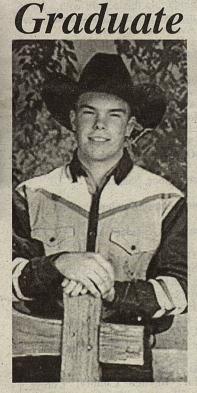


Family and Friends mourns loss of BHS



John Harding 1981-2004

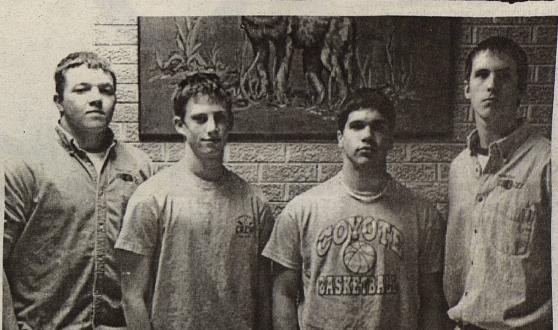
Funeral services were held for John Harding, 22 of Borden County at 2 p.m. on Monday, January 5, 2004 at the First Baptist Church, Big Spring with the Rev. Randy Hardman, pastor of the First the Rev. Kevin Parker, pastor of Hillcrest Baptist Church of Big Spring, officiating. Interment followed at Trinity Memorial Park in Big Spring under direction of Nalley-Pickle & Welch Funeral Home of Big Spring.

John died on Thursday, January 1, 2004, in Borden County from injuries received in an auto accident in southwest Borden County.

He was born on September 8, 1981, in Colorado City:

graduated Borden County High School in 2000 and was a member of the 1997 state champion football team. He had attended Howard College and was currently attending Texas Tech University. He enjoyed shooting skeet and trap, coyote hunting, snake catching and deer hunting. John deeply loved his family and friends and country life. He was a Baptist and attended the First Baptist Church of Gail

include his Survivors parents, Joe and Rhonda Harding of Vincent; his sister, Sarah Harding of Vincent; his brother, Clay Harding of Vincent; his maternal grandmother, Emma Baptist Church of Gail, and Carr of Big Spring; his uncles, Rodney Carr and Rich Carr, both of Big Spring; his uncle and aunt, Freddy and Judy Brown of Big Spring; his aunt, Billie memorials to First Baptist Harding of Vincent; and his cousins, Emily Carr and Brian Brown.



REGION II ALL REGION: Sr. Kyle Pinkerton, Soph, Garrett Thomas, Jr. Adam Carter

Region II Honors go to Coyote Football Players

Four Borden High School athletes recently made the All-Region II team announced prior to the holiday break.

Senior Kyle Pinkerton not only made All-Region in the linebacker position, but the four-year letterman was also

He was preceded in death by his grandfather, Dalton Carr; his grandparents, Pat and Vergie Harding; and an uncle, Randy Carr.

The family suggests Church Youth Fund, P.O. Box 297, Gail, TX 79738 or to you favorite charity.

honored as Region II's Most Valuable Defensive Player.

Three other Coyotes made the elite list.

Senior Shane Tarleton was listed on the second team offense in the quarterback position while sophomore Garrett Thomas made it on the special teams.

Thomas was one of only six sophomores to be named All-Region.

Junior Adam Carter, the Coyotes' starting safety, was named to the second team on defense in that position.

The Coyotes finished their season with a 6-5 record after losing to Sanderson in bidistrict action.

Borden County Jr. Livestock Show January 15th, 16th, & 17th, 2004 Borden County Show Barn

MVP year which nearly wasn't BC's Pinkerton named region's top defender.

By Dwight Heins Lamesa Press-Reporter

It has been an all-everything high school football season that just nearly was not for Borden County's Kyle Pinkerton

While Pinkerton is well known for his moves on the high school football field, it might have been one of his moves away from the gridiron that led to all of this excitement.

Earlier this summer, Pinkerton thought long and hard about not even playing football his senior year with the Coyotes.

After having knee surgery his sophomore season and then sustaining another knee injury the final game of that season, which kept him away from the high school hardwoods for the next six weeks, Pinkerton thought about giving up the pigskin and concentrating only on playing basketball.

"One day last June, he came by my house and told me that he was ready to come back (to football) and that nothing was going to keep him away from it either," Borden County Coach Bobby Avery said. "He was bound and determined to make his senior year as good as he could, and so far it's been a pretty special year.

Pinkerton admits that it was a real tough decision at that time.

But, one he's glad he made. "I got to thinking about how much fun I had back whenever I wasn't hurt and also about all I was going to miss," Pinkerton said.
"It's probably one of the best

decisions that I've made in my entire life, so far."

Pinkerton made a big contribu-tion to the Coyotes' march to sixman's District 5 crown this past

His efforts have not gone overlooked, either.

First, he was selected as that league's Defensive MVP and also one of its representatives in this summer's six-man all-star football game at Lubbock

This week, Pinkerton added another big patch to his letter jacket by also being selected as Region

II's Defensive MVP.

"It not only shows what kind of respect which the other coaches in our region have for Kyle, but it's also a good honor for our whole football team and the kind of year we ended up having," Avery said.
After a 1-4 start, the Coyotes won

all five of their league outings to capture the district title.

Three other Borden County gridders tabbed to the second-team unit are senior quarterback Shane Tarleton, sophomore special teams player Garrett Thomas and junior safety Adam Carter

'It would have been nice to have seen a few more guys on that list but, like I tried explaining to our kids, when you're competing in the same region with people like Sanderson and Fort Davis there's really not a lot of spots available," Avery said of the all-region team.

