

### Honoring the Columbia Shuttle Crew



Members of the Space Shuttle Columbia Crew

Saturday, February 1, 2003 the Space Shuttle Columbia disintegrated upon re-entry to the earth's atmosphere. All seven crewmembers, six Americans and one Israeli, were lost.

The members of the crew were: Colonel Rich Husband, Lt. Colonel Michael Anderson, Commander Laurel Clark, Captain David Brown, Commander William McCool, Dr. Kalpana Chawla and Ilan Ramon Colonel, Israeli Air Force.



concerning status of local servicemen. Each week a different person will be featured in a special section local devoted to our servicemen/women.

With the possibility of a war with Iraq looming,

Beginning in next week's several of these young people edition of The Borden Star, have been deployed to the readers can find information Persian Gulf area with others in preparation for possible deployment.

Please send a photo, addresses and any information regarding enlisted men or women with ties to Borden County to the paper at P.O. Box 137, Gail, Texas, 79738.

#### PRESIDENTIAL RESPONSE:

In light of the tragedy, President Bush requested prayer for the families and loved ones of the shuttle Columbia's crew.

The President spoke to the nation this afternoon, offering these words of gratitude to the brave astronauts who lost their lives:

In an age when space flight has come to seem almost routine, it is easy to overlook the dangers of travel by rocket, and the difficulties of navigating the fierce outer atmosphere of the Earth. These astronauts knew the dangers, and they faced them willingly, knowing they had a high and noble purpose in life. Because of their courage and daring and idealism, we will miss them all the more.

All Americans today are thinking, as well, of the families of these men and women who have been given this sudden shock and grief. You're not alone. Our entire nation grieves with you. And those you loved will always have the respect and gratitude of this country.

The cause in which they died will continue. Mankind is led into the darkness beyond our world by the inspiration of discovery and the longing to understand. Our journey into space will go on.

In the skies today we saw destruction and tragedy. Yet farther than we can see there is comfort and hope. In the words of the prophet Isaiash, 'Lift your eyes and look to the heavens. Who created all these? He who brings out the starry hosts one by one and calls them each by name. Because of His great power and mighty strength, not one of them is missing' (Isaiah 40:25-26).

The same Creator who names the stars also knows the names of the seven souls we mourn today. The crew of the shuttle Columbia did not return safely to Earth; yet we can pray that all are safely home. May god bless the grieving families, and may God continue to bless America.' -- President George W. Bush

Roper, Wilson Earn Return Trip To State Meet

# Three-Way tie for First in **District UIL Debate - Speaker** Points Bump BHS to 2<sup>nd</sup>, 3<sup>rd</sup>.

cross-ex debate, sometimes the best laid plans of mice and men (to quote Steinbeck) just don't pan out.

The good news, however, is that Borden High School had one team advance to the State Cross-Ex Meet in Austin Billy Roper and John extensively. March 10, 11.

other will be alternate despite the similar win-loss with 167 points. record.

In the complicated world of are broken by going to had beaten the Rochester teams had identical win-loss

Wilson, who made it to state

speaker points. Rochester team earlier in the day-to and both Borden County third by virtue of 164 points.

Roper and Wilson defeated records after the round-robin Wallace and Pinkerton in the tournament held in Rochester day's final debate, which set up the tie-breaker situation.

Rochester finished with 170 This year, both teams have speaker points to finish first. traveled and competed

Roper and Wilson have a The tough news is that the last year as freshmen, then cumulative win-loss record of had to settle for second place 27-8 for the school year while Pinkerton and Wallace That bumped Tyler Wallace have gone 12-5, including In such cases, debate ties and Kyle Pinkerton-who this week's district debates.

# **CUT THE NETS! Lady Coyotes Capture District** Crown; Boys Clinch Runner-up Spot Year Layoff

By Sue Jane Mayes

With wins over Dawson and Klondike last week, both BHS basketball squads will now advance to the playoff picture in Class A.

After Tuesday night's game at Ira, coaches and players can turn their attention to bidistrict.

Coach Kevin James and his senior-laden team easily handled Dawson January 28, but found the visiting Klondike Cougars to be more of a challenge.

Having defeated Klondike soundly in their first outing, the Lady Coyotes found themselves in a fight from the start.

The first quarter ended in a 10-10 tie. BHS stole the ball five times in the early going but were cold from the field (3-of-13).

Bobbie Kempf got the lead back for the Lady Coyotes as second quarter play began with a drive through the lane that resulted in two points.

Micah Hensley converted a three-point play after being fouled, upping the lead to 15-

The game went back and forth the remaining seven minutes of the second quarter as both teams exchanged baskets.

Junior Shayla Gass drove the lane on BHS's last possession before halftime as the Lady Coyotes, but the Lady Cougars scored with just four seconds in the half to lead 24-23.

An 18-point third quarter put BHS in command of the game for the time being.

Pati Rodriguez ignited much of the offensive spark were having déjà vu of the Ira with her defensive play.

She stole the ball on two possessions, went in for a game in the waning seconds, dished off to Bobbie Kempf up to the challenge. for another two points.

another basket with 2:39 left in the quarter, giving BHS its biggest lead of the game, 34-

Gass hit a three-pointer at 1:54 to push it to a 37-30

The last minute had a flurry of activity with Micah Hensley finding Jami Gass for a conversion with 1:01 remaining.

