

The Pampa News

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Tornadoes rip through Texas, injuring seven

WINTERS, Texas (AP) — A series of tornadoes that tore through Texas flattened an oil rig, threw a car into a building, destroyed businesses, damaged dozens of homes and injured at least seven people.

The heaviest damage from Sunday's twisters was reported in Winters, where losses were estimated at more than \$2.5 million.

"There's only one thing left to do — clean up and rebuild," CR Pinkerton, owner of Winters Welding Works, said as he surveyed the destruction of eight vehicles and four of five buildings he owns along Highway 83.

At least five twisters were reported Sunday morning in a three-county triangle running from the West Texas communities of Norton, 57 miles southwest of Abilene, to Goldsboro, about 20 miles to the northeast, to Buffalo Gap, about 15 miles to the northwest.

The early morning tornadoes accompanied severe thunderstorms lasting from about 1 a.m. to 3 a.m., the National Weather Service said.

Tornadoes also were reported the Dallas suburb of Duncanville, where 18 houses were reported damaged about 7:30 a.m., and 49 miles southeast of Abilene in Pioneer, where a barn, a house and garage were damaged.

"It was horrifying," said J.C. Rhodes, describing how a tornado swept him, his wife and two teen-age children out of their home and shattered the three-bedroom brick

house near Goldsboro about 2 a.m. Sunday.

"I was sound asleep and I heard my wife scream, 'Something's wrong.' I found her in the hall and tried to grab her hands and pull her to the floor.

"But she was pulled from my hands and I was spun around. I was begging for the Lord to stop it," said Rhodes, 42. "The next thing I knew, we were out in the yard. And when it stopped, it stopped dead still."

He and his son were treated for injuries at Hendrick Medical Center and released. His wife and daughter were listed in stable condition.

A three-room weekend cabin across the road from the Rhodes house also was destroyed, but no one was home at the time.

Three Winters residents were injured when a tornado picked up a car and threw it into a building at Winters Oil Field Supply Co., according to a nurse at the Hendrick Medical Center.

One of the three, Jessica Perkins, 25, was listed in guarded condition at Hendrick Medical Center, suffering from scalp lacerations. Deloris Sparks, 34, suffered a broken clavicle and was in stable condition and Harvey Sparks, 20, was treated for a knee injury and released.

The tornadoes came on the eve of "Tornado Preparedness Week," March 15-21, declared by Gov. Bill Clements.

A circulation driver for the Abilene Reporter News, Roy Tallant, said he saw five tornadoes as he drove from Abilene to Norton early Sunday

morning.

"I saw five large, distinct, separate funnels sticking down from the clouds," Tallant said. "This was between 12:20 and 2 a.m. I'd say ground surface winds were from 45 to 60 mph during a period of about 30 minutes. It was raining so hard and the winds were so heavy I was driving only 20 mph."

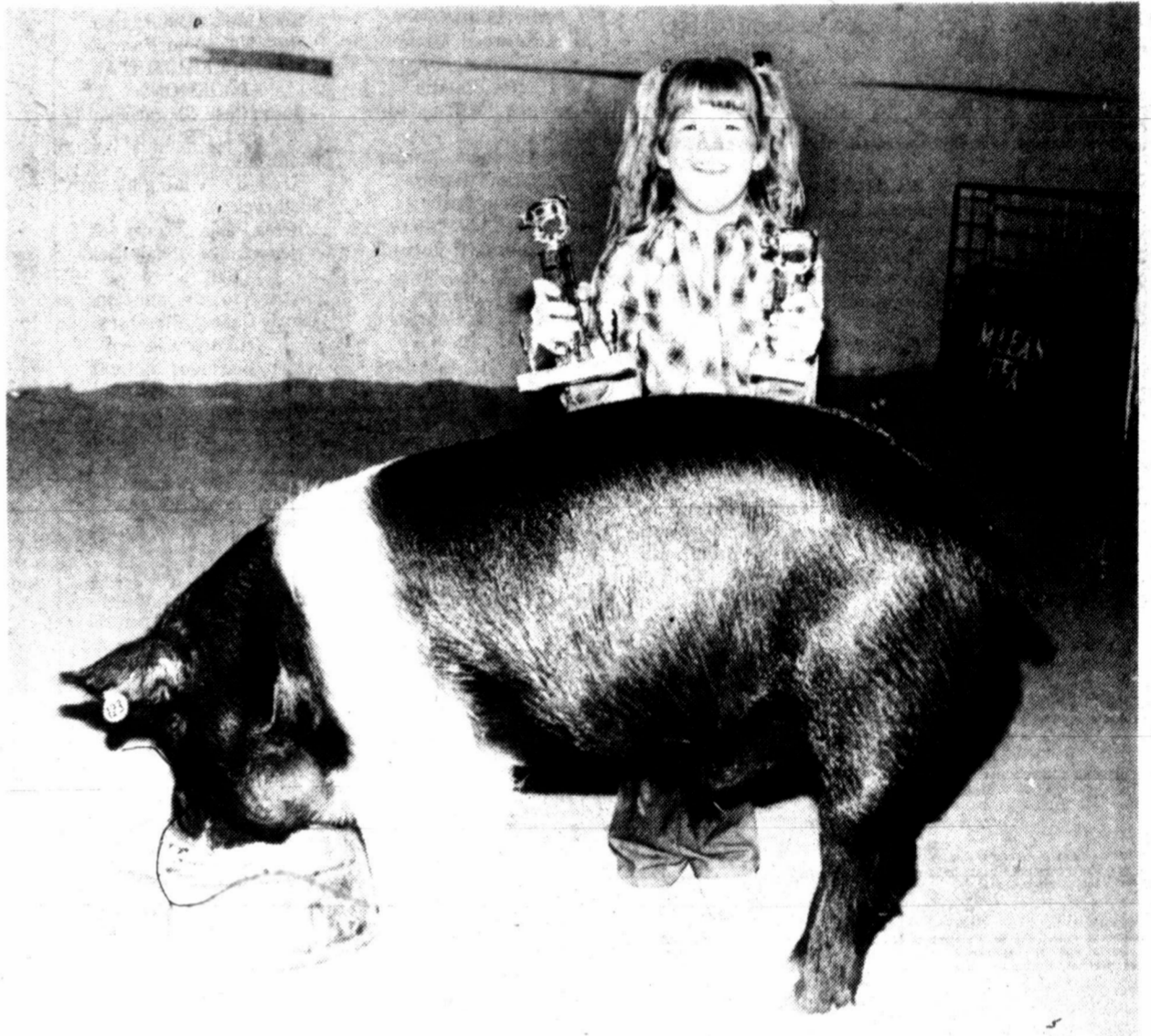
The Department of Public Safety said the first tornado is believed to have touched down about 1:54 a.m. in Norton, southwest of Winters. A grain elevator and some storage sheds were damaged there. It apparently moved then to Winters.