"In Fort Davis and Sanderson, we're talking about two of the top

COYOTES' STAR DEFENDER

Borden County senior Kyle Pinkerton has now tackled Defensive MVP accolades on the all-Region II Football Team released this past week.

five teams in the state, which makes that region's top tight end for a pretty tough crowd when it comes to competing for post-season

Pinkerton has been one of the ringleaders for the Coyotes' stingy defense this past season.

'I just knew our coaches were depending on me this season to be one of the leaders," Pinkerton said.

"It was time to step it up a little." Last season, Pinkerton had 102 tackles, including 59 solo stops. He also had five quarterback sacks.

"It was hard for people to move

this guy," Avery said of Pinkerton. "He's also so smart. He plays his

position like textbook.

"A lot of people either tried running away from his side or trapping him, but that didn't keep Kyle from still running down a lot people from still running down a lot people into place for us at the right time." from behind."

where he's supposed to be out man all-star game, there's a good

It was only a year ago when Pinkerton was recognized as one of

Now, he's being hailed as its top defensive player.

Pinkerton says he prefers playing

defense compared to offense.

"On defense, you get the chance to hit people," Pinkerton said.

"You've still got to think but on defense you get the chance to fly around a little more and make things happen.'

Pinkerton attributes a big part of the Coyotes' district championship season to their tough non-district schedule.

"We realized after we got finished playing our first district ball game that we're going to be OK,'

While Pinkerton is already look-"He always seemed to know ing forward to this summer's sixchance now that won't be his last time to hit the gridiron.

He's currently considering giving

passes for 1,056 yards and 19 touchdowns while directing the Coyotes to their league crown. He struggled with an ankle in-

jury early on this year, but he never missed a ball game," Avery said of Tarleton. "By the time we got to Grady that last ball game of the year he had all of the vigor in the world. He didn't seem to have a problem in the world that night. He played like a senior's supposed to

do all out.
"He's got a good, strong arm. He can throw it 50 yards down field, but at the same time he can still lead block whenever he's called to do that on a play, too."

Thomas was a dangerous threat on the Coyotes' kick-off team. He ran back three kickoffs for touch-

Everybody knew that any time he could get into the open field and find that seam, there's a good chance that he'd be gone," Avery said of Thomas. "He's just got that kind of speed."

"He's like a sports car in that he can go zero to 60 (miles per hour)

Experience was one of Carter's biggest assets in the Coyotes' defensive secondary

'He spent his entire sophomore year back there at safety, so he came into this season with a lot of playing time and experience," Avery said of Carter.

Carter had 67 tackles this season, including 26 solo stops.

I got to thinking about how the Because of that experience, he all-star game wouldn't have to be always seemed to be in the position my last time to go out and have fun where he needs to be. As a result,' Avery said, "he ended up making a

Tarleton completed 74 of his 144 lot of good plays for us.

- Kyle Pinkerton

on return to gridiron

college football a shot.
"I just really fell in love with this sport this year," Pinkerton said.

I got to thinking

about how much

fun I had back

wasn't hurt and

also about all

I was going to

probably been

made in my

playing this game.

one of the been

decisions that I've

entire life, so far.

whenever I

miss. It's

TEXAS SIX-MAN FOOTBALL COACHES ASSOCIATION'S ALL-REGION II FOOTBALL TEAM

Offensive MVP: Ty Means, senior, Sanderson.

Defensive MVP: Kyle Pinkerton, senior, Borden County.

Coach of the Year: Vance Jones, Sanderson.

FIRST TEAM OFFENSE

Quarterback: Ty. Means, senior, Sanderson. Spread Back: John Liddell, senior, Fort Davis. Running Backs: Cody Stewart, senior, Fort Davis; Abel Montano, junior, Aspermont. Center: Brandon Graves, senior, Ira. Tight Ends: Geo Estrada, junior, Sanderson; Jake Barnes, senior, Ira. Wide Receivers: Eric Bilano, junior, Sanderson; Trini Granada, senior, Fort Davis. Utility Back: Brandon Woods, senior, Sands. Special Teams: Ryan Adkins, sophomore, Highland. senior, Sands. Special Teams, Agent Kicker: Weş Kellner, sophomore, İra. FIRST TEAM DEFENSE

Linemen: Kyle Pinkerton, senior, Borden County; Corey Gillespie, junior, Highland; Tim Haag, junior, Aspermont. Linebackers: Andrew Villa, junior, Grady; Cody Myers, junior, Aspermont. Cornerbacks: David Padillo, junior, Highland; Michael Helscel, senior, Aspermont. Safety: Keith Baeza, senior, Balmorhea;

De Styles, junior, Aspermont. Punter: Lionel Abila, senior, Grandfalls.
SECOND TEAM OFFENSE Quarterback: Shane Tarleton, senior, Borden County. Spread Back: Ryan Lucas, senior, Loraine. Running Backs: Andy Martinez, senior, Sanderson; Kelsey Wylie, senior, Jayton. Center: Tim Salcido, senior, Fort Davis. Tight Ends: Bosco Covington, senior, Highland; Bryce Meador, junior, Aspermont. Wide Receivers: Brent Madison, senior, Grady; Kyle Kittley, senior, Rule. Utility Back: Kolt Kittley, junior, Rule. Special Teams: Ricky Rivera, senior, Spur; Garrett Thomas, sophomore, Borden County; Micah Patterson, junior,

SECOND TEAM DEFENSE

Linemen: Urban Baeza, senior, Balmorhea; Tim Kennedy, senior, Sanderson; Samuel Turner, junior, Rule; Josish Hannon, sophomore, Westbrook. Linebackers: Mitch Aufengarten, senior, Fort Davis; Levi Patterson, senior, Sanderson; Caleb Gutierrez, sophomore, Ira; Emory Dudensing, sophomore, Rule. Cornerbacks: Barry Bordayo, junior, Balmorhea; Jess Wall, senior, Ira. Safety: Adam Carter, junior, Borden County; Coby Davis, senior, Leuders Avoca. Punter: Anthony Esquivel, junior, Loraine.



