

BHS One-Act Play Goes Deeper *Into the Woods*

Production Advances to Area Contest

For the first time since 1997, the Borden County High School One-Act Play has advanced to the Area Contest. The cast and crew of *Into the Woods* was selected as one of the top two plays at the District 9-A Contest that was held Thursday, March 23, 2000 at O'Donnell High School. Advancing with Borden County is Dawson High School with their production of *Daddy's*

Dyin' (Who's Got the Will?). Winning top individual acting honors from Borden County was Krystle Lee, who was named Best Actress. D.J. Smith and Bekah Hensley were also selected as members of the All-Star Cast. Chosen to be on the Honorable Mention All-Star Cast were Holly Thomas and Erica Schooler.

involved in the production as actors and actresses are Joseph Hardman, Justin Lawrence, Hailey Adcock, Kandace Kimmel, James Bond, Cody Nowlain, Micah Hensley, Laura Stamper, Michele Bond, and Oralia Galicia. Serving as members of the technical crew are Shawna Ellison, Carolina Arrelanos, Abby Flanigan, and Tom Griffin.

Annual wildflower issue Released

While this season's wildflower outlook may be in doubt because of the prolonged drought, Texas wildflowers are in abundance between the pages of *Texas Highway's* April issue.

By far its most popular issue, the April magazine features a 16-page floral extravaganza filled with colorful images of blue-bonnets and poppies in Fredericksburg, basket flowers in Dickens County and prickly-pear blossoms in Kerr County.

To complement the photographs, the feature includes writings by Texas' early pioneers describing the bountiful fields and prairies they encountered. The editor's "Up Front" column spotlights this year's predictions from botanists and a landscape expert.

Readers wanting more on flower swill enjoy "Bewitching Chandor Gardens," an article about a 1930's garden in Weatherford inspired by England and the Orient.



OAP presents *Into the Woods*: Members of the cast and crew continue to perform in Area Contest.

More Texas flavor
Cont. to pg. 4

next performance will be at the Region II-A, Area 1 Contest to be held April 6, 2000, in Eden. The production will be the fifth out of six plays with a performance time of about 6:45 that evening. Two schools each from District 10-A and 11-A will also be present. The top two schools from the Area Contest will advance to the Regional Contest on April 15, 2000.

RUNOFF PRIMARY ELECTION	
April 3, 2000	Accepting applications for ballot by mail First day of early voting by personal appearance for April 11 th runoff primary election in Borden County's clerk's office.
April 4, 2000	Last Day for early voting clerk to receive applications for ballot by mail.
April 7, 2000	Last day to vote early by personal appearance.
April 11, 2000	Runoff primary election day

Girls, Boys Win First Place Team Trophies Track Teams take titles at Rolling Plains Relays in Jayton

Four track meets. Four meets with good weather. Four meets with either championship trophies or runner-up trophies brought home. Coach Avery and Coach Richey can't ask for much more.

The track teams all traveled to Jayton March 24 to compete against 20 other schools. The boys won over the Rule Bobcats, 95 points to 94.5 points in an exciting textbook finish. The girls outdistanced Roscoe, 80 to 78, to duplicate the boys' trophy.

The BHS boys had one of the most exciting finishes in their track history. The team knew that going into the mile relay (the last race of the evening) that they must finish one spot behind Rule to take the title.

The relay team—with Joseph Hardman out with an injury—of Robert Stamper, T. C. Stipe, Cody Nowlain, and Trent Pepper had their work cut out as Rule entered the meet with the best time in the region.

The Coyotes got a break as the Bobcats had a miscue on an exchange that opened the door.

In the end, though, Rule had just too much speed. BHS did finish one spot behind them (4:29.99) in second to clinch the meet championship.

The BHS girls won their mile relay with a time of 4:32.23 along with many other individual events to take the girls' title.

Individual points and participation are highlighted below. New school records and personal bests are also in the special bordered sections.

NEW SCHOOL RECORDS

Established March 24

BOYS AND GIRLS

Mile relay 4:29.99 (Stamper, Stipe, Nowlain, T. Pepper)

800m run 2:00.10 T. C. Stipe (narrowly defeated by last year's state runner-up)

1600m run 5:48.66 Holly Thomas (shattered her personal best and previous record by 11 seconds)

PERSONAL BESTS

Long jump 19' 1"	Ed Rodriguez
Triple jump 38' 3"	Ed Rodriguez
110 high hurdles 16.7	Robert Stamper
Discus 121' 8"	T.J. Sharp
Pole Vault 12' 3"	Lee Pepper
200m dash 25.0	Rowdy Dunlap
Long jump 16' 2 3/4"	Bekah Hensley

MEDALISTS

Gold Medals:

Trent Pepper	3200m run, 1600m run
R. Stamper	10 high hurdles
Lee Pepper	pole vault
H. Thomas	3200m run
B. Hensley	long jump, mile relay
J. Mayes	400m dash, mile relay
V. Wootan	mile relay
M. Hensley	mile relay

Silver Medals:

