

## Daily Record

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|  | Fires |
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| CONTINUED FR | ON |
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| OIL | parties and without the support of the major oil companies, a petition, such as the one filed by the |
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| The International Trade Association, a Commerce |  |
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| ments from hundreds of small oil producers, majorenergy users and the larger oil companies. Under |  |
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| the lav, 25 percent of the industry must tupport the peltion fur it to be accepted. |  |
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| ofpose the pertiontion are found to be true it would amount to illlegal dumping of ofil in violation of fed- |  |
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| ismporte pow |  |
| As pratical miter, Hughes said |  |
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Police report
The Pampa Police Department reported the fol-
lowing arrests and reports during the 24 -hour Michael Saturday, Aug. 7

## Dustin Levi Jefferis, 20, 617 Lefors, was arrest-

 to appear, failure to stop and give information nd driving an unsafe vehicle.Erika Lapka Wadsworth, 29,1005 S. Farley, was rrested on charges of simple assault Brent J. Bradford, 36,412 Quail Lane, was
arrested on charges of forgery and resisting James Edward Walling, 46, 421 Hazel, was
arrested on charges of aggravated assault with a arrestly weapon/family violencee.
Luis E. Zamarsa, $28,615 \mathrm{~N}$. Lefors, was arrest

## Ambulance

Rural/Metro reported the following calls dur-
ing the 48 -hour period ending at $7 \mathrm{a} . \mathrm{m}$. today. 3:06 p.m. - A mobile ICU Iesponded to Pampa Regional Medical Center and transported one to
Golden Plains Hospital in Borger. 3:50 p.m. - A mobile ICU responded east on
Highway 60 and the loop and transported one to $8: 53$ p.m. - A mobile ICU responded to the 500 9:06 p.m. - A mobile ICU responded to the
ordan Unit and transported one patient to

10:46 p.m. - A mobile ICU responded to the 600
Sunday, Aug. 8
1:48 a.m. - A mobile ICU responded to the 800
7:08 a.m. - A mobile ICU responded to the 1100 lock of Varnon and transported one to PRMC.
$11: 36$ a.m. - A mobile ICU responded to the 400 block of North Ballard; no transport.
$3: 54$ p.m. - A mobile ICU responded to the 1300 PRMC. 10:30 p.m. - A mobile ICU responded to the
2300 block of Evergreen and transported one to

## Fires

owing calls during the 24 -hour period the fol
Saturday, August
esponded to $1 / 4$ mile north of Highway 152 and 10:48 p.m. - One unit and three personnel
esponded to the 600 block of West Foster on a Sunday, August 8 responded north of Highway 152 on Gray 2 on $11: 42$ a.m. - One unit and three personnel
responded to the 400 block of north Ballard on a ${ }_{3: 54}$ p.m. - One unit and three personne responded to Coronado Center on a medical
assist.

## Emergency numbers

 Use of anti-dumping laws to challenge oil "This involves a commodity that no one ever dumping case," said Roubert Litan, a Brookings "Whost vocal critics. have been opposed to higher oil prices for myentire adult lifetime and here we have a case where he effect could well be to raise prices," he continBut Harold Hamm, president of an Enid, Okla.-
based independent oil company, who helped found a group called "Save Domestic Oil" expressly to
bring the complaint, argued the anti-dumping law a case. it put 100,000 peopple out of jobss," Hamm said.
"There's not anything absurd about it. Our only line of defense is the trade laws and I think we've
got a very good case." Hughes said today that his organ
pathetic with the Oklahoma oilmen. store. "It went terrific. We had a dantastic business
eliminating the tax on what the legislature had
allowed for shoes and clothes. Parker said store allowed for shoes and cothes. Parker said store
customers responded favorably to the storewide
tax tax free sale, as there had been confusion as to what
was tax-free and what was not was tax-free and what was not.
"It was very easy for the customers," said Parker. The resulting sales volume was well worth the tax-
free weekend. Our volume was tripled, and staying open on Sunday for the special sale was well worth
it." Dunlap's will have to pay it." Dunlap's will have to pay the sales tax on items
which they sold during the 72 hour period and did not charge tax.
Parker said the local store plans to do the sale again next year.
Beall's store
ing sale week well "worth it."
She said she was very pleased with the sale
Bill Hite, owner of Heard and Jones, said the trat
Bill Hite, owner of Heard and Jones, said the traffic in his store during the three-day period was ixcellent. There were a lot of people out," said
Hite. His store had only three items-underwear, ocks and Depends- which were Wal-Mart Manager James Shafer said Friday and
Inday were definitely Sunday were definitely good days for the local
tore. He said Saturday was slower, and he felt store. He said Saturday was slower, and he felt shoppers possibly went out of town to shop. Shafer
said it was a good weekend for the department

## RIFLE

## CONTINUED FROM PAGE ONE

RIT
said. "We had to have leather belts to run the machines of industry,"
Hunters began to shoot buffalo just for the hides. The price for a hide ranged from a dollar to fou
dollars a piece. In 1870, hunt
dollater In 18 for hunters were shooting buffalo with
Springfield $50-70 \mathrm{~s}$. "That would be a 50 caliber bullet and 70 grains of black powder," Gilbert said.
Remington developed a rollin
Remington developed a rolling block rifle. Sharps
developed a drop block rifle The Sharps Gilbert, he
pounds.
"This one is light as buffalo hunter weapons go,
The Square House Museum has one on display that is perhaps more typical. It weighs 14 pounds. 14 ounces. Conn., to Camp Supply, latory in Bridgeport, Conn.., to Camp Supply, later Fort
Supply, near present day Woodward, Okla. It wa eventually acquired by a former manager of the JA
enas Ranch near Clarendon.
"A buffalo hunter would get out on the range," as he and his crew could skin in a day
Skinners might get 20 to 25 cents a piece for each
hide Gilbert said
hide, Gilbert said.
"A good skinner might do 40,45 , maybe 50 hide
A day," heos said.
One skinner claimed the record for 65 buffalo
skinned in one day, Gilbert said, but another heard about it and skinned 77 in one day:
The second skinner finished early enough that he staked them all out, fur side down, skin side up. "It's really quite a record," Gilbert said. "A buffa
oo hunter would really not want to shoot more mals than he could skin in a day. If he had to leave them overnight and work on them the next day, they'd bloat and stink and be hard to skin."
who made a bet in the Long Branch Saloon in odge City in the fall of 1872 that he could shoot more than anyboty ever had out of a given bunch. "Lhot 110 buffalo.
"Later he broke his own record and shot some-
hing over 200 "" Gilbert said. "The most buffalo hot in a day, I believe, that record watfalo Brick Bond, so-called because his hair was brick ed," Gilbert said. "Working out of Dodge City, he hot 300 one day and 855 in two months." Bond used a Big 50 . The cartridge was 2.5 inches
ong. It would have maybe a 110 gains of powder, depending upon the weight of the bullet being
used, Gilbert said. used, Gilbert said.
It was not uncommon to fire enough shots that he barrel would get dangerously hot. Sometimes,
iilbert said, hunters would carry water to cool the arrels. Sometimes, they would just urinate down the barrel.
It was a hot, salty solution," he said. "It smelled Buffalo but it helped clean the bore." o if they had to buy their ammunition from a store,
Zimmerman's in Dodge City or Conrad's in Fort Zimmerman's in Dodge City or Conrad's in Fort
Griffin, the store bought bullets cost more than if
ey loaded their oun
"They bough own. paper by the feet," Gilbert said. "They bought primers by the thousands. They ought black powder and lead by the pound so hey could roll their own out on the range."
Warner still uses his Sharps $45-70$ to shoot coyotes Warner still us
and feral hogs.
"It makes a hog sit up and take notice," he said. The Clarendon native said he first became interested in black powder shooting about seven or eight ears ago after he had a heart attack and had to North Texas State, West Texas State and Oklaho at tate Universities.
Coming from a ranch family background, Warner aid the hunting and the interest in antique eapons seemed natural
"Hove to play with this stuff", he said

## RAINS

## CONTINUED FR

storms shis evening through Wednesay. Highs the overnight rains brought the total for August to At 6 a.m. today, Lubbock reported 69 degrees and 2.04 inches, some 1.25 inches above normal. For the cloudy skies. Childress reported 72 degrees. It was
year, Amarillo reported degrees in Dalhart. Amarillo reported cloudy year, Amarilo reported more
10.5 inches more than normal.

