## 40-Yard FGA Just Short as Wellman Union Rallies to Defeat

 BHS, 29-28It hurt almost as bad as being dumped by your girlfriend.
Just look at any Coyote ight's non-district game immediately on the kickoff against Wellman-Union, and when Sharp stripped the their faces would have told Wellman-Union runner of the the story.
After letting a 16-0 lead recovered. slip away, the Coyotes Officials, however, ruled a battled back to have one final knee was down, and chance to win the game with Wellman-Union retained 18 left in the game.
With the ball teed up on the 30 -yard line and kicking into the wind, the situation did not look good for BHS.
But, senior T.J. Sharp put all he had into the boot and then some just to see it trail off a little left -the kick had the distance, but was just wide.
The heartbreaking end to the game overshadowed some offensive bright spots; however, those moments came early in the contest and weren't enough to hold off a potent spread offense by the Wildcats in the second half.
Only 40 seconds into the game, Sharp burst through for a 50 -yard touchdown run. His rush followed Brionne Jackson's 10-yard gameopening pass to Kyle Pinkerton on the first play from scrimmage.
Sharp's PAT kick against the wind was good, and BHS
teams play appeared to give
was up, 8-0 with $9: 10$ on the clock.
An aggressive special immediately on the kickoff ball and Andy Lozano possession.
Not for long, as the Coyote defense held, and Pinkerton moved in to block the punt, giving BHS great field possession on the Wildcats 24-yard line.
Jackson went to the air again on first down, finding Raul Rodriguez for a 20 -yard gain.
The passing game continued as Jackson then went $3-3$, nailing Pinkerton in the endzone for a 4 -yard touchdown.
Again, Sharp's point after kick was good. The Coyotes were up, 16-0 at the 6:04 mark of the first period.
This time, Wellman-Union answered back with a 36 -yard touchdown run, but the failed PAT kept the game at 16-6.
On BHS's next possession, Adam Carter did some backfield blocking that freed Sharp for a gain of 8 yards on first down.


Senior, T.J. Sharp, gets a good kick, but strong wind gust causes the ball to go wide.

A bad snap resulted in a $13-$ yard loss on the next play, and the Coyotes eventually had to punt-a 27 -yard effort by Derek Rodriguez
Rodriguez came on strong on the Coyotes' defensive series, holding the WellmanUnion runner on $4^{\text {th }}$ down and short to give BHS the ball on their own 23 -yard line.

Another stalled offensive series placed the ball back in the Wildcats' hands, but Rodriguez kept up the defensive harassment, forcing a fumble with a hit. Lozano was on the spot again, and this time he got credit for the recovery.

$\begin{array}{lc}\text { Bonfire: } & \text { 5:00 p.m. } \\ \text { Supper: } & \begin{array}{c}\text { East side of school } \\ \text { School Cafeteria } \\ \text { S. } \\ \text { Sponsored by Class of } 2003\end{array} \\ & \end{array}$ Game time: 7:30 p.m. Borden Co. vs Highland
Reception: Cafeteria
Following Game
Honoring Class of 1992
Dance:
Co. Show Barn
Sponsored by Parents Club

## Welcome Exes!

Cont. to pg. 2

## Wellman Rallies to Defeat BHS

Cont. from pg. 1

The Wildcats began adjusting to the Coyote passing game.
A beautiful downfield pass attempt from Jackson to Sharp on a $2^{\text {nd }}$ and 17 would have given BHS a first down, but coverage was tight, and Wellman-Union held once again.
Wellman-Union went to a spread on what would be their last possession of the half.

Two pass plays moved the ball deep into Coyote territory, but BHS stiffened as sophomore Ben Griffinstarting in his first varsity game-made a tackle on the 2 -yard line on $4^{\text {th }}$ and goal.
Raul Rodriguez and brother Derek provided some good pass rush on the play as well.

