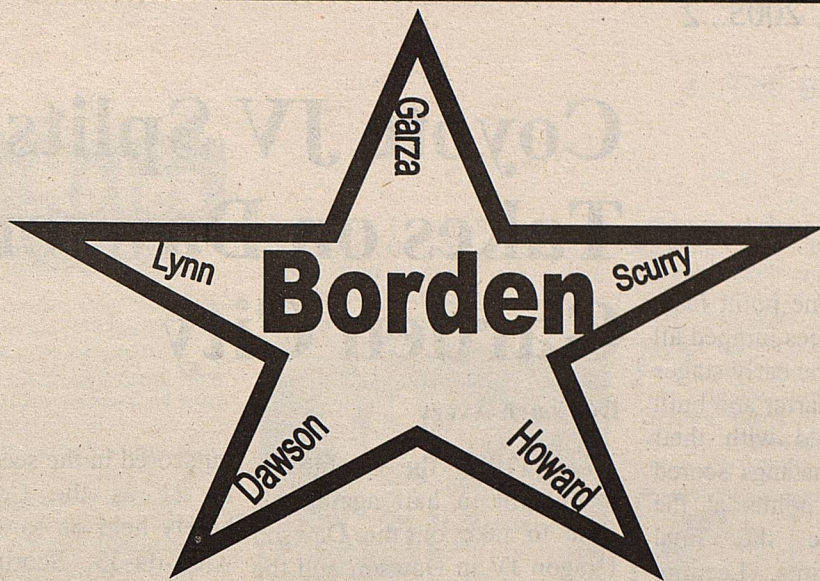


# THE

Volume XXXII



# STAR

January 26<sup>th</sup>, 2005

Serving the Counties of Borden, Dawson, Garza, Howard, Lynn & Scurry

## County Livestock Show Successful for Exhibitors

Borden County 4-H and Gail FFA members recently participated in the 2005 Borden County Jr. Livestock Show at Gail, Texas. Judges for the event were as follows: Classifier was Don Richardson, retired CEA-Ag Howard County; Showmanship Judge was Cash Berry, Agriculture Instructor, Howard College in Big Spring; Steer Judge was Bob Bailey, CEA-Ag Eastland County; Lamb and Goat Judge, Jackie McDonald, Vo. Ag Teacher at Seminole; and Swine Judge was Lynn Walling, retired Director of Agriculture, Howard College in Big Spring. BCJLA President Jym Rinehart presented the exhibitors awards during our traditional

awards ceremony. Individual Stock Show continue on page placings of the 2005 BCJLA 4



**\$500.00 Scholarship Winners:** (L. to R.) LaShae Johnson received the Don Cox Memorial Scholarship; Tyler Wallace received the BCJLA Scholarship and Cassidy Rinehart received the Big Country Electric Coop. Scholarship.

## Get Ready to be "Tartuffed"

### BC Junior High One-Act Play Set for Thursday Performance

The Borden County Junior High One-Act Play production of Moliere's classic *Tartuffe* will take the stage this Thursday evening in the Borden County I.S.D. auditorium. Curtain time is 7:00 p.m.

A cast and crew of seventeen BC students have worked for several months on the production, sacrificing a tutorial period a day for rehearsals.

Because no one else in U.I.L. district 9-A has a junior high One-Act Play program this year, the students decided to put on the show for the pure love of it.

The production is an adaptation of Moliere's classic. Long-time Meadow High School theatre director Noyce Burlison rewrote this version of the play. The show is produced with special arrangement with The

Dramatic Publishing Company of Woodstock, Illinois.

Starring as the lead role of "Tartuffe" is sixth grader John Hensley. The story traces Tartuffe's infiltration into the home of "Monsieur Orgon" (seventh grader Brendan Tarleton) and his family.

Orgon's family members are comprised of Orgon's wife "Elomire."

## U.I.L. Participants Bring Home More Medals

Once again, the Borden County High School U.I.L. academic teams have come home from a practice meet with a load of hardware.

Students participated in the Stamford High School U.I.L. Practice Meet this past Saturday and showed the area that a small school can compete with the big dogs.

Sophomore Becky Dobyms led the team by winning first in Ready Writing, second in Spelling & Vocabulary, second in Headline Writing, and third in Editorial Writing.

Senior John Wilson also had a good day by winning first in Extemporaneous Persuasive Speaking, second in Mathematics, and third in Current Issues & Events.

Also, freshman Rachel Wilson also scored well. She was first in Editorial Writing and third in Spelling & Vocabulary.

Senior Billy Roper placed second in Extemporaneous Informative Speaking while fellow senior Adam Carter placed fourth in Poetry Interpretation.

Also participating in the meet were senior Emily Mayes, juniors Austin Tarleton, Trey Soto, and Aaron Pigford, and sophomores John Cowart and Clint Chapman.

Several more practice meets are scheduled for the coming weeks in preparation for the District U.I.L. Academic Meet slated for March 30<sup>th</sup> and April 1<sup>st</sup> here at Borden County.

Rachael Payne, seventh grader and last year's district best actress, stars in the role. Sixth graders Miles Valentine and Phyneshia Rutherford play Orgon's children "Damis" and "Marianne" respectively.

The play takes a twist of fate when Orgon fails to realize what his family wants him to see - that Tartuffe is taking over the family.

Orgon complicates the problem when he decides

that *Tartuffe* should join the family as the husband of Marianne.

However, Marianne is already engaged to "Valere" played by seventh grader Eric Espinoza.

Along the way, Elomire's brother "Cleante" (seventh grader Karl Lamming) and the family maid "Dorine" (seventh grader D'Nae Johnson) add commentary on the state of the family.

Cont. to pg. 3

## Lady Coyotes Defeat Sands

By Coach Turner

The Lady Coyotes notched a big district 7A victory in Gail Friday night by defeating the Sands Lady Mustangs 38-33. The game was tough from the opening tip as Sands played very aggressive and physical defense. Sands led at the end of the first quarter 8-6. The second quarter saw the Lady Coyotes on the free throw line as the Sands defense continued to foul. The quarter was even at 10-10 with BC getting six of those from the line. The third quarter was good for the Coyotes defense as they held Sands to three points and turned a two point halftime

deficit into a one point lead. The Lady Coyotes jumped all over Sands in the early stages of the fourth quarter and built a 13 point lead with their press. The Mustangs scored some garbage points at the end to make the final difference 5 points. Leading the way for the Lady Coyotes were Cassidy Rinehart and Emily Mayes with 12 points each. LaShae Johnson finished with 9 points while Lindsey Stamper had three. Lesley Rutherford and Brandi Hudson wrapped up the scoring with a free throw each. Next action for the Lady Coyotes will be on Jan. 25<sup>th</sup> an 28<sup>th</sup> at home against both Grady and Klondike.

