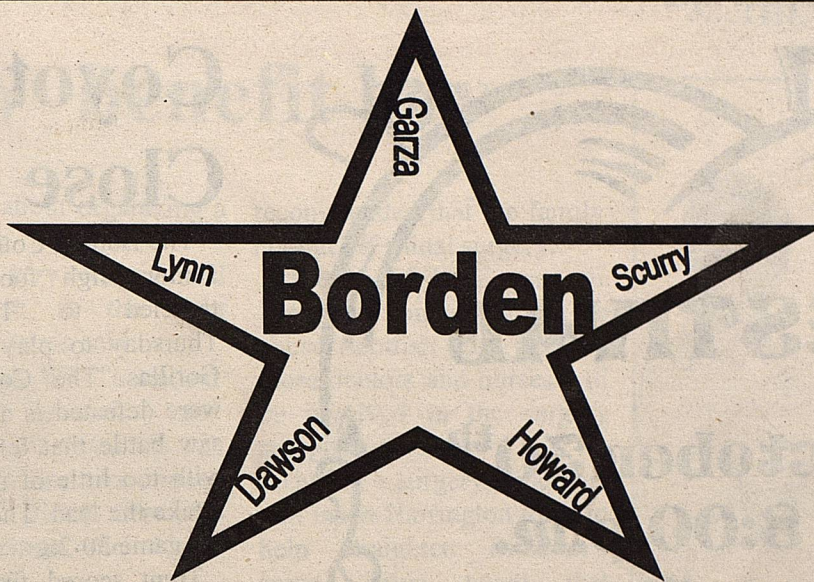


# THE

Volume XXXII



# STAR

October 6, 2004

Serving the Counties of Borden, Dawson, Garza, Howard, Lynn & Scurry

## Texans Ranks Poorly on Flu, Pneumonia Shots for Elderly

*Statewide Immunization Campaign Launches in Texas*

(AUSTIN-October 1, 2004) — The U.S. death toll from influenza now averages about 36,000 a year, up from 20,000 in previous estimates, according to the Centers for Disease Control and Prevention. The majority of those deaths occur in persons over the age of 65. The story in Texas is quite similar. Pneumonia and Complications from the flu are consistently listed in the top 10 leading causes of death by the Department of State Health Services.

In spite of increased deaths and hospitalizations from flu and pneumonia complications among the elderly, more than 30 percent of people age 65 and older in Texas did not get a flu shot in 2002, according to the most recent data from the Centers for Medicare & Medicaid Services. The numbers for the pneumococcal pneumonia vaccine (PPV) are even worse. Nearly 40 percent of Texans on Medicare did not receive the pneumonia vaccine that year, leaving Texas with a ranking of 40<sup>th</sup> in the nation for

vaccinations administered to Medicare beneficiaries.

"The simple truth is that each year we have too many preventable deaths from flu and pneumonia in the elderly population and that is why it is so critical to make everyone aware of the importance and availability of immunizations," said Randall Grimshaw M.D., a clinical advocate at Texas Medical Foundation (TMF), the quality improvement organization for Medicare in Texas.

Annual flu shots have been recommended for people 65 and older since the 1960s and health officials had assumed the immunization rates would climb with increased accessibility and awareness, but

### Flu Shot Available

Flu and Pneumonia shots will be available to the community on Friday, October 15<sup>th</sup> in the School Nurse's Office  
Call 756-4313 for more information.



## Welcome Exes!

### Homecoming 2004

Friday, Oct. 8<sup>th</sup>.

Bonfire: 5:00 p.m.

East side of school

Homecoming Meal: 5:30

School Cafeteria

Sponsored by Class of '05

Game Time: 7:30 p.m.

Borden Co. vs Westbrook

Reception: School Cafeteria

Following game for Exes, friends, & family!

Homecoming Dance: Co. Showbarn

Sponsored by Parents Club

## Borden County residents participate in "The Race for the Cure"

*Susan G. Komen Breast Cancer Foundation*

By Mary Airhart

"Borden Bosom Buddies" braved a wet chilly Saturday, October 2<sup>nd</sup>. Morning to participate in "The Race for a Cure" on the Texas Tech campus in Lubbock. At 7:30 a.m. the Borden County team

joined about 4000 other runners outside the Frazier Center for the races which are sponsored by Lady Raider coach Marsha Sharp and are a major fundraiser to benefit breast cancer research. Drew Pigford and the Stamper Clan --Beth, Bethany, and Lindsey -- participated in the 5K Run. Bethany finished 6<sup>th</sup> out of 19 in her age group. Drew finished 9<sup>th</sup> out of 15 in his age bracket for men. Beth finished 19<sup>th</sup> out of 63 in her age group for women, and Lindsey finished near the top of her group, but official results for her are currently

unavailable. Other team members including Mary Airhart, Dorothy Gray, Darby Key, Carol Lewis, Paula Miller and her mom, Louetta Turner, and Pat Murphy crossed the finish line together in the slower, shorter 1 mile walk.

We are happy to report that all of the "Borden Bosom Buddies" were able to make it back to their cars--and home--with little or no assistance, and a good time for a good cause was reported by each one. Although no

Cont. to pg. 2





# FALL FESTIVAL

**Saturday, October 30<sup>th</sup>**  
**5:30 p.m. - 8:00 p.m.**  
**County Show Barn**

**Games - Prizes - Food**  
**And lots of FUN!**

**Come out and help support the students and enjoy the evening.**

Money received from the Class Booths will go to individual classes and the money received from Parent's Club Bingo will go towards the 2005 Senior Scholarship Fund.  
 [Bingo will last until ALL prizes are gone. Stay and enjoy the Fun!]