T. Pepper	mile relay
T.C. Stipe	mile relay, 800m run
R. Stamper	mile relay
C. Nowlain	mile relay
H. Thomas	1600m run
R. Copeland	shot put

Bronze Medals:

T.C. Stipe	3200m run
R. Stamper	300m hurdles
B. Hensley	triple jump, 100m dash
M. Hensley	300m hurdles

SCORING POINTS

E. Rodriguez	4 th , long jump, triple jump, 400m relay
C. Nowlain	4 th , 400m relay
T. J. Sharp	4 th , discus and 400m relay
R. Dunlap	4 th , 400m relay
P. Brown	5 th , 800m run
R. Griffin	6 th , pole vault
B. Hensley	200m dash
C. Dye	6 th , 100m hurdles
B. Kempf	6 th , 3200m run

OTHER EVENTS

P. Brown	triple jump, long jump
R. Dunlap	discus
T. Griffin	400m dash
R. Rodriguez	long jump, 100m dash
Talin Pepper	pole vault, high jump
N. Flanigan	discus
C. Dye	300m hurdles
B. Kempf	1600m run
D. Kempf	3200m, 1600m runs
L. Stamper	100m, 300m hurdles
P. Rodriguez	100m, 200m dashes
C. Arrelanos	100m dash
V. Wootan	discus
M. Bond	400m dash
K. Lee	shot put
J. Ellison	shot put
T. Sanchez	discus
K. Culp	400m relay along with Rodriguez, Arrelanos, Stamper

Junior High Track Teams start off season at Mustang Relays

Both junior high boys and girls began their track season in Sands last Saturday.

The girls' team scored 46 points during the meet.

Below are the results from this meet:

GIRLS

400m relay (4th), 800m relay (4th) and mile relay (2nd): E. Mayes, S. Gass, T. Balaque, C. Rinehart
E. Mayes, long jump (2nd), participant in triple jump; S. Gass, triple jump (4th); C. Rinehart, triple jump (6th), participant in long jump; A. Brooks, discus (6th), participant in shot put and 100m dash; L. Johnson, participant in 100m dash, 200m dash; A. Ellison, participant in 200m dash, false start in 100m dash.

In the boys' division, the following results are posted in order the events were held. In summary,

the boys scored 29 points, 25 of those coming in the running events.

2400m run, Evan Winegarner (3rd); 400m relay (6th): John Stamper, Andy Lozano, Winegarner, and Dan Griffin; 800m run, Derek Rodriguez (7th), Ben Griffin (10th), and John Wilson (8th); 110 high hurdles, J. Stamper (6th); 100m dash, D. Rodriguez, Kyle Pinkerton, Tyler Wallace; 400m dash, B. Griffin, Garrett Chapman; 300m hurdles, D. Griffin (1st); 200m dash, A. Lozano, T. Wallace, Dusty Gwinn; 1600m run, J. Wilson (4th); 1600m relay (6th): Lozano, D. Griffin, Winegarner, Stamper; shot put, Pinkerton, Gwinn, Griffin; discus, Pinkerton (4th), Gwinn; long jump, D. Griffin, B. Griffin, Rodriguez; high jump, Pinkerton, Winegarner; triple jump, Pinkerton, Winegarner, Stamper

High school results at Mustang Relays

After a late night in Jayton (arrival time past midnight), several dedicated boys and girls along with dedicated and tired coaches traveled to Sands to compete. Below are the results, condensed for space sake.

Holly Thomas, 1st in

3200m run; Rika Copeland, 1st in shot put, participant in discus; Bobbie Kempf, 4th in 3200m run; Dalene Kempf, 6th in 3200m run; 400m relay, 5th (Pati, Rodriguez, Kyliya Culp, Micah Hensley, and

Laura Stamper); M. Hensley, 1st in 100 hurdles, participant in 300m hurdles; L. Stamper, 5th in 100m hurdles, participant in 300m hurdles; Tahnee Sanchez, 100m dash, discus; J. Ellison, shot put.

Good hand-washing habits help kids stay healthy

Parents can help children stay healthy by emphasizing the importance of frequent hand washing.

Close contact in the classroom allows many illnesses to quickly spread from one child to the next. Some of the most common are upper respiratory tract infections, chicken pox, conjunctivitis or pinkeye, head lice, and scabies.

Because children are often contagious before their illness is known, contact can't be completely avoided. But, frequent hand washing cuts the risks.

Dr. Jan Drutz, an associate professor of pediatrics at Baylor College of Medicine, encourages parents to teach their children to wash their hands periodically throughout the day, particularly before eating or handling food.

Drutz also suggests that children learn to limit close contact with classmates who appear ill.

number of calories to walk a mile, regardless of speed. By adding an extra mile, though, a 132-pound person can burn an extra 75 calories.

"A fast walk where you can talk, but have difficulty singing, is probably the best pace," Puyau said. "Take your time, don't stress over the calories and enjoy the miles."

