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See expanded weather on Page 2

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# THE PAMPA NEWS

Sunday, July 1, 2007 Volume 103 • No. 75 50¢ Daily • Sunday \$1.25

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## City proposes to charge county more for fire protection

By **DAVID BOWSER**  
Staff Writer

The city of Pampa wants to charge Gray County more for fire protection.

Pampa City Manager John Horst reported during a work session Tuesday that he had proposed an increase in the fire contract with Gray County.

The county supports several volunteer fire departments, but has a \$120,000 annual contract with the Pampa Fire Department to cover part of the county.

Horst said the city had proposed increasing that to \$150,000, but Gray County Judge Richard Peet wants to keep it at \$120,000.

"The county does not want to raise the contract," Horst said.

Commissioner Brad Pingel, noting that property values had increased in Pampa, questioned whether or not property values had also increased in the county.

Mayor Lonny Robbins said it was difficult to base the fee on runs by the city fire trucks. He said the fee should be based on property value.

Property tax revenue for the coun-

ty, however, has dropped because of mineral production.

Horst said that in addition to sending trucks to fires out in the county, the Pampa Fire Department also sends personnel on medical assists and vehicle wrecks.

Pampa Fire Chief Kim Powell said to allow the contract to continue at \$120,000 would mean the city would be using new fire equipment without the county paying anything for the upgrades.

She also said the people who live in the area served by the Pampa Fire Department are able to get better

insurance rates and that many in the industrial area along Price Road want the city to continue to provide service.

Horst said that if the city and county can't come to an agreement on a new contract, they might have to create a fire district and let the people who live there pay the bill.

"I think you can come to an agreement," said Commissioner Robert Dixon.

The present fire contract expires Sept. 30, Horst said.

## Pampa man finalist for TDCJ Teacher of the Year

By **KERRI SMITH**  
Staff Writer

A Pampa resident could be teacher of the year for the Windham School District, which is the school district for Texas Department of Criminal Justice. Greg Sims is one of the eight finalists out of approximately 720 teachers who teach inmates in the Texas prison system.

"When I got the call a few weeks ago telling me that I was one of the eight finalists, I thought it was one of my friends playing a trick on me," Sims said. "It is a great honor to just be a finalist. I'm very excited because I love my job, which is teaching others a skill that can hopefully help them to go out into the world and make an honest living. If I won the lottery, I would make sure everyone in my family was taken care of, but I would continue my job as a teacher at the prison."

Sims has been a teacher with TDCJ for 14 years, nine at Pampa's Jordan Unit and the past five at the Neal Unit in Amarillo. He was part of a family-owned electrical business until the business was lost in the 1990's. He worked on his own for a few years, but a heart attack caused him to lose all of his



Photo courtesy of Windham School District

**Greg Sims, a finalist for teacher of the year, teaches electrical vocational class to inmates at the Texas Department of Criminal Justice Neal Unit in Amarillo.**

customers. When he heard about the teaching position at the prison, he basically just took it to have a job and help his family get by, but it soon turned into a job that he truly loves.

He teaches plant maintenance, which is a vocational career and technology class that consists of electrical basics, safety, construction

math, power and hand tools, blueprint reading and some computer work. To receive a certificate of completion, the inmates have to complete 600 hours of class time and pass tests that are both multiple choice and open book.

"I give open book tests because I know that in the

See **SIMS**, Page 3

## School dress code rules on page 3

## Ambassador to make appearance here

By **KERRI SMITH**  
Staff Writer

The speaker at the Pampa Lions Club meeting Thursday is a Cambodia refugee who came to the United States with \$2 in his pocket, went to Columbia University on a scholarship, volunteered for a presidential campaign and ended up being the 28th U.S. Ambassador to the United Nations Economic and Security Council.

And to top it off, Ambassador Sichan Siv married a Pampa High School graduate, Martha Pattillo.

He will be the speaker at the Lions Club meeting from noon to 1 p.m. Thursday in the basement of the First United Methodist Church on East Foster, near the post office. Anyone who is interested in hearing Siv speak while eating lunch is welcome. The only request, to assure there are enough seats, is to RSVP to Greg



**Siv**  
Brown by Wednesday at 665-5707.

Siv travels around the United States and the world speaking about the American Dream in the hope of motivating and inspiring others. In his presentation, he speaks of missing the last U.S. evacuation helicopter by 30 minutes on April 12, 1975, when he chose to attend a meeting to arrange food and medical supplies

See **SIV**, Page 3

## Pickup prize




Pampa News photo by **MARILYN POWERS**  
**Robert Douglas of the Top O' Texas Rodeo Association is one of the rodeo directors selling tickets which are good for one chance each to win the 2007 Dodge Ram 1500 pickup shown above. Tickets are \$10 each and are available from any rodeo director or at the rodeo office in the Community Building, 200 N. Ballard. The truck will be parked at Wal-Mart Supercenter, 2801 Charles, today, and tickets will be available. The pickup will be given away in a drawing held Aug. 25, the last night of the annual Top O' Texas Rodeo, at the rodeo grounds in Recreation Park. Entrants need not be present at the time of the drawing to win the truck.**



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**NEXT DAY FORECAST**

Sunday	Monday	Tuesday
		
Partly cloudy	Partly cloudy	Partly cloudy

Sunday: A 20 percent chance of showers and thunderstorms. Partly cloudy, with a high near 85. Calm wind becoming east-southeast between 5 and 10 mph.

Sunday Night: A 20 percent chance of showers and thunderstorms. Partly cloudy, with a low around 65. South-southeast wind between 10 and 15 mph, with gusts as high as 20 mph.

Monday: A 20 percent chance of showers and thunderstorms. Partly cloudy, with a high near 85. South wind between 10 and 15 mph, with gusts as high as 25 mph.

Monday Night: Partly cloudy, with a low around 66. South wind between 10 and 15 mph, with gusts as high as 25 mph.

Tuesday: Partly cloudy, with a high near 88. South-southeast wind between 10 and 15 mph.

Tuesday Night: Partly cloudy, with a low around 66. South wind between 5 and 15 mph, with gusts as high as 20 mph.

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*Obituaries*

*Services tomorrow*

**Services MONDAY**

**GRAYUM, Dale Bernice** — Graveside services, 10 a.m., Memory Gardens Cemetery, Pampa.

**James E. 'Jim' Hill, 61**

LEFORS — James E. 'Jim' Hill, 61, died Friday, June 29, 2007, in Pampa.

Cremation was by Bailey-Ware Funeral Home of McLean.

A memorial service is planned for 10 a.m. Tuesday at the Lefors Church of Christ. Gene Gee, a longtime

friend, will preside.

Mr. Hill was born May 28, 1946, in Memphis, Texas. He married Sandie in 1970, and they celebrated their 37th wedding anniversary



Hill

June 20.

He was known for his work ethic. He was a heavy equipment operator and roustabout in the local oil field. He moved to Lefors and attended Lefors

High School.

Survivors include his wife Sandie of the home; a son Ike of Lefors; three sisters; three grandchildren; and three great-grandchildren.

He was preceded in death by his parents, Chester and Beatrice Hill.

**Lee B. 'Chief' Hobbs, 90**

Lee B. "Chief" Hobbs, 90, of Pampa, Texas, died June 29, 2007, at Pampa.

Services will be at 2 p.m. Monday, July 2, 2007, at Central Baptist Church with the Rev. Norman Rushing, pastor, and the Rev. Rick Parnell, associate pastor, officiating.

Burial will be in Fairview Cemetery under the direction of Carmichael-Whitley Funeral Directors.

Mr. Hobbs was born Feb. 22, 1917, in Burkburnett where he attended school.

He married Edith Norman on Nov. 5, 1945, in Burkburnett. She preceded him in death on Feb. 18, 2007.

He came to Pampa with FWA Drilling Company in 1952. He worked for Service Drilling from

1966, until retiring in 1986 as their drilling superintendent. After his retirement, he enjoyed gardening and fish-



Hobbs

ing.

He was a member of Central Baptist Church and was a veteran of the U.S. Army.

Survivors include one son, Dan Hobbs and wife Zonell of Pampa; two granddaughters, Susan Hobbs of Amarillo and Cindy Hobbs of Pampa; and three sisters, Frances Smith of Conroe, LaHoma Dixon of Borger

and Callie Mae Bryan of Burkburnett.

He was preceded in death by his parents; two brothers, E.W. Hobbs and Robert Lynn Hobbs; and one sister, Ozell McClaskey.

MEMORIALS: Central Baptist Church Building Fund, 513 E. Francis, Pampa, TX 79065.

—Sign the on-line register book at [www.carmichael-whitley.com](http://www.carmichael-whitley.com).

**Dale Bernice Grayum, 77**

Dale Bernice Grayum, 77, of Pampa, Texas, died June

30, 2007, at Pampa.

Graveside services will be Monday, July 2, 2007 at 10 a.m. at Memory Gardens Cemetery with Bishop Melvin Harris, minister at Columbus Family Worship Center in Columbus, Texas, officiating.

Arrangements are under the direction of Carmichael-Whitley Funeral Directors.

She was born Sept. 20, 1929, in Webb City, Okla. She married Charlie Grayum in Clovis, N.M., in 1951, he died in 1994.

She has been a resident of Pampa since 1947. She was a member of Priest Park Church of God and the Garden Club. She owned and operated Knick Knack Shop in Pampa, and she

worked at the Marie Foundation for several years as a quality inspector.

She was preceded in death by her parents, John and Belle Rogers; one brother, J.C. Rogers in 2004; one granddaughter; Amanda Stecker in 2006; and one great-granddaughter, Angel Stecker in 1994.

Survivors include two daughters, Cynthia Ann Mann and husband William, and Cathy Sue Reed and husband Joe both of Pampa; two sisters, Mildred Wyatt of Pampa and Imogene Stanford of Avoca, Ark.; one sister-in-law, Jackie Barrett of Pampa; four grandchildren, Amy Jones and husband Trent of Amarillo, Charles Mann and wife Kendra of Pampa, Jennifer Helsley of Pampa, and Brian Mann and wife Mandee of Pampa; 13 great-grandchildren, Jordyn Jones, Darian Laubhan, Zandria Helsley, Tristan Helsley, Katie Mann, Brandon Mann, Ethan Mann, Dawson Mann, Haven Mann, Trey Mann, and Nathaniel Mann all of Pampa, Garrett Stecker and Emily Stecker both of Ontario, Calif.; several nieces and nephews; several great-nieces and nephews; several great-great-nieces and nephews; and one great-great-great-niece.

MEMORIALS: BSA Hospice, 800 N. Sumner, Pampa, TX 79065.

—Sign the on-line register book at [www.carmichael-whitley.com](http://www.carmichael-whitley.com).

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**EARLY ADVERTISING** Deadlines for the Pampa News: Display Ads (not in classified) to be in Fri. July 6th paper, deadline is Tues., July 3rd at noon. For Classified and City Brief ads for Wed. July 4th, deadline is Tues., July 3rd at 12 noon and for ads for Thurs. July 5th, deadline is Tues. July 3rd, 4pm. Have a great holiday! Questions?? Call 669-2525.

**FRESH VEGETABLES.** Tomatoes, onions & other vegetables. 835-2253

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**MEALS ON Wheels** will be closed on Wed. July 4th.

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**PAMPA CHRISTIAN** School now accepting enrollments for K-12 thru July 17. 669-7830, 500 E. Kingsmill.

**PAMPA SHRINE** Club Catering Avail. for company parties & banquets. Rent available for company parties & family reunions. 50-200 people. 30X50 (approx 2600 sq ft). For more info call Ben Watson, 665-3359.

**DEADLINE FOR** Life-styles Announcements for Sun. July 8th is Tues. July 3rd., at noon. (Engagements, Weddings, Anniversaries, Babies, Newsmakers, etc.)

**PAMPERED PETS** Boarding & grooming. 662-1236.

**PUPPY PARLOR** Affordable Dog Grooming, 662-7352

**SHUTTERBUG PHOTOGRAPHY** will be hosting the 3rd annual "Pictures in the Park"! July 14th. No sitting Fee. - 669-1441 for appt.

**UNITED STATES** Ambassador to the United Nations, Sichan Siv (of Cambodia) will be at the July 5th Lions Club Meeting along with his wife Martha Pattillo (PHS graduate). Noon at First United Methodist Church Basement. No Charge- lunch provided Call by July 3rd to reserve your seat, Greg Brown, 665-5707.

**Andy's Prayer**

*This is the beginning, and somewhat of the end. The end of what has been a search for satisfaction, and the beginning of satisfaction found. I have been looking for someone or something to fill in the empty places in my life. But at the same time, I knew where to look but I just never did. I know that I have been looking in all of the wrong places, because it never lasts long. Before I start on the end I ask the Lord Jesus to take me by the hand, to guide me down the narrow path that He and the Father want. I give up all my rights and wicked ways, and ask the Lord to wash me clean of all my sins. I ask the Lord to forgive me of all that I have done, and to teach me how to live the way He would have me to live, and at the same time, I forgive those who have mistreated me. This I ask in Jesus' name. Amen.*

Thank you for all of your loving thoughts and prayers.

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## Pampa ISD dress code

This is the new Pampa ISD Student Dress Code that was approved by the school board on Thursday to become effective for the 2007-2008 school year. It will also be posted on the school's Web site [www.pampaisd.net](http://www.pampaisd.net).

The proposed recommendation seeks to raise expectations among our students, promote academic excellence, promote grooming and hygiene, instill discipline, prevent disruption, promote safety and teach respect for one another. Campus standards for students in grades PK - 3 will be defined in each campus handbook.

### General Rules for Grades 4-12:

- All lower garments must be worn to ensure that the midsection is covered at all times.
- All lower garments must be worn at the waist, fitted properly hemmed or cuffed.
- All lower garments must be worn in a manner which eliminates the presence of sagging at all times.
- All upper garments must have sleeves and must be worn in a manner which eliminates exposure of the chest or cleavage, shoulders, back, armpits, midsection and undergarments.
- If belts are worn, they must be cinched, sized appropriately, worn through all belt loops and contain no inappropriate writing or studded jewelry attachments.
- Shoes must be worn at all times and house shoes are not acceptable.
- Undergarments are required and shall not be visible at any time.
- All clothing must be sized appropriately, be in good condition and free from any holes, tears or fraying, except at the hem or cuff. Patches may be worn on clothing if the patch is of

- like color and fabric.
- Shorts, skirts, skorts and dresses must be knee length.
- Writing on shirts is limited to support of school spirit and/or local student school groups. A logo 3 inches in diameter or less is permitted.

### Unacceptable Dress for Grades 4-12:

- Caps, hats, gloves and head coverings are not permitted to be worn indoors.
- Sweatbands, bandannas and hairnets are not permitted to be worn, unless required by class.
- Gym shorts, spandex, nylon or stretch type of material may not be worn as outerwear.
- Trench coats and dusters are not permitted.
- Clothing may never be worn in a manner which reflects gang affiliation.
- Clothing containing any form of tobacco, alcohol, drugs, lewd, sexual innuendoes, vulgar, racial slurs or inappropriate writings, pictures or embroidered emblems are not permitted.
- Cheerleading outfits that do not conform to the dress code are not permitted to be worn at school except during pep rallies.

### Outerwear for Grades 4-12:

- Coats, jackets, windbreakers, sweatshirts or hoodies with zippers or other outerwear may not be worn in the classroom unless an exception is granted by the teacher.

### Jewelry, Tattoos and Hair - all students

- All facial piercings (to include tongues) are prohibited for both genders.

- Students are allowed to wear piercings in their ears.
- All tattoos must be covered at all times.
- Spiked jewelry and chains are not permitted at any time.
- Hair is to be neat, clean and well groomed.
- Hair should be of a natural color.
- Hair should not obstruct vision and should not be a distraction to others.
- Eyebrow notching is not permitted.

### Exceptions

- Deviations from the dress code for the purpose of promoting school spirit, holidays or special events are left to the discretion of the campus principal.
- With respect to dress code variances based upon medical or religious reasons, documentation from a medical provider or established religious authority will suffice for such variances to be granted.

### Decisions and judgments

- At the campus level, the campus administrator will have complete and final judgment on all matters concerning the interpretation of the student dress code. Matters concerning appearance and dress not specifically covered within the dress code policy shall be within the discretion of the superintendent. The PISD Board of Trustees must approve any changes or revisions to the dress code policy.
- The PISD Board of Trustees should implement this proposal. In the event that this current proposal is not succeeding as planned, additional adjustments should be considered immediately.

## Siv

Continued from Page 1

for 3,000 stranded refugee families in an isolated province.

He survived two Khmer Rouge death sentences and slave labor, working 18 hours a day and just getting one meal to eat each day. He escaped by jumping off a logging truck and tracking through the jungle for three days with nothing to eat or drink. He was severely wounded by a booby trap in Thailand and was jailed for illegal entry. He was later transferred to a camp where he taught English to fellow refugees.

A refugee sponsor family in Connecticut took him into their home in June 1976. For a job, he picked apples, washed dishes and cooked hamburgers in Connecticut and also drove a taxi in New York City.

"I volunteered for the presidential campaign of George Bush, who made me one of his deputy assistants at the White House, exactly 13 years after my escape to freedom began," Siv said. "I came to learn that my mother, along with my older sister, brother and their families, had been clubbed to death by the Khmer Rouge. Of the 16 of us who left Phnom Penh together on April 17, 1975, I am the only survivor."

## LEFORS

We want to thank the citizens, the town and everyone involved for their support; spiritual, financial and moral. We cannot put into words what this town means to us and what it meant to Willie. This was and always will be his home. We would like to extend a special thanks to Rick Pearson, Chris Webb, Johnny Woodard, Lefors High School, Pampa Flowers, First Baptist Church and Lefors City Employees for making this unforgettable and special.

*Thank You All,*

David • Vicki • Dante  
Michelle • Michael • Victoria

## Sims

Continued from Page 1

real world an electrical contractor can look most of this information up in books or on the computer," Sims said. "The main objective of this class is to teach inmates a trade they can use when they get out of prison. All of the inmates at this unit have been convicted of a felony so we know they won't hold management positions. We just want them to be able to get a job and earn an honest living for them and their families. A lot of these men don't have an education past the eighth grade."

Sims starts every morning by shaking the hand of every student and saying good morning. If he knows of something the inmate is going through with family on the outside, he always tries to ask how things are going.

"I want these men to know they are worthwhile and try to give them back some of the self esteem and confidence they've lost," Sims said. "Many of these men were told they were losers and would never amount to anything and have been told that since childhood. They are paying their debt to society by being in prison and serving their time so they need to

concentrate on learning while they are in here and try to get out and live the right way."

Sims is married and has four children and 6 1/2 grandchildren (one on the way). His wife has Alzheimer's so that makes life challenging at home. His 84-year-old father also lives with him. Every day, after he gets back to Pampa from teaching, he takes his dad and wife to the Coney Island to eat.

"We've been doing that for about 2 1/2 years now," Sims said. "My dad is very particular about his food and he orders a cheeseburger with mustard only, no chili or onions. The girls that work there always set back a couple of pieces of buttermilk pie for my wife and dad."

To be considered as teacher of the year, Sims had to submit a professional reflection and a resume. In May, a team from Huntsville came and observed his teaching skills in the classroom and also observed the other seven finalists as well. On Aug. 17, the winner will be notified as being the teacher of the year. Sims said the winner will probably receive a plaque. In the fall, all eight finalists will travel to Huntsville to meet with the Windham school board and finally get to meet each other.

## Sheriff fails driving test

ANDERSON, S.C. (AP) — A local sheriff was driving for so long on an expired license he had to take a driver's test to get it back — and failed.

Anderson County Sheriff David Crenshaw said he drove around for 14 months on an expired license because he thought it was good for 10 years instead of five.

He had to take the driving test to get his license and flunked on his first try.

## PISD board meets Monday

A special Pampa Independent School District board meeting will be held to discuss and possibly approve a bid for asbestos abatement and renovation at the Pampa High School fine arts building at 5 p.m. Monday at Carver Center, 321 W. Albert.

## VIJAY K. MOHAN, M.D., F.A.C.S., MEMBER S.A.G.E.S.

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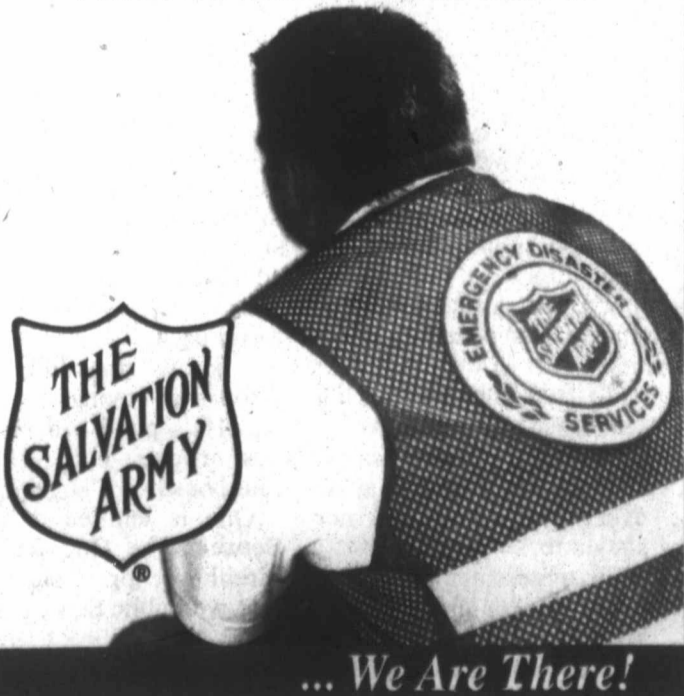
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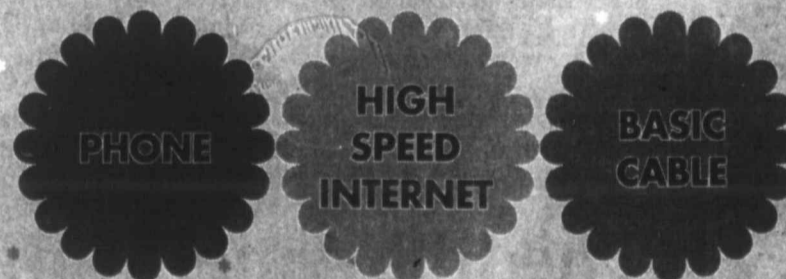
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# Viewpoints

## Balancing property rights with growing population

As someone born and raised on a cotton farm, protecting private property rights is part of my political DNA. That's why two years ago I joined a large majority of legislators in responding to the onerous Kelo decision by the U.S. Supreme Court that stated the U.S. Constitution does not prevent government from taking private property and giving it to another private party for economic development. In 2005 we passed a law that guaranteed Texans' land would never be taken and given to the highest bidder for private economic development purposes. In other words, the family farm should not be seized simply because private developers have a vision for bigger profits from a mall, or some

other private venture. Critics of my recent veto of House Bill 2006, which addressed eminent domain, have wrongly stated that I set back efforts to address the Kelo decision. The fact is, the bill had nothing to do with Kelo, and they are simply using Kelo as a false, but convenient, whipping post to stir up property owners. Discussion about whether government should be allowed to take land for certain types of projects is an important debate. However, HB 2006 was not about protecting private property from being taken by eminent domain. Rather, it was about how much taxpayers must pay when private land is going to be taken. I strongly supported HB 2006 right up until the final

days of the legislative session before last minute amendments were added that would have cost taxpayers more than \$1 billion annually and provided condemnation lawyers a new cottage industry to get rich based on changes in the law that would have allowed them to make profits based on frivolous claims.

**Rick Perry**

Governor

As passed, HB 2006 would have allowed condemnation lawyers to sue cities, counties and the state for any reason and any amount imaginable when the state acquires land through eminent domain. No government entity likes to use

the power of eminent domain. But it is a necessary power if we are to build the roads, schools and health care facilities needed to keep up with our huge population growth. A reality often forgotten, or brushed to the side, is that every new road, school office building, park, hospital and home built in Texas has been or will be built on private property. That property, whether acquired through a private business deal or through authority vested in the government to impose eminent domain rights, is appropriately purchased — and paid for — at or above

market price. The law already protects Texans when it comes to the price offered for purchase. HB 2006 would have gone beyond fair market value by creating a new category of subjective damages that would have been rife for exploitation by condemnation lawyers. Think of it like the trial lawyer who could sue for a million dollars over spilled coffee. Too much road construction dust could trigger a lawsuit by a business owner claiming it impacts access to their business. The addition of a new stoplight to make a road safer could trigger a lawsuit. The placement of a new school could be reason enough to sue. For a condemnation lawyer the sky was the limit with HB 2006

in its final form and taxpayers would be left to pick up the check. This is why virtually every major high-growth city and county in the state asked me to veto this bill. These leaders recognized, as I did, that this bill would have greatly hindered a local community's ability to manage population growth. The most common misunderstanding I hear about HB 2006 is that it somehow would have protected property owners from having their land taken. HB 2006 was strictly about how much the taxpayers would pay the landowner, not about whether the land could be taken. The bill would not have prevented even a single

See PERRY, Page 5

## Today in History

By The Associated Press

Today is Sunday, July 1, the 182nd day of 2007. There are 183 days left in the year. This is Canada Day.

Today's Highlight in History: On July 1, 1946, the United States exploded a 20-kiloton atomic bomb near Bikini Atoll in the Pacific.

On this date: In 1863, the Civil War Battle of Gettysburg, resulting in a Union victory, began in Pennsylvania.

In 1867, Canada became a self-governing dominion of Great Britain as the British North America Act took effect.

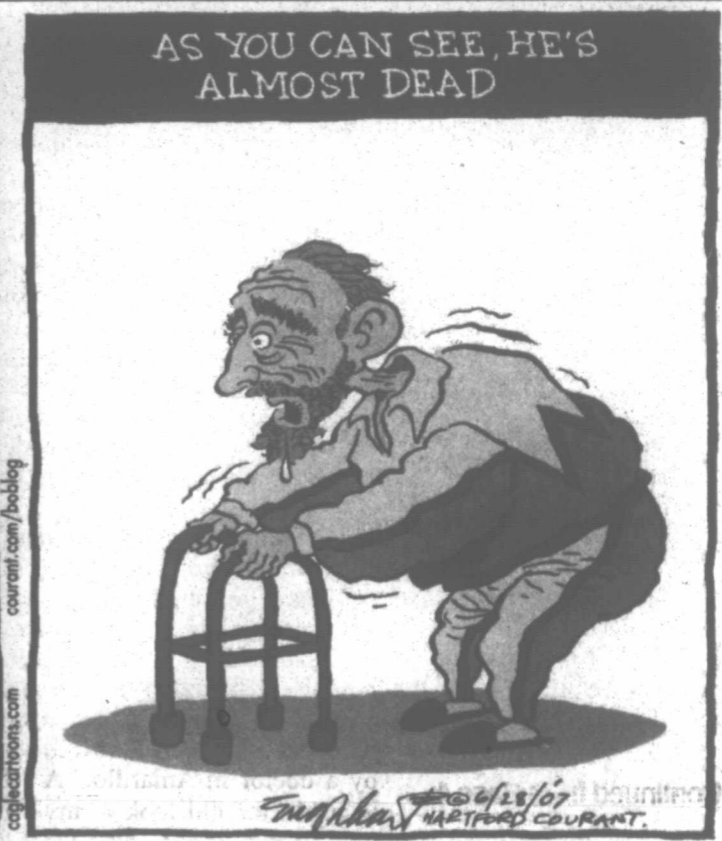
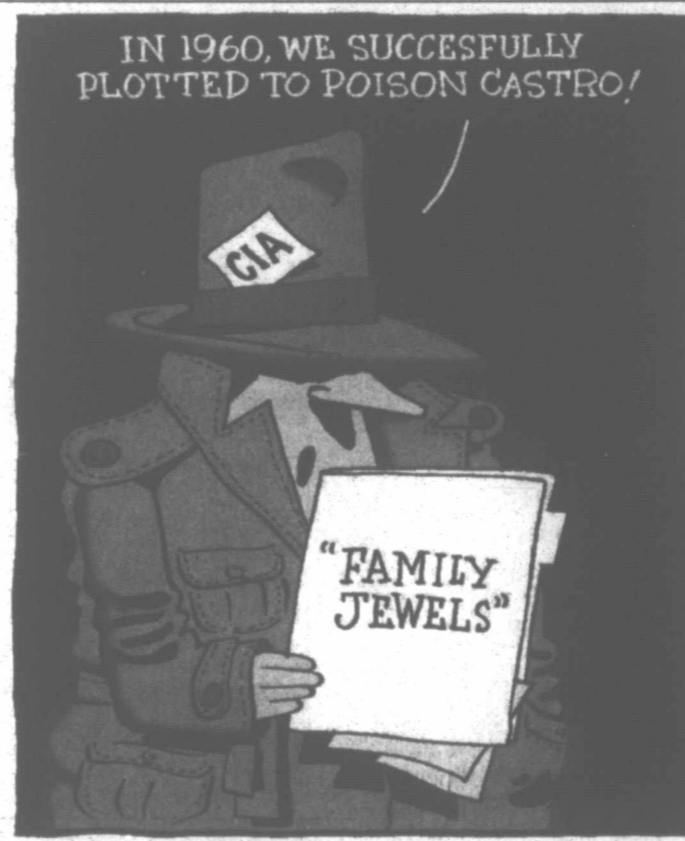
In 1898, during the Spanish-American War, U.S. forces, including Theodore Roosevelt's "Rough Riders," waged a victorious assault on San Juan Hill in Cuba.

In 1932, New York Gov. Franklin D. Roosevelt was nominated for president at the Democratic convention in Chicago.

In 1957, the International Geophysical Year, an 18-month global scientific study, began.

In 1961, Diana, the princess of Wales, was born in Sandringham, England. (She died in a 1997 car crash in Paris at age 36.)

In 1968, the U.S., Britain, the Soviet Union and nearly 60 other nations signed the Nuclear Nonproliferation Treaty.



## Our readers write

### City owes gratitude to good Samaritans who take up slack ...

Used to be Boy Scouts, Girl Scouts and groups of kids and neighbors helped after a weather event, such as the windstorms Pampa has experienced.

People were more helpful, as a whole, not too long ago. They did it because they showed the good of themselves more.

One would think they would show more now, too.

Yet, as a whole, we leave it up to the city or the government to take care of any problem.

One would think that more people would help out so taxes wouldn't go up.

No telling how much the total was for February's

cleanup, nor what the recent winds will cost.

Woke up one morning and again, there were tree parts and limbs scattered around. That same evening they were gone.

No city crew had done that.

Limbs in the middle of the road were gone.

Saw a man at one end of Doucette, cleaning the debris.

The other end of Doucette one very young man did the work.

About 9 p.m. the young man was still chainsawing and loading debris into his trailer at homes where he did

See LETTERS, Page 5

## It is better when Congress does nothing

People sure are unhappy with Congress. Gallup says its approval rating stands at 14 percent. The timeless wit and wisdom of Will Rogers explains why:

"Congress is so strange; a man gets up to speak and says nothing, nobody listens, and then everybody disagrees."

"We all joke about Congress, but we can't improve on them. Have you noticed that no matter who we elect, he is just as bad as the one he replaces?"

"When Congress makes a joke it's a law, and when they make a law, it's a joke."

Rogers spoke these words in the 1920s and 1930s, but they're just as true now. When voters put Democrats in office, they voted for change — voted for an end to partisan yapping. But the yapping has gotten worse.

They also voted for Democrats to end the sloppy,

arrogant, fiscally irresponsible ways of Republicans, but Democrats were happy to pick right up where the Republicans left off.

As for jokes that are laws and laws that are jokes, anybody happy with Congress' immigration reform initiatives?

Of course, according to Rogers, there's nothing new about the shenanigans of Congress:

"We cuss Congress, and we joke about 'em, but they are all good fellows at heart, and if they wasn't in Congress, why, they would be doing something else against us that might be even worse."

"Never blame a legislative body for not doing something. When they do nothing,

they don't hurt anybody. When they do something is when they become dangerous."

That is for certain. There are some nutty ideas floating around in Congress,

but so long as they never become laws, no harm is done. And because our government is divided, it's hard for either side to ram any agenda through. The country often runs better when Congress is unable to get things done.

