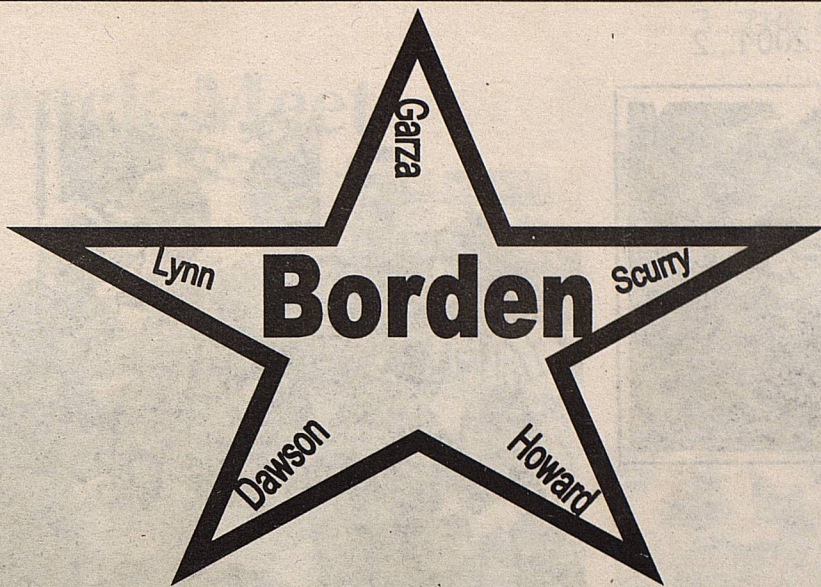


THE

Volume XXXII



STAR

June 2, 2004

Serving the Counties of Borden, Dawson, Garza, Howard, Lynn & Scurry

Gov. Perry Dedicates State Cemetery Memorial to Honor World War II Hero

Honors sacrifice of past and present military

Gov. Rick Perry commemorated Memorial Day by dedicating a new state cemetery monument to a Texas hero of World War II and urging all Texans to pay tribute to the sacrifices of all past and present military.

"All who cherish freedom should salute the men and women in uniform who protect our freedom today, and who fought for it in years past," Perry said. "It is a day to raise the flag, renew the bonds of family and friendship, and pray for the safety and security of our troops abroad, and the tough days that lie ahead."

Perry joined with the family of Col. Thomas Christian Jr. to officially dedicate a monument in the Army commander and pilot's name. Christian, a veteran of more than 70 combat missions, served in both the Pacific and European theaters of World War II, where he fought in Guadalcanal and D Day battles. The recipient of the Distinguished Service Cross, the Air Medal and the Purple Heart disappeared in August 1944 outside of Arras, France.

A California native who called Sulphur Springs,

Texas, home, Christian was previously honored with a cenotaph in the Texas State Cemetery and a memorial built by French in Arras.

"Col. Christian did not leave this earth without enshrining his own military legacy of courage in the memories of the men he fought with, and those he liberated," Perry said.

Perry also spoke of the need to remember what was sacrificed by our nation's fallen, but also why. Reminding those in attendance that many American troops. "Wake up every day in a war zone," Perry stressed that battles for freedom and liberty will continue as long as they are threatened.

"The cause of freedom goes forward," Perry said. "It is not decided on just one battlefield, or in just one war, because it must always be preserved."

Got News:

Mail to:
PO Box 137
Gail, Tx. 79738

Annual Awards Assembly

The Annual Awards Assembly was held on May 26th, at 2:50 p.m. in the school auditorium.

Mr. Jimmy Thomas school superintendent gave the welcome to all the students, teachers, parents and guest. He thanked the students for an outstanding school year and praised them for all their hard work and dedication to their school.

Mr. Chet Dye, school principal announced the Perfect Attendance Awards. Those receiving Perfect Attendance were: **Elementary:** Frank Banman, Celina Guerrero, Teryn Soto, Austin Fields, Bethany Stamper, Austin Tyler, Derek Tatum, D'Nae Johnson, Lacey Roberts, and Drew Tyler. **Junior High:** Pascual Espinoza, Matthew Tatum, Miller Valentine, and Kate Wallace. **High School:** Becky Dobyns, Christina Soto, Aaron Pigford, Trey Soto, Garrett Thomas, Garrett Chapman, Cassidy Rinehart, Billy Roper and Andy Lozano.

Mrs. Sue Jane Mayes, then presented the Beta Club Members. These students had no grade lower than a 90 in a six weeks. The students receiving this award were: Becky Dobyns, Jake Payne, Kylan Reynolds, Christina Soto and Menda James.

The Scholastic Achievement Awards were then presented by Mr. Dye. These

awards were presented to students with a 90 average with no grade lower than 85. Those students receiving this award were: Lacey Roberts, Raylea Underwood, Carlos Hernandez, Rowdy Clary, Christina Soto, Whitney Anderson, Trey Soto, Billy Roper and Kyle Pinkerton.

Mr. Thomas presented the new Beta Club Achievement Awards to the following: Chelsea Stephens, Katherine Froman, Rachel Wilson, Becky Dobyns and John Wilson. These students had no grade less than a 90 all year.

