

Sophomore Hurdler, Garrett A Mother's Day Wish

By Texas First Lady Anita Perry

I hope every day, but especially this Mother's Day Weekend, Texans take a moment to thank the women who shaped their lives, whether they are mothers, grandmothers, aunts or friends that helped to guide them as they grew.

This weekend flowers, greeting cards and brunches will be given in special recognition of moms. As we take part in this tradition, I'd like to ask Texans to take a moment and also remember the moms for whom this day might not be quite as special.

For many mother in our state, the celebration of this day can be a painful reminder that their lives and possibly the lives of their children are clouded by domestic violence. Sadly, statewide research shows that 74 percent of Texans have been abused, or know of someone who has suffered abuse. More chilling is the fact that two Texas women every week are killed through acts of domestic violence. Many more are physically or emotionally abused.

Focus group after focus group shows that the first person survivors talk to about an abusive relationship is a family member or friend. However, many Texans, about 35 percent, who learn of a friend or family member's violent circumstances, do nothing, as they don't realize how they can

help or don't want to get involved. I have spoken to many sisters, mothers and daughters who said they just Three didn't recognize the signs of Coyotes tracksters traveled to too little attention until it was compete in the Region II-A too late.

member or a co-worker we emotions following the track know needs outpatient meet. One of these three surgery, we offer to drive Coyote athletes had his high them home from the hospital. school athletic career here at When a family suffers a loss Borden County come to a or illness, we bring food to close. That athlete was their home. But all too often, senior Kyle Pinkerton who when a friend or co-worker completed a stellar career on shows up with a bruise or Friday after he finished 8th acts unexplainably with- place in the discus with a drawn, we don't want to throw of 125'7 1/4". Kyle was interfere. Domestic violence able to qualify for the is not just a private family regional meet in spite of matter. It is a crime with breaking his foot on March serious, dangerous repercussions for men, women, children and the entire his season come to an end, community.

That's why our state will soon launch a second phase of an awareness campaign to change the situation this time focusing on friends, family and co-workers whoa re in a compete was able to extend position to assist victims of his season two more weeks as domestic violence.

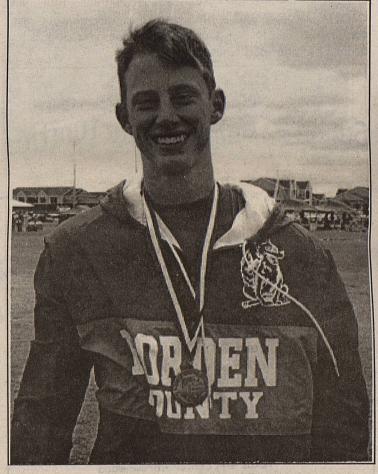
\$2 million grant from the particular athlete was fellow Office of the Attorney sophomore Garrett Thomas. General, the Texas council on Family Violence launched an unprecedented 16-month, bilingual public awareness campaign to give women trapped in violent relationships, many of whom are mothers, the information they

Cont. to pg. 5

**Thomas is Austin Bound** By Trey Richey

Borden County a loved one's abuse or paid Abilene this weekend to track meet. These three When a friend, family athletes all had different 19<sup>th</sup> of this track season.

Another Coyote athlete had but with a bright future. This athlete was sophomore J. Ryan Gicklhorn who competed in the shot put, but failed to make the finals in this event. The final athlete to he earned a trip to Austin and In 2002, with the aid of a the state track meet. That Garrett completed his season in the 300 hurdles by finishing with a 5<sup>th</sup> place finish in a time of 41.55, but he did manage to set the record in this event during the course of the season. Garrett however, will continue to work on the 110 high hurdles as he set a



school record time of 14.68 to finish 2<sup>nd</sup> place in the event and a date at the State Track meet on May 14<sup>th</sup> and 15<sup>th</sup> in Austin, Texas. Garrett has had a tremendous track season and he hopes to cap state qualifiers meet in the year by bringing home a Abilene on Thursday. He medal at this meet.

of you young men who have hurdle record along with had a very successful season improving his 110 hurdles for but are heading in different

directions. Good luck to you Garrett in your continued quest for a state medal and improving on your school record times.

Garrett will compete in a will have one more shot at Congratulations to all three bettering his 300 intermediate the upcoming State meet.

Drive Safely - Watch Out for the Children

#### THE BORDEN STAR, WED., MAY 5, 2004...2

# Heart and home ...

By Julie D. Smith Borden County Extension Agent Family and Consumer Sciences



Extension programs serve people of all ages regardless of socioeconomic level race, color, sex, religion, disability, or national origin. the University System, U.S. Department of Agriculture, and Texas A&M Agriculture, and the County Commissioners Courts of Texas Cooperating.

### **District 4-H Roundup Results**

Texas Tech University in Clothing in this event. Shylo Rinehart, Impossible: efforts and commended for dedication and participation practices.

(A) (A)

District 4-H Roundup was in this 4-H activity. Kalli held on Saturday, May 1 at Poole also participated in the and Textiles Lubbock. Four youth from Method Demonstration with Borden County participated her presentation Mission Closet Lacey Roberts and Raylea Organization. She received Underwood competed in the first place and has the Family Life Educational opportunity to advance to Activity with their illustrated State 4-H Roundup in talk on ABCs of Babysitting. College Station in June. We They received second place are proud that these youth and silver medals for their dedicated their time and should be energy in developing their their presentations, visual aids and

### **District 4-H Photography Results**

The District 4-H Photography Contest was held during April and results were announced last week. Taylor Richey and Lacey Roberts both submitted entries in this photography contest. The competition. mitted a Color Animal Life

photo in the Junior 1 division Southwest Collection Library Junior 2 division. There were numerous entries in the Taylor sub- photos were on display in the Tech Texas University

and Lacey submitted a Color from April 26 through May 1, Animal Life photo in the and a slide show of each photography entry was presented at the roundup assembly. We are proud of these young lady's efforts and participation!