## Coyote JV Splits Again and Takes on Dawson and Garden City

By Coach Avery

Last Friday the Coyote JV team split in half again, this time to take on the Dawson Dragon JV in Dawson and the other half to play the Garden City Bear Cats in Garden City.

There were six Coyotes that went Dragon Land. After a 9-2 first quarter the Coyotes took sizeable lead in the game due to Mathew Tatum's inside play and the rest of the Coyotes ability to feed him the ball. The score at the half was 20-11, but the Coyotes were

outscored in the second half 14 to 21 as the Coyotes just barely held on to a one point win, 34-33. Scoring in this game was Tatum with 19 points, Quentin Shafer hit two 3 pointers, Zane Williamson scored 4 points, Asa Rutherford hit a 3-pointer, and Miller Valentine scored 2 points. Rowdy Clary played great defense in the game.

Seven Coyotes played in the game against Garden City. The Coyotes won that game as

well, taking a sizeable lead at the half 21 to 12, but letting that lead dwindle in the third quarter by being outscored 15 to 7. The Coyotes owned only a one point lead going into the fourth period, 28 to 27. The Coyotes then outscored their opponent 16 to 9 in the final stanza. Leading the Coyotes in scoring were Chase Pinkerton with 12 points, Caden Nowlain and Andrew Lamming each had 10 points, Trey Soto had 6 points, Jacob Froman had 5 points and Clint Chapman had one point. Playing good defense in the game was Symeron Rinehart.

## Coyote JV Defeats Sands JV

By Coach Avery

The Borden Coyote JV team defeated the Sands Mustang JV last Friday evening by a score of 45-27. The Coyotes took a 24 to 9 first quarter lead and really never looked back. There were 11 Coyotes playing in this game. Leading the Coyotes in scoring was Garrett Thomas with 11

points. Jacob Froman scored 9 points, Mathew Tatum had 7 points, Asa Rutherford and Caden Nowlain had 6 points each, Quentin Shaver had 3 points, Trey Soto had two points, and Zane Williamson had one point. Playing superb defense in the game was Miller Valentine, Symeron Rinehart and Clint Chapman.

## Government-In-Action Youth Tour Speech Contest – 2005

Sponsored by Big Country Electric Cooperative

Big Country Electric Cooperative is proud to announce sponsorship of the 2005 Texas Government-In-Action Youth Tour to Washington, D.C., June 16-24, 2005. **\$1000 scholarships are also included in the awards package.**

In Government-In-Action Youth Tour is more than a thousand high school students going to Washington, D.C. every June, year after year, from towns, and small cities all over rural America. They come because their rural electric cooperatives think education is important – education about rural electricity and education about America.

The purpose of the tour is to provide an opportunity for outstanding young people to better understand the value of rural electrification and to become more familiar with the historical and political environment of the nation's capitol. This is achieved through visits to monuments, government buildings and

cooperative organizations. Also, the opportunity to visit elected officials allows youth to better understand how the federal government works.

In the beginning, the Youth Tour was inspired by then Senator Lyndon Johnson when he addressed the National Rural Electric Cooperative Association (NRECA) Annual Meeting in Chicago in 1957. "If one thing goes out of this meeting," the Senator declared, he hoped it would be "sending youngsters to the national capitol where they can actually see what the flag stands for and represents."

Beginning that year, 1957, and for several more years, some of the Texas electric cooperatives sent groups of young people to Washington to work during the summer in Senator Johnson's office, to learn more about government in action.

The next year, 1958, rural electric people in Iowa sponsored the first group of 34 young people on a week-long study tour of the

nation's capitol. Later that same year, another bus load came to Washington from Illinois. The idea grew, and other states sent bus loads of young people throughout the summer. In 1959, the Youth Tour had grown to 130 youths.

In 1964, NRECA began to coordinate the program and suggested that the states arrange to be in the city the same week. The first year of the coordinated tour included some 400 young people from 12 states. The idea has continued to grow, and today more than 1,000 young people and chaperones participate in the Tour each year.

The Rural Electric Youth Tour is sponsored by local cooperatives, Statewides, and NRECA. Local cooperatives select a student who will attend the Youth Tour by means of a speech contest, essay and various other methods. Statewides organize the trip to Washington, D.C. They arrange for transport-

Cont. to pg. 3

## Missy Coyotes Lose in Garden City

By Coach Turner

The Borden Missy Coyotes lost to Garden City Monday night by the score of 29-17. The first half was all Bearcats as they jumped to an 18-6 halftime lead. The Missy Coyotes fought back and played the second half much better, outscoring Garden City 10-5 in the

fourth quarter. Olivia Key and Krystal Hobson led BC with 6 point each. Baylee Benavidez and Chellsie Pigford each scored 2 points while Shylo Rinehart wrapped up the scoring with a free throw. The Missy Coyotes host Sands next Monday night in the final game of the season.

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## School News & Notes

### Stress Busting Tips For Students

(NAPS)—Stress can seriously impact a student's ability to learn. It's also an unavoidable consequence of life. Helping your child learn to manage and reduce stress is an important life skill. Dr. Andrea Pastorok, Education Specialist with Kumon Math and Reading Centers, says a confident student who acquires the skills to manage stress is better able to achieve academically.

Dr. Pastorok suggests the following methods to help students reduce their stress levels:

- **Set a daily study time.** Routine teaches children to be organized which will reduce the level of stress. As a parent, you can help by providing your child with a study area that is quiet, free from distractions and well-lit. This will help them concentrate and complete their work in a timely manner.

- **Praise improvement instead of focusing on perfection.** If there is only praise for the

end-product rather than the steps along the way, it could hinder your child's ability to be successful.

- **Teach your children how to learn under stress.** If they are in the middle of a test, let them know it is okay to put their pencil down and take a deep breath. Emphasize the "focus on what you know rather than on what you don't know" philosophy.

- **Encourage your children to read and follow directions.** It is essential for students to listen to and read instructions for each assignment, as well as during tests. Slowing down just enough to do this will help ensure that they are doing what is asked of them instead of what they think they need to do.

- **Help your children manage their time.** Remind them not to spend too much time on any one problem, which may result in failure to complete a test or assignment. If they can't figure out how to solve a problem, encourage

them to go to school early and speak with their teacher. Guide them to find solutions, rather than provide them with all the answers.

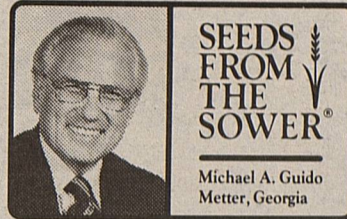


Rather than focusing on perfection, parents should praise improvement.