## Coyote Pups Lose a Close one to Trent

The Borden County Coyote Junior High football team traveled to Trent last Thursday to play the Trent Gorillas. The Coyote Pups were defeated in a close see-saw battle that left the Pups with too little of time left to retake the lead. The Pups lost the game 30-26.

Trent scored first on a 2 point safety as a Coyote was tackled in the end zone. Michael Cooley ended this Gorilla drive with an interception. Kegun Clement put the Pups on the board first as he scored on a dive play from 50 yards out. Jake Cooley completed a pass to Karl Lamming for the one point PAT and Pups led 7-2.

Trent scores next to retake the lead 9-7. Michael Cooley has a quick answer to their score by returning the kick off back 60 yards for a TD. The PAT attempt failed and the Pups led 13-9.

Trent scored next and took the lead again 16-13. Jake Cooley scored next for the Pups to retake the lead 19-16.

The PAT failed. The Pups hold the Gorillas and scored again as Jake Cooley completed an 11 yard run. Michael Cooley scored the one point PAT to push the score to 26-15 late in the third quarter.

The fourth period belonged to the Gorillas though as they scored from 30 yards out and again from 4 yards out to retake the lead 30-26.

The Pups had just :22 seconds left when they got the ball back after falling behind but a Gorilla intercepted a Pups pass and the game was over.

It was an exciting game to watch as both sides put their all into the game. Tyrell Massingill, Eric Espinoza, Brendan Tarleton, Robert Thompson, and Corey Teel played end. Flynn Chapman played guard and running back, and Clay Harding played full back.

The Pups next game is Thursday, October 7 at Westbrook.

## "The Race for the Cure"

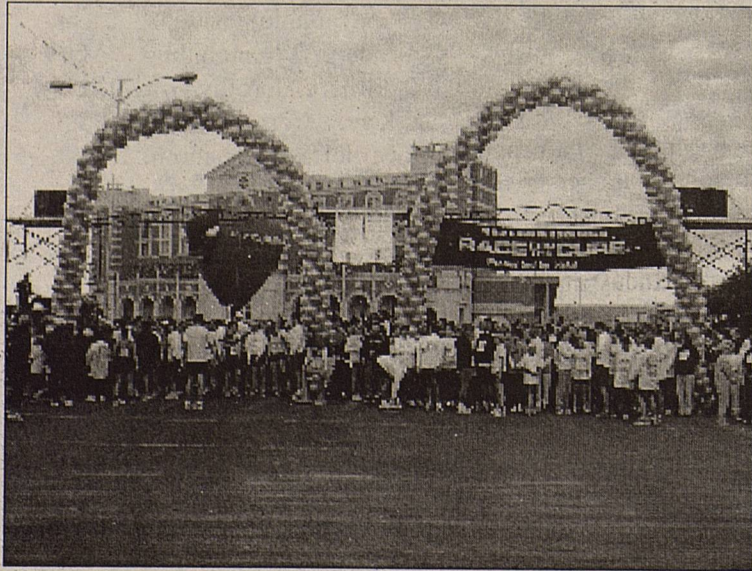
Cont. from pg. 1

definite amount has been stated as yet, the race raised in excess of \$70,000. That, plus our three survivors, Carol, Dorothy, and Pat make it a very personal and worthwhile effort. Plans are underway for an even larger group next year. Plan to join us.

See [www.komen-lubbock.org](http://www.komen-lubbock.org) for more pictures. Pat of Borden Bosom Buddies in Race Scenes3 and in Survivor pictures: Clue: Dorothy and Pat are wearing denim jackets.



Survivors: Carol Lewis, Pat Murphy and Dorothy Gray.



Come join the fun...

## Homecoming Dance

October 8, 2004

After game until Midnight

County Show Barn

Fun Event for all Ages!



~Sponsored by Borden Co. Parents Club~



## Take your Picture With the Coyote!!!

**When:** During the game Homecoming

**Where:** At the game on the track

**Who:** YOU and the Coyote!!!

**Cost:** TBA!



# Blood drive to benefit boy with MD

By Shirley A. Gorman  
SDN News Editor

A benefit blood drive was held at Western Texas College on October 5<sup>th</sup> for 13-year-old Brandon Garvin, who is the son of James and Trina Garvin.

Brandon confined to a wheelchair, was born with muscular dystrophy and later developed scoliosis of the spine.

He will undergo back surgery Nov. 11 at Scottish Rite Hospital in Dallas, where doctors will insert Harrington Rods.

The operation could take more than eight hours and Brandon has the potential to lose a lot of blood. For every four pints donated (any type), Brandon will get credit for one pint. Any blood that he does not use will help defray the cost of surgery.

James works for Johnson Controls, the company that has the maintenance contract with Western Texas College. He noted that he approached Dr. Greg Williams, WTC

president, about organizing a blood drive.

"He was very receptive and pointed me in the right direction, Garvin said.

Patty Kuhl, WTC's student activities director, and Rhonda Teal, who is in charge of donor recruitment for United Blood Services, helped arrange the blood drive.

Kuhl noted that the student government organizes two blood drives each school year, one in October and the other in February.

Trina said that the form of MD Brandon was born with caused him to develop scoliosis. Since the family enjoyed a trip to Florida in 2001, courtesy of the Make-a-Wish Foundation, James said Brandon's condition has progressively gotten worse.

He has less strength in his arms and his feet are "clubbing." While a doctor was examining Brandon's feet, James said the doctor noticed that Brandon's spine was curving.

An X-ray last May showed the rate of curvature at 30 percent. Four months later, X-rays revealed the spin was curving at 50 percent.

