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MONDAY

## Shevardnadze: Secessions would cause destabilization of internal Soviet structure

By MICHAEL PUTZEL  
Associated Press Writer

MOSCOW (AP) — Foreign Minister Eduard A. Shevardnadze says secession by some independence-minded Soviet republics would cause military, political and economic problems for them, and also could "result in a major destabilization of the existing international structure."

"It is in no one's interest to see this happen," he said in a written response to questions submitted before a rare one-on-one interview.

Shevardnadze's home republic, Georgia, is among those with an active nationalist movement.

"The problems of inter-ethnic relations are so delicate and sensitive that one should avoid any outside interference in the process of their development," he said when asked if U.S. support for the independence of the Baltic republics of Lithuania, Latvia and Estonia contributes to separatist feelings there.

"I should say that on the whole we see that responsible politicians are aware of this," he said, noting the United States has reaffirmed its recognition of the territorial integrity of the Soviet Union.

The interview in Shevardnadze's wood-paneled office on Thursday and the text of the written exchange with The Associated Press were released by mutual agreement on Sunday.

The Soviet foreign minister acknowledged widespread concern in the West for the survivability of President Mikhail S. Gorbachev but ascribed it more to a popular desire that Gorbachev's reforms succeed than to any real threat to the Communist Party chief's political power.

Asked about oft-stated worries in the West that spreading chaos in the Soviet Union could cause a backlash that would sweep Gorbachev from power, Shevardnadze replied: "I believe that this particular preoccupation stems from sincere feelings from sincere support for the process of perestroika that is under way in the Soviet Union."

The soft-spoken, white-haired Georgian, a Gorbachev ally on the ruling Politburo, noted it was Gorbachev "who spearheaded this arduous but holy struggle."

"There is some segment of the population that is definitely dis-

pointed" by Gorbachev's efforts at reform, he said. But, he claimed, "Gorbachev and the political leadership of this country on the whole do enjoy the support of the bulk of the Soviet people, in spite of the fact that we are experiencing great difficulties; we have empty shelves in stores; we have a host of other social, economic and inter-ethnic difficulties."

Shevardnadze, 62, a longtime Communist Party boss in Georgia before Gorbachev tapped him to take over the Foreign Ministry nearly five years ago, said the Soviet leader's opponents "do not really constitute a significant force."

Communist Party sources say the party is becoming more polarized, with hard-liners expected to mount a challenge to Gorbachev's leadership when the national body's Central Committee meets in Moscow on Feb. 5.

A progressive faction also has formed, and sources say it may stage an attack at the same meeting on the party's constitutional monopoly on power, and demand a virtual apology for decades of totalitarian Communist rule.

The strength of either group is difficult to measure, but the problems for Gorbachev, who seeks to portray himself as a centrist, have mounted in recent weeks.

Lithuania's Communist Party broke with Moscow last month in a campaign for independence. This month, long-simmering ethnic hatreds and territorial disputes burst into open warfare in the southern Caucasus.

Juggling foreign policy issues and domestic problems, which he said can't be entirely separated from each other, Shevardnadze predicted "the most important event of this year" will be the June summit meeting in the United States between Gorbachev and President Bush.

He expressed confidence that he and U.S. Secretary of State James A. Baker, whom he referred to as "my friend," will make further progress toward an agreement to halve the superpowers' strategic, or long-range, nuclear arsenals.

The two are to meet in Moscow on Feb. 7 for a two-day session that was put off a day at the Kremlin's request to prevent its overlapping with the Central Committee meeting.

# Bush sends Congress \$1.23 trillion budget

By MARTIN CRUTSINGER  
AP Economics Writer

WASHINGTON (AP) — President Bush today sent Congress a \$1.23 trillion budget for next year that slows the growth in military spending and calls for no general tax increase as part of a plan to cut the deficit by half.

Bush proposed hefty spending increases for the 1991 fiscal year in space exploration, cleaning up the environment and the Head Start preschool program.

He recommended cuts in Medicare, college student loans and farm subsidies, among other domestic programs.

Bush's budget — the first one his administration has written from scratch — was certain to provoke sharp debate in the Democratic-controlled Congress.

"With an eye toward future growth, and expansion of the human frontier, the budget's chief emphasis is on investment in the future," Bush said in a written message that introduced the 1569-page budget document.

"At the same time, the budget maintains a strong national defense while reflecting the dramatic changes in the world political situation that are taking place, and it fulfills responsibilities to protect the environment and preserve America's cultural heritage," Bush said.

His plan calls for \$303.3 billion for defense, a cut of 2 percent after inflation is taken into account, and a reflection of the reduction in tension produced by political change in Eastern Europe.

Bush's plan renews the president's call for a tax cut for capital gains, which critics say would benefit the wealthy, and introduces a new Family Savings Account aimed at middle-class taxpayers who could squirrel away up to \$5,000 a year and earn interest tax free.

The president's outline proposed cutting the federal deficit to \$63.1 billion in the 1991 budget year, and if the target is met, it would be the lowest federal deficit in more than a decade. The president estimated this year's red ink at \$123.8 billion, far



(AP Laserphoto)

The U.S. government's Printing Office does a brisk business Monday morning distributing copies of the 1991 federal budget book.

above the Gramm-Rudman deficit reduction target of \$100 billion.

The administration's plan promises to balance the budget by 1993, the date called for in the Gramm-Rudman law. But to accomplish that feat it relies heavily on forecasts for economic growth and interest rates that many economists believe are overly optimistic.

While not calling Bush's budget "dead on arrival," the epithet hurled at most of the Reagan administration's spending plans, Democrats in Congress left no doubt that they planned to challenge many of the domestic program cuts while seeking to get even more savings out of the Defense Department than Bush recommended.

Proposed cuts in programs such as farm subsidies, federal retirees' benefits and benefits to help the poor pay their heating bills have been recommended before — and created sharp debate in Congress.

Bush's defense budget proposed trimming military personnel by 38,000, to be accompanied by a sweeping effort to close military bases nationwide. At the same time it protected expensive weapons programs such as the Star Wars nuclear shield, which would receive a \$1 billion spending increase.

The capital gains tax proposal was expected to generate another bruising congressional fight, just as it did last year, with the new twist of a rival proposal from Sen. Daniel Moynihan, D-N.Y., to provide a \$62 billion cut in Social Security taxes this year and next.

Moynihan charges that the Social Security surpluses are not being saved for the Baby Boomers' retirement as intended, but instead are being used to mask the true size of the deficit.

To counteract that argument, the administration put in the budget a proposal to use a portion of the surpluses beginning in 1993 to reduce the national debt.

The various cuts in domestic programs totaled \$13.9 billion in savings, with \$5.5 billion of that coming from trims in doctor and hospital payments in the giant Medicare health care program.

Other major program cuts included \$1.8 billion in subsidies to farmers and savings of \$2.9 billion by limiting pension increases to federal civilian retirees and by restraining cost of living increases to civilian and military government workers.

Aid to urban mass transit systems would be cut sharply and low-

income energy assistance would be trimmed by \$340 million, to less than \$1.1 billion.

Bush recommended eliminating the federal subsidy to Amtrak, which amounted to slightly more than \$600 million for the current fiscal year.

The money saved from the sharp cuts would be channeled to programs that Bush has slated for big spending increases.

One of the biggest gains would come in spending for space exploration, scheduled to jump by a sharp 24 percent.

Bush called for putting the extra money into an orbiting space station and for making a down payment on manned trips to the Moon and Mars.

Other budget details: — A hefty increase in the war drugs, boosting total spending in 1991 to \$9.7 billion. Commitment for future years would push the total to \$10.6 billion.

— \$500 million more for Head Start, the preschool program for poor children, putting total spending at \$1.9 billion.

— New spending of more than \$2 billion to fund an "America the Beautiful" program that would accelerate the cleanup of hazardous waste dumps and launch a massive tree planting program to combat the effects of global warming.

— A 16 percent increase in spending for aviation programs to expand airport capacity and upgrade the air controller system.

— A \$3 billion increase in foreign aid to \$14.2 billion with much of the money targeted for assistance to Eastern Europe and anti-drug efforts in Central and South America.

Bush called for no general tax increase, in keeping with his 1988 campaign pledge. But he recommended \$5.6 billion in "user fees" such as charges to drug companies to cover the cost of federal drug testing.

He also proposed a \$25 annual charge to boaters using most U.S. waterways — a recommendation made repeatedly by President Reagan but always rejected by Congress.

## Recycling and composting offer solutions for municipal waste

Editor's Note: This is the second in a six-day series on the environment, which promises to be a leading public forum issue in the new decade. Today's story focuses on recycling and composting of municipal waste materials.

By BEAR MILLS  
Staff Writer

WHITE DEER — While the nation and the world battle with what to do with levels of municipal waste that have reached monumental proportions, many are turning to a businessman in this city of 2,000 for the answer.

Marvin Urbanczyk, part of a Polish family that helped settle the Panhandle in the early 1900s, is selling

explained. "We're in Mexico, Sweden, Saudi Arabia, Australia, Italy, Hong Kong, Singapore and Canada."

That is in addition to machines all over the United States.

Explaining that the process of composting is merely speeding up a process that nature takes about a thousand years to perform unaided, Urbanczyk said the ground-up waste is laid in wind rows, and turned every three days.

A natural process within the pile causes it to heat up, killing viral infections and disease within the waste.

After the composting process is completed — between three and eight weeks — the material has the look of rich soil or loam and a clean smell that makes it hard to believe it was once manure or sewer sludge.

By this summer in Texas, it is likely new health regulations will mean cities that don't compost will require their citizens to do so at home.

The reason: buried grass and limbs create methane gas that causes landfill fires and pollutes the environment.

Urbanczyk said, "Our problem was we invented this 15 years too soon. Nobody wanted to address the problem back then. It was cheaper to just bury it. That's not true anymore. Everybody in the world has a garbage or sewer sludge problem."

In fact, in some cities the problem is so severe that mountains of waste pile up 25 to 30 feet high for thousands of acres.

"We're looking at a joint venture in a year to a year and a half in Honolulu to take all their yard waste and sludge for \$35 a ton," Urbanczyk said. "They can burn it in their incinerator for \$200 a ton and still they have to find a place to bury the ash."

"If they are smart, they will go with us." Urbanczyk said markets for the compost are virtually unlimited. Countries all over the globe are using the rich soil to mix with sand and turn deserts into rich, irrigated farm land. Corporations such as Dole and Del Monte are seeking all the compost they can buy for fertilizer on their crops.

"The only downside is the education process is so slow," Urbanczyk said. "It's been more economical to dig a hole and cover it up. It's not that way anymore and we have a solution to their problem."

In addition to building the Scarab, Urbanczyk is also involved in cooperative ventures that put him into the operating phase of landfills.

"We're currently talking with a contact out of San Diego to move 1,000 tons an hour (of municipal waste) out of the Northeast and compost it in Mexico," he said.

"And there are markets for the compost."

City officials from Pampa recently acknowledged they are exploring the possibility of a cooperative venture with Urbanczyk that would create a regional composting, recycling and baling operation in the city.

Mayor Richard Peet recently noted that not only would such a plan extend the life of the city's landfill, it would be a chance for meaningful economic development for the area.

Landfill experts from New York City to Los Angeles and Minnesota to Houston, when contacted about the virtues of Urbanczyk's machine and ideas for a total reclamation effort, had nothing but praise.

"Our only problem has been the politics," said a city manager in a midwestern city who asked not to be named because of conflicts in that city over waste issues. "There is short term cost in this. It costs money to build this kind of operation."

"The problem is that no city council that's in for a year or two wants to go to taxpayers and say, 'We raised your taxes to pay for this thing that will extend the life of your landfill 50 years, help save our planet and that, a few years down the road, is going to make us some money on selling the recyclables.'"

"It's a question of doing the right thing. To be honest, most cities want to do the cheap thing. Right or wrong has nothing to do with it."

A city manager in the Panhandle, while refusing to respond to such comments on the record, agreed if his name was withheld.