- **Make sure your children have strong fundamental skills.** If they lack a basic foundation, it may result in huge gaps in their knowledge. This may hinder their ability to learn, and create additional stress. Many parents have turned to supplemental education

programs such as Kumon Math & Reading Centers to augment their children's skills and help them stay one-step-ahead at school.

Dr. Pastorok is an educational specialist with Kumon Math and Reading Centers. She has a doctorate in educational psychology, a master's degree in counseling psychology and more than 30 years experience working with children.



Michael A. Guido  
Metter, Georgia

Walking through a cemetery, a boy saw this inscription: "Sleeping, not dead."

"Wow," he said, "he ain't foolin' nobody but himself!"

But according to the Bible death to a believer is sleep.

Sleep is delightful, not dreadful; pleasurable, not painful. So is death to a believer.

Sleep keeps out pains and problems, sorrows and sufferings. So does death to a believer.

To sleep is to rise again. So at death, the believer's soul goes to be with the Lord. But the body sleeps in the grave to rise at the resurrection.

The inscription is true for the believer: "Sleeping, not dead."

Your Local Pastor  
Is as near as your PHONE...

Bro. Randy Hardman  
Gail Baptist Church  
Call: 806/756-4363  
Mobile No: 759-9472



## "Tartuffed"

Continued from pg. 1

Through a turn of events, the family attempts to prove to Orgon that Tartuffe isn't all he is cracked up to be. However, the family must also prove the fact to Orgon's mother "Madame Pernelle," played by seventh grader Chasiti Rutherford.

Additionally, sixth grader Taylor Richey plays "Loyale," an officer of the law. Servants in the production are seventh grader Flynn Chapman and sixth grader Bailey Anderson.

Serving as crew members are Raylea Underwood & Krystal Hobson (Stage Managers), Lacey Roberts (Props & Costumes), Shylo Rinehart (Sound Technician), and

## Ex-Student Reunion Meeting to be held

There will be a meeting of the All-School Reunion group on Thursday, February 17<sup>th</sup> at 7:00 p.m. in the school cafeteria.

All ex-students, teachers, present teachers and ex-students parents are encourage to attend this meeting to help with the planning of the All-School Reunion to be held on August 5<sup>th</sup> and 6<sup>th</sup>, 2005.

Committee's need to be organized and volunteers are needed to help send out information to exes.

Also, if anyone knows addresses of any ex-students or teachers, please get in touch with Judy Kingston or Joel Dennis so they will be sure to get on the mailing list.

If you are a parent of an ex-student of BHS, and not sure your child is on the list, please contact us to see if we have your child's address.

All help is needed to get this event planned so everyone can enjoy visiting and seeing ol' friends.

Katherine Froman (Light Technician).

The show is directed by Darrin Ard, BC J.H. & H.S. theatre director.

Come enjoy a night of rollicking theatre!

### Tartuffe

Borden County  
Junior High  
One-Act Play

This Thursday,  
January 27<sup>th</sup>, 2005

Borden County I.S.D.  
Auditorium

7:00 p.m.

## Government-In-Action Youth Tour

Cont. from pg. 2

tation, chaperones, the tour schedule and coordinate with NRECA on group events such as Youth Day activities. On Youth Day, all Youth Tour participants meet together to listen to prominent speakers and wind up the day with a dinner and dance. NRECA coordinates hotel space for the tour, run a Youth Tour office, hire a nurse, coordinate group events such as Youth Day and the Co-op educational seminars. NRECA also arranges for insurance for the Youth Tour participants.

Many people are involved to give youth the opportunity to grow and experience many things that may never be offered to them again. Although few are chosen, many do go that would not have been able to otherwise. Many youth of Texas and

across the nation will enjoy the best of Washington, D.C., tour the Smithsonian Institute, Mount Vernon and More, experience the sight of Arlington National cemetery, the Vietnam Memorial, and the changing of the guar at the Tomb of the Unknown Soldier, visit their Congressman's office and find out face to face what's going on in National Government. Congressmen will meet with students from their districts and answer questions about current governmental issues.

The speech contest is open to any boy or girl who is enrolled as a Sophomore, Junior or Senior at any of the high schools in the Big Country Electric Cooperative service area except for BCEC employees or Directors and their immediate family. The

entry deadline is February 17, 2005 at 5:00 p.m. contestants will be required to give a 6-8 minute speech on: "The Changing World of Electricity". Each speaker will be asked one question by the judges. The questions will be taken from the "Questions & Answers" furnished to each entrant. The contest will be held at the Roby High School Auditorium at 6:30 p.m. on February 24, 2005. More detailed information is available through each participating school or from Ron Acosta at the Roby office of Big Country Electric Cooperative, (325)776-3903.

If you or someone you know is eligible to enter this contest, give it a try! The winner(s) and runner-up will receive a \$1000 scholarship and will have a chance to meet more than 1,000 youth from around the nation while they enjoy the trip to Washington D.C. They will meet people who will become friends for life. The Youth Tour has continued to grow and this year, 1,500 or more young people and chaperones from the U.S. are expected to participate in the tour. Big Country electric Cooperative would like you to be one of them.

## School Menu

Week Of: January 31<sup>st</sup> – Feb. 4<sup>th</sup>, 2005

**MONDAY:** Pigs in a Blanket, Mac 'n' Cheese, Pork & Beans, Fruit, & Milk. **Breakfast:** Pancakes, Fruit Juice & Milk.

**TUESDAY:** Chicken Strips, Potatoes, Corn, Hot Rolls, Fruit & Milk **Breakfast:** Biscuit & Gravy, Fruit Juice, & Milk.

**WEDNESDAY:** Enchiladas, Pinto Beans, Spanish Rice, Fruit & Milk. **Breakfast:** Hot Pocket, Fruit Juice & Milk

**THURSDAY:** Grilled Cheese, Salad, Slice Apples w/Peanut butter, Cookies & Milk. **Breakfast:** Muffin, Fruit Juice, & Milk.

**FRIDAY: NO School – HOLIDAY**

# BCJLA Stock Show Results

## Steer Show

### LW European:

1. Chelsea Minnick
2. Chelsea Minnick
3. Lacey Roberts
4. Lacey Newton

Chelsea received a belt badge donated by Mr. & Mrs. Ben Miller.

### HW European:

1. LaShae Johnson
2. Lacey Roberts

LaShae received a belt badge donated by Indian Canyon Ranch.

