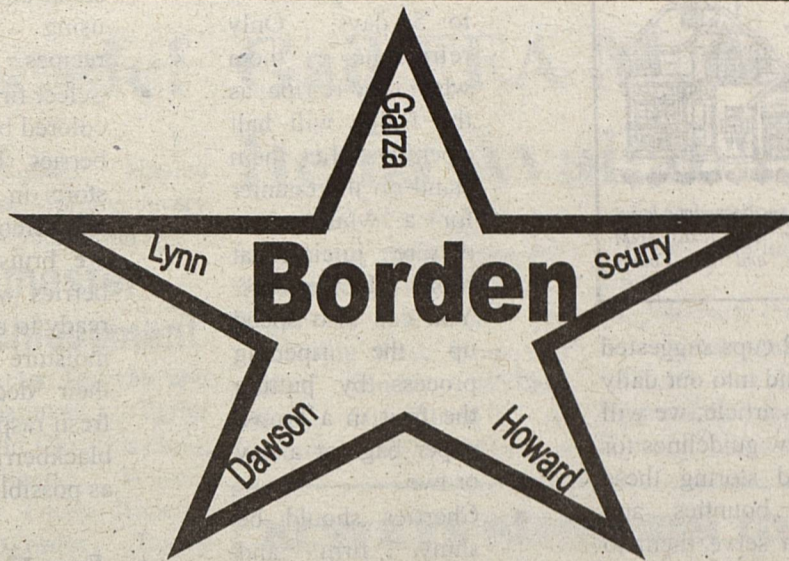


THE

Volume XXXV



STAR

June 6th, 2007

Serving the Counties of Borden, Dawson, Garza, Howard, Lynn & Scurry

Cody Hill: New County Extension Agent

Wow! The grass is green, the cows are fat, and 4-H is where it's at!!! Howdy! My name is Cody G. Hill. I have just been employed as your County Extension Agent - Ag and I am excited to be here. I have two beautiful children. Cheyenne is 9 years old and she will be in the 4th Grade. Garrett is 7 years old and will be entering 2nd Grade. They both will be attending school in Menard, Texas. They are looking forward to spending time with dad in Borden County this summer.

I grew up in Littlefield, Texas and was very active in 4-H, FFA, and rodeo. I then attended South Plains College on a Livestock Judging Scholarship for two years. Then I left the sandy lands and traveled to Angelo State University to complete my bachelor degree in Animal Science.

While working towards my degree, I also judged livestock and wool for Angelo State University. After competing, I had the



great opportunity to coach the Angelo State University wool judging team for a year. Yes, then it was off to the real world. I then went to work for Vigortone Livestock Mineral Company. But my love was and still is helping people, whether they be young or old. Then came the great opportunity to go to work in Gaines County as the Assistant County Extension Agent - Ag. While working in Gaines County, I also went back to school at Texas Tech and earned my

Master's Degree. After two years, I moved to Parmer County to be the County Extension Agent - Ag, and served there for a wonderful eleven years.

Again, I am very excited about serving in Borden County in all areas of Extension and being a part of this wonderful county and community. Please feel free to call or come by the office if I can be of assistance. I look forward to meeting and working with each of you.

Local Conservation Program Offered

The Upper Colorado Soil and Water Conservation District (SWCD) would like to announce a sign-up for a specific conservation practice for landowners in Scurry and Borden Counties. The sign-up will begin Thursday,

May 31, 2007 thru Wednesday, June 13, 2007.

The Upper Colorado SWCD received the money for specific conservation practices to improve water quality in the Colorado

Cont. to pg. 6

WELCOME

You are invited to join us on Wednesday, June 13th from 1:30 to 5:00 p.m. for an Open House and an opportunity to meet Cody Hill, County Extension Agent-Ag in the Texas Cooperative Extension -

Borden County Office

(located in the brown building behind the courthouse).

Hope to see you there!



Heart & Home . . .

By Julie Smith
Borden County Extension Agent
Family & Consumer Sciences



Extension programs serve people of all ages regardless of socioeconomic level, race, color, sex, religion, disability, or national origin. The Texas A&M University System, U.S. Department of Agriculture, and the County Commissioners Court of Texas Cooperating.

Juicy Fruits

Ripe peaches, bursting with juice, sugary plums at their peak and plump berries waiting to be plucked: these are the simple pleasures of summer! As you stroll through the produce section at the supermarket, or stop by the farmer's market, we sometimes wonder how we can make those yummy fruits last longer and how we

can add the 2 cups suggested by MyPyramid into our daily diets. In this article, we will give you a few guidelines for selecting and storing these scrumptious bounties and how you can serve them to your family.

Perfect Pickin's

Here's how to best enjoy your summer-fresh fruit:

- Peaches, plums and nectarines will keep

in the fridge for up to 5 days. Only refrigerate them when they're ripe, as the fridge will halt ripening. Let them stand on the counter for a while since they're juiciest at room temperature. You can also speed up the ripening process by putting the fruit in a brown paper bag for a day or two.