If the rate of curvature continues, James said his son's heart and lungs could be damaged. Doctors can't help Brandon's feet but they

recommended that the family not put off spinal surgery.

"We could have gone to Lubbock," James said, but we chose Scottish Rite because more doctors and nurses will be involved in the surgery and post-op care.

During surgery, doctors will insert Harrington Rods to help straighten Brandon's spine. Trina noted that surgery for anyone with MD carries a greater risk because an adverse reaction to the anesthesia is always possible.

Preliminary exams by a cardiologist and a lung doctor indicated Brandon is a candidate for surgery. However, more extensive testing will be carried out at Scottish Rite before the operation can proceed, James said.

Brandon could be hospitalized for three to seven days or more. From ICU he will transfer to the physical therapy rehabilitation center where he will begin relearning how to do even the most basic tasks such as picking something up.

Brandon is a seventh grader at Snyder Junior High School. His brother, Andrew, is a sophomore at Snyder High School.

Brandon and Andrew both attended school at Borden County ISD in 2001-2002.



**GARVIN FAMILY** - Brandon Gavin is pictured in front. Standing in back are his brother, Andres, and parents, James and Trina Garvin. (SDN Photo by Shirley A. Gorman)

## School Menu

### Week Of:

October 11<sup>th</sup> - 15<sup>th</sup>, 2004

#### MONDAY:

NO SCHOOL

#### TUESDAY:

Corn Dog, Salad, Macaroni & Cheese, Fruit & Milk **Breakfast:** Sausage & Biscuit, Juice & Milk

#### WEDNESDAY:

Sausage Wrap, Corn, Cheese Potatoes, Fruit & Milk. **Breakfast:** Waffles, Fruit Juice & Milk

#### THURSDAY:

Chicken Nuggets, Potatoes, Green Beans, Bread, Fruit & Milk. **Breakfast:** Egg Surprise, Fruit Juice, & Milk.

#### FRIDAY:

Sub Sandwich, Salad Cup, Fruit, Cookies, & Milk. **Breakfast:** Breakfast Burrito, Fruit Juice & Milk

## Texans Ranks Poorly on Flu, Pneumonia Shots for Elderly

Cont. from pg. 1

the high percentage of elderly who do not get vaccinated remains a source of frustration to Medicare officials.

In order to increase the number of elderly Texans protected from flu and pneumonia this season, TMF has chosen National Adult Immunization week (September 26-October 2) to launch a statewide marketing campaign to increase the numbers of Medicare benefi-

ciaries in Texas who get vaccinated.

Both the flu and pneumonia vaccines are covered services in the Medicare program, which also helps pay the charges for administering these vaccines. Medicare officials also hope new federal rules will help increase vaccination rates by allowing hospitalized Medicare patients to get flu shots without a doctor's order. This is especially critical since hospitalized patients are

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Box 137- Gail, TX 79738

generally at an even greater risk than usual. Health-care workers and others, in close contact with persons in high-risk groups, including household members, should also be vaccinated against both flu and pneumonia.

"It is critical that hospital and nursing home staff get vaccinated and we are working toward partnerships with hospital pharmacists and nursing home personnel to implement processes that make vaccinations easy and accessible for employees," said Grimshaw.

The marketing campaign targets health care providers, hospitals, pharmacists, nursing homes and state and local entities that serve the elderly. For more information about the Texas Medicare Foundation's immunization campaign go to [www.tmf.org](http://www.tmf.org).

[Editors Note - Remember Flu and Pneumonia shots will be available at the Borden County School on Friday, October 15<sup>th</sup> in the Nurse's office for those in the community needing shots.]



# YOUR HEALTH

## In Fighting Breast Cancer, Awareness Programs Making A Difference

(NAPS)—You don't have to read medical journals to see progress against breast cancer. Just look around.

For starters, there are more survivors. The five-year relative survival rate for those with localized breast cancer has increased from 72 percent in the 1940s to 97 percent today, according to the American Cancer Society (ACS).

This good news is "most likely the result of both earlier detection and improved treatment," according to ACS—specifically, the regular use of mammography and improvements in cancer drugs.

Cosmetic company "pink ribbon" campaigns are credited with helping raise awareness—and hundreds of millions of dollars—to fight breast cancer. Awareness programs are often cited as a major factor in early detection and the increased survival rates seen in the last ten years.

To date, U.S. cosmetics companies have raised an estimated \$400 million since they kicked off pink ribbon efforts nearly 15 years ago. This money has gone to support a wide range of activities, including diagnosis, treatment, scientific research and awareness efforts.

"Unlike traditional fund-raising, where very little money has had very little impact, the hundreds of millions of dollars the beauty industry has raised have made a big difference in terms of spreading the word and finding a cure," says Diane Blum, executive director of Cancer Care, Inc., which provides free professional support for cancer patients.

Evelyn Lauder, the Senior Vice President of the Estée Lauder Companies, is credited with starting the pink ribbon as a worldwide symbol of breast health. The company offers special product sales every October to support the Lauder-founded Breast Cancer Research Foundation (BCRF) in honor of Breast Cancer Awareness Month. To date, BCRF has raised

over \$70 million for the cause.

Volunteers have been vital to pink ribbon campaigns. Whether it's the Avon Walk for Breast Cancer in one of six cities, the Revlon Run/Walk for Women in New York or Los Angeles or the more than 100 Susan G. Komen Breast Cancer Foundation Races for the Cure, the makers of cosmetics and personal care products are out there with them.

