

Swimming Regularly, in Good Form, Develops Lithe Figure



DONNA REED: Swims to slimmest.

One of the best ways to build lithe lines—in a figure, of course—is to swim regularly and in good form. "By good form," says Hollywood's shapely Donna Reed who, as does virtually every other figure-famous actress, preaches this beauty gospel, "I mean a passable technique in one of the four principal strokes back, side, breast or crawl." If you can't swim at all or your form is poor, says Donna, take some lessons. Lessons help a beginner to lick her fear of the water and enable a rusty swimmer to brush upon her form. Becoming proficient at swimming is what makes it fun, and earns you the spectacular benefits—a re-proportioned figure, firm muscles and complete relaxation—which are sure to come. To earn these benefits, however, Donna reminds you that you'll have to set yourself a good regular stint. As soon as you get going, make 500 yards your goal; then advance it gradually to 1,000 yards.

Mrs. George Reeve Hostess To Hopkins Demonstration Club

Members of the Hopkins Home Demonstration club met Friday in the Hopkins Community hall with Mrs. George Reeve as hostess. Topic for discussion was "Food For Babies," with Mrs. Dean Ericson in charge. Following the discussion, points were given on what can be added to school lunches to make them more wholesome. Refreshments were served to Mrs. C. F. Jones, Mrs. George Reeves, Mrs. T. D. Phillips, Mrs. Eaton Riggins, Mrs. H. W. Laycock, Mrs. Dean Ericson, Mrs. E. R. Milton, Mrs. Vern Savage, Mrs. Marvin French, Mrs. S. T. Holding and Mrs. George Stephenson. The next meeting will be held June 22 at the Community hall when a canning demonstration will be given by Miss Millicent Schaub, Gray county Home Demonstration agent.

California is the second largest state. NOTICE TO THE SHAREHOLDERS OF THE TALLEY TRUST In accordance with Article X of the declaration of Trust dated December 1, 1927, and recorded in Volume 34, Page 2 of the Deed Records of Gray County, Texas, we the undersigned, the ten share holders of the Talley Trust do hereby give notice of a special meeting of the shareholders of said Talley Trust to be held in the District Court room in the Court House in Pampa, Gray County, Texas, on Friday, July 7, 1944, at 8 o'clock P. M., at which time necessary business of said Talley Trust shall be transacted. All share-holders of said Trust are requested and hereby notified to be present at such meeting. WITNESS OUR HANDS, this 2nd day of June, 1944. C. W. FLAWEVER, GUY E. DUNWOODY, S. L. MARTIN, M. E. MARTIN, E. A. WEITZ, H. T. GANTZ, MRS. EMIL STUEBGEN, C. H. MUNDY, SALLIE B. MUNDY, MRS. J. G. GANTZ.

PIN-WORM ITCH MAY THREATEN YOUR CHILD'S HEALTH

Don't let your child suffer a simple, less minute of misery with Pin-Worms! These pests are more than just a nuisance. Scientific facts now show that crawling Pin-Worms, living and growing inside your child's body, can cause real distress. It is easy for anybody, anywhere, to catch this nasty infection, often without even knowing what is wrong. Learn the warning signs—the tormenting, embarrassing rectal itching; also, uneasy stomach, bed-wetting, nervous fidgeting, itchy appetite, and loss of weight. If you suspect Pin-Worms, get a package of P-W tablets right away and be sure to follow the directions. P-W is the new Pin-Worm treatment developed by the laboratory of Dr. D. J. J. & Son, America's leading specialists in worm medicine. Important Scientific Discovery The small, easy-to-take P-W tablets contain a remarkable drug (gentian violet) that is being hailed by high medical authorities as the most effective means ever discovered for dealing with Pin-Worms. Thanks to this important discovery, P-W is a special, gentle way to destroy Pin-Worms. Ask your druggist: P-W for Pin-Worms!

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Medical Society Has Luncheon And Business Meeting

Gray-Wheeler County Medical society met in regular monthly session at the Schneider Hotel Thursday. A Dutch lunch was served prior to the meeting. Dr. C. E. High of Pampa read a paper "Common Diseases of the External Ear." Dr. Fred J. Crumley read a paper "The Epipharynx." Those present were Doctors W. Purviance, C. E. High, C. H. Ashby, R. D. Falkenstein, E. W. Pierat, R. M. Brown and H. L. Wilder of Pampa. Doctors J. J. Cunniff, F. J. Crumley and J. R. Lemon of Amarillo, Dr. E. H. Morris of Canadian. The next meeting will be held in Pampa July 22.

