

THE BORDEN STAR

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Serving the Counties of Borden, Dawson, Garza, Howard, Lynn & Scurry

Eradication producing notable returns to Texas cotton producers

Boll weevil eradication produces significant returns to cotton growers. This impact has been well documented in cotton-growing states that have eradicated the weevil, but the effect in Texas is just becoming clear.

Two recent studies draw a stark contrast between areas in eradication and those still struggling with the damage caused by cotton's most consistent enemy.

A report prepared by John Robinson, an agricultural economist for Texas A&M, compared cotton production in the South Texas/ Winter Garden Eradication Zone with production in nearby counties that are not conducting eradication activities.

His report, taken from data provided by the Texas Agricultural Statistics Services, shows the South Texas zone greatly outperformed the counties not in eradication.

The ST/WG showed an average increase in production of 119 pounds per acre, a 24 percent gain, from 1997-2000 compared with the four previous years. For Bend, Jackson, Matagorda and Wharton counties, which are not in eradication, posted

an average loss of 38 pounds of cotton per acre, or a 7 percent decrease, over the same time span.

"We can't explain the difference other than the boll weevil eradication program," Robinson said at a recent meeting with growers in the Upper Coastal Bend Eradication Zone.

The zone is composed of

the four counties in Robinson's study, along with Austin, Colorado and Brazoria counties and part of Waller County. Growers in the zone will vote this month on beginning eradication activities.

The economist said the yield increase translates to a benefit to South Texas cotton growers of \$75 per acre, or a

return of almost \$8 for every dollar spent on eradication.

"Any region that does not eradicate the boll weevil will find itself at a comparative disadvantage," Robinson said in a recent *Southwest Farm Press* article. "It's a good investment."

The South Texas/Winter Garden zone began eradication in 1996 and recently reaffirmed its commitment to eradication when almost 88 percent of

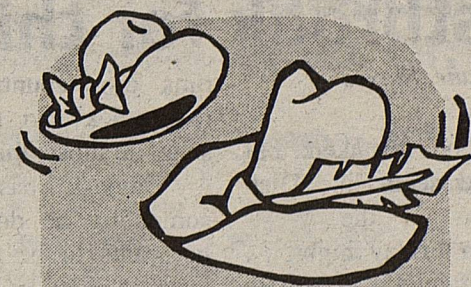
growers in the region approved a measure to continue eradication.

Another study confirms the benefits of eradication. The 2000 "Cotton Insect Losses" report prepared for the 2001 Beltwide Cotton conference, sponsored by the National Cotton Council, showed dramatic differences between the Lower Rio Grande Valley and Upper Coastal Bend areas of Texas compared with

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Borden County maintenance employees attending the annual Abilene District Safety Awards Banquet are shown here following the presentation of awards. Attending the banquet were from the left Jibber Herridge, section assistant supervisor. Carrie Hart, Ray Don Underwood, Bob Kempf and Darden Stokes. The banquet, held at Snyder's Wagon Wheel Ranch, honored the district employees' outstanding efforts in the operation of Texas Department of Transportation vehicles and equipment and for having no work related injuries. Borden County employees were recognized for having amassed 38 years of safe driving and 33 years of no work related injuries. (TxDOT photo by Mary Beth Kilgore).



HATS OFF TO TEXAS TRUSTEES!

SCHOOL BOARD RECOGNITION MONTH JANUARY 2002

Your school board is making a difference for students! Take time in January to say thanks for a job well done.

Borden County ISD Trustees:

President: Randy Adcock; **Vice President:** Scott Clayton; **Secretary:** Joe Harding
Members: John Anderson, Mike Valentine, Dennis Poole and Randy Hensley.



Texas Association of School Boards • P.O. Box 400 • Austin, Texas 78767-0400

Coyotes defeat Dawson 51-34 for second win in a row

By Sue Jane Mayes

Just what Coach Trey Richey ordered: a little momentum going into the Westbrook game.

Tuesday night's non-district victory did not affect standings in the conference race, but the Coyotes knew that a win could do wonders for confidence.

Two strong quarters in first half play put BHS up 31-15 at half-time.

It was a very balanced team effort that produced that lead as six different players had at least four points each as the half ended.

Dawson got the Coyotes back on their heels for a brief time in

the third quarter, with the Dragons pulling to within 10.

Fourth-quarter foul trouble for the visitors sent the Coyotes to the line 17 times in the final eight minutes.

While only making seven of those, the Coyotes' defense held Dawson in check for their 8th win of the season.

DHS	8	7	11	8	34
BHS	15	16	5	15	51
Griffin	(1	3-pointer,	5		
	total pts.),	Tarleton	(1		
	pt.),	Pepper	(11		
	pts.),	Nowlain	(13		
	pts.),	Stipe	(6		
	pts.),	Zant	(6		
	pts.)	Also seeing limited action due to injury, Brionne Jackson			

Lady Coyotes Go 4-0 District

Big Win for Coyotes as BHS pushes past Westbrook for third consecutive Victory

By Sue Jane Mayes

Could be mistaken, but it sure did seem like Dick Vitale was in the Westbrook gym Friday night.