Taking over on their own 2-yard line with 3:34 remaining before halftime, the Coyotes went to work on the ground.
Sharp punched out 10 yards, and then turned the running duties over to Carter who had rushes for six yards and then one for 11 up the middle.
Carter's efforts gave the Coyotes some breathing room, and more importantly, a first down to retain possession.
Jackson once again went to Pinkerton for a 19-yard pickup that took BHS into Wellman-Union territory.
Derek's 8 -yard rush with 1:48 on the clock along with Jackson's 5 -yard pass to Sharp moved the Coyotes a little closer, but with only : 43 left, BHS faced $4^{\text {th }}$ and short.
Carter powered up the middle once again, and his 4yard gain gave new life to the Coyotes who used a time out to discuss strategy from the 17 -yard line of the Wildcats.
The perfect drive---which used time off the clock and produced a score before halftime- ended when Sharp took a turn throwing to Lozano, who eluded two tacklers to make it a 22-6 game.
The PAT was blocked and the points would turn out
to be crucial ones, though at Jackson - who finished 9the time, BHS had all the $15-99$ yards on the eveningmomentum.
The second half saw a Wellman-Union offense that decided to go to the air-and the second 20 minutes of football would give them enough time to pull off the comeback victory.
The rally started on their first series of the second half when the Wildcats scored from 15-yards out.
Wellman-Union held the Coyotes on their initial second-half possession despite Carter's continued efforts from the backfield.
The sophomore gained 15 yards on two rushes, once for another first down.
Another sack, however, forced $4^{\text {th }}$ and long and BHS could not convert.
Still, Coyote fans saw their team come through with a big play at the end of the third quarter when Lozano's big hit forced a fumble, and Carter recovered.
BHS had the ball on their own 28 -yard line, and Derek churned out a six-yard gain on the first play of the series. As the quarter ended, however, the Coyotes once again found themselves struggling to make the first down yardage, and the Wildcats took over on downs.
Derek recorded a big sack on the next play, which resulted in a 4 -yard loss.
But, two consecutive pass plays put the Wildcats in the endzone, bringing the score to 22-21 after a successful PAT kick.
With 7:05 on the clock, BHS began a drive that they hoped would seal the win.
Derek picked up 9 yards on two rushes, but the Coyotes faced $3^{\text {rd }}$ and 6 on their own 31-yard line.
Sharp showed his senior experience when he took the handoff to pick up the crucial first down with an 11-yard rush at 5:47.
The stress just kept on coming, however, as BHS then faced a $3^{\text {rd }}$ and 13 on Wellman-Union's 36 -yard line with 4:00 to play.
found Carter out of the backfield on a 25 -yard pass play which once again gave the Coyotes new life, kept the clock running, and moved them closer to what most thought would be the clinching score.
Sharp did finish off the drive at $2: 43$ with his 6 -yard touchdown rush. However, Wellman-Union was able to bust up the PAT, and that left BHS with a $28-21$ lead with less than three minutes in the game.
Wellman-Union wasted no time-when they probably should have had to use up the clock-and scored on a $2^{\text {nd }}$ and 15 pass play. This came immediately after a 41 -yard pass play, which moved the Wildcats deep into Coyote territory.
Six-man rules give two points for the ever-important conversion kick, and now it boiled down to this particular one.
Wellman-Union went for the two, and the PAT split the uprights, giving them their first lead of the night, 29-28, with 2:00 to play.
The game was lost Friday night, but not to be lost in all the heartbreak was the final drive that the Coyotes put together to try and win.
Sharp rushed twice, giving BHS a first down on the Coyote 35 -yard line.
Derek's 14 -yard gain gave BHS another first down, moving the ball inside Wellman-Union's side of the field.
A five-yard rush by Carter and a five-yard pass got the Coyotes to the 21-yard line, but the Wildcats were able to keep BHS out of the endzone.
With : 18 left and having used a final time-out, BHS asked Sharp for one more gut-check-and the senior did all he could.
The snap was perfect, the hold by Talin Pepper was perfect, and Sharp was right on-from 40 -yards out.....but those uprights are there to challenge even the best, and

## JV Coyotes Defeated

## 33-18

ESPN couldn't have written a better offensive script as Thursday's JV game featured scoring drives on the first six possessions of the game.

In the second game of the evening, Borden's Derek Gwinn started things off with a sixteen-yard kickoff return against Wellman-Union to the 31-yard line.

Aaron Pigford, starting in his first jv game since Ben Griffin was moved up to varsity, went to work immediately, finding John Wilson for a 16-yard gain and a first down.
"Air Aaron" followed that with a 27-yard touchdown toss to Wilson, giving BHS the lead at 6:49.

The PAT was blocked, but J.Ryan Gicklhorn would definitely answer back a little later in the half.

Austin Tarleton's big hit on the kickoff return was negated as Wellman scored on their first play from scrimmage, a 50 -yard touchdown rush.