### Breed Champion:

Chelsea Minnick

### Reserve Breed Champion:

LaShae Johnson

### LW American:

1. Kalli Poole
2. Kalli Poole
3. Kalli Poole
4. Riley Smith

Kalli received a belt badge donated by Mr. & Mrs. Scott Clayton.

### HW American:

1. Shelby Roberts
2. Riley Smith
3. Lacey Newton

Shelby received a belt badge donated by Mr. & Mrs. Mickey McMeans.

### Breed Champion:

Shelby Roberts

### Reserve Breed Champion:

Kalli Poole

### MW British:

1. LaShae Johnson
2. Kylan Reynolds
3. Kylan Reynolds
4. Shelby Roberts

Kylan received a belt badge donated by Mr. & Mrs. Tim Wilson.

### Breed Champion:

LaShae Johnson

### Reserve Breed Champion:

Kylan Reynolds

### Grand Champion Steer:

Chelsea Minnick - Chelsea received a monogrammed rolling duffle bag donated by Doyle & Shirly Newton; a buckle donated by Dennis & Sheri Poole, Guy & Patricia Zant, and Gerry & Julie Smith; \$100.00 and a monogrammed duffle bag given in memory of Borden Gray by the Borden Gray Family.

### Reserve Champion Steer:

Shelby Roberts - Shelby received a monogrammed rolling duffle bag donated by KTK Livestock and a buckle donated by Ralph & Dewey Fay Miller.



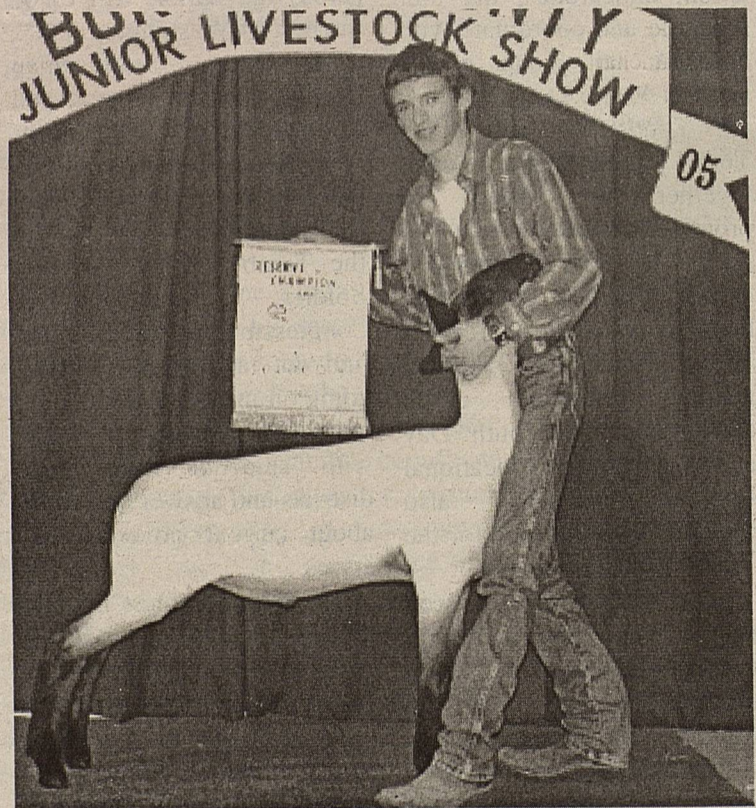
**Grand Champion Steer:** LW European, exhibited by Chelsea Minnick.



**Reserve Grand Champion Steer:** HW American, exhibited by Shelby Roberts.



**Grand Champion Lamb:** Med. Wool, exhibited by Miles Valentine.



**Reserve Grand Champion Lamb:** Med Wool, exhibited by Miller Valentine.

## Lamb Show

### Finewool:

1. Shylo Rinehart
2. Cassidy Rinehart
3. Symeron Rinehart

Shylo received a belt badge donated by Mr. & Mrs. Van L. York.

### Breed Champion:

Shylo Rinehart

### Reserve Breed Champion:

Cassidy Rinehart

### Finewool Cross:

1. Miller Valentine
2. Miles Valentine
3. Kate Wallace

Miller received a belt badge donated by Mr. & Mrs. Bo Hendricks.

### Breed Champion:

Miller Valentine

### Reserve Breed Champion:

Miles Valentine

### Medium Wool:

1. Miles Valentine
2. Miller Valentine
3. Kate Wallace

Miles received a belt badge donated by Mr. & Mrs. R. D. Lewis.

### Breed Champion:

Miles Valentine

### Reserve Breed Champion:

Miller Valentine

### Southdown:

1. Kate Wallace
2. Miles Valentine
3. Kate Wallace
4. Miller Valentine

Kate received a belt badge donated by Mr. & Mrs. Larry

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Smith.

**Breed Champion:**

Kate Wallace

**Reserve Breed Champion:**

Miles Valentine

**Grand Champion Lamb:**

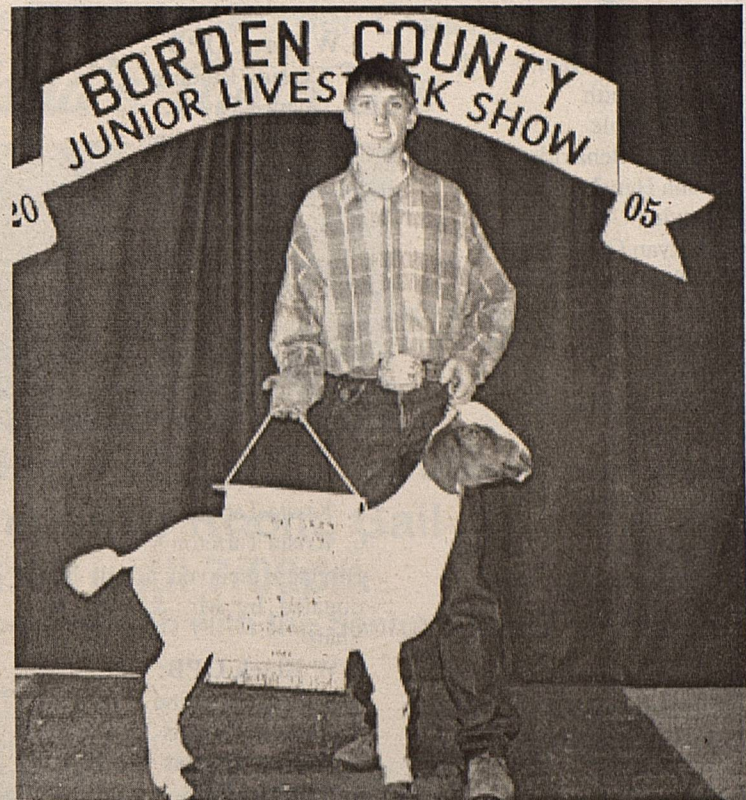
Miles Valentine - Miles received a monogrammed rolling duffle bag donated by Key Brothers Implement; a buckle donated by Mike & Tammy Valentine; and a monogrammed duffle bag given in memory of Corky Ogden by the Ogden Family.