"Here's the Catch-22: How can I choose between something that costs, say \$100, and works to save our planet, and something that costs \$50 and maintains the status quo?" he asked. "It's easy to get self-righteous"

See WASTE, Page 2



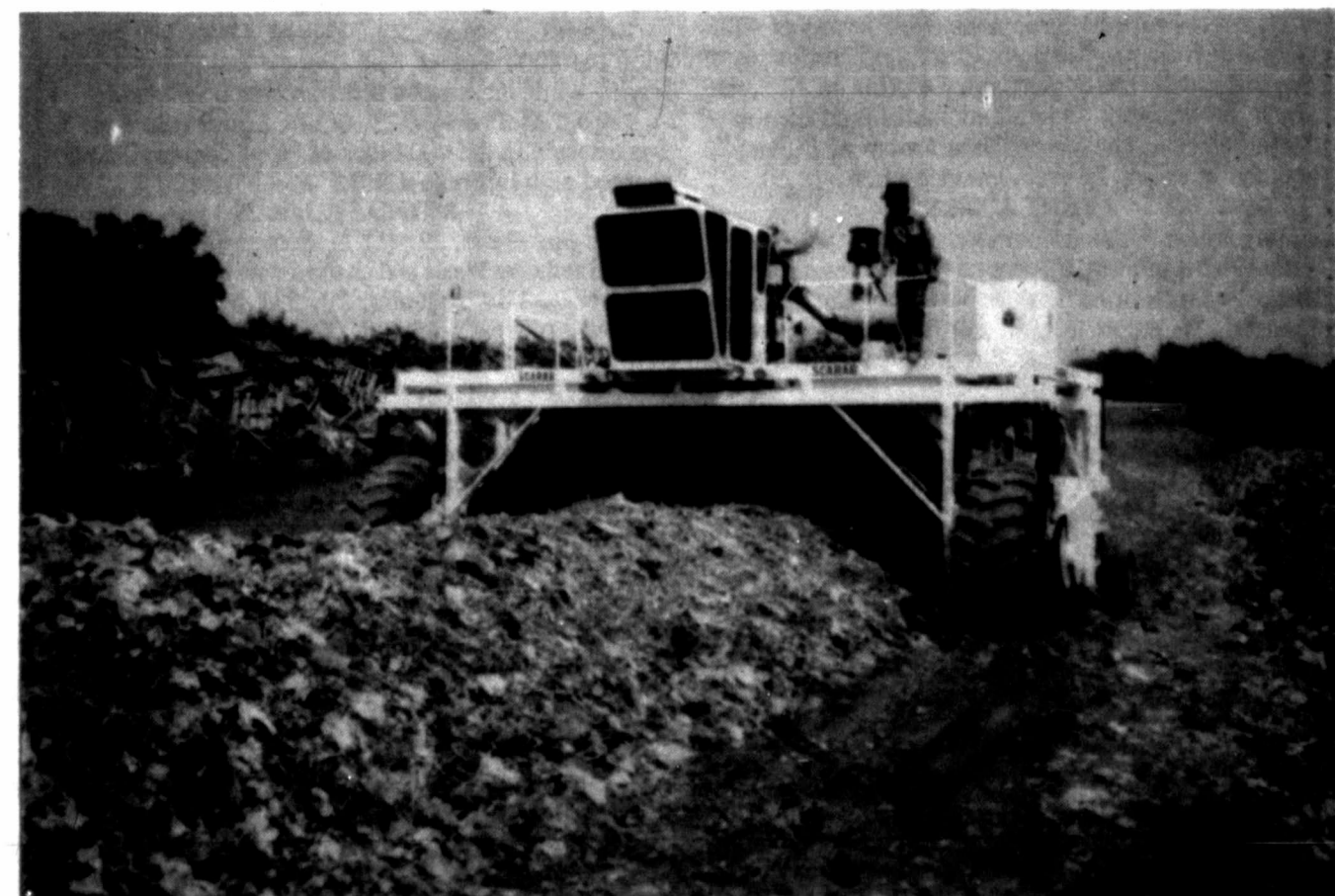
Handle With Care

a machine he created to compost cow manure for his own farming operation in 1973, to cities and countries all over the world.

The Scarab, named after a beetle that naturally manages waste, turns 80 percent of municipal garbage that would have been buried in a landfill or burned in an incinerator into compost that can be used for fertilizer, loam or humus.

Problems with sewer sludge can also be eliminated by the Scarab as it lays out rows of ground-up garbage or manure or both, pulverized into small pieces. Urbanczyk said manure and sludge make the best compost.

"I got a patent in 1977 and we started building and selling machines around the world," Urbanczyk



The Scarab machine in action, picking up garbage and trash and taking the material into the machine, where it is ground up for compost.



# Questions raised concerning broken-bones research with greyhounds

By DONNA CASSATA  
Associated Press Writer

WASHINGTON (AP) — New questions are being raised about Army-sponsored research on animals following the removal of a review panel member who voiced concerns about bone-breaking experiments on retired greyhound dogs.

"The public would be outraged at the excessive amount of tax dollars that are being wasted on research which does not contribute to human health," Jan Polon said this month, shortly after her removal from the voluntary post on the animal use committee at California's Letterman Army Institute of Research.

Polon, an occupational therapist and the lone public representative on the review panel, had expressed opposition to several animal experiments over four years.

But she blames her dismissal on two letters she sent to officials at Letterman — one complaining about the inadequate time committee members had to review protocols and reference documents, the other requesting

further review of the research protocol on the greyhound experiment.

The decision by officials at Letterman, located at the Presidio in California, prompted Rep. Barbara Boxer, D-Calif., to question the operation at the research facility.

"It seems clear that LAIR does not want any questions asked about what is going on behind closed doors," Boxer said in a Jan. 5 letter to Army Col. Donald G. Corby, commander of Letterman.

The California Democrat urged Corby to reconsider his decision, "since it is certain to be perceived as punitive action which only elevates public concern about what is going on at LAIR."

A spokesman at the Presidio said Polon was simply let go, and Army officials, in letters to Boxer, have steadfastly defended the experiments.

"This research effort, even to an untrained observer, is not a waste of money or animals," Army Maj. Gen. Philip K. Russell, medical corps commander at the Army Medical Research and Development Command at

Fort Detrick, Md., said in an Oct. 5, 1989, letter.

The removal of Polon is just the latest controversy surrounding the experiments on greyhounds which has drawn members of Congress, animal rights activists, Defense Department officials and representatives from the scientific community into the fray.

The experiments are on hold — the result of language in the defense spending bill for fiscal 1990 prohibiting money for the tests until the Army secretary certifies that the research has a military application, meets specific guidelines set by an animal use committee and is not duplicative.

The experiments involve removing a piece of bone from the hind leg of each dog and replacing it with a synthetic compound. After two months, the greyhounds are killed and their legs examined to determine the effectiveness of the compound.

The purpose of the experiments on 118 dogs, according to the Army, is to find better ways to treat battlefield wounds. Boxer argues that several physicians and veterinarians as well as the Physicians' Committee

for Responsible Medicine believe the experiments serve little scientific purpose and cause unnecessary suffering for the animals.

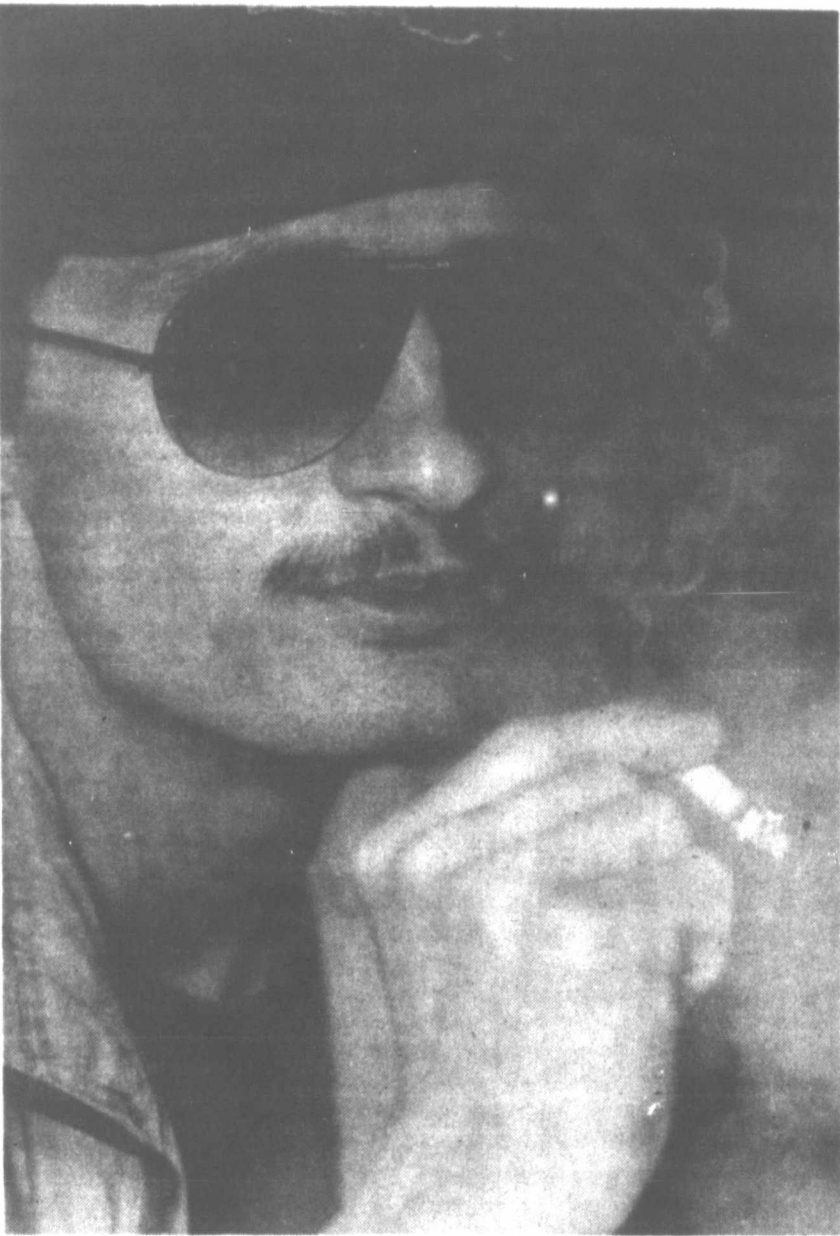
Some physicians have suggested using dogs who have already suffered bone injuries, Boxer says.

The Army, in response, said the tests must be conducted on uniform animals to prevent inconsistent findings. The service is supported by several major organizations, including the Association of American Universities, the Association of American Medical Colleges, the Academy of Surgical Research, Auburn University, Columbia University and the Western Surgical Association.

In letters to Boxer, the groups have countered the criticism and stressed the importance of the experiments.

"The proposed research project has been carefully reviewed by scientists and is most emphatically NOT an example of animal abuse, faulty science or unnecessary research," Dr. Ralph B. Dell of Columbia University said in a Nov. 3 letter.

## Legal weed



(AP Laserphoto)

Steve, 33, a South Texas AIDS patient who asked that his last name not be used, exhales while legally smoking a marijuana cigarette at the San Antonio AIDS Foundation. Steve got his first supply of government-grown, Food and Drug Administration-approved marijuana at a hospital in San Antonio. He is the first person in the nation with AIDS to be approved to use the drug.

## Drug addicted lawyers creating legal problems

BEAUMONT (AP) — The Texas State Bar estimates up to 30 percent of the state's 52,000 lawyers are substance abusers, and the issue is raising thorny questions about the responsibility of law firms that employ addicted attorneys and the effect on their clients.

A recent Texas State Bar survey shows that substance abuse accounts for 15 to 20 percent of all grievance cases filed in the state.

"I've been here since '78," said Texas State Bar spokesman Larry Fitzgerald, "and in the last few years, I've seen more grievances coming across that specifically refer to abuse problems."

Lawyers are aware of the possible legal ramifications that may accompany recovery.

A malpractice suit pending in state district court in Houston contends a trial lawyer affected the outcome of his client's case because the attorney was abusing cocaine and alcohol during the trial.

Doug Looney filed the civil lawsuit in Kerr County last year against attorney Daniel Goforth, who had represented Looney in a 1981 breach of contract suit for the Houston law firm Sewell & Riggs.