From the Counselor:
By Mary Airhart

TAAS Test Dates Approaching

TAAS testing is scheduled statewide as follows:

Tues. April 11th

Mathematics for grades:

3, 4, 5, 6, 7 & 8

Wed. April 12th

Reading for grades

3, 4, 5, 6, 7, & 8

Thurs. April 13th

Social Studies for grade

8 only

Friday, April 14th

Science for grade 8 only

NOTE TO PARENTS:

TAAS testing will begin promptly at 8:15 A.M. each of these days. The tests are untimed, and students are allowed as much time as needed. Most students will complete the tests within the first three hours of the day, but some students will require more time. Please schedule medical and dental appointments around these testing dates so that all students who are not ill maybe present for testing. Teachers have prepared the students mentally and

academically for success. Please add your encouragement and insure that the students are rested and eat a good breakfast.

As always, we appreciate your help and concern to keep our school academically strong. If you have questions or suggestions, please contact me.

Menu

Lunch: \$1.00 K-6th

\$1.25 7th-12th

Breakfast: - 50c

April 3-7, 2000

MONDAY: Fajitas, Beans, salad, Fruit, & Milk

Breakfast: Pancakes, Ham, Juice & Milk

TUESDAY: Fish, Black-eye Peas, French Fries, Hush Puppies, Ice Cream & Milk

Breakfast: Donuts, Fruit, Juice & Milk

WEDNESDAY: Beef Pasta, Peas & Carrots, Broccoli, Break, Cake & Milk

Breakfast: Cinnamon Toast, Fruit, Juice & Milk

THURSDAY: Tacos, Corn, Salad, Fruit Salad, & Milk

Breakfast: Cereal, Toast, Juice, & Milk

FRIDAY: BBQ on a Bun, Cole Slaw, Tater Tots, Cookies & Milk

Breakfast: Pancake Pups, Fruit, Juice, & Milk

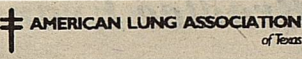
Your Gift is a Way to Conquer Lung Disease

Have you recently lost a loved one to lung cancer, emphysema or other lung disease? The American Lung Association of Texas can dedicate a memorial in the name of your loved one. Your memorial gifts will help the Lung Association to prevent lung disease and improve the care of those who suffer from it.

You also can dedicate your gift to a loved one who has decided to quit smoking or in honor of a special birthday or anniversary. For more information on how to dedicate a memorial in the name of your love done, please contact the American Lung Association of Texas at (800)LUNG-USA.

The American Lung Association is committed to

fighting lung disease, a leading cause of preventable death and disability, and promoting lung health for all Texans through education, advocacy and community program.


Giving Opportunities

YOUR Gift

IS A WAY TO CONQUER LUNG DISEASE

Find out how you can help the 2.2 million Texans who suffer from lung disease.

1-800-LUNG-USA

www.texaslung.org

Walking your way out of a rut

If your walking routine has hit a plateau don't get discouraged. Gaining a new perspective can get you back on track.

Maurine Puyau, an exercise specialist at the USDA/ARS Children's Nutrition Research Center at Baylor College of Medicine, says the key is to refocus.

"Everyone wants to exercise to burn calories rather than exercise because that is what our body is meant to do," he added. "Try focusing more on enjoying the walk."

Whether you are a casual stroller or race walker, you will still reap the benefits of walking. It takes almost the same



2000 BHS All-School Reunion

There will be a meeting on Tuesday, April 4th beginning at 7:00 p.m. in the Community Building in Gail to make further plans for the 2000 BHS All-School Reunion planned for August 4th & 5th, 2000

All former BHS students are invited to attend and help make plans for this special event.

Annual Wildflowers

Cont. from pg. 1

abounds in the magazine with articles on Kilgore and it's oil boom history; Hico, a town where some say Billy the Kid lived out his final days; and San Antonio's Southwest School of Arts & Craft.

Texas Highways, the official travel magazine of Texas, is published by the Texas Department of Transportation and has a circulation of about 300,000 readers worldwide. Its readers are as far away as the United Kingdom and South Africa.

If the April issue puts you in the mood to find fields of wildflowers near you, wildflower reports are available on the Texas Department of Transportation's travel information hotline, 800-452-9292. The weekly updates begin March 17th and run through mid-May. The April issue is now available at newsstands or can be ordered by calling *Texas Highways* at 512-486-5887.

Wedding Plans Announced for Brothers



James Evans & Joni Douglas

A May 27th, 2000 wedding is planned at the Big Spring Country Club for Joni Lynn Douglas and Sgt. James O. Evans of Ft. Myer, Va.


Joni is the daughter of Mr. & Mrs. Benjamin Douglas of Big Spring. James is the son of Richard & Sandra Bloom of Coahoma, Rickey Evans, of Fluvanna, and the grandson of Mr. & Mrs. Norman Sneed of Gail.



Bradlee Evans & Heather Cruz

A July 1st, 2000 wedding is planned at Immaculate Heart of Mary Church in Big Spring for Heather Marie Cruz and PFC. Bradlee Norman Evans of Ft. Bragg, NC.