Receding . . .? These five guys who graduated in 1993 came back for their 10 year reunion in October to find their class sponsors still around? L. to R., Mr. Buddy Wallace, Shawn Lewis, Guy Will Zant, Clay Miller, Kirk Jones, John Paul Harris, and Mrs. Sue Jane Mayes. They compared receding hair lines!

From the Counselor: By Mary Airhart

Help for College Bound Students:

prime months for scholarship and grant applications. Be aware of the following presentations:

January and February are

The Texas Association of College Admission counseling and LoanStar Educational Loans will co-sponsor the Annual College Information Hotline on Saturday, January 17th and Sunday, January 18th, 2004. The toll-free hotline number is 1-877-275-7007, and will be in operation from 10 a.m. to 6 p.m. There will be several \$500 scholarships awarded from the pool of callers. You might be the lucky one.

Center in Lubbock is hosting about preparation and application tips and strategies including begins at 4 p.m. with the information on transcripts, girls' game followed by the application essays, financial aid, useful websites, and invaluable tips from current college students. Please call Mary Airhart at 756-4313 EXT 275 if you would like to attend this morning only

seminar on Saturday, January 31 beginning at 9:30 A.M. The ESC personnel need a headcount to insure that enough materials will be printed and available. I have attended this workshop and it provides invaluable information for parents and students alike.

Seniors should be ready to file their FAFSA on-line as soon as their 2003 income tax forms are completed-not filed, just completed. Using

To make the process simpler for our parents and students, we are hosting a Financial Aid noon workshop here on campus Thursday, on February 12. On that same date, Lamesa High School is hosting an evening workshop at the Lamesa ISD Student Center on 14th Street from 6:30 to 8:30. Learn Talent Search consultants as well as counselors and accountants will be on hand to check FAFSA information and help with individual problems.

that information to fill in a

paper FAFSA can make the

on-line filing much easier.

Students (and parents) are encouraged to use their online resources and file applications promptly and correctly.

Boys, Girls Take Consolation Trophies at Post Tournament

District Play set to begin Friday:

The Education Service Coyotes Host Mustangs

District 9-A action gets a workshop for parents of underway Friday when the students in grades 8-12 to Sands Mustangs come to Gail college for four games.

Junior varsity action jv boys' contest at 5 p.m.

Tip-off for the varsity girls is scheduled for 6:30 followed by the varsity boys.

Over the holidays, both varsity squads participated in the Post Tournament, and both came home with trophies.

Coach Kevin James's Lady Coyotes defeated Lubbock Christian to take the prize. Menda James, one of three Lady Coyote seniors. was named to the All-Tournament team.

The boys and Coach Trey Richey defeated Anton to win the consolation trophy. Senior post Shane Tarleton all-tournament earned

Just One More Essay

"You saw me before I was born and scheduled each day of my life before I began to breathe. Every day was recorded in Your Book.'

The Living Bible

By Sue Jane Mayes

John Harding probably never wore God's hand out. He lived simply and fully--without all the "relish" that so many people think they have to have.

So at the end of most days when God was recording John's activities, it may have gone something like this:

> He got up. He went to school. He sneaked up behind a friend and tapped her on the shoulder. He then grinned and laughed that funny laugh when she turned around looking for someone to slap. He fished and hunted with friends. He went home and slept well.

As one of John's English teachers, I laugh now because that's the way John wrote. An ironic twist is that John's Aunt Billie was my senior English teacher; I was his--and writing wasn't his favorite thing.

He never complained about it, but he and the boys in his class-buddies since first grade--just put down what they needed to say and thought it should and could be done in a few words.

There are times when I couldn't agree more. Keep it simple. That's how John lived, and it worked so well

Living simply was having lifelong friends and being loyal. The audience at John's funeral was a testimony to that.

People attend funerals because it is customary and traditional.

The faces in the crowd at John's funeral revealed much more of a motive--they thought a lot of this young man and grieved deeply for his parents and younger sister and brother.

So who recorded yesterday's events in God's book?

I like to think that God handed the pen over to John around 2 p.m., at which point John probably wondered if indeed he had really gone to Heaven.

But John witnessed what we celebrated yesterday at, in his mother's words, "a going away" party. He had a lot to write about.

And the words flowed......

By Sue Jane Mayes

honors.

The Coyotes and Lady Coyotes will also play at

home next Tuesday (January 13) against the Grady Wildcats.



Obituary

Walter Coleman "Bus" Hubbard, III 1923-2003

Walter Coleman "Bus" Hubbard, III passed away December 30, 2003 from complications of Parkinson and lung diseases. He was born on January 10, 1923 in Lakewood, Ohio to Walter Coleman Hubbard, Jr. and Margorie Engle Hubbard, who preceded him in death along with stepfather Sam Haas and Stepmother Ruth Hubbard.