**Reserve Grand Champion Lamb:**

Miller Valentine - Miller received a monogrammed rolling duffle bag donated by Roy & Loveta Josey and a buckle donated by Billy Gannaway.



**Grand Champion Goat:** Exhibited by Quentin Shafer.



**Reserve Grand Champion Goat:** Exhibited by Caden Nowlain.

**Goat Show**

**Class I:**

1. Quentin Shafer
2. Austin Tyler
3. Raylea Underwood
4. Shylo Rinehart
5. Quentin Shafer
6. Mandi Hudson
7. Brandi Hudson
8. Maeghan Herridge

Quentin received a belt badge donated by Mr. & Mrs. Gary Stipe.

**Class II:**

1. Brandi Hudson
2. Mandi Hudson
3. Sharelle Gass
4. Drew Tyler
5. Drew Tyler
6. Shelby Roberts
7. Shylo Rinehart
8. Seleste Herridge
9. Maeghan Herridge
10. Seleste Herridge

Brandi received a belt badge donated by Mr. & Mrs. Clay Cowart.

**Class III:**

1. Caden Nowlain
2. Raylea Underwood
3. Raylea Underwood
4. Quentin Shafer
5. Sharelle Gass
6. Mandi Hudson
7. Austin Tyler

Caden received a belt badge donated by Mr. & Mrs. Bob Buchanan.

**Class IV:**

1. Raylea Underwood
2. Brandi Hudson
3. Mandi Hudson
4. Brandi Hudson
5. Caden Nowlain
6. Caden Nowlain
7. Lacey Roberts



**Grand Champion Swine:** HW Hamp, exhibited by Riley Smith.

8. Sharelle Gass
9. Lacey Roberts
10. Raylea Underwood

Raylea received a belt badge donated by Ms. Philena Farmer.

**Grand Champion Goat:**

Quentin Shafer - Quentin received a monogrammed rolling duffle bag donated by Clayton Williams Ranch Company; and a belt buckle donated by Nick Cunningham.

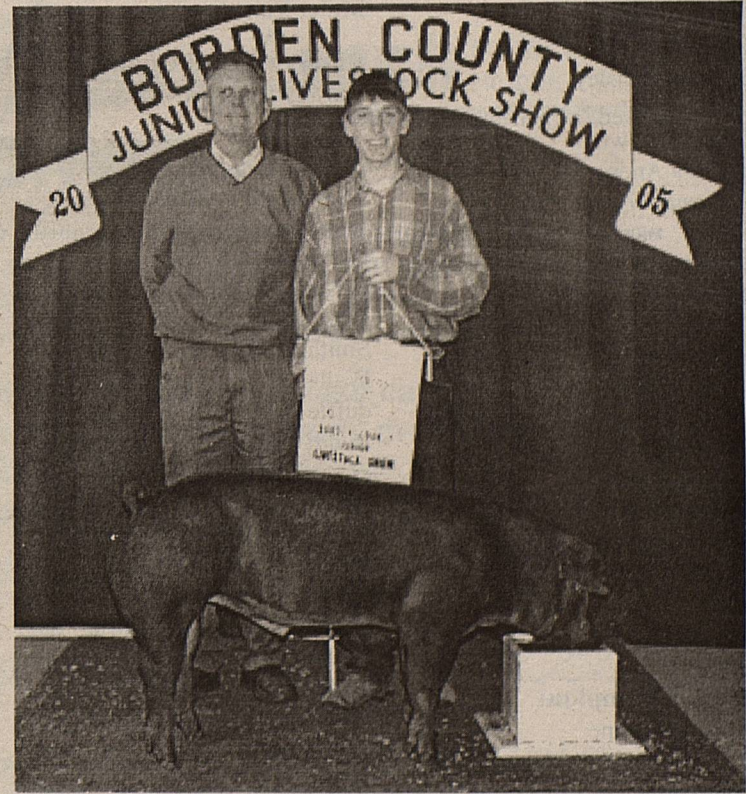
**Reserve Grand Champion**

**Goat:** Caden Nowlain - Caden received a monogrammed rolling duffle bag donated by Benny Boyd of Lamesa; and a belt buckle donated by Smith South Plains Ford, Slaton, Texas.

**Swine Show**

**LW Duroc:**

1. Caden Nowlain
2. Tyler Wallace
3. Raylea Underwood
4. Shylo Rinehart



**Reserve Grand Champion Swine:** LW Duroc, exhibited by Caden Nowlain.

5. Riley Smith
  6. Rowdy Clary
  7. Tyler Wallace
- Tyler received a belt badge donated by Mr. & Mrs. Shorty Farmer.

**HW Duroc:**

1. Baylee Benavidez
  2. Miller Valentine
  3. John Hensley
  4. Heather Brooks
  5. Bethany Stamper
  6. Tyler Wallace
- Baylee received a belt badge donated by Mrs. Patsy

Underwood.

**Breed Champion:**

Caden Nowlain

**Reserve Breed Champion:**

Baylee Benavidez

**LW Hampshire:**

1. Megan Brooks
  2. Chance Taylor
  3. Symeron Rinehart
  4. Tristan Benavidez
  5. Derek Gwinn
  6. Tara Andrews
- Megan received a belt badge donated by Mr. & Mrs. Hurston

# BCJLA Stock Show Results Continued

Lemons, Jr.

**HW Hampshire:**

1. Riley Smith
2. Kalli Poole
3. Tristan Benavidez
4. John Hensley
5. Raylea Underwood
6. J. Ryan Gicklhorn
7. J. Ryan Gicklhorn

Riley received a belt badge donated by Mr. & Mrs. Frank Herridge.

**Breed Champion:**

Riley Smith

**Reserve Breed Champion:**

Megan Brooks

**LW Cross:**

1. Shylo Rinehart
2. Rowdy Clary
3. Kalli Poole
4. Baylee Benavidez
5. Heather Brooks
6. Thelma Balague
7. Tara Andrews

Rowdy received a belt badge donated by Mr. & Mrs. Bob Buchanan.

**MW Cross:**

1. Kalli Poole
2. Taylor Gass
3. John Hensley
4. Megan Brooks
5. Derek Gwinn
6. Tara Andrews
7. Derek Gwinn

Taylor received a belt badge donated by Mr. & Mrs. Randy Adcock.