### Progress In The Fight Against Breast Cancer



- The five-year survival rate for localized breast cancer has increased from 72 percent in the 1940s to 97 percent today.
- More than 62 percent of American women now get mammograms regularly.
- Currently, 1.2 million women—at minimum—are living in the U.S. who have survived breast cancer.

### How Can You Get Involved

Visit any of the Web sites below for information on how to participate in pink ribbon events: [www.komen.org](http://www.komen.org), [www.avonfoundation.org](http://www.avonfoundation.org) or [www.avonwalk.org](http://www.avonwalk.org), [www.bcrf.org](http://www.bcrf.org), [www.revlonrunwalk.org](http://www.revlonrunwalk.org), [www.mkacf.org](http://www.mkacf.org)

"By participating in pink ribbon campaigns, participants know that they are helping save lives, fund the fight to find the cure, and provide access to care to someone who might otherwise not receive it," said Karen Montemaro, an Avon Leadership Representative who was diagnosed with breast cancer in 1998. "This is very empowering and wearing an Avon pink ribbon pin gives off that pride. Pink Ribbon programs are important to keep hope alive for women and men who are affected or living with breast cancer—as I am."

Avon walks are a part of the larger Avon Foundation Breast Cancer Crusade, which began in 1992 and has expanded to 50 countries. The foundation has already

awarded over \$300 million to hundreds of breast cancer research and care organizations worldwide. Projects include clinical trials and other important studies into ways of diagnosing, treating and prevention of breast cancer.

The beauty industry's success in raising awareness has not only brought more women in for early detection, but it has also mobilized the clinical and medical field to push for more advancement in finding a cure. In 1998, the REVLON UCLA Women's Cancer Research Program successfully delivered the groundbreaking research that led to the development of Herceptin, the first non-toxic targeted therapy to fight against women's cancers. Herceptin is now available to women worldwide.

Honey Henricks, 56, knows the real impact of pink ribbon programs. "I truly believe that programs such as the REVLON Run/Walk are making a difference. As a two-time breast cancer survivor, I have always felt that these events give me a little bit more celebration of life," said Henricks. Henricks' team, the "CSD24 Cancerbusters" from Queens, raised \$58,000 in this year's Revlon New York walk.

Companies are also reaching out to members of Capitol Hill. Mary Kay, for example, has assisted the Komen Foundation pro bono in lobbying Congress to mandate that health insurers cover mammograms. To date, the Mary Kay Ash Charitable Foundation has provided nearly \$5 million in grants to U.S. accredited medical schools and schools of public health to support cancer research.

"We're thankful for the millions of women around the world who have participated in educational and fundraising pink ribbon programs," said Irene Malbin, Vice President of the Cosmetic, Toiletry, and Fragrance Association (CTFA). "We are hopeful that these efforts will lead us closer to a cure."

## Wedding Plans Announced



### Nick Flanigan & Kristol Hill

Nick Flanigan and Kristol Hill announce their engagement and approaching marriage on January 22, 2005 in Post, Texas. Nick is the son of Billy Max and Nancy Gordon of Post and the late Mike Flanigan. Kristol is the daughter of Paul and Velleda Hill of El Paso, Texas.

The prospective groom is a 2000 graduate of Borden County High School. He is a student at Wayland Baptist University and will graduate in December 2004. He is currently employed at Investment Centers of America, Inc.

The bride elect is a 2001 graduate of Eastwood High School in El Paso. She will graduate from Wayland Baptist University in December 2004 and is currently employed at Lemmons Funeral Home in Plainview.

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Bro. Randy Hardman  
Gall Baptist Church  
Call: 806/756-4363  
Mobile No: 759-9472



## Branon Funeral Home

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Guidance When You  
Need it Most!

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Since 1922"

806/872-8335 Lamesa, TX



The most precious blessing God has given us  
is the gift of Love.

On September 26, 2004  
Lynn Kidd and Jeanette Koehler  
were united in marriage.

Of faith, hope and love. The greatest is love.

### IMPORTANT DATES FOR NOVEMBER 2, 2004 ELECTION

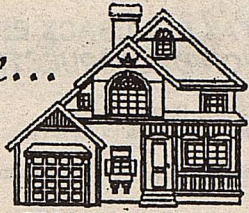
Sept. 3 <sup>rd</sup> , 2004	Accept Applications for Early Vote by Mail
Oct. 4 <sup>th</sup> , 2004	LAST DAY to Register to Vote in November 2 <sup>nd</sup> Election
Oct. 18 <sup>th</sup> , 2004	FIRST DAY to Vote Early by Personal Appearance
Oct. 26 <sup>th</sup> , 2004	LAST DAY to Receive Applications to Vote by Mail
Oct. 29 <sup>th</sup> , 2004	LAST DAY to Vote by Personal Appearance
NOVEMBER 2 <sup>ND</sup> ,	ELECTION DAY!

PLEASE NOTE THAT ELECTION LAWS REQUIRE VOTERS TO HAVE A CURRENT DRIVER'S LICENSE OR A VOTER REGISTRATION CARD TO BE ELIGIBLE TO VOTE. CURRENT LAW ALLOWS **NO EXCEPTIONS** TO THIS REQUIREMENT



## Heart and home...

By Julie D. Smith  
Borden County Extension Agent  
Family and Consumer Sciences



Extension programs serve people of all ages regardless of socioeconomic level, race, color, sex, religion, disability, or national origin. The Texas A&M University System, U.S. Department of Agriculture, and the County Commissioners Courts of Texas Cooperating.