Twisters tore up a section of Farm Road 382 between Winters and Lawn, killed livestock, and felled a \$1 million, 125-foot derrick. The oil well drilling rig was to have been moved from the Monday, according to tool pusher R.D. Stewart of Tuscola.

The tornado that hit the Rhodes home between Goldsboro and Lawn threw cars, trucks and appliances as far as 300 yards. A one-ton welding truck was tossed in a crumpled heap at least 150 yards from where it had been.

Rhodes and his daughter Vickie, 13, suffered bruises and cuts, his son, James Jr., 16, suffered facial lacerations, and his wife, Nelda, 42, suffered cuts and was in stable condition.

"I feel the man upstairs was with me," the 16-year-old son said. "If he wasn't, I wouldn't have been here talking with you."



GRAND CHAMPION BARROW. Nine-year-old Julia Graham of Lefors smiles proudly after her barrow was named Grand Champion during the Gray County Junior Livestock Show Saturday. Julia is a member of the Gray County 4-H Club and will be showing her barrow again during the Top O' Texas Stock Show this week. (Staff Photo by John Wolfe)

New bill introduced to prevent clandestine activities in Nicaragua

WASHINGTON (AP) — The chairman of a House foreign affairs subcommittee says he is introducing a bill to prevent the Reagan administration from any clandestine operation against the Sandinista regime in Nicaragua.

Michael Barnes said Sunday he would block another episode like the disreputable "Bay of Pigs" invasion effort in which U.S.-trained Cuban exiles tried to overthrow Cuban President Fidel Castro in 1961.

The Maryland Democrat's bill, to be introduced today, adds to the momentum of a movement in Congress to assert more control over administration conduct in Central America.

Sens. Paul Tsongas, D-Mass., and Christopher Dodd, D-Conn., proposed legislation Friday to require prior congressional approval for military action and covert intelligence operations in the region.

Barnes, head of the inter-American affairs subcommittee, announced his plan on NBC's "Meet the Press." Also appearing on the interview show, Rep. Robert Dornan, R-Calif., a member of the subcommittee, predicted Barnes' bill will pass the House.

It would prohibit the Central Intelligence Agency and other U.S. groups from spending money or doing anything else "which would have the effect of supporting, directly or indirectly, military or paramilitary operations in or against Nicaragua by any nation, group, organization, movement or individual."

Against that backdrop, Mexican Foreign Minister Jorge Castaneda said Sunday in New York that his government will follow up quickly on suggestions from Secretary of State Alexander M. Haig Jr. that could lead to talks aimed at easing the United States' relations with Cuba and Nicaragua.

Castaneda also held out the possibility that a 75-minute meeting with Haig Sunday in New York brightened the prospects for moving toward a negotiated settlement of the El Salvador conflict after the March 28 elections there.

While Haig's assessment of the meeting was not as upbeat as Castaneda's, neither he nor other U.S. officials made any significant moves to disparage the Mexican diplomat's characterizations.

Amid published reports of various covert plans aimed at Nicaragua, President Reagan and Haig have accused the Sandinista government of directing leftist guerrillas in El Salvador and channeling Soviet and Cuban arms to them.

At the same time, Reagan and Haig have refused to say what options the administration might be considering.

Barnes, who has access to U.S. intelligence information, refused to say

what he has seen. But he said that if reports of a covert operation are true, "it would be a mistake so serious that it would be in a context like nothing we've experienced in Latin America since the Bay of Pigs."

The president ought to fire whoever is involved in any leaks that may have taken place and whoever proposed this covert operation, if, in fact, it has been proposed," he said.

Rep. Dornan registered his opposition to any covert plot. At the same time, he said the administration should tell the American people what it knows about Soviet and Cuban activities in Central America.

Last week, top intelligence officials disclosed what was described as evidence of a military buildup in Nicaragua. The administration has not yet made public what Haig has described as "irrefutable evidence" that the Sandinista junta is aiding the rebels in El Salvador who are fighting

against that nation's U.S.-supported junta.

Dornan said U.S. intelligence officials have evidence Cuba has received a third squadron of Soviet-built fighter jets capable of dropping nuclear weapons on the United States. Dornan said eight or nine MiG-27s were in the squadron.

"That's a brand new designation," he said. "It's a MiG-23 with a sloped fighter-bomber nose capable of carrying nuclear weapons."

He said the plane has "a more effective delivery system" for a nuclear device than the intermediate-range ballistic missiles sent to Cuba two decades ago. President John F. Kennedy ordered a blockade until the Soviets removed the missiles.

"We are now in a much more difficult, a much worse situation than we were in 1962," Dornan said.

Reagan, meanwhile, said the young

Nicaraguan guerrilla who told reporters in a State Department interview on Friday that he was in El Salvador as a volunteer "was obviously a liar."

Jose Orlando Tardencillas Espinosa, 19, said he knew nothing about Cuban and Nicaraguan involvement in El Salvador, contradicting what he had said in an interview there last year.

"The thing I'm surprised at," Reagan told reporters Sunday, "is that no one — first of all we don't know which side he was lying to — but that no one's speculated about the possibility it might have been a setup."

Francisco Fiallos Navarro, Nicaragua's ambassador to the United States, denied in an interview broadcast Sunday that his country has received any Soviet MiG jets but said it will start importing them "if this verbal rhetoric (by the United States) continues."



SHAVE AND A HAIRCUT. Kevin Meeks of Wheeler County prepares his steer for the Gray County Junior Livestock Show, conducted Saturday

Judging underway in Top O' Texas Show

The best looking steaks, ham hocks, and lamb chops, still on the hoof, will be decided today at the seven-county, biggest ever Top O' Texas Stock Show.

Judging of all stock is to be completed today, but activities continue through Wednesday.