| CONTINUED FROM PAGE ONE |  |
| :---: | :---: |
|  | across the state," she said. "If the county passes something, all I have to do is simply move or sell the animal. You may be eliminating part |
| involving exotic felin | of the problem, but it just moves to another county." |
| country for his newsletter Anim | Sanctuary officials predict the boom in private ownership |
| People. He estimates that as | tinue because of declining prices. Five or six years ago, tigers cost $\$ 5,000$ to $\$ 8,000$ each, said Richard |
| any as 4,000 cats - 40 percent | Five or six years ago, tigers cost $\$ 5,000$ to $\$ 8,000$ each, said Richard |
| privately owned exotic felines tionwide - live in Texas. | Sanctuary in Boyd. Today, they sometimes can be bought for as little |
| The Texas Parks and Wildlife | 50 to $\$ 500$. |
|  | For \$250, they'll say, 'I'm going to buy it' " Gilbreth said. "In about |
| mals until 1997 when the |  |
| gislature transferred responsi- | People are just dumping them, shirking their responsibility." |
| bilities to individual cities an |  | Legislature transferred renen the

bilities to individual cities and
counties Animal welfare advocates say
this created a gap.
sit was like they hung a neon
sign that said, 'Come here and
breed and sell your cats'" breed and sell your cats,'" said
Pam Burney, an adviser to the
Texas Animal Control Association.
Texas Parks and Wildlife
Department officials say they Department officials say they
didn't have the resources to prop-
erly regulate the animals. erly regulate the animals.
While many Texas counties and
cities have put exotic-file

welfare lobbying group that is
pushing for new pushing for new statewide legis-
lation.
"We need consistent legislation
$\qquad$ BACK TO School- Save on
AKC SHIH Tzu puppies for
Quality Eyewear at EyeCare
Plus. Frame and Lens packages $\$ 200$. Call $669-7732$.
start at $\$ 99$. Includes Exclusive
EYECARE PLUS and Dr. Ranstart at $\$ 99$. Includes Exclusive
Two-Year Frame and Lens Warsion screenings offring frhool-aged children. For more information and an ap
$669-2824$.
MOVING SALE, 933 E. Fisher, Tues. only 8 a.m.-? ST. VINCENT'S School is
now enrolling for
1999-2000

| Weather focus <br> PAMPA - Partly cloudy <br> today with a 20 percent chance of rain and a high of 95 with south-southeast winds at 5-15 mph. Tonight, partly cloudy with a 30 percent chance of rain with a low in the upper 60s and mph . Tomorrow, partly cloudy and a high of 95 . Yesterday's high was 90; the overnight low 68 . Rainfall measured .05 inches. <br> PANHANDLE - Tonight, partly cloudy with a 30 percent storms. Low in the upper 60 s South to southwest wind 5 to 15 mph. Tuesday, partly cloudy afternoon thunderstorms. High in the lower 90s. South to south | west wind $5-15 \mathrm{mph}$. <br> STATEWIDE - A heat adviTexas and the Del Rio area today as a persistent upper-level sys tem holds a grip on the region, driving clouds and moisture away. <br> A slight chance of thunderstorms in eastern and northern parts of the region is providing some hope for relief. Isolated showers and thunderstorms are also expected in Southeast Texas. <br> Sunday's high of 104 degrees in the Dallas-Fort Worth metro plex was the eleventh straight day the mercury has been at or above the century mark, including the Dallas-Fort Worth International Airport. <br> Overnight lows ranged from <br> 73 degrees at Childress to 85 in | Dallas and Fort Worth. It was 75 at Victoria, 77 at San Angelo, 80 in Houston and 84 in Del Rio High clouds were increasing across the High Plains, especialacross the High Plains, especia Wichita Falls. <br> Showers and a few thunderstorms developed across parts of the Panhandle. The showers stretched from south and southeast of Amarillo to near Childress. <br> Some high clouds were streaming across West Texas as well. <br> Winds were generallly southerly at less than 10 mph . <br> Through Wednesday, afternoon highs should continue from 98 to 105 degrees, with overnight lows in the middle 70 s to lower 80 s . It should be 100 to 102 along the Rio Grande. |
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Band to play at Chautauque


Turning Point, a Christian rock group, recently performed at the Downtown Busces | CCuresp |
| :---: |
| Buinose | Association Day. The band requiarly plays at The Coftee House and has a performance planned

tor this year's Chautauque. Members consist of, upper photo, Jeff Dunn, vocals and quitar
 photo, Donny Hooper of the band T
player, observes in the background.

Prince Charles, Camilla on Love Boat Couple shakes off tabloid army at sea

| Athens, |
| :---: |
| ere |
| Greece. And floating near one |
| m is a tabloid newspaper's |
|  |
| Prince Charles on a luxury |
| cruise with his longtime love |
| Camilla Parker-Bowles |
| licopters and speed boats |
| hired by British, Greek and |
| ws organizations have |
| far failed to spot the |
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| day cruise. Charles - or other |
| lasing of the royal clan -is a |
| ine pursuit among the |
| competitive British |
| But this trip offers a |
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| les' two sons, Princes |
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> NEWS
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Greek shipping tycoon John

## privacy of influential friends. Mast Cruise guests include for- mer President Gen. Colin Powsht retired Cowell actor

 Marlon Brando-as well as separation.Neighborfiood Watch works!

## FOOTBALL CLEATS

## White House: Council to combat propaganda

## WASHINGTON (AP) - The Clinton administra- foreign policy objective," the document said. tion, dismayed by the success of anti-American Joan Mower, director of Latin American and

 tion, dismayed by the success of anti-American Joan Mower, director of Latin American andpropaganda worldwide, is striking back with an African programs for the Freedom Forun, said she
information offensive of its onn information offensive of its own: a State worries the coordinated effort may filter informa-
Department unit that will control the flow of gov- tion that should be broadly available to foreign
ernment news overseas, especially during crises.
The new
roporters. Information group, or IPI, will coordinate the dissemination of
news from the State Department, news from the State Department,
Pentagon and other U.S. agencies.
"What this is intended to "What this is intended to do is
organize the instruments of the federal government to be able to
support the public dipl support the public diplomacy, mil-
itary engagements and economic itary engagements and economic,
initiatives that we have overseas," said David Leavy, spokesman for
the White House's Nationa the White House's National
Security Council. Security Council.
In the recent In the recent Kosovo war, the
Pentagon, State Department and
White House White House poured out informa-
tion each day but no single agency tion each day but no single aggency
tried to assemble it so that the tried to Stasem spoke with a coordinated message overseas.
The group came about partly in ing or erroneous information about the United States received
tronic mail, the Internet, cellular
"What this is
intended to do is
organize the instru-
ments of the federal
government to be
able to support the
public diplomacy,
military engage-
ments and economic
initiatives that we
have overseas," said
David Leavy,
spokesman for the
White House's
National Security
Council.

My feeling is that the more infor mation is out there, the better,"' she
said.
The IPI will hold it firt fo meeting this fall, said arst forma official involved in the process Clinton's directive orders officials at the Pentagon, FBI, CIA and the departments of State, Commerce Regular members will be senior Regular members will be senior
diplomats and others in foreign policy or national security jobs in Washington, according to the offi-
cial, who spoke on condition of anonymity.
The rationale for IPI dates at least to the confusion and bad press sur in 1994-1995, but Kosovo is the best recent example of how the United States needs to fight a propaganda
war in concert with military strikes, war in concert with military strikes,
officials said. tronic mail, the Internet, cellular telephones and propaganda machine,", Leavy said. "We' ve worked In many respects, the new information group is a machine, and make sure the people in Serbia and in smaller, less structured successor to the indepen- Kosovo have access to their own news - that they dent U.S. Information Agency, which the State can make their own independent judgments. Department will absorb in October. Anti-American sentiment ran high during the 78 -
A new office of undersecretary of state for public day air war, even among Yugoslavs who did no A new office of undersecretary of state for public day air war, even among Yugosiavs who did not
diplomacy will run the IPI. The current USIA direc- support the Yugoslav president. Many Europeans
tor, Evelyn Lieberman, has been nominated for the also were leery of the airstrikes, seen as a U.S. tor, Evelyn Lieberman, has been nominated for the also were leery of the airstrikes, seen as a U.S.
enterprise, and reluctant to level hefty military
job. President Clinton signed a directive April 30, in power against a modern European capital. IPI, although the White House did not formally of the worst diplomatic and public relations disas announce the group's existence or role.
An unclassified mission statement obtained by lers in recent memory when a U.S. plane mistaken The Associated Press described IPI's role: May 7, killing three Chinese journalists. "Effective use of our nation's highly devel- Outraged mobs rushed the American Embassy in
oped communications and information capabili- Beijing, trapping then-Ambassador James Sasse ties to address misinformation and incitement, inside for a time. It was days before the United mitigate inter-ethnic conflict, promote indepen- States could get its official apology before the
dent media organizations and the free flow of Chinese people at large, and the U.S. explanation information, and support democratic participa- was greeted with disdain by both the Chinese gov
tion will advance our interests and is a critical ernment and the rock-throwing street mobs.

