

Serving the Counties of Borden, Dawson, Garza, Howard, Lynn & Scurry

Circle Ready for Next Round BHS One-Act Play Advances to District Contest

production of *The Caucasian* District 9-A Contest. Chalk Circle was chosen,

District 9-A, Zone 1 One- Mariner, to represent the Borden County High School Act Play Contest, the BHS zone at this Thursday's One-Act Play program has

This marks the eighth the district contest.

last Thursday's along with Highland H.S.'s consecutive year that the advanced from the zone to

All Smiles-OAP cast and crew (back row : L to R): Brendan Tarleton, Clint Chapman, Eric Espinoza, Becky Dobyns, Sarah Harding, Rachel Wilson, Callie Poole, Christina Soto, and Kate Wallace. (middle row: L to R): Darrin Ard, Director, Karl Lamming, Symeron Rinehart, Rowdy Clary, John Cowart. (Front row: L to R): Catherine Froman, D'Nae Johnson, Lacey Newton, Lindsey Stamper, Chasity Rutherford, and Krystal Hobson.

Now, the BHS cast and crew will perform at the District 9-A Contest on Thursday (March 29) at Bronte High Schools. Four out of the twelve District 9 schools will participate.

with Highland. The BHS Cast. performance will follow immediately 2:15 p.m.

The District 9-A, Zone 2 Azdak.' representatives will complete The Magic Well.

The top two out of the the Region II, Area 1 crew!

Contest, which is set for Monday, April 2, at Snyder High School.

Honored for individual acting achievement at the zone contest were seniors Becky Dobyns, Lindsey Stamper, and Rowdy Clary.

Dobyns ("Grusha Vashnadze") and Stamper ("Natella Abashwili") were The shows begin at 1:30 both named to the All-Star

Clary, on the other hand, afterwards. was placed on the Honorable Approximate showtime is at Mention All-Star Cast in the roles of "Georgi Abashwili/Lavrenti Vashnadze/

On the technical side of the slate of productions with theatre, senior Sarah Harding Bronte H.S.'s Unexpected was honored as the Tenderness and Blackwell's outstanding member of the

Break a leg at the District four shows will advance to Contest, BHS OAP cast and

Parent's Club Pre-School Easter Egg Hunt

Friday, April 6th, 2007 at 11:30 At the Borden county ISD Practice Field Please bring 1 dozen Candy or Candy filled eggs

Coyotes Participate in **Jayton Relays**

The Borden County High School track teams traveled to Jayton last Friday to the 800 m. run with a time of participate in the Rolling 2:42.73; he then went to the Plains Relays. There were 20 triple jump not long after and teams present making this one the largest meet we have 33'7". participated in so far. There were not many points scored for the boys or girls teams but there were highlights.

relay improved their time to 56.8 seconds, but did not make the finals. Running on this relay was D'Nae Johnson, Olivia Key, Marla Crenshaw and Krystal m. relay in 48.20, on this Hobson.

this relay was D'Nae Crenshaw and Sara Harding.

Christina Soto threw the relay. disc 89'9 3/4" to earn a silver threw the shot 25 feet.

Pole Vault clearing 6'6".

D'Nae Johnson was 5th in the high jump clearing 4'4". She also ran the 100 m. dash

Marla Crenshaw was 5th in the 400 m. dash; she ran a 71 in the prelims and a 72 in the

Krystal Hobson ran the 100 meters in 16.00 seconds. Olivia Key ran the 1600 m. dash in 6:38.9. She also went 29'2 3/4" in the triple jump.

Dannelle participated in the shot and throwing it 97'6" and he the disc.

There were four boys that participated in the JV division. Tyrell Massingill ran a real good race in the 1600 m. run and won it with a time of 5:42.79. He was he cleared 5'6" in the high participated in the shot put.

third in the 3200 m. run with a time of 13:06.

Karl Lamming was 5th in

Brendan Tarleton was 4th in the triple jump clearing 29 feet, he was 5th in the high some jump clearing 5'2", he was 6th in the 1600 meters with a In the girls, the 400 m. time of 6:18.36 and he ran the 3200 meters in 13.06.

> Pascual Espinoza ran the 400 meters in 62.30, and he ran the 800 meters in 2:49.

