



Carter proposes 'citizen-rate' stamps

WASHINGTON (AP) — Postmaster General Benjamin F. Bailar today asked the Postal Service board of governors to hike first-class mail rates for businesses by three cents while holding postal rates for individuals at the current 13 cent.

Bailar's recommendation followed a request last week by President Carter to set up a "citizen's rate" for first-class mail that would cost less than letters mailed by businesses. Carter did not specify a fee in his request.

Bailar did not ask the governors to endorse the end to Saturday delivery of

mail — a subject that was expected to be discussed during the meeting — but said that the special citizen rate for letters may win wider public approval for five-day-week delivery if he decides to recommend it.

The new rates of 16 cents and 13 cents could not go into effect before next spring because the law requires a 10-month delay for consideration of Bailar's recommendations by the board of governors and the Postal Rate Commission.

The postage rate for letters has been 13

cents since December 1975.

"Hopefully, if inflation can be checked and we are allowed to continue attacking postal costs vigorously, the 13-cent rate for the individual could have a long life," Bailar said.

The citizen rate would apply only to first-class matter mailed by an individual to a point within the United States and would involve specially printed stamps.

To qualify for the rate, Bailar said, ZIP codes must appear in both the delivery and return addresses, one of which must be handwritten. The letters also must meet standard size and shape requirements.

Carter proposed setting up a new class of mail rates in a letter last week to Bailar.

"I believe that as a matter of national policy it would be in the public interest to pursue the concept of a citizen rate first-class postage for use by consumers," the President wrote.

Bailar said several months ago that the first-class letter rate probably would go to 15 cents if Saturday delivery was eliminated and 16 cents if it was continued.

Although rate increases bring the mail agency substantial criticism, the proposed reduction in delivery is generating as much controversy in Congress this time.

The controversy heated up when a congressionally created study commission recommended earlier this year that deliveries be reduced from six to five days per week, saving \$412 million per year.

The study group commissioned a public opinion poll by the A.C. Nielsen organization that found that the public would rather go without the usual six-day delivery than pay more for postage.

Key members of Congress disputed the finding and a bill is pending in the House to order continued six-day delivery service.

One of the sponsors, Rep. Charles H. Wilson, D-Calif., wrote to every board

member before the meeting urging that Saturday delivery not be ended.

He noted that a House resolution which he also is sponsoring urges retention of six-day delivery and has more than 200 co-sponsors in the Senate, a similar non-binding resolution on the subject recently was adopted.

"I think that these two statements by both houses of Congress should be recognized as a better measure of public sentiment than the questionable Nielsen survey on the subject," Wilson told the governors.



Little folks learn the strokes

Swimming instructor Lillian Eason, left, congratulates one of her young pupils on overcoming the first problem in learning to swim: fear of the water. Pampans of all ages and with various degrees of swimming skills are enrolled in Red Cross swimming classes at the city pool.

Frankie Hildenbrand, center, leads an advanced beginner class in swimming techniques. Classes began Monday and will continue until July 15. A second session of classes will begin July 18. Red Cross officials said, and openings are still available in intermediate

swimming, basic lifesaving and advanced lifesaving classes. Swimmers interested in attending the second session of classes may register in the Red Cross office at City Hall. Cost is \$1. Qualified instructors currently conduct two classes a day, from 9 to 10 a.m. and from 10

to 11. The second session will end July 29. Texas Safety Association officials urge all vacationers to take swimming lessons and sharpen their water-safety skills before going swimming this summer. (Pampa News photos by Ron Ennis)

Solar may compete with electricity

WASHINGTON (AP) — Solar energy may be able to compete with electricity in producing heat and hot water for large commercial and residential buildings as early as 1980, a new congressional study says.

The report by the Office of Technology Assessment, published Tuesday, suggests that Congress consider policies beyond what the Carter administration is endorsing to encourage development of large solar

power units. The study says rising electricity costs and falling solar equipment expenses may make even small solar electricity units economically competitive with conventional power plants.

But most buildings still would need a back-up conventional power system, the study says, adding that solar energy cannot compete with coal in industrial use for at least the next 20 years.

The study, nearly 1,000 pages long, was based on computer comparisons of solar energy devices with electric or natural gas systems. It suggests that private homes can use the sun's rays to

provide hot water and, perhaps, space heating, and adds that office and apartment buildings or hotels may find it even more financially attractive to turn to solar heating and hot water.

Even solar air conditioning may be feasible, perhaps by roofing over parking lots with solar energy collectors and burying heat-storing water tanks beneath the lots, the study says.

Heat collected by simple solar panels could be circulated through coils for direct heating, or used to drive devices called "heat pumps" that can be reversed to provide air conditioning.

Two arraigned for burglary

Two Pampa men are in Gray County Jail today in lieu of \$2,500 bond each on burglary charges.

Michael Blair Nisbet, 33, and Gary Lee Snider, 21, were apprehended by Pampa police officers inside the Ideal Food Store, 312 E. Brown, at 2:16 a.m. today.

Patrolman Randy Stubblefield and Sergeant Norman Rushing were responding to an alarm at the store when they noticed a door had been opened.

The officers entered the store and heard sounds from the drug department.

Nisbet and Snider were taken into custody.

The officers reported one of the men was wearing white athletic socks on his hands and was carrying a pink pillowcase containing "a large amount of drugs."

Officers arrested the pair and after searching the store took them to the police station where they were charged with burglary. Stubblefield and Rushing reported the men's van was found parked about one-half block from the store.

Nisbet and Snider were arraigned this morning by Justice of the Peace Venora Cole who set the \$2,500 bonds.

Beetles found on plane

WASHINGTON (AP) — The federal government is ordering planes leaving a Washington airport for California sprayed with DDT after finding Japanese beetles on board a plane, but one airline says it will fight, not spray.

King Lovinger, an Agriculture Department spokesman, said Tuesday the "routine" spray order was aimed at protecting California's agriculture industry from the beetles.

But United Airlines, citing an Environmental Protection Agency ban on DDT for farm use, has refused to spray its aircraft.

United spokesman James

Linse said representatives of his company and two other airlines involved plan to meet today with officials of the Agriculture Department and the Federal Aviation Administration to discuss the spraying program.

"We hope to get total satisfaction that any material that USDA wants us to use in spraying an aircraft is absolutely safe to anyone coming in contact with it," he said. "Nobody has been able to explain so far to us why the EPA has banned it (DDT) but the Agriculture Department gives it to us to use."

Japanese beetles, normally found only in the northeastern

part of the country, were discovered on a plane arriving in California last week from Dulles International Airport in suburban Washington.

The insects attack more than 400 kinds of plants and can cause extensive destruction, according to experts.

After authorities in California discovered the beetles last week, the Agriculture Department declared Dulles Airport "hazardous" and ordered the spraying for all planes flying to California.

United Airlines, American Airlines and Trans World Airlines have flights from Dulles to California, an airport official said. He said the department

agreed not to enforce the order against United until the differences could be worked out.

American and TWA officials apparently went along with the order, but spokesmen for the two airlines were not immediately available for comment.

Lovinger said airline officials are mistaken in the impression there has been a total ban on the use of DDT.

"They have banned most uses of DDT but not all uses," he said of the EPA. "The airlines have been instructed not to spray food handling areas and if they're doing it, they're in violation of our instructions."

Cubans free young American sailors

KEY WEST, Fla. (AP) — "I never thought America was so free," says a young Californian who spent the Fourth of July in Havana after Cuban forces seized the ketch he said he was sailing to Panama.

Robert Skafte and four companions were freed Tuesday. They said two other Americans from another sailboat were still being held in Cuba.

Skafte said the Cubans conceded the 46-foot ketch Musica was in international waters, but they had apparently mistaken it for a sailboat they believed had fired on one of their fishing boats.

The U.S. Coast Guard had been aware of the incident since monitoring the Musica's radio distress signals during the seizure Sunday but had made no public announcement, a spokesman said.

The Coast Guard said it informed the U.S. State Department of the capture.

