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Billing changes to help combat deficit

By MARILYN POWERS
Staff Writer

A proposal to reduce the amounts of water, wastewater and residential sewer product which would be covered by the minimum fees charged by the city is the subject of an interoffice memorandum distributed by Pampa City Manager John Horst to commissioners at the July 12 city commission meeting.

The current minimum monthly residential bill for water, sewer and

trash service is \$37.97, according to the city utilities office. This amount covers two thousand gallons for water and wastewater, and eight

thousand gallons for sewer. The recommendation in the memo would reduce those totals to one thousand gallons for water and

wastewater, and six thousand gallons for sewer, for the same minimum monthly bill. The bill would increase at the current rate after these minimums are reached within a single billing cycle, about a month.

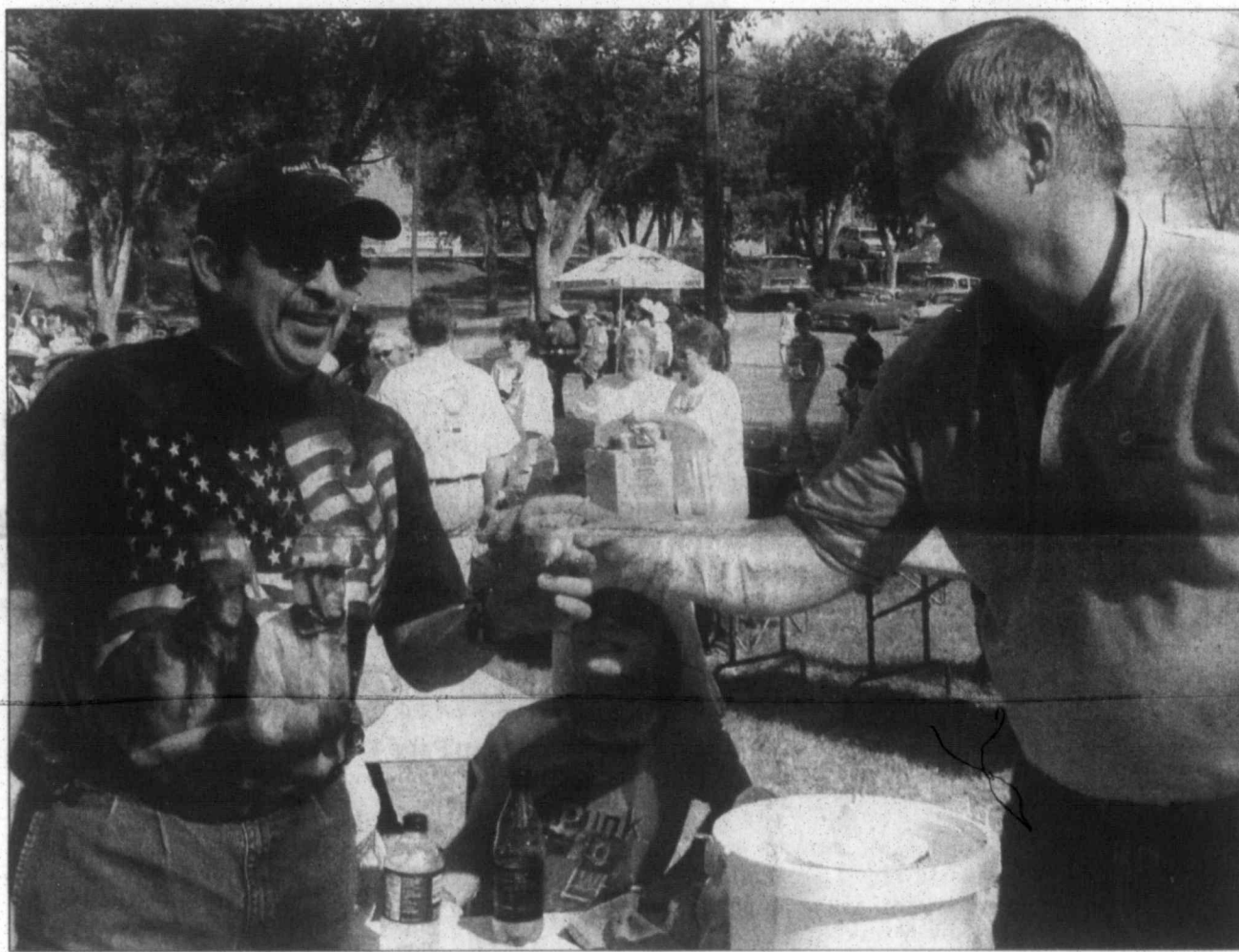
"This will be on a future city commission agenda," Horst said in a July 15 telephone interview.

"Both our water and wastewater fees are somewhat below the aver-

See WATER, Page 2

'For water revenue, this would produce about \$208,000, and for wastewater, about \$104,000.'

—John Horst
Pampa city manager



Pampa News photo by MARILYN POWERS

Summer Celebration

Tony Hernandez, left, accepts a cup of white chocolate/cheesecake ice cream from Charlie O'Rear, right, of Celanese Corporation as Hernandez' daughter, Alicia, center, watches. An ice cream freeze-off was one of the events at the Summer Celebration which began at 5 p.m. Friday at Central Park. Entries in business, organization and individual categories were accepted, and judges were to name the winners.

U.S. charges 11 with alleged detainee abuse

BAGHDAD, Iraq (AP) — Eleven U.S. soldiers have been charged with assaulting detainees in Iraq, the military said Saturday, while three British soldiers were killed by a roadside bomb in a rare attack in the relatively stable southern part of the country.

Also Saturday, suicide attackers killed at least nine Iraqi forces in separate attacks in Baghdad and just south of Mosul as insurgents kept up their campaign against the nation's U.S.-trained security force.

Iraqi police also arrested a would-be suicide bomber in the capital before he could detonate an explosive belt among a

crowd mourning the victims of an attack earlier this week that killed 27 people, mostly children, an official said. It was the second thwarted attack this week.

'None of the insurgents required medical treatment for injuries related to the alleged assault.'

—Statement by military

The U.S. military said in a statement that the charges against the 11 troops, who served in the Baghdad area but were not otherwise identified, were filed Wednesday after another soldier complained about the alleged assaults.

"None of the insurgents required medical treatment for injuries related to the alleged assault," the statement added. "Only one of the suspected terrorists remains in custody of coalition forces at this time."

The soldiers had been assigned to the Army's Task Force Baghdad but were taken off-duty pending the investiga-

tion, the military said, adding that the Army's Criminal Investigation Division would determine whether they should face trial by court-martial.

"Allegations of illegal activities will always be thoroughly investigated," said Lt. Col. Clifford Kent, a Task Force Baghdad spokesman.

U.S. commanders have been especially sensitive about alleged mistreatment of detainees since the abuse of inmates at Abu Ghraib prison resulted in a major scandal involving America's handling of prisoners both here and in Guantanamo Bay, Cuba.

Remember Four D's

Mosquito spraying continues

By MARILYN POWERS
Staff Writer

The City of Pampa is fogging residential areas for night-feeding mosquitoes for the fifth time this season, according to a press release by Kim Lincycomb, city public service superintendent.

'Citizens should keep their grass and weeds cut, and empty any containers of water around their property and in the alleys.'

—Kim Lincycomb
City public service superintendent

"If citizens do not want their property sprayed, they need to call 669-5760, extension 3," Lincycomb said.

One reason to control the mosquito population is because mosquitoes transmit the West Nile virus to humans. Only one reported case of West Nile virus in humans has occurred thus far this year in the Texas Panhandle, according to Susan Norwood, a state public health technician in Canyon. The case occurred in Swisher County, she said.

Panhandle residents can avoid mosquito bites by remembering the four Ds, Norwood said:

- Drain standing water.
- Dress in long-sleeved pants and shirts.
- Use mosquito repellent that contains DEET.
- Go outside during daytime hours only. Avoid being outside at dawn and dusk, the most active time for mosquitoes.

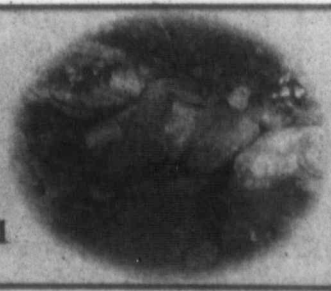
"Citizens should keep their grass and weeds cut, and empty any contain-

See SPRAY, Page 5

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PPHM showcases 'Remington of the Southwest'

CANYON — "W. Herbert Dunton: The Remington of the Southwest" will be shown at the Panhandle-Plains Historical Museum through Aug. 21, a press release from the museum said.

This focused exhibition examines Dunton's debt to Remington through paintings borrowed from public and private collections in the United States and Canada. It will be featured in the Alcove Gallery and will augment the nationally-touring exhibition "Capturing Western Legends: Russell and Remington's Canadian Frontier."

Following Frederic Remington's sudden death in 1909, W. Herbert Dunton was commissioned to complete the series on General Nelson A. Miles left unfinished by Remington. Consequently, Dunton was recognized as the only qualified successor to Remington and by 1916 was being called "the Remington of the Southwest."

While Dunton can be separated quite easily from the majority of his peers, it is Frederic Remington to whom he owes his greatest debt. His association with Charles M.

Russell is known, yet the relationship of his work to Remington's remains largely unnoticed, PPHM said.

In terms of ideas for illustrations, Dunton looked to Remington more often than to any other artist. This is not to suggest that Dunton copied his compositions from Remington. Rather, in pursuing a similar subject, Dunton, like many illustrators searching for ideas, looked to the recognized master of a certain genre for inspiration and possible solutions to problems.

There is no evidence, the

PPHM press release said, to suggest Dunton and Remington knew each other. However, Dunton must have seen Remington's magazine illustrations, and may have seen Remington's exhibitions at Knoedler's New York gallery. During his hey-day as an illustrator, Dunton was often compared to Remington, and was recognized as Remington's successor in Western painting.

Included in the exhibition will be Dunton's "The Reconnaissance," a reinterpretation of Remington's "A Reconnaissance (1902)"

recently found in a Boston attic; Dunton's "The Pursuers (found in a cabin in upstate New York); and Dunton's "The Return to the Reservation," purchased by the Glenbow Museum in Calgary, Alberta, Canada, as a Frederic Remington painting in 1965.

The subject of Remington and Russell fakes will be covered in an ancillary exhibition at the museum. Included in the Dunton exhibition will be Dunton works from the museum's collection.

Museum hours during the exhibition are 9 a.m. to 6

p.m., Monday through Saturday, and 1 p.m. to 6 p.m. on Sundays.

General admission is \$7 for adults, \$6 for seniors 65 and older, and \$3 for children 4 through 12. Members, WTAMU faculty, staff and students are admitted free.

Tickets for the "Capturing Western Legends" exhibit are \$15 for adults, \$14 for seniors 65 and older, and \$7.50 for children 4 through 12.

For additional information, visit www.panhandleplains.org on the World Wide Web.

'Flight'



Keven Hernandez, left, and Bernardo Casanova are seen here hefting 250-pounds of bronze geese onto a lift for mounting. The geese are part of a sculpture called "Flight of Enrichment" which now hangs on the foyer wall of M.K. Brown Academic Center at Clarendon College-Pampa Center.

QuickBooks Course in offing

AMARILLO — Farmers and ranchers looking for a better way to manage their records have an opportunity to learn QuickBooks Pro 2004 on July 27-28.

The two-day training will be held here at the Texas A&M University System Agricultural Research and Extension Center, 6500 W. Amarillo Blvd.

QuickBooks Pro is a double-entry business accounting program widely utilized by agricultural lenders and producers.

Classes will begin at 9 a.m. and end at 4 p.m. each day. No computer experience is necessary, said DeDe

Jones, Extension program specialist and course instructor. Participants will develop cost and profit centers, enter transactions and create reports, Jones said.

The course registration fee is \$75 and covers computer fees and teaching materials. Couples are encouraged to attend and will be charged only one registration fee if they share a computer.

Class size for each course is limited to 13 in order to provide hands-on experience for all participants, she said.

To register, contact Jones at (806) 677-5667. Payment is due upon arrival.

Roadmaps set course for research, teaching in field of agriculture

By KATHLEEN PHILLIPS
Texas A&M News/Public Affairs

COLLEGE STATION — When planning a trip, people often go to the Web or pull out a map to plot the best way to reach their destination.

The same concept is being used to lead the agriculture efforts of the Texas A&M University System, officials said, but this roadmap is for teaching students, conducting research and providing continuing education to larger populations.

"In order to reach our destination — which is to be the best in education, science and Extension — we have to have priorities," said Dr. Elsa Murano, who was appointed vice chancellor and dean of agriculture in January and quickly established leadership teams to create "roadmaps" for each component.

Found at <http://agprogram.tamu.edu/>, the site's links provide the goals — traveling instructions, one could say — for the College of Agriculture and Life Sciences, Texas Agricultural Experiment Station and Texas Cooperative Extension.

Beginning at the undergraduate and graduate student levels in the college, the "Teaching Roadmap" cites goals such as offering academic programs that are relevant for developing life-long learning skills, improving teaching effectiveness, and attracting and retaining students with high potential from diverse backgrounds.

Each of those goals has specific objectives that contribute to their successful accomplishment, according to Dr. A. Gene Nelson, executive associate dean for the College of Agriculture and Life Sciences. Educating

people outside the classroom, long the mission of Extension, has a well-defined map that foremost includes sustaining a profitable and competitive food and fiber system in Texas.

The plan also calls for enhancing natural resource conservation and management, building communities' local capacity for economic development and improving the health, nutrition, safety and economic security of all Texas families.

"We used information from about 18,000 volunteers to help identify Extension's strategic goals and objectives. It is this grassroots input that allows us to deliver quality relevant educational programs to the people of Texas," said Dr. Edward G. Smith, Extension director.

For example, Extension is already using nutrition and exercise programs to decrease the number of children who are inactive or overweight. These programs are delivered through families, schools and communities, Smith said.

Murano, who is adamant

about the importance of scientific facts to support all teaching and Extension education programs, said the science roadmap for the Experiment Station is vital for the success of the other two roadmaps.

To that end, the science map focuses on research that will sustain healthy ecosystems and conserve natural resources, enhance competitiveness and prosperity of urban and rural agricultural industries and improve public health and well-being.

"Naturally, the goals of our three components overlap," she said. "That's important because as researchers find solutions, those are taught to our students here at Texas A&M and then throughout the communities of our state."

"We expect to see results from this roadmap plan, because we are responding to the needs of Texans who have helped us establish these priorities," Murano noted.

The goals and specific objectives may be downloaded from the Web site.

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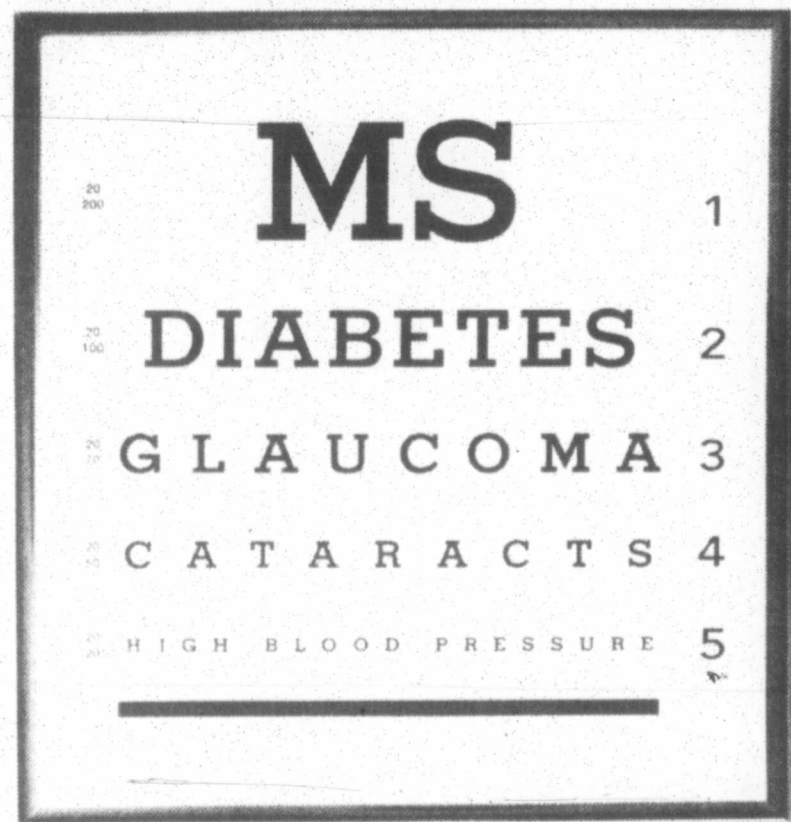
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Viewpoints

It is all a matter of personal integrity ...

As with most of life, it comes down to personal integrity.

Recently, the reputation of Time Magazine became a little tarnished. The New York Times reputation shone brightly.

"Judith Miller, an investigative reporter for The New York Times, was sent to jail on Wednesday after a federal judge declared that she was 'defying the law' by refusing to divulge the name of a confidential source," read the lead of a Times' front page story by Adam Liptak, a Times' reporter that covered part of the Tulia drug sting story.

The same day, Time Magazine reporter, Matthew Cooper, announced that he

had been released from his promise of confidentiality to a source, and that Cooper would testify before a federal grand jury investigating who leaked the name of a CIA agent to the press.

The thing that concerned me as a reporter was the stance taken by the publications.

Time Magazine coughed up Cooper's notes, which doesn't exactly give a reporter a sense of security.

In the case of Miller, Bill Keller, the executive editor of The New York Times, accompanied his reporter to the courthouse. Arthur Sulzberger Jr., the publisher of The New York Times, said the paper supports Miller's decision.

Having experienced such a situation before, although on a much smaller scale, knowing that your publication is behind you is extremely important for a reporter.

Some 30 years ago, I was subpoenaed, along with a number of other Globe-News reporters, in what was known at the time in Amarillo as Pottergate.

I was only a tangential reporter in the story, which revolved around wrongdoing in the Potter County courthouse, but I was aware of

some of the goings on and was involved early in the story.

The question we all expected to be asked was who put the lead reporter onto the story? Who was the source of the story?

The night before we were to appear in court, we all met at the paper's attorney's office with

the executive editor of the newspaper. The attorney began talking about how we could be defended. Then he began talking about how much it would cost in legal fees. At that point, the exec-

utive of the Amarillo Globe-News folded. He said the paper would supply whatever materials the opposition asked for.

He did not tell us not to testify, but he left his people out in the cold with no doubt that if there was a legal battle, we would have to pay for it ourselves.

Another Globe-News reporter, Ben Keck, who also has a background at The Pampa News, was ready to go to jail. Such a move is viewed as heroic in journalistic circles. It would have no doubt helped him move up in his chosen profession, but he was also only on the edges of the story.

The person left abandoned in the lurch was Patsy

Masterman, the lead reporter on the story. She was the courthouse reporter who broke the story. She was also the last of the reporters that had won a Pulitzer Prize for the Globe-News (under the previous owner) for Meritorious Service, at that time the only Texas newspaper to have won such a distinguished award.

As I went into the courtroom the next morning, I wasn't sure what I was going to do. I would like to think that I would have stood on principle, but I had a wife and a two-year-old baby at home. I didn't want to go to jail for contempt of court for refusing to testify.