## More and more summer camps employing high-tech gadgetry


your child is doing up there," Corp., which makes the program
said Lisa Samel, aloso of Dracut, used by Curtis, is betting on
abe


## THE

 paimpa Monday, August 9Bullies Roam the Hallways In Schools Across the U.S.A.

| DEAR ABBY: I'm writing in response to the letter from "A Mom Who Loves Her Son, Anywhere, U.S.A." She arranged counseling for her angry son, and she hoping that publicity will be given to counselors specializing in adolescents. She also mentioned that the appappiness and anger was that he "felt intimidated and threatened by groups of older students at his large suburban high school." suburban high school." <br> This behavior has a name. It's called bullying, and it victimizes millions of schoolchildren every year. Presumably, if the son had not been bullied, he would not have have needed counseling. Surely this is a perfect example of why there is a need for "prevention" - the elimia need for "prevention" - the elimi nation of bullying. tragedy in Littleton. Immediately after the tragedy, young people themselves also responded by identifying bullying as a serious problem in our schools. Students in Hillsboro High School in Nashville, Tenn., created the " $I$ Will Pledge" and urged fellow students to sign the pledge not to look or talk differently. At the time, efforts were reported in the media. Now the media no longer look to advice but experts for input and ing and quoting only adult "experts" who appear not to have heard the |
| :---: |

## Horoscope

TUESDAY, AUG. 10, 1999

|  | they realize. Career and daity $m$ need balancing. Restructure your |
| :---: | :---: |
| Stars Show the Kind of Day You'll | Eliminate excess. |
| 5-Dynamic; 4-Positiv |  |
|  | LEO (July 23-Aug. 22) |
|  | ***** Finally, you get it togethe |
| March 2 | and are ready to move work-related project. |
| $\star$ What | helps melt others' |
| emes easy. Your need to convin | could be significant. Allow creativity and |
| age spending. |  |
| doing. Make calls. Consider |  |
| g-overdue trip. You might not ha | Others admire your st |
|  | VIRGO (Aug. 23-Sept. 22) |
| questions. Tonight: Finding a | Aug. |
| ebrate won't be difficult | need time to review where you are |
| Take | likel |
| sideration. You might feel like you have | changed more than you realize. Li |
| it all under control; actually, there are | carefully to feedback. Someone at |
| ns that you may have pushed | tance has an |
| our limits. A partner helps you | Tonight: Take a break from |
| out exactly what has happened here. |  |
| night: Home. or wherever you feel ost comfortable |  |
| MINI (May 21-Jun |  |
| $\star \star$ Conversations fil |  |
|  |  |
| ourself you are revealing |  |
| opinio | obligations as well as goas |
|  | step or miss a beat. Tonigh: |
|  |  |
| to your chest. Tonight: At a favorite | SCORPIO (Oct. 23-Nov. 21) |
|  |  |
|  |  |


 going crazy.
I came home from school crying,
and have even mentioned suicide to and have even mentioned suicide to
my mom. The teachere have helped
some, and Ive spoken to two counsome, and Ive spoken to two cooun-
selors. Today I thought of having a
俍 train hit tyy arm, with the intention
of breaking it, to prove my seriousness. Please help me.
12-YEAR-OLD WEIRDIE IN IOWA DEAR 12-YEAR-OLD: You are not alone with this problem;
you have lots of company. Suicide is not the answer, nor is
breaking your arm. Yon need breaking your arm. Yon need
intensive professional counsel-
ing ing immediately. Please ask
your mother to write to your mother to write to me so 1
can advise her more fully. I can advise her more fully. I
promise that your situation will
improve.

NEWS Page 4


Haggar The Horrible


Blondie


## Medical

## Scientists: Genetic flaw may cause sleep disorder

By DANIEL Q. HANE
AP Medical Editor
BOSTON (AP) - Scientists believe they have that causes narcolepsy, the bizarre disorder that makes people fall asleep without warning. An estimated 135,000 Americins have narcolepsy, and until now its cause has been a mystery
Experts say the latest discovery should offer solid clues for finding better treatments.
Ty, found that narcoleptictss overking independent ly, found that narcoleptics' overwhelming urge to between cells in the hypothalamus, a parat of the
brain that regulates appetite and other basic driThe genetic foul-up was documented only in
doge and mice. But researchers say they are confident that a similar defect will be shown to be at fault in some human cases, althounh the origins of
the disease are almost certainly far more complex in people than in animals. in people than in animals.
"Clearry
field of sleepese two pesearch,", predicted will revolutionize tuliette Faraco of

> Epilepsy Foundation stresses water safety $\begin{aligned} & \text { WASHINGTON - The Epilepsy Foundation } \\ & \text { has issued guidelines for safe swimming for peo- }\end{aligned}$ $\begin{aligned} & \text { has issued guidelines for safe } \\ & \text { ple who experience seizures. }\end{aligned}$
> "Contrary to what some may believe, most peo$\begin{aligned} & \text { ple with seizures can participate in swimming, } \\ & \text { boating and other water sports. But common }\end{aligned}$ $\begin{aligned} & \text { boating and other water sports. But common } \\ & \text { sense in following a few basic rules }\end{aligned}$ $\begin{aligned} & \text { sense in following a few basic rules are important } \\ & \text { in avoiding unnecessary accidents," said Steven }\end{aligned}$ $\begin{aligned} & \text { in avoiding unnecessary accidents, said Steven } \\ & \text { C. Schachter, MD, chair of Epilepsy Foundation }\end{aligned}$ Professional Advisory Board.
> $\begin{aligned} & \text { The foundation recommends the following safe- } \\ & \text { ty measures around water: }\end{aligned}$ $\begin{aligned} & y \text { measures around water } \\ & \text {-Before going out in th }\end{aligned}$ whether your or your child's seizures are under sufficient control to permit swimming. $\begin{aligned} & \text {-Swim with your child or be certain that } \\ & \text { another responsible person is in the water with }\end{aligned}$ $\begin{aligned} & \text { nother responsible person is in the water with } \\ & \text { them at all times who knows first aid for }\end{aligned}$ seizures. child's head above water is a good idea. It's espeadults with seizure disorders. -Children or adults with seizure disorders $\begin{aligned} & \text { should never swim alone. Always swim with a } \\ & \text { buddy who's a good swimmer. }\end{aligned}$ -Inform lifeguards and swimmin $\begin{aligned} & \text {-Don't get over--ired or too cold while in the water. } \\ & \text {-Don't swim if you have forgotten to take your }\end{aligned}$ seizure medication.
> -Don't let your seizure medications get wet. $\begin{aligned} & \text { effect when exposed to the water. } \\ & \text { If your seizures can be }\end{aligned}$
> light, wear polarized sunglasses to reduce the flicker effect of sunlight on the water and other $\begin{gathered}\text { reflective surfaces. } \\ \text { If a seizure occurs }\end{gathered}$
> vidual's head and keep their face support the individual's head and keep their face out of the water. $\begin{aligned} & \text { Bring them to the shore or side of the pool and } \\ & \text { place them on their side. Check their airway. If }\end{aligned}$ water has been ingested or breathing is labored, get medical treatment.
> $\begin{aligned} & \text { According to Schachter, drowning is a major } \\ & \text { cuase of accidental death among people with }\end{aligned}$ eapiepsy. "We eannot over emphasize the inpor-
$\begin{aligned} & \text { sents a significant risk, and this includes showers } \\ & \text { and, especially, bathtubs - even if there is one }\end{aligned}$
$\begin{aligned} & \text { ind especialy, bathtubs on wate a t the bottom." } \\ & \text { in }\end{aligned}$
ind Never leave a toodderer or young child with
epilepsy atove in the bathtub, not even for a
$\begin{aligned} & \text { moment. If you leave the bathroom for any rea- } \\ & \text { son, wrap the child in a towel and take him with }\end{aligned}$
$\begin{aligned} & \text { son, wrap the child } \\ & \text { you," said Schachter }\end{aligned}$

When parents should return children to school after illness HOUSTON - For most parents, should depend on whether the
sending a child back to costool after child sis stil contagious and how he
an illness can be tough call
or she feels. an illness can be a tough call. Dr Jan Drutzan assonciate profese
sor of pediatrics at Bayylor colege
of Medicine, said the decision or she feels of the other children, keep them out
$\underset{\text { Association。 }}{\text { American Her }}$ Associations
Fghang telear sisase
and Stroxe
HeartRecipes


Italian plum tomatoes,
cup frozen artichoke hearts chopped (about 6 ounc cup thinly sliced red onion teaspoons olive oil teaspoon balsamic vinegar r $1 /$ um clove garic, minced minced garlic

| Artichohe-Tomato Pi/fa Bagel |  |  |  |
| :---: | :---: | :---: | :---: |
|  | Italian plum tomatoes, |  | teaspoon salt-tree dried |
|  | chopped cup frozen artichoke hearts, |  |  |
|  | thawed, drained, and choped (about 6 ounces) |  | mozzarella cheese or |
|  | chopped (about 6 ounces) cup thinly siced red onion |  | mozzarella cheese, or free mozzarella-flavor |
|  | teaspoons olive oil |  | cheese, shredded (1 cu) |
|  | teaspoon balsamic vinegar |  | tablespoons grated Ror |
|  | medium clove garic, minced, |  | cheese |
|  | or $1 / 2$ teaspoon bottled minced garlic |  | bagels, split and lightly toasted |
| Preheat broiler. Line a broiler-proof pan with aluminum foil. In a medium bowl, combine tomatoes, artichokes, onion, oil, vinegar, gartic, and Italian herb seasoning, stirring well In a small bowl, combine mozzarella and Romano. Spread tomato mixture on bagel halves and sprinkle with cheese |  |  |  |
|  |  |  |  |
|  |  |  |  |
|  |  |  |  |
|  |  |  |  |
|  |  |  |  |
| Broil abouServes 8. |  |  |  |

 5mianaxem teaspoon salt-free dried crumbled
ounces nonfat or part-skim
mozzarella mozzarella cheese, or fatcheese, shredded (1 cup) cheese bages, split and lightly
toasted

Preheat broiler. Line a broiler-proof pan with aluminum foil. vinegar, gartic, and Italian herb seasoning, stirring well.