Heather is the daughter of Anna Cruz of Coahoma and Thomas Cruz of San Antonio. Bradlee is the son of Richard & Sandra Bloom, Coahoma and Rickey Evans, Fluvanna and the grandson of Mr. & Mrs. Norman Sneed of Gail.

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Spring Revival
Gail Baptist Church
April 2nd - 5th

Sunday evening service 6:00 p.m.
Mon. thru Wed. services 7:00 p.m.

Bro. Jim Hart, Speaker, Brownwood
Bro. JWT Spies, Music, Lamesa

Sunday: Community Fellowship Night
(bring a freezer of ice cream & goodies for fellowship following services)
Monday: Family Night
Tuesday: Bring a Friend Night
Wednesday: Kid's Night

Come join us and be B'essed!



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Texas Stories

A showcase of the Texas Spirit

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It was a beautiful wedding

Kevin and Jill met at Reunion Productions while doing video work for the Dallas Mavericks. Jill is employed by the Mavericks as a broadcast producer and Kevin is a free lance video editor. There was a spark between these two from the very start. Just being close, working side by side, make them fool good. They began to look forward to seeing each other.

Reunion Production is located downstairs at Reunion Arena. Kevin sometimes acts as technical director for the television broadcasts of the Mavericks' games. He also works in the same capacity for the Dallas Stars hockey games.

During basketball and hockey seasons, Kevin is at Reunion arena a lot. A couple of years ago, Kevin was in Jill's office when she got tow work. He gold her how he felt about her. Jill said she felt the same about him. They smiled and embraced. It was the start of something special that culminated in their wedding a few weeks ago.

The wedding was in Highland Park United Methodist Church. Big sanctuary, small audience.

Mostly family and close friends.

Jill is the first of her four brothers and sisters to get married. All but one are over 30. Jill comes from a musical family. Her mother is in charge of the music program for Garland schools. Her father directs the Garland chorale, which has performed in Carnegie Hall.

Organ music played while the audience was seated. Then Kevin's brother, B.Z., who has played guitar since he was eight, entertained the audience with a classical guitar piece.

That was followed by Jill's sister, Jo Beth, singing an operatic aria. Jill's Dad's chorale sang some more classical music and then Jill's dad sang the Lord's Prayer.

Some people joked and said they were at a musical event that had a wedding in the middle of it. When the bride and groom were formally introduced, the audience exploded with applause. One person said, "I'm glad we finally got to clap."

The wedding had some moving moments. Kevin's 9-year old son Jackson did a reading, as did Kevin's

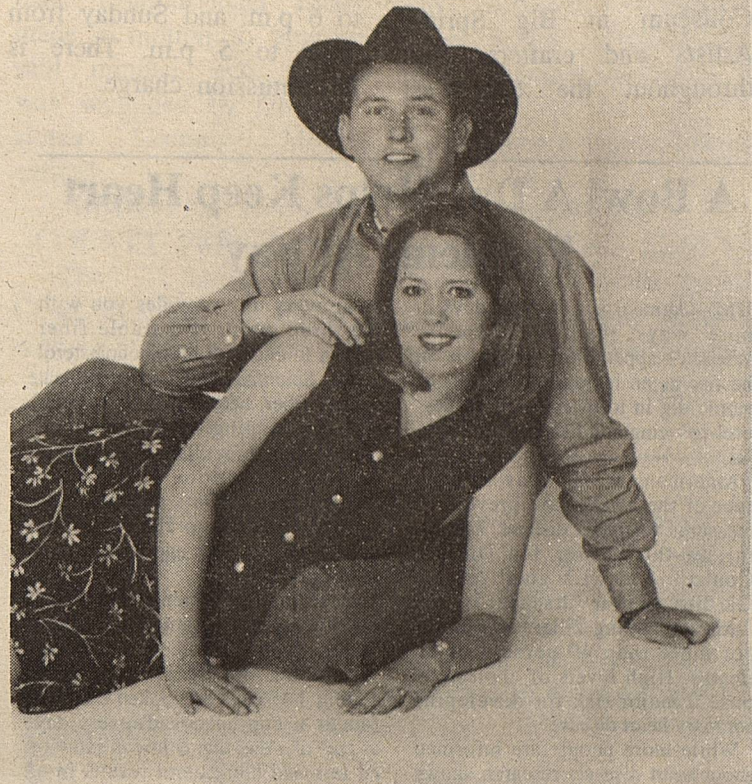
parents and Jill's mother. B.Z. served as his brother's best man. Jo Beth was her sister's bridesmaid.

Two ministers conducted the ceremony. One told a dramatic story about two rivers in Pennsylvania, the Allegheny and the Monongahela, joining together to form the mighty Ohio River. Both rivers brought to the union their own strengths and personalities. He applied the story to the union of Kevin and Jill. The other minister said she had never heard the wedding vows recited with such conviction.

After the ceremony, the wedding party adjourned to the outside, where the church bells were ringing to honor the occasion.