See INTEGRITY, Page 5

David Bowser

Staff Writer



Today in History

By The Associated Press

Today is Sunday, July 17, the 198th day of 2005. There are 167 days left in the year.

Today's Highlight in History:

Fifty years ago, on July 17, 1955, Disneyland debuted in Anaheim, Calif.

On this date:

In 1821, Spain ceded Florida to the United States. In 1898, during the Spanish-American War, Spanish troops in Santiago, Cuba, surrendered to U.S. forces. In 1917, the British royal family adopted the name "Windsor."

In 1935, the entertainment trade publication Variety ran its famous headline, "Sticks Nix Hick Pix" (which might be translated as, "Rural America rejects rural-themed movies").

In 1944, 322 people were killed when a pair of ammunition ships exploded in Port Chicago, Calif.

In 1945, President Truman, Soviet leader Josef Stalin and British

Prime Minister Winston S. Churchill began meeting at Potsdam in the final Allied summit of World War II.

In 1975, an Apollo spaceship docked with a Soyuz spacecraft in orbit in the first superpower linkup of its kind.

In 1979, Nicaraguan President Anastasio Somoza resigned and fled into exile in Miami.

In 1981, 114 people were killed when a pair of walkways above the lobby of the Kansas City Hyatt Regency Hotel collapsed during a "tea dance."

In 1996, TWA Flight 800, a Paris-bound Boeing 747, exploded and crashed off Long Island, New York, shortly after departing John F. Kennedy International Airport, killing all 230 people aboard.

Ten years ago: Thirty-two people were injured when a Boston Green Line trolley rammed another train under Copley Square.

Five years ago: Bashar Assad, son of Hafez Assad, began a seven-year term as Syria's 16th head of state. A jet smashed into two homes in Patna, India, killing a total of 56 people on board and on the ground.

One year ago: Palestinian Prime Minister Ahmed Qureia submitted his resignation to Yasser Arafat, who rejected it the next day. California Gov. Arnold Schwarzenegger mockingly used the term "girlie men" during a rally as he claimed Democrats were delaying the state budget by catering to special interests.

Today's Birthdays: TV personality Art Linkletter is 93. Comedian Phyllis Diller is 88.

THE PAMPA NEWS

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Pundits, eye doctors see eye-to-eye

It was an odd mix — optometrists, the sublime, and columnists, the ridiculous — landing at the same hotel for annual meetings on the same weekend. I won't trot out the bromide about "20/20 hindsight" what we remember two weeks later is fuzzy at best.

Hindsight remains light years behind corrected foresight. For most folks—including all of advanced age—sight in either direction falls far short of 20/20.

American Optometric Association reps outnumbered the National Society of Newspaper Columnists by about 10-1. They were 2,000 strong; at 200, we fell a zero short of that.*

For both groups, it was mostly participants talking to each other; but for the eye docs, continuing education credit was trumpeted. Some writers, school drop-outs beating chests and drums about being "self-educated," saw no merit in such credit.

Shared intent included the letting down of hair, with

said "letting down" in the eyes (or over the eyes) of beholders.

Most optometrists didn't stray far from their daily attire, but men removed ties and women wore sensible shoes. For both groups, meetings were generally uneventful, but one writer did fall into the moat. The accident went unnoted in the press.

Columnists were more casual from the get-go, muddling about in flip/flops and loose-fitting clothes. There was a general nose-thumbing at conventional dress.

Several wore "goofy glasses" plucked from convention packets. Slinkies sprang from the frames, with eyeballs of bloodshot plastic bobbing at springs, ends, as if the eye doctors were being watched.

Hotel personnel identified convention affiliations, with or without glasses. "The

optometrists actually left tips, and the writers promised that if we served them well, they'd put our names in the paper," one waitperson said, eyes rolling.

Another staffer who checked pay phone coin return slots, hopeful to find coins left behind, had to hustle. Some columnists got there first.

Writers were from wide-ranging publications, and with varying degrees of success. Some are read by hundreds of thousands of people weekly; other aspirants continue to scramble to get their work into ANY periodical, like Car Wash Monthly.

Some were pleased to be away from deadlines and their workaday worlds. Others glanced often at their watches, itching to check emails and whip out another column, ready to bring another deadline to its knees.

"How to" topics dominated the writers, program. Keith Woods, Dean of the Faculty of the Poynter Institute and Pulitzer Juror for Commentary, was terrific — until the end of his presentation. His final point was augmented by a large visual reading "Purse accuracy aggressively."

He meant "Pursue," of course, but he gets style points. Muttering about the dangers of trusting spell check, he admitted to preparing the visual himself. And no, the goof was not intentional.

Another refreshing personality was Wil Haygood, Washington Post writer and Pulitzer finalist. Warning against errors of assumption, he spoke of decade-ago research efforts for his book about Sammy Davis, Jr.

He found reams of information about Sammy Jr. and Sammy Sr., but he was chagrined that he could find no obituaries of the star's mother. He shared his puzzlement

See EYE, Page 5

Don Newbury
Columnist



Schiavo case now finally reaching closure

Terri Schiavo died more than three months ago, but the closure that usually comes with death proved elusive. Exploiting her death for their own gain, politicians tried to keep alive the pandering her condition inspired.

That shameful episode may have finally ended. Florida Gov. Jeb Bush has declared an end to the state

inquiry he requested into the collapse Schiavo suffered 15 years ago.

In San Antonio Express-News request- investigation, Bush pointed to discrepancies in the statements Michael Schiavo made

about the time his wife collapsed and the time he dialed 911.

Investigators found no wrongdoing. "Based on your conclusions, I will follow your recommendation that the inquiry by the state be closed," Bush

said in a letter to State Attorney Bernie McCabe.

The episode ended with less fanfare than it began, with a rebuff to the pandering Bush and other politicians wanted to prolong.

Perhaps the Schiavo family can now get what it deserved all along — closure.

Texas Thoughts

Integrity

Continued from Page 4

Fortunately, I was never asked the question we all expected. I was only asked about hallway conversations that had happened two years before when I was walking around in a daze over a new baby boy.

I could only testify that I couldn't recall passing remarks made back then. As a reporter on the police beat at the time, I couldn't even remember being in the area of the courthouse where my questioner said the conversations took place.

A reporter is only as good as his sources, and information from confidential sources should be checked out. Confidential sources don't walk in off the street. They are developed. There has to be a rapport and trust built between reporter and source.

These days, most of my confidential sources are on routine stories, such as traffic accidents.

The first thing you learn as a reporter on the police beat is that a cop's career can be destroyed if he is seen talking to a reporter, let alone

quoted in the newspaper without the consent of his superiors.

That's why you use terms like "police officials reported ..." or "officers said ..."

It's not a cop out (no pun intended). If you work for a daily newspaper and there is a traffic accident, you need information on that accident before your next deadline. The basics of a traffic accident are public record. An accident report is filed with all the information you need. The problem is the report is often filed after your deadline. In some cases, the paperwork can take days and the case is history before it was news.

On the other hand, a reliable source can put you on to a trail of a bigger story. At one time, I had a high-ranking FBI agent in Dallas that would keep me updated on federal crimes in the Texas Panhandle, along with a lot of gossip that usually proved to be accurate.

But these were not cases of national security, nor were they particularly political in nature.

The case in which Judith Miller sits in jail today involves both national security and politics.

It involves the release of the name of a covert agent in the CIA, a feder-

al offense. Columnist Robert Novak first published the name. Since grand jury proceedings are secret, there is no information on whether Novak cooperated with prosecutors or the grand jury in revealing the name of his source.

The prosecutor in the case, Patrick J. Fitzgerald, insisted that Cooper and Miller reveal the name or names to their sources or go to jail for contempt of court.

The part of the case that I find interesting is that Cooper, along with several other reporters, wrote stories naming the agent. Miller interviewed a number of people concerning the case, but never wrote a story about it.

Over the weekend, it was reported that Karl Rover, the President's trusted advisor, was Cooper's source, but he supposedly only identified the person as the wife of a Joseph C. Wilson IV, who had written a scathing Op Ed piece about the White House and not by name, Valerie Plame. Such a legal technicality may save Rove from being prosecuted for identifying a covert agent.

Ironically, the only person to go to jail may well be the one person who didn't write a story about the case.

Spray

Continued from Page 1

ers of water around their property and in the alleys," Lincycomb said. "Stagnant water and high grass and weed areas are where mosquitoes breed," she said. Certain species of mosquitoes can travel up to 10 miles.

People with areas of standing water are encouraged to begin a larvacide program to kill mosquito larvae, Lincycomb said. Larvacide is available at hardware stores and some lumber yards.

One source of stagnant water is old tires. The city landfill will accept tires for a small fee, Lincycomb said.

Chemical products being used by the city for mosquito spraying are Biomist and Anvil, which are dispersed through ultra low volume sprayers.

A larvacide has been applied to Red Deer Creek. The larvacide is *Bacillus thuringiensis*, Serotype H-14.

A herbicide, Razor-Pro, is being applied to grass on city streets, Lincycomb said.

Eye

Continued from Page 4

with a colleague. "Well, for starters, she's not dead," his friend answered.

Truth to tell, we should bow at optometrists, feet. Without them, there'd be fewer readers.

Many newspaper aficionados have corrected vision, and they have markedly different "druthers" than counterparts with impaired hearing.

"I hear as much now as I want to hear," some hearing aid hold-outs contend, but I've never heard similar expressions concerning sight.

The optometrists peered at us with envy when we rode the mechanical bull. It was really more of a waltz than a ride, several snorts short of slow motion. (I felt particularly smug, having been privileged to ride a dog sled atop a glacier a few days earlier.)

The next day, we all left, some with eyes wide open, others — like always, wide shut. We pondered a speaker's claim that our aim should be for read-

ers who really didn't intend to read the column. If you read this far: Thanks! (And check eBay for good buys on goofy glasses ...)

*Numbers estimated. Hotel holds tightly to actual figures, citing confidentiality policies.

Dr. Newbury is a speaker and author whose weekly column appears in 125 newspapers in several states. He welcomes comments by phone at 817-447-3872 or by e-mail at newbury@speakerdoc.com.

Texas wheat down 9 percent from last year

AUSTIN — The 2005 Texas winter wheat crop is forecast at 99.2 million bushels, 9 percent lower than last year, but 3 percent higher than 2003. This estimate is down 6 percent from the June forecast.

According to a July 1 survey conducted by the Texas Agricultural Statistics Service, statewide yield is expected to average 31.0 bushels per acre, identical to last year and up 1 bushel from the June forecast. Harvested acreage, at 3.2

million acres, is down 9 percent from 2004.

"There were quite a few acres lost to hail and wind on the Panhandle, but yields held strong as harvest drew closer to completion," State Director Robin Roark reported.

Production on the Northern High Plains is forecast at 54.0 million bushels, up 12 percent from last year. Winter wheat production on the Low Plains is forecast at 23.3 million bushels, down 9 percent from last year.

Blacklands' production is estimated at 7.8 million bushels, down 49 percent from last year. Production on the Edwards Plateau is forecast at 5.8 million bushels, 27 percent higher than the 2004 crop.

United States winter wheat production for 2005 is forecast at 1.53 billion bushels, down 1 percent from last month but 2 percent above 2004. Yield is expected to average 44.5 bushels per acre, up 0.4 bushel from last month and

1.0 bushel higher than last year.

Acreage to be harvested for grain is expected to total 34.3 million acres, down 1 percent from a year ago.

Community happenings

Pampa Community Concert Association Presents "Live on Stage" 2005-06 concert series includes the following programs: Edgar Cruz, guitarist, Oct. 23; Susan Egan, Broadway vocalist, Feb. 18, 2006; St. Petersburg Classic Ballet, March 4, 2006; and The Coats, vocal harmonic band, April 30, 2006. Additional concerts, featuring with other performers, have been scheduled in area towns. For more information on any of these events or a complete area concert schedule, contact Ronnie Holmes, PCCA president, at 665-2631. PCCA memberships are available.

The Texas Department of State Health Services will be offering immunization clinics for vaccines that give protection against several childhood diseases including polio, diphtheria, lock jaw (tetanus), whooping cough (pertussis), measles, rubella, mumps, HIB (haemophilus influenzae Type B) and chickenpox (varicella). Flu vaccines may also be offered at designated clinics. The TDH will charge money to help with the cost of keeping the clinic open. The amount charged will be based on family income and size, and the ability to pay. The following clinics will be offered: 9:30-11:45 a.m. and 1-4 p.m., July 6 and 20, TDH, 736 S. Cuyler, Pampa.

The next Pampa Area Singles Dance is scheduled between 7 and 11 p.m. Saturday, July 16, at the Sportsmans Club on South Barnes with Mike Porter. No smoking or alcohol allowed. Please bring a covered dish. Admission is \$6 per person. For more information, call 665-7059.

The 13th Annual Dallah 4-H Arts & Crafts Bazaar will be held Friday

and Saturday, Aug. 5 and 6 at Ranch Market Building in Dalhart during the 69th Annual XIT Rodeo and Reunion Celebration. Hours will be 10 a.m.-6 p.m. Friday and 11:30 a.m. to 6 p.m. Saturday. Forty-six booth spaces are available. Registration deadline is Monday, July 25. For more information, call (806) 244-4434.



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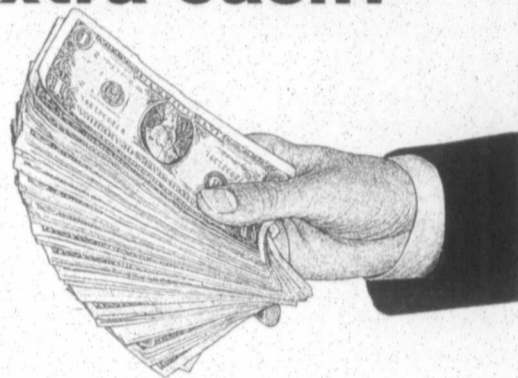
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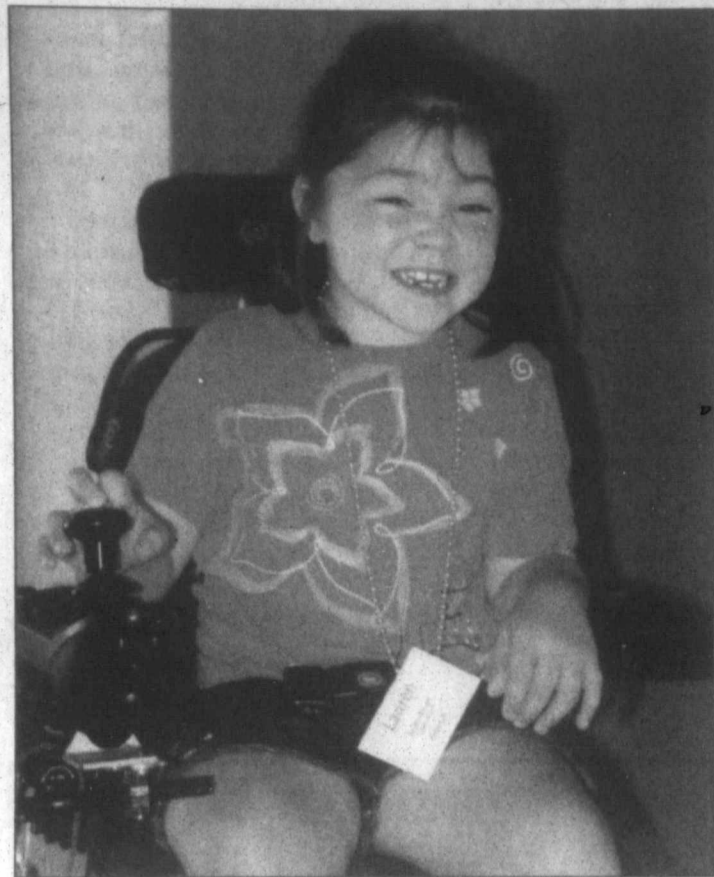
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Lions Camp



Texas Lions Camp in Kerrville offers special camping opportunities for children with physical disabilities and type 1 diabetes. This summer, Lauren Pingel, above, of Pampa attended Texas Lions Camp under the sponsorship of Brad Pingel of Pampa Lions Club. The camp includes camping sessions for children between 7 and 16 years of age with visual, hearing, or physical disabilities. The camp also offers such fun activities as arts and crafts, field sports, riding, swimming, and theater. A nonprofit organization, the camp is funded by Lions of Texas and through private donations. Children attend at no cost to themselves or their families. For more information about Lions Camp, call (830) 896-8500 or visit www.lionscamp.com on the World Wide Web.

Swank, Coster to narrate 9/11 documentary film

NEW YORK (AP) — Hilary Swank and Kevin Costner will narrate the upcoming film "On Native Soil: The Documentary of the 9/11 Commission Report."

The actors will share voice-over duties for the feature-length film on the Sept. 11, 2001, terror attacks, directed by former NBC News producer Linda Elman.

"I was in lower Manhattan that horrible day" when the World Trade Center collapsed, Swank said in a statement. "I was drawn to the project by the

amazing stories of the 9/11 families and survivors featured in the film, and I am proud that by contributing my voice to the project, I can help their voices to be heard."

"On Native Soil" will tell five stories of survival and examine the 9/11 Commission's final recommendations. The film features interviews with people such as the victims' families, Sen. John McCain, a former FBI counterterrorism official and the former head of the CIA's Osama bin-Laden desk.



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Margaret Hill

Consumer protection

Free credit reports available

By LINDA ANDERSON
Texas A&M News/Public Affairs

COLLEGE STATION — Late last year a nationwide process of offering consumers free copies of their credit reports got under way. Texans got their turn as of June 1, said Nancy Granovsky, Texas Cooperative Extension family economics specialist.

According to information from the Federal Trade Commission, "A recent amendment to the federal Fair Credit Reporting Act requires each of the nationwide consumer reporting companies to provide you with a free copy of your credit report, at your request, once every 12 months."

(<http://www.ftc.gov/bcp/online/pubs/credit/freereports.htm>)

Beginning on Dec. 1, 2004, consumers in the western states were allowed to order free copies of their own credit reports from each of the three credit-reporting agencies — Equifax, Experian and TransUnion.

As of March 1, consumers in the Midwest got the same privilege.

Beginning on June 1, consumers in the southern states — including Texas — get their turn.

And by Sept. 1, when the eastern states and all U.S. territories join in, every consumer in the country will be able to order up to three free copies of their credit reports every year — one from each of the three agencies.

And that's good news, Granovsky said.

However, she cautioned, to order free copies of their credit reports, consumers need to know the procedure.

According to the FTC, the three credit-reporting agencies have set up three ways consumers can order credit reports:

'The kicker is that people who have heard about the free credit report but can't remember where to get it are likely to do (an online) search for 'free credit report.' That's where they could get into imposter domains (that) could be luring consumers to inappropriate and risky Web sites.'

— Nancy Granovsky
TCE family economics specialist

— On the Web at <http://www.annualcreditreport.com>;

— By toll-free telephone at (877) 322-8228; or

— By completing the Annual Credit Report Request Form and

mailing it to: Annual Credit Report Request Service, P.O. Box 105281, Atlanta, GA 30348-5281. The form is available through the FTC web site at <http://www.ftc.gov/bcp/online/pubs/credit/freereports.htm>

The three agencies are providing free credit reports only through these three contacts, Granovsky said.

