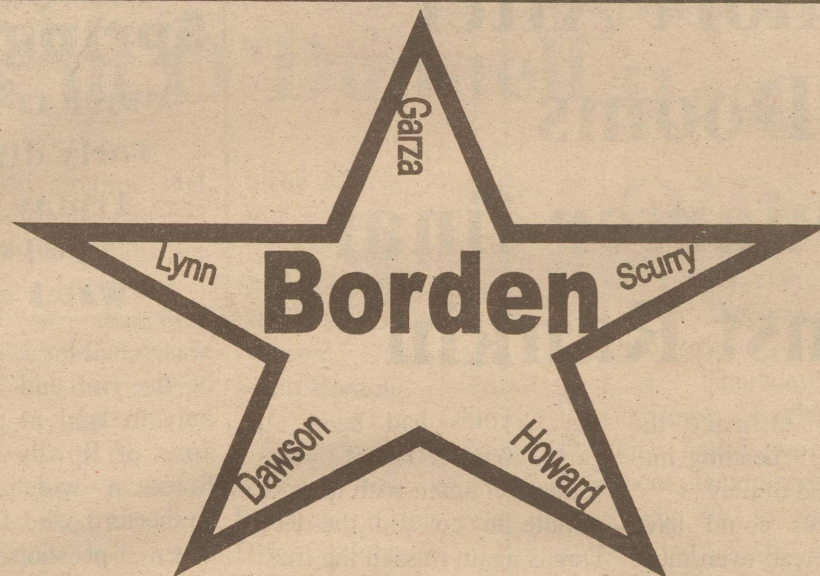


THE

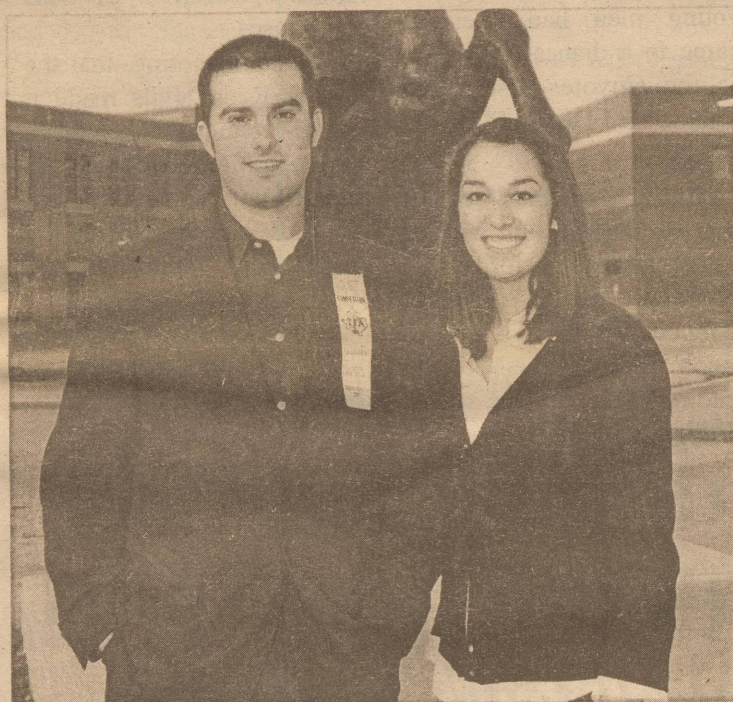
Volume XXXV



STAR

March 7th, 2007

Serving the Counties of Borden, Dawson, Garza, Howard, Lynn & Scurry



Goal of Gold

Clary & Wilson Return to CX Debate State Meet

When Borden County High School senior Rowdy Clary and junior Rachel Wilson left Austin with silver medals in hand after last year's 1A Cross-Examination (CX) Debate State Meet, the taste was somewhat bittersweet for them. They wanted the gold.

As Clary and Wilson return to Austin for the 2007 CX Debate State Meet this coming Monday, their hopes are set upon the gold.

Clary and Wilson return to the State Meet as the District 9-A champions following their district victory on February 5th.

D.C. Bound

Two BHS Students Win Scholarship & Trip

Big Country Electric Cooperative would like to announce the winners of the annual Government-In-Action Youth Tour Speech Contest. The contest was held February 22, 2007, at

They are the top-ranking returnees out of 54 teams who have qualified from their own district meets across the state.

The duo is coming fresh off of a trip to the Texas Forensics Association (TFA) State Meet in Carrollton this past weekend. The meet was great preparation for the UIL State Meet.

BHS debate coach Sue Jane Mayes and speech coach Darrin Ard will accompany Clary and Wilson to the state meet.

Clary is the son of Doyce and Amber Taylor of Vealmoor, while Wilson is the daughter of Tim and Carol Wilson of Gail.

Best of luck, Rowdy and Rachel! Go for the Gold!

the Roby High School auditorium.