After Gass's points, the girls led 39-31 and went for

Carolina Arellanos stole the ball, fed to James who missed the lay-up but was fouled.

throws to extend the lead to double digits-41-31 with only :35 before the quarter ended.

Klondike, however, was steals, 2 assists) fouled on their last possession, made the two free throws, and narrowed the lead to 41-33 with eight minutes to play.

The Lady Coyotes would need that cushion as the fourth quarter got very interesting in the final few minutes.

With 4:53 left in the game, the Lady Coyotes held a tenpoint lead, 48-38. Rodriguez picked up her fifth foul just seconds later and Klondike seemed to pounce on the opportunity.

With 1:39 on the clock, the Lady Cougars had whittled away the 10-point lead to 51-

Klondike went to the line after a BHS foul, made both free throws, and the fight was on as the Lady Coyotes now led by only one, 51-50 with 1:18 remaining.

At this point, Coyote fans game two weeks earlier.

Missed free throws spelled Klondike doom for the girls in that lay-up on one and then but on this night, BHS was

Hensley went to the line Menda James' pass to eight times and hit six of Bobbie underneath led to those in the final quarter.

Defensive rebounds also helped the cause down the stretch as BHS held on for the 57-52 win which gave them the district championship outright.

BHS 10 14 9 19 52 KHS 10 13 18 16 57

B. Kempf (17 pts., 8 reb., 4 blocked shots, 2 steals, 3 assists); Hensley (15 pts., 6 reb., 2 steals, 1 blocked shot, 1 assist); Rodriguez (10 pts., 4 steals, 3 assists); S. Gass (5 pts., 1 reb., 1 assist); J. Gass (4 pts., 1 reb., 1 blocked shot, 1 assist); C. Arellanos (2 James sunk the two free pts., 2 reb., 1 steal, 1 assist); Culp (2 pts., 3 reb., 1 blocked shot, 1 assist); James (2 pts., 3 reb., 3 steals, 1 assist); **D. Kempí** (2 reb., 2

# JV Girls take final season

gave the junior varsity girls an undefeated district season. Whitney Anderson's 10 points, the girls led all the way enroute to their 18th win of the season against only three losses (all of those coming in the Borden tournament against varsity teams).

A 28-14 win over Klondike

BHS 8 4 2 14 28 KHS 6 0 2 6 14

Anderson (10 pts., 6 reb., 1 steal, 1 assist); Rinehart (8 pts., 10 reb., 4 steals, 4 assists); Brooks (6 pts., 4 reb., 1 blocked shot, 1 steal); Johnson (4 pts., 6 reb., 2 blocked shots, 1 steal); Balaque (5 reb.); Hudson (1 reb.); Ogden (1 reb.)

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# **Boys Back in Playoff Picture After Four-**

Seniors Brionne Jackson, Talin Pepper, and T.J. Sharp were 8<sup>th</sup> graders the last time BHS boys made it to the playoff scene.

Four years later, they hope DHS 6 11 9 15 41 to enjoy some of the postseason success and extend the basketball season a few weeks.

With a 55-41 win over Dawson followed by a 69-40 victory over Klondike last week, the Coyotes earned themselves the second-place honors in District 9-A and will advance to the state weeks.

are scheduled the next two playing was Adam Carter

weeks-dates and times will be provided in next week's edition of The Borden Star.

**BOYS' BOX SCORES** BHS 16 14 6 19 55 Sharp (20 pts.), Griffin (13 pts.), Tarleton (12 pts.), Pepper (5 pts.), Jackson (3 pts.), Pinkerton (2 pts.) also playing was Cade

BHS 19 18 18 14 69 KHS 9 15 9 7 40 Tarleton (19 pts.), Pepper (12 pts.), Griffin (12 pts.), playoffs that begin in two Pinkerton (10 pts.), Sharp (9 pts.), Jackson (5 pts.), Tentatively, practice games Peterson (2 pts.)—also

### Jr. High Boys end season with Big Win over Klondike

It could not have ended in a better way.

Coach Trey Richey was grinning from ear to ear, his players were, too, as Borden Jr. High played a solid four quarters to take earn a victory in their last game of the season.

From the outset, the Coyotes were dominant. They made their first four shots to jump out to an 8-0 lead before Klondike knew what had hit.

Jacob Froman made three consecutive baskets underneath and Quentin Shafer added the fourth to give BJH a comfortable margin with 3:54 remaining in the first period.

Klondike, however, responded and made it an 8-7 game at the end of one

Klondike would lead only once in the game, 9-8, on a bucket made just as second quarter play started.

Shafer wasted no time in regaining the lead for BJH.

The 7<sup>th</sup> grader hit the first of his three 3-pointers on the evening with 4:49 left in the

He duplicated that shot as the buzzer ended the half, the ball hitting nothing but net to put the Coyotes up 20-15.

As second-half action resumed, Michael Bullinger stole the ball on Klondike's first possession and drove the court for a lay-up and two more points.