People who attended the wedding were moved by the demonstration of love. It was the most beautiful event I've ever attended. I enjoyed being the father of the groom.

Farmer, Oaks Announce Wedding Plans



Randi Farmer & Bobby Oaks

Philena J. Farmer of Gail and Nathan L. Pewitt of Lamesa announce the engagement and upcoming marriage of their daughter, Randi Dyan Farmer, to Bobby Neal Oaks, son of Doyle and Gwen Oaks of Lamesa.

Randi is a 1998 graduate of Borden County High School and is currently attending Texas Tech University, working towards a Bachelor of Science in Early Childhood Development and a Minor in Special Education. She is employed by Texas Tech University and the College of Human Sciences. Randi is the granddaughter of E.L. and Barbara Farmer of Gail and Virginia Pewitt and the late Laverne Pewitt of Lamesa.

Bobby graduated from Klondike High School in 1995. He will receive his Bachelor of Science degree in Agricultural Education from Texas Tech University in May 2000. He is currently student teaching at Lubbock-Cooper High School. Bobby is the grandson of George and Voncile James of Lamesa.

The couple will be married July 1st at the First United Methodist Church of O'Donnell.

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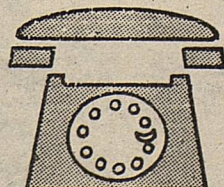
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Spring Fling

A first-time event will be held at the Plains Community Center.

A Spring Fling After-Church Lunch

Bring your family's favorite meat, vegetable, salad, or dessert and join in the good eating, good visiting and Pay Your Dues!

The line will begin forming at 12:30 p.m. April 9th.

At 10:00 a.m. on the Saturday morning before the lunch, bring your dust cloths, Pledge, Windex, etc. and help tidy the building for the Spring Fling.

Don't miss the fun time at the Plains Community Center



Spring City Arts & Crafts Show to be held April 1-2

The eleventh annual Spring City Arts and Crafts Show will be held April 1-2 in the Dorothy Garrett Coliseum in Big Spring. Artists and crafters from throughout the Southwest

will be on hand with original art and handcrafted items. Hours for the show are Saturday from 10 a.m. to 6 p.m. and Sunday from noon to 5 p.m. There is no admission charge.

A Bowl A Day Helps Keep Heart Problems At Bay

(DM)—Oatmeal is hot these days in more ways than one. Today, America's appetite for oatmeal is on the rise as an increasing number of people dig in to discover its cholesterol-reducing and heart health benefits.

Americans are more aware than ever of the causes and preventive measures for heart disease, according to the Center for Disease Control, and with good reason. Cardiovascular disease is our nation's leading killer, accounting for more than 40 percent of all deaths. High levels of cholesterol pose a major risk for developing coronary heart disease.

While more people are informed about heart disease, research shows that there are still more than 98 million Americans, or 51.9 percent of adults, who are at intermediate or high risk for heart disease due to blood cholesterol levels over 200 mg/dl. For this significant group of Americans who struggle with cholesterol, there are simple lifestyle changes that can make a big impact on heart health overall.

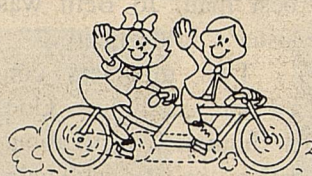
"Eating a good-sized bowl of oat-

meal every day provides you with the three grams of soluble fiber proven to decrease blood cholesterol levels. Scientists believe that the oat soluble fiber, beta glucan, is responsible for helping to control blood cholesterol," says Dr. Steven Ink, Director of Nutrition Research for Quaker Oats. "Oats act like tiny sponges to soak up cholesterol in your digestive tract and carry it out of your body."

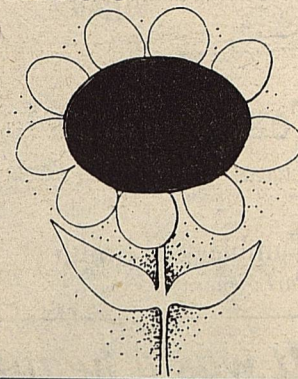
More than 37 scientific studies show that eating oatmeal can help lower blood cholesterol levels and reduce the risk of heart disease. Eating 1-1/2 cups of cooked oatmeal (about 3/4 cup uncooked) every day as part of a diet that is low in saturated fats and cholesterol results in a reduction in high blood cholesterol for many people.

Adding oatmeal to the diet can also act as a catalyst for other health lifestyle changes that will improve overall cardiovascular health. For example, the National Institute of Health recommends that regular exercise, a diet low in saturated fat and not smoking be part of a heart healthy lifestyle.