The Highest GPA Award

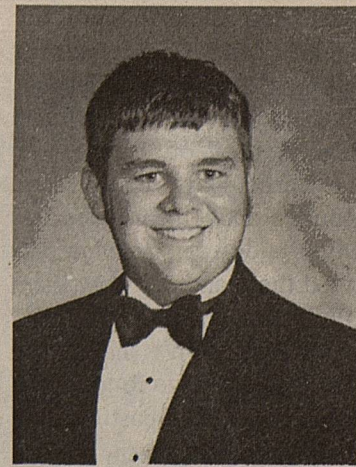
was presented to Kyle Pinkerton, 12th; John Wilson, 11th; Whitney Anderson, 10th; Becky Dobyns, 9th; Rachel Wilson, 8th; Katherine Froman 7th and Lacey Roberts 6th.

Each year the teachers' select a senior girl and boy they feel are suited to receive the Citizenship Award. This award is based on the students overall attitude towards teachers, fellow students and dependability and helpfulness to the teachers. This year's Citizenship Awards were presented to Shayla Gass and Dusty Gwinn.

Citizenship Award Winners



Shayla Gass



Dusty Gwinn

In case of Emergency Call:
BORDEN COUNTY EMS
806/759-5111



Texas Stories
A showcase of the Texas Spirit

Tumbleweed Smith
Part owner of Texas

The Love of Driving

I love to drive. I always have. I couldn't wait to learn to drive. I loved speed. One night when I was around ten years old we went the airport to meet my uncle, who was in the service and would be at the airport only for a short time. My daddy, usually a safe and careful driver, reached speeds of exhilaration. I couldn't wait to drive like he did that night.

By the time I was twelve I was driving a pickup, delivering groceries to customers of my father's grocery store. I loved it. He had an old Oldsmobile we called the silver streak. The seat was frozen in one position about a mile back from the steering wheel. I could barely see over the dashboard.

One day I was parallel parking on the north side of Fort Worth and a policeman asked to see my drivers' license. He could imagine such a small boy driving a car. It was the first time I had even been asked to show my license and I remember telling the officer "Yes, sir, I've got it right here" and handing it over to him.

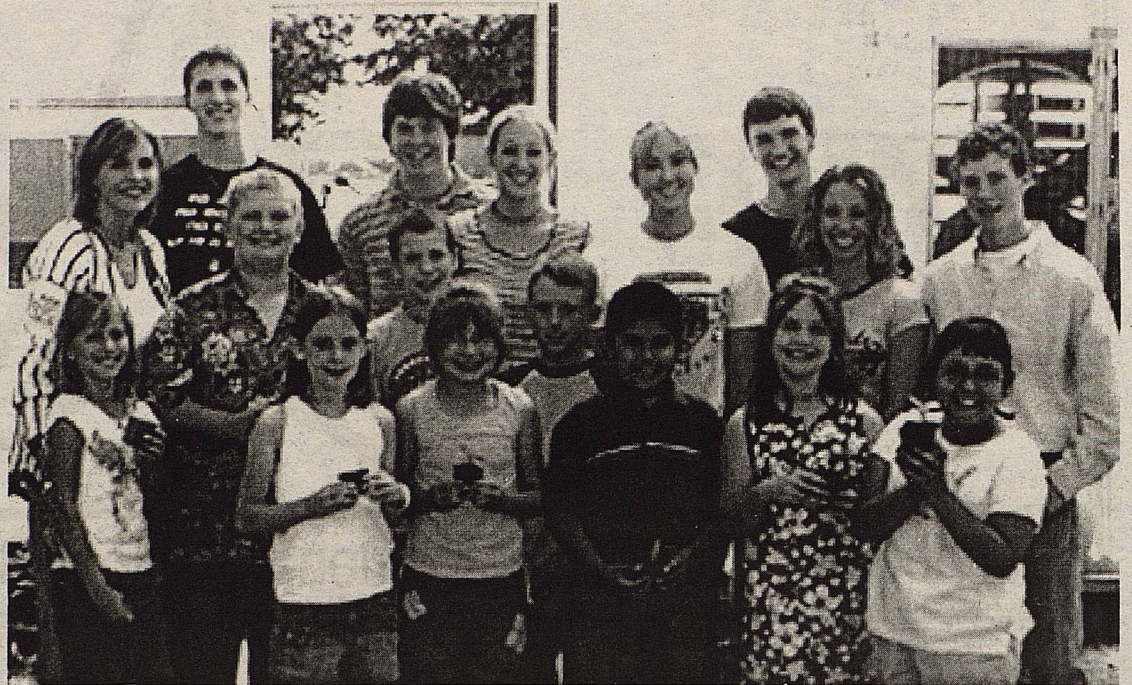
I learned how to drive on Rock Ranch near Decatur. My buddy's grandparents lived there and we went there often. They had an old Army jeep that didn't have any brakes. We'd go out in the middle of the pasture and practice starting from a dead stop. Manipulating the clutch and accelerator was no easy task. The jeep bucked and bounced and jerked all over that pasture until we finally learned to give it a little gas and slowly take our foot off the clutch.

I didn't just want to drive cars. I wanted to drive

anything.

My Uncle John worked as a truck driver for Athens Pottery. Every time he was in our town he stopped by and spent the night. One night while my parents and Uncle John were finishing supper, I sneaked out and started Uncle John's but truck. I was about 14 or so. I thought to myself, since it's running, why not take it for a little spin. I drove it around the block, parked it exactly where it had been, then boldly walked in and told everybody at the table what I had done. My parents didn't think it was such a great thing, but Uncle John loved it.