The two winners are Kate Wallace of Borden County High School and Stephanje Grand of Haskell High School. The two winners will join approximately 1,500 other teens across the country for a nine-day all-expense-paid trip to Washington, D.C. in June.

Along with the trip to D.C., the students will each receive a \$1,000 scholarship.

Becky Dobyms of Borden County High School will also receive a \$1,000 scholarship as the runner-up.

Because Grand is unable to attend, Dobyms has been notified that she will join Wallace on the trip to our

nation's capital.

The purpose of this tour is to provide an opportunity for youth to enjoy the best of Washington, D.C. They will tour the Smithsonian Institute, Ford's Theatre, the FBI Building, the Jefferson and Lincoln Memorials, Mount Vernon and countless others.

They will also experience the sight of Arlington National Cemetery, the Vietnam Memorial, and the changing of the guard at the Tomb of the Unknown Soldier.

While in D.C., Wallace and Dobyms will visit their congressman's office and

Cont. to pg. 5



Don't Forget!!

Daylight Savings Time

Begins March 11

Move your clocks forward one hour

Rally Falls Short After Tough Start Dooms Coyotes in Quarter-final Contest against Rankin

By Coach Richey

The Borden County Coyotes almost continued their story book season with yet another unbelievable feat, as they spotted the Rankin Red Devils a 19 point lead at 38 to 19 with 1:30 left in the first half before a furious rally left the Coyotes on the disappointing end of a 53 to 50 final score.

The Borden Coyotes started this contest very sluggish as they committed several first quarter turnovers that resulted in easy baskets for the Red Devils in the early going of this contest and a very cold shooting first quarter allowed the Red Devils to take a comfortable 17 to 6 first quarter lead. The Coyotes managed to make only 3 of 12 shots in that opening stanza before finding a little rhythm in the second quarter to bounce back with an 18 point quarter. Unfortunately the Red Devils did not share in the shooting struggles that the Coyotes had in the first half as they followed their 17 point outburst in the first quarter with a 21 point total in the 2nd period. In fact, the Red Devils managed to build a 19 point lead at 38 to 19 with only 1:30 remaining in the opening half of play. The Coyotes went on a 5 to 0 run to end the half to make the halftime score 38 to 24.

In the second half, the Coyotes combined a much better effort with a defensive adjustment to begin a much needed rally to close the double digit lead to 5 points as the they used a 15 to 6

third quarter to make the score 44 to 39 heading into the final period of play.

The Coyotes could have trimmed that lead even more had they made a few more free throws and converted on some solid play inside only to miss a few chip shot baskets.

The Coyotes behind the solid inside play of junior Matthew Tatum continued to chip away at the lead as Matthew scored 15 of his game high 21 points during that 2nd and 3rd quarter offensive surge.

Unfortunately for the Coyotes, Matthew did not get enough touches in that decisive quarter as the Red Devils limited him to only one shot in the final period of play.

Senior Zane Williamson made two huge baskets in the 4th quarter before he was forced to foul to stop the clock and as a result he fouled out of this game with just over one minute to play in this quarter-final contest.

After being down 19 points, the Coyotes were on the verge of coming all the way back after a huge 3-pt shot by Asa Rutherford closed the gap to one possession as the Coyotes trailed by 3 points. Moments later a defensive rebound on a missed free throw resulted in an over the back foul on the Devils and after connecting on both free throws of a one and one situation by Tatum the score stood at 51 to 50, the closest

the Coyotes had been all game long. The Coyotes fouled yet again with under a minute to go and the Red Devils again missed the front end of a one and one and the Coyotes now had a chance at their first lead of the contest.

The Coyotes had a play set up to get the ball inside, but a situation where a Coyote thought he saw a different opportunity resulted in a turnover with 28 seconds to go in the game. They had to foul once again and this time the Red Devil athlete made both free throws which forced the Coyotes to try a 3-pt shot. Jacob Froman, "Mr. Clutch" from several games this

Out with the Old Sport and In with the New Sport *Coyotes Baseball team take pair from Post JV*

By Coach Richey

The Borden County Coyotes wasted little time wallering in self pity as they got right into a new sport, BASEBALL, as they participated in one practice and then traveled to Post to take on the Post JV.

The Coyotes won the first game 11 to 8 and then followed that up with a tough 6 to 5 victory.

The winning pitcher in the first game was Clint

Spring Break

March 12th thru 16th

Early dismissal

Friday 12:30

School Resumes Mon. March 19th

-Watch out for Children Playing-



season had his 3, hit the back of the rim and bounce off only to land in the waiting arms of Rowdy Clary who found a wide open Asa Rutherford who fresh off of seven 3-pt shots last week seemed destined to send this game into over time, but his shot was just off the mark and as a result, the unbelievable ride that these young men had been on came to a disheartening end as the Coyotes lost to the Rankin Red Devils 53 to 50.

Scoring for the Coyotes was Matthew Tatum with 21 points, Asa Rutherford added 12 points, Zane Williamson chipped in 11 points and Jacob Froman the Coyotes leading scorer for the season finished with 6 points.