The Coyotes ran the 400 relay was Michael Cooley, The 800 m. relay improved Michael Bullinger, Quentin it's time to 2:03. Running on Shafer, and Flynn Chapman.

The 800 m. relay ran a Johnson, Olivia Key, Marla 1:46, on this relay was the same 4 people as the 400 m.

Michael Bullinger won the medal in the meet. Soto also pole vault with a bruised heel by clearing 11'6". He Sara Harding was 4th in the also ran the 100 m. dash in

Jake Cooley ran the 400 m. dash in 55.59 in the prelims, and he ran a 56.17 to place 5th in the event in the finals. Jake also ran the 200 in 25.4 seconds.

Zane Williamson participated in 5 field events, he was fourth in the pole vault clearing 10 feet, he was 6th in the triple jump clearing 37'10 1/2", he went 17 feet'6" in the long jump, he made the finals in the discus participated in the shot put.

Michael Cooley made the finals and finished sixth in the long jump clearing 18 feet 6 inches. Michael ran the 200 m. dash in 25.80 and

Jr. High Track Teams Compete in Dragon Relays

The Borden County Boys personal best 86'2" to win Girls track teams competed in the Dawson Dragon Relays on Tues-day evening as they turned in some very solid times and distances in competitive track meet. was third with a distance of Medal Winners on the Boys side were John Hensley capturing the gold medal in the Long Jump with a jump 17'7", John also finished second in the triple jump with a personal best jump of 35'5 1/2" and he followed that personal best with one of the best junior high 100 meter dashes in recent memory with a very solid 11.88 to outdistance the easily competition. The boys had heart break in the meet, as Miles Valentine and Tony Soto tangled feet on their exchange in the 400 relay that left them both sprawled on the track, but Tony was able to finish his leg on the relay before realizing that he was injured. As it turns out, Tony will be lost for the season with a hip flexor

> On the girl's side, Krista Tarleton cleared 4'4" to finish in a tie for the gold medal, (which she won on a coin flip by the way). Taylor Richey threw the discus a

> > ****

jump.

Logan Howard was 5th in the pole vault clearing 9 feet. Logan ran the 1600 in 5:42.37 and he ran the 3200

Cory Teel threw the disc a personal best just barely missing the finals throwing it 95'7". He also participated in the shot put.

Flynn Chapman ran the 200 m. dash in 27.10 and he

the gold and she also had a personal best jump in the triple jump of 30'4 1/2" in a silver medal finish. She followed that with a personal best time in the 100 hurdles at 17.88, but she had to finish with the silver, as a girl from Ropes in a separate héat crossed the line in a time of 17.86 to take the gold. Taylor teamed up with and Krista Phyneshia Rutherford and Anderson to capture the bronze medal in the 1600 relay. Below are the times and distances of all Borden County athletes.

Krista Tarleton: High jump-1st -4'4" Long jump-11'7" 800 relay-5th -(30.13) 2:13.66 1600 relay-3rd –(77.13) 5:07.45 Bailey Anderson: 100 meters-6th -14.44 $800 \text{ relay-5}^{th} - (34.12)$ 2:13.66

1600 relay-3rd –(79.45) 5:07.45 Taylor Richey: Discus-1st.-(86'2) Triple jump-2nd $(30^{\circ}4\frac{1}{2})$ 100 hurdles-(17.88) 300 hurdles-5th -(56.89) 1600 relay-3rd -(70.45) 5:07.45 Phyneshia Rutherford: Triple jump-27'6 1/2 Long jump-11'9 1/2 " 800 relay-5th -(35.64) 2:13.66 1600 relay-3rd -(80.42) 5:07.45 200 meters-33.2 KeriAnne Howard: 400 meters-89.89 800 relay-5th -(33.41) 2:13.66

200 meters-(39.93)

Long jump-1st –(17.7) Triple jump-2nd –(35'5")

100 meters-1st -(11.88)

800 relay-5th - dropped

400 relay-(DQ)

baton 1:56.19

John Hensley:

Cont. to pg. 3

Pre-School Day

Pre-school Day will be Friday, April 6th. If your child will be 5 years on or before Sept. 1, 2007, he/she is invited to visit the kindergarten class on this day. Please send a copy of their birth certificate, social security card, and immunization

Each child is also asked to bring an Easter Basket with a dozen candy or candy filled eggs (No chocolate please) for the Pre-School Easter Egg.