Spread tomato mixture on bagel halves and sprinkle with cheese Broi about 6 inches tronier pan
Broil about 6 inches from heat until bubbly, 2 to 3 minutes

## Senior Citizens 量 Living At Its Best! PAM APARTMENTS 1200 N. Wells • 669-2594 SCHNEIDER HOUSE 120 S. Russell • 665-0415

For the latest discoveries, the Texas team bred mice that were missing one gene and would keel over asleep while racing on their running wheels.

Like these animals, people with narcolepsy are overcome by uncontronable urges to osleep, often at
 into the deepest stage or sieep, cailed REM Soly to sump
may suffer sleep paralysis, a terifying inability to move shortly atter araysaksening. Otrrifing have espe
cially vivid deame cially vivid dreams.
One common featur
when poomple suddeanty losese consciousness and fall down. Strong emotions, succ as anger surrprise or
laughter often trigger this disconcertin collapse. laughter often trigger this disconcerting collapse. Narcoleptic dogs get cataplexy, too, during
moments of tail-wagging excitement. moments of tailwagging excitement 'You show
them a dogge biscuit and ker-flop, they go down on the ground,", said ararace
dogs to a gene that makes $a$ receptor $-a$ bit or dogs to a gene that makes a receptor - a bit of
material on the surface of brain cells that allow them to get signals from other cells. This particular receptor hears messages that
protein called hypocretin-2. protein cailed hypocretin-2. - either because it is
When the gene is bronen
mising some code or has extra bits missing some code or has extra bits - it takes a
receptor that fails to recegnize hypocretin- 2 , so the receptor that fails to reocgize hypocretin- 2 , so the
signal never gets trought
This work implicates hypocretin in sleep regu-
hion, which gives us a wonderful new handle on how we might approach sleep control" with new
nedicines, said $\mathrm{Dr}_{\mathrm{r}}$. Charlotte Mcutchen of the National Institute of Neurotlogical Disorders and Itroke, which financed the research, Intead of treating narcolepsy with stimulates Iuct as amphetamines, which have unwanted side effects, she said, it soon may be possible to find drugs that work solely on the brain's hypocretin
system. Medicines could be designed to both prevent sleep in narcoleptics and induce it in insomniacs.
Last year, Yanagisawa discovered that a protein
dubbed orexin-B stimulates. the appetite. Now it turns out that orexin-B and hypocretin-2 are the same thing.
To study
To study the protein's effects on appetite, Yanagisawa proxuced gene-altered dice that can-
not make orexin-B. The scientists hooked up infrared cameras to watch their eating habits at iight, when they are most active.
We saw this very bizarre chang in behavior, Yanagisawa said. "The mice would be grooming, unning and burrowing and then all of a sudden hey would fall over and stay there for one or two

At first the scientists suspected epileptic
eizures. But further testing showed the mice had fallen intod deep ReM seslep. Like the estantorde dogs
these mice had cataplexy cause ty ther hese mice had cataplexy, caused by their brains
inability to receive signals sent by a potent protein inability to receive signals sent by
called hypocretin-2 or orexin-B.

## Health briefs

of contact as much as possible, Drutz said.
He offered
He offered these guidelines: chever. It is best to keep the
child who has had fever out of
school for 24 thows school for 24 hours after the fever is gone Upper respiratory infections The c, did should be free of sympbefore returring to school. -Eye infections: A child who has ne infamed or or draining eye should ined by a physician. Ear infections: Common ear
infeetions are not contagious. The infections are not contagious. The
only reason to keep a child with an oaly reason inftion out of s school is for his
ent or her own comfort Chickenpox Studies indicate the fter the lesions appear. "Even after the cheard with chick-
" enpox is no longer contagious,
most don't want you back until the
lesions are all scabbed over," Drute said.
Pare
Parents want to return a child to
school as soon as possible, but wait school as soon as possible, but wait
ing the appoprite amoun of time
protects the child and classmates. HI-PLAINS HYPNOSIS COUNSELINO INSTITUTE
 Dr. Jerry R. LaNE
CIT, LCDC, CPS, LCPC, CCBT
1224 N. HOBART, SUITL 109 806-669-3418
AIL: dricht $0_{\text {pantex.n }}$
Why Do Some People Have Doubts About Hypnosis? Hypnosis is such a misunderstood phenomenon. For centuries it has been aftiliated with spiritualism, witchcrant and various othe
"unexplainable" events
Based on exaggerated claims made by undisciplined persons. heir frily yb breastred'ing for addition, keep children away from cigarette smoke and do not
prop them in bed with a botte.
Getting a leg up on spider veins
many hours spent in matter how orkouts on the stairmaster, some
ousers because of to wearing veins that appear aroond the knees and upper thighs.
Spider vens can be removed injection, but there is is no suaration hat they will not return The development of spider Vens, or telangiectasia, is partially
due to geneicis'" says
Robrich
Rhad Rohrich, chairman of plastic
surgery surgery at UT Southwestern
Medical Center at Dallas.
But certain actions seem to expedite their development",
Spider veins occur when veins
are broken so avoid these habits: crossing legs at the theness whilile sitsting taking s.alding baths and
standing on hard surf pes for standing on hard surfaces for long
periods. periods. Long periods of sitting with

Parents' choices can
prevent tear infections DRELAS - Most trildren rience a middloear infeneneon at
least once in their childhood parental decision-making may be able to prevent this bacterial infection characterized by pain, Selecting a day care center with fewer than eight childrenten enolled should prevent the spread of dis-
ease, according Biavati, an assistant professor of otolaryngology at UT Southwes
Datas.
Don't
"Don't allow your child to use a pacifier at day care because tod
diers will share their pacifiers and their germs
other, he said
Mothers also
Mothers also can help protect
their child by breasteeding for

## one's legs crossed backs up the Southwestern's fertility laboratory

 venous circulation and subsequently damages the vascular net- Cancer patients tune into work, around the kenee and ankle Sex selection scienc Should be seaved for med-
ical need cal nee
${ }^{1}$ I Want a Girl lust that old song, than Mant a Giried Juser Old Dike the Girl be as much about choosing the sex
of a basy a s choosid of a baby as choosing a bride
Science has finally caught Science has finally caught up
with science fiction, and some fer-
 cess with a new method of select-
ing the ese of babies. This new ning hee sex of babies. This new
method of "sperm sorting" seems
the most the most promising method of sex-
selection todate say Sr Willian
Byrd asociate pols. Byrd, asociate professor of obstet-
nics and synecology at Southwestern Medical Center at Dallas.
This method may prove invalu-
able in cases of able in cases of gender-related diseases such as hemphilia, a
geneticdisease that occurs almost genetic disease that occurs almost
exclusively in males. But it exclusively in mates. but it
should tot be used casualy when there is no medical con-
cern, said Byrd, who directs UT

## NUN <br> GOLDEN RHOENIX CENTER

The Golden Phoenix Center has been appointed the specific mission of improving the psychological health of patients 65 years of age or older who require short term psychiatric hospitalization.

One Medical Plaza• Pampa, Texas
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# P A M P A 

Regional Medical Center

## PAMPA

Regional Medical Center



## Helping others important to this constable

By JEFF WEST
Staff Writer
While a lot of people who serve as county constable come from long law training in metography or analyzing steel. ewis was in for 29 years working for Cabot and IRI. Of course, one could just look at the steel analysis as an interim
iob, according to Lewis. He was an MP job, according to Lewis. He was an MP when he was in the army "I always wanted to go with the DPS but Inever did," he said. After retiring from IRI, Lewis almost immediately began campaigning for the job of constable in 1992. It was quite a campaign, Lewis said. Nine others, the same time Despite the odds Lewis won the election and has had the iob ever since.
While testing and taking pictures of steel may not prepare you for the rigors of a political campaign being president of the Pampa High Band Boosters can. Especially when the Boosters are trying to raise money to send the band to a marching band contest in Ireland.
It takes a lot of money to send an entire
"I try to help any people in need if I can talk to them. I don't try to be a preacher but I sure try to give some good instruction to kids on dope problems and smoking problems and try to help them get on the right track," he said.
early 1970s, according to Lewis, and often acts as bailiff in County Court, since he was president of the Band works with the Lefors city marshal to Boosters for four years, a lot of it fell to
him. They tried just about anything. $\begin{aligned} & \text { maintain order in that area and helps } \\ & \text { other agencies when they need it. }\end{aligned}$ "We knocked on a lot of doors," said. "We had spaghetti suppers and the line of duty and that was once in sold caps and sold flags and sold all dog in Lefors. He said the dog was actkinds of articles that would make us ing wild and running loose at the Taylor some revenue." was raised but said it was close to though he might have rabies. When the $\$ 300,000$. He is still proud of the dog threatened anyone who tried to Honorary Ambassador of Good Will come near he had to act to protect chilgiven him by the nation of Ireland while dren in the area. An autopsy later was there. revealed the dog did have rabies.
Besides the Pampa Band Bỏosters, He said he has arrested and help arrest Lewis has served as president of the a lot of people in the almost eight years Pampa Shriners, served on the Lefors he has been constable but the night he Lake McClellan Inc. Board of Directors in his mind.
and many other civic and law enforce- "I helped the Sheriff recover him from and many other civic and law enforce While othe with the per counties have done away killed those people," Lewis said. Skinner放 the position of constable or use is now on death row for the murders he them in a limited way that is not the case committed in Pampa many of the county's subpoenas he also one time.
"I took them into custody because the weren't being fed like they were supposed to be. The humane society in that I could do it After we fed them and got them back in shape the owner said got them back in shape the owner said he would take care of them like " Lewis is more upbeat when he talks about some of the good he has had and has done for others.
I have a good family life," he said speaking of Marilyn, his wife of over 40 years, and three children and seven grandchildren. Without much prompting he'll show a picture of his granddaughter who went to state with the While Eagle women's basketball team. wh such docictions, he parts or his many of the people he comes in cont with
I try to help any people in need if I can talk to them. I don't try to be a preacher but I sure try to give some good instruction to kids on dope problems and smoking problems and try to help them get on
"Being track," he said. in everyday job and some of the things you do aren't pleasant but the way you do the job can make it easier on folks. S.ometimes I can help," he said.