- Cherries should be shiny, firm and plum. They're very perishable so refrigerate them after purchasing: they'll keep for up to 2 days. Remove the

stems and pits before using them in recipes.

- Select firm, brightly-colored berries. Sort berries before you store in the fridge and remove any that are bruised. Wash berries when you're ready to use them, as moisture will hasten their decay. Use fresh raspberries and blackberries as soon as possible.

Easy Fixin's

- Nectarines: A cousin of the peach, nectarines are smaller and sweeter with a smooth skin. They're perfect for slicing into fresh fruit salads.
- Peaches: There's two main types of peaches, clingstone and freestone. At the supermarket, you'll most often find freestones which range in color from pink-blushed white to red-blushed yellow. They have soft flesh that separates easily, making them great for baking. Enjoy them as a snack or in desserts or baked goods.

- Plums: Just as plums range in color from red to purple to amber-gold, so does their flavor: from slightly tart to sugary sweet.

- Cherries: Succulent cherries can be either sweet or tart. Firm, heart-shaped sweet cherries are tasty as a snack or in baked goods. Sour cherries are a little too tart to eat on their own but they're great baked into pies and for jams and preserves.

- Berries: Luscious berries such as strawberries, blueberries and raspberries add a touch of summer to salads, drinks and desserts. Berries make a delicious topping to cereals or mixed into smoothies.

Hopefully with these few tips for selection, storage and use, you can make the most of those wonderful summer fruits! For more information about fruits, food safety and storage, or food preparation, please contact Texas Cooperative Extension-Borden County at (806)756-4336.

Source: *Kraft Food and Family Summer 2007*

Living Well

Summer Educational Programs

Join us for educational programming that will help improve your lifestyle and overall well-being to begin "Living Well in 2007."

Summer Sizzle

Do you enjoy the Home for the Holidays programs each year? Then you will LOVE what we have coming for you this Summer! Come join us for our first Summer Sizzle program with wonderful light and tasty recipes, tips for cooking with herbs, easy summer decorations, food safety, and family fun ideas! There will be a cost of \$5 per person to cover supplies and the recipe book. The favor of a reply is requested to help plan for materials and food.

Please note the date change!

Thursday, June 14th @ 6:00 p.m. in the Community Room

Home Water Conservation

Our most precious resource is something we cannot imagine living without. However, we must conserve today in order to have a water source for tomorrow. Join us as we learn about basic practices that you can easily implement in your home to conserve water today.

Monday, July 16th @ 6:00 p.m. in the Community Room

Saving the Fruits of Summer

Have you always wanted to "put up" a few vegetables from your garden or the farmer's market? Now is the perfect opportunity to learn about up-to-date canning, freezing and drying techniques through this hands-on opportunity. Join us as we preserve some of the fruits of the summer garden. There will be a cost of \$10 per person to cover supplies (participants will get to take home the items that they preserve). The favor of a reply is requested to help plan for materials and supplies.

Monday, August 13th @ 6:00 p.m. in the Community Room



Sponsored by Texas Cooperative Extension-Borden County
P.O. Box 155 Gail, TX 79738 Phone (806)756-4336 Fax (806)756-4486
js-smith@tamu.edu http://borden-tx.tamu.edu



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Making the Grade! Gail FFA Meat Sale

6th Six-Weeks

Beta Achievement

Senior: Clint Chapman, Rowdy Clary, Becky Dobyns, Taylor Peterson, Lindsey Stamper, and Christina Soto; **Junior:** Rachel Wilson, Logan Howard, and Shelby Roberts; **Sophomore:** Katherine Froman; **Freshman:** Lacey Roberts, Karl Lamming, and Raylea Underwood; **Eighth Grade:** Bailey Anderson, John Richey, Taylor Richey, and Krista Tarleton; **Seventh Grade:** Austin Fields; **Sixth Grade:** Kayla Pepper, Tanner Richey, Steelie Sanders, Riley Smith, Teryn Soto, Kylie Voss and Mattie Turner.

6th Six-Weeks Honor Roll

Senior: Kalli Poole; **Junior:** Pascual Espinoza, Sharelle Gass, and Kate Wallace; **Sophomore:** Krystal Hobson; **Freshman:** Shylo Rinehart and Brendan Tarleton; **Eighth Grade:** Kimberly Proulx and Miles Valentine; **Seventh Grade:** Blake Turner; **Sixth Grade:** Shea Burkett, Steven Howard, and Matthew Roberson; **Fifth Grade:** Taylor Gass, Matthew Ham, Kalyn Massingill, Mallory McMeans, Mollie McMeans, Zach McMeans, Sydney Rebeles, and Matthew Proulx; **Fourth Grade:** Eva Banman, Frank Banman, Tye Basquez, Blaise Freeman, Mackenzie Herring, Marlena Seyler, Sean Tucker and Cayden Vaughn; **Third Grade:** Rhaeden Bland, Kylee Dean, Zoie Key, Channing Miller, Colby Pennell, Samuel Raborn, Tatum Richey, Flint Roberts, Merik Valentine. **Second Grade:** Mattie Benavidez,

Tanner Freeman, Hayley Gray, Dylan Murphy, Avery Price, and Bryce Turner.