The famed collegiate basketball broadcaster's trademark words, "Awesome, Babyyyyyy" just seemed to echo in the gym after the Coyotes and their fans watched the final seconds of their 76-56 upset of last year's district champions, the Westbrook Wildcats.

The big win required big plays, and Coach Trey Richey had a number of players step up and get the job done. Here they are in no particular order, other than the very first one.

Big Player #1 and voted the game's Dark Horse MVP: Senior T. C. Stipe.

Stipe is a runner. He

runs cross-country and he runs track and he goes to state in those things.

Playing basketball is something he does because he wants to be a part of a team—hokey as it sounds, it's the refreshing truth.

And it is that coachable quality that made him the guy Coach Richey pegged to play pesky defense on Westbrook's leading scorer, Adam Roemisch.

Result? Big plays from Stipe to hold Roemisch to only 7 points.

Not only that, but Stipe scored a season-high 8 points, pulled down 4 rebounds, and had one assist in his role as team go-getter.

Big Player #2: Junior T. J. Sharp

This Coyote player employs the same skills he uses in football that help

BHS Overcomes 10-0 deficit for 19th win Dawson falls to Lady Coyotes in Non-District Game

By Sue Jane Mayes

It took a little while, but the Borden High School girls' basketball team finally got down to business, defeating Dawson's Lady Dragons 42-28 in a January 15 non-district game in Gail.

Junior Kyla Culp hit a 3-pointer with less than 10 seconds remaining in the first quarter to give BHS its first points.

Lack of defensive rebounding gave Dawson some second-chance points early on, but second quarter play improved for BHS as the girls went on a 13-2 run in the eight minutes before half-time.

During that run, junior sisters Bobbie and Dalene

Kempf led the damage control efforts.

Bobbie hit back-to-back jumpers, one of those coming from an offensive put-back at the 3:22 mark to narrow Dawson's lead to 12-7.

Her next shot pulled the Lady Coyotes to within three, and then it was Dalene's turn to close the gap.

Dalene went to the free-throw line with a 1:22 remaining before half-time and hit both free throws to make it a 12-11 game.

Two steals by Culp with an assist to Bobbie finally put BHS in the lead for good, 13-12, with only :52 left before half-time.

Culp ended the second quarter the same way she

finished the first one, with another 3-pointer to give BHS a 16-12 lead.

Dawson never got closer than five points in the remaining half of play.

Bobbie scored 8 points in third-quarter action, two of those coming off a steal and converted lay-up at 2:51 in the quarter, pushing the lead to 24-16.

Dawson attempted one more run at BHS, again due in part to lack of defensive rebounding by the Lady Coyotes.

On the evening, BHS had only nine defensive boards but did pull down 16 offensive rebounds.

With the Lady Dragons scoring to get within eight points, BHS put on a nifty ball-passing display as sophomore Shayla Gass fed to Caolina Arellanos who then found Culp for the uncontested lay-up.

Culp's score made it 35-25 with about three minutes remaining in the game and gave BHS the boost it needed to finish off the opponent.

Gass's points at the foul line with :16 left in the game made it a 40-28 victory for BHS.

DHS	10	2	6	10	28
BHS	3	13	13	13	42
B. Kempf	(14	pts.,	9		
	rebounds,	5	steals,	1	
	block,	1	assist);	D. Kempf	
	(2	pts.,	1	rebound,	1
	deflected	pass);	Hensley	(2	
	rebounds);	Culp	(14	pts.,	
	2	rebounds,	2	steals,	3
	deflected	passes,	3	assists);	Gass
	(3	pts.,	3	rebounds,	2
	steals,	1	assist);	Pati	(5
	pts.,	2	steals);	Rinehart	(1
	rebound,	1	steal);	Arellanos	(2
	pts.,	4	rebounds,	2	steals,
	2	assists);	Mayes	(2	pts.,
	3	rebounds...also	playing,	Jessica	Ellison.
	Rika	Copeland	and	Laura	Stamper
	missed	game	due	to	illness.

Cont. to pg. 4

MONDAY NIGHT BASKETBALL Jr. High Teams Split with Sands

By Sue Jane Mayes

Back in December, the Borden Jr. High girls' team defeated Sands by eight points.

The location was different Monday night, but the results and spread were the same, an eight-point win for BJH, 33-25.

The girls, coached by Assistant Basketball Coach Mike Floyd, turned in strong first and fourth quarters to earn their fifth win of the season.

This was the third meeting of the year with the Lady Mustangs, and

the Missy Coyotes have won all three games.

In the boys' contest, Sands used a full-court press in the third quarter to jump ahead and hold off the Coyote Pups in a high-scoring game, 54-43.

