

THE BORDEN STAR

Volume XXXI

January 29, 2003

Serving the Counties of Borden, Dawson, Garza, Howard, Lynn & Scurry

Hensley Sweeps Journalism Meet

Senior Micah Hensley has a jump start on defending her District 9-A journalism title.

The fourth-year writer won all four contests at the Red Raider UIL Invitational January 25.

Hensley took first place honors in editorial writing, feature writing, headline writing, and news writing.

She has qualified for regional the previous three years and made it to Austin for state competition her sophomore year.

The daughter of Donelle and Randy Hensley, Micah will also participate in ready writing and one-act during this year's district competition.

Scholarship Applications Available

Poka Lambro Telephone Cooperative, Inc. is now accepting applications for three \$2,5000 scholarships to be awarded in March of this year. Entry deadline is March 7, 2003.

The son or daughter of any Poka Lambro Telephone Cooperative member graduating from an area high school is eligible to apply. Scholarship recipients are selected based on academic

achievement, involvement in extra-curricular activities and financial need.

Applications have been sent to area high schools and may also be obtained from Poka Lambro.

Scholarship presentations will be made at Poka Lambro's Annual Membership Meeting in March. For additional information, please contact Amy Preston at 1-800-422-2387

The Pipeline Group

Public Education – Contract Awareness Program

The Pipeline Group's annual "Public Education – Contractor Awareness program" will be held at 6:30 p.m. on Thursday, February 13, 2003 in the Howard County Fair Barn, at Big

Spring Rodeo Grounds on old West Highway 80, in Big Spring, Texas. The program will be sponsored by a group of companies with a common goal of preventing accidents and damages to underground

Playoff Chances Improve as Coyotes, Lady Coyotes take wins in District Play

It was a crucial week for both the high school boys and girls basketball teams as the playoff picture begins to focus.

The Coyotes, who won over Sands and dropped a contest to league-leading Grady, now need to win over Dawson Tuesday night to clinch the playoff berth.

Meanwhile, the Lady Coyotes benefited from Grady's upset of Ira.

Ira, who came in to town and upset BHS January 17, had the tables turned as they lost to the Lady Wildcats the following Tuesday.

The girls took care of their own business last week with wins over Sands and Grady at home.

Individual highlights for all games were four 3-point performances by Kyliya Culp for the girls and Ben Griffin for the guys (both against Grady).

Pati Rodriguez had 10 steals against Sands, and

Bobbie Kempf pulled down 12 rebounds against the Lady Mustangs.

Klondike travels to Gail Friday for the Coyotes and Lady Coyotes' last home game of the season.

Closing out district play will be the matchup with Ira in Ira Tuesday, February 4.

BOX SCORES

GIRLS

1-21-03

BHS 16 14 21 17 68

SHS 6 16 8 12 42

Carol Arellanos (7 pts., 5 rebounds, 2 steals); Kyliya Culp (5 pts., 1 rebound, 1 steal); Jami Gass (4 pts., 5 rebounds, 4 steals, 1 assist); Shayla Gass (10 pts., 2 rebounds, 2 steals, 1 assist); Micah Hensley (9 pts., 4 rebounds, 2 steals); Menda James (7 pts., 1 rebound, 3 steals); Bobbie Kempf (12 pts., 11 rebounds, 4 steals, 3 blocked shots, 3 assists); Dalene Kempf (5 pts., 2 rebounds, 1 blocked shot); Pati Rodriguez (9 pts., 2 rebounds, 10 steals)

1-24-03

BHS 18 19 17 9 63

GHS 4 9 8 18 39

B. Kempf (23 pts.), Culp (18 pts.), J. Gass (7 pts.), James (7 pts.), S. Gass (3 pts.), P. Rodriguez (3 pts.), Hensley (2 pts.) also playing Arellanos and D. Kempf

BOYS

1-21-03

BHS 9 19 9 15 52

SHS 4 8 7 12 31

Adam Carter (6 pts.), Ben Griffin (10 pts.), Talin Pepper (11 pts.), Kyle Pinkerton (6 pts.), T.J. Sharp (11 pts.), Shane Tarleton (11 pts.)...also playing Brionne Jackson and Cade Peterson

1-24-01

BHS 6 4 22 2 34

GHS 9 21 12 9 51

Griffin (18 pts.), Pepper (9 pts.), Tarleton (4 pts.), Sharp (3 pts.) also playing Carter, Jackson, Peterson, and Pinkerton

pipelines and utilities. A free dinner will be catered by Big John's Feed Lot for all persons involved in excavation related activities in Borden, Glasscock, Howard, Mitchell, Scurry, and Sterling counties. Following the dinner,

Cont. to pg. 8

School Zone Safety Tips



- > Obey speed limits
- > Watch for students walking and riding bicycles
- > Be prepared to slow down and stop when school buses flash yellow and red lights.

Just a Reminder, brought to you from the TxDOT

JV Girls Stay undefeated in District: Boys avenge earlier Loss to Grady

The Coyotes had only one loss in district play going into last Friday's contest with Grady.

The loss was to the Wildcats back on January 7, and this time BHS did not let the halftime lead slip away.

Clay John Anderson led the Coyotes with 10 points, the only player in double figures.

BOX SCORE

1-24-03

BHS 11 15 8 10 44
GHS 8 11 8 8 35

Also scoring for the Coyotes:

John Wilson (8 pts.), Aaron Pigford (7 pts.), Garrett Chapman (6 pts.), Garrett Thomas (4 pts.), Austin Tarleton (3 pts.), Trey Soto (2 pts.), J Ryan Gicklhorn (2 pts.), Andrew Lamming (2 pts.); also playing was Andy Lozano

The boys also won January 21, 48-36, against Sands at home.

BOX SCORE AND STATS

1-21-03

Anderson (9 pts., 3 rebounds); Chapman (6 pts., 4 rebounds, 2 steals); Gicklhorn (6 pts., 8 rebounds, 1 steal, 1 assist); Lamming (5 pts., 2 rebounds); Lozano (4 rebounds, 2 steals); Pigford (3 rebounds, 1 steal); Soto (4 rebounds, 2 steals); Tarleton (12 pts., 3 rebounds, 1 assist); Thomas (7 pts., 2 rebounds, 2 steals, 1 assist); Wilson (3 pts., 6 rebounds, 1 steal, 1 assist)

Ashley James was caught smoking Friday afternoon, but it was not in the bathroom.