The biggest show in the history of the Chamber of Commerce event saw a total of 639 animals displayed for judging. Area FFA and 4-H chapters entered 92 steers, 335 hogs and 212 lambs.

Judges for the events are Ronnie Dennis of Kress, lambs; Paul J. Phillips of Ozark, Ark., steers; and Lanny Tucker of Estelline, swine.

Tuesday, about 40 FFA chapter livestock judging teams will compete to see which team has the best eye for animals. Team registration starts at 8:30 a.m. in the stock show sales arena.

Rex McAnelly is contest superintendent, and Dr. Ted Montgomery and Jim Kuykendall of West Texas State University are contest judges.

The team judging winners will be announced at an awards banquet in the First Methodist Church. The banquet begins at 4:30 p.m. Tue., with Pampa State Representative Foster Whaley as guest speaker.

During the banquet, the \$500 Frank M. Carter Scholarship Award to the Texas Tech University School of Agriculture will be presented to the outstanding Area I, FFA student.

Also Tuesday, judging of all registered Hereford classes, including the Junior Heifer Show, begins at 1 p.m. Lynn Born of Follett judges the Herefords.

The Hereford Breeders Association annual banquet and dance begins at 7:30 p.m. Tue., in the Starlight Room of Coronado Inn.

The show concludes Wednesday with the auction and sale. Last year, students earned more than \$161,000

from the stock sale. Pampa businessmen paid more than half of the sale's total in support of the students.

A bidder's breakfast begins just prior to the sale at 7 a.m. in the stock show dining room. Bob Caddel of Pampa auctions off the junior stock, and Stanley Stout conducts the registered sales.

The show was planned under the direction of Clyde Carruth, Show Superintendent, Jim Greene, Assistant Show Superintendent, and Kenny Smith, Chairman of the Agriculture and Livestock Committee of the Chamber of Commerce.

Reagan criticizes opponents of his budget

MONTGOMERY, Ala. (AP) — President Reagan, seeking support for his economic program in the South, today criticized members of Congress who "march out to denounce the projected deficit on television" but then voted to "bust the budget" in private committee meetings.

Although aides had said Reagan would soften his recent approach toward Capitol Hill, the president had sharp words for his opponents back in Washington.

Reagan, in the first of three addresses to state legislatures in two days, said Americans "today need strong backs and deep pockets to shoulder the highest tax burden in peacetime history." But Washington still wants more.

Faced with governors balking at his "new federalism" program and a lack of the congressional support his economic plan received a year ago, Reagan gave no sign of abandoning his firm opposition to major changes in his economic program or to tampering with his tax plan.

"I'm not only proud of this tax program, I happen to believe it's the best darn thing that's been done for working and middle-income people in

nearly 20 years," he said in the text of a speech prepared for delivery to a joint session of the Alabama legislature.

At first, Reagan seemed conciliatory toward Congress, saying that where savings can be found "or a better way of meeting agreed-upon goals can be worked out, I pledge my full cooperation to the members of Congress on both sides of the aisle and I

want to hear from them."

But he added:

"I have little time for parade-walkers who march out to denounce the projected deficit on television but then slip back behind closed doors to bust the budget in their committees."

He said Congress' refusal to go along with the full three-year, 30 percent cut in income tax rates he sought a year

ago — it approved a 25 percent cut — "aggravated the recession, causing more unemployment, spending and a bigger deficit."

Reagan directed his appeal for support at what he called "Main Street America," where residents, he said, "sometimes feel like forgotten Americans."

County studies appraisal contract

Gray County Commissioners met in special session today to consider taking on a contract for appraising all property in the Gray County Tax Appraisal District.

The commission did not adjourn and will continue the meeting at 6:30 tonight. At the session tonight, commissioners will study the appraisal contract, prepared by attorney Bill Waters.

The proposed contract between Gray County and the tax appraisal board calls for the office of Gray County Tax Assessor - Collector Margie Gray to provide appraisal data for all 10 county taxing entities, beginning in 1983. The

budget and contract for 1982 is for work toward those 1983 appraisals.

Gray's budget for the appraisal service, during the remainder of 1982, is \$67,400. That compares with an annual 1982 appraisal budget of \$532,000 submitted by the combined Pampa city-school tax office.

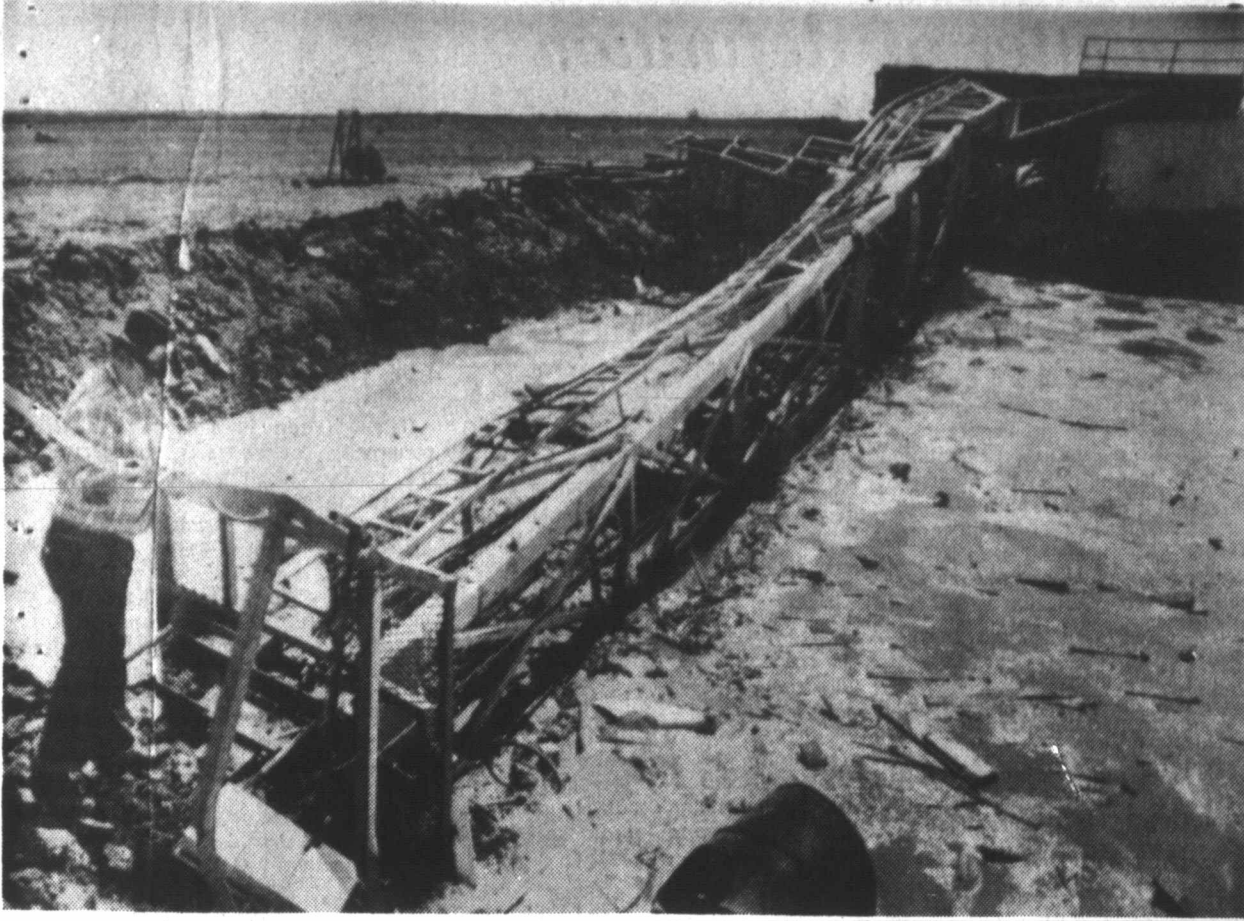
That budget and contract was earlier approved by the appraisal board, but the county taxing entities vetoed the spending plan, and the Pampa school board cancelled the contract following stiff, taxpayer and official protest.