Also contributing was Quentin Shafer, Rowdy Clary and Michael Cooley.

This group of Coyotes have a lot to be thankful for and proud of as they are believed to be one of the only Coyote basketball teams to have back to back 20 win seasons as the 2006-2007 Coyotes ended their fantastic season at 21 wins and 9 loses.

It is worth noting, that the Rankin Red Devils made it to the Regional championship contest before running into a bout of bad luck for themselves as they lost to the Garden City Bearcats 32 to 30 in the final, so it appears that the Coyotes were just a play or two away from having their own opportunity to make it to Austin.

Chapman as he pitched 2 innings of shut out baseball.

Jacob Froman making his Coyote debut worked 2 innings of his own, but he was saddled with a touch of bad luck as he committed 3 turnovers in his stay on the mound that resulted in 5 runs, but all but one run was unearned.

Zane Williamson also made his mound debut as he struck out two Antelopes, before he too found some

defensive lapses result in three runs but again only 1 of which was earned.

Quentin Shafer pitched to one batter in order to get his first save of the season. The hitting stars for this contest was freshman Flynn Chapman as he had 4 RBI's while going 3 for 4 from the plate with two triples and a double.

Quentin Shafer added a 1 of 2 outing at the plate and

Cont. to pg. 4

Track Results at Eagle Relays in O'Donnell

By Coach Avery

Coyote Results

Last Saturday on a blistering cold and windy day the Borden County track teams traveled to O'Donnell for the day to participate in the first track meet of the season.

The HS boys entered the JV division and won it with over 130 points.

The BC boys won the 400 m. relay with a time of 51.51, running on this relay was Michael Cooley, Flynn Chapman, Logan Howard and Quentin Shafer.

The Coyotes won the 800 m. relay with a time of 1:49.59, running on this relay was Michael Cooley, Flynn Chapman, Quentin Shafer and Logan Howard.

Tyrell Massingill ran the 3200 meters in 13:39 he also ran the 1600 in 6:04.93.

Brendan Tarleton ran the 3200 meters in 13:48, he ran the 800 meters in 2:46.13, and he was 5th in the 400 m. dash with a time 71.40. Brendan cleared 4'10" in the high jump and he was third in the triple jump with a distance of 29'7 3/4".

Jake Cooley was just barely edged out of first and into second in the 800 m. run with a time of 2:22.53. This is even more remarkable since he is only 4 months removed from ACL surgery on his knee. Jake also ran the 1600 meters in 6:09.92.

Karl Lamming ran the 800 m. run in 2:40.03, he ran the 100 m. dash in 13.36 in the prelims and 13.94 in the finals. Karl was 4th in the 400 m. dash with a time of 67.80. Karl won the triple jump with a distance of 34'1 3/4".

Quentin Shafer won the 100 m. dash with a time of

12.49 in the prelims and 12.66 in the finals. Quentin also was in the long jump but am not sure of its results.

Michael Cooley was first in the 200 m. dash with a time of 26.71 in the prelims and 26.25 in the finals. Michael was also in the long jump and I do not yet know its results and then Michael went to high jump where he won that competition clearing 5'4" jumping into that strong, cold north wind.

Flynn Chapman was third in the 200 m. dash with a time of 26.54 in the prelims and 26.49 in the finals. Flynn was second in the shot put with a 31 foot put.

Logan Howard ran the 1600 meters in 6:07.31, and due to the high winds Logan did not get to pole vault.

Lady Coyote Results

The Borden County HS girls also participated in the O'Donnell Eagle Relays last Saturday.

The girls scored 29 points and were 6th out of 8 teams.

The 400 m. relay was 4th with a time of 60.59 in the prelims and 59.38 in the finals. Running on this relay was DNae Johnson, Krystal Hobson, Olivia Key and Sarah Harding.

The 800 m. relay was 4th with a time of 2:12.31. Running on this relay was DNae Johnson, Krystal Hobson, Olivia Key and Marla Crenshaw.

Marla Crenshaw ran the 800 m. run in 2:62.59. Marla also participated in the shot put.

DNae Johnson was 4th in the 200 m. dash with a time 29.82.

Krystal Hobson ran the 200m. dash in 34.28.

Dannelle Copeland was 6th in the shot put with a put of 24'11.5" and she was also in the discus competition.

Christina Soto was 5th in the shot with a put of 25'5.75" and she was 4th in the discus with a distance of 74 feet even.

Olivia Key was 4th in the triple jump with a distance of 29'5.5".

Making the Grade!

