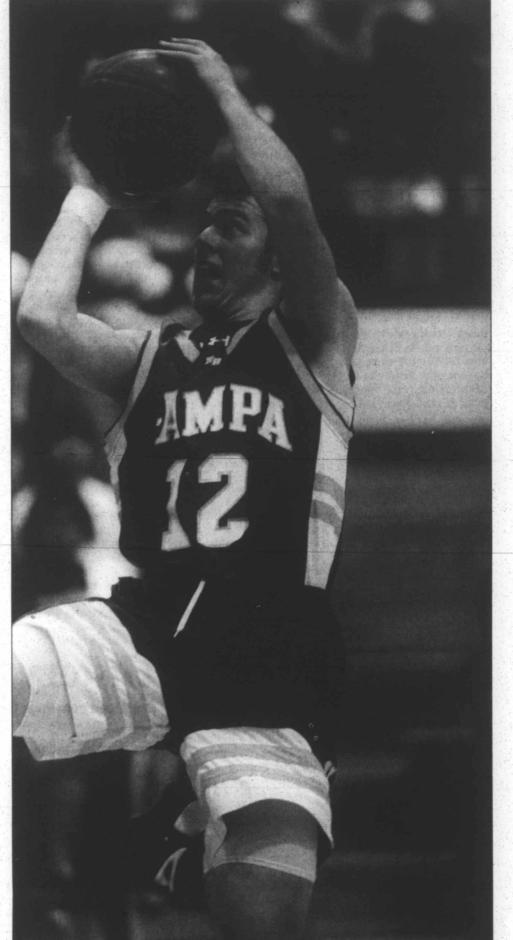
Blake Sieck and Heath Skinner each had four points for the game,

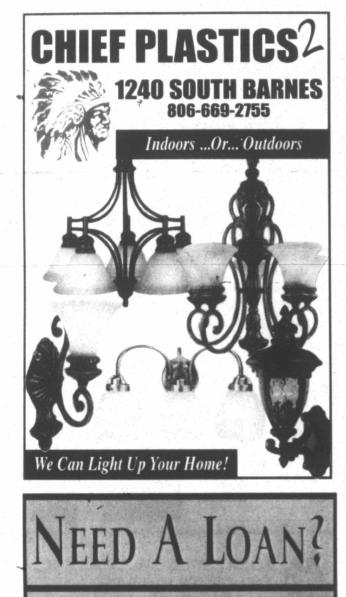
All of Sieck's points came in the second quarter with two baskets.

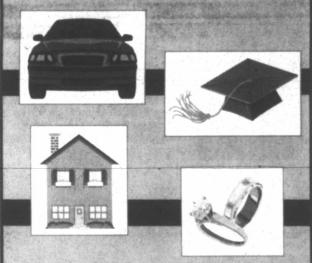
Heath Skinner had a basket in the first quarter for two points and another in the fourth quarter for another two points.

Travis Hagerman had two points for the night. He went two for two from the foul line in the first quarter.

The Harvesters return home Friday to continue district play. They face the Dons of Amarillo Palo Duro in McNeely







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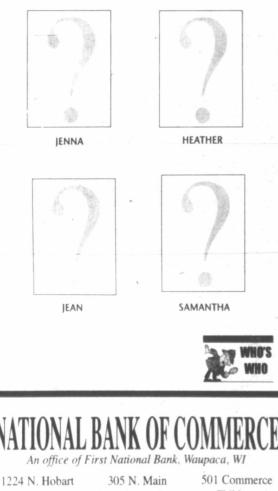
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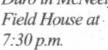
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Harvester Blake Sieck, 12, goes airborn for two points against the Randall Raiders Tuesday night at Randall. Randall won 58-47.

Varsity girls 30, Randall 51

The Lady Harvesters dropped a hard fought game sank one basket and was two for two from the foul line. against the Randall Raiders Tuesday night at Randall High School,

The Lady Raiders prevailed 51-30 on their home court. Each member of the Lady Harvester team put at least one point on the scoreboard Tuesday night.

Shelbie Watson was the leading scorer for the Lady Harvesters with seven points. Watson started the first quarter with a three point shot, followed by a two point basket and two shot for two attempts from the free throw line in the second period.

Taryn Eubank followed with five points for the night. Eubank made all her points in the fourth quarter. She had two baskets for two points each, but hit only one of four shots from the free throw line.

Emilie Troxell, Carlyn Teichmann and Jessica Miner each had four points for the game.

Troxell scored all her points in the final quarter. She House at 6 p.m.

Teichmann made a basket in the second quarter and one in the third quarter. She was zero for one from the free throw line.

Miner made her points from the foul line. She was four for 12 for the night.

Sammie Pearson scored three points in the game. Pearson made her points in the first quarter, scoring one basket and one for one from the free throw line.

Ashlee Holland had two points Tuesday night against Randall. She made a basket in the first quarter, but went zero for four in the fourth quarter from the free throw line.

Andi Hutto went one for one from the free throw line in the fourth quarter.

The Lady Harvesters return home Friday to face the Lady Dons of Amarillo Palo Duto in McNeely Field





The Pampa News — Wednesday, January 21, 2009 — 7

EVENTS AND OPPORTUNITES

Group will meet at 6:30 p.m., Tuesday, January 27, in the second floor classroom at PRMC. All sruvivors and supporters are inivted.Note: if the weather is bad we will cancel.

•The Panhandle Piecemakers Quilt Guild will meet on Thursday, January 22 at 6:30 p.m. at the Pampa Senior Citizens Center, 500 W. Francis. Guests are welcome. A guild workshop will be held on Friday and Saturday, January 23 & 24. For more information, please contact Jane Jacobs, 665-3878.

•The Red Hattitude Royalty Chapter of the Red Hat Society will hold it's February gathering at the First United Methodist Church Cory Court on Thursday, February 12 at 6:30 p.m. The Chapter is open to new members who would like to join in the fun. For more information, please contact Jane Jacobs, 665-3878.

•Pampa High School will hold an Open House at 6 p.m. Monday, January 26. Stew will be served in the cafeteria, tours of the new science wing will be available, learn about the Family Access program and get a construction update. Teachers will be available to meet with parents.

