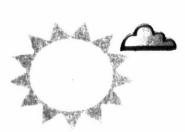
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Deaths

Porfirio Moreno, Sr., **78**, former longtime Pampa resident.

Lloyd Simpson, 86, former city commissioner.

Local library to offer Halloween Craft Day

Memorial Lovett Library will conduct a children's Halloween Craft Day with Children's Librarian Brookshire between 10 a.m. and 11:30 a.m. Saturday, Oct. 23 at its location in Pampa.

Some of the projects Brookshire will be showing the children how to make are treat bags and "creepy coasters."

Materials for the program, free to children of all ages, will be provided. For more information

or to sign-up, call the library at 669-5780.

OHV area off limits during youth hunt

OHV riding area and all public use within the area will be closed at Lake McClellan between Oct. 30 and 31 and Dec. 11 and

Other areas within the recreation area remain open for camping and picnicking.

The closures are being instituted on these weekends to accommodate a youth only deer hunt at the OHV area. This yearly event, which begins at 10 a.m. all four days, is a draw type hunt offered through Texas Parks and Wildlife.

Applications are due each year in mid-September.

Spaces for hunters who do not attend will be filled by interested hunters who show up at the designated time of each hunt.

The no-show tags will be drawn out of a hat to determine who out of the non-registered hunters will be allowed to partici-

To find out more about the OHV closure or the youth deer hunt, contact USDA Forest Service at (580) 479-2143.

Let the voting begin

Voters can cast early ballots starting Monday in Nov. 2 general election

Sample ballots for Grav County Precincts 1-4 will be printed in Monday's edition.

By MARILYN POWERS Staff Writer

Early voting in the Nov. 2 general elections begins Monday and continues through Oct. 29, according to Susan Winborne, Gray County Clerk.

All Gray County residents who are registered to vote may cast their ballots between 8:30 a.m. and 5 p.m. weekdays during the next two weeks. The only early voting location is in the nonjury courtroom on the first floor of Gray County Courthouse, she said.

Persons wishing to vote should bring either their voter registration cards or driver's licenses, Winborne

Paper ballots will once again be used, Winborne Vote Act will not be pur- the new law, she said. chased until later in the coun-



Pampa News photo by MARILYN POWERS

Larry Andrus, left, and Sharon Virden, maintenance workers at Gray County Courthouse, assemble a voting booth in the non-jury courtroom on the first floor. All Gray County voters wishing to vote early may cast their ballots in the non-jury courtroom between 8:30 a.m. and 5 p.m. weekdays, Oct. 18 - 29.

ty's 2004-2005 budget year, in the election include district precincts.

said. New voting machines she said. Deadline for all the attorney, county attorney, mandated by the federal gov- new machines to be in place sheriff, county tax assessor- offices are Republicans, and ernment's Help Americans is Jan. 1, 2006, according to collector, county commis- all are unopposed in their Local offices to be decided and constables for all four is an incumbent.

All candidates for the local sioners for Precincts 1 and 3, races. All but one candidate is running unopposed for re-

Local candidates to be

chosen by all Gray County voters are Rick Roach, 31st District attorney; Joshua M. Seabourn, county attorney; Don Copeland, sheriff; and Gaye Whitehead, county tax assessor-collector. All four are incumbents.

Precinct 1 candidates are Joe H. Wheeley, commissioner, and James H. Lewis, constable, both incumbents.

Lewis is also constable for Precinct 3, and is on that ballot as incumbent, along with incumbent Gerald Wright for the commissioner's post.

Chris Lockridge is the only candidate for Precinct 2 Constable, and he is an incumbent.

Don Fletcher of Pampa is the only new name in any of the local races. Fletcher won a primary run-off election in March to earn his place on the ballot for Precinct 4 Constable.

In district and statewide elections, Jim Campbell, a Republican (R), is unopposed for Justice of the 7th Court of Appeals, Place 4. Warren Chisum (R) of Pampa election as state representa-

See **VOTING**, Page 2

Rally lifts up after-school kid program

On Thursday, Oct. 14, Pampa children, parents, business and community members joined a "Lights On Afterschool!" rally - one of 6,000 such events across the nation emphasizing the importance of keeping afterschool programs lights on and doors open.

Those attending the CREATE a Beat! Lights On Afterschool! event saw participants perform, viewed examples of art, computer art and craft projects, and were entertained by the storyspinning of Loralee

Julie Long, executive director of CREATE a Beat!, explained to those attending the benefit the importance of afterschool programs.

Nationwide events marked the fifth annual Lights On Afterschool!, a project of the Afterschool Alliance. National Presenting Sponsor is the Charles Stewart Mott Foundation. California Governor Arnold Schwarzenegger is national chair of Lights On Afterschool! The JCPenney Afterschool Fund is a National Sponsor of the event and additional support is provided by the David and Lucile Packard Foundation and the Open Society Institute.

See BEAT, Page 5



Several of the Create-a-Beat kids show their parents they are learning to play a new musical instrument called a recorder. Above: (upper left) Pamela Whinery, Zachary Sandefur, Jace Jenkins, Dhruv Ramesu; (lower left) Wade Ragan, Matthew Winton and Micah Wilson.

Poll: National security dominating voters' attention

of 2003 in

the after-

math of the

invasion of

additional

18 percent

named ter-

Iraq.

rorism.

An

'I think we should

as we can. We

get out as quick

never, never

should've got in.'

The transfer of the second of

— Art Van

By WILL LESTER **Associated Press Writer**

WASHINGTON (AP) — National security issues such nation, as the war in Iraq and terrorism are dominating voters' attention in the final weeks before Election Day, e a r l y Associated Press polling October

Along with security issues percent who like war and terrorism, the n a m e d economy and health care national were near the top of the list of the nation's most important problems in an AP-lpsos

National security issues ended question to identify

problems facing the according to poll taken up from 43

important

Moorelehem Retired farmer April poll. When asked in an open-

Economic problems including the overall econowere picked by 55 percent of the most important problems my and unemployment

Americans as the most facing the United States, 27 were named by four in 10, far behind national security percent mentioned issues. Two in 10 specificalwar. That ly mentioned the economy, and 13 percent said unemnumber has tripled since ployment. About one-fourth of those the summer

questioned mentioned other domestic issues, especially health care, according to the poll conducted for the AP by Ipsos-Public Affairs.

WAR IN IRAQ

Concerns about war have grown steadily since July 2003, tripling since the aftermath of the Iraq invasion. Violence by a strengthening insurgency has been increas-

Strong supporters of Democrat John Kerry were far more likely than strong supporters of President Bush to name 'wars" as a top problem, according to the AP-Ipsos poll. Those who see the Iraq war as a top issue are slightly more inclined to support Kerry, other polls suggest.

"I think we should get out as quick as we can. We never, never should've got in," said Art Moorelehem, a retired farmer from Arlington, S.D.

Still Bush gets more saying they trust him to handle TIME TO WINTERIZE

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GREEN COOLANT

RED COOLANT

Continued from Page 1

tive of the 88th District. Robert Duncan (R) is unopposed in his bid for reelection as state senator of District 28. Mac Thornberry (R) is up against M.J. (Smitty) Smith of the Libertarian Party (Lib.) for his seat as United States Representative for District

Other state offices and their candidates are Railroad Commissioner, Victor G.

Carrillo (R);Bob Scarborough, Democrat (D); and Anthony Garcia (Lib.); and several judicial offices.

Unopposed judicial candidates are Harriet O'Neill (R) for the office of justice, Supreme Court, Place 3; and Paul Green (R), justice, Supreme Court, Place 5.

Place 9 of the Supreme Court is a race between Scott Brister (R) and David Van

Three races are on the ballots for the Court of Criminal Appeals. Place 2 candidates are Lawrence "Larry" Myers (R) and Quanah Parker (Lib.). Place

5 is between Cheryl Johnson (R) and Tom Oxford (Lib.). Place 6 pits Michael E. Keasler (R) against J.R. Molina (D).

Voters will also elect the next President of the United States from among three choices. President George W. Bush and Vice President Dick Cheney are the Republican candidates. John F. Kerry and his running mate John Edwards are the Democratic candidates, and Michael Badnarik is representing the Libertarian party, with his vice presidential running mate Richard V Campagna. There is also a write-in space, as well as the option of voting a straight Republican, Democratic or Libertarian ticket.

Gray County Weather

Today: Mostly sunny, with a high around 82. West southwest wind between 15 and 20 mph.

Tonight: Mostly clear, with a low near 50. Windy, with a west wind between 20 and 25 mph, with gusts as high as 35 mph.

Monday: Mostly sunny, with a high around 77. Windy, with a west wind between 15 and 25 mph.

Monday Night: Partly cloudy, with a low around 48. West wind between 15 and 20 mph.

Tuesday: Mostly sunny, with a high near 79. West southwest wind around 20 mph.

Tuesday Night: Partly 4 cloudy, with a low around

Obituaries

Porfirio Moreno, Sr., 78

Porfirio Moreno, Sr., was born April 11, 1926, in San Diego, Texas, and passed away Oct. 4, 2004, in Bellingham, Wash.

Porfirio "Pilo" moved to Bellingham from Pampa, Texas, along with his wife one year ago. They lived in Pampa 30 years.

He is survived by wife Moreno Candida; sons, Porfirio Helen McGavin, Graciela Torres and



Moreno, Sr.; and daughters, Elma Luevano,

Christine Fernandez; and many grandchildren and great-grandchildren.

He was preceded in death by daughters, Eva Romero and Ernestina Mata; and grandson, Anthony Luevano, Jr.

Pilo loved to travel and took many trips to visit his children and grandchildren that lived in Washington state, New Mexico, Colorado and Waco, Texas.

He was full of life and enjoyed being around his grandkids. He loved them very much and will be missed by all.

Pilo was a member of Catholic Moreno, Jr., Lawrence Moreno, Sr., Ernest Assumption Church. Services were Saturday, Oct. 9, 2004, at 4 p.m. at Assumption Church in Bellingham, Wash.

Lloyd Simpson, 86

Lloyd Simpson, 86, of Pampa, Texas, died Simpson and Cecil Simpson. Friday, Oct. 15, 2004, at Pampa.

Memorial Mass will be Monday, Oct. 18, 2004, at 10 a.m. in St. Vincent de Paul Catholic Church:

The body will not be available for viewing.

Mr. Simpson was born June 27, 1918, in Wellington, Texas, and was reared in McLean, Texas.

He was the first-born of nine children, including a twin brother. Lloyd was in the U.S. Army from 1936 until 1939, and during World War II from 1941 until 1945.

He served with the 2nd Infantry Division in Europe, receiving the Bronze Star and Purple Heart.

While on leave in 1943, he married Rita Mary Hartmann from Fredericksburg, Texas,

on Aug. 7, 1943. The couple lived in Hobbs, N.M., after the war and then moved to Pampa in 1951. He owned and operated Utility Oil Company

until his retirement in 1992. He served as City Commissioner from 1962-1963.

He was an active member of St. Vincent de Paul Catholic Church and the Knights of Columbus.

He enjoyed spending time with his family and watching football.

He was preceded in death by his beloved wife Rita, who was called home to our Lord in 1992; and two brothers, C.B. "Bill"

Survivors include one son, Jerry Simpson



Simpson

of Lefors; two daughters, Connie Simpson-Largin of Pampa and Paula Simpson Sherman Oaks, Calif.; two sisters, Ruth Howard of San Angelo and Jeanette Kennedy of Pampa; five brothers, his twin, Floyd Simpson of Wichita Falls, Frank Simpson and W.C.

Simpson, both of McLean, Edward Simpson of Purcell, Okla., and Kenneth Simpson of Hobbs, N.M.; and four grandchildren, Heather Simpson, Heidi Klein, Kristen Largin-Weinheimer and Mark Largin.

They have been blessed with two greatgrandchildren, Drew Weinheimer and Jack Weinheimer.

The family requests memorials be to St. Vincent de Paul Catholic Church Endowment Fund, 810 W. 23rd, Pampa, TX 79065; to the American Heart Association, 6605 I-40 West, Amarillo, TX 79106; or to the American Diabetes Association, P.O. Box 2680, N. Canton, Ohio 44720.

-Sign the on-line register book at www.carmichael-whatley.com.

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Jennie Hon, CPA

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AMY DAVIS is now at Song's Salon. Call for an Appointment, 665-4343.

Cindy Garth, CPA

BARGAINS GALORE. 109 N. Cuyler. Missing people? Come in support Team Amber Alert of Pampa. T-shirts, candles, DVD & VHS-

Thanks

BUSINESSES GIVING Halloween Candy on Sat. Oct. 30th, let the Pampa News know. We'll put you on the list for free! Deadline Tues. Oct. 26th, 5 p.m. List will be in the Pampa News, Fri. Oct. 29th! Call 669-2525.

CABOT & NOI Employees Day, Thurs., Oct. 21, 2004 at vaccine, which will be given are invited to come by and based on CDC guidelines. enjoy refreshments from 9-5 p.m. Sausage wraps will be served from 11 a.m.-2 p.m. register for door prizes!!!

CHILDREN'S HALLOW-**EEN** Craft Day at the Lovett a.m. 669-5780 for more info.

CLOTHING ROOM Mary Ellen & Harvester Church of W. Foster, Sun. 11-2., baked Christ (bldg. across the street, ham, enchiladas, chicken spasouth of Pampa High School) Tues., Oct. 19th, 9-1 p.m. 665-2373, lv. msg.

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FAMILY MEDICINE Center deeply regrets that we will not be able to have a Flu 665-2771. New clients wel-Vaccine Clinic this year. We Credit Union-Credit Union only have limited number of 320 W. Francis. Our members to our at-most risk patients,

FROM LUXURY to Econoand 4-5:30 p.m. Remember to my, cruise & tour, call Complete Travel, 669-6110.

HELP! BUILDING a lawn \$4 for children 12 yrs. & un-Library on Sat., Oct. 23, 10 mower racer. Need riding der, and avail. from PHS mowers for parts. 665-4280.

KAREN'S KITCHEN, 716 ghetti. All You Can Eat \$7.50.

LEEANN'S GROOMING, 669-9660.

MASSAGE THERAPY Oct. special, Purchase a 1 hr massage including hot stones feet paraffin treatment. Call Holly Couts @ Cathy Potter's Massage Therapy, 1224 N. Hobart Ste. #9 669-0013. Gift bile home w/lot, 2 br., 2 ba. Certificates available.

MONA'S GROOMING come. Halloween bandanas.

MORE SALE items added daily. Drastic Reduction at Carousel Expressions.

PHS CHOIR Boosters Annual Fiesta Supper, Fri., Oct. 22, in PHS Cafeteria, 5-7:30 p.m. Tickets \$6 for adults and choir students or at the door.

LONESTAR CHIMNEY Sweep, for appts. 669-1562.

PIANO TUNING and Repair Service. Reflections Studio, 806-669-9887.

PLEASE CALL if you purchased an antique cedar chest from Trash & Treasure over the past 2-3 months! It belonged to my late mother-inand receive a free hand and law, I'll pay double what you paid. Sue, 669-0409.

> RENT OR Sale 14x58 mo-\$300 + dep., \$9000 w/ good down payment. 663-9648.

RIP'S BARBER Shop, 1224 N. Hobart, NBC Plaza Rm#1. 665-5515, Tues-Fri, 8:30-5:30.

UNITED PHARMACY is offering a limited supply of Flu-Mist & pneumonia immunizations for healthy individuals ages 14-49 yrs. Tues. Oct. 19th, 10 a.m.-1 p.m. We do not have any flu shots.

WE DO Almost Anything. Mowing, Haul Off, Ect. Honev Doo's. 1-806-231-9017.

Emergency Services

Pampa PD

Pampa Police Department on Saturday reported the following arrests, according to Gray County Sheriff's Office jail records.

Friday, Oct. 15

Jeramie White, 28, of Lefors, was arrested for fraud-insufficient funds check and for possession of marijuana under 2-ounces.

Lauren Austin Timmons, 21, of Wheeler, was arrested for assault causing bodily injury.

David Andrew Doke, 34, 1124 N. Russell, was arrested for failure to identify.

Sheriff

Gray County Sheriff's Office on Saturday reported the following arrests.

Wednesday, Oct. 13 Kevin Ray Kirkham, 36, of Fritch, was arrested for aggravated assault causing bodily injury. Friday, Oct. 15

Richard Robles, 34, 408 W. Harvester, was arrested for possession of drug paraphernalia, for speeding and for failure to appear.

Fire

Pampa Fire Department reported the following calls during the 24-hour period ending at 7 a.m. Saturday.

Friday, Oct. 15, 8:37 a.m. – One unit and three firefighters responded to the 200 block of Canadian on a call for med-

ical assistance. 8:48 a.m. Three units and seven firefighters presented a fire prevention program at Woodrow Wilson Elementary School, 801 E. Browning.

6:41 p.m. - One unit and two firefighters responded to a minor motor vehicle accident at 21st and Banks streets.

Waste hauler fined for violations

SANTA FE (AP) — The tion of analytical knowl-Environment Department has issued a compliance order against El Paso Disposal Inc. for 41 violations of state solid waste laws.

The violations carry a total civil penalty of \$82,000.

A comprehensive inspection of the Camino Real Landfill in Sunland Park in early August revealed the violations, according to the Environment state Department.

The violations included the unauthorized transportation of special waste, attempted disposal of unauthorized special waste, failure to provide documentaedge of special waste, and improper transportation of asbestos waste.

Most of it was medical waste from Texas hospitals, which El Paso Disposal Inc., is not registered to haul and Camino Real isn't permitted to receive, the department said.

"This action should send a strong message that we will not allow Sunland Park to become a dumping ground for illegal Texas waste," said Environment Secretary Ron Curry. "This médical waste can pose grave health hazards, especially to waste haulers and landfill workers.'

Texas

AUSTIN — T production forecas cotton and corn from the previou according to t **Agricultural Statist**

The 2004 Tex cotton crop is e total 7.3 million b percent from 2003 cent above last mo cast. Yield is ex average 637 poun

PFAA b



Pampa native : mans the cour **Brown Auditor**

WTA&

CANYON will be the only ing when West T University stages Jeopardy to National Collegia Awareness Week

on campus. WTAMU's Collegiate Awareness Wee sored by PUL Understanding, Speaking, Educat education group help students ma choices in their lives.

Activities ar throughout the w cate the WTAN body about the aspects of alcol



COLD

WATE

Texas October crop production forcast shows cotton, corn up

AUSTIN — The October compared with 478 pounds production forecast for Texas cotton and corn increased from the previous forecast according to the Texas Agricultural Statistics Service.

The 2004 Texas Upland cotton crop is expected to total 7.3 million bales, up 69 percent from 2003 and 4 percent above last month's forecast. Yield is expected to average 637 pounds per acre

PFAA booth

last year. Acres expected for harvest, at 5.5 million were unchanged from the previous month.

Corn production is forecast at 212.8 million bushels, up 9 percent from last year's production, and up 2 percent from last month. Based on Oct. 1 conditions, statewide yield is expected to average 133 bushels per acre, 15

bushels more than in 2003 and up 3 bushels from last month's forecast. Planted and harvested acreage was 1.8 million and 1.6 million

acres, respectively. Texas peanut production is down 4 percent from last year, at 775.5 million pounds. Statewide yield, at 3,300 pounds per acre, is up 300 pounds from last year and unchanged from last

month's forecast.

Sorghum production is forecast at 74.6 million hundredweight (cwt), 13 percent below last year. Yield, at 3,640 pounds per acre, is up 616 pounds from last year, and 224 pounds more than last month. Planted and harvested acreage was 2,250,000 and 2,050,000 acres, respectively.

The 2004 Texas soybean

bushels, up 59 percent from last year's production. Yield is expected to average 31 bushels per acre, up 2 bushels from last year. 275,000 acres, respectively.

duction is forecast at 11.6 Soybean production is fore-

crop is forecast at 8.5 million of 158.4 bushels per acre is forecast, up 16.2 bushels from last year.

The sorghum crop is expected to be 258.6 million cwt, up 12 percent from Planted and harvested 2003. The U.S. Upland cotacreage was 290,000 and ton crop is expected to total 20.8 million bales, up 17 United States corn pro- percent from last year. billion bushels, up 15 per- cast at 3.11 billion bushels, cent from last year. A yield up 27 percent from last year.

I would like to take this opportunity to personally thank Dr. Vijay Mohan. What an awesome surgeon and man you are. With the help of my God you saved my life. Thank You!!!