Rogers saved some of his best barbs for the Senate, the allegedly august body of distinguished minds that is supposed to snuff out bad ideas and bills and advance good ones. Though even during Rogers' time, things hardly ever turned out that way:

"About all I can say for the United States Senate is that it opens with a prayer and closes with an investigation."

"Senators are a never-ending source of amusement, amazement and discouragement."

"The Senate just sits and waits till they find out what the president wants, so they know how to vote against him."

I'm amazed that Rogers could describe Sen. Harry Reid some 70 years before Reid became Senate majority leader. Reid truly is a fellow who is "not as narrow-minded as he forces himself to be."

That's what is most agitating about our Congress. Too many members on both sides of the aisle are narrow-minded, partisan and looking to advance their self-interests.

The average American See PURCELL, Page 6

**Tom Purcell**  
Columnist



## The Idle American: Educrat scales heights

Kenneth Ashworth, Ph.D., scaled great heights in the world of higher education with brilliance, commitment and diplomacy, not necessarily in that order. And that diplomatic bent is serving him as he changes gears from administration to academia.

Who else, pray tell, could hold teaching posts for the University of Texas and Texas A&M University at the same time?

Well, Dr. Ashworth is doing just that. The longest-tenured Texas commissioner of higher education (1976-1997) is presently teaching courses in public policy development and public administration and management at UT's LBJ School of

Public Affairs and at Texas A & M's George Bush School of

**Don Newbury**  
Columnist



Government and Public Service.

"You've got to be kidding," the printer laughed when Dr. Ashworth explained that he wanted a two-sided card, with different colors on each side.

You are way ahead of me, aren't you?

Yes, Dr. Ashworth wanted orange ink on one side, and maroon on the other.

In a nutshell, as higher

education commissioner, his state-mandated task was to coordinate and "make bet-

ter" all public colleges and universities in the state. (In these efforts, he fully recognized and appreciated the roles of independent institutions.)

To say that he was in a hot seat most of the time would be a classic understatement. I doubt very much that he ever sat in a cool one, nor sought to.

He represented all institutions, whether large or small, with the same fairness, logic and fervor. And he gained

respect, admiration and confidence from constituents throughout the state.

Now in his sixth decade of public service, he says he is "still trying to retire." My guess is he's having too much fun teaching graduate students the "how" of administration in theoretical settings where real bullets aren't used.

I know this Phi Beta Kappan is having fun writing. He's published numerous articles and authored four books.

One is entitled "Caught Between the Dog and the Fireplug" or "How to Survive Public Service."

See NEWBURY, Page 6

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# 'Easy' not in Dragon boat enthusiasts vocabulary

PORTLAND, Ore. (AP) — Dragon boat racer Carolyn Stewart grabs me by the arm and yanks me over to a circle of her aquatic comrades, who are standing on the bank of the Willamette River with life preservers on their backs and paddles held upright in their hands.

On cue, the women shout in unison: "Old Ladies Rock!"

After spending an hour and a half on the water observing them train, I am well prepared for the outburst.

They are Wasabi Power Surge, the nation's dragon boat champions for women age 40 and up. The oldest among them is a spry 76.

Out on the water, paddlers in two boats had grunted and strained, propelling the 400-pound fiberglass crafts swiftly over the water. Their concentration was intense - focused on synchronizing strokes, paddle technique and body position, and on the orders being barked by coach Connie Flesuras.

"Chins up! Good form, ladies!" she yelled from her

*The high point of the year is June, when races are staged during the city's Rose Festival. They began in 1989 with help from China and Portland's Chinese sister city, Kaohsiung.*

position on the bow.

As they practiced quick sprints, the strokes of the two dozen paddlers were so in sync and powerful that our boat felt like it was beginning to lift off the river. "Easy, easy!" said the 54-year-old coach. She turned to me and said, "Easy is not their thing."

Dragon boat racing, which began in China about 2,000 years ago, has spread around the world, including American cities coast to coast. And there may be no American city more zealous than Portland, which has more than 100 teams.

The high point of the year is June, when races are staged during the city's Rose Festival. They began in 1989 with help from China and Portland's Chinese sister

city, Kaohsiung.

Thomas Crowder, who competes for a team called the Golden Dragons, is president of the Portland-Kaohsiung Sister City Association and director of the Rose Festival races.

"My wife got me started (as a paddler) about 10 years ago," says the 66-year-old retired college administrator.

Asian dragon boat traditions are honored during the Rose Festival. "We have a formal Buddhist ceremony. The Buddhists go down to the docks and bless the boats," he says.

Boats competing during the Rose Festival are Taiwanese-style, with large, brightly painted dragon's heads and tails, and weigh more than half a ton. Drummers sit in the bow,

pounding out a beat that sets the paddlers' cadence. It's not enough to cross the finish line first: The drummer in the winning boat also has to lean out on the dragon's nose and pluck a flag from a buoy.

Team Wasabi Power Surge races in Hong Kong-style boats, which are narrower and lighter than the Taiwanese-style boats. With these craft, used in national and international races, it's all about speed. A drummer and small, removable heads and tails are added to the boats for races.

The women of Wasabi Power Surge, who train year-round, have qualified to race in the world championships this September in Sydney, Australia.

"There are a lot of Type A women in this sport," says Stewart, who has been paddling for 11 years.

In Portland, dragon boat racing has become popular among breast cancer survivors, who find it a good way to rebuild strength. They include Stewart and Gwen Foley, the 76-year-old,

"There's a group of us that's been together for awhile. Our motto is, 'I believe in you, you believe in me,'" says Stewart.

According to the International Dragon Boat Federation, there are about

50 million dragon boat paddlers in China, more than 300,000 in Europe, about 90,000 in North America, and thousands more in Australia and New Zealand. The federation was founded

See BOATS, Page 7

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## Perry

Continued from Page 4

case involving eminent domain. It dealt only with a paycheck.

I have also heard from rural Texans the misconception that HB 2006 would protect rural landowners. In reality, this bill would have affected predominantly high-growth urban properties. Rural landowners

simply aren't faced with the issues of high traffic and decreased access to customer traffic that this bill targeted. In fact, if this bill had been allowed to pass, rural taxpayers like all Texans would have been forced to pay more taxes to fund land purchases in urban areas because of the increases in litigation.

While I am firmly committed to ensuring increased fairness for Texas landowners, amendments added to an otherwise good bill very late in the process were done to benefit con-

demnation lawyers and place a disproportionate burden on Texas taxpayers. I encourage the legislature to continue to work on striking a balance that allows Texas landowners to be treated with fairness and respect for their property rights while simultaneously asking their neighbors to pay a reasonable amount for their land.

Texas can find a middle ground, and it shouldn't cost billions of dollars to do so.

## Letters

Continued from Page 4

not know the people. By 10 p.m., he had that part of the street cleared.

There is no doubt in my mind that there are several others in Pampa who demonstrate the good of themselves, if nothing else by doing the work around their own homes.

If more of us acted on our good, many others wouldn't be mad at the city, waiting for work crews, and the work wouldn't be left up to others. We would all be sharing it together.

It is people like you who take up the slack for older people.

**Aubrey and Randy Hill**  
Pampa

**Community must work together to make Pampa beautiful**

I was recently in Pampa visiting a relative. I haven't been there in 20 years, and I was very surprised and saddened by the condition of the city and neighborhoods.

Everything looks so run down. I don't understand why or how people could let the town get into this condition.

Hopefully, everyone will come together and work to make it a beautiful place again.

**Nancy Foreman**  
Trinidad, Colo.

**Letter written to right rumor**

What if I were to tell you about a doctor in Pampa who is renowned countrywide for the services he provides and the techniques he uses and has been written about in Who's Who? What if I told you this doctor has been here more than 20 years and has a very stable practice? What if I told you that I could give you endless testimonies about this doctor and some of the countless times he has saved lives? I bet you would want to know who this wonder of medicine is. Well, let me tell you a few personal encounters that I have had

with him.

Several months ago, my wife had her tonsils removed by a doctor in Amarillo. A local doctor did look at my wife and realized this surgery needed to be done by an ENT specialist, so we had him recommend one.

About one week after the surgery, she began to hemorrhage. With one phone call and trip to the ER, this Pampa doctor took her to surgery and stopped the bleeding in a matter of minutes.

I recently went in for a bowel resection after he found a tumor. The surgery was a complete success and pain was minimal.

Hopefully by now I have gotten your attention and you are wanting to know who this awesome person is. It is none other than Dr. Vijay Mohan, M.D.

The reason that I decided to write this letter is because there has been a lot of talk

around Pampa that Dr. Mohan is not receiving any new patients. I cannot believe the number of people in the waiting room who have said they had been told by their physicians that Dr. Mohan no longer did surgery. This is absolutely not true. I think this is due to people not knowing that they have a choice of which surgeon they want to use.

Dr. Mohan is truly a God-sent surgeon. He cares about his patients and treats them with the utmost respect. So, the next time you have to have surgery, if you want to be taken care of the way you should be and professionally, you should consider Dr. Mohan. If for some reason he feels you need to see a specialist, he will tell you. I know that you will come to know and love him as my family and I do. And to those who think he is not doing much, please disregard anything you hear about that and

just go visit with him.  
**Mike Mendoza**  
Pampa

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## Purcell

Continued from Page 4

doesn't like that. The average American knows that the country is facing giant challenges — entitlement programs that are going to bankrupt us, radicals who want to blow us up, spending that has spiraled out of control ...

The average American wants these problems to be solved by people who are interested in the good of their country, — not

Republicans and Democrats interested in the good of their parties.

It's no wonder we are disgusted. Of course, according to Rogers, that's nothing new either:

"It's getting so if a man wants to stand well socially, he can't afford to be seen with either the Democrats or the Republicans."

"There is something about a Republican that you can only stand him just so long; and on the other hand, there is something about a Democrat that you can't stand him quite that long."

We can only hope our Congress begins to comprehend what the American people have been trying to tell it — that it needs to get in step with the wisdom and will of the people.

And that, said Rogers, "our country is not where it is today on account of any one man. It's here on account of the real common sense of the Big Normal Majority."

—Tom Purcell is a humor columnist nationally syndicated exclusively by Cagle Cartoons.

## Emergency Services

### Sheriff

Gray County Sheriff's Office recorded the following arrests in the 24-hour period ending at roughly 8 a.m. Saturday.

**Friday, June 29**

Gregory V. Worden, 46, of Pampa was arrested by GCSO and charged with possession of less than 1-gram of a controlled substance.

Jason Darrell Armstrong, 28, of Pampa was arrested by GCSO on a motion to revoke-possession of marijuana.

Troy Williams, 46, of Pampa was arrested by

Pampa Police Department and charged with criminal trespass.

### Fire

Pampa Fire Department reported the following calls during the 24-hour period ending at 7 a.m. Saturday.

**Friday, June 29**

10:38 a.m. — Three units and six personnel responded to an alarm malfunction in the 1300 block of West Kentucky.

11:41 a.m. — One unit and three personnel responded to the 1500 block of West Kentucky on a call for lifting assistance.

12:12 p.m. — One unit and three personnel responded to the 1100 block of Crane Road on a call for lifting assistance.

12:44 p.m. — One unit and two personnel responded 4 1/2-miles west on Highway 152 on a small grass fire.

5:19 p.m. — One unit and three personnel responded to the 1400 block of North Hobart on a vehicle accident. No injuries were reported at the scene.

11:11 p.m. — Four units and eight personnel responded to a structure fire in the 1100 block of Terry Road, where a storage building caught fire.

## Newbur

Continued from Page 4

Well-known at the lectern as well, Dr. Ashworth is a platform favorite. A favorite admonition is included in most speeches for administrators.

He says, "Despite all your many good works for the people, do not expect sainthood and beatification. You will never experience the ecstasy of Saint Theresa. Learn to think of yourself as a martyr, specifically Saint Sebastian. The model public servant, he's the one with his hands tied behind his back and shot full of arrows."

Now does that sound like someone who's REALLY trying to retire? Oh, he may retreat to play his clarinet or violin for a few minutes, then hurry right back.

\*\*\*\*\*

Another guy who loves his work is Dr. David Green, a minister whose undergraduate study was at Carson-Newman College, a small Baptist-supported institution in Tennessee.

He says serving as "designated driver" for his dormitory friends there is one of his warmest memories.

Oh, it's not what you are thinking.

\*\*\*\*\*

It has to do with food, not drink. Mention food to dorm guys late at night and there's salivation. Mention free food, and you've got the makings for a riot.

His is a "free food" story. Late one night, he and some buddies were in Knoxville's first Krispy Kreme store, putting the delicacies away with abandon.

As the midnight closing hour approached, they

watched employees trekking to the dumpster to toss the day's unsold doughnuts.

\*\*\*\*\*

That's when the "designated driver" idea was born. On many subsequent occasions, Dr. Green made nocturnal drives to Knoxville, about a half-hour away.

He'd leave the campus around 11:25 p.m., reaching the store just before the doughnuts were deposited in the dumpster.

Upon arrival back on campus around 12:30 a.m., he was roundly cheered.

\*\*\*\*\*

Finally, my friend Val has a "sounds good to me" theory about vegetarians.

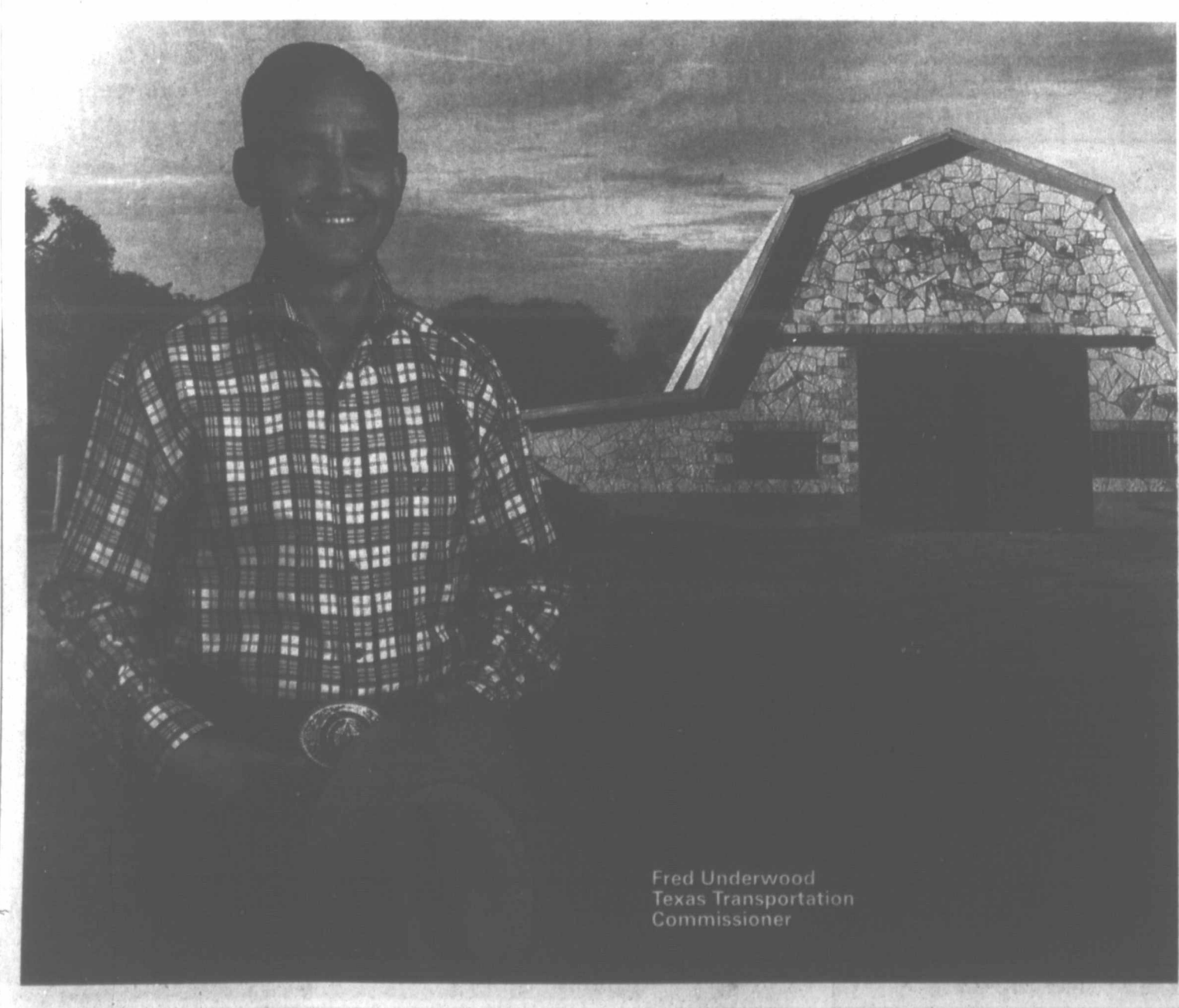
He doesn't think they choose meatless diets because they love animals.

Val thinks it's more likely because they hate plants.

—Dr. Newbury is a speaker and author in the Metroplex.

## Events calendar

- **The entry deadline for "TPS 16: The National Competition"** of the Texas Photographic Society is July 5. The exhibition will open in Austin and tour Odessa, Houston, New York City and San Francisco. Cash prizes will be awarded. For more information, call (210) 824-4123 or log onto [www.texasphoto.org](http://www.texasphoto.org) on the Internet.
- **Texas Panhandle Mental Health Retardation** will offer "Life Choices" from 1:30-3 p.m. July 9-13 for ninth and 10th graders; "The Hot Head Cool Down" from 2-4 p.m. July 16-20 for youth 11-14 years of age; and "Dating Smart" from 2-4 p.m. Aug. 1, 3, 8 and 10 for girls 15-16 years of age. Cost of each class is free. "The Hot Head Cool Down" and "Dating Smart" will be presented at the agency's Children's and STAR facility, 1500 S. Taylor, in Amarillo. "Life Choices" will be conducted at DSC Library in Hereford. For more information or to register for the classes, call (806) 359-2005 in Amarillo or (806) 363-7695 in Hereford.
- **The summer exit level TAKS** for 2006-07 upperclassmen will be administered at 9 a.m. at Clarendon College-Pampa Center on the following dates: July 10 (English language arts); July 11 (math); July 12 (science); July 13 (social studies). Passing all four parts of the test is a requirement for high school graduation.
- **Ogallala Water Gardeners Pond Tour** is scheduled from 9 a.m.-5 p.m. and from 9-11 p.m. July 14 in Amarillo. The tour is divided into either a daytime or a nighttime tour. Tickets are available in Amarillo at Coulter Gardens, Fish Pros, Panhandle Greenhouses, Uncommon Twists Garden Center, Pride Home Center and Amarillo Botanical Garden.



Fred Underwood  
Texas Transportation  
Commissioner

## Know The Facts About Texas Transportation

As a member of your Texas Transportation Commission, my job is to make sure that rural Texas is represented when transportation decisions are made. This is especially true when it comes to big projects in rural Texas. It's important to know the facts about your land, access to new roadways and economic opportunities.



Get the facts about Texas Transportation on the web at [www.KeepTexasMoving.com](http://www.KeepTexasMoving.com)

## WT gearing up for Band Camp

CANYON — The population at West Texas A&M University will jump by about 1,000 when the Department of Music and Dance hosts its 55th annual Band Camp July 8-20.

The camp is the only two-week band camp of its kind in the state of Texas. More than 900 middle school and high school students are registered for the WTAMU camp. The camp also brings in a teaching staff of more than 90 with members of the WTAMU faculty along with high school and middle school directors from across the region.

Many members of the teaching staff attended the WTAMU Band Camp as campers in their youth. They encourage their students to come as well.

"The directors feel it is a quality camp. They do the recruiting for us and then their students return to school in the fall as better players," Don Lefevre, associate professor of music and camp director, said.

Campers will begin auditions on Monday, July 9 for placement in one of the nine different bands for high school and middle school players. They will spend hours in rehearsals and in sectionals as well as master classes. There also will be classes for drum majors, twirlers and flags along with rhythm reading, music theory and double reed making.

The 900-plus campers won't be the only ones making music, though. Harry Watters, an award-winning trombonist and Yamaha

artist, will be the camp's guest artist in residence.

Watters, a native of Huntsville, Ala., serves with the Army Blues Jazz Ensemble and is the newest member of the United States Army Brass Quintet in Washington, D.C. He has numerous recordings including his latest CD, Love Songs. Watters has performed with Al Hirt, Shirley Jones, Peter Nero, Maureen McGovern and with such orchestras as the West Virginia Symphony, Syracuse Symphony, Tulsa Pops, Kishinev Festival Orchestra, Janacek Philharmonic and the Baton Rouge Symphony. His clinic, "Power Practicing," has been presented at universities and high schools across the country.

During the camp Watters will direct master classes and perform. The performance schedule will start with each of the camp's nine bands in concert on Saturday, July 14 beginning at 2 p.m. in Northern Recital Hall (NRH). Final concerts will begin at 11 a.m. July 20 in both the Branding Iron Theatre and NRH. Watters will perform with various groups during the camp, including a solo trombone recital at 7 p.m. July 17, a high school brass choir and jazz band concert at 7 p.m. July 18 and director's band concerts at 3 p.m. and 4 p.m. July 19. The concerts are free and open to the public.

For more information about WTAMU's Band Camp, contact Lefevre at 806-651-2855.

### RECREATION

## Fireworks a no-no at Lake Meredith

FRITCH — Officials at Lake Meredith National Recreation Area and Alibates Flint Quarries National Monument have instituted a ban on fireworks.

"We want everyone to have a great visit to the area, but it will need to be without fireworks," said park Superintendent Cindy Ott-Jones who said unauthorized use or possession of fireworks within the recreation area carries a \$75 fine with an additional \$25 processing fee.

"That means you can receive a ticket just for having fireworks in the park," the superintendent said, "without even lighting them."

Although fireworks are prohibited, camp fires are allowed as no burn ban is in place. Visitors are asked to use extreme caution, however, with any type of fire and to completely extinguish fires before leaving the area.

## Peace River Productions sets next opry

GOODLETT — In a good old fashioned Fourth of July mode, hot dogs, watermelon, ice cream and music, will ring in Peace River Productions' Opry with Johnny Cooper July 7 at the historic rock gym in Goodlett.

Area musicians will host the picnic outdoors and Darrel Sparkman and Co. will kick off the evening's entertainment on stage at 7 p.m. Cooper will take the stage at 7:30.

Cooper took to the stage at age of 15 and in just three short years has become of age. He will come to the Peace River Playhouse fresh from his tour of Shannon Ireland, County Clare.

Cooper made his first live CD in 2004, and in 2006 and 2007 was named Texas Entertainer of the Year at the Oklahoma

Music Awards. He made his first studio CD in 2006 and was off and running with Best Studio CD of the year in Austin.

The CD "Ignition" is now marketed nation-wide.

Today, Cooper is represented by the oldest and largest talent agency in Nashville, Tenn., Buddy Lee Attractions, which has represented such notables as Willie Nelson, George Strait and the Dixie Chicks.

Cooper is from Wichita Falls. His performances have covered all age audiences, from Clubhouse Concerts in Fort Worth to the 79th Texas FFA National Convention. Come on out to the Playhouse July 7 and enjoy hot dogs, watermelon, ice cream and music.

## Museum to present Folklife Festival in October

CANYON — Cultural

groups are needed for the Panhandle-Plains Historical Museum's Folklife Festival scheduled from 12-4 p.m. Oct. 6 at the museum.

PPHM is celebrating diversity in the Texas Panhandle by showcasing the performances, crafts, demonstrations, native dress, storytelling, music, dance

and other cultural presentations.

If you have a cultural group that would like to be involved, contact Millie Vanover at (806) 651-2249.

The Folklife Festival will be held in conjunction with West Texas A&M University's homecoming.

## Boats

Cont. from Page 5

in 1991, after international races held in Hong Kong to promote the city in the 1970s created a huge following.

It's teamwork, not individual heroics, that wins dragon boat races.

But there's also fun out on the river.

On this spring night, in the middle of training, Coach Connie has the two boats come to a stop.

She announces it's Carol Shauger's birthday. She's 57. Time to sing "Happy Birthday." But this is the Wasabi Power Surge's version — with everyone singing totally off key, and at the top of their lungs. The noise echoes across the river, heading into downtown.

Pleased with her paddlers' horrible singing, Coach says it's time to resume training sprints: "OK, let's do it again."

Without missing a beat, the paddlers sing "Happy Birthday" all over again, again off-key.

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Summer has arrived and your lawn should be blooming with color, and vegetable gardens are beginning to flourish. Now you can dedicate some time to your water feature. Or even begin one, small or large they add such serenity to any lawn. Here are a couple of questions and answers that may help you out with your water feature.

**Question:** During freezing temperatures in the winter, do I need to empty my pond or leave it alone?  
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**Question:** How much salt can I use in my pond?  
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# Sports Day

## A change in fortunes for the teen golfers

**SOUTHERN PINES, N.C. (AP)** — Alexis Thompson played without a care in the world, even if she only had one birdie on her card. That's expected of a 12-year-old playing in her first U.S. Women's Open, the youngest qualifier in history.

Michelle Wie might remember that feeling.

She was 13 when she made her Women's Open debut four years ago and opened with a 73. Based on the way she continued to slide off the map of women's golf, it must seem like a distant memory.

"I know I'm a better player than this," the 17-year-old from Hawaii said Thursday after hitting only four fairways, four greens and signing for an 82 that extended her streak to 21 rounds without breaking par, 13 of those on the PGA Tour.

Thompson, with a braided pigtail and constant smile, isn't through with her first round. In a wild day at Pine Needles, which featured a 3 1/2-hour storm delay that didn't produce a drop of rain, she only finished nine holes before darkness suspended the first round.

The 78 players who teed off in the afternoon were to return at 7:30 a.m. to finish the first round.

Defending champion Annika Sorenstam was at even par through 13 holes, while three players were at 2 under at various stages of their opening round — In-Bee Park through 16 holes, Lee Young Lee through 12

and Karine Icheer through 10.

All of them will be chasing 18-year-old Angela Park, an PGA Tour rookie who is gaining quick experience leading the majors. Park fired off three straight birdies in the crisp, calm morning, reached 4 under with a birdie on the eighth, then hung on along the back nine of Pine Needles until a bogey on the 17th when she drove into the trees.

She shot a 68, while only a half-dozen other players from the morning broke par, one of them Julieta Granada.

If the lead holds, it will be the second straight major Park was atop the leaderboard in the first round. She was in a three-way tie for the lead at the PGA Championship, where she wound up in fifth place.

"Maybe this week will be different," said Park, who was born in Brazil to South Korean parents and grew up in California.

It was different for Karrie Webb, bordering on surreal.

She won the Women's Open the last time it was played at Pine Needles in 2001, and was considered one of the favorites. No one could have guessed the Hall of Famer would fail to make a birdie on her way to an 83, the highest score of her career.

That includes Webb.

"I have no excuses. I'm not that kind of player," Webb said. "Do you think I had any idea I'd shoot 83? It was a terrible round, one of the worst days of my career."



Courtesy photo

Jenneé Norris, with coaches and family, signed a letter of intent to play for Wayland Baptist University last Friday. Pictured here are: (back row, L-R) PHS girls soccer coach Trent Davis and Norris' mother, Jenny Bronner; (front row, L-R) PHS head soccer coach John True, Jenneé Norris and Wayland Baptist Soccer coach Shiloh Posey.

## Norris signs on with Wayland Baptist

Jenneé Norris, a 2007 graduate of Pampa High School, has signed a letter of intent to play college soccer for Wayland Baptist University.

Coach Shiloh Posey, head soccer coach for Wayland, was in town Friday for the signing and said, "I am extremely glad that Jenneé has chosen to be a part of our

program. She is a quality person as well as player, and that is the type of athlete we hope to build our program with."

Pampa High School head soccer coach John True said, "It was a pleasure to coach Jenneé this past year and I am glad she has the opportunity to play at the college level. I hope to be able to

instill and build on the values she has left behind."

Also in attendance were Pampa High girls soccer coach Trent Davis and many of Jenneé's family members: Mother Jenny Bronner, brother and sister Derek and Ali Norris, grandmother Sandra Bronner, aunt and uncle Kathryn and Michael Killgo and cousins Colin

Killgo and Caleb Norris.

Jenneé has played soccer since she was four years old and has dreamed of playing at the collegiate level.

All of her hard work is paying off in the form of a \$4,000/year scholarship.

Jenneé is excited at the prospect of playing for coach Posey at Wayland and is happy to be close to home.

## Defending champion Mauresmo keeps out of spotlight at Wimbledon

**WIMBLEDON, England (AP)** — Amelie Mauresmo is perfectly happy staying out of the spotlight at Wimbledon.

The Frenchwoman doesn't mind that she's playing amid little fanfare this year, despite being the defending champion.

After the traditional Centre Court start as the reigning titleholder, fourth-seeded Mauresmo was shunted to Court 2 on Thursday and dispatched Yvonne Meusburger of Austria 6-1, 6-2 to reach the third round.

She likes the change from Roland Garros, where the two-time major champion and former No. 1 has felt the pressure from home fans to deliver a championship.

"It feels like I've always been (keeping a low profile) here at Wimbledon because the attention is so high at the French Open," Mauresmo said. "To me, it always feels like it's very easy here."

Her record bears that out. Before last year's title, Mauresmo had reached three successive semifinals at Wimbledon. She's only gone as far as the quarterfinals at the French Open.

The odds were against her this year at Roland Garros. Mauresmo was sidelined for about two months following an appendectomy in March and had a groin problem that contributed to a third-round exit.

To make sure something similar doesn't happen again, Mauresmo pulled out

of the doubles at Wimbledon.

"I just don't want to take any risk for the singles," she said.

On Friday, top-ranked Roger Federer was to face two-time major champion Marat Safin in the third round. Federer needed only 11 minutes to complete his rain-suspended match against Juan Martin del Potro of Argentina 6-2, 7-5, 6-1 for his 50th straight win on grass.

Also, No. 2 Andy Roddick and No. 5 Fernando Gonzalez were on the schedule, as were top-seeded Justine Henin, No. 3 Jelena Jankovic, No. 7 Serena Williams and No. 9 Martina Hingis.

## Spurs select Brazilian with first round pick

**SAN ANTONIO (AP)** — The San Antonio Spurs added to their international influence Thursday by selecting Tiago Splitter, a 7-foot forward from Brazil, in the first round of the NBA Draft.

The Spurs won their fourth NBA title in nine years with five foreign-born players on their roster, including finals MVP Tony Parker, who was born in Belgium.

Splitter, 22, currently is playing with Tau Ceramica in Spain. He was taken with the 28th overall selection — three picks before the end of the first round. Splitter is expected to stay in Spain at least another year before a possible roster spot in San Antonio.

Just five picks later, with the 33rd overall selection and the third in the second round, the Spurs took Marcus Williams, a 6-7 small forward from Arizona.

The Spurs received the pick in a trade last year with Milwaukee.

Williams, 20, left Arizona after his sophomore season, when he ranked fourth in the Pac-10 in scoring with a 16.6 points-per-game average.

Splitter played 20 games in the 2006-07 Euroleague and averaged 10.7 points per game and six rebounds per game.

But it may be a while before he plays in this country. If the Spurs wanted him to play in the upcoming NBA season, they would have to buy out his contract with the Tau Ceramica club.

"It's a difficult issue," San Antonio general manager R.C. Buford said. "I don't know that anyone is going to help us right away. Our roster, I hope, is going to remain relatively intact."

"I'm not sure how (Splitter) fits in this year, but in the future he could. He was on the national team in

Brazil since he was 16 years old. You don't have an opportunity to get size like that who played at that level all his life."

The Spurs currently have five players drafted in previous years that continue to play in Europe. They have rights to those players if they want to play in the NBA.

When they drafted Manu Ginobili in the second round of the 1999 draft, he remained in the Italian League for three more seasons before joining the Spurs.

The Spurs finished the night by trading Giorgos Printezis, a 6-8 forward from Greece. The Spurs drafted him with the 58th pick but announced they will trade him to Toronto for a second-round choice next year.

Earlier this month the Spurs won their fourth NBA title in the past nine years.