4-H Members: (L. to R.) Raylea Underwood, Lacey Roberts, Shylo Rinehart and Kalli Poole.

### A New Look At Tea And Health

(NAPS)-Most people try to lead healthy lifestyles, but it can be hard work!

Between crazy work schedules, driving the kids to-and-from practice and saving for college, few people realistically have the leisure time or extra money to go to the gym three times a week or shop for groceries at specialty health food stores.

Yet, keeping the family healthy remains a huge priority and there are simple ways to achieve this goal. From preparing balanced, low-fat meals, to climbing stairs at the mall instead of riding the escalator, everyone has a few easy tricks that add an extra boost of wellness to the daily routine.

Here's another valuable tip: drink more tea. Not only is it calorie-free, great tasting and about half the caffeine as a cup of coffee, but one serving of Lipton black or green tea contains about 190 mg of flavonoid antioxidants compounds that are believed to fight free radicals in your body.

That's more flavonoid antioxidant activity than certain fruits and vegetables! Though, be sure to eat those five servings of fruits and veggies each day, because tea is not

Subscribe to the **Borden Star Only \$12.00** Call 756-4402



Tea is a simple way to be good to yourself.

a substitute for their nutrients. Additionally, scientists are eagerly investigating the relationship between tea consumption and the reduction of disease risks, such as heart disease and stroke. And, though there isn't definitive evidence of this relationship just yet, researchers are encouraged by preliminary findings.

Ot course, you always could eat three eggplants while chanting "ohm" as you contort into the Downward Dog yoga position, but that doesn't sound very simple.

To learn more information about tea and health, visit the Lipton Tea Web site at www.LiptonT.com.

### **PROJECT GRADUATION**

Parents and friends of the 2004 Senior Class of Borden County High School are asking for donations for Project Graduation.

Project Graduation is a drug and alcohol free celebration.

Your gift would be greatly appreciated by our students and parents. Thank you for your help with this very worthwhile endeavor.

Class of 2004 Senior Parents

Donations may be sent to: Borden County High School "Project Graduation" P.O. Box 95 Gail, TX 79738 or give your donation to a senior, or senior parent.! Thank you!



South Plains Leadership Camp (ages 10-12) South Plains College - Levelland Cost: \$93.00 Registration due May 15 June 23-25, 2004 North Region 4-H Teen Leader Lab (ages 13-18) Texas 4-H Center - Brownwood Cost: \$107 Registration due May 30 June 28 - July 2, 2004 South Plains Electric Camp (ages 13-19) Scott Able 4-H Camp - Cloudcroft, New Mexico Cost: \$87.00 Registration due May 23 July 18-21, 2004 Prime Time #1 (ages 12-13) Texas 4-H Center - Brownwood Cost: \$160 Registration first come, first serve July 21-24, 2004 Prime Time #2 (ages 9-11) Texas 4-H Center - Brownwood Cost: \$160 Registration first come, first serve July 26-31, 2004 SpecTra '04 (ages 14-18) Texas 4-H Center - Brownwood Cost: \$275 Registration first come, first serve

Summer Camp Opportunities

June 1-3, 2004

For more information, please contact the Extension office at (806)756-4336 as soon as possible. These camps tend to fill up quickly!

# Lady Coyote Results **Regional Qualifiers Meet Roscoe**

Last week Christina Soto was inadvertently left out of the article for the Area Track Meet. Christina did qualify for Area in the Discus and she threw her personal best there, 81'7". Good Job Christina and sorry for the oversight.

Our Regional Qualifiers ran in Roscoe last Thursday for a practice meet before the Regional meet in Abilene.

The girls 800 m. relay ran the best time all year with a 52.98. We changed the order in a couple of legs and I think it has made a difference and the exchanges are starting to come around and look good

again too. Running in this order was Shayla Gass, Cassidy Rinehart, Menda James, and Emily Mayes.

Cassidy Rinehart finished fourth in the 200 m. dash with a time of 27.65. Ashley James cleared 7'6' again in the pole vault.

Shayla Gass, Lindsey Stamper, and Emily Mayes ran the 100 m. dash for conditioning. Here are there times in order mentioned: 13.70, 14.86,

14.24. Menda James ran the 110 m. hurdles for conditioning and just to be able to do it one last time. Her time was 17.16.

# **Regional Meet in Abilene**

# Lady Coyote Results

relay finished tenth in the prelims on Friday. The Ladies ran the best time of the year with a 52.70 hand held time and a 52.81 automatic time. Running on this relay was Shayla Gass, Cassidy Rinehart, Menda James and Emily Mayes. Good Job Ladies and Good Season.

Ashley James competed in the Pole Vault on Friday evening clearing 7'0". Ashley has cleared 7'6" several times this year, which would have put her in the top 6 of the meet. Ashley is a junior and will have another year, maybe with better luck.