4th Six-Weeks Beta Achievement

Senior: Clint Chapman, Rowdy Clary, Becky Dobyns Taylor Peterson, Kalli Poole and Christina Soto; **Junior:** Rachel Wilson, Sharelle Gass; **Sophomore:** None; **Freshman:** Lacey Robert, and Brendan Tarleton; **Eighth Grade:** Bailey Anderson, John Hensley, Taylor Richey, Krista Tarleton and Miles Valentine; **Seventh Grade:** Austin Fields and Blake

Turner; **Sixth Grade:** Kayla Pepper, Tanner Richey, Matthew Roberson and Mattie Turner,

3rd Six-Weeks Honor Roll

Senior: John Cowart, Jacob Froman, Sarah Harding and Lacey Newton; **Junior:** Pascual Espinoza, Logan Howard, Shelby Roberts and Kate Wallace; **Sophomore:** Katherine Froman and Krystal Hobson; **Freshman:** D'Nae Johnson, Karl

Jr. High Track Results at O'Donnell

By Coach Avery

The Borden County JH track team scored 96 points last Thursday at the O'Donnell Eagle relays. The girls had a good day at the meet placing second.

The 800 m. relay finished second with a time of 2:11.56. Running on this relay was Stefanie Cooley, Krista Tarleton, Phyneshia Rutherford and Bailey Anderson.

The 1600 m. relay finished 4th with a time of 5:08.58. Running on this relay was Stefanie Cooley, Krista Tarleton, Phyneshia Rutherford and Taylor Richey.

Taylor Richey had a good day winning the 100 m. hurdles in 18.74, she won the 300 m. hurdles in 56.91, she won the discus competition with a distance of 82'0", and she won the triple jump with a distance of 29'11 1/2".

Great Job Taylor, 4 events and 4 gold medals to show for it.

Kimberly Proulx was 8th in the 800 m. run with a time of 3:22. She ran the 200 m. dash in 35.45 and she participated in the long jump.

Stefanie Cooley ran the 100 m. dash in 15.23 and she was 7th in the shot put with a distance of 23'10 1/2".

Krista Tarleton ran the 100 m. dash in 15.13, she was 5th in the long jump with a distance of 12'7" and she won the high jump clearing 4'2". This is an all time best for Krista, GOOD JOB.

Kerianne Howard ran the 400 m. dash in 85.69 and she ran the 200 m. dash in 37.00.

Phyneshia Rutherford was 2nd in the long jump with a distance of 12'11 1/2" and she was 3rd in the triple jump with a distance of 27'0".

Bailey Anderson was 4th in the 200 m. dash with a time of 32.00.

The next JH track meet is Thursday in Grady.

Spring Break . . .
Watch for
Children Playing!



Lamming, Chellsie Pigford, Blaise Freeman, Nathan Chasiti Rutherford and Ham, Mackenzie Herring, Raylea Underwood **Eighth Grade:** Alvin Herrington, Torres, Sean Tucker and Kimberly Proulx and Cayden Vaughn, and Nathan Phyneshia Rutherford; Ham; **Third Grade:** **Seventh Grade:** NONE; Rhaeden Bland, Kylee Dean, **Sixth Grade:** Riley Smith Zoie Key, Channing Miller, and Teryn Soto; **Fifth Grade:** Taylor Gass, Colby Pennell, Samuel Matthew Ham, Kalyn Roberts, and Merik Massingill, Mallory Valentine; **Second Grade:** McMeans, Mollie McMeans, Mattie Benavidez, Tanner Zach McMeans, Matthew Freeman, Hayley Gray, Proulx, and Tyler Minyard; Quinton Kimmel, Dylan **Fourth Grade:** Eva Banman, Murphy, Avery Price, and Frank Banman, Tye Basquez, Bryce Turner.

Coyote Lady Coyotes Baseball Softball at Aspermont

Cont. from pg. 2

he scored 2 runs and had an RBI.

Clint Chapman was 1 of 1 with 2 runs and 2 RBI's. Freshman

Michael Cooley was 1 of 1 with 2 runs and an RBI and Jacob Froman was 1 of 1 with an RBI, and a run.

In the 2nd contest, the Coyotes came away with a win by Quentin Shafer and he followed closing the first game for the save with a second save in game two. Quentin pitched 2 2/3 innings and had 4 strike outs and while giving up 2 runs had none earned.

Flynn Chapman pitched 2 1/3 innings with 5 strike outs and gave up 3 runs, but again all 3 were unearned.

The hitting stars in game two were Zane Williamson going 2 for 2 with 2 RBI and one run. Quentin was 1 of 1 with 2 runs scored and an RBI. Clint Chapman was 1 of 2 with an RBI and a run while Quentin was 1 of 1 with an RBI and a run. Michael Bulling finished 1 of 3 with an RBI.

Also contributing to the Coyotes success were Miller Valentine, Asa Rutherford, Carlos Hernandez, Clay Harding, Jacob Froman, Tyrell Massingill, Karl Lamming, Logan Howard, Cory Teel, Skylar Williamson.

The Coyotes next travel to Roby for their first district contest of the season

By Coach Avery

The Lady Coyote softball team had their second game of the year in Aspermont last Friday evening.

At one time the score was a respectable 8 to 4 with the Lady Coyotes holding their own. Then the wheels began to fall off defensively and the Ladies fell behind and were defeated 19 to 4 at the bottom of the 5th inning as the game was called due to lack of sun light.