One day a city employee on a tractor stopped by the store for a loaf of bread. He left his tractor running. I hopped on it, put it in what I thought was reverse and gave it gas. It didn't go backwards. It went forward, up over the curb of the porch and headed straight for the front door of the store. I didn't know how to stop it. I veered it to the right and shattered a bench. Vernon Filber, the driver of the tractor, came to my rescue and shut it down. My dad, wearing his apron, came out and told me in so many words that was not a very



Trip to the Greenhouse: Mrs. Richey's third grade class visited the Ag Greenhouse last week and talked with the Ag students and Mr. Wallace about the things that need to be done in keeping plants healthy and growing. Shown here are the third grade students, Brittney Stroop, Michael Roberson, Lexi Peterson, Tanner Richey, Teryn Soto, Riley Smith, Valerio Hernandez, Kayla Darbyshire and Celina Guerro along with Mrs. Richey. The High School Ag students are (L. to R.) Shane Tarleton, Tyler Wallace, Cassidy Rinehart, LaShae Johnson, Ben Griffin, Menda James and Kylan Reynolds. Each student was given a plant to take home and care for. The students really enjoyed the trip to the Greenhouse.

smart thing to do.

Back during my high school days a popular activity was to go to building sites and "fire cats." We started bulldozers and caterpillars, drove them around the building site. Things we did as mischief then would get us in jail today.

The other day I drove from Memphis, Tennessee to Big Spring, Texas at one stretch. That's a thousand miles and I drove it in 18 hours. When I started my business in 1969, I drove a hundred thousand miles a year for the first two years, visiting media and getting interviews. Since then I've traveled a number of miles on Texas highways equal to three round trips to the moon. It's a good thing I like to drive.

Little League Borden County Cubs

Little League 2004 Schedule

Mon. June 7th Cubs - Astros 8:00	Tues. June 8th * Cubs - Braves 6:00	Thurs. June 10th * Cubs - Yankees 5:00 Cubs - Rangers 8:00
Mon. June 14th Yankees - Cubs 6:00	Tues. June 15th * Yankees - Cubs 7:00	Thurs. June 17th * Marlins - Cubs 5:00 Astros - Cubs 6:00

* denotes Machine Pitch games -

4-H Summer Camp Opportunities

June 1-3, 2004

South Plains Leadership Camp (ages 10-12)
South Plains College - Levelland
Cost: \$93.00

Registration due May 15

June 23-25, 2004

North Region 4-H Teen Leader Lab (ages 13-18)
Texas 4-H Center - Brownwood
Cost: \$107

Registration due May 30

June 28 - July 2, 2004

South Plains Electric Camp (ages 13-19)
Scott Able 4-H Camp - Cloudcroft, New Mexico
Cost: \$87.00

Registration due May 23

July 18-21, 2004

Prime Time #1 (ages 12-13)
Texas 4-H Center - Brownwood
Cost: \$160

Registration first come, first serve

July 21-24, 2004

Prime Time #2 (ages 9-11)
Texas 4-H Center - Brownwood
Cost: \$160

Registration first come, first serve

July 26-31, 2004

SpecTra '04 (ages 14-18)
Texas 4-H Center - Brownwood
Cost: \$275

Registration first come, first serve

For more information, please contact the Extension office at (806)756-4336 as soon as possible. These camps tend to fill up quickly!

Elementary Track Meet



At least we got out of class! These jr. high and high school students stand outside the concession stand and visit during the Elementary End of School Track Meet, held last Thursday morning.



Boy! It's hot out here: These sixth grade girls set on the side lines after their race. (L. to R.) Marla Crenshaw, Chelsea Stephens, D'Nae Johnson and Shylo Rinehart.



Who's Next? Below, these high school and junior high students watch to see who is the make the next jump at the Track Meet last Thursday.



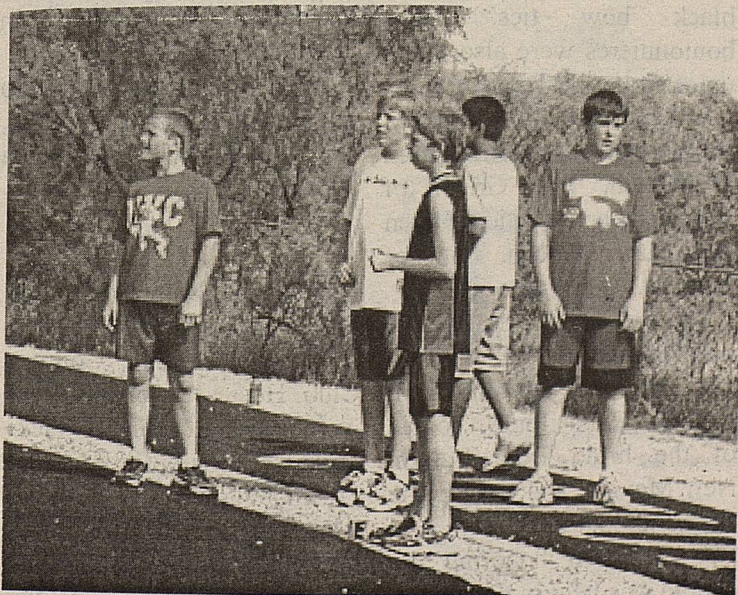
Waiting their turn: Kindergarten and first grade boys wait their turn for the Soft Ball Throw (L. to R) Merik Valentine, Brandon Pewitt, Samuel Raborn, T.J. Doyle, Austin Edwards, Frank Banman, Colton Stephens, Sean Tucker and Cayden Vaughn.