He graduated form Culver Military Academy in Culver, Indiana in 1940. He won the Cleveland Junior District Golf Association Championship 2 consecutive years. He attended the University of Virginia, where he qualified to play in the 45th NCAA Golf Championship hosted by the University of Notre Dame in South Bend, Indiana.

He transferred to the University of Texas, and shortly thereafter enlisted in the United States Army. He served in the 5th Army, 339th Combat Infantry Division in the Rome to Arno, and North Apennines Campaigns as a mortar crewman. Honorably discharged in 1945, he returned to the University of Texas, graduating in 1948 with a degree in Business Administration and was a member of Alpha Tau Omega fraternity.

He lived in Dallas briefly, representing Brook Hollow Country Club in state gold team competitions in his spare time.

He came to Midland jobless in 1950, and soon became Stanolind Oil Company. gratitude to Bernardo Myles Positions with Ralph Lowe, and Elaine Zickert of and DeChicas, and Black Comfort Keepers, and to the followed before he became dedicated staff of Floor 2 an independent Petroleum West at Midland Memorial Landman in 1958.

Bus' community involvement included former Senior Warden and Vestry member of the Episcopal Church of the Holy Trinity, board membership of the Museum of the Southwest, and memberships of the Petroleum Club and Midland Country Club.

In 1952, Bus married Jere Clayton, making a home together for almost 52 years.

Bus is survived by his wife; son Clayton and his wife Faye, of Corpus Christi, Texas; son Craig and his wife Katie, and their three children, Christopher, Patrick and Katharine, of Midland.

Other survivors include cousin Molly Mercer of Rocky River, Ohio; cousinin-law Winnifred Hubbard of Vero Beach, Florida; Her sister and brother-in-law Barbara and Rich Anderson of Gail, Texas and their family.

A memorial service was held at the Episcopal Church of Holy Trinity Friday, at 2:00 p.m. January 2, 2003. Arrangements are under the direction of Ellis Funeral Home, 801 Andrews Hwy. Midland.

pallbearers Honorary include Jim Millikin, Stan Bellows, Don Wambaugh, Chuck Swallow, Jack ' Swallow. Mark Bell, Bochy Crucs, Bill Kerr, Rich Anderson, Jack McMillan, Dr. Gregory Bartha, and William F. LeSourd.

Memorials may be made to Parkinson National Foundation Inc., P.O. Box 414157, Miami, FL. 33141, Hospice of Midland, P.O. Box 2621, Midland, Texas 79702 or charity of your choice.

The family wishes to Petroleum Landman with express its thanks and Hospital.

Statement of Rep. Charles Stenholm Regarding USDA Announcement of a Prohibition on the slaughter of nonambulatory animals for human food

continued wholesomeness.

all downer cattle from together. slaughter at federally slaughter of downed animals more, the offspring of that

"In general, I have been would remove any incentive pleased by recent USDA to bring downed cattle actions to further improve our presented for slaughter were already excellent systems for each examined for disease protecting the US beef supply (including BSE symptoms), form BSE. I am hopeful that thousands received additional most of the recently laboratory tests; and any that announced changes to USDA were sick or diseased were inspection procedures will automatically excluded from further enhance the safety of the human food supply. Now, our meat supply and be6tter all downed cattle will be assure consumers of its excluded from slaughter plants and will However, I am concerned presumably be excluded from that USDA's decision to ban examination and testing all

It seems apparent that if inspected processing facilities this ban or downer cattle had may actually make it more been in effect a few weeks difficult for the USDA to ago, we would have never identify other potential BSE identified BSE in this single cases. For years USDA food downed cow presented for safety experts have advised slaughter at a plant in that a blanket ban on the Washington State. Furthercow, and the 70+ animals shipped to the US from Canada with the one suspected cow, would consequently never have been targeted for BSE testing and potential removal from the human food

With that in mind, I eagerly await an explanation from USDA on how they intend to maintain the integrity of our BSE surveillance system if downed cattle are no longer brought to slaughter plants for examination and testing. In addition, if it is possible to maintain a robust BSE surveillance without the presence of downed cattle at slaughter plants, I am very eager to know why such a change wasn't suggested by USDA before now.'

Harvest Shows Eradication Working

As the cotton harvest wound up across the state, some Northern Rolling Plains growers were extolling the virtues of boll weevil eradication.

One grower recently sent Boll the Texas weevil Eradication Foundation a photograph he took on his father's farm near Childress.

"Here is personal proof of what Boll Weevil control can do. Never have we made such a beautiful crop with cotton to the very top," wrote Bryan Crook. "If we had this 20 years ago, I would still be on the farm full time."

The photo shows cottonharvesting equipment in the middle of a field of wall-towall cotton, Crook is employed by the Farm Service Agency.

Crook wrote that his father, Don Ray Crook, has never been more proud of a crop.

"In our part of the country, there really isn't an alternate crop to replace cotton as a cash crop. And we can produce cotton," Crook

added. "We just could not afford to put out all the chemical it was taking to beat back the boll weevils.

"...Because of what you do, many families may be able to keep their farms."

Crook wasn't' the only one singing the praises of eradication.

Don Rummel, who recently retired from Texas Cooperative Extension and Texas A&M, said that his nephew, Tony Cox, was able to produce three bales per acre on his cotton farm, located near Wellington.

"We absolutely never would have been able to do that if we'd had weevils," Rummel said.

