

50 Years of Highways

by Senator Kay Bailey Hutchison

"Don't Mess with Texas" reflects a flair that Texans have. By echoing the "Don't Tread on Me" sentiments of the early American colonists. this slogan captures the independence and spirit ingrained in us. Our state is full of hard-working citizens with a can-do attitude. The Texas Department of Transportation adopted this same "Don't Mess with Texas" slogan 20 years ago as part of an anti-litter campaign for highways.

Highways are part of our state's culture and identity, and they are also a piece of Americana. Our nation recently celebrated the 50th anniversary of the interstate highway system, an American institution influnced by the spirit of Texans. Dwight D. President Eisenhower, who was born in Denison, initiated a national system of highways by signing the Federal-Aid Highway Act on June 29, 1956. Texan Frank Turner was known by many as the "Father of the U.S. Highway

System" for his work as an engineer within the Federal Highway Administration. And the most popular sign on the road – the familiar red, white and blue shield of the interstate highway system – was designed by Texan Richard Oliver in

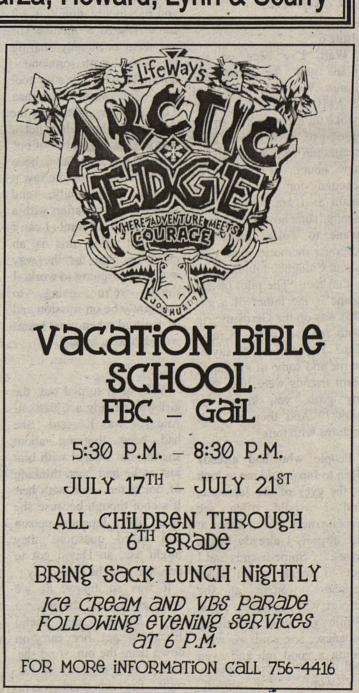
Over the past five decades, our interstate highway system has grown into a 46,876-mile network of roadways through which our interstate commerce circulates. For 50 years, our highways have brought us together and put us in the fast lane to prosperity. President Eisenhower first recognized the need for a national highway system in 1919 when, as a young Army officer, he crossed the country from Washington, D.C., to San Francisco in an Army convoy. The trip took 62 days, and poor road conditions forced the convoy to abandon nine Army trucks that became stuck in the mud along the way. Later, when pushing the Nazi troops back to Berlin at the end of World

War II, then-General Eisenhower used the new German autobahn system, which served as a model for our national highway system.

Texas has the most interstate highway interstate highway miles of any state. Our highways serve an important economic purpose by transporting goods, people and ideas. By facilitating movement and bringing businesses together, our highways help keep our state vigorous, innovative and open. Texas roads have also played a major role in trade; our exports are the largest of any state. From 2001 to 2005, Texas exports grew 50 percent more than U.S. exports.

There are some spectacular scenic drives in Texas. One such route is along Texas' highest highway, a spur from Texas 118 that leads to the McDonald Observatory near Alpine. By the end of this trek, the elevation is 6,791 feet above sea level. Another stretch of Texas road takes advantage of one

Cont. to pg. 7





Learning and Living

By Becky Dobyns When I learn your righteous laws, I will thank you by living as I should! -Psalms 119:7

Japan Journal

Part 2: On the Plane, 1st Day in Japan

June 6

Well, I've been on the plane now for about five hours. We had to wake up at 5 AM! The Germany team woke up early with us to say good-bye, even though their team didn't leave for another few hours. I'm about as excited for the Germany team as I am for us. It's funny; somehow, being on a plane to Tokyo gives me stronger memories than ever about Cologne. I miss it.

Fun fact! The pilot of this plane is the father of a girl that was on the Germany trip with me last year! Crazy, huh? He came out to say hi to me and some of my Japan team friends were like, "Oh my gosh, you know the pilot??" And they all took pictures with him.

People who had already been to Japan told me to look at the eyes of the Japanese, and I would often see hopelessness there. Even at the airport, I already began to see it. Some friends and I got to speak to an older Japanese woman at the airport who had those eyes. While we were practicing Japanese, she said we were doing a good job and even told us how to pronounce a few words. I'm already

falling in love with these people, and I've only met a few of them. They're so sweet and considerate.

The airline brought sushi as part of the lunch! I'm trying to learn to like it more by eating a bit of it every time it's set in front of me.

Father, I can't believe you're already doing it. I can't believe a member of our team is already sharing the Gospel with someone on the PLANE! It's so cool how God works like that. This guy named David is the only one who didn't get a seat next to a member of our team. I would have been pretty bummed, but he saw it as an opportunity, and started a conversation with a girl sitting near him! I can't help but think this is an awesome sign for the way our group is going to work. I think we're going to constantly be on mission and be focused when most teams would "take a break".