We, the Women

Everybody is complaining about the poor service they encounter so often these days. But nobody seems to be doing anything about it. A traveler tells about the surliness of a railroad porter but if you ask, "Did you tip him?" the answer is usually, "Why, yes I did." A diner-outer complains about the waitress who practically threw the silver at him, but he left his customary tip, nevertheless. Everybody knows by now that slowness and less than perfect service can't be helped these days, with the labor turnover what it is. But everybody also knows that the patient public is having to put up with a lot of rudeness and take-it-or-leave-it treatment that is entirely uncalled for—even in war time. And they'll continue to put up with it, unless they voice their protest. And what better way to start than to scale their tips according to how courteously or discourteously they are treated, leaving nothing at all for the person who is completely disinterested or insulting. JUST DESERTS For such a means of protest to be effective the public would have to stick together, of course. If only an occasional person voices his protest by walking out without a tip the offending worker would just say, "Another crank." But if the tips stopped coming, discourteous help would get the point and come down off their high horse. The public deserves sloppy service and discourtesy if it is meek and submissive enough to continue to tip those who dish it out. BACK THE FIFTH

17-Year-Olds Are Wanted for Flying

Air-minded youths of 17, who now have an opportunity to become members of the world's greatest and best aerial combat teams by joining the Air Corps Enlisted Reserve, were urged yesterday to take necessary steps toward these careers, by Col. Charles B. Harvin, Pampa Army Air Field's commanding officer. Opportunity to become members of Army Air Forces combat teams was made available on June 1 to youths eager to serve their country and wear the wings of pilots, bombardiers, navigators, technicians, gunners, and airplane mechanic gunners, Col. Harvin added. An examination will be given to all young men aspiring to enter the Enlisted Reserve. The exam, designated as the Combat Crew Qualifying Examination, is the first of many tests the youths will take. It was pointed out. Passing the exam assures applicants that if they maintain their physical condition to AAF standards they will have an opportunity for flying training. Men with outstanding high aptitude ratings will be given the chance to take training for pilot, bombardier and navigator's positions. Other men may qualify for training as career gunners. All youths interested in taking the qualifying examination should call Pampa Air Field, 1700, and ask for extension 202, where arrangements will be made for them to take the examination at an early date.

Psychology of Men From Combat Will Be Studied by USO

Revised standards for USO junior hostess groups, geared to the needs of returning service men, are embodied in a bulletin received today by Mrs. Julia Pagen from Mrs. Pearl Case Blough, Director of USO Services to Women and Girls. Mrs. Pagen said that the bulletin, which has been sent to all USO club directors in this hemisphere, advises that special consideration should be given now to developing junior hostesses with an understanding of the psychology of the men returning from combat service. "In case of men with physical wounds, great harm may be done if personal reactions are not guarded and topics of conversation carefully chosen," the bulletin states. "It should be remembered, too, that not all these men will have physical wounds. Many will return with other evidences of combat and will be emotionally disturbed. All these men face a difficult readjustment and it is imperative for junior hostesses to have some instruction regarding their responsibility in this area of service. If a psychiatrist or physician connected with the Army or Navy, or directly associated with the men, is available for lectures, he should be used. Otherwise, an experienced case worker with some psychiatric background should be substituted. The subject should be treated only by a professional who is thoroughly familiar with all implications." Mrs. Pagen said that many USO clubs have already begun training for junior and senior hostesses in the correct reception of wounded or disturbed members of the armed forces, citing as an example the lectures on "Conversations with the Returning Service Man" developed by the Los Angeles area USO and other consultation with experts in medical, psychiatric and religious fields. BACK THE FIFTH

5732

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Joan Gurley To Wed This Month

Mr. and Mrs. F. O. Gurley, 516 North Hazel have announced the engagement of their daughter, Miss Joan Gurley, to Lt. John Edgar Witt, son of Mrs. Anna Jacobson Witt of Adrian, Texas. The wedding will take place late in June.