Northern Rolling The Plains began eradication in 1999. That year, foundation pheromone traps captured more than a million weevils in just the diapause phase. Trapping that year began in August.

The following year, a full season's worth of trapping caught more than 3 million weevils. In 2003 only 80 weevils were captured all

The Texas Boll Weevil Eradication Foundation is a nonprofit, grower-initiated and funded organization dedicated to eliminating the cotton boll weevil from the state in the most costeffective and environmentally responsible manner possible.



Wedding Plans Announced



Dusty Parker & Rebekah Hensley

Mr. and Mrs. Randy Hensley of O'Donnell are pleased to announce the engagement and approaching marriage of their daughter, Rebekah, to Dusty Parker, son of Mr. and Mrs. James Parker of Uvalde, Texas.

The bride-elect is a May candidate for graduation from Covenant School of Nursing in Lubbock.

The prospective groom is a 2002 graduate of Southwest Texas State University in San Marcos, Texas where he received a Bachelor of Science degree in Agriculture. He is currently employed at Helena Chemical Company in Lames, where the couple plans to reside. The couple will exchange vows on May 1, 2004 at the First Baptist Church in Lamesa.

School Menu Week Of:

Jan. 12th – 16th, 2004

MONDAY: Corn dog, Macaroni & Cheese, Salad, Fruit & Milk. Breakfast: Pancakes, Fruit Juice and Milk.

TUESDAY: Chicken
Strips, Potatoes, Corn, Hot
Roll, Fruit & Milk.
Breakfast: Biscuits &
Gravy, Fruit Juice & Milk.

WEDNESDAY: Fajitas, Salad, Refried Beans, Fruit and Milk. **Breakfast:** Hot Pocket, Fruit Juice & Milk

THURSDAY: Grilled Cheese, Salad, Slice Apples W/peanut butter, Cookies, & Milk. **Breakfast:** Muffins, Fruit Juice, & Milk.

FRIDAY:

NO SCHOOL Stock Show Holiday



Everything about the Babe of Bethlehem amazes me.

No other person lived before he was born. But Jesus was the Son of God before he became the Son of Man, so that the sons of man may, by the grace of God, become sons of God.

No other person chose to be born without a father or chose his own mother. It was the only way in which the Holy One could take on a human body. That was the virgin birth.

The name Jesus means "God is My Savior." The title Christ signifies "King." Happy is the one who chooses Jesus to be his Savior and King.

Your Local Pastor
Is as near as your PHONE...

Bro. Randy Hardman Gail Baptist Church Call: 806/756-4363



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2004 Borden County Jr. Livestock Show

Thursday, January 15th STEER SHOW - 6:00 P.M.

Friday, January 16th
LAMB SHOW - 8:30 a.m.
GOAT SHOW - following
SWINE SHOW - following

Saturday, January 17th

Complimentary Ranch Breakfast 7:00 - 9:00 a.m.

AWARDS CEREMONY - 9:00 a.m.

PREMIUM SALE - 9:30 a.m.

Everyone is invited to attend the 2004 BCJLA Stock Show

Making the Grade!

Third Six Weeks Beta

Senior: Jami Gass and Menda James; Junior: Ashley James, Emily Mayes, Billy Roper and John Wilson; Sophomore: None; Freshman: Rebecca Dobyns, and Christina Soto; Eighth Grade: Rachel Wilson; Seventh Grade: Katherine Carols . Froman, and Hernandez; Sixth Grade: Chellsie Pigford, Lacey Roberts, Chelsea Stephens, and Raylea Underwood.

First Semester Beta

Senior: John Wilson; Junior: None: Sophomore: None; Freshman: Rebecca Dobyns; Eighth Grade: Rachel Wilson; Seventh Grade: Katherine Froman and Carlos Hernandez; Sixth Grade: Lacey Roberts and Chelsea Stephens.

Third Six Weeks Honor Roll

Senior: Clay John Anderson, Kyle Pinkerton and Shane Tarleton; Juniors: Garrett Chapman, Sophomore: Whitney Anderson, Trey Soto and Austin Tarleton;

Freshman: Clint Chapman, Rowdy Clary, Lacey Newton, Jake Payne, Taylor Peterson and Kalli Poole; Eighth Grade: Sharelle Gass, Chelsea Minnick, and Miller Valentine; Seventh Grade: None; Sixth Grade: Aaron James; D'Nae Johnson and Brendan Tarleton; Fifth Grade: Bailey Anderson, John Hensley, Kerriann Howard, Taylor Richey, Tony Soto, Krista Tarleton and Miles Valentine; Fourth Grade: Austin Fields, Chance Taylor and Austin Tyler; Third Grade: Celina Guerrero, Tanner Richey, Mathew Roberson, Riley

Smith, and Teryn Soto;

Second Grade: Taylor Gass,

Maeghan Herridge, Kalyn

Massingill and Branson

Smith.