2nd Semester

Beta Achievement

Senior: Becky Dobyns and Clint Chapman, Taylor Peterson, and Christina Soto; **Junior:** Rachel Wilson; **Freshman:** Lacey Roberts; **Eighth Grade:** Bailey Anderson, John Hensley, Krista Tarleton, and Taylor Richey; **Seventh:** Austin Fields; **Sixth Grade:** Kayla Pepper, Steelie Sanders, Tanner Richey and Mattie Turner.

2nd Semester Honor Roll

Senior: Rowdy Clary and Kalli Poole; **Juniors:** Pascual Espinoza, Logan Howard, Shelby Roberts, and Kate Wallace; **Sophomore:** Katherine Froman and Krystal Hobson; **Freshman:** Karl Lamming, Brendan Tarleton, and D'Nai Johnson; **Eighth Grade:** Kimberly Proulx; **Seventh Grade:** Blake Turner; **Sixth:** Shea Burkett, Matthew Roberson, Riley Smith, and Teryn Soto; **Fifth Grade:** Taylor Gass, Matthew Ham, Kalyn Massingill, Mallory McMeans, Mollie McMeans, Zach McMeans, Sydney Rebeles, and Matthew Proulx; **Fourth Grade:** Eve Banman, Frank Banman, Tye Basquez, Blaise Freeman, Mackenzie Herring, Marlena Seyler, Sean Tucker, and Cayden Vaughn. **Third Grade:** Rhaeden Bland, Kylee Dean, Zoie Key, Channing Miller, Colby Pennell, Samuel Raborn, Tatum Richey, Flint Roberts, Merik Valentine. **Second Grade:** Mattie Benavidez, Tanner Freeman, Hayley Gray, Dylan Murphy, Avery Price, and Bryce Turner.

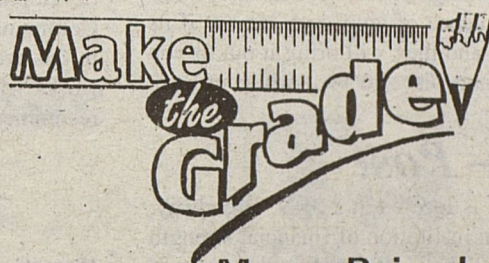
Items Available

The Gail FFA Chapter still has several meat items left from their 2006 -2007 sale. Anyone interested in purchasing these items can contact Buddy Wallace (home) 806/756-4478 or (school) 806/756-4313 or email at bwallace@bcisd.net. Items available are as follows:

- Sausage Patties- \$12.00
- Smoked Turkey Breast- \$16.00
- Golden Chicken Tenders- \$18.00
- Pork Tamales- \$15.00
- Chicken Fajita- \$13.00
- Beef Fajita- \$13.00
- Cajun Meat Pies- \$15.00
- Smoked Turkey- \$20.00
- Pit Ham- \$23.00

The Gail FFA Chapter wishes to thank everyone for their fund-raiser support.

ALWAYS REMEMBER TO:



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***Business & Professional Good
Neighbor Review of Post
Trade with the firms that support
Borden County***

***Holly's Drive In
"Since 1971"***

This restaurant is located at 615 S. Broadway in Post and is one of the finest and most popular in this section. They have gained a name that has spread over a large area as a place where both the local and traveling public can well satisfy their demands in good eating. The menu consists of many tempting dishes served with courtesy and a pleasant smile. At is indeed the way of fast service and good food. Here you will find inside dinning in nice surroundings or if you wish they have curb service where by you may eat in the convenience of your own car. Or if its take-out you want, you may phone 806/495-2704 and they will bring it out to you when you arrive. Everyone will find this a pleasant place to visit while in Post, whether working or shopping for the day.

CitizenBank – Post

This prominent locally owned and operated bank is located at 210 N. Broadway, Post, phone 806/495-3545. The **CitizenBank** is an institution of financial strength and safety and may well be termed "The Friendly Bank". It was founded by men of character and integrity who were very prominent in business and commercial activities and have progressed as this district itself has grown and progressed. Under the management of efficient and capable people they invite accounts of businessmen, women, ranchers, farmers, laborers or all people who desire profitable connections with a modern banking institution. At this bank, you will find strength, seasoned judgment, dependability, accuracy in handling details and breadth of vision - - - all to be applied to the management of your personal or commercial affairs. In making this Good Neighbor Review, we wish to make the statement that at **CitizenBank** you may at all times save with safety for they are an FDIC member bank. Where all decisions are made locally.

***McDonald's of Post
Bill Cohen – Owner***

McDonald's is always recognized as a social center for travelers and the public in general. They are known by those who visit them as headquarters for "Good Eats". Come in and bring your friends, for here you are always welcome. There is always a friendly atmosphere and their patrons, seen for every walk of life make these popular places their regular eating-place. You will find their inside dining area always clean and orderly arranged. Or if you wish take out service they have a convenient drive up window. When Bill Cohen had the idea of opening a McDonald's in Post, it was with the idea that this modern restaurant would be greatly appreciated by the people of Garza county and surrounding areas, and we, the writers of this Good Neighbor Review of the Post business firms predict this will be proven to be true. Bill Cohen wishes to take this opportunity to invite the people of Borden County as well as all the surrounding areas to come in and visit them and see what they have to offer you.. Phone 806/495-0495.