See SPURS, Page 9

# WTL

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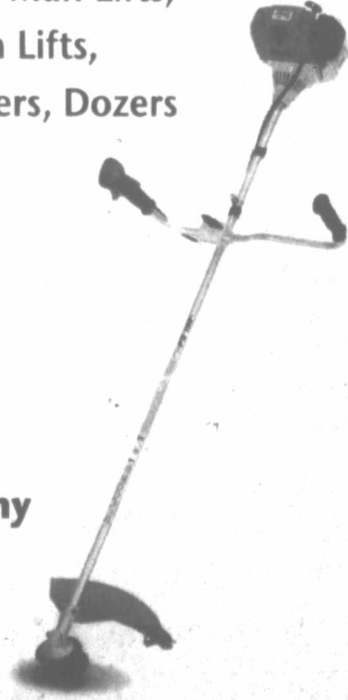
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## Dancin' in the park



Courtesy photo

Members of Madeline Graves Dance Center performed in Central Park last Saturday for Halliburton employees and their families. Pictured here are: (back row, L-R) Danielle Zuniga, Jenna Munsell and Cassie Denton; (front row, L-R) Kirrah Powell, Olivia Tyler, Jonah Munsell, Addison Hinkle, Marlee Richardson and Jenna Gee.

## Furyk, Quigley, Perry share lead at Buick Open

GRAND BLANC, Mich. (AP) — Brett Quigley held a two-shot lead at the Buick Open just after the turn and his mind drifted to an easy stretch of Warwick Hills.

A couple holes later, a huge oak tree taught him a lesson.

Quigley scrambled to save par at No. 13 — the second-easiest hole — and that contributed to him losing the lead Friday and finishing the second round in a three-way tie with Jim Furyk and Kenny Perry at 10-under 134.

"I tried to force the issue," Quigley acknowledged. "I knew if I could make four or five birdies, I might have a pretty good lead. As a result, I started thinking about results instead of staying in my process and got ahead of myself and came back to the field."

Quigley (69) and Furyk (68) had solid rounds after starting the day among the leaders while Perry's 9-under 63 lifted him from a tie for 73rd.

## Spurs

Continued from Page 8

They defeated the Cleveland Cavaliers in a four-game sweep in the finals.

The Spurs have looked sporadically to the draft to build their team in recent years. Since selecting Tim Duncan with the top overall selection in 1997, the team has selected nine players and traded away 11 others.

Two of the nine players were Parker and Manu Ginobili.

The last two times the Spurs had a pick in the first round it also came with foreign-born players at the 28th selection. Two years ago, San Antonio used the 28th selection on Ian Mahinmi, then an 18-year-old from France.

A year earlier the Spurs picked Beno Udrih out of Slovenia. Udrih immediately made the roster and played in 80 of the 82 games during the 2004-05 season.

Mahinmi, now 20, has been kept by the Spurs in France, where he played in the French League All-Star game. He saw action for the Spurs rookie league team in this summer last year but won't play this year because he recently tore his right pectoralis minor and strained the latissimus dorsi muscle.

*Tiger Woods and Vijay Singh are not playing the Buick Open for the first time since 2001, giving more players a shot at a \$882,000 check.*

First-round leader Rocco Mediate (71), Scott Verplank (69) and Brian Bateman (70) will start the weekend only one shot behind the leaders, a negligible difference on a course ripe for low scores.

Perry was the latest golfer to prove that.

The 2001 Buick Open champion birdied five of his first seven holes, one-putted his first eight and was 10 under through 17 holes. He pulled his final tee shot, forcing him to chip onto the fairway and missed a 17-foot par putt to fall into a tie with Furyk and Quigley.

Perry matched his low round of the season. His last 63 closed the Memorial earlier this month, helping him finish third for his only top-10 finish since 2005. He was a season-best 11th last year at the Buick Open.

Perry's wife went to the hospital Wednesday because of food poisoning and on Thursday, he plunked two

fans — shattering a woman's nose and hitting a man's shoulder.

"I don't know what to make of it," he said. "It's been an interesting week so far."

Tiger Woods and Vijay Singh are not playing the Buick Open for the first time since 2001, giving more players a shot at a \$882,000 check.

Woods (with his wife and baby) and Singh (resting a sore elbow) have combined to win four of the previous five tournaments about 60 miles north of Detroit.

Furyk is the only player to break the stars' dominance at Warwick Hills, winning in 2003. He is shooting for his first victory of the year, 13th of his career. He has shot in the 60s in eight straight rounds at the Buick Open, matching Woods' tournament record, and 35 straight sub-par rounds.

Quigley hasn't finished

better than second on the PGA Tour. He was the second-round leader at the Buick Open last year, one shot ahead of Woods, before finishing seventh.

Perry won twice in 2005, but has had to wait to win No. 10 on the PGA Tour.

Quigley was 4 under through 10 holes, giving him a two-shot lead over Furyk, before a lackluster finish ruined his chance to enter the weekend with a cushion.

Following a long delay at the 13th tee — where Quigley cracked up players and caddies — his drive to the right landed behind a tree. Quigley summoned a rules official, who said he could not have relief.

"My ball was on a wire that prevents lightning from killing the tree, but our rules are that the wire is part of the tree," he said.

Quigley thought about hitting onto an adjacent hole and back to the 13th green, but chose to chip into the fairway — putting him just 5 yards closer to the pin — and ended up two-putting from 24 feet.

He bogeyed No. 16, which is among the easier holes on one of the PGA Tour's most vulnerable courses.

## Cuban: Nelson used inside info to beat Mavs in playoffs

DALLAS (AP) — Mavericks owner Mark Cuban claims in an ongoing dispute with his former coach that Don Nelson used "confidential information" to help the Golden State Warriors pull off a stunning first-round playoff victory.

That accusation is part of Cuban's response to an arbitration claim Nelson has filed against Cuban to get \$6.5 million of deferred compensation, which Nelson said he is owed for his time with the Mavericks from 1997-2005.

"Don may know that

Francisco office. "Cuban apparently does."

Cuban didn't respond to e-mail Friday, when he had left hip replacement surgery. A team spokeswoman said the Mavericks had no comment about the arbitration case.

The Warriors became the first No. 8 seed to win a best-of-seven playoff series to knock out the top-seeded team, winning in six games. The stunning end to the Mavericks' season came a year after they made it to the NBA Finals, then lost in six games against Miami after taking a 2-0 series lead.

The counterclaim by Cuban, in which he also contends that Nelson violated a noncompete clause in his Dallas contract when he became Golden State's coach last summer, was first reported by the Fort Worth Star-Telegram on Friday.

Nelson's arbitration claim was filed May 1 after failed attempts to settle the dispute with Cuban.

The claim was filed while the playoff series between the Warriors and Mavericks was still ongoing.

"Don is a bit embarrassed that he is part of this, and that people might think this was his idea," O'Connor said.

*'Don may know that (Dirk) Nowitzki likes to turn toward his left shoulder not his right shoulder, but we don't think that's a trade secret or confidential information.'*

— John O'Connor  
Attorney

(Dirk) Nowitzki likes to turn toward his left shoulder not his right shoulder, but we don't think that's a trade secret or confidential information," Nelson's attorney, John O'Connor, said by phone Friday from his San

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## Local Christian school hires administrator

The onset of the 2007/2008 school year will bring about the involvement of a new administrator for Community Christian School.

Mrs. Brenda Williams joins the CCS leadership as the school's third administrator in its 11-year history.

According to Director and Search Committee Chair Mendi Bonner, "The Board is very excited to make this announcement. Mrs. Williams brings to CCS 26 year experience in the public and private school sectors. As a certified teacher with a masters of education, not only has she taught grades 1-12, she has extensive experience with Plainview Christian Academy as parent, teacher and principal for the last 17 years. We believe that she will build firmly on the foundation established by founding Administrator Mrs. Lynn Smith and Transitional Administrator Mr. Ray Thornton, who worked closely with the Board this last year to chart a vision and course for the future direction of Community Christian School. Her experience and passion to educate children from an academically challenging and Biblical worldview is a perfect match to the vision of Community Christian School."

As the wife of Pastor Dennis Williams of First Baptist Church in Miami, the new administrator and her

# California program fosters small ag operations

SALINAS, Calif. (AP) — Hunched over rows of parsley, Maria Luz Reyes swiftly gathers, slices and binds the fragrant bunches. It looks like just another backbreaking task in the fields, but for Reyes, it's a dream job.

"I always wanted to do this again," said Reyes, who used to help run her father-in-law's ranch in her native Mexico. "If you've run a farm, and you love it, you always want to go back."

Through the Agriculture and Land-Based Training Association, or ALBA, the former packing plant worker learned to run her own farm on leased land and overcome the hurdles facing small agricultural operations. Reyes recently purchased a 10-acre farm of her own, fulfilling a dream she'd nurtured since moving to California 17 years ago.

Experts say programs such as ALBA's, which bring new faces to agriculture, are becoming increasingly important at a time when farmers are aging and bigger farms are pushing out small operations.

The average age of farmers is now 56. About 90 percent of American farms are family owned, but new generations can be hesitant to take over the business, according to a 2007 U.S. Department of Agriculture survey.

The number of large and corporate-owned farms has also gone up, along with their share of production. They're responsible for 75 percent of the value of agri-

cultural production and tend to have more comfortable profit margins than small farms, according to the USDA survey.

ALBA's six-month intensive training program works like a small-farm incubator, giving would-be growers the technical expertise and marketing savvy they need to run a small farm. It leases them land for a few years until they can buy their own.

Other programs working to bring new and minority farmers to the fields include Farms to Grow Inc., which primarily helps minority farmers, and California FarmLink, which connects retiring farm operators with aspiring farmers to keep the land in production.

When a program like ALBA trains aspiring farmers, it has to teach them to handle the challenges small operations face, said Kristin Reynolds, program representative at the University of California's Small Farm Center.

The diversity of crops and the small yields make it difficult for small farmers to work with wholesalers interested in large batches of greens or fruit with a guaranteed delivery date, she said.

Farmers say it's also harder for a small producer to overcome a big unexpected loss. And they have to be able to balance working in the fields with balancing their finances.

Through ALBA, Reyes has prospered. She learned how to farm organically and sell at a handful of farmers'

*'It's very hard to compete with large companies that can guarantee a large amount of product at a certain time, but we're making it work.'*

— Maria Luz Reyes  
Farmer

markets in the region — both niches where small farmers do particularly well. She also figured out how to borrow money to invest in

land, something she'd never had to do in Mexico.

"It's very hard to compete with large companies that can guarantee a large amount of product at a certain time, but we're making it work," she said.

Customers also gain from keeping small farms in operation, Reynolds said.

"They can be more diverse, have more wildlife, grow different varieties of food, and focus on things that can be direct-marketed, that don't have to be shipped, that will be fresher, and picked ripe instead of when they're green," she said.

Juan Perez, 23, who farms two of ALBA's 110 acres as a program graduate, runs a farm-to-consumer delivery system with his family. The

direct marketing allows him to take advantage of the personal contact and produce variety he can offer his customers.

He also can experiment with crops that wouldn't likely be found on a larger outfit. Among the dozen or so products he grows are rows of organic epazote, an herb used in Mexican cuisine to spice beans that he felt would sell well among Monterey County's large Hispanic population.

On the Net:  
Agriculture and Land-Based Training Association: <http://www.albafarmers.org/>  
University of California Small Farm Center: <http://www.sfc.ucdavis.edu/>

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*'We had the benefit of working on a substitute basis with Mrs. William this past semester, which was a real bonus for all of us.'*

— Stephanie Kelly  
Director

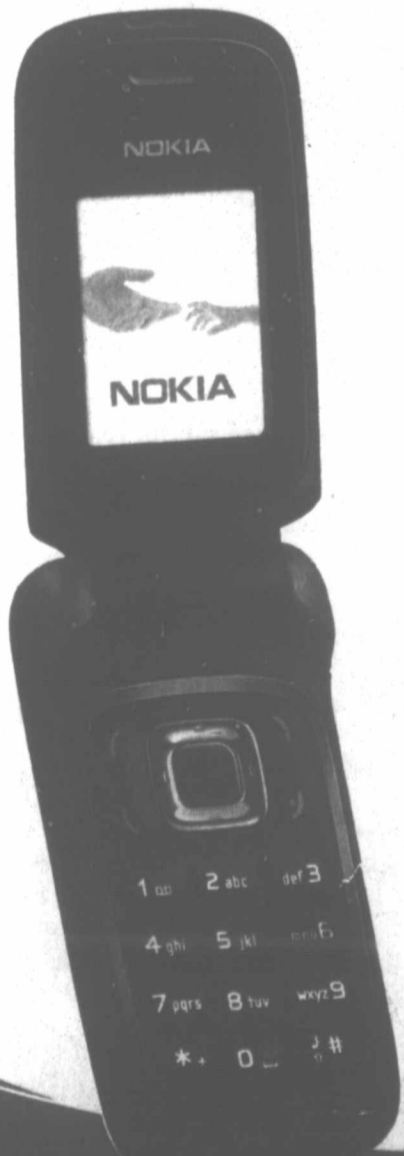
husband relocated from Lorenzo, Texas, to Miami this past year. Pastor William's calling to Miami was what brought the couple to this part of the Texas Panhandle.

According to Director Stephanie Kelly, "We had the benefit of working on a substitute basis with Mrs. William this past semester, which was a real bonus for all of us. Not only did this give us a chance to know one another, but it provides a good platform to work from this summer. We are thrilled to partner with Mrs. Williams as we expand to offer a full scale pre-K through junior high program this year. Enrollment is up. New development plans are well underway. And the future looks bright for CCS."

In addition to having a reputation as a strong leader and an excellent math teacher, Mrs. Williams is known as quite an athlete by those who know her well, which is another benefit considering the school's plans for building a competitive athletic program as part of the junior high offering.

Mrs. Williams and staff will be working over the summer to finalize the teacher hiring process and complete the enrollment process for new and returning students. Prospective teachers and/or parents should contact Mrs. Williams at 665-3393 for tours and further information.

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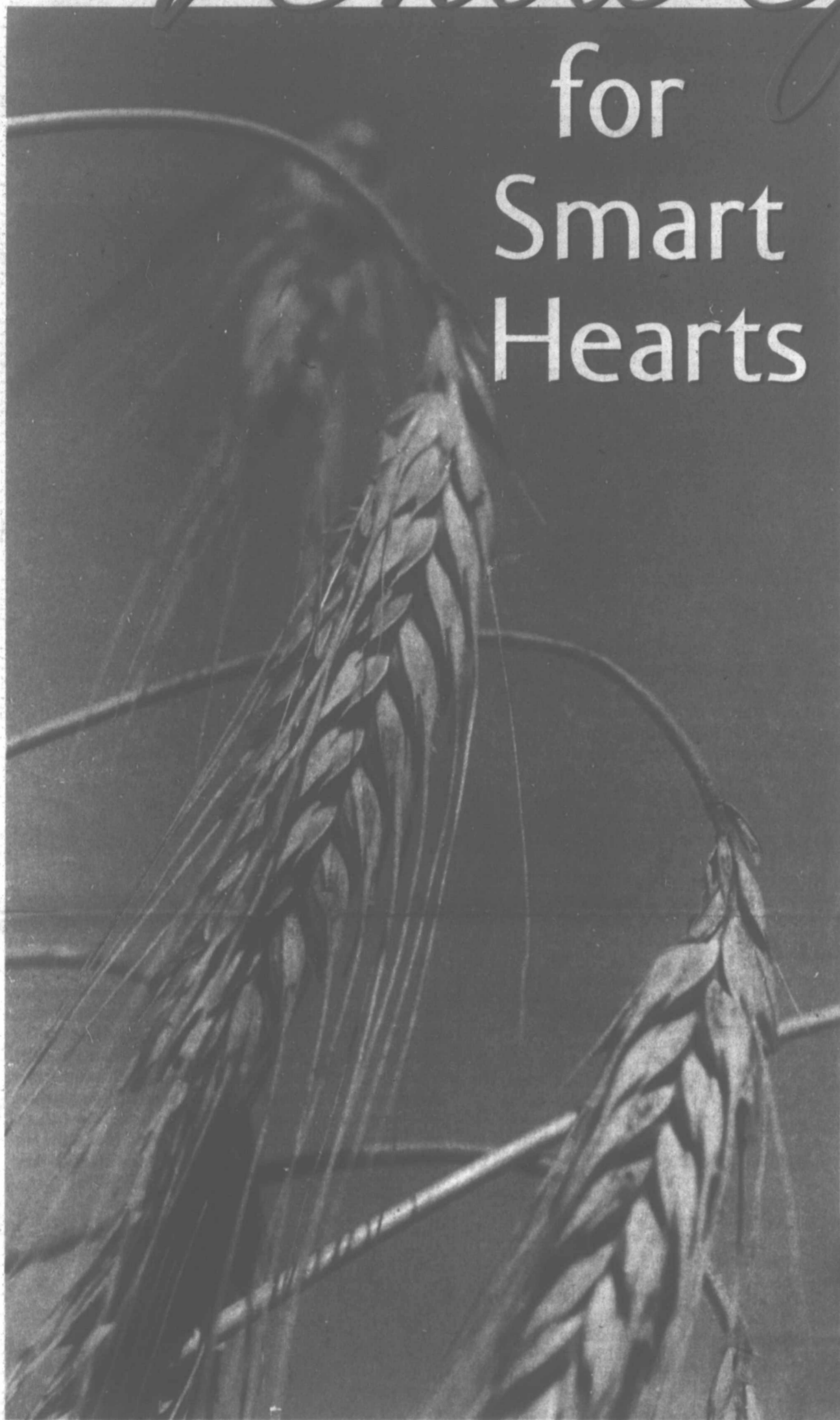
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Offer good until July 19, 2007, on the Nokia 6085. \$50 mail-in rebate and two-year agreement required for discounted and free pricing. Allow 8-10 weeks for rebate. Must be a customer for 30 consecutive days. Rebate must be postmarked by August 19, 2007. Maximum of five rebates per account. See rebate form for complete details. Free phone requires a new, two-year agreement on a partner or other plan. Promotion may not be available on all plans and does not include applicable taxes. Promotions may vary by location and may not be available at all authorized dealer locations. Multimedia Messaging (MMS) is available on select phones. Multimedia messages are considered pictures, video, graphics and MMS-originated emails. An MMS event is considered the sending or receiving of MMS-based content or text. Download credits valued at no more than \$2.50 each and cannot be shared with other lines. Send text messages to international destinations for only \$0.25 per message. Additional charges may apply for text messages sent or received while roaming internationally. Signalink may not be used for laptop or PDA connectivity. Data usage without plan is \$0.03 per KB. Not all features, service options or offers are available on all devices, on all rate plans or available for purchase or use in all areas. Data service may not be available in all areas and is billable per KB. Service is contingent upon credit approval and annual agreement at which time a deposit may be required. An early cancellation fee of \$20 per remaining month of agreement applies if service is cancelled after the first 14 days of service. Activation fees may be up to \$45 to activate service. Other fees may range from \$2.50-\$3.75 per month. These fees may include but are not limited to compliance fee, network service fee, or roamer administration fee. Cellular One approved phone is required for all rate plans. Airtime is billed in one-minute increments and from SEND to END. Long distance, roaming, taxes, surcharges and other terms and conditions may apply. Not all features, service options or offers are available on all devices, on all rate plans or available for purchase or use in all areas. All promotional offers may be extended or terminated at any time without notice. See sales representative for more details. ©2007 Cellular One TX2 SUN

# Lifestyle

## Whole Grains

### for Smart Hearts



**FAMILY FEATURES**

**Y**ou can improve your diet deliciously and easily by adding whole grains for big health payoffs. Did you know —

- Unrefined whole-grain foods contain fiber that can help lower your blood cholesterol — important for preventing heart disease and stroke.
- Fiber-rich, whole-grain foods also help you feel full, which may help you manage your weight.
- The outer layer of whole grains (removed in processed foods) contains antioxidants, B vitamins, protein, fiber, minerals and healthy fats.

So, eating more whole-grain, high-fiber foods every day is smart for you and everyone in your family.

**Remember to:**

- Choose foods such as whole wheat, oats and oatmeal, rye, barley and whole-grain corn. Also include popcorn, brown rice, wild rice, buckwheat, bulgur (cracked wheat), millet and triticale.
- Choose breads and other foods that list whole grains as the first item in the ingredient list.
- Aim for about 25 grams of fiber each day.

**Go With the (Whole) Grain!**

It's difficult, even for dietitians, to determine how many whole grains are in a food just from reading the ingredient list or the Nutrition Facts panel on the label. That's why the American Heart Association added the whole-grain



**American Heart Association**

Products displaying the heart-check mark meet American Heart Association food criteria for saturated fat, cholesterol and whole grains for healthy people over age 2.

[heartcheckmark.org](http://heartcheckmark.org)

category to its existing Food Certification Program, making it simple to find and select whole-grain foods in the grocery store.

"This simple, new whole-grains certification mark is an easy and reliable tool consumers can use when shopping for foods that can be a part of a heart-healthy diet, said Penny Kris-Etherton, R.D., Ph.D., professor of nutrition at Pennsylvania State University.

In fact, the heart-check mark is the first third-party symbol that requires a whole-grain product to be at least 51 percent whole grain by weight and meet minimum daily dietary fiber content criteria, as well as be low in saturated fat and dietary cholesterol. It's another great way to eat better and decrease the risk of heart disease.

**Shop smart. Live well. Look for the heart-check mark!**

This simple icon from the American Heart Association takes the guesswork out of heart-healthy shopping. And because it's backed by science, it's reliable.

- Products carrying the heart-check mark have been screened and certified by the American Heart Association to be low in saturated fat and cholesterol for healthy people over age 2.
- Products high in whole grains may also meet the American Heart Association's criteria for being high in whole grains and fiber, as well as being low in saturated fat and cholesterol.

Take it to heart. Make heart-healthy shopping easy. Build a healthy shopping list at [heartcheckmark.org](http://heartcheckmark.org). And learn more about reducing cholesterol through healthy lifestyle changes by visiting [americanheart.org](http://americanheart.org).

Include whole grains even for dessert! Warm Peach Bread Pudding, made with whole grain bread, tastes heavenly, but wears nothing but a nutritional halo.

**Warm Peach Bread Pudding**

Serves 4

- Vegetable oil spray
- 4 slices day-old reduced-calorie bread (whole-wheat or multigrain preferred), crust discarded, bread diced into 1/2-inch cubes (about 2 cups)
- 2/3 cup fresh or frozen peaches, partially thawed, or fresh apple, such as McIntosh, Jonagold or Golden Delicious, peeled, cut into bite-size pieces
- Whites of 2 large eggs or 1 large egg
- 2 to 3 tablespoons firmly packed light brown sugar
- 12 ounces fat-free evaporated milk
- 1/2 ounce maple syrup
- 1/4 ounce dark rum, light rum or bourbon
- 1/2 teaspoon vanilla extract
- 1/4 teaspoon ground cinnamon
- 1/4 teaspoon ground nutmeg
- 1/8 teaspoon salt
- 1/8 teaspoon ground ginger (optional)
- 6 cups water
- 1/4 cup (about) fresh fruit or 1/4 cup fat-free or light frozen whipped topping, thawed, for garnish (optional)

Heat oven to 325°F. Lightly spray four 5-ounce porcelain ramekins or glass custard cups with vegetable oil spray. In medium bowl, stir together bread cubes and fruit; spoon into ramekins. In small bowl, gently whisk together egg whites and brown sugar until well

blended. Gently whisk in evaporated milk, maple syrup, rum, vanilla, cinnamon, nutmeg, salt and ginger. Pour as much of mixture as possible into ramekins, making sure the bread cubes are soaked. Refrigerate 10 minutes so bread absorbs liquid.

Meanwhile, pour water into medium saucepan; bring to boil over high heat.

Arrange ramekins in large rectangular pan, such as 13x9x2-inch baking dish, evenly spaced, leaving at least one inch between ramekins. Place pan in oven. Slowly pour hot water into pan until about one-third up sides of ramekins, being careful to keep water out of ramekins.

Bake about 35 minutes, until tip of knife inserted in center comes out almost clean and custard is almost set (it should jiggle slightly in center when gently shaken). Carefully remove ramekins from water bath and wipe dry. Cool on cooling rack 5 minutes. Garnish with fresh fruit or whipped topping.

**Nutrition Analysis, per serving:** 189 Calories, Total Fat 1.0 g, (Saturated 0.0 g, Polyunsaturated 0.5 g, Monounsaturated 0.0 g), Cholesterol 4 mg, Sodium 332 mg, Carbohydrates 35 g, Dietary Fiber 3 g, Sugars 25 g, Protein 11 g

**Dietary Exchanges:** 1 1/2 starch, 1 skim milk

This recipe is reprinted with permission from *Healthy Soul Food Recipes*, Copyright © 2007 by the American Heart Association. Published by Publications International, Ltd. Available at [shoppower.org](http://shoppower.org).



## Dog registered to vote

SEATTLE (AP) — Duncan the dog is still registered to vote, and his owner isn't pleased.

Jane Balogh signed up the dog in protest of a 2005 state voter-registration law she thinks makes it too easy for noncitizens to vote. She used a paw print to mark ballots on Duncan's behalf.

At first, Balogh said she wouldn't contest a misdemeanor charge of making false statements on a voter registration form. But on Thursday, she pleaded not guilty to the charge that is punishable by up to 90 days in jail and a \$1,000 fine.

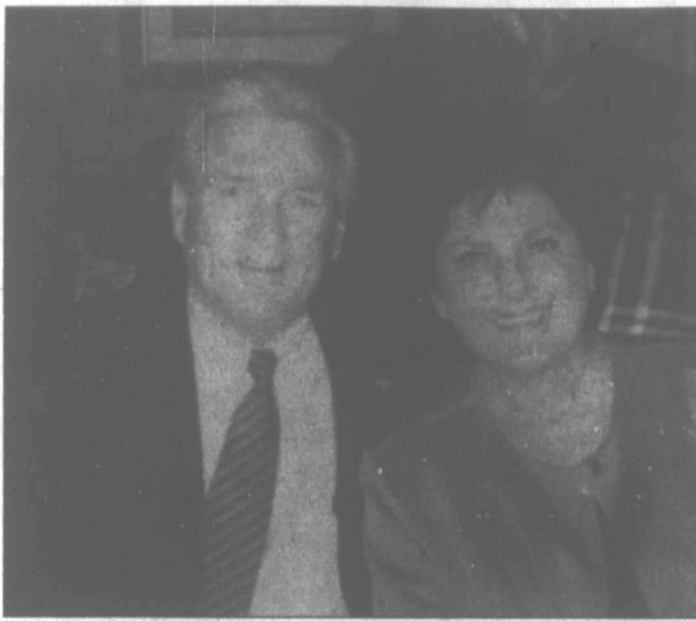
She said she changed her mind when election officials

claimed her efforts showed the system worked.

"She's just kind of annoyed because Duncan's still on the voting rolls," said her lawyer, Kristen Anderson. "Somebody is clearly not getting the message."

Laura Lockard, King County's acting election program manager for voter services, said there is "an arduous process" to have someone, even if it's a dog, taken off the voter rolls.

Balogh put her phone bill in the Australian shepherd-terrier mix's full name — Duncan MacDonald — then used it as identification to register him as a voter.



Mr. and Mrs. Tommy Lindsey

## LINDSEY

### ANNIVERSARY

Susie and Tommy Lindsey of Pampa celebrated their 40th wedding anniversary with a family dinner and golf trip June 30th.

The celebration was hosted by Lisa and Jayme Farina, Leigh Ann and Nathan Huber, and Lori and Jonathan Waggoner, all of Keller, Texas.

Tommy Lindsey and the former Susie Melton were married June 30, 1967, at Ellis Chapel, Park Cities Baptist Church, in Dallas, Texas. They have lived in Pampa for 40 years and are members of Central Baptist Church of Pampa.

Susie taught school for Pampa Independent School District for 35 years prior to retiring in May 2003.

Tommy was a school principal with Pampa Independent School District for 40 years, retiring in June 2005.

Children of the couple are Lisa Farina and husband Jayme, Leigh Ann Huber and husband Nathan, Lori Waggoner and husband Jonathan, all of Keller, Texas. They have three grandchildren, Elisabeth Farina, Presleigh Huber and Jarrett Waggoner.

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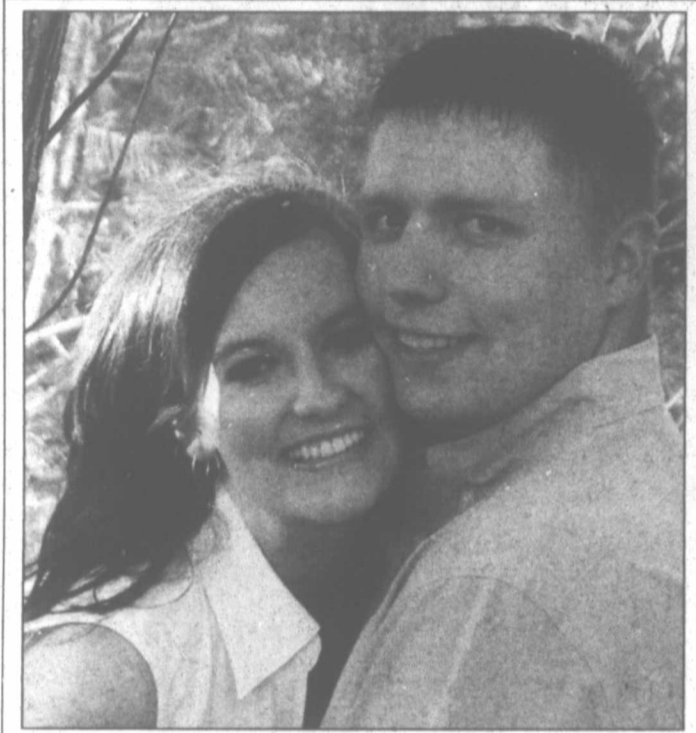
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## Bridal Registry...

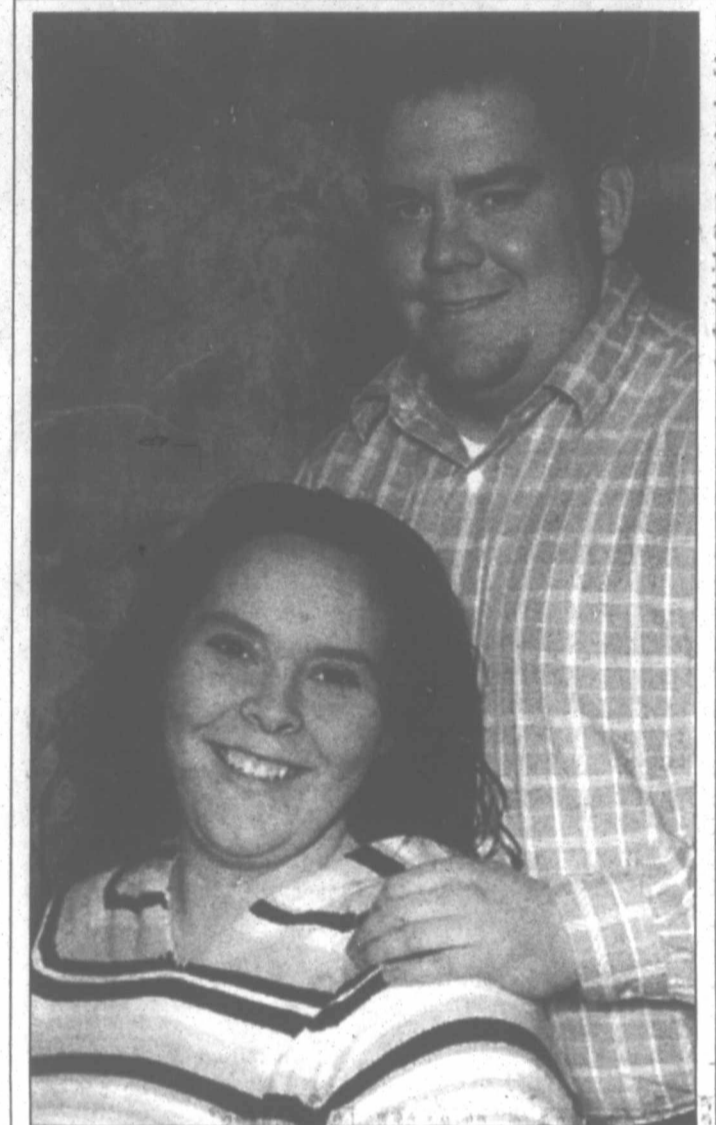
Emily Curtis and Chris Hicks  
 Meredith Hendricks and Brett Aiken  
 Rebekah Warner and Zachary Elliott  
 Teryn Stowers and Vince Gonzalez  
 Jennifer Schroeder and Leif Claassen  
 Ashley Derington and Aaron Waldrip  
 Jenna Albus and Chandler Bowers  
 Kamron Harris and Patrick Nonhof

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## Akins/Jaquess

Stephanie Akins and Jason Jaquess plan to wed Aug. 4 at Country Home Weddings in Canyon. The bride-to-be is the daughter of Randy and Lori Akins of Pampa and Rhonda Akins of Houston. She graduated from Pampa High School in 2003 and is a student at West Texas A&M University and is employed at H Bar H Turf Farms in Amarillo. The future groom is the son of Jack and Barbara Jaquess of Tahoka. He graduated from Tahoka High School in 2001 and holds a degree from WTAMU. He is employed with Canyon Fire Department.