The lawsuit, which seeks unspecified damages from Goforth and the firm for negligence, fraud and breach of trust, contends the firm knew of Goforth's addictions but concealed it from clients.

Sewell & Riggs issued a statement that Goforth had twice sought treatment for chemical dependency while working for the firm.

Goforth has admitted seeking treatment but has denied abusing

drugs while the trial was in progress.

Impaired attorneys are primarily addicted to alcohol or drugs, though in 1989 the revamped Texas Lawyers' Assistance Program also helped attorneys suffering from senility, depression and sexual deviancy.

The Austin-based assistance program is doing big business. Program director Patrick Sheeran said the organization has helped treat 187 lawyers since its inception in March. Most were referred for alcohol abuse, though 18 were abusing other drugs.

Beaumont attorneys formed a branch of Lawyers Concerned for Lawyers in 1989. The group meets weekly and membership is growing, Sheeran said.

Anonymity is a paramount issue for most attorneys who are beginning recovery and who trust only other attorneys with similar problems. Lawyers Concerned For Lawyers, a Dallas-based, non-profit group unaffiliated with the bar, is a self-help organization that preserves the anonymity of its members and borrows many of the teachings of Alcoholics Anonymous.

The Jefferson County Bar Association formed its own assistance committee in late 1988.

Committee chairwoman Lois Ann Stanton said impaired attorneys often face overwhelming fears associated with going public with their problems. Some attorneys may think admitting an addiction will undermine the confidence of a client and tarnish a professional reputation that took years to build, she said.

## No-school, no-license law keeps few students in school

AUSTIN (AP) — The state lawmaker who authored the ban on driver's licenses for dropouts says it is too early to critique the program.

Early indications show the no-school, no-license law isn't keeping students in school, education researchers and law officers said.

But state Rep. Bill Hammond, R-Dallas, said the law was not meant to cure the dropout problem. The program needs a few more years before a determination can be made if it works, he said.

"If this law keeps 5,000 students in school, then it's worthwhile," Hammond said.

Members of the Southwest Educational Research Association said the Texas law was patterned after a

West Virginia law that supporters said could reduce the dropout rate by 30 percent. But that hasn't occurred, according to figures from the Austin school board, said Glynn Ligon, president of the research association.

"We have about 2,000 kids drop out every year," from the nearly 63,000 students in the school district, he said. Ligon said only 40 potential dropouts had stayed in school because of the driver's license program.

Ligon said he is concerned the Legislature will believe they have solved a portion of the dropout problem with this law.

"We're afraid they might not have considered other measures with the expectation that they were going to reduce the dropout rate by 30 percent," he said.

## Police, prosecutors to ask pardon for accused robber

DALLAS (AP) — Police and prosecutors plan to ask for a pardon and immediate release of a man who has spent nearly eight years in prison for a grocery store robbery, the *Dallas Times Herald* reported.

The newspaper said police and Dallas County prosecutors will ask today that Michael Anthony Woten be released because of information uncovered by the newspaper during a two-month investigation.

New evidence places Woten with a truck driver on the outskirts of Oklahoma City at the time a Dallas Safeway grocery store was robbed on April 16, 1982, the newspaper said.

Based on the new information, authorities will ask the Texas Board of Pardons and Paroles to recommend to Gov. Bill Clements that Woten be granted a full pardon and immediate release.

"I wish that somebody in the process had found that evidence in 1982 and convinced us not to file the case in the first place," said

Deputy Police Chief Ray Hawkins.

Woten, 36, expressed disbelief when told by the newspaper that he might soon be a free man.

"Is this for sure?" he asked. "In all honesty, this has happened so fast, you know ... They're not going to change their minds, are they?"

The *Times Herald* investigation began after Woten wrote to the newspaper, claiming his innocence. He enclosed an affidavit from fellow inmate Russell Everett Chamberlain, which said Chamberlain committed the robbery.

Earlier this month, Hawkins ordered a detective to reinvestigate the case. But, he told the *Times Herald* that Chamberlain's confession would not be enough to win Woten's freedom.

Then, last week a *Times Herald* reporter interviewed a crucial witness — in the presence of a Dallas police detective.

Former trucker Don "Kangaroo" Fainter remembers picking up

Woten in Oklahoma City and confirmed much of Woten's alibi that he was hitchhiking to St. Louis the day two gunmen took \$5,200 from the Safeway.

Fainter, who now runs a gift shop in Claycomo, Mo., recalls details of the nine-hour trip with Woten. "I gave him a ride. I'd swear to that," he said.

During his trial, Woten testified that at the time of the robbery he was hitchhiking with a truck driver who introduced himself as Don and used the CB handle "Kangaroo." However, Woten's attorney couldn't find the truck driver.

Fainter came forward after hearing of an ad the *Times Herald* placed this month in a truckers' publication, searching for "Kangaroo." He said he doesn't understand why he wasn't found and asked to testify in 1982.

"I don't know why they couldn't find me. I was right here," Fainter said.

## N.Y. air controllers not informed of jetliner's low fuel

By RAUL REYES  
Associated Press Writer

MELVILLE, N.Y. (AP) — Regional air controllers knew a Colombian jetliner was low on fuel and needed priority landing clearance 50 minutes before it crashed, but local controllers never got the information, investigators said.

The investigation into Avianca Flight 52's crash, which killed 73 people and injured 85, is focusing on the communication gap between the high-altitude air traffic controllers and those handling landings at three local airports, said Lee Dickinson, of the National Transportation Safety Board.

Dickinson said investigators planned to interview the regional controllers today. The agency also expected to end its on-site investigation of the wreckage in Cove Neck on Long Island today or Tuesday.

Records indicated the Boeing 707 had more than enough fuel for the flight from Bogota and Medellin, Colombia, to New York, but the jet flew in three holding patterns totaling nearly 90 minutes along the East Coast because of weather-related congestion before it crashed Thursday night, investigators said.

As the plane neared the end of its final, 46-minute holding pattern south of Kennedy International Airport, the crew told controllers in the

regional New York Center about the fuel shortage and requested priority clearance to land, Dickinson said.

At that point, controllers asked pilot Laureano Caviedes what his alternate landing site was, and, according to Federal Aviation Administration tapes, he replied, "Boston. I can't make it."

Shortly afterward, the regional controllers turned the aircraft over to the local controllers. But, after interviewing six local controllers who either handled or tracked the flight, investigators determined they were unaware of the shortage.

"For whatever reasons, we don't know, the controllers (handling landings at Kennedy) did not know that," Dickinson told reporters late Sunday.

"I don't know why it wasn't passed on. It may have been passed on in a different style, if you will," he said without elaborating.

He said the regional and local controllers had spoken to each other by telephone when transferring control of the plane.

At 9:24 p.m. the plane aborted an attempted landing at Kennedy, apparently because of bad weather, and the pilot immediately said he wanted to try again, saying twice to one of the controllers that he was low on fuel, Dickinson said.

That was the first time the local controller knew anything about a fuel problem, Dickinson said.

Less than 10 minutes later the plane crashed. The pilot and the other two members of the cock-

pit crew were among those killed.

A federal official close to the investigation who spoke on condition of anonymity said information obtained by investigators indicates the error appeared to lie with the regional controllers.

Dickinson emphasized that when the pilot told the regional controllers he needed a priority landing, the word "emergency" was never used and for that reason the severity of the situation may not have been relayed.

Asked what procedures would have mandated an emergency, he replied without elaboration: "There are certain phrases that the cockpit should tell the controller. The word 'emergency' was never used. The word 'priority' was."

Dickinson noted that an American Airlines flight that landed right before Avianca's aborted attempt had 14 minutes of fuel when it landed. The American pilot had told controllers he would declare a fuel emergency if he was not immediately cleared for landing.

Many pilots are reluctant to declare a fuel emergency because the FAA strictly monitors those cases, according to aviation officials. Should the agency determine a pilot was not justified in declaring an emergency, the pilot's license can be suspended.

Investigators determined during the weekend that none of the Avianca's four engines was running when it slammed into a wooded hillside.

## Drunk driver faces murder charge in pedestrian's death

DALLAS (AP) — A Colorado man, whose red Jeep matched the description of that used in a hit-and-run killing of a Dallas man, was charged with murder in connection with the case, police said.

George Thomas Kohoutek, 38, of Aspen, Colo., was being held without bail today in a Dallas jail.

Kohoutek, who has been convicted twice of driving while intoxicated and has several other such cases pending against him in Colorado and Dallas, was arrested Sunday afternoon at his parents' home in Dallas without incident, police said.

Kohoutek was charged with killing Rafael Caracheo, 26, who police believe was struck intentionally by a hit-and-run driver on a Dallas street Saturday morning.

Witnesses said the driver of a late-model red Jeep Cherokee made a U-turn after passing Caracheo on a street, then drove over the median into oncoming traffic, sped up and ran him down.

Caracheo was dragged on the Jeep's hood more than 100 feet before being thrown into a street sign, police said.

Lt. William Craven of the department's hit-and-run division, said a phone tip led police to Kohoutek.

"We received permission from

the property owner to examine the vehicle, and we found it matched the description and had the same damage consistent with damage that would result in a pedestrian being struck," Craven said.

Police impounded the Jeep and are keeping it in a police garage for a forensics team to examine today.

"The vehicle had the same parts missing as those recovered at the scene" of the accident, Craven said.

Police said they don't know if Kohoutek knew Caracheo.

Detective L.R. Chapman said Kohoutek twice has been convicted

of drunken driving in Dallas.

According to Petkin County, Colo., Sheriff's Department records, Kohoutek faces a felony charge stemming from an Aug. 3, 1989, incident in which he allegedly pointed a gun at a construction worker near his apartment and accused him of making noise, said Deputy Tom Benton.

Two other times, Kohoutek was charged with drunken driving in

Colorado, Benton said.

The suspect also was arrested in Dallas Jan. 23 and charged with assaulting his brother.

Craven said the Jeep is registered to a car rental company in Colorado.

He said police also are attempting to investigate whether the man was involved in a reported attempt to run down another pedestrian last week.

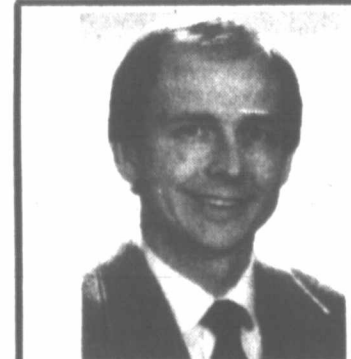
## TREATMENT FOR STIFF NECK

If you're suffering from a stiff neck, don't wait for it to take care of itself when treatment is available to correct it.

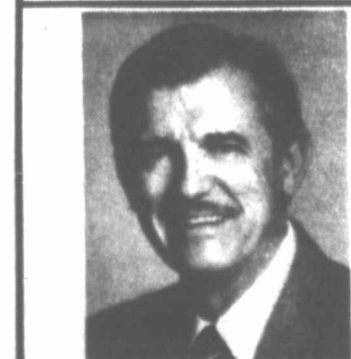
Of all the bones in the spinal column, none are more easily injured or more vulnerable than the seven vertebrae in the neck. None are moved more often. We are constantly turning our heads to look at people and things.

Neck stiffness can have many causes, from sudden and violent accidents to such simple activities as painting a ceiling or just sitting reading a book for a long time. But there's nothing simple about the pain.

A careful examination will reveal the source of the pain and how best to treat it. Any misaligned vertebrae in the spinal column should be properly adjusted so there will be no abnormal pressure on your nervous system. Treatment may also include exercises for the cervical muscles such as gently rotating your head in all directions. This can help restore muscle strength and tone.



Dr. Mark Ford



Dr. Louis Haydon

CALL NOW 665-7261

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# Viewpoints



**The Pampa News**

EVER STRIVING FOR THE TOP O' TEXAS  
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Let Peace Begin With Me

This newspaper is dedicated to furnishing information to our readers so that they can better promote and preserve their own freedom and encourage others to see its blessings. Only when man understands freedom and is free to control himself and all he possesses can he develop to his utmost capabilities.

We believe that freedom is a gift from God and not a political grant from government, and that men have the right to take moral action to preserve their life and property for themselves and others.

