

Avoid ticks best way to prevent disease they carry

The weather is warm. The days are long. Both animals and people are in the countryside.

It's tick time in Texas.

Ticks are often found in the same spots that people like to visit - wooded, brushy and grassy areas. And they often land on animals as well.

A bite forma n infected tick can cause illnesses such as Lyme disease, Rocky Mountain spotted fever, human ehrlichiosis and tularemia. prompt medical attention, these illnesses can almost always be successfully treated. But if people do not recognize the symptoms and seek treatment, the illnesses can be serious, even fatal.

The tick most likely to carry disease in Texas is the lone star tick, common throughout the south and United central States, according to Jane Mahlow, a veterinarian and director of Zoonosis Control Division at the Texas Department of Health (TDH). "This tick, which is about he size of a watermelon seed, will readily feed on human blood," she said.

Other tick species prefer attaching to animals and staying there.

The most frequently diagnosed tick-borne problem in the country is Lyme disease,

cause skin, joint, heart and nervous system problems. Named after the town of Lyme in Connecticut where it was first described in 1976, the disease usually begins with flu-like symptoms such as fatigue, headache, fever, stiff neck and joint pain. Occasionally there may be skin lesions or rashes, usually around the site of the tick

Untreated, Lyme disease can result in severe damage to joints, the heart and nervous system. Studies show that form 1 percent to 2 percent of ticks in Texas carry the organism that causes the disease. From 1990 through 2000, more than 2,200 possible cases of Lyme disease were reported in Texas. Of these, 732 cases were confirmed.

Symptoms of Rocky Mountain spotted fever and human ehrlichiosis include headaches, muscle aches and high fever. A measles-like rash also may be present.

Tularemia is a bacterial disease affecting animals and humans, usually transmitted through a bite from an infected tick. It also can be spread through contact with blood or tissue form infected animals or by handling eating undercooked rabbit meat.

Symptons of tularemia include fever, an ulcerative a bacterial infection that can skin sore and painful swollen

glands. If lymph organism is ingested, the person may have a throat infection, abdominal pain, diarrhea and vomiting.

Antibiotics are used to treat tick-borne diseases.

"Avoiding ticks is always the best prevention for any of these diseases," Mahlow said. "Keep fleas and ticks off pets and discourage unwanted animals such as rats, mice and stray dogs and cats around the home" she said.

To protect yourself from ticks:

 If you are in an area with ticks, check your body carefully for them every Cont. to pg. 2

Use Caution and Common Sense When Traveling

With the arrival of summer, • people across the nation wills tart making their vacation travel plans. In light of • September 11 tragedy, it is important to remember • "safety first" when traveling, • whether you're traveling in the United States or abroad. The Independent Bankers Association of suggests the following tips to help keep you and your property safe.

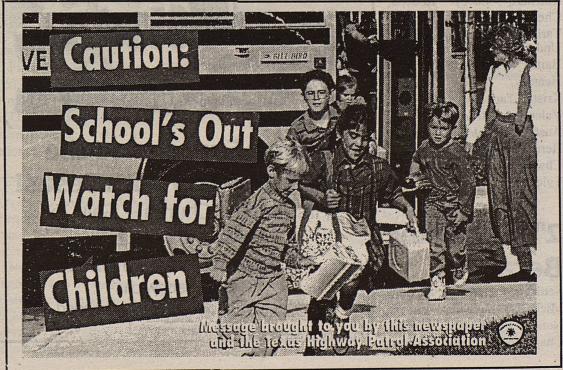
Before you leave on your

Stop mail and newspapers or ask a neighbor to pick them up.

- Arrange to have the lawn mowed while you're away.
- Make sure all windows and doors are locked.
- Leave a radio on
- Ask a neighbor to park in your driveway at night.

Carry travelers' checks and one or two major credit cards instead of cash. When using credit cards abroad, make a note of the credit limit on each card you bring. Make certain you do not charge over that amount. In some countries, Americans have

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Final Beta and Honor Roll List for 2001-'02

Sixth Six Weeks Beta

Senior: None Junior: Micah Hensley, and Talin Pepper; Sophomore: John Stamper Freshman: Garrett Chapman, Billy Roper and John Wilson; Eighth Grade: Whitney Anderson, Seventh Grade: Rowdy Clary Sixth Grade: Rachel Wilson.