Cassidy Rinehart qualified for the finals Friday with a 26.95 automatic time and a 26.74 hand held time. Cassidy finished third in her heat on Friday and was sitting in 5<sup>th</sup> overall. Cassidy qualified to run in lane 2 for the finals on Saturday and ran a good race before tightening up toward the end in the cold

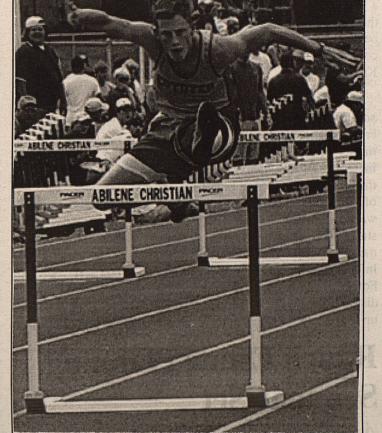
## **Pepper Receives Prestigious Award**

SILOAM SPRINGS, ARK -John Brown University senior Trent Pepper, son of Kelly and Lesa Pepper of Borden County, has been awarded the prestigious Benedict Fellowship from the Alpha Chi Honor Society.

Students across the nation receiving the fellowship award will have \$2,500 for the first year of graduate or professional study. Out of 76 nominees, only 10 were selected to receive the prestigious award.

Pepper will graduate Summa Cum Laude from John Brown University with a Bachelor of Arts in History and a minor in theological studies. Pepper plans on

fifth with an automatic time of 27.59 and a hand held time The Ladies 4 X 100 meter weather. Cassidy finished of 27.19. Good Job Cassidy.



3...THE BORDEN STAR, WED., MAY 5, 2004

Headed to STATE! - BHS sophomore, Garrett Thomas makes his final hurdle and is now on his way to the State Meet in Austin.

attending Ave Marie School

of Law in Ann Arbor, Mich.

Alpha Chi has chapters at

300 institutions nationwide

and in Puerto Rico. The

society registers 11,000 new

members each year selected

from the top 10 percent of

juniors and seniors in all

John Brown University is a

top-tier private university,

ranked 11th by U.S. News &

World Report in the Southern

states and 42 countries. JBU

is a member of Arkansas'

Independent College and

Universities and the Council

for Christian Colleges and

Universities.

academic fields.

in the fall.

### Menu Week Of: May 10<sup>th</sup> - 14<sup>th</sup>, 2004 MONDAY: Corn dog,

Macaroni & Cheese, Salad, Fruit & Milk. Breakfast: Pancakes, Fruit Juice & Milk. **TUESDAY:** Chicken Strips, Potatoes, corn, hot Rolls, Fruit & Milk. Breakfast: Biscuit & Gravy, Fruit Juice & Milk.

WEDNESDAY: Meatballs, & Spaghetti, Salad, Green Beans, Bread Sticks, Fruit & Milk. Breakfast: Muffin, Fruit Juice & Milk

**THURSDAY:** Grill Cheese, Salad, Sliced Apply w/peanut butter, Cookies Fruit, Cookies & Milk. Region. JBU enrolls more Breakfast: Pancake Pups, than 1,800 students from 42 Fruit Juice, & Milk

FRIDAY: NO SCHOOL This will be the last Published Menu for the

year.

# Lubbock Lake Landmark **Extends Summer Operating Hours**

LUBBOCK, TX – Beginning May 4<sup>th</sup>, Lubbock Lake Landmark, part of the Museum of Texas Tech University, is extending its summer operating hours to accommodate persons who would like to use the trails during off-peak hours. Through August 31<sup>st</sup>, the preserve will open Tuesday through Saturday mornings at 7 a.m. and close at 8 p.m. Sunday hours will be 1-8 p.m. the Landmark is closed on Mondays.

"Many of our visitors come out to walk the trails, and the cool early morning hours are the most comfortable time of the day to get some exercise," said sue Shore, education program manager. "Evening hours offer an alternative to individuals who work during the day.'

The Landmark has four miles of hiking trails that snake through over 300 acres of the archaeological and natural history preserve along Yellowhouse Draw. Pets are not allowed on the trails. Admission to the Lubbock Lake Landmark is free of charge. Please call (806)742-1116 or email lubbock.lake@ttu.edu for additional information.

As one of the few known sites in North America to contain evidence of continuous human habitation spanning 11,500 years, the Lubbock Lake Landmark is a renowned archaeological and natural history preserve. The Lubbock Lake Landmark, a unit of the Museum of Texas Tech University is located at 2401 Landmark Drive on Lubbock's northwest edge (accessible via marked Loop 289 exits, or following signs at US 84 (Clovis Road) through Landmark Lane to Landmark Drive). Stay up-todate . . . visit the Museum's at website

http://www.museum.ttu.edu and select the Lubbock Landmark link.

## **Texas Beef Producers Welcome Soldiers Returning from Iraq**

Texas beef producers April 22<sup>nd</sup> greeted soldiers returning to the United States after a year of combat in Iraq with their thanks and a barbecue beef meal at festivities conducted at Fort Hood near Killeen, Texas.

More than 30,000 U.S. soldiers and their families enjoyed the meal served by more than 60 volunteers including current members of the Texas Beef Council board of directors, Texas chuck wagon caterers and TBC staff. The soldiers were member of the Fourth Division's Task Infantry Force Ironhorse whose distinguished year of service in Iraq included the capture

of Saddam Hussein in cooked chopped beef. December.

