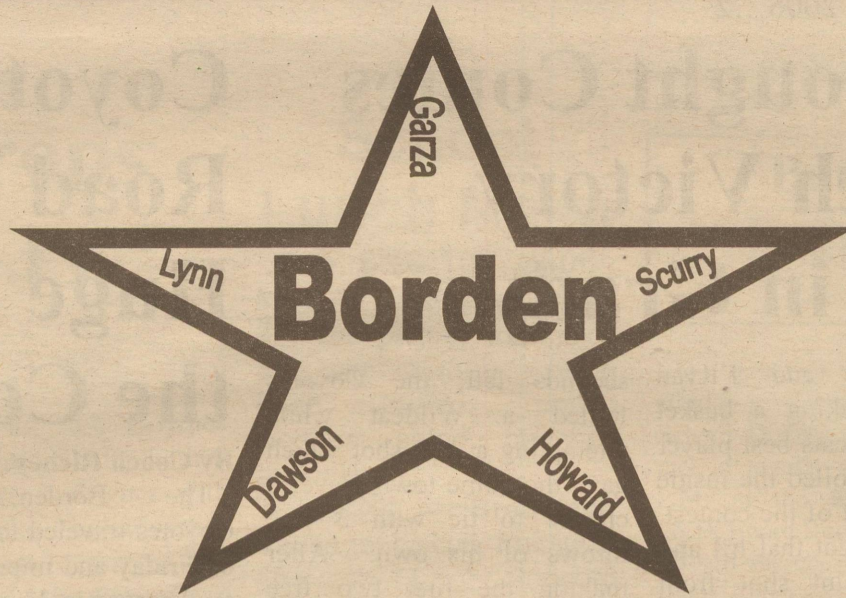


THE

Volume XXXII



STAR

February 1st, 2006

Serving the Counties of Borden, Dawson, Garza, Howard, Lynn & Scurry

Speaking of Success

Lamming Named VFW Contest State Finalist

This past weekend, Borden County High School senior Andrew Lamming received 5th place honors as a state finalist in the annual "Voice of Democracy" audio-essay scholarship contest.

The Veterans of Foreign Wars (VFW) sponsors the contest and honored the twenty-five congressional district winners at the organization's Mid-Winter Round-up in Austin.

Every year, VFW posts around the nation, in partnership with their Ladies Auxiliaries, sponsor the scholarship competition for high school students. The annual program, which is now in its 60th year, requires entrants (9-12th graders) to

write and record a three- to five-minute essay on an announced patriotic theme. This year's theme was "Demonstrating My Freedom."

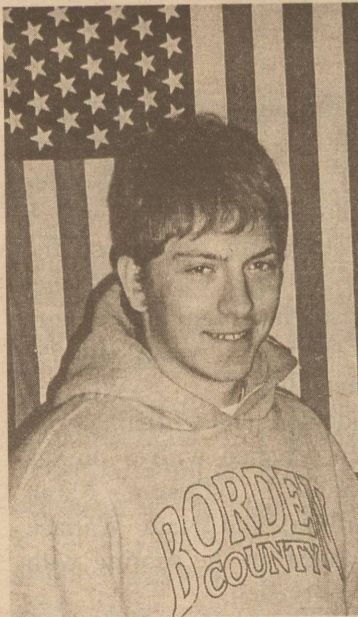
After submitting his entry in the fall, Lamming was named as the contest champion for both the local VFW Post #6797 in Post and of District 7, which received entries from most of the South Plains region.

The Borden County senior was notified in early December that he had also been named as one of the twenty-five state finalists. As a result, he received an invitation to spend this past weekend in Austin as an honored guest of the VFW.

Lamming was taken on several site-seeing tours in the Austin area by representatives of the VFW. The weekend was completed with a Saturday night awards banquet honoring the state finalists and ended with the naming of the state champion.

While Lamming did not win the state competition, he did receive a \$2000 college scholarship from the Texas Department of the VFW and several other smaller scholarships from the District 7 and Post contests.

Lamming is the son of Barbara Bush-Lamming of the Plains community. His essay accompanies this article. Congratulations, Andrew!



Andrew Lamming

"Demonstrating My Freedom"

By Andrew Lamming

It is 10:30 in the morning in Fallujah, Iraq. The dust settles from the activities of a long, arduous night. There is no movement in the streets or buildings around the square, and the lone, faint breath emitting from the rubble is from a little boy clutching an AK-47. He is crouching in a corner, staring in shell-shock, fearing that the same terrorists who took his

mother, father, and siblings will return to finish the job. He doesn't put his weapon down because it represents security. Just three hours earlier, he had used it to kill a man and save his own life. The men who pillaged his town and left so much devastation were looking for weaponry to confiscate for use against the Americans.

Cont. to pg. 7

New Election Equipment being viewed at Courthouse

By Joyce Herridge,
County/District Clerk

Borden County now has the new ES&S Automark machine for voting. All voters are invite to come by the Courthouse and view this machine during office hours [8:00 a.m. to 12:00 noon and 1:00 p.m. to 5:00 p.m.] on February 1st, 2nd, and 3rd, 2006. Demonstrations on how to use the machine will be given and any questions will be answered.

This Election equipment is designed to make it easier for handicapped voters to cast a secret ballot. The federal HAVA (Help America Vote Act) regulations must be in place by 2006. Plans are to use the new machines in the

upcoming Primary Election on March 7th, 2006.

The new machines will provide help for all voters with a physical disability, including those who are hearing impaired or blind. The ES&S Automark is a paper ballot machine.

The Clerks office has been closed on Monday and Tuesday this week for training from an ES&S representative. The Party Chairs and Election workers are also invited to join in on the training on Tuesday.

"We are looking forward to using these machines and hope you will come by for the viewing," says Clerk Joyce Herridge.

REMINDER: BURN BAN IN EFFECT!

All of Borden County is under a BURN BAN. All trash barrels must have an appropriate covering before burning. Please take *Special Precautions* with any Fire during this time for the Safety of You and Your Neighbors.