After a Klondike score, Bullinger went behind the arc for three more points on the assist by Froman.

Up 25-17, the Coyotes continued to pour it on as Clint Chapman stole the ball on a great defensive move, passed to Bullinger who went on in for the lay-up.

Shafer's final trey of the night came with :39 left in the third quarter, giving the Coyotes a 30-17 advantage.

Zane Williamson made a good pass to Chapman who

Cont. to pg. 8

# Armstrong, Dye **Complete College Degrees**

By Sue Jane Mayes

It's real world time for two former BHS students who'll be out and about following their December graduations.

Chrissy Armstrong, daughter of Sheila (Zant) and David Armstrong, completed her Animal Science degree and graduated magna cum laude from Texas A&M University December 14.

Armstrong's degree has a specialization in equine production/management.

She eventually hopes to use the degree to train horses to be used in therapeutic situations for children.

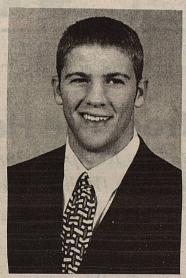
The commencement ceremonies featured newlyelected Lt. Governor David Dewhurst as the speaker and was the first graduation exercise for new A&M President Robert Gates.

Brice Dye, son of Shirley and Chet Dye of Gail, earned a Bachelor of Arts degree in Youth Ministry from Abilene Christian University.

Currently, he is employed with Abilene Christian Schools.

Dye teaches two Bible team won the runner-up state six-man private school, Dye's and Parochial Schools).

**Chrissy Armstrong** 



**Brice Dye** 

classes while also coaching. title in Six-Man TAPPS As a football assistant for the (Texas Association Private

### Jr. High Boys

Continued from pg. 2

scored to begin the final period.

Klondike would then go on an 8-0 run before Bullinger silenced the visitors with two free throws and an oldfashioned three-point play.

Bullinger's offensive rebound (coming after a Chapman steal and outlet pass) and put back drew a foul, and the 7th Grader was good from the charity stripe for his fifth straight point.

Williamson also made a free throw down the stretch, and newcomer Logan Furlong pulled down an offensive rebound and put the ball back up for the final two points of the game.

The 40-27 win gives the junior high boys a final record of six wins and eight losses for the 2002-2003 season.

#### **GAME STATS** 1-27-03

Michael Bullinger (12 pts., 4 rebounds, 2 steals, 1 assist); Clint Chapman (2 pts., 3 rebounds, 2 deflected passes, 2 steals, 3 assists); Rowdy Clary (1 rebound, 1 deflected pass); John Cowart (3 pts., 2 steals); Quentin Shafer (11 rebounds, 2 steals, 1 pts., 2 rebounds, 3 steals); deflected pass); Pasqual Brice Smith (1 deflected Espinoza (1 steal); Jacob pass); Miller Valentine (4 Froman (9 pts., 5 rebounds, rebounds); Zane Williamson 1 deflected pass, 1 assist); (1 pt., 1 rebound, 1 assist)



# **Players in Progress**



Kingergarten through 3rd Grade: Top row (L. to R.) Bethany Stamper, Teryn Soto, Riley Smith, Tanner Richey, Austin Fields, Austin Tyler, and Chance Taylor. Bottom Row: Caden Vaughn, Sean Tucker, Taylor Gass, Kalyn Massingill, Brittney Stroope, Tristin Benavidez and Austin Edwards.



Fourth through 6th Graders: Back row (L. to R.) Krista Tarleton, Taylor Richey, Brendan Tarleton, Krystal Hobson, Eric Espinoza, Karl Lamming, and Aaron James. Middle row: Tyrell Massingill, John Hensley, Michael Froman, Tony Soto, and Flynn Chapman. Bottom row: Katherine Froman, Lacey Roberts, Olivia Key, Shilo Rinehart and Raylea Underwood.

Logan Furlong (2 pts., 4 rebounds); Logan Howard rebound); Taylor Peterson (1 rebound); Dore Rodriguez (1 rebound, 2

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# **He's Not Just Horsin' Around**

By Sue Jane Mayes

And like many other sports, years. demands discipline, practice.

Clay John Anderson has pattern can spell such practice/work the past and losing. two years.

As one of the youngest cowboys competing in the RHAA (Ranch Horse Association of America) competition during the year, Clay John sees some college rodeo in his future.

He's come by it quite honestly as dad John rodeoed in college at Texas A & M University, qualifying for three years for the college national finals.

As a team roper and calf roper, Clay John has spent many a Saturday morning competing for such prizes as bits, saddles, and a chance to qualify for events such as the world championship ranching rodeos.