## Land/Bohlar

Jessica Land and Bron Bohlar, both of Pampa, plan to wed July 7 at the old Pampa Hardware store in downtown Pampa. The bride-to-be is the daughter of Cathy Land of Pampa and Sandy Land of San Angelo. She graduated from Pampa High School and is currently employed at Pampa Regional Medical Center. The future groom is the son of Toni Bohlar of McLean. He graduated from McLean High School and has been employed at C.T.W. Brake Rims for three years.

## Grief Education Series for Adults

\*Special grief programs presented the second Wednesday of each month  
**July 11, 2007**

11:30 a.m. - 1:00 p.m.

Meeting Topic: *Death of a Spouse*

No fee to attend. A light lunch will be provided. Telephone registration is required.

\* All programs require a minimum of 10 participants in order to be held.

BSA Hospice - 800 N. Sumner - Pampa, Texas

To register call  
 (806) 665 - 6677  
 or toll free 1 (800) 658 - 6985



## Gator found in creek

LEVITTOWN, Pa. (AP) — Animal control officers caught an alligator in a creek just days after netting a 5-foot gator in the same area.

Now they fear more are lurking around Pennypack Creek in Philadelphia's suburbs and are asking children not to wade in the shallow waterway.

"If (there are) two, that's leading us to believe there may be more," said Shawn Tarman, Upper Merion's animal control officer.

## Lifestyles Policy

1. The Pampa News will not be responsible for photographs used in announcing births, weddings, engagements or anniversaries. We also reserve the right to refuse publication of photographs of poor quality. Photographs cannot be returned unless they are accompanied by a self-addressed, stamped envelope. They may be picked up in the office after appearing in the paper.

2. All information must be submitted by 5 p.m. Wednesday (12 noon Tuesday before a holiday such as Thanksgiving or Christmas), prior to Sunday insertion.

3. Engagement, wedding and anniversary news only will be printed on Sunday.

See **POLICY**, Page 3-B

## Club news

Club news is published strictly on a first come, first serve basis due to space limitations. The deadline each week for Sunday's paper is Wednesday at 5 p.m., (Tuesday at 12 noon on holidays such as Thanksgiving and Christmas.) The deadline does not guarantee publication that week. Thank you.

**Red Hattitude Royalty**  
 Red Hattitude Royalty Red Hat Club met June 7 in the home of Donna Reynolds. A luau party

theme was carried out with leis being given to arriving members by hostess Kathy White. Teriyaki k-bobs were served and members brought side dishes.

Following the meal, teams played croquet with White and Debbie Addy finishing first. A limbo contest was won by Susie Bockmon.

The next meeting will be at 6:30 p.m. July 5 at The Coffee Shop in Pampa with Reynolds as hostess. For more information, call Jane Jacobs 665-3878.

### Red Hat Dollies

The Red Hat Dollies of Pampa met June 21 at Pampa Senior Citizens Center with Helene Baumgardner presiding in the absence of Shirley Nicholson.

The following business was conducted and announcements made:

—Joann Wells was welcomed as a new member.

—A report was heard from Telephone Committee members Rita Geiger, Vivian Dykes and Emily Schneider.

—Members discussed possible future group activities. Several suggestions were put forth by a committee consisting of Dorothy Vaughn, Geiger and Baumgardner.

See **CLUB**, Page 3-B

# Texas Plains Women's Center



Dr. J. Scott Ellis, DO, FACOG

Treating Women With Compassion And Concern

Today marks our four year anniversary serving the women of the Texas Panhandle! Thank you for your generous patronage and support! We look forward to beginning our fifth year of practice here with a focus on Gynecology, especially in the areas of advanced gynecology, urinary incontinence, and minimally invasive surgeries. Look for our new lecture series being offered this fall on women's health issues! We continue to strive for excellence and for offering the best and the latest treatments to meet the needs of today's women.

Only the Best - No Compromise

Our mission is to provide the best gynecologic care for women in the Texas panhandle area. Our patients needs and concerns will be addressed openly and honestly, and with care and compassion. It is our goal to exemplify a professional and Christian attitude and ethic in all pursuits associated with this practice.

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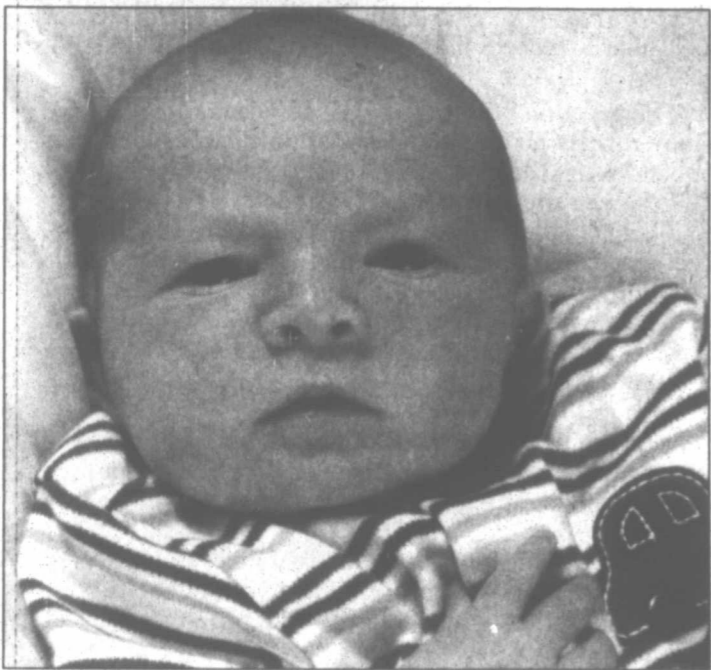
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*Cradle call*



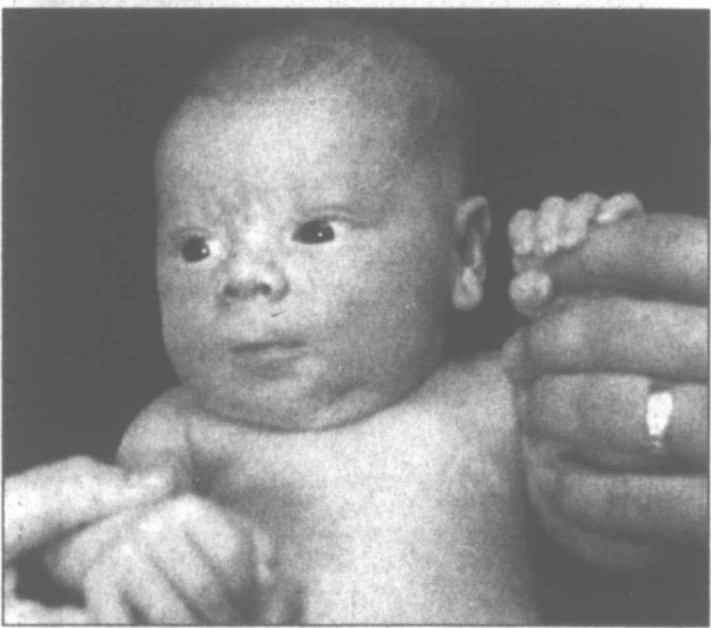
**Sawyer Nelson Burleson**

Sawyer Nelson Burleson was born at 10:47 p.m. April 16 at BSA Hospital in Amarillo to Joel and Kristin Burleson of Pampa. At birth, the infant weighed 8-pounds, 14½-ounces and was 20¾-inches long. The newborn is welcomed into the world by sister, Callin Burleson; grandparents, Bill and Kay Schwartz of Weatherford, Okla., and Jerry and Claudia Burleson of Arapaho, Okla.; and great-grandparents, Pauline Fischer of Arapaho and Joyce Kister of Terry, Miss.



**Jake Johnston Miller**

Jake Johnston Miller was born at 2:38 p.m. June 3 at Pampa Regional Medical Center to Kelly and Lana Miller of Pampa. At birth, the infant weighed 7-pounds, 4-ounces and was 20-inches long. The newborn is welcomed into the world by sisters, Courtney, Krysten, Cashion and Jetta Miller; and grandparents, Ken and Carol Miller, Doug and Marty Morrison, all of Oklahoma, and Lee Young of Garland.



**Davin Cade Hext**

Davin Cade Hext was born at 3:48 p.m. May 22 at Pampa Regional Medical Center to David and Stacy Hext of Pampa. At birth, the infant weighed 7-pounds, 5.8-ounces and was 20½-inches long. Welcoming the newborn into the world are his brother, Damian Hext, of the home; and his grandparents, Donald and Linda Huddleston, and Russel Hext, all of Pampa, and Denise Furgerson of Phoenix, Ariz.

*Menus*

Week of July 2-6

**PISD Summer Nutrition Program**  
**MONDAY**  
 Breakfast: Scrambled eggs, toast.  
 Lunch: Corndogs or turkey sandwiches, corn, spinach, pineapple.  
**TUESDAY**  
 Breakfast: Toast.  
 Lunch: Mini twin cheeseburgers or macaroni cheese, pinto beans, Spanish rice, fruit.  
**WEDNESDAY**  
 Holiday.  
**THURSDAY**  
 Breakfast: Sausage, donuts.  
 Lunch: Cheese cup/chips or macaroni cheese, green beans, carrots, peaches.  
**FRIDAY**  
 Breakfast: Cereal, toast.  
 Lunch: Hot dogs or turkey sandwiches, fries, mixed vegetables, applesauce cups, cookies.  
**Lunch in the Park**  
**MONDAY**  
 Corndogs, cheese portion, applesauce cups.  
**TUESDAY**  
 Burritos, cheese portion, peach cups, fruit.  
**WEDNESDAY**  
 Holiday.  
**THURSDAY**  
 Cheese cup, chips, peach cups, carrot sticks.  
**FRIDAY**  
 Hot dogs, cheese portion, applesauce cups, pickles.  
**Kid's Cafe-Wilson**  
**MONDAY**  
 Baked potatoes/toppings, ham, salad, fruit.  
**WEDNESDAY**  
 Closed.  
**Kid's Cafe-Lamar**  
**TUESDAY**  
 Chili dogs, chips, corn, dessert.  
**THURSDAY**  
 Beef/cheese nachos, refried beans, salad, dessert.

**Kid's Cafe-Briarwood**  
**FRIDAY**  
 Chili dogs, corn, chips, dessert.  
**Senior Citizens**  
**MONDAY**  
 Chicken fried steak or chicken chow mein/rice, mashed potatoes, spinach, beets, beans, strawberry cake or pineapple squares, slaw, tossed or jello salad, hot rolls or cornbread.  
**TUESDAY**  
 Barbecue sausage/onion rings or chicken legs, potato salad, Italian green beans, chuckwagon corn, beans, rainbow cake or cherry cream pie, slaw, tossed or jello salad, hot rolls or cornbread.  
**WEDNESDAY**  
 Holiday.  
**THURSDAY**  
 Chicken strips or Swiss steak, mashed potatoes, macaroni cheese, turnip greens, beans, German chocolate cake or vanilla pudding cups, slaw, tossed or jello salad, hot rolls or cornbread.  
**FRIDAY**  
 Catfish/hushpuppies or three-way chili, potato wedges, cheese hominy, beans, butter pecan cake or tapioca cups, slaw, tossed or jello salad, garlic bread sticks, hot rolls or cornbread.  
**Meals On Wheels**  
**MONDAY**  
 Barbecue meatballs, baked beans, potato salad, applesauce.  
**TUESDAY**  
 Meatloaf, scalloped potatoes, peas, pineapple.  
**WEDNESDAY**  
 Holiday.  
**THURSDAY**  
 Stew, cornbread, pears.  
**FRIDAY**  
 Tuna salad, pickled beets, peaches, cottage cheese, apricots.

**NEWSMAKERS**

**LUBBOCK** — Rachel Parker, daughter of C.W. and Lois Parker, was recently awarded the Elbert and Lucy Allred Scholarship for 2007-08. The scholarship, in the amount of \$600, was bestowed in recognition



Parker

of high academic achievement coupled with university and community involvement. Parker is a sophomore interior design major in the College of Human Sciences at Texas Tech University.



Kerbo

Kirsten Kerbo, 12, recently won the nationwide Glamour Shots contest. Her

picture will be featured in the Glamour Shots Studios. Kerbo is the daughter of Kirk and Madella Kerbo of Amarillo; and is the granddaughter of Cecil and Barbara Kerbo of Amarillo, and Aljean and the late M.T. Harmon of Pampa.

Pampa High School, was recently invited to join the National Society of High School Scholars.

The society recognizes top scholars in the nation and selects for inclusion those students who have achieved superior academic excellence.



Albracht

“On behalf of NSHSS, I am honored to recognize the hard work, sacrifice and commitment that Brenna has demonstrated to achieve this exceptional level of academic excellence,” said society founder

See NEWS, Page 4-B

**Club**

Continued from Page 2-B

—Emilie Schneider will distribute songs for the group to sing.  
 —Margaret Washington, assisted by Geiger, conducted a game of bingo. Prizes were won by nine members.  
 The next meeting will be 11 a.m. July 19 at Pampa Senior Citizens Center.

**Altrusa**  
 Altrusa International Inc., of Pampa

met June 26 at Pampa Country Club with President Terri Williams presiding. Marilyn Hardisty attended as a guest. Dorla McAndrew and Rochelle Lacy served as greeters.

The following business was conducted and announcements made:  
 —Lynn Switzer presented the Accent on “Sisterhood,” comparing the sisterhood of Altrusa members and the sisterhood of Altrusa clubs to one another.  
 —Pam Delton and Linda Lantz presented a program on Relay for Life.  
 The next meeting will be at 12 p.m. July 10 at First United Methodist Church.

**Policy**

Continued from Page 2-B

4. Engagement announcements will be published if the announcement is submitted at least one month before the wedding, but not more than three months before the wedding.  
 5. Bridal photos and information will not be accepted in The Pampa News office later than one month past the date of the wedding.  
 6. Anniversary announce-

ments will be published for celebrations only of 25 years or more and will not be published more than four weeks after the anniversary date.

7. Birth announcements will only be published for 0- to 3-month-olds. (See form for more details.)

8. Forms are available from the office 8 a.m. to 5 p.m., Monday thru Friday, or by sending a SASE to The Pampa News, P.O. Box 2198, Pampa, TX 79066-2198.

9. Two anniversary pictures may be placed for a \$25 charge or four extra

lines may be added to announcements for \$25 (\$50 for both).

**SCHEDULE A RETIREMENT REVIEW**

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 Karissa Intemann & Vance Sherrill  
 Kelli Martin & Ricky McCoy  
 Jennifer Frogge & Eljio Hernandez  
 Jenna Albus & Chandler Bowers  
 Samantha Cenideros & Blake Helms  
 Michelle Gomex & Joe Resendiz  
 Lauren Walters & Brandon Miller  
 Rebekah Warner & Zachary Elliot  
 Kate Peirce & Jeff Miller  
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# Women's health update:

What you should know about cervical cancer ...

(NAPSA) — Cervical health has gotten a lot of attention lately, mostly because of the strides being made in cervical cancer prevention. But what does it do, exactly? And do women really care?

A new survey by Harris Interactive showed that women actually do care—nearly 9 in 10 women said that a healthy cervix was as important to them as healthy breasts, and more than half

said it was part of what makes them feel like a woman. Less than half, though, were able to name several of its specific functions.

"When women understand how important the cervix can be to their overall well-being, they will take the necessary steps, such as getting regular Pap smears, to keep their cervix healthy," said Elizabeth Battaglino Cahill, RN, executive vice

president of the National Women's Health Resource Center (NWHRC), an independent, nonprofit organization dedicated to empowering women to make informed decisions about their health by providing objective, trustworthy information.

The cervix is the bottom part of a woman's uterus, where it opens into the vaginal cavity. To understand exactly where it's located, picture the uterus as an upside-down pear. The fallopian tubes reach out from the sides of the pear's top with the ovaries at the end of each tube—and the pear's narrower base is the cervix.

Depending on the stage in a woman's life, the cervix plays various roles and may look and feel differently. It protects the uterus from sexually transmitted diseases and bacteria, which may be particularly important for younger women. When a woman is trying to get preg-

nant, the cervix secretes sperm-nourishing mucus to help fertilization, and while she is pregnant, the cervix supports the baby's weight. Throughout all life stages, but particularly important after having children and as a woman ages, the cervix provides support to the organs above it—including the uterus and bladder.

The cervix can open and close in varying degrees, depending on what is happening inside a woman's body. It stays tightly closed during pregnancy to counteract the force of gravity on the fetus, opens slightly during ovulation and menstruation, and opens very widely (usually 10 cm wide) during childbirth.

Dr. Viviane Connor, co-director of minimally invasive gynecologic surgery at the prestigious Cleveland Clinic in Florida, believes that women should be informed about cervical health in order to participate

in important health decisions. Very often, even women facing hysterectomy have a choice whether to keep their cervix intact or have a full hysterectomy, which removes the entire uterus.

"There is a minimally invasive hysterectomy called a laparoscopic supracervical hysterectomy (LSH) that only takes out the top part of the uterus where the problem is and leaves the normal cervix in place," explains Dr. Connor. "LSH also causes less scarring, is a less painful procedure and has a significantly shorter recovery time than the traditional open abdominal hysterectomy that is more common. Women who are facing hysterectomy should talk to their health care provider about whether they are a candidate for LSH."

Most women wouldn't choose to remove their cervix if it was healthy; in fact, 77 percent do not feel

the cervix should be routinely removed with hysterectomy to prevent cervical cancer when they can have regular pap spears instead. So why are so many women having their cervix removed with hysterectomy? It could be because 73 percent of all women—and 53 percent of hysterectomy patients—had never heard about LSH.

It's a good idea to talk to your doctor about your overall reproductive health and before having a hysterectomy—or any kind of gynecologic surgery—ask questions to find out about the procedure, associated risks and alternative treatments to make the choice that's right for you. You can also visit [www.healthywomen.org](http://www.healthywomen.org) to learn more and get a free, 28-page Your Guide to Cervical Health, available through support from Ethicon Women's Health & Urology, a division of Ethicon, Inc., a Johnson & Johnson company.

## News

Continued from Page 3-B

community that represents our very best hope for the future."

Membership in the society comes with a variety of benefits such as scholarship opportunities, academic competitions, free events, member-only resources, online forums, publications and more.

"Our vision is to build a dynamic international organization that connects members with meaningful content, resources and opportunities," said society President James Lewis. "We aim to help students like Brenna build on their academic successes and enhance the skills and desires to have a positive impact on the global community."

and Chairman Claes Nobel, a senior member of the Swedish Nobel family. "Brenna is now a member of a unique community of scholars—a



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## Did you know?

(NAPSA) — Getting your baby to sleep through the night is no easy task. Fortunately, best-selling parenting author Ann Douglas offers a variety of strategies and tips in "Sleep Solutions for Your Baby, Toddler and Preschooler" (Wiley).

For an elegant yet no-hassle dessert party menu, consider Pepperidge Farm Distinctive Cookies such as crispy sweet Bordeaux, delicate strawberry Verona(r) or buttery-smooth Chessmen. For more information on cookies, recipes and tips, visit [www.artofthecookie.com](http://www.artofthecookie.com).

Homeowners can reduce power yard-tool emissions with MightyLite tools from Homelite. The gas-powered tools beat EPA standards for emissions by 30 to 40 percent. Also, Ryobi's One+ line of 18-volt power tools now includes traditional outdoor tools. Visit [www.homelite.com](http://www.homelite.com) or [www.ryobitools.com](http://www.ryobitools.com).

Twenty years ago, Lisa Delaney was disappointed by diets that never worked, her dull job and lack of love life. In her

book, "Secrets of a Former Fat Girl" (Hudson Street Press), Delaney reveals her secrets to success—which resulted in a 70-pound weight loss, work and relationship success. Visit Delaney's Web site [www.formerfatgirl.com](http://www.formerfatgirl.com).

The Foundation for Chiropractic Progress says it's important to follow backpack safety. The group says not to carry a pack that's more than 10 to 15 percent of your body weight and to be sure your pack fits properly. Visit [www.f4cp.com](http://www.f4cp.com) or call (866) 901-3427.

Fiji and Tahiti. Both breathtaking, each unique. For information on visiting these islands, contact Pleasant Holidays at (866) 749-0801 or at [PleasantHolidays.com](http://PleasantHolidays.com).

"Breaking News: How The Associated Press Has Covered War, Peace, and Everything Else" is available at bookstores, online booksellers and from the publishers at [www.papress.com](http://www.papress.com).



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# Dear Abby...

By Pauline & Jeanne Phillips

**DEAR ABBY:** I am a professional costume wearer. By that, I mean I have been an elf, a giraffe, a moose, T-Rex and a character for a major hamburger chain. I am presently a character for a major cereal company. Once I am in costume, I am not allowed to speak. Adults and older children think nothing of hitting me, kicking me, pulling at parts of my costume, and trying to knock me down. One 12-year-old even tried to "head butt" me while his father looked on and encouraged him! I am in costume for about an hour or so before I can take breaks. It gets hot and sweaty inside these costumes. I have a limited field of vision and can't see many of the oncoming attacks. Even if I saw each one, I would not be able to say anything to stop or deflect these random attacks. What I do is have a paid "helper" walk beside me. This is now discouraging such actions by adults and children. I would ask parents to please remember that there are real people inside these costumes, which are not heavily padded. I feel each and every hit and kick as if I were wearing street clothes. Thanks for printing this. — **H.S. IN COLORADO**

**DEAR H.S.:** You have my sympathy, and I am seconding your request. That a parent would encourage such poor behavior incenses me. You should not have had to hire a "bodyguard" to protect you. I find it interesting, however, that the children who are acting out against you do not regard you as another human being. It seems they have mistaken you for the same kind of cartoon character they see on television -- against

whom violence is committed with no repercussions. (I'm reminded of the "Mr. Bill" character that was once featured on "Saturday Night Live.") One of my assistants, who has occasionally dressed as a chimp in her work as a docent at the L.A. Zoo, tells me that this is one of the hazards in your line of work. Call me humorless, but to me, assault and battery are criminal behaviors -- and if someone I cared about were subjected to it, I would be very concerned.

**DEAR ABBY:** I hope you will print this as a favor to recent college graduates. The proper way to obtain a reference for a prospective job employer is to first ask permission from the person you want to recommend you. Had my friend's daughter done that, I would have told her honestly that her lack of discipline and integrity would be a hindrance in getting this job. The form I received from the employer asked, "Would you hire this person?" I had to say no. Never "surprise" anyone by giving their name as a referral. Always ask first. — **PUT ON THE SPOT IN HOUSTON**

**DEAR PUT ON THE SPOT:** That's good advice -- and I'm pleased to pass it along. What your friend's daughter did was presumptuous. And if you had lied for her, and the young woman did not work out because of discipline or integrity issues -- the person who would have lost credibility would have been you.

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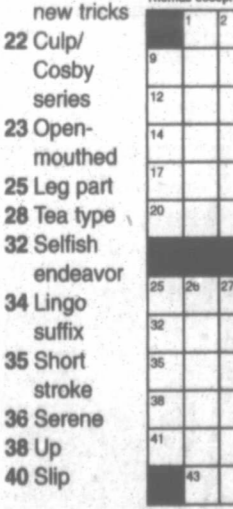
## Crossword Puzzle

### CROSSWORD

By THOMAS JOSEPH

- ACROSS**
- 41 Butler of film
  - 1 Fresh water fish
  - 5 Donated problems
  - 9 Madame Curie
  - 10 Deal maker
  - 12 Kitchen output
  - 13 Three-card game
  - 14 "I'm not kidding"
  - 16 Smelting need
  - 17 Buddhism branch
  - 18 Member of the wedding
  - 20 Unlikely learner of new tricks
  - 22 Culp/Cosby series
  - 23 Open-mouthed
  - 25 Leg part
  - 28 Tea type
  - 32 Selfish endeavor
  - 34 Lingo suffix
  - 35 Short stroke
  - 36 Serene
  - 38 Up
  - 40 Slip
- DOWN**
- 1 Library table
  - 2 In the area
  - 3 Edges
  - 4 Sphagnum source
  - 5 Tourney part
  - 6 In the past
  - 7 Some poisons
  - 8 Catch
  - 9 Passover bread
  - 11 Wee
  - 15 Smash part
  - 19 Stadium part
  - 21 Silly looks
  - 24 Hot, in a way
  - 25 Closet port
  - 26 Hercule's creator
  - 27 Threw
  - 29 Relate to
  - 30 Fancy ties
  - 31 Lusty looks
  - 33 Run-down
  - 37 War of 1812 port
  - 39 — loss

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## The Family Circus

THE FAMILY CIRCUS By Bil Keane



"Yeah, Jeffy. That's like from here to the mall."

## Flo & Friends



ne-to-an-eg-So hen yed uld all of had to er-and to-to-ions ce-and to ight visit to free, to able om & of n & ess), in a Visit por-ry a ight com nfor-ys at ered pres, at

SUNDAY AFTERNOON / EVENING JULY 1, 2007

Table with columns for time slots (12pm to 10pm) and rows for various TV channels (KACV, KAMR, KCIT, etc.) listing programs and their descriptions.

MONDAY AFTERNOON / EVENING JULY 2, 2007

Table with columns for time slots (12pm to 10pm) and rows for various TV channels (KACV, KAMR, KCIT, etc.) listing programs and their descriptions.

TUESDAY AFTERNOON / EVENING JULY 3, 2007

Table with columns for time slots (12pm to 10pm) and rows for various TV channels (KACV, KAMR, KCIT, etc.) listing programs and their descriptions.

WEDNESDAY AFTERNOON / EVENING JULY 4, 2007

Table with columns for time slots (12pm to 10pm) and rows for various TV channels (KACV, KAMR, KCIT, etc.) listing programs and their descriptions.



THURSDAY AFTERNOON / EVENING

JULY 5, 2007

Table of TV schedules for Thursday afternoon/evening, July 5, 2007. Columns include time slots from 12pm to 10pm and various channel listings with program titles.

FRIDAY AFTERNOON / EVENING

JULY 6, 2007

Table of TV schedules for Friday afternoon/evening, July 6, 2007. Columns include time slots from 12pm to 10pm and various channel listings with program titles.

SATURDAY AFTERNOON / EVENING

JULY 7, 2007

Table of TV schedules for Saturday afternoon/evening, July 7, 2007. Columns include time slots from 12pm to 10pm and various channel listings with program titles.

MEETINGS & PSAs

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information, call 1-800-572-6365. HOSPICELINK. Hospice Education Institute, a non-profit organization, has established HOSPICELINK, a national toll-free telephone hotline for people seeking information and education regarding hospice care...

# Iowa senators, farm groups complain about propane regs

By HENRY C. JACKSON  
Associated Press Writer

DES MOINES, Iowa (AP) — As a long-time farmer, Iowa Sen. Charles Grassley said he quickly saw the folly of new propane regulations proposed by the Department of Homeland Security.

The proposal would list propane as a chemical of interest when kept in quantities greater than 7,500 pounds, forcing a costly risk assessment.

Propane "is used by virtually every farmer to dry their grain or heat their house ...," Grassley said. "Hopefully they just don't understand how the new regulations would affect every farmer or even non farmer."

Grassley sent a letter to Homeland Security Director Michael Chertoff about the matter, and Iowa's other senator, Tom Harkin, said he would take similar steps soon. The proposal also has drawn complaints from the National Grain and Feed Association and the Grain Elevator and Processing Society.

A Homeland Security spokesman did not return telephone messages seeking comment

left Tuesday and Wednesday.

Many farmers use propane, and the proposal would require each to pay a one-time \$2,300 to \$3,500 fee for the assessment, which includes a background check.

Grassley said the agency has the nation's best interests at heart but is proposing a requirement that would be unnecessarily burdensome on farmers.

"The department has a tough and critical job in protecting the infrastructure of our country, and I understand that," Grassley said. "But at the same time those who put out these rules need to understand the impact their actions have on people in every part of the country."

David Krejci, executive vice president of the Grain Elevator and Processing Society, questioned the necessity of further regulating propane.

"At what point are you dealing with safety, when you're saying that everything is considered a high risk?" Krejci said. "It's painted with such a broad brush that it seems like we're not really focusing on what the risk assessment is."

## Open house



Pampa News photo by REDONN WOODS

Christine Campaigne, left, Terri A. Pay, A.R.N.P., Dr. Adrian P. Pay, M.D., P.A., and Betty Henderson visit Thursday at an open house in Dr. Pay's office.

# Astronaut's attorney says she was not wearing diapers

ORLANDO, Fla. (AP) — Former astronaut Lisa Nowak didn't wear diapers during her 950-mile road trip to confront a romantic rival, her lawyer said Friday, disputing one of the more bizarre details to emerge from the NASA love triangle.

"The biggest lie in this preposterous tale that has been told is that my client drove from Houston, Texas, to Orlando, Florida, non-stop, wearing a diaper," Donald Lykkebak said after filing motions to suppress evidence in Nowak's

criminal case. "That is an absolute fabrication."

The tidbit that Nowak wore diapers during her trip was written in the police report filed after Nowak's arrest in February.

"I then asked Mrs. Nowak why she had baby diapers," according to the charging affidavit written by Officer William "Chris" Becton. "Mrs. Nowak said that she didn't want to stop and use the restroom, so she used the diapers to collect her urine."

There were toddler-size diapers

in her car when she was arrested, but they were several years old, Lykkebak said. Nowak and her family had used them when Houston was evacuated in 2005 during Hurricane Rita, he said.

The diaper detail became fodder for late-night TV comics and talk radio and even inspired an episode of the NBC show "Law & Order."

"It jeopardizes our ability to have a fair trial when the accused is the butt of jokes," Lykkebak said.

Lykkebak didn't say why he waited until now to dispute the

police report.

An Orlando police spokeswoman, Sgt. Barb Jones, said she couldn't comment about the case specifically. She said a court would determine the accuracy of the facts.

Nowak, 44, was charged with attempted kidnapping, battery and burglary with assault in a confrontation at Orlando International Airport with Colleen Shipman, the girlfriend of former astronaut Bill Oefelein. Oefelein told detectives he had a two-year relationship with Nowak but ended it some time

after he started a relationship with Shipman.

Nowak has pleaded not guilty and her trial is set for September. She was dismissed from the astronaut corps a month after her arrest.

Oefelein was dismissed from the corps at the beginning of June.

Lykkebak filed a motion asking a judge to prevent statements that Nowak made to police from being entered into evidence, claiming she had not been properly advised of her constitutional rights.

# Lack of immigrants blamed for homicide increase

By MARYCLAIRE DALE  
Associated Press Writer

PHILADELPHIA (AP) — Baltimore, Philadelphia and other cities in a bloodstained corridor along the East Coast are seeing a surge in killings, and one of the most provocative explanations offered by criminal-justice experts is this: not enough new immigrants.

The theory holds that waves of hard-working, ambitious immigrants reinvigorate desperately poor black and Hispanic neighborhoods and help keep crime down.

It is a theory that runs counter to the widely held notion that immigrants are a source of crime and disorder.

"New York, Los Angeles, they're seeing massive immigration — the transformation, really, of their cities from populations around the world," said Harvard sociologist Robert J. Sampson. "These are people selecting to go into a country to get ahead, so they're likely to be working hard and stay out of trouble."

It is only a partial explanation for the bloodshed over the past few years in a corridor that also includes Newark, N.J., and Boston, but not New York City.

In interviews with The Associated Press, homicide detectives, criminal justice experts and community activists point to a confluence of other possible factors.