Drive Carefully:

Watch out for the Children!

Seven Year Drought Comes To an End With Victory Over Wildcats in Grady

By Coach Richey

The Borden County Coyotes, which have come to be known as the Road Warriors of late continued their success on the road with a come from behind victory in Lenora against the Grady Wildcats. The magnitude of the victory was huge in several areas. Most importantly, it put the Coyotes in good position to make the play-offs or at least in control of their own destiny. But, this also marked the first time in seven years that a Coyote basketball team has come into Grady and left with a victory on the varsity level.

Things did not start out well for the Coyotes as they could not manage much success from the field shooting the ball. In fact, if not for 2 big 3's by Austin Tarleton late in the quarter the Coyotes would have not scored at all in the 2nd quarter. Austin was the only Coyote to score in the first half. Thankfully the Coyotes played good enough defense in the first half to hold the home team Wildcats down and when the clanging of ball on rim ended in the first half the two teams were locked in 11 to 11 tie.

The 3rd quarter was a different game all together as both teams came out and scored quickly. But, the home team stayed hot as a quick 4 to 4 surge in the quarter quickly halted for the Coyotes and the Wildcats began on a 11 to 0 run to take a 26 to 15 lead midway through the 3rd. After a timeout, the Coyotes got a quick basket by Austin and then the press began to take control of the tempo of the game. Although the Coyotes did not make easy baskets off of the steals that were created, the momentum definitely swung in the process. The momentum swing was established with

this pressure and J'Ryan Gicklhorn making a basket over the Wildcats best player that had controlled the inside game for most of the contest. The Coyotes got that lift and then a 3 point shot from Aaron Pigford and a big basket by Trey Soto to cap off a 7 to 0 run to end the 3rd period.

Heading into the final quarter, the Wildcats had a 26 to 22 lead over the Coyotes. A quick steal and lay-up by Aaron followed by a fantastic post move by Austin over the Wildcats 6'5" post player and the free throw made after the foul he committed for a 3-pt play gave the Coyotes their second lead of the contest at 27 to 26. The Coyotes would never trail again in this game, but there was constant doubt throughout. Austin hit a 3 to give the Coyotes their biggest lead of 6 points, but the scrappy Wildcats refused to let us get away. The Coyotes missed some big free throws down the stretch and committed some costly turnovers. In fact, after missing 2 free throws with a 3-pt lead and only a few

seconds left, the Coyotes fouled a Wildcat while attempting a 3-pt shot which gave the home town player a chance to tie with 3 free throws of his own. After making the first two free throws, a Coyote timeout must have iced the young man as he missed and Aaron grabbed the rebound. Aaron was quickly fouled and with 5 seconds remaining Aaron had two free throws of his own. Aaron unfortunately missed both free throws, but a heady play by Aaron after getting the rebound on his missed second free throw gave him another chance with 4 seconds to go. This time, Aaron calmly hit both free throws and sealed the 42 to 39 victory for the Coyotes.

Scoring for the Coyotes in this exciting contest was Austin with 23 points, Aaron 7 points, Matthew Tatum and Trey Soto added 4 points each and J'Ryan and Jacob Froman had 2 each. Also playing some very big minutes was Clint Chapman, Michael Bullinger and Andrew Lamming.

Lady Coyotes give Chase to Wildcats

By Coach Turner

It was a tale of two halves in Grady, Friday night as the Lady Coyotes lost to the Wildcats by the score of 64-30. The Lady Coyotes played well early in the game and only trailed 15-8 after one quarter. Both Whitney Anderson and Baylee Benavidez hit three pointers early in the game to the offense going. Christina Soto hit a big three late in the second to send the Lady Coyotes to the dressing room only down by 9 points, 31-

22. Unfortunately the shooting well ran dry in the second half as the Lady Coyotes could only come up with 8 points worth of offense the rest of the way. Rachel Wilson had high point honors for BC with 9 points. Baylee Benavidez, Whitney Anderson, and Christina Soto each finished with 5 points. Sharelle Gass, Sarah Harding, and Kate Wallace wrapped up the scoring with 2 points each.

Coyotes Continue Road Ways with a Huge Victory over the Cougars

By Coach Richey

The Borden County Coyotes traveled to Klondike on Friday and improved their road record to 11 wins and 3 loses on the season with a very comfortable 77 to 22 victory over the struggling cougars. The Coyotes wasted little time in establishing the tone for this contest as they jumped out to a very early 23 to 3 lead in the first quarter.

The 2nd quarter was not as effective for the Coyotes as they committed several fouls and allowed the Cougars to play the Coyotes close in the quarter, but in spite of the sluggish play in the 2nd quarter, the Coyotes headed to the locker rooms with a 38 to 12 lead.

The 3rd quarter witnessed the Coyotes come out and establish the inside play of Matthew Tatum, Austin Tarleton, Jacob Froman and J'Ryan Gicklhorn. These four post players combined for 22 of the Coyotes 24 points in the quarter. The other basket was a great

anticipation and steal by Aaron Pigford for a lay-up. The Coyotes continued their dominance in the 4th quarter which resulted in a very easy yet very satisfying victory for the surging Coyotes. With the victory, the Coyotes guaranteed a 4th consecutive winning season, and the Senior class became only the 2nd class in over 50 years to have a winning season in all 4 years of high school play.

Scoring for the Coyotes in this contest was Austin Tarleton leading the way with 28 points, Jacob Froman added 19 points, Matthew Tatum had 14 points, Aaron Pigford had 8 points, Clint Chapman added 4 points and J'Ryan Gicklhorn and Michael Bullinger each scored 2 points.

Also playing and contributing was Quentin Shafer and Trey Soto. The Coyotes next host Dawson before traveling to Garden City for a huge match against the district leaders.

Missy Coyotes get big Victory over Bearcats

By Coach Turner

The Garden City Bearcats came to Gail last Monday night with an undefeated record, but they didn't leave that way as the Borden Missy Coyotes got their biggest win of the season 35-24.