Freedom is neither license nor anarchy. It is control and sovereignty of oneself, no more, no less. It is, thus, consistent with the coveting commandment.

Louise Fletcher  
Publisher

Larry D. Hollis  
Managing Editor

## Opinion

### They both should give us our tax cuts

By now you've probably gotten your first 1990 paycheck, and noticed the huge gouge taken out of it. The gouge is from the increased Social Security payments you're making. The funny thing is, though, that the money is going neither to pay current Social Security recipients, nor pay for your own retirement.

Instead, the new tax is going into the Social Security Trust Fund. The fund is supposed to be held for the baby boomers, who will start retiring in about 20 years. But Congress has already borrowed against the money; in other words, it's spending the money. When the baby boomers start retiring, Congress will either have to raise the money through yet more taxes, cut the promised Social Security benefits or cut other spending.

To counter this obvious flim-flam, New York Sen. Daniel Moynihan has proposed returning to you the money seized under the new tax. He wants a payroll cut that would save the average employee about \$300 in 1991.

This is a great idea and should be adopted posthaste. Unfortunately, the picture is complicated by two things. Sen. Moynihan has used his proposal for a demagogical attack on wealthy taxpayers and on President Bush's capital gains tax cut, which supposedly will help only the wealthy.

In fact, any tax cut helps all people: wealthy, middle class and poor. Bush's capital gains tax cut will create jobs for the unemployed; and Sen. Moynihan's payroll tax cut will put more money in the hands of laborers, who, in turn, will spend the money on goods that will bring profits to the rich, which can lead to the creation of more jobs. We must always remember that we are all in the economy together. And that just as any tax hurts everyone, so any tax cut helps everyone.

The second complication is that Bush opposes the payroll tax cut. The White House says the Social Security tax hike is needed to help reduce the federal deficit. This is the same old root-canal Republican economics; it's also a delusion. The whole nature of the Trust Fund is not to help the deficit by allowing Congress to borrow against it, but to serve as a trust for the retirement claims of the baby boom generation. Now, since the money is clearly not being held as a trust, it should be refunded to taxpayers.

Bush is also foolishly offending one of his main constituencies, libertarians and conservatives who strongly favor the tax cuts. Says David Boaz of the libertarian Cato Institute: "The White House is making a big mistake. Bush is giving the Democrats the tax cut issue, the position that has been most successful in winning the presidency over the last three decades."

Perhaps Bush's opposition can be turned to good advantage in the end. Democrats such as Moynihan can trade the payroll tax cut for Bush's capital gains tax cut. One side can say it helped the "rich" while the other side can say it helped the "workers," even as all Americans gain.

The best thing for the economy now is for the White House and Congress to get in a bidding war to see who can give us the biggest tax cut.

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## How not to treat a lady Marine

In July 1988, the Marine Corps court-martialed a sergeant named Cheryl Jameson. A drill instructor (DI) at Parris Island, S.C., she pleaded guilty to charges of engaging in a lesbian relationship with a former recruit. She was sentenced to a year in prison, demoted to private and dishonorably discharged.

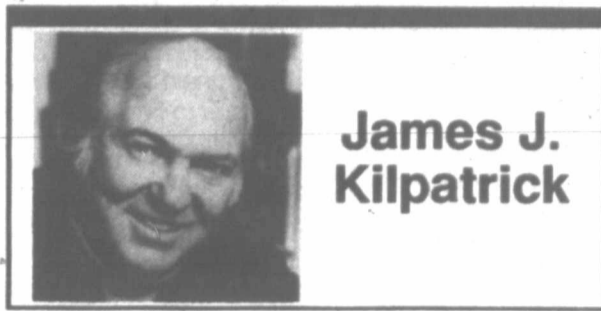
This is not a column about Jameson. This is a column about another woman in the Marines, former Staff Sgt. Christine Rene Hilinski. After 11 years in the Corps, she too was effectively bounced out. She was deprived of her supplementary pay as a drill instructor and subjected to a negative report in her file.

What was Hilinski's offense? She testified truthfully before the court-martial. Her superiors had no interest in truth. Their sole concern was with her opinions, and when her opinions did not match their opinions, so much for Sgt. Hilinski. Off with her head.

In February 1989, seven months after the trial, Hilinski left the Corps. A few weeks ago she filed suit in an obscure defense agency, the Board for Correction of Navy Records. She asks for restitution of \$1,320 in back pay as a DI and for restoration of her good service record. Under the circumstances it is little enough to ask.

This is what the record shows. Year after year, from the time of her enlistment in 1977, Hilinski received outstanding evaluations. She rose steadily through the enlisted ranks. From 1982 through 1984 she served as a drill instructor at Parris Island. Her commanding officer said of her:

"Sgt. Hilinski contributes a maturity, dependability and knowledge of recruit training that sets her apart from her peers. Quietly aggressive and



James J. Kilpatrick

always professional, Sgt. Hilinski provides stability in a pressurized environment ... Her intuitive and intellectual capabilities, when combined with her thorough knowledge of recruit training, result in consistently sound judgment ... This NCO's growth as a Marine is limited only by billet as her potential is profound."

In January 1987, Hilinski began her second tour of duty as a drill instructor. A year later she was made depot inspector. Her fitness reports were in the same vein. "Her judgment is outstanding." "She consistently displays exemplary bearing."

During a period of four months in 1987, Hilinski shared DI duties with Jameson. Just before the court-martial, Jameson's defense attorney interviewed her. She was subpoenaed to testify as a character witness. On July 14, 1988, Hilinski appeared before the court-martial.

Q: Did you have an opportunity to observe Sgt. Jameson's performance of duty?

A: Yes, sir.

Q: How did she do in performance of those duties?

A: Very well, very competent drill instructor.

Q: Would you be willing to work with Sgt. Jameson again?

A: Yes, very much so.

Counsel asked a leading question: "You certainly don't agree with what she has pled guilty to, what she has done?" Hilinski responded, "Sir, I am not even sure what she's being charged with."

Q: OK, she's being charged with having a homosexual relationship with a recruit after the recruit graduated.

A: Well, since the homosexual affair didn't happen while she was training the recruit, then I have no bad opinion of that.

On cross-examination, the prosecutor asked a sarcastic question: "So, homosexual activity between superiors and subordinates, in your opinion, is OK in the Marine Corps?"

A: No, sir, it is not.

Four days later Hilinski lost her DI job. Spokesmen for the Corps do not deny that she was disciplined in retaliation for her testimony, but they put it differently: She was relieved of her duty "as a result of loss of confidence by her superiors." Hilinski had "condoned" a drill instructor's sexual relationship with a recruit.

Nan Hunter, an attorney with the American Civil Liberties Union in New York, has taken Hilinski's case. She challenges the Corps' action as an unconstitutional violation of the sergeant's right of free speech. Of course it is.

And the vindictive action is something more. It will have a chilling influence on every Corps witness before a court-martial hereafter. This simply is no way to treat enlisted personnel. Somebody's higher-up head should roll.



## Electric car is in our future

We're going to have us an electric car! There are Americans who believe that industries selfishly conspire to prevent progress.

If that was ever true, today's life-and-death competition no longer allows it.

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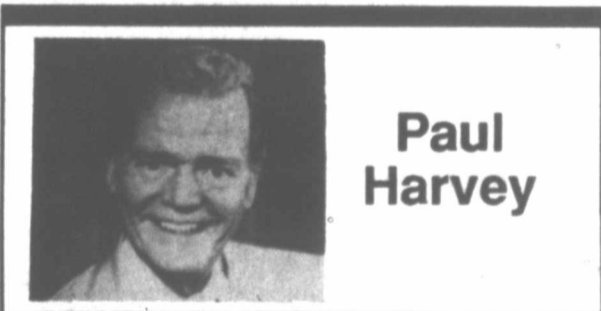
And the innovative electric car - whatever its effect on the gasoline refiners - is here now!

The Electric Power Research Institute this month demonstrated a Chrysler-built electric vehicle which will go up to 72 miles per hour and run for more than 100 miles without recharging. It's promised for delivery within three years.

But you can order a General Motors-built electric van now for delivery next year!

The Arab oil embargo of 1973 accelerated research in alternative fuels for cars - including the all-electric.

Further, there is now federal legislation prescribing phased reduction of automobile pollution. The time for the electric car has come.



Paul Harvey

Because batteries are still cumbersome and heavy, the first practical vehicles will be vans and delivery trucks that travel short distances each day. General Motors will be producing electric vans beginning in May.

The Chrysler van promises more speed and more miles-per-recharge because its nickel-iron batteries are 30 percent lighter.

On our Missouri farm I have been test-driving an electric vehicle for two years. It is not much

more than an expanded golf cart, but handles four passengers and nominal hills and delivers up to 20 miles per hour.

Nightly recharging, at first tedious, can be eased with plug-in rechargers with automatic timers.

If General Motors is able to make and market only 500 vans next year, their cost will be considerable: \$32,000 each.

That's double the price of a four-cylinder car.

But with the American public increasingly concerned about our environment - the GM electric - compared to its gasoline cousin - reduces pollution emissions by 97 percent.

Californians may be first to order electric cars. Californians like to be avant-garde and Los Angeles has already mandated that 40 percent of passenger vehicles and 70 percent of freight vehicles must run on clean fuels within 10 years.

A Los Angeles city councilman says that vehicles already demonstrated prove that the future of automotive technology is electric.

## Communism's outposts are withering

By WILLIAM A. RUSHER

Attention these days is understandably focused on the dramatic events in the communist satellite nations of Eastern Europe and in the Soviet Union itself. As the latter, facing the prospect of rebellion by ethnic minorities and just plain hungry Russians, draws back from its costly military, economic and political commitments abroad, the citizens of the former have sensed their opportunity and are seizing it with both hands.

Poland, Hungary, Czechoslovakia and Bulgaria are already in the grip of massive liberation movements, and Romania has also joined in the movement, kicking out and then executing dictator Nicolae Ceausescu.

The world has had little opportunity, therefore, to consider the dilemma facing another group of nations: those regimes, all over the globe, whose leaders bet on Soviet communism and thrived with its support during the Cold War, but whose phone calls to Moscow are now going unanswered.

Fidel Castro's Cuba is the most obvious of these communist orphans, though hardly the most typical. Castro, who openly disapproves of perestroika and clearly regards Gorbachev as his junior in the worldwide communist hierarchy, refuses to have any truck with such newfangled notions as "market socialism," multi-party democracy and the like.

For him, it is still 1960, and world communism could lick the *norteamericanos* hand down if only its leaders had a little more guts.

But even in Cuba it is safe to guess that there are plenty of aspiring young politicians and military men who know that the limb Castro is standing on is rapidly giving way beneath him. They will not move precipitately, but when the moment comes to give their revered Maximum Leader that final push, they will be ready.

And if that is true of Castro, what about Nicaragua's Daniel Ortega? If you were an insurance agent, what would you charge for a policy guaranteeing that Ortega will still be in

power five years from now?

And how about Ethiopia's Mengistu Haile Mariam, or Angola's Jose Eduardo dos Santos, or the current head (whoever he may be) of the government of Vietnam?

For that matter, what about the shadowy terrorists of El Salvador's bloodthirsty FMLN?

Some of these Third World opportunists may seek to shift their ground and become clients of the Chinese communists, who have recently demonstrated that they don't mind killing a few thousand people if that's what it takes to keep old Karl Marx's banner flying high.

Kim Il-sung, for example, North Korea's Beloved Leader, might manage such a transition, though he has generally been closer to the Soviets in the past than to the Red Chinese. But how long will Deng Xiaoping last? The long-range prospects of Chinese communism are no better than those of the Soviet model.

Accordingly, opportunists being opportunists, Washington too is probably already getting plenty of feelers

from interesting places. South Africa's pro-communist ANC, for example, is undoubtedly cultivating industriously its contacts in the State Department. And look for a distinct upswing next year in the number of nations voting our way in the U.N. General Assembly.

In the long run, in any case, the remote outposts of communism will wither on that dry and thorny vine. Anyone wanting to examine the prospect in more detail should study the history of the further reaches of the Western Roman Empire after the collapse of the central imperium.

