

Gaiza
Lynn Scurry
THE BORDEN STAR
Dawson Howard
Volume XXXI
March 20, 2002
Serving the Counties of Borden, Dawson, Garza, Howard, Lynn & Scurry

Cheech smokes the competition to take Champion Braham in Houston Livestock Show

Cheech smoked the competition to take Champion Brahma in the Junior Market Steer show on Feb. 28th at the 2002 Houston Livestock Show.

Tanner Poole, 17, of Gail, Texas, showed the 1,277-pound steer "Cheech got his

name because we have another steer named Chong," Tanner said.

Tanner, son of Dennis and Sheri Poole of Gail, is a Junior at Borden County High School and a Borden County 4-H member and has been showing animals since age 8. Cheech and Tanner

won breed champion several times this summer and reserve grand champion at San Angelo.

Judge Jarold Callahan of Yukon, Okla., said "a combination of good characteristics is what sticks him up at the top."

BJH Student Runner-Up Speller in Lubbock Regional Contest

Rachel Wilson, sixth-grader at Borden Jr. High, spelled 15 words correctly to finish second in the 51st annual Lubbock Regional Spelling Bee March 9.

The only word Rachel missed—*yachtsman*—opened the door for eventual champion Jacob Chowpaknam who won the all-expenses-paid trip to Washington, D.C. in May to compete in the National Spelling Bee.

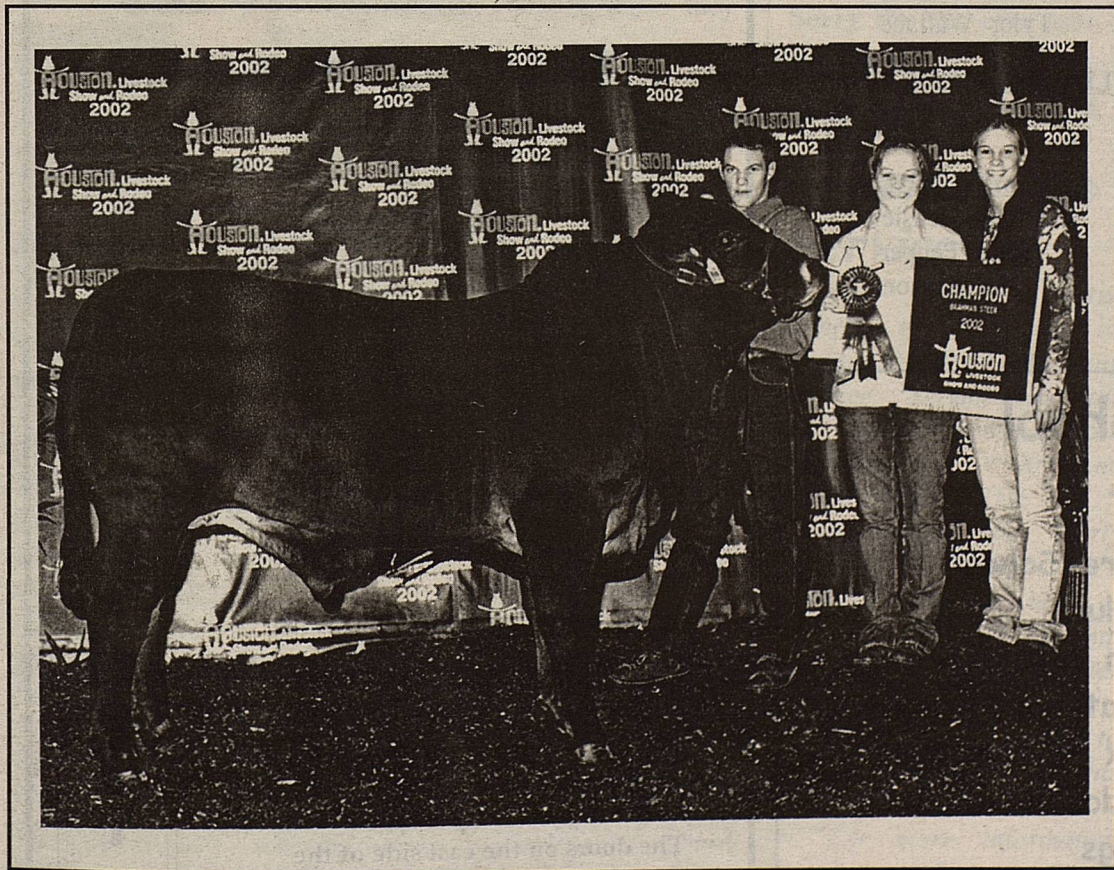
This was Rachel's first trip to the regional bee and more than likely, it won't be her last. She is the daughter of Tim and Carol Wilson of Gail.

And, in all fairness to Rachel, Borden County



doesn't see too many yachtsmen around these parts.

Maybe next year her opponent will have to spell a word like roustabout, hobble or heifer.



Champion: Tanner Poole, along with Cheech, the Champion of the Houston Stock Show. Also pictured with Tanner are his sisters, Kalli and Kaci Poole.

Debate Reach Quarterfinal Round at State UIL Tournament

Fifty-six CX debate teams in Class A competed in Austin over spring break.

After two days of competition, Borden High School was among the eight teams remaining.