He did just that this past It's a sport that requires fall, competing in Amarillo in skills used in the real-life November with his home work of most anyone who's grown horse, Cupcake, who grown up on a ranch: roping. he's been riding for three

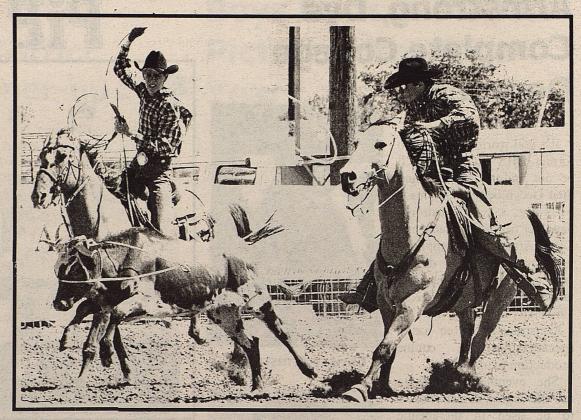
That bond between horse precision, and a lot of and rider is significant as the animal's ability to change Borden High School junior leads and run its reining logged quite a few hours in difference between winning

> Clay John has been rodeoing for two years as a member of the Texas High School Rodeo Association.

> He's a fifth generation family member residing on the Muleshoe Ranch who's also hoping that the rodeo trail will lead to a college scholarship.

> For now, he is staying busy with basketball at Borden High School and also is a regional qualifier in UIL in Current Issues and Events.

Clay John is the son of Kevva and John Anderson, both graduates of BHS. His grandparents are Barbara and Rich Anderson and Wilella and Sonny Tucker. Greatgrandmother is Maurine Hanks of Borden County.



Tak'in him down: Clay John Anderson and team partner, Jake McCabe a sophomore from Silver, Texas work together to bring the calf down during roping event held last fall.

### A true gift from the Heart

Decadent Valentine' Day Recipes from Weight Watches Express our Love Without the Extra Fat and Calories

This Valentine's Day, find new ways to show your love. Weight Watchers reminds you to focus on what's important - spending time with the ones you love.

A creative way for you and your partner to celebrate Valentine's Day is to kick-off a health improvement effort together. Embark on the road to a healthy, new life by eating right and exercising regularly. In a couple of month's time, you will both be ready to show off your new looks for spring and summer. If the two of you want to lose a few pounds consider going to a

Weight Watchers understands the importance of 2 oz. White melting wafers of deprivation. You can share sweetened coconut low calories 1 tablespoon finely chopped decadent, versions of your favorite pecans.

Valentine's Day treats.

Try their versions of two Valentine's Day favorites -

**Chocolate-Dipped** Strawberries

and Iced Heart Cookies. Both recipes are from Weight Watchers Entertains with the Chefs from The Culinary Institute of

#### Chocolate-Dipped Strawberries

**MAKES 12 SERVINGS** 1 POINT per serving

12 large strawberries (about ½ pound)

2 oz. Chocolate melting wafers

indulgences and the pitfalls 1 1/2 tablespoons shredded

1. Line a large baking sheet with wax paper. Rinse and completely dry the

2. Melt the chocolate wafers

strawberries.

in a small pan over low heat, stirring frequently, until melted and smooth. Melt the white wafers in another small pan over heat, stirring frequently, until melted and smooth. To prevent the melting wafers from getting too hard while dipping the berries, return them to low heat occasionally and frequently.

3. Place the coconut on 1 sheet of way paper and the pecans on another.

4. Dip 1 strawberry at a time into one of the melted coatings so that the coating comes up about halfway. Shake off the excess or gently scrape the bottom of the berry across the rim of the pan, being careful not to scrape off too much coating. Roll in one of the toppings or leave plan and place on the baking sheet. Repeat with the

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### Let Me Get My Hat! By Dennis Poole, Borden County CEA-Ag.

Extension programs serve people of all ages regardless of socioeconomic level, race, color, sex, religion, disability, or national origin. The Texas A&M University System, U.S. Department of Agriculture, and the County Commissioners Court of Texas

### Ft. Worth Steer Results

Borden 4-H and Gail FFA had several exhibitors showing steers at Ft. Worth. Results are as follows:

Steers:

Kalli Poole - 6th Place HW

Kylia Culp - 11th Place MW

Others exhibiting steers were: J. Ryan Gicklhorn, Tanner Poole, Lacey and Shelby Roberts, Shelby and Sunni Shipp, and Chelsea Stephens.

Congratulations to these exhibitors! Good luck to the exhibitors preparing their animals for exhibition at San Antonio.

Submit your articles of Community Interest to: Borden Star. Box 137, Gail, TX 79738

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By Julie Borden C

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By Julie D. Mumme Borden County Extension Agent Family and Consumer Sciences



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### **Kitchen Cupboard Management 101**

(Part 2 of 3)

Last week we began looking at the foods we keep in our kitchen cupboards and how they should be stored. Over the three week period, we will review some tips for helping you decide whether to toss, move or try to save common kitchen cupboard foods. We will look at the shelf life, storage tips, testing for freshness and ways to revive a product. This week we are looking at flour, spices and herbs, cooking oil and shortening. During week three, we will look at sugar, vinegar, popcorn and overall management tips. So tune in each week to get the full scoop on maintaining your kitchen cabinets. flour, spices and herbs, cooking oil and shortening

#### FLOUR WHITE FLOUR

\* 6 to 12 months

\* STORAGE TIP #1: Store in a cool, dry place. It's important to store flour in an airtight container or freezer bag to preserve the flour's moisture content. Exposure to low or high humidity will affect the flour's moisture content and may influence the outcome of a recipe.