June 7

Well, as it turned out, the girl was already a Christian! And she was Korean! She had been thinking about sharing the Gospel with him just as he had been thinking of doing the same with her. It's cool though because she acted like a Japanese person and asked questions they might ask, so David got to practice what he would say.

It was so funny, as we were getting off the plane a guy helped my friend Elizabeth get her carry-on I'm rooming with: Alyssa, down from the bin. And she said, "Domo arigato? Is that right? Isn't that thank-you in and curtains that we can

Japanese?" And he said, "...I'm Korean." and walked off. Elizabeth turned to me with a very red face. We hope he wasn't too offended.

When we got off the plane at Narita Airport, we exchanged our money and got our luggage. I've been noticing...Japanese people are sooo nice to Americans. They actually seem to like us! That's a huge surprise. I haven't seen a dirty look yet, even when I'm sure we were being extremely impolite or obnoxious. Like one time when I leaned on a table with wheels and there was a Japanese couple on the other side. Whenever it knocked into them, they just smiled at me and bowed their heads! I really embarrassed though. Tables should not have wheels! I said "Gomen nasai", which is "I'm sorry" in formal Japanese. You can also say "Gomen ne" sometimes, but I'm not sure when it's appropriate. The Japanese language has a lot of courtesy rules about things certain people can say, so I usually just use formal words to be safe.

After dragging our luggage up and down stairs, escalators, onto and off of trains whose doors were nearly closing on us (which I'm sure was very disrupttive...imagine 25 Americans with very heavy suitcases bouncing them up stairs and talking really loudly in the meantime), we finally arrived at the Tokyo International Hostel. It's SO NICE. It's a 20-story building with a mall, grocery restaurants, bakeries on the bottom two floors! When we got to the hostel, head missionary Buddy Brents and some of his interns met us. They're all so sweet! So are the girls Amy, and Kathryn. We have a magnificent view of Tokyo

Borden County ISD Regular Board Meeting

June 19th, 2006

The Board of Trustees of the 5. A motion was made by Texas met in regular session at 7:00 P.M. in the Borden County I.S.D. Board Room. Board members present were John Anderson, Joel Dennis, Joe Harding, Randy Hensley, and Carol Lewis. Principal McMeans Bart and Superintendent Jimmy Thomas were also present. Dennis Poole and Mike Valentine were absent.

1. The meeting was called to order by John Anderson.

2. There was no community

3. A motion was made by Carol Lewis and seconded by Joel Dennis to approve the minutes of the May 15, 2006, meeting. The motion carried unanimously.

4. A motion was made by Randy Hensley seconded by Joe Harding to approve the June 2006 bills. motion carried unanimously.

close around our beds.

Once we got settled in, we went and got our first dinner in Tokyo! I had some kind of tea, water, rice, cabbage salad, and prawns dipped in some kind of sauce that I had to grind up myself. I also made my first mistake in the Japanese language. I said "mizu" instead of "omizu" when ordering water, and you're always supposed to add "o" at the beginning of words at restaurants because it's more polite! Darn. And I thought I was all cool for pulling out the Japanese. I should have just said "water". The lady was very understanding though.

Okay, well I'm jet-lagged and it's like nine, so good

Borden County Independent Joel Dennis and seconded by School District of Gail, Joe Harding to approve Option 3 & 4 Wealth Equalization Agreements with the State to equalize wealth, fund a technology consortium and obtain an efficiency credit for the 2006-2007 school year as appropriate and according to which agreements are most financially advantageous to the Borden County I.S.D. The motion unanimously.

> 6. A motion was made by Carol Lewis and seconded by Randy Hensley to approve 2006-2007 the salary recommendations made by Mr. Thomas for twelve-month employees Buchanan, Joan Marshall, and Amy Rinehart. The motion carried unanimously.

7. Mr. McMeans gave a review of the 2005-2006 Reading Inventory Instrument for Grades K-2 as required by State law.

8. Mr. McMeans gave a review of the 2006 TAKS Test Results as required by

9. A motion was made by Joel Dennis and seconded by Joe Harding to solicit bids for school propane and vehicle fuel for the 2006-2007 school year. The motion carried unanimously. A motion was made by Joe Harding and seconded by Carol Lewis to set the time and date of the July board meeting for 7:00 P.M. on July 17, 2006. motion carried unanimously. 11. A motion was made by Joel Dennis and seconded by Randy Hensley to approve 2005-2006 budget amendments as presented by

BHS Debate **Shines During** WTAMU Summer Speech Camp

University June 25-July 7.

tournament.

Ryan Kreck, a former CX debate newcomers Karl Baylor debater who is now in Lamming law school and has been at Espinoza WTAMU the past several Hernandez honor with these words:

This student is the best event. overall debater I have taught, Senior judged, or coached in the past attended three and a half days 6 years!! She is the hardest of camp. Along with Rachel, worker and a joy in the the two will try to surpass classroom. She is going to their 1A state runner-up finish return next year and by then I. in 2006-2007.

