

# THE BORDEN STAR

VOLUME XXVIII

July 19, 2000

Serving the Counties of Borden, Dawson, Garza, Howard, Lynn & Scurry

## Class re-union

Coaches, teammates, reunited on all-star team

By Dwight Heins

Lamesa Press-Reporter

Together, they've helped put Borden County on the state high school basketball map.

They helped the Coyotes win 57 games the past two seasons and make their first-ever trip to the state basketball tournament in 1999.

Next weekend, Borden County girls basketball coach Gailand Winegarner and two of his star pupils, Julie Mayes and Lindsey Smith, will end their successful relationship on the hardwoods at the Texas Six-Man Coaches Association's All-Star Games in Lubbock.

"It sounds like they've put a pretty good group together up there but getting another chance to coach some of your own kids definitely adds to the fun," said Winegarner, who also coached in the all-star game in 1986 when he was at Follett.

Both Mayes and Smith are looking forward to their reunion next weekend on the hardwoods.

"This is it as far as us three being together. I want to do my best up there to help us come out on top," said Mayes.

"I'm just hoping Coach Winegarner's not as tough in practice up there as he was on us normally in practice so we won't be too sore to play," Smith said with a laugh.

Sands' hoop standout Brianne Fryar will join the Coyote trio on the West squad.

"I imagine it's going to be pretty tough keeping up with some of these girls but it should be a lot of fun just getting the chance to play with some of the best from around here," said Fryar.

The West team will match up with the South team beginning at 1:00 p.m. at Monterey.

Klondike's Trent Hightower and Borden County's Justin Lawrence will suit up for the West in the all-star boy's basketball at 2:30 p.m. at Lubbock Monterey.

Hightower is looking at the all-star basketball game as sort of a vacation.

"At least it's going to get me away from driving the tractor for a change," said Hightower.

"It ought to be a lot of fun playing with some guys like the ones from Ira



### 6-MAN FEVER

Area athletes and coaches participating in next weekend's Texas Six-Man Coaches Association all-star games in Lubbock are (front, from left) Manny Sanchez of Dawson, Justin Lawrence of Borden County, Coby Floyd of Sands, Trent Hightower of Klondike, (back row) Lindsey

Smith of Borden County, Coach Gailand Winegarner of Borden County, Brianne Fryar of Sands, Coach Bobby Avery of Borden County, and Julie Mayes of Borden County. Not pictured is Kevin Pinkerton of Borden County.

after always going against the for a change."

Ira has knocked the Cougars out of the playoffs the past two seasons.

Lawrence is also excited about finishing his

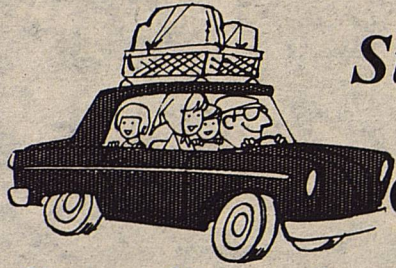
career as an all-star.

"It's a great honor mainly after knowing how so many good ones played in this game in the past," said Lawrence.

"I've always wanted

chance to play in this ball game especially since my sister (Nicole Lawrence) played in this game after she graduated from high school.

Cont. to pg. 3



## Summer Time Get-A-Way's

### Speeding through the Heartland

Betty and Joel Dennis left on a 7-day whirlwind tour of the West on June 28<sup>th</sup>. We left early that morning after last minute instructions to Jeff on what to do in emergencies, etc. We took I-27 to Stratford on the way to Liberal, KS. going through Hooker, OK, the home of the Horney toads! It drizzled off and on until Scott City, KS. Here we began seeing earth sheltered homes fairly regularly in Nebraska. We made it to North Platte, NE, where we saw coal trains for next several days. After having had a near hit in Nebraska by having to swerve to miss a deer, we made it to Alliance, NE. for lunch and took side trip to see Carhenge, a product of a local family reunion several years ago (Stonehenge in old cars) with some welded on top and painted grey.

We entered South Dakota and have been in Mountain Time zone since just West of North Platte. We were in wheat and alfalfa farming country for a lot of the trip and continued to see a lot of types of hay stacking.

First road kill, Coyote 950 miles from home. We reached Rapid City, ND by mid-afternoon, and headed to the Badlands.

Here we took a Greyhound Line tour of Mount Rushmore to break up the stress of driving. We had a great driver who told us a lot of side info and we traveled on to the Crazy Horse Memorial on same tour. We returned to Rapid City and drove to Belle Fourche, SD to spend the night, but briefly entered Wyoming to see

Devils Tower from movie fame.

We stopped at a market in Belle Fourche next morning denoting Geographical Center of U.S. Here we started seeing some sheep in Dakotas.

We entered N. Dakota on Hwy, 85 to Bowman, turned West to Montana. We toured Little Big Horn and battle site, which was most interesting with an Indian telling blow by blow details on how the battle occurred. Then on to Billings, Mt. for the night.