Sixth Six Weeks **Honor Roll**

Senior: Rika Copeland, Jessica Ellison and Cody Nowlain; Juniors: Michele Bond, April Bouressa, and Dalene Kempf; Sophomore: Clay John Anderson, Jami Gass, Dan Griffin, Kyle Pinkerton Shane and Tarleton; Freshman: Emily Mayes Eighth Grade: Andrew Lamming and Trey Soto; Seventh Grade: Clint Chapman, Jake Payne, Kalli Poole, and Christina Soto; Sixth Grade: Miller Valentine; Fifth Grade: Carlos Hernandez; Fourth Grade: Flynn Chapman, D'Nae Johnson, Karl Lamming, Rachel Payne, Chellsie Pigford, Shylo Rinehart, Lacey Roberts, Chelsea Stephens, Brendan Tarleton and Raylea Underwood; Third Grade: Bailey Anderson, John Hensley, Taylor Richey, Krista Tarleton and Miles Valentine; Second Grade: Austin Fields, Seleste Herridge, Bethany Stamper, Chance Taylor, and Austin Tyler.

2nd Semester Beta

Senior: None; Junior: Micha Hensley; Sophomore: None; Freshman: Garrett Chapman, and John Wilson;

Grade: Grade: None.; Seventh Sixth Grade: Rachel Wilson

2nd Semester Honor Roll.

Senior: Michele Bond and Talin an Pepper; Sophomore: Clay John Anderson, Kyle Pinkerton and Shane Tarleton; Freshman: Billy Roper; Eighth Grade: Whitney Anderson; Seventh Grade: Clint Chapman, Rowdy Clary, and Christina Soto; Sixth Grade: Miller Valentine; Fifth Grade: Carlos Hernandez; Fourth Grade: Flynn Chapman, D'Nae Johnson, Chellsie Pigford, Shylo Rinehart, Lacey Roberts, Chelsea Stephens Brendan Tarleton and Raylea Underwood; Third Grade: Bailey Anderson John Hensley, Taylor Richey, Krista Miles Tarleton and Valentine; Second Grade: Seleste Fields, Austin Herridge, Bethany Stamper, Chance Taylor and Austin Tyler.

Use Caution and Common Sense When Traveling

Cont. from pg.1

been arrested for innocently exceeding their credit limit.

Pack an extra set of passport photos and a photocopy of your passport information page to make replacement easier in the event it is lost or stolen. None; Junior: While making copies, make extra copy of your ticket. passport, airline driver's license and credit cards you're taking with you and leave with a family member or friend. Additionally, it is a good idea to make a copy of the serial numbers of your travelers' checks.

> Find out if your personal property insurance covers you for loss or theft while abroad. It's also a good idea to make sure your health insurance covers you while you are out of the country. You might consider purchasing a short-term health insurance plan for travelers. If you go this route, make sure the plan you purchase covers medical evacuation in the event of serious injury or illness.

Beware of pickpockets. have They often

accomplice who will:

- Jostle you
- Ask you for directions or the time
- Point to something spilled on our clothes
- Distract you by creating disturbance.

If confronted, give up your valuables. They can be replaced. You can't.

When traveling out of the country, the most convenient source of information about travel and consular services is the web site of the state

Department. The web site address You hup travel state-gay. can also access Consular Service information and travel warnings by dialing 202-647-5225 any time of day form a touch tone phone.

There's no reason to avoid traveling or changing your plans. Just use common sense and you'll enjoy your vacation - at least until the credit card bills come in.

Provided as a public service by the Independent Bankers Association of Texas.

Avoid ticks

Cont. from pg. 1

- avoid areas of overgrown brush and tall grasses.
- Wear hat, long-sleeved shirt into boots or socks.
- Use repellent containing N,N-diethyl-meta-

tions.)