Borden High School hope to have more to teach debate students survived two her. She is very smart, weeks of intense work-and friendly, never gets in some nighttime bowling trouble. Things in the class-Mrs. room go untold with her. I Mayes-while on the campus have never been more proud of West Texas A&M of determination, work ethic, - and improvement in any Junior Rachel Wilson was student in 6 years. She selected the Outstanding deserves this award in my Female Camper while junior opinion. She is a great Kate Wallace won the Level representative for the quality II Lincoln-Douglas debate of debater, student, and competitor from this camp.

and Pascual Krystal years as an instructor, Hobson were introduced to nominated Wilson for her the research and theory that is an integral part of this speech

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Global Warming: A Crisis?

By UIL guest columnist Rachel Wilson

With the release of Al Gore's new documentary An Inconvenient Truth, global warming has reappeared as a topic of debate. Most people accept global warming created by humans as an impending catastrophe because that is the only side presented by the media. But what is the real truth about global warming?

After the recent violent hurricane season, speculation by alarmists about whether global warming was the cause turned into accepted fact; however, this claim is unfounded and even untrue. Richard Lindzen, a Professor of Atmospheric Science at MIT, points out that according to the models, temperature differences between the poles and equator are reduced by global warming which leads to "less" excitation of tropical storms, not more. This clearly shows that global warming could not possibly be the cause of more violent hurricanes, if anything it would lead to a reduction in hurricanes.

Sir John Houghton of the UN's Intergovernmental Panel on Climate Change recently stated that a warmer planet would cause more evaporation and thus more energy for tropical disturbances. However, Lindzen points out that evaporation used to cause tropical storms relies on less humid air, but global warming alarmists base their claims for higher temperatures on there being more humidity, not less which would be required to create the tropical storms. Again, he shows how global warming cannot possibly be blamed for the violent hurricane season.

All atmospheric experts agree that the global average temperature has increased barely one-degree since the late 19th century, but it has not been proven that such a minuscule change can spark such violent changes in our current weather patterns. Yet it is accepted as fact.

The claim that global warming is caused by humans is accepted as fact by many, but some scientists believe this is may be just a natural cycle. The earth's climate has always changed throughout history. It cannot be proven that humans have definitely made an impact on the global climate. If humans really have had an impact on global warming, wouldn't the temperature have risen more than just barely one-degree? These questions are all unanswered by global warming advocates.

There is a visible lack of dissension against Al Gore's documentary in the media. Every review is glowing and champions him as a pioneer willing to speak the alarming truth. He is part of the alarmist group trying to scare the American public into worrying about global warming.

So why all the panic about global warming? Environmental groups and climate research projects require funding to continue their research and publicity helps get the necessary funding. They must create a sense of alarm to make people feel a need to fund them. A glaring example of this is the increase in federal spending on climate research from a few hundred million dollars before 1990 to \$1.7 billion spent today. This was clearly a direct result of the increase in publicity about the "crisis" of global warming.

No one is claiming that the earth is not getting warmer because that is indeed undeniable; however, the rate at which it is getting warmer and how much warmer must be considered. When analyzed, it can be concluded that global warming cannot reasonably be to blame for the violent hurricanes and other natural weather occurrences. We must see through all the fear created by politicians, scientists, and environmental groups vying for funding and consider whether global warming really is a "crisis".

Borden County ISD Regular Board Meeting June 19th, 2006

Cont. from pg. 2 13. Jimmy Thomas gave a carried unanimously. 12. A motion was made by year to date financial report, was made by Randy Hensley Carol Lewis and seconded a personnel report, a by Joel Dennis to approve a legislative report pertaining to waiver for three days of staff to recent legislative action superintendent's report. The development in lieu of involving public schools, a student attendance days and sixth six-week report on six early release days for the failing students and honor 2006-2009 school years, students, and reported that carried 150 students were enrolled in meeting. The motion carried the Borden County School at unanimously. unanimously.

the conclusion of the 2005-2006 school year. A motion and seconded by Joe Harding approve motion carried unanimously. 14. A motion was made by Carol Lewis and seconded by Joel Dennis to adjourn the

Band Director Retires After 41 Years

John Harris former BHS band director Retires from Hartley ISD

By Patsi Lowe Dalhart Texan

John B. Harris graduated from Dalhart High School with the class of 1961, and went on to devote a large part of his life to educating young people. His career in teaching started at Lefores ISD, and went on to include positions with Royce City ISD, Morton ISD, Klondike ISD, Borden County ISD and Hartley ISD where he served as band director

Mr. Harris has accumulateed an impressive list of degrees in his continuing education over the years. They include Bachelor of Music Education at West Texas State University, Canyon, Texas, 1965, where he majored in piano, accordion, and baritone horn; Master of Education from Sul Ross University in Alpine, Texas in 1979; and a Mid Management Degree from Eastern New Mexico University in 1993.