Christina Soto batted 660 getting two singles with 3 at bats and scoring one run.

Sara Harding hit a single and got on base twice by walking. Sara scored a run.

Dannelle Copeland had hit that landed her safe by a fielders choice.

Sharelle Gass was hit by a pitch to put her on base but she was thrown out at home trying to score.

Krystal Hobson was on base all three times she was up to bat, she was hit by a pitch and she walked twice and also scored a run.

Olivia Key was on base by a hit pitch and a base on balls, she scored our fourth run of the game.

D'Nae Johnson hit a triple as she batted in three runs for three RBI's.

Marla Crenshaw reached base once via the walk.

Christina Soto was the starting pitcher. Olivia Key,

Marla Crenshaw, and Sara Harding all saw time as catcher as well.

CLASS OF 2007 COYOTE COOKBOOK

The Senior Class will be selling cookbook's this spring. They would like to include recipes from all of the wonderful cooks in Borden County.

Please send your favorite recipes to:

Class of 2007 Coyote Cookbook

Borden County I.S.D.

P.O. Box 95

Gail, TX 79738

by Wednesday, March 7, 2007

Thanks again for your support of the
Class of 2007!!!!!!!!!!!!!!

The Borden Star (USPS or PUBLICATION No. 895-520) is published weekly except Christmas and New Year's week for \$12.00 per year by the Borden Star, PO Box 137, Gail, Texas, 79738. Second-class Postage paid at Gail, Texas. POSTMASTER: Send Change of Address to the Borden star, PO Box 137, Gail, Texas 79738

TPA MEMBER
2007
**TEXAS PRESS
ASSOCIATION**



We're proud to be a part of the area since 1905

Snyder National Bank

We take Snyder to Heart!



Member FDIC

1715 25th Street

325/573-2681

Scholarships Available from Poka Lambro

Poka Lambro Telephone Cooperative, Inc. is now accepting applications for three \$2,500 scholarships to be awarded in March of this year. Entry deadline is March 9, 2007.

The son or daughter of any member of Poka Lambro Telephone Cooperative, Inc. graduating from an area high school is eligible to apply. Scholarship recipients are selected based on academic achievement, involvement in

extra-curricular activities and financial need.

Applications have been sent to area high schools and may also be obtained by contacting Poka Lambro or visiting Poka Lambro's web site at www.poka.com.

Scholarship presentations will be made at Poka Lambro's Annual Membership Meeting in March. For additional information, please contact Amy Preston at 1-800-422-2387.

Wind Turbine Service Technician

Mitsubishi Power Systems has an immediate opening for full-time position at the Fluvanna, TX facility. Candidates must be able to climb and work at heights up to 300', must possess experience in electrical and mechanical functions of wind turbines. A minimum amount of experience is desired, along with a valid driver's license, and the ability to closely follow directions. Salary will be based on experience.

Please fax or send resume to: Mitsubishi Power Systems
778 Main Street
Fluvanna, TX 79517
FAX: 325-573-5569
Attention: Site Manager

Subscribe to the

Borden Star

"Your" Hometown
Newspaper



Only \$12.00

12 months

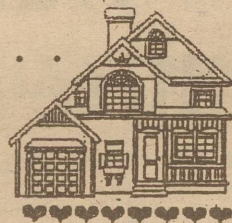
P.O. Box 137

Gail, TX 79738

806/756-4313 ext. 275

Heart & Home . . .

By Julie Smith
Borden County Extension Agent
Family & Consumer Sciences



Extension programs serve people of all ages regardless of socioeconomic level, race, color, sex, religion, disability, or national origin. The Texas A&M University System, U.S. Department of Agriculture, and the County Commissioners Court of Texas Cooperating.

Caring for and Storing Winter Coats

Now that winter is winding down, we are thinking about cleaning and storing our winter coats. Of course, in West Texas, we might need them in the middle of May, but we won't be needing them daily anymore. As we all know, a warm, cozy coat is a major item in a winter wardrobe budget. So, it makes good sense to keep this fashion investment looking good for as long as possible. The Soap and Detergent Association says that the key is proper care. Start by reading the care

labels. It is a wise idea to do this before making a purchase. That way, one can be sure that care requirements and lifestyle are compatible. Once the purchase is made, read and follow the care label instructions. Treat stains immediately to keep them from setting in.

Whether its long term or daily storage, avoid hanging a coat by its neck on a hook or coat rack. Use a padded hanger. Avoid plastic bags as they promote light damage and mildew. When winter is over, clean the coat before putting it in storage.

Source: *The Soap and Detergent Association's Cleanliness Facts Newsletter November/December 2002*



D.C. Bound

Cont. from pg. 1

find out face-to-face what is going on in national government.

In the speech contest, students were responsible for delivering a six-to-eight minute speech on the topic of "Cooperative Excellence in the Era of Electrical

Deregulation." They also had to answer one question on the topic.