\* STORAGE TIP #2: For longer storage, keep white flours in the refrigerator in an airtight container. All-purpose and bread flour will keep up to two years at 40 F in your refrigerator, according to the Wheat Council Foods http://www.wheatfoods.org

They can be stored indefinitely in the freezer.

\* STORAGE TIP #3: As a general rule, if measuring flour from refrigerated or frozen flour, allow your measured portion to come to room temperature before using it in baked goods. Remove the flour for your recipe a few hours before use, so it doesn't affect the action of other ingredients such as baking powder or yeast.

#### WHOLE WHEAT FLOUR

\*1 to 3 months at room temperature; refrigerate whole wheat flour if you want to keep it longer

\* STORAGE TIP #1: For longer storage, whole wheat flour should be stored in an airtight container or freezer bag in the refrigerator or freezer. It will maintain good quality for about 6 months in the refrigerator and up to 12 months in the freezer. The ground wheat germ in whole wheat flour contains oil that can become rancid at room temperature.

STORAGE TIP #2: Generally, if measuring flour from refrigerated or frozen and develop an undesirable flour, allow your

measured portion to come to room temperature before using it in baked goods. Remove the flour for your recipe a few hours before use, so it doesn't affect the action of other ingredients such as baking powder or yeast.

TIPS ON BUYING FLOUR STORAGE CONTAINERS: If you'd like to buy an airtight storage container for your white or whole wheat flour, these figures may help companies recommend refridetermine what size you'll

\* 1 pound flour = about 4

\* 5 pounds of flour = about 20 cups

\* 10 pounds of flour = about 40 cups

If the container doesn't give the number of cups it will hold, these figures may help

- \* 8 fluid ounces = 1 cup
- \* 1 pint = 2 cups
- \* 1 quart = 4 cups
- \* 1 gallon = 16 cups

Before purchasing a container, assess where you will store the food to determine whether there are any space restrictions for your container. For example, is there a limit to the height of a container needed to fit onto a certain shelf. Select a container that is easy to use when you need to measure out ingredients. Also, check to be sure the lid is easy to open and close tightly.

#### SHORTENING

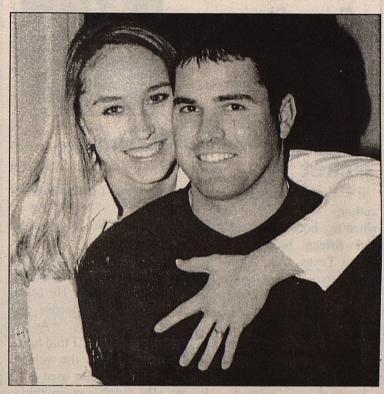
- \* 3 to 8 months opened; 8 to 12 months unopened
- \* STORAGE TIP #1: Store in a tightly closed container in a cool, dark place.
- \* STORAGE TIP #2: Times reported by shortening companies and other sources varied. For more specifics, see "Kitchen Cupboard Managearticle for suggestions on how to contact the company for more information.
- STORAGE TIP #3: Shortening that has been stored too long will go rancid taste and odor. If you haven't used a shortening for a while, a tightly closed container in a smell it before using it in a recipe..

#### **VEGETABLE OIL**

\* 1 to 6 months opened; 6 to 12 months unopened

Times vary according to type of oil, method of processing, etc. Some companies recommend up to 1 year opened and 2 years unopened for certain of their oils. For oils with a shorter storage time, some gerating the oil after opening. NOTE: If the container has sat unopened for the total storage time, it no longer may be fresh the entire "opened" storage

# Isaacs, Vaughan set May wedding date



Shelby Isaacs and Kevin Vaughan

Doug and Debby Isaacs of Lamesa announce the engagement of their daughter, Shelby Lynn, to Kevin Vaughan, son of Lynn and Rhonda Vaughan of Lamesa.

The bride-elect is a 1997 graduate of Borden county high School in Gail and Texas Tech, where she obtained her Bachelor of Science degree. She us currently an elementary teacher in Lamesa.

The future groom is a 1995 graduate of Lamesa High School ment 101" at the end of this and a graduate of Texas Tech, where he obtained his Bachelor of Science degree. He is currently an alternative school teacher and the Lamesa High school girls golf coach.

> The couple plans to exchange wedding vows on May 24<sup>th</sup>, at the First Baptist Church in Lamesa.



- \* STORAGE TIP #1: Store in cool, dark place.
- \* STORAGE TIP #2: Some of the oils that may have a shorter storage life include walnut, sesame, hazelnut and almond oils.
- \* STORAGE TIP #3: Oil that has been stored too long will go rancid and develop an undesirable taste and odor. If you haven't used an oil for a while, smell it before using it in a recipe.
- \* STORAGE TIP #4: You can prolong the life of oils by storing them in the refrigerator. Some, such as olive oil, may become cloudy in the refrigerator but usually clear after sitting at room tem-

perature to warm up.