The Missy Coyotes led 7-6 after the first quarter then went on an 11-2 run to take

an 18-8 halftime lead. Taylor Richey had another big offensive game with 20 points. Olivia Key scored 12 while Rachael Payne finished with 2. D'Nae Johnson did a tremendous job from her point guard position and wrapped up the scoring with a free throw. BC improved to 11-3 on the season.

This is the real secret of life—to be completely engaged with what you are doing in the here and now. And instead of calling it work, realize it is play.

—Alan Watts

Borden JV Drops One to Sands JV

By Coach Avery

The Borden Coyote JV boys traveled to Ackerly last Friday night in JV boys basketball action and lost to the Mustangs 27 to 39. The Coyotes fell behind early to the Mustangs and never could really recover. The only quarter that we won was the fourth quarter as the Coyotes outscored the Mustangs 11 to 3. It was too little too late as

the Mustangs already had a 20 point lead.

Scoring for the Coyotes were: Quentin Shafer with 9 points, Dore Rodriguez with 8 points, Jake Cooley with 5 points, Tyrell Massingill had 3 points and John Cowart had 2 points. Symeron Rinehart and Carlos Hernandez played valiantly in the game but did not score.

Coyote JV Defeats Wildcat

By Coach Avery

The Borden Coyote JV basketball team defeated the Grady Wildcat JV team last Tuesday in Grady by a score of 39 to 36. The Coyotes led 8 to 2 after the first period, we led at the half 13 to 10, but fell behind by the end of the third period 24 to 28. The Coyotes outscored the wildcats in the final period 15 to 8 to win the game.

scorers with 16 points, Quentin Shafer had 9 points, John Cowart had 7 points, Tyrell Massingill, Jake Cooley and Dore Rodriguez had two points each. Symeron Rinehart and Carlos Hernandez also played well in the contest.

These guys are gaining valuable playing experience and some of them will become varsity players in the near future

Scholarships Available From Poka Lambro

Poka Lambro telephone Cooperative, Inc. is now accepting applications for three \$2,500 scholarships to be awarded in March of this year. Entry deadline is March 10, 2006.

The son or daughter of any member of Poka Lambro Telephone Cooperative, Inc. graduating from an area high school is eligible to apply. Scholarship recipients are selected based on academic achievement, involvement in

extra-curricular activities and financial need.

Applications have been sent to area high schools and may also be obtained by contacting Poka Lambro or visiting Poka Lambro's web site at www.poka.com. Scholarship presentations will be made at Poka Lambro's Annual Membership Meeting in March. For additional information, please contact Amy Preston at 1-800-422-2387.

Subscribe to the Borden Star
"Your" Hometown Newspaper
Only \$12.00 yearly 806/756-4313 ext. 275
PO Box 137 - Gail, Texas 79738

School Lunch Menu

Feb. 6th - 10th, 2006

MONDAY - Breakfast:

Toaster pastry, fruit juice and milk. **Lunch:** Beef & bean burrito, potato wedges, salad, peaches and milk.

TUESDAY - Breakfast: Sausage, biscuit, fruit juice and milk; **Lunch:** Popcorn chicken, potatoes, corn, hot rolls, apple slices and milk.

WED. - Breakfast: Pancakes, fruit juice and milk. **Lunch:** Fajitas, salad, pinto beans, jell-o w/fruit and milk.

THURSDAY - Breakfast: Cereal & toast, fruit juice and milk. **Lunch:** Meat & gravy, potatoes, green beans, salad, cobbler and milk.

FRIDAY - Breakfast: Biscuit w/gravy, sausage, fruit juice and milk. **Lunch:** Hot dog w/chili, chips, salad, fruit, yellow cake w/frosting and milk.

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Windbreak Trees

Live Oak

The live oak is a tree with a wide-spreading crown and gnarled branches which are often covered with Spanish moss. Live oak, as the name implies, is evergreen and also is long-lived. Live oak leaves are quite small (2 to 5 inches long), oval with rounded ends, and have margins that are mostly smooth but may be slightly toothed. Live oak acorns are a dependable and highly desirable food for a wide variety of wildlife. The dark brown to nearly black acorn is 3/4 to 1 inch long and is usually attached on long stalks in clusters of three to five. The cup, which is scaly, encloses about a third of the

Borden County I.S.D. Regular Board Meeting

January 16, 2006

The Board of Trustees of the Borden County Independent School District of Gail, Texas met in regular session at 7:00 P.M. in the Borden County I.S.D. Board Room.

Board members present were John Anderson, Joel Dennis, Joe Harding, Randy Hensley, Carol Lewis and Mike Valentine. Principal Bart McMeans, Superintendent Jimmy Thomas, and School Auditor Dale Newberry were also present.

Dennis Poole was absent.

1. The meeting was called to order by John Anderson.
2. There was no community input.
3. Mr. Dale Newberry presented the 2004-2005 Borden County I.S.D. School Audit and reported there were no negative findings. A motion was made by Randy Hensley and seconded by Joe Harding to approve the Borden County I.S.D. Audit for the 2004-2005 school year. The motion carried unanimously.
4. A motion was made by Joel Dennis and seconded by Carol Lewis to approve the minutes of the December 12, 2005, meeting. The motion carried unanimously.
5. A motion was made by Mike Valentine and seconded by Joel Dennis to approve the January 2006 bills. The motion carried unanimously.
6. A motion was made by Joel Dennis and seconded by Mike Valentine to increase the salary of Jimmy Thomas by \$1,493.60 and to extend his contract by one year through June 30, 2009. Voting For: John Anderson, Joel Dennis, Joe Harding, Randy Hensley, and Mike Valentine. Voting Against: Carol Lewis.

fruit, tapering rapidly to the stem. The bark on the trunk and large branches is dark brown tinged with red and is slightly furrowed. The tree seldom grows to more than 50 feet in height, but it may have a crown span of 100 feet or more. Open-grown trees may have trunk diameters of 6 to 7 feet. Live oak wood is dry and very difficult to saw.