"It was our privilege to serve some of the thousands of women and men who serve us in the Armed Forces," said Hungerford, Texas, beef producer Richard Forgason, DVM, TBC chairman. "This was small thanks for all that they do to keep the world free, and the beef checkoff program was honored just to be included in the homecoming." TBC and the National

Cattlemen's Beef Association joined forces with H.E.B. Grocery Co. to provide the beef meal. H.E.B., a 300supermarket chain store headquartered in Texas, donated 7,500 pounds of pre-

chuck wagon Texas caterers Eddie Deen of Fort Worth, Tom Perini of Buffalo Gap and Cliff Teinert of Albany heated the product for serving. The returning soldiers consumed an average of 7,500 beef sandwiches per hour.

Producers serving the beef sandwiches to the servicemen women included and Forgason, Pete Bonds of Saginaw, Dan Dierschke of Austin, Reta Dyess of Jacskonville, John and Ginger Dudley of Comanche, Hope and Harlan Huffman of of Adkins.



**Texas Beef Produces Welcome Soldiers Returning from** Iraq - The Anselmo Daisley family, participating in homecoming ceremonies at Fort Hood April 22<sup>nd</sup>, enjoys the hospitality of Texas beef producers as they received beef sandwich lunches form Pete Bonds of Saginaw, far left, and Dan Dierschke of Austin, second form left. Daisley, a member of Co. C, 3-66 Armor, returned to the U.S. with other members of the 4<sup>th</sup> Infantry Division after a year in Iraq as members of Taskforce Ironhorse. Taskforce soldiers captured Saddam Hussein in December 2003. TBC served 30,000 sandwiches to McGregor and Jim McAdams the returning soldiers and their families over four hours.

### **Ranch Estate Planning Seminar Set** August 4<sup>th</sup> – 5<sup>th</sup>, 2004

"A properly drawn estate plan may save many ranch families over \$200,000 in estate taxes." This statement made by Wayne A. Hayenga, Texas Extension Economist and Attorney, assumes a lot of information: a married couple who "like each other" and want to care for each other, who have a ranch worth \$1 million or more, and want to pass it on to their children.

This is an eye opening fact for many ranchers. In fact, many people only worry about estate planning if they hear of a friend's "problem" in selling a ranch to pay estate taxes. "But, "Hayenga continued, "for many families the estate tax savings are not as large as income tax savings if they have a properly prepared estate plan."

A seminar discussing these complicated tax topics will be held at College Station on August  $4^{th} - 5^{th}$ , 2004, at the College Station Conference Texas Center, A&M

University, in conjunction with the Annual Beef Cattle Short Course.

The seminar is structured to help ranchers learn how to lower their tax burden and ease administrative burdens that affect passing their estates to their loved ones. In addition to discussing estate of the Texas and American planning systems, tax savings Bar Associations and the possibilities will be discussed American Agricultural Law using corporations, partnerships and trusts when family the members are involved in the business.

Making gifts to avoid estate taxes will be discussed also. "There are three problems with making gifts - the first is dying poor; the second is the adverse income tax consequences the gift can cause the recipient; the third is when somebody other than your intended beneficiary ultimately gets the gifted property."

Two problems that affect family operations - planning for inflation and growth needs of the business will be discussed. Another topic,

how to be fair among all children when one child is interested in the ranch and others are not, will be addressed.

The speaker, Wayne A. Hayenga, is a Professor and Extension Specialist with Texas Cooperative Extension. An agricultural economist and attorney, Dr. Hayenga works extensively with farmers, ranchers and family-owned firms in financial, business and estate tax planning. He is a member Association. He is active in Agricultural Law Committee of the State Bar of Texas.

Dr. Hayenga is an excellent communicator. He delivers a top-notch educational program, emphasizing key points with an entertaining style, illustrating estate and income tax law provisions with practical examples that make

FOR SALE **Electric Upright** Wooden Incubator Holds 2 – 400 eggs Call Poston @ 756-4496 and make offer

learning a pleasure. His teaching makes full use of his broad background and practical experience as a farmer, lender and lawyer.

The registration fee is \$100.00 (which includes

seminar materials, lunches and refreshments). Registration information is available by contacting Sharon Wehring at 979/845-2226 or e-mail at:

swehring@tamu.edu





### 5...THE BORDEN STAR, WED., MAY 5, 2004





Tumbleweed Smith Part owner of Texas

### **Fifty Years of Dancing** At The Stampede

Hoyle Nix loved western stuff. He was a cowboy at heart. In May of 1954, when he opened his dance hall in Big Spring, he decided to call it The Stampede. It became a monument to Saturday night dances.

in

he

ef

nd

er

ers

of

m

to

Hoyle was a legendary western musician. He was a fiddle player and had a band that played for weekly dances in Brownfield, San Angelo, Sweetwater, Abilene and Big Spring. Hoyle's song, Big Balls In Cowtown, was played on radio stations across the nation and has since been recorded by George Strait and Asleep at the Wheel. Hoyle's death in 1985 was mentioned on NBC's Nightly News.

Hoyle's son, Jody, who owns The Stampede now, and has a successful musical career of his own, was two years old hen the dance hall opened.

"I was there, but I don't remember much," says Jody. "It opened on May 8, 1954. Eleven hundred people paid to get in. I think the cover charge was a dollar or a dollar and a half."

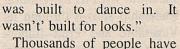
When it opened, there were no tables, just benches around the wall. People came there to dance. There was a red line painted on the floor. If they weren't dancing, they had to stand behind the red line. The tables were added in 1957 or 58. That cut down on the size of the dance floor, but people could have a place to sit. There has never been any alcohol sold at The Stampede. Jody says it's always been a family place.