The successful PAT rush made it a 7-6 game.

The scoring just kept on coming as Garrett Thomas saw the light on a 75 -yard kickoff return for a touchdown just seconds later.

Thomas broke it open, in part due to a key block by Billy Roper and put the Coyotes ahead 14-7 after Gicklhorn's kick was good for two points.

The defense, led by Thomas, Tyler Wallace, and Wilson, tried to stop Wellman's potent running game, but the Wildcats found themselves in the endzone at 3:28 after a five-yard rushing TD.
the ball trailed off just wide left.
The Coyotes drop to 2-2 with Highland coming to town this week for the annual Homecoming tilt.
The first district contest will be October 11 against Klondike in Gail.


Garrett Thomas, \#20 and another Coyote team mate tries to make a get away.

Wellman ran in the PAT to knot the score at 14 -all of this still in the first quarter.
The Coyotes' next possession resulted in The Return of the Golden Foot as Gicklhorn booted his second field goal of the season-a 34 -yard kick that gave BHS an 18-14 lead.

A holding penalty on the kickoff seemed to give Borden County the momentum as the Wildcats started their next possession deep in their own territory.

Facing $4^{\text {th }}$ and 2 , Wellman pulled off a 56 -yard rush for six more points and the lead for the Wildcats. The PAT dart up the middle made it 21-18 with $4: 42$ left before halftime:

BHS had scored on every possession up to this point, but the well went dry as a sack on the five-yard line stopped the Coyote drive to the endzone.

The knockout punch may have come right before halftime as Wellman scored right before the break to go ahead 27-18.

BC's defense came back strong opening the second period of play as Wilson snagged an interception on the Coyote 13 -yard line as Wellman was driving for another score.

A great Coyote drive followed-Thomas, Gwinn, and Wilson sharing rushing duties-but the drive stalled as BHS failed to convert a $4^{\text {th }}$

Cont. to pg. 3

## 3...THE BORDEN STAR, WED., OCT. 2, 2002

## Coyote Pups Fall to WellmanUnion

At the jr. high level-when it comes to football-size is a notable advantage.
The Wellman Wildcats fielded a big bunch of boys in Thursday's contest, but the Coyote Pups still played with big hearts, dropping a 28-12 decision.
It appeared Wellman would run at will over BJH, but adjustments and fundamentals helped the Pups challenge the visiting team late in the game.
. Michael Bullinger, riding great blocks by Zane Williamson and Rowdy Clary, scored with 4:19 left in the game to close the margin to 21-12.
Wellman answered immediately by returning the kickoff; the PAT insured the win.
The Pups mounted one more scoring effort with less than three minutes to go.
Clint Chapman, taking a handoff from Jacob Froman, rushed for a first down at the 2:08 mark on the Wellman 31-yard line, but an ensuing fumble and sack gave Wellman the ball with $1: 47$ left in the game.
Bullinger rushed for 106 yards, scored twice, and got off a 45-yard punt along with a 32-yard effort in the game. Symeron Rinehart provided some good yardage as the blocking back, rushing for eight yards and returning kickoffs.
Chapman also had a 13 -


Michael Bullinger, \#42 heads for the goal line as a Wellman Wildcat tries to take him down. The Jr. High Coyotes Pups was defeated 28-12

## JV Coyotes Defeated

Cont. from pg. 2 and 15 with 1:01 left in the third quarter.

Wellman went to the air and scored on their next series. Gwinn blocked the PAT to keep the damage to a minimum, with the Wildcats ahead $33-18$ just inside the $4^{\text {th }}$ quarter.

The Coyotes would have two more opportunities to score again, but both possessions came up short.

A final defensive stand, holding Wellman on $4^{\text {th }}$ and goal with less than two
minutes to play, was not enough to lift the Coyotes' comeback effort.

Pigford finished with 5-9 from the air for 72 yards and one touchdown toss, Thomas rushed for 69 and had the kickoff return for a TD.

Wilson's touchdown reception and Gicklehorn's field goal accounted for the remaining Coyote points.
Grady is the next opponent for the junior varsity. The Coyotes travel to Grady for the 7:30 contest.


JV Quarterback, Aaron Pigford, \#40 takes the snap from center Trey Soto during the JV game last Thursday night.