Coach Richey went to his entire team for playing time while Sands relied heavily on starters in the third period.

Both junior high teams see action January 28 when they travel to O'Donnell for non-district games.

The girls begin play at 6 p.m. followed by the boys' contest.

JR. HIGH BOX SCORES

Girls

BHS 11 3 8 11 33
SHS 5 8 6 6 25
Ogden (4 pts.), Arellanos (2 pts.), Stamper (2 pts.), Brooks (10 pts.), Poole (5 pts.), Anderson (8 pts.), Soto (2 pts.)...also seeing action Lacey Newton, Sarah Harding, Brandi Hudson

Boys

BHS 18 9 6 10 43
SHS 16 10 18 10 54
Lamming (2 pts.), Soto (2 pts.), Pigford (6 pts.), Zamora (18 pts.), Gicklhorn (1 pt.), Tarleton (6 pts.), Thomas (8 pts.)...also seeing action Symeron Rinehart, Rowdy Clary, Caden Nowlain, Taylor Peterson, Andy Garvin, John Cowart, Dore Rodriguez, Clint Chapman

League-Leading Bulldogs Take District win over Coyote Pups

Despite the Coyote Pups' effort in the first quarter of play January 14, the first place Bulldogs managed to come back and take the conference win, 52-31.

Aaron Pigford and Chris Zamora helped get Ira down with points

scored early, giving BJH an 11-10 first-quarter lead.

Pigford hit a 3-pointer in that stretch, and Garrett Thomas also added a bucket.

It was a different story in the second period as Ira regained control of the game, scoring 16 points to

Missy Coyotes lose to Ira 36-25

Borden Jr. High's Missy Coyotes could not hold a first quarter lead as Ira rallied to take a 36-25 district contest in Gail January 14.

Buckets by Whitney Anderson and Megan Brooks put BJH in the lead after one, 11-7.

Ira returned the favor by outscoring the Missy Coyotes 10-5 in second-quarter play, taking a 17-16 lead into intermission.

The ball wouldn't fall for BJH in the third

quarter while Ira's K. Pitner made 10 points of her own in this period.

An 8-4 run in the final period gave Ira the win, dropping the Missy Coyotes' record to four wins against six losses.

Scoring and playing for BJH were Cassidy Ogden (8 pts.), Megan Brooks (7 pts.), Whitney Anderson (6 pts.), Lindsey Stamper (2 pts.), and Kalli Poole (2 pts.) Also seeing action were Ana Arellanos, Brandi Hudson, and Sarah Harding.

the Coyotes' 7. Zamora scored six of the seven Coyote points during this quarter.

The proverbial nail in the coffin came after half-time when Ira splurged for 20 points, holding BJH to only four in the eight minutes after intermission.

BJH's Rowdy Clary tried his best to help the Coyotes mount a comeback with 7 points in the fourth quarter, including a 3-

JV Coyotes pick up two wins in Forsan Tournament

By Sue Jane Mayes

After losing their first round game to host Forsan by one point, 26-25, the Borden High School junior varsity basketball team rallied to win their next two contests in weekend tournament action.

The low-scoring loss in Thursday's match-up still saw all six Coyote players get on the scoreboard, with Shane Tarleton leading with the way with 11 points.

Adam Carter chipped in five followed by Derek Rodriguez's four points. Also scoring were Garrett Chapman and John Wilson with two each and Kyle Pinkerton adding a free throw.

Against Sands, the Coyotes took a convincing 42-26 win, as Tarleton once again was high point with 12. Finishing out the scoring for BHS were Wilson (10), Carter (9), Pinkerton (8), and Chapman (3).

Water Valley was the final opponent for the Coyotes in action Saturday. With the 48-16 win, BHS brought home the third place trophy.

Scoring in the final game was as follows: Tarleton (19), Carter (13), Pinkerton (6), Chapman (6), and Wilson (2).

The junior varsity boys will host Ira Friday, January 25, at 5 p.m. in the Coyote gymnasium.

pointer, but Ira held the rest of the Coyotes at bay to claim another district win.

IHS	10	16	20	6	52
BHS	11	7	4	9	31
Thomas (4 pts.), Clary (7 pts.), Tarleton (2 pts.), Zamora (12 pts.), Pigford (5 pts.), Chapman (1 pt.)					
Also playing were Symeron Rinehart, Caden Nowlain, Taylor Peterson, J. Ryan Gicklhorn, Andy Garvin, John Cowart, Trey Soto, Andrew Lamming, and Dore Rodriguez					

Level (10th Math will be given on Wednesday, February 20, and EXIT Level (10th) Reading will be given on Thursday, February 21. The testing will begin about 8 A.M. and will conclude before lunch each day. Please schedule all medical and dental appointments accordingly.