We entered Yellowstone, SW of Billings and were treated to a spectacular drive through the park. We saw Buffalo and watched a coyote have a snack on something too small to see in the tall grass. We had lunch at the Lake Lodge, and traveled through a very large burned area (from 1988 fire) all the way to Old Faithful and across the Continental Divide. This road was the most mountainous of the entire trip and hardest on the car.

We left Idaho Falls and finally figured out what the long rectangular sod topped barns were (DUH!) Potato storage!

We drove to Craters of the Moon through very dry desert country. Through Moab, UT. and on to Cortez, CO.

Last day we toured Four Corners Monument, past Shiprock in New Mexico through Albuquerque for lunch, and on to Clovis, Lubbock and through Post 5 minutes before the fireworks, and finally home after 3,660 miles. Whew!

## Six generations of Clayton's gather at Muleshoe Ranch for reunion

The Clayton Clan gathered at the Muleshoe Ranch in Borden County, on June 30<sup>th</sup>, July 1st and 2<sup>nd</sup> for a Clayton Reunion. Eighty-seven, six generations of Rueben Mardes Clayton gathered and visited under the tent while watching God shower the eighty-seven year-old ranch with a much-needed rain.

Frank Goad Clayton, Paso Robles, California, traveled the farthest with his wife, Betty, daughter, Pam Wilken, and granddaughter, Carley Wilken. Carly, 16, sang "Amazing Grace" with a crystal clear voice. Watch for her on the charts in the future!

Rebecca Reser, 13, from San Antonio, brought some musical talent as well. Rebecca, playing the violin, accompanied Carly who sang "Over the Rainbow". Rebecca had just returned from competing at the Junior Olympics in volleyball.

Fielding Clayton, a descendent of Charles Clayton, was the oldest in attendance. Fielding is 81 years young.

Jace Evan Bland, son of John Edward Bland, grandson of Sally Anderson Bland, was the youngest in attendance at 9 1/2 months. Jace along with his older brother, Barrett Richard Bland, made up the 6<sup>th</sup>

generation.

Children from Ft. Worth, Austin, Houston, Midland, Adrian, San Antonio, and Paso Robles swam in home tank and played in the river. This was the first for many of these "city kids" to swim in non-chlorinated water! A team roping was to be held, but due to the rain, was canceled. A chuck-wagon supper was served on Saturday night and breakfast on Sunday morning. Bro. Igo held church services under the tent at 9:00 a.m. on Sunday. The general consent was that everyone had a wonderful time and wants to come again, next year!



## Borden County EMS Member Profile

In an effort to inform Borden County residents of current EMT, Intermediate, and paramedic personnel in the county, *The Borden Star* will run a summer series profiling these people who volunteer their time in providing a valuable service for this county. Special thanks to Borden County EMS Reporter Brice Key for his input with this article.



This week's Borden County EMS Member Profile is **Kent Holmes**.

Kent and his wife Ollie have lived in Borden County most of their lives. They now reside 15 miles east of Gail on Hwy 180 where they are involved in farming. He has been a member of the Borden County EMS for 15 years and is an EMT-Paramedic. Kent became

interested in becoming an EMT to, "pay back a debt owed to the Borden County EMS," Kent said. While being involved in the BC EMS he has held the office of President for 10 years, Vice President and served as the Director of Education.

Kent is certified as an EMS Instructor, Advanced Cardiac Life Support Instructor; State Skill tester; CPR Instructor and Trainer; Pediatric Advance Life Support; Pre-hospital Pediatric Provider; Advanced Pre-hospital Trauma Life Support; and Pre-hospital Advanced Burn Life Support.

Kent stated, "We are always in need of new members. Right now new members are needed in the Plains and Vealmoor Communities. This will help us be able to serve the entire county with quicker response time."

If you are interested in joining the BC EMS, you can call Kent at 915/573-4164 for more information on how to become a member.

For Emergencies Call Borden County EMS at: 806/759-5111

## Class re-union

Cont. from pg. 1

Borden County football coach Bobby Avery will head up the West's attack in the annual six-man all-star football game at 7:30 p.m. at Lubbock's Lowrey field.

Among the players on the team on the West are Borden County's Kevin Pinkerton, Sand's Coby Floyd and Dawson's Manny Sanchez.

The all-star football game will provide Borden County's Bobby Avery one last opportunity to coach with Trey Richey, his former defensive coordinator who moved to Stamford this summer to become the head boys basketball coach.

"I'm looking forward to one last little duo together on the sidelines after we've coached the past eight years together," said Avery, who guided the Coyotes to the state six-man football championship in 1997.

"It also ought to be fun getting the chance to coach Kevin (Pinkerton) one more time."

It'll be Avery's second go-around with the six-man all-star game. He also coached the West with Fort Hancock's Danny Medina in 1987.