## Senior license fees part of trend to catch aging sportsmen's funds

By TERRI LANGFORD
Associated Press Writer

The Texas agency also is baby boom (those born in considering eliminating 1960) will reach retirement
free fishing privileges for age, for a total of 4.36 milfree fishing privileges for age, for a total of $4.36 \mathrm{mil}-$ HOUSTON (AP) - For as older anglers from lion Texans over the age of long as Bill King and other Louisiana, Kansas and 65. ber, one of the perks of fish- for free in Texas under move toward boomers ing in the Lone Star State decades-old reciprocal their sheer numbers are the has been that when you agreements. reciprocal their sheer numbers are the turn 65, it's free.
Or at least, it used to be. said angler Erma Massey, Four years ago the Texas 69 even though she $\begin{gathered}\text { a }\end{gathered}$ Department of Parks and exempt from the new rus number of older anglers Wildlife rescinded the age- when it was put into place ber of so does the num65 rule. Two years from four years ago and pays whose fees make up nearly now the 63 -year-old King nothing. "The older we get, 40 percent of Texas Parks will have to keep paying for the worse they treat us." and Wildlife's $\$ 157.3$ mil a fishing license, although Added King: "Why a at the discounted seniors' they taking the privileges fee of \$6. While he didn't from the elderly people?" . Wildife agencies are turnKing finds the fee a little nation's wildlife agencies for older sportsmensen irritating, especially consid- no longer can afford to foot women to avoid facing ering he's paid for a license the bill for what soon will serious budget deficit for some 40 or 50 years. be the largest population "There's no such thing as "Everybody feels like segment among fishing a free lunch - that's get we've been paying it long license holders - sports- ting truer and truer," said enough," he said while get- men and women 65 and Paul Hammerschmidt, ting supplies at the Lazy older. 2 million Texans program Parks and Wildlife's R\&R Bait and Tackle Shop Some 2 million Texans program director for the on the San Jacinto River. are now at least 65, Census coastal fisheries division. "We should be getting a Bureau figures show. By "Texas population is reprieve."


First State Bank of Miami Home Owned MAIN BANK 100 S. Main • Miaml, Tx. • 806-868-2771 PAMPA BRANCH
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"I think it's ridiculous," said angler Erma Massey, 69 it's you care-with a gift membership to the National Association of Senior Friends for just $\$ 15$.
Across the country in more than 250 Senior Friends chapters, over 300,000 members age 50 or over, working and retired, enjoy a national magazine, travel opportunities, local benefits, national benefits, plus exercises, line dancing and fitness classes, exciting social activities and much MORE!

## For Membership Information Call 663-5875

## Senior

snapsfiot ...

Erma Massey, 69,
even though she was exempt from the new rule when it was put into place four years ago and pays nothing. "The older we get, the worse they treat us.
purchasing hunting and fishing licenses who were no longer purchasing fishAgencies are forced to fund programs for all people." But not all people wh enjoy the outdoors pay a fee, so those thought to use it more regularly must buy icenses. Fishing or hunting without a license can result a Class C misdemeanor

## harge.

"It's not an entitlement, a driver's license." "It's That privilege among Texas fishing enthusiasts has generated more than
$\$ 16$ million so far this year $\$ 16$ million so far this year
in single fishing license sales (excluding fishing licenses sold as part of a hunting-fishing combination package). Another $\$ 244,000$ was captured through the senior fishing license sales.
Those numbers helped Texas receive nearly $\$ 18.4$ million of the $\$ 378$ million generated through federal taxes on sporting equip ment.
Fishing and hunting license rolls are a large facmuch federal wildlife money to dole out to each state. If fewer fishing licenses are sold in Texas, the state receives less money from the federal excise tax pie. That means Texas hunters of all ages pay for a $\$ 19$
license, while fishing enthulicense, while fishing enthu-
siasts pay $\$ 19$ a year until siasts pay $\$ 19$ a year
they hit retirement age.
they hit retirement age
Texas wildlife official acknowledge that they haven't figured out what to
do about the reciprocal agreements with the other states. While senior cexans
pay for licenses, their coun terparts still get to fish here for free.

Already, Oklahoma has
been notified that free Texas fishing for thei seniors is about to end. But for now, it's just not
economically feasible to keep up the free fishing, Texas wildlife officials said "A discount type of pro-
posal instead of free rides is the way to go," said Mike Ray, Texas Parks and
Wildlife's director of field operations for coastal fisheries. "You deserve a dis


Name:
Cleveland.
Cleveland. Grace G.
Birth Date \& Place: Feb. 15, 1914, Gould, Oka., farm.
Family: Morgan and Favorite Stover. Favorite Childhood creek and trees with my sisters and friends, going sisters and friends, going
to church in the wagon. When I Grew Up Wanted
Entertainer, witness for Christ.
My B
My Best Friend was: Reta - Boyette School Stella - church.
People Remember Me People Remember Me As Being: Kind, out-
going, helping people My Favorite Toy: My dolls. Favorife Game.
My Favorite Game Snap - we played at par-
ties. My Favorite Radio
Show: "The Grand Ole Opry" The First Movie I Ever Saw \& The Cost: "Davy Crockett" for 10 cents. The First Phone I Ever Used Belonged To: My
parents.
The Person That Most The Person That Most
Influenced My Life: Reggie Shelton, young preacher. The Historical Event That Most Affected My Life \& Why: World War II. My husband Lloyd
Cleveland and his four Cleveland and his four brothers all were in the
service at the same time.

## Survey says age doesn't deter sex life of Seniors

WASHINGTON (AP) - its "Modern Maturity" Growing older can be sexy. magazine, devoted to the A new survey finds that topic of "great sex." The to have active sex lives and campaign to attract aging find their partners attrac- Baby Boomers - who came find their partners attrac- Baby Boomers - who came
tive as they age - although of age during the sexual tive as they age - although of age during the sexua ners are lost to death or members. ners are lost to death or
divorce, sex becomes less frequent for most.
The survey was conducted by the AARP, the nation's largest organization of older adults, for the
September-October issue of
CAN'T GET OUT TO
SHOP FOR YOUR GROCERIES Give Us A Call We Deliver Tues. \& Thurs.

300 E. Brown

The Thing Remember Most About The Depression Was: April 14,1935 , our wed ding, this one made his-

The Biggest Honor 've Ever Received Is: Poetic Achievement Award in 1985. If I Could Change One Thing About My Past It Nould Be: Try to be happy each day. Bring happiness to all people. My Whole Family Enjoyed: Music, singing, oing to church, playing he organ.
The Person From My Could Visit With Today Is: All my family and riends who are in Heaven now.
My First Job Was: Working in department stores.
Year \& Make of The First Vehicle I Drove Model T-Ford, 1925. Cost of Gasoline 0 cents a gallon 15 Cents a gallon On My First Date My Favorite Hang Out My Favorite Hang Out Drug Store in Hollis Orug
The Fashion Trend Was: Long d My Favorite Saying Was: Lord, help me to live better.
My Favorite Song Was: "When the Roll is Called up Yonder." Another Memory I Lord gave me the The play the piano. I still share this with nursing homes, church and those who enjoy it. I moved to Pampa June 14, 1996, since Hollis where I lived since
1935.

## nembers.

The survey found that more than six in 10 men between the ages of 45 and and a similar percentage women in middle age once a week One in fou people over age 75 reported similar frequency. The decline in sexual activity doesn't seem to be attraction betwen couple attraction between couple found.
About 59 percent of men between the ages of 45 and 74 say the phrase "physically attractive" strongly applies to their partner, while 62 percent of those over age 75 agree. About half of women in both middle and old age said physi-
cal attraction to their partcal attraction to
ner was strong. (See SURVEY, Page 8)