School will begin at 8:05 and dismiss at 12:30 on this day. The school will provide lunch. If your child would like to ride the bus, please contact the bus driver in your area. If you have any questions, contact the school at 806-756-4313.

Lady Coyotes Host Lady Softball Opens

By Coach Avery

The Lady Coyotes hosted their first home game in shortly after Soto caught history last Saturday and the another pop and then threw softball field at WTC in the ball home to Newton Snyder. It was a nice facility who tagged out a runner to play in and when we found out that we were to be in charge of the clock and book and PA well forget the PA then we got it together and made it work. The Lady Coyotes had a little more success against the Lady Lions than we did against Ralls, we did score one run ball at pitcher and threw out and it took New Deal 5 innings to end the game via the 15 run rule. The final one run this inning. score was 21 to 1.

errors in this game our girls with the bases loaded. Then are still in the game. We Soto struck out two and allowed only 3 runs in the threw the third out at first. first inning. Pitcher Christina Soto struck out two batters way our girls are playing and third baseman Krystal defense, they are improving Hobson threw out a runner at and if we can eliminate a few first where Sara Harding was errors that keep the inning anxiously waiting for the alive then we will be able to

In the second inning the Lady Coyotes allowed 6 runs. Early in the inning the Lady Coyotes produced a double play as Soto caught a fly ball and then threw the ball to first base catching the runner halfway between first and second. The Lady Coyotes then allowed 6 runs that inning and missing opportunities that we needed keep it close. To end the inning with the bases loaded Harding fielded a short hit ball and threw it home to Lacey Newton who retired

In the third inning the Lady Coyotes allowed 5 more runs. The first out was produced when Soto struck out a batter but the ball was dropped by Newton who

then threw the ball to first to produce the out. Then trying to score.

In the fourth inning Soto struck out a batter for the first out, for the second out Sharelle Gass at short stop fielded a ball and threw it to Olivia Key at second base for the second out, and for the third out Soto fielded a the runner at first to Harding. The Lady Lions scored only

In the fifth inning the Lady Our girls are making some Coyote defense allowed 6 improvement on defense, if runs as one Lady Lion hit an you take away a few early inside the park home run

> I am really proud of the play with these teams.

Track

Miles Valentine: High jump- 6^{th} –(56.89) Long jump-scratch 400 relay-(DQ) 800 relay-5th – dropped

Cont. from pg. 2

300 low hurdles-4th -52.72 David Rodriquez: 2400 run-5th -9:58.88

1600 run-6th -6:26.1 High jump-4'4' 1600 relay-6th

Austin Fields: 400 relay-(DQ)

800 relay-5th –dropped baton 1:56.19

200 meters-30.79 Joseph McConnell: Shot put-no mark

1600 relay-6th

Christina Soto batted a perfect 1000 by walking once and hitting two singles.

Sara Harding walked at her first at bat and then hit into two pop ups in her next two

Dannelle Copeland was thrown out at first, Lacey Roberts hit a pop up in her only bat, Olivia Key walked once and reached base again by being hit by a pitch.

Sharelle Gass hit a pop up into left and she was thrown out at first in her two at bats.

Krystal Hobson struck out twice, Marla Crenshaw struck out once and was thrown out once, D'Nae, Johnson walked once and struck out once and Lacey Newton was thrown out once and struck out once.

Our only score came when Soto reached base on a hit, and then stole second on a passed ball by the catcher, she then stole third on another passed ball and then she got to go home on a passed ball.

800 relay-5th -dropped baton-1:56.19 200 meters-6th -29.8 Chris Teel:

100 17.65 Discus-no mark Shot put-no mark Tony Soto:

Shot put-7th -31'2" Discus-no mark 400 relay-(DQ)

Micheal Froman: 1600 run-6:39.9 Shot put-no mark

Discus-7th -87'1 Austin Tyler: 1600 relay-6th

> 110 hurdles-22.59 300 hurdles-65.23 Triple jump-28'4

District with

By Coach Avery

Softball team opened district watching. My predictions is play last Tuesday with a that Ralls will play softball double header against the for a while this year. The Ralls Lady Rabbits. The real scary part is they only Lady Rabbits were definitely had one senior on their team the best team that we have and she did not start. seen so far in this new game for the Lady Coyotes. They only pitcher we used in both had it all and they were very good at it. The Lady Coyotes lost the first game 19 to 0, and were defeated in the baseman. second game 26 to 0.