"As long as everybody has a good time and does their role then everything else will take care of itself," said Avery.

Floyd is hoping to make an impact at the game.

"I just want to do my best where hopefully I'll be able to prove that I belong in this game," said

Floyd.

"It's going to be a challenge since only the best from across the state are suppose to be in this game."

After missing most of his final game in a Dawson Dragon uniform due to a hamstring injury, Sanchez is excited about betting the chance to suit up again.

"It (the hamstring injury) still bothers me a little but I imagine that I'll be so excited next weekend with the adrenaline pumping and everything that I probably won't even notice it being there," said Sanchez.

"It should be pretty cool just being on the same team with guys like Coby Floyd for a change.

Schedule of the 6-Man Coaches Association is as follows:

**Friday July 21<sup>st</sup>**  
**All-Star Basketball games**  
 North vs East  
 7:00 p.m. Girls game  
 8:30 p.m. Boys game

**Saturday July 22<sup>nd</sup>**  
 South vs West  
 1:00 p.m. Girls game  
 2:30 p.m. Boys game

These games will be played at Monterey Gymnasium in Lubbock.

**All-Star Football game**  
 7:30 p.m. Football game

This game will be played at Lowrey Field in Lubbock.

Borden County athletics and coaches will be playing for the West team. Admission into all games is \$10.00.

### All-School Reunion Meeting Planned

There will be an All-School Reunion Meeting on Tuesday, July 25<sup>th</sup> at 7:00 p.m. at the Community Building in Gail. Please make plans to attend this final meeting in preparation of the Reunion to be held on August 4<sup>th</sup> and 5<sup>th</sup>.

## Heart and home...

By Julie D. Mumme  
 Borden County Extension Agent -  
 Family and Consumer Sciences



Extension programs serve people of all ages regardless of socioeconomic level, race, color, sex, religion, disability, or national origin. the Texas A&M University System, U.S. Department of Agriculture, and the County Commissioners Courts of Texas Cooperating.

### How to keep a "Healthy Tan"

It is time to rethink that old phrase "healthy tan." Maybe "healthy pale" is more like it. There is really no such thing as a "healthy tan." The more sun that you get, the more chance you have of getting skin cancer. Unfortunately, you may not even be aware it's happening, because sun exposure is cumulative, even without an actual burn.

This is of special concern to dermatologists, who have seen a significant jump in all types of skin cancer, especially malignant melanoma, a potentially life-threatening disease. Although skin cancers are not caused solely by sun exposure, sunlight is still the prime culprit. Reducing sun exposure is the first line of defense against skin cancer - not to mention leathery, wrinkled skin.

Studies show that 80% of sun-related skin damage occurs in the first 18 years of life. Fortunately, it is never too late to protect your skin from the damaging effects of sun exposure.

While parents are responsible for putting sun screen on their children, it is equally important for them to put sun screen on themselves. Even if you've gone for years without wearing sun block, you can prevent future damage and begin repairing skin that's been exposed to excessive sun using it, starting now.

The best sun block is anything you are willing to wear, however, an SPF (sun protection factor) of 15 is strongly encouraged. Women can protect their skin by applying a daily moisturizer or foundation with sun

screen, as well as sun screen to their exposed limbs and neck. For those with oily or sensitive skin, there are sun screen products on the market that will address these factors. No matter what types of sun block you choose, be sure that it protects against both UVA and UVB rays (the two types of light that damage skin).

There are other ways to protect your skin in addition to wearing sun block. When outside, wear a hat, particularly one with a wide brim, and wear clothing that is light colored which will reflect instead of absorb the sunlight. Avoid long exposure during the most heat-intensive part of the day (between 10:00 a.m. and 3:00 p.m.). Also, wear sunglasses. They not only protect the skin around your eyes, they help prevent cataracts, which are caused chiefly by excessive sun exposure. Remember not to be fooled by clouds, you can get sunburn even in

January.

If you have a questionable mole or skin lesion, you should see a dermatologist to determine if it is dangerous. Look for places on the skin that have changed in color, shape or size. If you catch skin cancer early, there is nearly a 100% cure rate. However, if left untreated, skin cancer can cause scarring, disfigurement and even death.

If you follow these precautions, you should be able to avoid sun damage and skin cancer. But, if you just have to have that tan, do not look to tanning salons for the answer. Reports from the American Medical Association have associated the rays from tanning beds with even more skin damage and ultimately more skin cancer than the sun alone. However, if you cannot stand the look of pale skin, consider using self-tanning lotions. There are numerous self-tanners available on the market which have been vastly improved since the original "quick tan" products in years past. Self-tanners are a safe alternative to tanning salons or sunbathing. These lotions use chemicals to alter the very top layer of skin color, but do not cause any damage, and you'll have the "sun-kissed" look you so desire.



### Keeping an Eye on Texas

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SOURCES: Carole Keeton Rylander,  
 Texas Comptroller of Public Accounts ([www.window.state.tx.us](http://www.window.state.tx.us)).