· PHS Choir "Evening on Broadway, will be performed at 7 p.m. January 28 and 29. The event includes dinner and entertainment. Tickets are \$25 and may be purchased from a choir student or by phone, 806-669-4800 ext 1135. The funds raised are used for the Spring Choir trip, which will be to Orlando this year.

· Moms in Touch Informational will be held at 11 a.m. Tuesday, January 27, at 2310 Chestnut Drive. Moms in Touch International is a world-wide interdenominational

•Harrington Cancer Center's Pampa Support ministry of mothers praying for their children and schools. For more information call Christy Reeves, 669-6311.

· Gray County Genealogical Society will hold their monthly meeting at 7 p.m. Monday, January 26, in the Lovett Memorial Library. Meetings are held the fourth Monday of each month, except for December. Visitors are welcome

· Members of Crowley, Texas, High School Class of 1989 are organizing a class reunion. For more information, e-mail chs89reunion@gmail.com or contact Nancy Dodgen Dyess (817) 994-0969 or Misty Shewmaker Hollis at (817) 991-8090.

• "Live On Stage" Community Concerts of Pampa will present pianist Dale Gonyea at 2:30 p.m. Jan. 25 at M.K. Brown Auditorium in Pampa. Attendance is by membership only. However, tickets for individual performances may be purchased at the door for \$25. For more information, call 665-0343 or contact Ruth Riehart, president, at 665-3362. The final performance planned for the current season will be "Pianafiddle," a combination of familiar tunes by pianist Lynn Wright and violinist/fiddler Adam DeGraff improvising to get toes tapping and hands clapping. Their performance is scheduled for 7:30 p.m. March 6 in M.K. Brown Auditorium.

· Pampa Book Club will meet at 10 a.m. the second Wednesday of each month in the Texas Room of Lovett Memorial Library. The 2009 reading schedule is as follows: Feb. 11, "Three Cups of Tea" by Greg Mortenson and Davie Relin; March 11, "Home: A Memoir of My Early Years" by Julie Andrews; and April 8, "The Glass Castle" by Jeannette Walls. The May 13 book for review

will be announced at a later date. Public welcome.

• The South Plains Agriculture Wind and Wildlife Conference will begin with registration at 7:30 a.m. Feb. 13 at the American Wind Power Center and Museum in Lubbock. The conference is being conducted by Texas AgriLife Extension Service, Texas Wildlife Association, and Texas Parks and Wildlife. The purpose of the conference is to explore the pros and cons associated with the industry in Texas. For more information, call Ken Cearley, Extension wildlife specialist, at (806) 651-5760. USS Maddox Destroyer Association Reunion is slated Sept. 9-13 in Phoenix, Ariz. To find out more, call

(337) 616-8450 or e-mail cwgilles45@aol.com.

· Fawn Lake Press is offering free "Proud to be an American" flag decals to anyone sending a self-addressed stamped envelope to Fawn Lake Press, 54 Fawn Lake Rd., Durango, CO 81301. Active servicemen and women need not send a SASE to receive the free 2 x 3-inch color decals. Fawn Lake will pay their postage.

· Manhattanville My Soldier is seeking volunteers to "adopt" a deployed United States Service person. To find out more, visit www.mysoldier.com on-line or write to: Manhattanville College My Soldier Department, 2900 Purchase St., Purchase, NY 10577.

• T.O.P.S. Club, a weight loss group, is seeking new members. The club meets from 5:30-6:30 p.m. each Monday at 513 E. Francis. New members welcome.

•The Panhandle Piecemakers Ouilt Guild meets on the fourth Thursday of each month at the Pampa Senior Citizens Center, 500 W. Francis at 6:30 p.m. Anyone interested in quilts or quilting are invited to attend. For more information, please contact Jane Jacobs, 665-3878.

Travis Elementary Honor Roll

Travis Elementary Third Six Weeks Honor Roll

Second Grade

A Honor Roll

Mikala Clark, Madison Davis. Destiny Mears, Maddie Yates, Isaac Alatorre, Avery Bentley, Callin Burleson, Casen Cavalier, Alyson Chisum, Chayslyn Ensey, Naomi Nanez, Braden Parr, Jana Shults, Reid Smith, Carolyn Golleher, Jherman Morales and Shandon Smith

AB Honor Roll

Bryson Bowen, Lauren Jones, Joseph Munsell, Marcus Ryan, Kamy Silva, Austin Turner, Leticia Urrutia, Alex Villanueva, Josh DeMaroney, Lexi Didway, Mikaela Gonzalez, Makayla Mires, Reece Aikin, Emily Burks, Remington Didway, Dillon Ewing, Jaycee Hughes, Shaddan Lish, Andrew Martin, Braeden Pickering, Paxton Proctor, Lilandra Rodriguez, Alberto Sanchez, Fatima Gomez, Nancy Tello and Neida Anguiano

Fourth Grade

Alexis Munguia. Holland Poole, Anthony Lish, Madison Winborne, Kade Woods, Carson Eubank and Colby Boland

AB Honor Roll

A Honor Roll

Ahleigh Wood, Madison Bolch, Carly Crockett. Tara Goldsmith, Reece Hutchinson, Braydon Mendoza, Drew Miller, Lauren Pingel, Ryan Rickett, Brent Salazar, Camron Washington, Matthew Wheeler, Jordan Archibald, Justin Beck, Jose Campos, D. J. Ford, Jennifer Leal, Riley Lindley, Larissa Saenz, Jonah Munsell, Aaron Owen, Coby Reynolds, Braxton, Alex Zamora, Jaycee Garth, Matthew Winton, Autumn Rogers,

Braden Kidd, Dayana Frogge, Elizabeth Cardenas, Joe Estes, Tyler Hughes and Madison Doyle

Fifth Grade

A Honor Roll

Anthony Nguyen, Lindsey Thompson, Chantell Tidwell, Alfredo Gonzalez, Austin Odell, Justin Timmons, Brionna Wadsworth, Kathlyn Cummins, Bail'e



A Honor Roll

Brennan Brogdin, Cole Davis, Benjamin Hixson, Molly Nelson, Shadelyn Nettles, Tyler Willett, Taylor Lindley, Jodi Pingel, Elizabeth Arnold, Collin Mertz, Caleb Lance and Katherine Maxwell

Third Grade

AB Honor Roll

Caleb Davis, Chelsea Dewey, Brayden Fry, Gracee Gill, Jacobe Mills, Korbin Payne, Brooke Ramming, Braeden King, Lizeth Mejia, Mariah Schiffman, Janae Williams, Caleb Bailey, Calista Bolin, Heather Doucette, Brendan Grant, Wesley Willey and Justin Thomas

Johnson, Holly Osborn, Jacie Studebaker and Trevor Turner.