First Semester Honor Roll

Senior: Kyle Pinkerton; Junior: Garrett Chapman Billy Roper; Sophomore: Whitney Anderson and Trey Soto; Freshman: Clint Chapman, Rowdy Clary and Christina Soto; Eighth Grade: None: Seventh Grade: None: Sixth Grade: Raylea Underwood; Grade: Anderson, Taylor Richey, Krista Tarleton and Miles Valentine; Fourth Grade: Austin Fields, and Chance Taylor; Third Grade: Celina Guerrero; Tanner Richey, Matthew Roberson; Riley Smith and Teryn Soto; Second Grade: Taylor Gass, Meghan Herridge and Kalyh Massingill

NOTICE OF APPLICATION

NOTICE IS HEREBY GIVEN that APACHE CORPORATION, 6120 S YALE SUITE 1500, TULSA OK 74136 4224 has made application for a spacing exception permit under the provisions of Railroad Commission Statewide Rule 37 (16 Tex. Admin, Code Section 3.37. Applicant seeks exception to distance between well to directional drill Well no. 1, W. Ed "RB" Murphy Lease, 1,588 Acres, Sec. 81, Bk. 25, H & TC RR Co. Survey, A-37, Von Roeder West (Clearfork) Field(s), Borden County, being 8 miles in a north direction of Vincent, Texas. The location of this well is as follows:

SL: 185' from the west line and 360' from the south line of lease.
185' from the west line and 360' from the south line of survey.

BHL: 1,350' from the west line and 660' from the south line of lease.
1,350' from the west line and 660' from the south line of survey.

Field rules for the Von Roeder West (Clearfork) field(s) are 660/1320, 80 acres.

This well is to be drilled to an approximate depth of 5,000 feet. PURSUANT TO THE TERMS of Rule 37 (h) (2) (A), this application may be granted administratively if no protest to the application is received. An affected person is entitled to protest this application. Affected persons include owners of record and the operator or lessees of record of adjacent tracts and tracts nearer to the proposed well than the minimum lease line spacing distance. If a hearing is called, the applicant has the burden to prove the need for an exception. A Protestant should be prepared to establish standing as an affected person, and to appear at the hearing either in person or by qualified representative and protest the application with cross-examination or presentation of a direct case. The rules of evidence are applicable in the hearing. If you have questions regarding this application, please contact the questions regarding the hearing procedure, please contact the Commission at (512)463-6899.

IF YOU WISH TO REQUEST A HEARING ON THIS APPLICATION, AN INTENT TO APPEAR IN PROTEST MUST BE <u>RECEIVED</u> IN THE RAILROAD COMMISSION'S AUSTIN OFFICE BY <u>January 22, 2004 at 5:00 p.m.</u> IF NO PROTEST IS RECEIVED WITHIN SUCH TIME, THE REQUESTED PERMIT

MAY BE GRANTED ADMINISTRATIVELY.

THIS NOTICE OF APPLICATION REQUIRES PUBLICATION

Texas Department of Health Offers Five Lifesavers for the New Year

It's that time of year when people make resolutions. You know the vows: clean out the garage, keep in better touch with friends and family, save money.

But there are some health and fitness resolutions that could save your life, according to Texas Commissioner of Health Eduardo Sanchez, M.D.

"If people would remember to do just five things, they could live longer, healthier lives," Sanchez said.

The five are:

- Eat smart;
- Get fit;
- Get shots;
- Get checkups screens; and
- Don't smoke

Each of these suggestions alone is good for anyone to consider, Sanchez said. But together they provide a solid plan to help a person get healthy and stay that way.

First, more than 60 percent of the people in Texas are overweight or obese. Preliminary analysis by the Texas Department of Health (TDH) suggests that overweight and obesity cost an estimated \$10.2 billion in 2001 in Texas.

Healthy benefits come, nutritionists say, if people eat five to nine servings of fruit and vegetables a day. Other good choices include eating whole grains; taking smaller portions; selecting lean meat, fish and poultry; and reducing or eliminating fat, fried foods, sugar and salt.

In addition to an improved immune system, people who eat smart may avoid or delay

high blood pressure, elevated cholesterol and triglycerides stroke.

Next, are you having trouble getting moving? You are not alone. Urban sprawl means more time in the car for many, and busy schedules make getting fit a challenge.

Think about ways you can start slowly and build your activity level. Just 30 minutes of moderate brisk exercise daily can strengthen you heart.

"Make it a family activity," Sanchez said. "Try fun runs, walks and other activities that can included family members of all ages."

Third, getting shots is something many adults don't think about; but pneumonia, one of the most serious infections for seniors, is easily prevented with a vaccine. While an influenza vaccine can't completely cover all strains circulating, it does provide protection, and is especially important for those at risk of serious complications or death.

"Check with your health care provider about what shots are recommended and when," Sanchez said. "Most adults should get vaccinated against pneumonia and flu, especially those over age 65."

Or when is the last time you had a tetanus shot? The advisory Committee on Immunization Practices recommends adults get a booster every 10 years.

Fourth on the list is getting checkups and screens. Many people don't' visit a doctor

problems such as diabetes, until a problem occurs. This procrastination can be deadly.

Pap smears, mammograms (fats in the blood) that can and colorectal exams can lead to heart disease and detect cancerous activity early when treatment is most effective. Tests triglyceride cholesterol, levels and blood pressure, along with a family history, can indicate if you are at risk for heart disease. People at risk of developing diabetes can prevent serious complications or death if the disease is diagnosed and managed.

> And finally, it's been repeated often; but, again, smoking is bad for your health. Tobacco use can lead to deadly diseases such as lung cancer, emphysema and stroke. When quitting, ask your doctor if nicotine replacement products are a good idea, get a friend to remind you of all the benefits of being smoke-free, and be patient - many people quit several times before they kick always the habit for good.

"Make2004 a year for positive behavioral change," Sanchez said. "You just may save your life."