Speaking with great enthusiasm, Mr. Harris said, "I loved teaching kids and I loved to teach them to enjoy music the way I do" . . . and to "Express themselves their through musical abilities. Music is the universal language of the world." Harris went on to say that his greatest reward was taking his students to contest and seeing them perform and receive high ratings. He considers teaching the greatest profession in the world!

Over the years, Mr. Harris, has been a personal mentor to his students, offering his patience and encouragement. As a result he received



band students during his 10 ment and "Promise Keepers" years of service in the movement. Hartley School System.

served as the pianist for the Logan and Breeley Harris.

Most Hartley Baptist Church, and Spirited Character" award has been very involved in the from all his past and present "Walk to Emmaus" move-

After his retirement, Mr. In addition to his career in Harris plans to spend more education, Mr. Harris contri- time with his family, wife buted his talents to the Jackie, children Julie Toland community by playing for of Lubbock, John Paul the popular XIT Melodrama Harris and wife Deidre of in Hartley for 6 years, and Amarillo and Jade Harris of teaching private lessions in Hartley, and his three grand piano and accordion. He also children Jarrett Toland.

REMINDER: BURN BAND IN EFFECT! All of Borden County is under a BURN BAN. All trash barrels must have an appropriate covering before burning. **Please take Special Precautions** with any Fire during this time for the Safety of You and

Summer Vacation - Watch for Children Playing

Your Neighbors.

Wedding Plans Announced



Nick Adkison and Carolyn Lewis

Carolyn Elizabeth Lewis of Gail and Nick Adkison of Ft. Worth wish to announce their engagement and upcoming wedding on Saturday, August 12th in North Richland Hill, Texas.

The bride elect is the daughter of Mr. And Mrs. Tom Lewis of Gail and the granddaughter of the late Dr. and Mrs. Leo Roy Lewis of Powhatan, La. and the late Mr. and Mrs. Julius Glenney of San Antonio. She is a graduate of Texas Tech University and is employed at BankMark as an administrative assistant. She resides in Carrolton.

The prospective bridegroom is the son of Mr. and Mrs. Ron Adkison of Ft. Worth. He is a graduate of Devry University and is employed at AAFES, as a computer specialist.

Following the wedding, the couple will make their home in Irving, Texas

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50th Wedding Anniversary



Mr. and Mrs. Herman Ledbetter

Mr. and Mrs. Herman Ledbetter will celebrate their 50th Wedding Anniversary on Sunday, July 16, 2006, from 2:00 p.m. until 4:00 p.m. with their family and friends at their Pecan barn located on FM 1054 in borden County.

Herman Isaac Ledbetter married Lochie Christeen Durham on July 7, 1956 in Clovis, New Mexico. Herman worked at Kerr Construction for years before moving to Borden County to farm. Herman and Christeen have recently retired from farming in Borden County east of O'Donnell. They still operate Ledbetter Pecan in Borden County. They are the parents of Mary Bond of Lamesa, Texas and Elizabeth and Tom Musgrove of Big Spring, Texas. They have four grandchildren and one great granddaughter.-

Please come join them in celebrating 50 Golden years together. No Gifts, your presence will be a gift.



Mr. and Mrs. Herman Ledbetter ...cira1956

Heart and home ...

By Julie D. Smith Borden County Extension Agent Family and Consumer Sciences



Extension programs serve people of all ages regardless of socioeconomic level, race, color, sex, religion, disability, or national origin. The Texas A&M University System, U.S. Department of Agriculture, and the County Commissioners Courts of Texas

Getting Back to the Basics of Home Canning

With summer comes the wonderful bounty of fresh garden produce. Do you Unsafe Canning have squash and tomatoes Methods running out of your ears? If so, have you thought about of canning - the open-kettle home canning? It is a lost art, and an enjoyable hobby, however, it is important to follow some basic safety when canning food.

Safe Canning Methods

There are two safe ways of canning, depending on the type of food being canned. These are the boiling water canner method and the pressure canner method. The boiling water bath method is safe for fruits, tomatoes and pickles, as well as jam, jellies and other preserves. In this method, jars of food are heated completely covered with boiling water (212EF at sea level).

Pressure canning is the only safe method of canning vegetables, meats, poultry, and seafood. Jars of food are placed in 2 to 3 inches of water in a pressure canner which is heated to a tem-

perature of at least 240EF. This temperature can only be reached by a pressure canner.