Those actions put the ball for appraisal work back into the court of the appraisal board, which decided last

week to ask both the Pampa school board and the Gray County Commission to submit new contracts and budgets.

Commissioners will take action on their appraisal plan tonight, but it is unknown if the school board will submit another plan. Board member Dr. Robert Lyle said last week he would not favor submitting a new plan. The school board meets at 5 p.m. Tuesday.

In other action today, commissioners approved payment of the county's share of a city-county storm sewer project. The new sewer will be built along State Highway 70. The total bid for the project of \$916,000 was awarded to Kip Inc.



DRILLING RIG TOPPLED. R. D. Steward, tool pusher for Wylie Drilling Corp. of Abilene surveys damage to a rotary drilling rig toppled by an early Sunday morning tornado in Winters. The rig which suffered \$1 million damage had been drilling for oil and was to be moved to another location Tuesday. The rig fell across two sludge pits. (AP Laserphoto)

Survivors describe tornadoes

GOLDSBORO, Texas (AP) — James Rhodes Jr. heard something "whistling real bad" about 2 a.m. as he lay in his bed during a thunderstorm.

"By the time I looked around, I had bricks and glass on my bed," the 16-year-old high school junior said. "Then I flew out the window and the house went down."

In a matter of moments Sunday, a tornado swept him, his 13-year-old sister Vickie and their parents from their home and tossed them as far as 40 yards away.

"I feel the man upstairs was with me," James Jr. said. "If he wasn't, I wouldn't have been here talking with you."

"After I flew out of the house, I was pinned under some boards and bricks," he said. "and a little piece of the attic came for my head. I threw up my shoulder and knocked it down. Then I saw a bigger piece that I wouldn't have been able to stop, but about two feet away it just curved away, like a baseball."

"It was horrifying," said James' father, J.C., a welder. "I was sound asleep and I heard my wife scream. 'Something's wrong!' I found her in the hall and tried to grab her hands and pull her to the floor."

"But she was pulled from my hands and I was spun around. I was begging for the Lord to stop it," he said. "The next thing I knew, we were out in the yard. And when it stopped, it stopped dead still."

After locating his family, he went for help.

"I didn't have time to think," he said. "I went running down to the highway in my underwear, about a half mile. I got cuts all over my feet, and I saw some hot wires in a mud puddle and I jumped over them."

A passing motorist took him to a neighbor's house to call an ambulance. A relative said Rhodes had so much glass sticking in him then that he couldn't be clothed other than to have a towel placed around him.

The family, suffering from cuts and

bruises, was taken 20 miles north to Abilene and the Hendrick Medical Center, where Rhodes and his son were treated and released and his wife and daughter were admitted and reported in stable condition.

"I am not a religious person but I see that's going to change... because the man was giving me a warning and I see it," Rhodes said. "He protected us and gave us our lives back."

The tornado threw some of the Rhodes family's cars, trucks and appliances as far as 300 yards. A one-ton welding truck was tossed 150 yards.

One truck landed on a steer that had to be destroyed, and three litters of puppies were lost in the storm, said a neighbor. Mrs. Rhodes raises AKC Registered poodles and chihuahuas.

The family's three-bedroom home was destroyed.

Rhodes said the family had built the house almost by hand, brick by brick, over four years. It was completed in time to celebrate Vickie's first birthday in it.

Republican leaders downplay party differences with Reagan

WASHINGTON (AP) — "Don't embarrass the president," was the dominant theme when Republicans met on the shore of the Chesapeake Bay to discuss issues. But while carefully sidestepping any positions that might differ from the White House line, the GOP officials also seemed to say, "Watch what we do, not what we say."

That came across most clearly when delegates to the fifth annual Tidewater Conference confronted the time-honored GOP issue of balancing the federal budget.

With exquisite precision, the resolution adopted by the conference of party leaders cited the interest and inflation rates during the last year of the Carter administration and the lower figures prevailing now.

But there was no mention of the numbers for unemployment, now 8.8 percent compared to 7.4 percent when Jimmy Carter left office.

"Unemployment is too high, but will be reduced by the economic growth programs enacted last year and now being implemented," said the

Republicans. Another number not mentioned either in the resolution or the debate was \$91.5 billion — the projected record deficit in the budget the president proposed for the fiscal year beginning next Oct. 1. And the administration recently raised that projection to \$96.4 billion.

There was plenty of rhetoric about balancing the budget — by mandating it through a constitutional amendment, if necessary — but no talk about how far out of balance the budget now is and how far out of balance it is expected to remain.

When Rep. Joel Pritchard of Washington suggested mentioning the defense budget as an area that had to be examined for possible cuts, he got so little support he didn't push his proposal.