***Germania Insurance
Jerry Taylor – Agency***

The reputation of **Jerry Taylor Insurance Agency** has been built upon his excellent insurance service, the satisfaction and good will of his many satisfied policy holders. One of the leaders of its kind in this section, this firm is under the management of a man who knows the insurance business and needs of his customers and furnishes a quality insurance service at fair prices. If you will come by his office, Jerry Taylor will be glad to go over your coverage with you and advise you on what additional insurance you might need. Or you may phone his office at 806/495-3330 and he will be glad to visit with you at your home or place of business and go over your insurance needs with you. After going over your insurance coverage and needs, he will advise you on how to meet any additional

needs at the most economical price to you. At the present time he is serving a large number of people throughout this section in their insurance needs, whether for home or auto. In this review of the business and professional concerns of this section, we highly recommend **Jerry Taylor Insurance Agency**, your local Germania Insurance agent, located at 113 N. Ave. H in Post. Phone 806/495-3330 for any information or for an appointment.

Wells Fargo Bank

Wells Fargo Bank, located at 216 W. Main in Post is a member FDIC bank. A strong bank instills confidence in a community. Grow with your local bank. This bank is not only able but will care for every reasonable want of its customers. Our readers will find this bank a friendly bank, providing all of the facilities and services of a large city bank together with personal interest in every customer. So be prepared to take advantage of opportunity by depositing a reserve in this strong bank. When you are contemplating making an investment of any kind, it is a safe plan to consult the officers of this bank before you make that investment. A great deal of credit is due the officers and directors, who have done their best toward the developing of the farming, ranching and other interests of this area. The Community Board Members of this bank are fine, public spirited men who believe in this area and feel that there are better days ahead for the energetic person who works with a plan backed by sound judgment and reasoning. We are pleased to recommend to our readers this outstanding bank in Post, Phone 495-2804.

***Hometown Pharmacy
Alisa Peters – Owner***

Hometown Pharmacy is conveniently located in downtown Post at 132 W. Main, where pharmacy is a profession. They are well known throughout this area for the finest service and the highest quality in all your pharmaceutical needs. They carry a large stock at all times, whereby you can be assured of having your prescription filled quickly. A registered pharmacist is on duty at all times to see that your prescription is scientifically filled and who can determine that will interact properly with and allergies or illness you may have. "Quick Service" is their motto, so you can call in your prescription at 495-2535 and it will be ready for you when you arrive or it can be sent by mail if you live out of town in a rural area. It can be in your mailbox the next day. We in this Good Neighbor Review of the Post Business and Professional firms do highly recommend this prominent pharmacy to all our many readers. Remember phone 806/495-2535.

Post Insurance Agency

For all kinds of insurance call on **Post Insurance Agency** located at 128 E. Main Street in Post. This firm represents some of the largest companies and they are ready to serve you in your every insurance need. They are now serving a great number of people in this section with auto, Home, business, farm and ranch insurance. They are so many things over which we have no control, both of a personal and property nature, that you owe it to yourself and your family to insure against these things which do happen. When you think of insurance, think of **Post Insurance Agency**. Go over your needs with them and they will be able to assist you in selecting the kind of insurance suited to protect you adequately. Once they have made a study of your problems, you will be advised how best you can meet that need at a manumit cost. You are invited to come in and discuss insurance with no obligation on your part and see for yourself if your protection is sufficient for all your needs. In this review we feel a sense of satisfaction in recommending this firm in Post for insurance of all kinds. Phone 495-2894 for any information.

Rocker A Well Service, Inc.

This firm is located on the Clairmont Hwy. in Post. Phone 495-2864 or 495-3460. In this particular field of endeavor this is one of the leaders of its kind and has built an enviable reputation among the oil field industry people of this area. Under the management of men thoroughly conversant with every feature of the business it has become one of the most important assets of this area. Through their years of satisfactory service to the oil industry of this area, quality workmanship, fair treatment, fair prices and the fact they have a knowledge of every branch of the trade this firm has continued to witness an increase in the number of their patrons.

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We in this Good Neighbor Review issue highly recommend **Rocker A Well Service** as being an asset to this and surrounding areas for their many years of satisfactory service offered to the oil industry of this area.

Willborn's Welding

Willborn's Welding located at 1104 N. Ave. F in Post is the firm to see for all your welding needs. Phone 495-3377. This firm specializes in a complete welding service. Their slogan is "WELDING ANYWHERE—ANYTIME". This company is one of this sections best equipped welding shops receiving work from all of the surrounding area and serving both industrial and agricultural interest in a most up-to-date manner. **Willborn's Welding** has been especially instrumental in helping to keep the wheels of industry moving. Many of the business men and farmers of this area offer the highest praise for the work done in their shop. However, a job does not have to be brought into their shop to receive their attention and service, for they are equipped with modern portable equipment and much of their work is handled right on your job, thereby saving much lost time in transferring the job to be work done to their shop. All work, whether large or small will always receive

the same interest and courteous consideration, and in this Business and Professional Good Neighbor Review of Post they have our highest recommendations.