> To all the nurses on the medical surgery floor, the one's on the O.B. floor, and in the emergency room. I want to thank you for doing such a wonderful job in taking care of me. You guys touch my life in ways you will never know. What wonderful examples I have to follow on my own path to becoming a nurse. God's Richest Blessings on you all.

> > Vanessa Milligan

FOOT FACTS BY BROWNS SHOE FIT CO.

MEASURE MY FEET?... Proper shoe fitting is too important to foot health to be hurried. Adults, as well as children, should take the time to have their feet measured, preferably while standing, to aid in a correct fit. The human foot is smallest in the morning, and tends to expand as the day progresses. The foot also tends to be smaller in winter than in summer. All such factors must be considered by the conscientious shoefitter. Anyone who has had the experience of having his shoes feel comfortable in the morning, then start to pinch in the the afternoon, can realize what a small difference in size of either the foot or the shoe can make in one's comfort. A hat, coat, trousers can be a bit large or small - no big thing. But shoes - they had better fit right!



Pampa native and Pampa High School graduate Gail Kincaid, daughter of Dr. and Mrs. Joe Donaldson, mans the counter at her booth during a Pampa Fine Arts Association sale and exhibit recently at M.K.

WTA&M plans activities for Alcohol Awareness Week

CANYON — Alex Tribek will be the only thing missing when West Texas A&M University stages a game of Jeopardy to kick off National Collegiate Alcohol Awareness Week Oct. 18-23 on campus.

WTAMU's National Collegiate Alcohol Awareness Week is sponsored by PULSE (Peers Understanding, Listening, Speaking, Educating), a peer education group designed to help students make healthy choices in their everyday lives.

Activities are planned throughout the week to educate the WTAMU student body about the different aspects of alcohol and its

Jeopardy action will begin at 12:15 p.m. Monday, Oct. 18 in the Commons area of the Jack B. Kelley Student Center (JBK). The game will resemble the television version and quiz students on their alcohol knowledge.

Categories will range Prizes will be awarded.

On Tuesday, students will be serving up Jello shots, mudslides and more during a Mocktails competition. Student teams will concoct delicious, alcohol-free beverages for judging by a panel of faculty and staff members. The Mocktails will be available for tasting at 12:15 p.m. in the JBK Commons.

Prizes will be awarded to the 9 p.m.-midnight at the JBK winning teams.

Students on Wednesday will don beer goggles to simulate the effect alcohol has on a person's vision. Beer Activities Center on goggle action begins at 12:15 p.m. in the JBK Commons.

Dr. Death will make classfrom statistics to myths. room visits on Thursday, Oct. 21. The Dr. Death character will visit various classrooms to share information about alcohol awareness. One student from each classroom visit will receive a shirt representing the statistic that one person dies every 23 minutes in an alcoholrelated incident.

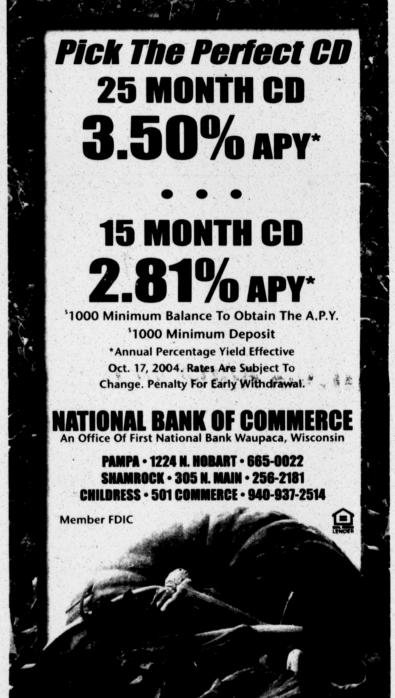
Friday Night at the Club will offer club-like fun from

Legends Club. Mocktails will be served and a deejay will provide music.

Lunar bowling at the Saturday, Oct. 23 will close out Alcohol Awareness Week.

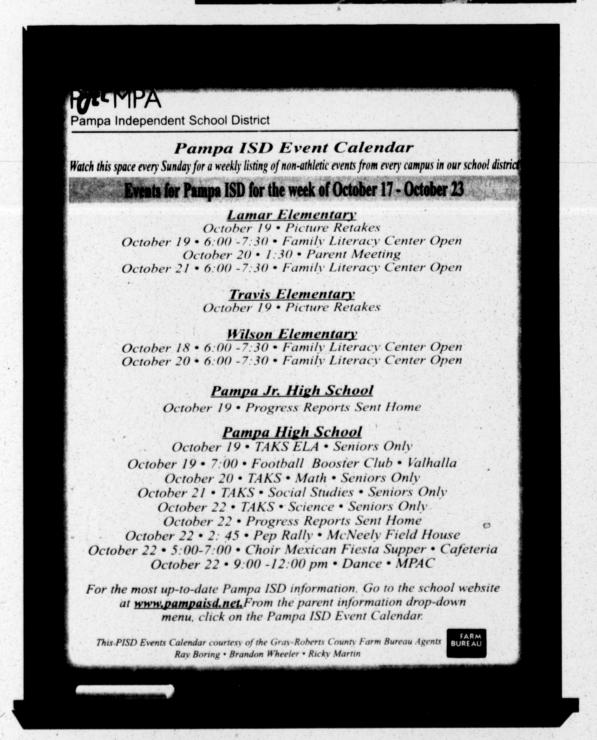
Lanes will be open from 8-10 p.m., and prizes will be awarded throughout the evening.

For more information about Alcohol Awareness Week activities, call (806) 651-2313.





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Viewpoints

Fairness should be the media's first priority

Dee Dee

Laramore

Editor

Two weeks ago I wrote about my disgust with the news media for presenting opinionated stories as fact.

Last week I witnessed two top editors admitting that their newspapers were indeed publishing biased articles as news. One was from the Fort Worth Star-Telegram, the other from the Dallas Morning-News.

In fact, the Morning News editor said, "Rush Limbaugh is right."

When I shared this surprising information with my co-workers, they countered, "But what are they going to do about it?"

That's a good question. It wasn't answered at the meeting I attended.

However, as Alcoholics nine key concerns of the Anonymous has always said, the first step to recovery is admitting that one has a problem.

I traveled to Dallas last week to attend "NewsTrain," a regional seminar for newseditors/managers sponsored by the Associated Press Managing Editors Association (APME).

One of the sessions I attended centered on credibility and ethics, two concepts that have always been of primary importance to me. It was during this session that I heard the admissions of bias.

Also during this session, I learned what Robert J. Haiman has identified as

public in regard to newspaper fairness toward readers.

Haiman, of The Freedom Forum's Free Press/Fair Press Project, listed these concerns in his book, "Best Practices for

Newspaper Journalists." "Newspapers are unfair

when: • They get the facts

wrong. · They refuse to admit errors.

· They won't name names. · They have ignorant or

incompetent reporters. They prey on the weak. · They lack diversity.



can't admit that sometimes there's no

story." Reading this list is an humbling experience. True journalists can't read it with-

selves and their publication. "Are we being unfair?" I asked myself. I hope not. I strive not to be unfair, and I can vouch for my staff.

out having to check them-

• They concentrate on bad Every one of us feel strongly negative and the positive committed to producing the best possible newspaper for the community. When a decision is made, we often use the question "What is best for the community? What is best for the people we serve?" as our yardstick.

Sometimes we get the facts wrong. When we do, we do our best to get them corrected. I'm not ashamed to admit I've made a mistake. Most importantly, we try to get them right the first time.

We often are accused of presenting too much "negative" news and not enough "positive" news. To test this, I've taken a week's worth of newspapers and counted the

stories.

I was surprised to find that there were more positive stories than negative ones. Unfortunately, it's the negative stories that stand out in our minds.

It's a constant battle to maintain fairness and balance in our reporting. I'd venture to say that anyone who visited this newsroom for a week would be amazed at the intensity of the process. We are constantly checking ourselves and each

Haiman's list gives me another vardstick by which to test this newspaper. I welcome the opportunity.

Today in History

By The Associated Press

Today is Sunday, Oct. 17, the 291st day of 2004. There are 75 days left in the year.

Today's Highlight in History:

Some people

always sigh in

thanking God.'

— Elizabeth Barrett

On Oct. 17, 1777, British forces under Gen. John Burgoyne surrendered to American troops in Saratoga, N.Y., in a turning point of the Revolutionary War.

On this date:

In 1919, the Radio Corporation of America was created. In 1931, mobster Al Capone was convicted of income tax evasion and sentenced to eleven years in prison. He was released in 1939.

In 1933, Albert Einstein arrived in the United States as a refugee from Nazi

Germany. In 1941, the U.S.

destroyer Kearney was torpedoed by a German submarine off the coast of Iceland; 11 people died.

Browning In 1945, Col. Juan English poet Peron staged a coup, (1806-1861)becoming absolute ruler of Argentina.

> In 1973, Arab oilproducing nations

announced they would begin cutting back on oil exports to Western nations and Japan; the result was a total embargo that lasted until March 1974.

In 1977, West German commandos stormed a hijacked Lufthansa jetliner on the ground in Mogadishu, Somalia, freeing all 86 hostages and killing three of the four hijack-

In 1978, President Carter signed a bill restoring U.S. citizenship to Confederate President Jefferson Davis.

In 1979, Mother Teresa of India was awarded the Nobel

In 1989, an earthquake measuring 7.1 on the Richter scale struck northern California, killing 67 people and causing \$7 billion worth of damage.

Ten years ago: Leaders of Israel and Jordan initialed a draft peace treaty.

Negotiators for the Angolan government and rebels agreed to a peace treaty to end their 19-year-old civil war.

Five years ago: The FBI reported that serious crimes reported to police declined for the seventh straight year in 1998 and murder and robbery rates reached 30-year lows.

Former nurse Orville Lynn Majors was convicted of murdering six patients at a western Indiana hospital; the jury deadlocked on a seventh count. (Majors is serving a 360year prison sentence.)

One year ago: Fire killed six people in a high-rise county building in Chicago. The House and Senate voted to spend some \$87 billion earmarked for securing peace and eliminating terrorist threats in Iraq and Afghanistan. Bolivian President Gonzalo Sanchez de Lozada resigned; Vice President Carlos Mesa replaced him.

THE PAMPA NEWS

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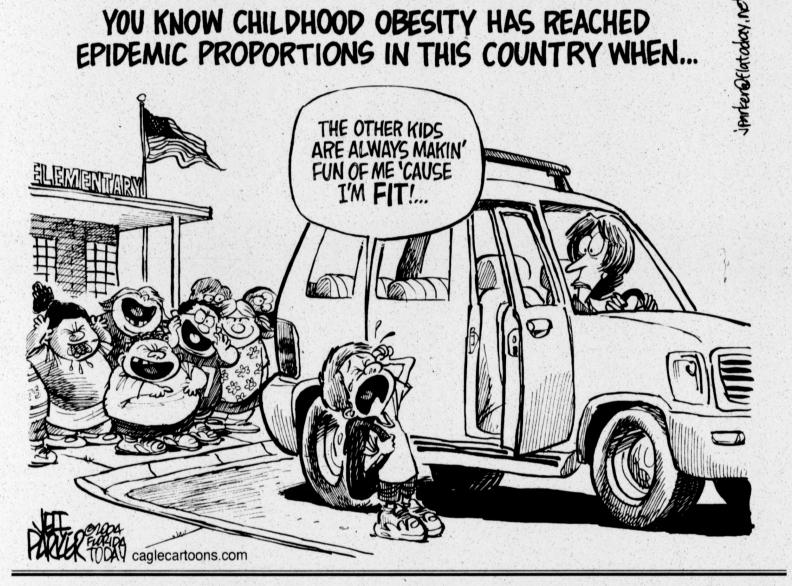
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We all need to lower our consumption

simpler lives. By that I mean consume less stuff. The fish world's poor are already living simpler lives, and not by their own choice, so it's up to us in the industrialized countries to set the example.

OK, I know this sounds preachy and far-fetched, not to mention being highly unlikely to influence anybody. Nevertheless, sooner by choice or later by necessity, we will have to recognize that we are, if we continue the present trend and lifestyle, going to consume our own planet. Our ancestors will look mighty funny one day clinging to the solar system's only orbiting trash dump while trying to choose between garbage and cannibalism as a source of food. Consult any almanac and

If we as a species are look at the exorbitant rate at it did raise the standard of Then there are the so-called going to survive, we are which we are pumping oil, going to have to learn to live mining coal and other minerals, cutting forests, catching

Charley

Reese

Columnist

and dousing the land with everincreasing amounts of fertilizers, pesticides

and herbicides. There's no question we are just now beginning to run short of a lot of natural resources. The price of oil is just one example of what's in store for us unless we curb our appetites.

Ravenous consumption was rather all right when the world population was only a billion, and few of them wealthy enough to afford much stuff. The Industrial Revolution changed all that. Utilizing fossil-fuel energy, living, and people began breeding ever more prolifically. Today, there are 6 billion people, and practi-

cally every

one of them

aspires to

consume at

the Donald

Trump



level Cheap electronics make sure that nobody is ignorant of how the fat cats live. Even in the Amazon jungle, they watch "Baywatch."

Europe, Russia, the United States and Japan have long been consuming at a rapid rate, and now two more giants are coming on line, so to speak, as India and China develop their massive economies, which is to say their appetites for energy and commodities.

Asian tigers - Malaysia, the Philippines, Indonesia and Korea - all determined to raise their standard of living to the level of the West.

Well, we'd get nowhere asking anyone to remain poor as a conservation measure. What the world needs is a new lifestyle of elegant simplicity, so that people will learn to aspire to a few well-made items that can be used and passed on instead of junk, which is discarded as soon as it begins to wear or break down.

I include myself in criticism of overconsumption. I fancy myself on the low end of consumption. I care nothing for jewelry, clothes, fancy cars or furniture. The latter two things I tend to

See LESS, Page 5

Lawsuits should only come as last resort

Lawsuits are best avoided if less aggressive means can be used to obtain relief. But sometimes the train of injuries and threat to the future become too large, and talk alone won't serve.

environmental Four groups reached that point on Wednesday when they sued the U.S. Environmental Protection Agency, asking a federal judge to compel it to enforce the clean air laws in Dallas-Fort Worth.

A strict interpretation of the law confirms that the EPA hasn't fulfilled some of its obligations under the Clean Air Act. In 2000, to cite one example, it didn't

demote the Metroplex to a the willingness to take seri- ing a new plan to make the "severe" violator of the clean air laws from its curan inade-

quate clean air plan.

But don't pile on the EPA. In truth, it's a decent ally of Dallas-

Fort Worth, whose air is the country's fourth smoggiest.

The real problems are Gov. Rick Perry and his Texas Commission on Environmental Quality. Neither has demonstrated

ously obligations under the Clean Air Act. The groups rent categorization of "seri- sued the EPA because that's ous" after the state presented the agency they could sue. Make

> Texas Thoughts though: Their real target is the

> The Dallas Morning News state. It isn't a bad strate-

> > gy. A lawsuit could force parties to negotiate a binding agreement that would suspend demotion to "severe violator" and the sanctions that go with that designation in return for the state develop-

mistake,

region meet the EPA's tough new ozone standard by

Republican Ron Harris, the Collin County chief executive, said as much on Wednesday: "That there's a lawsuit out there hopefully will energize us." Mr. Harris has been part of an unusual and delicately balanced coalition of environmental and business leaders in North Texas who have worked closely together over the past year or so to build support in Austin for this region's air quality needs.

See SUITS. Page 5

They va

On Tuesday, **Drain Blood** be from 10 a. **Vein Drain T-**Along with the will be held. p.m. for regis Birth to 2 ye third places all contestar schedule an

Calenda

· The Bu America off seeds (with receive a pac two stamps Club of Amer KY 40310. L household. A able for \$1 ea Pampa

ASSOCIATION first Thursda Coffee Shop urged to atter · Golden nally Amaril

p.m. the first GSCC is a Numismatic A mation, call 342-9536. · Gray C

Beat

"Lights On celebrates th work being d school prog Cooley. "This us of the value afterschool p vide - keeping safe, helping and relieving ents of worrie children's afte recer A

"America Af commissioned Afterschool A funding from Afterschool F that "24 % of youth are retaking care o These childre average of ne per-week unsu school. In c 10% of Texas participate in programs."

Activities at a Beat! rally dent instrume and dance p storytelling, 1 the executive well as 12th High School Murray, and Pampa Middle dent Lauren S

"We are al our afterschoo of our student tant program o



On Tuesday, Oct. 19, Coffee Memorial Blood Center will host its annual Vein Drain Blood Drive on the Clarendon College - Pampa Campus. The drive will be from 10 a.m. to 7 p.m., Tuesday. All donors will receive a specially-designed Vein Drain T-shirt, shown here by Susan Leary, CMBC's director of marketing. Along with the festivities, a costume contest for children age birth to 12 years will be held. Judging will be at 6:30 p.m. All contestants need to arrive at 6 p.m. for registration. Age appropriate prizes will be given in three categories: Birth to 2 years, 3-5 years, 6-9 years and 1-12 years of age. First, second and third places will be awarded in each category. Halloween bags will be given to all contestants and punch and cookies will be served. Call 1-800-658-6178 to schedule an appointment for the blood drive.

Calendar items

 The Butterfly Garden Club of America offers free butterfly garden seeds (with growing instructions). To receive a packet, send a long SASE with two stamps to: The Butterfly Garden Club of America, P.O. Box 629, Burgin, KY 40310. Limit one free packet per household. Additional packets are available for \$1 each.

Pampa Downtown Business Association meets at 8.30 a.m., the first Thursday of the month at The Coffee Shop on Cuyler. All members are urged to attend.

Golden Spread Coin Club, originally Amarillo Coin Club, meets at 7 p.m. the first Monday of each month. GSCC is a member of American Numismatic Association. For more infor-

342-9536. Gray County Association for

mation, call (806) 352-8281 or (806)

Retarded Citizens meets at 7 p.m. the first Monday of every month at Pampa Sheltered Workshop.

 Gray County Extension Education meets at 1:30 p.m. the first Monday of each month at Gray County Courthouse

 Gray County Genealogical Society meets at 7:30 p.m. the fourth Monday of each month in the Gray County Sheriff's Department classroom. (Enter through the north door of the jail building.) For membership inquiries, contact Harley Madison at 669-6294.

 Las Pampas Water Garden and Koi Society meets the second Saturday of each month. Anyone interested in the hobby of water gardening and fish keeping is welcome. For more information, contact Gary Stevens at 669-7956, Jack Chisum at 665-2878 or Debbie Davis at 665-0123.

Less

Continued from Page 4

keep until they fall apart. But I have a weakness for books. There are books all over my little condo - five bookshelves, one covering a whole wall to the ceiling, and more books stacked on coffee tables, end tables and the floor.

On one little shelf between my dining/living room and the kitchen, I can see six sandstone coasters, a plastic timer, a bottle of glass cleaner, two candy dishes, a plastic globe, a rack for hanging bananas, a flashlight, four candles, a plaster-of-Paris Nefertiti, a bottle of Tabasco, a plastic watering jug, 11 cookbooks, a pipe rack with pipes and tobacco, a plate with a portrait of Robert E. Lee, and a kerosene lamp. That's one stinking little shelf. What do I really need? Maybe the flashlight and the Tabasco sauce. I haven't smoked a pipe in years and never cook anything more elaborate than fried eggs and baloney sandwiches.

Let's face it: Most of us, even us lower-middle-class types, lack consumption discipline. We get led astray by the singing sirens -- new, more, bigger and upgraded. We need to seriously cut back, lest our grandchildren inherit a used-up, worn-out planet. And not just us - the whole world must reduce consumption, though of course about a fifth of the people still need basic food and housing.

Let us all try to simplify by decluttering and then avoid recluttering. Good luck to us all. We'll need it.

Suits

Continued from Page 4

Mr. Harris' Dallas County counterpart, Republican Margaret Keliher, added: "Elected officials, the business community and environmental groups must continue to work with the TCEQ and EPA to expedite a plan."

The state should speed its development of a plan for meeting the new standard. If it does, there's no reason the groups shouldn't retract their suit. Either way, the suit could help Dallas-Fort Worth win the cleaner air that its people deserve and demand.