### Saving Important Documents

Do you know how long you should keep financial records and other important documents? It's not secret that receipts, financial records or other important documents have a habit of accumulating, and it's tempting to toss out some of the mess. However, since you never know when you may want to refer to an old receipt or statement, it's really best to hold onto them. A file box or accordion-folder or two can easily accommodate a whole year's worth or such records. You'll want to keep tax returns and their supporting documentation for at least three years in case of an audit by the IRS. However, it's really best to keep those records for at least seven year, if not permanently. These documents, which include statements from financial institutions and annual credit card statements, can come in very handy if you're ever applying for a mortgage or major loan.

Hold onto receipts or canceled checks for home-improvement projects. Keep the receipts and product warranties for big-ticket items, like appliances and

electronics, for as long as you own the merchandise. It's safe to discard bulls for non-tax-deductible items and utilities after one-year's time. Hold onto day-to-day receipts for credit card purchases and ATM transactions until the monthly credit card or bank statement arrives. When you're certain all is in order, tear them up or shred them, just to be safe.

Be sure to organize your important documents in accordion files, file boxes or a filing cabinet. You may want to organize them by month, year or by creditor/lender. Extremely important documents (ones that are irreplaceable) should be stored in a fire-safe box (which are relatively inexpensive and can be purchased at an office supply store), safe, or in a safe deposit box at the bank. You should also let someone else know where these documents are in case something ever happened to you. You might even make a list for yourself of the various documents and their locations. This should be kept in a safe place that you will remember.

#### MOBILE HOME BID NOTICE

The First Baptist Church of Gail will receive bids for a 14' x 70', 3 bedroom, 2 bath Fleetwood Mobile Home to be moved.

Bids shall be sent to First Baptist Church Gail, Box 297, Gail, Texas 79738 in a sealed envelope marked appropriately "Mobile Home Bid".

Bids will be received no later than 5:00 p.m. Friday, October 15<sup>th</sup>. The successful bidder will be notified.

For more information contact Randy Adcock @ 759-8804 or Larry Smith @ 756-4346.

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## BORDEN COUNTY 4-H NEWS

Extension programs serve people of all ages regardless of socioeconomic level, race, color, sex, religion, disability, or national origin. The Texas A&M University System, U.S. Department of Agriculture, and the County Commissioners Courts of Texas Cooperating

### National 4-H Week is Oct. 3<sup>rd</sup> - 9<sup>th</sup>

4-H is a community of young people across America who are learning leadership, citizenship and life skills. National 4-H Week will be celebrated October 3 - 9. "4-H Online" is the theme for 2004. This is a great time to get out and gain support for the program as well as recruit new members. For those of you that are active in 4-H, let everyone know how much FUN you can have in 4-H, and what projects and activities are available! Wednesday, October 6 is 4-H Day. We encourage everyone to wear green to show their support for the 4-H program. We are grateful for all of our members, volunteers and friends of 4-H!

If you are not currently involved in the 4-H program, whether as a member, volunteer leader or friend of 4-H, please contact the Extension Office at (806)756-4336 or visit our web site at <http://borden-tx.tamu.edu>

### 4-H Food and Nutrition Project

The Food and Nutrition project meetings will be held on Tuesday, October 11, Tuesday, October 19 and Thursday, October 21 from 3:45 to 5:15 p.m. (after school) in the Community Room. Please contact the Extension office if you need

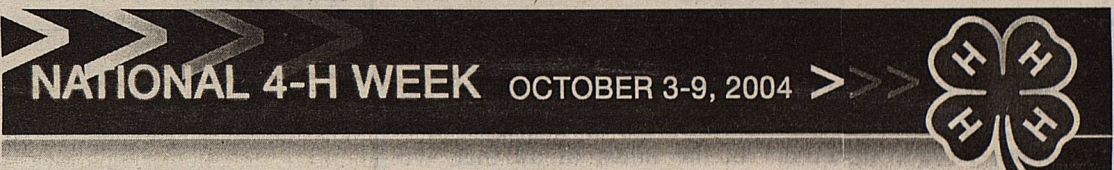
### Got News:

Mail to:  
PO Box 137  
Gail, Tx. 79738

### FOR SALE OR LEASE

4 bed - 2 -1/2 bath  
Double-wide  
Mobile Home on  
3 acres in Gail  
Call Beth @756-4360

a ride from school. This project is for all 4-H youth that are interested in learning about basic nutrition, eating healthy, basic food preparation skills, and much more. For more information, contact the Extension office at (806)756-4336.



## Coyote Ranch Horse Competition

The First Annual Coyote Ranch Horse Competition was held on Saturday, September 25<sup>th</sup> in Gail, Texas. Contestants from Texas and New Mexico competed in this event. The judges for the event were, Jeff Williams of Post and Bill Smith of Spur. The announcer was Chuck Kimmel of Gail.

There were three divisions, Cowboy, Junior and Open Class. The horses were judged on reining, cow work, and roping.

The winners of each division were presented with a belt buckle and prize money. Second place winners were awarded with prize money and an engraved Mooremaker knife.