She lit up Coyote Gym with 25 points to lead the JV girls to another win over Grady, 55-23.

LaShae Johnson was also in double figures with 10 points.

BOX SCORE AND STATS

1-24-03

BHS 17 15 12 11 55
GHS 4 8 3 8 23

Whitney Anderson (4 pts., 4 rebounds, 1 steal); Thelma Balaque (3 rebounds, 1 blocked shot, 2 assists); Megan Brooks (2 pts., 3 rebounds, 1 steal);

Brandi Hudson (2 rebounds, 1 steal); Ashley James (25 pts., 3 steals, 3 assists); LaShae Johnson (10 pts., 3 rebounds, 3 steals, 1 blocked shot, 1 assist); Emily Mayes (6 pts., 3 rebounds, 2 steals, 2 assists); Cassidy Ogden (2 pts., 4 rebounds, 1 steal); Cassidy Rinehart (6 pts., 5 rebounds, 2 steals)

BHS was victorious in action January 21 as the girls defeated Sands at home, 51-20.

James and Mayes were in double figures with 11 and 10 points, respectively.

BOX SCORE

1-21-03

BHS 14 11 11 15 51
SHS 5 5 6 4 20

Anderson (8 pts.), Balaque (2 pts.), Brooks (8 pts.), James (11 pts.), Johnson (9 pts.), Mayes (10 pts.), Rinehart (3 pts.) also playing was Cassidy Ogden

Missy Coyotes fall to Klondike Finish Season

The last time the girls' junior high team met Klondike, the Missy Coyotes were outscored 21-2 in the first period.

BJH made sure that did not happen again early as they kept a talented young Klondike team in check through the first period and trailed only 9-5.

The girls also played strong in the final period as Klondike scored only seven to BJH's four.

But the second and third quarters count, too, and that's where Klondike dominated as the visitors took a 45-13 district win.

BJH finishes with a season record of seven wins against seven losses.

Turnovers for the Missy Coyotes and second-chance points for Klondike spelled the difference in the middle two quarters as rebounding

gave the Cougars some extra chances to score.

Some bright spots for the Missy Coyotes were some good offensive rebounding (16 in the game) and some hustle on both ends of the floor.

GAME STATS

1-27-03

Ana Arellanos (2 pts., 4 rebounds, 1 steal); Heather Brooks (2 rebounds); Dannelle Copeland (1 pt., 1 blocked shot, 1 steal); Becky Dobyms (2 rebounds); Sarah Harding (4 rebounds, 1 steal); Chelsea Minnick (1 rebound); Lacey Newton (4 rebounds); Kalli Poole (6 rebounds, 1 blocked shot, drew a charge); Shelby Roberts (1 rebound); Sydney Shipp (1 steal, 1 rebound); Christina Soto (1 pt., 5 rebounds, 1 steal); Linsey Stamper (9 pts., 7 rebounds, 3 steals); Kaila Thompson (1 rebound); Kate Wallace (1 pt., 1 rebound); Rachel Wilson (2 rebounds)

Jr. High Monday Night Results

1-20-03

vs. Grady

Girls' Game

BJH 0 10 5 2 17

GJH 12 12 5 15 44

Playing were Sydney Shipp, Shelby Roberts, Lacey Newton, Rachel Wilson, Lindsey Stamper (7 pts.), Heather Brooks, Ana Arellanos (2 pts.), Sarah Harding, Becky Dobyms (2 pts.), Kalli Poole (2 pts.), Chelsey Minnick, Christina Soto (2 pts.), Dannelle Copeland

Boys' Game

BJH 1 6 8 10 25

GJH 14 15 8 6 43

Playing were Quentin Shafer (4 pts.), Logan Howard, Pasqual Espinoza, Clint Chapman (6 pts.), Zane Williamson, Jacob Froman (8 pts.), Taylor Peterson, Symeron Rinehart, Rowdy Clary, Brice Smith, Michael Bullinger (2 pts.), John Cowart (3 pts.), Miller Valentine, Dore Rodriguez (2 pts.)

Menu

Week Of:

February 3rd - 7th

MONDAY:

Burrito, potato wedges, salad, fruit & milk. **Breakfast:** Pancake pup, fruit juice & milk.

TUESDAY:

Chicken Strips, potatoes, green peas, hot rolls, jell-o, & milk. **Breakfast:** Biscuit & Gravy, fruit juice & milk.

WEDNESDAY:

Beef Fajitas, rice, salad, pinto beans, fruit & milk.

Breakfast: Cereal & toast, fruit juice & milk

THURSDAY:

Meat & gravy, broccoli & cauliflower, mix veggies, fruit & milk. **Breakfast:** French toast sticks, fruit juice, & milk.

FRIDAY:

Rib on a bun, French fries, salad, brownie, & milk. **Breakfast:** Hot pockets, fruit juice & milk.

The Hand is the perfect kitchen tool for portion control

The World's Most Versatile Kitchen Utensil to Help You Lose Weight

Portion size is a cornerstone to a successful weight loss program Weight Watchers suggests using a "hands-on" approach to help keep you in control.

In today's changing world of lifestyles, the word "super size" not only refers to a food's portion size but also cookware and plates. The experts at Weight Watchers have stressed the importance of portion control since the program" inception more than thirty years ago and teach how you can avoid those extra pounds while still enjoying each morsel of food you put in your mouth. Remember, the amount you eat is even more important

than what you eat.

"Bigger doesn't necessarily mean better, especially when it comes to plate sizes and food portions, but today's restaurants like to pile high and round. As consumers this is something we need to be aware of," said Karen Miller-Kovach, MS, RD, Chief Scientist at Weight Watchers International. "Portions these days are double and sometimes triple what they should be so don't be afraid to share with a friend or take it home for the next day. Leftovers make the best meals and there's nothing better than cold pizza or pasta."

Weight Watchers has always emphasized the importance of portion control and believes the easiest way to visualize portion size is to use your hand. Take a closed fist for example, the size of your fist equals about one cup or one medium piece of fruit. Since you want to get in at least 5 servings of fruits & vegetables a day - 5 "fist fulls" should be your goal. Use your fist as you ruler and your guide.