However, once the formal session had ended, the resolutions had passed and the participants were relaxing, they were a little more candid about what they think has to be done.

Rep. Carroll Campbell Jr. of South Carolina said he has no doubt the defense budget proposed by President Reagan will be trimmed by Congress and that efforts will be made to raise revenue by closing some tax loopholes and probably eliminating the provision allowing corporations to sell unused tax credits.

Other participants expressed similar views.

Campbell is a believer in the Reagan economic program. He predicted it will work, given enough time. But he also is a believer in a balanced budget and, as do many of the conference participants, thinks the time has arrived when Congress will be forced to examine programs whose benefits automatically increase when the Consumer Price Index rises.

Congressional willingness to cut entitlement programs — Social Security could be one of the programs being considered — is seen by many members of Congress as the key to getting Reagan to relax his insistence that the defense budget go untouched.

Train derails after hitting truck

PLEASANTON, Texas (AP) — A stretch of interstate highway near here may be closed for a month after a freight train crashed into a tractor-trailer rig, derailing 22 of the train's cars, Department of Public Safety officials say.

The rig landed on the tracks after smashing through a guard rail on a highway overpass above, authorities said.

The truck driver was killed and three men on the train were injured.

The derailment, about four miles east of Pleasanton and 40 miles south of San Antonio, occurred about 10 p.m. Saturday, state DPS officials in San Antonio said.

It was not known what time Saturday night the truck, which was carrying an earth mover on a trailer, plunged from Interstate 37 to the Missouri-Pacific

railroad tracks 30 feet below. But authorities said another freight passed by the area at 7:45 p.m. without incident.

The driver of the rig was identified as Richard Homer Smith, 28, of Edinburg, the DPS said.

Damage done by train units when they smashed into highway overpass supports prompted the DPS to close that section of I-37 and detour traffic through Pleasanton.

Names in the News

NEW TOWN, Conn. (AP) — One of Marianne Kopko's favorite possessions is her "Trieky Dick" doll, whose arms and legs never go the same way twice when its strings are pulled.

The doll, a look-alike of former President Richard M. Nixon, is one of more than a thousand political articles neatly displayed in her home.

Miss Kopko, a piano teacher, is the editor of "Checkers," the newsletter of the Nixon Political Items Collectors club. The title refers to a 1952 speech in which Nixon, as a member of the U.S. Senate, replied to charges that he accepted gifts and favors — including his dog, Checkers — from California businessmen.

LOS ANGELES (AP) — The Go-Go's are alive and well and recording in Los Angeles.

No fooling. They really are. The all-female rock band, riding high on the music charts, has been beset by a rumor that its lead singer has died — but it's not true, a spokeswoman said Sunday.

"They're here in Los Angeles and they're fine," said Betsy Alexander, national director of publicity for International Record Syndicate. Lead singer Belinda Carlisle and the four other members of the band are cutting a new record, she said.

Switchboards have been flooded by calls at IRS, the Go-Go's label, and at A&M Records, which distributes the Go-Go's No. 1 album "Beauty and the Beat" and top-10 single "We've Got the Beat," she said.

Most callers are teen-agers claiming to have heard on television or radio of Ms. Carlisle's drug-related death. Ms. Alexander said.



RICHARD NIXON



SEN. BOB PACKWOOD



BELINDA CARLISLE

NEW YORK (AP) — Sen. Bob Packwood keeps getting in hot water with the Reagan administration, but that's OK: the Oregon Republican says he isn't chasing higher office that would require help from the top.

"I'm not prepared to give up the last shred of privacy I have," he told People magazine in an interview. "...I want to go to Shakey's Pizza with my family without being recognized."

What Packwood, 49, seems determined to do is make his name as a political curmudgeon. Much of

Washington rolled its eyes recently after he said he and other Senate leaders "just shake our heads" when President Reagan tells one of his anecdotes about welfare cheaters.

But Packwood's blast at the president also comes in the direct form — as when he said Reagan's stands on women, blacks and minorities "will hurt us more in the long run than the economy."

His friends say his short-term goal might be Senate majority leader. But for that, Packwood, who rivals Lowell Weicker as the

Senate's top GOP maverick, might have to temper his ways.

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SIXTH GENERATION. Tara Kathlene Peters is the center of attention as she is shown off by her mother, Kimberly Kathlene Peters, 19, at Kaiser Hospital Friday in Redwood City, Calif. Tara is the sixth living generation of women in the family, which includes the baby's grandmother, JoAnn Kathlene Jacobi, 37, left, and great grandmother Kathlene Langella, 55, right. (AP Laserphoto)

Sister Sledge is really a family

Grandma's girls come of age

By MARY CAMPBELL
AP Newsfeatures Writer

Four little girls known as Mrs. Williams' Grandchildren are now grown and mothers of Mrs. Williams' great-grandchildren.

But best known as Sister Sledge, they've made their sixth record album, "The Sisters," and they keep their family ties strong.

After they've been on tour, where they see each other constantly, they go to their respective homes and start phoning each other or organizing to get together again.

Their grandmother, Mrs. Viola Williams, who first presented them at church-related gatherings in Philadelphia, went on a European tour with them one time. Kim says, "People liked that. They would ask for Granny. She said for us not to introduce her but on our third date she was in the wings with her hair curled and lipstick on. Then she started choosing the clothes she would wear to be introduced."

"The Sisters" has a track, "Grandma," which includes a guest appearance by Mrs. Williams, a former opera singer.

Their mother, Mrs. Flo Sledge, accompanied Kim, Kathy and Kathy's record-producer husband, Philip Lightfoot, and their son, Philip, born in January, to New York to promote the new album. Daughter Carol teaches special education and has substituted twice on tours for Debbie, who has four children, the latest born in February. Fourth member of the quartet is Joni.

"The Sisters," released in January by Cotillion records, on the best-selling charts of Feb. 20 was No. 90 on the pop charts and 13 on the rhythm 'n' blues charts. The single, "My Guy," the song Smokey Robinson wrote and Mary Wells had a hit with in 1964, was No. 48 on the pop chart and 19 on the rhythm 'n' blues chart. All charts forecast the record's going higher.

The sisters trade around singing lead, Kathy says. "Kimmy sometimes has the highest and sometimes the lowest parts. Everybody does except me. I have to stay with the low."