"If you order your report online, make sure you are at the correct Web site," she said. "That's the only Web site you can use."

"The kicker is that people who have heard about the free credit report but can't remember where to get it are likely to do (an online) search for 'free credit report.' That's where they could get into imposter domains (that) could be luring consumers to inappropriate and risky Web sites."

A quick Google search revealed several of those sites, she said.

"Don't let yourself get confused about false Web addresses," she said.

Use only the Web site, telephone number or mailing address listed above.

Keeping track of personal credit reports makes good financial sense, Granovsky said. That's why consumers are advised to order copies of their reports at least once each year. The free reports could make this process easier.

The FTC advises getting copies of personal credit reports to make sure the information listed is correct, to help guard against identity theft, and

See REPORTS, Page 7

Animal identification to be highlighted at short course

COLLEGE STATION — "Profit for Cattle Producers" will be the theme for this year's Texas A&M University Beef Cattle Short Course scheduled Aug. 1-3 at Rudder Tower in College Station.

The much-discussed National Animal Identification System adds to the profit potential, said Dr. Larry Boleman, assistant deputy vice chancellor at Texas A&M and conference coordinator.

An update on the system and information on how beef producers can receive premiums for source-verified cattle will be the focus of the general session on Aug. 1.

"Beef producers must know about animal identification to remain profitable in the near future," Boleman said. "With the rapid advancement of technology, the U.S. beef industry is constantly changing to improve

'Beef producers must know about animal identification to remain profitable in the near future.'

— Dr. Larry Boleman
Conference coordinator

efficiency and the quality of beef. Consumers are demanding a safe, wholesome, quality product. And, as a result, retailers are beginning to pay premiums for beef from source-verified cattle."

Foreign markets are pressuring the beef industry to provide age- or source-verified meat from cattle or both, Boleman said. About 10 percent of U.S. produced beef is exported to foreign markets.

"Additionally, the U.S. government wants to ensure the nation's livestock industry is protected from foreign animal diseases introduced

either naturally or by terrorists," he said.

Identifying cattle as well as managing the information are key factors to facing these issues head-on, Boleman said.

"Most beef cattle producers have heard about the government-mandated individual animal identification plan," said Dr. Jason Cleere, Texas Cooperative Extension beef cattle specialist and conference education coordinator. "However, what is more important in the immediate future is the increasing number of markets for source-verified cat-

tle and how animal identification will be used to satisfy the verification requirements for these cattle."

"Currently, premiums are being paid for source-verified cattle, and with the projected opening of the Japanese beef export market later this summer, producers should begin seeing premiums for age-verified cattle as well."

Ted McCollum, Extension beef cattle specialist in Amarillo, will give an update on the progress of the National Individual Animal Identification System. He will also discuss the increasing number of markets for source-verified cattle and how animal identification will be used to satisfy the verification requirements for these cattle.

A representative from a major packing company and

See CATTLE, Page 7

Authorities dispel drowning myths, stress safety tips

AUSTIN — Contrary to what's portrayed in movies, drowning victims usually don't scream and splash when in distress — they just go underwater.

"When we encourage people to watch over your family near the water, we're encompassing several messages, including never swim alone, keep a close watch on

friends and family in the water, and keep a constant eye on children," said Steve Hall, education director for the Texas Parks and Wildlife Department.

Hall recommends that groups or families assign one person to keep a constant watch on both adults and children in and near the water. "It's especially important

to be aware of hazards when you're on an open water body like a lake, river or bay," added Hall. "Someone who is a weak swimmer may be in the water at waist level and their next step could be a 10-foot drop-off."

Practical advice from water rescue experts includes the steps, "reach, throw, then row."

The first step is to use a rope, tree branch or other object to try to reach the swimmer from shore. The next step is to throw something buoyant such as a life jacket, inner tube or a plastic foam ice chest. If the first two steps fail, put on a life jacket and row out to the swimmer with a boat or a raft.

"Unfortunately, we see many multiple drowning cases where folks go into the water to rescue a friend or a loved one who is drowning and they end up becoming a drowning victim as well," said Alfonso Campos, chief of marine enforcement at TPWD.

"It's essential that you first try to help the swimmer using the reach, throw, and row method. If those steps don't work and you must go into the water because there is no other option, it's essential that you wear a life jacket, take a flotation device for the swimmer, and call for help or alert someone before you head into the water," he said.

TPWD is responsible for enforcing the Texas Water Safety Act on all public waters, certifying boater education students and instructors, and maintaining statistics about boating-related fatalities in Texas. TPWD also offers boating safety classes.

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ORCA launching new program for rural businesses

AUSTIN — The Office of Rural Community Affairs has established two new opportunities totaling \$2 million to rural communities and counties across the state, a state press release said. The Small Business Loan Fund and the Microenterprise Loan Fund are competitive, annual funds designed to encourage local job creation and retention benefiting low- and moderate-income persons in rural communities.

'Both programs provide between \$50,000 - \$100,000 per contract award.'

— Oralia Cardenas
ORCA Community Development director

The new programs mark ORCA's response to rural community needs for additional economic development opportunities, further expanding the agency's scope of existing rural health and public

facilities programs, the release said.

The Small Business Loan Fund is a \$1 million initiative that offers grants to eligible cities and counties supporting for-profit businesses committed to creating or retaining jobs at a \$25,000 maximum cost per job through loans resulting from a gap financing need.

The Microenterprise Loan Fund is also a \$1 million initiative that provides grants to eligible cities and

See ORCA, Page 9

Club officers



Altusa International Inc., of Pampa, recently installed the following officers: (back row, left-right) Beth Miller, recording secretary; Leona Willis, assistant treasurer; Gaye Whitehead, director; Pat Johnson, corresponding secretary; Billie Dixon, president; Ruby Royse, director; and Penni Pfitzner, recording secretary. Not pictured: Joan Gray-Soria, vice president; Terri Williams, treasurer; and DeLynn Gordzelik, director.

Third

p.m., Thursdays; and from 1-5 p.m. Saturdays and Sundays.

For more information, contact the museum at (806) 371-5050.

Continued from Page 7

Intents

Continued from Page 7

#204 Courson Ranch S. PA-5, Sec. 4,A,H&GN, spud 5-24-04, drlg. compl 6-3-04, tested 4-11-05, TD 9250', PBDT 9025', SWR #10 approved

WHEELER (ALLISON-BRITT 12350') Chesapeake Operating, Inc., #4021 Elmore, Sec. 21,RE,R&E, spud 1-10-05, drlg. compl 2-13-05, tested 4-6-05, potential 1471 MCF, TD 13100', PBDT 13058' —

WHEELER (IVESTER Atoka) Sanguine Gas Exploration, L.L.C., #105 Brown, Sec. 5,L, J.M. Lindsey, spud 10-18-04, drlg. compl 3-21-05, tested 3-31-05, TD 19176', PBDT 16280' —

WHEELER (STILES RANCH Atoka) Apache Corp., #2024 Stiles, Sec. 24,A-3,H&GN, spud 12-22-04, drlg. compl 2-3-04, tested 5-13-05, potential 1419 MCF, TD 14953', PBDT 14908' —

WHEELER (STILES RANCH

Granite Wash) Chesapeake Operating, Inc., #4023 Alexander, Sec. 23,OS-2, L.J. Swope, spud 12-15-04, drlg. compl 1-10-05, tested 2-4-05, potential 1299 MCF, TD 13910', PBDT 13863' —

WHEELER (STILES RANCH Granite Wash) Chesapeake Operating, Inc., #1101 Atherton, Sec. 1,A-3,H&GN, spud 1-26-05, drlg. compl 2-25-05, tested 4-21-05, potential 1296 MCF, TD 14350', PBDT 14303' —

WHEELER (STILES RANCH Granite Wash) Chesapeake Operating, Inc., #1501 Atherton, Sec. 1,A-3,H&GN, spud 10-14-04, drlg. compl 11-7-04, tested 1-3-05, potential 892 MCF, TD 13737', PBDT 13691' —

WHEELER (STILES RANCH Granite Wash) Chesapeake Operating, Inc., #2070 Reed, Sec. 70,A-7,H&GN, spud 12-18-04, drlg. compl 1-17-05, tested 4-9-05, potential 1601 MCF, TD 14308', PBDT 14267' —

WHEELER (STILES RANCH Granite Wash) Newfield Exploration Mid-Con, Inc., #2 Britt

Ranch 'H', Sec. 46,A-3,H&GN, spud 3-25-05, drlg. compl 4-25-05, tested 5-20-05, potential 4823 MCF, TD 14740', PBDT 14740' —

WHEELER (STILES RANCH Granite Wash) Newfield Exploration Mid-Con, Inc., #7 Britt Ranch 'B' 45, Sec. 45,A-3,H&GN, spud 4-10-05, drlg. compl 5-13-05, tested 6-8-06, potential 28002 MCF, TD 14895', PBDT 14895' —

Plugged Wells HUTCHINSON (PANHANDLE) Energy 200, Inc., Merchants, et al, Sec. 32,47,H&TC (oil) — Form 1 filed in W.R. Edwards, Jr., for the following wells:

#1D, 3630' from North & 990' from East Lease line, spud unknown, plugged 6-21-05, TD 3187' —

#3, 3630' from North & 330' from West Lease line, spud unknown, plugged 6-16-05, TD 3267' —

#5, 330' from North & 990' from West Lease line, spud 7-22-81, plugged 6-8-05, TD 3322' —

#9, 990' from North & 1650' from West Lease line, spud 8-20-81, plugged 6-13-05, TD 3300' —

HHSC announces 'call center' locations

HHSC announces call center locations; Austin, Midland, San Antonio, East Texas to get call centers; State to close 99 offices

AUSTIN — The Texas Health and Human Services Commission (HHSC) recently announced that new call centers to make it easier for Texans to apply for Medicaid, food stamps and other state programs will be located in Austin, Midland, San Antonio and East Texas.

"Soon Texans will be able to choose how they want to apply for services — by phone, in person, through the mail or over the

Internet," Health and Human Services Executive Commissioner Albert Hawkins said. "These changes will result in a state system built for the future, that operates more efficiently and is designed around the consumer."

HHSC has signed a contract with Accenture to operate the four Texas call centers. The Commission estimates the new eligibility model will save the state \$646 million over the next five years.

"Today Texans can renew their driver's license by phone and apply for a mort-

gage online," Hawkins said. "But a person must apply for food stamps or Medicaid at a state office that operates during normal business hours. It's time to bring our state's human services system into the 21st century with updated technology and new options for consumers."

The new system will allow Texans to apply for a variety of services — including Medicaid, food stamps, the Children's Health Insurance Program (CHIP), Temporary Assistance to Needy Families (TANF) and long-term care — in person, through the Internet, over

the phone and by fax or mail.

The call centers, which will provide assistance from 8 a.m. to 8 p.m., will receive and process applications, and consumers will be able to track their applications through an automated phone system. The number for assistance will be 2-1-1.

The four call centers will act as the nerve center of the new system with state-of-the-art document imaging and processing. In addition to the private-sector employees, the call centers will include about 300 state

See CENTERS, Page 9

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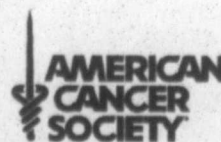
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'Plan before you party' to keep summertime safer

By **LINDA ANDERSON**
Texas A&M News

COLLEGE STATION — Summer's here ... can there be any doubt? The temperature is soaring, vacationers are packing, schools are closed and summer party season is in full swing.

But don't let these summer activities end in

tragedy, said Terri Miller, president of the Brazos Valley Injury Prevention Coalition of Texas Cooperative Extension. Instead, "Plan before you party," she advised.

Among other things, that means designating a sober driver before the first drink is poured.

The coalition, along with officials from the

National Highway Traffic Safety Administration and other agencies are stressing the importance of designated drivers this summer.

Alcohol use tends to increase during the summer months, Miller said, especially during the season's long holiday weekends.

The numbers of alcohol-related vehicle crashes and

fatalities usually increase during the summer months, she said.

That's especially true in Texas, said Janna L. Ter Molen, project coordinator with the coalition. She quoted figures from the National Highway Traffic Safety Administration.

During 2003 in Texas, she said, "there were 287 alcohol-related fatalities in

motor-vehicle crashes from the Fourth of July through Labor Day, the second-highest (number) in the nation, second only to California."

More recent figures are not yet available.

That same year, 29 percent of drivers in fatal crashes had a blood alcohol concentration above the legal limit.

Broker

Continued from Page 7

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The three Pampa investment representatives are Ben Watson, Tom Reynolds, and Duane Harp.

Farm Scene: Tru-Blu cooperative closes

PEMBERTON TOWNSHIP, N.J. (AP) — Frank Detrick was a young teacher in the late 1940s when he heard that by growing blueberries, he could make \$1,000 — about \$7,800 in today's money — per acre each year.

"We used to call it blue gold," said Detrick, now 83 and still growing blueberries in Burlington County, the cradle of the industry. In 1916, Elizabeth White and Frederick V. Coville tamed wild blueberries here and made them commercially viable.

But today, the small growers who run most of the county's blueberry farms are finding the business less gold and more, well, blue.

"People grow up and kids don't want to do it. People get old," said Candy Bevilacqua, who runs North Branch Blueberries in Pemberton, about 30 miles east of Philadelphia.

A stark indicator of Burlington County's waning prominence in the blueberry world is the recent closure after more than 75 years of the Tru-Blu Cooperative, one of the earliest means of getting the berries to grocery stores.

By the late 1960s, there were some 360 members of the cooperative, which ran a distribution center, marketed the berries and bought farming supplies in bulk.

Over the last 30 years, though, the center of New Jersey's blueberry trade has shifted to Atlantic County. Though the Atlantic County agriculture hub of Hammonton is only about 25 miles from Pemberton, the industry is a lot different.

Last year, New Jersey produced 39 million pounds of cultivated blueberries, second in the nation, but only half as much as Michigan. Nationwide, growers produced 227 million pounds of the fragile berries — about three-quarters of a pound for each American.

In Atlantic County, the farms are far larger — an average of around 100 acres each, compared with fewer than 20 acres each in Burlington County.

In 2002, there were 79 farms in Burlington County and 59 in Atlantic,

according to the U.S. Agriculture Department. But Atlantic had 4 1/2 times as many acres of blueberries.

Last year, New Jersey produced 39 million pounds of cultivated blueberries, second in the nation, but only half as much as Michigan.

Nationwide, growers produced 227 million pounds of the fragile berries — about three-quarters of a pound for each American. Production has risen thanks to recent studies finding the berries have antioxidant powers.

But as New Jersey's monthlong picking season began in June, the Tru Blu cooperative completed the sale of its office and distribution center to the township school board. It already had ceased operations and sold its trademarked name.

Detrick, who was in charge of shutting down Tru-Blu, said one reason for the blueberry blues in Burlington County is the rise of cranberries.

That industry has a hub in the area, and many farmers are choosing to build bogs rather than plant bushes.

As with most crops, the encroaching suburbs make it harder to practice agriculture. Some farmers sell their land to developers. And new neighbors are not always charmed by the noise, odors and chemicals used on farms.

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Centers

Continued from Page 8

employees who will determine whether applicants are eligible for services and will be responsible for quality control.

An additional 2,600 state employees will continue to staff 211 field offices across Texas for people who prefer to apply for services in person. HHSC will maintain 167 full time, full service offices.

An additional 44 satellite offices will be open for business on prescheduled days of the week as demand dictates. The state also will create traveling units to provide services to consumers who have difficulty traveling or live in remote areas.

Moving to the new eligibility system will allow many transactions to occur without the need for the consumer to appear in a local office. This will allow the state to close 99 eligibility offices. In more than a third of the locations, the eligibility office is co-located with other health and human services offices, such as Child and Adult Protective Services.

These other services will continue to be provided at those locations.

The transition to the new office structure will begin in January and will be phased in over a 10-month period. During that time, HHSC expects to reduce the state's eligibility workforce from about 5,800 employees to 2,900. Positions in the new system will be filled based on seniority.

Employees who do not receive a new eligibility job will get priority consideration for more than 2,500 new state jobs with Child and Adult Protective Services and about 2,500 call center and related positions with the contractor.

HHSC will begin phasing in the new system in November when Accenture takes over processing CHIP applications.

The CHIP application process, which had been handled by contract since the program was created in 2000, will be integrated with Medicaid, food stamps, TANF and long-term care as part of the contract with Accenture.

The current CHIP call center's duties also will be folded into the new call centers to reduce duplication of services and make it easier for Texans who are applying for multiple services.

ORCA

Continued from Page 8

counties working through nonprofit organizations for the purpose of establishing local loan programs that directly assist for-profit businesses committed to creating or retaining jobs at a \$25,000 maximum cost per job.

"Both programs provide between \$50,000 - \$100,000 per contract award," explained Oralia Cardenas, ORCA Community Development director, administrator of the state's Texas Community Development Program funds, the financial source of the programs.

"Award recipients," Cardenas continued, "can use these dollars for working capital, such as the purchase of raw materials, inventory, rent, utilities, other operations needs, machinery and equipment, and real estate improvements, including but not limited to costs tied specifically to work on specific units, such as progress inspections and architectural fees, also known as 'soft costs.'"

Cardenas also noted that as cars and trucks are considered rolling stock they are not eligible for use of funds.

Neither program may be used for debt service, refinancing, or payment of salaries of the business principals.

"These new programs stretch the financial assistance the TCDP already provides rural Texans by recycling program income dollars," said Charles S. Stone, ORCA executive director. "Funding for these new business development programs is generated from program income, such as the repayment of loans and lease payments from other TCDP eco-

nomics development projects. These grants offer a great opportunity for rural business owners to expand their operations."

The U.S. Department of Housing and Urban Development is the funding source for ORCA's TCDP, which administers the nation's largest state Community Development Block Grant Program.

For more information, phone 1-800-544-2042, e-mail orca@orca.state.tx.us, or visit www.orca.state.tx.us on the World Wide Web.

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Sports Day

Montoya finally returning to front in Formula One

SILVERSTONE, England (AP) — It has taken a while to adjust to a new team, but now Juan Pablo Montoya thinks it's his time.

"I think it's great to show to everybody that I can still win races, I can win races as I did for Williams," Montoya said after capturing his first race for McLaren at the British Grand Prix.

The early season heroics in Formula One were by Renault's Fernando Alonso while Montoya was recovering from a bum shoulder that he said he injured playing tennis.

"Everything that could go wrong was going wrong," Montoya said. "I got back in the car, with no testing or anything, and in the first few races I could hardly drive the car."

Then McLaren teammate Kimi Raikkonen made gains at the expense of the Colombian. Raikkonen won three times within a four-race span.

Meanwhile, over the first 10 races, Montoya missed two, was between fifth and seventh five times, was disqualified in one, did not race in another and dropped out of yet another.

It was not what many were expecting when word got out in November 2003 — more than a year before the switch — that he would be moving from Williams to McLaren for the 2005 season.

But after Sunday's victory at Silverstone, Montoya thinks the race is just beginning for him.

A former CART champion and Indy 500 winner, Montoya arrived in Formula One in 2001 to the Williams team amid great promise. But he won only four times in four years for Williams.

So he hoped to start fresh with McLaren. But there have been troubles, starting with the shoulder injury.

"I used to have injections to try and go through the pain, but you're not really driving 100 percent. But even if you try, the pain is always there," he said.