7. A motion was made by Mike Valentine and seconded by Carol Lewis to approve Policy Update 77 and to add, revise, or delete local policies as recommended by TASB Policy Service and according to the instruction sheet for TASB Localized Policy Manual Update 77. The motion carried unanimously.

8. A motion was made by Randy Hensley and seconded by Mike Valentine to approve a cooperative agreement with Borden County to divide the cost equally to remove trace amounts of arsenic from the water supply as required by Federal Regulations. The motion carried unanimously.

9. A motion was made by Carol Lewis and seconded by Joel Dennis to amend the 2005-2006 Borden County I.S.D. Budget. The motion carried unanimously.

10. A motion was made by Joel Dennis and seconded by Joe Harding to set the time of the February 20, 2006, school board meeting for 7:00 P.M. The motion carried unanimously.

11. Jimmy Thomas gave a year to date financial report, a personnel report, a 3rd six weeks and semester failure and honor roll report, a construction report, and reported that 153 students were currently enrolled in the Borden County School. A motion was made by Joel Dennis and seconded by Randy Hensley to approve the superintendent's report. The motion carried unanimously.

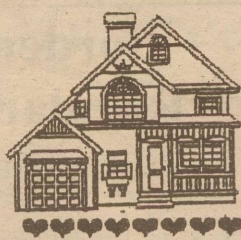
12. A motion was made by Carol Lewis and seconded by Joel Dennis to adjourn the meeting. The motion carried unanimously.

It was once prized for blocks and ribs on sailing ships, and it is now one of the most desirable trees for roadside and ornamental planting.

This is only one of the many trees available through the Upper Colorado SWCD. For further information or to place an order, come by 5309 Big Spring Highway or call (325) 573-6317, ext. 102.

Heart and home...

By Julie D. Smith
Borden County Extension Agent
Family and Consumer Sciences



Extension programs serve people of all ages regardless of socioeconomic level, race, color, sex, religion, disability, or national origin. The Texas A&M University System, U.S. Department of Agriculture, and the County Commissioners Courts of Texas Cooperating

Borden County Senior Citizen Group

The next meeting will be on Monday, February 6 in the Community Room. This will be a pot luck supper (bring your favorite dish to share) that will begin at 6:00 p.m. We will enjoy our meal and fellowship first, followed by a brief program by the Area Agency on Aging. They will be sponsoring a special program on Caregiving and updates on the Medicare Part D program. Following the AAA program, we will enjoy games and more fellowship!

Please keep in mind that there are many possible opportunities this group can provide, including wonderful fellowship, fun games and

Women and Heart Disease

February 3rd is Wear Red Day

Go Red For Women is a nationwide movement to empower women to love—and save—their hearts through lifestyle choices and actions. By joining together with hundreds of other companies and organizations across America on National Wear Red Day, you'll help the American Heart Association support the ongoing research and education about women and heart disease.

National Wear Red Day for Women, February 3, 2006, has its own dress code. On this day, you're free to Go Red in your own fashion. Wear your favorite red clothes or accessory—a red blouse, a red dress pin, red lipstick—carry a fabulous red handbag or sport a red tie and red socks ... and show some heart for heart disease prevention.

Too few people realize that heart disease is the No. 1 killer of women—and of

activities, great learning experiences, a chance to have your blood pressure and blood glucose checked, and even a possibility of group outings. We invite you to participate in the second Borden County Senior

Citizen Group Evening. If you have any questions or suggestions, please feel free to contact Julie Smith at (806)756-4336. Also, if you need transportation to and from the Community Building, please contact us to make arrangements. We look forward to a great new opportunity for our friends in Borden County!

men—but the good news is that heart disease can largely be prevented. Spreading the Go Red For Women message—Love your heart—raises awareness of heart disease and empowers women to reduce their risk. And as you encourage everyone in your organization to wear red on Wear Red Day, you'll be sharing with them the tools and information they need to protect themselves and their loved ones.

Heart disease is an equal opportunity affliction. It does not discriminate on the basis of sex. Many women hold on to the myth that only men are at a high risk of dying from heart disease. Most women, in fact, believe they are more likely to die from breast cancer than heart disease. The reality is that heart disease is the number one cause of death and illness for American women.

The American Heart

Association recently released a survey with disturbing results: Only 8 percent of women know the facts about heart disease. That means that 92 percent of women do not know all they could to help protect themselves against the number one killer.

Cardiovascular Disease: A disease of the heart or blood vessels. Cardiovascular diseases include heart, disease, heart attack, stroke, and atherosclerosis.

Getting the Facts

Though numbers aren't always the best way to get a person's attention, here are some astounding ones that may help you to dispel myths and get the word out about women and heart disease:

- * One in ten American women aged 45 to 64 years has some form of heart disease.

- * One in four women aged 65 and over has some form of heart disease.

- * In 1996, about 19,600 women under age 65 died of coronary heart disease; 35 percent of them were under age 55.

- * Each year about 250,000 American women die of coronary heart disease, the main form of heart disease.

- * Each year, approximately 90,000 women die of stroke.

- * In 1996, all cardiovascular diseases combined claimed the lives of more than 505,930 American women. In the same year, 453,297 men died of these diseases.

- * Statistics on cancer for 1996, by comparison, show 43,091 women died of breast cancer and 61,741 women died from lung cancer. All forms of cancer combined claimed the lives of 257,635 women.

- * Forty-two percent of women who have heart attacks die within one year compared to 24 percent of men.

- * During the first six years after a heart attack, the rate of having a second attack is 33 percent for women compared

Obituary

Maxine Anderson 1921-2006

Maxine Anderson, 84, of Big Spring died Thursday, Jan. 12, 2006, at Lamun-Lusk-Sanchez Texas State Veterans Home. Funeral services were held at 2 p.m. Monday, Jan. 16, 2006, at Myers & Smith Chapel with the Rev. J.B. Shewmake, pastor of the Travis Baptist Church in Midland, officiating. Burial was held at Mount Olive Memorial Park.