Cheering them on: Some of the high school and jr. high students cheer for the elementary students as they participate in the track meet.

Men must try and try again. They must suffer the consequences of their own mistakes and learn by their own failures and their own successes.

—Lawson Purdy



How far did he jump? These sixth grade boys wait to hear how far their friend jumped in the long jump during the Elementary Track Meet. Pictured are: Skyler Williamson, Karl Lamming, Drew Tyler, Eric Espinoza and Flint Chapman.

CAUTION:
School's Out
Watch for Children

Message brought to you by this newspaper and the Texas Highway Patrol Association

Hensley, Parker United in Marriage

Rebekah Susan Hensley became the bride of Dusty Alan Parker in a candlelight ceremony on Saturday, May 1, 2004 at 6:30 in the evening at the First Baptist Church in Lamesa.

Dr. Steven McMeans, pastor of Coggin Avenue Baptist Church in Brownwood, and family friend of the bride, officiated at the double-ring ceremony

Parents of the couple are Randy and Donelle Hensley of O'Donnell, and James and Carol Parker of Uvalde. Grandparents of the bride are Don and Nelva Jones of Fluvanna, and the late Pat and Jo Hensley of Borden County. Grandparents of the groom are Dorothy Parker and the late Jack Parker of Uvalde, and Josie Mican and the late Anton Mican of Wharton.

Musical selections that included "Jesu, Joy of Man's Desiring" and "Canon in D" were played on the piano by Cheryl Clopton of O'Donnell. Organist Brenda Vogler of Lamesa played "Trumpet Voluntary" as the bride entered the sanctuary and "Trumpet Tune" for the recessional. Soloist Shea Estes Thompson of Midland, sang "The Only Road I Know" and "Only Hope" as the unity candle was being lit and a slide presentation depicting the couples' childhood milestones was being shown.

The front of the church was decorated with three large silver urns containing an array of brightly colored mixed spring flowers that included hot pink snapdragons, green gladiolus, yellow and orange enchantment lilies, red roses, fuchsia and hot pink carnations, royal blue delphinium and iris, all accented with baronia heather and yellow solidago. The choir rail was draped with fern, lemon and leather leaf. There were also seven candelabras that accented the choir area and were decorated with a mixture of bright spring flowers. She also

honored her mother and her new mother-in-law with a red rose as she entered and departed the front of the sanctuary.

Given in marriage by her father, the bride chose an elegant gown of white Italian satin from the Maggie Sottero Memories Collection. The strapless bodice featured a corset back with an asymmetrical wrap waistline. The gown was embellished with silver embroidery, Swarovski crystals, bugle beads, pearls, sequins, and seed beads. The waistline was further accented with a scattering of crystals that continued down the slim line skirt that tell into a sweep train. To complete her ensemble she wore a tiara of rhinestones in a swirl pattern that echoed the look of the bodice. It was finished with soft illusion. The bride carried an elegant free form crescent shade bouquet that consisted of brightly colored flowers in a bed of lemon leaf and baronia heather. The flowers were orchid mini calla lilies, purple orchids, cardinal red roses, hot pink mini carnations, mini gerbera daisies, yellow spray roses and royal blue delphinium.

In keeping with tradition for something old, the bride carried a handkerchief from Japan that was a gift from her grandfather, Pat Hensley, to her grandmother, Joe Hensley. Something new was her bridal gown, something borrowed was her late grandmother's wedding band tied into her bouquet, and something blue was her garter. She wore a sixpence in her shoe that was a gift from her mother and pennies minted in the years of the couple's births.

Serving her sister as main of honor was Micah Hensley of San Angelo. Bridesmaids were Kristin Farmer of Lubbock, Katie Duncan of Lamesa, Mandy Hunt of Lubbock, Cybil Buxkemper of Lubbock, and Jill Stout of Plainview. They wore a black, strapless A-line gown with a beaded neckline band



*Mr. and Mrs. Dusty Alan Parker
nee... Rebekah "Becka" Hensley*

and an asymmetrically draped overskirt with scattered bugle beads and a matching shawl. They all wore matching jewelry that was a gift from the bride and carried a handheld bouquet that consisted of the same flowers as the bride. The bouquets were tied with braided and criss-crossed sheer satin ribbons in hot pink, yellow, and purple.

Flower girls were Meri Lee Parker, niece of the groom from Uvalde, and Kaylee Greenlee, friend of the bride from Brownfield. They wore a white sleeveless organza dress with black rosebuds adorning the bottom of the dress and a matching black satin sash. They dropped rose petals from white baskets that were accented with the same black rosebuds like the dresses.

The groom wore a traditional black tuxedo with a white shirt, white vest, and white bow tie. His boutonniere was made from flowers taken from the bride's bouquet.

Jeff Parker, brother of the

groom from Uvalde, served as the best man. Groomsmen were Justin Hoskins, cousin of the groom from Ganado, Shane Hunter of Uvalde, Michael Gruenwald of Lubbock, West Dingee of Lake Jackson, and Rob Warren of Lamesa. They also wore traditional black tuxedos like the groom's, only with black vests and black bow ties. Their boutonnieres were also made up of spring flowers.