Then came the North

American races, where for the second straight year he came away empty handed.

In 2004 for Williams, he was disqualified in Canada when his car had an illegal brake duct. Then at the United States Grand Prix, he couldn't get his car to start

for the parade lap and was pushed into the pits and changed cars. He was 2 seconds late in getting off the grid and was disqualified.

He saw the black flag again in Canada this year.

He was leading the race when he entered the pits for service while the safety car was on the track following an accident.

Then he ran past the stop light in the pits.

And he was among the 14 drivers who refused to race at the U.S. Grand Prix in Indianapolis because of safety concerns involving Michelin tires.

So he had a lot of emotion when he won at Silverstone.

"I know I can win races and everything, but it has been such a frustrating season, and when I crossed the line I was excited but it was more of an 'aaaaahh' more than anything," Montoya said.

He thinks that may be the turning point in his first season with McLaren as he gets used to the car.

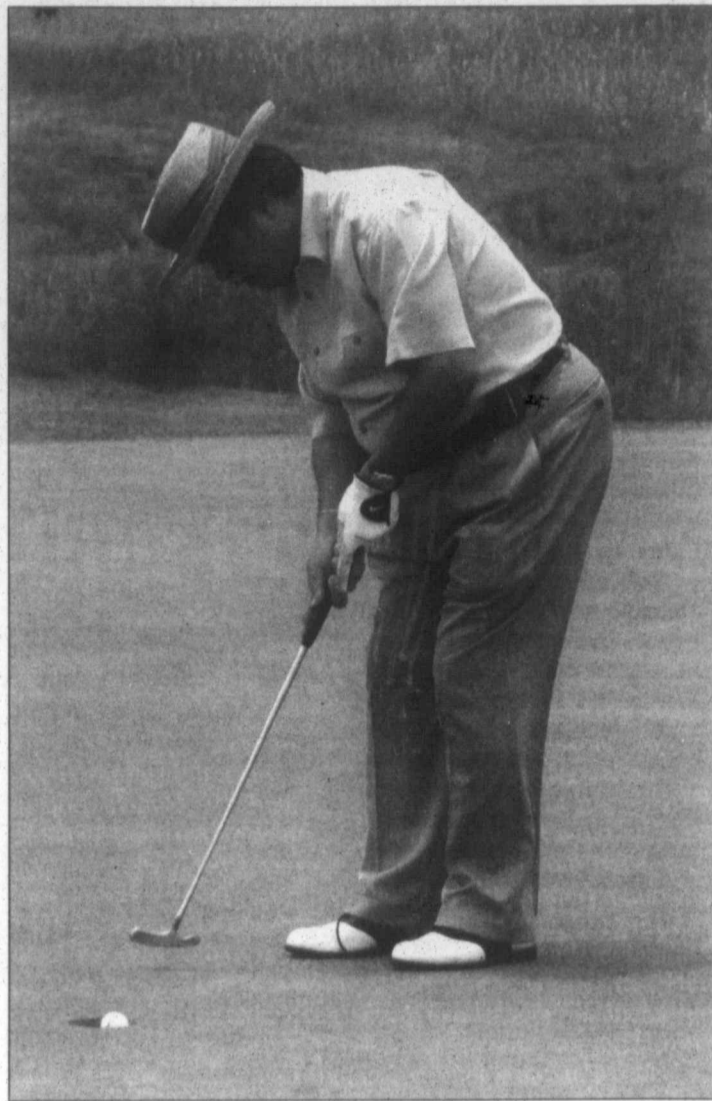
"I could get to the limit of the car and do a good lap, but if I wanted to get anything more out of the car it was very difficult," Montoya said. "That's been changing and it's been getting better."

He has 26 points, far behind leader Alonso's 77. But, with eight races left, Montoya thinks things may change.

"I will tell you, this year is not over completely yet. You know the fight between Kimi and Fernando, they could take each other off in two races and I've closed the gap.

Things can change so much," Montoya said.

"We need to make sure we don't struggle and make sure we score maximum points for the team and we'll see how things go from there."

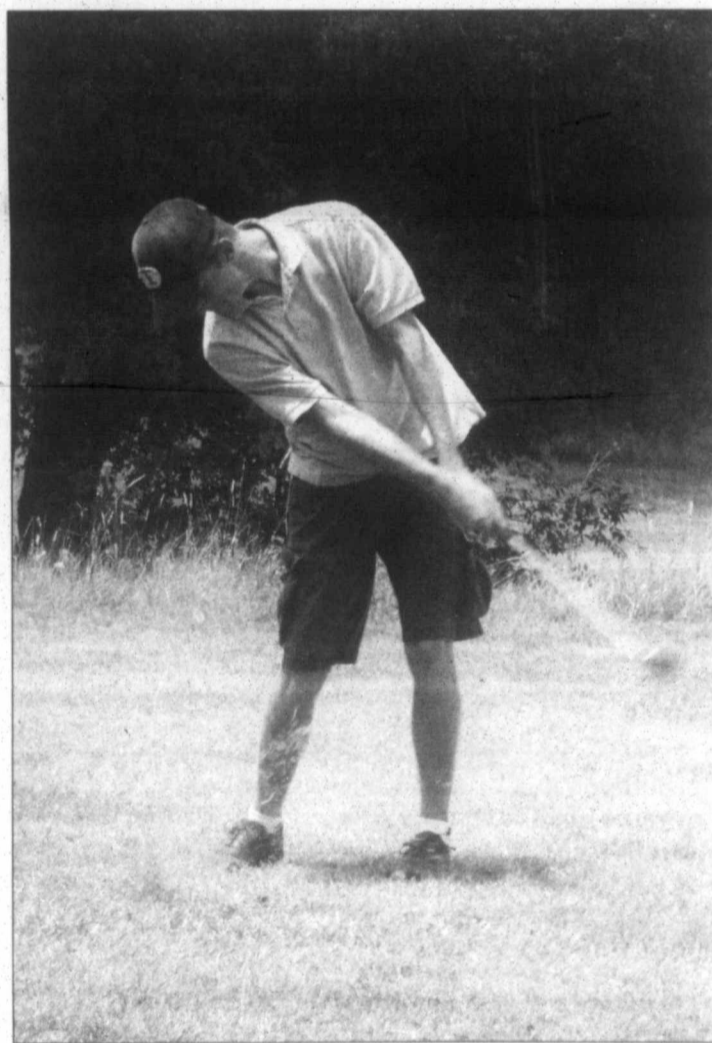


Pampa News photos by MICHAEL J. STEVENS

Focus factor

▲ Dr. Laxman Bhatia shows great form as his short putt finds the bottom of the cup during a round at Pampa Country Club Friday afternoon.

▼ Pampa senior Taylor Fatheree demonstrates the discipline needed to exit the rough and roll onto the green at PCC Friday.



STERIOD SCANDAL

BALCO founder reaches plea deal

SAN FRANCISCO (AP) — BALCO founder Victor Conte pleaded guilty Friday to steroid distribution and money laundering in a deal with federal prosecutors, making it much less likely that top athletes such as Barry Bonds, Jason Giambi and Marion Jones will be forced to testify about alleged drug use.

Two other men charged with Conte also were expected to plead guilty Friday to reduced charges, a law enforcement source said on condition of anonymity. A fourth man, track coach Remi Korchemny, delayed accepting any plea agreement.

Conte, who founded the Bay Area Laboratory Co-Operative, was charged with illegally distributing performance-enhancing drugs to more than 30 baseball, football and track and field stars. He faced a maximum of 20 years in prison for the money laundering charge and five years for the conspiracy charge.

"I agreed with others to distribute steroids," Conte said in court. "I knew at the time that steroid distribution was an unlawful activity."

Greg Anderson, Bonds' longtime friend and personal trainer, faced up to six months imprisonment as part of his plea agreement. Prosecutors agreed to

drop dozens of counts against Conte and Anderson if they pleaded guilty to a single count of conspiracy to distribute steroids and a single count of money laundering, the source said.

BALCO vice president James Valente was expected to plead guilty to one count of distributing illegal steroids and receive probation.

All four men appeared in court Friday before U.S. District Judge Susan Illston.

The case, which began two years ago when authorities learned about a new, undetected designer steroid, opened the public's eyes to performance-enhancing drugs in sports while forcing professional leagues to tighten drug-testing rules.

Earlier this year, major league baseball toughened its drug-testing policy, mandating suspensions for initial violations. Congress also threatened to implement a federal drug-testing policy for the NFL, NBA, NHL and the major leagues, with a two-year ban for a first offense and a lifetime ban for a second violation.

While the case catapulted steroid use into a front-burner issue from Capitol Hill to baseball clubhouses and from schools to living rooms, the plea agreements prevented several key

athletes suspected of steroid use from having to testify in open court.

Some of the biggest names in sports — including baseball stars Bonds and Giambi — have been under a cloud of suspicion based on BALCO grand jury transcripts that were leaked to the San Francisco Chronicle, as well as public accusations against Olympic star Jones by Conte and others.

None of the athletes publicly has admitted steroid use, and pleas by the four defendants would mean they won't have to repeat their secret grand jury testimony in a public courtroom.

Conte, Anderson, Valente and Korchemny were charged last year with dozens of counts in connection to federal raids at Burlingame-based BALCO in 2003 and at Anderson's house in Burlingame.

Federal agents stated in court records they seized calendars and other documents detailing the use of steroids by professional baseball players during the search of Anderson's home. A federal agent wrote in court papers that, during the raid at BALCO headquarters, "Conte openly acknowledged giving testosterone-based cream, itself a steroid, to numerous professional athletes."

Houston little league team to play at White House

HOUSTON (AP) — A Houston Little League team will soon be the first Texas team to play Tee Ball on the White House's South Lawn and each of the players will leave with a ball signed by President Bush — a former Little Leaguer himself.

The team, from the West University Little League in Houston, will play one inning against a Pennsylvania team July 24. Each player from the Little League Challenger Division, made up of physically and mentally disabled children, will get a

chance to bat.

The unscripted game will be followed by a picnic where President Bush will present each child an autographed baseball.

Bush started the tradition in 2001 to increase interest in baseball. About 27,000 children play in the Little League Challenger Division.

"This is a fantastic, once-in-a-lifetime opportunity for our Challenger players," said Bob McLamb, president of the West University Little League.

Nine players battle at final table

LAS VEGAS (AP) — When the chips settle at the World Series of Poker's main event, one of nine players competing at the frenzied final table will win the grand prize in the game — \$7.5 million accompanied by unrivaled poker fame.

Friday's final group emerged from a staggering field of 5,619 gamblers. They've survived eight days of mind-numbing poker, overcoming unlucky cards, bad beats and Darth Vaderesque stares.

Anything is possible when the cards are dealt at Binion's Gambling Hall & Hotel in downtown Las Vegas, and each player is

capable of taking pokerdom's most coveted bracelet if he's willing to make what could be the toughest calls of his life.

Before final play began, Aaron Kanter of Elk Grove, Calif., led with \$10.7 million, ahead of Tex Barch of McKinney, Texas, with \$9.3 million and Andrew Black with \$8.1 million.

In fourth was Mike "The Mouth" Matusow (\$7.4 million), followed by Steven Dannenmann (\$5.4 million), Joseph Hachem (\$5.4 million), Daniel Bergsdorf (\$5.2 million), Scott Lazar (\$3.3 million) and Brad Kondracki (\$1.1 million).

Stars cutting ticket prices

DALLAS (AP) — Reaching out to fans possibly lost during the NHL lockout, the Dallas Stars on Thursday chopped an average of \$11 off every season ticket, offering some for as little as \$10.

Stars season tickets, which were among the league's most expensive, will now average \$57.93. That's 16 percent cheaper than they cost the last time Dallas played and the lowest since the team moved into its new downtown arena in 2001-02.

The biggest drop takes 498 seats that used to be \$90 down to \$50. The most expensive seat has gone from \$135 to \$122. "We promised that we would be lowering our season ticket prices and we are happy to deliver," Stars president Jim Lites said.

There will be 570 of the \$10 seats — 467 that used to cost \$34, and 103 that went for \$20. They won't all go to season ticket buyers, either, as the club plans to hold some of the cheap seats back for single-game sales.

Prices for individual games won't be announced until September, but club officials vow they also will be reduced from 2003-04 rates.

Also Thursday, the Stars announced the addition of two noteworthy scouts: former Orlando Magic general manager John Weisbrod to focus on professionals and former Stars enforcer Shane Churla to concentrate on amateurs.

Weisbrod, a 1987 draft pick by the Stars

franchise, resigned from the NBA club in May after 14 months, saying then he wanted to return to hockey. He was general manager of Orlando's IHL team for four years and spent four years as director of hockey operations Albany's AHL team.

"Hockey is in my blood and it's what I love to do," Weisbrod said. "It will be great to get back into the rink and have the opportunity to be around the sport again."

The hard-hitting Churla was among the first fan favorites the Stars had in Dallas after moving south from Minnesota. He remains the franchise leader in penalty minutes. He returns to the organization after working as a global amateur scout for the Phoenix Coyotes.

"I'm ready to get to work," he said. Players and owners agreed Wednesday to a deal that should put the NHL back in business this fall, ending the labor strife that wiped out the 2004-05 season. Both sides still need to sign off on the six-year pact, but all obstacles have been cleared, including the sticky issue of a hard salary cap linked to league-wide revenues.

Price cuts are expected from many NHL teams as they try reaching out to fans alienated by the long layoff. It's especially a concern in cities like Dallas, where most of the locals did not grow up around the sport and attendance already was waning as tickets went up and wins went down.

NASCAR

Earnhardt buoyed by first win of 2005

By **MIKE HARRIS**
Associated Press

This season has been a whole new experience for Dale Earnhardt Jr.

Before apparently turning a miserable year around two weeks ago with a third-place finish at Daytona and then solidifying the turnaround with a victory Sunday at Chicagoland Speedway, NASCAR's most popular driver was at times booed and vilified for leading his DEI team into a losing spiral.

The crew on his revered red No. 8 Chevrolet was jeered on the way out of tracks and Junior's possible departure from Dale Earnhardt Inc., the team his father founded, was a subject of much speculation.

Earnhardt's fall from grace was sudden. Little E has been a star since the day he first drove a car in NASCAR's top stock car series in 1999 — partly because fans of his father, a NASCAR icon killed in a crash in the 2001 Daytona 500, have switched their allegiance to the son and partly because Junior's talent, hip-hop style and charisma have captured the imagination of younger fans.

"I don't think the boos bother me. That kind of solidifies me in the sport because if everybody cheers for you, people feel like you never pay your dues. So if I'm getting booed a little bit, I'm paying my dues a little bit."

— Dale Earnhardt, Jr.
Driver, NASCAR

And he has given all of them plenty to cheer about, improving each year.

The last two years in particular apparently set the stage for a strong run at the championship this year.

Earnhardt finished third in the points in 2003 and won a career-best six races and finished a very competitive fifth last year — the first season the title was determined by the 10-race playoff-style Chase for the Nextel Cup championship.

But it has turned out to be a mostly disappointing season, thanks at least in part to an ill-advised swap of cars and crewmen with DEI teammate Michael Waltrip.

"I don't think the boos bother me," Earnhardt said after the 16th victory of his career. "That kind of solidifies me in the sport because if everybody cheers for you, people feel like you never pay your dues. So if I'm getting booed a little bit, I'm paying my dues a little bit."

He has certainly paid some dues in 2005. Until that strong run at Daytona on July 2, Earnhardt had just five top-10 finishes in 16 starts.

Until he led the final 11 laps at Chicagoland, Junior had been out front for just five laps all season.

Winning, especially the way he did — with spectacular pit work all day and a two-tire pit stop that gave him track position at the end — was a real boost to Earnhardt and his crew.

As tough a year as it has been, though, Earnhardt says it hasn't all been bleak as the team has tried to work its way out of the disappointing slump.

"This is the honest truth: As bad as some of the finishes are that we've had — as hard as they are to stomach sometimes and to understand — I've had a good time," Earnhardt said. "I've had fun with this team."

Panhandle, West Texas Fishing Report

AUSTIN (AP) — Here is the weekly fishing report as compiled for the Texas Parks and Wildlife Department for July 13. (Report also available on Web as www.txfishing.com.)

PANHANDLE
BAYLOR: Water lightly stained; 80 degrees. Black bass are slow. Crappie are slow on minnows. Catfish are slow.

GREENBELT: Water lightly stained; 79 degrees; 17.35' low. Black bass to 6 pounds are good on watermelon and white soft jerkbaits worked along grass lines, and topwaters early and late in day. Crappie are good on minnows and jigs. White bass are good on live bait and chrome jerkbaits along the dam. Smallmouth bass are good on jerkbaits and small chartreuse crankbaits. Walleye are good at night on live bait and crankbaits. Catfish are good on cut baits.

MACKENZIE: Water lightly stained; 78 degrees; 60.45 low. Black bass are good on shad-colored spinnerbaits and jerkbaits. Crappie are good on minnows and jigs. White bass and striped bass are good on live bait and chrome/blue jerkbaits. Smallmouth bass are fair on live bait. Walleye are fair on live baits. Catfish are good on minnows and cut baits.

MEREDITH: Water lightly stained; 81 degrees; 14.35' low. Black bass are fair on shad-colored spinnerbaits along brush lines, and green pumpkin jigs or soft plastics in brush. Crappie are good on jigs and minnows. White bass are good on live bait and small chartreuse spinnerbaits.

SMALLMOUTH BASS: Water lightly stained; 80 degrees; 11.5 low. Black bass are fair on white soft jerkbaits or spinnerbaits along main points, timber and humps, and black neon soft plastics in the reeds. Crappie are fair on minnows and jigs. White bass and hybrid striper are fair on minnows. Catfish are good on live bait and chicken liver.

NASWORTHY: Water lightly stained; 77 degrees. Black bass are fair on white spinnerbaits and small crankbaits. Crappie are fair on jigs and minnows. Smallmouth bass

are fair on minnows. Walleye are fair on live baits. Catfish are good on minnows and cut shad.

WEST
ALAN HENRY: Water lightly stained; 79 degrees. Black bass are good on watermelon or white soft plastics near the brush and white spinnerbaits along brush line. Crappie are fair on minnows and jigs in the brush.

ARROWHEAD: Water muddy in upper end; 80 degrees; 5 low. Black bass are fair to slow on spinnerbaits around rocky areas and flooded brush. Crappie are fair on minnows and jigs as fish moving deeper. White bass are fair on shad-imitation baits. Blue catfish are good on cut shad and prepared baits.

BUFFALO SPRINGS: Water lightly stained; 67 degrees. Black bass are good on live bait and soft plastics near cattails and dam. Crappie are fair on minnows in and near Crappie House. Hybrid strippers are fair on crankbaits near cattails and dam. Channel catfish are good on stinkbait and liver near Crappie House and docks.

COLORADO CITY: Water clear; 79 degrees. Black bass are slow. Crappie are slow. White bass are slow. Redfish are slow. Catfish are slow.

FT. PHANTOM HILL: Water clear; 77 degrees; .25' low. Black bass are slow. Crappie are fair on minnows and jigs. White bass are fair on minnows and small crankbaits. Catfish are fair on minnows and cut baits.