Billy Roper and John Wilson, BHS freshmen

team, not only advanced to the Sweet 16 round Monday night but won their octo round Tuesday morning to advance to the elite field of eight teams.

In the preliminary rounds held Monday on the University of Texas

Cont. to pg. 3

Defense: Not Just an Athletic Concept

B.H.S. U.I.L. Academic Teams Seek to Defend District 9-A Title

Everyone knows it in the athletic world: a strong offense can make you look good, but a stout defense wins you games.

With that concept in mind, the Borden County School U.I.L. Academic Teams are set to play defense next week as they seek to defend last year's title of District 9-A Academic meet Champions.

This year's meet is slated for Tuesday and Thursday, March 26th and March 28th, 2002. For the second consecutive year, Borden County will host the meet, which will include entries from the ten schools that comprise district 9-A (BC, Dawson, Grady, Hermleigh, Highland, Ira, Klondike, Loraine, Sands and Westbrook).

After strong individual results at several invitational meets already this year, the Borden County contingent will be trying to equal or better last year's advancing of fifteen students to the regional meet (where they finished 2nd overall) and four individuals to the state meet.

The top three individuals and first place team in most of the vents will advance to the regional meet.

Representing Borden County are the following students organized by event:

Accounting

April Bouessa
Kevin Ellison
Yessi Gonzalez

Calculator Applications:

Talin Pepper
Billy Roper
John Stamper
John Wilson
Shane Tarleton (alternate)

Computer Applications

Talin Pepper
Kyle Pinkerton
Jacob Zant

Current Issues & Events

Clay John Anderson
Dan Griffin
Dusty Gwinn
Kyle Pinkerton

Literary Criticism

Jessica Ellison
Dan Griffin
Andrea Lozano
Talin Pepper

Mathematics

Andrea Lozano
Billy Roper
Shane Tarleton
John Wilson

Number Sense

Clay John Anderson
Billy Roper
John Stamper
John Wilson

Ready Writing

Garrett Chapman

Micah Hensley
Andrea Lozano

Science

John Stamper
Shane Tarleton
John Wilson
Jacob Zant

Spelling & Vocabulary

Ashley Ellison
Emily Mayes
Billy Roper

Informative Speaking

Michele Bond
Garrett Chapman
Cody Nowlain

Persuasive Speaking

Adam Carter
Kyle Pinkerton
Laura Stamper

Poetry Interpretation

Adam Carter
Cody Nowlain
Laura Stamper

Prose Interpretation

Ashley Ellison
Cassidy Rinehart
Tyler Wallace

Lincoln-Douglas Debate

Michele Bond

Editorial Writing

Micah Hensley
Talin Pepper
John Wilson

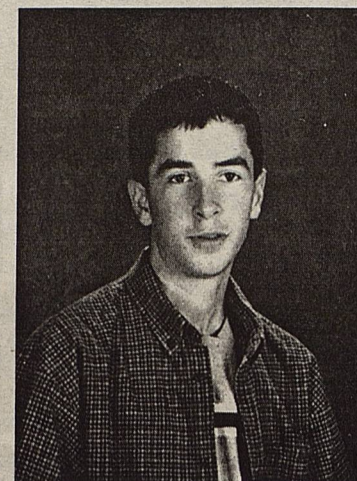
BHS student advances to State

By Sue Jane Mayes

John Wilson, son of Carol and Tim Wilson, will perform his piano solo in Austin May 27 after earning a number one rating at the UIL contest held in February.

Wilson's selection, "Impromptus OP, 90, No.4," received the highest ranking possible from the judge.

The critique sheet complimented Wilson's creativity, style, and



encouraged him to continue to work for accuracy.

Wilson memorized the piece, which was performed in Lubbock February.

Feature Writing

Oralia Galicia
Micah Hensley
Bobbie Kempf

Headline Writing

Micah Hensley
Kyle Pinkerton
John Stamper

News Writing

Jami Gass
Micah Hensley
Brionne Jackson

**Borden
County EMS
806/759-5111**

Number to call
in case of an
Emergency

Open Computer Lab

Beginning March 18th!!

The computer lab at Borden County School will be open to the community on Monday nights from 6:00-8:30.

If you...



...are an experienced user and have a project you'd like some help with!

...are a new user and want to try out a computer!

...would like to surf the net with extra speed for some information!

...want to try digital photography!

...The doors on the east side of the school by the old gym will be open.

**C
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Parents Club Pre-School Easter Egg Hunt



There will be a Pre-School
Easter Egg Hunt
Friday, March 29th.
At 2:00 p.m. at the
Borden County Park Pavilion.
Please bring 1 dozen
Candy Filled Eggs
(NO chocolate Please!)

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Roper, Wilson Win 5, Lose 2 in Austin Debaters Reach Quarterfinal Round at State UIL Tournament

Cont. from pg. 1

campus, Roper and Wilson won three debates while losing one. The record, along with high speaker points (212), earned the novice debate team the right to "break" to the final rounds.

Roper and Wilson defeated teams from Cherokee, Boys Ranch, and Corsicana Mildred in Monday's rounds while dropping a close decision to Chillicothe.

Advancing to the single elimination rounds Tuesday, BHS first won over Gordon in a 3-0 decision.

The win then moved Roper and Wilson to debate in the quarterfinals



against Michael Wills and Kala Biggerstaff, seniors from Christoval.