In the first game the Lady Coyotes allowed 16 runs in Rinehart. the first inning, but in the second inning the Lady Coyotes allowed only 3 runs. The defense really improved that inning and it looked like we were learning a few things. The game was called reached base due to a walk. after 2.5 innings due to the 15 run rule.

In the second game the Lady Coyotes allowed 21 center field. runs in the first inning but only allowed 5 runs in the right field. second inning. This game also ended after 2.5 innings starting catcher. of play.

There were only three girls that reached base in the two games for the Lady Coyotes and all three were due to base on balls. No Lady Coyote ever reached second base. Their pitcher was pretty good and she did not

Long jump-12'7" Blake Turner: 1600 meters-6:33.2 800 meters-2:49.2 Triple jump-28'1" Derek Tatum: Pole vault-7'0" 110 hurdles-7th -21.44 300 hurdles-55.47 1600 relay-6th

make many mistakes. She was the only pitcher that we faced and her placement of The Borden County Lady the ball kept our girls

> Christina Soto was the games, and she reached base twice due to walks.

Sara Harding was the first

Dannelle Copeland played left field as well as did Shylo

Olivia Key was on second

Sharelle Gass was the short

Krystal Hobson played third base and she also

Marla Crenshaw played center field and catcher.

Lacey Roberts also played

D'Nae Johnson played

Lacey Newton was the



Coyote Baseball Off and Borden County Running in District Play

By Coach Richey

Over the last couple of well and we committed 7 9 to 7 because it was too innings pitched. Quentin Shafer got his 2nd of an inning to collect the win behind 5 strikeouts, giving up 5 hits and 4 earned runs. Clint Chapman was 1 of 3 with a run scored, Quentin Shafer was 0 for 2 with 2 runs scored, Flynn for 4. Chapman was 3 of 3 with 3 RBI's. Michael Bullinger was 2 of 3 with 1 RBI. Karl Lamming had an RBI on a 1 of 2 night. Flynn Chapman also pitched 2 innings giving up 2 earned runs while striking out 5 batters. Jacob Froman got the save pitching 1 1/3 innings of relief.

On Friday the 16th of March, the Coyotes hosted the Loraine Bulldogs in a double header at WTC field in Snyder. The Coyotes came away with their 2nd district win with a run rule contest of 12 to 2. Clint Chapman pitched a one hitter giving up 2 unearned runs and striking out a career high 9 batters, while scoring 3 runs of his own in a 1 for 1 performance at the plate. Quentin was 1 of 3 with a run and an RBI. Zane Williamson was 1 of 3 with 2 runs scored. Flynn was 2 of 3 with 4 runs and 2 RBI. Miller Valentine was 2 of 3 with 2 runs and 4 RBI's. Karl Lamming was 2 of 3 with 3 RBI.

In the 2nd contest, things did not fair so well as the guys did not play near as

weeks the Borden County errors in route to a 13 to 3 Baseball has played five lose to the Bulldogs. Jacob district baseball games. In Froman was tagged for the those five games, the Borden lose giving up 2 earned runs County Baseball team got in 1 1/3 innings pitched also their first ever district win pitching was Quentin as he with a shortened game gave up 5 unearned runs and victory over the Roby Lions 2 earned runs in 3 1/3 Flynn dark to play. In that contest, Chapman also pitched giving up 4 unearned in 2 1/3 win of the season going 2 2/3 innings. Hitting for the Coyotes was Clint with a 3 for 4 night with 2 runs scored and an RBI. Quentin was 2 of 3 with 2 RBI's, while Jacob Froman was 1 of 3 and Flynn Chapman was 4

> On Saturday March 24th, overall. the Coyotes played host to the Aspermont Hornets at Moffett Field in Snyder. The Coyotes got another solid pitching performance from Clint Chapman as he pitched all 7 innings of an 8 to 1 victor. Clint had 5 strikeouts as well. Clint was also 2 of 4 with a run and an RBI. Quentin was 2 of 2 with 2 runs. Zane was 1 of 3 with a run and an RBI, Flynn was 4 of 4 with 3 RBI. Miller was 1 of 4 with a run and an RBI while Karl lamming scored 2

In the 2nd game, a pitchers second base. duel broke out for 5 innings. The Coyotes had a chance to score in the bottom of the 5th inning but had a bang bang job guys.