West Texas Redi-Mix

West Texas Redi-Mix located at 608 E. Main St. in Post phone 495-1368 is the place from which to order your ready mix concrete. By ordering here you can be assured that the proper mix has been used to make the concrete strong and durable. They will deliver the concrete to your job and give you rapid service. They scientifically mix and deliver all their concrete in order that you build strong and lasting buildings. This rapid ready-mix concrete delivery service has been a great help to the building schedules all contractors have been on. Home owners appreciate the fact that they can have a load of ready mix concrete for use without having to mix it themselves. It saves time and in the long run is cheaper than attempting to mix it yourself. **West Texas Redi-Mix** in Post has the experience and equipment to make the very best concrete available. Investigate the advantages this firm can offer you the next time you need concrete for any purpose, phone 495-1368.

Cotton Planters Continue To Roll As High Plains Sprints Toward Planting Deadlines

Crop progress reports always seem to lag a little behind what is happening in real-time, but they often provide a helpful overview of how things are going out in the country.

This week's crop progress report detailing planting progress from the United States Department of Agriculture provides a pretty fair picture of how things were going through May 25, but doesn't capture the beneficial impact of this week's favorable weather conditions on the Texas High Plains.

Based on Texas Cooperative Extension reports and discussions with producers around the High Plains it appears that the week just ended was a good one for most of the High Plains. The weather has allowed growers to make up some ground and get closer to where they would like to be at this time of year.

Barring a widespread rain event that inundates a large portion of the area south and

west of Lubbock it appears that the region's cotton acreage will be planted by the applicable Federal Crop Insurance deadlines.

Even with this optimistic outlook, it is important to note that things aren't perfect in all corners of the High Plains. Widely scattered storms continue keep some fields just wet enough to hamper planting and have also included some hail events that severely damaged cotton that had already achieved a stand.

Generally speaking, however, the area has received little hail this growing season, possibly due to a weather pattern that has been long on beneficial moisture, but has also been a "good news/bad news" situation for growers once they managed to get their crops started. The lack of hail has been the most obvious plus, but that weather pattern has also kept cotton from making much progress after emergence.

A return to seasonal temperatures is the best medicine for the crop in the field and the acres that still wait to be planted. All in all it appears growers have another High

Plains cliff-hanger in the making as the 2007 growing season has already begun the process of presenting its own set of opportunities and challenges.



Branon Funeral Home

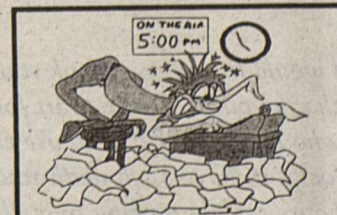
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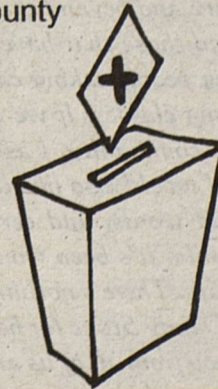
Got News?

Mail to:
P.O. Box 137
Gail, Tx. 79738
Email:
vadcock@bcisd.net

FSA County Committee Elections

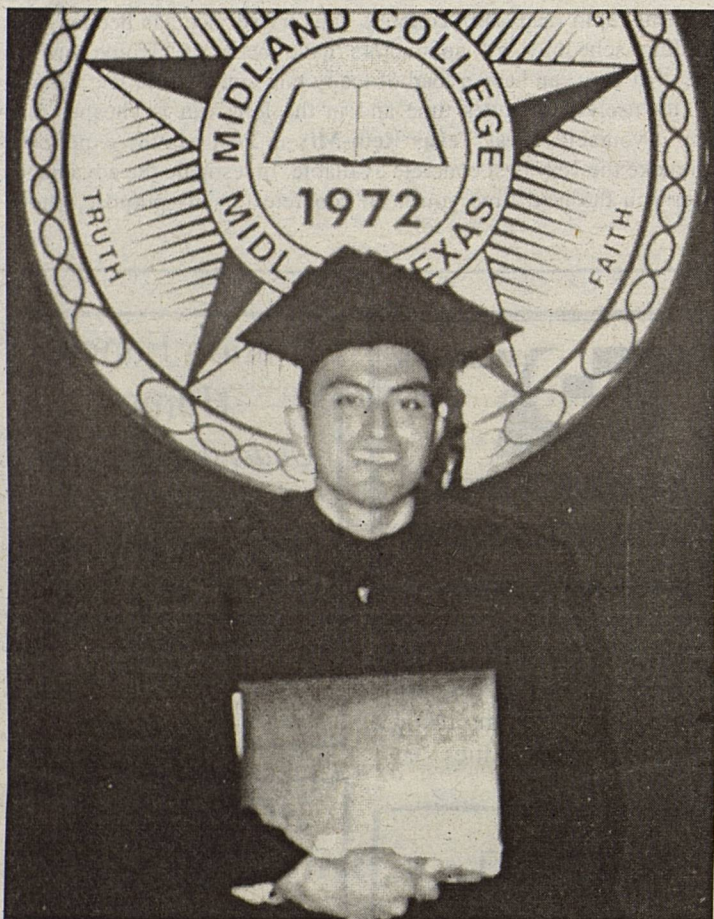
August 1 is the deadline to get your name on the FSA County Committee election ballot. Visit your local FSA office or USDA Service Center to learn how you can have a voice and take a seat on your area Farm Service Agency County Committee.