Tips for Eating Smart

- Reduce portion size. If you eat out, order smaller portions or divide your entrée and take home.
- Drink fewer sodas. Over a year's time, one can of regular cola a day at 150 calories equals more than 15 pounds worth of calories.
- Write down what you eat. You may be surprised by the incidental calories - a bag of chips here, some candy there, really add

- Add fruit and vegetables. Substitute dried fruit for candy, add vegetables to . soups, pasta, stir-fry dishes or casseroles.
- Limit snack foods, foods high in fat or sugar and processed foods since they have more calories and fewer nutrients.

Tips for getting fit

- Take a step in the right direction. Walking 10,000 steps day (about five miles) helps to maintain a healthy weight. A pedometer will help you . determine your steps.
- Go it on foot. Take the stairs instead of elevators, park farther from your destination and walk Encourage your children to walk to school where feasible, walk or ride a bicycle for short trips instead of taking the car. It all adds up.
- Start small. Incorporate 10 minutes of exercise a day at first, then gradually build to half an

- hour a day to maintain weight or an hour a day to lose weight.
- The more television a child watches, the more likely he or she is to be obese. Consider activities as a family such as going to the zoo or park, playing catch or skating.

Tips for quitting smoking

- For some people drinking coffee, driving or watching TV triggers a desire to smoke. Identify triggers for smoking and avoid or modify behavior.
- Choose healthy alternatives such as drinking water, taking a walk, or going to the movies or a library where smoking is not allowed.
- Be patient, most people make several attempts before they are able to quit permanently.
- Seek out a supportive friend or family member or call the American Cancer Society's Quitline at 1-877-937-7848 for





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Give Your Lawn a Gift It This Winter

You even remembered Aunt Emma's pet terrier this holiday season. But did you remember your lawn? Although it may be winter, working with your lawn now will help it look fantastic come spring.

"A lot of people think there' snot much they can do in the winter with their lawn," said bobby Trevino, landscaping supervisor for Texas Woman's University. "But winter is really a good time of year to do any major landscaping.

"The ground is usually moist, so that gives the root system for new shrubs and trees a chance to really establish themselves. Winter also is a good time to prune many shr4ubs. You can do a lot of trimming and the shrubs will really come back nicely in the spring.

"Mid January is the best time to start working with rose gardens and pruning roses," Trevino added.

Continued lawn including maintenance, mowing, over the course of the winter helps ensure a healthy lawn in the spring. Using a mulching mower to work grass clippings and leaves into the sod means your lawn will have vital nutrients it needs during the winter. Mulching leaves also means no need to rake, bag and have bushels of organic material taken off to the landfill.

"I don't rake at all at home," Trevino said. "I mulch everything."

How frequently you mow in the winter will depend on

If you suspect a STROKE or HEART ATTACK Call the BORDEN CO. EMS 806/759-5111 **Immediately** DON'T HESITATE!

whether or not you overseeded your lawn. "A lot of people are over-seeding so their lawns look nice during the winter," Trevino said. "But if you over-seeded, you'll need to mow maybe twice a month."

And although evaporation from heat isn't a problem in the winter, lawns, shrubs, and trees still need to be watered. "Weather will determine how much watering you need to do, but plants still need moisture.'

Also, watering landscaping plants before a freeze can help protect the plants. A well-watered soil will absorb more solar energy during the dents were already feeling the day than dry soil. That heat will reradiate during the night, helping the plant

Vitamin C Makes Healthy, Healthier Hundreds Of Americans Put Vitamin C To The Test

(NAPS)-With the vast array of options available in today's vitamin and supplement market, it can be easy to lose sight of a good old stand-by like vitamin C. But some things should not be taken for granted. Just ask the folks in Mt. Healthy, Ohio.

The small midwestern town, located just outside of Cincinnati, perpetuates the true spirit of Americana with its annual town festivals and fairs, a "downtown" main street that stretches for a quarter-mile, and a police chief who knows everyone's name. What better place to re-evaluate the basics of sound nutrition and a unique form of vitamin C.

More than 400 residents agreed to supplement their regular diets twice daily for 50 days with 500 mg of Ester-C®, a patented form of vitamin C manufactured exclusively by Zila Nutraceuticals, Inc. The project began during a chilly winter season, with temperatures hovering in the single digits. Many resieffects of the freezing cold and persistent rain and snow.

After the trial, participants completed multiple questionnaires to assess their experience, which



found that Mt. Healthy was, in fact, healthier. At the end of the 50-day survey period, residents reported the following statistics:

- 74 percent reported no symptoms commonly associated with colds
- 62 percent reported feeling healthy and vital
- 43 percent reported an increased energy level
- 40 percent reported feeling more comfort when walking, running, sitting and standing "Since I began taking vitamin C

on a daily basis I have felt increased energy and greater overall strength. I walk to town every day, and it's a pleasure to see the

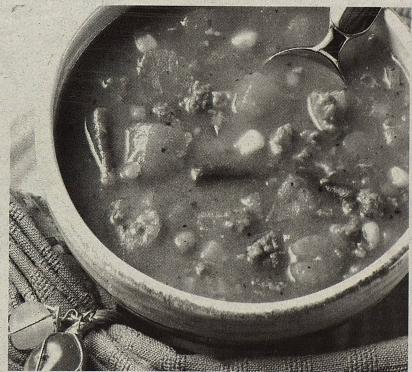
energy and enthusiasm in people around me too," said Police Chief Al Schaefer. "It has been great to have the town come together for this. And I have heard positive feedback from everyone, from the bakery owners to the day care ladies to the florist shop.'