## From the Counselor: <br> By Mary Airhart

## Senior and Parents:

## Scholarship scams

## DO NOT SEND MONEY student

TO ANY PERSON OR Legitimate helps are ORGANIZATION TO OB- available free of charge from TAIN FINANCIAL AID the government and privately FOR COLLEGE!!! It is that funded organizations listed time of year once again when below. The Pell Grant, Workcon artists attempt to extort Study, and other federally money from anxious parents funded monies are available and students who are looking through the FAFSA (Free for some way to fund the Application for Federal rising costs of college Student Aid) which must be education. Borden County based on income tax reports seniors have received and of the preceding year and brought to may attention cannot be submitted before several financial aid scams January 1. To facilitate the requesting students to set up FAFSA process, we have interviews or join an scheduled a financial aid organized search with a workshop here on campus on private company. The scam January 8, 2003, for Borden artists who perpetrate these County senior and junior requests are the only ones students and their parents. who benefit financially, and Parents should work very parents are the losers. Any hard to have their income tax organization which charges a information ready (does not fee is seeking money for that have to be filed) so that the organization and not the FAFSA can be filled out at

## First Six Weeks Beta \& Honor Roll List <br> Beta

Senior: Carolina Arellanos, Chapman, Rowdy Clary, Michele Bond, Micah Kalli Poole and Christina Hensley and Talin Pepper Soto. Seventh Grade: Junior: Jami Gass, and Kyle Sharelle Gass, Brittany Pinkerton. Sophomore: Billy Leatherwood, Tabetha Roper and John Wilson Steward and Miller Valentine Freshman: Whitney Sixth Grade: Krystal Anderson Eighth Grade: Hobson and Tyrell Massingill None Seventh Grade: Fifth Grade: Aaron James, Rachel Wilson Sixth Grade: Rachael Payne, Chellsie Katherine Froman and Carlos Pigford, Lacey Roberts, Hernandez.

## Honor Roll

Senior: April Bouressa, Kylia Culp, Brionne Jackson, Dalene Kempf, Pati Rodriguez, and T.J. Sharp Juniors: Clay John Anderson, Menda James, and Shane Tarleton. Sophomore: Garrett Chapman, Ashley James, LaShae Johnson, and Emily Mayes Freshman: Andrew Lamming, Aaron Pigford and Trey Soto Chelsea Stephens, Brendan Tarleton, Raylea Underwood and Skyler Williamson-Dear. Fourth Grade: Bailey Anderson, John Hensley, Taylor Richey, Tony Soto, Krista Tarleton, and Miles Valentine. Third Grade: Austin Field, Seleste Herridge, Vivian Hernandez, Bethany Stamper, Chance Taylor, Chris Teel, and Austin Tyler. Second Grade: Celina Guerrero, Tanner Richey, Matthew Roberson, Riley Smith and Teryn Soto.
that time. Meanwhile, there are several scholarship source books available in the school library. Also, the following web sites are legitimate, helpful, and FREE: AdventuresIn Education:org www.finaid.org
WWW.fafsa.ed.gov
$\frac{\text { www.mapping-your-future.org }}{\text { www.collegeispossible }}$ www.collegeispossible.org

## www.cashe.com

www.salliemae:com
www.ed.gov/thinkcollege
www.nasfaa.org
FastWeb.com
If you or someone you know has lost money in a scholarship scam, please contact www.fraus.org, www.ftc.gov, www.ftc.gov,

## www.bbb.org, or

www.usps.com/postalinspectors.
Also, inform other parents who may not be aware of scholarship scams. Let's invest our money for funding higher education for our children.


When: Friday, October 4th
Where: County Show Barn
Time: Following game til 12:30 a.m.

## GO COYOTES!!!!!

## Parent's Club Meeting <br> Monday - October $7^{\text {th }}$. 6:30 p.m. Community Building



Come out and help support the students and enjoy the evening. Sponsored by the Borden Co. Parents Club Money received from the Class Booths will go to individual classes. and the money received from the Parents Club Bingo will go towards the 2003 Senior Scholarship Fund

## Dr. Brock presents program to 4-H members



Dr. Bo Brock, DVM from Lamesa presented the educational program to the Borden County Junior 4-H Club members at their first meeting of the year on Monday, September $16^{\text {th }}$.


Dr. Brock, provided educational information about horses to the 4-H members. Here he is shown presenting an informative and entertaining talk to the youth and explaining the difference between human and horse bones.