The State Department had no immediate comment on the seizure.

Skafte, a 19-year-old student from Newport Beach, Calif., had sailed from Marathon in the Florida Keys on Sunday morning.

Aboard were the ship's owner, Dr. Donald Reidt, a professor of medicine at the University of California-Irvine, and three others who, like Skafte, wanted to learn to sail. They were identified as Paul Holthus, 20, Orange, Calif.; Terry Scott Myers, 20, Kansas City, Mo.; and Susan McCarthy, 16, Encinitas, Calif.

Associated Press in a telephone interview Tuesday night.

Suddenly, two jet fighter planes appeared and began making passes over the Musica, "dropping some kind of bomblike things that would make a big noise and water would shoot up," Skafte said. "I thought, 'God, there's some kind of war starting.'"

Two gunboats then approached and the Musica was boarded by a Cuban military officer and four armed men, Skafte said. The Cubans stayed aboard for an 11-hour run into port at Bahia de Cabana.

The Americans were interrogated individually, then driven to Havana and held in a dormitory-like facility, he said. About dawn on July 4, "We had breakfast: soda crackers, water and Cuban coffee," said Skafte.

He said more questions followed. During the day, the Musica crew discovered two other Americans had been taken captive. Skafte, who had been debriefed by Coast Guard officers on arrival in Key West, would not reveal their names.

"They're still down there," he said. He said he and the others were taken back to the Musica at about midnight Monday.

"We said, 'we're free. It's the end of Independence Day and we're free,'" said Skafte.

The Musica radioed the Coast Guard again after being released. The ship arrived at Key West on Tuesday afternoon.

Inside Today's News

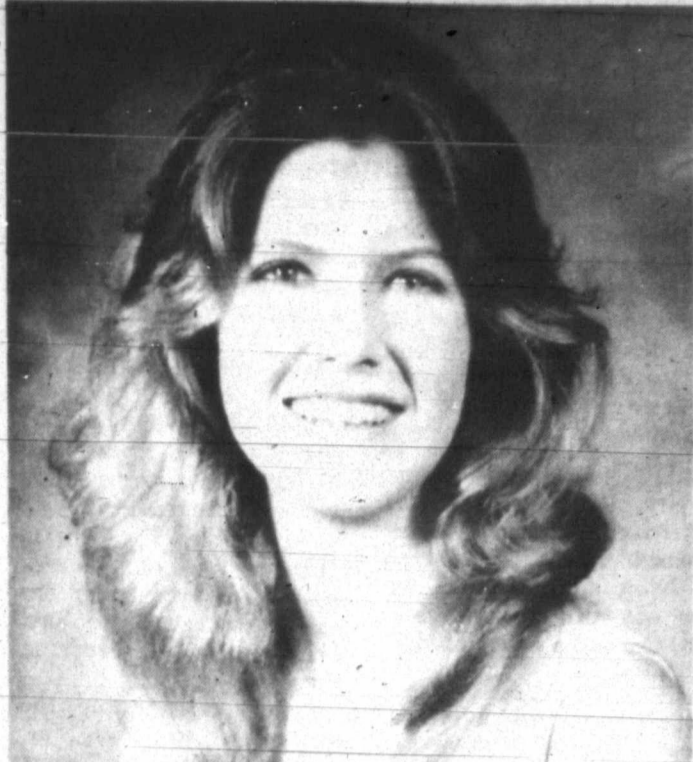
| | |
|---------------|------|
| Abby | 5 |
| Classified | 8, 9 |
| Comics | 6 |
| Crossword | 2 |
| Editorial | 2 |
| Horoscope | 2 |
| On The Record | 4 |
| Sports | 7 |



Continued warm is the forecast for today with a high expected in the mid-90s. Weather will become partly cloudy tonight and Thursday and an overnight low in the upper-60s and a high Thursday in the low-90s are predicted. Winds from the southwest will be 15-20 m.p.h. today, dropping to 10-15 m.p.h. from the south tonight.

The horrors of the silver screen that thrilled movie goers of the past are featured in a new book by two Amarillo newspapermen. Story and photo on Page 8.

JULY 6 1977



Canyon girl enters pageant

Kim Landram, senior at Canyon High School, will compete in the Miss Top of Texas Pageant July 23 in the M.K. Brown Auditorium. Miss Landram plans to attend West Texas State University after graduation with a major in business and a minor in speech or drama. She will perform on the piano and oboe for the talent judging. Miss Landram is the reigning Miss Canyon and is the Lions Club 1977 queen and the 1977 sweetheart of the Kiwanis Club. She was listed in the Junior Who's Who and was runner-up for junior class favorite. She is a twirler, vice president of the student council and is a member of the Business Club, Drama Club, Band Council, Future Teachers of America and Future Homemakers of America. Miss Landram is the 17-year-old daughter of Mr. and Mrs. Frank G. Landram Jr. of Canyon and she is being sponsored by the Canyon Study Club.

Escapeses may head to Mexico

OKLAHOMA CITY (AP) — A hand-drawn map of Mexico was found in the cell of Elmer Finin, who escaped with Ruiz and Denton but has not been linked to the murders. The map apparently had been torn in half. Police have not determined whether Finin is the other two, but the FBI, in a complaint filed in Oklahoma Monday charging the three with interstate flight to avoid prosecution, stated an informant said Finin would likely go to Mexico with Ruiz and Denton. Denton and Ruiz allegedly killed town marshal Marvin Ritchie and wounded another man last Wednesday when the officer stopped their stolen car near an Arkansas lake resort. Fingerprints from road maps in that car linked the two with the marshal's murder. The wounded man, David Small, a ranger with the U.S. Army Corps of Engineers, was found beside Ritchie's body. He had been shot in the shoulder and apparently left for dead. One of his fellow rangers, Opal James, was abducted; his body was found two days later about 40 miles north of Magazine in Montgomery County. The day before the marshal's killing, two fishermen in Franklinton, La. — Ray Jones Sr., 65, and Art Wilson, 66 — disappeared. Wilson's car was found the next day in Magazine. The escapees are believed to have gone from Arkansas to Purcell, Okla., where a stolen Arkansas pickup truck was found Friday. At the same time Purcell taxi driver James Melvin Short, 40, disappeared after making a pickup in his cab. Neither Short nor his cab has been seen since. Short's wife said Tuesday that she believes her husband is driving the escapees to Mexico. Mrs. Short, a native of Panama, said her husband knows Mexico very well. The FBI said Denton has relatives and friends who live in the Purcell area and may have gone there for help. All points bulletins are out in four states for the two, who were reported seen Saturday night driving Short's maroon taxi near Wayne, Okla. Stevens described Kearney as "a loner, with an eerie sense of quiet about him." Others in the peaceful residential area where the two men lived said there was no hint of their involvement in the multiple slayings for which they are being questioned. "They were very quiet, very nice," recalled Rob Longacre, who lived next door to Kearney and Hill for more than four years. "It's just one of those things that you can't believe." Kearney, 37, who resigned as an engineer with Hughes Aircraft in El Segundo, and Arturo Marquez, 24, of Oxnard, were persuaded by their families to return and surrender, authorities said. Kearney and Hill, 34, have been charged with the LaMay and Marquez slayings. Authorities say they are questioning them in connection with at least 28 slayings. Several of the victims, including LaMay, were found wrapped in plastic trash bags and the case has become known as the "trash bag murders."