Among them: a failure to adopt some of the innovative practices that have reduced violence in bigger cities; the availability of powerful guns; and a shift in emphasis toward preventing terrorism instead of ordinary street crime.

Philadelphia is losing one resident a day to violence, recording 196 homicides through the third week of June. That is slightly ahead of the total at this point in 2006, a year that ended with 406 homicides, the most in almost a decade. On the first day of summer alone, six people were killed in Philadelphia in three street shootings.

In Newark, the homicide toll has soared 50 percent in four years, from 68 in 2002 to 106 in 2006. Baltimore had 140 slayings as of June 10, up from 122 the same time last year. Boston had 75 homicides in 2005, a 10-year high, and 75 in 2006. So far this year, there have been at least 30 slayings.

Some cities "never bothered to institute the reforms, policies and programs that impacted violent crime because they felt immune from what they saw as big-city issues," said Jack Levin, director of the Brudnick Center on Violence at Northeastern University in Boston. "Now they're paying the price."

These efforts include limiting gun purchases, suing rogue dealers and deploying officers more strategically, based on crime data analysis.

Others blame a resigned acceptance of "quality-of-life" crimes, such as running red lights and vandalism. Some law enforcement authorities argue that ignoring such crimes breeds disrespect and cynicism and leads to more serious offenses.

The vast majority of U.S. homicides — nearly 90 percent in Newark last year — involve guns. And they are more powerful than ever. The weapons of choice are semiautomatics that can spray dozens of bullets within seconds.

"We're seeing 40, 45 shots," said Richard Ross, Philadelphia's deputy police commissioner. In one recent killing, "I think they fired 20 shots into him. That's remarkable." He added: "For some of these young people, it's the glamour of it. They want to carry on their block."

Some cite a drop in federal aid for ordinary law enforcement in favor of homeland security spending. According to Ross, federal grants used mostly for police overtime in Philadelphia fell from more than \$4 million in 2002 to about \$1 million last year.

The number of police officers per capita has fallen 10 percent since 2000 in cities of more than 225,000, according to Northeastern University criminologist James Alan Fox. Yet post-Sept. 11 fears, especially in Boston, have forced police to monitor government buildings and transportation hubs while also watching for street crime, he said.

"We've shifted our resources from hometown security to homeland security," Fox said. "We have left relatively unattended the poor and powerless who face violence every day and hear gunshots every night."

University of Pennsylvania criminologist Lawrence W. Sherman is a prime exponent of the theory that immigration exerts a moderating effect on crime among poor black men.

"Cities that have heavily concentrated and segregated African-American poverty are the places that have increases in homicide," Sherman said. "The places that have lots of immigration tend not to have nearly as much segregation and isolation" of poor blacks.

Sherman acknowledges the theory is evolving and unproven.

"The fundamental driver of the homicide rate is honor killings among young black men," Sherman said. "What is it about immigration that tends to tone it down? I don't think we know the answer to it."

He said immigrants "change the spirit" of a community and affect the way young black men in poor areas relate to each other.

"It seems a plausible way to account for the big difference in the trajectory of homicides" in stagnant cities versus ones with lots of immigration, he said.

The percentage of foreign-born residents is 11 percent in Philadelphia, compared with 22 percent in Chicago, 37 percent in New York and 40 percent in Los Angeles, according to 2005 census figures.

Alison Sprague, executive director of Victim/Witness Services of South Philadelphia, suggested there is some merit to the theory. Immigrants in Philadelphia tend to be crime victims rather than perpetrators, she said.

"I really do think the vast majority of people are trying to earn a living and support their families and stay under the radar," Sprague said. Illegal immigrants, especially, "have every motivation not to get involved in something."

Dorothy Johnson-Speight of Philadelphia, whose 24-year-old son was shot to death over a parking space in 2001, doesn't buy it.

"If there were more immigrants in the city of Philadelphia, there would be less violence? I'm not making the connection here. I'm not getting it," she said.

In New York, city leaders have pushed through strict gun-control laws while attacking social ills such as littering and loitering. New York's homicide toll has plummeted to one-fourth its 1990 high of 2,245. The count could slip below 500 this year.

Just across the Hudson River, in Newark, the poverty and employment picture remains grim. Unemployment hit 18 percent in 2004, and 27 percent of families live in poverty. New York's unemployment rate, by contrast, was 4.9 percent in May.

"The second-tier cities have fewer economic possibilities for people," said Arlene Bell, a former prosecutor who now runs youth centers in Philadelphia. "When there are no opportunities for kids growing up, no possibility of entering the work force — particularly with their level of education — they're left to their own devices."

Chicago, whose jobless rate was 4.7 percent in May, has seen its death toll drop sharply from the first part of the decade, when more than 600 homicides were recorded for three straight years. The city had 467 homicides in 2006, and this year the numbers are running about even.

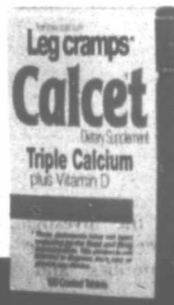
Similarly, Los Angeles, where unemployment stood at 4.7 percent last month, recorded 481 homicides in 2006 — less than half the number seen in the early 1990s. By mid-June of this year, the city had 172 killings.

Associated Press writers Ben Nuckols in Baltimore, David Porter in Trenton, Erin Conroy in Boston and Michael Rubinkam in Philadelphia contributed to this report.

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Fabulous new 3 bedroom brick, 2 1/2 baths. Plantation wood blinds. Insulated windows. Granite counter tops in kitchen. Sprinkler system front and back. 12 ceilings in dining, foyer and great room. Stainless steel appliances. 2 car garage. Too many amenities to mention. Call Jim for additional information. OE

**NEW LISTING**  
Great family home. 3 bedroom split level brick home. 2 1/2 baths, formal living room, den has woodburning fireplace. Fantastic sunroom overlooking beautiful landscaping. Tile room behind garage would be great for a hobby room or office. Double car garage. Spill doors throughout the house. Call Irvine for an appointment. 07-7685.

**NICE LOCATION**  
Very nice 3 bedroom, 2 baths, living room, den, fireplace. Many nice features including vinyl on eaves for easy maintenance. Large pantry in kitchen. Enclosed back porch and wooden patio. Automatic yard sprinklers front and back. Call Irvine for an appointment. 07-7648.

**REDUCED PRICE**  
Beautiful 4 bedroom brick. Huge great room. Formal dining, kitchen-breakfast room. Isolated master bedroom and bath. Huge walk in closet in master bath, 2 1/2 baths. Three car garage. Large shop in back has overhead door to alley. Automatic yard sprinklers and flower beds. Lots of appliances. Call Irvine to see. 07-7447.

**RENTAL INVESTMENT**  
Permanent renter wants to stay in this 3 bedroom, 1 bath, single car garage. Excellent return on the investment. Call Jim. 7616.

**APPROVED FOR HUD**  
3 bedroom, 2 baths, single car garage. Call Jim for details. 7647.

**CALL FIRST LANDMARK REAL ESTATE NEEDS. WE APPRECIATE YOUR BUSINESS.**  
Irvine Riphahn GRJ . 665-4534  
Chris Moore GRJ . 665-4172  
Jim Ward . 665-1593  
Bobbie Nisbet BKR . 665-037

**HAVE SOMETHING FOR SALE?**

LET THE PAMPA NEWS CLASSIFIEDS DO THE WORK!  
CALL 669-2525 TO PLACE AN AD TODAY!

**1 Public Notice**

**NOTICE TO BIDDERS**  
Sealed bids addressed to the City of Pampa, Texas, will be received at the Office of the City Secretary, P.O. Box 2499, Pampa, Texas 79066-2499, until 10:00 A.M., July 10, 2007, for furnishing all necessary materials, machinery, equipment, superintendency and labor for the Cleaning and Inspection of the Water Tanks. Bids shall be enclosed in a sealed envelope marked "CLEANING AND INSPECTION OF WATER TANKS BID ENCLOSED, BID NO. 07.04.U" and show the date and time of bid opening. Facsimile bids will not be accepted. Award will be considered during the July 10, 2007 Commission meeting. Bidders shall submit their bids on the form attached to the Specifications and must submit therewith a Cashier's or Certified check issued by a bank satisfactory to the Owner, or a Bid Bond payable without recourse to the order of the City of Pampa, in an amount not less than 5% of the bid submitted on the project as a guaranty that the bidder will enter into a contract and execute bonds on the form provided within ten (10) days after notice of award of contract to him. The successful bidder must furnish Performance and Payment Bonds on the forms attached to the Specifications on the amount of 100% of the total contract price from a Surety Company approved by the Owner holding a permit from the State of Texas to act as Surety or other Sureties acceptable to the Owner. In case of ambiguity or lack of clearness in stating the prices in the bids, the Owner reserves the right to accept or reject any or all bids submitted and to waive any informalities or technicalities. The failure to collect any or all of these samples is a monitoring violation and we are required to notify you of this violation. If you have any questions regarding this violation, you may contact Bruce Withers at 806-835-2200. G-92 July 1, 2007

**1 Public Notice**

**INCREASED MONITORING VIOLATION (T3/T4)**  
Lefors Municipal Water System/0900001 collected samples for bacteriological analysis in April/2007. Laboratory results indicated the presence of coliform bacteria. Consequently, the Texas Commission on Environmental Quality required our system to perform increased monitoring and submit five distribution samples the following month. Because we failed to collect the specified number of samples, we were cited for a monitoring violation and are required to inform you of this violation. If you have any questions regarding this violation, you may contact Bruce Withers at 806-835-2200.

**REPEAT MONITORING VIOLATION (TCR 25/26)**  
Each month, Lefors Municipal Water System/0900001, is required to submit water samples for bacteriological testing. The samples we submitted during April / 2007 contained coliform bacteria. The presence of coliform bacteria indicates a potential problem with our water treatment system or the pipes that distribute the treated water. When coliform bacteria are found in a routine sample, the Texas Commission on Environmental Quality (TCEQ) requires us to collect a specific number of repeat samples to help determine if there is a problem. We did not collect the correct number of repeat samples. The failure to collect any or all of these samples is a monitoring violation and we are required to notify you of this violation. If you have any questions regarding this violation, you may contact Bruce Withers at 806-835-2200. G-95 July 1, 2007

**1 Public Notice**

Bidders shall submit their bids on the form attached to the Specifications and must submit therewith a Cashier's or Certified check issued by a bank satisfactory to the owner, or a Bid Bond payable without recourse to the order of the City of Pampa, in an amount not less than 5% of the bid submitted on the project as a guaranty that the bidder will enter into a contract and execute bonds on the form provided within ten (10) days after notice of award of contract to him. The successful bidder must furnish Performance and Payment Bonds on the forms attached to the Specifications on the amount of 100% of the total contract price from a Surety Company approved by the Owner holding a permit from the State of Texas to act as Surety or other Sureties acceptable to the Owner. In case of ambiguity or lack of clearness in stating the prices in the bids, the Owner reserves the right to accept or reject any or all bids submitted and to waive any informalities or technicalities. In case of ambiguity or lack of clearness in stating the prices in the bids, the Owner reserves the right to accept or reject any or all bids submitted and to waive any informalities or technicalities. Bidders are expected to inspect the site of the work and to inform themselves regarding all local conditions under which the work is to be done. The contractor shall comply with all State and Federal regulations regarding wages and conditions of employment, including, but not limited, to those rules and regulations set forth or referred to in the Specifications. Bids shall be opened in the 2nd Floor Conference Room (City Hall). Information for Bidders, Bid Forms, Specifications and Plans are on file with the Deputy Director of Public Works Office (Donny Hooper, 806-669-5750, City Hall), 200 West Foster, Pampa, Texas 79065.

**1 Public Notice**

No charge for plans and specifications to qualified bidders.

**ADOPT\* Endless love & hugs, stay home mom, successful dad, music, sports happily await your baby: Expenses paid.**  
Barry & Karen  
1-800-365-8774

**14h Gen. Serv.**

COX Fence Company. Repair old fence or build new. Free estimates. Call 669-7769.

CERAMIC tile work. Remodeling floor, shower, kitchen. Texture, painting, dry wall. Free esti. Call 665-3453 leave message. Jesus Barraza.

**CONCRETE WORK**  
No job too small! Driveways, sidewalks, etc.  
Will travel east & North of I-40  
806-664-1234

NEED Home Renovations? From Minor repair to New Home Const. 806-236-6621, 806-206-0562

JAB Const. Backhoe Service. All types of backhoe work. Jimmy 664-9171, Ann-E 662-0340, Bill 283-5706.

**14r Plowing/Yard**  
PATTY'S Lawn Mowing Service, Skellytown, Tx. Call for appt. 806-848-2316. Don't have bag attachment.

TAYLOR'S Yard Service. Lawnmowing, edging, pruning, landscaping, clean up. 886-0267 or 273-2907, Richard.

**14s Plumbing/Heat**  
JACK'S Plumbing & Faucet Shop, 715 W. Foster, 665-7115. Faucets, plumbing supplies, new constr., repair, remodeling, sewer / drain cleaning, septic systems installed. Visa/MC

Larry Baker Plumbing Heating/Air Conditioning Borger Hwy. 665-4392

**19 Situations**  
HOUSECLEANING SERVICE  
Reliable individual will provide dependable services. Mon. thru Sat. For free estimates, call Diane 806-898-2535

HOUSECLEANING  
Call 669-6544 806-382-8696

**21 Help Wanted**

**NOTICE: All ads that contain phone numbers or give reference to a number with an area code of 809 or a prefix of 011 are international toll numbers and you will be charged international long distance rates. For more information and assistance regarding work at home opportunities and job lists, The Pampa News urges its readers to contact the Better Business Bureau of South Texas, 609 S. International Blvd., Weslaco, Tx. 78596, (210) 968-3678.**

**21 Help Wanted**

**NOTICE**  
Readers are urged to fully investigate advertisements which require payment in advance for information, services or goods.

**CROSSROADS MARKET & DELI**  
Morning & evening shifts avail. Clerks & Cooks needed. Gas mileage allowance. Good atmosphere! Apply in person: 101 Commercial St Miami, Tx. 868-3221

EXPERIENCED Roustabout hands & experienced maintainer operator needed. Apply in person at 725 N. Price Rd.

**21 Help Wanted**

**CNAs**  
ASK ABOUT OUR NEW SIGN ON BONUS!  
IMMEDIATE OPENINGS on all shifts. Must be TEXAS State Certified! Competitive rates & benefits for full time employees. EOE. Must be able to pass drug screen & background check. For more information, call (806)665-5746, or apply in person at CORONADO HEALTHCARE CENTER, 1504 W. Kentucky Ave., Pampa.

**CONCRETE TOOLS & TOOLS AUCTION**  
Sat. July 7, 9:33 A.M.

Loc.-PAMPA, TX-South of Country Club on Gray 9, from east side of Pampa Hwys. 60/152 & Loop 171 north 1.5 mi., crossing overpass to Browning St., then west on Browning 1/10 mi. to Gray 9, then south on Gray 9, 1/10 mi.

**COTTON BOGGES**

CONCRETE TOOLS- Saw, Power Trowels, Mixer, Stamps, Floats; AIR COMPRESSORS: AIR NAILERS & TOOLS-Milwaukee, DeWalt, Bosch, Ryobi; TOOLS-Shop Vac, Jacks, Hand Tools; TRANSIT/LEVEL: FELKER WET TILE SAW; DRY WALL & PAINTING TOOLS: SCAFFOLDING PICKUP & TRAILER; BOAT: PEAVEY SOUND EQUIP.

Full Listing on Web Page  
[www.loydsauction.com](http://www.loydsauction.com)  
**Lyndon Loyd Auctioneers**  
806-826-5850 or 334-0407  
Wheeler, Tx. (Lic. Tx. 7119)

**Tejas Real Estate**

2232 CHESTNUT A friendly lifestyle is yours in this charming 3 bdrm, 1 1/2 bath home. Located in an established neighborhood, it features beautiful landscaping, large deck, outdoor grilling center, shop & playhouse. Original restored hardwood floors, new interior texture and paint. REDUCED TO SELL AT \$95,000.00.

2734 COMANCHE A home you'll be proud to own on a quiet corner lot. 3 bdrm. traditional, graciously-sized rooms, 1 3/4 baths, 2 bay garage. Family room with woodburning fireplace, office or hobby room just off kitchen, dining room. ONLY \$119,500.00.

DISCOVER WHITE ACRES! A new subdivision just outside the city limits offering new construction homes at affordable prices. 1-3 acre lots, well water, planned future features include fishing pond, paved road & more. All home sites offer beautiful views.

12004 WHITE AC. RD. Near completion, this home offers lots of space including a finished basement. Generous size rooms, crown molding, whirlpool tub in master bath, lots of windows and a pellet burning stove to keep you cozy. This home is handicapped accessible. 3/2/2.1 acre. \$219,000.00.

12002 WHITE AC. RD. Tall ceilings, acid stained concrete floors, whirlpool tub, covered porch. Just a few features offered in this home under construction. Act now and choose your colors 3/2/2.1 acre \$189,000.00.

Sue Baker, Agent ... 669-SOLD (7653)  
[www.tejasrealestate-pampa.com](http://www.tejasrealestate-pampa.com)

AXYDLBAAXR  
is  
LONGFELLOW

One letter stands for another. In this sample, A is used for the three L's, X for the two O's, etc. Single letters, apostrophes, the length and formation of the words are all hints. Each day the code letters are different.

6-30 CRYPTOQUOTE

YVS VI LHDHLVH, OIR XOSWG  
SGH WGOIFVIF WCPCL CT SGH  
XODHY SGOS JLHOA NBCI SGH  
VRPH YHOYGCLH CT SGH

EVIR. — G.X. PCIFTHPPCX  
Yesterday's Cryptoquote: A MOTH LEADS AN AWFUL LIFE; HE SPENDS THE SUMMER IN A FUR COAT AND THE WINTER IN A BATHING SUIT. — SOURCE OBSCURE

21 Help Wanted

SIVALLS Inc. is looking for Welder Fabricators. Welding and drug tests req. Benefits: health ins., profit sharing, 401K, 8 paid holidays and 10 days vacation per year. 806-665-7111, Pampa.

21 Help Wanted

POST OFFICE NOW HIRING. Avg. Pay \$20/hr. or \$57K annually including Federal benefits and OT. Paid Training, Vacation, FT/PT. 1-800-584-1775 ext. 5928 USWA.

21 Help Wanted

Ranch/Farm Employee Temporary of Day Work and also permanent position. All DUTIES. Turley Ranch, NW Roger Mills County. 580-983-2326. Lois@turleyranch.com

21 Help Wanted

OUTREACH Health Services is hiring personal care attendants in the Pampa area. Must be 18 yrs. +. No exp. necessary. Please call 806-373-0986 or 800-800-0697. EOE.

21 Help Wanted

RECEPTIONIST / Sales-person needed. 30-40 hrs. per week. Please send resume to Box 44, c/o Pampa News, P.O. Box 2198, Pampa, TX. 79066.  
PART time help needed. Evenings, flexible days. Quality Floors, 806-674-5664 or 806-674-2067, leave message.  
CONCRETE workers, finishers & laborers needed for job in Pampa. Call 806-681-1168 Ask for Scott

21 Help Wanted

RN: WEEKENDS ONLY. Must have TEXAS state license. Competitive rate! Must be able to pass background check & drug screen. EOE. Call (806)665-5746, or apply in person at CORONADO HEALTHCARE CENTER, 1504 W. Kentucky Ave., Pampa.  
COMPANY seeking exp. Safety Supervisor & Heavy Equipment Operator for local refinery. Please fax resume to: 432-263-9290.  
CABLE One, Inc. In Pampa has an opening for a Field Technician. Previous experience as a cable TV or telephone installer is a plus. Must have Valid Driver's license and good customer service skills. EOE. Send resume to: Cable One, Inc. 1423 N Hobart St. Pampa, TX 79066

21 Help Wanted

INNOVATIVE STAFFING SOLUTIONS, LLC  
WE HAVE THE RIGHT JOB FOR YOU!  
Mechanics/Assemblers & Machinists  
Excellent career opportunity! Become part of this dynamic team today!  
Clerical Bookkeeper/Teller Office Manager  
Industrial Field Service Mechanic Electrical Welders Pay is DOE  
Medical CNA  
House Parent Must be good with children and teens, and be a self-starter  
Positions available in Pampa, Canadian, Groom & Borger, TX  
1327 N. Hobart Pampa, TX 806.665.2991 www.issllc.com EEO Employer Never a fee to the applicant!

21 Help Wanted

Attention-OTR Drivers! We Want YOU! Great Pay, Top Miles, Home Time, Benefits, Safety/Referral Bonuses + Much More!  
CDL A w/ Hazmat req. Call Anytime 1-866-913-7537 Ext. 1  
LIFEGUARD NEEDED  
The City of Pampa is currently taking applications for Summer Lifeguards at the M.K. Brown Swimming Pool. Applicants must be 16 years of age or older and American Red Cross Certified in life saving and CPR. Interested persons should pick up application at City Hall, 200 West Foster, in Room 304. Position open until filled.  
DIRECTV SATELLITE INSTALLERS  
Needing Full-Time, hard working individuals with strong customer service skills. No exp. necessary. Paid training, excellent wages, benefits and fr DirectTV! Please call 800-411-4374 or go to www.premiercomm.com for further info.

21 Help Wanted

DRIVERS NEEDED  
CDL Training available. 50 down-Earn \$\$\$ within 3 weeks. 800-567-3867.  
NOW HIRING:  
Experienced Motor Greater Operator 1 up to 60 hrs/week. Drug test required. Apply in person to Noah or Brian.  
West Texas Landscape 120 S. Hobart. Please No Phone Calls!!!  
W&W FIBERGLASS TANK CO. is looking for Shop & Production Labor. Immediate openings with 48+ hours / week. Wages based on exp. Apply in person at 100 N. Price Rd.  
CRALL Products is looking for Shop Welders-Wire. Immediate openings with 50+ hours / week. Wages based on exp. Apply in person at 2930 Hwy. 152, Pampa  
49 Pools/Hot Tubs  
HOT TUB Gorgeous. Brand New. Seats 6, Lounger, Therapeutic Jets, Waterfall. Lifetime Factory War. Free Cover, Chemicals & Delivery! \$4,500. 806-677-0400  
50 Building Suppl. White House Lumber 101 S. Ballard 669-3291  
60 Household ELECTRIC stove-white, china cabinet, bdr. suit, sectional with recliners on both ends, sq. se. floatation waterbed, sofa bed & chair, moving boxes-all sizes. 669-2062.  
FOR SALE 30 in. smooth-top white drop in oven. Under the counter white microwave with exhaust system. 2 yrs. old. 669-2388  
COUCH w/loveseat & 4 pillows, 2 end tables, coffee table, bone color. Only interested parties call 669-7224, or 282-4560.  
JULY SPECIAL All Pillow-Top Mattress Sets in stock 15% off. 15 to 20 yr. War. Starting @ \$189. Layaways avail. w/ no interest! 806-677-0400  
69 Misc. ADVERTISING Material to be placed in the Pampa News MUST be placed through the Pampa News Office Only.  
MEMORY Gardens of Pampa. Garden Devotion Section C, Lot #230, Spaces 6, 7, 8. Call 665-7489.  
CRAFTSMAN Professional 10 in. radial arm saw. Used very little. \$375. 886-5108.  
2007 Dixon Ram Mag Zero turn mower w/ 50 in. deck. Less than 14 hrs. on machine. 886-5108.  
CUSTOM queen size headboard wall unit. \$350 2 storm windows 42x60, \$60 for both. 665-2944.  
FOR sale: Table & 4 chairs on casters, 25" RCA with remote control, Serta International memory foam, 10 yr. warranty, 1/2 price of new one, only 6 mos. old. 806-323-9652.  
LAMP tables, end tables, bookcases, chests, large wood desks. Red Barn, 1420 S. Barnes. Sat. 10-5.  
RICO'S Lawn Care & Handyman Service. Repair, Improve, Assemble & Build Just about anything. \$20 Lawnmowing \$20. 806-662-2467.

SUMMER SAVINGS  
PRICES GOOD THRU JUNE 29TH, 2007

2000 BUICK LE SABRE CS White • STK# 805007A	\$8,995
2003 CADILLAC ESCALADE White • STK# C07109A	\$23,995
2002 CHEVROLET TAHOE 4x4, 3rd Seat • STK# CA0701D	\$16,995
2003 CHEVROLET CREW CAB 4x4 • STK# G07037A	\$18,144
2004 FORD RANGER XLT SUPER CAB 18K • Auto • All Truck plus Good Gas Mileage • STK# 3712B	\$11,999
2003 GMC ENVY White • STK# T07085A	\$12,284
2004 TOYOTA 4 RUNNER LIMITED None Nicer • STK# C07099A	\$26,391
2005 CHEVROLET CREW CAB LT Z-71 HAS IT ALL! • STK# 3703A	\$20,595
2003 LEXUS ES30/LS430 White • STK# 3683A	\$17,995
2006 FORD ESCAPE 4x4 • White • STK#3780A	\$16,998
2005 TOYOTA CAMRY GAS MISERI! • STK# T07026A	\$15,698
2006 CHEVROLET COBLALT 35 MPG • STK# 3701A	\$11,999
2006 TOYOTA TACOMA DOUBLE CAB TRD Why Buy New • STK# 3684A	\$23,992
2007 PONTIAC TORRENT Gray • STK# 3723A	\$18,995
2007 TOYOTA CAMRY LE 18k Miles • Great on gas • STK# 3702A	\$18,998
2007 CHEVROLET TRAILBLAZER 15K Miles • 4x4 • Nicer! • STK# 3715A	\$18,997

**CULBERSON-STOWERS, Inc.**  
805 N. HOBART • 806.665.1665 • 800.879.1665

**WANT TO WORK IN A PLEASANT ATMOSPHERE? WE WOULD LOVE TO HAVE YOU!**

MCCLEAN CARE CENTER has the following openings:  
Full Time Housekeeper  
Transport Driver  
Nurse Aides  
Certification Classes avail. while employed with this facility. Benefits include 401K and Paid Vacation. Call 806-779-2469 for info. or come by to apply.  
806-779-2469

**DOMINO'S PIZZA**  
now hiring!! Delivery drivers and inside positions available. Apply at 1332 N. Hobart.

**HELP WANTED**  
Chemical delivery driver. Oil field experience helpful, mandatory drug test & background check. CDI. with Hazmat and air brake endorsement will be required during employment. Good benefits, 401K after 1st year of employment. Pampa, Perryton, Canadian area. 806-228-3462 for application, 888-881-3248, ask for Roger, Mike or Chris.

THE Community Christian School of Pampa is currently accepting applications for:  
Full time or Part time Teachers

The ideal candidates will be certified teachers or those who possess strong teaching experience/training in the

Christian school setting and a passion for Kingdom education as a ministry calling.

Various positions between PK4 - 8th grade are currently being filled.

If this is an atmosphere in which you would thrive please contact CCS Administrator Mrs. Brenda Williams @ 806-665-3393.

LVN and CNAs needed at Edward Abraham Memorial Home. SIGN ON BONUS of \$1000 for LVNs and \$500 for CNAs. Competitive wages, benefits incl. pd. holidays, vacation, health ins. Apply at 803 Birch Str., Canadian or 323-6453. EOE.

MAINTENANCE worker needed at Edward Abraham Memorial Home. Competitive wages. Benefits incl. pd. holidays, vacation, health ins. Apply 803 Birch Str., Canadian, call 323-6453. EOE.

RELIABLE help wanted. Must be over 21 and have references. Please call 806-676-0995 for more information.

BOOKKEEPER / ACCOUNTANT  
Local Company looking for qualified candidate to do all A/R, A/P, Payroll, multi-state taxes and invoicing. Good phone and multi tasking skills needed. Quickbooks exp. a plus. Accounting Exp. req. Fax resume to 360-838-8549 by July 3rd.

WAL-MART  
Now Hiring All Positions. All shifts available. Apply Now in Pampa Store at hiring kiosk located at Customer Service Desk.

Medical Center Nursing Home Clarendon, Texas is seeking a Director of Nursing for our 53-bed nursing home which has excellent survey history. Knowledge of Medicaid / Medicare process preferred, but not required. Must have current Texas RN license. 401 / Vacation / Wellness Program. Salary depending on experience. EOE.  
Fax or e-mail resume to:  
Administrator 806-874-5619 (fax) var@amaonline.com

BAPTIST ST. ANTHONY'S HEALTH SYSTEM  
A U.S. News and World Report top hospital, is seeking a full-time, Texas licensed Registered Nurse for Home Care in the Pampa / Borger area. Prefer that the RN live in or near Pampa or Borger. Computer skills preferred. Qualified applicants can fax resume to  
(806)212-2853  
Applications are available online at www.bsahs.org or mail to Human Resources 1600 Wallace Blvd., Amarillo, TX. 79106

Chiropractic Office is expanding our team! We can make the difference! Direct patient care position. On the job training! Fax Resume to 665-0537

Optical Tech Do you have optical experience? We have a staff position available. Please send your resume with work and salary history. Be sure to include your preference for full or part-time. Fax 669-6688

TEXAS Health and Human Services Commission, Pampa, has an opening for a clerk. Access website: <https://accesshr.hhs.state.tx.us> for application and info.

**Quentin Williams REALTORS**  
Keagy-Edwards, Inc.  
Selling Pampa Since 1952  
669-2522 • 2208 Coffee & Perryton Pkwy.  
OPEN HOUSE  
SUNDAY JULY 1 • 2:00 - 4:00 PM  
2125 CHESTNUT  
\$94,000  
Roberta Babb, Agent

ZIMMERS - Corner lot. Three bedrooms, 1 3/4 baths, central heat and air, large den with fireplace. Home is total electric. Double garage. MLS 07-7642.  
E. 8TH LEFORS - Well cared for three bedroom, 1 bath home with central heat and air, double garage. Price right at \$22,900. MLS 06-7426.  
E. 2ND - WHITE DEER - 3 commercial buildings located on Hwy. 60. It was a feed and hardware store. Oil changing and tire balancing area. All inventory plumbing and electrical supplies. MLS 07-7528.  
LYNN - Nice three bedroom home with 2 living areas. Central heat and air, 2 baths. Storage building, double garage, pier & beam construction. MLS 07-7669.  
JUNYER - Nice three bedroom home close to Travis School. Neutral color paint throughout out. Large yard. Wall heat. Single garage. MLS 07-7633.  
GARLAND - Two bedroom home with 1 bath. Extra large garage with good storage in front. MLS 07-7525.  
GRAPE - Lovely colonial home with custom built, entertainment center. Isolated master bedroom, master bath has a jacuzzi tub and a separate shower. Storm cellar, roof could be a 3rd garage. Sprinkler system, nicely landscaped yard. 4 bedrooms. MLS 07-7578.  
N. HOBART - Commercial lot on a corner in a great location. Owner is willing to remove the green house. The lot has 28,283 sq. ft. Priced at \$69,900. MLS 06-7514.  
DUNCAN - Large open living and formal dining room. Kitchen has lots of storage, den area off kitchen, 1 3/4 baths. Lots of storage, corner lot, double garage in back. MLS 07-7642.  
2301 BEECH - Corner lot with three car garage. Lovely three bedroom home with finished basement, office, formal dining room, all rooms are extra large. 2 living areas, lots of storage and closets. Sprinkler system, sunroom, playhouse and much more. MLS 06-7206.  
500 & 306 N. CUYLER - Old movie theatre with 10,500 sq. ft. Built in 1950. Building has had asbestos removed. Ready for someone to complete for their needs. Lot to North 25' x 140' completely fenced goes with building. MLS 05-6984.  
N. CUYLER - Commercial lot close to downtown. MLS 06-7242.  
KING RANCH ROAD - Northeast of McLean, Texas. 520 acres of excellent hunting land. Has a water well, no mineral rights convey. MLS 06-7301.  
NEW LISTING - NAVAJO - Nice home in good condition. Lots of updating has been done by current owners. Hardwood floors throughout. New paint and some new textures. New bathroom and kitchen flooring. Large open living and dining with separate utility room has a pantry area. Nice kitchen with eating bar. MLS 07-7674.