Visit us online: www.fsa.usda.gov for nomination forms and more information.



Borden Graduate Program Completes Associates Degree Offered

Cont. from pg. 1



Raul Rodriguez, son of Delfino and Mary Rodriguez, will be attending the University of Texas Permian Basin after graduating from Midland College in May. Rodriguez, a 2003 BHS

graduate, was awarded the Associate of Arts degree in General Studies with a business and education emphasis.

Upon completion of college, Rodriguez hopes to teach Spanish and coach.

River. The allocation was granted to the Upper Colorado SWCD by the State of Texas in cooperation with the Texas State Soil and Water Conservation Board. The money will be used to provide cost-share assistance (25% to 50%) to landowners who will install and maintain specific conservation practices on their land. Those specific conservation practices are 1) chemical control of salt cedar, 2) seeding cropland back to permanent grass, and 3) reorganizing inefficient irrigation systems. Applications from landowners will be funded using this priority system and initial allocation.

Current directors of the Upper Colorado SWCD are Jimmy McMillan, Myron Calley, and Ted Crenwelge from Scurry County. Directors from Borden County are John Anderson and Max S. Jones.

For more information, contact any SWCD Director or the Upper Colorado SWCD office at 5309 Big Spring Highway in Snyder or call (325) 573-6317 ext.102.

Thank You

I would like to say thank you to Bric Turner, Kenny Bennett, Wanda Kite, and a special thank you to Carrie Hart for going above and beyond the call of duty. For those of you who have never had to use the EMS and those that have, we as a community are very lucky to have such dedicated and caring people taking care of us. They put in a lot of hours training, being on call and teaching classes. If we did not have these people, we would be in dire straights. Please, as a community, I ask you to keep supporting and donating to the Borden County EMS. I would also like to thank all the community for their cards, prayers, concerns, and kind words, and certainly for the food that was brought to my house for me and my family. It's been wonderful to live in such a caring and loving community for the last 27 years. There's nothing better than to be able to call each one of you friend. Thanks also to Danny Stone for helping mow my yard, you are a true friend and neighbor. Again thank you from all of us and God Bless.

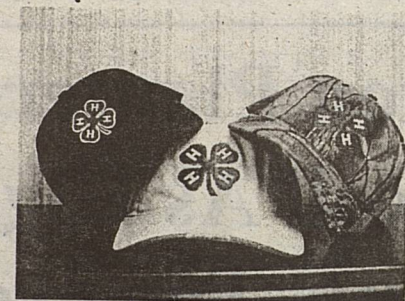
Sincerely,
Brenda Copeland

A Special Thank You

I would like to thank the First Baptist Church and the Church of Christ for the money you have raised for my medical bills. The support you have given me and my family has been overwhelming. To all the people who took part in fixing the food and all that donated, thank you so much. My family is blessed to live in such a caring community.

Again Thank you,
Brenda Copeland

4-H Caps now available at the Texas Cooperative Extension Office!



Get YOUR 4-H cap NOW while supplies last: (quantities are limited)

These would make a GREAT gift for that special 4-H'er or Volunteer Leader!

Just \$15!

Three styles to choose from—
Camo, black and khaki!

For more information, contact the Extension Office at (806)756-4336 or borden-tx@tam.u.edu.

Color Me Healthy Fun Day



You are invited to attend the Color Me Healthy Fun Day Wednesday, June 20, 2007 from 1:30 p.m. to 4:00 p.m.

Borden County Community Room in Gail. All youth age 4-7 are invited to join the fun! We will play games, sign songs, make crafts and snacks, and learn all about how to Color Me Healthy!

For more information, or to RSVP, please contact the Texas Cooperative Extension - Borden County Office at (806)756-4336 or borden-tx@tam.u.edu.

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Tips for Stress-Free Summer

The summer is a joyous time when loved ones come together. But for many families, the summer can also be a time of stress and frustration, sometimes unintentionally resulting in an increased risk to the child.