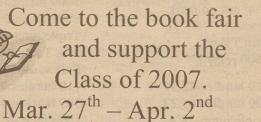
play to end the inning that kept a run from scoring and the coyotes also had a runner thrown out at home, more student Ricky Torres, Jr., was also 2 of 4 from the sponsored by plate while Quentin was 1 of 4, Zane was 1 of 3, Jacob Froman was 2 of 3 and Miller Valentine was 1 of 2. The Coyotes could not manage to break into the scoring column as they make learning fun and actually had the same educate students by focusing number of base runners as the Hornets, but in the end. we could not get the big hit. The Coyotes are now 3 and 2 in district and 5 and 2

Also playing some huge children's time is starting third publication, produces 70 baseman Carlos Hernandez, Center Fielder Michael Cooley who is hitting the and technology. Thirty-three ball hard, but right at states, including Texas and someone right now. Tyrel 15 communities receive Massingill is playing some Studies Weekly publications call 1-800-361-0502. right field, while Karl Lamming is playing left.

The Coyotes made a change in defense as Zane Williamson moved to catcher, and actually threw a hornet out from his knees as he threw a bullet to Flynn at

The Coyotes will next play Ira on Tuesday night. Good

Book Fair



Student Wins

Contest

Local Borden County than once. Quentin pitched 6 child of Ricky and Margie innings giving 2 earned runs Torres, recently won the and 2 unearned runs. Clint literary "Let's Write' contest Weekly, Inc. Texas Studies Weekly will print the story and send Ricky Torres cash prize for doing such a good

Studies Weekly strives to specific on their own state culture, history, and curriculum, rather than just offering general national information that can be learned in any textbook.

Studies Weekly, educational newspapers on social studies, history, geography, science,



to their state curriculum and history. Studies Weekly also publish for nationwide audiences.

The company was started in 1985 by Paul Thompson, a teacher of 30 years, as a small Utah company. It has grown into a nationwide company, and each year. 30,000 teachers and 700,000 students such as Ricky read Studies Weekly publications.

For more information on Studies Weekly, Inc. or to order papers, please go to www.studiesweekly.com or



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Ready for Battle **BHS UIL Academic Squad** Set to Defend District Title

drawn. Basic training is over. The mission is clear: Defend the goal!

When the Borden County High School U.I.L. Academic Teams head to this year's District 9-A Literary Meet in Water Valley this Friday, the ultimate goal of defending the district championship stands before

It is a title they have held for six consecutive years and one that they do not want to relinquish any time soon.

Standing in the way of that title, however, is defending regional and state academic champion Garden City H.S.

Last year's district race came down to only 27 points separating the champion Borden County and runnerup Garden City. GCHS came back to win at the regional and state meets with strong showings in the math and science domains.

Also standing in the way of a repeat championship for BHS is district 9-A newcomer Water Valley H.S., who has won its old district several of the past

However, students at BHS have some battle experience on their side. They finished third overall at the regional and state meets themselves last year. The team also returns four individual state champions

This year, BHS has also won sweepstakes championships at practice meets at both Abilene: Wylie and Post. They have also had strong showings at meets in Idalou and Friona.

As in anything, practice in U.I.L. Academics makes

The battle lines have been perfect, and if things work out perfectly, Borden County will come home this Friday with a seventh consecutive district academic champion-

BHS contestants and events are as follows:

Calculator Applications Krystal Hobson Lacey Roberts Christina Soto Raylea Underwood Computer Applications Rowdy Clary John Cowart Logan Howard Rowdy Clary

Current Issues & Events Reynaldo Hernandez Karl Lamming Rachel Wilson Taylor Peterson (alt.) **Editorial Writing** Becky Dobyns

Lacev Roberts Rachel Wilson Chellsie Pigford (alt.) Feature Writing Lacey Roberts

Christina Soto Lindsey Stamper Headline Writing

Becky Dobyns Hannah McConnell Chellsie Pigford Hailey White (alt.)