Kidnap victim strangled

CAIRO (AP) — A former religious affairs minister kidnaped three days ago by Moslem extremists was found strangled today in a villa near the 5,000-year-old pyramids at Giza, police reported. Police arrested three university dropouts at the villa outside Cairo and said one of them confessed to killing 64-year-old Shaik Mohamed Zahabi, the official Middle East News Agency reported. The agency said the three youths were Mohamed Abu Donya, Safwat el-Sheikh el-Zeiny and Anwar el-Ma'moun. It said all were under 21 and left school to get away from what they called a sinful society and live in strict accordance with the Koran, the Islamic book of scriptures. The agency's report did not say which one confessed to the killing. Zahabi's body was clad in the white nightgown he was wearing when he was kidnaped from his suburban villa at 2 a.m. Sunday. A medical examiner determined that he was slain Monday night. Zahabi, who was minister of religious affairs from April 1975 to November 1976, was kidnaped by members of an outlawed sect called the Atone-ment and Immigration Society. The kidnapers said they would kill him unless they were paid \$500,000 in ransom and 60 imprisoned members of the sect were released from jail. The government responded by rounding up members of the sect, which seeks to make Egypt a religious state adhering strictly to the Koran. Zahabi waged a vigorous campaign against the sect while he was a member of the cabinet.

Lefors school board sets Thursday meet

The Board of Trustees of the Lefors Independent School District will meet Thursday night at 7 to consider a five-item agenda. The board will employ personnel and approve current bills for payment. Members will also discuss the budget, salaries and lunch prices for the 1977-78 school year.

Officers chase two gunmen woman hostage

CENTER, Tex. (AP) — Pursuing officers seized two men at one point and two others later after a running fight Tuesday night in which authorities said shots were fired and a woman was seized as hostage. The chase led northward across parts of half a dozen East Texas counties before the second pair was captured outside Lufkin about 11:15 p.m. In the meantime the woman was freed unharmed, officers reported. Authorities said the four men in custody would be charged with attempted capital murder. Their names and that of the woman seized with her car were not learned at once. Officers related these details: Four men in a late model car stopped to order gasoline at a station in Center, east of Groesbeck, and drove away without paying. Constable David Vickery of Tenaha, alerted by radio, tried to stop the vehicle. A shotgun charge struck his car but the constable was unharmed. Two men left the fleeing car and tried to escape on foot. They were captured and taken to Center.

Two linked to trash bag murders

By LINDA DEUTSCH Associated Press Writer RIVERSIDE, Calif. (AP) — A bloody hacksaw, a carpet and the hair of a pet dog have linked two roommates to at least 28 "trash bag murders," police say. The items were listed in an affidavit filed by sheriff's deputies which showed that physical evidence taken from the bodies of several murder victims

matched items found in the home shared by David Hill and Patrick Kearney, both avowed homosexuals. The two Redondo Beach men were arraigned Tuesday on two counts each of murder. But Riverside County Sheriff Ben Clark said they might be tied to many more slayings that occurred over a seven-year period. "There are at least 28," Clark said of the cases being linked to the pair. "There may be more." He said the estimate came from conversations with the two men, who are talking openly with authorities. Kearney, a former electronics technician at Hughes Aircraft Corp., led authorities to six alleged grave sites over the weekend. The sheriff's affidavit in-

dictated that Kearney, 37, and Hill, 34, were first suspected in the series of mysterious murders when a friend of theirs, John LaMay, was found dismembered last March 18. In an interview with authorities in April, Kearney and Hill said they both had had homosexual relationships with LaMay over a period of two years, the affidavit said. During that visit, sheriff's deputies obtained samples of dog hairs, carpeting and the men's body hair, which eventually were matched with evidence found on the bodies of LaMay and other victims, the affidavit disclosed. At the men's home, investigators found a hacksaw coated with dried blood that matched LaMay's blood type, the documents showed. In May, when authorities were closing in, the affidavit said, the men wrote to Kearney's grandmother in Barstow asking her to sell their house and pay their bills because they were going away.

men, some were dismembered and several were stuffed in plastic trash bags. They were found along highways stretching from Los Angeles to the Mexican border. Judge Philip LaRocca ordered the men held on \$500,000 bail each and set July 15 for a plea hearing. The public defender said he would represent Hill, who is unemployed.

Carter seeks rationing power

WASHINGTON (AP) — President Carter's reported decision to seek broader standby gasoline rationing authority is mlikely to face a rough time in Congress, a key Democratic senator says. Sen. Henry Jackson, D-Wash., chairman of the Senate Energy and Natural Resources Committee, says he thinks Congress will reject the proposal unless the country is confronted by a crisis of supply. "I doubt Congress, barring some situation that does not now exist, some national emergency, will grant that authority to any president," Jackson said Tuesday. Administration sources said earlier in the day the President

is going to ask Congress for standby authority for rationing that could produce a cut in gasoline consumption of at least 25 per cent in the event of a foreign oil embargo or other interruption in supply. The President already has limited standby rationing authority under federal law. But the sources said Carter wants existing restraints lifted so he could declare an emergency and impose rationing without delay. Jackson said he was "surprised" at the report of Carter's plans, and other members of Congress said the House and Senate should be cautious before meeting a request for broader standby rationing authority. Immediate congressional response to the President's reported plans was light, since both the House and Senate are in recess and few members are in Washington. Rep. Robert A. Young, D-Mo., reached in his home state, said he would be "very cautious" before giving the President the power to ration gasoline. "It's too much power for one person to have," he said.

men, some were dismembered and several were stuffed in plastic trash bags. They were found along highways stretching from Los Angeles to the Mexican border. Judge Philip LaRocca ordered the men held on \$500,000 bail each and set July 15 for a plea hearing. The public defender said he would represent Hill, who is unemployed.

Six sentenced in land fraud

PHOENIX (AP) — Six convicted Arizona land swindlers have been sentenced in federal court for their roles in a \$4.5 million nationwide fraud scheme by Western Land Sales Co. All six, including Albert P. Rofola Jr., vice president and general manager of the defunct Phoenix company, pleaded guilty to felony or misdemeanor charges and were sentenced Tuesday.

Gays charged in dismemberment

REDONDO BEACH, Calif. (AP) — Patrick Kearney and David Hill, avowed homosexual lovers charged with killing and dismembering two men and suspected in 26 other slayings, seemed ordinary to their neighbors — except for Kearney's fascination with knives. "He liked to come in and look at the butcher knives," grocery store owner Jerry Stevens said Tuesday. "He'd ask me to take one down and he'd look at it and handle it and ask me about the steel. Then he'd put it back. But it wouldn't be a week before he was back looking at them again." Stevens described Kearney as "a loner, with an eerie sense of quiet about him." Others in the peaceful residential area where the two men lived said there was no hint of their involvement in the multiple slay-

ings for which they are being questioned. "They were very quiet, very nice," recalled Rob Longacre, who lived next door to Kearney and Hill for more than four years. "It's just one of those things that you can't believe." Kearney, 37, who resigned as an engineer with Hughes Aircraft in El Segundo, and Arturo Marquez, 24, of Oxnard, were persuaded by their families to return and surrender, authorities said. Kearney and Hill, 34, have been charged with the LaMay and Marquez slayings. Authorities say they are questioning them in connection with at least 28 slayings. Several of the victims, including LaMay, were found wrapped in plastic trash bags and the case has become known as the "trash bag murders."

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JUL 7 1977

Advice

Dear Abby
By Abigail Van Buren

DEAR ABBY: Maybe you can tell me what's wrong with my husband. He sleeps in a room all by himself, saying he could never sleep with anyone. Yet he came from a family of 10 kids. They were poor as church mice, and you can't tell me HE had a room all to himself.

He says he's not hungry at mealtime, so I eat with the kids. Then 10 minutes after we finish eating, he eats alone. He gets off work at 1:30 in the morning and stays up until 5 a.m. reading. Then he goes to sleep and gets up at 2 p.m., and all this time I am trying to keep five children under 8 years old quiet.

After nine years, I am getting used to it, but what do I tell my children when they say, "Other families do things together, why don't we?"

LONELY

DEAR LONELY: Your biggest problem is not what to tell the children, but to establish communications between your husband and his family. You are not actually living together. You are living parallel lives. Why? He is either sick or selfish. Only his doctor can tell you.

DEAR ABBY: About three weeks ago, all of our relatives and several of our friends received wedding invitations to a certain wedding in town. We received no invitation and felt put out, but said nothing, because you don't just call up people and ask them how come you weren't invited, do you?