**HW Cross:**

1. Miles Valentine
2. Megan Brooks
3. Heather Brooks
4. Megan Brooks
5. Heather Brooks
6. John Hensley
7. Thelma Balague

Heather received a belt badge donated by Mr. & Mrs. William Roper.

**Breed Champion:**

Miles Valentine

**Reserve Breed Champion:**

Kalli Poole

**LW Black OPB:**

1. Cassidy Rinehart
2. Chance Taylor
3. Thelma Balague
4. Riley Smith
5. Cassidy Rinehart
6. Kaylyn Dean

Cassidy received a belt badge donated by Mr. & Mrs. Randy Hensley.

**MW Black OPB:**

1. Brendan Tarleton
2. Garrett Thomas
3. Brendan Tarleton
4. Garrett Thomas
5. Krista Tarleton
6. Krista Tarleton

Brendan received a belt badge donated by Mr. & Mrs. Ross Sharp.

**HW Black OPB:**

1. Miller Valentine
2. Garrett Thomas
3. Garrett Thomas
4. Kaylyn Dean

Garrett received a belt badge donated by Ms. Lisa Ludecke.

**Breed Champion:**

Miller Valentine

**Reserve Breed Champion:**

Cassidy Rinehart

**Grand Champion Swine:**

Riley Smith - Riley received a monogrammed rolling duffle bag donated by Lisa Ludecke; a belt buckle donated by Max & Jane Jones, Monte & Deidre Smith, and Buddy & Kip Wallace; a monogrammed duffle bag given in memory of Buddy Sharp by the Buddy Sharp Family.

**Reserve Grand Champion Swine:**

Caden Nowlain - Caden received a monogrammed rolling duffle bag donated by Key Brothers Implement; and a belt buckle donated by Scott & Brandi Brooks and COCARA's, Post, Texas.



## Award Winners

**\$500 Don Cox Memorial Scholarship** - received by LaShae Johnson

**\$500 BCJLA Scholarship** - received by Tyler Wallace

**\$500 Big Country Electric Cooperative, Inc. Scholarship** - received by Cassidy Rinehart

**Top Membership Salesman** - donated by BCJLA - received by:

**1<sup>st</sup> Place** - Michael Froman - received a monogrammed backpack and \$35

**2<sup>nd</sup> Place** - Bethany Stamper - received \$25

**3<sup>rd</sup> Place** - Krista Tarleton - received \$15

**Champion Finewool Lamb** - Shylo Rinehart received a monogrammed duffle bag donated by Van & Barbara York.

**Champion Duroc** - Caden Nowlain received a monogrammed duffle bag given in memory of David Holmes by the Kent Holmes Family.

**Elementary Beef Showmanship Buckle** - Riley Smith donated by Dr. & Mrs. Church, West Texas Animal Clinic, Snyder, Texas and C & R Livestock Inc.

**Junior Beef Showmanship Buckle** - Lacey Roberts donated by Gavitte Creek, Inc. - Ralph Miller

**Senior Beef Showmanship Buckle** - Kylan Reynolds donated by Sid & Connie Hart

**Top Beef Showman Buckle** - LaShae Johnson donated by York Cattle Company

**Junior Lamb Showmanship**

**Buckle** - Shylo Rinehart donated by Wendell & Cindy Johnson and Randy & Donelle Hensley

**Senior Lamb Showmanship Buckle** - Kate Wallace donated by Brent & Pat Murphy and Bland Club Lambs, Post, Texas

**Top Lamb Showman Buckle** - Symeron Rinehart donated by Munger Ranch Partnership

**Elementary Goat Showmanship Buckle** - Austin Tyler donated by Brooks Carpet Cleaning and Phillip, Holly & Baylee Benavidez

**Junior Goat Showmanship Buckle** - Raylea Underwood donated by Jacquie Whalen and given in memory of David Dennis

**Senior Goat Showmanship Buckle** - Shelby Roberts donated by Chuck & Paula Kimmel.

**Top Goat Showman Buckle** - Caden Nowlain donated by Clayton Williams Ranch Company

**Elementary Swine Showmanship Buckle** - Chance

Taylor donated by Ledbetter Pecans

**Junior Swine Showmanship Buckle** - Miles Valentine donated by R.M. Livestock, L.P.

**Senior Swine Showmanship Buckle** - Megan Brooks donated by Woolam Gin

**Top Swine Showman Buckle** - Heather Brooks donated by Dr. & Mrs. Church, West Texas Animal Clinic, Snyder, Texas

**Over All Showman Buckle** - Kalli Poole donated In Memory of Don Cox by Donna, Rex and family

**Top Hand Award** - Miles Valentine Monogrammed clothing bag donated by BCJLA

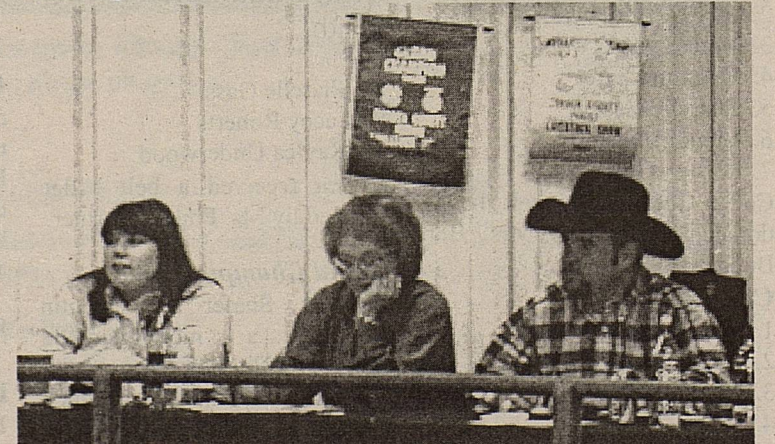
**Outstanding 1<sup>st</sup> Year Exhibitor** - Taylor Gass given by BCJLA

All Breed Champions received a Moorman's Feed bucket donated by Bill & Mary John Phinizy.

Grand Champion winners received a feed scoop donated by Bill & Mary John Phinizy.



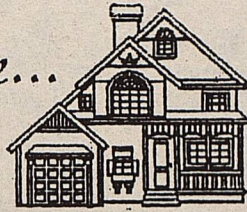
County Judge, Van York checks the list as announcer, Randy Adcock calls for the judging to begin. (Chuck Kimmel also helped out with some of the announcing duties)



**Taking care of the business:** Julie Smith, Sharlot Stone and Showmanship judge, Cash Berry.

## Heart and home...

By Julie D. Smith  
Borden County Extension Agent  
Family and Consumer Sciences



Extension programs serve people of all ages regardless of socioeconomic level, race, color, sex, religion, disability, or national origin. The Texas A&M University System, U.S. Department of Agriculture, and the County Commissioners Courts of Texas Cooperating.