The results were:

#### Cowboy Class:

1<sup>st</sup> Tyler Thompson,  
Benjamin

2<sup>nd</sup> Casey Clark, Aspermont

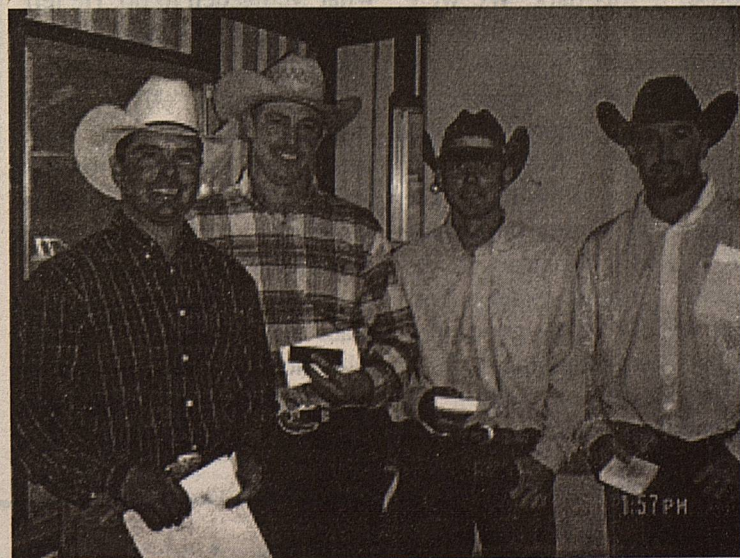
#### Open Class:

1<sup>st</sup> Terry Riddle, Tucumcari,  
New Mexico

2<sup>nd</sup> Chance O'Neal, Guthrie

#### Jr. Class:

1<sup>st</sup> Casey Clark, Aspermont  
2<sup>nd</sup> Monte Hollar, Guthrie



#### First Annual Coyote Ranch Horse Competition winners:

(L to R.) Chance O'Neal, 6666 Ranch Guthrie; Monte Hollar, 6666 Ranch Guthrie; Terry Riddle, Tucumcari, NM; and Casey Clark, Aspermont. 1<sup>st</sup> place Cowboy Class winner Tyler Thompson of Benjamin was not present for photo.





**Texas Stories**  
A showcase of the Texas Spirit



**Tumbleweed Smith**  
Part owner of Texas

**There are no easy building projects**

I am so impressed with craftsmen. I'm talking about carpenters, painters, plumbers, electricians, carpet layers, stone masons, the folks that really keep our household functioning.

My wife Susan, our two sons (9 and 13 at the time) and I spent three years building a home in the Davis Mountains. We went down there whenever we could get a day or two off from our business and school. Looking back, it was fun. While we were doing it, it was hard work.

We dug in the rocky soil on the side of a mountain. We hammered, sawed, stucco'd, roofed and built a fireplace pit, sleeping loft and decks on either side of the house. We figured out things. Stairs were the hardest. It was probably the best thing we've ever done as a family.

Our motto was safety first. I remember standing on top of a ladder putting the last piece of outside wall on the house, it was dark. We were using the headlights from the pickup to give us some light. The beam didn't quite reach the place where I was working, so I had to guess where to nail. One leg of the ladder was resting on a stack of 3 rocks because of the uneven ground. Safety first. But we did pretty good. The house is still standing.

We've had a season of remodeling. Last spring we

decided we wanted to replace the carpet in the living and dining rooms with painted concrete. Man, what a job. We had to take everything out of the china cabinet and store it someplace. We took the furniture from both rooms and stored it.

Then the concrete men started coming in with their big trucks, wheelbarrows and trowels. They put plastic over doorways and halfway up the walls in both rooms. It was a mess and we lived with it all summer. It took longer than we imagined. There were problems every step of the way. Nothing went smooth. In the midst of all that, we started remodeling the office.

I've worked from my office at home for twenty years. During that time, I accumulated a bunch of stuff. I had nests, as my wife calls them. Stacks of papers, equipment, all over the place. We called in an expert who charged us big bucks to look over our situation and tell us what we needed to do. He left and we haven't heard from him since.

We bought five huge storage cabinets and new desks and started throwing away things. People who move every five or ten years don't have the same problems as people who star in one place for along time. People who move regularly clean out their belongings each time they move. People who don't

**NOTICE OF TAX ROLLBACK ELECTION  
(AVISO DE ELECCION DEL IMPUESTO ROLLBACK)**

To the registered voters of Borden County Independent School District, Texas:  
(A los votantes registrados del Borden County Independent School District, Texas:)

Notice is hereby given that the polling places listed below will be open from 7:00 a.m. to 7:00 p.m. on November 2, 2004, for voting in a Tax Rollback election.

(Notifíquese, por el presente, que las casillas electorales citados abajo se abrirán desde las 7:00 a.m. hasta las 7:00 p.m. el 2 de noviembre de 2004 para votar en la Elección para Impuesto Rollback.)

**LOCATION(S) OF POLLING PLACES  
(DIRECCION(ES) DE LAS CASILLAS ELECTORALES)**

Plains Community Center Community Of Plains (#1)	Borden County Courthouse South Gail (#2A)	Precinct 2 House Vealmoor (#2B)	Murphy Election House Murphy (#3A)
Fairview Election House Fairview (#3B)	County Show Barn North Gail (#4A)	Don and Nelva Jones Home Snelling (#4B)	

Early voting by personal appearance will be conducted each weekday at  
(La votación en adelantada en persona se llevara a cabo de lunes a viernes en)

the office of the Superintendent – Borden County School  
(la oficina del Superintendente en la escuela de Borden County)

between the hours of 8 a.m. and 5 p.m. beginning on October 18, 2004.  
(entre las 8 de la mañana y las 5 de la tarde empezando el 18 de octubre, 2004.)