An old out-dated method method - is now considered unsafe. In this method, foods were heated in a kettle, then poured into jars and a lid was placed on the jar. No processing was done. With this method there was often spoilage, because bacteria, yeasts and molds that contaminated the food when the jars were filled were not killed by further processing. The growth of these microorganisms, in addition to spoiling the food, often caused sealed lids to become unsealed late. This method is a very real danger for botulism.

Steam canning is not recommended at this time for either acid or low acid foods. Processing time for use with current models have not been adequately researched. Today's steam container looks like an upside-down boiling water canner. One should never use microwave ovens,

electric ovens, slow cookers, crock pots or the sun to process canned goods.

For more information safe food preservation and new recipes for canned goods, contact the Extension office at (806)756-4336 or visit our Web site at http://bordentx.tamu.edu.

Source: So Easy to Preserve



Michael A. Guido A sportsman went to a hunting lodge and bagged the limit of birds with the

SOWER

"Salesman." The following, year, when he returned he asked for the same

help of a dog named

"He's no good now," said the

"What happened?" asked the

"Some fool called him 'Sales Manager," Now all he does is sit around and bark!"

How soon he passed from hero to zero.

"Pride goes before destruction and haughtiness before a fall."

The Living Bible says, "If you will humble yourselves under the mighty hand of God, in His good time He will lift

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Business & Professional Good Neighbor Review of Post Trade with the firms that support Borden County

Holly's Drive In "Since 1971"

This restaurant is located at 615 S. Broadway in Post and is one of the finest and most popular in this section. They have gained a name that has spread over a large area as a place where both the local and traveling public can well satisfy their demands in good eating. The menu consists of many tempting dishes served with courtesy and a pleasant smile. At is indeed the way of fast service and good food. Here you will find inside dinning in nice surroundings or if you wish they have curb service where by you may eat in the convenience of your own car. Or if its take-out you want, you may phone 806/495-2704 and they will bring it out to you when you arrive. Everyone will find this a pleasant place to visit while in Post, whether working or shopping for the day.

CitizenBank - Post

This prominent locally owned and operated bank is located at 210 N. Broadway, Post, phone 806/495-3545. The CitizenBank is an institution of financial strength and safety and may well be termed "The Friendly Bank". It was founded by men of character and integrity who were very prominent in business and commercial activities and have progressed as this district itself has grown and progressed. Under the management of efficient and capable people they invite accounts of businessmen, women, ranchers, farmers, laborers or all people who desire profitable connections with a modern banking institution. At this bank, you will find strength, seasoned judgment, dependability, accuracy in handling details and breadth of vision - - - all to be applied to the management of your personal or commercial affairs. In making this Good Neighbor Review, we wish to make the statement that at CitizenBank you may at all times save with safety for they are an FDIC member bank. Where all decisions are made locally.

Justice – Mason Funeral Home Dee & Janet Justice – Owners

Time and service have honored the name Justice – Mason Funeral Home located at 301 W. Main in Post. Phone, 495-2833. For years this reputable firm has served the people of this section. They relieve you of all worry and responsibility and by sympathetic cooperation bring comfort in the hour of distress. Their service supplies the consoling thought that the final tribute to your loved one has been beautiful and fitting. They have in their employees only those who have a natural fitness for this profession. When a funeral director must be called, may we suggest that you place this firm in charge. They will relieve you of all the many details that must be taken care of at the same time see that everything is done according to your desires. In this Good Neighbor Review we unhesitantly refer our readers to this reliable firm and suggest that you call them when in need of a funeral director.

McDonald's of Post Bill Cohen – Owner

McDonald's is always recognized as a social center for travelers and the public in general. They are known by those who visit them as headquarters for "Good Eats". Come in and bring your friends, for here you are always welcome. There is always a friendly atmosphere and their patrons, seen for every walk of life make these popular places their regular eating-place. You will find their inside dining area always clean and orderly arranged. Or if you wish take out service they have a convenient drive up window. When Bill Cohen had the idea of opening a McDonald's in Post, it was with the idea that this modern restaurant would be greatly appreciated by the people of Garza county and surrounding areas, and we, the writers of this Good Neighbor Review of the Post business firms predict this will be proven to be true. Bill Cohen wishes to take this opportunity to invite the people of Borden County as well as all the surrounding areas to come in and visit them and see what they have to offer you. Phone 806/495-0495.

Germania Insurance Jerry Taylor – Agency

The reputation of Jerry Taylor Insurance Agency has been built upon his excellent insurance service, the satisfaction and good will of his many satisfied policy holders. One of the leaders of its kind in this section, this firm is under the management of a man who knows the insurance business and needs of his customers and furnishes a quality insurance service at fair prices. If you will come by his office, Jerry Taylor will be glad to go over your coverage with you and advise you on what additional insurance you might need. Or you may phone his office at 806/495-3330 and he will be glad to visit with you at your home or place of business and go over your insurance needs with you. After going over your insurance coverage and needs, he will advise you on how to meet any additional needs at the most economical price to you. At the present time he is serving a large number of people throughout this section in their insurance needs, whether for home or auto. In this review of the business and professional concerns of this section, we highly recommend Jerry Taylor Insurance Agency, your local Germania Insurance agent, located at 113 N. Ave. H in Post. Phone 806/495-3330 for any information or for an appointment.