HUBBARD CREEK: Water lightly stained; 80 degrees; 11.5 low. Black bass are fair on white soft jerkbaits or spinnerbaits along main points, timber and humps, and black neon soft plastics in the reeds. Crappie are fair on minnows and jigs. White bass and hybrid striper are fair on minnows. Catfish are good on live bait and chicken liver.

NASWORTHY: Water lightly stained; 77 degrees.

Black bass are fair on white/chartreuse spinnerbaits and live bait. Crappie are good on jigs and minnows. Redfish are fair. White bass and striped bass are good on chartreuse crankbaits. Catfish are good on minnows and cut baits.

OAK CREEK: Water lightly stained; 79 degrees; 22.3 low. Black bass are fair on live baits and dark jigs. Crappie are fair on jigs and minnows. Catfish are fair on cut shad and minnows. No boat ramps open. 4x4 vehicles can unload on the dirt road near the dam.

OH. IVIE: Water lightly stained; 78 degrees; 15 low. Black bass are fair on watermelon or white soft plastics or spinnerbaits along brush lines and topwater lures near grass lines. Crappie are good on minnows and jigs. White bass are fair on live bait. Smallmouth bass are fair on live bait. Channel catfish are good on cut baits and live baits.

POSSUM KINGDOM: Water clear; 79 degrees; 4.67 low. Black bass are fair in Rock Creek and Caddo Creek areas. Crappie are fair on live bait. White bass and Striped bass are good near lighted piers at night. Blue and channel catfish are fair in the upper part of reservoir.

SPENCE: Water lightly stained; 77 degrees; 47.15' low. Black bass are fair on shad-colored soft plastics and white spinnerbaits. Crappie are good on minnows and jigs. White bass are fair on live baits. Striped bass and hybrid striper are fair. Catfish are fair on cut baits.

STAMFORD: Water lightly stained; 79 degrees; 4.35 low. Black bass are fair.

Crappie are fair on jigs and minnows. White and striped bass are fair on jigs tipped with minnows. Catfish are fair on minnows and cut baits.

SWEETWATER: Water lightly stained; 76 degrees; 29.78 low. Black bass are fair on live bait and white/blue spinnerbaits. Crappie are fair on minnows and jigs. White bass are fair on live bait. Catfish are good on live bait and cut baits.

WHITE RIVER: Water lightly stained; 80 degrees; 16.25' low. Black bass are fair on black/blue jigs, June bug soft plastics, and white spinnerbaits along grass and tree lines. Crappie are fair on minnows and chartreuse jigs. Walleye are fair on live baits. Channel catfish are good on chicken liver and live baits.

WICHITA: Water clearing; 82 degrees. Black bass are slow. Crappie are slow in old yacht club, American Legion and Lakeside City areas. White bass and hybrid striped bass are good on large minnows, white twistertails and silver spoons along dam and near Lake Wichita Park. Channel catfish are fair on shrimp, punchbait and shad. North side public ramp is closed for maintenance.

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Big 12, Big East to split bowl duties

MIAMI (AP) — The Big East, Big 12 and Notre Dame would alternate bids to the Gator Bowl and the Sun Bowl over a four-year period starting in 2006, according to a new agreement nearing approval.

The four-year deal, which is pending the approval of the Big 12, will give the Jacksonville-based Gator Bowl the option of taking the Big East's No. 2 team or the Big 12's No. 3 team. The agreement is scheduled to begin with the 2007 Gator Bowl, following the 2006 regular season.

The Atlantic Coast Conference will remain as the Gator Bowl's other participant while the Pac 10 will do the same in the Sun Bowl in El Paso, Texas.

The deal is an effort by the conferences and the two bowls to avoid repetitive matchups in the postseason, Gator Bowl president Rick Catlett said Thursday.

"Texas just finished playing in the Holiday Bowl for the third time in four years and we had West Virginia back-to-back, and it's just nuts to do that," Catlett said. "It's an attempt to put new teams in and to create matchups beneficial to the games and for the fans."

Under the deal, each conference will have two bids each to the Gator Bowl and

the Sun Bowl over the next four years, Catlett said.

That means the Gator Bowl could invite two straight Big East teams for the first two years of the deal, but they will then be forced to take Big 12 teams the next two years.

The Sun Bowl takes whichever conference is not invited to the Gator Bowl, thought in the case of the Big 12, the Sun Bowl will have to take that conference's No. 4 team, said Sun Bowl executive director Bernie Olivas.

Notre Dame, an independent in football, would remain a part of the eight-team Big East's bowl pool and could not trump a Big 12 selection in either bowl, Big East spokesman John Paquette said.

"We want to make sure that we've got a home in any year we're not in a BCS game," said John Heisler, Notre Dame's senior associate athletic director. "We want to make sure we have a place to go that makes sense."

The potential Gator Bowl selection will also be influenced by the Cotton Bowl and how many Big 12 teams are invited to the Bowl Championship Series.



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Medical

Sleep experts: Kids not getting enough sleep

(NUC) — A recent National Sleep Foundation poll on children's sleep habits revealed what many sleep experts have suspected for years: Children aren't getting enough sleep.

For example, children under 10 do not get the minimum amount of sleep recommended for them. The study also showed that many parents are not aware of how much sleep is enough for their children.

"It is clear from the poll results that we need to focus as much on the sleeping half of children's lives as we do on the waking half," said Jodi A. Mindell, chair of the poll's task force. "Children are clearly not getting enough sleep."

According to Arthur Grehan, executive director of American Innerspring Manufacturers, a nonprofit trade group, it's a long-standing problem that is finally coming into the spotlight.

"For years, we've focused many of our industry's educational resources on home and classroom materials aimed at teaching families about the importance of sleep for their children," Grehan said.

So what can parents do? The first step is to become aware of how much sleep their children should get. According to the

National Sleep Foundation, pre-schoolers should average 11 to 13 hours of sleep a day, and school-age children



(first- through fifth-graders) should be getting 10 to 11 hours.

According to Grehan, the bed itself sometimes contributes to a child's lack of sleep. AIM recommends that children sleep on regular innerspring mattresses that are no more than eight years old.

"Many toddlers and pre-schoolers graduate from the crib to the thin foam mattresses that came with a piece of youth furniture, and some of the youth who are on full-size beds are sleeping on hand-me-down mattresses that are more than 10 years old," he said. "In the end, a good night's sleep for a child means that the parents can rest easy, too."

For more information or to request AIM's sleep literature for youth, visit www.aiminfo.org or call (800) TUCK-ME-IN.

Bracelet aids in disease's awareness

(NUC) — Colorectal cancer is 90 percent preventable and 90 percent treatable when detected early, yet it continues to be the second-leading cause of cancer-related death in the U.S.

To help spread the message about the importance of early detection, the Cancer Research and Prevention Foundation and its 54 partners have introduced the "Buddy Bracelet," a unique and powerful way to promote public awareness of the disease.

"Today, in a sea of colored bracelets, the blue Buddy Bracelet stands out by creating a clever way for people to take their health into their own hands," said Carolyn Aldigé, president and founder of the Cancer Research and Prevention Foundation. "The bracelet spreads the message that colorectal cancer is preventable, treatable and beatable."

Launched in 2004, the Buddy Bracelet reminds those who wear it to get screened for colorectal cancer. After the person is screened, he or she gives the bracelet to a family member, friend or colleague, passing on the powerful message about talking with a health care professional about colorectal cancer. The bracelet then is transferred from that person to another person and so on.

The bracelet's theme, "Wear it, share it, because you care," is a message that could save thousands of lives.

People at average risk for colorectal cancer should get screened starting at age 50. Younger people can help support the Buddy Bracelet effort by learning about their families' medical histories, starting a dialogue about colorectal cancer with their health care professionals and reminding loved ones to get screened.

Buddy Bracelets are available for \$1 via the Cancer Research and Prevention Foundation's toll-free number, (877) 35-COLON (352-6566), or by visiting www.preventcancer.org.

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Four ways to help combat arthritis pain

(NUC) — Osteoarthritis affects approximately one in 10 people in the U.S. and Canada, with most people developing the condition after the age of 45.

As reported in Time magazine, 20 million Americans currently suffer from osteoarthritis. This number is expected to grow to 40 million by the year 2020.

Osteoarthritis, also called "wear and tear" arthritis, is caused by the gradual breakdown and loss of joint cartilage. It is most common in the hips, knees, hands and spine.

People who suffer from it often find that the most simple tasks, such as getting dressed, opening jars and climbing stairs, become extremely difficult and painful.

The good news is that this

condition can be treated without prescription medication. Here are four tips to help you control arthritis pain.

- Exercise. Work it into your schedule when you feel the least amount of pain. Physical activity helps to lessen the symptoms of osteoarthritis and makes you feel better overall. Stretches and low-impact exercises can relieve pain, help improve flexibility, maintain strength and lift your mood.

- Keep the weight off. The more you weigh, the more pressure you put on your joints.

- Try over-the-counter medications containing glucosamine and Celadrin. These ingredients, found in products such as Joint-2-Life capsules, help ease pain and increase flexibility. Researchers have

compared the effectiveness of glucosamine to the common pain reliever ibuprofen.

Along with reducing inflammation, glucosamine has been clinically shown to help rebuild the cartilage matrix, the cushioning between your joints. Using both a supplement such as Joint-2-Life capsules and a topical treatment such as Joint-2-Life 24/7 Instant Relief can help reduce pain and inflammation and promote cartilage growth and repair.

- Increase omega-3 fatty acids in your diet. Found in fish, flaxseed oil and leafy greens, omega-3 fatty acids may help reduce stiffness in the joints.

For more information on treating arthritis pain, visit joint2life.com.

Brief

(NUC) - According to the American Academy of Orthopedic Surgeons, more than 4 million Americans injure themselves playing sports every year. For people who want to effectively manage their muscle pain but are concerned about the safety profile of common treatments, Chris Carmichael, a world-class trainer and member of the 1984 Olympic Cycling Team, recommends taking an over-the-counter pain reliever, such as acetaminophen, to ward off muscle aches and pains. Tylenol 8 Hour, for instance, provides fast and effective pain relief for up to eight hours without the stomach irritation often associated with NSAIDs (nonsteroidal anti-inflammatory drugs), which include aspirin, naproxen and ibuprofen.



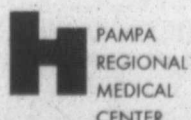
"i was a ballerina when i was born."

Having a baby brings wonderful and dramatic changes to your life. As a mother, you'll play the starring role—but dad certainly has a supporting part. Bringing one of the five family oriented, modern labor and delivery suites. Each room offers the comforts of home accompanied by state-of-the-art technology. As an integral

They may not remember it exactly, but we make sure their Moms and Dads do.

a baby into this world is an experience Mom and Dad will remember the rest of their lives. Every moment is precious, whether it's your first or even your fifth. The first look. The first touch. The first time you hold your baby close. At the Women's Center in Pampa Regional Medical Center, you'll experience individual care nurtured in

part of our services, we offer complete anesthesia options and childbirth classes led by an experienced instructor. Of course, fathers are encouraged to participate in the entire process. Plus, gifts to celebrate you and your baby! Check us out at prmcx.com or call us at 806-665-5721 today. With our help, you'll make this change the best one of your life.



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Lifestyle

NEWSMAKERS

Jesse Randall Williams recently returned from serving his country overseas in Iraq. A member of the U.S. Army, Williams, son of Randall Leighton Williams of Pampa, is currently stationed in Colorado.

His stepmother is Janet Lynn Williams of Pampa.

Panhandle Professional Writers recently announced winners of the 2005 Frontiers in Writing "Youth Writing Contest." Winners were honored during an afternoon reception at the Ambassador Hotel in Amarillo.

Among the winners were Megan Pirtle of Austin Elementary School in Pampa, who placed third in Elementary Short Story. Bekah Roskens, of Groom Independent School District in Groom, earned an honorable mention in the same category.

In Elementary Article/Essay, Amber Adams placed first, Taylor Fields, second, and Sara Kelly, third, all of Groom ISD. Honorable mention went to Trent Murrey and Chase King, both of Groom ISD.

In Elementary Poetry, Alex Ragsdale placed first and Bekah Roskens, third, both of Groom ISD.

Jes Roskens of Groom ISD placed second in Middle School Short Story.

Samantha Clendennen of Groom ISD placed third in Middle School Article/Essay.

Middle School Poetry winners included Tanner Britten, first place, Kassandra Brown, second place, and Maddie Wieberg, honorable mention, all of Groom ISD.

Friederike Roessner of Groom High School placed third in High School Short Story.

Winners in High School Poetry included Friederike Roessner who placed second, and Katy Britten, of Texas Academy of Mathematics and Science in Groom — she received two honorable mentions.

NASHVILLE, Tenn. — Bonnie Beth Holmes, daughter of Mr. and Mrs. Harry J. Holmes of Pampa, was named to the Dean's List at Vanderbilt University's Peabody College.

To be eligible for the Dean's List at Peabody, a student must maintain a 3.5 to 4.0 grade point average for the semester.

LUBBOCK — Texas Tech University School of Law students Joy Gibbs of Pampa and Mandy Gundlach of Birney, Mont., recently won the World Championship in the 2005 International Negotiation Competition in Dublin, Ireland.

The competition was sponsored by the Law School of the Law Society of Ireland and the Honorable Society of King's Inns in Dublin.

The duo, coached by law school associate deans Brian Shannon and Nancy Soonpaa, was the first from Texas Tech to be invited to the International Negotiation Competition.

Texas Tech has won the national Negotiation Competition twice and has had numerous top-five finishes. Gibbs and Gundlach took second-place honors out of 24 teams in this

See NAMES, Page 7-B

GOOD, DIRTY FUN MUD BOG



← Terry Pillars of Amarillo took first place in the Extreme category with his ride, Terrybly Wild, the first of four vehicles to make it completely through the trench. His time was 4.89 seconds.



Justin Murrel signals to Stephanie Morgan that her run is at an end.

Here are the results of the July 9 Mud Bog at Recreation Park:

ATV: First place, Madison Myers, Pampa. Second place, Mike Dyer, Pampa.

Two-wheel drive: First place, Ryan McCarley, Pampa. No second place.

Stock to 31: First place, Clent Steward, Pampa. Second place, Laurie Campos, Pampa.

32 to 34 Stock: First place, Jimmy Minyard, Pampa. Second place, Shon Kysar, Pampa.

32 to 34 Mod: First place, Brian Anderson, Amarillo. Second place, Justin Harris, White Deer.

35 to 37 Stock: First place, Courtney Lowrance, Pampa. Second place, Tami Freelan, Pampa.

35 to 37 Mod: First place, Allen Nalley, Canyon. Second place, Brian Anderson, Amarillo.

38 and Up: First place, Lyndon Jameson, Geary, Okla. Second place, Ricky McMinn, Dumas.

Extreme: First place, Terry Pillars, Amarillo. Second place, Bobby Paul, Amarillo.



Mud flies through the air as Billy Gerber tears through the trench in his truck, named the Mud Duck.



Dave Blakeley checks the position of his front tires as he works to maintain forward momentum.

STORY AND PHOTOS BY MARILYN POWERS



Jennifer Montgomery waits her turn at the trench beside Courtney Lowrance of the Mud Bog staff.



Courtney Lowrance squeegees mud off of Kenny Eppison's windshield.

Canyon church site of Meadows, Goen nuptials

The wedding of Cassie Leigh Meadows and Travis Jesse Goen, both of Canyon, took place June 4 at University Church of Christ in Canyon with Don Wood, of 12th Street Church of Christ in Shallowater, officiating.

The first matron of honor was Jennifer Brown, sister of the bride of Amarillo. The second matron of honor was Heather Caro of Lubbock. The bridesmaids were Chasity Nachtigall and Charity Nachtigall, both of Canyon.

The flower girl was Ireland Caro of Lubbock.

The ring bearers were Landon Brown, nephew of the bride of Amarillo, and Byron Goen, nephew of the groom of Hobbs, N.M.

Serving as best man was Josh Goen, brother of the groom of Dimmitt. The groomsmen were Brandon Goen, brother of the groom of Hobbs, and Lane McFarland and Thomas Roberts, both of Canyon.

Ushering the guests to their seats were Nick Jennings of Amarillo and Bubba Meadows of Pampa, both cousins of the bride. The candlelighters were Brittany Goen, niece of the

groom of Hobbs, and Hannah Stamps, cousin of the groom of Panhandle.

Registering the guests was Alison Upton of Canyon.

Music was provided by Dalene Herriman of Pampa.

Serving the guests during a reception held at the church after the service were Bethany Goen of Dimmitt, Amy Goen of Hobbs, Michelle Meadows of Canyon, and Zanessa Dodd of Melrose, N.M.

The bride is the daughter of Dale and Shonda Meadows of Pampa. In May, she graduated from West Texas A&M University in

Canyon and plans to attend WTAMU graduate school this fall. She is currently employed by High Plains Children's Home in Amarillo.

The groom is the son of Brady and Jenny Goen of Shallowater. He is currently pursuing a degree in composite science and coaching at WTAMU where he is employed as supervisor for intramural sports. He is also employed with Lee Lewis Construction.

The newlyweds honeymooned in San Antonio and New Braunfels and intend to make their home in Canyon.



Travis Goen and Cassie Meadows

Fraser, Rodgers wed in local First Baptist Church

Nuptials for Sarah Elizabeth Fraser and Adam Wayne Rodgers, both of Tulsa, Okla., were held July 16 at First Baptist Church in Pampa. Jonathan Spuler, cousin of the bride of Shoreline Christian Center in Austin, was assisted by Lonny Robbins, of Trinity Fellowship Church in Pampa, in presiding over the ceremony.

The matron of honor was Amanda McCord, cousin of the bride of Lubbock. The maid of honor was Amy Robbins of Houston. The bridesmaids were Cindy Grey, cousin of the bride of Celebration, Fla., April Rodgers, sister of the groom of Amarillo, Kimberly Clark of San Diego, Calif., Michelle Lee of Pampa, and



Sarah Elizabeth Fraser

Jessica Morrison of Lubbock.

The flower girls were Carli Crockett, cousin of the groom of Pampa, and Elizabeth Stevens, cousin of the bride of Waco.

The best man was Andrew Rodgers, brother of the groom of Pampa. The groomsmen were Andrew Fraser and Thomas Fraser, both brothers of the bride of Pampa, Matthew Angove of Rochester, Wash., Matthew Crow of Norman, Okla., Chet Grinaldi of Dallas, and David Smith of Tulsa.

The ring bearers were Jonah Szymanski of Sewell, N.J., and Dax Wilson of Lubbock, both cousins of the bride.

Brothers of the bride Andrew and Thomas Fraser were ushers along with James Lawyer, Alex Torres and Ryan Torres, all cousins of the groom, and Andrew Rodgers, brother of the

groom, all of Pampa.

The candlelighters were Carter Fraser of Arlington, Fraser Mince and William Mince, both of Wills Point, all cousins of the bride, and Lindsey Lawyer, cousin of the groom of Pampa.

Registering the guests were Leslee Ammons and Stacie Carter, both of Pampa.

Music was provided by organist Luis Gonzalez of Lubbock, clarinetist Julie Collins, aunt of the groom, flutist Amber Jones, and trumpeter Jason Jones, all of Pampa, pianist/vocalist Susie Wilson, aunt of the bride of Fairview, and vocalists Cullen and Laura Allen of Pampa, David and Lynn Fraser, uncle and aunt of the bride of Wills Point, and Chris Wilson, cousin of the bride of Lubbock.