The split-decision loss (2-1 vote) came to a team that went on to win the Class A State Championship in CX Debate.

By qualifying for the octo round of sixteen and moving to quarterfinals, the boys now are eligible to apply for scholarships through the UIL when they are seniors.

Roper and Wilson each received a medal for their achievement and were recognized on stage by UIL Speech Director Jana Riggins.

Billy is the son of William and Juna Roper. John is the son of Tim and Carol Wilson.

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today!
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ADDENDUM
To last week's
debate article
*Doyce Taylor, state
qualifier in debate in '85
and '86, is married to
Amber Taylor, who also
is employed with the
Borden Co. ISD. No
doubt one can see how
well Doyce argues if he
persuaded Amber to
marry him.
Sorry for the oversight.*

Easter Sunrise Services



*The Frist Baptist
Church of Gail will be
having a Easter Morning
Sunrise Service at the
Gary Stipe home in Gail,
beginning at 8:00 a.m.
Sunday March 31st.*

*Following the Early
Morning Services, a
breakfast will be held at
the Church Fellowship
Hall followed by a Easter
Egg Hunt at the church.*

*Everyone is invited to
come join us for this
Special Easter Service.*

*For more information
contact Bro. Randy
Hardman at 756-4363.*

Jr. High, High School Track Results from Grady

High School, 3-8-02

400m Relay, 1st place
Pati Rodriguez, Shayla
Gass, Laura Stamper,
Emily Mayes

800m Relay, 3rd place
Rodriguez, Gass, Mayes,
and Micah Hensley

100m Dash
Micah Hensley, 2nd
13.98
Rodriguez, 6th, 14.25

200m Dash
Mayes, 6th place, 33.5

300m Hurdles
Hensley, 3rd, 57.43

Long Jump
Rodriguez, 6th, 13'7"
Mayes, 13'3 1/2"
Gass, 12' 1/2"

Discus
Rika Copeland, 1st
102' 3, three-fourths"
Shot Put
Copeland, 1st
New Meet Record
36'5"

**GIRLS FINISH 3RD
OVERALL WITH 69
POINTS**

Jr. High Results, 3-7-02

400m Relay, 62.7
Megan Brooks, Cassidy
Ogden, Whitney
Anderson, Lacey Newton

1600m Relay, 2nd
5:22.35
Lindsey Stamper,
Newton, Brooks, Ogden

2400m Run
Lindsey Stamper, 2nd
11:34.80

100m Dash
Brandi Hudson, 19:04
Sarah Harding, 17.3
Cristina Soto, 20.11

200m Dash
Hudson, 42.5
Harding, 37.23

400m Dash
Ogden, 1st, 1:11.44

800m Run
Newton, 2nd, 3:07
Anderson, 3:33
Brooks, 3:28

100m Hurdles
Becky Dobyms, 23.09

300m Hurdles
Dobyms, 4th, 69.0
Stamper, 5th, 72.0

Long Jump
Ogden, 4th, 12' 5 1/2"
Stamper, 10' 5"
Newton, 9'9"

Discus, Shot Put
Soto, 48' in discus
6th in shot, 22'2"

**THE TEAM FINISHED
4TH WITH 53 POINTS**

More Honors for BHS Hoopster

Junior Bobbie Kempf, recently named MVP in District 11-A play, has also been tabbed first team All-State by the 6-Man Coaches Association.

Bobbie is one of ten members named to the team, seven of whom are juniors.

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County information.
Subscribe to the
Borden Star today!
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Box 137 - Gail, TX*

The Borden Star (USPS or PUBLICATION NO. 895-520) is published weekly except Christmas and New Year's week for \$12.00 per year by the Borden Star, P.O. Box 137, Gail, Texas 79738. Second-class Postage paid at Gail, Texas. POSTMASTER: Send Change of Address to the Borden Star, P.O. Box 137, Gail, Texas 79738.