CJ Johnston

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Beat

Continued from Page 1

"Lights On Afterschool! celebrates the wonderful work being done in afterschool programs," said Cooley. "This event reminds us of the value and services afterschool programs provide - keeping our children safe, helping them learn, and relieving working parents of worries about their children's afternoons.'

recent survey, "America After 3 P.M." commissioned by the Afterschool Alliance with funding from the JCPenney Afterschool Fund, reported that "24 % of Texas's K-12 youth are responsible for taking care of themselves. These children spend an average of nearly 7 hours per week unsupervised after . school. In contrast, only 10% of Texas's K-12 youth participate in afterschool programs.'

Activities at the CREATE a Beat! rally included student instrumental, singing and dance performances, storytelling, remarks from the executive director, as well as 12th grade Pampa High School student Mark Murray, and 7th grade Pampa Middle School student Lauren Sutherland.

"We are all so proud of our afterschool program and of our students," said assistant program director Tamra

Burns. "There's no reason learning should stop at 3 p.m., particularly if the alternative is unsupervised time in front of a television set, or any of the dangerous or unhealthy behaviors that can ensnare children in the afternoon hours."

CREATE a Beat! Afterschool ARTS Program opened in 2003. It now serves over 60 children, providing homework assistance, mentoring, tutoring, and classes in recreation, art, ballet, tap, tumbling, drama, storytelling, crafts, music, choir, computer art and creative writing.

CREATE a Beat! is a nonprofit corporation and receives funding assistance from grants, local businesses, and many individuals. Contributors and more information can be found at the website, www.createabeat.org:

Lights On Afterschool! is a nationwide event to recognize the critical importance of quality afterschool programs in the lives of children, their families and their

communities. The Afterschool Alliance is a nonprofit public awareness and advocacy organization working to ensure that all children and youth have access to afterschool pro-

grams by the year 2010. More information on the Alliance and Lights On Afterschool! is available at www.afterschoolalliance.or HEALTH MART

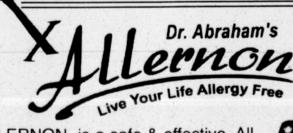
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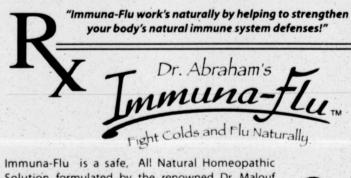


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Local concert association to present Rhythm in Shoes

Rhythm and Shoes, a troupe of dancers and musi-Dayton, Ohio, will kick-off CCA. 2004-05 Pampa the Community Concert concert series beginning at 7:30 p.m. Oct. 26 at M.K. Brown Auditorium

Pampa.

PCCA officials say, a joint cians headquartered out of presentation with Borger

According to a press release provided by PCCA Association Live on Stage Live on Stage from Rhythm in Shoes, the group "draw(s) on traditional forms of American music and dance - swing tunes and tap, hoe-

creative team of choreographer Sharon Leahy and composer Rick Good, has been creating critically acclaimed work for the past fifteen years. Their varied repertoire of innovative work, at once original and recognizable, yields a unique fusion of music and

underlying component. Through it the spirit of traditional dance and music is expressed with a thoroughly modern sensibility."

Additional information was provided: "Sharon Leahy choreographed her first public performance at the age of thirteen in her

The performance will be, downs and clogging - the dance with rhythm as the hometown of Woodbridge, New Jersey. After studying and working in North Carolina, and New York, she moved to the Midwest to focus her talents on creating and performing works for Rhythm in Shoes. This work received national has acclaim, as well as numerous fellowship awards from

the National Endowment for the Arts and the Ohio Arts Council. Her work has been supported by the National Dance Project of the New England Foundation for the The Arts, Dayton Foundation and Jacobis Pillow. She has created

See PCCA, Page 7



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Woodrow Wilson Elementary School students show they are fans of Pampa Harvesters football. Above: (left-right) Christy Saldierna, Brienne Moyer, Devin Asencio, Caylee Steward, Courtney Ward, Danielle Savoir, Meganne Fraser and Dustin Whinery.

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Celebrate 2004 slated this month

By Joan Gray-Soria For The News

If you'd like to learn a little "holiday magic" involving weight loss while enjoying traditional festive foods, plan to attend "Celebrate 2004" on Tuesday, Oct. 26, at Texas A&M Extension and Research Center, 6500 Amarillo Blvd. W., Amarillo.

The program will be presented twice on the 26th with registration for the first session beginning at 1 p.m. and the evening presentation at 6 p.m. Advance tickets for the program are now available for \$8 each from local Extension offices throughout the Panhandle.

Tickets sold at the door will be \$10 per person.

In Pampa, tickets can be purchased at the Gray County Extension office located at the Gray County Annex at 12125 E. Frederic.

Professional cooking instructor Nancy Lester will conduct a cooking demonstration entitled, "Healthy Holidays to You." She will offer some simple guidelines to help you lose weight while enjoying the familiar

dishes you and your family often enjoy at holiday time.

Ms. Lester will share new products on the market, tips for reducing fat, calories and sodium in recipes as well as recommend good carbohydrate choices. She will prepare delicious cheesecakes made with low-fat cream cheese, hearty main dishes, and rich sauces along with colorful fruits and vegeta-

Along with Ms. Lester's demonstration will be ideas for decorating, entertaining and gift-giving which will be presented by area Family and Consumer Sciences Extension Agents.

"Celebrate 2004" is sponsored by the District 1 Texas Extension Education Association. Proceeds from the event help to fund scholarships and enhance educational programming for the benefit of Panhandle citizens.

For further information, contact Gray-Soria at 669-8033.

-Gray-Soria is an Extension agent at the local Texas Cooperative Extension office.

College campus to offer Halloween fun

CANYON - No tricks, just treats are what the Campus Organizations Resources Entertainment (CORE) center at West Texas A&M University will be serving

Oct. 27-29 for Halloween. WTAMU students can get into the spirit of Halloween with the Grab Bag on Wednesday, Oct. 27. CORE and Commuter Services invite students to stop by the Jack B. Kelley (JBK) Student Center at 12:15 p.m. and pick up a goody bag on their way to afternoon class-

The carnival gives parents the option of not having their kids out on the streets, but in a safe environment where they can watch their children'

> Chris Browning Assistant director of the JBK

CORE center will present Halloween Customs at 12:15 p.m. in the JBK Commons. A tent will be set up until 1 p.m. for anyone who wants to learn about American Thursday, Oct. 28, the Halloween customs. They

can hear ghost stories and learn the truth behind the monster mask,

Superheroes, goblins and princesses will unite 6-10

See FUN, Page 7

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"You wo genomics

H'un Continue

p.m. Friday Virgil Her Center Allfor the an Carnival. C WTAMU at munities to dren to this sweet treats safe, good sponsored b

Genome could improve cattle, human health

FORT WORTH genome has been completed and promises to provide major economic benefits to the cattle industry and extensive benefits to human health research, the Texas and Southwestern Cattle Raisers Association reports.

The first draft has been deposited into free public databases for use by biomedical and agricultural researchers around the globe.

> 'The bovine model is relevant to human health research priorities such as obesity. female health, osteoporosis and communicable diseases.'

> > - Dr. Clare Gill Professor of animal genomics

relevant to human health research priorities such as obesity, female health, osteoporosis and communicable diseases," explained Dr, Clare Gill, a professor of animal genomics at Texas A&M University.

Bovine insulin has long been used to treat human diabetes, and in vitro fertilization techniques were first developed in cattle.

tool for agricultural ences among these breeds improve health and disease for better meat and milk management of cattle and enhance the nutritional value of beef and dairy products.

"You won't have to be a genomics expert to profit

Continued from Page 6

p.m. Friday, Oct. 29 at the

Virgil Henson Activities

Center All-Purpose Room

for the annual Halloween Carnival. CORE invites the

WTAMU and Canyon communities to bring their chil-

dren to this free event for

sponsored by campus organ-

safe, good time. Booths 651-2313.

Fun

from this research," said Sequencing of the bovine Paul Genho of King Ranch in Kingsville, Texas. "The potential is huge. We now have a roadmap that researchers can reference for almost anything they want to know about the beef genome. This tells scientists exactly where within the cattle genome they can locate many of the traits they want to study."

Leaders of the Bovine Sequencing Genome Project announced the

> major scientific achievement earlier in October. The State of Texas, national beef checkoff and Texas beef checkoff helped to fund the \$53 million international effort.

> A team led by Richard Gibbs, Ph.D., at Baylor College Medicine's Human Genome Sequencing Center in Houston carried out the sequencing and assembly of the genome. Sequencing the bovine genome, containing

"The bovine model is approximately 3 billion DNA base pairs, began in December 2003.

> The Hereford breed was used for the bulk of the project. Sequencing at lighter coverage will be carried out in additional cattle breeds, including the Holstein, Angus, Jersey, Limousin, Norwegian Red and Brahman.

The completed Bovine Genome Sequencing The bovine sequence Project will allow detailed will also be an invaluable tracking of the DNA differresearchers striving to to assist discovery of traits production and to model human disease.

> "The State of Texas played a major role in help-

See GENOME, Page 9

izations will be set up to pro-

vide both heroes and goblins with games and prizes.

ents the option of not having their kids out on the streets,

but in a safe environment

where they can watch their children," Chris Browning,

assistant director of the JBK,

said. "It takes out the uncertainties about safety on

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Halloween."

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PCCA

Continued from Page 6

work for the Dayton Contemporary Dance Company, the Human Race Theater Company, the Philharmonic Orchestra, the dance departments of Ohio Northern University, University of Akron, Wright State University, and is currently Artist in Residence at the University of Dayton. Collaboration is at the heart of her work and her passion for dancing is exceeded only by the joy of sharing the stage with family and friends.

"Rick Good has been with his original script.

composing, arranging, and leading the band for RIS since 1987. A founding member of The Hotmud Family, he also worked for several years as a full-time actor with The Mad River Theater Works. He is the recipient of Meet-the-Composer Grants from both the New York Council on the music group, Oct. 30 in Arts and Arts Midwest. In Plainview; addition to his work with tor for the Dayton Stories Project, celebrating the cityís bicentennial in 1996. His first recorded collection of original songs, entitled Nova Town, was released in 1997 and followed in the Evening, Feb. 12, Plainview; year 2000 by an eveningis length theatrical production

These days, when the RIS calendar permits, Rick has been playing his banjo and performing with the Red Clay Ramblers of North Carolina."

The 2004-05 area concert schedule includes the following presentations:

-Woods Tea Co., folk

-Southern Fried Jazz RIS, Rick was musical direc-band, Nov. 16, Plainview and April 7, Pampa;

-Baritone Robert Sims, Jan. 1, Plainview;

-Singer Frank D'Ambrosio, Feb. 8, Borger; Enchanted -One -Artie Shaw big band

group, March 12, Borger; and -Pianist Richard Glazier, March 19, Pampa. All concerts begin at 7:30

p.m. Membership tickets are available at the door of each individual concert. For more information, contact Ronnie Holmes, PCCA president, at 675-2631.



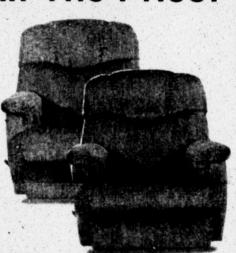
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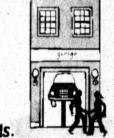
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Circle the correct answer to each question. Bring your entry to THE PAMPA NEWS at 403 W. Atchison by 5:00 pm on Thursday, October 21st. One winner will be chosen at random from the correct entries.

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QUAIL

ANTELOPE

1. Who was the first rookie receiver to catch 100 passes? Randy Moss Tory Holt Anguan Bolden Jerry Rice

2. Who was the youngest coach to win a Super Bowl? Jon Gruden Tom Flores Joe Gibbs John Madden

3. What college had the most active players in the 2004 Opening Weekend?? Tennessee Notre Dame Florida State Miami

4. Who returned a field goal 107 yards for a TD? Al Nelson Aaron Glen Chris McAlister Dean Sanders

5. Who recorded 14.5 sacks in his rookie season? Leslie O'Neal Jevon Kearse Dwight Freeny Simeon Rice

6. Who fumbled 161 times in his career? Warren Moon Dave Krieg John Elway Tony Banks

7. Who lead the NFL in rushing attempts in four consecutive seasons? Steve Van Buren Jim Brown Jim Nance Walter Payon

8. For how many seasons has Jerry Rice caught 50 or more passes? 16 17 18 19

9. Who threw 70 passes in one game? Jon Kitna Vinny Testaverde George Blanda **Drew Bledsoe**

10. What QB was sacked 76 times in one season? Randall Cunningham Ken Obrien David Carr Warren Moon

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HARVEST

Panhandle Plains Historical Museum

Style show to showcase classic black; PPHM paintings to hang at embassy

CANYON — On Friday evening, Oct. 29, Panhandle-Plains Historical Museum in Canyon will present a style show featuring all black fashions. Clothing will be provided by J. Winston and jewelry by Duncan and Boyd Jewelers, a news release from PPHM said.

The museum's collection of estate jewelry will also be

displayed.

"Runway models from Dallas as well as a few surprise celebrity models will present the exquisite selection of black fashions," said Carolyn Canon, member of the event steering committee. "Husbands are encouraged to come with their wives and do their Christmas shopping for clothing and jewelry."

Tickets are \$35 per person and include a champagne reception, style show and coffee, cordials and dessert after the show. The reception will begin at 7 p.m. and the style show at 8 p.m.

The reservation deadline is Friday, Oct. 22. For more information, call (806) 651-2244.

Museum paintings to hang in Swaziland Embassy CANYON — Panhandle-Plains Historical Museum in

Canyon will lend two paintings to the American embassy in the Kingdom of Swaziland, located on the borders of South Africa and Mozambique, according to a news release from

The loan will be through the U.S. Department of State's Art in Embassies, the museum release said. The paintings to be on loan are "The End of the Santa Fe Trail" by Taos artist Charles Berninghaus and "Abilene Country (Mesquite in Spring)" by Lubbock artist Juanita Tittle Pollard.

The paintings were requested by the new ambassador to Swaziland, Austin native Lewis Lucke. Lucke was confirmed by the Senate in June and has served in Haiti, Jordan and several countries in West Africa.

For the past 24 years, Lucke has worked for the U.S. Agency for International Development. His most recent assignment was serving as the U.S. AID mission director in Iraq.

Of his new appointment, Lucke said, "While Swaziland has made efforts toward increased democracy, the nation still has a relatively weak parliament and is ruled by a monarchy."



"Simply Stunning" art by Sloane Snure. Photo provided by Panhandle-Plains Museum.

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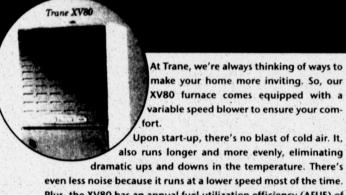
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Continued from Page 7

ing make this happen, and we're very proud to join USDA and the other cooperators at the brink of an exciting and revolutionary time in cattle production, said Bob McCan, president of Texas and Southwestern Cattle Raisers Association, and Ernie Morales, chairman of the Texas Cattle Feeders Association.

have happened without the Beef Councils also convision and assistance of Gov. Rick Perry and Ambassador Anne Armstrong, along with the vital help of U.S. Sen. Kay Bailey Hutchison (R-Texas), U. S. Rep. Henry Bonilla (R-Texas) and Texas Cattle Raisers Association is Agriculture Commissioner a 127-year-old trade organi-Susan Combs, the two officials said.

Texas contributed \$10 national beef checkoff provided about \$600,000. The

"This funding wouldn't Texas and South Dakota tributed funds to the research consortium, which included the federal government, four countries and private indus-

See BLACK, Page 10

Texas and Southwestern zation whose 12,800 members manage approximately 5.4 million head of cattle on million of the \$53 million in 70.3 million acres of range funding for the project; the and pasture land, primarily in Texas and Oklahoma.

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Drilling Intentions

Intentions to Drill

WHEELER (WILDCAT above 17000') Kaiser-Francis Oil Co., #1 Goad, 1815' from North & 2393' from East line, Sec. 15,A-4,H&GN, PD 17000'.

WHEELER (WILDCAT & STILES

RANCH Granite Wash) Newfield Exploration Mid-Con, Inc., PD 15850', for the following wells:

#5 Britt Ranch 'B' 45, 1962' from North & 2118' from West line, Sec. 45,A-See DRILLING, Page 10



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BERLIN (AP) — Britney Spears, newly married to dancer Kevin Federline, says she would like to take his last name and wants to start a family next year, a German magazine reported.

"Britney Federline. I like that," Bunte quoted the 22-year-old "Oops! ... I Did It Again" singer as saying.

Spears said she would like to have a child, but still needed to get some business affairs sorted out beforehand, according to this week's Bunte.

"Next year, when I'm 23, I'll be ready," she was quoted as saying. But she intends to continue her music career, according to the interview.

Federline, three weeks after a hush-hush ceremony that was her second wedding of the year.

malizing the marriage were filed Oct. 7. Federline was previously involved with actress Shar Jackson of TV's "Moesha."

Spears last week finalized her marriage to They have two children — a 2-year-old and a newborn.

In January, Spears married childhood friend Jason Alexander in a surprise wed-Her spokeswoman said documents for- ding in Las Vegas. That marriage was annulled 55 hours later.

Drilling

Continued from Page 9

3,H&GN.

#8 Britt Ranch 'C' 35, 467' from North & 2140' from East line, Sec. 35,A-3,H&GN.

Application to Deepen (within casing)

WHEELER (WILDCAT) Patina Oil & Gas Corp., #1 W.R. Hefley, 1980' from South & 1620' from East line, Sec. 13,A-8,H&GN, PD 6000'

Gas Well Completions

HEMPHILL (N.W. MENDOTA Granite Wash) Pablo Energy, Inc., #6013 Campbell Ranch '+3', Sec. 13.1.1&GN, spud 6-17-04, drlg, compl 7-9-04, tested 8-24-04, TD 111630', PBTD 11203' -

WHEELER (STILES RANCH Granite Wash) Bravo Natural Resources, Inc., #1023 Alexander, Sec. 23,OS2, L.J. Swope Survey, spud 4-19-04, drlg. compl 5-11-04, tested 6-5-04, potential 2472 MCF, TD 13715', PBTD 13582' —

Plugged Wells

ROBERTS (PARSELL Upper Morrow) Range Production Co., #3153 Parsell Ranch, Sec. 153,42,H&TC, spud unknown, plugged 5-14-04, TD 11326' (gas) —

ROBERTS®(RED DEER Lower Albany Dolomite) Gruy Petroleum Mgmt. Co., #6035 Osborne, Sec. 35,B-1,H&Gn, spud 8-19-03, plugged 5-24-04, TD 5601' (dry) —

WHEELER (WILDCAT) Brigham Oil & Gas, L.P., #1 Zachman '24', Sec. 24,A-8,H&GN, spud 7-3-03, plugged 3-30-04, TD 10500' (dry) -

WHEELER (STILES RANCH Granite Wash) Stallion Energy, Inc., #1025 Stiles, Sec. 25,A-3,H&GN, spud unknown, plugged 10-17-03, TD 16450' (gas) —

Register outreach for minority producers

USDA's Farm Service Agency recently announced in a press release minority farmers and ranchers in Gray County and across the nation may now join a new voluntary register to receive information from USDA.

"The new Minority Farm Register is an outreach tool to reach underserved farmers and ranchers who are not currently enrolled in USDA loan, farm or conservation programs," said Matthew Street, Gray Co. FSA county executive director. "The Register will create a shared outreach list that will help USDA, community-based organizations and minority-serving educational institutions to communicate with minority farmers and ranchers.

By joining the register, minority producers may receive outreach materials, newsletters and program announcements from USDA agencies. They may also receive information and assistance from other USDA approved outreach partners, such as community-based organizations, faith-based organizations and minority-serving educational institutions.

According to the press release, USDA will carefully control access to and use of the register.

The register pamphlet with the registration form is available at Gray County USDA Service Center or from approved USDA outreach partners.

The new Minority Farm Register is an outreach tool to reach underserved farmers and ranchers who are not currently enrolled in USDA loan, farm or conservation programs. The Register will create a shared outreach list that will help USDA, community-based organizations and minority-serving educational institutions to communicate with minority farmers and ranchers.

> - Matthew Street County FSA executive director

Completed forms may be mailed to: S.W. Washington, D.C. 20250. Minority Farm Register, USDA Stop Code 0503, 1400 Independence Ave., S.W. Washington, D.C. 20250.

The registration information is available on the FSA's web site found at www.fsa.usda.gov/pas/publications/mf

FSA and USDA's Office of Outreach are jointly administering the register. Registration forms are available in Spanish and English.