In the beginning, men couldn't wear their hats on the dance floor and their shirt tails had to be tucked in .Any man violating this rule was approached by the floor bouncer, usually an off-duty deputy sheriff.

The old dance floor has a few wobbles and warped spots in it now. Every once in a while Jody has to get a hammer and knock a few nails down. But there's been many a boot sole scooted across that floor in fifty years.

The Stampede has had birthday parties, wedding receptions and homecoming dances. When it was built, the walls were not finished. Hoyle just left it that way and it's like that now.

"The Stampede is not a fancy place," says Jody. "It



learned how to dance the the Call" resulted in a 69 Cotton-Eyed Joe, the Texas Two-Step, Put Your Little Foot, Waltzes, Schottisches, the Paul Jones and all kinds and a staggering 92 percent of western dances at The in Spanish-language calls in Stampede. Jody says a million people have danced there.

Some well known musicians have played at the was an incredibly important Stampede. Bob Wills was there 4 or 5 times a year until receiving life-changing assishe had his stroke in the late tance for themselves and their sixties. But people went there mostly to hear Hoyle Nix and His West Texas Cowboys, which were known all over the state,

Since 1996, Jody has put an occasional together reunion of some of the original members of Hoyle's band. When that happens, the place is packed with people of all ages. Last November's reunion was a sellout. Jody Nix and his Texas Cowboys played until 1:30 a.m. and didn't want to stop then. Jody is planning a big 50<sup>th</sup> anniversary celebration at The Stampede May 15th.



## **Borden County ISD Spring Concert** Tuesday, May 11, 2004

On Tuesday evening, May 11th, 2004, the Borden County ISD will present its Spring Concert beginning at 7:00 p.m. ir. the school auditorium under the direction of Mr. Philir Marshall.

Kindergarten through 3rd grade students will be singing the musical Circus Circus, written and arranged by John Jacobsor and John Higgins.

The 4<sup>th</sup> grade students will play several selections on both the recorder and xylophone arranged by Sandy Feldstein.

The 5<sup>th</sup> grade band will play several pieces by themselves a: well as two pieces with the 6th and 7th Grade Band.

The 6<sup>th</sup> and 7<sup>th</sup> Grade Band will play alone and with the High School Band.

The High School Band will close the program with the pieces they plan to play at the Directors Choice Musical Festival held at Richardson High School in Dallas on Friday, Mmay 7<sup>th</sup>, 2004

### **Mother's Day**

Cont. from pg. 1 need to seek and obtain help.

"Break the Silence, Make percent increase in Englishlanguage calls to the National Domestic Violence Hotline its inaugural month. For many women, placing that first call to the National Domestic Violence Hotline first step in seeking and

family.

In the coming weeks, you'll see and hear new public service announcements, imploring all Texans to get involved by breaking their silence, making the call to 1-800-799-SAFE or TTY 1-800-787-3224, when a loved one or friend is in need.

This Mother's Day, take time to honor mothers - and honor all Texas women by raising our consciousness to help all mothers celebrate this day as they should: in a home filled not by fear, but love.

#### **Public Notice**

#### Basic and low cost telephone services from Verizon

Verizon is an Eligible Telecommunications Carrier (EITel) in Texas under Federal Communications Commission (FCC) and Texas Public Utility Commission guidelines. As such, we receive universal service funding, which enables us to provide service at reasonable rates to high cost, usually rural area and low income customers.

Under those guidelines, Verizon certifies that it provides the following basic services for a monthly charge of \$7.10 to \$16.40 (plus Federal Subscriber Line Charge, applicable taxes and surcharges) to residence customers.

#### Single-party service

Voice grade access to the public switched network

Touch call service

Access to emergency services (including 911 and enhanced 911)

Access to operator, interexchange and directory assistance services

We also provide low-cost Lifeline service for qualified low-income residence customers for \$.10 to \$9.40 a month. Also available to Lifeline customers is a low-cost Link-up basic connection service at a 50% discount (up to \$30.00). In addition, we can provide Lifeline customers with free toll blocking to help them control long-distance usage. If Lifeline customers do not pay toll charges, their access to the toll network may be denied, but their local service won't be disconnected.

> For more information please call our customer sales and solution center at 1-800-483-4000 (Residence)

# **Branon Funeral** Home

Serving this area since 1922

Phone: 806/872-8335

Lamesa, TX

The Borden Star (USPS or PUBLICATION NO. 895-520) is published weekly except Christmas and New Year's week for \$12.00 per year by the Borden Star, P.O. Box 137, Gail, Texas 79738. Second-class Postage paid at Gail, Texas. POSTMASTER: Send Change of Address to the Borden Star, P.O. Box 137, Gail, Texas 79738.

### THE BORDEN STAR, WED., MAY 5, 2004...6

# **Reaching for the Stars...** And the Dollars

#### Sen. Hutchinson Weekly Column

10

mystery on today's bestseller collaboration and our annual list and the pages will come summits we are transforming alive with stories of cyber Texas into a science powertoxic crime, weapons or feats of genetic our schools perform groundand biological wizardry. The setting for many of today's most popular television shows are crime labs, science halls and emergency rooms. But America's fascination for attracting top scientists, with science, medicine and technology is not merely fictional - our leadership in new and emerging field sis very real. And Texas is leading the way.