Becky Baton ..... 669-2214 Roberta Babb ..... 665-6158  
Heldi Christner ..... 665-6388 Joan Mabry ..... 669-3201  
Darrel Schorn ..... 669-6284 Sandra Brommer ..... 665-4218  
Linda Burt ..... 665-5524 Dennis Edmondson ..... 669-6502  
Rod Donaldson ..... 665-2800  
JUDI EDWARDS GR. CBS HARLYN READY GR. CBS  
BROKER-OWNER ..... 665-3687 BROKER-OWNER ..... 665-1449

Visit our new site at [www.quentin-williams.com](http://www.quentin-williams.com)  
Email our office at [qwr@quentin-williams.com](mailto:qwr@quentin-williams.com)

HAPPY BIRTHDAY for Sunday, July 1, 2007:

This year you will learn that nothing teaches like experience. You can give people your opinion or point out a problem — no more, no less. Relationships dominate your year. If you find you have a bad one or a difficult bond, you could clear it up in 2008 if you desire. Your finances might be tight, as you often overspend as a distraction. If you are single, you will relate happily. Easily, you might have more than one potential suitor. Don't make snap decisions. If you are attached, let your significant other have more of a say. You don't always need to run the show. CAPRICORN tests your values and ideas.

The Stars Show the Kind of Day You'll Have:  
5-Dynamic; 4-Positive; 3-Average; 2-So-so; 1-Difficult

ARIES (March 21-April 19)  
★★★★ Express your nurturing and caring in a manner in which others can receive it. Tension surrounds a romance or child who could be "dark" at best. Know when to pull back. Tonight: Clear out some mail and bills.

This Week: Get ready for the Fourth. Expect some special interactions.  
TAURUS (April 20-May 20)  
★★★★ You have more drive and direction than many. Still, you might feel out of kilter. Don't push someone you care about; any negativity present easily could be cleared. Take a walk or play with a child. Tonight: Hop on the computer. Check your e-mail.

This Week: Take off early if you want to enjoy July Fourth. Otherwise, you might never get free.

GEMINI (May 21-June 20)  
★★★★ Take time to work through a relationship. Communication easily could fall flat no matter how hard you try. You could be a victim of the proverbial foot-in-mouth syndrome. Think before you leap. Understand rather than judge. Tonight: Follow a partner's or friend's lead.

This Week: A partnership is most important. Let this person know just how much

you care. Yes, you will be seeing fire-crackers!

CANCER (June 21-July 22)  
★★★★ Listen to others — not just to be polite, but with sincerity. You could be a touch surprised at how many people will then respond. A well-worded question could help you focus. Friends push hard. Make your own decisions — no surveys to decide! Tonight: Go with someone else's choice.

This Week: This year, the Fourth of July might be a touch more weighty than usual. Let others call the shots.  
LEO (July 23-Aug. 22)  
★★★★ Relax and use this day to catch up on errands and projects. Visit with a friend by sharing a project or asking him or her to join in on a project. You could be surprised at how pushy a parent or older friend could become. Tonight: Get as much sleep as possible.

This Week: You have a lot going on. Know that you can and will handle it.  
VIRGO (Aug. 23-Sept. 22)  
★★★★ Your creativity emerges, especially if a problem surfaces. Kick back. Go to a movie or take a drive. Getting away can enrich a relationship, especially if that person is with you. Listen, but understand what is behind the words.

Tonight: Be a little bit naughty.  
This Week: Let creativity mark your decisions. Then let events happen.  
LIBRA (Sept. 23-Oct. 22)  
★★★★ You might want to retreat. Actually, hanging close to home might be perfect. Everyone needs time alone or time to recharge. Give yourself that gift. A partner or loved one might push hard. Realize this person wants more of you! Tonight: Nap and then decide.

This Week: Come from a position of security. Understand what remains a high priority.  
SCORPIO (Oct. 23-Nov. 21)  
★★★★ Your comments might be more important than you realize. How you deal with others comes out. Make calls and seek out someone you haven't heard from in a while. Get together with others — family and friends — over an early dinner. Tonight: Don't cut a discussion short because of the hour.

This Week: Your feedback and perceptions count. Others want you to speak your mind.  
SAGITTARIUS (Nov. 22-Dec. 21)  
★★★★ You might feel as if finances are your problem and no one else's. Certainly that theory doesn't hold water. Find ways of increasing revenue and/or make a cut in your budget. Discussions help, as you'll receive suggestions. Tonight: Balance your checkbook.

This Week: You cannot be too careful in your choices — financially and with plans.  
CAPRICORN (Dec. 22-Jan. 19)  
★★★★ Though others often need to be in the limelight, you'll finally have your turn. Your creativity and ability to relate emerge. Let go of that stoic Goat image and express your vulnerabilities. Tonight: Whatever appeals!

This Week: Bathe in the limelight today and tomorrow. You offer far more than you realize.  
AQUARIUS (Jan. 20-Feb. 18)  
★★★★ Putting yourself in the middle of a discussion or happening would feel awkward. Take needed time just for you! What have you been putting off? Perhaps you can catch up on mail or schedule a message. Tonight: Early to bed.

This Week: Each day gets better and better. You feel like a star because you are one.  
PISCES (Feb. 19-March 20)  
★★★★ Zero in on who you want to spend time with. Your words have an impact, though someone might think you are angry when you are not. Look at your style of communicating. Act rather than promise. Act rather than talk. Tonight: The more people the better.  
This Week: Plan on some quiet downtime this holiday weekend.

BORN TODAY  
Athlete Carl Lewis (1961), actress Pamela Anderson (1967), actor Dan Aykroyd (1952) \*\*\*  
Jacqueline Bigar is on the Internet at <http://www.jacquelinebigar.com>.  
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HOROSCOPES

HAPPY BIRTHDAY for Monday, July 2, 2007:

Deal with others with depth and caring; this year — more so than in the past. Eye your priorities, and be willing to revise your focus if it's no longer relevant. A relationship colors many of your decisions. For some, this might impact you in the realm of business rather than your personal life. You will be driven to meet a key goal this year. Don't let life and events stop you. Broadening your horizons will be instrumental. If you are single, you might long for a close attachment. This type of bond will become a strong possibility in the second half of your year. If you are attached, you will open up to each other on a deeper level. Learn to respect your differences. CAPRICORN pushes a hard bargain.

The Stars Show the Kind of Day You'll Have:  
5-Dynamic; 4-Positive; 3-Average; 2-So-so; 1-Difficult

ARIES (March 21-April 19)  
★★★★ Though you might be focused on completion, challenges head in your direction. In this case, pull back and go into "priority mode." Know what must be done and exactly why. Tonight: In the limelight.

TAURUS (April 20-May 20)  
★★★★ Your fiery nature could cause more of a problem than you intend. Through understanding you could reach another level professionally. Challenge faulty ideas, but do remember who is in charge. Ultimately, that is the smooth move, where you gain respect. Tonight: Could be a late night.

GEMINI (May 21-June 20)  
★★★★ Often you must stop and think

about flaring anger or frustration. Relax if you encounter a problem or hassle. Thinking scores much higher than acting. Through detachment, you might see what ails you. Tonight: Heavy thinking will help untangle a knot.

CANCER (June 21-July 22)  
★★★★ Friends certainly seem to have an agenda, for better or for worse. You might need to honor a loved one and his or her thoughts. If you feel you are in a position of choosing either someone or an idea, let go. Tonight: Needless to say, take a lesson in juggling.  
LEO (July 23-Aug. 22)  
★★★★ You might want to defer. That is probably the best way to avoid the winds of an argument disagreement. Let others nip and bite. Do your own thing until you decide the situation is appealing. Tonight: The only answer is yes.

VIRGO (Aug. 23-Sept. 22)  
★★★★ You might want to rethink plans, as others might be protesting that you are not doing what they would like. Emphasize getting the job done. Do what you do best, with a smile. Curb upset.  
LIBRA (Sept. 23-Oct. 22)  
★★★★ Not everyone sees life as you do, or wants to. Your sense of mischief and fun arises no matter what your choice or decisions may be. A partner could be bellicose because he or she wants your time. Tonight: Look into cloning yourself — so many people want you.

SCORPIO (Oct. 23-Nov. 21)  
★★★★ Recognize when you cannot win for losing. Therefore, head in your own direction. Partners, associates and people in general are a touch bellicose. Think positively and know that the tension will

pass. Tonight: Stay in your world if you like serenity.  
SAGITTARIUS (Nov. 22-Dec. 21)  
★★★★ Though you might be running around like the Energizer Bunny, you have your limits. Stop, sit and talk. All answers are not readily available. Explore other styles and approaches. Make plans for the next few days. Tonight: Add that convivial touch.  
CAPRICORN (Dec. 22-Jan. 19)  
★★★★ Know when to say "enough." Finances often will stop you in your tracks. Don't go into the red. A risk is a no-no. Ultimately, a little less could be a lot more than the alternative! Tonight: Gather bills.

AQUARIUS (Jan. 20-Feb. 18)  
★★★★ Though you might be all smiles, others prove to be a touch challenging, especially on the domestic, personal or investment front. Reverse courses and be the whimsical Aquarian everyone adores! Tonight: Spontaneity works.  
PISCES (Feb. 19-March 20)  
★★★★ Step back and decide what works. Clearly you are on overload. If you feel that key issues are out of control, do what you must to rein in your involvement. A tense situation could change rapidly. Tonight: Rest up ... the good times are here!

BORN TODAY  
President of Mexico Vicente Fox (1942), Supreme Court Justice Thurgood Marshall (1908), author Herman Hesse (1877) \*\*\*  
Jacqueline Bigar is on the Internet at <http://www.jacquelinebigar.com>.  
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30th & Charles	50.9 Acres N of Walmat
1701 N. Hobart	1.556 Acres Commercial
210 W. Harvester	5/3/75/2 - 4828 SF/GCAD
2700 Duncan	4/2/5/2 - 3830 SF/GCAD
1 Cypress Point Rd	3/2/2 - 2000 SF/Approx.
2701 Beech	4/3/5/2 - 3710 SF/GCAD
2369 Beech	3/2/5/2 - 3327 SF/GCAD
12012 White Acres	3/2/2 - 2176SF/GCAD
1615 N. Russell	3/2/5/2 - 3315SF/GCAD
129 E. 27th St	4/1/75/2 - 1467 SF/GCAD
111 E. 28th	3/2/1 - 1780 SF/GCAD
2424 Cherokee	3/2/2 - 1893 SF/GCAD
2328 Comanche	3/1/75/2 - 1512 SF/GCAD
2616 Comanche	3/1/75/2 - 1588 SF/GCAD
1022 Mary Ellen	2/1/1 - 1480 SF/GCAD
1125 Duncan	3/2/1 - 1455 SF/GCAD
2231 Mary Ellen	3/1/1cpt - 1386 SF/GCAD
412 Cook	2/1/1 - 840SF/GCAD
E 28th	.95 x 125 ft lot
LAMAR SCHOOL DISTRICT	South West
1000 S. Wilcox	4/2/0 - 1900 SF/Ownr
TRAVIS SCHOOL DISTRICT	West and North West
1929 Zimmers	3/1/5/1 - 1244 SF/GCAD
2218 N. Nelson	3/1/0 - 1634 SF/GCAD
2217 Zimmers	3/1/1 - 1087 SF/GCAD
1932 Faulkner	4/1/75/0 - 1826 SF/GCAD
1916 Zimmers	3/1/1 - 1064 SF/GCAD
1909 N. Wells	3/1/1 - 1064 SF/GCAD
2133 N. Wells	3/1/0 - 1284 SF/GCAD
809 N. Dwight	3/2/1 - 1269 SF/GCAD
813 N. Wells	4/1/5/0 - 1352 SF/GCAD
2504 Rosewood	3/1/1cpt - 1081 SF/GCAD
1129 Seneca Lane	3/1/1 - 864 SF/GCAD
WILSON SCHOOL DISTRICT	South East
106 S. Cuyler	3/2/2 - 3560 SF/GCAD
420 Jupiter	3/1/5/1 - 1170 SF/GCAD
1325 Garland	2/1/1cpt - 762 SF/GCAD
1100 E. Foster	3/1/2 cpt - 1170 SF/GCAD
1112 Darby	3/1/1 - 897SF/GCAD
433 Graham	3/1/0 - 1107 SF/GCAD
932 E. Francis	3/1/1 - 1468 SF/GCAD
OTHER AREAS	Outside Pampa City Limits
0000 Main St., White Deer	150,000
6232 FM 291, Altonwood	4/2/1 - 2,000 + 2,000 SF w/5 acres
7389 Hwy. 273, McLean	120,000
801 Grimes, White Deer	\$53,000
207, S. 1 Swift, White Deer	\$50,000

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# Independence Day DEALS

SALE ENDS JULY 9TH, 2007

**NEW 07 CHEVROLET IMPALA**  
LT - SEDAN



MSRP ..... \$25,169  
C/S DISCOUNT ..... \$1,169  
REBATE ..... \$1,500  
GM JULY 4TH  
BONUS CASH ..... \$1,000  
STK#07132

**SELL PRICE**  
**\$21,500**

**NEW 07 BUICK RAINIER**  
CXL - AWD



MSRP ..... \$37,539  
C/S DISCOUNT ..... \$2,129  
REBATE ..... \$2,500  
GM JULY 4TH  
BONUS CASH ..... \$1,000  
STK#06021

**SELL PRICE**  
**\$31,910**

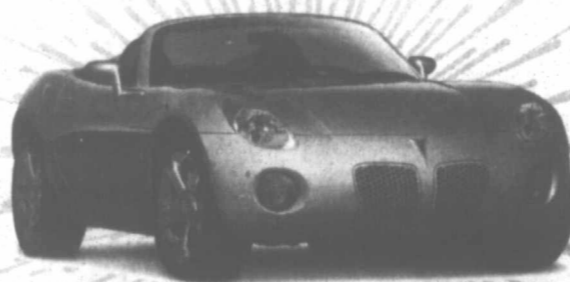
**NEW 07 PONTIAC G6**  
GT - COUPE



MSRP ..... \$25,695  
C/S DISCOUNT ..... \$3,100  
REBATE ..... \$2,250  
GM JULY 4TH  
BONUS CASH ..... \$1,000  
STK#P05010

**SELL PRICE**  
**\$19,345**

**NEW 07 PONTIAC SOLSTICE**



MSRP ..... \$26,039  
C/S DISCOUNT ..... \$500  
STK#P97001

**SELL PRICE**  
**\$25,539**

**NEW 07 GMC TOL**  
2WD - REG CAB - PU



MSRP ..... \$22,042  
C/S DISCOUNT ..... \$1,640  
REBATE ..... \$1,750  
GM JULY 4TH  
BONUS CASH ..... \$500  
STK#G00046

**SELL PRICE**  
**\$18,152**

**NEW 07 CHEVROLET SILVERADO**  
2WD - REG CAB - WT



MSRP ..... \$19,790  
C/S DISCOUNT ..... \$790  
GMAC REBATE ..... \$1,000  
STK#C07084

**SELL PRICE \$18,000**

**0%**  
**36 MOS**  
**GMAC WAC**

**NEW 07 CHEVROLET SILVERADO**  
2WD - EXT CAB - SOUTH CENTRAL VALUE PKG



MSRP ..... \$28,855  
C/S DISCOUNT ..... \$1,867  
GMAC REBATE ..... \$1,000  
STK#C07027

**SELL PRICE \$25,988**

**0%**  
**36 MOS**  
**GMAC WAC**

**NEW 07 CHEVROLET SILVERADO**  
2WD - CREW CAB - LT1



MSRP ..... \$28,820  
C/S DISCOUNT ..... \$1,500  
REBATE ..... \$1,750  
STK#G07058

**SELL PRICE**  
**\$25,570**

\* Pictures are for illustration only. Not responsible for typographical errors.

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## SHAPE OF TIME II

Pampa Regional Medical Center's logo was inspired by

the steel abstract sculpture that stands next to the main

entrance of the hospital adjacent to Perryton Parkway.

The sculpture is one of more than a dozen pieces of

outdoor art that are scattered throughout Pampa. These

pieces of art have been commissioned and placed by

the Pampa Area Foundation for Outdoor Art.

"Shape of Time II," a 9 foot, 700 pound steel abstract, by

local sculptress Bonnie Chambless and welded by Tim

Gikas, stands on the front lawn of Pampa Regional

Medical Center at One Medical Plaza. Pampa Regional

Medical Center, now affiliated with Signature Hospital

LLC, is constantly evolving with time; affecting the shape

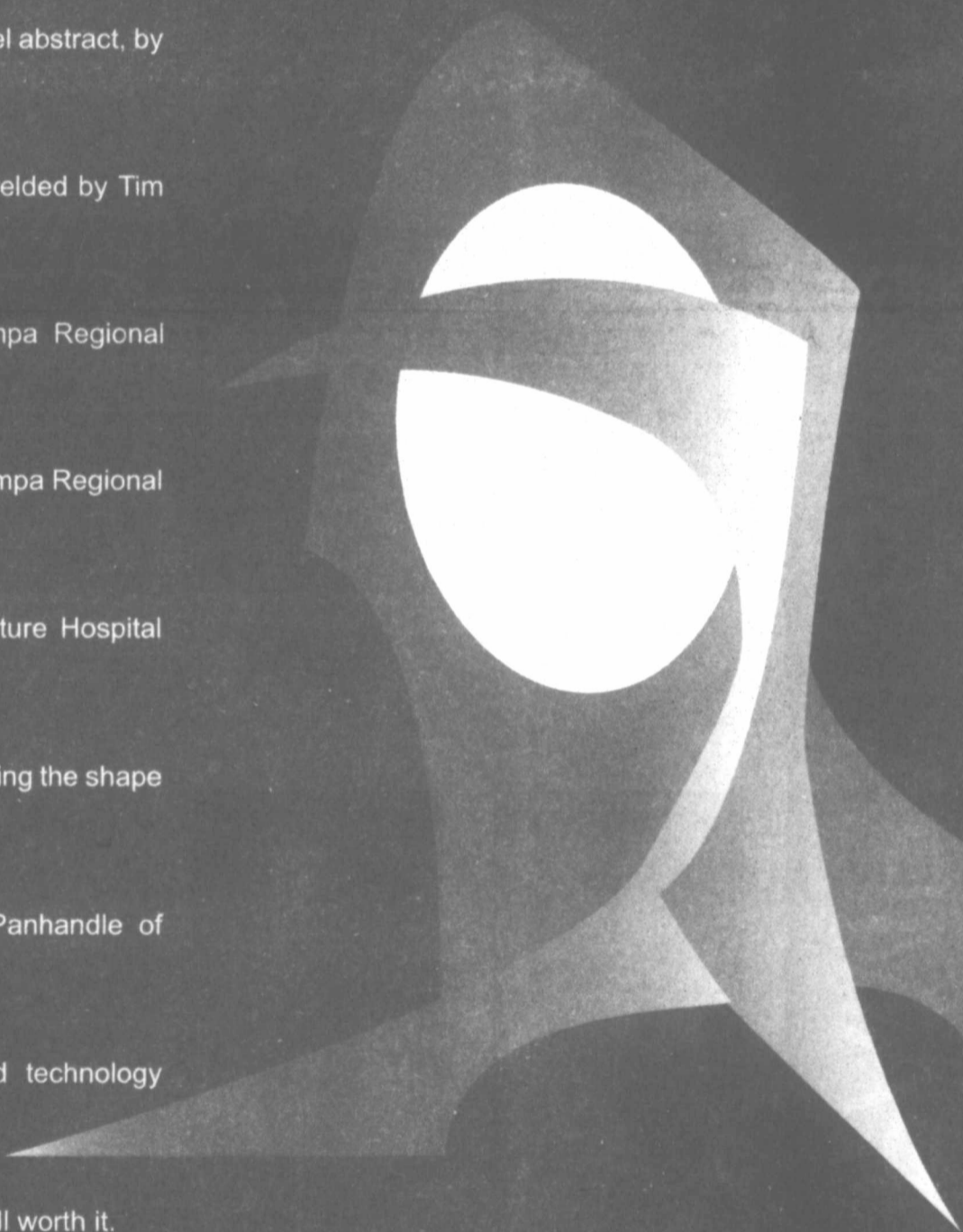
of healthcare delivered in the Eastern Panhandle of

Texas through innovative medicines and technology

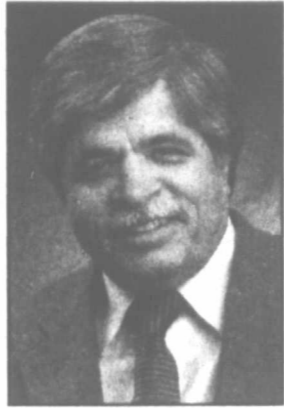
making it: Well equipped. Well trained. Well worth it.

One Medical Plaza Pampa, Texas

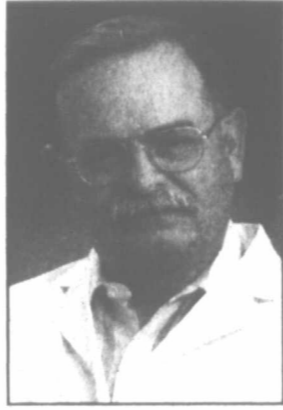
PAMPA REGIONAL  
MEDICAL CENTER



# PAMPA REGIONAL MEDICAL CENTER



Laxman Bhatia, MD  
Internal Medicine  
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100 30th  
Suite 106



Keith Black, DO  
Family Practice  
Phone 665-0801  
3023 Perryton Parkway  
Suite 101



Scott Ellis, DO  
Obstetrics & Gynecology  
Phone 665-9900  
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Rene P. Grabato, MD  
Urology  
Phone 665-6511  
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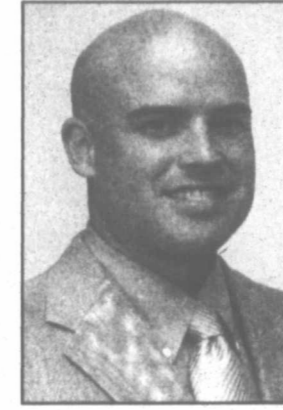
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Amarillo, Texas



Robert Julian, MD  
Family Practice  
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Suite 101



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104 30th



Nirmala Kamnani, MD  
Internal Medicine  
Phone 665-0815  
104 30th



Caleb Kim, DO  
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Vijay K. Mohan, MD  
General Surgery  
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104 30th



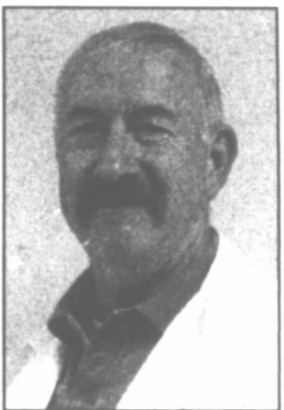
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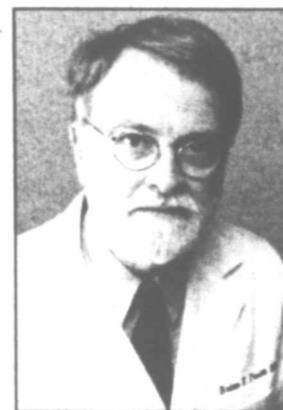
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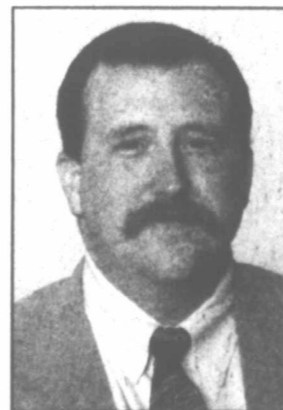
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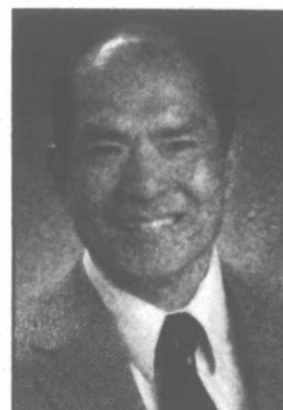
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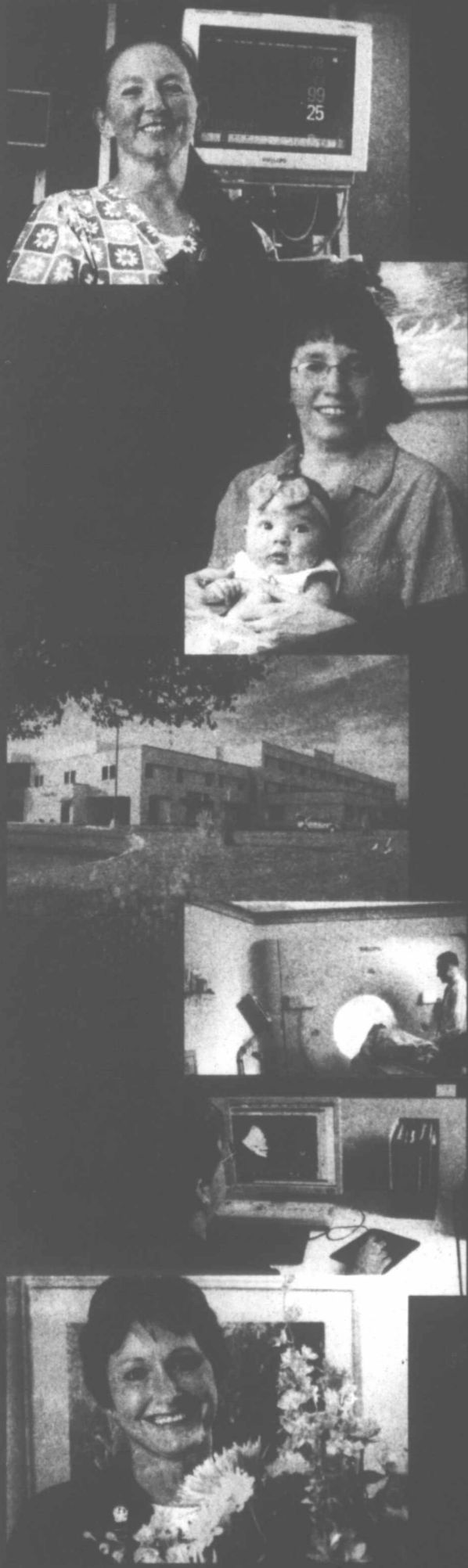
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## PAMPA REGIONAL MEDICAL CENTER

*Well equipped.  
Well trained.  
Well worth it.*



### Key Services

Diagnostic Services

Cardiology

Emergency Care

Inpatient Acute Care

Medical Intensive Care

Geriatric Psychiatry

Skilled Nursing

Women's Center

Obstetrics

Rehabilitative Services

Surgical Services

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**PAMPA REGIONAL  
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One Medical Plaza  
Pampa, Texas



# Straight Ahead!

26 Years at One Medical Plaza

## Volunteers

For over five years Linda Duncan has volunteered countless hours to PRMC, serving her friends and neighbors by working with the hospital auxiliary. She recently completed two years as President.

"It feels good to serve with these wonderful people on the Auxiliary," said Linda. "There's a camaraderie among the volunteers," she explained. "We like what we do and you see so many people you hardly ever see anywhere else. Being from a small town like Pampa gives you the ability to always have something to visit about with patients and their family members who are here for a variety of reasons. I believe we make a difference and that feels good."

The PRMC Auxiliary volunteers not only visit patients, they decorate the hospital for holidays and raise money through the gift shop, popcorn sales and vending proceeds to purchase TV's, chairs, recliners and other "extra items" to benefit the community who utilizes the hospital. This year alone, over 9600 hours were donated by people like Linda who make you appreciate the spirit of "neighbor helping neighbor" that permeates Pampa.

"I like serving the public," said Linda, "the volunteers and staff that work here are wonderful."



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## Message from the CEO

Alan King,  
Chief Executive Officer

As we enter our 26th year of service at One Medical Plaza, we take our responsibility for providing reliable, safe and cost effective Healthcare seriously and recognize that we will need to continually improve our services so that people will want to "Choose and Use Us" in the future.

In short, we have learned to listen. Patients and employees have the answers to improving our services to the communities we serve and we need to have the ear to developing those answers into reality. This year, Pampa Regional Medical Center has listened and acted. Our numbers are up in all categories including number of babies born, visits to the ER and Inpatient and Outpatient Surgeries performed. Patient needs and views will continue to be reflected in our future initiatives. Please accept my most sincere thanks on behalf of PRMC for utilizing our services and recognizing our improvement in so many areas.

As part of my Improvement Initiative, I have designated a Transformation Team to provide the CEO with strong support in the achievement of the 2007 performance improvement targets and to create a strong internal system of accountability for executing the plan. The Transformation Team will be comprised of members with broad representation from within the community and hospital including Nursing, clinical and financial professionals, physicians and others as seen fit. Progress of the Transformation Team will be regularly reported to the medical staff and board.

It's been said that the only people who appreciate change are "wet babies". However, during 2006, as promised in last year's report, we introduced Dr. John Nguyen who is an Internal Medicine / Pediatric Physician, as PRMC's first Hospitalist. This put PRMC on the leading edge of the fastest growing medical specialty in the country. This "change" has been enthusiastically received. Physicians throughout our region are utilizing the Hospitalist program which discharges the patient back to the hometown physician. Now PRMC patients and their Primary Care Physicians enjoy the advantages of an Internist with special skills related to hospital stays, which increases the availability of your Primary Care Physicians for office visits and clinics. In fact, we added a second Hospitalist in July with the arrival of Dr. James Hall.

Our relationship with Signature Healthcare is strong and they continue to deliver on their commitments to give our physicians and staff the tools they need to deliver first-rate, quality healthcare to their patients. This was evident in the arrival of our new, state-of-the-art \$2 million MRI which has been operational since this spring. We want our physicians and staff to be proud of their profession and proud of where they work.

Patient Safety and Quality is paramount at PRMC. We're rolling out new software we're calling "safetyware" to enable employees to communicate vital information more effectively with patients and staff throughout the patient's stay.

"Alan King is creating a culture of safety," said Denise Daves, Chief Nursing Officer. "He has implemented a CEO/Nurses Council which will help us lead and direct changes for the betterment of the hospital and patients we serve." This initiative includes the direct involvement of physicians who teach while they're explaining care to nurses and customizes the patient's needs to their care. For instance, Denise explained, most hospitals deliver Meds daily at 6 am, but PRMC will adapt care to fit the schedule of the patient's routine. Additionally, a nurse or staff member will be in the patient's room at least once each hour, she added. "2007 will be a new era for nursing at PRMC; stepped-up and patient focused," concluded Denise.

I'd like to convey my sincere thanks to our devoted hospital staff and Auxiliary Volunteers. Our Volunteers are dedicated, self-less Ambassadors to our community and are invaluable to this hospital for their numerous services.

Pampa Regional Medical is determined to be a true regional hospital in our services not only in name. Our reputation is growing throughout the northeastern Texas Panhandle as more and more regional physicians are utilizing our services. Steve Smith, our Chief Financial Officer and Denise Daves, our Chief Nursing Officer, are united with me in pledging our uncompromising support with top-notch staff and cutting-edge technology to provide our extraordinary team of physicians the best resources possible.

We're moving straight ahead in continuing our transformation of PRMC to be your choice for superior healthcare.

Alan N. King  
Chief Executive Officer

## The Numbers

From January 1, 2006 through December 31, 2006

### PAMPA REGIONAL MEDICAL CENTER

- Admitted 3,017 Patients
- Delivered 374 Babies
- Cared for 11,651 ER patients
- Performed 736 Inpatient Surgeries
- Performed 1,395 Outpatient Surgeries

### ECONOMIC IMPACT

• Total Employees	309
• Salaries / Wages / Benefits	\$ 13,473,470
• Capital Funds Reinvested	\$ 1,575,694
• Local Vendor Purchases	\$ 3,323,233
<b>TOTAL ECONOMIC IMPACT ON LOCAL ECONOMY</b>	<b>\$ 18,372,397</b>

### CHARITY / UNCOLLECTED DEBT

• Charity Care and Uncollected Debt for Services	\$ 6,865,318
--	--------------

### LOCAL TAXES PAID BY PAMPA REGIONAL MEDICAL CENTER

• Property Tax	\$ 462,191
• Sales Tax	\$ 439,597
<b>TOTAL LOCAL TAXES</b>	<b>\$ 901,788</b>

### CHARITABLE CONTRIBUTIONS / PUBLIC SERVICE

• Contributions Including Health / Civic Improvement	\$ 24,354
• Public Service / Education Activities	\$ 7,890
<b>TOTAL CHARITABLE CONTRIBUTIONS / PUBLIC SERVICE</b>	<b>\$ 32,244</b>

### MEDICAL AUXILIARY

• Total Donated Hours	9,628
-----------------------	-------

## PRMC 2007 Board of Trustees

Gladys Vanderpool - Chairman, Clay Rice, Dennis Stowers, Scott White, Laxman Bhatia MD, David Hampton MD, Caleb Kim DO, Laxmichand Kamnani MD, Kevin Sieck MD - Chief of Staff

SHAPE OF TIME II

# COMMUNITY CARE

Sunday, July 1, 2007



+

+

# 'Diabulimia' can cause problems in later life

By JIM ELLIS

Associated Press Writer

Like many teenage girls, Lee Ann Thill was obsessed with her appearance. A diabetic, she was already suffering from bulimia — forcing herself to throw up to lose weight. But it wasn't enough, and she'd recently put on 20 pounds.