## Healthy vision

By Dr. John W. Klein

Dry Eyes
robably the most common problem seen in the opthalmologist's office is dry eyes. As we age, the protective tear film on the surface of the eye diminishes. This leaves the delicate tissues of
the eye exposed to the drying effects of air, wind, dust and the It is not a problem in making tears; to the contrary, many It is not a problem in making tears; to the contrary, many
patients complain of wet eyes and tearing with this malady. This is because the dryness produces a reflex tearing in an effort to In many people the dryness is worse in the afternoon and evenings. Since we blink less frequently when we read, reading
can also agravate the symptoms of dry eyes. Sometimes envican also aggravate the symptoms of dry eyes. Sometimes envi-
ronmental factors play a role as well. Dry weather, either in the ronmental factors play a role as well. Dry weather, either in the
hot or cold temperatures, robs the eye of needed lubricants Cigarette smoke, fumes, dust and airborne particles are common irritants. In most patie
any systemic disease.
any systemic disease.
Symptoms include burning, stinging, or a gritty sensation which may come and go depending on many factors. Itching, tearing, and light sensitivity may bother other patients.
Occasionally long strings of mucus can be stretched from a dry eye.
Treatment is helpful in most patients. We cannot cure this con Treatment so treatment must be an ongoing project. Usually artifi-
ditial tears, available over the counter, soothe the eyes and give cial tears, available over the counter, soothe the eyes and give temporary relief. The most commonly used ones are
HYPOTEARS, TEARS NATURAL, TEARS PLUS and REFRESH. The problem is they only work for an hour or two, at best, and must be repeated at frequent intervals. Ointments last longer, but they.blur vision and are most effective at night. Newer meth-
ods of treatment which have an effect on seriously dry eyes are ods of treatment which have an effect on seriously dry eyes are
soft contact lenses in combination with artificial tears. Sometimes a slow release medicine under the lower lid is helpful as well.
Much res
uch research is being done on this subject because it is such acommon problem. Time release artificial tears seem to hold the (Dr. Klein is a practicing opthalmologist in Pampa and

## SURVEY - From Page 7

ers, who may be lost to death or divorce, as we age While eight in ten people aged 45 to 59 have sexual part ged 75 and older do
Changing morals may make this less of a constraint for the baby boomers than it is for their parents. While 66 per should not have sexual relationships if they're not mar ried, only 36 percent of women aged 45 to 59 do.
Declining health is the other thing holding older people back in the bedroom. More than half of men and a third of women said better health for themselves and their part ners would improve their sex lives.
One in four men acknowledged being completely or moderately impotent, although despite. the publicity of new treatments such as the drug Viagra, only 41 percen of them said they had sought medical help.
The AARP (American Association of Retired Persons) by mail during March 1999. The margin of error is plus or minus 2.6 percentage points.

Don't be left out of next month's Senior Scenes!

To place your advertisement call The Pampa News at 6692525 and an advertising professional will help you get your message out.

## Study: Injuries from falls soaring among older people

"If you had to pick two, people are falling and get- Institute for Health and their independence and would be exercise for ting hurt at an alarmingly Promotion and Research in is the beginning of a down- strength and balance, and increasing rate, probably Tampere, Finland, was pub- ward spiral that ends in medication reduction because the number of lished in Wednesday's death. elderly is rising and many Journal of the American The study found that the tive," she said. are taking medications that Medical Association. number of falls among For a healthy older per can cause them to lose their Almost 10 percent of Finns over 50 nearly son, good exercise might b balance, researchers say. older people who fall are quadrupled, from 5,622 in tai chi or dance, she said. A Finland found a startling and about half of those rate of falls practically physical therapy Finland found a startling and about half of those rate of falls practically

increase in both the number involve broken bones, said tripled, from 494 per increase in both the number involve broken bones, said tripled, from 494 per and rate of falls among peo- Dr. Mary E. Tinetti, chief of 100,000 people to 1,398. the
ple over 50 , and a U.S. geriatrics at Yale University Even when the expert said the trend is School of Medicine. researchers took into probably the same in other For many older people, a account the greater propordeveloped countries. fall that breaks a bone The study, led by Dr. especially a hip - cause

## Progress told

in fight against heart disease

ATLANTA (AP) - Although great progress has bee made to reduce deaths from heart disease over the past 50 years, more steps are needed in the next century, the Centers for Disease Control and Prevention said. Heart disease and stroke remain leading causes of disability and death, with estimated costs including lost productivity expected to be $\$ 286$ billion in 1999, the CDC said Thursday.
The agency said death rates from coronary and hypertensive heart disease and rheumatic heart disease have
decreased from a peak of 307.4 per 100,000 in 1950 to 134.6 decreased from a peak of 307.4 per 100,000 in 1950 to 134.6
in 1996, a decline of 56 percent. Stroke deaths have 1996, a decline of 56 percent. Stroke deaths
decreased 70 percent in that time, from 88.8 to 26.5
The drop was attributed to factors including a reduction The drop was attributed to factors including a reduction hose with high blood pressure, improvements in medical care and diagnosis, and a greater awareness of proper diet as a preventive measure, such as lower fat and choleserol.
taking four or more medito cines are at higher risk. tion of Finns who were old with a doctor to minimize in 1995 compared with the number and doses to 1970, the incidence of falls the lowest levels required was found to have more she said.
than doubled among both The American Academy men and women. The study did not explore
why the Finns were falling why the Finns were falling
more, but the researchers noted previous research noted previous research and other measures, includ suggesting that thinning the eliminating hazards in bones and dwindling mus- hand rails and grab bars. cular strength as people age Also, old Also, old people have their mobility deteriorates and they use a greater number of medications, which can increase the risk of falls. thnetti said the good news sures clearly work and are simple.

Life expectancy climbs to 76.5 years
ATLANT increasing. Statistics show life expectancy was 76.5 years in 1997, up from 76.1 the year before as death rates from White women had the highest life expectancy years, followed by black women (74.7), white men (74.3), years, followed by black women (74.7), white men (74.3),
and black men (67.2), according to statistics released Thursday by the federal Centers for Disease Control and Prevention.
The gap between whites and blacks was down from 6.6 gap narrowed from 1997. Between men and women, the The CDC said 2,314,245 people died in the United States in 1997. That was 445 fewer than a year earlier.



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## Sports

## Notebook

ROdeo
PaMpa - The Pampa High School Rodeo Club will
meet at 7 p. pid Tuesday at the
Annex building located at Annex building, located at
the Top $\mathrm{O}^{\prime}$ Texas rode grounds.
Persons interested in joining the club are urged to
attend the meeting. BASKETBALL

WASHINGTON (AP) -
Nikki McCray scored points as the Washington Cleveland Rockeated $80-45$ to
win a franchiserecord fourth straight game.
Wastinington held Cleveland to 28.6 percent shooting from
the field. The last time the Center on July 21 , they shot
63.2 percent from the field

This time, the Mystics did
not allow Cleveland's post Players to od dominate sis inside.
The Rockers scored just
Th points in ine paint.
Washington outrebounded Washington used a $15-6$ run The Mystics extended their lead to 26 points by holding
Cleveland to one field goal for Cleveland to one field goal for ond half. The Rockers, who
lost to Washington for the first
俍 time in franchise history on
Saturday 63 -62. never threataUto RACING
DETROIT (AP) - There is Dario Franchittit that served
the hard-driving Scot very well over the weekend. Automotive Grand Prix of
Detroit, Franchiti couldn
cot
complete even a single la in complete even a single lap in
either his primary car or $r$ his
bhis $\underset{\substack{\text { icked } \\ \text { Franchititi was fourth in }}}{ }$ final qualifying, then carved
out his second victory of the
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$\qquad$ otficials decided to limit the
compention to to ours,
so only 71 laps were com-
pleted.

## Five inducted into Pro Football Hall of Fame

PAMPA - Fred Simmons and
Ida Goad were the winners of the
Bonnie \& Clyde Invitational held
last weekend at the Pampa
Country Club course. Country Club course.
Simmons and Goad had a total of 124.6 in the mixed scramble.
Bonnie \& Clyde Invitational Bonnie \& Clyde Invita
at First Flight

1. Fred Simmons-Ida Goad,
124.6; 2Tim Whipkey-Sue
Winborn, 1252. Kathy Gowdy, 126.0
Second Flight
2. Tommy Hill-Nita Hill, 124.0;
3. Mel Pharis-Sue Pharis, 132.2; 3 .
Paul Carr-Donna Adams, 132.6. Third Flight
4. Ben Davis-Debbie Davis,
120.4; 2. Joe Manzanares-Fran 120.4; 2. Joe Manzanares-Fran
Dubose, 121.8; 3 . Glen Love-Rita Love, 122.8 .
Fourth Flight
$\qquad$ Jefferson, 123.8; 2. Jim Schulte-
Dorothy Schulte, 124.6; 3. John
Kent-Mararen Kent-Margaret Kent, 126.6.
Fifth Flight Fifth Flight
5. Bob Bur
117.8; Bob Wurkett-Robbie Pepper,
Hogan, 125.2; 3 . Mark Mr-Debbie
HegryStephanie Gregory, 125.4 .
 Methodist Scramble
at Pampa Country Club
(9-holes)
Ieff Nicklas,