"Debbie has a tremendous ear. Since she was about 10, she has been giving us parts. She'd have us jump around, in the same song, instead of keeping the same part through a song."

"Sometimes on stage, Debbie can tell somebody is not singing her part. She'll look at you and sing your part and then go right back to hers. We have good eye contact."

part, she looks right at Debbie."

Debbie is also talented in art, once entering a Philadelphia contest to draw President Lyndon B. Johnson and winning second prize. She was 11, and the other winners were adults. She met her husband, who teaches art education at the University of Kentucky, when both were in the art school at Temple University.

Although Sister Sledge was signed to Atco Records in 1973 when the girls were still in high school, all have graduated from Temple. Kim wants to go to law school, not to leave the group, but to work for the group. "To keep us out of trouble," Kathy says.

"Each record, we've had more to do with," Kathy says. "We were really young when we did 'Circle of Love' and 'Together,' but we did have some songs we wrote on 'Together.'"

The third record, "We Are Family," out in January 1979, sold gold and so did the title single. Nile Rodgers and Bernard Edwards of Chic produced that and the one following year, "Love Somebody Today," and wrote all the songs for both. The sisters did the vocal arrangements for "Love Somebody Today."

A year later, Sister Sledge co-produced "All American Girls" with Narada Michael Walden and co-wrote some of the songs. They've produced the new record and they wrote or co-wrote five of the 10 songs.

Their present ages are 23, 24, 25 and 27, though their mother thinks maybe they shouldn't tell that. Kim says, "One thing I appreciate our mother for is her appreciation for entertaining. She has tried to instill in us that it's a lot more than just standing up and singing. She used to structure our sets for us, an ice breaker, some audience participation, a ballad. We learned all that from her."

The sisters are a lot alike, Kim and Kathy say. They say Joni, who lives in California, likes to try different colors and is the boldest dresser, the rest being somewhat conservative.

Debbie Young, who lives in Lexington, and Kathy Lightfoot, who lives near Philadelphia, are both stubborn, Kathy says. She says Joni is sensitive, sensitivity and stubbornness being traits they got from their mother. "I'm neither," Mrs. Sledge interposes with a smile.

Kim and Carol both live in Philadelphia. Kathy says her mother lives down on the corner from her house outside Philadelphia and her in-laws live on the other corner. "I feel like I know they're looking out



SISTERS — Kathy, left, and Kim Sledge, singing with their sisters Debbie and Joni, are the quartet known as Sister Sledge.

for me. I feel secure."

Their father is a minister in Texas. In his youth he danced with a partner, as Fred and Sledge. Sister Sledge got its name about eight years ago when a master of ceremonies who'd had a bit to drink introduced them as Sister Sledge instead of the Sledge Sisters. Carol told them it sounded hip.

Asked if the name ever proved confusing, they recall a concert at Madison Square Garden. All the groups scheduled

to perform were at the same hotel and were told their limousines were ready.

Each limo drove away until one was left. The driver insisted he wasn't going to a concert. Kathy asked him several times. Finally he said, "I'm waiting for a nun," and rolled his window up.

Kathy says, "We waited around some more. Then it hit us. I asked him the name of the nun he was waiting for. He said, 'Sister Sledge.'"



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Lawrence Rochelle

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Bride Elect
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Blake Beyer
son of
Mr. and Mrs. J.C. Beyer

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Selections Table In Linen and Gift
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Dear Abby

Cool heads solve hot silver problem

By Abigail Van Buren

DEAR ABBY: Re the missing silverware: My first teaching assignment was in "wood shop" in Los Angeles Juvenile Hall, where all tools had to be accounted for at the end of every class because of the threat of physical assault with a tool. Tools also could be useful in helping the young inmates escape.

At the end of every class, if any tools were missing, I would announce what was missing and tell the students that a general search would be made. I would then diplomatically absent myself to go looking in the paint room or wood storage room while the students milled around. The missing items always miraculously appeared. They were usually turned in by "friends" of the guilty parties. That way nobody was apprehended or accused, and everyone benefited by this approach.

DAVID JENNINGS

DEAR ABBY: A couple of us at work got together to work out a solution to the mysterious disappearance of the silverware, and we came up with three suggestions:

1. If your guests are close friends, approach them good-humoredly with, "OK — the joke is over! Who swiped the silverware?"

2. Simply announce to the guests that you're missing a couple of pieces of silver and enlist their help in finding them. With everybody involved in the search, if somebody did steal the silver, it will be "found" in a hurry.

3. Last, but not least, find out who has the same silverware pattern as yours, and at their next dinner party, swipe theirs, since they probably swiped yours.

CHRIS AND LISA

DEAR ABBY: I had the identical situation with silverware disappearing. Some years ago, I had a housewarming party and invited 24 guests, which included my two sisters and their husbands. It was a buffet supper, and people were eating all over the house. When I collected the silverware, I discovered that a fork and a spoon were missing. I suspected one of my sisters since we all had the same

pattern. I announced to the guests that I must have "misplaced" a fork and a spoon and asked if they would mind helping me look for them. I suggested that we search all over the house. Then I made myself scarce for about 10 minutes.

When I returned to the dining room, the fork and spoon were on the sideboard! I laughed and apologized for "misplacing" them, and the party went on.

Believe me, I am more careful about keeping an eye on them these days. (My sisters, not my silver.)

COLORADO SLEUTH

DEAR ABBY: How does one retrieve a missing article? This worked with youngsters, so maybe it will work with adults: When my son (now grown) had his 10th birthday party, I noticed one little boy was fascinated with a collection of miniature ceramic animals I had on display. I saw him pocket a small dog when he thought nobody was looking.

I waited a while, then I said in a surprised tone, "Oh, one of my little doggies is missing. Let's everybody look on the floor, behind the sofa and in all the corners!"

All the children started looking. Then the boy who had taken it announced, "Here it is! I found it in the corner!" And he handed over the doggie. I was greatly relieved. And I'm sure he was, too.

COLUMBUS, NEB.

DEAR READERS: So the consensus is: If you're missing silverware (or whatever) while your guests are still present, announce that silverware (or whatever) is "lost" and would all those present please help you "find" it. That way the thief will save face, and you may recover the lost article.

Problems? You'll feel better if you get them off your chest. Write to Abby, P.O. Box 38923, Hollywood, Calif. 90038. For a personal reply, please enclose a stamped, self-addressed envelope.