School Menu Week Of:

January 28th

February 1st

MONDAY: Tacos, corn, saslad, cobbler, & milk
Breakfast: Oatmeal, toast, juice & Milk.

TUESDAY: Beef Soup, grilled cheese, pickles, fruit, & Milk. **Breakfast:** Eggs, toast, fruit juice & milk.

WEDNESDAY: Cheeseburger Mac, green beans, carrots, corn bread, jello & milk. **Breakfast:** Breakfast burrito, fruit juice & milk.

THURSDAY: Chicken, potatoes, green peas, hot rolls, fruit & milk. **Breakfast:** Cereal, toast, juice, & milk.

FRIDAY: Hamburger, French fries, salad cup, cookie, & milk. **Breakfast:** Muffin, fruit juice & milk.

From The Counselor

By Mary Airhart

TAAS Coming Soon

TAAS Writing tests will be administered to EXIT Level (10th) students, 8th graders, and 4th graders on Tuesday, February 19, 2002. EXIT

Big Win for Coyotes

Cont. from pg. 2

gaining any ground.

Big Player #4: Senior Jacob Zant

This senior's leaping ability led to 10 rebounds, 3 blocked shots, and 12 points.

And when he did foul out, he left the game with his head up and with words of encouragement to his teammates.

Zant also had two assists on the evening.

Big Player #5: Senior Cody Nowlain

He made key baskets at crucial times, in heavy traffic, and this proved to make a difference when the game got tight in the 4th quarter.

Nowlain blocked out, enabling teammates to grab rebounds, and he himself pulled in 8 boards for the Coyotes.

His nine points, mostly coming from jumpers in the paint, had just the right touch as they hit all net.

When Nowlain fouled out with 4:16 remaining in a 55-53 game, he ran to each teammate and shook their hands as if to say, "Get after it, you can do it."

And they did.

So, Big Players of the Game Collectively: Junior Brionne Jackson, Sophomore Kyle Pinkerton, Freshmen Adam Carter and Ben Griffin.

Pinkerton stepped into post play after Zant and Nowlain fouled out.

In the 4th quarter alone, the 6'2" Pinkerton pulled down 7 rebounds.

He also handled the pressure of making free throws in the final seconds of a game when every point counted.

His two free throws with :38 in the game put the Coyotes up 75-56.

Griffin did his part under the basket, too, with two offensive rebounds late to keep the ball in the

Coyotes' hands.

He stole the ball once and made the last point of the game for BHS with a free throw at the :29 mark.

Jackson and Carter got in minutes during the earlier intense moments of the game when every possession counted.

Both handled the ball and gave valuable leg rest to the upperclassmen trying to stay out of foul trouble.

If this article tried to re-cap this game, the reader would be worn to a frazzle trying to keep up with the action.

Suffice it to say this was a great game, and if any fans were unable to attend, just see Coach Richey—he's probably already made some copies of this one.

With first half district play over, the Coyotes stand 2-2 and poised to make a run.

The second half of district play opens in Grady January 22. The next district home game will be January 25 against Ira.

GIRLS' RECAP

Not to be overlooked Friday night was the strong showing of the league-leading Lady Coyotes.

The girls defeated Westbrook 71-25, improving their season record to 20-5.

Coach Bobby Avery's team jumped out to a 14-0 lead, with Westbrook unable to muster a score until the 1:21 mark.

With less than 30 seconds remaining in the first quarter, BHS stole the ball three times and went in for easy lay-ups to boost their lead after eight minutes of play to 22-5.

The Lady Wildcats would score the first four points of the second quarter, but sophomore Shayla Gass responded with a 3-pointer with 5:20 to go in the period.

After Senior Rika Copeland's block, the Lady Coyotes reeled off nine straight points, with four different players contributing in the run.

Junior Micah Hensley's left-handed lay-up with

highlighted by some old-fashioned multiple-point plays.

Junior Bobbie Kempf was fouled on a successful 3-point attempt and converted the lay-up for the four-point play.

Minutes later, Junior Pati Rodriguez drove the lane and made her lay-up and follow up free throw to bring the score to a 54-21 advantage for the Lady Coyotes.

Senior Jessica Ellison popped a jumper at 4:04 in the final period, netting a 63-22 lead.

Closing out the game and the scoring were back-to-back lay-ups (one with the left hand and one with the right) by Hensley.

The girls also enter second-half district play, facing Grady in Grady January 22, Ira in Gail on January 25, and closing

with Westbrook in Gail on February 5.