A reception was held following the service in the parlor of the church with Collin

Lewis of Amarillo, Danielle Martinez and Rebecca Fatheree, both of Pampa, and Janelle Powers of Wichita Falls serving the guests.

The bride is the daughter of Michael and Dottie Fraser of Pampa. She graduated from Pampa High School in 2002 and is a senior accounting major at Oral Roberts University at Tulsa. She is employed by AIG Royal Alliance Associates, Inc., in Tulsa.

The groom is the son of Terry and Elizabeth Smith of Pampa. He graduated from PHS in 2002 and is a senior biomedical chemistry/pre-med major, biology minor at Oral Roberts University. He is employed by The Melting Pot in Tulsa.

The newlyweds planned a honeymoon Caribbean cruise to Mexico and Belize and intend to make their home in Tulsa.

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Amarillo Civic Center
July 16th & 17th
Sat. 10-5 PM • Sun. 12-5 PM
Admission: \$2.00
DOOR PRIZES HOURLY

Burns, Hayden tie knot in June

Ashleigh Burns and Aaron Hayden, both of Pampa, exchanged wedding vows June 4 at the Carpenter's Church in Pampa with James Sinyard, of the church, officiating.

Brooke Brown of Amarillo was matron of honor. The flower girl was Nikki Dabbs of Pampa.

Standing up as best man was Josh Taylor of Harrison, Ark. The ring bearer was Austin Hayden, son of the groom of Pampa.

Ushering the guests to their seats were Bear Raymo, nephew of the groom, Brady Burns, brother of the bride, and Chris Kidd, nephew of the bride, all of Pampa. Serving as candlelighters were Gina Kane, niece of the groom, and Kara Kidd, niece of the bride, both of Pampa.

Registering the guests were Gina Guera, niece of the groom, and Kayla Kidd, niece of the bride, both of Pampa.

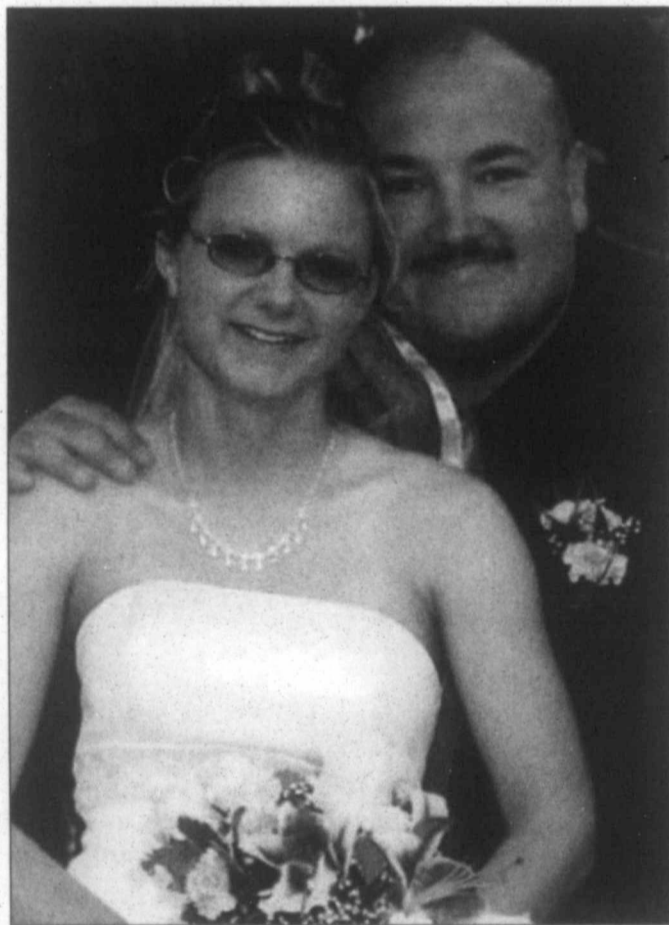
A reception was held following the service at the Chamber of Commerce building in Pampa with Gina Kane and Michelle Dabbs, both sisters of the

groom, and Barbara Burns, sister-in-law of the bride, serving the guests.

The bride is the daughter of Mr. and Mrs. Dale Burns of Pampa. Currently employed at Wal-Mart, she graduated from Pampa High School and attended West Texas A & M University.

The groom is the son of Mr. and Mrs. James Sinyard. He graduated from PHS and attended Southwestern Oklahoma State University. He is presently employed as a prison guard with Texas Department of Criminal Justice.

The newlyweds honeymooned in Las Vegas, Nev., and intend to make their home in Pampa.



Ashleigh Burns and Aaron Hayden

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Michelle Hess • Chad Metcalf
Stacy Sandlin • Joe Civone
Casey Fisher • Justin Thomas
Shauna Broadus • Josh Robertson
Cassandra Hubbard • Ty Newman
Emily Johnson • Daniel Patterson
Lindsay Tidwell • Brandon Perez
Mandy Rains • Kelly Utterbach
Sarah Fraser • Adam Rodgers

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Lifestyles Policy

1. The Pampa News will not be responsible for photographs used in announcing births, weddings, engagements or anniversaries. We also reserve the right to refuse publication of photographs of poor quality. Photographs cannot be returned unless they are accompanied by a self-

See POLICY, Page 8-B



Mr. and Mrs. Lonny Robbins

Couple receive surprise reception

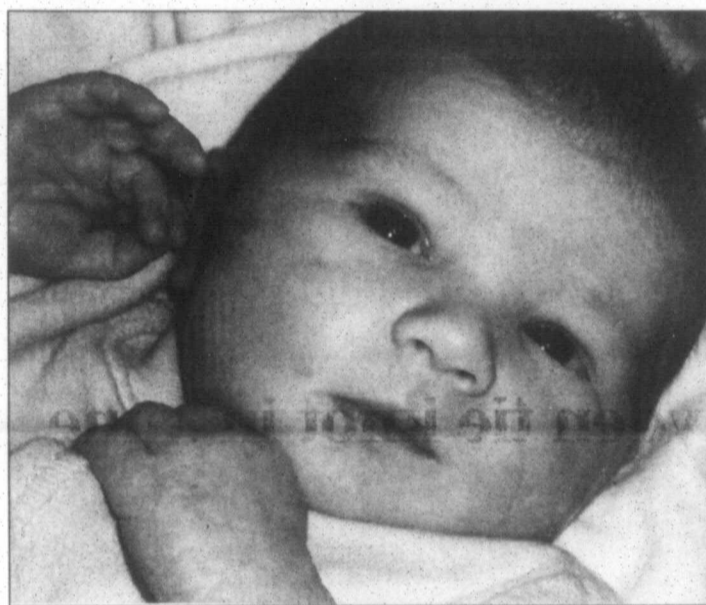
Mr. and Mrs. Lonny Robbins of Pampa were treated to a surprise reception in honor of their 25th wedding anniversary June 15. Hosting the reception were the couple's parents, George and Arlene Gibson Kirchoff and Deryl and June Robbins.

Lonny Robbins and Gloria Gibson, daughter of the late Lyle Gibson, were married June 15, 1980, at Pampa.

Mr. Robbins was born and raised in Pampa. Mrs. Robbins moved here with her parents in the 1970s.

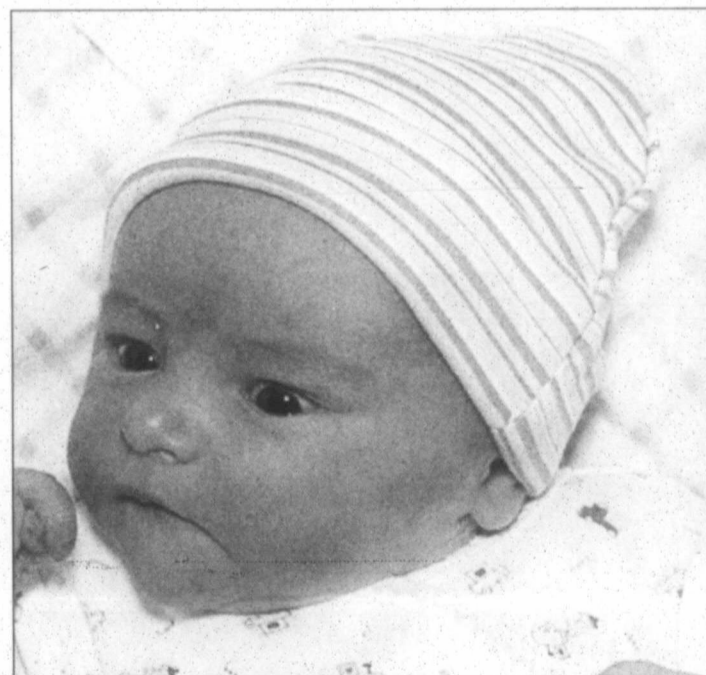
Children of the couple are Amy Robbins, presently of Houston, and Nicholas Robbins, a high school student.

Cradle call



James "Hunter" Smith

James "Hunter" Smith was born at 10:33 p.m. June 30 at BSA Hospital in Amarillo, to Stuart and Kristi Smith of Pampa. At birth, the infant weighed 7-pounds, 15 1/4-ounces. Relatives include a sister, Taylor; and grandparents, John and Donna Landes of Garber, Okla., and Jimmy and LaVerne Smith of Elk City, Okla.



Hunter Gene Brock

Hunter Gene Brock was born at 9:34 a.m. April 30 at Pampa Regional Medical Center, to Jerry and Cindy Brock of Pampa. At birth, the infant weighed 9-pounds, 4-ounces and was 20 1/2-inches long. Relatives include grandparents, Brenda and Bobby Stewart of Amarillo.

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Newlyweds go overseas for honeymoon

Joahna Bravo and Clinton Cockrell, both of Grand Prairie, were wed June 3 at Cathedral de Guadalupe in Dallas. Father Ramon Alvarez, of Cathedral de Guadalupe in Dallas, presided over the ceremony.

The bride is the daughter of father and stepmother, Carlo and Estella Bravo of Los Angeles, Calif., and mother and stepfather, Evelyn and George Comiskey of Grand Prairie. She is the granddaughter of Bliseo Joco and Leonila Joco of Grand Prairie, and Celstina Bravo and the late Antonio Bravo of New Jersey.

The groom is the son of Gary and Betty Cockrell of Glen Rose and is the grandson of Dorothy Cockrell and the late Floyd Cockrell of Pampa, and Mary Boyd and the late Daryl Boyd of Lefors.

Serving as the bride's matron of honor was Mrs. Pamela Bravo of San Diego,



Joahna Bravo and Clinton Cockrell

Calif. The bridesmaids were Jewel Latham, Amber Busch, and Wendy Frenon,

all of Grand Prairie. The best man was Craig Railsback of Mesquite. The

groomsmen were Pete Moss of Fort Worth and TJ Houdzenroeder of Grand Prairie.

The flower girls were Krystal and Krissy Bravo, Korina Bravo, and RIELLY Street, all of Grand Prairie, with AJ Bravo, of Grand Prairie, serving as ring bearer.

The ushers were Rey Latham of Irving and John Davin of Grand Prairie.

A reception was held following the service at Arlington Wyndom.

The bride holds a master's degree from Texas Woman's University (2003) and is currently employed as an occupational therapist.

The groom holds a degree from Tarleton State University and is currently a special education teacher in Lake Dallas.

The newlyweds honeymooned with a trip to Rome and Venice, Italy, and intend to make their home in Grand Prairie.

Couple marry at Vegas wedding chapel

Allison Anne Lenkerd and David Theodore Kludt II were married on Saturday, May 21, 2005, at 5:30 in the evening at the Venetian Wedding Chapel in Las Vegas, Nev.

The bride is the daughter of Mr. and Mrs. Bruce Overbay of Alexandria, Virginia, and Mr. and Mrs. Harry Lenkerd of Houston, Texas. She is the granddaughter of Mr. and Mrs. Bruce Guerrant of Greenville, North Carolina.

Parents of the groom are Mr. and Mrs. Francis Kludt of Pampa, Texas. The groom is the grandson of the late Mr. and Mrs. David T. Kludt of Orange, Texas, and Mr. and Mrs. Michael Giacobbe

of Baltimore, Maryland.

Given in marriage by her parents and escorted by her father, Harry Lenkerd of Houston, Texas. The reception was held in the Postrio, St. Mark's Square at the Venetian with dinner and dancing.

The maid of honor was the bride's childhood and college friend, Lynn Renfro of Austin, Texas. The bridesmaids were sorority sisters and friends in college Jennifer Miller, Dallas, Texas; Ann Frankovich, Friendswood, Texas; Alicia Jones, Dallas, Texas; and Milessa Boyd from San Antonio, Texas.

Jay Winkler of College Station was Best Man. The

groomsman was Donald Owen from College Station, college friends.

Allison graduated from Woodlands High School and from Texas A&M University in 2004 with a B.A. in Economics and a minor in Business and is currently employed by Multi Service in Kansas.

David is a 1995 honor

graduate of Pampa High School and was in the Corps of Cadets at Texas A&M University. He is currently employed by Clinical Reference Laboratories and is attending The University of Missouri.

After honeymooning in Las Vegas, Nevada, the couple will reside in Overland Park, Kansas.

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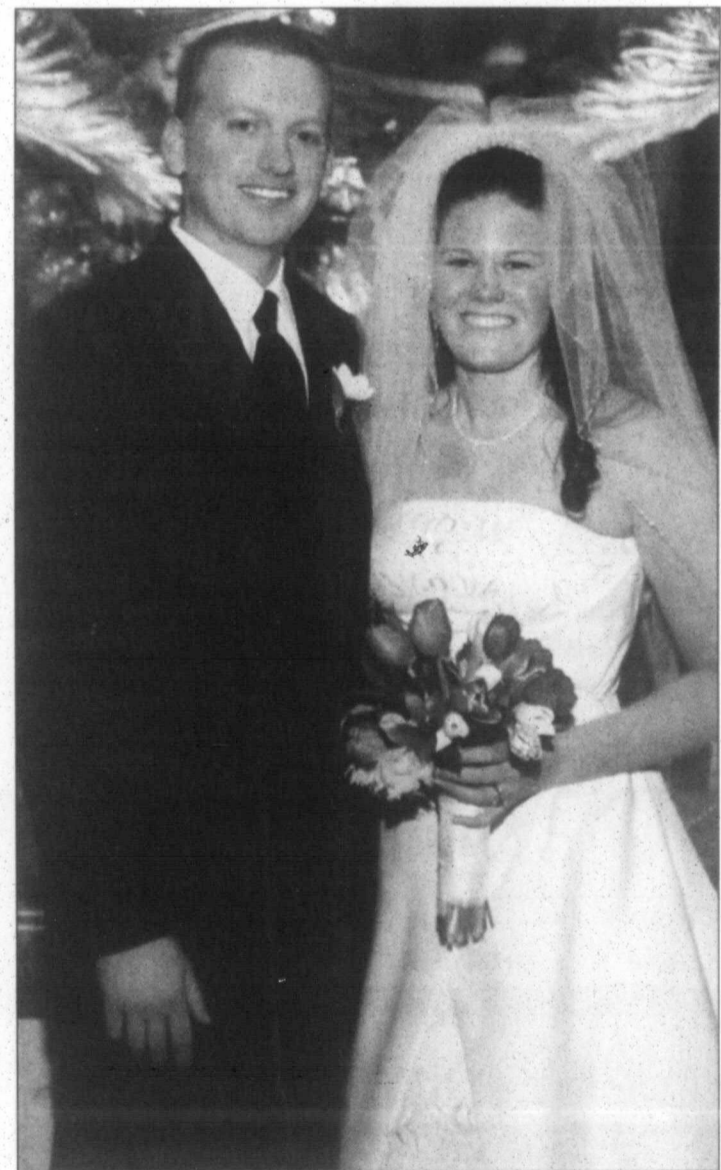
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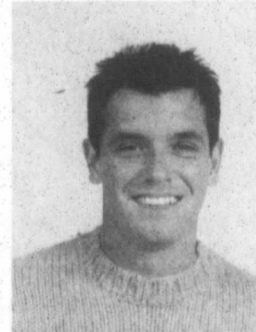
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David Kludt II and Allison Lenkerd

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Bridal Registry

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 April Rodgers & Dane Ward
 Amy Smith & Cammie Woodward
 Brandi Armstrong & Justin Lohberger
 Emily Johnson & Daniel Patterson
 Lindsey Tidwell & Brandon Perez
 Carrie Zumstein & Jacob Mckean
 Stacy Sandlin & Joe Cirone
 Tammye Martindale & Bret Johnston
 Lindsey Scribner & Matthew Hudson
 Shauna Broaddus & Josh Robertson
 Jennifer Lindsey & Tony Beck
 Marcie Raber & Zach Crossman
 Rebecca Page & Larry Daly
 Heather Locke & Joel Hornsby
 Olga Viotti & Joshua Gibson
 Tammy Silva & Michael McCormick
 Sarah Fraser & Adam Rodgers
 Angie Edmondson & Timothy Brunson
 Annie Sims & Jeb Hilton
 Dusty Reed & Clay Lee
 Cami Rene Demsey & Matt Culpepper

DUNLAPS

Coronado Center • 669-7417

Dear Abby...

By Pauline & Jeanne Phillips

DEAR ABBY: I am in a committed 10-year marriage with "Cathy," a woman I love dearly. My problem is, Cathy doesn't trust me. Her ex-husband cheated on her, her father cheated on her mother, and I feel like I'm paying for their sins.

I play in a band that has "gigs" in bars once a month. I also like to go for a beer with the fellas after work a couple of times a month. (I work days in a manufacturing plant.) Whenever I play with the band and Cathy is present, I constantly have to watch that I don't talk to any women in her presence.

The place I work has 1,200 employees. Many of them come to see our band to show their support. (The majority of our employees are female.) Cathy considers it disrespectful to her that they come to hear us, and she acts as if she's in constant fear that I might stray, despite my reassurances that I'm totally committed to her.

What can I do? I feel like I'm beating a dead horse. -- **DESPERATE TO UNDERSTAND IN CALIFORNIA**

DEAR DESPERATE: There is nothing you can do because the problem isn't yours; it's your wife's. Until you came into her life, her two most significant male relationships were with men who were unfaithful. The fact that the male role model -- her father -- was a cheater set up her expectations for how "all" men behave.

If you haven't already done so, I urge you to have a serious talk with your wife about how her suspicions make you feel. It is unrealistic to expect you to spend the rest of your life wearing blinders and talking only to men. If she's smart, she'll talk to a counselor about this, because suspicion and accusations that an innocent spouse is cheating can destroy a marriage as surely as infidelity can.

DEAR ABBY: I am 25, single and

hard-working. I am also pregnant. The father, "Zack," is married and expecting his first child in August. I'm due in October.

I met Zack at a bar. I wasn't looking for a serious relationship, just a fun evening. Zack seemed like a nice guy. He never said he was involved with anyone, let alone married, and he wasn't wearing a ring. Well, our night of passion has now led to a lifetime of concern.

Zack doesn't want me to "ruin his marriage," and I don't want to be called a homewrecker. I initially didn't want him involved at all, but reality has set in and I will need his financial help.

Once my baby is born, Zack will be taking a blood test to establish paternity. My family knows nothing about all this, but it's hard to hide. It will be even harder once the court comes into play regarding child support.