Ushers were John Hensley, brother of the bride from O'Donnell, Tom Griffin of Lubbock, and David Warren and Matt Duncan, both of Lamesa.

Serving at the registry table was Michele Parker, sister-in-law of the groom from Uvalde, Rana Jones, cousin of the bride from Tatum, New Mexico, and Kaci Poole from Lubbock.

A reception honoring the couple was held in the church parlor and the fellowship hall. Displayed inside the entry to the parlor was a bridal portrait and a framed poem that the groom had

written and read to his bride on their engagement day.

Both the bride's cake and the groom's cake were placed on a large table adorned by a white tablecloth and silver appointments. The bride's cake was a lavish seven layered cake with fresh flowers spiraling down from the top of the cake to the bottom. The groom's cake was a two layer square German chocolate cake with chocolate icing. It was also accented with chocolate covered strawberries. Brighton wedding accessories and a Willow Tree figurine that was keepsake gifts from both the parents were also used. Also, a buffet table that featured sandwiches and finger food were offered to the guests. The tables in the fellowship hall were covered with black and white tablecloths and each held a vast of the wedding flowers.

The bride is a 2001 graduate of Borden County High School and attended Texas Tech University. She will receive her R.N. degree from Covenant School of Nursing in Lubbock on May 28, and plans to work in Lamesa. The groom graduated from Uvalde High School in 1998 and received an agriculture degree in 2002 from Southwest Texas State University in San Marcos. He is employed by Helena Chemical Company in Lamesa.

After a honeymoon trip to Playa del Carmen, Mexico, the couple will reside in Lamesa.

A bridal brunch for the couple was held on February 28th at the Uvalde Country Club. Hostesses for the event were Deb Janik, Vicki Parker, Barbara Parker, and D'Anna Parker.

An engagement party was held at the Meior Que Nada cabins in Concan on the evening of February 28th to honor the couple. Hosts and hostesses for the event were Gaylon and Debbie Trees, Kenneth and Debbie White,

West Texas Western Swing Music Festival

SNYDER - - Snyder will host the annual West Texas Western Swing Music Festival from June 8th - 12th in the Scurry County coliseum.

A Welcome Home burgers and beans supper is planned from 6-9 p.m. on June 8th

Wedding

Continued

Alton and Bettie Paris, Jeff and Michele Parker, Shane and Meredith Hunter, Pud and Marsha Schneider, Brent and Misti Gamble, Archie and Sarah Beth McFadin, Chuck and Kathy Gruenwald, Kathy Walker, and Pat Kocijan.

The couple was honored with a Bridal Brunch at the Borden County High School Conference Room on April 3rd. Hostesses were Shirley McMeans, Hayley Richey, Kim Thomas, Carol Lewis, Barbara Farmer, Frances Burkett, Sue Smith, Becky Beaver, Cookie Dyess, Deidre Smith, Pat Murphy, Paula Miller, Lori Stephens, Sherri Poole, Darby Key, Carolyn Stephens, Nancy Kemp, Mary Bond, Christeen Ledbetter, Mary Lynn Williams, Barbara York, Sue Jane Mayes, and Shirley Dye.

A Miscellaneous Shower was held on April 4th at the First Baptist Church in O'Donnell. Hostesses were Dianne Farmer, Susan Dorman, Jana Bessire, Cathy Crawford, Cindra Gass, Pam Wilson, Patsy Sanders, D'Ann Greenlee, Carole Edwards, Darla Stidham, Roddy Doss, Kay Mires, Sharla Edwards, Robyn Williams, Diana Barnes, and Donna Forbes.

Bridesmaids and friends of the bride gathered at the home of Cybil Buxkemper in Lubbock on April 17th to honor the bride with a lingerie shower and a bachelorette party. The groom was also honored by relatives and friends with a fishing trip to the Gulf of Mexico that same weekend.

with a jam session to follow the meal. Tickets are \$10 per person.

Welcome ceremonies will begin at 11:30 a.m. on June 9th and music will begin at 12 noon and continue to 11 p.m. On June 11th and 12th music will begin at 11:30 a.m. and continue to 11 p.m. There will be a supper break from 5-6:30 p.m. and will feature the Texas Sand Band. The band will also perform during the supper break on June 12th.

Moe Bandy will be the featured entertainer from 4-5 p.m. and from 10-11 p.m. on June 12th.

Tickets are \$20 per day or \$12 from 6:30 p.m. to 11 p.m.

Information about the Festival can be obtained by calling the Snyder Chamber of Commerce at 325/573-3558. The Chamber's E-mail address is snychcom@syntex.com.

Got News:

Mail to:

PO Box 137

Gail, Tx. 79738

Email

vadcock@bcisd.net



The Borden Star (USPS or PUBLICATION NO. 895-529) is published weekly except Christmas and New Year's week for \$12.00 per year by the Borden Star, P.O. Box 137, Gail, Texas. 79738. Second-class Postage paid at Gail, Texas. POSTMASTER: Send Change of Address to the Borden Star, P.O. Box 137, Gail, TX 79738

OS Ranch Steer Roping And Art Exhibit Reunion Planned

POST - - Jim Prather, founder and Chairman of the OS Ranch Steer Roping and Art Exhibit, has announced plans for a reunion of the event that ran for twelve years, from 1971 thru 1982. Prather said that he has been pleasantly surprised by the enthusiastic reception he has received to hold the reunion. The event will be held the first week-end in October, the same week-end as the original roping and art exhibit was held for so many years. Helping Prather to organize and plan the reunion are Mr. and Mrs. Giles McCrary, Mr. and Mrs. Michael Prather, and Mr. and Mrs. Dave Gottshall.