Democratic Primary MARCH 12, 2002		PLAINS	SOUTH GAIL	VEALMOOR ACKERLY	MURPHY	FAIRVIEW	NORTH GAIL	SNELLINGS	EARLY	
		A	2A	2B	3A	3B	4A	4B		TOTAL
UNITED STATES SENATOR	TOTAL VOTES CAST	20	23	7	11	10	32	19	46	168
	VICTOR MORALES	3	4	1	1	3	3	5	10	30
	ED CUNNINGHAM	1	1	0	1	0	3	1	1	8
	RON KIRK	3	3	2	2	1	1	2	8	22
	GENE KELLY	1	1	1	1	2	7	0	8	21
	KEN BENTSEN	8	6	3	6	2	7	7	7	46
UNITED STATES REPRESENTATIVE, DISTRICT 17	CHARLIE STENHOLM	19	17	7	4	6	18	13	35	119
GOVERNOR	TONY SANCHEZ	5	4	1	4	1	6	7	15	43
	DAN MORALES	8	9	4	2	2	7	7	17	56
	JOHN WORLDPEACE	0	0	0	1	0	3	0	0	4
	BILL LYON	4	3	1	1	4	9	2	7	31
LIEUTENANT GOVERNOR	JOHN SHARP	14	13	5	6	8	20	14	37	117
ATTORNEY GENERAL	KIRK WATSON	12	12	5	5	7	19	10	27	97
COMPTROLLER OF PUBLIC ACCOUNTS	MARTY AKINS	12	11	4	6	7	19	13	27	99
COMMISSIONER OF THE GENERAL LAND OFFICE	RAY MADRIGAL	0	2	0	1	3	2	0	6	14
	DAVID BERNSEN	14	11	5	6	6	22	13	24	101
COMMISSIONER OF AGRICULTURE	TOM RAMSAY	15	15	6	6	6	22	13	31	114
	ERNESTO DE LEON	0	0	0	2	3	3	2	1	11
RAILROAD COMMISSIONER	PAUL C. LOONEY	5	10	1	3	4	10	9	13	55
	SHERRY BOYLES	10	4	6	4	5	13	6	19	67
CHIEF JUSTICE SUPREME COURT	RICHARD G. BAKER	11	11	5	6	6	18	13	26	96
JUSTICE, SUPREME COURT, PLACE 1	LINDA YANEZ	12	10	4	4	6	18	9	26	89
JUSTICE, SUPREME COURT, PLACE 2	JIM PARSONS	12	10	4	4	7	18	10	28	93
JUSTICE, SUPREME COURT, PLACE 3 UNEXPIRED TERM	WILLIAM E. MOODY	12	10	4	4	7	18	13	27	95
JUSTICE, SUPREME COURT, PLACE 4 UNEXPIRED TERM	MARGARET MIRABAL	11	10	4	4	5	17	12	28	91
JUDGE, COURT OF CRIMINAL APPEALS, PLACE 1	JOHN W. BULL	11	10	4	4	6	19	12	27	93
JUDGE, COURT OF CRIMINAL APPEALS, PLACE 2	JULIUS WHITTIER	1	3	1	2	2	3	3	5	20
	PAT MONTGOMERY	11	8	3	3	4	19	11	23	82
JUDGE, COURT OF CRIMINAL APPEALS, PLACE 3	J. R. MOLINA	11	10	4	3	5	18	11	26	88
MEMBER, STATE BOARD OF EDUCATION, DISTRICT 15	DAVID SCHAEFFER	11	10	5	5	6	18	12	28	95
STATE REPRESENTATIVE, DISTRICT 85	JAMES E. "PETE" LANEY	17	15	5	7	7	17	15	32	115
COUNTY JUDGE	VAN L. YORK	19	22	7	8	9	29	15	44	153
DISTRICT AND COUNTY CLERK	JOYCE HERRIDGE	18	22	6	7	9	27	15	40	144
COUNTY TREASURER	KENNETH P. BENNETT	19	22	6	9	8	24	15	41	144
COUNTY COMMISSIONER, PCT #2	RANDY ADCOCK		22	5					5	32
COUNTY COMMISSIONER, PCT #4	JOEL DENNIS						2	0	9	11
	DOYLE CODY NEWTON						7	5	2	14
	C.C. "CHUCK" KIMMEL						17	4	16	37
	JOE BELEW						6	10	12	28
JUSTICE OF THE PEACE	JANE JONES	18	21	6	9	7	28	18	45	152
COUNTY CHAIRMAN	CINDY HERRIDGE	16	19	4	6	8	27	13	41	134