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## IMPORTANT GENERAL ELECTION DATES

Sept. 6, 2002
First Day to Accept Application to Vote Early by mail
Oct. 6,2002
Last Day for a Voter to make a A change of address
Oct. 7,2002
Oct. 21, 2002
Oct. 29, 2002
Nov. 1, 2002
Nov. 5, 2002
Last Day to Register to Vote for General Election
First Day to Early Vote in Person Last Day for Clerk to Receive an Application for a Ballot by Mail. Last Day to Vote Early in Person ELECTION DAY

## NOTICE OF PUBLIC HEARING ON BORDEN COUNTY APPRAISAL DISTRICT 2003 BUDGET

The Borden County Appraisal District Board of Directors will conduct its annual public hearing for the Borden County Appraisal District Year 2003 Budget at 12:00 noon, on Monday, October $14^{\text {th }}, 2002$. This meeting will be held in the Borden County Community Center at 116 E . Wilbourn, Gail, Texas.
A summary of the appraisal district budget is as follows: Total amount of proposed budget $\$ 62,700.00$ Total amount of current budget \$62,990:00
Total difference between budgets (decrease of) 290.00
The appraisal district is supported solely by payments from the local taxing units served by the appraisal district.
If approved by the appraisal district board of directors at the public hearing, this proposed budget will take effect on the $1^{\text {st }}$ day of January, 2003.
A copy of the proposed budget is available for public inspection in the appraisal district office.

JEANETTE KOEHLER
Chief Appraiser

[^0]

THE BORDEN STAR, WED., OCT. 2, 2002... 6

## Protect yourself from flu, especially if you have asthma

## American Lung Association of Texas says Flu Shot can

 prevent Major Illness in AsthmaticsPeople with asthma should get a flu shot this October, during Healthy Lung Month, to help prevent asthma attacks during flu season, the American Lung Association of Texas recommends. Although the flu poses a major health risk to people with asthma, only about $10 \%$ of people with asthma currently get a flu shot. But recent research conducted by the American Lung Association in Houston and other areas around the U.S. found that influenza vaccines are safe for children and adults with asthma.
The Lung Association's research has important health implications because influenza causes substantial illness in both children and adults with asthma, according to Robin Anderson, RN, Director of Medical Affairs of the American Lung Association of Texas.
"This flu season, people with asthma will have a safe, effective way to help prevent asthma attacks," Anderson said. "If every adult and child with asthma receives a flu shot, we can prevent millions of asthma attacks, many of which would have been severe and resulted in hospitalizations."
Nationwide, 24.7 million Americans ( 3.8 million under the age of 18) have been diagnosed with asthma in their lifetime, Anderson said. The American Lung Association estimates that if all adults with asthma in the United States received the influenza vaccine, then approximately 52,000 hospitalizations would be prevented, at a cost savings of more than $\$ 500$ million.
If all children with asthma received the influenza vaccine, approximately 136,500 hospitalizations would be prevented. At an average cost of about $\$ 4,000$ per hospital stay for a child with asthna, vaccinating all children with
asthma would save approximately $\$ 562$ million.
The study puts to rest previous concerns about possible side effects of the flu shot in people with asthma. In the past, some physicians expressed concern about giving the flu shot to patients with severe asthma, or to children with asthma. But the American Lung Association study, published in Nov. 2001 in The New England Journal of Medicine found that the flu vaccine was safe for both groups. The study found that people with asthma did not have any higher rates of side effects for the 14 days after receiving the influenza vaccine compared with those who received a placebo, or inactive shot.

## School Menu Week Of:

Oct. $7^{\text {th }}-11^{\text {th }}$
MONDAY: Beef \& bean burrito, potato wedges, salad, fruit \& milk.
Breakfast: Hot pocket, fruit juice \& milk.
TUESDAY: Chicken strips, potatoes, corn, hot rolls, fruit, \& milk. Breakfast: Sausage, biscuit, fruit juice \& milk. WEDNESDAY: Fajitas, salad, pinto beans, jello \& milk. Breakfast: Waffles, fruit juice \& milk. THURSDAY: Meat \& Gravy, potatoes, green beans, bread, cobbler \& milk. Breakfast: Cereal, toast, fruit juice, \& milk.
FRIDAY: Hot dog w/chili, onion rings, salad, fruit, cake \& milk. Breakfast: Biscuits w/gravy, sausage, fruit juice \& milk
"Having clinically studied the effects of the flu vaccine on people with asthma, we

## Book Fair <br> Sponsored by

When: October 7-11, 2002

Where: Borden County School, Room 73


English IV Student Reporters: Sunni Shipp, April Bouressa, Brandy Shafer, Pati Rodriguez and Kylia Culp.