Moore-Rains Insurance



Happy Springtime



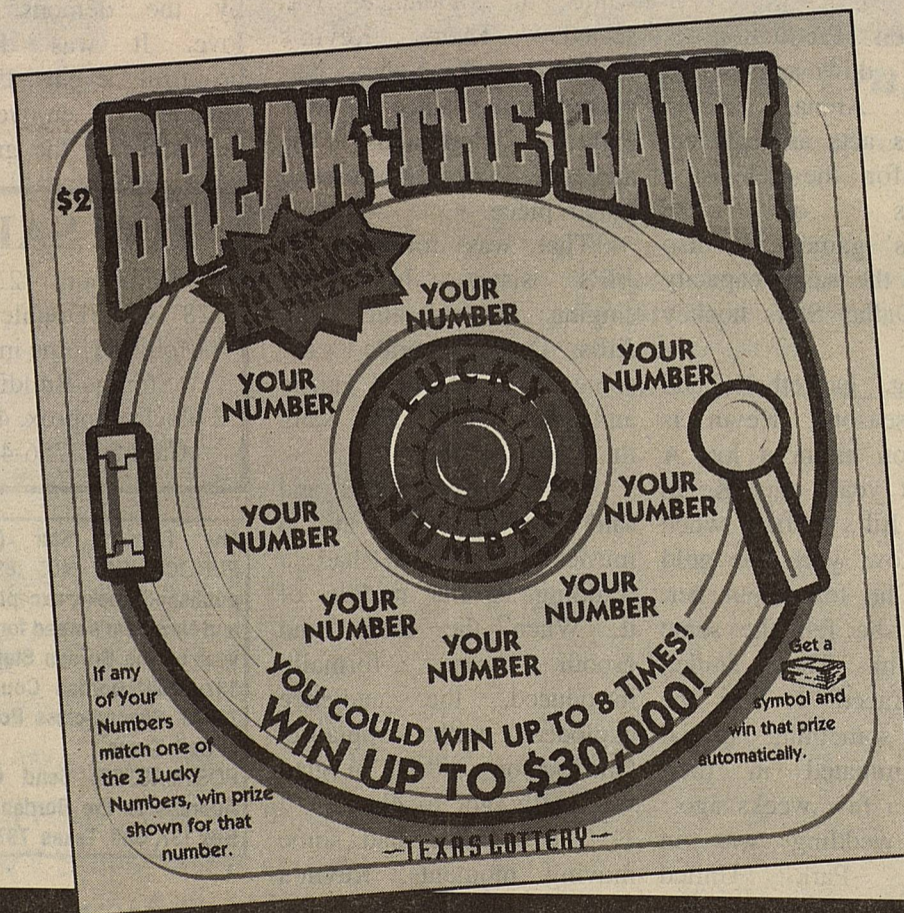
Frances Rains Stephens

701 8th. Street
O'Donnell, TX

806/428-3335

END OF GAME NOTICE

Break the bank before closing time.



On May 31st, 2000, a Texas Lottery instant game will close – Break the Bank. You have until November 27, 2000, to redeem any winning tickets for this game. You can win up to \$30,000 playing Break the Bank at any Texas Lottery retailer. Prizes of the 24 Texas Lottery claim centers Texas Lottery Customer Service Line



More prizes.
More winners.
More fun!

You can claim prizes of up to \$599 \$600 or more are redeemable at or by mail. Questions? Just call the at 1-800-37-LOTTO (1-800-375-6886).

Overall odds of winning Break the Bank, 1 in 4.94. Must be 18 years or older to purchase a ticket. © 2000 Texas Lottery.

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.31 cents mileage reimbursement

Testing and Applications will be taken at the Borden County Community Center on Wednesday, April 5th and Wednesday, April 19th, beginning at 5:00 p.m.

For more information in the Borden County area please call: Gene Quigly at (915)263-7013 or Call the Local Census Office at (806)785-6740 or 1-888-325-7733

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TNRCC to Collect Hazardous Waste, Recyclables in West Texas

The Texas Natural Resource Conservation Commission (TNRCC) is offering rural Texans the opportunity to dispose of banned or unwanted pesticides, properly rinsed plastic pesticide containers, used motor oil, oil filters, and lead acid batteries free of charge.

The purpose of the cleanup campaign is to offer rural areas disposal and recycling opportunities for farm and ranch wastes and recyclable. Since 1991, 18,090 participants have disposed of 3.1 million pounds of pesticides and 6.84 million pounds of recyclable through Agricultural Waste Pesticide and Texas Country Cleanup Collections.

All collections are from 8 a.m. - 1 p.m. Collections will be held at the following locations:

Mon. April 3 - Snyder
Scurry County Coliseum and Annex, two miles east of Hwy. 350 and Hwy 180 (Bus 83) on Hwy 180 or Coliseum Dr.

Wed. April 5 - Brownfield
Birdsong Peanut, 3.2 miles South of Brownfield on CR 474 westside.

Fri. April 7 - Hereford
Deaf smith County Bull Barn, from Hwy 385 go east on Hwy 60 to Dairy Road.

Disposal costs for one 55-gallon drum of pesticide could cost a farmer \$1,500 to \$2,000 at a commercial facility. All agricultural chemicals will be accepted **excluding** pesticides or herbicides containing 2,4,5-T-Silvex; explosives; compressed gas cylinders; fertilizers or nutrient materials that are neither hazardous nor contain pesticide admixtures; or

pesticides or wood preservatives containing pentachlorophenol.