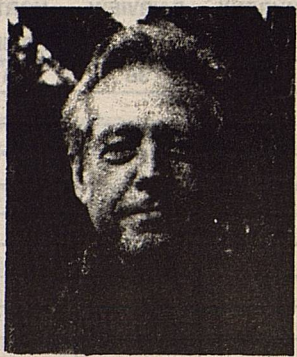
Republican Primary		PLAINS	SOUTH GAIL	VEALMOOR ACKERLY	MURPHY	FAIRVIEW	NORTH GAIL	SNELLINGS	EARLY	TOTAL
March 12, 2002		A	2A	2B	3A	3B	4A	4B		
TOTAL VOTES CAST		14							6	20
UNITED STATES SENATOR	DOUGLAS G. DEFFENBAUGH	1							0	1
	JOHN CORNYN	10							4	14
	BRUCE RUSTY LANG	1							1	2
	LAWRENCE CRANBERG	0							0	0
	DUDLEY . MOONEY	1							0	1
UNITED STATES REPRESENTATIVE DISTRICT 17	ROB BECKHAM	12							2	14
GOVERNOR	RICK PERRY	14							3	17
LIEUTENANT GOVERNOR	DAVID DEWHURST	13							5	18
	TOM KELLY	0							1	1
ATTORNEY GENERAL	GREG ABBOTT	14							3	17
COMPTROLLER OF PUBLIC ACCOUNTS	CAROLE KEETON RYLANDER	14							3	17
COMMISSIONER OF THE GENERAL LAND OFFICE	KENN GEORGE	4							2	6
	JERRY PATTERSON	9							4	13
COMMISSIONER OF AGRICULTURE	SUSAN COMBS	14							3	17
RAILROAD COMMISSIONER	MICHAEL L. WILLIAMS	14							3	17
CHIEF JUSTICE, SUPREME COURT	TOM PHILLIPS	13							4	17
JUSTICE, SUPREME COURT PLACE 1	MIKE SCHNEIDER	13							3	16
JUSTICE, SUPREME COURT PLACE 2	JOHN CAYCE	6							5	
	ELIZABETH RAY	3							0	11
	DALE WAINWRIGHT	3							0	3
JUSTICE, SUPREME COURT PLACE 3 UNEXPIRED TERM	WALLACE B. JEFFERSON	10							4	14
	SAM LEE	2							2	4
JUSTICE, SUPREME COURT PLACE 4 UNEXPIRED TERM	XAVIER RODRIGUEZ	10							4	14
	STEVEN WAYNE SMITH	3							3	6
JUDGE, COURT OF CRIMINAL APPEALS, PLACE 1	TOM PRICE	8							2	10
	TIM TAFT	4							4	8
	CAROLYN DENERO	0							0	0
JUDGE, COURT OF CRIMINAL APPEALS, PLACE 2	DAVID RICHARDS	4							1	5
	STEVE MANSFIELD	4							4	8
	PAUL WOMACK	4							1	5
JUDGE, COURT OF CRIMINAL APPEALS PLACE 3	CATHY COCHRAN	3							1	4
	BLAIR DAVIS	5							1	6
	CONNIE J. KELLEY	0							0	0
	GUY WILLIAMS	4							4	8
MEMBER, STATE BOARD OF EDUCATION, DISTRICT 15	BOB CRAIG	5							2	7
	JOYCE HERRON	8							4	12
STATE SENATOR, DISTRICT 28	ROBERT DUNCAN	14							3	17
STATE REPRESENTATIVE, DISTRICT 85	JUDY STRICKLAND	14							3	17
JUSTICE, 11TH COURT OF APPEALS DISTRICT	JIM R. WRIGHT	14							3	17
COUNTY CHAIRMAN	BRICE KEY	14							6	20
LEGISLATION SHOULD BE PASSED THAT PROTECTS BOTH INDIVIDUAL AND CORPORATE PUBLIC RELIGIOUS SPEECH ON OR OFF SCHOOL PROPERTY, AND PROTECTS ANY PERSON FROM BEING REQUIRED TO JOIN IN PRAYER OR RELIGIOUS ACTIVITIES.	FOR	8							8	8
	AGAINST	5							3	8

RUNOFF ELECTION-APRIL 9TH



Texas Stories
A showcase of the Texas Spirit

Tumbleweed Smith
Part owner of Texas



Looking at birds on the South Padre

Barbara Kennett was a Los Angeles policewoman twenty years, then moved to South Padre Island to retire. She and her husband got to the island in the early seventies when it didn't have many people or businesses. They noticed there were not many sailboats or catamarans, so they opened a business to rent and sell them.

Barbara was a rock hound before moving to South Padre, but since there are no rocks to speak of there, she shifted her interest to birds.

"One morning I was having my coffee and I looked into the back yard and saw eighteen Painted Buntings, a couple of dozen Indigos and a Black Stork. I thought I has better find out about those birds."

She went to town and bought a book which she says helped her some. Then she found a dedicated bird watcher who taught her about identifying and attracting birds.

"Then I put in two thousand hours out at Laguna Atascosa Wildlife Refuge. I learned as I went along."

Her hose is on a small lot, fifty by one hundred feet. But that lot is a bird sanctuary that attracts migrating birds.

"One say a couple of my friends were over here and we counted seventy-two species that we agreed on in about two hours."

Every window in her house looks out onto places where birds congregate.

"I like to look out my windows and see them. Birding is fun, but usually it's hot or cold and you walk miles. I'd rather sit here in air conditioning and have them come to me."

Professional photographers from all over the world go to her house regularly during the spring and fall migrations. The walls of her house are filled with photos of birds from her yard that appeared on covers of the most prestigious bird watching publications.

The University of Texas at Brownsville used to send two vans full of biology teachers and students.

"Twenty-six people would come into my little house and we found everybody a window."

She says the trick to attracting birds is to fins out what they need and provide it.

"Put plants in that have something the birds need. The important things are foods, water and shelter. I don't like to put out birdseed because it attracts

Wedding Plans Announced



Melanie Click & Jim Ridenour

Mr. & Mrs. Mike Click of Brownfield announce the engagement and approaching marriage of their daughter, Melanie, to Dr. Jim Ridenour, the son of Mr. and Mrs. Fred Ridenour of Holliday, formerly of Fluvanna. The couple will marry on June 8, 2002 in Brownfield First Christian Church.

The bride-elect is a graduate of Brownfield High School and Texas Tech University. She is employed as a Nutritionist for WIC in Lamesa. The groom-elect is a graduate of Holliday High School, Tarleton State University and Texas A&M University. He is a Doctor of Veterinary Medicine and operates the Terry County Veterinary Hospital. The couple will live in Brownfield.

too many birds I don't want. I don't Grackles and Redwings and such. I want to make a home for the little strangers."

She uses a combination of bacon fat, peanut butter and cornmeal to attract Warbles. She also cuts oranges in half and puts them out in conspicuous places. During migration, she puts out twelve oranges three times a day.

Primary Runoff Election 2002

- Applications are now being accepted in the Clerk's Office.
- April 1st** Early voting by personal appearance begins at the Clerk's office
- April 2nd** Last day to receive applications for ballots by mail
- April 9th** **Primary Runoff Election Day**

Branon Funeral Home

Serving this area since 1922
Phone 806/872-8335 Lamesa, Texas

THANK YOU!