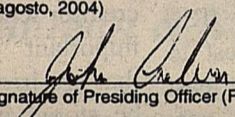
and ending on October 29, 2004.  
(y terminando el 29 de octubre, 2004)

Applications for ballot by mail shall be mailed to:  
(Las solicitudes para boletas que se votaran en ausencia por correo deberán enviarse a:)

Joan Marshall  
(Name of Early Voting Clerk)  
(Nombre del Secretario de la Votacion En Adelantada)  
P.O. Box 95  
(Address) (Direccion)  
Gail, Texas 79738  
City (Ciudad) (Zip Code) (Zona Postal)

Applications for ballots by mail must be received no later than the close of business on  
(Las solicitudes para boletas que se votaran en ausencia por correo deberan recibirse para el fin de las horas de negocio el)  
October 26, 2004.  
(26 de octubre, 2004)

Issued this the 23<sup>rd</sup> day of August, 2004  
(Publicada este día 23 de agosto, 2004)

  
Signature of Presiding Officer (Firma del oficial que Preside)

move often just add to the stacks.

Just the other day we were preparing a meal for a houseful of company when our oven quit working. Its brain was fried. Wouldn't you think you could just get another over, stick it in there and go on? No. The new one required heavier electric wire than the previous oven. Electricians had to come in, drill holes and string wire. Susan also has a new cook top coming. We have to call the plumber to dismantle the dishwasher so the electrician can string more heavy duty wire. There are no easy building or remodeling projects.

**NOVEMBER 2, 2004  
BORDEN COUNTY ISD ROLLBACK ELECTION**

**IMPORTANT DATES**

Sept. 17 <sup>th</sup> , 2004	Early Voting Clerk may begin mailing Early Voting
October 4 <sup>th</sup> , 2004	Last Day to Register to Vote on Nov. 2 <sup>nd</sup> Election
October 18 <sup>th</sup> , 2004	First Day to Vote Early by Personal Appearance
October 26 <sup>th</sup> , 2004	Last Day for Early Voting Clerk to receive Applications for ballots to be Voted by Mail
October 29 <sup>th</sup> , 2004	Last Day to Vote Early by Personal Appearance
November 2, 2004	Election Day and Last Day to Accept Early Voting Ballots by Mail

**MEMBER  
2004**




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Frances Rains Stephens  
701 8<sup>th</sup> Street O'Donnell, TX  
806/428-3335



# Your Yard

## Fall Landscaping: One Smart Idea

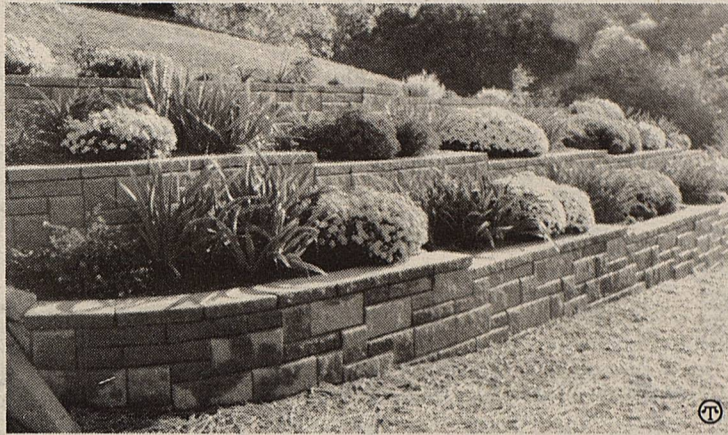
(NAPS)—A lot of homeowners don't think about having their landscaping done in the fall. Surprisingly, landscape professionals will tell you that in many ways, fall is a better time than spring to undertake "yard remodeling" projects.

There are several logical reasons to get going on landscape projects right now. The most obvious is that having the work done now allows you to enjoy your yard's improvements all of the following summer. If you don't start the work until spring, a portion of your summer will be "missed" while the work is being completed.

If that isn't sufficient motivation, Allan Block, maker of some of America's most popular landscape block, has a list of other good reasons to consider doing your landscape work in the fall:

**1. Scheduling/availability of landscape professionals.** Since most homeowners tend to start their landscaping projects in the spring, that's the hardest time to find a qualified professional to do the work promptly. Fall is a much better time of the year for you to find a professional who is available to do the work.

**2. Working conditions are better.** Since it's cooler outside, work progresses faster. It's much easier to install landscape blocks and plantings in 60° weather than 90° weather. Bob Gravier of Allan Block says their professional



Fall is a terrific time to install patios, retaining walls and terraces so you can immediately begin enjoying them next spring.

installers unanimously prefer working in cooler weather.

**3. Less rain and mud.** April showers bring mud and construction delays. Cooler and dryer fall months translate into faster progress on any project you may be considering. Moving soil is easier and there will be much less damage to your yard when work takes place in the fall.

**4. Fall plantings grow better in the spring.** Many bushes, shrubs and plants do better when planted in the fall. If you get them in now, you'll benefit from a full season of growth next year, and they won't suffer from transplant stress during the hot days of summer.

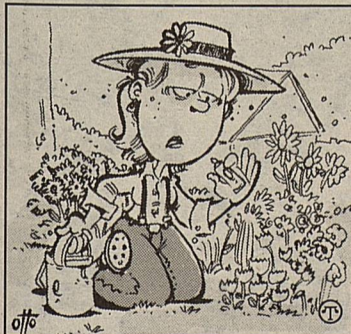
No matter when you do the work, landscape improvements such as retaining walls, raised planters, patios, and entertainment areas are always a great investment in your home. It's also a good idea to use permanent materials such as interlocking landscape blocks and concrete or stone pavers. You only have to do the job once, and those materials are maintenance free forever.

If you're looking for inspiration, Allan Block has hundreds of creative landscaping projects for you to view on its Web site. Visit [www.allanblock.com](http://www.allanblock.com) for great ideas and the location of your nearest Allan Block landscape professional.

## Health Awareness

### When Hay Fever Strikes

(NAPS)—Hay fever is nothing to sneeze at. It strikes when your immune system interprets an allergen—usually pollen—as a dangerous substance. In response, your body releases chemicals called histamines, which cause congestion, sneezing and other symptoms.