Appropriations Committee in 1997, I realized that Texas Texas gets a \$5 economic fell drastically behind in federal research and development dollars. I launched a campaign to elevate the profile of Texas institutions and boost their share of federal funding. Branches of the federal government, from the Defense and Energy departments to the National Institutes of Health, rely on the academic world to conduct research projects on their behalf. Nearly 60 percent of all funding for academic research comes from the federal government. Texas needed to get a larger slice of the pie.

For the past five years, I have convened annual higher education summits in Washington D.C. to bring together Texas' academic leaders and senior Administration officials to help build new research partnerships. I'm pleased to report that our hard work is paying off. According to a newly released study, federal research funding for Texas colleges and universities has increased dramatically in recent years. RAND Corporation announced that Texas higher education institutions took in \$1.26 billion in federal research money in fiscal year 2002, up more than \$100 million from the

previous year. This survey Pick up any paperback shows that through greater chemical house. I've always known breaking work. Now federal decision makers are recognizeing Texas' excellence as well.

These dollars are important professors and students to Texas, as well as expanding our horizons and building a broader base of knowledge. These research dollars have an important economic After joining the Senate development impact on our state. For every \$1 invested, boost, fostering commerce and creating new jobs.

> The vast and varied research projects being conducted around the state run the gamut form wind energy research to finding a cure for cancer. And their discoveries impact us all, from the big city to the small rural town. Let me share a few examples with you. I recently announced an important partnership between the University of Texas System and Sandia National Labs, our nation's leading nuclear weapons laboratory. Sandia's strength in biotechnology, engineering and Microsystems research will be complemented by the brilliant and innovative minds in the UT System. This

partnership will enable Texas students and professors to take part in important research efforts that contribute to the defense of our homeland.

Texas Tech University is cultivating a center of excellence at its Institute for Forensic Sciences. The major focus of the Institute is to assist those combating terrorism attacks through forensic methods, clearly an important priority as we face terrorism in the 21<sup>st</sup> Century.

Texas A&M continues to stand out with its agricultural leadership shown through its Vegetable and Fruit Important Center. At the Center, researchers and students alike working to create are healthier and fruits vegetables infused with vitamins and proteins.

The Houston scientific community has recently formed the NanoHealth Alliance that includes the University of Houston, Rice University, MD Anderson and the UT Health Science Center among others. The Alliance provides unique national resources of material

DISCLAMIER

science, biotechnology and medicine, and will study how the emerging field of nanotechnology, a science measured in billionths of a meter, can impact the medicines we take.

being done all around the alliances. state is more exciting than universities and local and any work of fiction. Our federal leaders will continue schools are contributing to to partner toward our goal of the safety, health and well making Texas a state of being of not just Americans, science.

but people the world over.

In January, I helped launch The Academy of Medicine, Engineering and Science of Texas, bringing together our state's premier research As you can see, the work academics to forge new Together our



#### **PRE-KINDERGARTEN NOTIFICATION** FOR THE 2004-2005 SCHOOL YEAR

Borden County School will offer the pre-kindergarten program during the 2004-2005 school year. The program will be for eligible students who are four years of age on or before September 1, 2004. Students can qualify for the program by meeting at least one of the following requirements: 1. Be economically disadvantaged

- 2. Be Limited English Proficient (LEP)
- 3. Be homeless

If you know of a child who qualified for the program, notify Mr. Chet Dye, Principal, Borden County Schools, P.O. Box 95, Gail, TX 79738, or call (806)756-4313 to request a registration form. Complete and return the form by May 31, 2004.

DISCLAIMER Borden County Elementary School will offer this program only if fifteen (15) or more students qualify.

#### **ESL PROGRAM NOTIFICATION**

Borden County Elementary School will offer an ESL program for LEP (Limited English Proficient) students during the summer of 2004. the program will be scheduled for a minimum of 120 hours and will conclude prior to August 1, 2004. The program is designed for students who will enter Kindergarten for First Grade in the fall of 2004-2005. Parents of eligible children will be responsible for transportation.

If you know of a child who qualifies for the program, notify Mr. Chet Dye, Principal, Borden County Schools. P.O. Box 95, Gail, TX 79738, or call (806)756-4313 to request a registration form. Complete and return the form by May 31, 2004.

Borden County elementary School will offer this program only if ten (10) or more students qualify.

#### LA NOTIFICACION DE PRE-KINDERGARTEN PARA EL ANO ESCOLAR 2004-2005

La Escuela de Borden ofrecera el programa del pre-kindergarten durante el ano escolar 204-2005. El programa estara para los estudiantes elegibles que tienen cuatro anos en o antes de 1 de septiembre, 2004. Los estudiantes pueden calificar por el programa resolviendo por lo menos uno de los requisitos siguientes:

- 1. Sea economicamente perjudicado
- 2. Este limitado experto ingles (LEP)
- 3. Sea destituido

Si usted conoce de un nino que califique por el programa, notifica a Chet Dye, director, Borden County Schools, P.O. Box 95, Gail, TX 79738, o llame 806/756-4313 para Dolicitor una forma de registro. Complete y regresa la forma antes del 31 de mayo, 2004. LA DENEGACION

La Escuela de Borden ofrecera este programa solamente si quince (15) o mas estudiantes califican.

#### ESL PROGRAM NOTIFICACION

La Escuela de Borden ofrecera un programa de ESL para los estudiantes del LEP (Experto Ingles Limitado) durante el verano de 2004. El programa estara programado por un minimo de 120 horas y concluira antes del 1 de agosto, 2004. El programa esta disenado para los estudiantes que entraran kindergarten o el primer grado en el otono de 2004-2005. Los padres de ninos elegibles seran responsables del transporte.