An individual may remove his or her name from the register by writing to the 4183; the Minority Farm Register, USDA Stop Code 0503, 1400 Independence Ave.,

For more information, contact the Office of Minority and Socially Disadvantaged Farmers Assistance, Farm Service Agency, STOP 0503, 1400 Independence Ave., S.W. Washington, D.C. 20250-0501; call 1-866-538-2610; MSDA@USDA.gov.

The address for USDA Office of Outreach is STOP 9473, 1400 Independence Ave., S.W. Washington, D.C. 20250; the phone is 1-800-880e-mail usdaoutreach@usda.gov.

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Black

Continued from Page 9

Julius Charles Berninghaus (1905-1988), son of Taos "founder" artist Oscar Berninghaus, first went to Taos in 1910, where he accompanied his father on sketching trips.

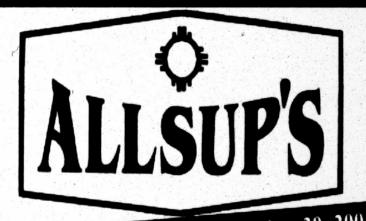
He studied at the Art Institute of Chicago and the Art Students League, summering annually at Taos until moving there permanently in 1927. While Oscar supported his son's decision to be an artist, he encouraged Charles to seek his own distinctive path and style. Juanita Pollard (1909-1994) studied

at Abilene Christian College, now University, Texas Women's University, the Art Institute of Chicago, and the

University of Southern California. She taught art at Lubbock Christian College, now University, and exhibited in the West Texas Art Exhibitions at Abilene in the late 1930s.

Currently, the museum has paintings on loan to President George W. Bush's private office in the White House and at the U.S. Embassy to the Holy See at the Vatican.

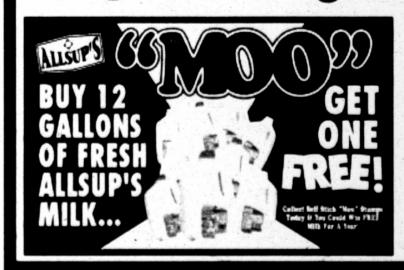
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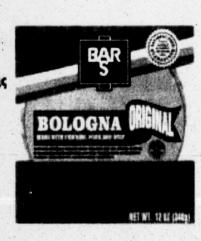
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BALTIM Dalia Isicot lifelong suf toid arthrit seven hip geries. Since lea in Februar

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WASHINGTON (AP) — Heart disease and diabetes get all the attention, but expanding waistlines increase the risk for at least nine types of cancer, too. And with the obesity epidemic showing no signs of waning, specialists say they need to better understand how fat cells fuels cancer growth so they might fight back.

What's already clear: Being overweight can make it harder to spot tumors early, catch recurrences, determine the best chemotherapy dose, even fit into radiation machines.

That in turn hurts chances of survival. One major study last year estimated that excess weight may account for 14 percent to 20 percent of all cancer deaths — 90,000 a year.

"Obesity makes taking care of cancer patients much more complicated," says Dr. Christopher Desch, a medical oncologist in Richmond, Va.

So why is cancer often the afterthought when listing obesity's multiple risks?

more subtle," says American Cancer Society epidemiologist Eugenia Calle, one of the nation's leading specialists on the link.

The risks of heart disease and diabetes from packing on pounds are much higher, and more immediate because cancer typically develops more slowly than those illnesses, she explains.

But with nearly two-thirds of U.S. adults now overweight plus an aging population — cancer is predominantly an older person's disease — oncologists want more attention to the link.

Fat is known to increase the risk of developing cancers of the colon, breast, uterus, kidney, esophagus, pancreas, gallbladder, liver and top of the stomach.

How big a role girth plays varies greatly, and the strongest connections are actually in less common

Weight is most strongly linked to cancer of the uterine lining, or endometrium. An overweight woman has twice the risk of devel-

"The cancer picture is a little bit oping that cancer as a lean one; once she becomes obese, the risk rises as much as 3.5- to 5-fold.

> 'Obesity makes taking care of cancer patients much more complicated.'

— Dr. Christopher Desch Medical oncologist

The obese have up to triple the risk of kidney cancer and a type of esophageal cancer as do the normal-weight.

The risk is somewhat smaller among two of the nation's most common cancers:

-Overweight or obese men are 50 percent to twice as likely as lean men to get colon cancer. For women, the extra risk is 20 to 50 percent. No one can yet explain the gender difference.

in postmenopausal women only, increasing risk of the disease by 30 percent among the overweight and 50 percent among the obese.

For the other four cancers, the obesity risk falls somewhere in between.

The reason for the variation: Fat cells apparently play different roles that can spur different types of cancer growth.

"Fat cells are not just static storage depots," explains Calle. The worst, because it's most metabolically active, is visceral fat, the kind that builds up in the abdomen and surrounds organs there.

But exactly how fat cells work isn't well understood. They can spur surges of insulin and proteins that may in turn unleash out-ofcontrol growth among certain cell

They also trigger inflammation, a known culprit in heart disease that's now increasingly suspect in cancer, too.

Another role: Fat cells make estrogen, which fuels breast can-

—Fat is linked to breast cancer—cer. After menopause, fat becomes a woman's leading source of estrogen. While anti-estrogen therapies are common, the fatter a woman is, the harder it is to lower hormone levels — one reason why the obese have at least a 50 percent greater chance of dying from breast cancer than lean patients, Calle says.

Then there are organ-by-organ reactions. For example, the obese are particularly prone to "gastroesophageal reflux," frequent heartburn where a backup of stomach acid onto the delicate esophagus eventually can lead to esophageal

Sorting out fat's roles could lead to new therapies, and while there's no clear evidence yet, it makes sense that losing weight would lower cancer risk, Calle says.

For the already diagnosed, the stereotype of cancer treatment causing dangerous weight loss isn't true for every cancer. Breast cancer chemotherapy, in fact, often causes weight gain, says Desch, speaking for the American Society of Clinical Oncology.

Rheumatoid arthritis patients find meditation alleviates pain

BALTIMORE (AP) — Dalia Isicoff knows pain. A lifelong sufferer of rheumatoid arthritis, she has had seven hip replacement surgeries.

Since leaving the hospital in February following her latest operation, however, she hasn't taken any painkillers. Not because the pain isn't there — it is. But Isicoff, 52, said she has learned to accept the pain, the disease, and herself, thanks to meditation.

"When you have an illness like this, what one tends to do is say, 'Oh, my God! Here we go again, this is going to render me disabled, I'm going to wind up in a wheelchair!' and you rush to the medicine cabinet," she said. "This has allowed me to have the patience to deal with these flare-ups and become relaxed enough so the need for pain medication is almost not there."

52-year-old The Clarksville resident said meditation has made her symptoms less severe, helping relieve stress that she said made the condition worse.

"With this type of approach, you learn to and, by realizing it and by being in this relaxed state, years ago at the University

the pain is less," she said.

This has allowed me to have the patience to deal with these flare-ups and become relaxed enough so the need for pain medication is almost not there.

> Dalia Isicoff Rheumatoid arthritis patient

Researchers University of Maryland School of Medicine in Baltimore are studying others like Isicoff to see if meditation helps sufferers of the autoimmune disorder, which affects about 2.1 million Americans, mostly women. Those with the disease often have general fatigue, soreness, stiffness and aches at first. Joints may swell and become damaged over time.

Groups of rheumatoid arthritis patients are being trained in "mindfulness," a acknowledge you have pain form of stress reduction meditation developed 30

of Massachusetts. Their progress is being compared to patients not in the program.

Mindfulness is similar to many meditation techniques. Participants are taught to focus on breathing to quiet the mind and become aware of the moment.

The method has been used successfully to help patients with chronic pain from a variety of conditions, but this marks the first time it is being studied to see if it can help the physical and psychological symptoms of rheumatoid arthritis patients, said Lisa Pradhan, one of the study leaders for the University of Maryland's Center for Integrative Medicine.

Evidence suggests flareups of the disease are associated with stress, she said.

Thirty-six patients took an eight-week course that started in March. Participants are being sought for a second group of a similar size, which will take the course beginning later this month and be tracked for six months.

Results from the first group are not available yet, but "the people who have come through the study have

See ARTHRITIS, Page 14

Medical front

Scientists look in unlikely places to treat addictions

NEW YORK (AP) - Can Prozac help you kick cocaine? Can Ritalin? How about a blood pressure pill or medicine for muscle spasms?

If you're an alcoholic, could you get help staying sober by taking an anti-nausea drug used by cancer patients?

Scientists are exploring those questions right now. In fact, in the field of addiction medicine, one of the hottest sources of new drugs is ... old drugs.

Despite years of research, there is no drug approved in the United States for treating cocaine dependence. To find such a treatment, the National Institute on Drug Abuse is sponsoring human studies of 21 medicines already on the market for something else. That's about two-thirds of all the potential cocaine drugs being tested in people, says Frank Vocci, director of NIDA's pharmacotherapy divi-

Over at the National Institute on Alcohol Abuse and Alcoholism, nearly all the potential alcoholism drugs tested in people under institute sponsorship over the past 10 years were previously approved for some other use, says Raye Litten, co-leader of the institute's medications development team.

While the strategy is hardly new, "it's been going on maybe just a bit below the radar screen" for most of the public, Vocci said.

It can c rtainly work. I:: 1997, for example, the government approved a stop-smoking pill called Zyban, which was in fact the older antidepressant Wellbutrin.

To be sure, experts haven't given up on developing new drugs. Most NIAAA-funded drug studies for alcoholism that are in early stage testing - not yet tried on people are brand-new drugs, Litten said.

The notion of examining current drugs for addictionbreaking potential holds several advantages. It's a lot cheaper to get federal approval for a new use of an old drug than to bring a completely new medicine to market. And experience with an existing drug gives an idea of its safety and dose range for possible anti-addiction effects, Vocci said.

See ADDICTS, Page 14

CHIROPRACTIC OUTLOOK

by Dr Mark W. Ford, Jr

CHIROPRACTIC RELIEVES **PREGNANCY PAINS**

As many expectant women agree; pregnancy can cause a lot of aches and pains. Gaining extra weight as well as supporting a growing baby puts added stress on various parts of the body which may result in varying degrees of discomfort. Studies indicate that approximately half of all pregnant women will suffer from low-back pain, especially in the third trimester, when the infant's head presses down on its mother's back, legs, and buttocks and irritates the sciatic nerve.

gravity shifts forward to the front of her pelvis and increases stress on her joints. As the baby gets larger and the mother's weight is repositioned, the curvature of her lower back increases and additional stress is put on the spinal

Early in a woman's pregnancy, the Doctor of Chiropractic can detect any imbalance in the body, including the pelvic area, that could cause backaches or neuromusculoskeletal problems during or after childbirth. The use of gentle hands-on manipulation, rather than traditional approaches such as pharmaceuticals, relieves women's concerns about dangerous side Chiropractors can also offer tips on exercise, nutrition, and posture to help the mothers-to-be enjoy a healthy pregnancy and delivery



Fitness: Walking may keep mind sharp, ward off Alzheimer's

CHICAGO (AP) — The health benefits of regular walking may include helping prevent mental decline and Alzheimer's disease, research in patients aged 70 and up has found, bolstering evidence that exercise needn't be strenuous to be good for you.

There's plenty of evidence that mental exercise, such as crossword puzzles

and reading, may reduce Alzheimer's that awful, sweaty stuff," said Bill flicting results.

The new findings, contained in two studies, clarify how much exercise bolsters evidence that what's good for might be beneficial and are good news for older people who want to avoid mental decline but "don't like doing all

risks, but previous studies on brain ben- Thies, vice president for medical and efits from physical exercise had con-scientific affairs of the Alzheimer's Association.

"This just says, 'Go for a walk" and the heart may be good for the brain,

See FITNESS, Page 14



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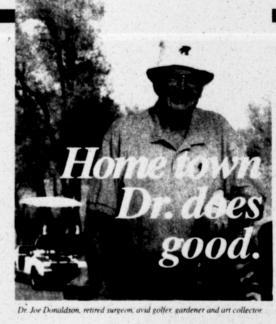


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Sports Day



Photo by CAROLYN THERO

Pampa running back Mark Williams totes the ball up the middle in the first half of Friday night's game at Hereford. Williams would score a touchdown on the ensuing run. He and Sharod Young both racked up 100-yard performances against the District 3-4A rival Herd. Pampa won the game, 34-20 and shares the District 3-4A lead with next week's opponent, Palo Duro.

Harvesters share District 3-4A lead

By MICHAEL J. STEVENS Sports Editor

The Pampa Harvester varsity football team knew going in what a win over District 3-4A rival Hereford would mean. And though the Hostile Herd was the opponent at hand Friday night, Coach Heath Parker and his team could be forgiven if they were thinking, even in the slightest, about their meeting this coming Friday night against Palo Duro. After all that has taken place the past few days, that game is now huge.

The first task at hand in Hereford Friday night, tame the mosquitoes. They were everywhere, making pincushions out of all in attendance.

Pampa kicked off to get the game started. And what a game it was.

Pampa, with an offense that chewed up the clock as well as the yards, hung 20 points on the Hostile Herd before the half-time break. Included in the scoring was an impressive 99-yard Wingeart had a fumble recovery in the drive for a touchdown. Pampa quarterback Tyler Doughty appeared poised for a big night with his arm as well as his legs. He tossed passes for big gains in the half to Clayton Hall, Seth Foster and Shea Brown. Sharod Young had a couple of big running plays in the half. And Mark Williams pounded out his yardage up the middle. You could almost sense Williams was going to gain some yards on this night, but they weren't going to come easy.

The Harvester defense was nothing short of awesome in the first half. Tyrel Bolin was in a zone of his own. Little of anything made it by him. He was in on almost every defensive play in the half, including a huge play dropping a Hereford runner deep in his own backfield on the first play of the second quarter. Also noteworthy would be the play of Jacob Potter and Eric Kingcade. Potter had a big quarterback sack late in the first quarter. Jared

second quarter.

At the break it was Pampa 20, Hereford 0. Hereford appeared unable to move against the Pampa defense. The Herd's defense seemed unable to stop the Harvester offense.

Then came the third quarter. On Pampa's first play from scrimmage, Young took the ball on a sweep around the right side of the line and promptly took off on a 84-yard touchdown run. Hereford answered with a 64-yard run of their own. In the span of less than one minute, each team had scored a touchdown. At that point, the score was 27-7, Pampa.

Hereford mounted a comeback fed by momentum from there. The Herd scored two more unanswered points and trailed 27-20 at one point.

Pampa would find the end zone one more time, and the final on this night would be 34-20, Pampa.

See WIN, Page 13

PHS Harvester Soccer Booster Club to meet

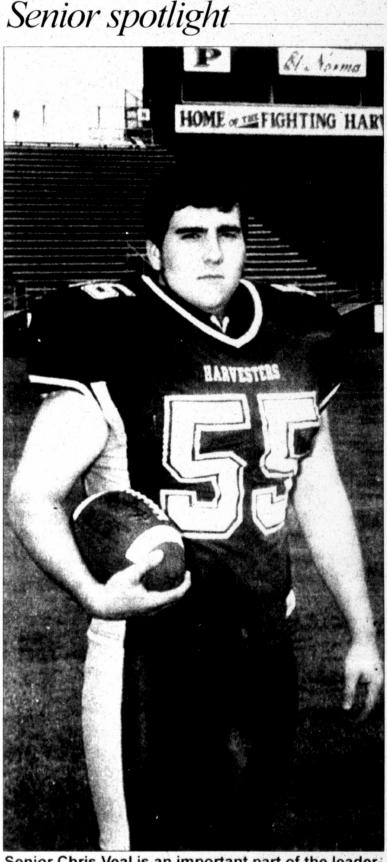
By MICHAEL J. STEVENS Sports Editor

The Pampa High School Soccer Booster Club has scheduled a meeting for are encouraged to attend. Tuesday, Oct. 19.

The meeting is to be held tion, please contact the in the school's library booster club.

beginning at 7 p.m.

All parents and players For additional informa-



Senior Chris Veal is an important part of the leadership needed for this year's theme, "Protect the

Chris Veal OL/DL

By MICHAEL J. STEVENS Sports Editor

At 5'9", 225 pounds, Chris Veal fills up the line on each side of the ball. Capable of creating a hole as well as filling one.

Chris Veal

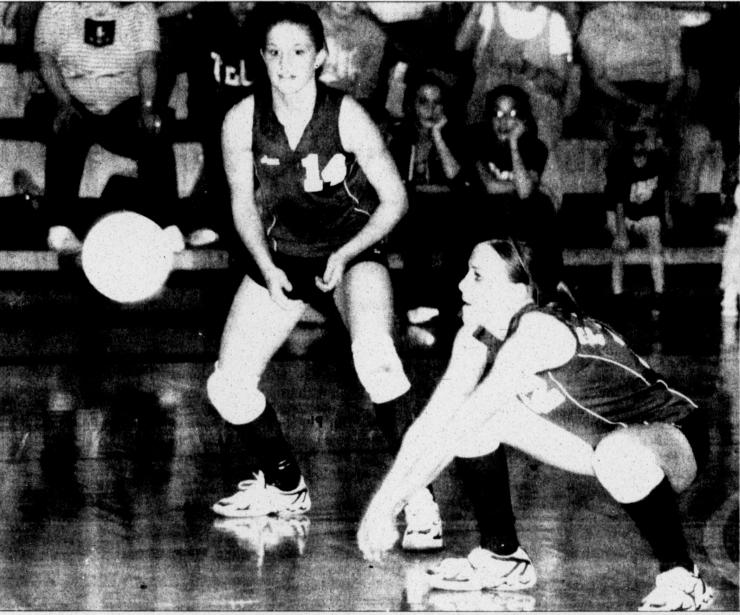
Player Jersey: #55

Player Position(s): D - Tackle Player Grade: 12

Player Parent(s)/Guardians(s): Mike Veal & Jenifer

Quarles

School Activities/Interests: Football & Wrestling Player information provided by the PHS Football Booster Club.



Pampa News photo by BEN BRISCOE

With teammate Jackie Gerber looking on, Teryn Garner gets a dig during a recent meeting against Randall.

Teryn Garner, unique Lady Harvester

By BEN BRISCOE News Intern

The Lady Harvesters Volleyball Team was down 11-6 in the last game of the five match series against Randall. The players, after winning the first two and losing the second pair, had lost their spirt, according to coach Shannon Stroud.

That is until one team member turned it around.

"Hey, what do you say, green?" shouted -Defensive Specialist, Teryn Garner from the back row.

Within minutes the Harvesters improved drastically, according to teammate and close friend Britteni Rice.

By the time she rotated out of the game the score was back up to 12, 10," Rice said. "She helped us finish the match from the bench, where she often plays the team cheerleader. She was a big part of why we

won that game." Rice in not alone in this view.

"Teryn brings a lot to the table as a defensive specialist. Her form and anticipation is exactly what we need on the back = row. But more importantly, her energy

brings fire to the team. That is huge for us," Stroud said. Garner, who skipped straight from the freshmen to varsity team her sophomore year, has not always been a

defensive specialist.

"I used to be a front row hitter, then I found out about on." my back problems," she said.

'I thought it would be okay, but

I woke up the next morning and my spine was crooked. I headed immediately to the doctor.'

> — Teryn Garner Player, PHS Volleyball

On Apirl third of last year, Garner injured her back during a softball game.

"I thought it would be okay, but I woke up the next morning and my spine was crooked. I headed immediately to the doctor," she said.

After being referred to a specialist, Garner was told that she suffered from scoliosis and had a hair-line fracture in her vertebrae.

Upon learning this news, which could have kept her from ever playing again, Garner still held only cares for her team.

"I kept thinking that I had a game that night, and I wanted to play in it because we were in the middle of the district season. I wanted to be there for my team I felt like I was letting them down," she said.

Stroud moved Garner to a back row position when the volleyball season started in the summer with two-a-day practices.

"She has done a great job as our DS. It is one of the smoothest transitions I have ever seen," Stroud said. "I think Teryn is an amazing person. She tries her hardest at everything she does, and she is a good role model for the younger players."

While her back problems will progressivly get worse, according to her doctor, Garner feels pos-

itive about them at the moment.

"It's all good," she said. "Even if they get to where I can't play anymore, I will still be there cheering the team

Castroneves ties IRL mark with fourth consecutive pole

FORT WORTH, Texas (AP) — Helio Castroneves tied an IRL record by winning a fourth consecutive pole in qualifying Friday night at Texas Motor Speedway.