Big Country Electric Cooperative is proud to offer our area youth a chance for such an experience.

Congratulations, Kate & Becky, on a job well done!



4-H News

Upcoming 4-H Projects/Activities

4-H Clothing Project

Tuesday, March 6 and Thursday, March 8 from 3:45 to 5:30 p.m. in the Home Economics Lab

4-H "Sew Fun" Day

Saturday, March 3 from 10:00 a.m. to 3:00 p.m. in the Home Economics Lab

County 4-H Fashion Show

Monday, March 26 at 6:00 p.m. in the Community Room

District 4-H Fashion Show

Tuesday, April 10 in Lubbock

4-H Photography Project

Visit the Extension Office for details! Entries for District are DUE to the County Extension Office by Friday, March 23.

4-H Educational Presentation (formerly Method Demonstration) Practice 4-H Record Books

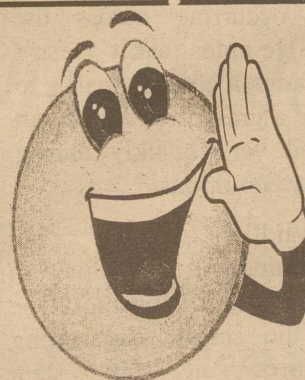
Throughout the Spring! Visit the Extension Office for more information and assistance in developing your Educational Presentation and/or your record book!!

FOR SALE

Kitchen table w/bench and 4 chairs;
work-out bench;
and Go-cart.
Call Tracy @
756-4328

DRIVE SAFELY

Watch-out for
Our Children
Playing!



Got News?

Mail to:
P.O. Box 137
Gail, Tx. 79738
Email:
vadcock@bcisd.net

Branon Funeral Home

Understanding and Guidance When You Need it Most!

"Serving this area since 1922"

Phone: 806/872-8335

Lamesa, Tx

STATEMENT OF NONDISCRIMINATION

Lyntegar Electric Cooperative, Inc. is the recipient of Federal assistance from the Rural Utilities Service, an agency of the U.S. Department of Agriculture, and is subject to the provisions of Title VI of the Civil Rights Act of 1975, as amended, and the rules and regulations of the U.S. Department of Agriculture which provide that no person in the United States on the basis of race, color, religion, sex, national origin, age, or disability shall be excluded from participation in, admission or access to, denied the benefits of or otherwise be subjected to discrimination under any of this organization's programs or activities.

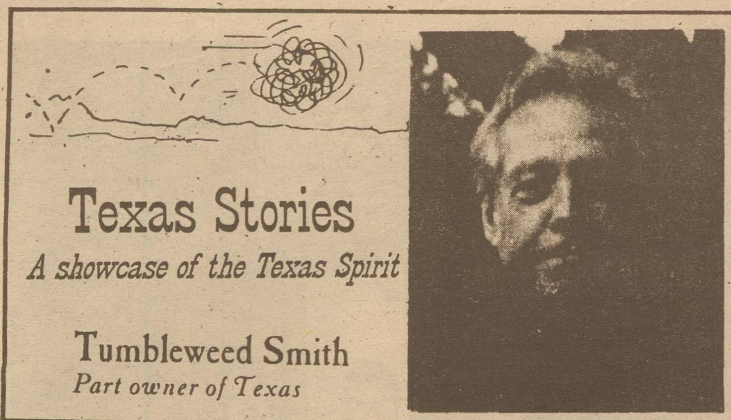
The person responsible for coordinating this organization's nondiscrimination compliance efforts is Wilton J. Payne, General Manager. Any individual, or specific class of individuals, who feels that this organization has subjected them to discrimination may obtain further information about the statutes and regulations listed above from and/or file a written complaint with this organization; or the Secretary, U.S. Department of Agriculture, Washington D.C. 20250. Complaints must be filed within 180 days after the alleged discrimination. Confidentiality will be maintained to the extent possible.



**HAPPY
ST. PATRICK'S
DAY**

Moore-Rains Insurance

Frances Rains Stephens
O'Donnell, TX (806)428-3335



An Artist in Work and Life

"I don't know how people get bored. There's too much to learn to do and to do."

Jackie Zweiger of Monahans has traveled the world, made friends wherever she went and painted scenes of places far and near. Her watercolor works have won big prizes but she works in other media as well: pencil, oil, acrylic, wood, clay and bronze. She has illustrated two children's books.

After a 29-year teaching career, she is enjoying doing art fulltime. Her Spanish-style home in Monahans is filled with art pieces she has crated and books she has read. Some of her art could not fit in her house. She has hand-carved giant crosses for church sanctuaries in Monahans, Midland and Pecos. Each cross is different and each one took a year to complete.

"A church in Pecos asked me to design a cross," says Jackie. "They had someone who would carve it, but they needed a design. I carved an 18 inch model and when they saw it, they wanted me to do it."