Delgado delivers key hits as Blue Jays down Rangers

|  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: |
| Carlos Delgado is going | against the wall to end the | hander. On Friday | tuoru double | , |
|  | inning. | Fletcher had jokingly |  | ht. ... Texas' |
| that hitters dream about and | Although Delgado has no | around | Kelly and an infield single by | Mark McLemore has a 332 life- time average against Toronto, |
| pitchers fear. |  |  |  | , |
| "You get to the plate and everything is like in slow | his | wh |  | of |
| everything is like in slow motion," Delgado said after | get one against Texas. Delgado | Fle |  | reer, tying him with |
| dee |  |  |  | Paul Richards for 48 th on the |
| mer in Toronto's | this season with two | just i |  | all-time list. Fregosi has lost |
| ory over Texas on Sunday | and five |  |  | 989. ... Only seven of |
|  | coming in a victory Frid night. | 'There are maybe two, three guys in the game who drop | since July 17 , ending a 14 -game drought. | Gonzalez's 26 homers have |
| ball yourgnzize | His ca | down from the left side, so I just |  | come at rookie sensation. Jeff |
|  |  |  | Notes: <br> last 19 gam | Zimmerman turns 27 to |
|  |  |  |  |  |
| don't know when you're going to get out of there. You just | by a visitor. <br> 'He's being patient and | Venafro said he get Fletcher to chas | S |  |
| want to ride it as long as | swinging at pitches that he ca | and |  |  |
|  | drive," said Burkett, |  |  |  |
| RBI singe in | allowed five earned runs and six overall in four innings. |  |  |  |
| RBI single | "He's a strong guy, probably | Joh | hitter and the Florida Marlins |  |
| then he chased Texas | He's a strong guy, probably |  | defeated the Colorado Rockies 2- | Springs, gave up two runs and |
| ter John Burkett with the rd of three straight doubles | Texas' Todd Zeile, himself on | wi | 1 Sunday for a three-game sweep. | four hits in seven innings. |
| he fifth as they rallied | quite a roll, hit a two-run homer in the bottom of the seventh to |  | Sweep. |  |
|  |  | Wells. | runs in eight innings and struck |  |
|  |  |  |  | on had a sacrifice fly. |
|  | Fletcher broke the solo homer off Mike |  |  |  |
|  |  |  |  |  |
|  |  |  | over the closer role for Matt | in- |
| fly to deep left-center | like his odds |  | Mantei, who was traded to | by Todd Helton |

## Former National League batting champion Walker is dead at 80

BRRMINGHAM, Alat (AP) - absolutely loved the sport. He
More than 50 years More than 50 years hater, baseball
fans in 5 Lt Louis still talk bout fans in St. Louis still talk about
Harry "The Hat" Walker's decidcouldutely loved the sport. He
end." ing hit in the 1946 World Series. And if Walker hadn't died he had been hospitalized since Sunday of complications from a me mid-July, hospital spokesman stroke, friends say he would probably be happy to join in the
reminiscing reminiscing
He had a passion for baseball
that was as preat as any seen in
the game," Houston Astros man
the game," Houston Astros man-
ager Larry Dierker said after ager Larry Dierker said after ally landed anager and eventuager Larry Dierker said after ally landed at Alabama-
learning of Walker's death. "He Birmingham, where he helped
$\begin{array}{cl}\text { start the baseball program. } & \text { eighth, and Enos Slaughter } \\ \text { During a } 22 \text {-year pro career, } & \text { scored all the way from first, giv- }\end{array}$
including a 11 -year pro career, majors, Walker had a .296 aver- over the Boston Red Sox and the baseball. He'd talk about baseage. He spent eight years with series title. ball until $5 \mathrm{a} . \mathrm{m}$. if you'd let him," played fous Cardinals and also "People still talk about it Buck said.
Phillies, for the Philadelphia Phillies, the Chicago Cubs and
the Cincinnati Reds, mostly as an the Cincinnati Reds, mostly as an
outfielder. He appeared in three outfielder. He appeared in three
World Series (1942, 1943 and 1946) and two All-Star Games
(1943 and 1947). In Game 7 of the 1946 World
Series, Walker hit a double to leftcenies, Walker hit a double to left
center the bottom of the
"People still talk about it
today,
recalled
longtime Cardinals announcer Jack Buck Sunday night. "Some say he
scored all the way from first on a scored all the way from first on a
single, but tit was double."
Walker's best year was in 1947, when he batted .363 while play--
ing 130 games for Philade ing 130 games for Philadelphia
and 10 games with St. Louis.

Waiker spent 20 years as a man ager, including major-league
stints with the Cardinals (1955), tints with the Cardinals (1955),
the Pittsburgh Pirates (1965-67) and the Houston Astros (1968-72) or the next six years, he worked in various capacities for the Cardinals' organization, includ-
ing hitting ,ocach, minor league
farm director and scout. ing hitting coach, mino
farm director and scout.


Old is new again as Browns return

By TOM WITHERS AP Sporst Witer

CANTON, Ohio (AP) - From the time Al Lerner was named the Cleveland Browns had just 11
months to get ready to play the months to get ready to play the
Dallas Cowboys. Cleveland's fans have had three years to prepare. $\quad$ pnd at a little atter 8 p.m.
tonight when they take the field tonight when they take the field
at Fawcett Stadium to face the Game, the new Browns will be welcomed back by a city, the NFL
and a national TV audience like a and a national TV audience like a
long lost relative. long lost relative.
Browns fans, w
their team was swept out of town by Art Modell in 1996, will finally be able to reconnect with
Cleveland's glorious football past.
Finally, the bridge between the will be complete. Old memories will make room for new ones. "I know when I take the field,
and see the fans and the Cowboys," said Browns rookie qualterback I'l $^{\prime}$ know in an NFL game." So will the Browns, who after a
three-year exile are being reborn three-year exile are being reborn
in football's birthplace. Never has an exhibition game
meant so much and more than meant so much, and more than
17,000 fans turned out for 17,000 fans turned out for
Sunday's walk-throughs for both teams.
In exhibition games on
Saturday, Denver defeated San Diego $20-17$ in Sydney, Australia;
Chicago beat Indianapolis $9-6 ;$ and the Raiders edged St. Louis

Cleveland's comeback isn't just for Browns fans, either. It's for every fan who had his favorite
team moved whether in team moved whether in
Baltimore, New York, St. Louis or Los Angeles. er Paul Taghiabue talked with Cleveland's players about the hurt he felt as a child when the
Brooklyn Dodgers moved out
"est. could relate to that, too,",
"I
said Browns coach Chris Palmer, said Browns coach Chris Palmer,
who felt similarly betrayed when
the New York Giants went to San appear to be nervous.
Francisco. Francisco.
But after wiping away their played in it the big game week in
tears when Modell abandoned and week out," he said. "I'll them, Cleveland fans fought probably forget it's on TV once
back and convinced the NFL to
we get out there and start play-

Clevelanders," Browns line- Palmer has had just seven
backer Chris Spielman said. "It assemble a team and have it
says a lot for the NFL to bring a ready by M
says a lot for the NFL to bring a ready by Monday. It's too early to
team back so quickly, and it says worry about final
a lot for Mr. Lerner to put up a said. half-billion (\$530 million) dollars.
There's a special relationship There's a special relationship
between the fans and the team
here."
This year's Hall of Fame Game
was moved from its traditional was moved from its tradition
Saturday slot to Monday prime time by the league to
showcase the Browns' return as the first expansion team with a history.
The game will cap an unforget-
table football weekend in northeast Ohio. Saturday, former
Browns tight end Ozzie Newsome was enshrined in the
Hall of Fame. Hall of Fame.
be able to play as a local team in that whole setting, coming back new ...." said Palmer, making his
debut as an NFL head coach. "I won't be the only one with butEven America's Team is caught "I have a hard time thinking the Cleveland Browns are new," Gailey, who became familiar tion while an assistant coach in Pittsburgh. "That doesn't sound right. It seems like there ought to be some special name or exotic struggling with them being a new team. They''ve got the same Cleveland's new football era will begin the
with the Browns.
The rookie quarterback, taken No. 1 overall by the Browns in
April's NFL draft, will make his pro debut midway through the first quarter. Helll replace Ty Detmer, who will run the Browns
this season until Palmer and his this season until Palmer a.
staff think Couch is ready.
Couch outwardly
"Winning takes care of itself,"
e said. "All I'm looking for is improvement with my players, that we're getting better from
week to week.'

In training camp news Tests confirmed New England a ruptured left biceps tendeon in Saturday's scrimmage and is expected to miss four months.
Patriots coach Pete Carroll said he will wait until after surgery to placed on injured reserve, which he entire season. Vikings
The Vik
The Vikings will reportedly cut
their ties with Dimitrius heir ties with Dimitrius
Underwood, the defensive lineman who left training camp after ne practice and has not
returned. Team attorneys informed
Underwood's agent, Craiz Domann, that age team Craig want him back, according to a
report in the Saint Paul Pioneer Press. The newspaper said the Vikings haven't decided how to
part ways with the rookie, but part ways with the rookie, but
most likely will place him on most likely will place him on
waivers.
Underwood signed a $\$ 5.3$ milUnderwood signed a $\$ 5.3$ mil-
lion, six-year contract shortly
before joining the Vikings efore joining.
training camp.
Eagles
Eagles tight end Kaseem Sinceno is expected to be out for the next six
ankle surgery.
Sinceno inceno, 23 , underwent arthro-
scopic ankle surgery and had a stress fracture in his right foot repaired Friday at a Philadelphia
hospital, team officials said
Sunday.