Roman Britain, for example, limped on alone for a while, but was ultimately overpowered by the Saxons. Or, if you prefer a more modern instance, contemplate the unlucky fate of the half-Anglicized Chinese of Hong Kong in the wake of the withdrawal of British imperial power from the Far East.

Shed no tears for the world's orphaned communists, though. They asked for it.

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### Berry's World



## Quayle winds up visit in Panama, heads to Jamaica

By RITA BEAMISH  
Associated Press Writer

PANAMA CITY, Panama (AP) — Vice President Dan Quayle, winding up a visit to Panama, takes with him a message from U.S.-installed leaders that they still need U.S. troops to help keep order in the invasion-wracked country.

While other countries in the region criticized the U.S. invasion of Panama and pushed for withdrawal of the troops, "What I tell them is please think of the Panamanian people" who welcomed the intervention, the new president, Guillermo Endara, said Sunday.

Quayle was traveling today to Jamaica for the last leg of his three-day damage-control mission in the wake of the Dec. 20 Panama invasion that offended leaders of many Latin American countries.

In Kingston, Quayle expected to hear complaints about a cutback of \$25 million in economic aid to the Caribbean country.

Prime Minister Michael Manley has said President Bush is sending new aid to help with economic reform in Poland and Hungary at the expense of small countries like Jamaica.

Bush's newly announced plan to provide Panama with \$1 billion to help recover from the invasion adds to the sting. Manley said the cutback means his country will not have adequate resources for its war on drugs, which he estimated at \$29 million for its initial phase.

The new leaders in Panama, and the congregation of a pro-American

church Quayle attended Sunday, were in favor of the U.S. military action.

"At this moment the police forces are not quite capable of protecting the lives, property and public order as the Panamanian people want," said Endara after attending mass with Quayle. "That's why we need the U.S. forces in Panama at this moment, but we hope that in a very short time this will not be necessary."

Quayle, a day after being pressed by other Latin heads of state to get the occupying troops out of Panama, insisted they will be withdrawn within a matter of weeks. He and the leaders of Costa Rica, Venezuela, Guatemala, El Salvador and Belize attended the presidential inauguration in Honduras on Saturday.

"Certainly there is concern about the security and the future of Panama," Quayle said, adding he had discussed with Endara how to help build Panama's police into a viable force.

Bush, he said, "wants to see the troops withdrawn and to obtain a level that we had prior to Operation Just Cause as soon as possible," Quayle said.

One administration official predicted the troop level could be down from the current 17,000 to the pre-invasion 13,000 within two weeks.

The vice president spent part of Sunday in meetings with government leaders. But he also visited a popular tourist viewing site on the Panama Canal, bought bananas at an outdoor market, stopped at a T-shirt stand to buy shirts for his three



Vice President Dan Quayle shows off one of three T-shirts he purchased as gifts for his children from a roadside stand Sunday in Panama City.

children and watched part of the Super Bowl with U.S. soldiers at Fort Clayton.

He also said in a television interview on ABC's *This Week With David Brinkley* that he understands the reasoning of Mexico and

Venezuela in not wanting him to visit their countries at this time.

They told him a visit would be inopportune due to anti-invasion sentiment, "but I will be visiting those countries later on," Quayle said.



(AP Laserphoto)

Ousted East German leader Erich Honecker, front right, and his wife Margot are accompanied by plainclothes police as Honecker leaves East Berlin's Charite Hospital after his arrest Monday morning.

## East Germany's communists share power with opposition

By CAROL J. WILLIAMS  
Associated Press Writer

EAST BERLIN (AP) — East Germany's Communists, their authority crumbling, agreed in emergency talks to share power with the opposition and to hold the country's first-ever free elections on March 18 — nearly two months earlier than originally planned.

The surprise announcements late Sunday — after nearly seven hours of talks involving the country's major political forces — reflected a growing sense that East Germans have no more patience for the embattled Communist-led government and would not endure the political instability for much longer.

Today, ousted hard-line leader Erich Honecker was arrested and taken to prison after being released from a hospital where he had undergone surgery for kidney cancer, the official ADN news agency said.

Honecker, 77, is expected to be indicted for high treason.

Opposition activists had initially resisted overtures by the still-dominant Communists to join an interim government but apparently felt the situation had become so dire that they had no other choice.

East Germany's economy is on the brink of disaster and many of its most promising young workers have joined a destabilizing exodus to the West.

As many as 2,500 East Germans have been fleeing each day, having lost hope that their grim living conditions would improve any time soon.

Parliamentary elections initially were planned for May 6 and opposition forces wanted to stay out of the government until then. They feared having to share the blame for the political crisis with the Communists, who ruled by fear for 40 years until last fall's peaceful popular

uprising.

But Communist Prime Minister Hans Modrow's transition government was beginning to unravel and reforms to encourage Western investment have been held up by protracted disputes between Communists and various opposition groups.

As a result, a decline in production and living standards has hastened. With confidence in the Modrow government plummeting, West Germany decided this month to hold off on any major assistance until after free elections.

Seeking to draw opposition leaders into a grand coalition to govern until the elections, Modrow opened talks Sunday with representatives of nine reform movements and a handful of minor parties long aligned with the Communists.

The Communists had suffered the defections of some leading reformers a week ago and the crisis deepened Thursday when three ministers from the Christian Democratic Union — a party traditionally allied with the Communists — pulled out of the 27-member Cabinet.

Modrow and more than 40 representatives of rival political forces, who met behind closed doors, agreed that a new Cabinet will be submitted by Wednesday and a special session of Parliament convened early next month to endorse it.

The decisions were announced to reporters by Martin Ziegler, a Lutheran Church official, who said the new leadership would include one member from each of the nine opposition groups represented at weekly talks with government.

He said the ministers would be named without portfolio, and it was not immediately clear if the Cabinet would be expanded or if some current ministers would give up seats. The government currently has 16 Communist ministers.

## Fewer people now using food stamps, analysts say

By CINDY ROBERTS  
Associated Press Writer

RALEIGH, N.C. (AP) — The number of poor Americans has swelled, but fewer people are using food stamps, a paradoxical decline that's no surprise to participants.

"It's the same old story," said Mildred Lee, 76, of Raleigh. "I had a hell of a hassle to get them. Ten dollars weren't worth the hassle I had to go through."

Mrs. Lee, whose monthly income is a \$406 Social Security check, has been receiving about \$10 a month in food stamps for a year.

Analysts see many reasons for the food stamp decline — an economic rebound, Reagan administration regulations and an outcry against assistance.

Many also say Mrs. Lee is right: Red tape keeps people away.

"I think the declining rates have been a sign of the success of the economy, but I think there are still plenty of people out there in need," said Phil Shanholtzer, a spokesman for the U.S. Department of Agriculture's Food and Nutrition Service.

Participation declined to an average of 18.8 million in 1988 from 19.8 million in 1980, while the number of people living in poverty rose to 32.5 million in 1987 from 29.3 million in 1980, according to the Center on Budget and Policy Priorities, a non-profit research group based in Washington.

"These figures are rather striking," director Robert Greenstein said. "Essentially, we now know that the program has effectively been tightened — and reduced in scope — considerably more than has commonly been recognized."

Food stamp usage has plunged in the Northeast, mid-Atlantic and

Southeast during the 1980s, according to a state-by-state study by the Washington-based Public Voice advocacy group.

The greatest gains have come in the Southwest, the High Plains and Midwest, where poverty rates also have been running higher.

Participating households now are forced to make a monthly economic status, forcing some eligible people to wonder, "Why bother?"

One of the dropouts is a former Lenoir County resident who remained eligible even after she landed a job as a waitress.

"The truth is, see, I worked, and I got a little bit of child support and each month I had to fill out a monthly report," said the 35-year-old mother, who was single at the time. "It was not worth the hassle of having to go up there and do a monthly report. But when I did get them sometimes (they) helped a lot. Without them we would have starved."

The woman, who spoke on the condition of anonymity, said she received between \$10 and \$100 a month.

"Even when I got the \$10, the \$10 would help get a little extra something special for my daughter," she said. "Maybe she would want a hamburger or pizza or something we didn't eat. Maybe with that \$10 I would get her a small frozen pizza."

Federal officials question any strict correlation between food stamp usage and the growing poor.

"The two usually go hand in hand but that has been less so in the past few years. And they don't know exactly why that is," Shanholtzer said. "We've heard, too, that some people don't participate because of the hassle involved."

## Romanians hold large anti-government rallies

By G.G. LABELLE  
Associated Press Writer

BUCHAREST, Romania (AP) — More than 15,000 Romanians mounted the largest anti-government rally since last month's revolution, breaking through a line of soldiers and threatening to "come get" the new leader from his headquarters.

Interim President Ion Iliescu, struggling to free his government from any association with Communism and the ousted Ceausescu regime, said later Sunday that opposition parties had agreed to broad talks.

During the rally outside government headquarters in Victory Square, protesters said the ruling National Salvation Front should resign because of its decision last week to compete in elections.

Many called for opposition participation in the interim government, claiming the front is not, for example, allowing its political competitors enough access to broadcast media.

"I was in the revolution .... I protected Iliescu and the front because I thought they were good people. But they are not, they are liars," said

Mihai Gheorghescu, an official with the opposition National Peasants Party.

The protesters had rushed through a line of armed soldiers and assembled at the doors of the government headquarters. Some scurried atop a half-dozen tanks guarding the building.

The crowd booed Iliescu when he appeared on an upper floor of the building and tried to speak. The protesters chanted "Resign! Resign!" and "Get out, or we'll come get you out!"

Iliescu was named head of a loose coalition of disaffected Communists and intellectuals who assumed power after the revolt ousted the 24-year regime of Nicolae Ceausescu, who was executed with his wife, Elena, on Dec. 25.

But the front has come under intense criticism since announcing its intention to compete in free elections set for May 20 against newly formed opposition parties.

Critics say the front cannot fairly compete in balloting it will also administer. They note that it contains some former ranking Communists and contend it supports a return to one-party rule.

Pro-government demonstrators also crowded around the building Sunday, chanting "Iliescu ... We are with you!" But they were outnumbered

and out-shouted by the opposition forces.

The two sides booed and hissed at each other, but there was no violence. No injuries were reported as the line of soldiers about 75 yards from the building gave way to the crowd. The soldiers then re-formed their line five deep at the building's entrances.

After nightfall, truckloads of pro-government demonstrators were brought to the square, some shouting that the opposition protesters were "provocateurs" and "gypsies."

After the reinforcements arrived, Iliescu reappeared and shouted over a microphone that the front had met representatives of the three parties sponsoring the protest.

"All the political parties agreed to cooperate, including the three that sponsored this demonstration," Iliescu said. "Next week, we will continue the dialogue."

He said all of the more than 20 parties seeking to run candidates in the elections would meet with front leaders Thursday.

Earlier, a spokesman with the opposition Peasants Party said that party leaders met Iliescu to demand that the front give way to a broader-based interim government.

## Noriega taken to more secure federal prison

MIAMI (AP) — Ousted Panamanian dictator Manuel Noriega has been transferred from an apartment-like holding area in the federal courthouse to an isolated cell in a nearby prison, officials said.

Noriega, who faces federal drug charges, had been held in the basement of the the downtown courthouse after being brought to the United States on Jan. 4.

He was admitted to Metropolitan Correctional Center 25 miles south of Miami on Sunday evening, said the warden, Stephen Pontesso.

The prison is medium security but has some maximum-security cells.

The *Miami Herald* today reported that Noriega was placed in a specially-built large cell in the administration area where at least one guard will watch him at all times.

Steven Kollin, a defense attorney, confirmed that his client was being held separately from the prison's general population.

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## Waste

about it, but a lot of city managers have lost their jobs that way.

"Only when the government makes not recycling and composting so expensive we have to do it or the people get so up in arms about saving the planet will anything happen.

"If you've been following what's going on with the state and the EPA, you know they are doing the former because of the latter. But people around here still don't care about how their litter may be affecting the environment. We still have a mentality that we live on Planet Panhandle and are an island unto ourselves."

Urbanczyk said Pampa is breaking with such shortsighted trends by looking for ways to put a regional recycling center into operation without bankrupting the city in the process.