Informative Speaking Rowdy Clary Carlos Hernandez Rachel Wilson

Karl Lamming (alt.) Lincoln-Douglas Debate Michael Porter Chasiti Rutherford Kate Wallace

Literary Criticism John Cowart D'Nae Johnson Hannah McConnell Chasiti Rutherford Mathematics Lacey Roberts Christina Soto

Raylea Underwood

Rachel Wilson

Graduating Seniors Can Turn Passion for Trash into Scholarship Cash

The fourth annual Don't Mess with Texas Schofunded by larship, EnviroMedia Social Marketing, will award one \$3,000 scholarship and two \$1,000 scholarships this spring to high school students planning to pursue a two- or four-year degree at a Texas university or college.

**

News Writing Lacey Roberts Christina Soto Lindsey Stamper

Number Sense Lacey Roberts Christina Soto Raylea Underwood Persuasive Speaking

Clint Chapman Reynaldo Hernandez Kate Wallace Michael Porter (alt.)

Poetry Interpretation Eric Espinoza Sharelle Gass

Lindsey Stamper Prose Interpretation Katherine Froman D'Nae Johnson

Brendan Tarleton Ready Writing

Becky Dobyns Hannah McConnell. Chellsie Pigford Science

Jake Cooley Eric Espinoza Logan Howard Asa Rutherford

Social Studies Rowdy Clary Carlos Hernandez Taylor Peterson Symeron Rinehart Spelling & Vocabulary

Becky Dobyns Katherine Froman Chellsie Pigford Brendan Tarleton

the achievements of grad-visit uating seniors who have DontMessWithTexas.org. taken leadership roles to prevent litter within their schools or communities.

The scholarship applica- Don't Mess with Texas has tion must be postmarked by April 6, 2007. Students are required to submit the following:

- Completed application,
- letters Two recommendation, and
- An essay about specific litter problem in the student's community. Applicants must address how they executed a creative and sustainable solution to reduce the litter problem.

All completed applications must be addressed as follows:

The Don't Mess with Texas Scholarship Program c/o EnviroMedia Social Marketing

1717 W. 6th Street, Suite 400 Austin, TX 78703

The Texas Department of Scholarship program in 2003 Jell-o, and Milk. to reward high school seniors FRIDAY are the most likely to litter, Milk .and the scholarship is designed to help motivate and raise awareness among this peer group.

For more details and to

The scholarship recognizes download an application,

About Don't Mess with **Texas**

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School Lunch Menu

April 2nd - 6th, 2007 MONDAY - Breakfast: Pancake Pup, Fruit Juice, and Milk. Lunch: Frito Pie, Tossed Salad, Pinto Beans, Pears, and Milk

TUESDAY - Breakfast: Biscuit & Gravy, Fruit Juice, and Milk. Lunch: Chicken Spaghetti, Green Beans. Tossed Salad, Garlic Biscuit, Pudding, and Milk.

WEDNESDAY - Breakfast: French Toast Sticks, Fruit juice and Milk. Lunch: Pizza, Corn, Tossed Salad, Pineapple, and Milk.

THURSDAY - Breakfast: Muffin, Fruit Juice and Milk. Transportation established Lunch: Beef Soup, Grilled the Don't Mess with Texas Cheese, Broccoli w/ranch,

Breakfast: who have worked to improve Cereal & Toast, Fruit Juice, the litter problem in their and Milk. Lunch: BBQ Research Sandwich, Beans, French shows Texans ages 16 to 24 Fries, Surprise Cookie, and

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Parent's Club Meeting

There will be a Parent's Club meeting on April 19th at 6:00 pm in the Conference Room.