Choose the plan best for you:	
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Community College	\$15/month
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## Turkey thrills for the grill this summer, Texas specialist says

As temperatures heat up, so do outdoor grills across the state. Turkey is a great addition to summer barbeques.

"Turkey roasts, breast steaks, drumsticks, franks and sausages can all be cooked quickly and easily on the grill," said Texas Agricultural Extension Service poultry specialist Dr. Sarah Birkhold. "The wide variety of products makes it easy to match grilling time with turkey meat."

Turkey franks cook in four to five minutes using direct heat. Direct heat can also be used to prepare turkey breast tenderloins or steaks in 15 to 20 minutes.

Larger turkey products such as bone-in turkey breasts or roasts are suited for smoking or cooking with indirect heat. Turkey drumsticks and wings can be smoked in one hour.

"Cooking times will vary depending on the temperatures of the coals and the thickness of the meat," Birkhold said. "So use a meat thermometer to tell when it is done."

Turkey breast meat should be cooked to 175 degrees Fahrenheit, and dark meat should be cooked to 180 degrees. Juices from both light and dark meat should be clear.

"Cooking out requires even more attention to food safety," Birkhold said. "Following common sense rules will help make cookouts fun and safe."

Birkhold offered these guidelines:

\* Always select high quality, fresh poultry.

\* Keep turkey in the refrigerator or cooler at 40 degrees Fahrenheit until immediately before grilling.

\* Do not use leftover marinade as a sauce on cooked turkey. Instead,

separate a portion for use in sauces before marinating meat.

\*Thoroughly wash preparation surfaces, cutting boards and utensils with hot, soapy water before and after use.

\*Never use the same unwashed plate to hold raw and cooked turkey.

\*Turkey should be served and leftovers refrigerated two hours after cooking.

Birkhold added that turkey is ideal for those watching their summer waists.

"Turkey is both nutritious and delicious," she said. "It's high in protein and naturally low in fat, calories and cholesterol."

Recipes that feature turkey for the grill can be obtained on-line from the Texas Agricultural Extension Service, <http://texaserc.tamu.edu/> or the National Turkey Federation, 11319 Sunset Hills Road, Reston, VA 22090 at on-line at: <http://www.turkeyfed.org>.

Here is a recipe for turkey on the grill:

### GRILLED CITRUS TURKEY TENDERLOINS

2 tablespoons each of orange juice, lemon juice and lime juice; 1 tablespoon each of oil, honey, and chopped cilantro; 1/2 teaspoon each of salt, chili powder and minced garlic; 1/4 teaspoon each of cumin and pepper; 1 pound turkey tenderloins, butterfiled.

In large self-closing plastic bag combine orange, lemon and lime juices, oil, honey, cilantro, chili powder, garlic, cumin and pepper; seal bag and shake to mix. Add butterfiled tenderloins to marinade, seal bag and refrigerate overnight, turning occasionally to marinate evenly. Prepare grill for direct heat cooking. Cook over hot coals 4 to 5 minutes per side until meat is no longer pink in center, juices run clear and meat thermometer reaches 175 degrees F. (Recipe by The National Turkey Federation.)

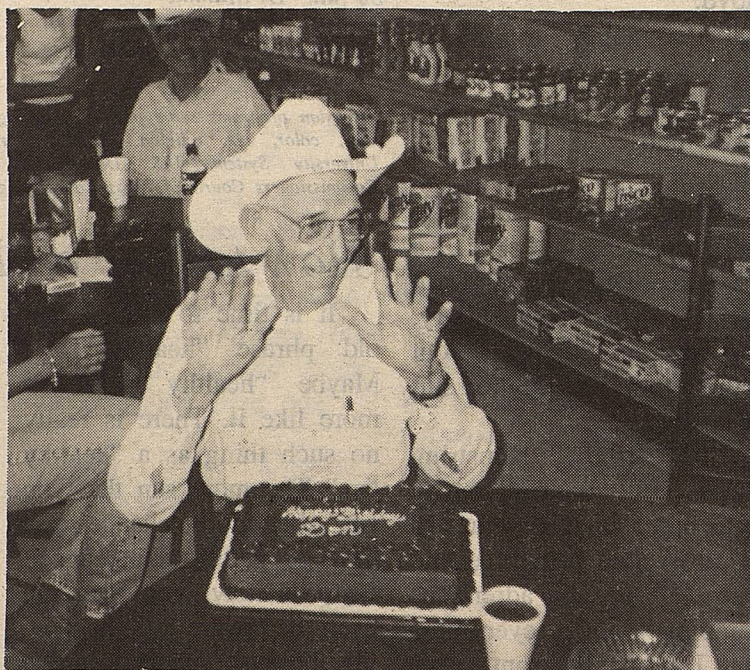
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## Happy Birthday!