She was born Jan. 21, 1921, in Ardmore, Okla., to Bonnie and John McGee. She came to Big Spring in 1928 and graduated from Big Spring High School in 1940. Maxine married J.V. Anderson Jan. 18, 1941.

The Andersons owned several businesses in Big Spring through the years, including The Chicken Shack, The Crystal Café and Anderson Floral. The Andersons lived in Alamogordo, N.M., from 1955 until 1962.

During that time, she was the C.F.O. at the Base Exchange of Holliman Air Force Base. After retiring from Anderson Floral in 1978, they moved to Lake Thomas, until returning to Big Spring in 1991. During

that time, Maxine worked for the Borden County Independent School District. She was a member of the Church of Christ.

Maxine is survived by her husband, J.V. Anderson of Big Spring; one son, Jimmy Anderson of Big Spring; and one daughter, Judy Morrow and her husband Milton of Levelland; one brother, Johnny McGee of Camarillo, Calif.; three grandchildren, Penni Kothmann of Big Spring, Suzette Huerta of Lubbock and Cory Anderson of La Porte; and nine great-grandchildren. And a very special friend, Cecilia Mier of Big Spring.

In addition to her parents, Maxine was preceded in death by one granddaughter, Cecyle Marrow Newsom, one brother and five sisters.

Pallbearers were Wayne Wallace, Charles Peugh, Fern Cox, Steve Stephens, Lonnie Anderson and Bill Bodine.

Honorary pallbearers were her great-grandsons Logan Newsom, Conner Newsom, Cooper Newsom, Anthony Huerta, Kadden Kothmann, Jack Anderson and Chase Anderson.

The family suggests memorials to their favorite charity.

with 21 percent for men.

* Coronary heart disease is the single largest killer of American women.

What are Cardiovascular Diseases?

Cardiovascular diseases are diseases of the heart and blood vessel system, such as coronary heart disease, heart attack, high blood pressure, stroke, and angina (chest pain).

What is Coronary Heart Disease?

The heart pumps blood through a complex network

of arteries and veins to all vital organs of the body. Thus, it is essential that your heart, arteries, and veins stay in good condition. Arteries supply blood to different parts of the body and are named accordingly; those supplying the heart are called coronary arteries. When the coronary arteries are negatively affected, the result is coronary heart disease.

Coronary heart disease results when the inside of the coronary artery walls become narrowed with fatty deposits.

Cont to pg. 7

100th School Day Celebrated

The long awaited day arrived, and Kindergarten and First Grade were ready. They brought a collection of 100 things, and the expectation of having a great day. IT WAS THE 100TH DAY OF SCHOOL!

The day began with something out of the ordinary – breakfast in the classroom!

The students showed off their 100 collections. There were quite a few different ones such as pennies, candy, crayons, stickers, pencils, rocks, cards, beans, macaroni, beads, and bubble gum.

In the category of most useful, pennies brought by Veronica Hernandez, Jaden Benevidez, and Avery Price were chosen. The most colorful category was won by Madison Benavidez – crayons, and Julia McAuley's – beads. In the heaviest category Hayley Gray won with her pencil collection. The largest size collection was brought by Caelan Thuett who brought his Star Wars card collection. The smallest 100 collection was brought by Dylan Murphy – 100 tiny rocks from the playground. This collection was discovered in his shoes at the end of recess. The tastiest category has several winners: Bryce Turner – bubble gum, Morgan Wilson – Smarties and Trace Richey – marshmallows. Brian Torres' collection of macaroni was

the most practical. Finally, in the creative category Nicholas Proulx brought dyed blue lima beans and TJ Doyle brought a sticker book he had made. Kindergarten and the First grade were deputized for the day with Tanner Freeman's collection of sheriff badges.

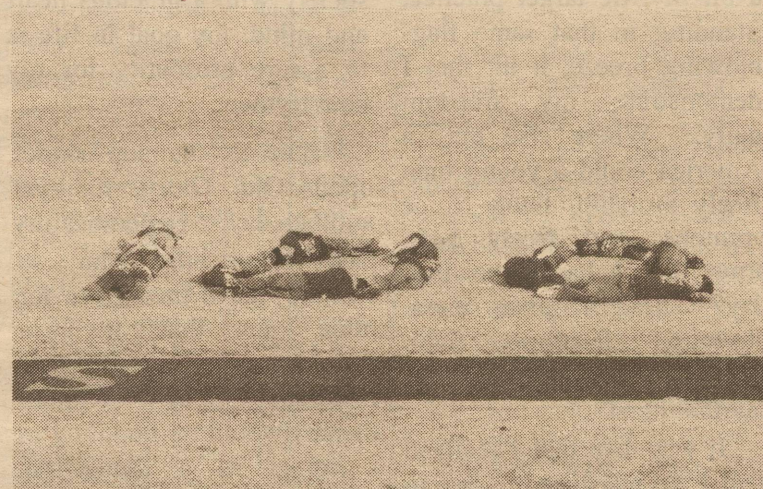
It was a sea of purple in the cafeteria when the two classes arrived wearing their purple t-shirts announcing the 100th day of school.

Later that afternoon the group went to the gym where they did 100 physical activities led by senior, Austin Tarleton. After snacks the celebration continued outdoors where they released helium balloons with messages attached. The balloons quickly floated toward Post. Afterward, the group headed to the football field where they were strategically placed to form the number 100.

Other activities dealing with the 100th Day celebration math facts, counting, an activity book, and an art project.