Blue Bell Ice Cream is 100 Years Old

The Brenham Creamery Company opened on August 3, 1907 as a butter manufacturing company. and milk form area farmers company in the country. stockholders put up \$2200 to Bell, 800 of them in start the business. In 1911 it Brenham. The employees started making ice cream at own 40% of the company. the rate of two gallons a day. By 1919, the company was floundering and some thought was given to closing the company. A new hired at a salary of \$60 a now Ed's son Paul is option three, four, or five. month. He was 23 years old, just back from World War Bell. The Kruse family has should press option five for a One and had the opportunity run the company for 88 to get a job as superintendent years. of schools in a nearby community. But he accepted the offer from Blue Bell. He mile radius of Brenham. The didn't cash any of the checks form Blue Bell for six 50,000 cows daily. "The months because he didn't milk we use today was grass want the company to go into the red. In 1930 he changed the name of the company to Bell's flavors. He says it Blue Bell Creameries, named took two years to develop for a flower that blooms in Homemade Vanilla, the July.

been slow and steady. Its ice number 2. To celebrate the cream entered the Houston company's centennial, a new market in 1959, the Austin flavor named market in 1965 and the Sundae was introduced. It is Dallas market in 1978. Waco Homemade Vanilla with "You Can't Get Blue Bell garnish. Ice Cream in Waco." Soon

Big Spring, Blue Bell had its biggest sales week in the company's history up to that states, from Arizona to North

EF Kruse managed the company until he passed away in 1951. At that time his son Ed Kruse took over as manager. Ed's brother manager, EF Kruse, was Howard followed him and president and CEO of Blue

Milk for Blue Bell ice cream comes form a 200company uses milk from yesterday," says Howard Kruse. "It's fresh." Blue company's bestseller. Blue Bell's growth has. Cookies and Cream is Century

for West Texas opened in areas where Blue Bell is just fun."

Wildflower Hotline Available

along Texas highways have TxDOT's help at their fingertips.

The Texas Department of Transportation's wildflower hotline (800-452-9292) and Internet (www.txdot..gov) give user's information on the best spots to find wildflowers along the Texas highway system.

The wildflower hotline, time. Blue Bell is now in 16 available as part of the menu for the road conditions The company bought cream is the largest ice cream hotline is active through early May. The hotline has a to make butter. Nineteen 2800 people work at Blue recording available 24hours-a-day telling where wildflowers are by selecting option two. Travel counselors are also available as a new hotline feature from 8 a.m. until 6 p.m. sevendays-a-week, except Easter Sunday. The counselors can be reached by selecting Spanish-speaking Spanish translator.

> To make it easier to find wildflowers in hotline callers may request information by seven regions of the state: Big Bend, Gulf Coast, Country, Hill Panhandle, Piney-Woods (East Texas), Prairies and Lakes (North Central Texas), and Southwest Texas.

sold. Big event s are planned at the Brenham plant leading up to the August 3". anniversary. That plant, by the way, gets more than 100,000 visitors a year.

Howard Kruse says ice felt slighted and put up a caramel and chocolate sauce, cream is the fun food in billboard with the words whipping cream and a cherry America. "It's the happiest food in the world. You eat is A big moving van carrying when you're feeling good, Blue Bell entered Waco. displays and the history of waling down the street, at a When the distribution center the company is traveling to party, in your backyard. It's

Motorists searching for the Information on the hotline best wildflower locations and Internet comes from maintenance offices, chambers of commerce and parks officials.

"Wildflower growth will site probably be above average summary of wildflower due to the most recent rain although the drought did reduce germination in the wildflower-power" fall in much of the state," said Dennis Markwardt director of TxDOT Vegetation Management.

April is considered the prime month for blooming wildflowers.

TxDOT spreads more than 20,000 pounds of wildflower seeds along Texas highway rights of way each year. Each pound contains 30 or varieties of wildflowers.



The statewide locater may for wildflower blossoms is available on the TxDOT webpage at www.txdot.gov by clicking on Travel on "Wildflowers."

This area has a written growth as well as an enlargeable may featuring marked with colored circles representing wildflower varieties in bloom.

The department's wildflower effort is part of a vegetation-management program encouraging the

growth of native species that require les mowing and carè. For more information, call Bill Powell, (512)463-8606.

Information about TxDOT is also available through www.txdot.gov.

Attention Seniors!

Parent's Club Scholarship applications must be returned to Mr. Ard by April 18, 2007. For more information, contact LaNita Avery





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Lamesa, TX

Heart & Home ...