"Four in a row, it's just awesome," the two-time Indianapolis 500 winner said after matching Billy Boat's 5-

Castroneves logged a lap of 215.996 mph on the 1 1/2mile track in a Toyota-powered Dallara. The pole for Sunday's season-ending Chevy 500 was the fifth this year

and 16th overall for Castroneves. The Brazilian edged Tomas Scheckter, who turned a lap of 215.831 in a Dallara/Chevrolet.

Castroneves watched Scheckter's lap earlier in the session and knew it wouldn't be easily eclipsed.

"Obviously, he put in a great lap," Castroneves said. "I

spoke to the team and said, 'It's going to be close.'

It was the best start of the season for Scheckter. "We needed a good qualifying result," he said.

Third went to Sam Hornish Jr., Castroneves' teammate. Vitor Meira claimed the outside of the second row in a G-Force/Honda.

Although Castroneves' speed was a big jump from Dario Franchitti's June pole at 209.609, it was well off the track record set last year by Gil de Ferran at 222.864.

Pampa F does her to Friday

Bug

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every tin Compared Tillman n seemed to Not to the leag Plummer

Janet Jack In its threatened of dollars which he exhibition taking the

NFL is a of what i Besides: 1 Tillman b No. 40 de season.

Rules :

The mo though, th Last Su Denver B Panthers, Plummer fight, and er fine w donate to Sudden

anymore. After. Manning shoes to wasn't. "Rozelle" at the form

HOO



Pampa High School student trainer Kailie Patton does her best to keep the mosquitoes at bay prior to Friday night's game against Hereford.

Continued from Page 12

Keys to the game were the wind. It was relatively calm in the first half, but blew stronger as the game wore on. Turnovers also played a roll. Pampa forced an unofficial five turnovers in the game. And while the Harvester defense gave up racked up more than 400

total yards for the night. Including two 100 yard rushers. Sharod Young and Mark Williams both broke the century mark. Young with 109 yards, Williams with 102. Unofficially, Doughty completed 10 of 20 passes for 119 yards. He also ran for 47 yards.

All in all, this was a great win for Pampa, which is now 4-3, 2-0 for the year. The Harvesters share the District 3-4A lead with Palo 265-yards, the offense Duro, who they host next Friday night at 7:30 p.m.

SHANGHAI, (AP) — Tracy McGrady is more than willing to trade individual statistics for victories with Yao Ming and the Houston Rockets.

"I'm really not concerned about that," McGrady said Wednesday. "My main goal is to make Yao better, to make my. team better. Obviously, my scoring will go down because we're going to try to have Yao go on offense a.

"I have higher goals now I want to achieve."

McGrady, the NBA scoring champion the last two seasons with Orlando, joined the Rockets in a seven-player offseason

goal of winning games and for the season," Yao, a Chinese Shanghai native, said in Adelman said. Chinese.

The Rockets will face the Sacramento Kings on Thursday in an exhibition game in Shanghai — the first NBA game in China. The teams will meet again Sunday in Beijing before returning to the United

Yao is hugely popular in Shanghai and his return has dominated headlines.

"I hope that he enjoys his moment because he has worked very hard to come home (to Shanghai) with the NBA," Rockets coach Jeff Van Gundy said.

Kings coach Rick Adelman said he had anticipated that most of the attention would be on Yao and the Rockets.

"He's a great player in "We have a common our league, he's kind of bridged the gap between achieving the best results NBA basketball and basketball."



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NFL plays the bad cop against Plummer

By TIM DAHLBERG The Associated Press

The National Football League wanted to package its tribute to Pat Tillman much the same way it's planning the and autograph a football or do situps in next halftime show at the Super Bowl. Nice, neat and orderly, with no surpris-

Jake Plummer had some other ideas on how to remember his friend and former Arizona Cardinals teammate. He wanted to take it a bit further, with a personal tribute of his own.

It wasn't much, just a No. 40 decal that would remind Plummer of Tillman every time he put on his helmet. Compared to the ultimate sacrifice Tillman made for his country, it almost seemed too little.

Not to the NFL, though. The way the league reacted, you'd think Plummer was trying to put a picture of Janet Jackson's breast on his helmet.

In its infinite arrogance, the NFL threatened to fine Plummer thousands of dollars if he kept wearing the decal, which he has been doing since the exhibition season. Plummer relented. taking the No 40 off for two weeks.

Rules are rules, after all, and the NFL is a stickler for enforcing its idea of what is appropriate on a uniform. Besides the league already honored Tillman by having all players wear the No. 40 decal in the second game of the

The more Plummer thought about it, though, the worse he felt.

Last Sunday, when Plummer and the Denver Broncos played the Carolina Panthers, the decal was back on. Plummer wasn't going to give up the fight, and he agreed to accept whatever fine was levied and urged fans to

donate to the Pat Tillman Foundation. Suddenly, the issue wasn't so simple anymore.

After all, this wasn't Peyton Manning wanting to wear hightop shoes to honor Johnny Unitas. This wasn't Jim McMahon wearing "Rozelle" on his headband to poke fun at the former NFL commissioner.

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simple desire to honor a fellow player terror? who died in the line of duty for his

Terrell Owens can pull out a Sharpie the end zone after a touchdown without getting fined. But Plummer can't wear a small No. 40 decal in honor of a war hero?

This was one battle the NFL wasn't going to win in the court of public

> 'Pat Tillman left this world as a protector of our freedoms, the same freedoms that your league enjoys each Sunday.

> > — John McCain Senator, Arizona

Politicians, who know a hot issue when they see one, jumped right in. Arizona Sen. John McCain sent a letter to commissioner Paul Tagliabue sharply rebuking the league's stance.

"Pat Tillman left this world as a protector of our freedoms, the same freedoms that your league enjoys each Sunday," McCain wrote. "He died so that we as Americans can enjoy our way of life and express ourselves in the way that Jake Plummer now seeks to express himself."

He wasn't the only one who felt that

Americans, after all, grow up learning to respect those who fought — and those who died fighting — for their

Sure, the league had already honored the former Cardinals safety. But what was wrong with Plummer wanting to keep alive the memory of a special man who left behind the riches of

This was a football player with a pro football to fight in the war against

Give the NFL some credit. It didn't take long for it to see which way the wind was blowing, and on Wednesday, there was a compromise that seemed to make everyone happy.

Plummer gave up his decal and, in exchange, the Broncos will put up a big No. 40 logo near the play clock on the north end of the stadium. The team will also run ads on the scoreboard during games to promote the Tillman Foundation.

The NFL agreed not to fine Plummer, and will allow him to tape public-service announcements honoring Tillman that will be played in stadiums nationwide on the weekend after Veteran's Day.

It will also contribute \$250,000 to a USO center in Afghanistan to be named after Tillman.

"I wish I could still wear it," Plummer said, "but it doesn't stop me from honoring and remembering Pat Tillman as a dear friend and a close teammate and a guy that I think everyone should look up to as a hero."

Jake Plummer did more than just tweak the rigid underpinnings of the NFL by putting a decal where it wasn't supposed to go.

He stood up to the league for what he thought was right, the same kind of thing Tillman was doing when he joined the Rangers to fight the Taliban in Afghanistan.

In the end, the league kept its helmets free of any extra adornment — at least until Owens starts signing his in the end zone. But the payoff for Plummer was greater.

His challenge focused far more attention on Tillman than a little helmet decal would have ever gotten, the foundation stands to get more money, and Americans get another chance to remember the sacrifice Tillman made.

As for Plummer, he'll get the satisfaction of knowing that Pat Tillman would have been proud of what his buddy tried to do.



PAMPA HIGH SCHOOL SPORTS SCHEDULE WEEK OF OCT. 18 - OCT .23

7th Grade hosts Borger • 5pm 8th Grade at Borger • 5pm

THURSDAY - OCT. 21

9th Grade at Amarillo Gold • 4:30pm Jr. Varsity at Palo Duro •7pm

Friday • Oct. 22 Varsity hosts Palo Duro • 7:30pm

VARSITY VOLLEYBALL TUESDAY • OCT. 19

Lady Harvesters host Dumas • 6 pm SATURDAY - OCT. 23

Lady Harvesters at Caprock • 2 pm

VARSITY TENNIS TUESDAY • OCT. 19

Pampa host Dumas • 4 pm SATURDAY • OCT. 23

Pampa at Caprock • 9 am

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Fitness

Continued from Page 11

said Thies, who was not involved in the research.

"Keep eating your veggies, too" could be another mantra, according to a Dutch study, showing Europeans ages 70 to 90 who ate a Mediterraneanstyle diet rich in fruits, vegetables, fish and olive oil had a 23 percent lower risk of death during a 10-year follow-up than those with less healthy eating habits.

A 65 percent lower mortality risk was found in those combined Mediterranean-style diet with three other healthy habits moderate alcohol use, no smoking and a half hour or more per day of physical activity, including walking.

The studies appear in a recent Journal of the two miles daily.

American Medical Association.

"This study is important because it is often thought that diet, alcohol, physical activity and smoking doesn't matter anymore in old age," said nutrition researcher Kim Knoops of The Netherlands' Wageningen University, who

led the diet study. While the studies involved older patients, they don't answer whether adopting healthy habits late in life has the same benefits as a lifetime of healthy behavior, since participants weren't asked how long they'd engaged in the activities.

One of the exercise studies involved 2,257 retired men in Hawaii ages 71 to 93. Those who walked less than a quarter-mile a day were almost twice as likely to develop Alzheimer's or other forms of dementia as men who walked more than

Addicts

Continued from Page 11

He and others caution that people who happen to have medications on hand that show promise in such studies shouldn't give them to friends and family with addiction problems. That must be left to professionals. Experts also say that even effective anti-addiction medicines usually can't work by themselves, but must be used along with non-drug therapy.

The most straightforward approach to testing an existing drug is to follow its approved purpose, but in a different way. Some scientists are studying how to prolong the effects of naltrexone, now usually given as a daily pill for treating dependence on alcohol or opiates like heroin and mor-

Dr. David Gastfriend of been made," said Gastfriend, Massachusetts General Hospital and Medical School and other researchers recently reported that specially formulated naltrexone helped alcoholic men cut down on their drinking for a month when they received the drug as a shot in the buttocks.

Why is a monthly visit to a doctor better than just taking a pill every day?

"The pill requires a daily awareness that this is a dangerous disease and a rational decision to take the pill," Gastfriend said. "The problem with this illness is that on any given day, a person can feel, 'No, it would be better if I could drink.' So you take the pill the first day and you have to make 29 more decisions" the rest of the month.

"But if you received an 29 decisions have already dopamine system.

a paid consultant to Harvard Alkermes Inc., which is developing the formulation he studied, called Vivitrex.

> More striking than just reformulating a drug is finding a new and apparently unrelated use for it. Here, scientists are guided by emerging knowledge about how addiction hijacks the brain.

Addicts apparently suffer from a combination of unusually strong desire for a drug and a weak inhibition against using it, Vocci said.

"These people essentially have a revved-up engine and thin brake pads," he said.

In the brain, scientists have found that cocaine produces euphoria by stimulating nerve circuits that communicate with a substance called dopamine. So they've looked for medications that injection the first day, those can affect the activity of this

Arthritis

Continued from Page 11

been very pleased to have been involved with it,' Pradhan said.

Isicoff said she tries to meditate in the morning and at night, although mindfulness can be as simple as being aware of feeling the wind on your skin. Such a simple process, however, can be difficult to put into practice, she said.

"Most of us have this crazy internal dialogue," she said. "For me, it was difficult to say, 'I want to relax' and, 'I don't want to think.' You learn to be an observer of the thought. It's sort of best to acknowledge it: 'Oh, there you are," there's a judgment, there's an angry thought, and the moment you acknowledge them, they go away."

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Lifestyle

NEWSMAKERS

Pampa High School junior Abbi Aderholt recently



won the VTV: Varsity Television Golden V Award, an on-line newspaper award, for her story on homeless teens, reports Miranda Bailey, journalism instructor at PHS.

Aderholt is an honors student at PHS and the managing editor of the Little Harvester this year.

The PHS newspaper, The Little Harvester, was also awarded \$500 as result of Aderholt's winning story.

The award-winning article was published on-line at the high school publication's web site. To read the article, go to the news section of the Little Harvester web page

www.my.highschooljournalism.org/tx/pampa/phs.

Club news.

Club news is published strictly on a first come, first serve basis due to space limitations. The deadline each week for Sunday's paper is Wednesday at 5 p.m., (Tuesday at 12 noon on holidays such as Thanksgiving and Christmas.) The deadline does not guarantee publication that week. Thank you.

Heritage Art Club

Heritage Art Club met recently at Pampa Senior Citizens Center with President Roxanna Hendricks presiding. Among those present at the meeting were Ruth Barrett, Edie Hudson, Polly Benton, Hendricks, Jennie Barker, Theresa Maness and Betty McCracken.

During the meeting, the following business was conducted and announcements made:

—Secret Pal gifts were exchanged.

—Members painted pen and ink scarecrows under the direction of Maness.

Marge Holland won the door prize.

The next meeting will be Nov. 1 at Pampa Senior Citizens Center.

Pampa Art Club

Pampa Art Club met Oct. 5 at the home of hostess Betty Fletcher.

During the meeting, the following business was conducted and announcements made:

-Minutes were approved as read by Pat Kindle. —Members worked on individual art projects.

-Linda Nowell was congratulated for winning a third

place award at Amarillo Fine Art Show.

-Members viewed murals painted in the Sunday school department at First Christian Church. Some of the

murals were rendered by PAC member Frances Hall. The next meeting will be at 10:30 a.m. Oct. 19 at Pampa Community Building.

20th Century Club

Twentieth Century Club met Oct. 12 at the home of hostess Dot Stowers who was assisted by Louise Bailey. The following business was conducted and announcements made:

Roll was taken and minutes were read by Bailey,

club secretary.

-Billie Dixon delivered the treasurer's report. -Vonna Wolf presented the program on "Diary of

The next meeting will be at 1:30 p.m. Oct. 26 at the home of Mildred Laycock.

DAR

A program on lowering the risks for heart attacks and strokes was presented by Joan Gray-Soria, local Extension agent, at a recent meeting of Las Pampas Chapter of Daughters of the American Revolution.

Individuals at high-risk for heart attack or stroke, Gray-Soria said, are those with high blood pressure and high cholesterol, those who smoke, are under great stress and have a family history of either disease. Lack of exercise is a contributing factor as well, she said.

Gray-Soria reported that a good heart attack survival plan includes having a readily accessible information sheet with medicine and dosage amounts being taken, with medicines that cause an allergic reaction as well as doctor's name and emergency phone numbers.

Individuals can lower their risk of contracting these life-threatening diseases, Gray-Soria said, by walking 30 minutes five days a week, taking prescribed medications, maintaining a healthy weight, reducing animal fat in cooking, limiting salt intake and getting regular health check-ups.

In other business:

—Darlene Birkes delivered a summary of the President General's message and presented a flag fact.

-Louisa Britton presented the National Defense Report on Pantex, and Mary Cantrell reported on conservation, fire prevention, DAR School report and

Constitution fact. -Members were recognized for donations to Pioneer Cottage, and donations were taken for veteran projects.

-Peggy Palmitier received her 25-year recognition certificate. The chapter earned a blue ribbon award from the

national organization and a Level I award from the state organization. The next meeting is scheduled Nov. 4.

Altrusa

Altrusa International Inc., of Pampa, met Oct. 12 at Pampa Country Club with President Billie Dixon presiding. Diann Birdsell and Mattie Norton served as greeters. Kayla Cox attended as a guest.

During the meeting, the following business was con-

See CLUB, Page 12-B

No tricks! Just easy-to-make

batter, then transfer to

Bake 18 to 21 minutes.

Reserve 2 tablespoons

Remove pans from oven,

transfer to wire rack and

of chocolate frosting in

resealable plastic bag.

let cool completely.

prepared pans.

No tricks! Just easy-tomake treats -

Thinking about inevitably Halloween conjures up images of goblins, ghouls and ghosts who walk the earth for a night of fright. This year, let a friendly spirit into the house instead the spirit of fun!

Wandering spirits aside, Halloween is a great time for wandering imaginations. Invite family and friends in the spirit of fun to partake in the creative activities of the season. Homemade costumes foster creativity and fun, as does dressing up the front porch for guests with jack-olanterns and scarecrows in outrageous getups.

Past the front door, welcome guests into a memorable party filled with fun treats, not scary tricks. Guests can decorate masks, make up silly Halloween songs set to familiar tunes and munch on festive goodies. Invite the spirit of fun, and the enjoyable memories of Halloween will haunt you, happily, for the rest of the year.

For other unique Halloween recipes, decorating and gift ideas, and family fun activities, visit www.brightideas.com.

■ Spider Cupcakes Ingredients:

1 (18.25-ounce) box devil's food cake mix

1 (26.5-ounce) bag Snickers or Milky Way unwrapped

(14-ounce) bag M&M's Milk Chocolate Candies for Halloween

1 (16-ounce) can dark chocolate frosting

1 (10.5-ounce) can chocolate sprinkles 24 large marshmallows

48 black licorice laces

Directions: Preheat oven to 350 laces. Press 4 pieces on

instructions. Fill 2 muffin tins with paper liners.

degrees. Prepare cake two sides of each cupcake mix according to package for spider legs. Dot marshmallow centers with frosting and attach Fold candy bars into an M&M's to each.

Spread tops of cup-

Cut marshmallows in

cakes with remaining

frosting, then coat with

half horizontally. Using

reserved frosting, attach

marshmallows to cup-

Evenly quarter licorice

chocolate sprinkles.

cakes as eyes.

Makes 24 cupcakes

Ingredients:

cookie dough

M&M's Milk Candies or Halloween

ing

coloring ored sticks 1 (6-inch)

strands colored raf-

Directions:

Attach another M&M's for mouth.

Halloween **Cut-Out Cookies**

1 (18-ounce) roll refrigerated sugar

2/3 cup allpurpose flour (14ounce) bags

Chocolate (16ounce) can vanilla frost-

Black food 6 large colcraft

flowerpot Styrofoam 6 (12-inch)

350 degrees. Knead together cookie dough and flour until smooth. Roll out dough to

Treats!

1/4-inch thickness. Using large Halloween cookie

cutters, cut out 6 cookies and transfer to cookie sheet. Gather up dough scraps and re-roll, if necessary. Slide a craft stick

underneath each cookie and press into dough. Bake cookies until golden brown, about 12 to 15 minutes. Transfer cookie sheet to wire rack. When cookies

are cool, divide vanilla frosting between 2 bowls. Using food coloring, color half of frosting black. Spread frosting over cookies, and decorate with candies (eyes, noses, etc.). Let dry, about 30 minutes.

Fill flowerpot with Styrofoam. Tie each craft stick with raffia. Press

Preheat oven to craft sticks into Styrofoam. Sprinkle remaining candies over Styrofoam.

Makes 6 large cookies

■ Boo-Ville Dirt Ingredients: 1 (9-ounce) box chocolate wafers

1 (5.9-ounce) box instant chocolate pudding 1 (13-ounce) bag

Snickers Fun Size Bars 1 (13-ounce) bag Twix Fun Size Bars

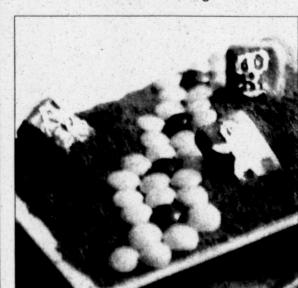
2 cups whipped topping 1 (14-ounce) bag M&M's Milk Chocolate Candies

for Halloween 1 tube white decorating icing Directions:

Put chocolate wafers into large plastic bag and crush into a fine crumb. Set aside. Set aside 9

Snickers bars and roughly chop remainder. Place in mixing bowl and set aside. Chop Twix bars,

See RECIPES, Page 8-B



Boo-Ville Dirt

Halloween Cut-Out Cookies

■ All materials courtesy of M&M's Seasonal Brands.



Twenty - Second Annual

Rose Memorial Service

and the community to sin us

the lives of the loved ones

Sunday, October 24, 2004

New Life Assembly of Coa Church

A reception will follow the service.