If you find a tick on your skin, remove it right away. To remove an attached tick, use tweezers to grasp the tick at the skin surface. If tweezers are not available, use a tissue to protect fingers form possible exposure to the

tick's body fluids. With a steady motion, gently pull the tick straight out. Do not crush few hours. Ticks are the tick's body. Have small and easy to miss. patience; it may take time to They can attach to any remove the tick properly. part of the body - head to Ticks should be removed from pets using the same Stay on trails outdoors; technique or by using a tick

Using petroleum jelly or light-colored touching the tick with a hot clothes to easily spot match may be common ticks. Protect skin from practices but are not the best tick bites by wearing a procedures. Mahlow said.

ticks may Live and long pants tucked submitted for identification and testing to the THD laboratory. They should be DEET (chemical name, put in a small container such as an old pill bottle with the toluamide) or permethrin cap tightly on. Never mail (fllow package directicks loose in an envelope. Call the TDH laboratory at 512-458-7615 information on the proper way to submit live ticks.

> People with flu-like symptoms following contact with a tick should get medical attention as soon as

Make Track EXTREME ADVENTURE WITH JESUS

Come Experience the Mountain Top with Jesus!

First Baptist Church - Gail, Tx. June 17th - 21st

5:45 p.m. – 8:30 p.m.

Bring a sandwich. Drinks and cookies will be provided. See You There!

Branon Funeral Home

Serving this area since 1922

Phone: 806/872-8335

Lamesa, Texas

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From the Counselor

Mary Airhart

Summer Fun Fest

Reading program planned

Dear Parents,

We have some new and exciting supplement materials for a summer program. We will use these items this summer during a four day fun-filled Summer Fun Fest. This program is designed to help students develop the necessary skills to become proficient readers. It will enable us to devote more time for each student and to focus on their individual needs.

The activities have been scheduled for four days in the month of June. We will begin each day at 9:00 a.m. until 11:30 a.m. The students may bring a sack lunch to enjoy with their friends before going home at noon.

All students in the kindergarten, first and second grade classes are encouraged to attend the four days of learning fun. We know that summer is a busy time for family activities and vacations, but we hope you can fit these days into your summer schedule:

June 17th - June 19th - June 24th - June 26th

Some of the areas targeted for activities are listening skills, reading comprehension, problem solving, and critical thinking. Some of the materials will be available for the students to take home and use between the scheduled summer school days. We want to encourage summer reading with these take home packets.

These 4 days will not be typical school days. They should be fun learning experiences for your child. This program is being funded by the state. Therefore, attendance is mandatory if you decide that your child will participate. We need to know in advance if you have a conflict with one of the dates listed above.

If you have questions, please contact Mrs. Miller or Mrs. Murphy. We appreciate your cooperation and the effort in bringing your child back and forth to attend the Summer Fun Fest

Padres Queridos,

Tenemos algunos nuevos materiales suplementales pare un programa del verano. Utilizaremos estos materiales este verano durante "Summer Fun Fest," cuatro dias llenados con diversión. Este programa se diseña para ayudar a estudiantes a desarrollar las habilidades necesarias para convertirse en programas de lectura peritos. Nos permitira dedicar mas tiempo a cade estudiante y al foco en sus necesidades individuales.

Las actividades han estado programadas por cuatro dias en el mes de Junio. Comenzaremos cada dia a las 9:00 y continuaremos hasta 11:30. Los estudiantes pueden traer un almuerzo del saco para gozar con sus amigos antes de ir a casa al mediodia.

Se anima a todos los estudiantes en el jardin del la infancia, el grado primero, y el grado segundo que atiendan a los cuatro dias de aprender y diversion. Sabemos que el verano es un rato ocupado con las actividades de la familia y las vacaciones, pero esperamos que usted pueda caber estos dias entre su horario del verano:

17 de Junio - 19 de Junio - 24 de Junio - 26 de Junio

Algunas de las áreas apuntadas para las actividades son habilidades de escuchar, comprensión de leer, solucionar de problemas, y el pensamiento critico. Algunos de los materiales estarán disponibles para los estudiantes para tomar al hogar para usar entre los dias programadas para la escuela de verano. Deseamos animar a los ninos que leen durante el verano con estos paquetes que pueden llevar para la casa.