She got interested in making pottery when she saw a man throw a bunch of clay on a potter's wheel and make a pot. She knew she had to learn how to do that. Some of her pots are small, about the size of an orange or grapefruit.

"I carve on them and draw pictures or designs on them

and fix them up really good. I put turquoise on them and feathers and beads, just whatever I want to put on there. I'll maybe sculpt a little turtle and stick it on the pot."

Jackie started whittling after her dad gave her a pocketknife when she was a child. She carves fish from mahogany and redwood. They are extremely smooth and realistic.

"I make them life-size. You could put them on a hook and they'd look like something you just caught."

Jackie grew up in Port Arthur and maintains longtime friendships.

"I was a campfire girl and still am. We have ten of us that grew up together and we still have meetings once a year. We go somewhere and spend a week together. We all finished high school and went our separate ways to colleges. Most of us married and raised children, but in about 1977 we started having our reunions. It has gone on every year since then."

The group came to Monahans a few years ago.

"We went out to the Sandhills Park just before dark. The moon was coming up on the east and the sun was setting in the west. We saw them both happen. They loved sitting on top of a dune at sunset."

Jackie has helped make Monahans a place where art is appreciated. She was

Wind, Low Humidity Raise Wildfire Concerns



Brisk winds, low relative humidity and generally warmer than normal temperatures forecasted for the next few days have heightened firefighter concerns about the possibility of wildfires. Coming after an extended cold spell, fire officials fear that the drier conditions and warmer temperatures are likely to prompt an increase in outdoor activities, which will increase the likelihood of accidental fire starts.

With weather conditions moderating considerably from those experienced the past week or two, we expect more people will take the opportunity to do some early spring clean-up, begin outdoor construction projects or simply get out and enjoy the outdoors, says Les Rogers, assistant chief fire coordinator with the Texas Forest Service.

Rogers warns that since vegetation is dormant, fine-textured fuels like grasses and weeds can quickly become flammable during dry windy conditions, as are now occurring across the area. He notes that it doesn't take much of a spark to ignite a grass fire, which can spread very quickly during windy conditions.

"Wildfires are not uncommon in the winter in Texas," says Rogers. "One of the most devastating wildfires in the state occurred in February 1996, when 141 structures and 16,000 acres were burned in the Poolville Fire just northwest of Fort Worth."

**

active in converting an old church into an art center.

That fire started from unsafe debris burning."

The Texas Forest Service offers these tips for fire safety during dry, windy conditions:

- Report fires immediately through 911 or sheriff office. Wildfires spread rapidly during windy conditions and are very dangerous to extinguish.
- When using welding or grinding equipment outdoors, keep a spotter on duty to watch for possible spot fires. Where possible, remove vegetation from the

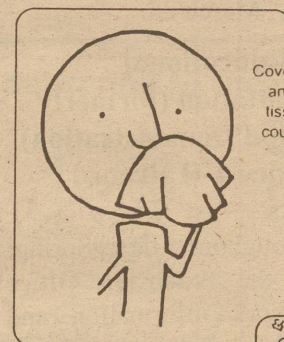
work area; otherwise, wet down the work area before and periodically during work operations.

- Remember that hot catalytic converters on vehicles can ignite wildfires, so only park and drive in areas free of dry vegetation.
- Extinguish and dispose of all smoking materials in your vehicle ashtray, rather than flicking ashes out the window.
- Keep spark arresters and mufflers on agri-

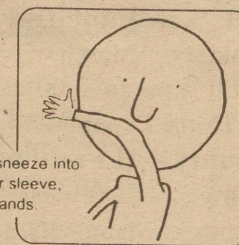
Cont. to pg. 7

Stop the spread of germs that make you and others sick!

Cover your Cough

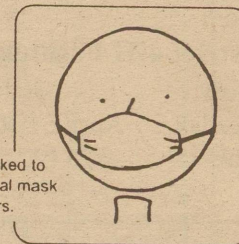
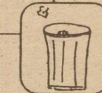


Cover your mouth and nose with a tissue when you cough or sneeze or cough or sneeze into your upper sleeve, not your hands.



cough or sneeze into your upper sleeve, not your hands.

Put your used tissue in the waste basket.



You may be asked to put on a surgical mask to protect others.

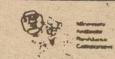
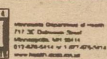
Clean your Hands

after coughing or sneezing.



Wash hands with soap and warm water for 20 seconds or

clean with alcohol-based hand cleaner.



News Of Nutrition

The Sweet Truth About Sugar

(NAPSA)—It seems sugar has gotten a bad wrap.

The majority of consumers wrongly think that a teaspoon of sugar has a whopping 70 calories, according to a study by The Sugar Association. The truth is that sugar has just 15 calories per teaspoon.

That means people may not be saving as many calories as they think when they reach for a yellow, pink or blue packet of artificial sweetener.

The obvious question is: How did we become so misinformed? Have all the sugar-free products, artificial sweeteners, anti-sugar diets and sugar-buster books biased our perception?