"We want to have this

reunion because so many of the folks who helped make it a success over the years are no longer with us. We want this opportunity to get together one more time for the fellowship and to honor those who have gone on," Prather said.

A traditional Friday Night Party will kick off the week-end at the OS Ranch house, 14 miles southeast of Post. Several of the original artists exhibiting in the very first art show held in 1972 will have art on display. An art show and sale, featuring many of the artists who participated in the OS event over the years, will be held Saturday and Sunday in the Post Art Center. A solemn and special

Honorary Roll Call for those ropers, artists, workers and supporters who are now deceased will be held Sunday morning at the OS Ranch. Saturday afternoon will feature a Seniors Association Steer Roping in the Post Stampede Arena.

The planning committee is working on a scrapbook of pictures and stories covering the years the event took place. Advance orders for the scrapbook will be accepted and will be available for purchase the reunion week-end.

"Everyone who participated in the OS Ranch Steer Roping and Art Exhibit in any capacity - workers, supporter, spectator, artist, ropers - is invited to come join us for the reunion. We want a chance to reminisce, swap stories and enjoy each others company one more time," Prather concluded.

"West Texas Beachfest"

POST - - Fun for the entire family, the "West Texas Beachfest" will be held on Saturday, July 3rd, 2004 at the "Two Bit Ranch" FM 651 N of Post, Texas.

There will be Live Music, Beach Volley Ball, Horse Shoes, Ping Pong, Sand Castle Competition, Food, and other games.

Tickets may be bought in advance for \$2.00 or can be purchased for \$4.00 at the gate.

Contact Rex Cash at 806/495-3344 for more information.

Entertainment at the Big Spring Rodeo

BIG SPRING - - The featured entertainer at the Big Spring Rodeo (June 16th - 19th) comes from the exciting world of Mexican horsemanship and rodeo. A true Charro, Jerry Diaz makes his living following the grand tradition of Mexican heritage.

He has performed his specialty act at some of the most prestigious events around the country.

The Charro's strict code of honor includes chivalry, high ethics, expert horsemanship and dedication to family and Charro traditions.

Jerry is famous for his tricks with a maguey rope. He spins it with ease while on

foot, riding, or standing a top his horse.

He is also an accomplished singer and recording artist and has recently released a CD entitled Charro de Corazon (Charro from the heart).

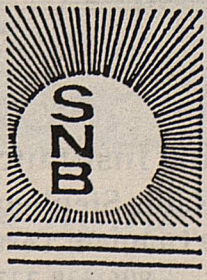
A native of San Antonio, Jerry Diaz traces his Charro roots back four generations.

He will perform every night of the Big Spring rodeo June 16-19. Grand entry begins at 8 p.m. nightly in the Big Spring's famous Rodeo Bowl.

Never think badly of anyone, not even if the words or conduct of the person in question give good grounds for doing so.


—Josemaria Escriva

We're proud to be a part of the area since 1905.



Snyder National Bank

We take Snyder to Heart!



Member FDIC
1715 25th
573-2681

EMS News

Do Not Resuscitate Order and Your EMS

The out of hospital **DO NOT RESUSCITATE** law allows people to decide what resuscitative measures that they wish to have preformed on them if they stop breathing and the heart stops beating. This is a law passed by the Texas Legislature. Honoring the directive does not constitute the offense of aiding suicide.

The DNR Order forms may be obtained from many sources. The doctor office, hospitals, or on line from Texas Department of Health. The official form must be used, it must be properly signed and witnessed. A DNR Order has to be properly signed and executed to be honored by Emergency Personnel of Borden County EMS.

Emergency personnel will refuse to honor the DNR if:

1. The patient is pregnant.

2. There are unusual or suspicious circumstances surrounding the arrest
3. The form is not correctly signed and executed.

The DNR Order can be revoked at any time by the patient or the patient legal guardian, qualified relative or attending physician.

Borden County EMS medical director has given very clear instructions regarding DNR Order. It will be carried out to the letter of the law.

If you have questions regarding DNR ask any member of Borden County EMS for help. You can also ask your family doctor. He will be well informed on the law. The website for complete information is: www.tdh.state.tx.us/hcqs/ems/dnrhome.htm.

Headaches and Hot Flashes

By Patti Patterson, M.D.
Texas Tech University
Health Sciences Center

For many women, menopause is one of life's unwanted gifts and something one would rather not suffer through. However, with aging inevitably comes menopause. Some women may only experience mild menopausal symptoms while for others, symptoms are severe. Women have many options to keep their bodies healthy as they go through these changes, but all women should consult a physician before taking any medication to relieve menopausal symptoms.