Vitamin C is an essential nutrient that participates in over 300 biochemical reactions in the body. Boosting intake of this vitamin may have a powerful and positive effect on health and vitality. "The fact is, vitamin C is good for the whole body and many of the residents in Mt. Healthy have made it a part of their daily routine yearround," said Dr. Phil Brown, vitamin C expert.

For more information on the Mt. Healthy Ester-C* trial, visit www.mthealthystory.com or e-mail Dr. Phil Brown at pbrown@zila.com.



A Tasty Soup to Start Off the New Year



As a new year begins, we choose our foods more carefully than ever. Many of us resolve to "start over," eat healthy, or take off a few unwanted pounds. This year, make a New Year's resolution to set aside more time to cook healthful meals for your family, and then make Low-Fat Italian Vegetable-Beef Soup. In addition to wanting to eat healthier foods, we also want to eat foods that are easy and quick to prepare. This new recipe

passes the test with flying colors. This recipe is quick to prepare and low in calories, but high on flavor.

The culinary professionals at Pioneer Brand suggest you minimize your time in the kitchen by purchasing canned juice, canned already-diced tomatoes, and frozen mixed vegetables to simplify this recipe. The no-fat gravy mix provides the perfect base, while onion, celery, tomatoes and other mixed vegetables add great nutritional value and color. Serve this soup each time you want to have a satisfying meal that is rich in nutritional value but without the extra, unwanted

Low-Fat Italian Vegetable-Beef Soup

This healthy home-style beefy tomato soup will warm your body and soul.

- I large onion, finely chopped (about 2 cups)
- 2 cups thinly sliced celery
- 2 cloves garlic, minced
- I tablespoon olive oil 1 lb. 90% lean ground beef
- l can (46 oz.) tomato juice
- 2 cans (14.5 to 16 oz. each) diced
- tomatoes with basil and oregano
- I package (1 lb.) frozen mixed
- 1 tablespoon granulated sugar
- 2 teaspoons Italian seasoning 1 package (1.61 oz.) brown gravy
- mix (Pioneer Brand recommended) 1/2 cup cool water

In large saucepan or Dutch oven, cook and stir onion, celery and garlic in oil over medium heat until onion and celery are translucent. Add beef; cook and stir until browned. Stir in tomato juice, tomatoes, mixed vegetables, sugar and Italian seasoning; heat to a boil. Dissolve gravy mix in water; stir into boiling mixture until thickened. Reduce heat and simmer for 15 minutes. Makes 8 to 10 servings.

For more information visit the Pioneer Brand Web site at: www.pioneerbrand.com

Courthouse News

SPECIAL MEETING

WHEREAS, On this the 3rd Commissioners' Court of Borden County, Texas, convened in Special Session at the Courthouse in Gail, Texas, the following members of the Court being present, to-wit:

VAN L. YORK, County Judge, presiding; DOUG ISAACS, Commissioner, Prect. No. 1 JOE BELEW, Commissioner, Prect.

Commissioner Adcock, Pct. 2, Commissioner Reyes, Pct. 3and County Clerk, Joyce Herridge were absent, constituting a quorum, when the following proceedings were had, in accordance with the posted Gail, Texas, the following

WIND FARM TOUR

County Judge day of December, 2003,the Commissioners, along with Randy Sowell, representative of Cielo Wind Power, toured wind far located on Ralph Miller

No action was taken.

Regular Meeting

WHEREAS, On this the 22nd day of December, 2003, the Commissioners' Court of Borden County, Texas, convened in Special Session in the Commissioners Courtroom at the Courthouse in members of the Court being

present, to-wit:

VAN L. YORK, County Motion was seconded by Judge, Presiding; DOUG ISAACS, Commissioner, Prect. No. 1; RANDY ADCOCK, Commissioner, Prect. No. 2; ERNEST REYES, Prect. No. 3; JOE BELEW, Commissioner, Prect. No. 4; **JOYCE** HERRIDGE, County Clerk and Ex-Officio of the Commissioners Court

the following proceedings were had, in accordance with the posted agenda.

MINUTES APPROVED

sioners Court meeting of November 24, 2003 and minutes of December 3rd,

to approve said minutes. Commissioner Belew.

ACCOUNTS ALLOWED

The current accounts were examined and Commissioner Adcock made a motion to Commissioner, approve and pay said accounts. Commissioner Reyes seconded the motion. Motion carried.

REGULAR COURT DAY

Commissioner Belew made a motion to set the second constituting a quorum, when Monday of each month as the Regular Session for the Commissioners Court to convene for the year 2004. Motion was seconded by Minutes of the Commis- Commissioner Isaacs. Motion carried.

COUNTY HOLIDAYS

A motion was made by 2003 were read. Commis- Commissioner Adcock to set sioner Adcock made a motion the County Holidays for the

year 2004 as listed. Commissioner Reyes seconded the motion.

Borden County 2004 Holidays

2001	I O II Cate	
New Year's	Thurs	Jan. 1
Easter	Fri	April 9
Memorial Day	Mon	May 31
Indep. Day	Mon.	July 5
Labor Day	Mon.	Sept. 6
Thanksgiving	Nov. 25 & 26	
Christmas	Dec. 23	, 24 & 27th

DISCUSSION-ITEMS FOR FUTURE AGENDA

No new items presented.

ADJOURN

A motion was made by Commissioner Adcock to adjourn. Motion was seconded by Commissioner Belew and approved unanimously.

THE FOREGOING MINUTES READ AND APPROVED THIS 22nd day of December, 2003