A gentle, saline nasal gel helps to relieve dry, irritated nasal membranes, one of the symptoms of hay fever.

To help relieve the discomfort caused by dry, irritated nasal passages that are a symptom of hay fever, Ear, Nose and Throat Doctors helped create a nasal saline gel that restores moisture to nasal membranes. The gel, called Ayr Gel, is formulated to be compatible with nasal tissue and gentle



Meet Your Future  
With A Straight  
Face  
**BUCKLE UP!**

\*\*\*  
Better to slip with the foot than  
with the tongue.  
—English proverb  
\*\*\*

### NOTICE OF APPLICATION FOR FLUID INJECTION WELL PERMIT

CHEVRON U. S. A., INC., #15 SMITH ROAD, MIDLAND, TEXAS 79705, has applied to the Railroad Commission of Texas for a permit to inject fluid into a formation which is productive of oil or gas.

The applicant proposes to inject fluid into the Spraberry formation, in the following section and lease: Jo-Mill (Sprayberry) Field, Jo-Mill Unit Lease (60465), Well Number 2426, 2536, 2631, 7214, Block 33, T&P RR Survey, 15 miles SW of Gail, Texas. Fluid will be injected into strata in the subsurface depth interval from approximately 6900 to 8000 feet.

**LEGAL AUTHORITY:** Chapter 27 of the Texas Water Code, as amended, Title 3 of the Texas Natural Resources Code, as amended, and the Statewide Rules of the Oil and Gas Division of the Railroad Commission of Texas.

Requests for a public hearing from persons who can show they are adversely affected, or requests for further information concerning any aspect of the application should be submitted in writing, within fifteen days of publication, to the Environmental Services Section, Oil and Gas Division, Railroad Commission of Texas, P.O. Drawer 12967, Austin, Texas 78711-2967, Telephone (512)463-6792.

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	(3) Other Classes Mailed Through the USPS	-0-	-0-
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I certify that all information furnished on this form is true and complete. I understand that anyone who furnishes false or misleading information on this form or who omits material or information requested on the form may be subject to criminal sanctions (including fines and imprisonment) and/or civil sanctions (including civil penalties).



## So What's so Impossible About These Pies? Absolutely Nothing

(NAPS)—Since the first Impossible Pie recipe—later renamed Impossible Easy Pie—was published in 1978, these quick-to-fix pies have been among the most requested Bisquick recipes. They are also some of the most requested recipes on the Betty Crocker Web site. If you love these sweet and savory pies and have recipe cards and clippings with your favorites scattered around, the new "Betty Crocker Bisquick Impossibly Easy Pies" cookbook is a must. One hundred twenty-six recipes, ranging from dinners to desserts, have been compiled for easy reference. The spiral-bound book includes old favorites as well as some that are sure to be new to your family.

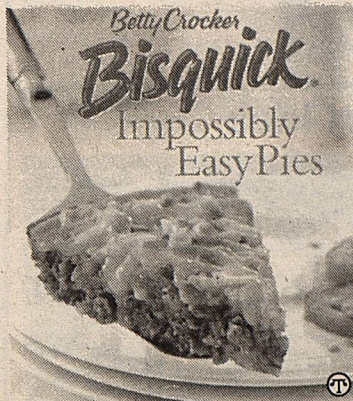
These foolproof pies are so popular because they are made with ingredients you already have on hand, and they magically bake their own crust. There's everything from holiday favorite Impossibly Easy Pumpkin Pie to Impossibly Easy French Apple Pie.

Real meal savers for time-pressed cooks include Impossibly Easy Cheeseburger Pie and this very popular, Impossibly Easy Taco Pie.

**IMPOSSIBLY EASY TACO PIE**  
Prep: 10 min.; Bake: 28 min.;  
Stand: 5 min.

- 1 pound lean ground beef
- 1 medium onion, chopped (½ cup)
- 1 envelope (1¼ ounces) taco seasoning mix
- 1 can (4½ ounces) chopped green chiles, drained
- ½ cup Original Bisquick mix
- 1 cup milk
- 2 eggs
- ¾ cup shredded Monterey Jack or cheddar cheese (3 ounces)
- Salsa, if desired
- Sour cream, if desired

1. Heat oven to 400 degrees. Spray pie plate, 9 x 1¼ inches, with cooking spray. Cook beef



and onion in 10-inch skillet over medium heat, about 10 minutes, stirring occasionally, until beef is brown; drain. Stir in taco seasoning mix (dry). Spread in pie plate. Top with chiles.

2. Stir Bisquick mix, milk and eggs in medium bowl with wire whisk or fork until blended. Pour into pie plate.

3. Bake about 25 minutes or until knife inserted in center comes out clean. Sprinkle with cheese. Bake 2 to 3 minutes longer or until cheese is melted. Let stand 5 minutes

before serving. Serve with salsa and sour cream. Makes 6 servings.

**Reduced-Fat Impossibly Easy Taco Pie:** Use Reduced Fat Bisquick mix, fat-free (skim) milk and shredded reduced-fat Monterey Jack cheese. Substitute 3 egg whites or ½ cup fat-free, cholesterol-free egg product for the eggs.

For more recipes, see the new "Betty Crocker Bisquick Impossibly Easy Pies" cookbook, now on sale wherever books are sold (Wiley, \$14.95). Add this new book to the "Betty Crocker Bisquick Cookbook" and the "Betty Crocker Bisquick II Cookbook" for a complete library of your favorite Bisquick recipes.

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## It's Up To You