Three days before the wedding, I got this tearful phone call from the bride, apologizing all over the place because she'd heard we didn't get an invitation.

She said we were on her guest list, and the invitation must have been "lost" in the mail. She begged us to come, but I hadn't shopped for a gift, and I had nothing to wear, so I declined. Many of our relatives said they thought we should have gone. I would like your opinion.

OVERLOOKED

DEAR OVERLOOKED: I think you should have attended. If you had not been wanted, the bride wouldn't have telephoned you personally. Your gift could have come later, and your attire would have been of little importance.

CONFIDENTIAL TO WORRIED IN WORTHINGTON, MINN.: You have sufficient reason to worry. Minnesota Statutes No. 609.342 says:

"Criminal sexual conduct in the first degree provides a 20-year prison sentence for sexual penetration with another person where the sex partner is 13 years of age and the defendant is more than three years older. If the sex partner is 13 to 16 years of age, and the defendant is more than two years older, the offense is in the third degree (No. 609.344), and the penalty is 10 years in prison. Consent to the act by the sex partner is NOT a defense."

Ask Dr. Lamb

By Lawrence E. Lamb, M.D.

DEAR DR. LAMB — I am 15 years old and I guess I'm in that age group when boys seem to have lots of trouble with their faces. Mine is really bad. I have quite a few pimples and they are really embarrassing. It's embarrassing when you have them and it is not the nicest thing to live with if you are interested in girls and want to have any social life at all.

I've tried everything and take a shower every day and try to keep clean but still I have them. Would taking a lot of Vitamin A help? I've heard that it will and would like your opinion on this or any suggestions you might have that will help me.

Also I've heard that foods make the face break out. I've stayed away from all chocolate but that hasn't helped. I've used different face creams but none seem to do any good.

DEAR READER — Yes, you are in that age. About 90 per cent of the boys and 80 per cent of the girls in their teens to mid-20s have some problem with acne — black heads, white heads, and pimples. Almost all cases of acne can be helped. Unfortunately most people do not do the right things to help their acne. Sometimes what they do is harmful and makes the situation worse.

First, you had better forget about that Vitamin A idea. Too much Vitamin A used for this purpose can actually be harmful. In excess doses it can even cause your hair to fall out. It is a fat soluble vitamin and is stored in excess amounts in the body if you are taking large doses.

In young children excess Vitamin A can even cause accumulation of fluid in the brain, causing changes similar to a brain tumor. I am aware that there is a widespread idea among young people that Vitamin A is good for acne but it is not. Years ago some doctors thought it was useful and did prescribe it but more recent studies have shown it is useless in the treatment of acne.

Let me add that Vitamin A acid used on the skin is not the same thing and is very useful in some cases. It has to be prescribed and its application supervised by a physician. I am sending you The Health Letter number 8-2, Acne Can Be Treated, to give you more detailed information about this and other agents used to peel the skin. Others who want this information can send 50 cents with a long, stamped, self-addressed envelope for it to P.O. Box 1551, Radio City Station, New York, N.Y. 10019.

The basic problem causing acne is an excess production of sebum, the greasy substance from the sebaceous glands in your skin. You goal should be to decrease the oil on your face. You do that with gentle washing two or three times a day. Too vigorous or too frequent washing can injure the skin and make the problem worse. You should not use any oily or greasy creams whatever. There are a number of drying or peeling agents that doctors use — including Vitamin A acid. Let your doctor help you with these.

Antibiotics help kill bacteria that live inside the pores of the skin. These bacteria split the fat in the sebum, releasing fatty acids that are irritating to the skin. This is what causes the inflammation in most cases.

Those stories about avoiding chocolate, nuts, sweets and other foods are not based on good information. Controlled studies that permit analysis and conclusions have shown that the diet does not make any difference.

Dr. Lamb will answer representative letters of general interest in his column. (NEWSPAPER ENTERPRISE ASSN.)

Polly's pointers

By Polly Cramer

DEAR POLLY — I would like to know how to clean some white lamp shades that have yellowed. They are heavy plastic (not paper) with a fabric covering. — DONNA

DEAR DONNA — It sounds as if your shades had yellowed from the heat. I presume that what you would like to do is restore the original whiteness and cleaning will not do that. I have sprayed such shades with flat spray paint and they looked very good. First all surface dirt must be wiped off with a damp sponge. — POLLY.

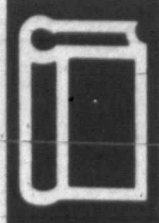
DEAR POLLY — In our part of the country we are very conscious of the water shortage and the necessity for saving it in any way we can. I have a few such Pointers I would like to pass on to the other readers.

If you need to cool tea or coffee in a restaurant ask for one cube of ice and not a glass of water that you do not intend to drink.

Keep a wet towel in the garage (hanging on a nail) and have children wipe their hands off on this before coming in the house. This serves well enough for those frequent trips to the john and they can repeat the "wipe" on the way out.

Those with two or three small children can put them all in a half-tub of water and bathe them at the same time. Run water out of tub and then shower all three for a minute or less. Amazing how much water this saves. A time limit has to be set on the showers teenagers take and I set my kitchen timer and when it goes off the water must go off. One can get clean very quickly with no dawdling.

Also save on gasoline by planning shopping trips so there is no back tracking and as much as possible can be planned in one trip. — MARIAN.



About books:

bad news from Washington

CIRCLES: A WASHINGTON STORY by Abigail McCarthy (Doubleday, 251 pages, \$7.95)
FULL DISCLOSURE by William Safire (Doubleday, 525 pages, \$10.95)

By Carol Felsenthal
Although even those who climb to the top of the Washington power pyramid are relatively poorly paid, they get a very valuable fringe benefit — a virtual guarantee that their memories of life on the Potomac will ultimately get bound between two covers and billed as titillating tastes of Capitol capers.

Of these public servants, the politician's wife is perhaps the most underpaid, overworked and overlooked. So when Abigail McCarthy (ex-wife of Eugene McCarthy) wrote a perceptive book about her experiences as a Washington wife ("Private Faces—Public Places"), the accomplishment seemed particularly gratifying. In "Circles," her second book and first novel, she has transformed these same experiences into fiction. Unfortunately, her novel joins the lengthening list of Washington novels which are occasionally bright and focused, but more often dull and distracted.

The novel suffers from a constantly shifting point of view. It opens in the first person with aging Laura Talbert, once a powerful Washington hostess who could make or break a career by dispensing or withholding an invitation to one of her Georgetown dinner parties. Then it shifts to the third person with TV reporter Jeff Streater, whose weekly documentary "The Real Washington," puts him among

the new power brokers.

Then back again to the first person, with Tiana Briggs, a self-made newspaper woman who has covered five administrations, received middle-of-the-night calls from Martha Mitchell, and gotten too close to members of the ruling class to cover them objectively.

The novel reads as if its author's original intention was to write a collection of short stories. Having changed her mind, she strings the pieces together like so many beads of different colors, shapes and sizes.

Natural sounding dialogue and monologue are apparently not McCarthy's forte. Her characters don't reflect or daydream. They pontificate in long, formal soliloquies. Nor do they talk to each other. Instead they talk at each other, in convoluted speeches that read like they've been drafted by a junior speechwriter.

Although it's an overstatement to say that the author focuses on any one character, the plot does loosely revolve around Jeff Streater. But concentrating on Streater proves to be a mistake since McCarthy is obviously more tuned into politics than TV. Although Streater works for one of the networks, deadlines or directives from above

never seem to interfere with long lunches and leisurely interviews.

McCarthy does, however, have some interesting points to make. She shows, for instance, that to the average voter, the way a candidate "acts" before the camera is more important than his record. This contention is skillfully illustrated by Sen. Sam Nordahl, whose presidential bid is launched and later shattered by television.

McCarthy also nicely depicts the gnawing fear that plagues politicians' wives; the fear of hurting their husbands' chances by saying or doing something wrong; by committing some horrible social gaffe that will be replayed in living color in millions of living rooms across the country.