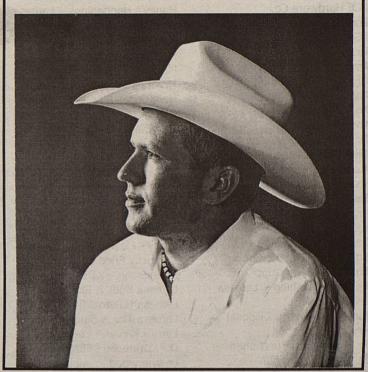
WTC L.V.N. Program

Applications are now being accepted for the September 1, 2002 Vocational Nursing class at Western Texas College in Snyder,. With a strong job market for nursing, the Western Texas College Vocational Nursing Program offers training for employopportunities emergency medicine, intensive care, operating room, OB, pediatrics, home health, respiratory therapy a and long term care. The program is approved by the Board of Vocational Nurse Examiners and the Texas Higher education Coordinating Board and has a very high licensure passage rate.

Students complete a 12month course of study with new classes beginning on March 1 and September 1. Enrollment is limited; therefore, students are able to receive more individualized instruction. Classes meet four days a week, and all clinical experiences are obtained in Snyder. Testing for the program is scheduled for 1:30 pm on June 18 and July 2, 16, 23 and 30.

WTC The Vocational Nursing Program provides a highly successful avenue for licensure through the Board of Vocational Nurse Examiners as well as extended educational and career opportunities. Financial assistance is available and can be pursued by contacting the WTC Financial Aid Office at (915)573-8511 ext. 309.

For more information about the WTC Vocational Nursing Program, please call the Vocational Instruction Big Spring Rodeo Dance
A new tradition is born
Music by: Guy Will Zant
Friday, June 14th
9:00 p.m. til 12:00 p.m.





Thank You

Thank you to everyone that participated in the 4-H Horse Project Bake Sale.

We want to thank everyone that purchased baked goods or made items to sell for this fund-raiser. Your continued support is greatly appreciated and helps to make this project a success.

Once again, Thanks!
Borden County 4-H Horse Project Participants

Division at (915)573-8511 ext. 250, email at VoCareers a wtc.cc.tx.usmailto: Vo Careers a wtc.cc.tx.us or call toll free at 1-888-GO-TO-WTC.

For School and County Information Subscribe to the **Borden Star** today!

Only \$12.00 a year

Estos 4 dias no seran dias tipicos de la escuela. Deben ser experiencias de aprender que sean divertidas para su niño. Este programa está siendo financiado por el estado. Por lo tanto, la atención es obilgatoria si usted decide que participa su niño o niña. Necesitamos saber por adelantado si usted tiene un conflicto con una de las fechas enumeradas srriba.

Si Usted tiene preguntas, por favor entre en contacto con la señora Miller or la señora Murphy. Firme por favor esta forma y vuelva la a la escuela. Apreciamos su cooperación y el esfuerzo en traer a su niño a la "Summer Fun Fest." Your Local Pastor
Is as near as your PHONE...

Bro. Randy Hardman Gail Baptist Church Call: 806/756-4363 Mobile No: 759-9472



The Borden County High School Class of 2002

wishes to thank you for your donations and support of our Project Graduation.

We appreciate you!

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father's Day

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APPRAISAL REVIEW BOARD FOR THE BORDEN OUNTY APPRAISAL DISTRICT, TEXAS

Notice of Public Meeting of the Appraisal Review Board:

Notice is hereby given that a public meeting of the Appraisal Review Board of the Borden County Appraisal District will convene at 10:00 a.m. on June 21, 2002, at the commissioners' court meeting room in the county courthouse, and will continue in session at that time and place until all scheduled protests are heard.

The board will hear and determine taxpayer and taxing unit appeals on all matters permitted by TEXAS PROPERTY TAX CODE.

The Appraisal Review Board will be in session on other days, notice for which will be duly posted, until all timely filed appeals are heard and resolved.

This notice is given pursuant to the Open Meeting Act, Chapter 551, Government Code.

Jeanette Koehler, Chief Appraiser for Borden County

2002 BHS SENIORS