July 14<sup>th</sup>, Don Cox celebrated another birthday! Some of his friends were on hand to make a small fuss over him at the Coyote Store, complete with cake and presents. His friends apologize for any well-wishers that missed being included . . . the oversight was the fault of the friends, and not Don's. *Happy Birthday Don!*

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## BC EMS Memorials & Donations

Donations have been made to the Borden County EMS by the following In Memory Of:

### Lester Josey

M/M. Wendell Johnson

### Karan Key

M/M Wendell Johnson

### Eeloise Gordon

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### Adolph Telchik

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M/M. Bob Dyess

M/M. Joel Dennis

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Donations by:

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POSTMASTER: Send Change of Address to the Borden Star, P.O. Box 137, Gail, Texas 79738.

## Free Mammograms



Have you had your check-up this year?

The Breast and Cervical Health Initiative of the YWCA of Lubbock is offering to pay for the mammograms of women age 40 to 64 who meet the income guidelines.

For more information please call

792-2723

Participants must have a clinical exam prior to the mammogram.



## Texas Stories

A showcase of the Texas Spirit

**Tumbleweed Smith**  
Part owner of Texas

### An old icehouse becomes a mansion

Borger's old ice house is now a residence. Glenda and Tommy Brownlee bought the building in December of 1991 and virtually gutted it. Then they chalked out on the floor the spaces for rooms.

It is a big place: four bedrooms, three baths, spacious dining and living areas, a huge upstairs storage area which Glenda calls her attic, an exercise room, a party room, a garage big enough to hold a dozen vehicles, two grass yards, a graveled enclosure she calls a man's yard and a park across the street which they built, complete with a replica of Noah's ark and playground equipment. The old loading dock has been transformed into a front porch.

The centerpiece of the house is the sexiest swimming pool in Texas. It is in a wood-paneled room that reminds me of a cathedral. At one end, water cascades over giant rocks. Ceiling lights provide a warm, cozy atmosphere. Stereo speakers produce soothing music. In the pool, lights change colors under water. "This was built for romance," says Glenda. "We probably spent as much on the pool as we did on the rest of the house."

The pool was built mostly by hand, since they couldn't get a backhoe inside the room. They used jack-hammers, picks and shovels to dig through the layers of concrete, sand and cork. They hauled out the debris in wheelbarrows.

They moved in December 1992 after their offices and bedrooms were completed.

They finished the work in their spare time. They did most of the work themselves.

"We're painting a mural on our party room," says Glenda. "It will represent the things you find along Route 66." The party room has a pool table, juke box and all the other things you expect to find in a party room.

"People are always knocking on the front door, wanting to tour the house, and I always let them in. I love to show it. We've had some big gatherings here like family reunions and Sunday School parties. One time we had over a hundred people. They had plenty of room. Nobody felt crowded. We've got 7,000 feet here.

Glenda's favorite music is Southern gospel. "Whenever a group is traveling through the area, they stop at my house for a visit and a meal."

Both Tommy and Glenda had their businesses in the

building. Tommy had an electrical contracting business which he sold in 1996 and Glenda has an accounting service.

The ice house was built in 1927 during Borger's oil boom days and opened as the El Reno Ice Company. Pictures on the wall show the place, as it was 73 years ago. Some depict horse drawn

wagons hauling ice. Brick enthusiastic, carries on. "We was added to the outside of wanted to travel, so I'm the ice house in 1940. traveling now. But it's hard

Tommy passed away last to find a place as neat as my year. Glenda, vivacious, house. It's always good to bright eyed, smiling and come home."



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#### Meet Your Future With A Straight Face Buckle Up

### BID NOTICE

Borden County Commissioners' Court will receive bids until 10:00 a.m., August 14, 2000 for the purchase of a new truck for use in the Borden County, Precinct #2. Bids will be opened and considered in the Borden County Commissioners' Courtroom in the County Courthouse. Specifications may be obtained at the office of the County Judge, 806/756-4391 or Commissioner, Larry Smith, 806/756-4346.

Borden County Commissioners' Court reserves the right to reject any and all bids and to waiver all formalities.

BY ORDER OF THE BORDEN COUNTY COMMISSIONERS' COURT

Van L. York  
County Judge  
Borden County

### LEGAL NOTICE

#### Sale of Surplus Equipment

Borden County will accept bids for the following used equipment. Bids will be opened July 24, 2000 at 10:00 a.m. at the Borden County Courthouse.

Equipment can be inspected at Precinct #1 equipment yard. Yard is located 10 miles north of US 180 on FM 1054. Equipment is as follows:

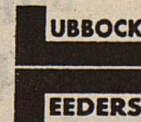
- One 1983 diesel Ford Truck with dump body
- One 1979 gasoline Ford Truck with dump body
- One 1974 gasoline International Truck
- One 1962 gasoline International Truck
- One 2 wheel Welding Trailer
- One 1979 gasoline 2 ton Ford Dump Truck
- One 1972 diesel 290 Cummins International Truck Tractor

For further information contact Doug Isaacs, Commissioner, Precinct 1, phone 806/439-6619; Larry Smith, Commissioner, Precinct 2, phone 806/756-4346; Vernon Wolf, Commissioner, Precinct 3, phone 915/965-3393; Hurston Lemons, Jr., Commissioner, Precinct 4, phone 915/573-1459 or Van York, County Judge, phone 806/756-4391.