Finally though "Circles" proves to be aptly titled. It circles some intriguing issues and situations without ever getting to the heart of the matter.

"Full Disclosure" is another first novel by a writer who has a first-hand knowledge of Washington. William Safire, currently a New York Times columnist, was Nixon's speech writer and author of "Before the Fall," an insider's account of the Nixon administration's first term.

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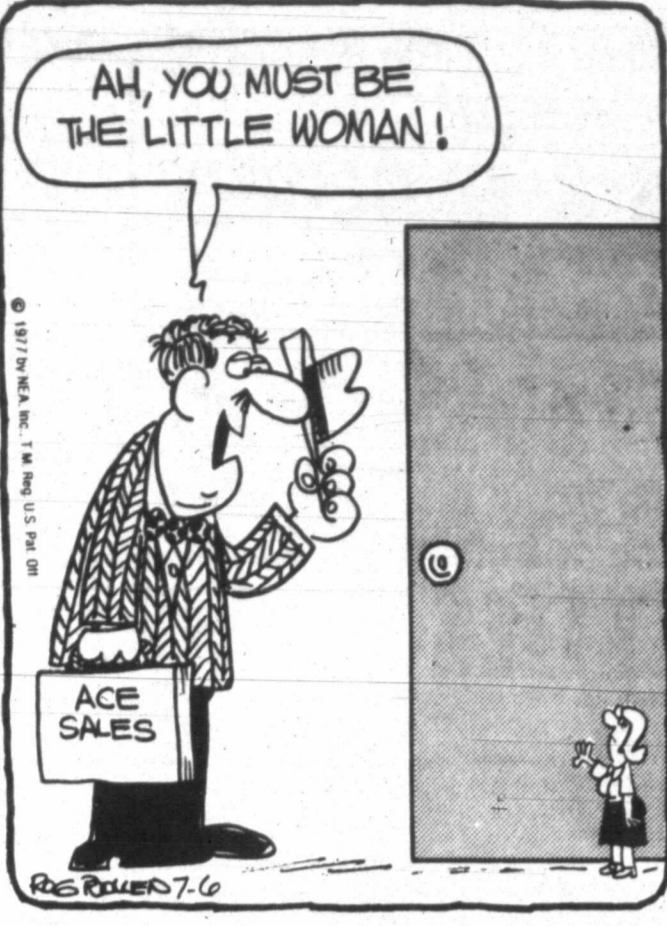
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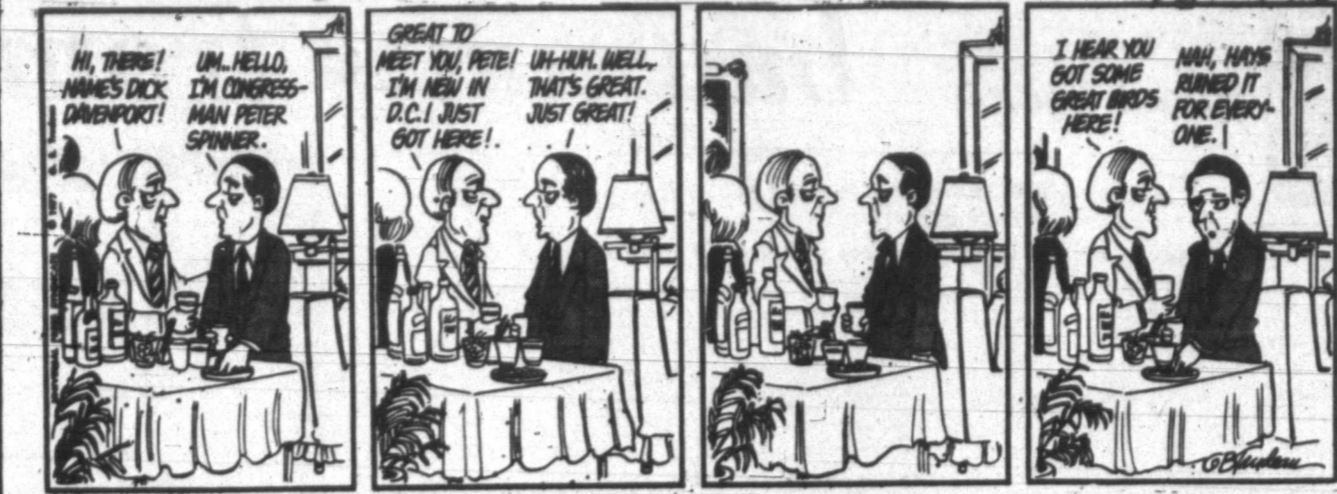
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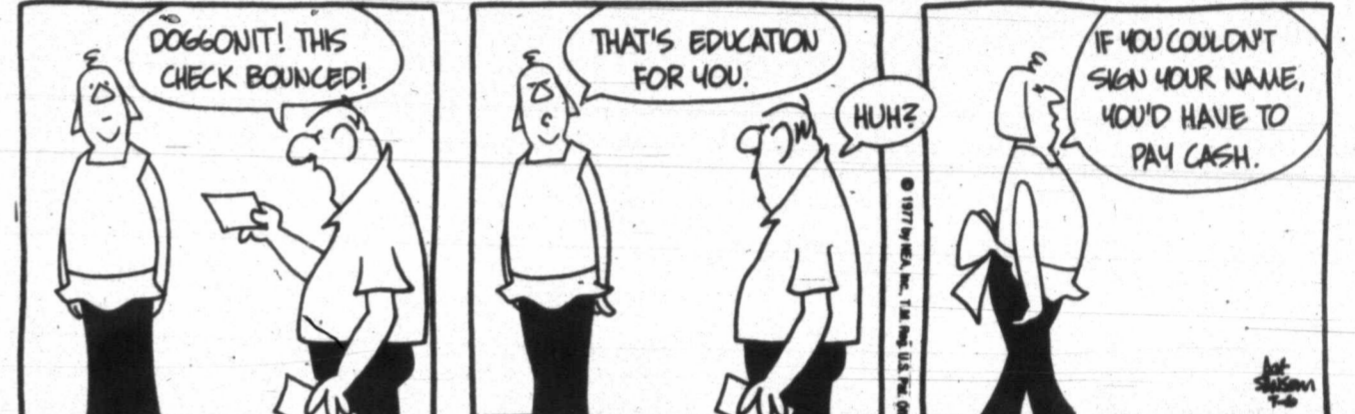
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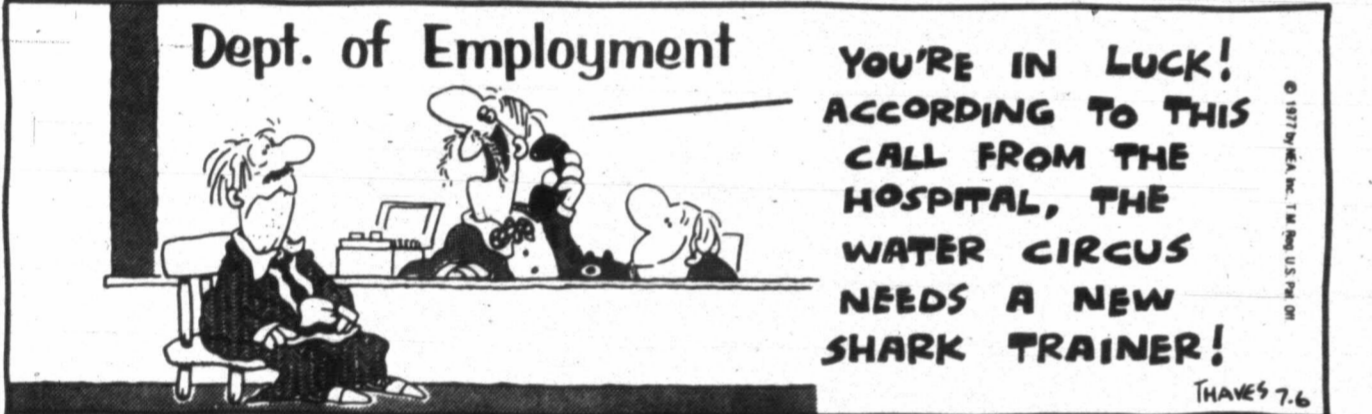
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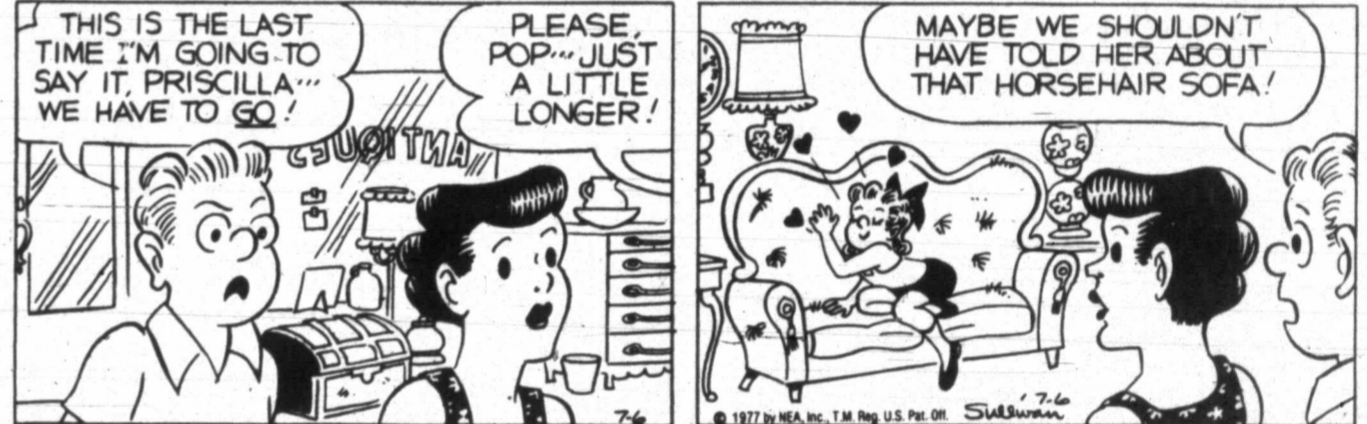
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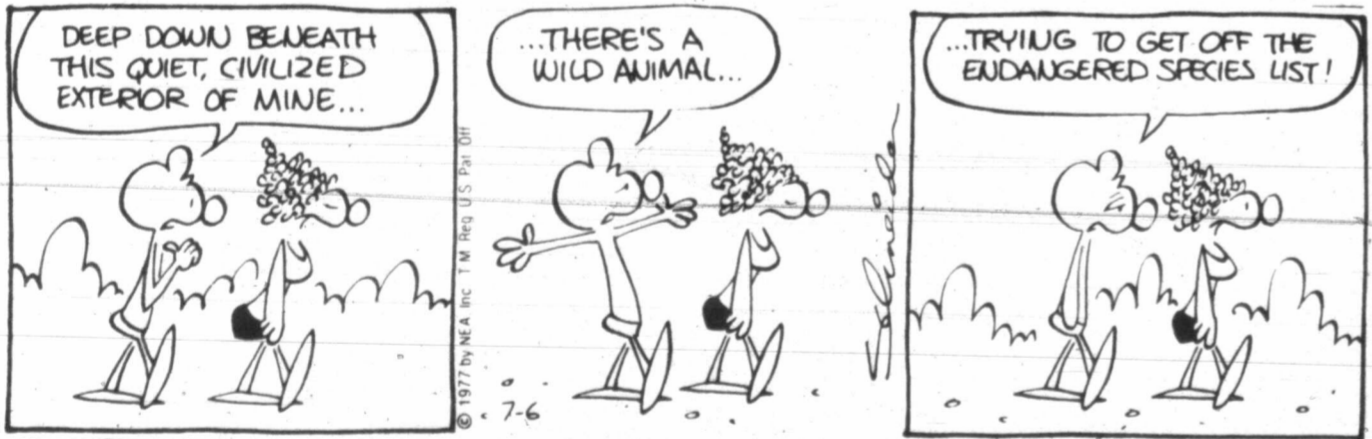
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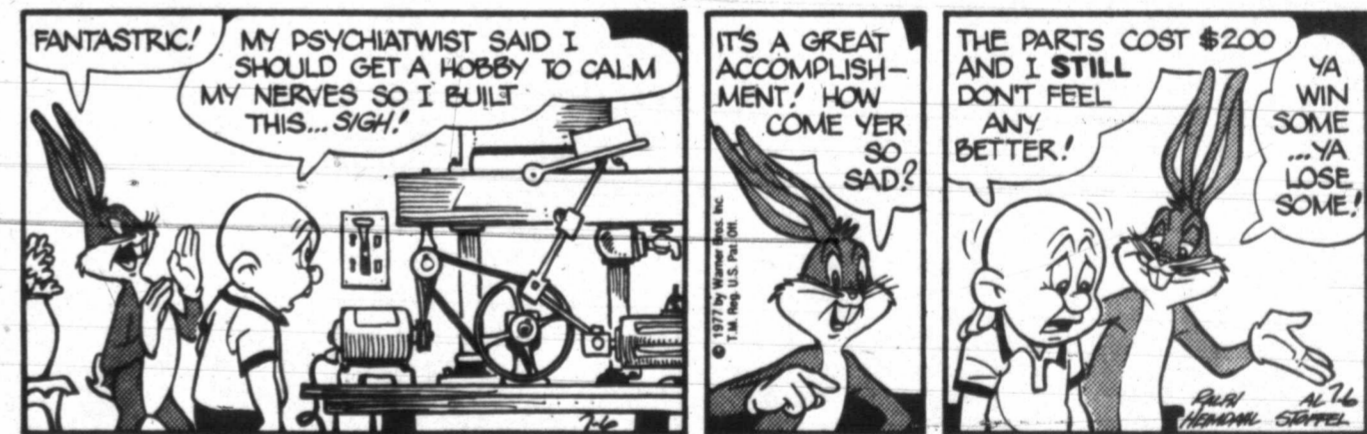
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Louisville's Crum rejects alma mater