Sean Tucker Kindergarten "Homecoming is were you dance, play football and watch the bonfire.
Get a lot of wood and make it high."

"Dance, have wood, and a tree."

## 7...THE BORDEN STAR, WED., OCT. 2, 2002

## OBITUARY

## Freida Jo Poston 1926-2002

Graveside services for Freida Jo Poston, 76, Gail were held at 2:00 p.m. Tuesday, October 01, 2002 at the Gail Cemetery, Gail, Texas. Travis Sweet, Minister of the Post Church of Christ officiated. Services were under the personal care of Justice-Mason Funeral Home of Post.
Mrs. Poston died on Saturday, September 28, 2002 at the Covenant Medical Center.

## From The Counselor <br> By Mary Airhart

## IT'S THE LAW!

For two years following their graduation, students who are ranked in the top ten percent of their graduating class are eligible for automatic admission into four-year public universities and colleges in Texas. Students and parents should contact their high school counselors for further information about how to apply and the deadline for application.
In simple terms, this law means that out of this year's BHS graduating class of eighteen, the top $10 \%$ or, in this case, two, are eligible to go to any Texas college or university, including Rice, Texas A\&M, Texas University, or any other State university with restricted admission policies.

She was born on August 31, 1926 to Fred and Sally (McElhaney) Hall at Elk City Okla.. She attended school at Pixley, Okla. and Cantue, Okla. where she graduated. She married D.L. Poston in 1947 in Wheeler, Texas. They made their first home in Dill, Okla. and moved to Lefors, Texas in 1956 and to Gail in 1960. She worked for Wacker's in Post for several years. She was a life long
member of the Church of Christ.
She is survived by her husband; one son, Joe Poston of Lubbock; a daughter, Shirley Wooten of Alvin; five grandchildren, Brady Joe Poston, Ryan Joe Poston, Patrick Joe Poston, Amber Wooten and Lance Wooten.

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## Subscription collection changes made, due to high cost of postage and printing

Because of the increase in postage and printing of the paper, and to help keep the subscription cost from increasing, the Borden Star is asking for your help. Each week a list of monthly subscriptions due will be printed in the paper. If your name is listed please send your payment of $\$ 12.00$ to us at the address printed below.
If you are not receiving the paper and would like to, you may do so by sending $\$ 12.00$ for a yearly subscription and we will get you on the mailing list as soon as possible. You may contact us at $806 / 756-4402$ or 756-4313.

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Below is a list of subscriptions that will expire in September and October. Please look on the list to see if your name is listed if so please send your $\$ 12.00$ payment to the:

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Thank You for your Subscription to the Borden Star

THE BORDEN STAR, WED., OCT. 2, 2002... 8


## Protect yourself from Flu

Cont. from pg. 6
now know that they can and should protect themselves by getting a flu shot early this season," says Dr. Nicola Hanania, lead investigator, American Lung Association Asthma Clinical Research Center at Baylor College of Medicine in Houston. "We need to dramatically boost the number of people with asthma receiving the flu shot way beyond the current $10 \%$; so many more people should be benefiting from the flu shot."
All persons over age 65 should be vaccinated early in October, along with other high-risk groups. Those ages 50 and over, and anyone else who wants protection from influenza, should receive the flu shot in November. Flu season generally lasts from December through March.

People with asthma aren't the only ones who should get a flu shot. Influenza can be very dangerous for people with other "high-risk" conditions, including those with other lung conditions, as well as those with heart and kidney disease. Hospitalization rates for such people increase two- to five-fold during major flu epidemics. The influenza virus is associated with serious illness an even death. During influenza outbreaks, there tends to be an increase in pneumonia cases and a high rate if influenza hospitalizations. Influenza accounts for 192 million days spent in bed, 70 million lost working days, and 346 million days of restricted-activity each year.

Certain people such as those allergic to the vaccine contents should not receive the vaccine. If in doubt, consultyour physician.
For more information about asthma and influenza, call the American Lung Association of Texas at 1-800-LUNGUSA (1-800-586-4872), or visit our web site at


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