AB Honor Roll

Josh Archibald, Anissa Arellano, Rilee Didway, Alli Hampton, Tacoma Matthews, Makayla Waddell,

Gerrek Watson, Kinley Aikin, Zach Beedy, Chance Butler, Samantha Clancy, Brittney Gonzalez, Aaron Holliman, Obi Huerta, Connie Leal, Katelyn Peters, Christian Ulrey, Dezaray Blaylock, Jerrod Burr, Cristal Encisco, Cortney Hubanks, Austin Hernandez, Lizzi Olivas, Ashleigh Pulatie, Zachary Roberts, Colton Thompson, Yvette Villanueva and Chance Butler.

Kids testing metal detector find long-lost college class ring

LUFKIN, Texas (AP) -Franklin Weeks figures he lost his college class ring sometime in the 1980s while helping his church put in new playground equipment.

Luke and Sam Lytle can

vouch for the 95-year-old

Lufkin man's theory. They

found the missing Stephen

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F. Austin State Teachers College Class of 1937 ring Monday while testing their new metal detector on the Ryan Chapel Church playground in Diboll.

Twelve-year-old Luke says he and his 8-year-old brother initially thought about selling the ring to a gold reclamation shop, but his conscience dictated a search for its owner. An Internet search traced

the ring to Weeks, who

rewarded the boys with \$20. Information from: The Lufkin Daily News.

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8- Wednesday, January 21, 2009 - The Pampa News

Critics hit Army's treatment of drug abuse

FORT LEONARD WOOD, Mo. (AP), Spec. Jeremiah Thomson didn't know what was worse: excruciating back pain from a combat explosion in Baghdad or the prescription drug addiction he developed trying to ease the suffering once home. The Army was quick to

prescribe Percocet, Vicodin, Oxycontin and powerful similarly painkillers to Thomson and other injured soldiers at Wood, Fort Leonard Thomson testified in a court-martial hearing. He's now serving a three-year sentence for illegally buying prescription drugs ,Aî the sellers included a former commanding officer in Iraq ,Åî and selling the pills to eight other soldiers. As more troops return home with war injuries, the Army is prescribing more pain medication to treat those wounds. But a military system that relies on discipline as well as treatment is drawing fire from some prominent critics, including those inside the system.

"It's a terrible problem," said Barbara McDonald, a civilian social worker and Army drug abuse counselor, describing a recent surge in prescription drug abuse and the Army's handling of the problem.

Legal painkiller use by injured troops has increased nearly 70 percent since the start of the Iraq war six years ago, according to Army records. Surveys show that more soldiers are struggling with prescription drug addiction ,Åî and seeking help from Army doctors and counselors.

Thomson is among seven soldiers convicted by court martial in 2008 of illegal drug use or distribution who served in the installation's 5th Engineer Battalion. The unit supports combat troops by building and guarding roads and bridges and repairing vehicles. An additional five await trial on similar charges. A dozen have been kicked out of the Army and two others went AWOL after being implicated in the investigation.

Dr. Les McFarling, who heads the Army's substance abuse treatment program, acknowledges the increased potential for abuse.

"You can put soldiers at risk when you're managing their pain," he said.

But McDonald and other critics call the military's approach a broken system, as likely to punish or denigrate troops as to treat their addictions.

The criminal cases in Missouri, coupled with allegations of misconduct and staffing shortages in the Army Substance Abuse Program levied by McDonald and another whistleblower, caught the attention of Sen. Claire McCaskill, D-Mo. She has asked Secretary of the Army Pete Geren to investigate.

"Clearly, at Fort Leonard Wood and potentially across the military, they have not prioritized this as a health issue," McCaskill said. "The culture has traditionally looked at this as a discipline issue."

Under the Uniform Code of Military Justice, such punishments can include reductions in rank and pay, imprisonment and discharges from military service for bad conduct.

The Army says those disciplined in the Fort Leonard Wood investigation committed criminal misconduct by selling or illegally possessing drugs, as opposed to those who become dependent on narcotics prescribed for legitimate injuries. "A soldier who steps for-

A soldier who steps forward is someone who should be admired, not as someone with a black mark next to their name," McCaskill said.

In a Dec. 22 response to McCaskill's inquiry, Geren indicated the Army will consider abolishing its policy that a commanding officer be notified when a soldier comes forward voluntarily for ASAP counseling.

Still, officials at Fort Leonard Wood and the Pentagon defend their approach, even as they acknowledge staffing shortages that have left ASAP nationwide nearly 90 counselors short of required employment levels. Staffing levels at the Missouri post are now above the required minimums, the Army says.

McDonald disputes that, saying at least one recently hired counselor for Fort Leonard Wood's ASAP unit lacks required mental health certification. Army officials did not respond to a request for comment on her assertion.

Army statistics provided to The Associated Press show that the number of soldiers enrolled in ASAP at Fort Leonard Wood at the end of 2008 was the highest since the start of the Iraq war six years ago. McCaskill's office learned of the problems at Fort Leonard Wood from former ASAP counselor John Speckhals, a Vietnam veteran and former

Veterans Administration

social worker now stationed in Germany. Speckhals declined an AP request for an interview.

An inquiry by the senator's office said as many as 180 cases referred to the base's ASAP unit were misclassified in what McCaskill suggested in a Nov. 12 letter to Geren were "deliberate clinical findings that soldiers who were dependent on alcohol or drugs were not dependent in order to keep the caseload down for an overwhelmed staff."

"There was an effort to give a cosmetic fix to a problem that was systemic," McCaskill said in an interview.

In his letter to McCaskill, Geren said a review of those cases and 17 others showed some record-keeping errors, but no evidence that cases were deliberately mislabeled.

"Virtually all soldiers were offered some further assistance or referral," Geren wrote.

McDonald, whose son is a soldier, spent 20 years as a civilian substance abuse counselor before joining the Army's fight against drug and alcohol abuse one year ago. She has filed a workplace complaint against her supervisor and faces disciplinary action she says stems from her criticisms. Army officials have not commented.