Wells Fargo Bank

Wells Fargo Bank, located at 216 W. Main in Post is a member FDIC bank. A strong bank instills confidence in a community. Grow with your local bank. This bank is not only able but will care for every reasonable want of its customers. Our readers will find this bank a friendly bank, providing all of the facilities and services of a large city bank together with personal interest in every customer. So be prepared to take advantage of opportunity by depositing a reserve in this strong bank. When you are contemplating making an investment of any kind, it is a safe plan to consult the officers of this bank before you make that investment. A great deal of credit is due the officers and directors, who have done their best toward the developing of the farming, ranching and other interests of this area. The Community Board Members of this bank are fine, public spirited men who believe in this area and feel that there are better days ahead for the energetic person who works with a plan backed by sound judgment and reasoning. We are pleased to recommend to our readers this outstanding bank in Post, Phone 495-2804.

The Twins Fashion Leveta Josey - Owner

People throughout this section shop at The Twins Fashion knowing that they can find everything in mens, women, and childrens clothing of a quality unsurpassed in this shopping area.

You will find them located in the center of Post at 210 E. Main for your shopping convenience. You will find that all their clothing is made of a quality of material and workmanship that is sure to please you. Leveta Josey and the employees will do everything in their power to please you. They will show you whatever you wish and make sure you are fitted properly. They carry a complete and comprehensive stock and are well known for their selection and courteous service. They carry a stock of well known brands at all times. So no matter what your needs may be in clothing for the entire family The Twins Fashion is the place for our area. They have been serving the people of this area of West Texas for a number of years and hope to keep serving you for many, many more with good friendly service. Also you will find here a large selection of Red Wing Boots in a larger and varied stock at all times in all sizes. They also carry a large line of gifts for the entire home, wedding or any special occasions. Make this your shopping headquarters for all your clothing needs as well as gifts for all occasions and all your Red Wing Boots. We in this Good Neighbor Review take great pleasure in directing the attention of all our readers to such a friendly and reliable establishment. Leveta Josey invites all people to come in and visit them and see what they have to please you. Make this firm "Your Gift Headquarters" for friends and family. Phone (806)495-3387.

Hometown Pharmacy

Lisa Peters - Owner

Hometown Pharmacy is conveniently located in downtown Post at 132 W. Main, where pharmacy is a profession. They are well known throughout this area for the finest service and the highest quality in all your pharmaceutical needs. They carry a large stock at all times, whereby you can be assured of having your prescription filled quickly. A registered pharmacist is on duty at all times to see that your prescription is scientifically filled and who can determine that will interact properly with and allergies or illness you may have. "Quick Service" is their motto, so you can call in your prescription at 495-2535 and it will be ready for you when you arrive or it can be sent by mail if you live out of town in a rural area. It can be in your mailbox the next day. We in this Good Neighbor Review of the Post Business and Professional firms do highly recommend this prominent pharmacy to all our many readers. Remember phone 806/495-2535.

The Norman Agency

For all kinds of insurance call on The Norman Agency, located at 204 E. Main in Post, Texas. This firm represents some of the largest companies and they are ready to serve you in your every insurance need. They are now serving a great number of people in this section with auto, accident, property and life insurance. There are so many things over which we have no control, both of a personal and property nature, that you owe it to yourself and your family to insure against these things which do happen. When you think of insurance, think of The Norman Agency. Go over your needs with them and they will be able to assist you in selecting the kind of insurance suited to protect you adequately. Once they have made a study of your problems, you will be advised how best you can meet the need at a minimum cost. You are invited to come in and discuss insurance with no obligation on our part and see for yourself if your protection is sufficient for all your needs. In this review we feel a sense of satisfaction in recommending this firm in Post for insurance of all kinds. Phone 806-495-3050 for any information.

-- Randy's Roundup --

A Weekly Newsletter from Congressman Randy Neugebauer

Groundbreaking on New Homes at Dyess

This morning I had the honor of participating in a groundbreaking ceremony at Dyess Air Force Base. This event marked an important step in the major effort to add hundreds of new housing units for the military families serving at Dyess. The replacement of outdated and substandard homes will be made possible through federal funding. In recent years, I have worked with my colleagues in Congress and President Bush to secure the funding for the housing so that our military families can live in quality homes while serving at Dyess. I look forward to seeing the final product, and I hope that the men and women of Dyess will find comfort in their new homes.