Borden County Commissioners' Court reserves the right to reject any and all bids.

BY ORDER OF THE BORDEN COUNTY COMMISSIONERS' COURT

Van L. York  
County Judge  
Borden County



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# BBB News

"Serving the South Plains of West Texas"

## Consumers continue to fall for the most common Telephone scams

The Better Business Bureau receives hundreds of telephone-related complaints each year. And, despite repeated warnings consumers are still falling prey to the most common telephone frauds. Such as:

**Slamming:** You've been "slammed" when your phone service has been switched without your consent. The slammer falsely claims that you have agreed to change your service provider and asks your local phone company, which performs the actual switch, to make the change.

**Cramming:** You've been "crammed" when charges for miscellaneous services that you never agreed to buy have been added to your phone bill. Some examples are phone-related services, such as voice mail, paging, or personal 800 numbers. But you might also find charges for other types of services on your bill, such as Internet access and club memberships. These charges might appear on your bill once, or they might occur on every bill - a good reason to closely examine each monthly bill before you pay it.

**Collect Call Scams:** Some fraudulent companies attempt to charge consumers for pay-per-call services by masquerading as collect calls. Once the call is accepted the person typically hears a recorded message offering some type of service or soliciting for a so-called charity. Some consumers have been charged excessive rates for these types of collect calls, even though they refused to accept them.

**Calling card fraud:** When using a phone in public areas - an airport, a train station, a pay phone on the street - someone may be looking over your shoulder to see the account number and PIN number that you dial. Once they have these numbers, they can use them to make calls on your account or sell them to others for that purpose.

**Pay-per call abuses:** Information and entertainment provided by pay-per-call services are accessed through 900 numbers, some 800 numbers and even some international numbers. Dishonest pay-per-call service providers don't disclose, or they misrepresent, the cost of their services. You may be tricked into dialing pay-per-call services by following instructions to punch in a "personal activation code" that actually connects you to a pay-per-call line, or you

## TCU Announces Dean's List

Jeffrey Dennis, a 1999 graduate of Borden County High School has completed spring classes with at least a 3.4 GPA, and has been named to the Dean's List at Texas Christian University (TCU) in Fort Worth. Jeff is the son of Joel and Betty Dennis of Gail.

may be switched to pay-per-call line without knowing it.

How can you avoid these types of scams? The Better Business Bureau, along with the National Consumers League, suggests the following:

1. Look closely at contest entries or other forms you fill out, to avoid slamming or cramming.
2. Don't accept collect calls from anyone you don't know.
3. Don't make or return calls to numbers you don't recognize. Some international numbers look just like domestic U.S. numbers, but can cost much more.
4. If you get a telemarketing call concerning phone service, don't agree to anything on the spot. Ask the company to send you written information.

## Water a breeding ground for fire ants

The imported red fire ant is a hassle for many Texans. People who live near bodies of water, however, may face a bigger problem than an occasional infestation.

Fire ants need water to survive, but using pesticides around these areas poses dangers of water contamination. However, taking simple precautions when using insecticides around ponds, creeks and other water sources can reduce potential harm to fish and other aquatic organisms, according to the Texas Agricultural Extension Service.

The Extension Service promotes the two-step method for fire ant control. First use a broadcast bait throughout the entire lawn once in the fall and again in the spring. Then, follow up with individual mound treatments in high-traffic areas such as playgrounds and walkways.

Fire ant bait products contain extremely low amounts of chemicals can be applied near, but not directly to, water. To scatter broadcast bait safely, use a hand-held spreader while keeping your back towards the water. This reduces the likelihood that you will broadcast material directly into the water.

When treating individual mounds near water, be careful in deciding which product to use. Use products containing acephate, which are low in toxicity to marine life.

Be careful when disposing of unused chemicals and containers. When rinsing equipment, use the rinse water to treat additional mounds. Never pour the rinse water down a household drain or toilet.

For more information about controlling fire ants around the home, please visit the Web site at <http://fireants.tamu.edu>.

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## Statewide crack down on impaired driving

State officials have a stern message for Texas motorists this summer: "You drink, you drive, you go to jail." Texas is taking part in a national mobilization effort to crack down on impaired drivers and promote safe driving. Hundreds of law enforcement agencies in Texas are involved.

"Texas leads the nation in the number of alcohol-related traffic fatalities," said Sue Bryant, TxDOT's director of traffic safety. "We're here to put the public on notice that impaired driving has got to stop."