#### SPICES AND HERBS

- \* 1 year for herbs or ground
- \* 2 years for whole spices
- \* STORAGE TIP #1: Air, light, moisture and heat speed flavor and color loss of herbs and spices. Store in a tightly covered container in a dark place away from sunlight, such as inside a cupboard or drawer. For open spice rack storage, choose a site away from light, heat and moisture. Keep moisture out of containers by: (1) Avoiding storage above or near the stove, dishwasher, microwave, refrigerator, sink

Cont. to pg. 6



### The Glories of a Warning **Ticket**

It's so much fun being an author. Since November when my book came out I've had fifteen book signings across Texas, from Alpine to Commerce. They are so much fun and I get to meet the greatest people.

The title of the book is Under The Chinaberry Tree and it's doing great. The publisher, Eakin Press, is pleased that I'm arranging all these events.

I am doing lots of driving.

The week before Christmas I was all over the place. At a small central Texas town I had a book signing that was disappointing. It was the last one prior to the holiday and I sold only a few books.

In the midst of all this, I bought a new vehicle. The one I traded in had nearly 200 thousand miles on it and had severed me well. It was running and everything. Usually when we trade cars, the dealer has to come tow our old one away. This time we acted prudently and before problems started showing up. We got a good deal, too.

I was driving my new vehicle through community of Gorman in my depressed state of mind on that Friday before Christmas right with the world. I went when I saw a police car home, hugged my wife and flashing lights came on and glorious week I had. the police car turned around and got behind me.

Usually I'm pretty cautious about speed limits and try my best to adhere to them, especially in small towns. I was trying to adhere to them in Gorman. I had a clear conscience. I just knew that police car was after someone my speed in Gorman.

ahead of me. I pulled over for it to pass.

It didn't pass. It pulled up behind me.

The officer came around and told me I was speeding. Going 33 in a 30. He asked for my driver's license and insurance papers. As I handed them over I told him I had just bought the vehicle and was not quite used to it yet. He didn't say anything. Just went to his car and started writing the ticket.

I was sitting there getting depressed by the minute. I was sitting there thinking what a rotten world this is. He came back around to my car window and asked me to sign the ticket. I scribbled my name in a belligerent manner and didn't say anything. He didn't either. I threw the ticket in the passenger seat and drove off feeling real bad. Here I was having a rough day and the cop made it even worse.

About fifteen miles up the road I picked up the ticket and looked at it. It was just a warning ticket. The relief was overwhelming. All at once my depression left, a sense of happiness filled my soul. I was giddy as a goat and felt that God's in his heaven, all's coming toward me. Then the told her what a great and

Thank you, Officer Jeffrey Baker. You made me have a super holiday season. You probably don't know how much giving me that warning ticket improved my state of mind. You made me realize the world is a wonderful place. I appreciate what you did and I promise to watch

### Kitchén Cupboard Management 101

Continued from pg. 5

or a heating vent. (2) Always the spice or herb, some may using a dry spoon to remove spices or herbs. (3) Never sprinkling directly from the container into a steaming pot. STORAGE TIP #2: Refrigerate paprika, chili powder and red pepper for best color retention, especially in summer or hotter climates. Be aware herbs and spices can get wet if condensation forms when a cold container from your refrigerator or freezer is left open in a humid kitchen.

GIVE SPICES AND HERBS THE "SNIFF" TEST: Depending on storage and quality of last longer than others. As a check to see if a GROUND SPICE is potent, smell it. If its aroma is immediate, strong and spicy, it should still add flavor to your foods. For a WHOLE spice, such as a clove or cinnamon stick -- break, crush or scrape the spice before you smell it. DO NOT smell PEPPER or CHILI POWDER as they can irritate your nose.

For HERBS, crush a small amount in your hand and smell it. If the aroma is still fresh and pleasant, it can still flavor

foods. If there's no smell or an off smell, toss it. Get in the habit of smelling your spices and herbs periodically. You'll learn what fresh smells like so you can begin to detect if they are getting old.

Source: Food Reflections E-Newsletter, February 2003

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### School Menu

Week Of: February 10th - 14th **MONDAY:** 

### **NO SCHOOL**

TUESDAY: Corn Dog, salad, pork & beans, fruit & milk. **Break-fast:** Sausage, Biscuit, fruit juice & milk.

**WEDNESDAY:** Sausage Wrap, corn, cheese potatoes, fruit & milk. Breakfast: Waffles, fruit juice & milk

THURSDAY: Chicken nuggets, potatoes, green beans, bread, fruit & milk. Breakfast: Cheese toast, fruit juice, & milk.

FRIDAY: Sub Sandwich, chips, salad cup, fruit, cookie, & milk. Breakfast: Breakfast burrito, fruit juice & milk.

# Date change for **Spelling Bee**

The Borden County Spelling Bee 2003 has been postponed from Tuesday, February 4<sup>th</sup>, to Friday, February 7<sup>th</sup>. because of scheduling conflict. The Bee will begin at 12:30 in the library. Parents and other interested patrons are invited to attend.

Contestants are as follows:

4th: Krista Tarleton, Taylor Richey

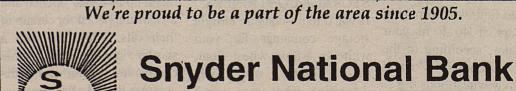
5<sup>th</sup>: none

6th: Katherine Froman

7<sup>th</sup>: Rachel Wilson, Kate Wallace

8th: Ana Arellanos, Clint Chapman, Rowdy Clary, John Cowart, Becky Dobyns, Logan Furlong, Reynaldo Hernandez, Christina Soto, Lindsey Stamper and Zant Williams.