More Good News for the U.S. Economy

The U.S. Department of Labor released its June economic numbers last week, and the results had good news for the U.S. economy as jobs were created for the 34th con-

secutive month. According to the Bureau of Labor Statistics, the American job market added 121,000 new jobs in June and maintained a low 4.6 percent unemployment rate. When added to previous job growth, the U.S. economy has witnessed the creation of more than 5.4 million jobs since August of

Along with a strong rise in the stock market, these new jobs - and the increase in tax revenue that comes with them - are contributing to a significant reduction in the deficit this year. The official announcement will be made later this week, but early news reports indicate that the deficit will be about \$100 billion less than first predicted. This is welcome news. Congress must now follow up on this news by doing more to rein in wasteful spending in order to fully eliminate the deficit. To achieve this goal, I will continue to support efforts that make Washington more accountable in how it uses taxpayer dollars.

Seniors Seeing Benefits of Medicare Part D

As many Roundup readers know, the Medicare Prescription Drug Benefit (Part D) went into effect on January 1 of this year. After six months, indications show that this program has been successful. There have been glitches that Medicare has had to work through, but the numbers show that more and more Americans are getting cheaper prescription drugs.

As of the end of June, more than 38 million seniors are receiving prescription drug coverage. In fact, more than 90 percent of our country's seniors now have drug coverage and are saving an average of \$1,100 a year on their prescription drugs. Seniors in the 19th district are also benefiting. The number of Medicare beneficiaries in our district with prescription drug coverage has doubled from 38,000 before the benefit to more than 72,000 with coverage at the end of June.

-- Randy

50 Years of Highways

Cont. from pg. 1

our state's 48,000 bridges. The road to South Padre Island runs along the coast before crossing the Texas' longest bridge at 2.4 miles, the Queen Isabella's Causeway. Of course, Route 66, which is prominently featured in the summer hit movie "Cars," cuts across panhandle through Amarillo.

The most famous Texas road is El Camino Real de Los Tejas. This 2,580-mile long trail weaves across our state and through our history. Followed by explormissionaries, settlers, even revolutionary soldiers for almost 150 years, the Camino Real was the first great road in Texas. In 2004, the Senate enacted my legislation to designate this route as a U.S. National Historic Trail, recognizing the trail's place in our history.

The U.S. interstate highway system has successfully fulfilled President Eisenhower's dream of quickly sparkling Laguna Madre on and conveniently connecting America. In his 1963 memoir, he wrote of the Federal-Aid Highway Act of 1956, "More than any single action by the government since the end of the war, this one would change the face of America with straightaways, cloverleaf turns, bridges, and elongated parkways. Its impact on the American economy — the jobs it would produce in manufacturing and construction, the rural areas it would open up - was beyond calculation." It is hard to imagine what America would look like today without our highway system, and in 1990, to honor President Eisenhower's vision, President Bush signed legislation renaming the highway system, "The Dwight D. Eisenhower System of Interstate and Defense Highways."

> As families take to the road for summer vacations, they will appreciate the vast, diverse country in which we are privileged to live.

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A Spray Away: Insect Repellent Best Way to **Prevent West Nile**

With warm weather here to stay, mosquitoes are multiplying across the state some of them carrying the West Nile virus. But there is a simple way people can bit back: insect repellent.

"Use a good insect repellent. Use it every time you are outdoors. That's the No.1 thing people can do to protect themselves from mosquito-borne illnesses," said Jim Schuermann with the Zoonosis Control Group at the Texas Department of Health Services (DSHS). "It's tough to tell people to wear long sleeves and long pants in the Texas heat."

West Nile virus can cause serious illness in humans. Mosquitoes get the virus from feeding on infected birds. West Nile virus cases usually begin in late spring, peak in early August and continue through the fall. Last year, 128 human cases of West Nile virus were reported in Texas including 11 deaths.

"West Nile virus is here. We know it's not going away,. Now is the time people need to think about prevention," Schuermann said. "If you go outside, wear repellent."

Look for insect repellents that contain DEET, picaridin or oil of lemon eucalyptus. According to a 2005 DSHS analysis, 60 percent of the people who got the most serious forms of West Nile never used infection repellent.

"Use a good repellent on bare skin and follow the directions on the label," Schuermann said. "DEET is the standby - long-lasting

based repellents are new, and recover on their own. tend to smell better and are But the virus can cause less oily. Lemon eucalyptus- serious illness. based repellents are ideal for chemical repellents."

DSHS offers these recommendations:

- Store insect repellent at the front and back doors of your home and apply when you go outside. Keep extra repellent in outdoor areas such as patios and decks.
- Mosquito-proof your house. Make sure door seals are secure and window screens are intact.
- Drain standing water from around your home. Empty cans, buckets, tires, rain gutters and saucers under potted plants regularly. Change the water in pet bowls, bird baths and wading pools several times a week.
- Limit the amount of time you spend outdoors from dusk to dawn. These are times when those mosquitoes likely to carry injections are most active.