I would like to thank everyone for their support in the Democratic Primary Election held on March 12th. Your votes were greatly appreciated.

I would like to ask for your continued support in the runoff election to be held on April 9th, 2002.

Sincerely, Joe Belew
Candidate for County Commissioner, Precinct 4

Paid for by Joe Belew

LAMESA BUTANE CO.
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Long Distance 1-800-772-5201
Local 872-5200
872-5356
P.O. Box 382 — 501 South Lynn — Lamesa, Texas 79331

Lose weight to sleep better

Expanding waistlines are causing many Americans to lose sleep.

Chronic obstructive sleep apnea, not visions of doughnuts, is keeping us awake. Obesity in the upper body, especially in the neck, can narrow the airways leading to the lungs, resulting in heavy snoring, pauses in breathing and frequent interruptions of sleep.

Most of our overweight patients say they snore excessively and don't sleep well," said Dr. Peter ones, an associate professor of medicine at Baylor College of medicine and medical director of weight management at Methodist Wellness Services at Methodist Healthcare Systems.

Patients in Methodist's weight management

programs need to lose 50 or more pounds. After losing weight, many report that their sleep improves.

"Losing weight can be an important part of treatment for patients who have sleep apnea," said Dr. Max Hirshkowitz, associate professor of psychiatry and director of the Baylor Sleep Disorders Center at the Houston Veterans Affairs Medical Center. "Even a 10 percent weight loss can reduce the number of times most patients stop breathing during the night."

Hirshkowitz recommends a thorough evaluation by a sleep expert to determine the cause of the sleep apnea and to plan individual therapy. Other treatments include continuous positive airway pressure (CPAP), a procedure in which the patient wears an

air pressure mask over the nose during sleep, dental appliances and surgery.

People with sleep apnea often feel very sleepy during the day and their concentration and daytime performance suffer. Other common symptoms include depression, irritability, sexual dysfunction, learning and memory difficulties, and falling asleep while at work, on the phone or driving. Untreated sleep apnea patients are more than three times as likely to have automobile accidents than the general public according to the National Sleep Foundation.

An estimated 50 percent of sleep apnea patients have high blood pressure. Risk for heart attack and stroke may also increase in those with sleep apnea.



CAPITOL COMMENT

U.S. SENATOR
KAY BAILEY HUTCHISON



hutchison.senate.gov

The Internet has opened up a world of opportunity, transcending geographic barriers to bring our globe closer together.

With the click of a mouse, Texas school children can communicate with students in Africa or Venezuela. Face-to-face global business deals no longer require trans-Atlantic flights - meetings can be conducted via video in conference rooms from points around the world. The same technological advancement that has entered the boardroom and the classroom has also found its way into the halls of Congress.

The Congress Online Project, funded by the Pew Charitable Trusts, recently reviewed the Web sites of all 535 House and Senate members, as well as 70 committee and leadership offices. Their goal was to assess Capitol Hill Web sites and ultimately improve the public's access to quality, online information. I was honored that we were one of only four in the Senate to receive the grade of "A." We have tried to create an easy-to-navigate, no-nonsense Web site that is user friendly for constituents.

More than 21 million people live in our great state. The Internet is a valuable tool that can bring us together and allow us to actively share information and ideas on an ongoing basis. In February, more than 12,700 people logged on to our "online office." My staff works hard to make sure that our Web site is updated to meet each visitor's needs.

We've provided links to more than 50 government agencies to ensure Texans can get information on issues such as Social Security, immigration and health care. We have also put many of our constituent services including casework, intern programs and flag purchase requests online. By serving as a portal to the vast governmental resources available online, my hope is that Texans will become even more informed and well served by our government.

After Sept. 11 and the anthrax attacks last fall, postal mail on Capitol Hill was discontinued until January. We are just now getting a trickle of letters dated in October and November. Since mail is still slowed by radiation processes, many congressional offices have had to work quickly to build Web sites to accommodate the increased online traffic. Fortunately, my office was prepared for that evolution. In fact, we had already been maximizing our Web site and encouraging Texans to head to the Internet for information and a timely response to their requests. Press releases, weekly columns, speeches and photographs are just a few of the items updated on a weekly basis.

Our offices currently receive an average of 1,000 e-mails each day and during certain times we have received 3,000 to 5,000 in a single 24-hour period. We recently created a Web form on the site that will help us more efficiently address your concerns. By filling out the requested information online, you can be sure that your request will be handled as quickly as possible.

In the early days of Congress, communication between Washington, D.C. and the rest of the country took days, weeks and even months. Today's technology allows photos, e-mails or greeting cards to be transmitted to friends and family around the world in a matter of seconds. This same convenience allows me to more effectively communicate with you.

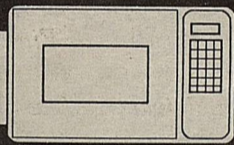
Our founding fathers envisioned a government that would be "of the people, by the people and for the people." Centuries later, the Internet is bringing us closer to that ideal. With the click of a mouse, your government is at your fingertips working for you.