### Information about the "Hands that Care" Seminar

Approximately 22 million US households are engaged in family care-giving for persons 50 years of age or older. This number will increase rapidly as the population ages and as technology and medical science continues to extend lives. America's long term care system is dependent on the direct care that family caregivers provide. The seminar will inform and empower family caregivers about issues surrounding family care-giving, Medicare prescription program, senior scam alerts, advanced directives and Long term care insurance. This seminar is funded by the TX Department of Aging and Disability Services, is free and open to the public. For more information, contact Raynetta Williams with the Permian Basin Area Agency on Aging @ 800-491-3696.

#### NOTICE TO CONTRACTORS OF PROPOSED TEXAS DEPARTMENT OF TRANSPORTATION (TxDOT) CONTRACTS

Sealed proposals for contracts listed below will be received by the Texas Department of Transportation (TxDOT) until the date (s) shown below, and then publicly read.

##### CONSTRUCTION/MAINTENANCE/BUILDING FACILITIES CONTRACT(S)

Dist/Div: **Abilene**

**Contract 0933-05-017** for the **REPLACE STRUCTS, ADS SHLDRS 7 2-CRSE SURF** in **BORDEN** County, etc. will be opened on **February 08, 2005** at **1:00 p.m.** at the State Office.

Plans and specifications are available for inspection, along with bidding proposals, and applications for the TxDOT Pre-qualified Contractor's list, at the applicable State and/or Dist/Div Offices listed below. If applicable, bidders must submit pre-qualification information to TxDOT at least 10 days prior to the bid date to be eligible to bid on a project. Pre-qualification materials may be requested from the State Office listed below. Plans for the above contract(s) are available from TxDOT's website at [www.dot.state.tx.us](http://www.dot.state.tx.us) and from reproduction companies at the expense of the contractor.

**NPO: 15386**

##### State Office

Constr./Maint. Division  
200 E. Riverside Dr.  
Austin, Texas 78704  
Phone: 512-416-2540

##### Dist/Div Office(s)

Abilene District  
District Engineer  
4250 N. Clack  
Abilene, TX 79601  
Phone: 915-676-6800

Minimum wage rates are set out in bidding documents and the rates will be part of the contract. TxDOT ensures that bidders will not be discriminated against on the grounds of race, color, sex, or national origin.

## Branon Funeral Home

Serving this area since 1922

Phone: 806/872-8335

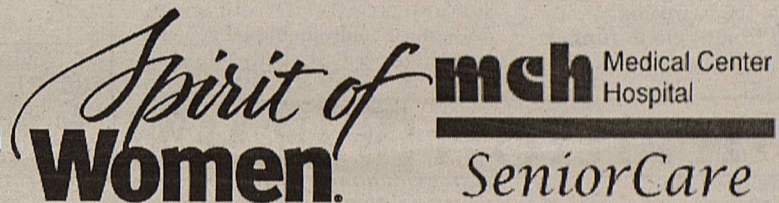
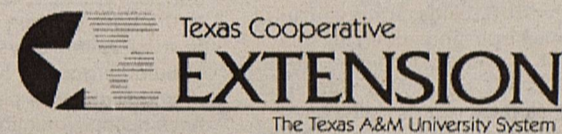
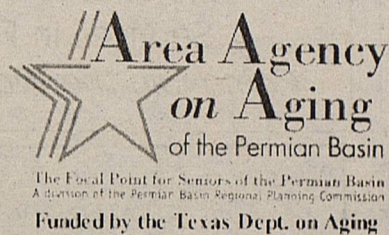
Lamesa, TX

## The Area Agency on Aging and Texas Cooperative Extension-Borden County, present: "Hands That Care"



**Monday, February 7, 2005**  
**Community Room, Gail**  
**6:00 until 7:00pm**

(this will be held in conjunction with the Senior Citizen Group)



We will seek to provide all reasonable accommodations for all persons with disabilities for any Extension program. We request that you contact the Texas Cooperative Extension office as soon as possible to advise of auxiliary aid that you will require.

For more information, please call:  
**Raynetta Williams with the Area Agency on Aging (AAA)**  
at **432-563-1061**, or **800-491-4636**  
or **Julie Smith at 806-756-4336**

Funded by the Texas Department of Aging & Disability Services



**CONGRATULATIONS  
TO ALL EXHIBITORS  
ON A GREAT JOB!**

**Moore Rains Insurance**  
**Frances Rains Stephens**  
O'Donnell, TX Phone: 806/428-3335

**Drive Safely . . . Our children are playing**

# health hints

## Winter Indoors Can Be A Real Pain In The Sinuses

(NAPS)—If you have sinusitis, you have lots of company. Many people suffer from it, particularly those who live in a moist climate, which provides a fertile breeding ground for bacteria.

Sinusitis starts with a trigger that may be different for each person. It could be allergies, a cold, cigarette smoke or even pollution. Normally, your sinuses drain a thin mucus that is swallowed without you even noticing it. But when you're exposed to that particular trigger, the sinuses close up, the mucus is trapped and bacteria grow.

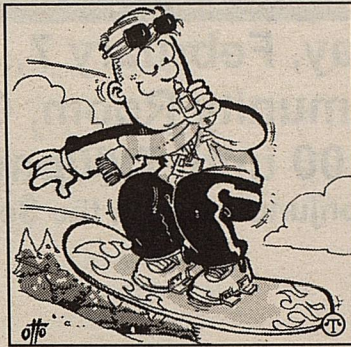
Many people are more susceptible to sinus problems during colder weather because their environment changes. They spend more time indoors breathing dry air and travel on planes with recirculated air, both of which can cause nasal passages to become dry and prone to infection. People also come in close contact with others at parties and family gatherings, sharing germs that may evolve into colds and eventually develop into sinus infections.

While you can't always prevent a sinus infection, you can minimize your chances of developing one.

- Use a humidifier at home, especially in the bedroom.
- If you're allergic to fungus, avoid damp basements.

- Wash your hands frequently.
- Avoid tobacco smoke.
- Maintain a healthful diet and stay active.
- If you have diabetes, keep your blood sugar under control.
- If you develop symptoms despite your best efforts, it may be a sinus infection or it could be something else.

Doctors report that a sinus infection can often be mistaken for a cold or allergy attack, so you have to look carefully at your



**IS IT A COLD OR YOUR SINUSES? After five to seven days, most colds should be gone or have improved. If cold symptoms persist, you may have a sinus infection.**

symptoms. After five to seven days, most colds should be gone or have improved. If cold symptoms

persist, you may have a sinus infection. Also, if you have allergy symptoms that continue even when you're not around common allergic triggers, such as pets or pollen, you may have sinusitis.