LOUISVILLE, Ky. (AP) — University of Louisville basketball Coach Denny Crum didn't get a pay raise for passing up the coaching job at UCLA, the university athletic director says.

"He's in the third year of a five-year contract," Athletic Director Dave Hart said shortly after Crum had told a Tuesday news conference he would remain at Louisville.

British course unusually mild

TURNBERRY, Scotland (AP) — More than 150 golfers prepared to drive off for the British Open championship today and all were asking the same question — how long before the sleeping giant of Ailsa wakes up?

The normally windswept links, where the best shots are blown away and players sometimes fear they will be swept out to sea, were as calm as Augusta, Ga., on a summer's day.

Lee Trevino, the 1971 champion, said: "Unless the wind comes up, a long hitter — someone like Tom Watson or Tom Weiskopf — will win this year. It's a long course, and I've never seen such narrow fairways."

"It's lucky the rough is so low, otherwise you could play for two weeks before finishing," Britain's Tony Jacklin, who knows the 6,875-yard Ailsa course as well as any man in the field, said.

"I'll give you a dollar to take my turn," said Lemons who continued napping. "The sea even robbed Lemons of participating in one of his favorite pastimes. Eight hands into a poker game, one of the players became seasick."

"You know it's a funny thing about fishermen and hunters," he said. "A guy living in the middle of a deer herd will pack up and go to Colorado to hunt deer. And a fisherman might live on a lake full of fish, but he's got to go to the coast to fish."

"It's a lot like basketball recruiters who have to go to New York City to get the good players. They don't stop in Kentucky. Hell no. They've got to get to New York City."

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the university, "but most of all my love for the people and fans of Louisville."

UCLA Athletic Director J. D. Morgan issued a statement which made no mention of an offer to Crum.

"Denny was a seriously considered candidate for the position as head basketball coach at UCLA," the statement said.