In 1998, the Texas Department of Public Safety

reports there were more than 26,000 alcohol-related crashes in Texas, resulting in 1,058 fatalities and 27,058 injuries.

The state wide DWI crackdown is funded in part by a special grant from the national Highway Traffic Safety Administration. Texas is one of only five states to receive special federal funds to reduce the number of people killed and injured in alcohol-related crashes.

First-time DWI offenders are subject to fines of up to \$2,000, 72 hours to 180 days in jail and loss of their driver's licenses for 90 days to one year.

### 1998 Alcohol-Related Traffic Deaths & Injuries

\* Alcohol-related collisions: 26,012

\* Alcohol-related injuries: 27,058

\* Alcohol-related fatalities: 1,058

\* 64% of DWI-related fatalities occurred in rural areas of Texas

\* One person was killed every eight hours in a drunk driving crash

\* Half of all drivers killed in alcohol-related crashes were between 21 and 35 years old

Source: Texas Department of Public Safety

## "Eeek! A Snake!" How to Keep Your Summer Snakebite Free and What to Do if You Get Bit

If you're planning to camp, hike or hunt, you're likely to see a snake while out in the wilds of Texas forests, fields, deserts, lakes and plains. Every year in the United States thousands of people are bitten by snakes, and approximately 10 people die as a result. Most people bitten by venomous snakes receive their bites from rattlesnakes. Other venomous snakes in Texas are copperheads, cottonmouth water moccasins and coral snakes.

"If you are bitten by a

venomous snake, get medical care as quickly as possible. Antivenin treatment is best started within a few hours," said Guy Moore, a wildlife biologist at the Zoonosis Control Division of the Department of Health (TDH).

If you may have been bitten by a venomous snake:

1. Keep calm. Take deep breaths to relax yourself. Frantic activity will cause the venom to spread faster. Reduce movement of a bitten



PHOTO BY ROB BUCK

More than 1,000 Texas flags fluttered in the shadow of the State Capitol last week to honor those killed annually in drunk driving crashes in Texas. The Texas Department of Transportation and hundreds of law enforcement agencies are joining forces to promote safe driving and reduce the number of Texans killed or injured in DWI collisions. Texas leads the nation in alcohol-related traffic fatalities.

- limb.
2. Do not try to capture or kill the snake; it will probably just bite you again.
3. If possible, keep the area of the bite lower than your heart.
4. Remove jewelry, such as rings and watches, and tight-fitting clothes before the onset of swelling.
5. Do not try to remove the venom yourself.
6. Do not apply heat or cold to the bitten areas.
7. Do not use a tourniquet or constricting band around the bite.
8. Do not use aspirin or related medications because they increase bleeding.
9. Do not eat or drink, especially alcoholic beverages.
10. Get medical attention as soon as possible.

Call your local emergency number or the Texas Poison Center. If possible, provide emergency medical personnel with a description of the snake. If no emergency medical care is available, get to the nearest

Cont. to pg. 8

## "Eeek! A Snake!"

Cont. from pg. 7

medical treatment facility. But keep calm, walk rather than run, drive safely rather than race.

Don't be fooled by the fact that there may not be any symptoms. "The bite of a coral snake in particular can be deceptive. Without exception, all snake bites should be seen by a doctor immediately," said Bradley Hicks, a TDH wildlife biologist. Coral snakes are brightly colored with bands of black, yellow and red. Some non-venomous snakes mimic the coloration to a degree, but the coral snake is the only one with red bands next to yellow bands. Just remember the old saying, "Red and yellow, kill a fellow; red and black, venom lack," or friend of Jack."

There is no real reason to be scared of snakes; in fact, snakes help control insect, mice and rat populations. Most snakes are eager to avoid confrontations with anything larger than themselves and will quietly leave if given the opportunity. So, exercise some precautions when out hiking, camping or hunting, and chances are you will be safe.

You can help prevent snakebites by:

1. Being aware if the area you are in is inhabited by venomous snakes.
2. Wearing high leather boots and long pants when in areas where there are snakes.
3. Not reaching into areas where snakes may be resting if you cannot see it is safe. Snakes like to hang around logs and under leaves, waiting for mice, lizard and small prey.

4. Watching where you walk so you don't accidentally step on a snake. Do not
5. Avoiding walking at
6. Not handling or harassing snakes.

Most people are bitten while handling or trying to kill a venomous snake.

# Kids in the Kitchen

FUN is the key to success with kids in the kitchen. Kids love to cook and eat their own creations. And cooking can be a great learning experience as well.

Careful selection of recipes provides an opportunity to explore the value of good nutrition. For example, whole grain oats used as an ingredient are a low fat source of fiber that add flavor, texture and nutrients to recipes. Recipes teach kids how to follow directions, while measuring reinforces basic math. Preparation and clean up teach responsibility, and recipes that require decorating, sprinkling and/or arranging promote creativity.