Prevent Child Abuse Texas offers the following tips to help families enjoy the summer while keeping tension to a minimum:

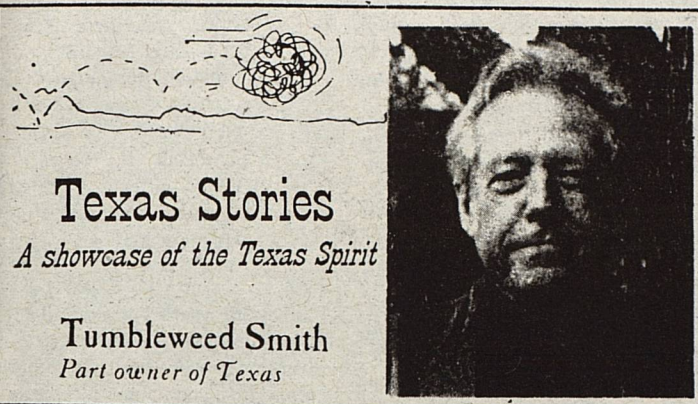
1. Establish a budget for summer spending. Be realistic about what you can afford to spend on entertainment, special foods, travel, etc.
2. Hold a family meeting to discuss summer plans. Ask for ideas from the children for family activities that would appeal to them.
3. Post a calendar of family activities in a place where all family members will see it.
4. Check community calendars and local lists of events to find inexpensive or free activities for children. Write all possibilities on individual slips of brightly colored paper and put them in a "summer fun jar." When children have been especially cooperative with other family members, allow them to choose a slip of paper from the jar. Then, the family can enjoy an afternoon of fun activity together.
5. Have your child-

ren make a list of elderly or shut-in neighbors in your area. Plan to share a meal, some of your time, or run errands for these neighbors. Explain to children that helping and sharing are important elements.

6. Find time to relax and reflect on the simple joys of the summer. When you feel yourself becoming overwhelmed, take a break to get a better perspective on what *needs* to be done and what *can* be done.
7. If you find that it is becoming difficult to avoid being verbally or physically harsh with your children, STOP. Don't take out your anger on your kids. Instead, try the following:
 - Take a deep breath and count to 20.
 - Phone a friend.
 - Take a walk outside, or use another form of exercise
 - Laugh. Even a comedy show on television will help relieve stress.
 - Spend one hour doing something you really enjoy.

Prevent Child Abuse Texas is the leading organization working to prevent the abuse and neglect of our state's children.

More information is available by accessing the organization's web site at www.preventchildabusetexas.org.



Texas Stories

A showcase of the Texas Spirit

Tumbleweed Smith
Part owner of Texas

The Money Factory Is A Fun Place To Visit

The Western Currency Center in Fort Worth produces more than half of the nation's paper money. It can turn out about 6 billion bills a year in several denominations.

"We make ones, twos, fives, tens, twenties, and fifties," says Charlene Williams, manager of the Texas branch of the US Bureau of Engraving and Printing ([website moneyfactory.gov](http://www.moneyfactory.gov)). More than 800 people work there.

"When someone comes to work here, it becomes a big part of his or her life. Some jobs stay in the same family for generations."

Some positions at the plant require years of training.

"We have picture engravers and portrait engravers who go through an apprentice program for seven or ten years depending on which type of engraver they are."

Only two cities in the US have plants that print our currency. The other one is Washington D.C. The facility has been in Fort Worth for fifteen years. A plane crash in the nation's capital made some people at the Bureau of Engraving and Printing a little nervous.

In 1982 there was an Air Florida flight that crashed into the 14th street bridge. Had that plane been only inches closer to the bureau, that would have caused a major economic devastation.

There had already been talks about building another plant outside of the Washington area. That plane crash speeded up efforts to get one built."

When word got out that the bureau was looking for a place to build a new facility, 80 cities indicated they were interested in getting it. The list was narrowed down to eleven cities, then three: Las Vegas, Denver and Fort Worth.

"It's the civic pride that got this plant to Fort Worth. The people here were very committed to getting it here. It's

a brand new multi million dollar facility that sits on a hundred acres of land. People of Fort Worth wanted this place here. They donated a hundred acres of property and a 240,000 square foot shell building. In return, we would bring jobs to the Dallas-Fort Worth area. The first 100 jobs that were offered here brought in 14,000 applications."

The facility offers free 45 minute guided tours. Sometimes the guides are people who actually work with producing the money.

"It's a great way to see how our money is made. We have two floors of educational interactive exhibits and displays. There's a fifteen-minute film that talks about the overall production of the bills. And there's a gift shop for people to buy souvenirs. We consider our output here a product. We want it to be the best. If an employee starts thinking of it as money, then it might be time for that person to find another job."

Legal Notice

The Commissioners' Court of Borden County will receive bids on the following until 9:30 a.m., June 12, 2007.

1. Fuel for 2007
 - a. unleaded
 - b. diesel
2. Propane for Courthouse, and Precinct #2 Barns

For specifications and information on the above, contact the office of the County Judge, Borden County Courthouse, 806/756-4391.

Bids should be submitted to the Office of the County Judge, P.O. Box 156, Borden County Courthouse, Gail, Texas 79738.

The right is reserved by the Borden County Commissioners' Court to accept or reject any and all bids.

For the Borden County Commissioners' Court
Van L. York,
County Judge
Borden County

Submit bids to: County Judge's Office
P.O. Box 156
Gail, Texas 79738

GREAT GRILLING TIPS

Grill For The Thrill It's Outdoor Cooking Time!