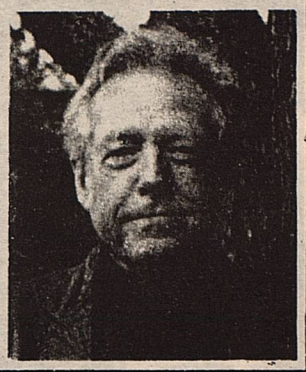
The experts at Weight Watchers also advise consumers to use the following as additional visual examples:

- your thumb = one ounce cheese of meat.
- your thumb tip = one tablespoon

Cont. to pg. 8

Texas Stories
A showcase of the Texas Spirit

Tumbleweed Smith
Part owner of Texas



Fun with goats in Eldorado

Eldorado's Jim Runge is at it again. This time it's goats.

He is staging the Eldorado Elgoatarod Festival February 22nd - 23rd on Eldorado's Court House Square

It was inspired the Alaskan Iditarod dogsled race.

The event will feature goat races around the square pulling sleds, carts, wagons, hackneys, half barrels, surreys, gigs, chariots, travois, travois with wheels, and all sorts of conveyances.

"Anything goes," says Runge, who has made a name for himself across Texas by either acting out characters from Texas history or staging wacky events.

We've got something for everybody during the Elgoatarod. There's a goat milking contest and there'll be prizes for the best dressed goat, the ugliest goat, the stinkiest goat and the best bicycle that most resembles a goat."

The event is all about goats, since Eldorado is in goat country. Some of the most unique features include a best dressed goat contest, a goat kissing contest, stupid goat tricks, goat and owner look alike contest, a goat pill flipping contest, a goat calling contest, goat pasture bingo, stick goat races and a goat bike parade.

And that's not enough, there'll also be arts, crafts, food, games and for the motorized crowd, a truck and tractor show.

"And of course there's a category for everyone's favorite goat, the Pontiac GTO," says Runge.

Should you feel the need to get in touch with Jim Runge about anything, such as

getting contest rules or signing up for any part of the even, you could just call him at 195/853-24434 or email him at eldoradotexas@hotmail.com.

Early entries in the goat race include one team that has racing goats pulling an open-topped oil drum cut to resemble a Roman chariot. Another is build from a riding lawnmower.

Runge says there are several factors to consider when building an entry. "It's sort of like NASCAR. You have to ask yourself how much speed do you want to sacrifice for a measure of stability?"

I have been seen both the half barrel chariot and the riding lawnmower entry. I have no doubt the two-wheeled chariot will turn over at the first turn around the courthouse.

I think every community needs a Jim Runge. He possesses an uncanny ability to liven up the place and think up things for people with a sense of humor. All it takes to be a part of one of his events is a willingness to have fun.

He is planning a Running of the Bull in Eldorado during Pamplona, Spain's running of the bulls.

"We'll just be telling jokes, stories, lies, brags, tall tales, the stuff Texans are famous for," says Jim.



**Touchstone Energy Co-op
 Contributes to Volunteer Fire
 Department**

Big Country Electric Cooperative has contributed a total of \$1,100 to area volunteer fire departments as part of a statewide initiative by Touchstone Energy.

Touchstone Energy is a national alliance of electric cooperatives that are active members of their local communities dedicated to serving commercial, industrial, agricultural and residential customers with integrity, accountability, innovation and commitment

to community. Statewide, Texas Touchstone Energy cooperatives are making \$14,000 in donations to volunteer fire departments.



"Rural fire volunteers should be commended for what they do so fearlessly and generously to keep our community safe each day," said Jerry Stapp, General Manager of Big Country Electric Cooperative. "If we can help make their jobs a little easier or safer, we are delighted to do so. After all,

many of the volunteers are co-op employees or members."

More than 550 Touchstone Energy cooperatives in 39 states deliver electric power and energy solutions to more than 16 million customers each day. There are 20 Touchstone Energy cooperatives in Texas.

Big Country Electric cooperative serves more than 5,300 member-consumers in 12 counties.

CAPITOL COMMENT

**U.S. SENATOR
 KAY BAILEY HUTCHISON**

Leaving No Child Behind

In America's early days, our founding fathers wanted to do something very different from what they had experienced in Europe. They wanted every child in America to have a quality public education. The standard they set forth more than 200 years ago has been the foundation of our democracy and our economic success.

Unfortunately, in the past few years we have not kept pace with the demand for quality in public education. Creativity and accountability in our public schools became increasingly rare. But last year Congress passed legislation to turn the tide. In the spirit of ensuring each child in America gets an equal opportunity to succeed, it was christened the No Child Left Behind Act. This January we celebrated the one-year anniversary of these landmark education reforms to improve our nation's public school system.

No Child Left Behind set high expectations for our children and our schools. And Congress put its money where its mouth is. Along with the objectives of empowering parents and educators, the legislation provided more federal dollars with fewer bureaucratic strings for our nation's schools. Last fall when America's children went back to school, so too did millions of dollars in new resources and the mandate that our nation's schools improve.

Empowering Parents

We know that parents are one of the keys to a successful education. According to research from the National Parent Teacher Association, parental involvement results in higher grades, test scores, and graduation rates; increased motivation and higher self-esteem; decreased use of drugs and alcohol; and greater enrollment rates in post-secondary education. The benefits are limitless. But what happens if parents are unhappy with the performance of their child's school? Too often, parents have been left

with little recourse to fix the problem or seek alternatives within the public system.

But not any longer. One of the key components of No Child Left Behind was a series of reforms aimed at empowering parents. An element I introduced was the parents' report card, which provides parents regular updates on the performance of their child's school. Additionally, the law provides immediate new options for parents of students in chronically underachieving and dangerous public schools. The Department of Education has also dedicated part of its website to providing resources for parents. By logging on to www.nclb.gov/parents, Texans can download tools to more actively participate in their child's education.

Empowering Educators

No Child Left Behind provides help for all of our nation's schools, but gives additional resources to underachieving schools — the ones that need it most. It also implements a variety of reforms, from giving teachers tax relief for out-of-pocket classroom expenses, to shielding teachers, principals and school board members from frivolous lawsuits. And not only does the law require testing for our children to ensure they are learning, it requires accountability for producing results.