Kindergarten & First Grade students: Front row (L. to R) Hayley Gray, Madison Benavidez, Dylan Murphy, Veronica Hernandez and Julia McAuley. Middle row: Tanner Freeman, Avery Price, TJ Doyle, Jaden Benavidez, Morgan Wilson and Nicholas Proulx. Top row: Brian Torres, Caelan Thuett, Bryce Turner and Trace Richey

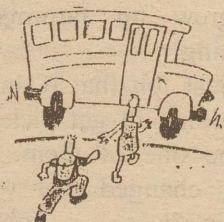


Making the # 100 with the students



Letting the Balloons fly away with messages inside:

**Drive Carefully
Watch out for the
Children!**



Loading & Unloading

Success is to be measured not so much by the position that one has reached in life as by the obstacles which he has overcome while trying to succeed.
—Booker T. Washington

**In case of an Emergency - - -
Remember to call the
Borden County EMS
806/759-5111**

POLITICAL CALENDAR

DEMOCRATIC PARTY

**Borden County Judge
Van L. York**

Paid Political Advertising
by Van L. York

**Borden
District/County Clerk
Joyce Herridge**

Paid Political Advertising
by Joyce Herridge

**Borden County
Justice of the Peace
Jane Jones**

Paid Political Advertising
by Jane Jones

**Borden County
Treasurer
Kenneth Bennett**

Paid Political Advertising
by Kenneth Bennett

**County Commissioner
Precinct No. 2
Randy Adcock**

Paid Political Advertising
by Randy Adcock

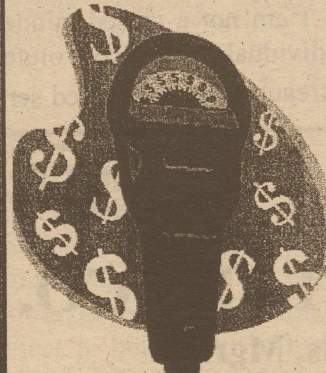
**County Commissioner
Precinct No. 4
Joe Belew**

Paid Political Advertising
By Joe Belew

Calendar for Upcoming Primary Election

| | |
|---------------------------------|---|
| February 6th | Last Day to Register to Vote |
| February 20th | Early Voting by Personal Appearance Begins |
| February 28th | Last Day to Receive Applications for Ballot by Mail |
| March 3rd | Last Day to Vote Early in Person |
| March 7th | PRIMARY ELECTION |

Park Your Money Here!



There's no better spot for your money than State National Bank!

We offer a variety of options to meet your current and future financial needs. Stop by today and see how we can help.



State National Bank

Big Spring Lamesa O'Donnell



“Demonstrating My Freedom”

By Andrew Lamming

Cont. from pg. 1

The terrified child looks down at his rifle and asks it, “Would I be alive if it weren’t for you?”

On the other side of the globe, a teenaged young man slinks through the underbrush as quietly as he can. He is on the track of the biggest buck deer he has ever seen. In his hands is a brand new MINI-14 Ranch Rifle and at his side is a 22-Bearcat pistol. He hikes into a clearing when all of the sudden, there is the buck. His pulsating heart becomes audible as he takes his gun off safety and readies to fire. The shot resounds through the thicket as the buck drops dead. When he regains his composure from his immense joy, he looks down at his rifle and thinks: “What would I have done without you?”

These two scenarios present contrasting views of freedom. The impoverished refugee was *ensuring* his freedom while the young hunter was simply *enjoying* his. In both situations, freedom was displayed.

As Americans, freedom is natural. Living free is an instinct for humans, yet we Americans tend to cheapen its value. Our apathetic nature causes us to take our freedom for granted and to ignore its cost. When we nonchalantly recite the Pledge of Allegiance or drone out the National Anthem, we mock the freedoms which did not come free. Its immeasurable cost was and is paid for through the sacrificial giving of life by soldiers past and present.

On a recent Sunday

morning drive to church, I caught myself staring at an American flag, shining brilliantly against the majestic sunrise as it waved in the breeze in front of our post office. The sermon that day was insightful; my preacher made references concerning how catastrophic disasters like the unfortunate hurricanes that have battered our coastlines can turn people back to God. My mother and I debated the topic on our meandering drive home. After eating lunch, my brother and I traversed to a pond near our house and did a bit of rifle target practice. Standing in that same flag-blowing breeze, it hit me: I demonstrate my freedom daily. Where else but in America could a young man freely worship, freely voice opinions, and freely bear arms like I had done that day? Had I taken these obvious freedoms for granted? I am ashamed to say that I had.

It was then that I realized that I am privileged to live in a country with a democratic legacy of liberty. As citizens we are allowed to vote, thus having a say in the direction our government takes. We freely elect local, state, and federal officials and charge them to care for our welfare. In doing so, we demonstrate our freedom to think differently from others. Only in America am I truly allowed to experience such liberty, regardless of my political viewpoints.

I am not a closed-minded individual, convoluted

morning drive to church, I caught myself staring at an American flag, shining brilliantly against the majestic sunrise as it waved in the breeze in front of our post office. The sermon that day was insightful; my preacher made references concerning how catastrophic disasters like the unfortunate hurricanes that have battered our coastlines can turn people back to God. My mother and I debated the topic on our meandering drive home. After eating lunch, my brother and I traversed to a pond near our house and did a bit of rifle target practice. Standing in that same flag-blowing breeze, it hit me: I demonstrate my freedom daily. Where else but in America could a young man freely worship, freely voice opinions, and freely bear arms like I had done that day? Had I taken these obvious freedoms for granted? I am ashamed to say that I had.

Not only will I vote, but I will also serve my fellow Americans. I do have a purpose in life – to serve others, just as those who have served me. Whether through public office, military duty, or simply working to better society with a gracious heart and mind, my goal in life is to assure prosperity for my countrymen.

Thus, as the sun shines upon Old Glory for yet another day, I remember my past Americans who so willingly gave their lives for mine so that I can demonstrate my basic freedoms today. Without them, I would be huddling in a corner as a family-less third-world refugee, clinging to a rifle in constant fear of an unknown tomorrow.