Crum met last week with Morgan and other UCLA officials now seeking a replacement for Gene Bartow, who resigned to take a post at the

University of Alabama-Birmingham.

Crum notified Louisville officials of his decision early Tuesday, then called UCLA before the conference.

Louisville had a 21-7 record last season and won the Metro 7 Conference title, but lost in the semifinals of the conference tournament to Georgia Tech.

After six seasons here, Crum's .789 winning percentage, based on a record of 136-37, ranks second among the nation's major college coaches to Jerry Tarkanian of the University of Nevada-Las Vegas. Tarkanian is 102-16.

13-yr-olds win 22-5

The Pampa Optimist 13-year-old all-star team lashed North Plains, 22-5, Wednesday night to advance into the second round of the loser's bracket in area tournament held at Optimist Park.

Pampa dropped to the loser's bracket after dropping a 2-1 decision to Canyon Monday night.

Rob Hammer was the winner in last night's game, fanning six while walking only one.

In Pampa's opener, John Kadingo took the tough loss when Canyon scored on a wild pitch in the sixth.

Pampa will play Borger in a 6:30 contest tonight at Optimist Park. Admission is

\$1.00 for adults and 50 cents for students. Other games today are: Top-O-Texas vs. High Plains at 9 p.m. and Canyon vs. Panhandle Okies at 4 p.m.

Members of the Pampa all-stars include: Ford's - Rob Hammer, John Kadingo, Shane Stokes, and Danny Scout; Grant - David Burns, John Skinner, and Drew Watson; Pupco - Deral Dunn, Robbie Hill, and Tommy Jeffery; Bank - James Borchardt, Steven Guenther, and Kevin Keck; Lion's - Matt Schiffman and Kevin Tinney; Cree - Leslie Hunt; Ideal - Stan Organ; and Hardware - Brian Welborn.

Baylor signs three

WACO, Tex. (AP) — Baylor has signed three high school baseball players to letters of intent. Coach Mickey Cullivan announced Tuesday.

The Bears signed Jeff Mallet of Beaumont Forest Park, son of former Baylor baseball and baseball star Jerry Mallet; Don Oliver of Victoria, and James

Baker of Artesia, N.M. Mallet, a catcher-outfielder, hit .375 this year, while Oliver, who was drafted as a pitcher by the Kansas City Royals, was 8-3 and had a 1.20 earned run average. Baker, a high school All-American catcher, hit .425.

Sign-ups

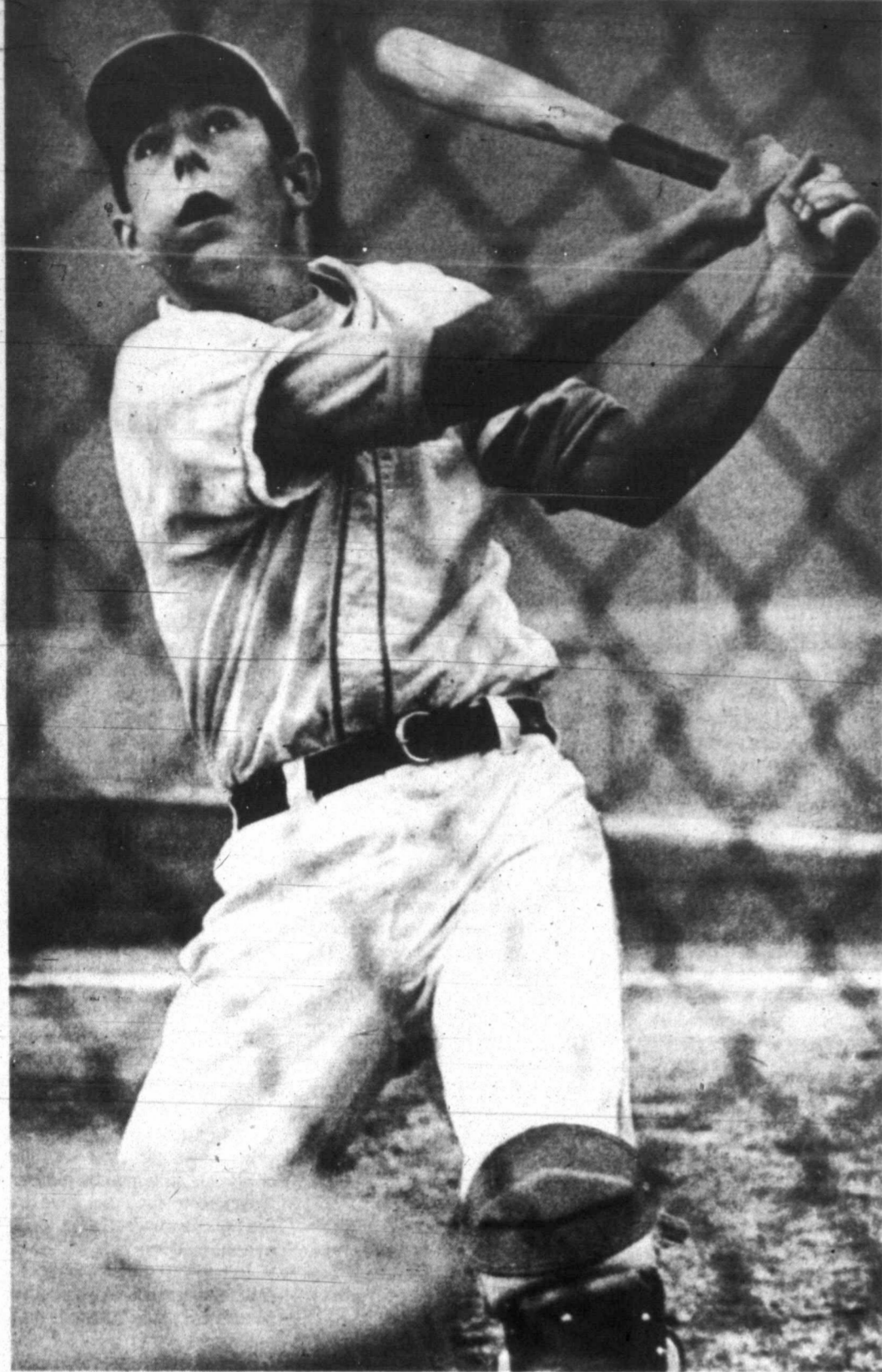
Women between the ages of 15-20 who are interested in playing in the Optimist Senior Girls Softball League are invited to sign up tonight or Thursday night from 5:30 to 6:30 p.m. at the Optimist Club Building.

For further information, contact: Ronald Sebastian, 9-6909, after 5 p.m.

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Pampa's "cream" has Coffee

Ideal catcher Clyde Coffee was among 15 players named to the Pampa Optimist Babe Ruth League All-star team by manager Wayne Ledford of champion Ideal. Also named to the team were: Ideal - Chris Dixon, Mark Jennings, Donnie Rodgers, and Ronnie Ledford; Pupco - Lloyd Remy, Bret Atchley, and Mickey Bynum; Grant - Greg Quarles and Keith Stone; Ford's - Keenan Henderson and Monte Covalt; Cree - Mark Qualls and Mark Hutchinson; Bank - Layne Clark. Henderson is the only repeater from last year's all-stars. Quarles won the Sportmanship Trophy as voted on by the league's managers. The Pampa all-stars will be the host team for the State Babe Ruth Tournament to be held July 25 - 29 at the Optimist Park.

(Pampa News photo by Ron Ennis)

Lemons "skunked" on trip

By MILLER BONNER Associated Press Writer SOUTH PADRE ISLAND, Tex. (AP) — When University of Texas basketball coach Abe Lemons starts talking about the big ones that got away, he's referring to those agile seven-foot New York City centers and not his July Fourth fishing excursion.

After spending 12 luckless hours on a charter boat about 25 miles off the Texas coast in search of sailfish and blue marlin, Lemons couldn't remember when he'd had so much fun.