BOYS' LINE SCORE

BHS 12 17 20 27 76
WHS 15 20 10 11 56

GIRLS' LINE SCORE AND STATISTICS

BHS 22 18 14 17 71
WHS 5 6 10 4 25

Copeland (9 pts., 6 rebounds, 2 steals, 2 blocks); B. Kempf (14 pts., 10 rebounds, 2 steals, 2 assists); D. Kempf (2 pts., 3 rebounds, 5 steals); Hensley (14 pts., 4 rebounds, 3 steals, 1 assist); Culp (9 pts., 6 steals, 1 assist); Rodriguez (7 pts., 4 rebounds, 2 steals, 2 assists); Arellanos (2 pts., 1 rebound, 2 steals, 2 assists); Stamper (1 steal); Gass (6 pts., 3 rebounds, 2 steals, 1 assist); Ellison (2 pts., 1 rebound); Mayes (1 rebound, 1 steal)...Cassidy Rinehart unable to play due to illness

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POLITICAL CALENDAR

County Judge:

Van L. York, (D)

County & District Clerk

Joyce Herridge, (D)

County Treasurer

Kenneth P. Bennett, (D)

Justice of the Peace

Jane Jones, (D)

County Commissioner

Precinct #2
Randy Adcock, (D)

Precinct #4

Joe T. Belew, (D)
Chuck Kimmel, (D)
Cody Newton, (D)
Joel S. Dennis, (D)

March Democratic Primaries



Thank You!

The Borden County 4-H Club and Gail FFA would like to extend a big THANK YOU to everyone who helped with the 2002 Borden County Junior Livestock Show. We appreciate the efforts of the BCJLA Board of Directors, Sales Committee Members, Borden County Commissioners Court, Borden County Employees, Borden County ISD Employees, First Ag Credit (for the delicious chuck wagon breakfast) and everyone throughout the community that helped to make our 2002 Stock Show such a success. Thanks to all the businesses and individuals who donated money towards the premium sale. Again, thank you for supporting the 4-H Club and FFA members.

Let's Go Coyotes!



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Texas Stories
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Bootleggers, Braceros and Bronc Busters

Jim Baum was mayor of Colorado City fourteen years, longer than any other mayor of that city ever served.

"The most rewarding thing about those years was the interplay I had with residents who would come to me when they had a problem or a suggestion, and their faith in me that I could do something about the situation," says Jim.

Jim Baum has owned radio station KVMC in Colorado City long enough to have it paid for. He has interviewed just about everybody in Mitchell County on his morning "Community Closeup" program.

"there is absolutely nothing like oral history," says Jim, "Especially oral radio history because you hear their voices. The listener can conjure up his own impression of what that interesting person looks like. People have their own colorful ways of telling their stories. Radio and oral history are made for each other."

He likes getting residents to share memories of their growing up. "They have stories about selling water out of a barrel on a horse-drawn wagon or about the first airplane they ever saw. Or they have a story to tell about when they landed at Normandy on D-Day. You just draw so much courage and faith from them. They've been there and done that and they have the right to tell you about it."

He figures he has some two thousand tapes of interviews. He has them numerically and alphabetically cross-indexed to make them easy to find.

"One of the great delights is having somebody call me at the radio station and tell me that I was the only one to interview them their father or grandmother and could they please have a copy of that tape. I'm so glad to give it to them free of charge."

Jim wrote a newspaper column for ten years devoted to the history of Mitchell county. History come alive in his column by mentioning personal anecdotes from people. One column was about a cheese factory in the nearby community of Loraine. An employee there lost the top of his 1937 class ring from Loraine High School into a vat while he was working. Three years later Kraft Cheese returned the top of his ring to him.

Jim has written a book entitled *Bootleggers, Braceros and Bronc Busters*, based on stories from people he has interviewed.

"They're always talking about the rugged individualism of West Texans," says Jim. "We've had our share of colorful individuals around here. Like Pop Snyder, an oil man who used to speed through town in his open car. One day he was stopped by the chief of police who told Pop he would have to give him a speeding ticket. Pop asked what it would cost. The chief said 5 dollars. Pop gave him a ten dollar bill and said

Engagement and Approaching Marriage Announced



Kurt Hess & Abby Mebane

Larry and Pam Reeder of Fort Sumner, New Mexico announce the engagement and approaching marriage of their son, Stephen Kurt Hess to Abigail "Abby" Ellen Mebane. Kurt is also the son of Steve and Linda Hess of Lubbock, Texas.

The bride to be is the daughter of Connie and Jimmy Mebane of Borger, Texas.

Kurt is the grandson of the late John Sr. and Katherine Stephens of Borden County and great-grandson of the late Walter and Marie Teeter of O'Donnell, Texas.

Abby is the granddaughter of Mr. and Mrs. James M. Mebane of Dumas, Texas, formerly of Snyder, Texas. She is also the granddaughter of Mr. Orval Allen of Dumas, Texas.

The wedding is scheduled for June 8, 2002 at the First United Methodist Church in Borger, Texas. The bride-elect graduated in May 2000 from McMurry University where she served as a varsity cheerleader. She teaches kindergarten for the Grand Prairie Independent School District.

Kurt graduated in May 1999 from McMurry University, where he played varsity football for the McMurry Indians. He graduated from Borden County High School, Gail, Texas. The prospective groom is the Assistant Manager of Sam's Club in Fort Worth.