"The cost is immaterial," Urbanczyk insisted. "Whatever it is, you will have to pay it — kind of like gasoline. People have to have a place to get rid of their trash. It's not a matter of how much it costs, it's a matter of paying for how much it costs. We will have to pay for disposing of our garbage.

"But when you landfill, you are not taking care of the problem, you are only burying it. We have a natural decomposition process."

While Urbanczyk is not the only one in the world building composting machines, reports from around the nation, even from city officials who have not gone to the Scarab, seem to indicate he is doing it best.

He scoffed at reports that one composting firm advertises they use chemicals to aid the decomposition process.

"You don't need them, so why charge the city for them?" he asked. "All they are doing is buying chemicals for \$6 a barrel and selling it back to the city for \$30 a gallon."

Urbanczyk, while modest about the worldwide impact of his Scarab, is matter of fact about its popularity.

"I've got credibility because it's a better solution," he said.

Recycling and composting are clear trends for the '90s, much of it do to potential savings for municipalities. In Texas, for example, landfills have to pay 50 cents per ton to the state tipping fee for all waste that is buried.

Material that is recycled or composted is not under

the fee requirement, resulting in tens of thousands of dollars saved by converting.

But this coming trend has led to claims by some of a worldwide glut of compost and recycled paper by early in the 21st Century.

Urbanczyk discounted such philosophical nay-saying, adding that he has gotten past the "maybes" and seen nearly unlimited market potential that is merely waiting to be exploited.

Scarab's reputation as a company has grown steadily as governments all over the world and magazines all over the nation have witnessed firsthand that Urbanczyk's claims are more than idle talk.

Officials in Sumter County, Florida, where the Scarab is a mainstay of their waste management, predicted that it will only be a matter of time until virtually all landfills go to such a plan or close down.

In the Panhandle of Texas, such predictions are seemingly correct. While most cities, even the smallest ones, currently operate their own landfill, within a year, it is speculated by the Texas Department of Health, only 11 will continue to operate.

Information from the TDH suggests it will simply be too expensive for cities under 50,000 to continue to operate. Hence, they will close or become regional sites for the cities that do.

"We have to look at which is the most cost effective," said Pampa City Manager Glen Hackler. "If we see it's less expensive to ship it somewhere else, we'll do that."

Since virtually every city in the state, and most in the nation, are contemplating and/or negotiating regarding the future of their landfills or the use of some other city's, few city officials were willing to go into detail.

But, the bottom line was clear: the city that can economically build a regional facility will make money off handling trash from those not so creative or willing to go to the trouble.

Another bottom line cannot be ignored, however: "I want control over how much tipping fee I pay," said a city manager at a recent meeting in Perryton to discuss municipal waste. "Most cities want you to sign a contract where you have no long-term control over the tipping fee."

"If it's cheaper to go to Pampa, I'll go there. If it's cheaper to go to Amarillo, bye-bye. My only concern is getting the least expensive deal."

Hackler said Pampa, in exploring the possibility of becoming a regional facility, must weigh the claims of a contractor and who has control over tipping fees against such talk by most cities.

Since recycling and composting require at least 200 tons of waste a day to be profitable, Hackler needs more than just a handshake agreement that cities will bring their trash here.

But other cities want to keep their options open, seeking the best deal they can get for taking trash there.

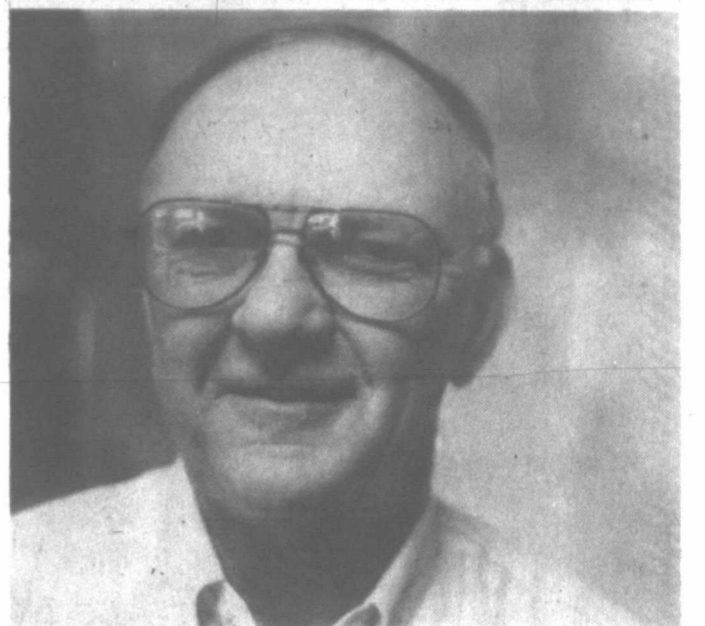
"It's a challenge," Hackler admitted. "You don't move very fast when you have to balance these kinds of things. You are careful about what you do."

For a recycling operation, several options are open to cities. They include compulsory division of yard waste, glass, plastic and white goods in the home. Fifteen states currently mandate some form of source separation.

In Massachusetts and Washington State, McDonald's hamburger chains have source separation as customers throw their garbage away.

Plastic containers go in one bin, paper in another and food in a third.

Cooperation is, one would suppose, up to each customer. But a regional manager in Boston, Mass., said, "The environment is the number one issue in our world. No one can dispute that. Just because you go out for a Big Mac, that hasn't changed. We're just



Marvin Urbanczyk

doing our part."

McDonald's has begun advertising the fact that it is recycling foam hamburger containers into playground equipment. A corporate spokesman, eager to turn environmental concern into a McDonald's commercial, nonetheless pointed out that the corporation is voluntarily "doing the right thing."

Nathan Hopson, city public works director in Pampa, said after compostable and recyclable materials are separated from waste, a process of baling allows for longer use of a landfill for the 20 percent of trash still buried.

Compactors force the fluids out of waste, reducing problems of toxic runoff of liquids into groundwater. Then the trash is baled and set into landfill pits that are squared. More trash can be placed in each pit, extending the landfill's life.

Even if Pampa's landfill becomes a regional site, taking in 200 tons of trash a day instead of the current 65 tons, the landfill, using baling, recycling and composting, will be extended from 30 more years of life to 100, Hopson and Hackler said.

Adding to the attraction of such a plan is the fact that the Environmental Protection Agency recently slapped the city of Denver, Colo., with a multi-million dollar fine for operating its landfill irresponsibly.

Toxics leaking from the facility were found to be polluting the atmosphere.

"I'm not some activist, but it's a matter of reality," Urbanczyk said. "We've got to find something to do with all this trash. And if the EPA finds you are polluting, well ..."

Urbanczyk concurred with others who suggest the EPA is looking to make landfilling so expensive other alternatives must be accepted.

"Cities don't come to me until there is a crisis," he said. "Then, I don't have to sell them. They know this is necessary and it's just a matter of doing it the best and the most cost effective. If I can't do that, they shouldn't use me."

Urbanczyk's company has already brought 15 new jobs to the White Deer/Pampa area and he predicts he will double that in a year.

If Scarab and Pampa reach an agreement, the economic development could be even greater. Not only will the city be dealing with its portion of a global trash problem, it will also bring jobs to the area and extend the reality of recycling and composting as unavoidable trends of the future.

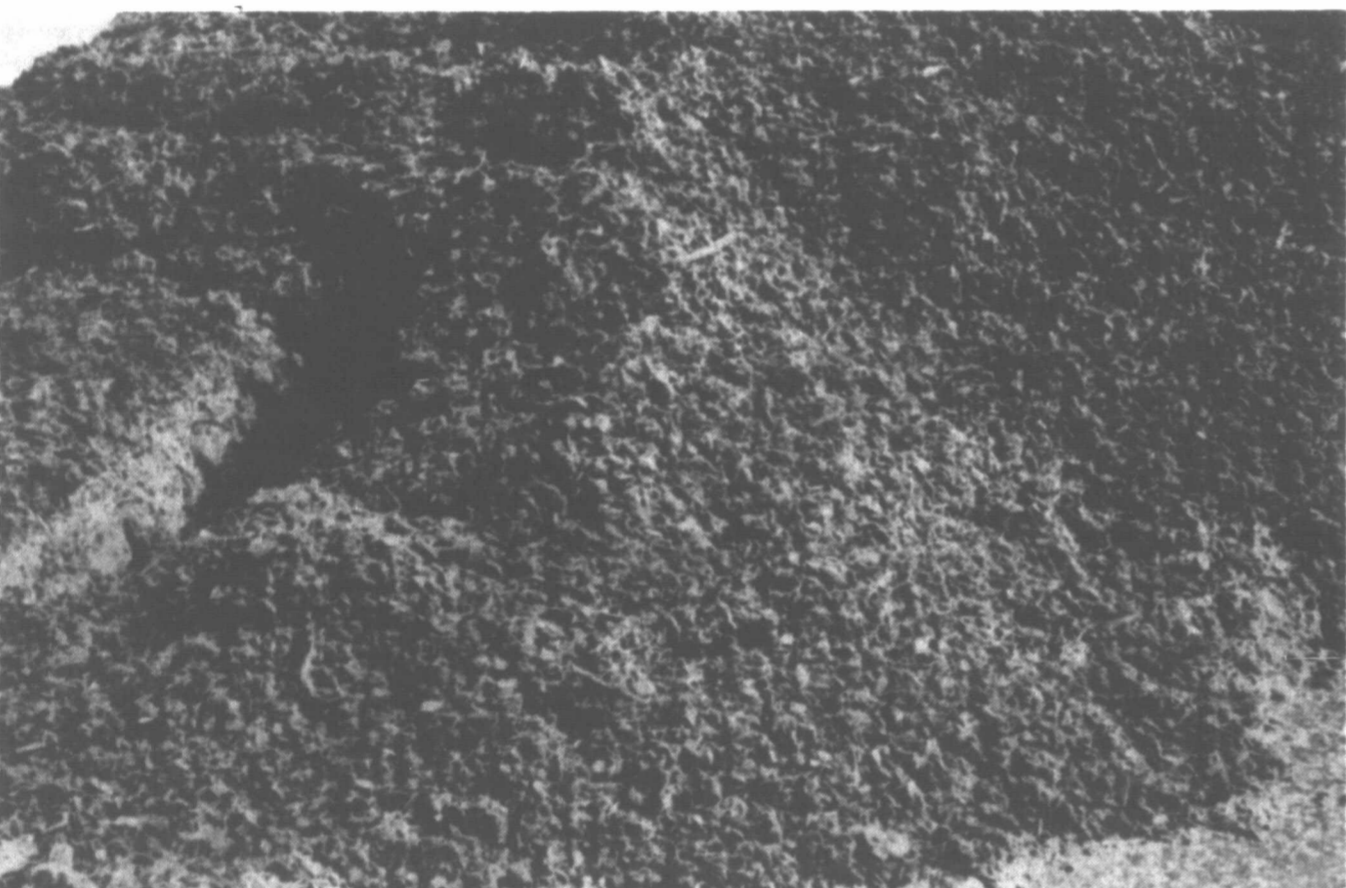
Trends which may extend the life of the planet's natural resources by hundreds of years.

Next: The politics of trash.



(Staff photo by Bear Mills)

Above, a mound of trash and garbage materials await the Scarab. Below, a rich pile of compost is ready to fertilize fields, the results of the Scarab's operations.



(Special Photo)

## Targeting fats likely to help weight loss

By MARY MacYEAN  
Associated Press Writer

NEW YORK (AP) — By now, the resolutions of even the most resolute New Year's dieters may be wearing thin — especially if the dieter is not.

Americans seem forever to be dieting and falling for the latest "miracle" way to a thinner body. But experts insist it is only through a permanent change in behavior that any weight loss plan can be effective.

Specialists lately are focusing on two factors: exercise and dietary fat.

"Overall if there's anything people agree with among nutritionists, it's that you should cut back on dietary fats," said Dr. Helene Swenerton of the cooperative extension nutrition office at the University of California, Davis.

Ron and Nancy Goor and Katherine Boyd, authors of *The Choose to Lose Diet* (Houghton Mifflin, \$17.95), advise, "Don't focus on total calories ... or sugar ... or starch. Focus on fat."