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LEGAL NOTICE

Borden County Commissioners’ Court will consider bids for the purchase of two Pickups to be used by Borden County Precinct 2 & 4. Bids will be received until 10:00 a.m., February 13, 2006 in the Commissioners’ Courtroom at the Borden County Courthouse in Gail, Texas.

Specifications may be obtained at the offices of the County Judge or Commissioner, Randy Adcock, 806/756-4378 or Commissioner, Joe Belew, 325/573-7718.

BY ORDER OF THE BORDEN COUNTY COMMISSIONERS’ COURT
Van L. York,
County Judge
Borden County



Texas Stories

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The US Navy’s Biggest Loss at Sea

Japanese torpedoes hit the USS Indianapolis on July 30, 1945. It was the last ship sunk in World War Two. L.D. Cox of Comanche was on that ship.

“We sank in twelve minutes,” he said. “That ship was 610 feet long. Two football fields long. You could see in the moonlight sailors jumping and you could see the propeller still turning. And that ship was going straight down.”

L.D. says the ship had just delivered the atomic bomb to the base at Tinian. It was to be used on Hiroshima within a few days. The captain of the Indianapolis had ordered a lessening of security and ended the zigzag pattern the ship had been taking.

“They estimated 300 men went down with the ship. We carried right at 1,200 men. That left about 900 men to be in the water. I never saw a life raft or a boat.”

Problems were just beginning for the men in the water.

“From the very first morning, sharks began to circle. You could see fins all over the place. The water was clear and you could see down 20 feet. Those shards would swim around and around and they’d roll their old eyed,

then like lightning they’d come up, grab a sailor and take him down.”

They were on the equator and temperatures went to extremes.

During the day it would get so hot it would just fry you. You’d pray for darkness then darkness would come and you’d get cold. You’d shiver and shiver. Then you’d pray for daylight so it’d warm up.”

They were in the water four and half days and five nights floating in life preservers.

“It was easier to die than to live. Every day more men went out of their heads. Some would die of exposure. One day a shark came up and took a guy within three feet of me and just covered me up with water. We lost 880 men. Only 317 survived. It’s the Navy’s greatest sea disaster.”

On the 5th day an American plan flew over.

“There was a guy waving from the door of that airplane. That was the happiest day of my life. My hair stood straight up. Chills came over me and tears ran down my face. We knew we had been found.”

I asked L.D. what kept him going. He said he was in good shape physically, since he grew up farming and ranching.

“I just felt that if anybody was doing to get picked up, I’d be one of them. I just never changed that way of thinking.”

One of the rescuers tossed one of the survivors’ life preserver into the water. It sank. “I think we were holding them up,” says L.D. A few books and at least one movie have documented the USS Indianapolis incident.



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February 3rd is Wear Red Day *Heart & Home*

Cont. from pg. 4

This narrowing reduces blood-flow to the heart and increases chances of a blood clot blocking the artery, preventing oxygen and nutrients from getting to the heart, resulting in a heart attack.

Common Symptoms

As coronary arteries become narrowed, common symptoms people often experience include:

* Chest pain or tightness, known as angina. This pain may spread to the left shoulder or arm, or to the neck and jaw.

* Uncomfortable pressure, fullness, squeezing, or pain in the center of the chest that lasts more than a few minutes or goes away and comes back.

* Chest discomfort with lightheadedness, fainting, sweating, nausea, or shortness of breath.

Unfortunately, until recently, women have been excluded from research studies on heart disease. Thus, doctors and researchers are not certain whether heart disease develops the same way, has the same symptoms, or responds to treatment the same way as in men.

Some symptoms found to be common among women thus far include the follow-

ing:

- * Strange pain in the chest, shoulder, shoulder blade, abdomen, or jaw.

- * Nausea or dizziness.
- * Shortness of breath and difficulty breathing.
- * Unexplained anxiety, weakness, or fatigue.
- * Palpitations, cold sweat, or paleness.

Women's symptoms may be different because:

- * Women's hearts are smaller.
- * Women's blood vessels are smaller.
- * Women's nervous systems and pain awareness' are different.

A woman's best strategy is to:

- * take heart disease seriously
- * don't underestimate the importance of preventing risk factors within your control
- * insist your doctor look for signs of heart disease should recurrent chest pain occur.

Who Gets Cardiovascular Disease? (Risk Factors)

Some women have more risk factors for cardiovascular diseases than others. Risk factors are traits or habits that make a person more likely to develop a disease. Although some risk factors for cardio-

vascular disease cannot be changed, many risk factors are wholly changeable or controllable.

Unchangeable Risk Factors

- * Increasing age
- * Family history
- * Race

Changeable Risk Factors

- * Cigarette smoking
- * High blood pressure
- * High blood cholesterol
- * Overweight
- * Physical inactivity
- * Diabetes

Other Factors

In addition to personal risk factors, other factors may also play a role in a woman's risk for developing heart disease.

- * Stress
- * Birth control pills
- * Homocysteine
- * Alcohol
- * Hormones and menopause
- * Aspirin
- * High triglyceride levels

Hopefully these highlights of women and heart disease will help inform you about a very serious issue that no one should ignore. If you have further questions, please feel free to contact the Extension Office or visit the American Heart Association web site at <http://www.americanheart.org>.

Heart & Home Continued

February is National Canned Food Month

If you like the convenience of canned foods, thank Napoleon. In the early 1800s a Parisian confectioner named Nicolas Appert responded to Napoleon's request for ways to preserve food for his armed forces. Mr. Appert put food in glass jars and boiled the jars in water. Tin-coated steel containers, "tin cans," became widely available by the 1840s.

Over 2000 food items now come in cans, including everything from apple juice to zucchini. You may think that canned foods are not as nutritious as fresh and frozen foods. However, members of the National Food Processors Association would be quick to tell you that canned foods offer the same vitamin, mineral, caloric, protein, carbohydrate and fat content as fresh and frozen foods. They point out that many so-called "fresh" foods are picked before they are ripe, trucked many miles to market and stored until you buy them, causing them to lose some of their "freshness" and nutritional value. Processing plants are usually located near growing fields, enabling most fruits and vegetables to be canned within hours of harvest - at the peak of freshness.