We take Snyder to Heart!



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KAY BAILEY HUTCHISON

#### **Protecting America's Kids**

Three hours or less - those few precious hours can mean life or death for an abducted child. According to the Department of Justice, 75 percent of child homicides occur within three hours of an abduction. The sooner we rescue a child after he or she has been kidnapped, the better their chance for survival.

It is those startling facts that spurred my colleagues in the Senate to pass the "National Amber Alert Network Act" in a 92-0 vote this January.

An AMBER Alert, which stands for "America's Missing: Broadcast Emergency Response," is activated by law enforcement to find a child by triggering electronic message boards and broadcast messages throughout the area in which the abduction occurred. An AMBER Alert has gone out as quickly as within 17 minutes of an abduction, giving law enforcement personnel a jump start on safely recovering a kidnapped child.

Thus far, AMBER Alerts have been credited with saving the lives of 43 children in America. That's 43 children who will live to see another birthday; 43 children who will have a chance to make a difference in our world; and 43 families who will be spared the agonizing loss of a

One little girl did not have those opportunities. Her life was cut short. Her name was Amber, and she was a Texan. But her legacy lives on through the alert system that now protects America's kids.

Last year more than 451 children were reported missing or abducted in Texas. We know that the sooner we find these children, the greater chance they have for survival, and that's why making the AMBER Alert system a national one is so critical. Currently, more than 80 cities, regions and states have AMBER Alert plans. By creating a national protect our children from harm.

system, with a coordinator in the Justice Department, we can use the system across state lines to help recover abducted children. The legislation I introduced and the Senate passed does just that. Now the House of Representatives must act quickly to approve the program, and ensure the National AMBER Alert Network will become law to protect our children and grandchildren.

The alerts have proven so effective that one abductor who saw an AMBER Alert in California released the child on the side of the road because he knew it was only a matter of time before he would be caught.

One of the best ways to protect our children is to prevent them from becoming targets for kidnappers. The National Center for Missing and Exploited Children has compiled the following tips to help children and parents adopt preventative measures:

- 1. Teach your children to run away from danger
- 2. Never let your children go places alone
- 3. Know where and with whom your children are at
- Talk openly to your children about safety
- 5. Practice what you teach
- 6. Consider installing an alarm system in your home
- 7. Have a list of family members who could be contacted in case of an emergency
- 8. Be alert to and aware of your surroundings
- 9. Know your employees and coworkers
- 10. Consider varying your daily routines and habits
- 11. Take steps to secure personal information about
- 12. Report any suspicious persons or activities to law enforcement
- 13. Remember that you are your best resource for safeguarding your family

The National Center for Missing and Exploited Children has a host of additional online resources for children and families, which can be downloaded at www.missingkids.com.

Texas is home to some of the warmest, most kindhearted people in the country. Most of our citizens could never dream of hurting a child. But for Amber's sake, and for every family that has lost a child, let us all take these safeguards to heart. We can help reduce the chance for our children to become victims, and redouble our efforts to

### Registration deadline for next ACT exam is March 7th - - -

### College-bound students can take the test April 12<sup>th</sup>.

students can take the ACT appropriate course placement Assessment on April 12, for new students. 2003, the next nationwide test date. The registration achievement test in English, postmark deadline is March reading, math and science. It 7th. Late registration post- measures what students have mark deadline is March 21 learned in high school, and (an additional fee is required the skills required for success for late registration)

virtually all colleges and find it more comfortable than universities in the nation, an aptitude test because it including all Ivy League reflects their high school schools. The test fee is \$25. Colleges use ACT scores, along with the student's high million times last year. school GPA, the type of Important tips - Students college-prep courses taken who have already taken the and other information to help

College-bound high school determine admissions and the

The ACT Assessment is an in college. It is not an ACT scores are accepted by aptitude test. Some students curriculum. The ACT was administered more than 2

ACT can take it again and try

for a higher score. Juniors can use their scores to examine academic weaknesses, take courses to correct those weaknesses and re-take the exam as seniors. Students who take the exam more than once can report only their highest composite score to prospective colleges if they choose.

For all your School and County information. Subscribe to the Borden Star today! Only \$12.00 a year Box 137 - Gail, TX

### Thank You

While attending the Borden County - Grady basketball game recently, I became ill and the manner and courtesy in which I was cared for by the Borden County EMS unit was superior and most graciously administered to me. My heartfelt thanks goes out to each of them. I would like to acknowledge each one, Borden Co. EMT's Buddy Wallace, Bob Kempf, Phelina Farmer and James Bond, and school nurse, Kim Thomas. I hope I haven't overlooked anyone because they are an outstanding group and Borden County is extremely fortunate to have this protection.

Thanks to each of you, Louis Stallings

### **Subscription List**

Below is a list of subscriptions that expired in December and will expire in January and February. Please look on the list to see if your name is listed, if so please send \$12.00 payment to the: Borden Star Box 137 - Gail, TX

This list will be published weekly. Thank you for your help and continuing your subscription to the Borden Star.