Si usted conoce de un nino que califique por el programa, notifica a Chet Dye, director, Borden County Schools, P.O. Box 95, Gail, TX 79738, a llame 806/756-4313 para Dolicitor una forma de registro. Complete y regresa la forma antes del 31 de mayo, 2004 LA DENEGACION

La Escuela de Borden ofrecera este programa solamente si diez (10) o mas estudiantes califican.

## **New Safety Campaign Calls on Pickup Drivers** and Passengers to "Buckle Up in Your Truck"

Many of today's pickup fact is wearing a safely belt drivers in this part of the dramatically increases your country were driving pickups odds of surviving a crash, long before the cargo particularly in the case of a vehicles hit the level of rollover." popularity that they enjoy outsell passenger cars.

charging with the growth trend is pickup truck drivers' failure to use safety belts. That is an alarming fact to National Highway Traffic Safety Administration (NHTSA) officials because pickups, with their highprofile designs, are two times more likely to rollover than cars in fatal crashes.

Research indicates that safety belts are up to 60 percent effective in preventing death of buckled up occupants in pickup crashes. It also shows that safety belt use reduces the risk of dying in pickup rollover crashes by 70 percent or more.

That is why NHTSA and their stats partners are launching a region-wide "Buckle Up In Your Truck" belt educational safety campaign in a five-state area of Arkansas, Louisiana, New Mexico, Oklahoma, Texas and the Indian nations, in early May 2004.

There are over six million registered pickup trucks in the region. Observation surveys in the five states reveal that roughly 1.5 million of the region's pickup truck drivers are not wearing their safety belts, leading to many unnecessary deaths. In 2002, 1,348 pickup drivers and passengers in the region died in truck crashes.

so many pickup drivers ignore safety belt laws at the expense of their own wellbeing," said Georgia S. Chakiris, NHTSA Administrator for Region VI. "But the

Crash data also shows that today. Light trucks, including around as percent of pickup pickups and SUVs, now truck drivers in fatal crashes in Region VI were men. But one statistic that isn't More than half of those who died were only 15 to 30 years old.

> "Because many pickup drivers are young, they often don't stop to think what their life means to so many. Not wearing a safety belt often means that a boyfriend, son, father or husband isn't going to be coming home after a crash. That's a pretty high price to pay for not taking a few seconds to buckle up," Chakiris said.

The "Buckle Up In Your Truck" campaign include television, radio and other educational messages to reach out to pickup drivers in the five-state area.

The 30-second television commercial features dramatic, slow-motion footage of a pickup truck rolling over. The audio that accompanies it is a voice reciting the groom's traditional marriage vows, beginning with "To have and to hold." The spot ends with the truck rolling out of the frame as the man recites, "till death do us part."

Two television public service announcement will be released this summer, each featuring nationally a recognized outdoorsman with a know reputation for driving pickup trucks for work and leisure; Bill Dance, host of TV's "Bill Dance Outdoors" 'It's agonizing to think that fishing program, and Jackie Bushman, host of the "Buckmasters" hunting show. Both men have volunteered their time and services to help spread the work about "Buckle Up In Your Truck."

.....

The challenge for the educational effort, as well as the reason for it, is that focus group surveys have indicated that a high number of male pickup drivers it eh region impressed aren't with statistical information about protection offered by safety belts. However, many in the groups have expressed concerns about how their deaths or disabling injuries

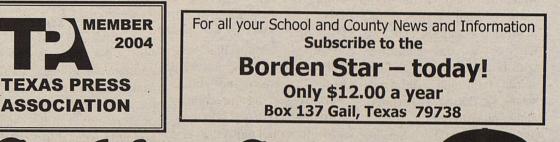
could affect their families and friends

Others say they feel safer because they view their trucks as being bigger and stronger than other vehicles because they sit up higher on

the road. Many knew of the risk of rolling over a pickup, but they were unaware of the high degree of protection that safety belts provided in a rollover crash.

"We expect this educational campaign to convince more pickup drivers to buckle up on their own," Chakiris said.

"But we also feel our message will get loved ones to take a more active role in reminding their favorite pickup drivers that bucking up isn't just for their own good, it 's for everybody's.



# Cooking Corner Tips To Help You

Savor The Flavors Of Rich Foods, Without All The Calories (NAPS)—Any time of year is a

good time to start a weight-loss plan-and shedding the pounds is a lot easier if you don't have to drop all your favorite foods as well

Fortunately, "lite" and "no sugar added" versions of various kitchen staples can help make it easier to create healthier versions of delicious dishes. The following recipes, from the kitchen at Knouse Foods, take advantage of real fruit flavors, but have less sugar, fat and calories than traditional recipes.

For more delicious recipes, visit Knouse Foods at www.Knouse.com.

**Apple Graham Cracker Dessert** 

- 1 can (20 oz.) LUCKY LEAF
- Lite "No Sugar Added" Apple Pie Filling
- 1 tsp. apple pie spice
- 2 Tbsp. reduced-calorie
- margarine
- <sup>2</sup>/<sub>3</sub> cup Splenda
- 2 eggs or equivalent in egg substitute
- 1<sup>1</sup>/<sub>2</sub> cups purchased graham cracker crumbs
- 2 tsp. baking powder
- 2 tsp. salt 1/2 cup fat-free milk
- 1 tsp. vanilla extract
- 1 cup reduced-calorie
- whipped topping
- <sup>1</sup>/<sub>4</sub> cup chopped walnuts

Preheat oven to 350°. Spray a 9x9-inch cake pan with but-ter-flavored cooking spray. In a medium bowl, combine pie filling with apple pie spice. Set aside. In a large bowl, combine margarine and Splenda. Stir in eggs. Add graham cracker crumbs, baking powder, salt, milk and vanilla extract. Mix well to combine. Spread half of mixture into prepared cake pan. Spread half of pie filling mixture over top. Spread remaining batter carefully over apples and arrange remaining apple pie

.