McDonald claims that some Army doctors and counselors point to drug dependency as a sign of weakness. Since McDonald's complaints surfaced, she is no longer allowed to see patients.

Lori Mullins of Idaho Falls, Idaho, said her 18year-old daughter, Destiny, was told McDonald had quit and that McDonald was told Destiny Mullins no longer wanted treatment.

"They told (Destiny) she didn't belong in the military, that she was a shame to the uniform," the elder Mullins said. "Instead of being protected by the Army, they're blaming her for it."

Destiny Mullins received an honorable discharge in November.

Chuck Ashbrook, who oversees ASAP prevention and education efforts at Leonard Wood, maintained that counselors pay close attention to links between substance abuse, post-traumatic stress disorder and combat injuries.

He said that, thanks to medical advances, soldiers who might have returned from previous conflicts as casualties- are instead surviving with injuries that may require stronger pain management.

However, Ashbrook also noted historical increases in drug dependency among soldiers during wartime.

"We've always seen these kind of problems," he said. "This is not unique."

Thomson, a tank mechanic whose father and both grandfathers were enlisted men, said he was diagnosed with an autoimmune disease after being injured from repeated blasts of improvised explosive devices while deployed in Iraq in 2006.

The pain left him bedridden and short of breath, he testified at his trial in April. But nothing prepared him for the withdrawal after his supply of painkillers ran out.

"I had sweats, cold sweats, shakes, vomiting, nausea (and) extreme pain where it was even worse than before I had ever taken the medication," he said.

Asked by a military prosecutor if commanding officers had referred him to the ASAP unit, Thomson said no, even after testing positive for cocaine use while in treatment. He wasn't even aware the unit existed until a friend was sent, he said.



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Airline plans to add Charleston to NY route

by analysts.

American said it plans to

take fewer new planes this

year and will cut flying

nearly 7 percent this year

American and other U.S.

carriers have cut flights,

which should help them

compared with 2008.

CHARLESTON, W.Va. (AP) — American Eagle Airlines is planning to start nonstop jet service from Charleston and New York, despite plans by its corporate parent to cut capacity due to the slumping economy. Flights to and from New

Flights to and from New York's LaGuardia Airport are scheduled to start April 7, American Eagle, American Airline's regional carrier, said Wednesday. American Eagle's return to West Virgin a Page 20

to West Virginia after a 20year absence comes amid tough times for its corpo-



1533 N. HOBART • 665-0995 Monday-Friday 9:00-5:00 • Saturday 10:00-1:00

rate parent, Dallas-basedweatheranexpectedAMR Corp.downturn in travel, andAMR said Wednesday itthey will return to prof-lost \$340 million in theitability on fuel prices thatfourth quarter amid ahave declined compared

with early 2008. American Eagle, however, expects to make money on the Charleston to LaGuardia flights, spokeswoman Andrea Huguely said.

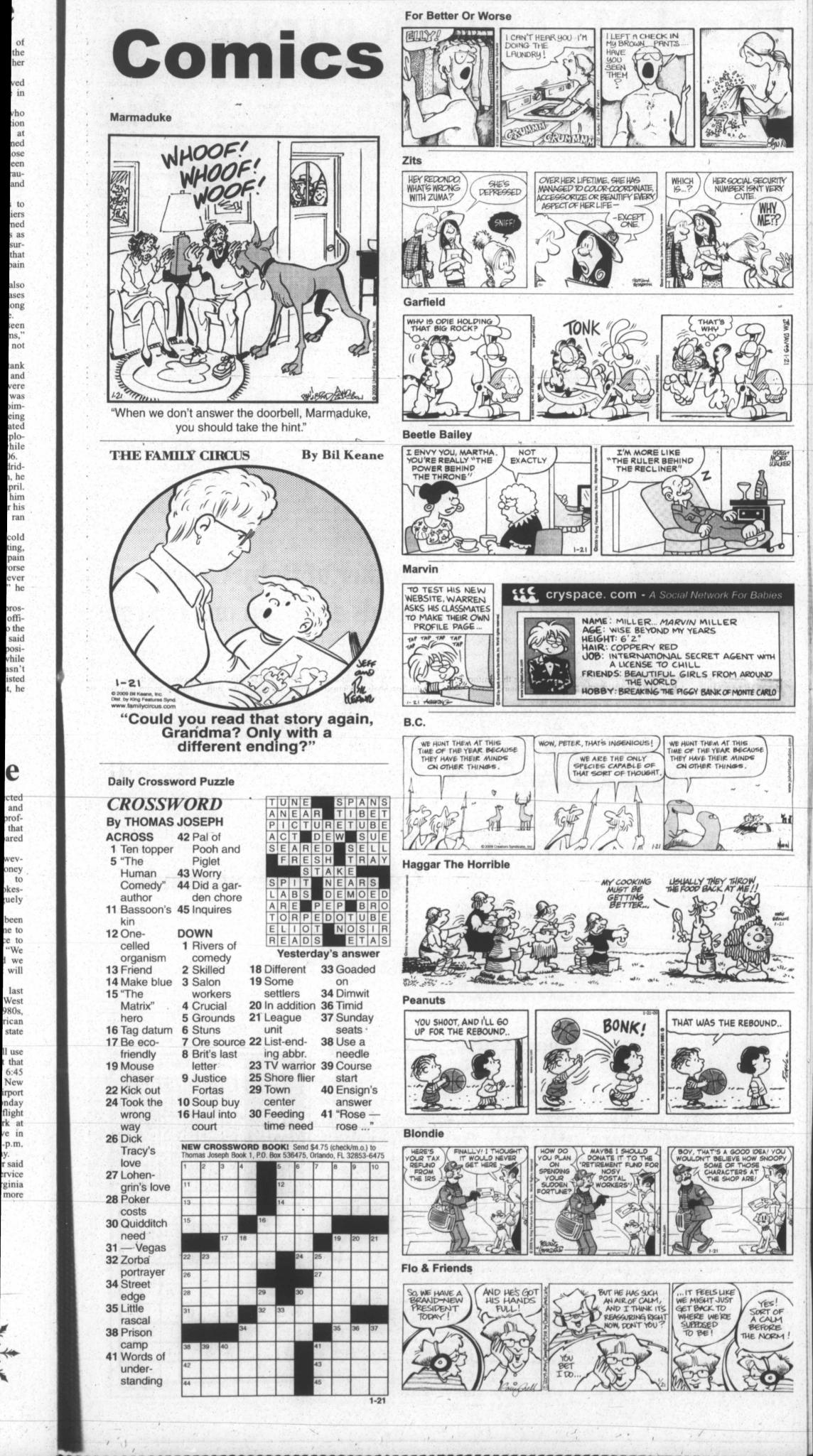
"West Virginia has been looking for a long time to have direct air service to LaGuardia," she said. "We ran the numbers and we project that the flight will do very, very well."