#### **January Subscriptions Due:**

Avery, Don Beaver, Frank Brown, Rob A. Buchanan, Bob Creighton, Irene Currey, Edythe Dennis, John Gass, Shawna Harrell, Patti Ingraham, Clinta, B. Jackson, Bill

Jones, Gary

Lewis, Shawn Nehring, Doug Peterson, Craig Reeder, Larry Roe, RJ Shafer, Sheila Soto, Charla Stephens, Mike Turner, Mattie Williams, Glenodene Wolf, Vernon

Lemons, Hurston, Jr.

#### **February Subscriptions Due:**

Anderson, John Robert Buchanan, Richard Erwin, Gayla Newton Frisbie, Duke Gray, Glen Green, Joyce Marie

Hobson, Renee' Herridge, Jibber McMullan, Rita Montgomery, Johnny Myrick, Jim Schooler, Jim

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Thank You for your Subscription to the Borden Star

**Drive Safely!** Watch out for our children! THE BORDEN STAR, WED., FEBRUARY 5, 2003...8

### A true gift from the Heart

Cont from pg. 4

remaining berries, coating, and toppings, making a total of 6 chocolate and 6 whitedipped berries. Let stand 20 minutes to dry completely. Serve at room temperature.

Per serving (1 strawberry): 62 Calories, 4g. Total Fat, 2g. Saturated Fat, 1mg Cholesterol, 7mg Sodium, 8g. Carbohydrate, 1g. Fiber, 1g Protein, 15mg. Calcium.

**Iced Heart Cookies MAKES 36 SERVINGS** 1 POINT per serving

1 c all-purpose flower

1/4 t. baking soda

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1/4 t. salt

4 T. margarine

½ c. sugar

2 T. fat-free egg substitute

1 grated lemon rind

1 t. lemon extract

1 1/4 c confectioners' sugar

3 T. water

Red food coloring

1. Combine the flour, baking soda, and salt in a small bowl. With an electric mixer at medium speed. Beat the margarine and sugar until creamy. Add the egg substitute, lemon rind, and lemon extract: beat until blended. With the mixer at low speed, stir in the

flour mixture, until all the flour is just moistened. On a lightly floured surface, roll out dough to a 6-inch disk; refrigerate at least 30 minutes.

2. Preheat the oven to 375F. Spray 2 nonstick baking 4. To make the icing, with nonstick sheets spray.

3. On a lightly floured surface, roll the dough 1/8 -inch thick. Using a 3-inch heart-shaped cookie cutter, cut out cookies, gathering and rerolling the scraps of dough to make 36 cookies. With a metal spatula, carefully place cookies 1/2 inch apart on the baking sheets. Bake

until the cookies are set but not browned, about 10 minutes. Cool the cookies on the baking sheet on a rack about 1 minute: remove from the baking sheet and cool completely on the rack.

light pink. Place a sheet of wax paper underneath the rack of cookies to catch the drips. Drizzle the icing on the cookies (about 1/2 t per cookie) to cover. Let completely.

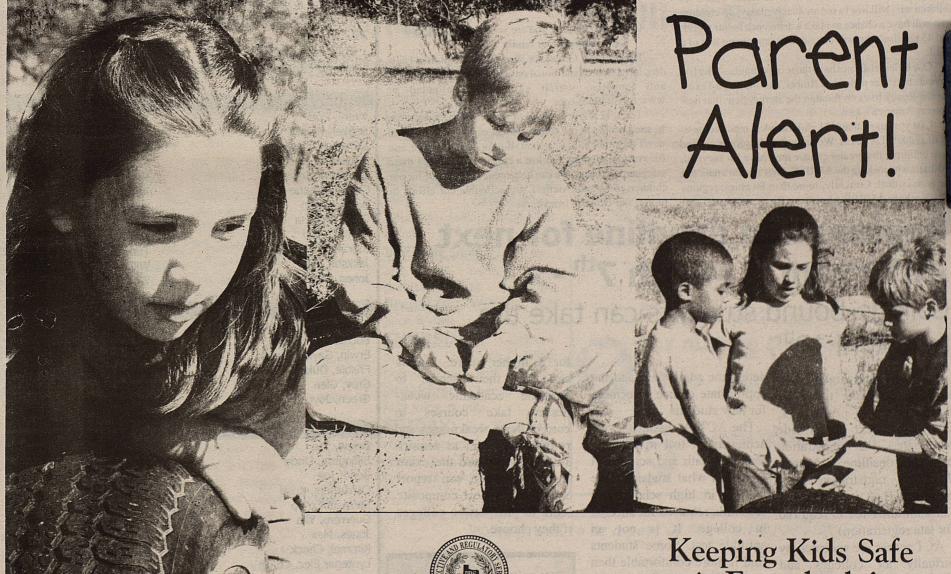
confectioners' sugar and Per serving (1 cookie): 52 water in a small bowl Calories, 1g. Fat, 0mg. until blended. Add the red Cholesterol, 43mg. Sodium, food coloring, a drop at a 10g Carbohydrate, 0g. Fiber, time, until the icing is 0g. Protein, 1mg Calcium.

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January 2001

is Everybody's **Business** 

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