The risk of exposure to West Nile virus is relatively small. Not all mosquito species can transmit the virus. Of the species that can, only about one in 100 mosquitoes will carry the virus. Eighty percent of people infected with West.

effective. Picaridin- Nile virus have no symptoms

Symptoms of the milder people who are sensitive to - forms of West Nile illness or just don't like using - include fever, severe headaches, muscle and bone aches, nausea and drowsiness. Symptoms of more serious forms of West Nile illness include a stiff neck, visual problems, altered taste, body tremors, mental confusion, memory loss and seizures. Symptoms usually appear form three to 14 days after a person is bitten.

People most at risk of developing symptoms include those older than 50 and those with compromised immune systems. If West Nile illness is suspected, people should contact their local health care provider. A blood test can confirm West Nile infection. There is no specific treatment for West Nile infection.

West Nile virus was first identified in Texas in 2002 and has since been found throughout the state. DSHS conducts surveillance testing on mosquitoes in many areas of the state. DSHS also provides kits to local health departments, animal control facilities, veterinarians, county extension offices and other local entities for testing birds for West Nile virus.

People should not handle dead birds with their bare hands. Instead, use a shovel, protective gloves or plastic bags. Throw birds away in an outdoor garbage can. Most birds deaths pose no threat to human health, but if West Nile virus is suspected contact your local health



Let Me Get My Hat!

By Dennis Poole, Borden County CEA-Ag.

Extension programs serve people of all ages regardless of socioeconomic level, race, color, sex, religion, disability, or national origin. The Texas A&M University System, U.S. Department of Agriculture, and the County Commissioners Courts of Texas

Belt Buckle Bonanza

On July 1st and 2nd, two 4- Miller Valentine - Class 5 H families traveled to Waco Finewool Cross - 1st Place, to exhibit their animal Class 4 Medium Wool - 3rd projects at the Belf Buckle Place, Class 8 Medium Wool Bonanza. Results are as - 4th Place, Class 10 Medium Wool - 2nd Place, Reserve follows:

Breed Champion and Lambs: Reserve Grand Champion Show A:

Merik Valentine - Class 2 Overall. Southdown - 11th Place; Steers: Class 4 Medium Wool - 5th Show A:

Kalli Poole - 3rd Place HW Miller Valentine - Class 5 Gert, 1st Place LW Brahman, Finewool Cross - 2nd Place; and Breed Class 4 Medium Wool - 3rd Brahman

Place; Class 8 Medium Wool Show B:

- 2nd Place, and Class 10 - Kalli Poole - 1st Place HW Medium Wool - 2nd Place. Gert and Reserve Breed Champion, 1st Place LW Show B: Merik Valentine - Class 2 Brahman and Southdown - 4th Place and Champion Brahman

Class 4 Medium Wool - 2nd Congratulations to all these exhibitors and their families!

NOTICE OF PUBLIC MEETING REGIONAL WATER PLANNING

The Region F. Regional Water Planning Group (Region F) will receive suggestions and recommendations from the public on the issues that should be addressed or provisions that should be included in the scope of work for the amended regional water plan during the third cycle of regional water planning at a public meeting. Notice is also given that the Colorado River Municipal Water District (CRMWD) will submit an application for financial assistance to the Texas Water Development Board (TWDB) to carry out the scope of work on or before September 14, 2006. The District has been declared the political subdivision representing Region F, a region located in West Texas which includes Andrews, Borden, Brown, Coke, Coleman, Concho, Crane, Crockett, Ector, Glasscock, Howard, Irion, Kimble, Loving, Martin, Mason, McCulloch, Menard, Midland, Mitchell, Pecos, Reagan, Reeves, Runnels, Schleicher, Scurry, Sterling, Sutton, Tom Green, Upton, Ward and Winkler Counties.

The public meeting will be held on Friday, August 11, 2006 at 1:30 p.m. at the offices of the Colorado River Municipal Water District located at 400 East 24th Street, Big Spring, Texas.

Written and oral comments regarding the scope of work will be accepted at the public meeting. Comments may be submitted to the following address:

Region F Regional Water Planning Group - John Grant, Chair c/o Golorado River Municipal Water District P.O. Box 869, Big Spring, Texas 79721

Copies of the grant application may be obtained from the Region F. Regional Water Planning Group when it becomes available. Written comments regarding the grant application must be submitted to the Region F Regional Planning Group by 5:00 p.m. on September 11, 2006 and to J. Kevin ward, executive Administrator, TWDB, P.O. Box 13231. Austin, TX 78711-3231 For additional information, please contact John Grant at (432)267-6341 or by mail at the address listed above.