(806) 665 - 6677

 $00 \, \mathrm{p.m.}$

35 N. Summer

mpa, Texas

caregivers

e to celebrate

BSA Hospice Staff a

invite you, your family, fr

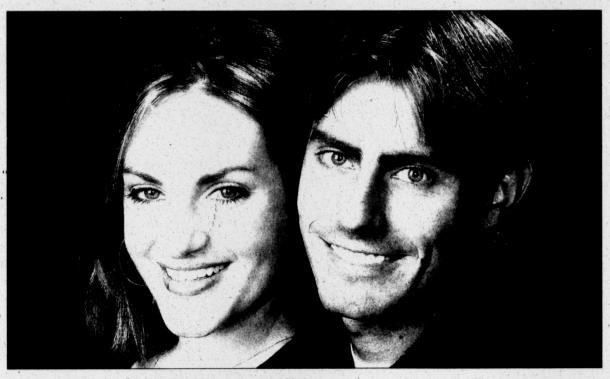
in a memor

Couple exchange vows in California

Amber Nichole Stafford and Jeremy Weir were united in marriage in Ventura, Calif., on Oct. 2. The couple will be living in San Diego, Calif., where they both have jobs.

The groom is a graduate of the University of California-San Diego UCSD.

The bride, daughter of Pampa natives Tony and Phyllis Stafford of Ventura, is a graduate of Diego University. She is the granddaughter of Karen Parnell, Royce A. Gee and Walker and Dorothy Bird, all of Pampa, and Dennis Stafford Midland.



Amber Nichole Stafford and Jeremy Weir

Couple receive surprise anniversary trip

Mr. and Mrs. Russell Seely of Pampa will celebrate their 50th wedding anniversary from 2-4 p.m. Oct. 23 at Fellowship Baptist Church.

Russell Seely and Wynona Orndoff were married Oct. 19, 1954, at Pampa. Hosting the upcoming reception will

be their children, Russell "Rusty" Seely, Jr., of Pampa, Phillip and Helen Seely of Houston and Stephen "Steve" and Tarra Seely of Ponca City, Okla. The couple enjoyed a surprise trip to

Eureka Springs, Ark., in September from Phillip, Helen, Stephen and Tarra. The couple was treated to sight-seeing, attending an antique car show, and a viewing of the Passion Play, with a tour of the Holy City and the Christ of the Ozark's.

Mr. Seely, originally of Kettle Falls, Wash., has been a Pampa resident for 55 years and Mrs. Seely, of Leedey, Okla., has lived here for 62 years.



Mr. and Mrs. Russell Seely

Mr. Seely retired from IRI

Corporation in 1999 after 24 years of

Mrs. Seely retired in 2000 from Walgrandchild.

Both are members of Fellowship Mart after 16 years. She is a member of Business Women's American Association.

> The couple is the grandparents of five grandchildren and one great-

Lifestyles Policy

1. The Pampa News will also reserve the right to accompanied by a selfnot be responsible for photo- refuse publication of photo- addressed, stamped envegraphs used in announcing graphs of poor quality. lope. They may be picked up births, weddings, engage- Photographs cannot be in the office after appearing ments or anniversaries. We returned unless they are in the paper.

2. All information must be submitted by 5 p.m. Wednesday (12

See POLICY, Page 3-B

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Cards, Gifts And Candles

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Support For Women

RHEAMS DIAMOND SHOP

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SCHNEIDER HOUSE APTS.

Assisted Living

T SHIRTS AND MORE

Sports Clothing And More

. . .

TARPLEY MUSIC

Instruments And Music

THE COFFEE SHOP

Drinks, Lunch And Gift Items

THE GIFT BOX

Religious Gifts And Books

THE HOBBY SHOP

Craft Items

. . . THE PAMPA NEWS

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. . . **TOP OF TEXAS**

AWARDS AND GIFTS Gift Items, Trophies And More

. . . **VJS IMPORTS**

Unique Clothing And Jewelry

Ad Paid For By The **Downtown Businesses Association**

Lorell An

Sept. 14

Haynes o pounds,

The infa Ronnie a

grandpar

Haynes a

Laney Ka at BSA h Shipman pounds, Relatives Greg and

Lane Shi

Sale I



▲ Lorell Haynes

Lorell Ann-Maree Haynes was born at 5:13 p.m. Sept. 14 at BSA Hospital in Amarillo, to Lauren Haynes of Pampa. At birth, the infant weighed 7pounds, 14-ounces and was 19 1/2-inches long. The infant's relatives include grandparents, Ronnie and Dennie Haynes of Pampa; and greatgrandparents, Judy Haynes and the late H.N. Haynes and the late Frank and Lola Roach.



▲ Laney Kay Shipman

Laney Kay Shipman was born at 1:22 p.m. Sept. 15 at BSA hospital in Amarillo, to James and Angie Shipman of Pampa. At birth, the infant weighed 7pounds, 14-ounces and was 19 1/2-inches long. Relatives of the infant include her grandparents, Greg and Judy Sims, Donna Shipman and the late Lane Shipman; and a great-grandfather, Bill Sims. tures may be placed for a

Trinity Elizabeth King



Policy \$25 charge or four extra lines may be added to announcements for \$25 (\$50 Continued from Page 2-B for both).

Tuesday before a holiday such as Thanksgiving or Christmas), prior to Sunday insertion.

3. Engagement, wedding and anniversary news only will be printed on Sunday.

4. Engagement announcements will be published if the announcement is submitted at least one month before the wedding, but not more than three months before the wedding.

5. Bridal photos and information will not be accepted in The Pampa News office later than one month past the date of the wedding.

6. Anniversary announcements will be published for celebrations only of 25 years or more and will not be published more than four weeks after the anniversary date.

7. Birth announcements will only be published for 0to 3-month-olds. (See form for more details.)

8. Forms are available from the office 8 a.m. to 5 p.m., Monday thru Friday, or by sending a SASE to The Pampa News, P.O. Box 2198, Pampa, TX 79066-

9. Two anniversary pic-

Trinity Elizabeth King was born at 6:39 p.m. Sept. 11 at Abilene Regional Medical hospital, to Jeremy and Tiffany King of Abilene. At birth, the infant weighed 6-pounds, 5.1-ounces and was 20-inches long. Relatives of the infant include her grandparents, Calvin and Sharon King of Pampa and Jerry and Cindy Mote of Bridgeport.

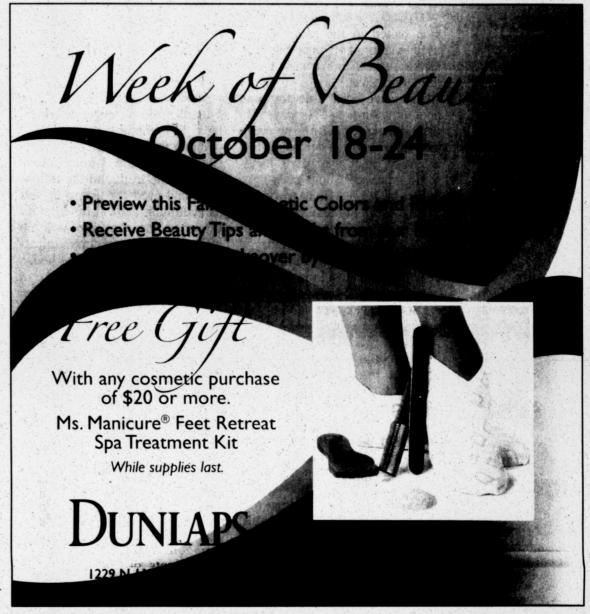
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By Pauline & Jeanne Phillips

DEAR ABBY: Six months ago, I met a great guy I'll call Joe. Things have gotten serious and we have discussed living together. A couple of weeks ago, Joe spent the weekend at my place. When I got up to prepare breakfast, I was shocked to see him walk through my front door after retrieving my newspaper -- stark naked.

I live in a wooded area with few neighbors. Joe had to stroll down a long private driveway to the public street to get the paper. Anyone could have seen him. There are little kids in the neighborhood. To top things off, it was chilly outside and raining.

side naked in the rain, and he location. Thus, many women tried to shrug it off as no big deal. He replied, "I didn't want to get my clothes wet."

I haven't been able to think about anything else for days. I'm e-mails from a delightful young considering breaking up with him over this. Joe seems perfect in every other way. He's handsome, successful and even-tempered. I live in a small town and can't risk my reputation by being in a relationship with the local flasher. He thinks I'm making a big deal out of something innocent. What should I do?

NESOTA

DEAR MORTIFIED: First of all, count your blessings. I know a doctor in Minnesota who likes to shave naked in the snow. He says he gets a closer shave that way. Of course, he hasn't caught pneumonia yet or been reported to the police -- and his wife is open-minded.

Because you live in a secluded area, it's possible your does, the inevitable question friend didn't realize he could be seen by anyone -- young or has this person been lying old. Put him on notice that about?" That's a very poor when he's at your house, he is way to start any meaningful not to go outside au naturel. If relationship. he respects your feelings, he'll abide by your wishes. If he doesn't, Nature Boy is not the man for you -- and could be courting a "close shave" with the law in your community.

DEAR ABBY: I am one of your male readers. I posted my profile on an Internet site for singles. The site contains a significant amount of personal information. All the information I entered was accurate except for my age. I said I was six years younger than my chronological

I did it for two reasons: First, I neither look nor act my age. I take excellent care of my body and my chronological age doesn't reflect who I am. Second, individuals conduct a search based on only two parameters -- the age I asked Joe why he went out- range desired and geographic would never view my profile because I would fall outside the age range considered acceptable.

I had sent and received several lady. At one point, she asked me whether the age listed in my profile was accurate. I immediately told her the truth and the rationale I had used for listing myself as younger. She immediately informed me that she was no longer interested in communicating with me because I had lied.

Was I wrong to list an age in MORTIFIED IN MIN- my profile that wasn't accurate, even though I am more youthful than most people my age?

-LOOKING FOR LOVE, COLUMBUS, OHIO

DEAR LOOKING: Yes, you were wrong. Although many people of both sexes lie online -- about everything from height, to weight, to income level -- the truth has a way of coming to light in the end. And when it that follows is: "What ELSE

It is best not to engage in false advertising -- and if you're going to post a photograph, make it a recent one so there are no disappointments.

For Better Or Worse



Zits



POSITION

Garfield



Beetle Bailey



Marvin



Crossword Puzzle

CROSSWORD By THOMAS JOSEPH **ACROSS** DOWN

1 Sight 1 High-5 Up landers 10 Gave a 2 Outcast hoot 3 Source 12 Flat paper of 13 Speak answers

14 Pithy 4 Asian 15 Quirk holiday 16 Dove 5 Choir member sound

away

audience

ring

18 Take in 6 Golf 19 Californeed nia's 7 Moving Sea saloon 21 Grant on 8 Classify film 9 Wee 11 Mail-

22 Racer's edge 24 Become prevalent 17 Facing 25 It's beyond what's NEW CROSSWORD BOOK! Send \$4 50 (check/m o.) to

expected 29 Leave in stitches 30 "Scram! 32 Sawbuck word 33 Kitty cry 34 Pindar work

35 Skirt 37 Road runners 39 Gas. for 40 Hagar's dog

41 High-hats 42 Ages

20 Scrump-

tious

quiet

ber

25 Craps

26 Kubla

remem-

when

natural

Khan's

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21 "Be

23 "

27 Blackout

Welty

31 Tries out

29 Flight makeup

33 "Alice"

36 Bit of

diner

paint

38 French

article

criminal 28 Writer

Marmaduke



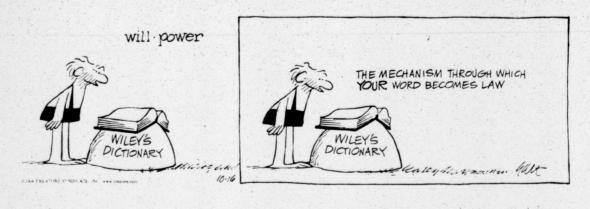
When the frog jumped, so did Marmaduke.

The Family Circus



"That rain we told last week to come back again another day, picked today."

B.C.



Haggar The Horrible



Peanuts



Flo & Friends



Blondie



SUNDAY, October 17, 2004
to

SATURDAY, October 23, 2004



Need some **sound** advice?

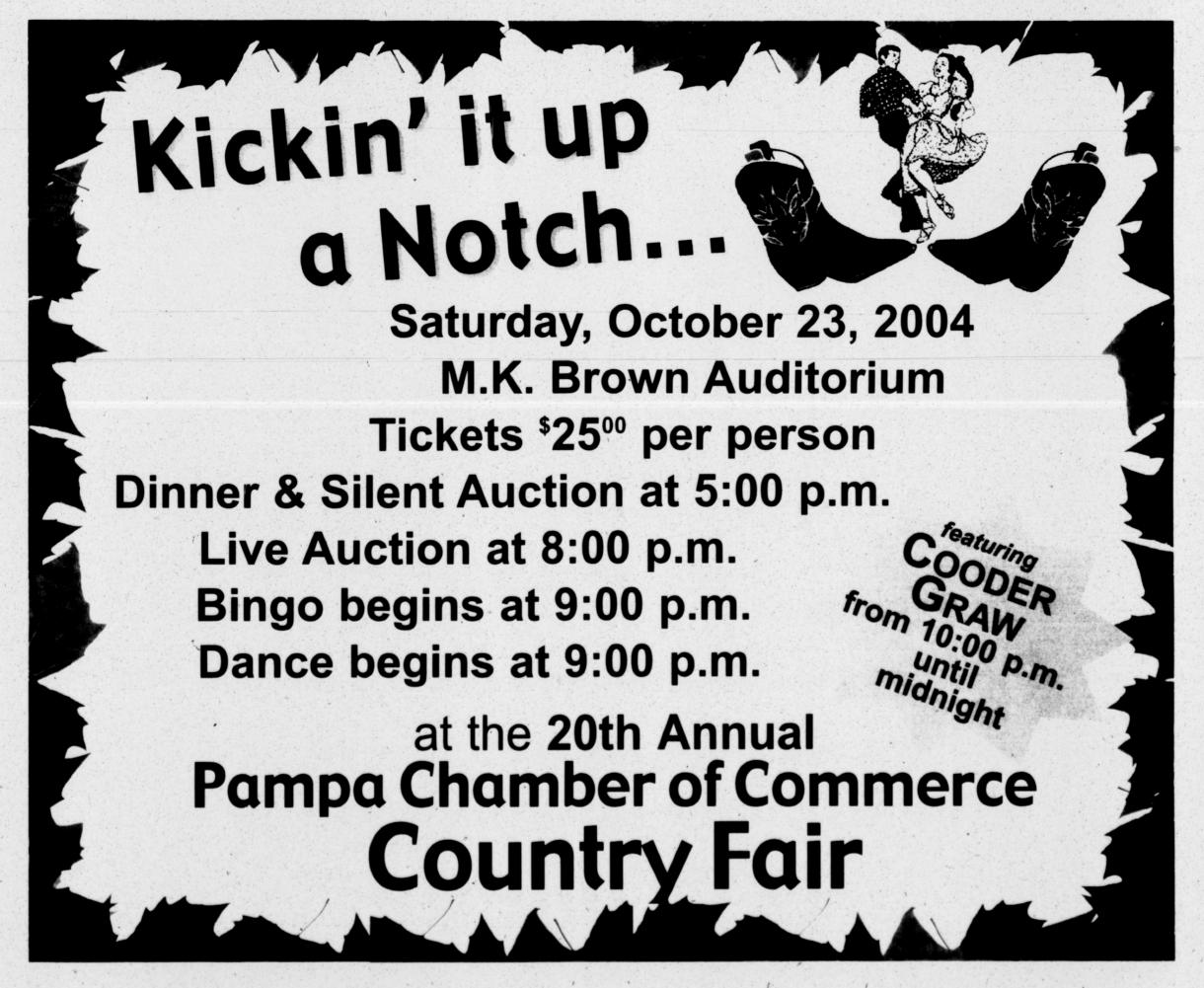
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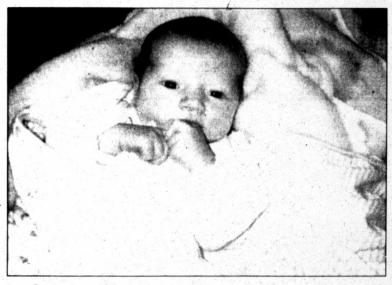






Sydney Ellen Larkin

Sydney Ellen Larkin was born at 9:04 a.m. Sept. 22 at Amarillo, to Dustin and Tanya Larkin of Pampa. At birth, the infant weighed 7-pounds, 12-ounces and was 20 1/4-inches long. Her proud relatives include brother, Brody Larkin; grandparents, Debbie Latham of Shamrock and Gary and Diana Larkin of Skellytown; and great-grandparents, Don and Floy Larkin of Pampa and DW and Mary Rankins of Shamrock.



Jacob Lane Covalt

Jacob Lane Covalt was born at 7:58 a.m. Oct. 5 at Pampa Regional Medical Center, to Marc and Rebecca Covalt of Pampa. At birth, the infant weighed 8-pounds, 11-ounces and was 20 1/2-inches long. Relatives of the infant include a brother, Hayden Covalt of Pampa; and his grandparents, Al and Susan Ferguson and Julie Swanson, all of Pampa, and Robert and Glenna Swanson of Skellytown.

Menus

Week of October 18-22

WEDNESDAY Breakfast: French toast, cold cereal,

toast, juice, milk. Lunch: Chicken fajitas or maca-Lunch: Baked potatoes or chicken fajitas, steamed broccoli, cheese, beans,

beans, applesauce, salad bar, milk. THURSDAY

Breakfast: Breakfast pockets, cold cereal, toast, juice, milk.

Lunch: Ribaque or chicken nuggets, mashed potatoes, green beans, rolls, pears, salad bar, milk.

FRIDAY

Breakfast: Cold cereal, toast, juice,

Lunch: Cheese pizza, peanut butter and jelly sandwiches, corn, oranges, salad bar, milk.

> Kid's Cafe **OCT. 18** (Wilson Elementary)

Sloppy Joes, chips, fruit. **OCT. 19** (Lamar Elementary)

Burrito Supreme, salad, corn, pudding cups.

Stew, cornbread, fruit, cookies. OCT. 21 (Lamar)

OCT. 20 (Wilson)

Chicken, mashed potatoes, green beans, rolls, fruit.

Senior Citizens

MONDAY Chicken fried steak or lasagna rollups, mashed potatoes, spinach, beets, beans, French vanilla cake or chocolate pie, slaw, tossed or jello salad, hot rolls or combread.

TUESDAY

augratin potatoes, green limas, fried squash, beans, Boston cream pie or cherry cheesecake, slaw, tossed or jello salad, hot rolls or cornbread.

WEDNESDAY

Roast beef brisket/brown gravy or cook's choice, mashed potatoes, peas and carrots, corn cobettes, beans, hurricane oatmeal cake or blackberry cobbler, slaw, tossed or jello salad, hot rolls or cornbread.

THURSDAY

Chicken strips or beef enchiladas, tater tots, cheese grits, fried okra, pinto beans, strawberry shortcake or lemon icebox pie, slaw, tossed or jello salad, hot rolls or cornbread.

FRIDAY.

Catfish/hushpuppies spaghetti/meatballs, potato wedges, zucchini, beans, peanut butter cake or tapioca cups, slaw, tossed or jello salad, garlic bread sticks, hot rolls or cornbread.

> Meals On Wheels MONDAY

Barbecue, potato salad, baked beans, pudding.

TUESDAY

Hamloaf, hominy casserole, carrots/raisin salad, pineapples. WEDNESDAY

Chicken, dressing, gravy, English peas, cranberry sauce, yamboree.

THURSDAY Egg casserole, hashbrowns, green

beans, cookies. **FRIDAY**

Chicken nuggets, baked potatoes,

Baked cod/rice or Salisbury steak, peas/carrots, peaches.

Recipes Continued from Page 1-B

cereal, toast, juice, milk.

ple tidbits, salad bar, milk.

Pampa Schools

MONDAY

western

onions/bell peppers, Spanish rice,

TUESDAY

Lunch: Spaghetti/meat sauce or

Breakfast: Cheese omelets, toast.

chicken nuggets, green beans, salad,

WEDNESDAY

Breakfast: Biscuits, sausage gravy.

or pizza, corn, English peas, pineap-

Breakfast: Cinnamon rolls.

Breakfast: Cereal, toast.

potatoes, mixed fruit.

peas, fruit, brownies.

toast, juice, milk.

cocktail, milk.