By Julie Smith

Borden County Extension Agent Family & Consumer Sciences



Extension programs serve people of all ages regardless of socioeconomic lever race, color, sex, religion, disability, or national origin. The Texas A&M University System, U.S. Department of Agriculture, and the County Commissioners Court of Texas Cooperating.

Shopping for Health? (Part 1 of 3)

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The Produce Department: A Cornucopia of Healthful Components

Fruits and vegetables are especially praised for being chock-full of an array of plant components contribute to good health including vitamins, minerals, fiber, and phytonutrients, not to mention their high levels of antioxidants, which defend against damaging free radicals that occur in the body. Free radicals are linked to diseases such as cancer, cardiovascular disease, cognitive impairment, Alzheimer's disease, immune dysfunction, macular degeneration.

More and more consumers Some common antipeppers, kiwi and citrus Where better to practice fruits such as oranges, Brussel sprouts, cranberries, apples, onions, maintain normal muscle, about Great Grains and The and more. The tongue- immune and nerve function, Case for Dairy. twisting antioxidants, lutein and also contributes to bone Shopping Tips: zeaxanthin may health. contribute to maintenance of healthy heart.

The mineral potassium, which may reduce the risk of high blood pressure and stroke, as part of a lowsodium diet, is plentiful in orange and grapefruit juice, bananas, kiwi and potatoes. Potassium chloride, a salt replacement, is another option for those looking to increase potassium intake. Look for it in the spice and baking aisle. Spinach, nuts, soy, pumpkin, beans and squash all contain magwhich helps

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Sealed proposals for contracts listed below will be received by TxDOT until the date (s) shown below, and then publicly read. CONSTRUCTION/MAINTENANCE/BUILDING FACILITIES

DEPARTMENT OF TRANSPORTATION (TXDOT)

CONTRACTS

CONTRACT(S)

Contract 6160-35-001 for MOBILE RETROREFLECTIVITY DATA COLLECTION in TAYLOR County, etc. will be opened on **April 25TH**, **2007** at **2:00 p.m.** at the District Office for an estimate of \$232,080.00.

Plans and specifications are available for inspection, along with bidding proposals, and applications for the TxDOT Prequalified Contractor's list, at the applicable State and/or Dist/Div Offices listed below. If applicable, bidders must submit prequalification information to TxDOT at least 10 days prior to the bid date to be eligible to bid on a project. Pre-qualification materials may be requested from the State Office listed below. Plans for the above contract(s) are available from TxDOT's website at www.dot.state.tx.us and from reproduction companies at the expense of the contractor. NPO: 23133

State Office Constr./Maint. Division

200 E. Riverside Dr. Austin, Texas 78704 Phone: 512-416-2540

Dist/Div Office(s) Abilene District District Engineer 4250 N. Clack Abilene, TX 79601 Phone: 325-676-6800

Minimum wage rates are set out in bidding documents and the rates will be part of the contract. TxDOT ensures that bidders will not be discriminated against on the grounds of race, color, sex, or national origin.

Consumers can be adventhealthy vision. Look for urous and discover other them in kale, collard greens, aisles of the grocery store spinach, corn and citrus where they may find a fruits. The antioxidant lyco- variety of foods that are full pene in tomatoes, wate- of healthful components. rmelon, papaya, and red or For instance, frozen and pink grapefruit may help canned fruits and vegetables \$ keep the prostate healthy and are also great choices may also contribute to a because they are picked, packed, frozen or canned at peak of ripeness, when Source: International Food content are also at their peak. Insight

Next week, we will talk September/October 2006

- Processed tomato products such as canned tomatoes, tomato paste and kethcup are more bioavailable concentrated sources of lycopene.
- Eggs are also an excellent source of lutein zeaxanthin.

antioxidant and nutrient Information Council Food Newsletter

Calendar For 2007 Constitutional **Amendment Election**

- March 13th First day to submit application for early voting.
- April 12th Last day to register to vote.
- April 30th Early voting by personal appearance
- May 4th -Last day to receive application by Mail
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- May 12th -**ELECTION DAY**

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CONSTRUCTION/MAINTENANCE/BUILDING FACILITIES CONTRACT(S)

Dist/Div: Abilene

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Heart & Home ...

By Julie Smith

Borden County Extension Agent Family & Consumer Sciences



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