How should I break it to them? Should I be ashamed? I don't think so, because I didn't know Zack was married -- so why is he burdening me with the guilt of ruining his marriage? -- **MOTHER-TO-BE IN NEW JERSEY**

DEAR MOTHER-TO-BE: Tell your family in plain English about what's going on, because you are going to need their emotional support in the months to come. Clearly, you will get none from Zack because he will have his hands full explaining this child to his wife.

Should you be ashamed? Unless you consider having unprotected sex with a stranger you met at a bar one of your prouder moments, I think you should.

Dear Abby is written by Abigail Van Buren, also known as Jeanne Phillips, and was founded by her mother, Pauline Phillips. Write Dear Abby at www.DearAbby.com or P.O. Box 69440, Los Angeles, CA 90069.

For Better Or Worse



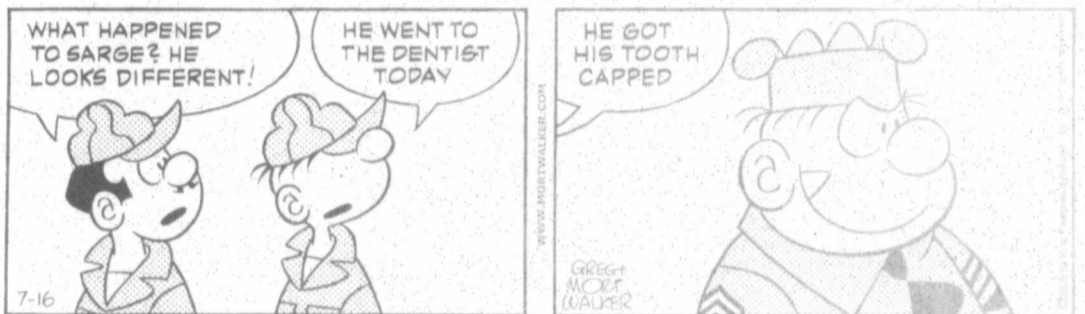
Zits



Garfield



Beetle Bailey



Marvin



Crossword Puzzle

CROSSWORD

By THOMAS JOSEPH

ACROSS 41 White

1 Minimum 42 Spirited

6 Trim the horse

11 External topiary

12 Sharpens 1 Fill the truck

13 Bakery output 2 Cry of discovery

14 Music holders 3 Made amends

15 Poet 4 Convoy component

17 Put away 20 Family indicators

18 Islands strings 5 Sanitation pickups

19 Nova 6 High deg. from cordial

22 Jotting port 7 Louis XIV, e.g.

23 Stiff drink 8 Dangerous

24 Pert 9 Sweet kwon do

25 Bishop's neighbor drink 26 Uno, for

27 Feeding suburb 10 Baltimore 37 Hog holder

30 "Come and get it!"

31 Count start

32 Chair part

33 Puget Sound city

35 English college town

38 Mullally of "Will & Grace"

39 Mystic deck

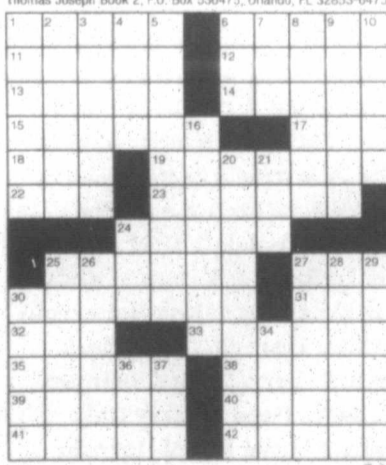
40 Best of the best

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Yesterday's answer

- 16 Hearing range
- 17 Blues-based music
- 18 Family indicators
- 19 Con
- 20 Far from cordial
- 21 Bath additives
- 22 Highlander
- 23 Like tae kwon do
- 24 Market indicator
- 25 Uno, for holder

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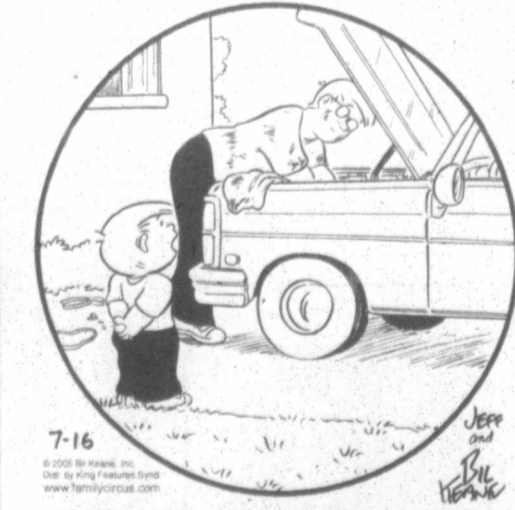


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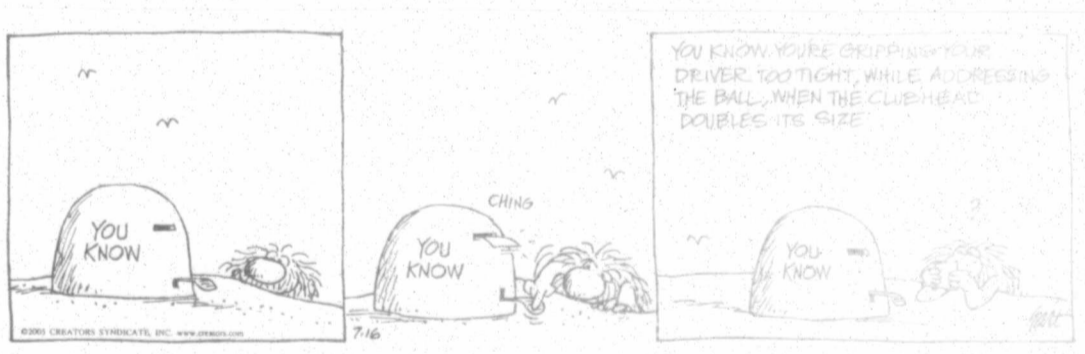


The Family Circus

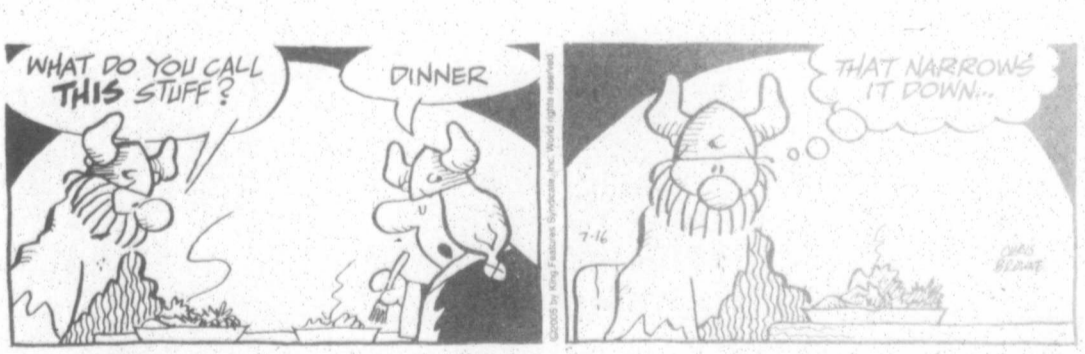
THE FAMILY CIRCUS By Bil Keane



B.C.



Haggar The Horrible



Peanuts



Flo & Friends



Blondie



MARQUEE

SUNDAY, JULY 17

THROUGH

SATURDAY, JULY 23

“i was a princess when i was born.”



Having a baby brings wonderful and dramatic changes to your life. As a mother, you'll play the starring role---but dad certainly has a supporting part. Bringing

one of the five family oriented, modern labor and delivery suites. Each room offers the comforts of home accompanied by state-of-the-art technology. As an integral

They may not remember it exactly, but we make sure their Moms and Dads do.

a baby into this world is an experience Mom and Dad will remember the rest of their lives. Every moment is precious, whether it's your first or even your fifth. The first look. The first touch. The first time you hold your baby close.

part of our services, we offer complete anesthesia options and childbirth classes led by an experienced instructor. Of course, fathers are encouraged to participate in the entire process. Plus, gifts to celebrate you and your baby! Check us out at prmtx.com or call us at 806-665-3721

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Well trained.
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today. With our help, you'll make this change the best one of your life.

Menus

Week of July 18-22

PISD Summer Nutrition Program
 Breakfast: French toast bagels.
 Lunch: Soft tacos or ham sandwiches, pinto beans, salad, fruit.
TUESDAY
 Breakfast: Egg patties, toast.
 Lunch: Chicken nuggets or ham sandwiches, mashed potatoes, English peas, pineapple, rolls.
WEDNESDAY
 Breakfast: Sausage, biscuits.
 Lunch: Spaghetti or ham sandwiches, green beans, corn, applesauce, bread sticks.
THURSDAY
 Breakfast: Breakfast pizza.

Lunch: Chicken salad- or ham-sandwiches, vegetarian beans, carrot sticks, peaches.
FRIDAY
 Breakfast: Cereal, toast.
 Lunch: Hamburgers or ham sandwiches, French fries, lettuce/tomatoes, pickles, pears, pudding.
Lunch in the Park
MONDAY
 Pizza, cheese portion, raisins, peach cups.
TUESDAY
 Ham sandwiches, cheese portion, baby carrots, applesauce cups.
WEDNESDAY
 Hamburgers, cheese portion, pickle spear, peach cups.

THURSDAY
 Bean/cheese burritos, cheese portion, raisins, applesauce cups.
FRIDAY
 Pizza, cheese portion, peach cups.
Kid's Cafe-Wilson
MONDAY
 Baked ham, mashed potatoes, baked beans, dessert, treat.
WEDNESDAY
 Barbecue smoked sausage, corn, salad, dessert, treat.
Kid's Cafe-Lamar
TUESDAY
 Hot dogs, chips, pork beans, fruit, dessert.

THURSDAY
 Chicken fajitas, Spanish rice, salad, pudding cups.
Senior Citizens
MONDAY
 Chicken fried steak or chili rellenos, mashed potatoes, Mexican rice, spinach, pinto beans, German chocolate cake or blueberry cream pie, slaw, tossed or jello salad, hot rolls or cornbread.
TUESDAY
 Chicken salad or Salisbury steak, tater tots, beets, brussels sprouts, northern beans, strawberry cake or chocolate sundae cups.
 See MENU, Page 7-B



Marriott
 THE WOODLANDS
 WATERWAY HOTEL &
 CONVENTION CENTER

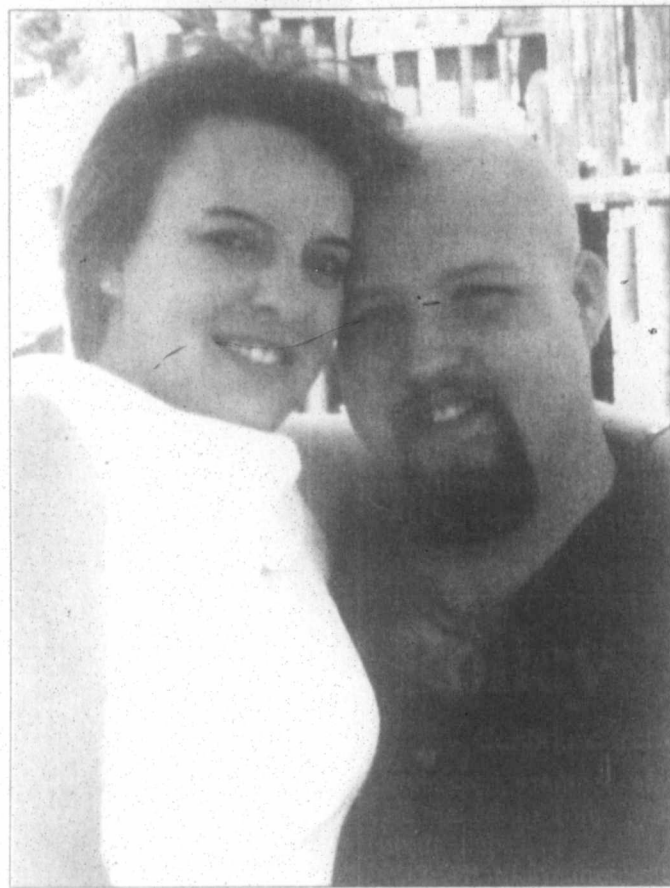
GO ONE STEP BEYOND WINDOW SHOPPING WITH A \$50 GIFT CARD.

This summer, delight your inner spirit with a weekend shopping escape to The Woodlands. From stunning to stylish, there's lots you can do with your \$50 Market Street™ Gift Card. After shopping, enjoy modern accommodations and dining experiences at The Woodlands Waterway Marriott as well as a leisurely water taxi ride. Shop in ultra style and comfort with The Woodlands Waterway Shopping Package. Going above and beyond.
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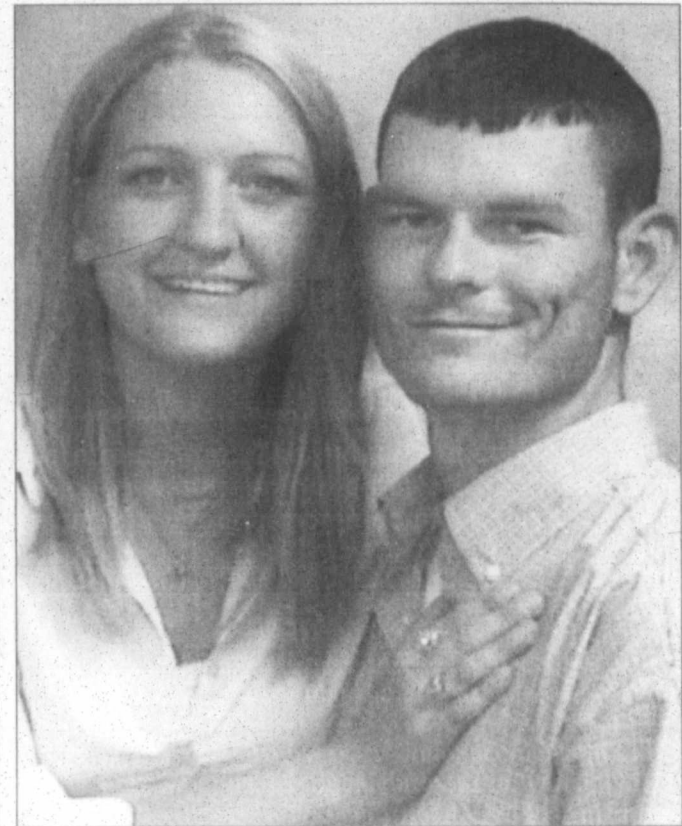
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 Package includes:
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 • Breakfast for Two
 • \$50 Market Street™ gift card
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*Based on availability, weekends from June 2 - August 20, 2005. A Friday to Saturday night stay is required. Tax is additional. Offer does not apply to groups of 10 or more rooms. Advance reservations required. Rates & package offer are per room, per night. Dining credit and breakfast must be used during stay and cannot be redeemed for cash value.



Locke/Hornsby

Heather Proffitt Locke and Joel Hornsby plan to wed Aug. 11 at Priest Park Church of God in Pampa. The bride-to-be is the daughter of the late Nancy Proffitt. She is a licensed vocational nurse currently employed with Nurses by Prescription. The groom-to-be is the son of Diane Hornsby of Pampa and Cliff Hornsby of Spearman. He graduated from Pampa High School and is employed at Domino's.



Locke/Evans

Amanda Deanne Locke of Amarillo and Tommy Glenn Evans of Hereford plan to wed Aug. 6 at E.B Black House in Hereford. The bride-to-be is the daughter of Teresa Locke of Pampa and Kelly Locke of Amarillo. She graduated from Pampa High School and is employed by Merry Maids in Amarillo. The future groom is the son of Wayne and Bobbie Walker of Hereford and Gary Evans of Dimmitt. He graduated from Hereford High School and is currently serving in the U.S. Army. He is stationed at El Paso.

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*Consumer surveys in Cable ONE markets conducted by Significance, Inc. for 4th Quarter of 2004. Source: 3rd Quarter 2005 reports from DirecTV and DISH.

Turn you home into healthy haven

(NAPSA) — If your house looks, smells and feels like nothing has changed in more than three decades, now may be the time to create a healthier and more comfortable living space.

Lennox, a leading provider of integrated home comfort systems is giving homeowners across North America a chance to turn their headache of a home into a healthier haven by entering the second annual "Lennox Home Comfort Makeover Contest."

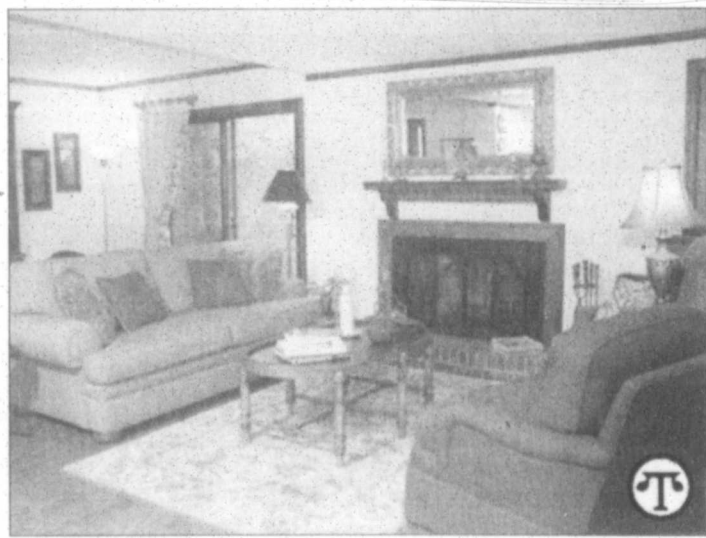
As part of the contest, the company is teaming up with environmental interior design expert Victoria Schomer to search for the most uncomfortable home in North America.

Once the grand-prize winner is selected, Schomer and a team of home comfort specialists will implement an eco-friendly home comfort and interior design makeover valued at up to \$60,000.

Homeowners can enter the contest by visiting www.lennox.com before Aug. 31, 2005.

According to Schomer, going from drab to fab isn't

See HOME, Page 12-B



Before and After: This home's uncomfortable living space was transformed into a healthier haven as part of a national home comfort makeover contest.

Policy

Continued from Page 2-B

addressed, stamped envelope. They may be picked up in the office after appearing in the paper.

2. All information must be submitted by 5 p.m. Wednesday (12 noon Tuesday before a holiday such as Thanksgiving or Christmas), prior to Sunday insertion.

3. Engagement, wedding and anniversary news only will be printed on Sunday.

4. Engagement announcements will be published if the announcement is submitted at least one month before the wedding, but not more than three months before the wedding.

5. Bridal photos and information will not be accepted in The Pampa News office later than one month past the date of the wedding.

6. Anniversary announcements will be published for celebrations only of 25 years or more and will not be published more than four weeks after the anniversary date.

7. Birth announcements will only be published for 0- to 3-month-olds. (See form for more details.)

8. Forms are available from the office 8 a.m. to 5 p.m., Monday thru Friday, or by sending a SASE to The Pampa News, P.O. Box 2198, Pampa, TX 79066-2198.

9. Two anniversary pictures may be placed for a \$25 charge or four extra lines may be added to announcements for \$25 (\$50 for both).