Eat pasta and potatoes, they say. "Carbohydrates are the good guys."

Because fat is often a big component of food that's not real nutritious anyway, and because it's more calorie-dense, it's a good target for dieters.

"Fats are twice as concentrated as carbohydrates or proteins," said Jayne Newmark, a dietician at the Arizona Heart Institute and a spokeswoman for the American Dietetic Association. One gram of protein or carbohydrate has four calories; one gram of fat has at least nine.

The *Choose to Lose Diet* works on the principle of a fat "budget." The dieter determines, based on height, desired weight and frame size, how many fat calories can be consumed daily. Then, as long as the dieter stays within the budget, all foods are OK.

"You need to eat some fat," Newmark said. "But it is easy to get too much, because it tastes good." In children, especially, fats should not be drastically reduced, because they are needed for proper growth and development.

"The way to make it easier is to do small simple changes, one at a time," she said. For example, switch from a high-fat to a low-fat cheese or limit the amount of cheese eaten. "I'd rather someone follow 50 percent of what I say forever, than 100 percent for a while."

Still, dieting is dieting and means cutting down, though very-low-calorie, unsupervised diets are considered dangerous by many physicians.

*Choose to Lose*, which includes calorie and fat tables and recipes, recommends no fewer than 1,000 calories a day, and no more than 20 percent of the calories as fat. A typical American diet is 35 percent to 40 percent fat.

The authors list foods with high fat concentrations and those without, lists that could surprise some people. They include fast foods and frozen "diet" dinners that get as many as half their calories from fats. Microwave popcorn, for example, has 99 to 214 fat calories per ounce; popcorn popped at home in oil has 138; air-popped popcorn has no fat calories.

The Goors say the impetus for

their new book came from an earlier book on lowering cholesterol; people who cut back on saturated fats to reduce cholesterol found they also lost weight.

Although all fats have the same caloric content, experts say saturated fats, such as butter, contribute to other health problems as well. They recommend olive and other vegetable oils.

But while people can take some action, "with respect to weight control, we don't have the answers," Swenerton said, noting that 98 of 100 people regain weight they lose and that many people are misled by diet promises.

"One kind of misinformation is that obesity is just from eating too much," she said. "That's only part of the whole picture," which also includes exercise, psychology and genetics.

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# Lifestyles

## Honor Roll

**Lamar Elementary**  
Honor Roll & Super Citizens  
Third Six Weeks

**Regular Kindergarten**  
Super Citizens: Schuyler Davis, Angela Davis.

**Transitional First Grade**  
Super Citizens: Lawrence Henderson.

**Self-Contained**  
Super Citizens: Robyn Addington, Amanda Victor.  
Honor Roll: Janice Bennett.

**First Grade**  
Super Citizens: Ethel Jackson, Pete Long.  
Honor Roll: Gary Alexander, Ryan Ferrell, Larry Harley, Amy Lowrance, James Ledford, Johnathon Munn, Tristan Perry, Gianna Prince, April Shorter, Mario Soliz, Monique Wilbon, Shanna Buck, Lacy Jones, Jeffery Lofton, Venancio Silva, Amanda Starnes, Nicole Terrell, Melissa Williams.

**Second Grade**  
Super Citizens: Javier Cruz, Jordanna Young, David Robinson, Raynessia Oliver, Mirna Solis.  
Honor Roll: Jonathan Brockington, Teresa Brown, Shannon Oxley, Marquetta Parker, Jeremy Buck, Brad Gardner, Patrick Mize.

**Third Grade**  
Super Citizens: Brandi Burney, Angela Medina, Joe Ramirez, Beth Stevenson, Corey Young, Cody Hutchison, Andres Vasquez.  
Honor Roll: Stacey Brown, Roy Don DeVoll, Shannon Smith, Holly Stephenson, Farceit Patrick.

**Fourth Grade**  
Super Citizens: Grace Albear, Angie Scoggin.  
Honor Roll: Melony Hanks, Lucinda Silva, Mindy Stark, Candi Terry, James McGan.

**Fifth Grade**  
Super Citizens: Neal Shorter.  
Honor Roll: Derahian Evans, Brock Lowrance.

**Lefors School District**  
Third Six Weeks

**A Honor Roll**  
Lexi Jones, Chase Phariss, Karyn May, April Jackson, Candid Ray, Jeremy Pierce, Michael Steele, Sheila Berry, Kody Franks, Angela Huckins, Jason Butler, Angie Davenport, Katisha Jackson, TeJay Steele, Tenille Franks, Brandie Pierce, Bryan Brockman, Shelly Davenport, Matt Jackson, Bobbie Taylor, Shawna Lock and Jennifer Moore.

**A & B Honor Roll**  
Randi Day, Amy Whisenhunt, Caleb Barnes, Melody Seely, Tracey May, Sasha Lucas, Joseph Joslyn, Shanna Elkins, Misty Downes, Dana Crutcher, Heather Howard, Gwen Nolte, Jared Story, Nikki Bockmon, Terri Burris, Shannon Graham, Tracy Tucker, Brett Ward, Zeb Akins, Kisha Crain, Amber Gilbreath, Justin Howard, Jennifer Lock, Craig Seely, Jennifer Williams, Jerimey Howard, Rene Brookshire, Rebekah Gilliland, Helen Kennedy, Jason Winegart, Tiffanie Franks, Ginger Hannon, Jason Huckins, Alta Joslyn, Dennis Williams, Howdi Cotham, Michelle Shedeck, Andy Swires, Starla Gilbreath, Patricia Lawrence, Kathy Nolte, Chad Quarles, Michelle Bohanan, John Call, Kevin Mayfield, Carrie Watson, Dusty Roberson, Jarrod Slatten and Shellie Lake.

**Horace Mann Elementary**  
Third Six Weeks

**Kindergarten & T-1**  
Most Improved: Zachary Soto, April DeLeon, Ryan Car, Chris Dallas, Ashley Freeman, Joey Dancel, Adam Slater, Starla Honeycutt, Juanit Cook, Mario Dominguez.

**First Grade**  
Lucy Arreola, Casey Brookshire, Angela Cloud, Jennifer Derr, Anna Gutierrez, Eric Guyer, Consuelo Hacker, P.J. Kamencia, Chelsea McCullough, Heidi McKinney, Jessica Morrison, Stephanie Ontiveros, Ricky Reynolds, Matthew Smith, Armando Tarrango.  
Michael Murrah, Justin Adams, Kim Carlson, Brooke Chromister, Jeff Davis, Stephen Davis, Marsial Garcia, Derek Gourley, Amber Hathcoat, Starla Honeycutt, Monica Moxon, Jas O'Malley, Judy Pepi, Julie Sexton, Shane Story, Steven Terry, Amanda West, Elmer Whitson, Jessica Williams, Brendan Zedlitz, Brandon Albus, Erik Black, Dewayne Bridges, Amber Caviness, Jessica Cortez, Jerrod Drinnon, Anita Hacker, Lindsey Hampton, Joshua Harrison, Micah Looper, Melody McKnight, Cassie Meadows, Camilla Newman, Amanda Poole, Joey Rasmussen, Ana Regalado, Jonathan San Miguel, Dustin Scarborough, Katrina Williams.  
Most Improved: Eric Black, Omar Medina, Justin Adams, Marsial Garcia, Stephanie Ontiveros, Armando Tarrango.

**Second Grade**  
Amber Doyle, Amanda Graves, Jonny Dancel, Shanna Marshall,

Desarae Hilton, Tara Jackson, Jason Hall, Cody Shepard, Cassie Russell, Jonathon Wade, Zenobia Dean, Ricky Putman, Jessica Conner, Kevin French, Tawnie Clem, James Dunn, Tiffanie Ellis, Griselda Regalado, Desirae McNabb, Caryn Lowry, Jessica Smith, Sarah Baxter, Andrew Arellano, Alan Parker, Celest Arreola, Mary Fetter, Matt Hunter, Koury Snider, Samantha Hurst, Jacob Lewis, Charlene Mejia, Loretta Moya, Bobby Walton.

Most Improved: Jessica Reed, Christie Lee, Casey Knutson, Jessica Smith, Tara Jackson, Desarae Hilton.

**Third Grade**  
Waylon Griffin, Jessica Maddox, Laura Mouhot, Mark Mulanax, William Wright, Erick Bennett, James Carter, Russell Du Bose, Lucas Farrar, Justin Hampton, Ian Jones, Joshua Paulson, Dale Rasmussen, Shawna Snapp, Jordan Holmes, Steve West, Charles Turner.

Most Improved: Steve West, Ty Westbrook, Steven Stamps, Lucas Farrar, Angela Garza, Erik Bennett.

**Fourth Grade**  
Jeremy Burns, Kristi Dabbs, Erik Derr, Tami Graves, Justin Ensey, Alicia Lee, Sharon Gage, Nicholas Smiles, Michael Shaw, Donielle McNabb, David Hunter, Melanie Rippetoe, Leon Garza, Brad Allen, Anthony Albus, Stephen Russell, Crystal Smith, Casey Smith.  
Patty Dinges, Caryn Hendrick, Andrea Rodriguez, Heather Shepherd, Nicolas Brookshire, Laramie Chronister, Jason Williams, Luis Jimenez, Jared Hoover, Christopher Harrison, Carmen Arreola, DeAnna Fe Brisenno, Sarah Landry, Jody Been, Tabitha Lane, J.J. Burns, Tiffany McCullough, William Clark, Johnny Goodson, Flor Tarango, Kristi VanSickle, Seth Lewis, Jami Wilson, Brandon Milligan, Darren Moxon, Katrina Laughlin.

Most Improved: Tabitha Lane, Rachel Counts, Ruthy Vasquez, Barbara Mendez, Michael Shaw, Alicia Lee.

**Fifth Grade**  
Jason Bliss, Amanda Hall, Dylan Ozzello, Robert Rasmussen, Willie Shaw, Jeanette Wingert, Matt Bennett, Jennifer Meadows, Thorban Weaver, Christina Arreola, Albia Caviness, Angela Fariel, Lucia Meadows, Serenity Ozzello, Keli Hoskins, Christa Mouhot, Natalie Rummerfield, Caleb Farrar, Angela Jame.

Most Improved: Kristina Carr, Caleb Farrar, Jimmie Medley, Beth Bailey, Matt Bennett, Dylan Ozzello.

**St. Vincent De Paul School**  
Third Six Weeks

**First Grade**  
All A's: Lorena Baker, Ashley Kimball, Amit Bhatia.  
A's & B's: Jacob Stockman

**Second Grade**  
All A's: Derek Allison, Carolyn Blaylock, Kama Brogner, Jacob Campos, Rebecca Nolte, Veronica Perez, Windy Wagner.  
A's & B's: Schulyer Fulton, Martinez.

**Third Grade**  
A's & B's: Nicole Terry

**Fourth Grade**  
All A's: Jason Cirone, Kimbra Wollman  
A's & B's: Dionne Hayden, Micah Nolte

**Fifth Grade**  
A's & B's: Isaiah Nolte, Fabian Silva

**Travis Elementary**  
Third Six Weeks

**First Grade**  
Emily Ayers, Tony Beck, Michael Boydston, Shauna Broadus, Ryan Chambers, Jeremy Fondren, Jason Griffith, Riordan Hill, Kyle Keith, Jayme Riuthaler, Bonnie Schiffman, Cory Schumacher, Luke Wilson, Daniel Abernathy, Alexis Amador, Kurt Baggerman, Ashley Beagle, Nicole Bruton, Joshua Crawford, Tanner Hucks, Justin Leas, Cathy Morse, Mike Parker, Sean Pope, Nikke Ramey, Jason Roark, Jeffrey Warren, Benny Williams, Joanna Coker.

Ricky Blain, Michael Dittberner, Aaron Fernuik, Kimberly Grice, Cassie Hamilton, Stephanie Hanks, Heather Hardin, Aaron Haynes, Ryan Hill, Scott James, Bryce Jordan, Brandi Lenz, Rodney Mendoza, Brimey Morgan, Sarah Redus, Joanna Wheeley.