After the wedding, the couple will reside in the Metroplex.

he would be coming back the same way in a little while."

Jim has possibly chronicled the history of his community better than any other broadcaster. And I personally know of no other broadcaster who has worked harder or enjoyed his work more than Jim Baum.

Renewals of Registered Brands



Every ten years Texas livestock producers are required by law to renew their brands and earmarks if they intend to continue using them. All brands must be renewed by February 28, 2002. Brands that have not been renewed will become "VOID" on March 1, 2002 and available for the general public.

Fee will be \$11.00 per brand per location. The Borden County Clerks Office have begun the processing and will continue through February 28, 2002.

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Lamesa, Texas

"Supersizing" can double calories

"Supersizing" a fast-food order may seem like a value, but you could get more than you bargained for in terms of your health.

"People are unaware of normal food portions," said Dr. John Foreyt, a professor of medicine and director of the Behavioral Medicine Research Center at Baylor College of Medicine in Houston. "Increasingly, larger-than-normal amounts of food are perceived as normal."

Buying an order of large fries and a 32-ounce cola instead of an order of small fries and a 12-ounce soft drink may cost only a few cents more, but it can double the calories.

Foreyt says despite the added fat, the inexpensive, larger fast-food "combo" is the choice of many busy families. "Even children are used to ordering larger servings," he said.

This trend is concern given that U.S. Surgeon General David Satcher released a report in December stating that obesity causes 300,000 deaths a year in America. Smoking accounts for 400,000.

The key is knowing how to make sensible food choices. According to the U.S. Department of Agriculture, which developed the Food Guide Pyramid, a daily diet consisting of no more than 30 percent of calories from fat includes the following amounts of food:

- Bread, cereal, rice and pasta: 6 to 11 servings. One serving: 1 slice of bread, tortilla or pancake, a half-cup of cereal, rice or pasta. 2 medium cookies, a half of a bagel, or a hamburger bun.
- Vegetables: 3 to 5 servings. One: a half-cup of chopped raw/cooked vegetables, scalloped potatoes or potato salad, 1 cup raw, leafy vegetables, or 10 French fries.
- Fruit: 2 to 4 servings. One

serving: 1 piece of fruit or melon wedge, a fourth-cup dried fruit, a half-cup chopped, cooked, or canned fruit, or three-fourths cup of fruit juice.

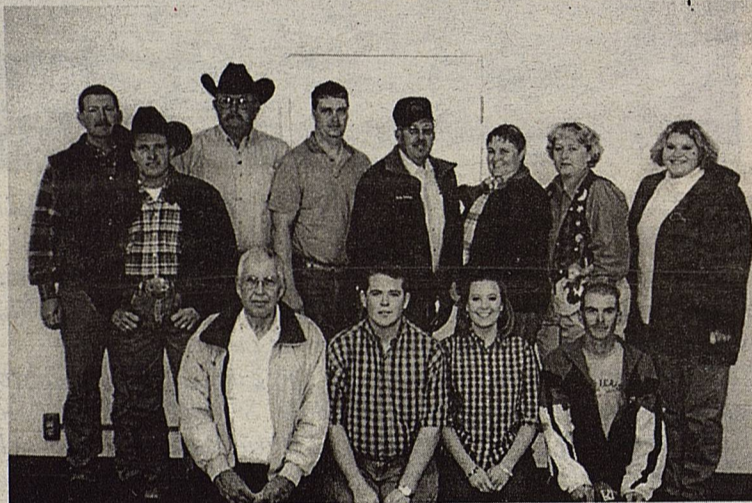
- Milk, Yogurt and Cheese: 2 to 3 servings. One serving: 1 cup of milk or yogurt (plain or frozen), one and half cups of ice cream or ice milk. 2 cups of cottage cheese, one and a half ounces of natural cheese, or two ounces of processed cheese.
- Meat, poultry, fish, dry

beans, eggs and nuts; 2 to 3 servings. One serving; about 3 ounces of cooked lean beef, pork, lamb veal, poultry or fish - roughly the size of a deck of playing cards, a half-cup of cooked beans, 1 egg, or 2 tablespoons of peanut butter.

- Fats, oils and sweets: Use sparingly.

Ordering large portions of food at inexpensive prices can be tempting, so know your order ahead of time. "Don't be caught in the drive-thru line wondering what you want," Foreyt said. "You are in control of your diet, not a restaurant."

Borden County EMS



Borden County EMS Officers and Members:

Standing (L. to R.) Buddy Wallace, Mike Valentine (President), Chuck Kimmel (V. President); James Garvin, Bob Kempf, Philena Farmer (Reporter), Carrie Hart (Treasurer), and Kandace Kimmel. Kneeling: Kent Holmes, James Bond, Shawna Kempf and Shane Jones. Not pictured is Brice Key.