Please visit me online at <http://hutchison.senate.gov>

cooking

EASY TO FIX ENTREES

the microwave way

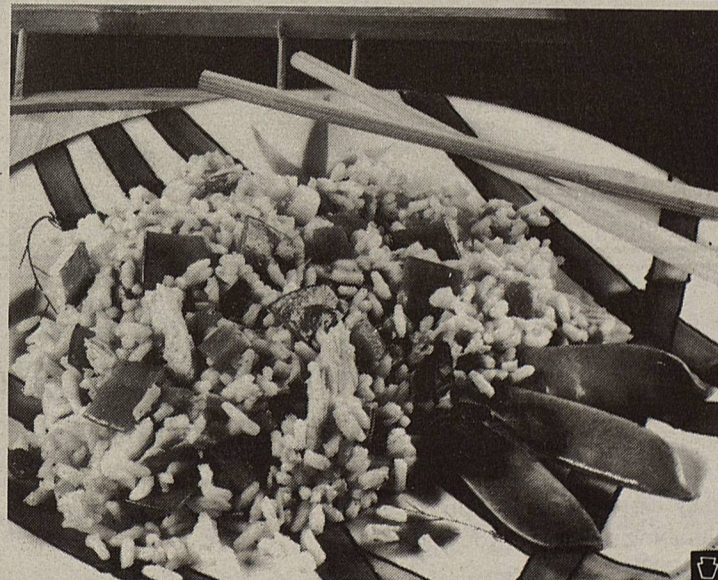


(DM)—The recipe for Oriental Chicken Vegetables & Rice Entree is ideal when you are busy but still need to cook dinner for family or a few friends. Whirlpool Corporation home economists developed this recipe to include instant rice and canned chunk chicken, convenient ingredients you can keep on hand. Almost all the preparation can be done ahead, keeping the cut-up vegetables in one small bowl and the seasonings in another. Also, the rice is cooked in advance and chilled. Finally, all the cooking is done using a microwave oven, speeding up every step. Add a pair of chopsticks and dinner is ready.

ORIENTAL CHICKEN VEGETABLES & RICE ENTREE

(4 servings. Total cooking time:
19 minutes)

- 1½ cups instant rice
- 1½ cups water
- 1 tablespoon margarine
- 1 tablespoon vegetable oil
- 1 clove garlic, finely chopped
- 1 medium carrot, peeled and diced
- 1 cup (about 4 oz.) snow pea pods, sliced into ½-inch pieces
- 3 green onions, thinly sliced
- 2 tablespoons soy sauce
- 2 teaspoons bottled ground ginger
- 1 teaspoon vinegar
- 1 teaspoon sugar
- ½ teaspoon ground pepper
- 1 can (5 oz.) chunk chicken in water, drained and broken into small pieces



1. Combine rice, water and margarine in large glass bowl. Cover and microwave at HIGH (100%) for 7 minutes. Cool and chill at least 1 hour.

2. Combine oil and garlic in large glass bowl. Microwave at HIGH for 1 minute. Stir in carrot, peas pods and onions. Microwave at HIGH for 2 minutes, stirring once.

3. Add soy sauce, ginger, vinegar,

sugar and pepper. Stir in chicken and cooked rice.

4. Cover and microwave at MEDIUM (50%) for 9 minutes or until thoroughly heated. Serve with additional soy sauce, if desired.

Nutrition Information (per serving): 252 calories, 11g protein, 9g fat, 22mg cholesterol, 33g carbohydrates, 574mg sodium.

Whirlpool TimeSmart Tip

CUTTING INTO EQUAL PIECES: Fresh vegetables will cook more evenly when they are cut into uniform sizes and shapes. Irregular-shaped pieces have a tendency to overcook and become mushy in spots while other areas may require additional cooking time.

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YOUR LAWN

Get Ready, Get Set, MOW!

(NAPS)—Do you ever wonder why the grass is always greener on the other side of the fence? Maybe your neighbor understands the basics of good lawn care. According to Billy Lowe of Snapper—builder of residential and commercial lawn-mowing equipment for more than 50 years—great lawns can spring to life when you follow these rules:

- **Get ready**—They come in a variety of colors and sizes, but no matter what a mower looks like, it can't do the job without a good blade. Whether you use a regular blade or one that mulches, a dull blade will hack at your lawn and leave your grass weakened and prone to disease, Lowe says. Start the year with a good pre-season mower checkup at an independent power equipment dealer to make sure the mower and its safety systems are ready for a weekly workout.

- **Get set**—Before you start the mower each time, check the basics. Make sure your fuel tank is full, your oil is at the proper level and grass, leaves or other materials are cleared away from the engine, discharge chute and blade. Tighten bolts that appear loose and make sure bagging equipment has no holes or tears.

Are you ready? Take a look at what you're wearing. Your lawn-mowing uniform should consist of long pants, a shirt with sleeves (no loose-fitting items or dangling chains or strings) and hard-toe shoes. Complement your ensemble with long hair tied back, a pair of sunglasses or safety glasses and sunscreen.

Walk the yard, make sure it is dry and check for hidden toys, rocks or other items. An object caught in the blade can not only damage the mower, it can come hurtling through the discharge chute at a velocity capable of damaging homes or cars and injuring you or others.

After you've cleared the yard of objects, clear it of people and pets. Don't risk an injury. Remove the possibility by sending those you love inside and out of the path of the mower.