Increasing Federal Funding

No Child Left Behind triples funding for reading programs proven to work and increases funding for Title I, the largest education program for disadvantaged children, by \$1.5 billion. Most importantly, the legislation acknowledges that states and local school districts — not the federal government — know how to most effectively allocate their resources. It gives all 50 states and every local school district new freedom and flexibility in the use of federal education dollars, so schools can spend the money on the programs and initiatives that work best for their students.

Texas schools experienced a dramatic boost to their bottom line as a result of No Child Left Behind. Federal funds for major state K-12 education programs increased by 23 percent, from \$1.8 billion in 2001, to \$2.2 billion in 2002.

In the past year, educators across the nation and throughout Texas have embraced these reforms and the spirit of a new era of accountability in public education. As we move forward and continue to improve our public school system, we will do what our founders intended: level the playing field for each child in this great nation.



Wedding Plans Announced

James Cooley and Tiffany Corbin

Joe and Pam Cooley of Gail would like to announce the engagement and approaching marriage of their son James to Tiffany Corbin. Tiffany is the daughter of David and Terry Morton of Sherman.

The couple plans a March 8, 2003 wedding at the Community Light House Church in Sherman, Texas.



Mumme-Smith Announce Engagement

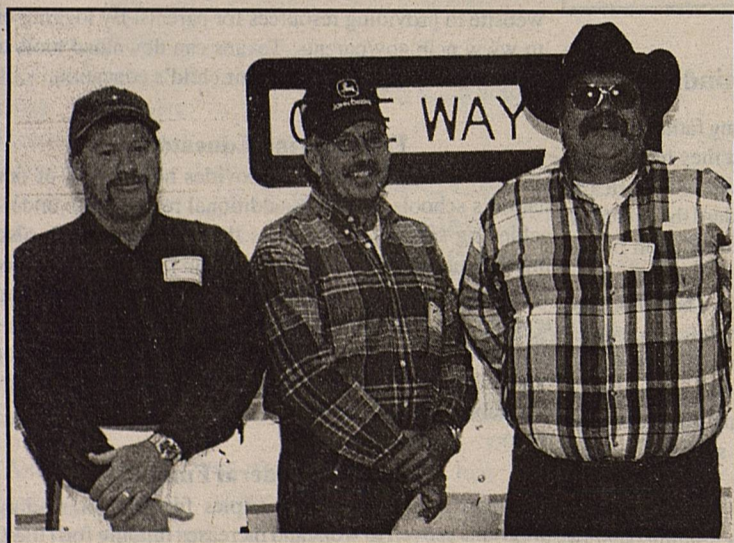
Gerry Smith and Julie Mumme

Bill and Debbie Mumme of Fredericksburg and Lubbock (formerly of Hondo) are pleased to announce the engagement of their daughter, Julie Diane, to Gerry Edward Smith. Gerry is the son of Terry Smith and the late Edward Smith of Gail.

Julie is the granddaughter of Dick and Kathryn Cade of Slaton and Ella Mumme and the late Stanley Mumme of Hondo. Gerry is the grandson of Veta Pearl Clift and the late James Clift of Sweetwater and Juanita Smith and the late L.D. Smith of Midland (formerly of Gail).

Julie is a graduate of Hondo High School and received her BS in Home Economics Education and MS in Family & Consumer Sciences Education from Texas Tech University in Lubbock. She is currently employed by Texas Cooperative Extension in Borden County as the County Extension Agent-Family & Consumer Sciences. Gerry is a graduate of Borden County High School and Texas A&M University in College Station. He is currently employed in the Feedyard Division by Friona Industries, LP in Amarillo.

The couple plans an April 5, 2003 wedding at the First Methodist Church in Slaton.

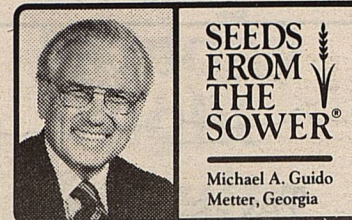


BORDEN COUNTY EMPLOYEES EARN AWARDS AT SAFETY BANQUET:

The Texas Department of Transportation's Abilene district held their annual Safety Awards Banquet recently at the Taylor County Expo Center in Abilene. This banquet is held annually to recognize the district employees' outstanding efforts in the operation of TxDOT vehicles and equipment and for having no work related injuries.

Five Borden County maintenance section employees were recognized at the banquet for combined totals of 49 years as safe operators and 15 years of no injury.

Borden County maintenance section employees who were honored for their outstanding safety were from the left, Norman "Jibber" Herridge, section supervisor, Bob Kempf and Darden Stokes, Not pictured, but receiving honors were Carrie Hart and Ray Don Underwood. (TxDOT photo by Mary Beth Kilgore).



SEEDS FROM THE SOWER

Michael A. Guido
Metter, Georgia

Every year has two handles, faith or fear. Take hold of this New Year with the handle of faith, saying, "In You, O Lord, I put my trust."

Trust in the Lord to guard you, saying, "Be my Rock of refuge." Whom the Lord saves He shelters. He's all-sufficient, ever-present and never-failing.

Trust in the Lord to guide you, saying, "Lead me and guide me." Never be afraid to trust an unknown future to a known God.

Trust in the Lord to gird you, saying, "You are my strength."

When your capability is of God, you'll never be incapable!

NOTICE TO ALL PERSONS HAVING CLAIMS AGAINST THE ESTATE OF VIRGINIA BELEW, DECEASED

Notice is hereby given that original Letters Testamentary for the Estate of **VIRGINIA BELEW**, were issued **January 20, 2003**, in Cause No. 360, pending in the County Court of Borden County, Texas, to:

JOE THELL BELEW

The residence of such Independent Executor is in Scurry County, Texas. The address for purposes of presenting claims is:

**P.O. Box 251
Fluvanna, Texas
79517**

All persons having claims against this Estate which is currently being administered are required to present them within the time and in the manner prescribed by law.

DATED this the **20th** day of **January, 2003**.

CRAIG, TERRILL & HALE,
L.L.P.
P.O. Box 1979
Lubbock, Texas 79408-1979

Phone: (806)744-3232
Fax: (806)744-2211

By Bennett G. Cook

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O'Donnell

FDIC

The Borden Star (USPS or PUBLICATION NO. 895-520) is published weekly except Christmas and New Years' week for \$12.00 per year by the Borden Star, P.O. Box 137, Gail, Borden County, Texas 79738. Second-class Postage paid at Gail, Texas.