"I remember getting beat 127-67 one night in California when I was coaching at Oklahoma City," he said. "I enjoyed that more than this. At least you know when the game is over you can leave."

Lemons and the five other fishermen who boarded the "Margret Ann" for the day-long exercise in futility were told the fishing conditions were perfect.

"We'll be going to the 100-fathom mark," said Capt. Jim Tom Harris. "That's where the big fish are found. The water temperature is just right."

Nary a nibble. "I wonder who told the marlin to stay at 100 fathoms," deadpanned Lemons. "Maybe the fish took the holiday off."

Lemons and crew weren't the only ones bitten by the hard-luck bug. None of the seven boats trolling the deep blue waters along with the 33-foot "Margret Ann" recorded a catch Monday.

"It's been said that deepsea fishing is 90 percent boredom and 10 percent panic," noted

Babe Ruth Standings

Final 1977 Pampa Optimist Babe Ruth Standings. Table with columns: Team, W, L, Pct, GB. Top teams: Ideal Food Stores, Pupco, Incorporated, Grant Supply.

Baseball standings

Baseball standings for American League, National League, and Texas League. Includes columns for team, wins, losses, percentage, and games behind.

Quax sets record

STOCKHOLM (AP) — New Zealander Dick Quax kept his promise to break the 5,000-meter world record and became the third athlete to shatter an international track and field standard in five days.

Officially clocking 13 minutes, 12.9 seconds, Quax showed 1-10th of a second off the five-year-old standard of Belgium's Emil Putteman.

The new world recordholder, who goes to the United States after running in Switzerland on Friday, said he was not disturbed by the wind.

"In fact, I would have made an honest attempt to break the record even if there had been a snow storm. I had promised myself to break it today," Quax said.

"Four New Zealanders have been within a second of breaking the world record here, so it was about time someone did it," Quax said after the race.

Quax, who missed the world record by a 10th of a second here last year, broke the record

exactly 11 years after Australian Ron Clarke had broken it here in 1966.

"I was scared that Karl Fleschen would overtake me in the sprint. That's why I started surging when I had about 500 meters to go," Quax added.

"It is nice to be a world record holder, but tomorrow someone may run it in 13:10," he said.

The 29-year-old Quax, Olympic silver medalist at 5,000 meters behind Lasse Viren of Finland, ran the distance in 13:19.4 last week at the World Games in Helsinki.

Quax joins Kenya's Samson Kimombwa and Vladimir Yashchenko of the Soviet Union as recent world-record breakers.

Dan Carter salutes the customer of the day - Ronald Rice

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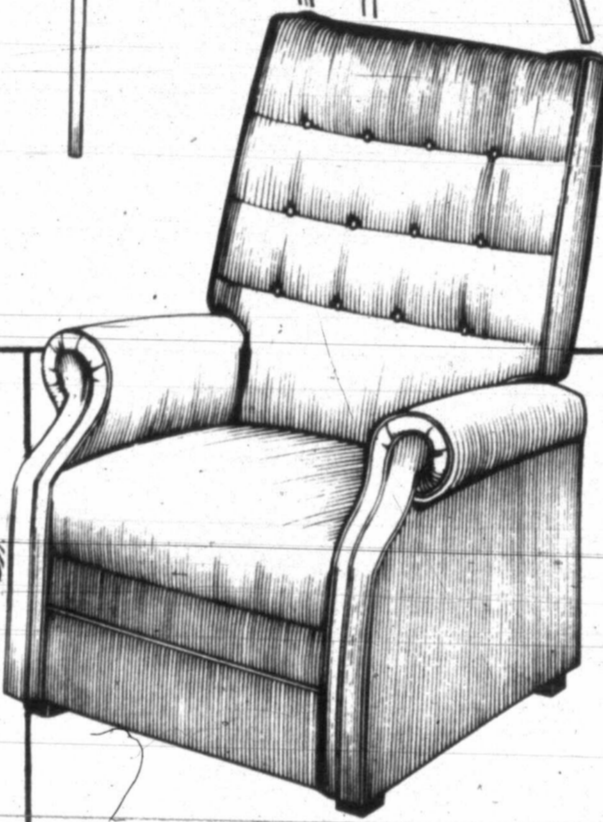
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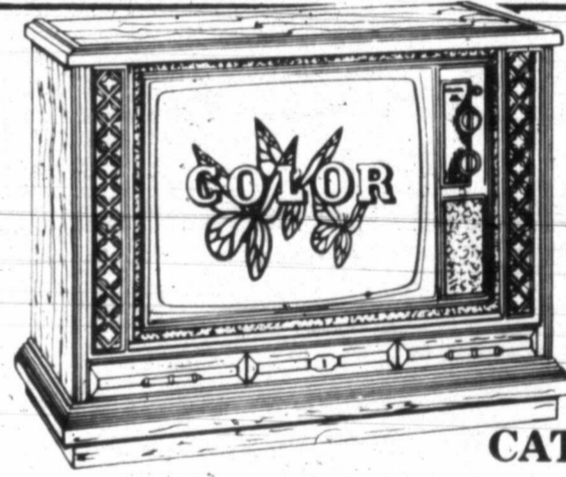


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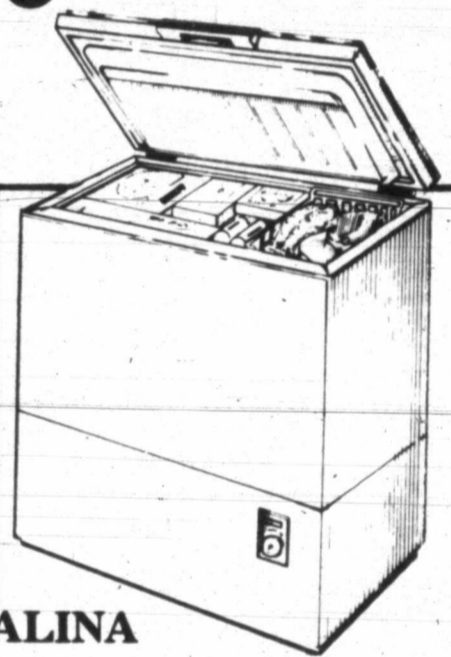
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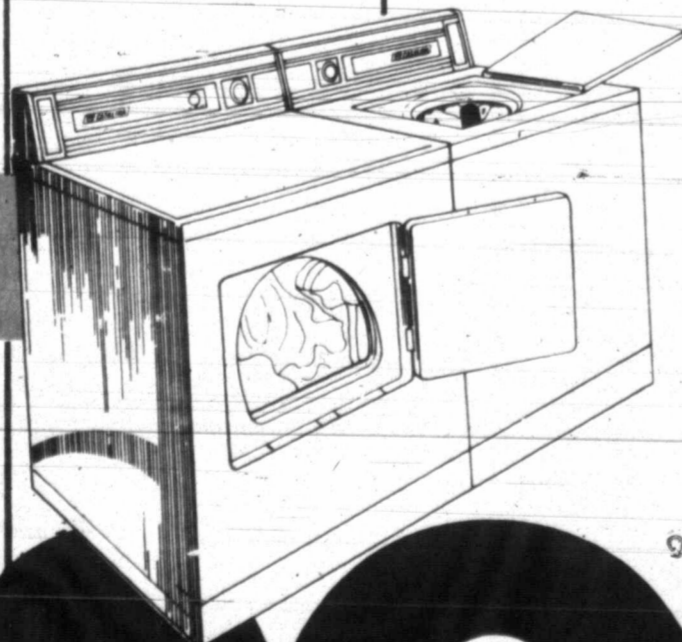
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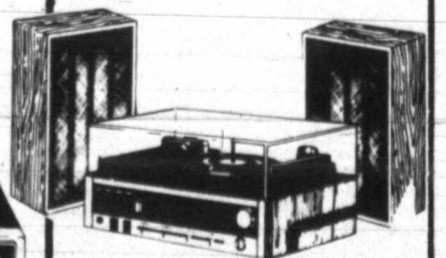
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