American Eagle last offered service in West Virginia in the late 1980s, Huguely said. American Airlines departed the state in the 1970s.

The new service will use a 37-seat regional jet that departs Charleston at 6:45 a.m. and arrive at New York's LaGuardia Airport by 8:25 a.m. Monday through Saturday. A flight will leave New York at 6:55 p.m. and arrive in Charleston at 8:55 -p.m. Sunday through Friday.

Sen. Jay Rockefeller said in a statement the service will help West Virginia business and bring more tourists to the state.





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10- Wednesday, January 21, 2009 - The Pampa News

Darn! My kids are cursing

By ANGIE WAGNER For The Associated Press

LAS VEGAS (AP) -The other day my 3-yearold couldn't get a lid off a marker, so she made her frustration known in the form of a curse word.

After the initial shock, I told her that word was inappropriate and never to use it again. But she has.

My 5-year-old was rhyming words in her car seat one day and came to a curse word that rhymes with bit.

She immediately knew it was wrong, and smiled because of it. I just hope it doesn't come out at her Christian kindergarten. She might be expelled.

She also brought home a nice, truncated phrase "What from school ,Åî

she didn't understand why since there was no bad word in it. It was intent, I explained.

I admit to letting a swear word fly when I stub my toe or lose a file on my computer. But, gee, I thought I was saying them under my breath. And I certainly didn't think I said them that often.

My husband is a different story. He drops a certain curse word a lot. He says he doesn't, but I think he doesn't know that he does

Now apparently my 3vear-old could be making her swear words of choice part of her vocabulary. I am embarrassed. What if she pops it out in public?

I struggle with what is the best way to handle these little potty mouths. the ...?" I outlawed it, but Do I ignore it? Do I make

a big deal out of it, and then they know how bad the words are and they will say them more?

Psychologist Sal Severe, author of "How to Behave So Your Children Will, Too!," said first parents have to make sure they are not using the curse words. Eliminate the exposure.

That's hard for many parents, especially when a football game is on in some houses.

But children learn that when people are frustrated, they cuss.

Severe said to let the child know the word is not appropriate and to give a warning or two not to use it. If it is used again, he suggested a time-out or another mild consequence to let the child know you are disappointed in them. "You don't want to over-

react. Most kids learn that these cuss words have power," he said.

Young children also words. realize that using curse words get a quick reaction

from a parent. What parents want to teach their children is that they can be frustrated, but to use another word to show it.

Parents can tell older children that they are going to hear cuss words. ,Aî at school, in the gro-

cery store, at the park ,Aî but it doesn't mean it is OK for them to use the

Karla Renfrow, a mother of two in Flower Mound, Texas, said her 3-year-old daughter uses several different cuss words, but admits that it comes from her and her husband.

Renfrow said she has ignored the behavior a few times, but mostly tries to explain that those words aren't nice and shouldn't

be used.

In our house, I'm trying to give my 5-year-old substitute words to use when she is frustrated. She prefers "fiddlesticks", and the "What the ...?" phrase has disappeared for now. The 3-year-old seems to have forgotten about the naughty words and hasn't popped out any in at least a week.

I just hope no one cuts me off in traffic.

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Woman escapes subway train in Washington

WASHINGTON (AP) - A 68-year-old woman who fell onto subway tracks in Washington on Tuesday narrowly escaped an oncoming train by squeezing into a small space underneath a platform, authorities said.

As a train was fast approaching, the woman was trying to get a lift onto the platform, but there wasn't enough time. So Houston police officer Eliot Swainson, who was in town to help out with the record crowds during the inauguration, told the woman to squeeze into the space under the Metrorail platform.

"The train was coming through, it was loud, windy and cold," said Swainson, a 15-year veteran of the Houston Transit Authority Police. "I was just trying to get the situation resolved as quick as possible.'

After the train whizzed by the Gallery Place Metro Station, Swainson safely pulled the woman up onto the platform.

The woman, who was not identified by authorities, was traveling with a group of people when she turned to look for a friend and took a slight step backward. She lost her balance and fell onto the tracks, Swainson said.

The woman dislocated her shoulder, Swainson said, but he wasn't sure whether she did so during the fall or when she was trying to get on the platform. She was taken to a hospital.

Metro closed the Gallery Place and another station for nearly an hour while authorities investigated. Other trains had to turn around and the closure forced people to walk farther to reach the National Mall.

The transit agency said as of 6 p.m. Tuesday, more than 930,000 passengers had used Metrorail, breaking Monday's record of nearly 887,000.

Mother of Baby Grace pleads guilty on one charge

HOUSTON (AP) - A woman accused in the beating death of her 2-year-old daughter, dubbed "Baby Grace," has pleaded guilty to tampering with evidence but innocent of capital murder charges.

Kimberly Dawn Trenor, 20, and her husband, Royce Clyde Zeigler II, 25, are accused of beating Riley Ann Sawyers to death July 25, 2007 in their home in the Houston suburb of Spring. Trenor told police the child died after a disciplinary session veered out of control.

Trenor said the couple hid the body in a shed for two months before dumping

Beebe residents remember this day a decade ago

By WARREN WATKINS The Daily Citizen

BEEBE, Ark. (AP), The events that occurred 10 years ago are still sharp in Gladys Lightfoot's memory.

"I was sitting in my chair and when I heard it coming I ran down into the hall," recalls Lightfoot, 71.

What was coming was a killer tornado that struck Beebe about 7:30 p.m. Jan. 21, 1999. Before the tornado lifted back up into the sky, two people were dead. A third person died in the clean-up effort.