Dr. Lamb

In general, train, don't strain

By Lawrence Lamb, M.D.

DEAR DR. LAMB — In one of your columns you said it was not good to run so fast you became breathless. My question is how do you build up your endurance if you do not run fast. I have been running for six years and am doing about three and-a-half miles, three to four times a week. I usually run a mile and then run fast up a steep hill. I'm a 39-year-old male.

DEAR READER — The rule is train, don't strain. If a person has not been walking much and starts a regular walking program, after a few days he will notice that when he finishes walking the same distance at the same speed, his heart rate will not be as fast as it was when he first began his walking program. Even at that low level of exercise the training program for the heart has begun.

The distance or the speed can be increased and the heart rate at the end of exercise will be faster again, but in a short time it again will not be so fast.

The training effect allows you to increase your level of exertion gradually without overloading your heart.

A good approach is to start with limiting your exercise to something that raises and sustains your heart rate to between 100 and 120 beats a minute at peak effort. Don't increase the level of exercise until your heart rate rises to, say, only 100 a minute. Then increase the exercise enough to again get your rate up to near 120. Keep doing this and you will gradually achieve a high level of exertion without danger.

If you are training for athletic events, get a medical checkup and medical advice. You develop endurance by the length of time you can exercise, not the peak stress. Jogging with a sustained heart rate of 120 for 20 minutes will do more to train

your heart for endurance than running uphill for three minutes with a heart rate of 160. The older you get the more careful you should be not to overdo it.

DEAR DR. LAMB — When taking medications, such as Anacin, aspirin tablets, vitamin pills or liquid medication, often the directions say to take on an empty stomach. What is considered as an empty stomach for this purpose? How many hours before or after breakfast, dinner, lunch or supper is considered an empty stomach for taking medicines?

DEAR READER — This seems to bother a lot of people. You should take medications at least 30 minutes before eating if you want to take them on an empty stomach. You can drink water with the medicine.

You can't be sure how long it will take for the

stomach to empty after eating as it depends on what you eat. A large fatty meal may be in the stomach for hours or a good part of a day. Otherwise, in two to three hours after eating the stomach should be nearly empty.

Not all medicines should be taken on an empty stomach. Aspirin, which you mention, and medicines containing salicylates are in this category. They should at least be dissolved in a little milk or taken after meals. This decreases their effect.

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Vogue

tiveness a little but may prevent stomach irritation.

DANGER

Danger Signals of Pinched Nerves:

1. Headaches, Dizziness, Blurred Vision
2. Neck Pain, Tight Muscles, Spasms
3. Shoulder Pain, Pain Down Arms, Numbness in Hands
4. Pain Between Shoulders, Difficult Breathing, Abdominal Pains
5. Lower Back Pain, Hip Pain, Pain Down Legs

These signals indicate that your body is being robbed of normal nerve function. Until this function is restored, you will, in some degree, be incapacitated. The longer you wait to seek help, the worse the condition will become. Don't Wait! Should you experience any of these danger signals call for an in-depth consultation in layman's terms.

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RED RIND CHEESE Lb. \$1.98	Lean Pork STEAKS Lb. \$1.59		

Today's Crossword Puzzle

ACROSS

1 Sailing maneuver
5 Craving
9 Nuclear agency (abbr.)
12 Giant of fairy tales
13 Field
14 Accounting agency (abbr.)
15 Nightshirt
17 Vase with a pedestal
18 Potato bud
19 Doctors' group
20 Movie sections
22 Oklahoma town
23 Indeed
24 South seas feast
27 Genitofolk
32 Mournful poem
34 Hank of twine
35 Exclamation of triumph
36 Year (Sp.)
37 Cold cubes
39 Man's name

DOWN

1 Come in second
2 Not pretty
3 Grats
4 Attorney's charge
5 Marshal
6 Animal waste
7 Caspian
8 Abiding
9 Malarial fever
10 British nobleman
11 Fools
16 Cushion pieces
21 Food fish
22 Month (abbr.)
23 Arab garment
24 Title role
25 Arm bone
26 Vast period of time
28 Raw materials
29 Poetic foot
30 You (archaic)
31 Front lawn
33 Submissive
38 Actors hint
40 Cereal grass
41 Ballerina
44 Resting drink
45 Fermented
46 Likely
48 Ruled on land use
51 Gone
52 Auto club
55 Macao coin
56 Tempestuous
59 Comedian Sparks
60 Renown
61 Sequoia
62 Before this
63 Mardi
64 Planted

Answer to Previous Puzzle

LEES LEER AAF
OSLO LENA AFC
LAIR OLOT RIO
LUGER SST ORR
ISIS LINEN
APB MOPPED
LULU RAM LEEK
ADET ETA YALE
EGRESS SKY
FUSY ETAT
ANO ANA EDINS
STP ACLU AREA
TIP TAPS GLAD
SLY EASE EYRE

1	2	3	4	5	6	7	8	9	10	11
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55			56	57			58			
59			60				61			
62			63				64			

Astro-Graph
by bernice bede osol

March 15, 1982

Something very opportune could develop for you this coming year through someone who has helped you in the past. Be sure to show the proper gratitude, and look for ways to return the favor.

PISCES (Feb. 20-March 20)
Success is possible today, provided you're willing to apply yourself and work for it. However, if you're waiting for something magical to happen it could be an unproductive day. Find out more of what lies ahead for you in each of the seasons following your birthday by sending for your copy of Astro-Graph. Mail \$1 for each to Astro-Graph, Box 489, Radio City Station, N.Y., 10019. Be sure to specify birth date.

ARIES (March 21-April 19)
Dealings with friends could be rather delicate today. Be careful not to let a small misunderstanding be blown out of proportion. It's not worth it.

TAURUS (April 20-May 20)
If you are involved in a joint venture and the basic premise is wrong, all the patching up and optimistic thinking won't make it right.

GEMINI (May 21-June 20)
Unless you and your co-worker pull together today, your possibilities for accomplishment aren't too promising. Back up one another.

CANCER (June 21-July 22)
Just because something appears to be working well for a friend today, it doesn't mean that if you follow his or her tactics you'll get the same results.

LEO (July 23-Aug. 22)
Be sure to let your family and mate know in advance if you want to invite guests to your place today. They could have plans that might conflict with yours.