POSTMASTER: Send Change of Address to the Borden Star, P.O. Box 137, Gail, Texas 79738

Article Submitted by Jacquie Whalen



A Tribute to "Ms. Peggy"

WHEW! From Pennsylvania to a whirlwind romance with John Dennis in Texas, marriage on March 30, 1946 in San Angelo and moving to the ranch in Borden County, without indoor plumbing or bathroom facilities (just pick a tree, honey, and put your name on it.) What a Pioneer, as she was accustomed to a few finer amenities provided by her father, the carpenter by trade.

Nevertheless, Ms. Peggy proved that she was here to stay as the "Old Sweaters" (referring to the elderly gentlemen that always sat in front of the Gail Post Office) that only gave this Yankee a few months in West Texas before returning Home!

Well . . . almost 57 years later, dedicated wife and mother of four children, attending thousands of Borden County school activities, functions and sports (unbeknownst to some fans of chasing referees to the dressing room or whistling so loudly that the court action would stop!). A sheep rancher through many droughts till 1990 (learning to open and shut the very TIGHT wire gates built by Uncle Jack and sometimes laughing at herself when she realized she was on the opposite side from the vehicle and children!). Remodeling and refurbishing a few houses (you want this piece of furniture, where?). "Ms. Peggy" has returned Home to be with the good Lord, her parents, Big John, Debby and many loved ones.

To the many, many loving families, neighbors, friends, acquaintances (those in the Post Clinic; Lynnwood Assisted Living Center; Lynn Co. Hospital and Dr. Freitag) that bestowed such thoughtful gestures, cards, flowers, food, and comfort,) to "Ms. Peggy these past few years, and especially in these days of January 2003, we are so Humbly Greatful. Also, many thanks to Janice Moreman for the last 18 months and organizing the 24-hour Care. Thanks Denise, Eva and Joann, so Ms. Peggy had three days again in her home in Post!

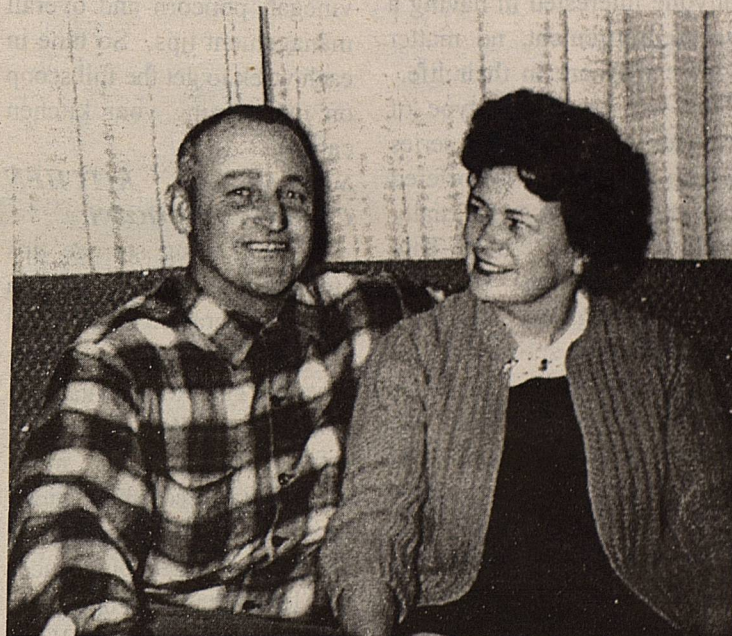
We love You!

David, Mary Ann and Jacquie

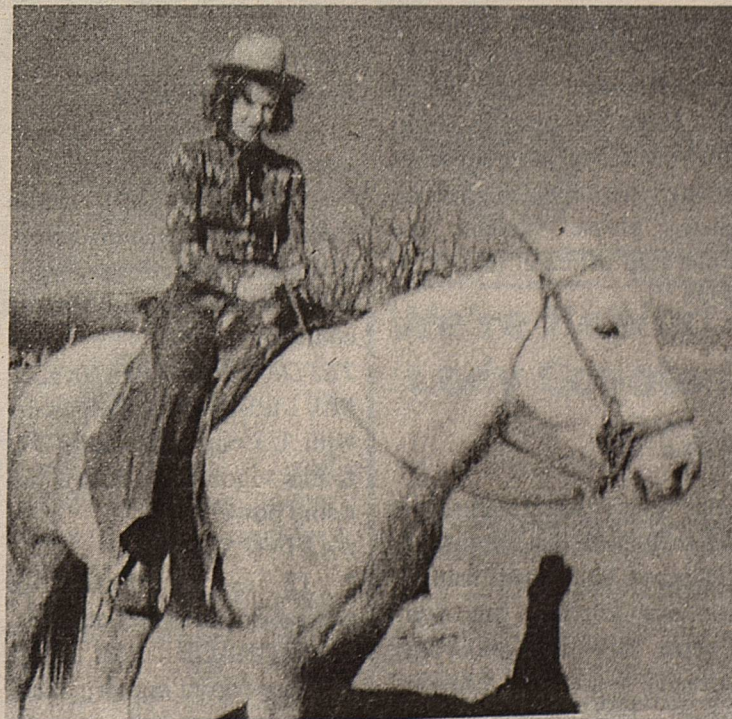
The family suggests memorials to be sent to the Borden County EMS, the Holy Cross Catholic Church in Post, St. Jude's Church in Tahoka or the Lynnwood Assisted Living Center in Tahoka.



The Family: (L. to R.) David, Debby, Jacquie, Ms. Peggy, Mary Ann, and Big John.



Big John and Ms. Peggy



Surprising to some, she actually did ride a horse.

Peggy Dennis 1921-2003

Funeral services for "Ms. Peggy" Dennis, age 81, of Borden County was held at 2:00 p.m. on Friday, January 17th, 2003 at Holy Cross Catholic Church in Post, with the Rev. Rey Sorgon officiating. Burial was in Terrace Cemetery under direction of Hudman Funeral Home.

Mrs. Dennis died on Monday, January 13th. at the Lynn County Hospital.

She was born April 25th, 1921 in Toronto, Canada. She married John Dennis on March 30th, 1946 in San Angelo, Texas.

She was a housewife and a Catholic. She and her husband John, ranched in Borden County for many, many years.