Browse a supermarket and you'll likely find sugar-free or reduced-sugar products in almost every category from jams and jellies to ice cream, cookies, breads, salad dressings and cereals. But are they better for you?

Recently, the Associated Press asked five nutrition scientists to evaluate newly introduced "reduced-sugar" kids' cereals. The scientists found that the reduced-sugar version of popular kids' cereals provided no reduction in calories or improved nutritional content over the regular sugar versions. The replacement ingredients provided the necessary bulk and texture to the reduced-sugar cereals but offered no nutritional or caloric advantage.

According to the American Dietetic Association (ADA) 2004 position paper on the use of nutritive and nonnutritive sweeteners, "Nonnutritive sweeteners added to the diet have been shown to promote a modest loss of weight... The prevalence of obesity has increased substantially at the same time as the consumption of nonnutritive sweeteners has increased."



Food fact: A teaspoon of sugar has just 15 calories.

Nutritionists say the best advice overall is to read nutrition labels and know what's in your food. Low sugar doesn't necessarily mean low calorie or better for you. Eat a healthy, balanced diet of fruits, vegetables, whole grains and other fiber-rich foods, plus calcium-rich dairy products. And you can add sugar, with only 15 calories per teaspoon, to make many of those healthy foods tastier. A bowl of fresh berries, homemade oatmeal or unsweetened yogurt tastes great with a



Got News?
Mail to:
P.O. Box 137
Gail, Tx. 79738
Email:
vadcock@bcisd.net

sprinkling of brown sugar. Just because a food contains sugar does not make it a food to avoid. For more information, visit www.sugar.org.

Wildfire

Cont. from pg. 6
 cultural and recreational equipment, including chain saws and all-terrain vehicles, in working order.

- Protect your home from wildfire by keeping the yard mowed and removing all trash brush and combustible materials from within a 30-foot radius of the house and out-buildings.

For more information, contact the Texas Forest Service or log on to www.firewish.org.

March 2007

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 O'Donnell JH Track UTPB PowerPoint @ 12:06 TFA State Speech & Debate Meet	2 Softball @ Aspermont 5:00 TFA State Speech & Debate Meet	3 O'Donnell HS Track Little Dribblers BC @ Grady 4-H "Sew Fun" Day 10:00 a.m.-3:00 p.m. @ Home Economics TFA State Speech & Debate Meet
4	5	6 SPECHEA Tennis Meet Baseball @ Roby (Double Header) 1:30 Sands Golf Tourney @ Lamesa CC 9:00 a.m. Boys/Girls Softball @ Post JV 4:30 4-H Clothing Project 3:45-5:30 @ Home Economics	7	8 Grady JH Track 4-H Clothing Project 3:45 - 5:30 @ Home Economics	9 Grady HS Track 1:00 p.m. End of 3-week grading period	10
	Houston Stock Show	Houston Stock Show	Houston Stock Show	Houston Stock Show	Houston Stock Show	Houston Stock Show
11	12	13 Baseball @ Rotan 4:00 UIL State CX Debate Tournament	14	15	16 Baseball vs. Loraine (Double Header) @ WTC, Snyder 1:00	17 Little Dribblers Dawson @ BC
	Spring Break Houston Stock Show	Spring Break Houston Stock Show	Spring Break Houston Stock Show	Spring Break Houston Stock Show		
18	19	20 Progress Reports Mailed Dawson JH Track Softball @ Ralls (Double Header) 4:30	21 Loop Golf Tourney @ Seminole Gaines Co. 9:00 a.m. Boys/Girls O'Donnell Golf @ Tahoka CC 10:00 a.m. Boys only	22 District 9-A, Zone 1 HS One-Act Play @ BC CDE Judging Tarleton	23 Jayton HS Track 4-H Photography Project Entries DUE to County Extension Office	24 Baseball vs. Aspermont (Double Header) @ Moffett Field, Snyder 4:00 Softball vs. New Deal @ WTC 4:00 Little Dribblers Grady @ BC SPECHEA Tennis Meet
25	26 JH District Track @ Highland County 4-H Fashion Show 6:00 p.m. @ Community Room	27 Baseball @ Ira 4:00 Softball @ New Deal 5:00	28 Garden City Golf Tourney @ Stanton CC 9:30 a.m. Boys/Girls	29 District 9-A HS One-Act Play @ Bronte HS (pending qualification) CDE Judging TTU	30 HS District 9-A UIL Academic Meet @ Water Valley HS CDE Judging Canyon	31 Sterling City HS Track SPECHEA Tennis Meet Little Dribblers Klondike @ BC CDE Judging Clarendon



JACOB FROMAN #4

ROWDY CLARY #21

ZANE WILLIAMSON #22

ASA RUTHERFORD #10

CHRISTINA SOTO #55

KALLI POOLE #42

SARAH HARDING #24

LINDSEY STAMPER #21

DANNELLE COPELAND #52

THANKS SENIORS!
WE WILL MISS YOU - - -

GO COYOTES!