VIRGO (Aug. 23-Sept. 22)
There's a chance you could rely too much on others today for things that you should be attending to yourself. People you can normally count on may let you down.

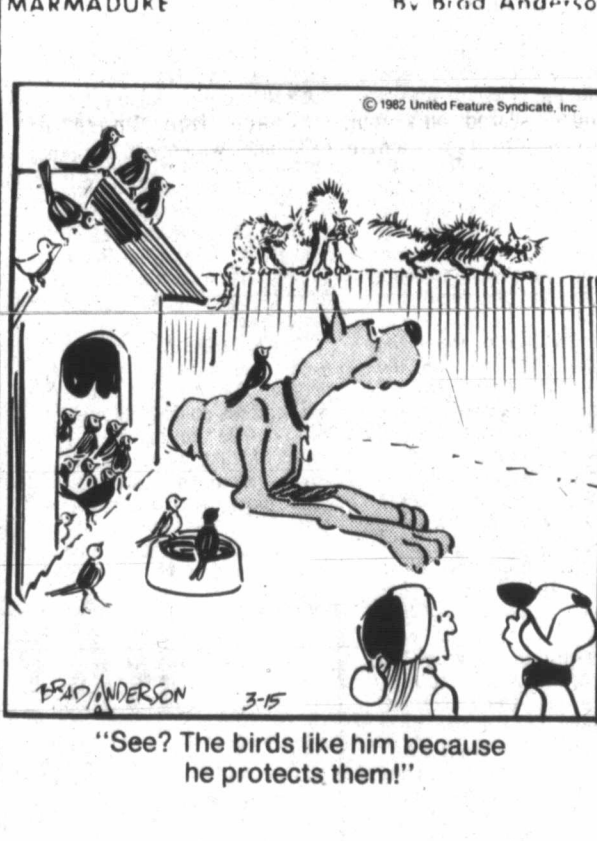
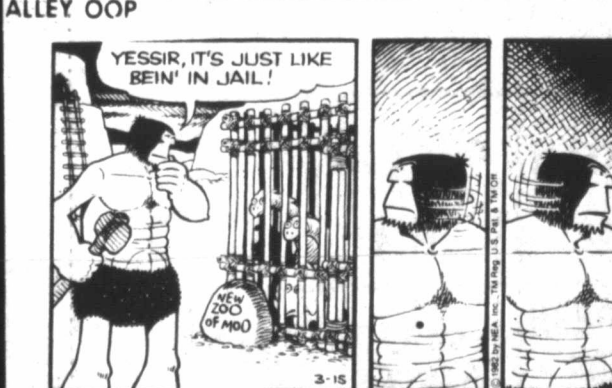
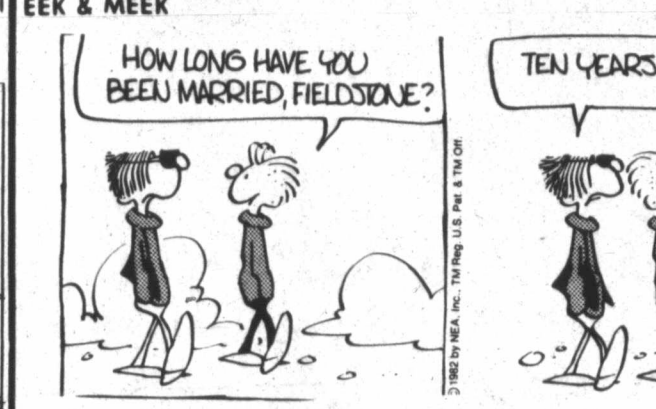
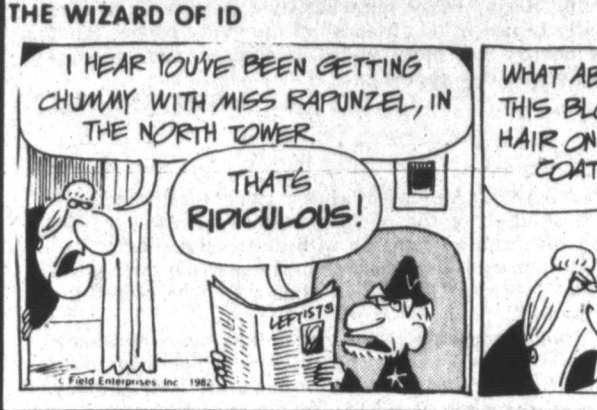
LIBRA (Sept. 23-Oct. 23)
If you have taken pains to lay out a budget, don't do something foolish today that could throw it out of kilter. Spend within your guidelines.

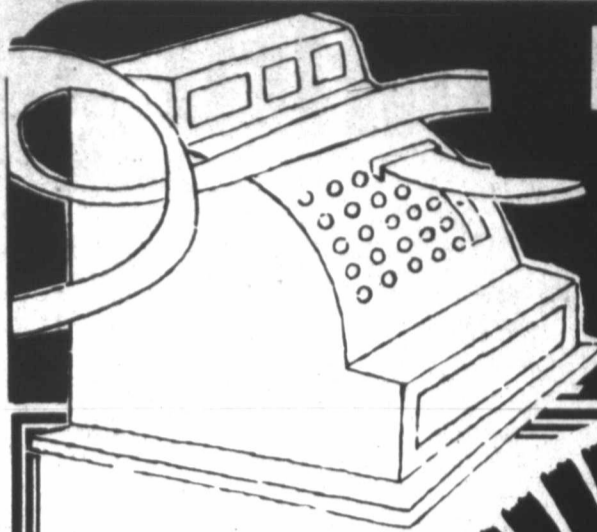
SCORPIO (Oct. 24-Nov. 22)
Uncharacteristically, you may feel it necessary to put on airs and affectations to impress others today. Be yourself; hot-dogging won't work.

SAGITTARIUS (Nov. 23-Dec. 21)
There's a possibility you could operate at extremes today; in some instances you may be overly generous, while in others you'll be tight-fisted.

CAPRICORN (Dec. 22-Jan. 19)
Normally you're very astute in material matters, but today you could be a bit unrealistic and think you see opportunities where they don't exist.

AQUARIUS (Jan. 20-Feb. 18)
Take with a grain of salt suggestions from well-meaning friends today, especially those pertaining to your career or finances. Their intentions may be good, but their counseling bad.





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LIMIT 3



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LIMIT 2

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