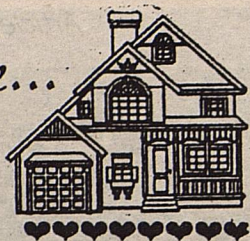
She was preceded in death by her husband on October 19th, 1999 and a daughter, Deborah Awtry on October 13th, 1997.

She is survived by a son; David Dennis of Borden County; two daughters; Mary Ann Awtry of Oregon City, Iowa and Jacquie Whalen of Gail. Three grandchildren; Michael Awtry of Abilene, Russell and Mendi Awtry of Lubbock and Marissa Awtry of South Lake Texas.

Submit your articles of Community Interest to: Borden Star, Box 137, Gail, TX 79738

Heart and home...

By Julie D. Mumme
Borden County Extension Agent -
Family and Consumer Sciences



Extension programs serve people of all ages regardless of socioeconomic level, race, color, sex, religion, disability, or national origin. the Texas A&M University System, U.S. Department of Agriculture, and the County Commissioners Courts of Texas Cooperating.

Secure Your Dreams: Retirement Series

What are you going to do when you retire -- and how are you going to pay for it? If you start planning today and investing wisely now, by the time you retire, you could be a millionaire --or at least have a financially secure retirement.

To find out how to secure your dreams, you should plan on participating in a new series of educational programs to be presented over the course of 2003. The Retirement: Secure Your Dreams series which was developed by Iowa State University Extension covers retirement planning issues that face early, middle and late career adults, the self-employed and already retired individuals.

Think about it -- at age 22, you have 45 years to build a sizeable retirement fund. If you are 30- or 40-something, you still can accumulate the necessary money to secure your future. You will have to commit more each month or year, but you can do it. At 50- and 60-something, you need to make different choices than when you're younger to finance the retirement you desire. Each life stage has specific issues, but the bottom line is this: By going without something you want today, and instead investing in your

Kitchen Cupboard Management 101 (part 1 of 3)

Have you looked -- REALLY looked -- at the foods in your kitchen cupboards lately?

Is it time to bid some foods a fond farewell? Should others be moved to a better location and/or storage container? Can

future, you can buy your freedom to do as you please in retirement.

To begin 'securing your dreams,' attend the first program to be held on Monday, February 3 at 6:00 p.m. in the Community Building. The educational program and information is free of charge and is open to anyone interested in having a secure retirement, no matter where they are in their life.

This will be a new type of educational program series which will be partially offered live and in person and partially online (via the Internet). This series will consist of eight different programs. The first program in the series is *Begin by Planning Today*. The other program topics include: (2) *Picture Your Future*, (3) *Retirement Income: How Much Do You Need?*, (4) *Where Will Your Nest Egg Come From?*, (5) *Growing Your Nest Egg*, (6) *Retirement Considerations for the Self-employed*, (7) *Update Your Home for a Lifetime of Living*, and (8) *Decisions at the Time of Retirement*. If you would like more information about this educational program series or any other financial planning issue, please contact the Extension office at (806)756-4336.

you "revive" some aging foods so they still can be used? Often we buy those "staples" for our kitchen, but don't realize how long we have actually had them. I know I often look through my cupboards and even my

refrigerator and think 'I just bought that bottle of cooking oil or that jar of mayonnaise,' then look at the date on it and find out that it is *six months* past the due date!

Over the next three weeks, we will review some tips for helping you decide

whether to toss, move or try to save common kitchen cupboard foods. We will look at the shelf life, storage tips, testing for freshness and ways to revive a product. This week we are looking at baking powder, baking soda, canned foods and honey. In week two, we will look at flour, spices and herbs, cooking oil and shortening. During week three, we will look at sugar, vinegar, popcorn and overall management tips. So tune in each week to get the full scoop on maintaining your kitchen cabinets.

STORING KITCHEN CUPBOARD FOODS

The following storage tips are based on food stored at a room temperature of about 70 F. The times are those generally cited for maintaining best food quality. A range of times and the more conservative recommendations are given to allow for age of the product when purchased, how long it has been open, etc. READ LABELS CAREFULLY -- they often contain important storage information and recommended "use by" dates.

BAKING POWDER

* 12 to 18 months or expiration date on container
* STORAGE TIP: Store tightly covered in a dry place. Make sure measuring utensils are dry before dipping into the container.

TESTING FOR FRESHNESS: Mix 1 teaspoon baking powder with 1/3 cup hot water. If it foams vigorously, it still has rising power.

BAKING SODA

* 12 to 18 months or expiration date on container
* STORAGE TIP: Store tightly covered in a dry place. Make sure measuring utensils are dry before dipping them

into the container.

TESTING FOR FRESHNESS: Place 1 1/2 teaspoons in a small bowl. Add 1 tablespoon vinegar. If it fizzes, then it will still help leaven a food. If it doesn't fizz, use it as an odor catcher in the refrigerator.

CANNED FOODS

* 1 to 2 years
* STORAGE TIP #1: The Canned Food Alliance <http://www.mealtime.org> recommends eating canned food within 2 years of PROCESSING for best quality. Many cans will include a "for best quality use by" date stamped somewhere on the can. In a well run and busy store there should be a fairly constant turnover of canned goods, with cans on the shelf only a short time before you purchase them, according to the Canned Food Alliance. Some products contain a code, which varies among companies, that identifies the production date.

Junior 4-H Club to Meet

The Borden County Junior 4-H Club will meet on Monday, February 3 from 3:45 to 5:00 p.m. Refreshments will be provided. The program will be Out on a Limb...a Guide to Getting Along. Those interested in community service are encouraged to bring personal

If you have a concern over how old a food is, call the company's toll-free number (if listed on the can) or write to the address on the can.

* STORAGE TIP #2: Avoid refrigerating OPENED canned foods in their can. Food can develop an off-odor from the can, once opened.

HONEY

* 12 months
* STORAGE TIP: Honey stores best at room temperature. It tends to crystallize more rapidly, a natural process in which its liquid turns solid, in the refrigerator.

REVITALIZING

CRYSTALLIZED HONEY: The National Honey Board <http://www.honey.com> recommends revitalizing crystallized honey by placing the jar in warm water and stirring the honey until the crystals dissolve.

Source: *Food Reflections E-Newsletter, February 2003*

hygiene items (soap, hair brush, comb, deodorant, etc.) to be donated to an area shelter. Any youth ages 9 (or currently enrolled in 3rd grade) through 8th grade are invited to attend. For more information contact the Extension office at (806)756-4336.