Many people remember when canned foods were a no-no for anyone on a low-sodium diet. But some manufacturers have greatly reduced the sodium content and they

offer no-salt-added or salt-free varieties of many items these days.

When we talk about cans, our first thought is of "tin cans." In 1995, the Steel Packaging Council began a marketing campaign to tell people that those cans aren't made of tin anymore, they're made of steel.

Hopefully, you will continue using these wonderful convenience foods and enjoy the luxury of modern technology. However, be sure that when purchasing canned foods, you check for dents or bulges. It is recommended that you not purchase items with these characteristics. For more information on commercial canned foods, or preserving food at home, contact the Extension office.

Information obtained from the 24 Food Programs in Good Taste notebook by Bi-Folkal Productions, Inc.

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**Even if at first you do succeed,
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—Richard C. Miller

To My Borden County Friends,

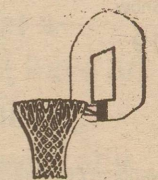
I would like to offer my sincere gratitude to those of you who have embraced me through your many cards, numerous phone calls, beautiful floral arrangements, and faithful prayers as my family and I recently experienced the loss of my mother. Because of the distance from where I grew up, very few of you knew or had even met my mom, yet your outpouring of support shows how much many of you genuinely care for me. I have been overwhelmed by your generosity and am forever grateful that God places individuals who care so much in my life. Your expressions of kindness haven't made this time in my life easy, but they have certainly made it easier . . .

Proverbs 31:28

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Darrin Ard**

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-- Randy's Roundup --

A Weekly Newsletter from Congressman Randy Neugebauer

President Bush to Deliver State of the Union Address

As I write this, Congress is reconvening for the 2006 session and awaiting President Bush's State of the Union Address. If this year's speech is similar to previous editions, then I suspect the speech will be more thematic than programmatic. In other words, President Bush will focus on themes such as the role the United States should play in the War on Terror as opposed to reciting a litany of new federal programs and policy proposals.

One of the likely themes is energy security, which is a major component of our national security. I expect the President to lay out goals

that will increase America's energy independence. This independence can be gained by using 21st Century technology to establish a diverse energy supply.

In addition to covering topics associated with the national security, I expect President Bush to talk about the need to keep America competitive in a global economy. This would require making America more attractive to businesses as well as ensuring we have a healthy and educated workforce.

Energy Tour

During the month of January, I had the opportunity to get around to all corners of the 19th District. I

devoted part of my trip to conducting an "Energy Tour" which allowed me to get a closer look at a promising energy source being developed in West Texas. That energy source is ethanol, a renewable form of energy obtained from grains such as sorghum and corn. Ethanol plants are being built in Levelland, Plainview, and Hereford, which will be home to two plants, one of which will be powered by cattle manure.

Anyone who has filled up their car, truck, or farm equipment with fuel over the past year has felt the crunch brought on by high energy prices. To solve this problem, we need to increase

American energy capacity. That means increased oil exploration in America as well as taking advantage of 21st century technology to establish a reliable and sustainable energy supply.

One of the goals of the Energy Bill that was signed into law last year was to help America do just that. To achieve this goal, the Energy

Bill provided incentives to increase the production of ethanol, and we are seeing the effects of those incentives in our own backyard. Not only will these new plants create jobs and help the local economies, but they will help bolster our nation's energy security.

--Randy

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| <h1>February 2006</h1> | | | | | | |
| | | | 1 Ft. Worth Stock Show | 2 Ft. Worth Stock Show | 3 Staff Development (Comp Day/Holiday) Garden City BB There 5:00 bGB Possible TFA Debate Odessa Ft. Worth Stock Show | 4 Academic Meet @ Idalou Possible TFA Debate Odessa Ft. Worth Stock Show |
| 5 | 6 | 7 Sands BB Here 5:00 bGB Lubbock Avalanche Journal Spelling Bee 3 rd - 8 th grades | 8 | 9 | 10 TFA Debate @ Midland | 11 ACT Test (Registration was due January 6 th) TFA Debate @ Midland Academic Meet @ Monterey San Antonio Stock Show |
| 12 San Antonio Stock Show | 13 San Antonio Stock Show | 14 Softball @ Post 5:00 San Antonio Stock Show | 15 San Antonio Stock Show | 16 End of 4th Six Weeks San Antonio Stock Show | 17 Holiday Baseball Scrimmage @ Loraine 4:00 San Antonio Stock Show San Angelo Stock Show | 18 Post UIL Academic Meet National FFA Week San Antonio Stock Show San Angelo Stock Show |
| 19 National FFA Week San Angelo Stock Show | 20 Beginning of 5 th Six Weeks National FFA Week San Angelo Stock Show | 21 Softball @ Post 5:00 TAKS-4 th & 7 th Writing, 3 rd , 5 th & 9 th Reading, 10 th & 11 th ELA SDAA II-4 th , 7 th , & 10 th Writing National FFA Week San Angelo Stock Show | 22 SDAA II-9 th Reading & 10 th ELA National FFA Week San Angelo Stock Show | 23 TAKS-Make-up Session 10 th ELA National FFA Week San Angelo Stock Show | 24 Baseball vs. Ira @ Snyder (WTC) 4:00 Journalism Contest @ Midland College SAT Registration Deadline for Apr. 1 test National FFA Week San Angelo Stock Show | 25 UIL Meet @ Odessa Permian FFA - CDE Judging San Angelo National FFA Week San Angelo Stock Show |
| 26 National FFA Week | 27 Softball vs. Loraine @ Snyder 5:00 Baseball vs. Loraine @ Loraine 4:00 | 28 Cool Clovers 4-H Meeting 3:45-4:45 @ Show Barn State TFA Debate departure after school. Contest: March 1-4, Pharr, Texas | | | | |