Cooking is a terrific way to spend time with the special children in your life. In addition to creating wonderful food, you're creating memories that will last a lifetime!

Following are some recipes that you and your junior chefs will enjoy. They are easy to make in only a few quick steps. You'll keep the mess to a minimum and the good taste and fun to a maximum when you make any of these kid-approved recipes.

Preschooler Ben intently decorates White Chocolate Sprinkle Sticks in a recent afternoon of family fun in the kitchen. ▶



## White Chocolate Sprinkle Sticks

1/2 cup 3 Minute Brand® Old Fashioned or Quick Oats  
12 ounces (2 cups) white chocolate chips  
1 tablespoon plus 1 teaspoon vegetable oil  
Pretzel rods  
Sprinkles or colored sugar crystals

Parents & Kids: Measure ingredients.

### Stove Top Directions

Parents: Cook oats in small skillet over high heat 4 to 5 minutes or until lightly browned. Place white chocolate chips and oil in medium saucepan. Cook, stirring frequently until melted and smooth. Stir in oats. Pour chocolate mixture into a 2-cup glass measure or tall glass.

### Microwave Directions

Parents: Spread oats on large microwave-safe plate. Microwave on HIGH 4 minutes\* or until lightly browned. Place white chocolate chips and oil in medium microwave-safe bowl. Microwave on HIGH 2 minutes, stirring after each minute until melted and smooth. Stir in oats. Pour chocolate mixture into a 2-cup glass measure or tall glass.

Kids: Dip pretzels in chocolate mixture to coat half of each pretzel. Decorate with sugar or sprinkles. Place on baking sheet covered with waxed paper. Let stand 30 minutes or until set. Store in airtight container.

\*Due to differences in microwave ovens, cooking time is approximate.

Makes 26 to 30 pretzels.

## Fudgy No-Bake Clusters

2 cups sugar  
1/2 cup unsweetened cocoa  
1/2 cup (1 stick) margarine or butter  
1/2 cup skim milk  
1 teaspoon vanilla extract  
4 1/2 cups 3 Minute Brand® Quick or Old Fashioned Oats

Parents & Kids: Measure ingredients.

Kids: Combine sugar and cocoa in medium saucepan. Mix well. Add margarine, milk and vanilla.

Parents: Cook over medium heat, stirring constantly until mixture boils. Remove from heat; stir in oats.

Parents & Kids: Cool slightly. Drop by rounded teaspoons onto waxed paper. Cool completely. Eat and enjoy! Store leftovers in airtight container.

Makes 5 1/2 dozen.

## Breakfast-for-Dinner Pancakes

1/2 cup 3 Minute Brand® Quick or Old Fashioned Oats  
8 ounces (1 cup) low-fat strawberry yogurt  
1/2 cup mashed banana  
1/3 cup orange juice  
2 eggs  
1 cup all-purpose flour  
2 tablespoons sugar  
1 1/2 teaspoons baking powder  
1/2 teaspoon baking soda  
1/2 teaspoon salt

Select-a-Topping: Lightly sweetened strawberries, maple syrup, peanut butter and sliced bananas, peanut butter and strawberry jam

Parents & Kids: Measure ingredients.

Kids: Combine oats, yogurt, banana, orange juice and eggs in medium bowl. Let stand 10 minutes. Combine flour, sugar, baking powder, baking soda and salt in separate bowl. Add flour mixture to oats mixture. Stir until combined but still slightly lumpy.

Parents: Heat a lightly greased griddle or skillet over medium-high heat. For each pancake, pour about 1/4 cup of batter on hot griddle, gently spreading into a 4 to 5-inch circle. Turn pancakes when tops are covered with bubbles and edges look cooked.

Kids: Put pancakes on a plate and top with your favorite toppings. Have fun eating every last bite!

Note: Try using peach or raspberry yogurt instead of strawberry yogurt then top your pancakes with lightly sweetened sliced peaches or raspberries.

Makes 12 to 14.

## Tips for Getting Started

These tips will help you and the kids get started as you set off on your cooking adventures.

- **Select age-appropriate recipes.** The attention span of a younger person is limited so select recipes accordingly.
- **Read the recipe in advance.** Be certain that you have all of the ingredients and that there are plenty of steps in which the kids can help.
- **Emphasize the importance of cleanliness.** This includes washing hands before beginning and cleaning up when you are finished.
- **Designate adult-only duties.** Food going into or coming out of the oven or microwave, along with stovetop cooking and using appliances such as mixers, choppers and blenders should be handled by an adult.
- **Be prepared.** Wear an apron and provide one for your junior chef so that mess and potential spills do not get in the way of having fun.
- **Be patient.** It may take extra time when you involve a child in cooking.
- **Don't expect perfection.** Your recipes may not look exactly the way that you want them to but you are providing your child with a memorable, fun and creative learning experience that will taste delicious!

---Courtesy of the 3 Minute Brand® Kitchens