For some women hormone replacement therapy offers the answer to the hot flashes, mood swings and insomnia of menopause. But, according to Alan Kaye, M.D., Ph.D., professor and chairman of the Department of Anesthesiology, studies show many women are now seeking alternative therapies such as herbal supplements to cope with menopausal symptoms. Women substitute herbal medicines in hormone

replace therapy for different reasons. "Synthetic estrogen and progesterone do not always work like natural estrogen in a woman's body. Also, women who have a history of cancer fear that estrogen and progesterone may increase their cancer risk and choose not to take them. Other women may not have a physician to visit on a regular basis, and find it easier to purchase herbal supplements at the local store," Kaye said.

Despite the recent trends, use of herbal supplements represents many uncertainties and unknown health risks. Herbal supplements are not regulated by the Federal Drug Administration and thus do not undergo the same rigorous safety testing as conventional drugs. Each pill may not contain all of the ingredients listed, nor the indicated amount of each ingredient.

Women should consult with their physicians if they are

using herbal supplements. However, in a recent study, Kaye found one-third of the study subjects were taking herbal supplements and 70 percent of those had not told their physicians. Some herbal supplements may have serious side effects or have harmful interactions with other medications. "Before choosing to take herbal supplements, women need to find out which supplements they can safely take by asking a health care professional," said Kaye.

Kaye notes that 30 percent of traditional medicines come from herbs and botanicals, and traditionally trained health care providers are continuing to educate themselves on herbal supplements. "Women need to be very careful about self-medicating, and should decide with their health care provider the possible personal benefits and risks of hormone replacement therapy or other available alternatives" said Kaye.

To Give Away
Mother Cat Seeks
Good Home With
Children to Love
For Soon to Arrive
Kittens.

Please call: 756-4397

FOR SALE
1995 Computer
w/Printer, Desk
and Chair
\$150.00
Call 756-4328

**FOR SALE
OR RENT**
4 bedroom;
2-1/2 bath home
on 3 acres in Gail
Available June 1st
Call Beth @ 756-4360
after 4:30 p.m.

Notice of Public Meeting of the Appraisal Review Board

Notice is hereby given that a public meeting of the Appraisal Review Board of the Borden County Appraisal District will convene at 10:00 a.m. on Tuesday, June 15, 2004, at the meeting room in the county courthouse.

The board will hear and determine taxpayer and taxing unit appeals on all matters permitted by Texas Property Tax Code.

The Appraisal Review Board will be in session on other days, notice for which will be duly posted, until all timely filed appeals are heard and resolved.

This notice is given pursuant to the Open Meeting Act, Chapter 551, Government Code.

Jeanette Koehler, Chief Appraiser
Borden County Appraisal District
P.O. Box 298
Gail, TX 79738
(806)756-4484

Have a Great Summer!

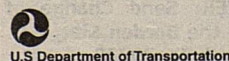


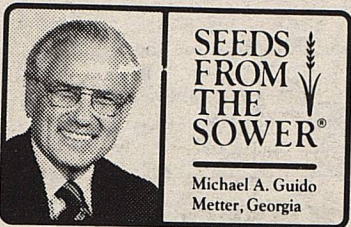
Moore-Rains Insurance
Frances Rains Stephens
O'Donnell, Texas
806/428-3335



Jackie Esworthy was killed by a drunk driver one week after her high school graduation.

What should you do to stop a friend from driving drunk?
Whatever you have to.
Friends don't let friends drive drunk.





Butterfly Rolls for Summer Baking Fun

Make an easy and fun snack. Use Bridgford Frozen Bread or Roll Dough to make these fun Butterfly Rolls. The recipe is so easy that your kids will love to help. Look for Bridgford Frozen Bread and Roll Doughs in your grocer's freezer section, next to the garlic breads or breakfast items.

Butterfly Rolls

1 pkg. Bridgford White or Parkerhouse Rolls, thawed or 1 loaf Bridgford Frozen Bread Dough, thawed
16-24 little smokies or wieners
melted butter or margarine for brushing dough

Do you remember your first kite? I remember mine. It was made from an old spaghetti box.

"Put a tail on it," cautioned a friend. "It must have a weight to keep it from turning a somersault. And go against the wind," he continued, "or it won't fly."

You and I are like the kite. We need the weights and the wind in our lives. And we were meant to soar, not to sink; to overcome, not to be overcome. But we must be held by the hand of our Lord.

It's only as you turn your life over to Him that you'll rise above adversity and attain new heights of achievement.

You want Him hold onto the cord of your life, won't you?

Our care should not be to have lived long as to have lived enough.

—Seneca

Help Wanted
Floral Designer,
Shop Experience
Required
Contact Laura @
Dakota's Flowers
Big Spring, TX
(432)263-8323

Branon
Funeral Home
Understanding and
Guidance When You
Need It Most!
"Serving in this area
Since 1922"
806/872-8335 Lamesa, TX

For School and
County Information
Subscribe to the
Borden Star
today!
Only \$12.00 a year

Lightly grease baking sheet (S); set aside. If using loaf or dough, divide each loaf into 16 equal pieces; set aside. If using rolls, they are ready to use once thawed. Divide each roll or piece of dough into 4 equal size pieces. Roll each piece into a ball. To make butterfly, place one smokie on sheet pan. Place 2 balls of dough on each side of the smokie to make butterfly wings (4 balls of dough per smokie). Flatten balls of dough slightly. Continue with remaining pieces of dough and smokies. Brush the dough with melted butter. Let rise until double in size. Bake in a preheated 375 degree oven for 15 minutes or until bread is golden brown. Carefully remove from oven and pan to cool on wire rack.