Lightfoot's sister, Flo Marie Taylor, 65, who was physically disabled, had said "Good night" and gone to bed earlier in their home in this south White County community.

An observer five miles west of town later reported that she saw three funnel clouds merge to make the huge tornado. Aerial photographs seemed to indicate two closely related paths of destruction.

"I had taken care of her for 27 years." Lightfoot said through tears on Friday. "It either blew her out of bed or she fell out of the bed. She died on the way to the

the radio saying, 'We've been hit, we've been hit," Robertson said. "Another officer replied, 'I can't get down there to you. I can't find a way. It looks like a war zone.'

The devastation was huge, Robertson said, from the freeway toward McRae across town, destroying homes, apartment complexes, schools and churches.

"It was unbelievable," Robertson said. Recovering from the tornado tested the entire town, even as volunteers and workers from all over the state converged on the scene

Then-President Bill Clinton visited the town three days after the disaster.

"We moved all over town for two years," Hall said of his church's ordeal while repairs were under way. Arkansas State University at Beebe offered an auditorium for many Sundays, but when the school had events booked the church had to find other facilities.

"We had a motto we laughed about. We said, 'If you can find us, you can worship with us," Hall recalled.

The church now has a 10-year-old facility on 30 acres, Hall said, replacing a

hospital with a ruptured spleen.

A granite monument in Daniel Park on Main Street bears Taylor's name, along with the two other victims, Kirk M. McAfee and Michael Anthony.

Bob Hall, pastor of First Baptist Church, was in the parsonage at 205 College St. with his wife, Margaret, and their two children when the tornado sirens went off that evening.

"Margaret said, 'Get in the bathroom now!"" Hall said. "I had a lady in a wheelchair here and I couldn't get her down the hall so I just picked her up. It happened so quick. The sound was like everybody says, like a railroad train."

The twister did \$25,000 damage to the parsonage, blowing out the windows, tearing off siding and doing water damage. Across the street, the church's sanctuary was destroyed.

As the sirens went off, Mike Robertson, now mayor, shut down his furniture store and went to help some elderly people and his family into tornado shelters. A volunteer firefighter, Robertson later helped clean up debris after the tornado hit.

"I remember hearing a police officer on

* DEAR ABBY: I am a 16-

year-old girl, and I'm pretty popular

in my high school. I'm blessed to have several close friends, and we

always have a great time together.

My grades are good, and I get along

well with my mom, dad and little

brother. So what's the problem,

girlfriend "Amber" recently. It was

over a "guy issue." I won't go into

details because we did end up work-

ing it out, but Amber said something

during the blowup that has me wor-

ried. She said that sometimes my

anger gets out of control and con-

cerns her. Two other girls who were

with us at the time agreed with her.

I've heard about this. I mean, Mom

sometimes calls me "Tammy

Temper" -- and has accused me of

"throwing fits." But my friends

never called me on it. In the fight

with Amber, she said my fists were

clenched and she was afraid I might

Abby, this is the first time

That floored me.

I had an argument with my

you're probably wondering.



building of 1970s vintage that had been erected on a 3-acre site.

"I look at things by virtue of who I am, a Christian and a Bible student," Hall said. "I'm not saying the tornado was sent by God, but God has a way of turning tragedy into triumph."

First Baptist has a legacy of recovering from disaster. Begun in 1872, the church's building was destroyed by fire in 1939, then again in 1969, then by the tornado in 1999.

"I told them that, in 2029, I'm gone!" Hall said jokingly.

Lightfoot dealt with the grief of losing her sister and the terror of seeing her world torn to shreds by the winds. She lived elsewhere until her brother restored her house, but still misses her sister.

"I know it was God's plan for her to be taken that way, since she was crippled and all," Lightfoot said. "She didn't have to go through all the stuff the rest of us went through."

A joint community service to memorialize the events of Jan. 21, 1999, is scheduled for 7 p.m. Wednesday at First Baptist Church, at 101 U.S. 64-West.

Dear Abby...

By Pauline & Jeanne Phillips

hit her. (I didn't think so.)

I don't want to scare people. I value my friends. I look forward to going to college and making new friends and having new experiences. I don't want to have a reputation as a hothead. Can you help me? --"TAMMY TEMPER" IN HARRIS-BURG, PA.

DEAR "TAMMY": Anger is a normal human emotion. Everyone experiences anger at one time or another. When primitive humans encountered a threat, they would react instinctively with either fear or anger, which gave them a jolt of adrenaline enabling them to fight or escape. It was a survival mechanism.

Infants show frustration by beating their heads against the side of their cribs, screaming or holding their breath until they turn red. Young children throw tantrums, yelling, kicking or hitting. But as we grow older, we learn to recognize what is upsetting us BEFORE we react, and learn to handle the emo-

tion in acceptable ways. My booklet "The Anger in All of Us and How to Deal With It" contains techniques for handling anger effectively and constructively. It can be ordered by sending your name and mailing address, plus a check or money order for \$6 (U.S. funds) to Dear Abby -- Anger Booklet, P.O. Box 447, Mount Morris, IL 61054-0447. Shipping and handling are included in this price.

Anger is an important subject. While many people have been taught from early childhood to suppress it, it is also important to learn how to express it appropriately. Admitting our anger verbally is one way. It's like releasing steam from a pressure cooker, which is both appropriate and healthy. Mature adults express emotions without "throwing fits" or making bullying gestures. Because your mother calls you "Tammy Temper" and your friends are voicing concern, the time has come for you to take control.

it in Galveston Bay where a fisherman later found the body inside a box. The then-anonymous girl was dubbed "Baby Grace."

Trenor and Zeigler were each charged with capital murder and tampering with physical evidence.

Trenor was arraigned Tuesday before Galveston County District Judge David Garner. On Wednesday, lawyers were to begin winnowing down a pool of 1,200 potential jurors.

Trenor's murder trial is scheduled to begin next week, once a final jury is selected. That jury will decide whether she is guilty of capital murder and sentence her on the charge of tampering with evidence. She faces two to 20 years in prison for tampering, and life in prison if convicted of capital murder.