Doctors diagnose a sinus infection if a patient has at least two major symptoms or one major and one minor symptom. Major symptoms include facial pain and pressure, nasal blockage, runny nose

or a decreased sense of smell. Minor symptoms may be fever, bad breath, fatigue, dental pain and ear pain or pressure.

Sinus infections can be treated with medications, such as antibiotics, nasal steroids, anti-fungal medicines, and mucus thinners. Many doctors suggest you remove impurities in the nose by using an over-the-counter saline nose

spray. Two sprays in each nostril about four times a day is usually sufficient. Ayr Saline Nasal Mist, for example, helps loosen and thin secretions to aid in the removal of mucus from the nose and sinuses.

**Wanted to Buy!**  
Good Used  
Portable Dish  
Washer  
Call Rhonda @  
432-965-3420

**Contact Your  
BC EMS**  
at 806/759-5111  
*Don't Hesitate to  
Call in Case of  
an Emergency!*

## Special Fifth Sunday Services

Sunday, January 29<sup>th</sup>, 2005

First Baptist Church, Gail

10:00 a.m. Sunday School,  
Special Music will be presenting  
at 10:45 followed with Preaching  
Service and Lord Supper

A Pot Luck Meal will follow  
Services in Fellowship Hall  
*Come join the Worship & Fellowship!*

BORDEN COUNTY INDEPENDENT SCHOOL DISTRICT  
STATEMENT OF REVENUES, EXPENDITURES, AND CHANGES IN FUND BALANCE  
GOVERNMENTAL FUNDS  
FOR THE YEAR ENDED AUGUST 31, 2004

Data Control Codes	10 General Fund	Other Funds	Total Governmental Funds
<b>REVENUES:</b>			
5700 Total Local and Intermediate Sources	\$ 4,422,139	\$ 125,674	\$ 4,547,813
5800 State Program Revenues	192,310	31,116	223,426
5900 Federal Program Revenues	33,872	161,384	195,256
5020 Total Revenues	4,648,321	318,174	4,966,495
<b>EXPENDITURES:</b>			
<b>Current:</b>			
0011 Instruction	1,330,537	168,278	1,498,815
0012 Instructional Resources & Media Services	35,326	509	35,835
0013 Curriculum & Instructional Staff Development	7,427	90	7,517
0021 Instructional Leadership	-	128,697	128,697
0023 School Leadership	139,953	509	140,462
0031 Guidance, Counseling & Evaluation Services	27,588	3,812	31,400
0033 Health Services	50,241	1,131	51,372
0034 Student (Pupil) Transportation	164,346	-	164,346
0035 Food Services	176,521	-	176,521
0036 Cocurricular/Extracurricular Activities	212,138	-	212,138
0041 General Administration	334,877	3,465	338,342
0051 Plant Maintenance and Operations	703,365	8,503	711,868
0052 Security and Monitoring Services	1,543	1,857	3,400
0053 Data Processing Services	81,009	1,019	82,028
0061 Community Services	38,776	1,176	39,952
<b>Capital Outlay:</b>			
0081 Facilities Acquisition and Construction	110,499	-	110,499
<b>Intergovernmental:</b>			
0091 Contracted Instructional Services Between Schools	1,356,550	-	1,356,550
0093 Payments to Fiscal Agent/Member Districts of SSA	39,526	-	39,526
6030 Total Expenditures	4,810,222	319,046	5,129,268
1100 Excess (Deficiency) of Revenues Over (Under) Expenditures	(161,901)	(872)	(162,773)
<b>OTHER FINANCING SOURCES (USES):</b>			
7915 Transfers In	-	872	872
8911 Transfers Out (Use)	(872)	-	(872)
7080 Total Other Financing Sources (Uses)	(872)	872	-
1200 Net Change in Fund Balances	(162,773)	-	(162,773)
0100 Fund Balance - September 1 (Beginning)	9,939,081	-	9,939,081
3000 Fund Balance - August 31 (Ending)	\$ 9,776,308	\$ -	\$ 9,776,308

## Nutrition UPDATE

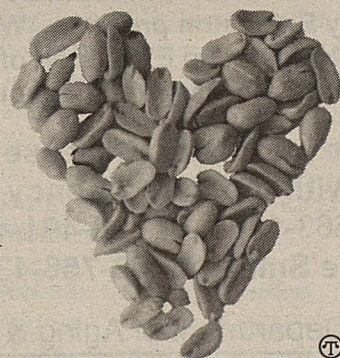
### Study Shows Peanuts May Be Nature's Vitamin Pill

(NAPS)—Peanut lovers may have another good reason to come out of their shells. A new study from Pennsylvania State University shows that just one serving of peanuts or peanut butter a day can help children and adults meet requirements for nutrients often lacking in American diets. The data comes from a United States Department of Agriculture national survey of what people are eating and shows that peanut eaters had higher intakes of several hard-to-get nutrients compared to those who do not consume peanuts.

The 2005 Dietary Guidelines Advisory Committee has discovered that vitamin A, vitamin E, vitamin C, calcium, magnesium, potassium and fiber are all lacking in typical American diets. This study shows that eating just one daily serving of peanuts or peanut butter can help children and adults meet nutrient needs. For this reason, peanuts have often been referred to as "Mother Nature's multivitamin."

Vitamin E, which is hard to get from foods, is thought to help prevent heart disease, Alzheimer's disease, and dementia. One serving of peanuts or peanut butter contains 16 to 18 percent of the Daily Value for vitamin E. One serving of peanuts also contains almost 10 percent of the Recommended Dietary Allowance for folate, which is important for reducing the risk of heart disease, as well as preventing neural tube defects in unborn babies.

Americans are currently consuming only about half of the fiber



**The USDA study also showed that peanut eaters had leaner bodies than non-peanut eaters.**

they need each day. Fiber consumption has been linked to a reduced risk of cardiovascular disease and diabetes. A one-ounce serving of peanuts or a two-tablespoon serving of peanut butter contains about two grams of fiber—that's as much as a slice of whole-wheat bread. This study also helps to dispel the myth that higher-fat foods automatically lead to weight gain. The peanut eaters had leaner bodies compared to the non-peanut eaters as measured by body mass index (BMI), an indicator of body fatness.

Add chopped peanuts to fruit salad or spread peanut butter on apple or pear slices to satisfy hunger. Drizzle melted peanut butter over non-fat ice cream for a sweet treat.

To learn more about peanuts and health, visit [www.peanut-institute.org](http://www.peanut-institute.org).