High School 4-H Club to Meet

The fourth meeting of the High School 4-H Club will be held on Wednesday, February 5 from 12:36 to 1:05 p.m. in the Conference Room. Any high school student interested is welcome to attend and be a member of 4-H! The discussion will focus on responsibility. Those interest-

ed in community service are encouraged to bring a new personal hygiene item (soap, hair brush, comb, deodorant, etc.) to be donated to an area shelter. Bring your lunch to the conference room next Wednesday. For more information contact the Extension office at 756-4336.

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Courthouse News

WHEREAS, On this the 19th day of December, 2002, the Commissioners' Court of Borden County, Texas, convened in Special Session in the Commissioners Courtroom at the Courthouse in Gail, Texas, the following members of the Court being present, to-wit:

VAN. L. YORK, County Judge, Presiding; **DOUG ISAACS**, Commissioner, Prec. No. 1; **LARRY SMITH**, Commissioner, Prec. No. 2; **ERNEST REYES**, Commissioner, Prec. No. 3; **HURSTON LEMONS, JR.** Commissioner, Prec. No. 4; **JOYCE HERRIDGE**, County clerk and Ex-Officio of the Commissioners Court.

Constituting a quorum, when the following proceedings were had, in accordance with the posted agenda.

Also in attendance were Commissioner Elect Precinct No. 2, Randy Adcock and Commissioner Elect Precinct No. 4, Joe Belew.

MINUTES APPROVED

Minutes of the Commissioners Court meetings of December 9, 2002 were read. Commissioner Smith made a motion to approve said minutes. Motion was seconded by Commissioner Lemons. Motion carried unanimously.

ACCOUNTS ALLOWED

The current accounts were examined and Commissioner Lemons made a motion to approve and pay said accounts. Commissioner Smith seconded the motion. Motion carried unanimously.

COURTHOUSE INSURANCE

After conferring with TAC concerning the proposed value of the Courthouse for insurance purposes, the Commissioners were in agreement to obtain another appraisal to determine the value of the Courthouse and the amount it would cost to rebuild should it be destroyed. No action was taken on the insurance at this

time.

RESOLUTION INDIGENT DEFENSE GRANT PROGRAM

A motion was made by Commissioner Isaacs to adopt the Resolution for the indigent Defense grant Program. Commissioner Reyes seconded the motion. Motion carried unanimously.

AMEND BUDGET

Commissioner Smith made a motion to approve the 2002 Budget Amendments as set out below. Motion was seconded by Commissioner Lemons. Motion carried unanimously.

BUDGET AMENDMENTS YEAR 2002 FOURTH QUARTER

GENERAL FUND

LINE ITEM TRANSFERS COURTHOUSE AND BUILDINGS

\$ 400 to office supplies from prisoner expense
\$2000 to tools & supplies from prisoner expense.

COUNTY EXTENSION OFFICE

\$ 290 to travel - FCS from tires & Tubes
\$ 240 to travel - FCS from office supplies
\$ 210 to supplies & tools from office supplies
\$ 10 to telephone from office supplies

\$1150 to pick-up repair from fuel, oil & grease

\$ 25 to postage from office supplies

\$ 360 to equipment from 4-H material

\$ 30 to equipment from office supplies

MISCELLANEOUS

\$6000 to bonds & insurance from employee insurance

\$ 40 to election from legal notice

\$ 500 to law library from employee insurance

BORDEN COUNTY WATER

\$ 300 to tools & supplies from utilities

\$2500 to telephone from water purchase

\$ 300 to parts & repairs from construction

\$ 50 to printing & postage from water purchase

OFFICE SALARY FUND

LINE ITEMS TRANSFER

SHERIFF/TAX ASSESSOR

\$1100 to office supplies from overtime Deputies

\$ 150 to auto repair from investigation

\$1400 to software lease from postage

\$ 400 to part-time clerk from fuel, oil & grease

\$ 250 to equipment from sheriff travel

COUNTY JUDGE

\$ 50 to equipment from travel expense

COUNTY TREASURER

\$ 112 to postage from employee insurance (office, sal)

\$ 50 to telephone from employee insurance (office, sal)

\$ 50 to supplies from employee insurance (office, sal)

\$ 400 to travel from employee insurance (office, sal).

COUNTY & DISTRICT CLERK

\$ 50 to telephone from office supplies

JUSTICE OF THE PEACE

\$ 100 to telephone from office supplies

ROAD & BRIDGE FUND

LINE ITEM TRANSFER

\$ 100 to fuel from tires & tubes

PRECINCT #1

\$13500 to road materials from labor

\$ 2900 to parts & repairs from employee insurance

PRECINCT #2

LINE ITEM TRANSFER

\$1000 to parts & repairs from fuel, oil & grease

\$ 300 to retirement from employee insurance

PRECINCT #3

LINE ITEM TRANSFER

\$ 600 to tools & supplies from fuel, oil & grease

\$ 500 to tires & tubes from fuel, oil & grease

PRECINCT #4

LINE ITEM TRANSFER

\$ 500 to road materials from employee insurance

DISCUSSION-ITEMS

FOR FUTURE AGENDA

No items presented.

ADJOURN

A motion was made by Commissioner Smith to adjourn. Motion was seconded by Commissioner Lemons and approved unanimously.

THE FOREGOING MINUTES READ AND APPROVED THIS 13TH DAY OF JANUARY, 2003.



Let Me Get My Hat!

By Dennis Poole,
Borden County CEA-Ag.

Extension programs serve people of all ages regardless of socioeconomic level, race, color, sex, religion, disability, or national origin. The Texas A&M University System, U.S. Department of Agriculture, and the County Commissioners Court of Texas Cooperating.

Major Stock Show Results

Once again it's major stock show season! Borden 4-H and Gail FFA have several members who will be participating in the major shows. Each exhibitor and their family have spent many hours preparing their animals for exhibition and we hope each of you have a prosperous and successful experience. Some results are as follows:

ODESSA:

Brandi Hudson - 15th Place
Meat Goat

Also exhibiting meat goats

was Mandi Hudson.