(NAPS) Americans love the flavor of the outdoor barbecue, with the majority of grill owners (60 percent) saying they grill quick, delicious meals year-round, according to the Hearth, Patio & Barbecue Association (HPBA). But it's not just a taste for barbecue that's inspiring people to take food to the flame. More people are grilling today than ever before for the ease and convenience the grill has to offer.

"With all the new grills and innovative accessories on the market today, consumers are firing up grills multiple times during the week for delicious grilled food," said Leslie Wheeler, HPBA Communications Director. "Grilling is the no-muss, no-fuss way to prepare a quick meal for your self, family or friends any day of the year."

No matter where or when you

light your grill, it's important to keep grilling etiquette in mind. "Grilling is not a complicated process," added Wheeler, "but everyone's skill and opinion on the subject varies."

Grilling Etiquette

Revealed in HPBA's recent national survey, practice these dos and don'ts

For a blunder-free barbecue:

When invited to a barbecue:

- DO feel okay bringing your own sauce; 49 percent of grillers say it's acceptable.
- DO expect to pull your weight by bringing your

known sides and beverages. Go the extra mile and bring enough to share with others.

- DON'T touch the grill. Sixty-one percent of those polled say only the host/hostess should handle the grill.

As the host of a barbecue:

- DO have all grilled good ready at relatively the same time (83 percent agreed).
- DON'T feel obligated to invite your neighbors. Two-thirds of people

polled said there is no need to extend an invitation to neighbors, even if they can see and smell that you're having a barbecue.

- DO offer grilled vegetarian options (66 percent agreed).

For more barbecue dos and don'ts, step-by-step barbecue party preparation tips, safety and food-handling tips, and delicious recipes, download HPBA's "Grill-amentals of Grilling: A Complete Consumer Guide to Year-Round Grilling," available at www.hpba.org.

PUBLIC NOTICE

Basic and low cost telephone services from Verizon

Verizon is an Eligible Telecommunications Carrier (ETC) in Texas under Federal Communications Commission (FCC) and the Public Utility Commission of Texas (PUCT) guidelines. As such, we receive universal service funding, which enables us to provide service at reasonable rates to high cost, usually rural areas and low income customers.

Under those guidelines, Verizon certifies that it provides the following basic services for a monthly charge of \$7.10 to \$16.40 (plus Federal Subscriber Line Charge, applicable taxes and surcharges) to residence customers.

- Single-party service
- Voice grade access to the public switched network
- Touch call service
- Access to emergency services (including 911 and enhanced 911)
- Access to operator, interexchange and directory assistance services

We also provide a Lifeline discount for qualified low-income residence customers of up to \$13.50. Link Up service, a low-cost basic connection service, is also available to qualified Lifeline customers at a 50% discount (up to \$30). In addition, we can provide Lifeline customers with free toll blocking to help control long-distance usage. For Lifeline customers who do not pay toll charges, their access to the toll network may be denied, but their local service won't be disconnected.

For more information on Lifeline and Link Up Services call Lite-Up Texas at 1-866-454-8387 or Verizon's Customer Sales and Solution Center at 1-800-483-4000 (Residence).

NOTIFICACIÓN PÚBLICA

Servicios básicos y a bajo costo de Verizon

En Texas, Verizon es un Proveedor Elegible de Telecomunicaciones (ETC, por sus siglas en inglés) según los lineamientos de la Comisión Federal de Comunicaciones (FCC) y de la Comisión de Servicio Público de Texas (PUCT). Como tal, recibimos fondos para servicio universal, lo cual nos permite proveer servicios con tarifas razonables usualmente para zonas rurales y de bajos recursos a pesar de los altos costos que esto implica.

Según estos lineamientos, Verizon certifica que provee los siguientes servicios básicos por un cargo mensual de \$7.10 hasta \$16.40 (además del cargo federal de suscriptor de línea, los impuestos federales y sobrecargos) a los clientes residenciales.

- Servicio individual
- Acceso al nivel de voz para la red pública de intercambio
- Servicio de llamada de pulso
- Acceso a los servicios de emergencia (incluidos 911 y 911 extendido)
- Acceso al servicio de operador, intercambio y servicios de directorio de asistencia.

También proveemos el descuento "Lifeline" por un monto de hasta \$13.50 para clientes de bajos ingresos que califiquen. El servicio "Link Up", un servicio de conexión a bajo costo que ofrece un descuento de 50% (hasta \$30), para aquellos clientes de "Lifeline" que califiquen, también está disponible. Además, podemos suministrar a los clientes de "Lifeline" un servicio de bloqueo de llamadas por cobrar para ayudar a controlar el uso de la larga distancia. Para los clientes de "Lifeline" que no estén suscritos a cargos por cobrar, su acceso a la red paga puede ser negada, pero su servicio local no será desconectado.

Para mayor información sobre los servicios "Lifeline" y "Link Up", llame a "Lite Up Texas" al 1-866-454-8387 o al Centro de Soluciones y de Servicio al Cliente de Verizon al 1-800-483-4000 (residencial).