Meth: What you need to know to stay safe

(NAPSA) — While smoking or injecting methamphetamine may produce an intense sensation, that's described as a momentary "rush" or a "flash," users may quickly become addicted, using the drug with increasing frequency and in increasing doses.

Methamphetamine is an addictive stimulant that strongly activates certain systems in the brain. It's chemically related to amphetamine but the Central Nervous System (CNS) effects are greater. Both drugs have some limited therapeutic uses, but methamphetamine, which is made in illegal laboratories, has a high potential for abuse and addiction.

Street methamphetamine is referred to by many names, such as "speed," "meth," and "chalk." Methamphetamine hydrochloride, clear chunky crystals resembling ice, which can be inhaled by smoking, is referred to as "ice," "crystal," "glass" and "tina."

According to a recent National Survey on Drug Use and Health, 12.4 million Americans age 12 and older had tried methamphetamine at least once in their lifetimes.

The way the drug works is that methamphetamine releases high levels of the neurotransmitter dopamine, which stimulates brain cells, enhancing mood and body movement. It also appears to have a neurotoxic effect, damaging brain cells that contain dopamine

and serotonin, another neurotransmitter that controls moods.

Over time, methamphetamine appears to cause reduced levels of dopamine.

Street methamphetamine is referred to by many names, such as "speed," "meth," and "chalk." Methamphetamine hydrochloride, clear chunky crystals resembling ice, which can be inhaled by smoking, is referred to as "ice," "crystal," "glass" and "tina."

Animal research going back more than 20 years shows that high doses of methamphetamine damage neuron cell endings. Dopamine- and serotonin-containing neurons do not die after methamphetamine use, but their nerve endings are cut back and regrowth appears to be limited.

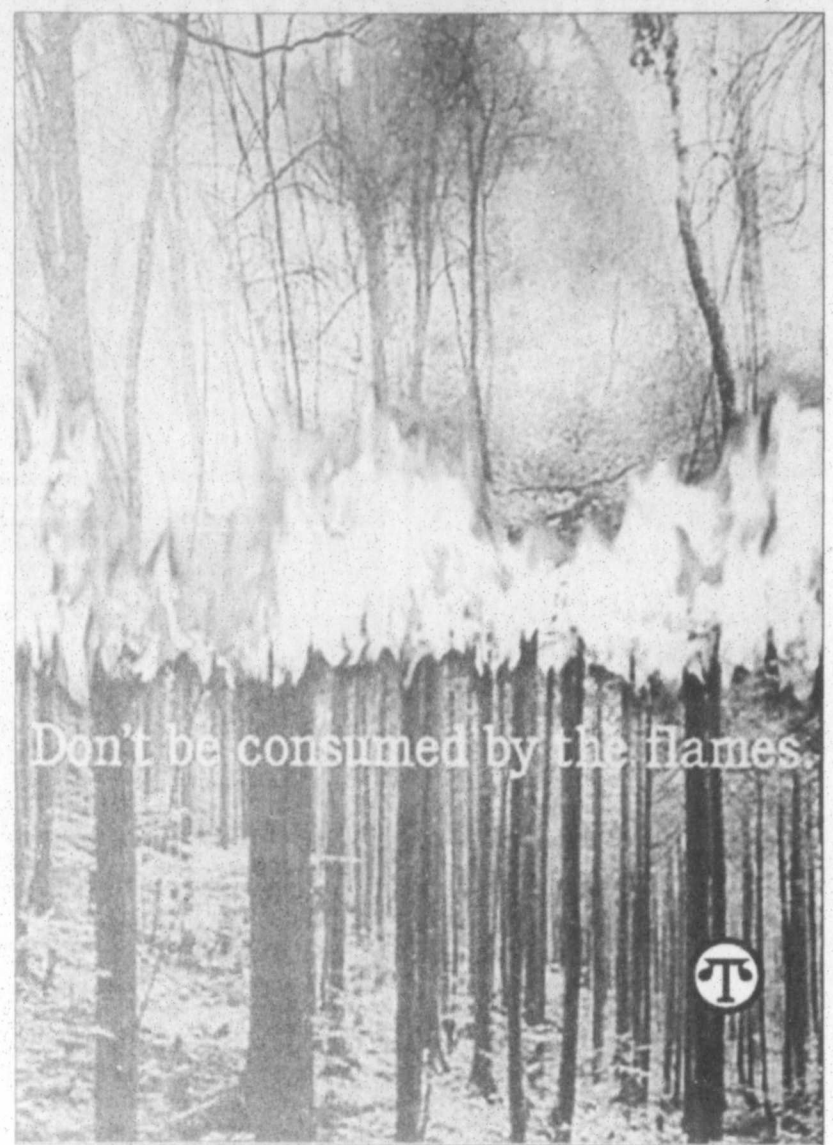
As a result, taking even small amounts of methamphetamine results in increased wakefulness,

increased physical activity, decreased appetite, increased respiration, hyperthermia and euphoria. Other CNS effects include irritability, insomnia, confusion, tremors, convulsions, anxiety, paranoia and aggressiveness. Hyperthermia and convulsions can result in death.

Using this drug causes increased heart rate and blood pressure and can cause irreversible damage to blood vessels in the brain, producing strokes. Other effects include respiratory problems, irregular heartbeat and extreme anorexia. Use can result in cardiovascular collapse and death.

Methamphetamine can be taken orally, snorted, injected or smoked. Like other drugs of abuse, methamphetamine produces a sense of euphoria—a high but not a rush. In addition to its effects on the brain, methamphetamine is linked to risky sexual behaviors and users put themselves and their partners at risk for the transmission of HIV/AIDS, hepatitis C, and other sexually transmitted diseases (STDs).

For more information, visit www.drugabuse.gov, a Web site created by the National Institute on Drug Abuse, a component of the National Institutes of Health, U.S. Department of Health and Human Services.



Using methamphetamine can cause irreversible damage to blood vessels in the brain.

For brides, cold sore something unwelcome

(NAPSA) — For years, you have dreamed of your wedding day. You have imagined yourself in the dress, looking your absolute best, walking down the aisle surrounded by adoring friends and family. It is the culmination of months of intense preparation and eager anticipation, but what happens when the big day arrives, a cold sore erupts and, suddenly, the picture of perfection has developed a major imperfection?

Ironically, the days and weeks leading to a wedding expose the bride to a number of common cold sore triggers. They include the stress and fatigue associated with wedding planning, as well as the ultraviolet (UV) rays found in sunlight and tanning beds. Any of these external factors can trigger an untimely and unsightly outbreak. Then what?

Celebrity makeup artist Carmindy, who also serves as beauty expert on TLC's "What Not to Wear," says brides can help avoid this unfortunate fate by educating themselves about cold sore triggers, paying close attention to the warning signs of an outbreak and preparing themselves to act immediately when one occurs.

"Cold sores can make sufferers feel embarrassed and self-conscious any time they occur, but even more so during a wedding or other momentous occasion," says Carmindy. "Treating a cold sore at the first sign of an outbreak — the telltale tingling stage — is crucial to keeping the severity and duration to a minimum. That's why carrying a cold sore medicine, like Abreva(r), is an absolute must for brides who are prone to outbreaks."

To help treat cold sores and hide them as they heal, Carmindy offers brides the following tips:

Don't overdo it in the sun. Limit exposure to UV light from the sun and tanning beds — it is one of the most common cold sore triggers.

Keep it with you. Be prepared to begin treatment at the first sign of an outbreak by carrying Abreva, the only non-prescription cold sore medicine approved by the Food and Drug Administration (FDA) to shorten healing time and the duration of symptoms.

Know the difference. Some over-the-counter medications claim to moisturize lips or relieve symptoms, but only Abreva has 10 percent Docosanol, a medicine that, when applied to a cold sore, helps prevent the cold sore virus from spreading by making it harder for the virus to enter healthy skin cells.

Share joy, not cold sores. Remember cold sores are contagious, so be sure to apply makeup with a cotton swab or disposable sponge to avoid spreading the infection. Mom was right: wash 'em! Wash hands before and after applying medication or touching a cold sore.

Your secret weapon. Apply Abreva five times a day — prior to applying and reapplying makeup. It dries clear, so cosmetics can be applied right over it.

Hide the sore, not your smile. After you have applied



Ready to face her wedding day, today's bride can reduce her chances of a cold sore complicating the occasion.

Abreva, to conceal the lesion, dip a small-tipped cotton swab or sponge into a mixture of foundation and oil-free concealer. Dab onto the affected area and gently blend to cover the spot. Then, lightly dust with loose powder to set.

Stay natural. Outline lips with a liner in the same shade as the natural lip color and then apply a versatile, bright lipstick followed by a dab of gloss in the center of the lower lip. A little color contrasted with a slight sheen will help conceal the sore, allowing the lips' natural beauty to stand out.

Mom was right about this, too. Avoid picking at the cold sore—it will only damage the skin surrounding the cold sore and prolong the healing cycle.

Women crews build homes, dreams

(NUC) — With hammers in hand, women across the country are coming together with families in need to build homes and better futures.

Habitat for Humanity International's Women Build program, sponsored by Lowe's, a home improvement retailer, is working to make homeownership a reality.

The organization trains women volunteers and the future owners of Habitat homes to construct and maintain simple, decent and affordable homes.

"We have seen so many positive changes through the Women Build program, not only in the lives of the new homeowners, but in the lives of the volunteers," said Fiona Eastwood, director of Women Build. "Women from all walks of life are picking up tools, determined to build a better future for our nation's children and leave a legacy of volunteerism."

Women Build is not about excluding men, however. It's about including women who have a willingness to learn new things and meet new people.

According to Eastwood, women are



Women Build is not about excluding men, however. It's about including women who have a willingness to learn new things and meet new people.

help children and families in need as a motive for volunteering. Another reason they often cited was the desire to improve their communities and neighborhoods.

Habitat houses are sold at no profit to partner families and are financed with no-interest mortgages that are issued for 15 to 30 years.

House payments go into the "Fund for Humanity" to be used to build more Habitat for Humanity homes. With Lowe's as the national underwriter for the Women Build program, more than 150 homes — an increase of 50 percent over last year — will be built this year by women crews.

"We're proud to partner with Habitat in supporting women who help families move out of substandard housing into their own home, where they can enjoy the dignity that every family deserves," said Larry Stone, chairman of the Lowe's, Cardinal and Educational Foundation.

To get involved in a Women Build project in your community, visit www.lowes.com/habitat for more information.

BY JACQUELINE BIGAR

HAPPY BIRTHDAY for Monday, July 18, 2005:

You have a real way with words. Add that skill to your personable style, and how can you lose? You will find that your life changes dramatically this year. As the months go by, you see many more options appear in your life. You add to your home in the next few months, making it more comfortable than ever. Be conscious of the costs when adding to your immediate environment. Money could become an issue. By the cold months, you will want to smuggle in. Many of you will work from home, if possible. If you are single, romance will knock on your door in the second half of this year. If you are attached, your relationship will improve if you make decisions as a team. **SAGITTARIUS** always revs you up.

The Stars Show the Kind of Day You'll Have: 5-Dynamic; 4-Positive; 3-Average; 2-So-so; 1-Difficult

ARIES (March 21-April 19) ★★★★★ Reach out for others at a distance, but don't forget those in your immediate environment. Nurture your friendships; your friends need your words and appreciation. Creativity with a touch of imagination adds to your style. Investigate and seek out new ideas. Tonight: Find someone who helps you think differently.

TAURUS (April 20-May 20) ★★★★★ Discussions are lively, but play it smart in your talks. Agree with others, but still make a different suggestion. Ease others into your thinking by allowing them to think they came up with this new concept. This takes skill you have it. Tonight: Close encounters. **GEMINI** (May 21-June 20)

★★★★ Others are in-charge, as you can tell. You have the energy and enthusiasm to encourage others to take risks. Perhaps they will tumble in the direction you would like. Do not underestimate your appeal or intellect. Tonight: Pretend to play follow-the-leader.

CANCER (June 21-July 22) ★★★ Dig right into a project, and gracefully accept another's support and ideas. Financial discussions are important. Review different ideas, but understand that a commitment is unnecessary. You are just brainstorming. Tonight: Ease up. You don't have to do everything.

LEO (July 23-Aug. 22) ★★★★★ Your innovative sense of humor and dashing personality allow others to respond, or, rather, prevent others from saying no to you. Do you know what a lucky Lion you are? Use your innate gifts. Tonight: Use your imagination.

VIRGO (Aug. 23-Sept. 22) ★★★★★ Deal with your basic security and domestic needs. You might be weighing the pros and cons of an investment or establishing a home office. You have many ideas that need to be tested. Tonight: Go to it — check out a real estate investment or a new item for your home.

LIBRA (Sept. 23-Oct. 22) ★★★★★ How you say something — both the words you use and your tone — can make all the difference in its reception. Your humor and wit cause others to move to your corner. Make friends and add allies to your immediate world. Tonight: Hang out.

SCORPIO (Oct. 23-Nov. 21) ★★★★★ Use your financial savvy. Ask questions of someone you respect. You finally get answers through brainstorming and accepting that others have solu-

tions too. Give up being stubborn. Tonight: Dinner out.

SAGITTARIUS (Nov. 22-Dec. 21) ★★★★★ You have your ways, fortunately, right now others are more accepting. You have a way of looking at situations that opens doors. Others find you to be a "lifesaver" of sorts. You always have solutions. Tonight: Happy as a clam.

CAPRICORN (Dec. 22-Jan. 19) ★★★ Know when to step back and listen. Sometimes you pull way too much weight. Work on a one-on-one level with others. Don't share key information just yet. You might want to let things play out. Tonight: Get extra rest while you can.

AQUARIUS (Jan. 20-Feb. 18) ★★★★★ You know what to do in order to zero in on what you must. Listen to your sixth sense about a friend or an offer. Even if you nix this situation, the person has good intentions. Look to the long-term if possible. Tonight: Friends and fun march together.

PISCES (Feb. 19-March 20) ★★★ Take charge, knowing what you need to do in order to make situations work. If you feel like you need to make a major change, discuss it with those in your daily life. The ramifications might affect others. Tonight: Work late.

BORN TODAY Actor Vin Diesel (1967), astronaut John Glenn Jr. (1921), singer Martha Reeves (1941).

Jacqueline Bigar is on the Internet at <http://www.jacquelinebigar.com>.



Edmondson/Brunson

Angie Marie Edmondson and Timothy Michael Brunson, both of Pampa, plan to wed Saturday, Sept. 17, at Trinity Fellowship Church in Pampa. The bride-elect is the daughter of Dennis and Jan Edmondson of Pampa. She graduated from Pampa High School and completed the office technology course at Clarendon College-Pampa Center. She is presently employed with Tralee Crisis Center. The future groom is the son of Michael and Joan Brunson of Hisperia, Calif. He graduated from Westminster High School at Westminster, Calif., and holds a 2004 certificate in ministry studies from Bear Valley Bible Institute of Denver, Colo. He currently serves in the U.S. Air Force Reserves with Security Forces and is employed with Reliant Transportation/FloCo2.



Scoggin/Dudley

Angela Scoggin and Matthew Patrick Dudley plan to wed July 22 in New Life Assembly of God Church in Pampa. The bride-to-be is the daughter of Paul and Norma Sloan of Woodville. She is currently employed at Wal-Mart. The future groom is the son of Daniel and Ladeana Dudley of Pampa. He is currently employed with Texas Department of Criminal Justice.

Home

Continued from Page 8-B

as easy as swapping out the old recliner. She says home comfort is just as much about what you can't see as what you can see.

"While peeling wallpaper and outdated furniture can contribute to domestic discomfort, there are many other invisible conditions, such as musty odors and poor air quality, which can have a significant impact on one's overall sense of well-being," said Schomer. "It's important for homeowners to look at home comfort from the inside out by making sure the types of furniture, paint and carpet they use in their homes are environmentally friendly and won't contribute to poor indoor air quality."

Schomer also offers the following tips for creating a healthier, more comfortable home:

Add Some Color. Changing wall color is one of the easiest ways to make an impact on a room. Schomer recommends using paints with few or no volatile organic compounds to help reduce potentially harmful gases, especially in rooms frequented by children or the elderly. If you decide to use wall coverings, look for wallpaper material that is permeable. Avoid vinyl wall coverings.

Watch Where You Walk. Since carpet collects dust, people with allergies may want to install tile or wood floors. If you do purchase new wall-to-wall carpeting, be sure the installer airs out the carpet rolls for at least 24 hours before installation to decrease the amount of potentially toxic vapors that some new carpets can emit. You may also want to leave your windows open for a day or two after the carpeting is installed.

Keep It Simple. Keep window treatments simple and appropriate for the room. In addition, consider installing window coverings to help prevent hot and cold spots inside the home and provide better insulation in the winter and summer months. Certain manufacturers even offer coverings with film that can reduce UV ray exposure.

Tackle The Toxins. Pollutants inside the home, such as pet dander, smoke, mold and dust, can affect your health, comfort and safety. To identify potential issues, Schomer recommends having the air inside your home tested. For example, the Lennox Healthy Advantage Program is a simple, cost-effective air-quality monitoring service that measures the most common indoor air-quality factors — temperature, humidity, carbon monoxide, odors, chemical vapors and airborne particles — and helps homeowners identify solutions for clearing the air.

For more information about how to improve home comfort and to enter the contest, visit www.lennox.com.

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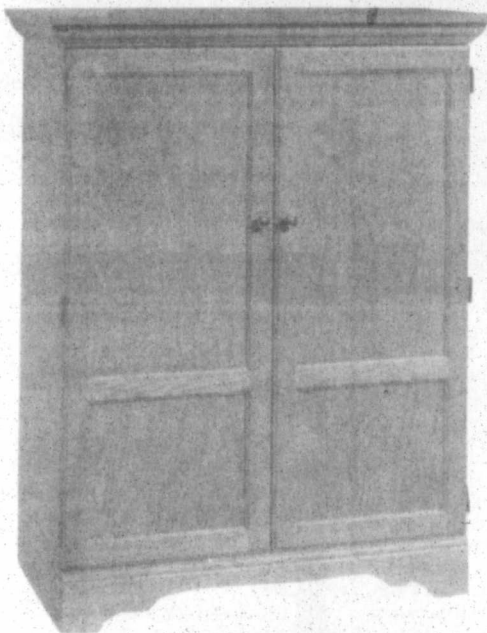
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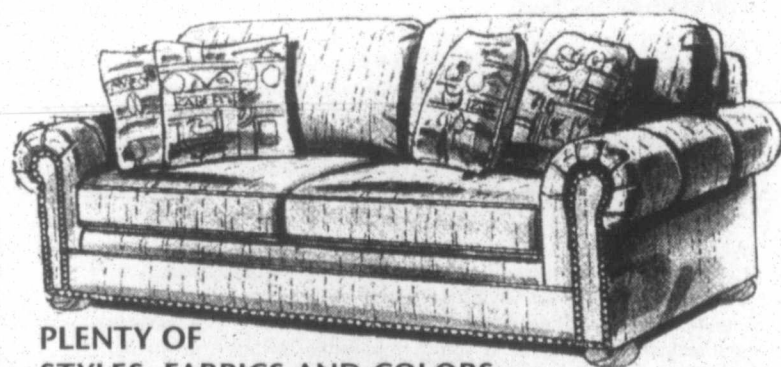
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