PAAF Chapel Is Marriage Scene

The Pampa Army Air Field chapel was the scene for the marriage of Miss Yvonne Cidter and A/C Vern B. Baboack in a ceremony June 17 at 8 p. m. The bride is the daughter of Mrs. John Nash of Seattle, Wash., and the bridegroom is the son of Mr. and Mrs. Hyrum Baboack, Rt. 1, Nampa, Idaho. Warren E. Murphy read the marriage ritual against a background of palms, pastel gladioli and cathedral candelabra. The bride, given in marriage by A/C Frederick C. Banta, wore a light blue dressmaker suit with white accessories and a corsage of red and white roses. Bridesmaid was Miss Florence Wheeler, of Tulsa, Oklahoma, who wore a white street-length dress with a corsage of gardenias. Sgt. Thomas L. Smith served as best man. A/C Baboack is stationed with Section H at the Pampa Air Field and they will make their home in Pampa.

Bowling Party To Be Held Tonight For Beta Sigma Phi

A bowling party will be held tonight at 7:30 for members of Upsilon Chapter of Beta Sigma Phi night at 7:30 for members of Upsilon series of summer activities, sponsored by the sorority will be given with Mrs. Ray Robbins, Miss Margaret Stockstill, Miss Mary Margaret Gibbon as hostesses.

Announcement

American Legion Auxiliary will meet tonight at 8 o'clock in the home of Mrs. R. K. Stout, 719 Somerville. Two-thirds of the mercury output of the United States comes from California.

Social Meeting And Bible Study Held For Hopkins Women

The Women's Missionary Society of Hopkins met last week in the community hall for Bible study and a social meeting when Mrs. E. B. Morton gave the opening prayer and Mrs. Joe Montgomery gave the devotional.

The Social Calendar

TUESDAY Cadet Wives club will have a breakfast in home of Mrs. E. J. Hanna, 1309 N. Russell. LeFors W.S.C.S. will hold an all-day meeting at 10 a. m. at the church. Morton H. D. Club will meet. Worthwhile H. D. Club will meet. Rainbow for Girls will meet. Kit Kat Club will meet at 7:30. WEDNESDAY Missionary council of the First Christian church will meet at 1 o'clock for a covered-dish luncheon. Presbyterian Auxiliary will have circle meetings. Women's Council of First Christian church will meet. Parish Council of Holy Souls will meet. Bell Home Demonstration club will meet in circles. W.M.S. of the First Methodist church will meet in circles. THURSDAY Hopkins Home Demonstration club will meet at the Community Hall for canning demonstration. Rebekah Lodge will meet at 7:30. Wives of the Central Baptist church will meet at 2:30. La. Rose Society will meet. Hopkins W.M.S. will meet at the Community hall. FRIDAY Vines club will meet with Mrs. Homer Doggett, 303 E. Browning at 3 o'clock. Colfax H. D. club will meet. Wayside H. D. club will meet. Ester club will meet at 7:30. Royal Neighbors will meet. W.M.U. of the Central Baptist church will meet.

Ration Calendar

MEATS, FATS, ETC.—Book four red stamps A8 through W8 now valid indefinitely. PROCESSED FOODS—Book four blue stamps A8 through V8 now valid indefinitely. SUGAR—Book four stamps, 30, 31 and 32 valid indefinitely for five pounds. Stamp 40 good for five pounds for home canning through Feb. 28, 1945. SHOES—Book three airplane stamps 1 and 2 good indefinitely. GASOLINE—1-A coupons good for three gallons through June 21; 1-2-A coupons become valid for three gallons June 22, good through Sept. 21; B-3, B-4, C-3 and C-4 coupons good for five gallons.

Female Weakness

To relieve distress of MONTHLY Lydia E. Pinkham's Vegetable Compound is made especially for women to help relieve periodic pain with weak, nervous, blue feelings—due to functional monthly disturbances. Taken regularly—it helps build up resistance against such symptoms. Follow label directions. LYDIA E. PINKHAM'S VEGETABLE COMPOUND

Announcement

The Missionary Council of the First Christian church will meet at the church Wednesday for a 1 o'clock luncheon. The luncheon is to be covered-dish style and each member is asked to contact their group leader.

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