NOTICE TO BIDDERS

The Commissioners' Court of Borden County will receive bids until 10:00 a.m., February 11, 2002 for the purchase of a new self-propelled vibrator roller. For more information, contact Doug Isaacs, Commissioner, Precinct #1, phone 806/872-0541; or Larry Smith Commissioner, Precinct #2, phone 806/756-4346; or Ernest Reyes, Commissioner, Precinct #3, phone 915/965-3212; or Hurston Lemons, Jr., Commissioner, Precinct #4, phone 915/573-1459, or Van L. York, county Judge, phone 806/756-4391.

The Commissioners' Court reserves the right to reject any or all bids.

BY ORDER OF THE COMMISSIONERS' COURT
BORDEN COUNTY, TEXAS

Van L. York
Borden County Judge

Bond makes Merit List at WTC

James Bond, son of Mary Bond and grandson of Herman and Christeen Ledbetter of the Plains community in Borden County has been named to West Texas College Merit List for the Fall Semester with a 3.5 GPA.

James is a 2000 graduate of Borden County High School. He is a very active member of the Borden

County EMS. While attending WTC, he has been very busy helping with the family owned Lettebetter Pecan business.

**Borden
County EMS
806/759-5111**

PUBLIC NOTICE OF CHANGES IN ELECTION PRECINCTS

Pursuant to §42.035, Texas Election Code, the Commissioners court of Borden County, Texas, herein provides notice of changes in County political boundaries as adopted by the Commissioners Court, and as precleared by the United States Department of Justice on the 18th day of December 2001.

Interested individuals may review the adopted changes in the office of the County Clerk during regular business hours.

The changes in county election precincts were necessitated by redistricting of County Commissioners Court precincts in compliance with the United States Constitution and 42 U.S.C. §1973, also known as the Voting Rights Act, following the release of 2000 census data. Changes in county election precincts were designed to achieve numerical balance between the four commissioners court precincts, and to insure the voting rights of all citizens of Borden County, Texas.

Joyce Herridge,
County Clerk

AVISO PUBLICO DE CAMBIOS EN ELECCION RECINTOS

Conforme a §42.035, Tejas EleccionCodigo, la Corte de Comisario, Condado Borden, Tejas, avisa cambio en las tronteras politicas de condados segun se adopto por la corte de comisario y aprobado (precleared) por Estado Unidos Ministerio Justicia el 18th de December 2002.

Los individuos interesado pueden repasar los cambios adoptados en la oficina del official Condado (County Clerk) durante horas de ofician regulares.

Los cambios en recintos de la eleccion del condado fueron hechos necesario por cambios de los recintos de comisiones del condado en conformidad con la constitucion de Estados Unidos y 42 U.S.C. §1973, tambien sabido como Derechos Al Voto, despues del desbloquear do los datos 2000 de censo. Cambios en eleccion recintos del condado fueron disenados para alcanzar el equilibrio numerico entre los cuatro recintos de la corte de las comisiones, y para asegurar los derechos al voto de todos los ciudadanos del condado Borden de Tejas.

Joyce Herridge
Official de Condado
(County Clerk)

Boll Weevil Eradication

Cont. from pg. 1

the South Texas/Winter Garden.

During the 2000 growing season, ST/WG showed no losses because of boll weevil damage, but more than 37,000 bales of cotton were lost to boll weevil in the Upper coastal Bend. The LRGV, which encompasses the southernmost counties at the tip of Texas, lost more than 15,000 bales.

From a dollars and cents perspective, boll weevils cost the UCB more than \$10.8 million, or \$42 an acre, and insecticides growers applied to control boll weevils, and

almost \$4.5 million, or \$18.22 an acre, in the LRGV. Add the expense of the cost to the UCB increases to \$78.36 per acre and \$69.29 per acre in the LRGV. South Texas growers pay an assessment of \$23.14 per acre for eradication.

"From the experience in other states, we've always known that eradication benefited cotton growers," said Lindy Patton, executive director for the Texas Boll Weevil Eradication Foundation. "Now data from Texas cotton fields show that Texas producers can reap the same results."

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STATEMENT OF NONDISCRIMINATION

Lyntegar Electric Cooperative, Inc. is the recipient of Federal financial assistance from the Rural Utilities Service, an agency of the U.S. Department of Agriculture, and is subject to the provisions of Title VI of the Civil Rights Act of 1964, as amended. Section 504 of the Rehabilitation Act of 1973, as amended, the Age Discrimination Act of 1975, as amended, and the rules and regulations of the U.S. Department of Agriculture which provide that no person in the United States on the basis of race, color, religion, sex, national origin, age, or handicap shall be excluded from participation in, admission or access to, denied the benefits of, or otherwise be subjected to discrimination under any of this organization's programs or activities.