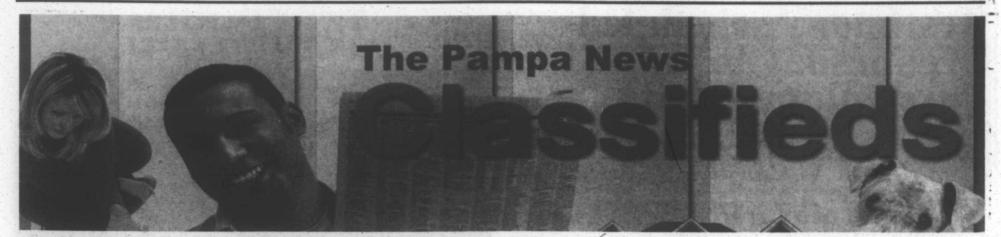
Trenor and Zeigler remain in the Galveston County Jail in lieu of \$850,000 bail each. Zeigler is being tried separately and his trial date has not been set.

Cash Five Texas results

AUSTIN (AP) - Results of the Cash 5 drawing Tuesday night: Winning numbers drawn: 12 - 20 - 21 - 22 - 23. Number matching five of five: 1. Prize: \$23,344 Matching four of five: 154. Prize: \$68 Matching three of five: 2,570. Prize: \$9 Matching two of five: 24,280. Prize: \$2 Next Cash 5 drawing: Wednesday night.

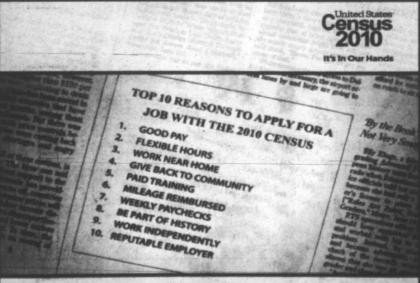
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HAPPY BIRTHDAY for Thursday, Jan. 22, 2009: You are full of energy and excitement

this year. You might be focused on your goals, but inevitably, what you desire comes in from out of left field. Groups of people and friendship mean a great deal to you. As a result, you will create much more of what you want through networking. If you are single, a relationship evolves through a friend. But recognize that you might not really know this person. And you might not get to know this person for a long time. Take your time before committing. You could discover this person is very different from what you thought. If you are attached, spend more time away together. Romance blooms. CAPRICORN reads you cold.

The Stars Show the Kind of Day You'll Have: 5-Dynamic; 4-H 3-Average; 2-So-so; 1-Difficult 4-Positive;

ARIES (March 21-April 19) *** Keep looking for the unusual solution or different approach. If you are constantly committed to finding a workable alternative, you will have much to smile about. Others could be tired and difficult. Don't linger around these peo-ple for too long, or else you might start feeling like them! Tonight: A must TAURUS (April 20-May 20)

*** Work with one other person, and you'll get results beyond your wildest imagination. How you deal with a situation and the choices you make could change radically. Consider the so-far unbelievable. You will love the results. Tonight: Say yes.

GEMINI (May 21-June 20) **** Defer to others, knowing full well what you want. You could be

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pushed by others and have an extreme reaction. The unexpected occurs. Know that anything is possible. A friend can heal a problem with ease. Tonight: Follow another's lead.

DAILY HOROSCOPE

CANCER (June 21-July 22) *** Easy works, and you have a lot to smile about. If you really want to think through a situation, take your time. You don't have to give an answer immediately. Listen to feedback from an associate. A partner has a strong sense of direction. Tonight: Where your friends are. LEO (July 23-Aug. 22)

**** Your warm style draws many people in your direction. Your perspective could change if you stay open. An associate might push you hard; go along with his or her suggestion. Working as a team proves to be the right direction. Tonight: Get more rest than usual.

VIRGO (Aug. 23-Sept. 22) *** Stay anchored and understand your limits and needs. You could be overwhelmed by everything that you hear. You have the strength needed, if you so decide. Know what is important. Follow those priorities. Your imagination plays a role. Tonight: At home.

LIBRA (Sept. 23-Oct. 22) **** Speak your mind, but give yourself the space to change your mind because in all likelihood, you will. Consider different alternatives with care. Tap into your imagination, and you could be delighted by the choices. Tonight: Share with a friend.

SCORPIO (Oct. 23-Nov. 21) ** Be careful with spending. You easily could go overboard. Recognize your limits so that you won't be singing the blues in the near future. Open up to possibilities with an eye to improving communication in a key relationship. Tonight: Let your hair down.

SAGITTARIUS (Nov. 22-Dec. 21) **** Your grin goes far, but you still must act on an idea. Bosses drop a lot on your plate, and you might have very little choice as to what to do. Use care with a thought or an instinct. A touch of cynicism pays off. Tonight: Pay bills first.

CAPRICORN (Dec. 22-Jan. 19) *** Know when to do less and listen more. Sometimes you could feel over-whelmed. Today, make it OK to feel like that. Gather information. What you feel is a good hunch might have larger implications than you originally thought. Tonight: You feel better as the night gets older

AQUARIUS (Jan. 20-Feb. 18)

**** Zero in on a friendship. A meeting could prove to be more impor-tant than you originally thought. Share a dream or a very wild thought. Your instincts could cause an unanticipated surprise. Money could be a wild card. Tonight: Make it an early night. PISCES (Feb. 19-March 20)

*** Others demand a lot, but on the other hand, you are able to handle all your responsibilities. The unexpected plays a big role in your unpredictability. How you see life could change radically. Tonight: Find your spirits.

BORN TODAY

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Philosopher, statesman Francis Bacon (1561), poet Lord George Gordon Byron (1788), philosopher, dramatist Gotthold Lessing (1729) ...

Jacqueline Bigar is on the Internet at http://www.jacquelinebigar.com. © 2009 by King Features Syndicate Inc.

12- Wednesday, January 21, 2009 - The Pampa News

Testimony scheduled Wednesday in curriculum debate

AUSTIN (AP) — The debate over the reviewers are Discovery Institute take center stage Wednesday during a fessor at Baylor University. State Board of Education hearing on proposed revisions to Texas' science curriculum.

The board is in the process of deciding what language will guide Texas science teachers in the classroom for the next 10 years. The evolution portion has drawn attention from both sides of the debate.

The current curriculum requires students be taught the "strengths and weaknesses" of all scientific theories, wording that some say has been used to undermine the theory of evolution.

But a six-member panel has recommended the curriculum be changed to say students should be able to "analyze and evaluate strengths and limitations" of scientific theory. Religious freedom activists and scientists are protesting the change.