Empty plastic pesticide containers must be clean, triple-rinsed or high-pressure rinsed to be accepted. There is a two-drum limit per a participant on oil filter recycling and filters will not be accepted from businesses that change oil for a fee. Empty household containers will not be accepted they can be disposed of in the trash.

Tire collection is not available at any of these cleanups. Chemicals will not be accepted from chemical manufactures or from out of state vehicles. Agricultural Waste Pesticide and Texas Country Cleanup Collections are cosponsored by the TNRCC's Small Business and Environmental Assistance Division, Texas Agricultural extension Service. Texas Department of Agriculture, Brazos River Authority, Lower Colorado River Authority and USAg Recycling.

For more information about the collection program, contact your local county extension agent.

Courthouse News

WHEREAS, On this the 13th day of March, 2000, the Commissioners' Court of Borden County, Texas, convened in Regular Session in the Commissioners Courtroom at the Courthouse in Gail, Texas, the following members of the Court being present, to-wit:

VAN L. YORK, County Judge, Presiding; DOUG ISSACS, Commissioner, Prec. #1; LARRY D. SMITH, Commissioner, Prec. #2; HURSTON LEMONS, JR. Commissioner, Prec. #4; JOYCE HERRIDGE, County Clerk and Ex-Officio of the Commissioners Court.

with Commissioner Vernon Wolf, Commissioner Precinct No. 3 absent, having had heart surgery, constituting a quorum, when the following proceedings were had, in accordance with the posted agenda:

MINUTES APPROVED

Minutes of the Commissioner Court meeting of

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County Precincts. No action was taken.

ACCOUNTS ALLOWED

The current accounts were examined and Commissioner Isaacs made a motion to approve and pay said accounts. Commissioner Smith seconded the motion. Motion carried.

Commissioner Isaacs left at 11:00 A.M.

ADJOURN

A motion was made by Commissioner Smith to adjourn. Motion was seconded by Commissioner Lemons and approved unanimously.

February 28, 2000 were read. Commissioner Isaacs made a motion to approve said minutes and motion was seconded by Commissioner Lemons. Motion carried.

REDISTRICTING COUNTY PRECINCTS

The Commissioners Court discussed a contract with Allison, Bass & Associates for the Redistricting of Borden

Thanks Everyone! I want to thank everyone who supported and voted for me in the Democratic Primary on March 14th. I want to encourage everyone to vote in the run-off for the Justice of the Peace Position on April 11th. I have completed my annual certification as a Justice of the Peace and am dedicated to make this a profitable position for Borden County.

With appreciation,
Shirley M. Bennett

Paid Political Advertisement by Shirley Bennett, Gail, Texas

Thank You!

I would like to thank all the people in Precinct 3 who voted in the Primary Election for County Commissioner. Thank you for your support.

Ernest Reyes

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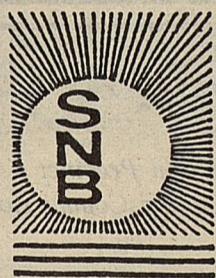
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Fresh Tastes of Spring

Delicious Quick Breads and Muffins

The mouth-watering aroma of baking Lemon Poppy Seed bread. The pure joy of breaking open a warm homemade blueberry muffin—and taking the first bite. Few experiences in life are so simple yet so delicious.

Spring's arrival provides the perfect opportunity to treat your family and friends to a fresh-baked batch of muffins or loaf of quick bread. Made with fresh berries and other fruits of the season, these quick breads and muffins will surely please the whole family.

The following recipes combine these seasonal fresh fruits with a variety of other wholesome ingredients such as oats. Often used as an ingredient, oats are a whole grain, low fat source of fiber that add flavor, texture and nutrition to recipes such as these. Treat your family and yourself when you serve these great-tasting and nutritious muffins and breads with breakfast, brunch or even as a simple dessert.



Photo courtesy of 3 Minute Brand. Oats
Your family will enjoy the fresh tastes of Spring in Mini Oatmeal Blueberry Muffins, Raspberry Oat Muffins and Lemon Poppy Seed Bread.

Lemon Poppy Seed Bread

This moist and delicious bread is the perfect complement to a family brunch or light lunch menu.

- 1 cup 3 Minute Brand® Quick Oats
- 1 cup milk
- 1 tablespoon fresh lemon juice
- 6 tablespoons margarine or butter
- ½ cup sugar
- 1 tablespoon fresh grated lemon peel
- 1 teaspoon vanilla
- 2 eggs
- 2 cups all-purpose flour
- 2 tablespoons poppy seeds
- 2½ teaspoons baking powder
- ½ teaspoon salt
- ¼ teaspoon baking soda

Preheat oven to 350°F. Grease 9 x 5 x 3-inch loaf pan or three 5 x 3 x 2-inch loaf pans. Combine oats, milk and lemon juice in bowl; set aside. Beat margarine, sugar, lemon peel and vanilla in large bowl until light and fluffy. Beat in eggs until smooth and creamy. Combine flour, poppy seeds, baking powder, salt and baking soda. Stir oat mixture and flour mixture into egg mixture until well blended. Spread batter in prepared pan(s). Bake 50 to 60 minutes for large loaf or 45 to 55 minutes for small loaves or until golden brown and tester inserted in center comes out clean. Let cool 5 minutes; remove from pan and cool completely before slicing. **Makes 1 large or 3 small loaves.**

Optional Glaze: For an extra burst of lemon flavor, combine ¼ cup sugar and 2 tablespoons fresh lemon juice. Spoon over loaf when removed from oven.