Lunch: Chicken salad sandwiches

THURSDAY

Lunch: Pigs in a blanket or

beef/cheese nachos, blackeyed peas,

FRIDAY

Lunch: Chicken patties on a bun or

hamburgers, French fries, English

Lefors Schools

MONDAY

Breakfast: Muffins, cold cereal,

Lunch: Corndogs or hot pockets,

potato smiles, peas, salad bar, fruit

TUESDAY

Breakfast: Sausage, biscuits, cold

Lunch: Teriyaki chicken or egg

rolls, rice, celery/carrot sticks, pineap-

Breakfast: Toast, sausage.

roni/cheese,

peaches, rolls.

place in separate mixing bowl and set aside.

Prepare pudding according to package directions. Refrigerate 10 minutes.

Fold whipped topping into

Line bottom of 9- x 13inch pan with chopped Snickers bars. Spoon half of Brownies pudding mixture over candy, then sprinkle with Twix bars

and top with remaining pud- brownie mix

Spread chocolate wafer crumbs over entire surface, mounding some crumbs in different areas to make hills.

Use M&M's to make a path. Decorate remaining 9 Snickers bars with white icing and press bars into prepared surface, creating a spooky landscape.

Makes 20 to 24 servings

Jack O' Lantern

Ingredients: 1 box (for 9x13-inch pan) pletely, unmold and place on

1 (16-ounce) can white frosting, tinted with orange food coloring

1 (14-ounce) bag M&M's Milk Chocolate Candies for Halloween 6 green Starburst Fruit

Chews, Tropical variety Directions:

Line bottom only of 9inch round baking pan with parchment paper.

mix according to package of cake, decorate with directions.

Once baked, cool com-

platter.

Ice with orange-tinted frosting. Use black M&M's for Jack O' Lantern's eyes, nose and mouth.

Microwave fruit chews 3 to 4 seconds. Mold into one piece with fingers. Pull off 1/3, set aside.

Mold remainder into thick stem shape. With hands, roll reserved piece into long rope on flat surface. Make Prepare and bake brownie curlicues. Press stem into top "vines."

Makes 12 servings

Pause Live TV in HD

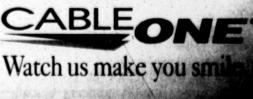


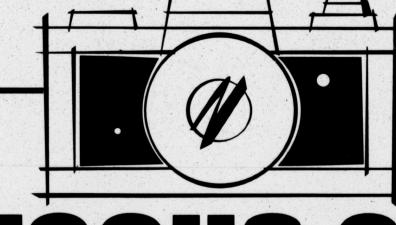
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Hoi arti

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Her appro Houston Po Gibson in he than 700 su working as a 20 years ago

Nationwid among 19 artists who w Sacramento, There are ab artists, but so freelancers, chairman of tion board Association nationally-re agency based

"Forensic tion tool. It said Johnso artist with th Davenport, work provid of who you

Orange Cou trust forensie day detective willing to tr almost expec Sketches a cases that ot

ticed, Johnson 'That is r Steed said. " all these per go get him. help."

But despit art and exp that police sketch, mai have enough an artist ful Taylor, an ar Texas Depar for almost 20

'There are have artistic want to do opportunity Gibson, 5

could put her help solve of Houston. De pects - heigh 1980s. Gibso es police mig lic in recogn

Farm Scene: Farmers get creative in controlling odor

CONESTOGA, Pa. (AP) — To longtime on new or expanding farms above a certain sciences at Penn State, said people should be rural residents, the smell of manure is something they hardly notice.

But with more city-dwellers moving closer to farms, the state is considering ways to restrict the stench, and some farmers are trying to reduce the odor voluntarily.

"We don't just do it for our neighbors," said Tom Frey, who has 1,200 dairy cows on his Lancaster County farm. "My wife doesn't appreciate it when it stinks.'

Frey uses an array of tactics, such as covering manure pits with vegetable oil and blowing the smelly air through a "biofilter" made of wood chips.

In August, Gov. Ed Rendell's administration said it would push for odor restrictions size. A handful of states, including Iowa, already have rules.

The issue has gained momentum as more people spread farther out into the suburbs. Farms also are getting bigger — in 1990, Pennsylvania had 220 farms with 1,000 hogs or more; last year there were 310.

Farmers have sought out scientists and entrepreneurs for help as odor becomes a bigger concern for their new residential neighbors. In Philadelphia, the Monell Chemical Senses Center has added charcoal manure; Penn State University researchers have experimented with horseradish.

But Ken Kephart, a professor of animal

wary when looking for a cure-all.

"There's a lot of snake oil out there," he said, adding that practical measures, such as keeping barns clean and away from neighbors, can be more effective.

Environmental groups and neighbors say the smell is more than just an annoyance. · They say it can be a health hazard and even hurt real-estate values.

"This is not some minor little country-air smell," said Jan Jarrett, outreach director for the environmental group Penn Future.

Neighbors say they experience nausea, headaches and shortness of breath from the smell. In 2001, two California farm workers were overwhelmed by fumes and died while

maybe Thursday.

your feet up.

CANCER (June 21-July 22)

*** Slow down, even if others

have plans for you. Know how to say

"no" and be heard. Establishing

boundaries could be hard for the soft-

hearted Moon Child. Screen your

care of yourself first. Tonight: Put

This Week: Others run with the ball.

The best you can do is be the catcher.

★★★ So much is happening that you

might wonder what to do. Go with a

loved one's or partner's impulsive

idea. Both of you could laugh and

enjoy yourselves beyond what you

think is possible. A hike or mini-trip

could be involved. Tonight: Ignore

This Week: You charge into work, a

force to be dealt with. Problems sur-

face Wednesday. You just might need

and creativity. You'll find that success

stems from these traits. A friend or

associate could be hard on you

Wednesday. Don't internalize his or

tomorrow. Stay in the moment.

VIRGO (Aug. 23-Sept. 22)

a break. You're tired.

Let events unwind naturally.

LEO (July 23-Aug. 22)

trying to unclog a manure pipe. The Environmental Protection Agency is studying the effect of the stench on health, but has not imposed restrictions.

Some in the agricultural industry caution against imposing too many restrictions on manure odors, saying that puts an unnecessary burden on them.

"If people want food production in this country, we have to allow certain kinds of inconveniences," said Bill Achor, environmental coordinator at Wenger's Feed Mill in Lancaster County. "If I put on an \$80,000 odor-control device ... someone will say 'I can get that same product from South America."

Houston police sketch artist one among few

By PAM EASTON Associated Press Writer

HOUSTON (AP) — Crime victims don't know it, but they influence what Lois Gibson wears to work.

Gibson, a sketch artist for the 1 Houston Police Department, tries to puts victims at ease as they reconstruct painful images — sometimes wearing jewelry that may start a conversation.

"You have to be patient, you have to comfort. They are overwhelmed with the fear," said Gibson, who completes more than 160 sketches each year. "If I can relax you enough, I can have you to remember your fifth-grade teacher."

> You have to be patient, you have to comfort. They are overwhelmed with the fear. If I can relax you enough, I can have you to remember your fifth-grade teacher.

> > Lois Gibson Sketch artist

Her approach seems to work. The Houston Police Department credits Gibson in helping it to identify more than 700 suspects since she started working as a sketch artist more than 20 years ago.

Nationwide, Gibson says she is among 19 full-time police sketch artists who work in cities that include Sacramento, New York and Portland. There are about 30 certified forensic artists, but some work part time or as freelancers, said Sgt. Steve Johnson, chairman of the forensic art certification board for the International Association for Identification, a nationally-recognized certification agency based in Minnesota.

"Forensic art is not an identification tool. It is an elimination tool," said Johnson, a part-time sketch artist with the police department in Davenport, Iowa. "What that artwork provides is a little better idea of who you are looking for."

Michael Streed, a sketch artist in Orange County, Calif., said for a long time police detectives didn't trust forensic art, but the "modernday detective is more educated and willing to try new things. ... People almost expect a sketch nowadays."

Sketches also draw the public into cases that otherwise might go unno-;

ticed, Johnson said. "That is really the benefit of it," Steed said. "Now you are deputizing all these people: 'Here he is. Now go get him.' People truly want to help."

But despite the interest in forensic art and expectation by the public that police departments release a sketch, many departments don't have enough work or money to hire an artist full time, said Karen T. Taylor, an artist who worked for the Texas Department of Public Safety for almost 20 years.

"There are a lot of people who have artistic skill, who in good faith want to do a good thing in their community, but may never have the opportunity to do this," she said.

Gibson, 54, said she realized she could put her artistic talents to use to help solve crimes after moving to Houston. Descriptions of crime suspects - height, weight, age and hair color — were often vague in the 1980s. Gibson thought with sketches police might better assist the public in recognizing suspects.

"One hundred percent of the time, when a reasonably trained artist, reasonably talented, does a sketch, it is going to at least look similar,"

said Gibson, who's done about

3,000 sketches in her career.

Gibson received an art degree from the University of Texas in 1976. She spent a few years doing fine art portraits along San Antonio's Riverwalk before moving to Houston. She was hired full-time by the police department in 1989 after more than seven years of freelance work. Gibson said she often got paid out of detectives' coffee fund before she got hired full-time.

Earlier this year, one of Gibson's sketches helped lead to the arrest of a man accused of fatally shooting a woman at a gas station as she vacuumed her car.

An anonymous woman spotted a man who looked similar to the sketch and used a crayon to jot down the license plate number from his truck. The woman informed police, who later found the truck at a rest stop in Kerrville and arrested the man sleeping inside.

Beau John Maloney was charged with the woman's murder. A .38-caliber revolver Malonev had with him was connected to the woman's death and an earlier robbery, police said.

Some police departments use computer programs to compose sketches, but Gibson and other artists say computers can't capture the emotion, shadowing or intricate details they can put on a page.

"Police sketches are subjective, so it is very interpretive," Streed

The most important part of putting together the sketch is details culled from the witness during the interview, Gibson said.

"It needs to be the most enjoyable conversation possible considering what the witness has been through,' she said. "The Holy Grail of a great interview is to get somebody to

> 'A lot of these people will come in and they will be expecting a lot because they have been hanging on to this image in their head for days, weeks and months."

— Michael Streed Sketch artist

Streed said he tries to reach a point with the witness where it's almost like the victim's eyes are guiding his hand.

"A lot of these people will come in and they will be expecting a lot because they have been hanging on to this image in their head for days, weeks and months," he said. "It can be very cathartic.'

Many, however, continue to believe trauma causes people to forget what their attacker looked like, but Gibson said she knows from her own experience — she says she was raped at 21 while living in California — that trauma "indelibly imprints" the attacker's image.

"There was like an energy force inside of me and you could let it be a loose cannon of hurt," Gibson said. "But I took the feelings I had and I hitched it up to my efforts and I have all this energy to help anybody now. And all I have to do is draw faces."

HAPPY BIRTHDAY for Sunday, Oct. 17, 2004:

Your curiosity emerges like it hasn't make all the difference to associates. result. SAGITTARIUS adores you.

The Stars Show the Kind of Day You'll Have: 5-Dynamic; 4-Positive; 3-Average; 2-So-so; 1-Difficult

ARIES (March 21-April 19)

**** Your willingness to stretch and open up speaks about you as a human being. A foreigner could toss a whole different approach, if not lifestyle, at you. You might not be able to be a pioneer, but you certainly could open new doors. Tonight: Don't do the same old thing.

This Week: You're in charge, which might be good and bad news. When a project goes down the drain, others will blame you.

TAURUS (April 20-May 20)

*** You might not have as much say-so in making plans as you'd like. The good news is that a partner sees eye to eye with you and wants a similar laid-back Sunday. Still, friends could be provocative, with unexpected surprises and requests. Tonight: Be with the one you want.

This Week: News comes your way that you'll have difficulty believing. Do your own research. Break past black-and-white thinking.

GEMINI (May 21-June 20)

*** You might not be master of your day, and that might be OK with you. Listen to suggestions, and make a choice only if you must. What might please you is fitting everyone in. Give it a shot! Your popularity soars Tonight: Spreading yourself thin.

This Week: Partners and associates dominate. You might disagree, but right now no one hears you until

HAPPY BIRTHDAY for Monday,

You have a lot to say and an active

audience that wants to listen.

Discussions are often animated, as

associates are live wires, with opinions

as well. You often change your mind in

the midst of brainstorming, and reverse

your opinions. Your mind develops to a

new level as your understanding and

perspective evolve. Avoid black-and-

white thinking if possible. If you are

single, you will meet people with ease.

Your original impressions could change

dramatically by your next birthday.

You will meet someone very special

this year; you won't have to look or go

far. This person will turn up in your

life. If you are attached, you might

want to take a workshop in communi-

cation together. Your relationship will

develop as a result. CAPRICORN can

The Stars Show the Kind of Day You'll

Have: 5-Dynamic; 4-Positive; 3-

★★★★ Visualize, and you'll create

much more. Others pick your brain, try-

ing to get as much information as pos-

sible. You feel that you have become a

solution machine. Gather the facts

before you take a stand professionally.

Facts and figures will prove to be the

strength of your position. Tonight:

★★★★ Relating to individuals proves

to be worthwhile. People do not work

with or accept your ideas. It is like there

are too many cooks in the kitchen. Still,

you might want to stretch and do your

own research. Tonight: Explore

TAURUS (April 20-May 20)

GEMINI (May 21-June 20)

Average; 2-So-so; 1-Difficult

ARIES (March 21-April 19)

be an albatross.

Work late.

Oct. 18, 2004:

in many years. You want answers, and you will get them. Use your excellent resources, find experts, and follow your intuition. Sometimes others find you to be overly assertive and direct. Don't forget to mix in some charm. Reach out for others. Your efforts Remember cards and tokens of affection. A new car or computer might be on your agenda this year. You meet people easily. The one you choose to be your sweetie ultimately could be very important to your life. If you are attached, share and chat more with your significant other. He or she draws in much closer to you as a

** Stay close to home. Invite others over and simply let your hair down. Partners and associates become extremely playful. A discussion about money with a roommate or partner might be appropriate. Tonight: Entertain at home This Week: Call on your ingenuity

LIBRA (Sept. 23-Oct. 22) ★★★★ What you say makes waves. Others listen and respond. Get together with friends and/or loved ones after you devour the Sunday paper. Spontaneity might encourage you to begin a new project or learn a brand-new game. Let someone know how much you care. Tonight: Return

her comments.

This Week: Work from home if possible. You will get more done. A boss challenges you Wednesday. Answer to this person.

SCORPIO (Oct. 23-Nov. 21)

*** You might be more aware of the costs of a particular investment or the plans you are making. Discuss this aspect openly so you, too, can be comfortable. Follow your friends, whether they are seeing a movie, going to dinner or just getting together for a fun time. Tonight: Think

"tomorrow."

This Week: Keep communications rolling despite a moodiness that surrounds you. Check out news Wednesday

SAGITTARIUS (Nov. 22-Dec. 21) **** The Moon spotlights you. calls if you must. You need to take Others are unusually receptive to your ideas and thoughts. Be smart: Run with the moment. An older relative has a lot to share. Perhaps you didn't realize you make such a difference here. Tonight. It is your call.

> This Week: You are focused on money and increasing your funds. Consider putting in overtime or getting a second job.

CAPRICORN (Dec. 22-Jan. 19)

*** Cool your jets and take some time just for yourself. Screen your calls and make the most of this very special Sunday. An unexpected call or visit energizes you. Don't take everything as gospel. Check the facts presented. Tonight: Get some extra R and

This Week: The Moon in your sign empowers you through Wednesday. Use these power days well.

AQUARIUS (Jan. 20-Feb. 18) **** Let your hair down. You are among friends. Together you feed each others' imaginations and naughtiness. Realize that someone might feel a bit left out. Do your best to include everyone. Money slips

through your fingers. Tonight: Live as

if there is no tomorrow. This Week: Retreat and say little, even if you know you are right. Not until Thursday will you have an

PISCES (Feb. 19-March 20)

★★ Step out of the activity, even though you might shock yourself as well as others. Take time with one special person in your life. A discussion might be intimate and most rewarding. Schedule more time with this person. Tonight: Think "work." This Week: You hit a home run early in the week. Teamwork plays a big role. No wonder you are tired

Thursday! **BORN TODAY**

Daredevil Evel Knievel (1938), singer Alan Jackson. (1958), writer Jimmy Breslin (1930)

Jacqueline Bigar is on the Internet at http://www.jacquelinebigar.com. (c) 2004 by King Features Syndicate Inc

A new budget might be in order. Remain positive. Conversations in the late afternoon convince others of your direction and choices. Tonight: Visit with a friend

SAGITTARIUS (Nov. 22-Dec. 21) *** You are like a steam engine throughout the morning and most of the afternoon. Don't let this energy go undirected. Know what you want. Carefully choose your direction in a money matter. Tonight: Go over facts and figures.

CAPRICORN (Dec. 22-Jan. 19)

*** Check out information this morning. When you make a presentation, you want to be sure of your facts and figures. In the afternoon, the Moon slides into your sign. You enter your power period of the month. Tonight: As you want it

AQUARIUS (Jan. 20-Feb. 18)

**** You have the wherewithal and imagination to create what you want during the daylight hours. Schedule meetings and a get-together. during this period. Make key calls: Later on, you will want and need more privacy. Tonight: Curl up with a magazine, article or book PISCES (Feb. 19-March 20)

*** Bosses make demands, and you jump to their requests. Associates support and demonstrate the same type of behavior. Assume more self-control. Make a plan to get where you want. You can be quite a force to deal with.

BORN TODAY

Tonight: With friends.

Musician Chuck Berry (1926), actor Jean-Claude van Damme (1960), actor George C. Scott (1927)

Jacqueline Bigar is on the Internet at http://www.jacquelinebigar.com.

*** Network. Throwing a concept out at a meeting helps others brainstorm and allows your creativity to bubble forth. Your popularity surges as you make others feel important. Later in the afternoon, get down to the nittygritty with one person. Tonight: Quality

time with a loved one. CANCER (June 21-July 22) *** Dig into work and get the job done. You might want some feedback from a family member who always comes up with a "better" idea. Take frequent breaks in order to maintain a high level of efficiency. Continue to evaluate the possibility of a home office. Tonight: Accept an invitation out. **LEO** (July 23-Aug. 22) **** Discipline your sense of

adventure and funnel the energy into creativity. Add that energy into your work, and success will follow you. Your ability to communicate helps others understand where you are coming from. Tonight: Work late. VIRGO (Aug. 23-Sept. 22)

★★★ Tension from your personal life mars your ability to concentrate. Carefully check out an investment or improvement to your home. Later in the day, your creativity expands into your work. Go with the flow. Tonight: Funnel energy and originality into your

LIBRA (Sept. 23-Oct. 22)

★★★ Keep conversations going. Use your ability to help others talk and express their feelings. Together you will move ideas and projects to a new level. But don't flip-flop from your basic stand. Don't allow Libran waffling to make you appear as a yo-yo. Tonight: At home.

SCORPIO (Oct. 23-Nov. 21)

** Have your figures lined up, and know where you are spending money.

Selling Pampa Since 1952 669-2522 • 2208 Coffee & Perryton Pkwy.

ASPEN - Large corner lot. Has four bedrooms & baths. Two living areas, built-in hutch and desk in breakfast nook. New laminent on kitchen floor, formal dining, storage building. MLS 6440.

PRICE REDUCED - BEECH - Great home for entertaining or for a large family. Master bedroom has a fireplace and great bath. Living room has woodburning fireplace with gas logs. Formal dining has hardwood flooring, finished basement. Sprinkler system, shop with overhead door. Three decks, a gazebo and a pond. 4 bedrooms, breakfast area all located on a corner lot. MLS 6524.

BEECH - Great location with formal dining room large family room plus office, covered patio, three bedrooms, new sewer to alley. Woodburning fireplace, new exterior paint, kitchen has ceramic tile flooring, double garage. MLS 6451.

N. CHRISTY - Well kept brick home on a corner lot. Three bedrooms. New up-dates have been done new central heat and air, new plumbing, new carpet and laminate flooring, 1 3/4 baths, large kitchen area, single garage. MLS 6467.

CHARLES - Nice two bedroom home in the Austin School area. Deck in front. Vinyl in kitchen and bath. Kitchen has been redone with new cabinets. Recent plumbing from house to alley. Central heat and air, single garage, MLS 6385

CHEROKEE - Nice three bedroom home with large den/gameroom, unfinished basement. Central heat and air. Woodburning fireplace. Living room has new bookcases. New carpet and new textured walls. Covered patio, storage building and double garage, MLS 6541.

CINDERELLA - Wonderful kitchen with custom built cabinets. Three bedroom. Covered patio, large utility room, covered trim for low maintenance Central heat and air. MLS 6480.