Yield 16-24 rolls

Calories 130, Fat 7g, Cholesterol 15mg,
Sodium 240mg, Carb.15g, Protein 4g



**Butterfly Rolls made with Bridgford Frozen Roll
or Ready Dough**

PROTECTING YOUR FAMILY

Prevent Mosquitoes Now To Protect Yourself Later

(NAPS)—Flowers aren't the only things blooming when the weather warms. The beauty of the season also brings a nuisance for anyone who likes to be outside—mosquitoes. These pesky insects, which can be found nearly everywhere, begin breeding now to cause problems all summer.

Fortunately, a few control measures now can reduce the number of mosquitoes in your yard all season. Take the following steps to lower mosquito populations and protect yourself and your family:

- Eliminate breeding sites. Remove objects that may collect rain water where mosquitoes breed. Common locations include clogged roof gutters, birdbaths, wading pools, plant pots, swimming pool covers, old tires and toys. (Mosquitoes need only a thimble-full of water to breed.)

- Replace outdoor light bulbs with yellow bulbs or sodium vapor bulbs that are less attractive to mosquitoes.

- Install or repair window and door screens to keep mosquitoes out. Make sure that your window and door screens are "bug tight" (18 x 18 strands per square inch) with no holes.

According to Paul Bello, entomologist and technical director for Orkin, Inc., once mosquito season hits, you should take additional precautions.

"When possible, wear long-sleeved shirts and pants when outdoors and apply insect repellent that contains a high percentage of DEET," says Bello. "Mosquitoes are annoying pests, but you can help steer clear of them by avoiding being outdoors at dawn and dusk when mosquitoes are most active."

It is important to protect yourself from mosquitoes—for more reasons than just their itchy bites. Mosquitoes can be dangerous and can spread diseases such as West Nile virus, which can cause very serious symptoms.

A flood-borne illness, West Nile virus is transmitted by mosquitoes to a variety of hosts, including birds, horses, cats, dogs, bats, rabbits and humans. Most cases of West Nile in humans show up in late summer or early fall, but can appear year-round in warmer parts of the country.



Make sure your window and door screens are "bug tight"

To combat mosquitoes, Orkin has launched a new, three-pronged mosquito treatment service in more than 80 cities to help reduce mosquito activity in residential and commercial settings. The three steps include educating cus-

tomers to identify potential breeding sites around their home or business, targeting mosquito larvae located in permanent standing water and treating areas where

adult mosquitoes may hide. To learn more, visit www.orkin.com. For more information about West Nile virus, ask your doctor or visit www.cdc.gov

Did You Know?

(NAPS)—From traveling back in time to the prehistoric age of the dinosaurs, to looking into the future on board the International Space Station, the unparalleled image and sound quality of The IMAX Experience® has long transported audiences to places far beyond the reach of most people. Typically, when people feel, hear and see The IMAX Experience, developed by leading entertainment company IMAX Corporation, they recognize it immediately as a larger-than-life film-going experience. To learn more about IMAX® or to see more listings, visit: www.imax.com.

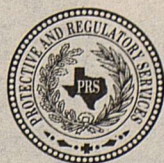
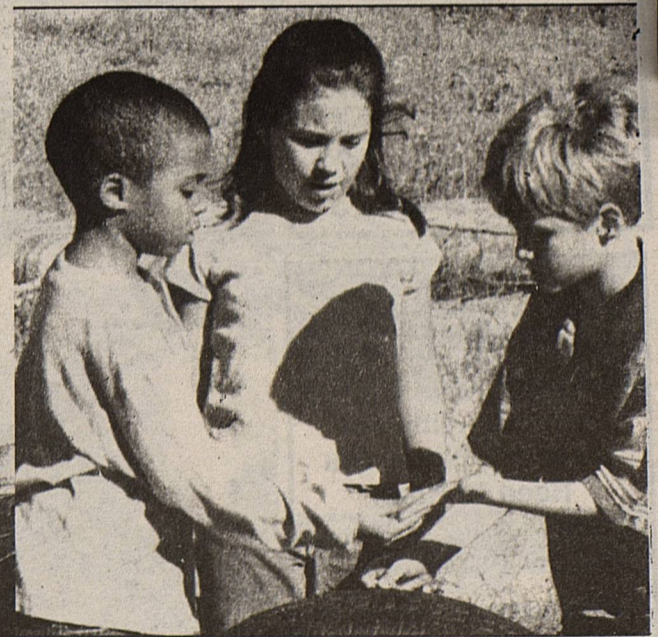


There's more than a grain of truth when vacationers say that visiting a beach next to an amusement park doubles the fun. That's what's happening at one popular resort in Panama City, Florida where families can enjoy swooshing down water slides by day and riding thrilling car-

nival rides by night. That particular resort, the Edgewater Beach Resort, is poised Gulf-front along a half-mile stretch of the "World's Most Beautiful Beaches." To learn more about Edgewater Beach Resort call (800) 874-8686 or check out www.edgewaterbeachresort.com.



Parent Alert!



Texas Department of Protective and Regulatory Services
www.tdprs.state.tx.us

January 2001

Keeping Kids Safe is Everybody's Business

It's Up To You