Then one day at a camp for diabetic teens, she heard counselors chew out two girls for practicing "diabulimia" — not taking their insulin so they could lose weight, one of the consequences of uncontrolled diabetes.

Don't you realize you could die if you skip your insulin? the counselor scolded. Don't you know you could fall into a coma or damage your kidneys or your eyes?

But that's not what registered with Thill, who has Type 1, or juvenile diabetes. Instead, she focused on this: Skipping insulin equals weight loss. For the next 17 years, diabulimia was her compulsion.

"I took just enough insulin to function," said Thill, now 34, of Magnolia, N.J.

Today, she worries about the long-term damage that may have come from her weight obsession. At 25, a blood vessel hemorrhage in her eye required surgery. At 28, doctors told her she had damaged kidneys.

"I'm fearful for the future," Thill said. "I feel very strongly that had I taken care of myself, I could have lived as long as anyone without diabetes. I don't think that's going to happen now."

Diabulimia is usually practiced by teenage girls and young women, and it may be growing more common as the secret is exchanged on Internet bulletin boards for diabetics and those with eating disorders. One expert who has studied the phenomenon estimates that 450,000 Type 1 diabetic

women in the United States — one-third of the total — have skipped or short-changed their insulin to lose weight and are risking a coma and an early death.

"People who do this behavior wind up with severe diabetic complications much earlier," said Ann Goebel-Fabbri, a clinical psychologist at the Joslin Diabetes Center in Boston.

The American Diabetes Association has long known about insulin omission as a tactic to lose weight. But "diabulimia" is a term that has only cropped up in recent years and is not a recognized medical condition, said Barbara Anderson, a pediatrics professor at Baylor College of Medicine in Houston.

Type 1 diabetes is a disorder in which the body's own immune system attacks insulin-producing cells in the pancreas. People with this disease produce little or no insulin, so they take shots of the hormone daily.

It differs from Type 2, the form associated with obesity and which accounts for about 90 to 95 percent of all diabetics.

Insulin is vital for delivering glucose from the bloodstream to the body's cells. Without insulin, cells starve even while the bloodstream becomes burdened with too much glucose.

When Type 1 diabetics skip or reduce their insulin, they risk falling into a coma or even dying. Blindness, amputations and kidney failure are some of the long-term complications that can develop.

Warning signs for diabulimia include a change in eating habits — typically someone who eats more but still loses weight — low energy and high blood-sugar levels, Goebel-Fabbri said. Frequent urination is another signal. When sugars are high, the kidneys work overtime to filter the excess glu-

cose from the blood.

This purging of sugar from the body through the kidneys is similar to someone with bulimia, who binges and then purges, or vomits, Anderson said.

Studies show that women with Type 1 diabetes are twice as likely to develop an eating disorder. Ironically, good diabetes management, which requires a preoccupation with food, counting carbohydrates and following a diet, may lead some to form an unhealthy association with food, Goebel-Fabbri said.

Jacq Allan, 26, of London, is a diabulimic. When recently interviewed, she said she had not taken her

insulin shots for two weeks and rarely takes them regularly. She weighs 42 pounds less than she did a year ago.

Allan is stuck between two fears: taking insulin, which may lead to weight gain, and the damage her destructive compulsion is doing to her body.

"I'm terrified of insulin," Allan said. "Every morning I wake up and think maybe I should go to the hospital."

Diagnosed with Type 1 diabetes nearly three years ago, Allan said she can feel the constant, sky-high sugar in her blood. Her list of ailments — chest pain, heart palpitations, muscle cramps, bacterial infections and lower back pain — are not

the usual health problems of a twenty-something.

"I'm constantly worried that my eyes are going to go, but they seem relatively OK for the moment," she said. "I always wonder if this will be the day that some major organ fails. I kind of want something to happen because then maybe I'll stop."

Gwen Malnassy, 21, of Santa Monica, Calif., detailed her struggle with diabulimia for three years in a diary she posted on the Internet.

"If you don't think it will happen to you, don't fool yourself," writes Malnassy, diagnosed with diabetes at 9, in her final entry 11 months

ago. "I believed the same."

Doctors diagnosed Malnassy with both anorexia and bulimia at 13, she said.

"I would look at magazines and think that if I looked like the models, I would have more friends and be more popular," Malnassy said in a recent interview.

She began withholding insulin at 17 after learning of the practice during a doctor's visit and continued withholding insulin off and on until last year.

Malnassy continues in her online diary: "I will say it again. Reach out; get help. Do not fall; do not let the disorder consume you. It's a miserable way to exist."

## Gift shop offerings



Pampa News photo by KERRI SMITH  
PRMC Volunteers Joni Davis, left, and Becky McGivern help patients and visitors at the gift shop and the front lobby desk.

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**On the cover**

Pampa News photos by KERRISMITH

Above, Pampa Regional Medical Center. Left, The nursing staff from the med/surg unit at PRMC. Standing Deborah Ferrell, RN and sitting left Michelle Williamson, LVN, and Amanda Woodard, CNA. Right, PRMC Physical Therapist Kim McKandles assists Lauren Pingel while she practices maneuvering with a walker.

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# Hospitalists specialize in caring for patients in hospital

By KERRI SMITH  
Staff Writer

Have you ever wished that during your hospital stay your physician was more accessible and could handle your care the entire day, not just first thing in the morning or late in the evening? Well, if you've been a patient at Pampa Regional Medical Center during this past year, your wish probably came true in the form of a hospitalist.

What is a hospitalist? These doctors specialize in caring only for patients during hospital stays and are there all day and are on call 24 hours a day. They do not have an office practice where they see patients during the day, so they have more time to focus on your care while you are hospitalized.

PRMC is continuing to provide cutting-edge health care to area residents by being the first hospital in this area to implement a hospitalist program. Alan N. King, CEO of PRMC, said he is delighted to offer the first such program in the Texas Panhandle.

"Hospitalists have been around since the late 1990's, but they have increased in popularity over the last few years to the point that there is a lot of demand for them currently," King said. "Their usual background is in internal medicine. Primary care physicians can lighten their hospital loads by electing to team up with a hospitalist.

"Primary care physicians can lighten their hospital loads by electing to team up with a hospitalist. The hospitalists also take the unassigned patients who come through the emergency room. Primarily, their patients are medical, but they can also assist by performing consultations or co-managing surgical patients."

The hospitalist team at PRMC currently is Dr. John Nguyen and Dr. James Hall.

Nguyen is trained as an internist and pediatrician who practiced in Pampa for a few years.

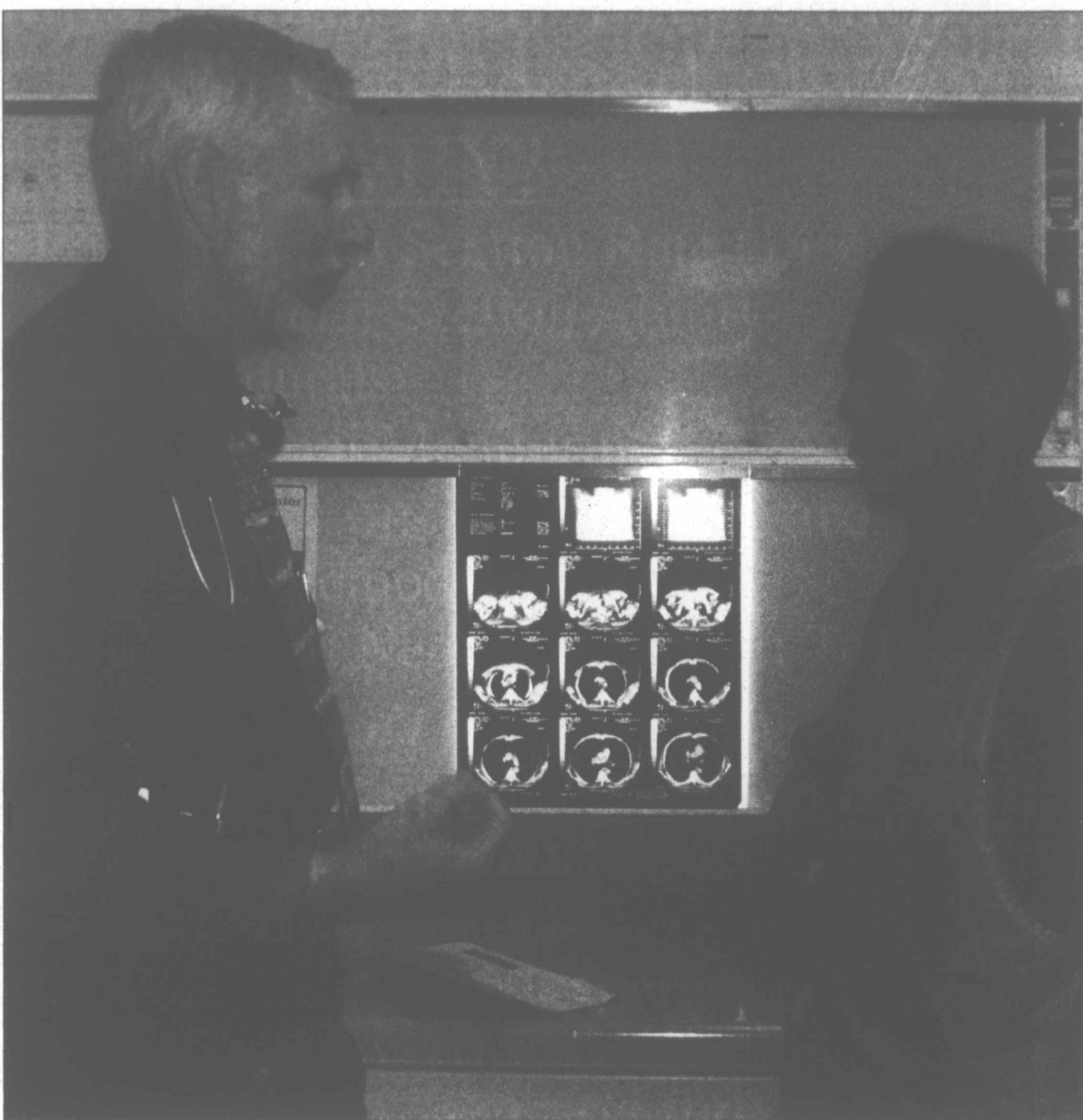
Hall is an internist, who decided to become a doctor after retiring as an electrical engineer from the U.S. Air Force and working for NASA for six years. At NASA, he worked for mission control at Johnson Space Center for both the space shuttle and the space station.

"I have never had my own practice because I decided I wanted to just be a hospitalist right after I finished my training," Hall said. "I did 95 percent of my training in a hospital, so I feel very comfortable in this setting. I love the challenge of diagnosing patients and trying to solve the mystery of what is ailing them and then figure out how to make them better. I particularly love working in the ICU because those patients really need your help to get past a crisis and begin healing."

He loves the fact that everyday is different. He said you never know what type of illnesses people will come in the hospital with so he just has to prioritize and treat those who are the most critical first.

Hall said he works two weeks on and two weeks off, when he returns to his other home in Houston. He alternates with Nguyen who does the same thing. He said it is very tiring because they are on call basically 24 hours a day for 14 days, but they get to go home and rest and recuperate over the next two weeks so they return well rested. The two weeks off also gives him the chance to spend quality time with his wife and kids who also live in Houston.

"This type of care in the hospital works out great for patients and their primary care physicians as well," Hall said. "The primary care



Pampa News Photo by KERRI SMITH

Hospitalist Dr. James Hall goes over a patient's X-rays with Radiologist Dr. Pan. PRMC currently has two hospitalists who each work two weeks on and two weeks off to care only for patients in the hospital.

doctor can concentrate his time on the patients in the office while I take care of their patients in the hospital. We are in regular contact with their primary care physician and share information during the hospital stay and after they are discharged."

Hall said this type of care, with a doctor that is more accessible, seems to work well for the patients, who have a shorter stay in the hospital under the care of a hospitalist as opposed to their primary care physician.

The hospitalists do their own billing so they are not paid by the hospital directly. This seems to keep the care objective and the patient ends up getting treated more like a customer with the hospital striving to provide the best quality healthcare possible.

Hall said he came to Pampa after being contacted by a recruiting agency. He likes the small town and feels patients get more attention here than in larger cities because the ration or nurses to patients is much lower.

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# Early exposure to sun key to developing deadly skin cancer

By LAURAN NEERGAARD  
AP Medical Writer  
WASHINGTON (AP) — Shade your kids. Strong new evidence suggests overall sun exposure in childhood, not just burns, is a big key to who later develops deadly skin cancer.

The news comes as the government is finishing long-awaited rules to improve sunscreens.

The Food and Drug Administration wants sunscreens to be rated not just

for how well they block the ultraviolet-B rays that cause sunburn — today's SPF rankings — but for how well they protect against deeper-penetrating ultraviolet-A rays that are linked to cancer and wrinkles.

The proposed rules are undergoing a final review and should be issued in weeks, FDA policy director Jeff Shuren told The Associated Press. Still, sunscreen bottles won't look different any time soon: The

proposal will be followed by a public comment period before going into effect.

New research into how the sun and genetics interact points to a possibly more important step consumers can take now to shield their children, and themselves: Check the weather forecast for the day's "UV index" in your town, to learn when to stay indoors or in the shade.

Why? Where you live, not the every-so-often beach vacation, determines most of

your UV exposure — that lunchtime stroll, children's school recess or ball practice. UVA can even penetrate window glass. UV levels vary from state to state, even day to day, because of things like altitude, cloud cover and ozone.

"Sunscreens are imperfect," warns Dr. Nancy Thomas, a dermatologist at the University of North Carolina who led the UV research. "Schedule activities when UV irradiation is not quite so

high." Melanoma is the most lethal skin cancer. It will strike almost 60,000 Americans this year, and kill some 8,100. Cases have been on the rise for three decades, and while it usually strikes in the 40s or 50s, doctors are seeing ever-younger cases, occasionally even in children.

Scientists are studying the interaction of genes and UV exposure in melanoma patients in the U.S. and

Australia — and initial results suggest staying in the shade in early life is even more important than previously realized.

Thomas analyzed tumor genes from 214 melanoma patients now living in North Carolina. Colleagues at the National Center for Atmospheric Research in Boulder, Colo., used satellite data to track average UV radiation — encompassing both UVA and UVB rays — in the different towns and states where those patients had lived at birth, age 10, age 20 and so on.

The result: Patients with the most common known melanoma mutations, called BRAF mutations, also had the highest UV exposure by age 20. Interestingly, they also had the most moles, another important melanoma risk factor.

What does that mean? It's not clear yet, but young, rapidly growing skin may be particularly vulnerable to damaging UV rays, especially as moles are developing, Thomas says. Or maybe early childhood sun exposure spurs moles to develop in the first place.

While sun exposure for young adults played some role, too, the association with BRAF disappeared at age 30.

But that isn't a license for adults to sunbathe: Another melanoma subtype, characterized by mutations in a gene called NRAS, is strongly linked to UV exposure by age 50, the study found.

Here's the problem: Until recently, sunscreens have filtered out mostly UVB rays that cause sunburns, not UVA rays, meaning people who depended only on sunscreen to prevent skin cancer may have gotten a false sense of security.

Today, many sunscreens promise "broad-spectrum" protection against UVA rays, too. But the government doesn't yet have testing requirements in place to prove that UVA protection.

The term broad-spectrum "means nothing. Anybody can make that claim," says a frustrated Dr. Darrell Rigel of New York University, a past president of the American Academy of Dermatology, which has long pushed to change that.

The soon-to-come FDA proposal will keep the SPF, or "sun protection factor," ratings on sunscreen bottles that refer only to UVB protection — but add a UVA rating, too, says Shuren.

Until then, dermatologist Rigel has some advice:

—Use enough sunscreen. An adult needs the equivalent of a full shot glass, and a young child a good tablespoon-full. Most people put on too thin a coat to get good UVB coverage, much less whatever UVA protection a brand might offer.

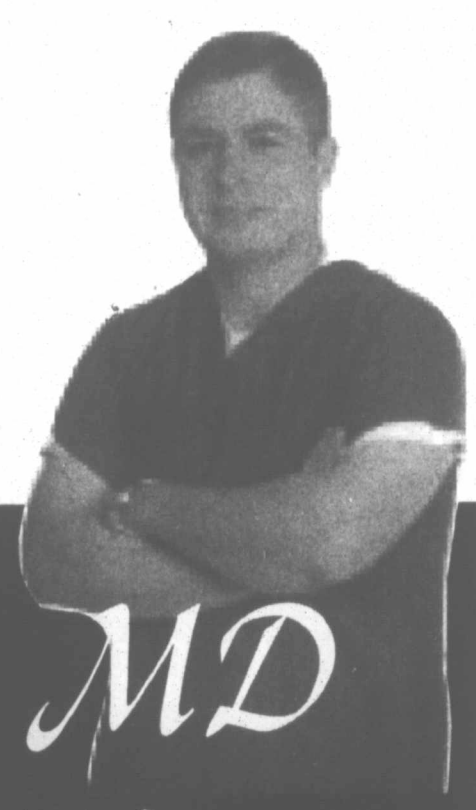
—While official recommendations say wear at least an SPF-15 sunscreen daily, a super-high SPF will counter some of the thin-coat problem.

—Products with the ingredient Helioplex — a more sun-stable mix of the sunscreen ingredients avobenzone and oxybenzone — seem to provide longer-lasting UVA protection, although they can be more expensive. Another certified anti-UVA ingredient, Mexoryl, currently is sold only in sunscreen-containing moisturizer in the U.S.; it has long been sold in Europe.

—Apply sunscreen a half-hour before going outside. It takes that long to start working.

—And limit exposure during the peak UV hours of 10 a.m. to 4 p.m.

Lauran Neergaard covers health and medical issues for The Associated Press in Washington.



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# Sterilization procedure for women now done without incision

By **KERRI SMITH**  
Staff Writer

Women living in Pampa have new options regarding their health when it comes to non-incision permanent birth control, relief from excessive menstrual bleeding and pelvic organ prolapse.

Dr. J. Scott Ellis, board certified in obstetrics and gynecology, is performing these procedures in his office, the Texas Plains Women's Center.

According to the Web site [www.essure.com](http://www.essure.com), the essure procedure is the first and only FDA approved female sterilization procedure to have zero pregnancies in the clinical trials, which have been done over a six-year period in the United States and Europe. It is permanent and is not reversible and should only be considered by women who do not want children in the future.

"This is a non-incisional procedure performed in my office that can be done without general anesthesia," Ellis said. "Spring-like coils are placed in the fallopian tubes (the tubes the eggs travel through from the ovaries to the uterus) through the vagina. Once these micro-inserts are in place, body tissue grows into the springs, therefore blocking the fallopian tubes.

"This prevents sperm from reaching and fertilizing the egg which prevents pregnancy. This procedure normally takes about 30-45 minutes and most patients can return to normal activities or work the next day."

Another form of birth control must be used for the next three months after the procedure while the tissue grows into the micro-inserts. After 90 days, the patient returns and Ellis injects the uterus with dye and takes an X-ray to see if the dye remained in the uterus or traveled down the fallopian tubes. If no dye travels down, the inserts are

in the correct position and pregnancy can be avoided.

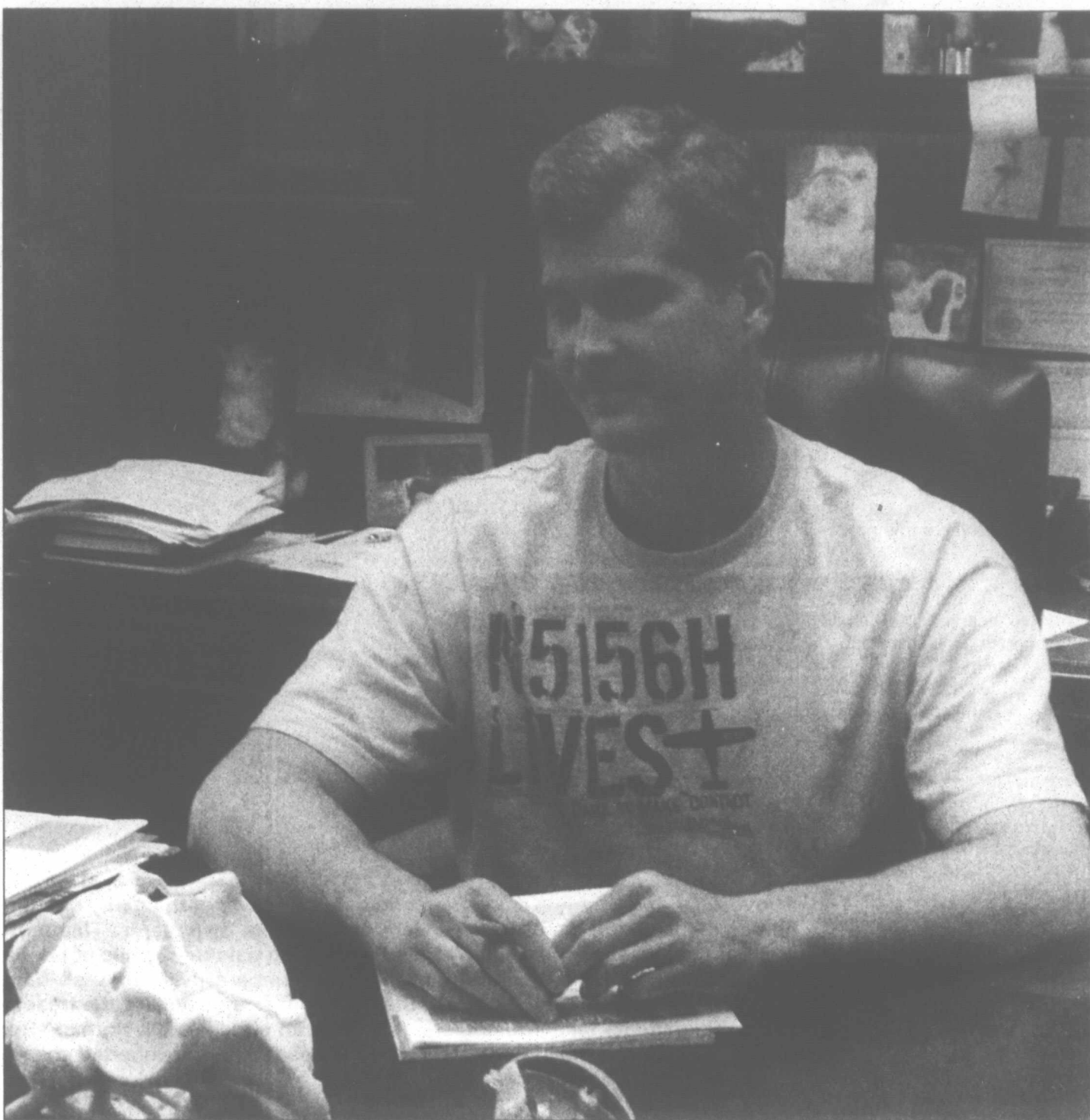
"This is a good example of what more doctors in this country should do, perform as many procedures in the office instead of the hospital," Ellis said. "Because this procedure is done in the office without anesthesia, it saves money for the patient, the insurance company and ultimately the taxpayers. This is also better for the patient because it is less invasive and less time is missed from work."

Ellis also offers "Her Option," a cryoablation therapy that is done in his office to reduce or eliminate excessive menstrual bleeding, which is often referred to as menorrhagia, meaning menstrual periods that are too heavy, too long or too frequent. This can be used by women who do not medically need a hysterectomy or prefer a less invasive procedure that does not disrupt a woman's natural hormones.

"This is the most requested procedure in my office currently," Ellis said. "It does not require hospitalization and also has little or no down-time for the patient. A slender probe is inserted through the vagina and into the uterus which is cooled to sub-zero temperatures that freeze the endometrial lining or the uterus. I've had really good results with this procedure for helping women either lighten their periods or eliminate them altogether."

Pelvic organ prolapse, which is caused by a weakening or tearing of the supporting tissues, muscles and nerves that normally hold the pelvic organs in place, can also be addressed and treated by Ellis.

Women suffering from this problem can have symptoms such as bladder or bowel control, urinary frequency, difficulty voiding, recurrent bladder infections and a feeling of pelvic heav-



Pampa News Photo by KERRI SMITH  
**Dr. J. Scott Ellis, OB/GYN, does insurance paperwork at his desk at Texas Plains Women's Center. He currently performs many procedures for women in his office as opposed to the hospital.**

ness or fullness.

"This problem affects many women after a difficult childbirth or as they get older," Ellis said. "This procedure is also done vaginally and is considered day surgery with the patient going home the same day as the

procedure. Usually they do not have to have a catheter when they leave either. In the near future, hopefully this can be done in the office as well."

A sling or graft is implanted and weaved through the pelvis to support the pelvic

organ that has prolapsed. Body tissues quickly grow into the pores of the mesh, which creates the final support. This procedure could take one to two hours to perform.

Dr. Ellis is excited to offer these cutting-edge proce-

dures to women in the Texas Panhandle. He hopes that other doctors will follow suit and begin researching and training to perform procedures in their office that will ultimately benefit the patient and the community as a whole.

## U.S. circumcision rate drops; immigration, attitude cited

By **RACHEL KONRAD**  
Associated Press Writer

SAN FRANCISCO (AP) — On the eighth day of her son's life, Julia Query welcomed friends and family to celebrate his birth and honor their Jewish heritage.

But there was no crying, no scalpel, no blood, no "mohel" — the person who traditionally performs ritual circumcisions in the Jewish faith. In fact, Elijah Rose's "bris" differed markedly from the ceremony long used to initiate Jewish boys into a covenant with God: There was no circumcision.

"I knew before I was even pregnant that I would not circumcise," said Query, 39, a San Francisco filmmaker whose son was born in 2002. "It's not like you're just cutting a piece of paper off a pad — there's no 'cut here' line. It's not made to be cut off, and I would never, ever do that to my baby."

Query is among a growing number of American parents refusing circumcision, in which the foreskin is removed from the

penis.

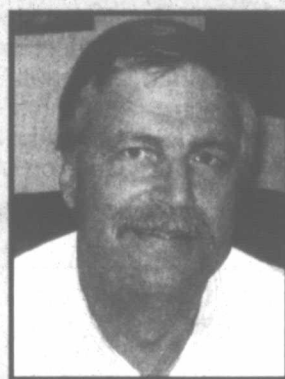
According to data from the National Health and Social Life Survey, the U.S. circumcision rate peaked at nearly 90 percent in the early 1960s but began dropping in the '70s. By 2004, the most recent year for which government figures are available, about 57 percent of all male newborns delivered in hospitals were circumcised. In some states, the rate is well below 50 percent.

Experts say immigration patterns play the biggest role in the decline, which is steepest in Western states with big populations from Asian and Latin American countries where circumcision is uncommon. The trend has also accompanied a change in Americans' attitudes toward medicine and their bodies.

"The rates of drug-free labor and breastfeeding all rose during the 1980s, while the initial declines in male circumcision rates

See **MALES**, Page 8

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Jim Bruton, agency manager, would like to extend a warm invitation to all of our long time clients and friends around the Panhandle. We welcome anyone interested in comparing their present service, insurance coverage's and premium with the great companies we represent, such as, America First, Mercury, Progressive, Travelers, Hartford, Dairyland, ASI, Foremost and National Lloyds, just to name a few. We have a good place for all of your insurance needs. From Personal, Auto, Motorcycle, RV and Watercraft, Homeowner's, Renter's Insurance, Business, Property, General Liability, Worker's Compensation, Farm & Ranch, Oilfield, Life Insurance, Individual or Group Health Insurance, Products, Estate Planning, Annuities, 401K plans, or Long Term Care, no account is too large or too small. Stop by and see us at our new location or visit us at [www.ashmoreassociates.com](http://www.ashmoreassociates.com)

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# Pampa fortunate to have two cardiologists

By KERRI SMITH  
Staff Writer

Pampa Regional Medical Center is lucky to have two cardiologists who work together to make sure patients get the best possible care and have access to the latest procedures for the health of their hearts.

Dr. Laxmichand Kamnani has practiced locally since 1983 and Dr. Steven Silver moved to Pampa one year ago.

Dr. Silver made history at PRMC about one year ago when he opened up an artery with a stent for the first time at this facility.

Before Silver arrived, patients had to go to Amarillo to have this procedure done.

The stent was definitely not Silver's first since he has inserted nearly 2,000 stents in a career that spans more than 25 years.

Since his arrival last year, Silver has inserted approximately 200 coronary stents and 14 peripheral leg stents in patients.

"I'm really enjoying living in Pampa and helping to advance cardiac medicine in this small community and others nearby," Silver said. "It is nice that patients can have the procedures they need done right here in Pampa. The staff that I've worked with at the hospital and in my office have been wonderful."

Silver said he wished more people knew about putting stents in the leg to help with circulation.

To diagnose problems in the legs, he just takes the blood pressure in the legs with normal blood pressure cuffs and compares that reading with that of the arm.

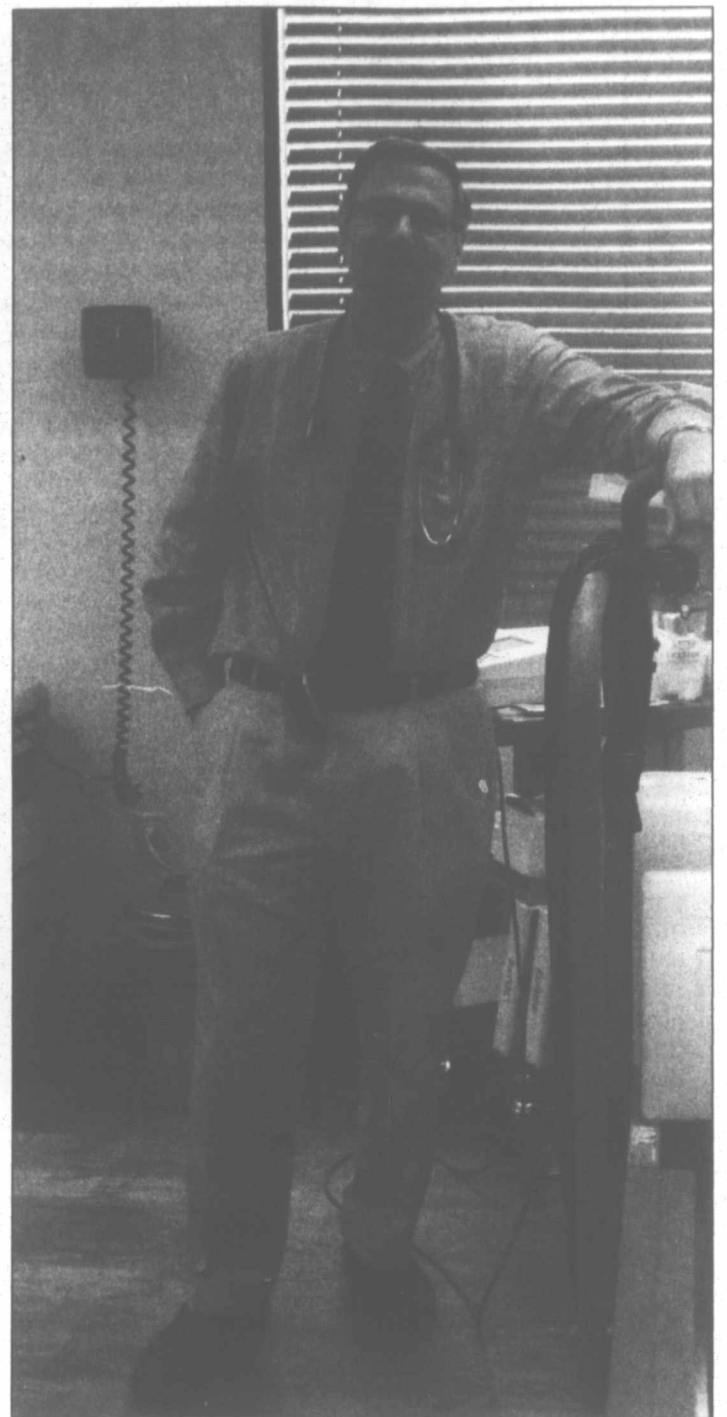
He is also impressed with the better equipment that the hospital and cath lab are receiving.