S. FAULKNER - Wonderful starter home with steel siding. Three bedrooms, 1 3/4 baths, woodburn ing fireplace. 2 storage buildings, patio, 2 living areas, nice size utility area, single garage. MLS

1141 E. HARVESTER - Really nice two bedroom condo. Central heat and air, woodburning fire place. Shelves in garage, 1 3/4 baths, large living area, an activity room and pool are available. MLS LYNN - Immaculate home with great street appeal Kitchen has built-in hutch. Large living area with French doors opening to covered patio. 2 storage buildings. Three bedrooms. Central heat and air. I 3/4 baths, double garage, MLS 6441.

LEA - Open floor arrangement. Three bedrooms large living room, central heat and air, woodburn ing fireplace. Handicapped accessible bathroom double garage. MLS 6398.

MARY ELLEN - Very attractive 2 bedroom with lots of storage and large master. Storm cellar, central heat and air. Mock fireplace, double detached garage, MLS 6412.

MAGNOLIA - Lots of room in this three bedroom home. Has 2 living areas, dining room, breakfast area in kitchen. Lots of storage and cabinets. 20'x24' drive through garage/shop in back. Utility room, vinyl siding. MLS 6350.

MIAMI · Steel siding on this two bedroom home Central heat and window air. New gas, sewer and water lines, storage building, storm cellar, new electrical lines to house. Single garage with open er. MLS 6452

OAK - WALNUT CREEK - Country living at it's best. Great view off deck. Loft for entertaining. Forma dining room, basement, breakfast area off kitchen Wet bar in living area, woodburning fireplace Three bedroom with an office. 2.5 baths, setting on two acres. 6520.

ROSEWOOD - Nice well kept one owner home Three bedrooms. Isolated master with large bath, step-down living area with ventless heater or could be changed back to woodburning fireplace Central heat and air recently updated. Storage building, kitchen has breakfast bar, double garage

SEMINOLE - Large living area with fireplace kitchen has breakfast bar, two full baths. Central heat and air. Patio, utility area in hall. Double

N. NELSON - Corner lot with nice yard. Home has been up-dated with new tile in kitchen. New paint inside and out. Central heat and air, three bed rooms, single garage. MLS 6420.

90		
Becky Baten	669-2214	Roberta Babb
Heidi Chronister	665-6388	Bobbie Sue Stephens 669-7790
Darrel Sehorn	669-6284	Joan Mabry
Linda Burt	665-5524	Sandra Bronner
Rod Donaldson	669 1720	Dennis Edmondson 669-6582
JUDI EDW ARDS GRI	CRS -	MARILYN KEAGY GRI CRS
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665-0717 2545 Perryton Pkwy in the Pampa Mall

E EQUAL HOUSING

NEW LISTING Nice 3 bedroom brick with 3/4 baths and double garage 2 living areas Great curb appeal. Chris to see OE

NICE NEIGHBORHOOD 3 bedroom brick, 2 full baths. Formal living room. hobby room, den-kitchen combination: Fresh paint Nice carpet. Huge double garage/workshop. Central heat and air. Circle Drive Don't miss this one at the isted price. Call Irvine for an appointment MLS 6493

OWNER SAYS MAKE OFFER

Well maintained 3 bedroor Large living room, diningkitchen combined. Large master bedroom new carpet. Updated interi or colors. New garage Door. Owner has moved of state and says sell. MLS

NEW ON THE MARKET Very nice 2 or 3 bedroom brick in Skellytown. 1 1/2

baths. New roof. Fresh paint. New kitchen countertop. Storage building. Low taxes, Corner lot. Call Chris for an appointment to see

FORMER RESTAURANT North Hobart location. Great location and lots of parking. Priced below appraisal. Owner will enter tain offers. Call Irvine fo

additional information. ML DOWNTOWN LOCATION Office building for sale Based on square footage the price is great. Good downtown traffic count. Cal Irvine for details. OE

APARTMENTS Unit apartment complex Excellent condition and location. Lots of extras with this package. Call fo details. OE

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Irvine Riphahn GRI . 665-4534 Chris Moore GRI . . 665-8172 Bobbie Nisbet BKR . 665-4534 Realtors Public Notice



Jim Ward 665-1593 Norma Ward, GRI, Broker

1 Public Notice

TO WHOM IT MAY CONCERN Subject! Request for Proposals for Gray County Insurance Coverage

The Commissioners Court of Gray County will receive proposals on November 15, 2004 at 10:00 a.m. for insurance coverage listed and described on the attached

2. Deliver or mail propos als to the office of the Gray County Judge, 205 N. Russell, Pampa, Texas

3. Each policy is to be proposed separately and will be awarded separately. Separate specifications are provided for each pol-

4. Effective date will be January 1, 2005 for all policies 5. Policies to be pro-

posed: a. Comprehensive General Liability #1 b. Property #2

Public Officials and Employees Liability #3 d. Airports-General Liability, Lessor's Interest e. Heavy Equipment

f. Business Auto Insurance #6 g. County Law Enforcement Professional Liabili-

Floater #5

ty Coverage #7 h. Worker's Compensation #8 6. Proposals will be con-

sidered for the above policies of insurance from any stock or mutual company licensed to do business in the State of Texas. provided the policies issued are non-assessable Lloyds Company is submitted, the proposer must furnish the name and ad-

dress of the reinsuring or parent company. A guaranty bond may be required.

order of the City of Pampa, in an amount not less than 5% of the bid submitted on the project as a guaranty that the Bidder

and non-voting. If a

8. Service on claims is an important aspect of the

LARGE ANTIQUE **ESTATES AUCTION** Saturday October 23rd - 11 am Sharp

** Borger, Texas** **Hutchinson County Aluminum Done** 1113 Bulldog Blvd . Viewing 1 hour Before Sale

This will be a fantastic auction of fine an tique furniture, collectibles from various estates, consignments and other items to be sold **ONE DAY ONLY!** The very best intique American Victorian oak 3 pc. tal bedroom suite w/rare hotel washstand - al pieces have large carved paw feet. Rare antique 1870's "Polyphon" metal disc mu sic box, fabulous large bronze lady and child fountain, GUN COLLECTION rare authentic antique highly engraved 'COLT" single action pistol- engraving everywhere! Rare authentic antique 187. WINCHESTER" lever action hex barre ifle. A complete collection of 20 rare clocks. Leaded glass lamps. Dresden-Li moges- Cut Crystal- Jewelry-Antique Coins- Western items and much more! Cash or check w/proper I.D.

Auctioneer Michael Miears TX Lic #12703 Absolutely No Buyers Premium!

Public Notice

Bids will be opened in insurance coverage to be purchased. Proposals City Commission Chamshould include a stateber (third floor City Hall). ment explaining the Information for Bidders. method of service and lo-Proposal Forms, Specification of service to be cations and Plans are on provided. Proposals may file with the Public be rejected on the basis of Works Directors office failure to provide an ac-(second floor City Hall, ceptable service plan. Richard Morris 669-9. The county reserves 5750), 200 West Foster, the right to reject any Pampa, Texas 79065. No and/or all proposals, to charge for plans and spec-

ifications to qualified bidwaive objection on failure to comply with formalities, and to allow correction of obvious or patent Richard Peet County Judge B-2 Oct. 17, 24, 2004

Gray County, Texas NOTICE TO BIDDERS A-60 Oct. 17, 24, 2004 Gray County will receive sealed bids on the cutting, NOTICE OF BIDDERS bailing and removal of proposals ad-Sealed hay at land surrounding dressed to the City of Perry Lefors Airport. Pampa, Texas, will be re-Bids shall be submitted to ceived at the Office of the the Gray County Judge's City Secretary, P.O. Box office, 205 N. Russell, Pampa, Texas Pampa, Texas 79065, no 79066-2499, until Nolater than 10:00 a.m. November 4, 2004, at 11:00 vember 15, 2004. Specifia.m. for furnishing all cations will be available necessary materials, mathe Gray County chinery, equipment, su-Judge's Office. Gray perintendence and labor County reserves the right for "LANDFILL BLOWto reject any or all bids. FENCE, CELL #3" Oct. 17, 24, 2004 approximately six hundred (600) linear feet of 5 Special Notices fencing at the City of

Pampa Landfill. Bids

shall be enclosed in a

sealed envelope marked

CLOSED, BID NO.

04.09.G" and show day

and time of bid opening.

The City Commission

will award the fencing

project during the November 9, 2004 Commis-

Bidders shall submit their

bids on the form attached

to the Specifications and

must submit therewith a

Cashier's or Certified

check issued by a bank

satisfactory to the Owner,

or a bid Bond payable

without recourse to the

will enter into a contract

and execute bonds on the

form provided within ten

(10) days after notice of

The successful Bidder

must furnish performance

and payment bonds on the

forms attached to the

Specifications in the

amount of 100% of the

total contract price from a

Surety Company ap-

proved by the Owner

holding a permit from the

State of Texas to act as

Surety or other Sureties

acceptable to the Owner

All lump sum and unit

prices must be stated in

both script and figures.

The Owner reserves the

waive informalities and

technicalities. In case of

ambiguity or lack of

clearness in stating the

prices in the bids, the

Owner reserves the right

to consider the most ad-

vantageous construction

thereof, or to reject the

bid. The contract will be

awarded to the lowest re-

Bidders are expected to

inspect the site of the

work and to inform them-

selves regarding all local

conditions under which

the work is to be done.

The contractor shall com-

Federal regulations re-

tions of employment, in-

Construction

Rasco Construction

1000 S. Price Road

806-665-0042

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Overhead Doors

Steel Frame Carports

Residential Doors

Commercial Doors

Garage Openers

Custom Storage Buildings

Sales & Service

to the Specifications.

sponsible bidder.

award of contract to him.

BID

BLOW-

EN-

"LANDFILL

sion Meeting.

FENCE

ADVERTISING Material to be placed in the Pampa News, MUST be placed through the Pampa News Office Only. 10 Lost/Found

CITY OF PAMPA,

TEXAS, OWNER

By: Phyllis Jeffers

City Secretary

FOUND Chihuahua- tan with white spots- has collar! Call & describe 665-1623 665-2741

\$REWARD\$ for 2 Green Werner Ladders. Lost 10/8/04 in Walnut Creek area. Call 665-1663.

13 Bus. Opp.

FREEMAN'S Flowers & Greenhouse for sale Structures, property, busi-\$25,000. 806-355-4451

ABSOLUTE GOLDMINE! 60 vending machines / exc. locations. All for \$10,995. 800-234-6982.

14d Carpentry NEW Const., remodeling.

replacement Shawn Deaver Constr. 662-2977, 665-0354. OVERHEAD DOOR

struction. Call 669-6347. STODDARD CONSTR. All types of remodeling, drywall, etc. References. Call Dustin, 886-7926.

ADDITIONS, remodelright to accept or reject' roofing, cabinets, any or all bids and to painting, all types repairs. Mike Albus, 665-4774. -

14e Carpet Serv. NU-WAY Cleaning serv-

ice, carpets, upholstery walls, ceilings. Quality doesn't cost...lt pays! No steam used. Bob Marx owner-operator. 3541, or from out of town, 800-536-5341.

14h Gen. Serv.

COX Fence Company Repair old fence or build new. Free estimates. Call 669-7769

ply with all State and IS your House or Foundation Settling? Cracks in garding wages and condibricks or walls? Door won't close? 'Call Childers Brothers, Inc. Stabilizcluding, but not limited, to those rules and regulaing & Foundation Leveltions set forth or referred ing. 1-800-299-9563 or 806-352-9563 Amarillo.

14h Gen. Serv.

Dale West Clean & Seal Concrete Drives, Fences, & Decks Free estimates! 440-1581 or 665-7594

14n Painting

665-4840. 14s Plumbing/Heat CHIEF Plastic Pipe & Supply. Largest plumbing supply house this side of Amarillo! Great prices! Friendly Service!

Inventory! 1237 S. Barnes

665-6716. V/MC/Disc/ .

INT./EXT. painting, mud

tape. 35 yr. exp. Referen-

ces. Call Gene Calder

AmEx/Debit JACK'S Plumbing & Faucet Shop, 715 W. Foster, 665-7115- faucets, plumbing supplies, new constr., repair, remodeling, sewer / drain cleaning, septic systems installed. Visa/MC

Larry Baker Plumbing Heating/ Air Conditioning Borger Hwy: 665-4392

14u Roofing

Carpentry, Roofing, Replacement windows, steel siding &trim Jerry Nicholas 669-9991, 662-8169 19 Situations

EXPERIENCED House keeper. Call 688-0093

21 Help Wanted

NOW taking applications. Apply at 801 W. Francis,

PAMPA NEWS Carrier Needed Come by 403. W Atchison & fill out application. Must be at least 13 yrs. old.

No phone calls

please

TRUCK DRIVER WANTED Immediate opening Requirements:

CDL Class A & DOT hysical Hazmat Endorsement & Oilfield Exp. a plus Must pass DOT Drug

creen Benefits Available Apply in person D.E. Chase, Inc. 1445 S. Barnes Pampa, Tx. No phone calls!

OWNER operators / drivers needed to haul product from area cotton gins. Contact JBK Express 1-800-381-0279.

PART-TIME Staff needed. Apply at 1020 E. Frederic

TURNER TRANSPORTATION Truck Drivers Needed

6 days on 2 days off •Paid vac. after 1 yr.. •After 90 days company oays employee health in urance and uniforms Safety Bonus and Performance Bonus paid monthly Need Class A CDL with good driving record Pass DOT drug screenir Paid Weekly ompetitive wages

> Drivers needed in Wheeler, Perryton, Canadian and Elk City

806-323-8301

MAKE EXTRA MONEY ON WEEKENDS!! DEMONSTRATING PRODUCTS IN YOUR LOCAL STORES!

I-800-935-0744 ext. 501 for more information

CALL

WAITRESSES needed Must be 18 or older. Apply in person, Texas Rose. No phone calls please!

L.V.N. & C.N.A. 10 p.m. shift. McLean Care Center call 806-779-2469 to the Administrator or

21 Help Wanted

NOTICE Readers are urged to fully investigate advertisements which require payment in advance for information, services or goods.

NOW hiring Delivery Drivers. Earn \$8-\$12 hr. No phone calls please. Pizza Hut Delivery, 1500 N. Banks, Pampa.

MEMORY Gardens Cemetery and Mausoleum of Pampa. Is looking for one or two highly motivated people to talk to families in the Pampa area about Cemetery Pre-Planning. If your good with people and enjoy a chalenge, call Daniel today at 665-8921

PART TIME CLERICAL position available. Computer and telephone skills required. Applications / resumes being accepted at W-B Supply Co., 111 Naida str., Pampa. EOE.

CHRISTIAN would like to babysit 2 children in my home. Age 2+ only: Call 440-1096

GRANDVIEW Hopkins Independent School District is seeking to fill a Bus Driver position with beginning pay starting at \$1000 per mo. plus benefits. Additionally, the District is accepting appli. for custodial and cook positions. Applications will be accepted until positions are filled. If you are interested, please call 669-3831 for an application.

EXPERIENCED Maintenance person needed. Call 665-1875.

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for the three L's, X for the two O's, etc. Single letters,

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CRYPTOQUOTE

VE VH MQAA, MNQW SIJUVWU

O ZKVQWJ, ER KQXQXTQK

NO VH SIJUVWU LRI MVEN

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HIDQKVRK VXDOKEVOAVEL.

Yesterday's Cryptoquote: CREATIVITY IS

ALLOWING ONESELF TO MAKE MISTAKES. ART

IS KNOWING WHICH ONES TO KEEP. - SCOTT

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O. TQWWQEE

One letter stands for another. In this sample, A is used

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Harvester spirit



Jesse Downs, left, and Allison Whitson, kindergarten students at Woodrow Wilson Elementary School, show they are in the school spirit recently with their outfits of green and gold inscribed with "Harvesters."

Executive-in-residence to present program at university

CANYON — Stephen H. Gens, the Gene Edwards executive-in-residence at West University's Biotechnology Initiative at 2 p.m. Wednesday, Oct. 20 at the Alumni Banquet Facility on campus.

14 years as the president of the Harrington Regional

Medical Center in Amarillo. Since his April appointment as WTAMU's executive-in-Texas A&M University, will residence, Gens' main focus make a presentation on the has been to prepare a strate- ties in business for biotechment of a biotechnology

workforce in West Texas. The University began Gens retired in 2002 after offering a bachelor of science degree in biotechnology in spring 2004. The

Biotechnology Initiative, if incorporated into WTAMU's curriculum, would provide master's degree opportunigy leading to the develop- nology majors, preparing them for a wide variety of alternative career options.

The presentation is free and open to the public. For more information, call 806-651-2530.

Movie Continued from Page 7-B

king for years. (This character in the original, Mr. Aoki, got the biggest laughs; it's almost as much of a hoot to watch the open-shirted, gold-chained Tucci hamming it up in a tousled brown wig.)

Club

Continued from Page 1-B

ducted and announcements made:

Beth Miller gave the Accent on the Altrusa Yearbook, explaining the design and reasons for the content in the yearbook. Miller also expressed appreciation to Mayda King and Dorla McAndrew who compiled the 2004-2005 yearbook

Carolyn Kessell was approved for membership.

Janet Bilyeu and Alicia Hughes were granted leaves of absence.

The resignation of Mildred Brazeal was regretfully accepted.

Dixon reminded members of the Nov. 6 Altrusa District Nine Fall Leadership Event at the Ambassador Hotel in Amarillo. Members were encouraged to register by Oct. 15.

Altrusans will observe Make a Difference Day on Oct. 23 by setting up a library/reading nook at the Southside Senior Citizens, Center. Book Collection boxes were placed at various locations to gather donations for the project.

-Members were remind-

But John's wife, who doesn't know he's been chacha-ing by night, smells perfume on his shirts, thinks he's acting weirdly happy and suspects he's having an affair. She hires a pair of private investigators (Richard Jenkins and Nick Cannon) to do some snooping and, natu-

rally, they get swept up in the dance, too. It would be too easy to say

ed that October is Breast Cancer Awareness Month. Information pamphlets and stickers were distributed among the members.

Dixon reported on ASTRA Club and on plans for the Celebration of Lights

that this new version of "Shall We Dance?" has two left feet, since its heart is in the right place. Renting the original, though, would be a step in the right direction.

"Shall We Dance?" a Miramax Films release, is rated PG-13 for some sexual references and brief language. Running time: 106 minutes. Two stars out of

in December.

-Louise Bailey volunteered to chair the A.U.N.T. Committee, made vacant by Brazeal's resignation.

The next meeting will be at 7 p.m. Oct. 26 at Pampa Country Club.

TCE pheasant workshops set for late October

FLOYDADA — It's no secret that pheasant hunting is big business on the Texas High Plains, a news release from Texas ... Cooperative Extension says, but managing the birds sometimes seems as if it is. TCE has scheduled three Pheasant Management Workshops to update producers on management findings relating to the bird.

The first meeting is scheduled at 6 p.m. Oct. 26 at Floyd County Extension Office in Floydada. The second meeting will be at 8:30 a.m. Oct. 28 at Sherman County Exhibit Building in Stratford, and the third meeting will be at 8:30 a.m. Oct. 29 at Perryton Expo Center Fairgrounds in Perryton.

Ken Cearley, Extension wildlife specialist, is coordinating the events. He said game hunting-related dollars are rolling in at an alltime. high and revenues from pheasant venues are no exception.

"Pheasants have long been a hunting mainstay across much of this area," Cearley said. "But keeping the birds at a huntable level year in and year out has been a trick few have been able to consistently master. Our aim for this series of meetings is to give producers answers to their areas' specific pheasant-related questions.

"Topics for the three programs are similar, but we have made a real effort to acquire speakers who can put a local twist to management questions specific to each site. If you're a pheasant enthusiast, it will pay you to attend one of the meetings. I can assure you it will be time well-spent."

General topics will include "Origin Biology of Ring-necked "Current Pheasants," Population Status,' "Pheasant Habitat Management in the Texas Panhandle," "Economic Importance of Pheasants to Local Communities," "Pheasants Forever" and "Farm Bill Provisions Related to Pheasants."

For more information, contact J.D. Ragland, in Floyd County, (806) 983-4912; Leslie Neve, in Sherman Co., (806) 366-2081; Scott Strawn, in Ochiltree Co., (806) 435-4501; or Cearley at (325) 653-4576 (e-mail: k-cearley@tamu.edu).