Nutrition information per 1/2-inch slice from large loaf: 144 calories, 21.5g carbohydrate, 3g protein, 5g fat, 23mg cholesterol, 181mg sodium, 1g dietary fiber.

Tropical Fruit Bread

Make an extra loaf of this flavorful bread and freeze tightly wrapped for an anytime treat.

- 1½ cups all-purpose flour
- 1 cup 3 Minute Brand® Quick or Old Fashioned Oats
- ¼ cup sugar

- ½ cup flaked coconut, optional
- ½ cup chopped walnuts or pecans
- ½ cup raisins
- 1 teaspoon baking powder
- 1 teaspoon baking soda
- 1 teaspoon ground cinnamon
- ½ teaspoon salt
- 1 cup mashed bananas (about 3 medium)
- 1 can (8 oz.) crushed pineapple in pineapple juice, undrained
- 2 eggs
- ¼ cup vegetable oil

Preheat oven to 350°F. Grease 9 x 5 x 3-inch loaf pan. Combine flour, oats, sugar, coconut, nuts, raisins, baking powder, baking soda, cinnamon and salt in bowl. Combine bananas, pineapple, eggs and oil in separate bowl. Add banana mixture to oat mixture; stir just until moistened. Pour into prepared pan. Bake 60 to 65 minutes or until tester inserted in center comes out clean. Let cool 15 minutes before removing from pan. **Makes 1 loaf.**

Nutrition information per 1/2-inch slice: 162 calories, 24.5g carbohydrate, 3g protein, 6.5g fat, 24mg cholesterol, 159mg sodium, 1.5g dietary fiber.

Mini Oatmeal Blueberry Muffins

The hint of cinnamon in the topping is a sweet surprise in these little muffins.

- 1¼ cups all-purpose flour
- 1 cup 3 Minute Brand® Quick or Old Fashioned Oats
- ½ cup plus 2 tablespoons sugar, divided
- 1 teaspoon baking powder
- ½ teaspoon baking soda
- ½ teaspoon salt
- ½ cup vegetable oil
- ½ cup water
- ½ cup cholesterol-free egg product or 1 egg
- 1 cup fresh, frozen or canned blueberries, drained
- ¼ teaspoon ground cinnamon

Preheat oven to 400°F. Grease 24 miniature muffin cups. Combine flour, oats, ½ cup sugar, baking powder, baking soda and salt in bowl. Combine oil, water and egg product in separate bowl. Add all at once to flour mixture, stirring just until moistened. Fold in blueberries. Divide batter evenly among prepared muffin cups. Combine remaining 2 tablespoons sugar and cinnamon; mix well. Divide evenly over muffins. Bake 9 to 11 minutes or until tester inserted in center comes out clean. **Makes 24.**

Variation: For regular-size muffins, grease 12 (2 ½-inch) muffin cups; increase baking time to 18 to 20 minutes or until tester inserted in center comes out clean.

Nutrition information per muffin: 91 calories, 13g carbohydrate, 1.5g protein, 3.5g fat, 0mg cholesterol, 80mg sodium, 1g dietary fiber.

Raspberry Oat Muffins

These incredibly moist muffins are just bursting with raspberries!

- 1¼ cups all-purpose flour
- 1 cup 3 Minute Brand® Quick or Old Fashioned Oats
- ½ cup light brown sugar
- 1 teaspoon baking powder
- ½ teaspoon baking soda
- ½ teaspoon salt
- ½ teaspoon ground cinnamon
- 2 dashes ground nutmeg
- ½ cup skim milk
- ½ cup vegetable oil
- 1 egg, lightly beaten
- 1¼ cups (6 oz.) raspberries, fresh or frozen

Preheat oven to 400°F. Grease or paper line 12 (2 ½-inch) muffin cups. Combine flour, oats, brown sugar, baking powder, baking soda, salt, cinnamon and nutmeg; mix well. Combine milk, oil and egg. Add milk mixture to flour mixture, stirring just until moistened. Fold in raspberries. Divide batter evenly among prepared muffin cups. Bake 18 to 20 minutes or until golden brown. Cool on wire rack. **Makes 12.**

Nutrition information per muffin: 194 calories, 29.5g carbohydrate, 3g protein, 7.5g fat, 19mg cholesterol, 199mg sodium, 2g dietary fiber.

REMEMBER! Set your clocks forward 1 hour
Sunday, April 2nd,