Delicious, fruity dishes can be whipped up without a lot of sugar, fat or calories.

filling over top. Bake for 45 to 50 minutes. Place cake pan on a wire rack and let set for at least 10 minutes. Divide into 8 servings. When serving, top with 2 Tbsp. whipped topping and chopped walnuts.

Per serving: 204 Calories, 8g Fat, 4g Protein, 29g Carbohydrate, 500mg Sodium, 122mg Calcium, 2g Fiber.

**Strawberry Swirl Cheesecake** Any MUSSELMAN'S Lite Fruit 'N Sauce flavor can be used

Crust:

- 1/2 cup almonds, crushed 60 reduced-fat chocolate
- wafers, crushed
- 2 Tbsp. margarine or yogurt spread, melted 12 oz. MUSSELMAN'S Strawberry Lite Fruit 'N Sauce

1 Tbsp. cornstarch

Filling: 24 oz. (3 packages) fat-free cream chees

- 3 eggs
- <sup>3</sup>/<sub>4</sub> cup Splenda 1 Tbsp. vanilla
- 1 cup reduced-fat sour cream 2 Tbsp. cornstarch
- 4 oz. MUSSELMAN'S Strawberry Lite Fruit 'N Sauce

Preheat oven to 350°. Mix

crushed almonds and chocolate wafers, pour in melted margarine. Grease 9-inch springform cheesecake pan, line bottom with parchment paper. Press wafer mixture into bottom of pan, bake 10 minutes. Mix Fruit 'N Sauce with cornstarch, pour into crust, return to oven and bake 15 minutes. Let cool.

For filling, mix cream cheese until smooth, then add eggs, Splenda, vanilla, sour cream, cornstarch and mix another 3 minutes. To create swirl, take 1/4 cup of filling, place in a bowl and whisk in 4 oz. Fruit 'N Sauce.

Pour filling in baked crust. Drizzle swirl mixture clockwise one teaspoon at a time; with a knife, superficially make swirls on top of the cheesecake. Cover with aluminum foil and bake 1 hr. 15 minutes or until center is firm. Remove from oven, let cool before removing rim of springform pan. Refrigerate a minimum of 4 hours.

Per serving: 39 Calories, 2g Fat, 2g Protein, 3g Carbohydrate, 45mg Cholesterol, 14mg Sodium.

Lite Raspberry Dressing Can be used over salad, vegetables, fish or chicken

- 4 oz. Musselman's Raspberry Fruit 'N Sauce <sup>1</sup>/<sub>4</sub> cup canola oil
- <sup>1</sup>/<sub>4</sub> tsp. Italian seasoning
- 1 Tbsp. lemon juice
- 1/8 cup vinegar Salt and pepper to taste

In a blender, mix Fruit 'N Sauce, canola oil, Italian seasoning and salt and pepper, for 1 minute. Add lemon juice and vinegar, mix for 1 minute. Adjust salt and pepper to taste.

Per serving: 61 Calories, 7g Fat, 0g Protein, 0g Carbohydrate, 0mg Cholesterol, 0mg Sodium.

THE BORDEN STAR, WED., MAY 5, 2004...8



### Make 'Mail Call' special for your man or women in uniform

To Americans serving in the military, nothing is more welcome than mail form home. "Mail Call" brings news and packages and love letters – a vital connection with home that helps to keep spirits high and confidence strong during difficult, dangerous times.

Your Postal Service understands the importance of military mail. Some of us know it value firsthand. Some 235,000 postal employees are veterans – more than 30 percent of our workforce. We go to great lengths to ensure that your military mail gets delivered to the brave men and women who are serving our country with distinction and honor.

Military mail enjoys several well-deserved advantages, whether the final destination

is a camp or base in the United States or overseas. Each piece that bears an APO or FPO address for an overseas installation costs the same to send as if it were being mailed across town. Even if you are mailing a package to Afghanistan or Iraq, Bosnia, Germany or Korea, it will cost the same as one going to New York, Los Angeles, or Chicago

Your soldier, sailor, airman or marine can provide you with the complete and accurate mailing address. Make sure to use it, including the individual's grade, rank or rating; full name; group/division/ship number, and all other coding, so we will be able to deliver your

message or gift as quickly as back home. possible. The Postal

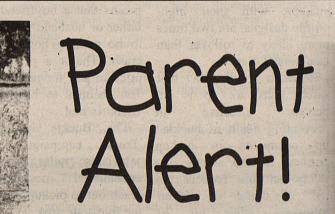
alety Campaign

The Postal Service also maintains retail services for many military installations, providing a convenient and inexpensive way for them to stay in touch with all of us

The Postal Service is proud to help bring a little bit of home to those serving our country, no matter where they may be. And we join you in saluting our brave men and women in uniform.



SLOW DOWN! – Watch Out for the Children!





Keeping Kids Safe is Everybody's Business

It's Up To You



Texas Department of Protective and Regulatory Services www.tdprs.state.tx.us

January 2001