The person responsible for coordinating this organization's nondiscrimination compliance efforts is Wilton J. Payne, General Manager. Any individual, or specific class of individuals, who feels that this organization has subjected them to discrimination may obtain further information about the statutes and regulations listed above from and/or file a written complaint with this organization; or the Secretary, U.S. Department of Agriculture, Washington, D.C. 20250; or the Administrator, Rural Utilities Service, Washington, D.C. 20250. Complaints must be filed within 180 days after the alleged discrimination. Confidentiality will be maintained to the extent possible.

COLORADO RIVER MUNICIPAL WATER DISTRICT RULES AND REGULATIONS AS ADOPTED BY THE BOARD OF DIRECTORS DEC. 12, 2001

The Board of Directors of the District shall have the power to adopt and promulgate all reasonable regulations to secure, maintain and preserve the sanitary condition of all water in and to flow into any reservoir owned by the District, to prevent waste of water or the unauthorized use thereof, to regulate residence, hunting, fishing, boating, and camping, and all recreational and business privileges, along or around any such reservoir and the Colorado River and its tributaries, or, any body of land, or easement owned or controlled by the District.

An Ordinance enacted by the Board of Directors of the Colorado River Municipal Water District adopting Rules and Regulations under the powers and provisions of Chapter 12, Title 128 (Article 8280-137) of the Laws of the State of Texas and Chapter 51, Title 4 (Texas Water Code, Section 51.127 et seq.) providing for and to:

Regulating toilets and sewage disposal; regulating industries upstream from the lakes and reservoirs; regulating garbage and trash disposal; requiring permit for any construction on lands bordering on the lakes and reservoirs owned by the District and covered by flowage easements held by the District.

Requiring certain standards of safety, size, construction, equipment, and occupancy of boats; providing for the removal of boats in violation of applicable provisions; providing certain sanitary standards for boats having overnight accommodations; defining certain types of boats and docks; providing that the Texas Boat Safety Laws apply to the lakes or reservoirs.

Requiring permit for operation of commercial activities on waters of District owned lakes and reservoirs or lands owned by District and providing for concession areas.

Providing for the inspection of boats and other floating devices on the District owned lakes and reservoirs for sanitation and safety; providing for certain recreation permits and fees to be charged by the District for access to boating, fishing, skiing, surfboarding, camping and picnicking on the lakes and reservoirs or in designated recreation areas adjoining the lakes and reservoirs; providing for certain exemptions.

Regulating the use of firearms, fireworks, and pellet and BB guns on District owned land, lakes, and reservoirs.

Providing that State Laws regulating fishing in Borden, Coke, Coleman, Concho, Howard, Mitchell, Runnels, and Scurry Counties shall apply to District owned lakes or reservoirs located therein.

Providing for the establishment of code enforcement officers and defining the powers of such officers.

Regulating the construction of piers and wharves, floats, and boathouses.

Regulating the anchoring of rafts and floats.

Prohibiting the anchoring of boats, trot lines, and other apparatus to buoys, floats, and boathouses owned by the District.

Prohibiting the discarding of cans, bottles, and rubbish into or on the waters of District owned land, lakes, and reservoirs.

Providing a time limit for camping in public areas.

Providing certain penalties for violation of the terms of this Ordinance said penalties shall not exceed fines of Two Hundred (\$200) Dollars or imprisonment of more than thirty (30) days.

Providing for structures to be built on areas covered by a flood easement granted to the District: (a) Lake J.B. Thomas between Elevations 2258.00 and 2265.00 mean sea level; (b) E.V. Spence Reservoir between Elevations 1900.00 and 1912.00 mean sea level; and (c) O.H. Ivie Reservoir between Elevations 1555.00 and 1567.00 mean sea level.

Providing for pumping of water for personal and private use.

Providing for pumping of water for commercial use.

Providing for the changing the water line of District owned land and water.

Providing for impounding abandoned property on District owned land, lake, or reservoir areas.

Providing for speed limits on District owned lands, lakes, and reservoirs, and the prohibition of ATV use by the general public on District property.

Prohibiting the entry onto private lands to fish, camp, and picnic.

Providing for the repeal of conflicting Ordinances.

Providing a severability clause.

Providing for the lawful publication of this Ordinance, and fixing of the time at which this Ordinance will be in full force and effect.

Providing for rules and regulations governing public access to O.H. Ivie Reservoir Wildlife Management Areas (WMA).

Requiring permits for WMA limited use activities by the general public and providing for fees thereof.

Requiring permits for WMA public hunting and providing for fees thereof.

BE IT ENACTED AND ORDAINED BY THE BOARD OF DIRECTORS OF THE COLORADO RIVER MUNICIPAL WATER DISTRICT.

This Ordinance in its entirety may be viewed on the Internet at the District's web site, www.crmwd.org. Copies of the complete text of the Ordinance herein adopted are available at CRMWD, 400 East 24th Street, Big Spring, Texas 79720.