FT. WORTH:

Lambs:

Miles Valentine - 5th Place LW Southdown

Miller Valentine - 12th Place LW Southdown

LaShae Johnson - 3rd Place

HW Southdown, 13th Place

MW Medium Wool, and 13th Place HW Medium Wool

Congratulations to these exhibitors! Next week we will have the results of the steer and barrow show.

Your Local Pastor

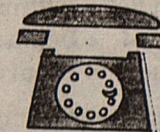
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Gail Baptist Church

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The Pipeline Group

Public Education – Contract Awareness Program

Cont. from pg. 2

a brief safety program will be presented which stresses the importance of accident prevention by identifying pipeline and utility rights of way, use of one-call systems, and the importance of working with pipeline and utility companies to safely excavate in the vicinity of underground facilities. The Texas law requiring notification to a one-call system before excavating will be discussed. Sponsors will provide promotional materials including notification information for their companies, safety related brochures and other safety reminders.

An FBI agent has been invited to make a brief presentation on the possibilities of terrorist attacks on pipeline and underground utilities; and answer questions regarding the role of our guests within the newly created Department of Homeland Security.

Each year many lives are injured or lost, plus millions of dollars in repairs and lost products are incurred due to "third party" incidents – someone digging into a pipeline. Thousands of communications, some life-threatening, may be disrupted when expensive fiber-optic cables are damaged or severed. These types of excavation can be financially devastating to the responsible party. This safety program is an attempt to help those who

do excavation work to avoid such situations.

Sponsors for the program include; All American Pipeline LP – Alon USA LP – Atmos Energy – bp Pipelines (North America Inc. – Chevron Pipe Line Co – Devon Gas Services LP/Southwestern Gas Pipeline Inc./ACACIA Natural Gas Corp – DIG TESS – Duke Energy Field Services LP – Duke Energy Field Services-Chaparral & Quanah Pipelines – El Paso Field Services – El Paso Natural Gas Co – Eott Energy Pipeline Limited Partnership – Kinder Morgan CO₂ Co LP – Navajo Pipeline Co – Northern Natural Gas Co – ONEOK West Tex Transmission LP – Seminole Pipeline Co – Shell Pipeline Co LP – Sunoco Pipelind LP – Teppco Crude Oil LP – TXU Fuel Co/TXU Lone Star Pipeline – Western Gas Resources In.

The World's Most Versatile Kitchen Utensil to Help You Lose Weight

Cont. from pg. 2

- your cupped hand = one to two ounces nuts or pretzels
- your palm = three ounces cooked meat, poultry or fish
- your fingertip = one teaspoon.

Research shows that people who go to Weight Watchers meetings are much more likely to lose weight

(NAPS)—A prompt and proper diagnosis can help you give flu and other respiratory diseases the cold shoulder this season, so you don't have to lose a minute of work or play to feeling ill.

More than just enjoyable activities are at risk. According to the Centers for Disease Control and Prevention, pneumonia and flu together are the sixth leading causes of death in the U.S. More than 100,000 hospitalizations and 20,000 deaths occur each year from flu-related complications.

Here are some tips on how to stay healthy:

- Make sure you're getting the right disease treated. Many illnesses can disguise themselves as flu when they're really something else, such as respiratory syncytial virus, mycoplasma pneumonia or adenovirus. Experts say 90 million Americans each year think they have the flu when they don't. Your doctor can give you a quick and painless test that can help tell your doctor if your flu-like symptoms—sudden headache, dry cough, runny nose, sore throat, aching muscles, fatigue and possible fever—is influenza. You can get Quidel's

QuickVue Influenza test as part of a routine checkup and get your results in 10 minutes or less.

- Rest, fluids and good nutrition are important in the fight against the flu and other diseases that strike in cold weather.

- Good hand-washing technique includes using soap—espe-

than people who try to lose weight on their own. In fact, each week more than one million members attend approximately 39,000 Weight Watchers meetings in 30 countries around the world. To learn more about Weight Watchers, visit WeightWatchers.com. To find the nearest Weight Watchers meeting location, call 1-800-651-6000, or click on the Find a Meeting link at the top of our homepage.

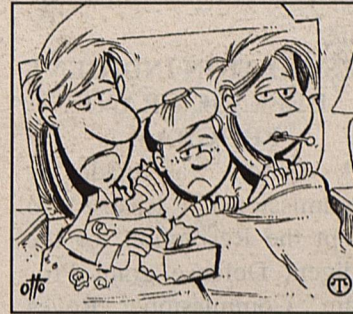
Dietary reference intakes for older adults

Nutrient	Men		Women	
	51 to 70	>70	51 to 70	>70
Calcium	1,200	1,200	1,200	1,200
Phosphorus	700	700	700	700
Magnesium	420	420	320	320
Fluoride	3.8	3.8	3.1	3.1
Vitamin D	10	15	10	15
Thiamin	1.2	1.2	1.1	1.1
Riboflavin	1.3	1.3	1.1	1.1
Niacin	16	16	14	14
Vitamin B6	1.7	1.7	1.5	1.5
Folate	400	400	400	400
Vitamin B12	2.4	2.4	2.4	2.4

**If you suspect a
STROKE or
HEART ATTACK
Call the
BORDEN CO. EMS
806/759-5111
Immediately
DON'T
HESITATE!**

SEE YOUR DOCTOR

Staying Influenza-Free



You and your family don't have to be stuck in bed with flu—or worse.

cially an anti-bacterial soap, which kills germs rather than simply washing them away—and hot water, as hot as you or your children can stand.

- Taking vitamin C, unless your doctor advises you to avoid it, can reduce the risk of flu and speed

recovery time. Herbs such as echinacea have also been known to be effective.

- If you do come down with something, give yourself an extra day or two to recover fully. Just because you feel better doesn't necessarily mean you are better; symptoms that are diminished or gone when you're still in bed can show up again as soon as you're up and around, and pushing yourself to do too much too soon can open you up to a significant risk of reinfection.

- Make sure that particularly vulnerable family members, such as students, small children and elderly people, get flu shots. Many hospitals, schools and clinics offer low-cost or even free vaccinations to people who qualify.

- Try to avoid stress, which can weaken your immune system and make you more vulnerable to all sorts of infections, including flu.

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Below is a list of subscriptions that expired in December and will expire in January and February. Please look on the list to see if your name is listed, if so please send \$12.00 payment to the: **Borden Star Box 137 – Gail, TX 79738**

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