- **No passengers on mowers**—ever. In addition to the obvious danger of children slipping off the mower or distracting the operator, children who ride on mowers lose their fear of mowers and consider them to be toys—not power equipment. Children



Before you mow, it's a good idea to make sure that your mower is in tiptop shape.

who regularly ride on mowers with a well-meaning parent or relative have been known to run after the mower while it is in motion with the driver unaware that the child is nearby and possibly in the mower's path. It is an accident that can easily be avoided by never taking a passenger on your mower.

- **Go!**—Make a pass with your mower and then check how much you are cutting off. The rule is, only cut one-third of the blade each time you mow. Grass, like any plant, makes food through its leaves. If there is not enough leaf (or, in the case of grass, blade) left the plant must struggle to make food to feed its roots.

Speaking of food, why remove a great source of nutrition for the lawn by bagging? Finely chopped particles of grass can provide much-needed nutrients for the lawn. Mulching grass cuts trash-hauling bills, keeps bags of grass out of overflowing landfills, cuts down mowing time and feeds the lawn. Lowe recommends bagging grass only at the beginning and end of the mowing season, when it is more likely to be damp and heavy, or to discourage weed reseeding when dandelions and other weeds are at their height.

Finally, Lowe advises, don't get into a mowing rut. Change directions each time you mow, moving horizontally, vertically and diagonally to keep your yard rut-free.

Follow these simple rules and your lawn can be the one that your neighbors envy.

For more lawn care tips, information on Snapper Equipment or a list of Snapper dealers, contact Snapper at 1-800-SNAPPER or visit www.snapper.com.

Poka Lambro to Host Annual Meeting – Thursday, March 28th

The 51st Annual Membership Meeting of Poka Lambro Telephone Cooperative, Inc. is scheduled for Thursday, March 28, 2002. The meeting will be held at the Poka Lambro business office located 11.5 miles north of Tahoka, Texas on US Hwy 87.

Member registration will begin at 11:00 a.m. followed by lunch at 12:00 noon. The business meeting will begin at 1:00 p.m. One important time of business on the agenda is the election of two directors of the Cooperative. The Poka Lambro Nominating Committee nominated the following Poka Lambro members to be voted upon by the membership at the

Annual Meeting:

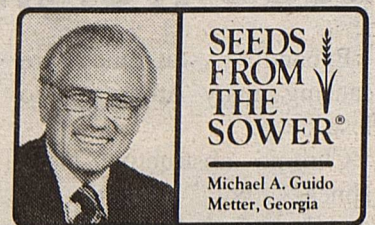
District 1:

Jerold Baldwin and Randy Simpson (Incumbent)

District 4:

Joel Napper and Donald Love (Incumbent)

Other highlights of the meeting include the presentation of Poka Lambro scholarships, reports of Officers and Directors, as well as any other business that may come before the meeting. All Poka Lambro members are encouraged to attend the Annual Meeting. Door prize cards may be picked up by members when registering. For more information contact Amy Preston at 1-800-422-2387.



SEEDS FROM THE SOWER®

Michael A. Guido
Minister, Georgia

A maid was cleaning a room in a Paris hotel, and she noticed an apple in an open suitcase of a guest. She began to eat the apple and discovered that hidden inside was a stolen diamond worth two million dollars.

More startling than the discovery of that diamond was my discovery of John 3:16, "For God so loved the world, that He gave His only begotten Son, that whosoever believeth in Him should not perish, but have everlasting life."

God loves us, and He gave. We believe. Therefore, we have everlasting life. Tell me, could any discovery be more wonderful?

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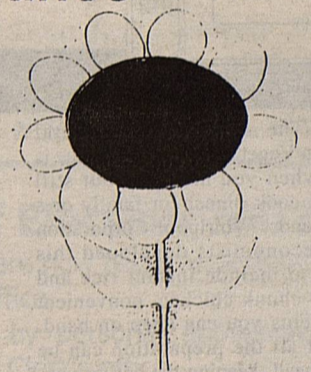
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Good Neighbor Review

Leatherwood Plumbing, Heating & Air Conditioning

You will find that this firm in Lamesa is headquarters for all plumbing installation or repairs. They carry a large supply of all plumbing supplies & fittings, thereby being equipped for any plumbing repair that you may require. They have a 24-hour 7-day emergency service. Just phone 872-2038.

Leatherwood is also your dealer for Lennox central heating & air conditioning units along with a large line of disposals, water heaters, water softeners and lawn sprinkler systems. They are well able to install or repair any unit they handle as well as all others.

Leatherwood Plumbing, Heating & Air Conditioning has continued a successful career for many years because Dennis Leatherwood and his employees are among the most efficient plumbing, heating and air conditioning craftsmen in this section of the state.

They have just opened a new department of their business, located downtown at 516 N. 1st. Keith Carter, the manager, will be glad to show you their large selection of name brand refrigerators, ranges, washers, dryers and microwaves, such as Amana, Maytag, Roper, Frigidare and GE. They also can install Built Ins and have a service department where they repair any and all makes of appliances. So, for your appliances need visit with Keith Carter of Leatherwood's "The Appliance Store", or phone 872-6633.

We the writers of this Good Neighbor Review wish to commend this fine firm for their high standards of doing business with the people of this area. Phone 806-872-2038.

Gerry's Greenhouse

905 N. Lynn 872-8660
Randy and Verna Adcock