The panel, which will testify before March. the board, is split on whether to approve the final draft, according to a report in remain in place for the next decade. the Fort Worth Star-Telegram. Two of

teaching evolution in public schools will members; the third is a chemistry pro-

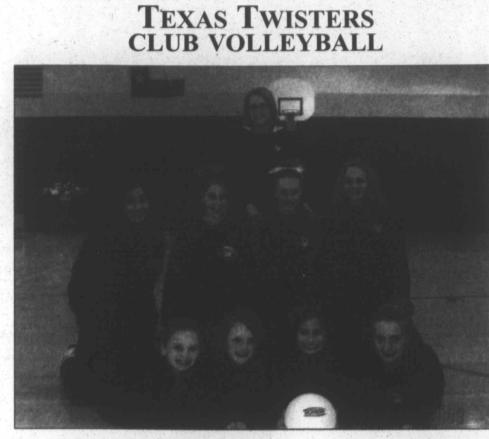
The reviewers who support evolution, all Texas scientists and biology teachers, don't want any such phrase included in the curriculum, said Kathy Miller, a spokeswoman for the Texas Freedom Network, an Austin-based nonprofit group that opposes religious influence

on public education. The 21st Century Science Coalition. formed by Texas scientists and educators who say politics and ideology should not influence science education, criticizes what it sees as attempts to water down or censor scientific information. An online petition was signed by almost 1,400 scientists and teachers.

Federal courts have ruled against forcing the teaching of creationism and intelligent design.

The State Board of Education is expected to vote on the proposal in

Standards adopted by the board will



Texas Twisters are off to a good start for the season. They went to their first tournament, Advanced Volleyball Qualifier in amarillo on Jan. 3. They made it to the gold bracket and finished third place out of eight teams. Bottom left: Ashlyn Pronto, Taylor Giles, Kylee Metts, and Alexa O'brien. Top Left: Kelly Silva, Brittney Green, Taylor Smith, Madison Joyce, and Coach Kellie Metts

Contractor makes 'unreal' find in Texas state park

Pate, who said his

GALVESTON, Texas consecutive order; silver upbringing kept him from (AP) — A contractor bracelets; watches; an Art taking the items, indicated clearing hurricane debris Donovan football card; he wants to find the owner discovered including a pair of dia- glass, Model A Ford radiamond rings and an 1863 tor cap. Confederate \$50 bill, in a green steel U.S. Army ammunition buried on the beach at the sand off and opened it Galveston Island State up. It was unreal!" Park.

Michael Pate, with Atlanta-based Byrd Disaster Relief, has worked in Galveston since Hurricane Ike made landfall on Sept. 13. On Jan. 7, Pate, 43, was working on a Bobcat tractor equipped with a grappling arm snatching storm debris from the sand.

"I was on the beach side bout 100 to 150 feet from the water. I was raking the '

sand and saw this snake

come out of the pile ... It went right down beside this box," said Pate in an

online story Tuesday for The Galveston County

It is unclear whether someone buried the box.

which Pate said was good for storage, or if the storm

demolished a house and

the other treasures inside, including: dog tags; mili-

tary medals, possibly from the Vietnam War or World

War II; silver certificates

with serial numbers in

The ammo can's rubber seal preserved perfectly

sank it in the sand.

Daily News.

treasure, and a mint condition, of the property. Several clues that may help him on that quest were also in

bill, in a "It was heavy, and I the box: family photo-S. Army said, 'This thing is full of graphs, a driver's license canister sand," Pate said. "I shook and a Social Security card.

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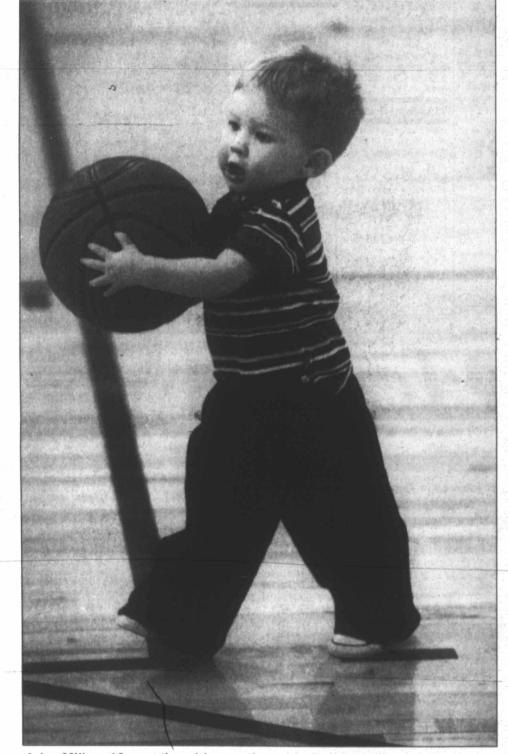
Kerri Harris

806-665-4995

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Callens George

Ty Payne



Jake Miller, 18-months-old, practices his ball handling skills during half time at the Pampa-Canyon Randall freshman basketball game Monday night.

Southlake joins cities with ban

SOUTHLAKE, Texas (AP) - The Fort Worth sub- Dallas, Hurst, Watauga, Irving and Flower Mound. urb of Southlake has become the latest to ban drivers from using hand-held cellphones while driving through active school zones, according to city officials.

The City Council voted unanimously for the ban Tuesday but motorists driving through Southlake school zones will still be allowed to use cellphones with hands-free devices.

The ban will be enforced as soon as signs are posted in school zones notifying drivers about the ordinance, city spokeswoman Pilar Schank said in an online story Councilwoman Pamela Muller said. Wednesday for the Fort Worth Star-Telegram.

"We'll put together a comprehensive communications campaign so residents know when the ban goes into effect," Schank said.

In 2007, Highland Park became the first Texas city to ban the use of hand-held cellphones in school zones. Several other area cities have followed suit, including

Statewide, Texas bans the use of hand-held cellphones by school bus drivers who are transporting minors and by drivers under 18 for the first six months after they are issued their license.

Council members indicated that they would consider banning hand-held-cellphone use throughout the city if the Legislature doesn't pass some sort of ban this session.

"I'd like us to keep that option available,"

Councilwoman Laura Hill, who originally proposed the ordinance, said she will go to Austin to testify in support of a statewide ban.