Returning starters


McLean has six starters returning for the the 1999 six-man football season. They are (front row, from left) Frankie Sparling, Aaron Rice and Chris Hauck; (back row, from left) Brian Fuller, Terrell Hembree

## Jarrett captures Brickyard 400

INDIANAPOLIS (AP) - tive American driving series. stantly tinkering with specifica-
There's no doubting the success
It's starting to look like the tions for the various makes of Theres Brickyard 400 . Six years Blowout Cup instead. the tions for the various makes or
of the Bres. Drivers and crews are into one of the most improba- "It's awfully tough to keep fond of pointing out - right or
ble experiments in racing histo- up with him every week,: said wrong - that NASCAR seems ry, stock cars are a huge hit at Labonte, who has finished sec- to change the rules when one Indianapolis Motor Speedway, ond to Jarrett twice at the
Now, if ony NASCAR could compete with Dale Jarrett - at the past two seasons, when he Indy or anywhere else.
At the hallowed Brickyard, winning about unstoppable in fans know good racing when they see it. What they saw
Saturday, when Jarrett domi nated the field for his second
Brickyard 400 victory was Brickyard 400 victory, was just
another one-man show. "They know how to win a championship, said Jeff
Gordon, who is watching
Jarrett dominate the Winston Jarrett dominate the Winston
Cup points race the way he did in winning the last two cham pionships. "They've been right
there, second or third many times.
going so we ve got to get things them work for it. Right now, it's With Jor them." Jeffs - Gordon and Burton Martin by 274 points with 14 races left, Gordon's comments sounded an awful lot like a a disappointing 37th finish in "The biggest thing is Parrott
concession speech concession speech. Bobby the season-opening Daytona The is in't about Date or mee o
Labonte is third, followed by 500, Jarrett has finished out of Robert tr's aboull
 Gordon - who trails by a near- He's been in the top 10 for 17
ly insurmountable 507 points.
straight races, including 15 top
denes. bristled at ly insurmountable 507 points. straight races, including 15 top the suggestion that NASCAR
Since running its first race at fives. Indy in 1994, NASCAR has Can anything be done about man if he keeps running awa money and attention it needed and stop the Jarrett "We feel like we're working sport's top attractions. But The stock car series has his- Chevys or the Pontiacs," Yate
Winston Cup racing is sup- torically found ways to make said sharply. "We keep moving Winston Cup racing is sup
posed to be the most competi-

Boston's Martinez wins 100th game ANAHEIM, Calif. (AP) -
Pedro Martinez earned his first Pedro Martinez earned his first
victory since July 2 and the 100th of his bigc-league career Sunday
night, pitching five effective night, pitching five effective
innings as the Boston Red Sox beat innings as the Boston Red
the Anaheim Angels 9-3.
Martinez (16-3) held the Angels earned. He walked three and struck out five.
The lifted after throwing 27 -hander es, 61 of them strikes. He needed
28 pitches in the first inning 28 pitches in the first inning,
including 11 to Gary Disacrina, who fouled off five full-coun
pitches before drawing a walk. Troy OL'Leary had three hits,
including a home run, for the Red

The Red Sox took a $2-0$ lead off
Jack McDowell ( $0-4$ ) in the first on Jack MCDowell ( $0-4$ ) in the first on
a two-out, run-scoring double by Nomar Garciapary
single by O'Leary
McDowell allowed eight
and five runs in four innings.
Jason Varitek's two-out, two
run double off Mike Magnante run double off Mike Magnante
the fifth extended Boston's lead to
the fifth extended Boston's lead to
Stocks • Bonds • Mutual Funds • CDs • IRAs


Roger David Edward Jones
pime

## Calendar of events

PAMPA AREA LITERACY COUNCIL Community Heritage Players on Aug. 20 and 21. Pampa Area Literary Council office will be open CHP will perform "You Can't Get There Erom
from $9 \mathrm{a} . \mathrm{m} .-3 \mathrm{p} . \mathrm{m}$. Tuesday and Thursday. For Here," a comedy for the whole family For reservamore information, call 665-6000. The Pampa Chess Club meets every Tuesday
night at Yummie's Pizza in the Pampa Mall at $7: 30$ night at Yummie's Pizza in the Pampa Mall at $7: 30$
p.m. We offer casual yet competitive games, free instruction, and a quarterly newsletter. For more
information contact James A. Shook at $669-0227$; CLEAN AIR AL-ANON
Clean Air Al-Anon will hold weekly meetings on Clean Air Al-Anon will hold weekly meetings on
Tuesdays and Thursdays at noon at 810 W . 23rd.
For more information call $669-3988$ For more information, call 669-3988.
TRALEE CRISIS CENTER TRALEE CRISIS CENTER
Tralee Crisis Center will offer Volunteer Training
for people interested in working with victims of Tralee Crisis Center will offer Volunteer Training
for people interested in working with victims of
domestic violence, sexual assault and other crime victims. Training sessions will be from $6-9$ p.m.
beginning Tuesday, Aug. 24 at TCC, 310 S. Cuyler beginning Tuesday, Aug, 24 at TCC, 310 S . Cuyler.
For more information, call Diane Wells at $669-1131$ or 1-800-658-2796. RSVP by Aug. 17.
LOVETT MEMORIAL LBRARY Guided tours of Lovett Memorial Library will be conducted from $1-5$ p.m. and from $6-9$ p.m. each
Wednesday throughout the month of August. Find
out what the library has, where it is and how to use it. For more information, call $669-5780$. A Quick TASP test will be conducted at $7: 30 \mathrm{a}$ a.m.,
Saturday. Aug. 21 at Clarendon College-Pampa
Center Cost Center. Cost of the exam will be $\$ 29$. Two forms of
identification are required. Frank Phillips College off campus registration wi
be from 5-7 p.m., Thursday, Aug. 12 at Dalhart an be from 5 -7 p.m., Thursday, Aug. 12 at Dalhart and
Perryyon high schools and from $5-7$ p.m., Tuesday,
Aug 17 at Canadian tration will be from 8 a.m. . 6 p.m. Aug. 18 and 19 in
the FPC Library. In addition, in-class instruction and distance learning courses via the World Wide Web,
Channel 63 in Borger and the Panhandle Information Network are available. For more information, cal
(806) $274-5311$ or $1-800-687-2056$, ext. 741 or 742 Class listings are posted at the college's website,
http://www.fpc.cc.t.x.us/Offerings/. Gravel Club will meet at $11: 30$ a.m. Aug. 11 at the
Senior Citizens. For more information, call $665-5081$.
tions, call (806) 226-5409.
INR SEMINAR
The Institute for Natural Resources will sponsor The Institute for Natural Resources will sponsor
seminar, "The Craving Brain: Chocolate,
Addictions, Mood and Appetite," from 9 a.m. -4 Addictions, Mood and Appetite," from 9 a.m.-4
p.m. Sept. 15 at the Radisson Inn in Amarillo and
rom 9 a.m. 4 p.m. Sept. 16 at Memorial Civic

Center in Lubbock. The seminar is approved for
RN, LVNs, LPNs, pharmacists, dietitians, DTRs,
psychologists, soci psychologists, social workers and counselors. The
program is worth seven hours to nurse and six program is worth seven hours to nurses and six
hours to other professionals. Tuition is $\$ 59$ for participants who preregister and $\$ 72$ at the door. For more information, call (1510) 450-1650.
DON AND SYBL HARRINGTON The Women's Center of the Don and Sybil Hasrington Cancer Center and bSA Health linic Aug. 9 at First United Methodist Church
Educational Building, 201 E. Foster, and Aug 30 , aducational Building, 201 E . Foster, and Aug. 30 ,
at Shepard's Crook Nurring Agency, Inc., 916 N . exam, mammogram and a breast heow-cost selfalong with individual instruction by a a registraised nurse in breast self-examination. Funding is avail-
able through the Texas Department Texas residents who qualify for assistance All
exams exams are by appointment only. For more infor-
mation, call (806) $359-4673$, (806) $356-1905$ or 1 -- USS LONG BEACH REUNION USS Long Beach Reunion Association will hold its 1999 reunion Sept. 15-19 at Pensacola, Fla.
Participants will be staying at the Holiday Inn Bay Peach, 51 Gulf Breeze Parkway, Gulf Breeze, FL $32561-9990$. For reservations, call (850) $932-2214$. For more information, contact Don Shade at P.O.
Box 69 , Clymer, NY 14724-0069, (716) $569-2314$, or e-mail LBCGN9@aol.com.
TRALEE CRISIS CENTER Womens Support Group for Child Management
offers parenting skills to assist parents and children in dealing with anger and behavioral issues resulting from peer pressure, sibling rivalry, family vio-
lence and/or sexual abuse from $7-8$ p.m. lence and/or sexual abuse from $7-8$ p.m.
Thursdays. For more information, call Tralee Crisis

Gravel Club wravel CLUB Senior Citizens. For meore at 11:30 a.m. Aug. 11 at the Pampa LPAMPA LODGE \#966 Pampa Lodge \#966 E.A. Degree, 7:30 p.m., MISS TEXAS TEEN ALL-AMERICA Miss Texas Teen All-American Pageant 1999 offi-
cials are seeking contestants. To be eligible for com-
petition, participants must be $13-19$ years of age as must be a legal resident of the U.S. To apply, send a ecent photo along with your name, address, telephone number, date of birth and short biography
y fax or mail to: Dept. B - Miss Texas Teen Ally fax or mail to: Dept. B - Miss Texas Teen All-
American, 603 Schrader Ave. Wheeling WV 26003 als are seeking contestants. To po efigible for com- e-mail teenallam@aol com.

## Chautauqua



Delicious pancakes are piled on plates by Rotarians E.E. Shelhamer, left, Rex McAnelly and Jack Reeve at the traditional pancake breakfast that begins at about 7 a.m. during the annual Chautauqua celebration, Labor Day, Sept. 6, a
Central Park. There will be about 15 food booths to tempt appetites throughou the day.

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Danny Cowan