"Patients who have a diagnostic heart cath usually leave after 3 hours," Silver said. "And a patient that receives a stent can usually go home after one night's



Pampa News Photo by KERRI SMITH

Above, Dr. Laxmichand Kamnani stands in front of one of the many paintings he has displayed in his office that were given to him by patients. This particular painting was given to him by Lois Green, who painted it while in her 80s. He has also purchased paintings from other Pampa artists and also hangs their artwork in his office. Right, Dr. Steven Silver stands next to the treadmill where his patients take stress tests. Patients can either do the normal stress test or have a chemical stress test done if needed. Silver inserted the first stent at PRMC about one year ago.



stay."

Before moving to Pampa, Silver practiced in California for about 20 years. He then moved around a bit to Wyoming, Mississippi and Midland, Texas.

He said he received an offer he could not refuse to come to Pampa, so he made this his new home.

He loves to swim and tries to go to the Youth Center every day if possible.

Photography, movies and writing are also on his list of hobbies. He is an animal lover and plans to rescue a

dog and/or cat soon from the animal shelter.

If Dr. Silver has a patient that is in need of a pacemaker or cardiac defibrillator, he does not have to look very far. Longtime Pampa resident Dr. Kamnani is ready to help out.

Kamnani moved here from Chicago in 1983 to start a practice and his wife, Dr. Nirjala Kamnani, joined his practice in 1986 as an internal doctor. Both of the Kamnanis received their training and did their residency in India.

"During my residency, I saw a lot of people with heart problems," Laxmichand Kamnani said.

"There was also a lot of heart disease in my family so that is what I decided to specialize in. In the late 1980's and early 1990's, there were other cardiac doctors that practiced here for a few years, but from 1999 to 2006, when Dr. Silver moved to Pampa, I was the cardiac lone ranger in town."

Kamnani does not insert stents, but specializes in heart cath, pacemakers and

cardiac defibrillators. He said the technology to get information from these cardiac interventions is about to be all wireless.

"Right now, we can put a probe on the patient's chest and get information about the heart and how the pacemaker is working," Kamnani said. "In the near future, all of these machines should be wireless and we will be able to receive information from another room or over the telephone. This would make it easier on people who travel a lot."

Kaminani said even though he has been in practice for a long time, he still loves what he does.

"Medicine is not an absolute science, but instead becomes an art form," Kaminani said. "I've never lost the love of this art. Physically I get tired, but the fascination of medicine is still there."

He enjoys using new technology and learning new techniques, but wishes there was not as much paperwork to do for insurance companies, especially Medicare.

## Research shows diseases in hearts and kidneys are linked

By LAURAN NEERGAARD  
AP Medical Writer

WASHINGTON (AP) — Hearts and kidneys: If one's diseased, better keep a close eye on the other.

Surprising new research shows kidney disease somehow speeds up heart disease well before it has ravaged the kidneys. And perhaps not so surprising, doctors have finally

proven that heart disease can trigger kidney destruction, too.

The work, from two studies involving over 50,000 patients, promises to boost efforts to diagnose simmering kidney disease earlier. All it takes are urine and blood tests that cost less than \$25, something proponents want to become as routine as cholesterol checks.

"The average patient knows their cholesterol," says Dr. Peter McCullough, preventive medicine chief at Michigan's William Beaumont Hospital. "The average patient has no idea of their kidney function."

Chronic kidney disease, or CKD, is a quiet epidemic: Many of the 19 million Americans estimated to

have it don't know they do. The kidneys lose their ability to filter waste out of the bloodstream so slowly that symptoms aren't obvious until the organs are very damaged. End-stage kidney failure is rising fast, with 400,000 people requiring dialysis or a transplant to survive, a toll that has doubled in each of the last two decades.

And while CKD patients often are terrified of having to go on dialysis, the hard truth is that most will die of heart disease before their kidneys disintegrate to that point, something kidney specialists have recognized for several years but isn't widely known.

See HEART, Page 7

### Texas Plains Women's Center

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### Physical therapy sweets



Pampa News Photo by KERRI SMITH

The physical therapists at PRMC try to make therapy as fun as possible, especially for the children that come. Leanne Hall, PT tech, holds a pan of brownies while Lauren Pingel strengthens her motor skills by spooning out the mixture into a pan and Kim McKandles, PT, helps steady the process.



# Cryotherapy another option for treatment of prostate

By **KERRI SMITH**  
Staff Writer

Men who are diagnosed with prostate cancer now have another option to consider when it comes to treatment.

Cryotherapy is performed at Pampa Regional Medical Center by local urologist Dr. Rene Grabato, who has practiced in Pampa for the past 29 years.

Cryotherapy is a treatment option that is minimally invasive as compared to radiation treatments or surgery. It can be performed usually on an outpatient basis and is considered day surgery since the actual procedure takes less than two hours in most cases.

Grabato explained that after the patient is put under anesthesia, ultra-thin needles are inserted into through the perineum into the prostate. Argon gas circulating through these needles generates very low temperatures causing the formation of iceballs. The iceballs combine to create a frozen region that conforms to the size and shape of the prostate.

The freezing process is lethal to all cells and thoroughly ablates all prostatic tissue. The needles are easily inserted and guided to their target locations using an ultrasound probe. The entire procedure is carefully monitored in real-time with ultrasound imaging.

Unlike other prostate cancer treatments, this is only done one time.

"This new treatment is comparable to external beam radiation therapy, but cryotherapy is done only once and EBRT usually takes up to 30 treatments," Grabato said. "This gives men one more option to consider and the follow-ups that have been done over the past seven years are very encouraging."

After receiving training on this procedure at both UCLA and Baylor, Grabato has performed this procedure on Pampa resident Wallace L. Bruce.

"After I was diagnosed with prostate cancer, my wife and I both decided we wanted Dr. Grabato to perform the cryotherapy," Bruce said. "On the day of my procedure, the anesthetist and OR crew all assured me they

would take good care of me and they certainly lived up to their word. I actually went home the same day as the procedure.

"After two weeks, I was back to light duties and at four weeks I was traveling and doing very good both physically and mentally. I am so glad I made the right decision on having the cryo treatment, plus it was an added bonus to have it performed right here at our local hospital. I strongly recommend this procedure over radical prostate surgery."

According to Grabato, prostate cancer is the second most prevalent cancer among men, but if diagnosed early it is treatable and curable. The traditional screening procedure for detecting prostate cancer is a rectal exam and a simple blood test to check PSA (prostate specific antigen) level. If these tests indicate that cancer might be present, an ultrasound and biopsy of the prostate are usually performed. Biopsy is the only definitive way to diagnose the presence of prostate cancer.

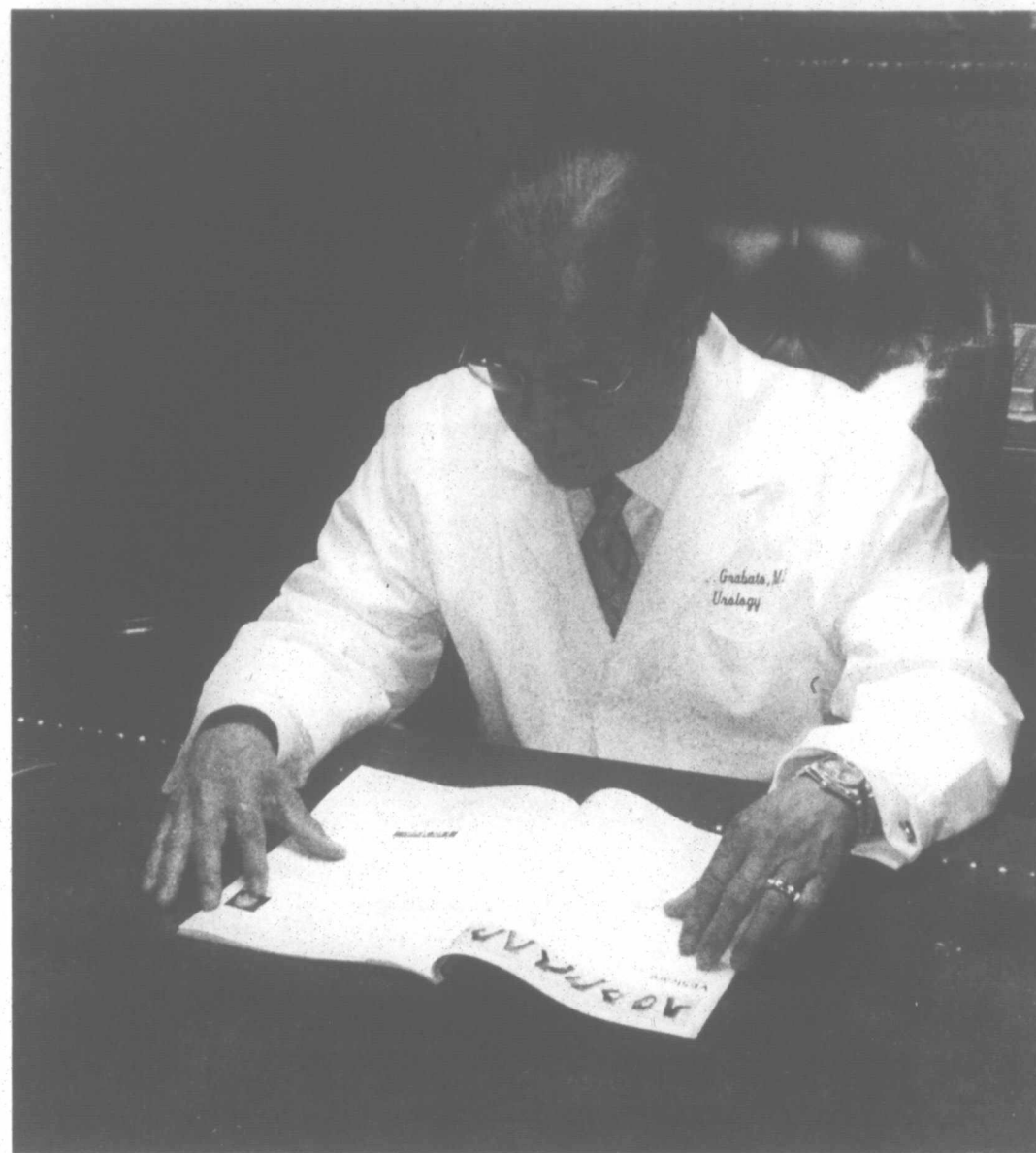
"All men should have these tests done annually after the age of 50," Grabato said. "Although this is considered an old man's disease, it can occur in younger men as well."

PRMC reports that in the United States each year, approximately 200,000 men are diagnosed with prostate cancer and about 30,000 men will die from the disease if it is not caught early enough.

Dr. Grabato attended medical school in the Philippines. In 1972, he moved to New York City to study for a urology specialty and had planned on moving back to his homeland, but martial law had been declared so he stayed in New York City for six years. He moved to Pampa in 1978 and became a U.S. citizen in 1983.

Grabato's family consists of a son and daughter and his wife, who is a pediatrician who decided to stay at home and raise the kids many years ago.

He and his son will soon make a trip back to the Philippines for a family wedding. This will be the first visit to this country for his son, so they are both very excited to make this journey.



Pampa News Photo by KERRI SMITH

**Urologist Dr. Rene Grabato reads through one of his urology medical magazines that talks about prostate cancer and the choices for treatment. He now does cryotherapy on patients who do not want surgery.**

"I love my job and it is a joy to me to constantly continue my medical education and further my knowledge of new procedures and techniques," Grabato said. "I'm always learning the latest techniques, such as lasers,

how to treat kidney stones and of course this cryotherapy. Even though Pampa is a small town, the residents should have the latest techniques available to them."

## Heart

Continued from Page 6

Indeed, the new research is highlighted in this month's Archives of Internal Medicine with a call for doctors who care for heart patients to start rigorously checking out the kidneys — and for better care of early kidney disease.

The link sounds logical. After all, high blood pressure and diabetes are chief risk factors for both chronic kidney disease and heart attacks.

But the link goes beyond those risk factors, stresses McCullough: Once the kidneys begin to fail, something in turn accelerates heart disease, not just in the obviously sick or very old, but at what he calls "a shockingly early age."

McCullough and colleagues tracked more than 37,000 relatively young people — average age 53 — who volunteered for a kidney screening. Three markers of kidney function were checked: The rate at which kidneys filter blood, called the GFR or glomerular filtration rate; levels of the

protein albumin in the urine; and if they were anemic. They also were asked about previously diagnosed heart disease.

The odds of having heart disease rose steadily as each of the kidney markers worsened. More striking was the death data. At this age, few deaths are expected, and indeed just 191 people died during the study period. But those who had both CKD and known heart disease had a threefold increased risk of death in a mere 2 1/2 years, mostly from heart problems.

"This study is very much a wake-up call," McCullough says.

What about the heart's effect on the kidneys? Researchers at Tufts-New England Medical Center in Boston evaluated more than 13,000 people who had participated in two large heart-health studies. People diagnosed with heart disease at the studies' start had twice the risk of declining kidney function in the next nine years.

That makes sense. Heart disease narrows arteries all over the body, kidneys included. Also, some heart imaging tests use compounds that may harm kidneys.

But McCullough suspects

a more complex culprit: Both the heart and kidneys send various signals to the bone marrow, which produces a type of stem cell that keeps those organs in good repair. When either starts to fail, this key repair mechanism falters, too, he explains.

Cause aside, what does the research mean for patients today?

—Cardiologists and primary care physicians should carefully monitor heart disease patients for declining kidney function, Wake Forest University physicians urge in an editorial accompanying the two studies.

—Anyone with kidney risk factors — a relative with kidney disease, or someone with diabetes, high blood pressure or a relative with either — should get their GFR tested, advises Dr. Leslie Spry of the National Kidney Foundation. McCullough goes further, and says every adult should know that number. Surveys suggest such routine screening even of the high-risk is rare today.

A normal GFR is 120. If it slips below 60, they have kidney disease.

—Treat kidney disease aggressively. Fewer than a third of CKD patients are prescribed pills proven to

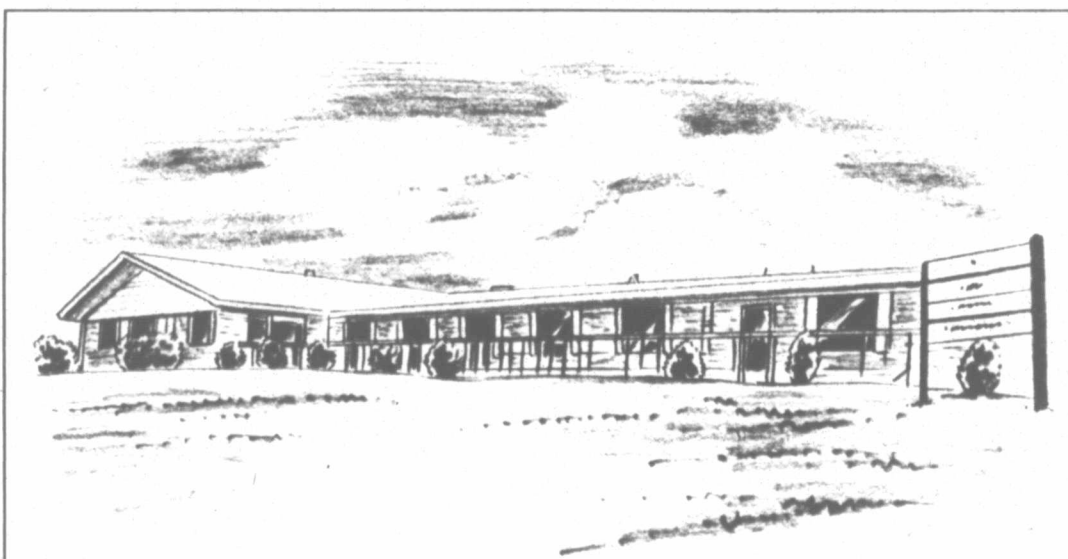
protect their damaged kidneys from getting worse — pills such as ACE inhibitors or "angiotensin II receptor blockers" that also lower blood pressure and thus are good for the heart, too.

McCullough adds that

CKD patients should have other heart-related risk factors controlled even more tightly than doctors often recommend. Systolic blood pressure — the top number — should never be above 130, and the so-called "bad"

or LDL cholesterol should be below 70.

*Lauran Neergaard covers health and medical issues for The Associated Press in Washington.*



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# Obesity surgery patients got drunk on one glass of wine

By SUDHIN THANAWALA  
Associated Press Writer

SAN FRANCISCO (AP) — People who had obesity surgery got drunk after just one glass of red wine, researchers reported in a small study that was inspired by an episode on "The Oprah Winfrey Show."

"A lot of people think they can have one glass of wine and be OK," said Dr. John Morton, assistant professor of surgery at Stanford University Medical Center, who is the study's lead author. "The concern here is they really can't."

Morton has performed more than 1,000 gastric bypass, or stomach stapling, surgeries. He said he routinely warns his patients about drinking alcohol, but it wasn't until Winfrey discussed the issue on her show last October that the public really took notice. He said questions poured in.

"I didn't find a whole lot in the literature, so that prompted the study," he said.

The research team gave 36 men and women — 19 who had obesity surgery and 17 who did not — five ounces of red wine each to drink in 15 minutes. Using a breathalyzer, their alcohol levels were measured every five minutes until it returned to zero.

More than 70 percent of the surgery patients hit a blood-alcohol level of 0.08 percent, which qualifies as legally intoxicated in California, and two reached levels above 0.15, Morton said.

By contrast, most of the control group had levels below 0.05 percent, the study reported.

Researchers also found that obesity patients took longer to sober up. After matching the control group with the patient group for age, gender and weight, they found the patients took 108 minutes on average to return to a zero blood-alcohol level versus 72 minutes for the control group.

Morton said the obesity surgery patients don't produce as much of an enzyme that breaks down alcohol because their stomachs are smaller. Also, the alcohol passes to their small intestine faster, speeding up absorption, he said.

The findings, which were presented recently at a meeting of bariatric surgeons, highlight an important warning for obesity patients: "Never have more than a couple of glasses in a single sitting, and don't drive afterward," Morton said.

Meg Semrau, a nurse coordinator of Stanford's bariatric program who had gastric bypass surgery herself more than three years ago, said she noticed her tolerance for alcohol was lower after surgery.

"I literally feel it within a couple of sips now," she said. "Flushing in the face, a kind of disequilibrium."

While some experts took issue with the study's size and methodology, they said it basically confirmed what they had suspected for some time: People who have gastric bypass surgery are more sensitive to alcohol.

Dr. Madelyn Fernstrom, director of the weight management center at the University of Pittsburgh Medical Center, said Morton's results support alcohol warnings normally given to gastric bypass patients. However, she called drinking five ounces of wine in 15 minutes an "artificial" test. No one — let alone bariatric surgery patients — would be advised to drink that amount of alcohol so quickly, she said.

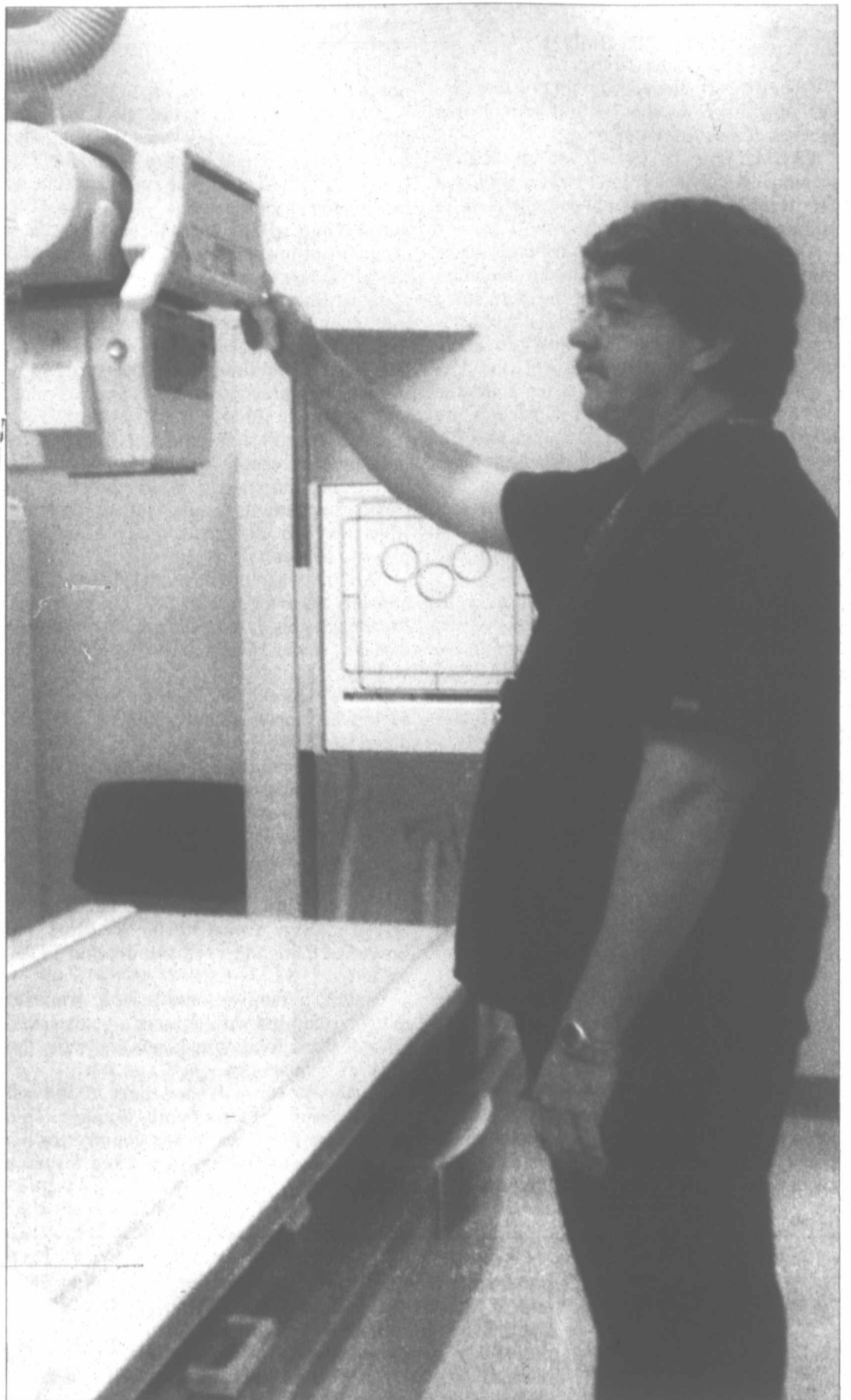
In fact, Fernstrom said patients are discouraged from drinking alcohol because it is a "waste of calories."

"Alcohol is not part of a healthful diet for gastric bypass surgery patients," she said. "If this is a pleasant part of life to certain people on special occasions, it must be monitored and discussed with their surgeon."

*'I literally feel it within a couple of sips now. Flushing in the face, a kind of disequilibrium.'*

— Meg Semrau  
Gastric bypass patient

## X-ray magic



Mike Veal, X-ray technician at PRMC, prepares the equipment for the next patient.

## Males

Continued from Page 5

began during the 1980s as well," said Katharine Barrett, an anthropology lecturer at Stanford University. "It may have been part and parcel of the wider effort to reclaim bodies — adult female and infant male — from unnecessary and potentially harmful medical interventions."

Circumcision remains the nation's most common surgery, and the United States is still one of the few developed countries where a majority of baby boys are circumcised. But circumcision is a heated issue and the subject of vehemently pro and anti Web sites.

"We were all circumcised when I was born," said R. Louis Schultz, a 79-year-old New Yorker and author of "Out in the Open: The Complete Male Pelvis." "People thought it could ward off masturbation or disease, and those funny attitudes have really changed. Now people are saying, 'Why do it?'"

Many doctors still recommend circumcision because of some evidence that it reduces the risk of penile cancer, urinary tract infections, HIV and perhaps

other sexual transmitted diseases. Many major insurance companies still cover it, and many hospitals offer it free for newborns.

But circumcision opponents say the medical benefits are dubious. Penile cancer, for example, is extremely rare. Since 1999, the American Academy of Pediatrics has not endorsed routine circumcision.

The debate escalated in February, when studies found that heterosexual men in Africa who were circumcised had HIV infection rates up to 60 percent lower than uncircumcised men. Because of those studies, the American Academy of Pediatrics is taking another look at its policy.

About one in three males worldwide is circumcised. In the United States, the rates vary widely by region.

It is most prevalent in the upper Midwest. In 2004, according to data compiled by the federal Agency for Healthcare Research and Quality, more than 79 percent of newborn boys in the Midwest were circumcised before leaving the hospital. Michigan and Kentucky had the highest rates, at 85 percent.

In the fast-growing West, the rate declined dramatically — from 64 percent in 1979 to just under 32 per-

cent in 2004.

In California, the rate of hospital circumcisions among newborns was 21 percent. California — which has more immigrants than any other state — had the lowest circumcision rate in the study, which had comprehensive data on only 27 states.

The decline coincides with rising immigration from Asia and Latin America.

"If you have a solid Victorian, American background, routine circumcision is not unusual," said Carol A. Miller, clinical professor of pediatrics at University of California at San Francisco.

Circumcision was uncommon in 35-year-old Usha Toland's family, which has roots in India, Sri Lanka and Malaysia. When her son, Reynick, was born in 2005 in San Francisco, her husband, Chris, a white man from Southern California, assumed his son would be circumcised. But after the couple read Web sites and medical literature, they decided against the surgery.

"Usha probably would have understood if I really wanted to have Reynick circumcised," said Chris, a 42-year-old advertising executive.

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# 2007

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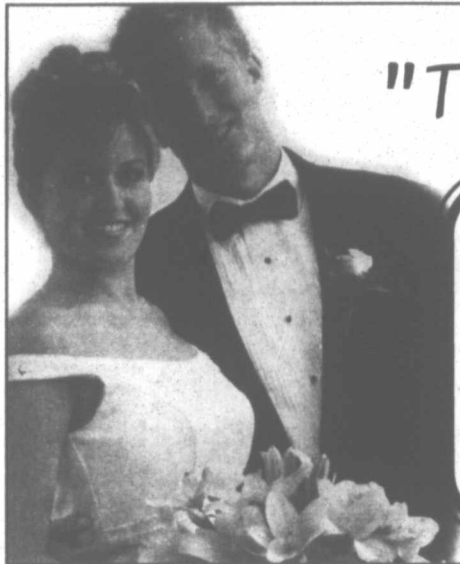
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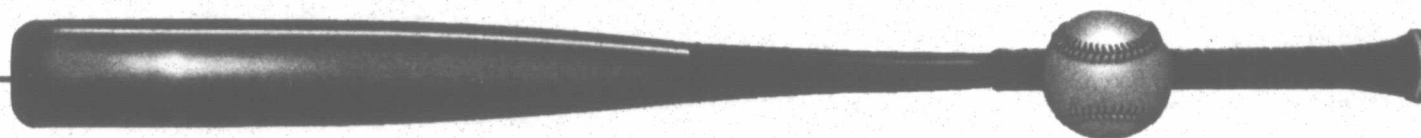
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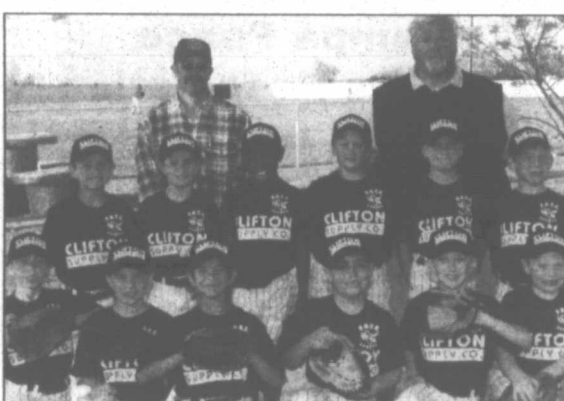
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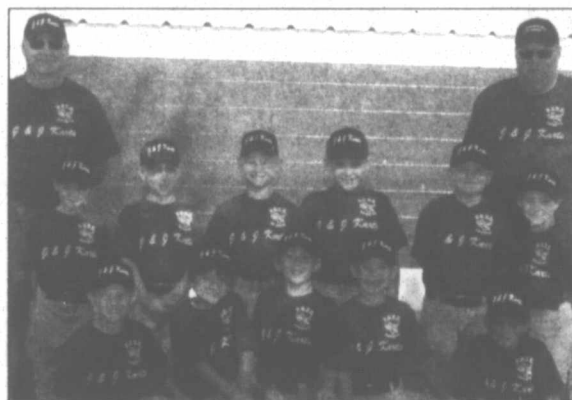


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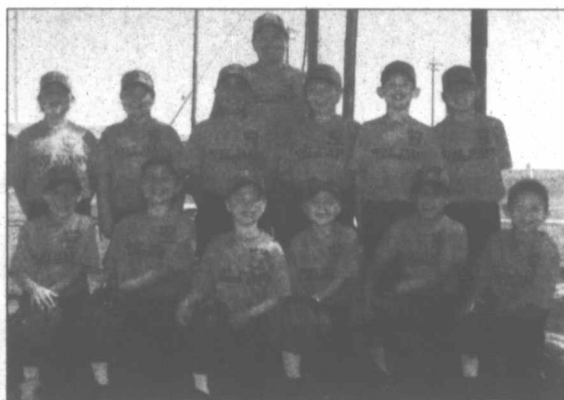


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**Team members:** Kaitlyn Ramirez, Andra Cortez, Hannah Luke, Layce Smith, Rien Thompson, LannaBeck, Miranda Brady, Chrissy Diticio, Pamela Whinery, Taylin Neff, Brenna Mullican, Madison Joyce and Montana Allemand.  
**Manager:** Spencer Neff  
**Coach:** Lanee Laden and Chris Thompson



**Team members:** Brendon Courtney, Rylan Corbin, Tori Dalton, Junior Estrada, Gracee Gill, Emma Gill, Quinlan Honeycutt, William Carson, Tyler Leos, Sierra Long and Trae Long.  
**Manager:** Matthew Gill

### Rasco Overhead Door



**Team members:** Raven Neal, Shiann Regaldo, Lydia Hope Rodriguez, Katelyn Peters, Kristen Epperson, Erin Rankin, Raeli Walker, Makayla Waddell, Kassie Jerome, Alejandra Jimenez, Bailey Joyce and Elizabeth Arnold.  
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## NBC Bank

**Photo  
Not  
Available**

**Team members:** Heath Bivens, Holt Bivens, Jacob Gething, Austin Hernandez, Jared Lake, Colton Landrum, Kyndon Lott, Austin Breeding, Joe Estes, Kutter Gill, Daulton Howard, Braden Kidd and Landon Wheeler

**Manager:** Roy Lott

**Coaches:** Bo Lake

## Clarendon Broncos

**Photo  
Not  
Available**

**Team members:** Braydon Phillips, Richard Nino, Johnny Gaines, Lee Cook, Steven Slitta, Clayton Shields, Wesley Williams, David Roberts, Bradley Watson, Christopher Blackburn and Cody Wood.

**Manager:** Jeremy Howard

**Coaches:** Austin Howard, Tammy Owen

## Claude

**Photo  
Not  
Available**

**Team members:** Hunter Cartwright, Brady Miller, Brandon Nichols, Codie Shaw, Brady Baggett, Austin Miller, Donovan Sullinger, Scylar Bowers, Brady Durham, Brady Lagunas, Ryan Neely, Lige Powers, Jordan Parsley and Cody Harrah

**Coaches:** Jay Cartwright and Terry Baggett

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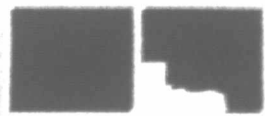


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