**Second Grade**  
Jeff Adkins, Shanna Baker, Blake Baldrige, Rikke Bowles, Aaron Childress, Megan Coutts, Karyn Edmison, Josh Gibson, April Brown, Heath Keeton, Darrel Schroeder, Shawn Strate, Terrell Thaxton, Tina Vance, Timmy Williams, Katherine Zemanek, Tiffany Bruce, Karah Diaz, Josh Douglas, Lisa Estrada, Jill Forman, Jennifer Harris, Jeromy Herndon,

J.T. Hood, Amanda Kilcrease, Forrest King, Angela Klein, Russell Robben, April Rodgers, Traci Shelton, Gil Solano, Shana Robertson, Jonna Jones, Casey Stokes, Chris Luck.

Jonathan Bolz, Candace Cathey, Brent Coffee, Bree Ann Denis, Cathey Gomez, Spencer Hanks, Colby Kenner, Courtney Lang, Marissa Maestas, Casey Owens, Lacy Plunk, Michelle Qualls, Justin Trollinger, Kerry Turner, Cameron McPherson, Christena Butler, Beau Hancock, Brook Pope, Kyle McCullough, John Montgomery, Lacey McGuire, Jeremy Havaei, Mitchell Vaughn, Jeremy Silva, Russell Thorum, Shane Flynn, Jesse Lenz, Tasha Lenz, Aaron Cochran, Corey Searl.

**Third Grade**  
Joel Barker, Joel Bolz, Holly Brooks, Ricky Conner, Shannon Craig, Michelle Doucette, Tera Dougherty, Andy Fernuik, Julie Gamble, Erich Greer, Cody Hill, Heidi Killgo, Lisa Kirkpatrick, Jana McLean, Chris Newkirk, Ty Pearson, Lindsay Scribner, Mimi Griffin, Holly Wilson, Bryson Young.

Marsha Bailey, Erik Botello, Miah Ebel, Tonya Helton, Emily Henson, Jeremy Miller, Amy Simpson, Dustin Redus, La Tasha Velasquez, Jonathan Waggoner, Jermar Williams, Robin Williams, Ray Zapata, Cleatus Shawn, Shari Albus, Randall Ellis, Michelle Eichson, Rae Lynne Gatlin, Kyle Gamblin, Stacy Huddleston, Valorie Johnson, Zane Powers, Tiffany Presson, Kristi Randall, Justin Roark, Brent Story, Justin Thomas, Mandy Wells, Stephanie Winegeart, Linda Wolters.

**Fourth Grade**  
Jennifer Edmison, Shawn Harris, Bryan Johnson, Michael Plunk, Amanda Potter, Heather Robben, Crystal Fondren, Dottie Youngblood, Tyson Alexander, Lani Broddus, David Dennis, Rachel Laycock, Josh Rodriguez, Kim Thorum, Nicole Watson, Jason Valasquez, Andrew Hanks, Nick Warren, Heather Herndon, Amanda Thacker, James Thaxton.

**Fifth Grade**  
Amanda Baldrige, James Barker, Ricki Botello, Andrea Ellis, Katy Fortin, Bryan McCormick, Kristi Carter, Heather Fernuik, Willie Gatlin, Wade Bruce, Selina Hood, Beverly Schiffman, Greg Unruh, J.P. Conner, Keith Jacoby, Justin Molitor, Deena Bridges, Justin Lusca, Ann E. Loyd.

## E.L. "Gene" Green honored



(Staff photo by Kayla Pursley)

E.L. "Gene" Green was honored recently by Betty Cooper of Canadian, chairman of the board of directors of the Amarillo Area Foundation. The presentation took place during a Noon Lion Club meeting at the First United Methodist Church. Also on hand was Jim Allison, president and executive director of the Foundation, speaking to the Club about the Amarillo Area Foundation and its partnership with the Harrington Foundation. In 1989, the Foundation awarded a total of \$66,500 to Tralee Crisis Center, the Pampa Salvation Army, and Hospice of Pampa.

## Good family health for a lifetime

Planning daily menus can help promote good family health not only for a week but for a lifetime. Whether individuals are "eating on the run" or able to have family meals together, it is important for each person to know what is needed for a wholesome diet.



### Homemakers' News

Donna Brauchi

When trying to make food selections for a day, it is helpful to have a checklist of items to be included. On March 1, 1989, the National Academy of Science's National Research Council on Diet and Health released such a list that complements the Surgeon General's Report on Nutrition and Health and can be helpful. It is called "Diet and Health Recommendations" and includes the following nine items:

1. Reduce total fat intake to 30% or less of total calories. Reduce saturated fatty acid intake to less than 10% of the calories, and limit intake of cholesterol to less than 300 mg.

Diets high in plant foods have been found to be associated with a lower incidence of coronary heart disease and cancer, although the reason for this is not fully understood. Such diets are usually lower in total cholesterol and saturated fats.

Diets low in cholesterol and saturated fats are associated with low risks and rates of atherosclerotic cardiovascular diseases. High fat diets are associated with a high incidence of some types of cancer (especially of the colon, prostate, and breast) and probably obesity.

Fatty acids differ in their effects on health. Saturated fatty acid and cholesterol tend to increase total and low density lipoproteins (LDL) serum cholesterol, and therefore, lead to atherosclerosis and increase the risk of coronary heart disease for those persons sensitive to cholesterol. The main dietary sources of the saturated fats are coconut, palm and palm-kernel oil. Dietary cholesterol is found mainly in eggs and organ meats. A further reduction of saturated fatty acids to only 8 or 7% of the total calories is recommended and that monounsaturated fatty acids and complex carbohydrates be substituted. Reduction of cholesterol intake to 250 to 200 mg., or less per day may also be more helpful (for some persons).

Monounsaturated oils help to both increase the amount of the "good" high density lipoprotein (HDL) cholesterol and decrease the "bad" low density lipoprotein (LDL) cholesterol. Olive oil and canola or rapeseed oil are the best known sources.

Polysaturated fats cannot be made by the body and are of two types: omega-3 and omega-6. The omega-3's are found in cold-water marine fish such as salmon, mackerel and some plant oils such as soybean and canola. The omega-6's are polyunsaturated fats found in corn, safflower, soybean, cottonseed, sunflower seeds and peanut oils. The polysaturated and monounsaturated fatty acids (and carbohydrates) lower the LDL serum cholesterol when it is substituted for saturated fatty acids, but they are more effective in reducing elevated blood triglyceride levels. Fish oil supplements are not recommended as there is not enough evidence they are beneficial and long term effects are unknown. Polysaturated fatty acids do not need to be increased in the average U.S. diet.

High fat diets may lead to obesity since dietary fat is converted to body fat more efficiently than other sources of calories. A 30% fat level in the diet does not cause any risk of nutrient deficiencies and may provide more health benefits.

2. Every day eat five or more servings of a combination of vegetables and fruits, especially green and yellow vegetables and citrus fruits. A serving is 1/2 cup cooked or 1 cup raw. Also increase intake of starches and other complex carbohydrates of eating six or more daily servings of bread, cereal and legumes. Carbohydrates should total more than 55% of the calories. A serving is 1 slice or 1/2 cup cooked.

3. Diets high in plant foods have been found to be associated with a lower incidence of coronary heart disease and cancer, although the reason for this is not fully understood. Such diets are usually lower in total cholesterol and saturated fats.

4. Maintain protein intake at moderate levels. According to USDA recommendations, this could roughly translate to approximately two 3 ounce servings of lean meat, fish, poultry or equivalent alternatives daily for an adult in a well balanced diet.

5. Balance food intake and physical activity to maintain appropriate body weight.

6. The Committee does not recommend alcohol consumption. For those who do drink alcoholic beverages, the Committee recommends limiting consumption to the equivalent of less than one (1) ounce of pure alcohol daily. This is the equivalent of two cans of beer, two small glasses of wine, or two average cocktails. Pregnant women should avoid alcoholic beverages altogether.

7. Limit total intake of salt (sodium chloride) to 6g. or less. Limit the use of salt in cooking and avoid adding it to food at the table. Salty, highly processed salty, salt-preserved, and salt-pickled foods should be consumed sparingly.

8. Maintain adequate calcium intakes. A serving of milk is equal to one cup of milk which is about 300 milligrams (mg.) of calcium. Children 1-10 years old and males and females 19 years and older need at least 800 mg. of calcium daily (equal to almost 3 cups of milk). Menopausal women may need more.

9. Male and females 11-18 years old need 1,200 mg. (equal to about 4 cups of milk daily).

Pregnant teenagers need the equivalent of 5 or more cups of milk daily.

10. Avoid taking dietary supplements in excess of RDA for one day.

11. Maintain an optional intake of fluoride, particularly during the years of primary and secondary tooth formation and growth.

For more information of diet and health, contact your Gray County Extension Office.

## Correction

Skellytown is sponsoring an arts and crafts fair for March 16-17, proceeds to benefit their park fund. The telephone number of City Hall for more information was incorrect in Sunday's paper.

The correct telephone number for Skellytown City Hall is 848-2477. We sorry for any inconvenience this error may have caused.

## Price of hole in one is too high for one golfer



### Dear Abby

Abigail Van Buren

DEAR ABBY: I don't know how or when it got started, but there's a custom at most golf clubs that I think is absurd. When a golfer makes a hole in one, the drinks are on him! (Or her.)

Some clubs have a "Hole in One Club" — it's a kind of insurance to defray the cost of the drinks when a guy makes a hole in one and can't afford to treat every guy in the club to a drink. (All the members have to contribute.)

I once heard a guy say, "Hey, John, you owe me a drink!" (It was for a hole in one John had made the previous year.) However, many golf clubs don't have a "Hole in One Club," so the "lucky" golfer gets stuck.

I would like to turn this custom around, and I need your help, Abby. Ask the golfers out there how they feel about this custom. I'm sure you will get a large enough response from golfers to get them to thinking about it and, let's hope, initiate some sort of action in their own clubs to eliminate this custom.

DOUGLAS WHITE,  
ORANGE CITY, FLA.

DEAR DOUGLAS: I asked my brother-in-law, Morey Rubin, who shot a hole in one at Canyon Country Club in Palm Springs last year (his feet haven't touched the ground since). He said, "It's a thrill of a lifetime; I've yet to hear a guy complain about having to buy drinks."

How do you other "hole-in-ones" out there feel about that custom?

\*\*\*

DEAR ABBY: My son, his wife and their 3-year-old daughter are visiting me from out of town, which prompts my first Dear Abby letter.

The problem: My daughter-in-law is still breast-feeding the child! It just doesn't seem right that a 3-year-old child should be running after her

mother, lifting her mother's blouse and asking to be breast-fed. Frankly, I find this behavior revolting, and I don't know how much longer I can keep my mouth shut.

The child seems too attached to her mother. I don't want to cause a fight, but I really am concerned about the child. Abby, is it emotionally healthy for a child this age to still be nursing?

GROSSED OUT GRANDMA

DEAR GROSSED OUT: According to a spokesperson for the La Leche League International, it is not abnormal for a 3-year-old to still be breast-feeding. Generally, that is when most (but not all) children are finishing their breast-feeding cycle.

A child of that age needing to nurse more than twice a day may be experiencing a need other than physical hunger. Perhaps she wants more attention from her mother, and breast-feeding is the only way to get it.

DEAR ABBY: Will you please put in a good word for all the unfortunate children who were born in December? I am a grown woman, but I have always felt slighted because as a child, I would get a combination birthday-Christmas present.

I recall asking my mother if she would let me celebrate my birthday in June or July for this reason, but she laughed and tried to make me feel "special" to have been born on Dec. 23.

Please print this (no name, please) for all the other people who were born in December. I'm sure I'm not the only one who feels this way. It might help.

A CAPRICORN

DEAR CAPRICORN: Here's your letter. I can't guarantee that it will help. But, like chicken soup, it can't hurt.

# Today's Crossword Puzzle

**ACROSS**

- 1 As a result of (2 wds.)
- 8 Hoofbeat sound
- 12 Fixed (shoes)
- 13 Pueblo Indian
- 14 Recapped tire
- 15 Along a central line
- 17 Chemical ending
- 18 Comparative suffix
- 20 Yoko
- 21 Bamboo stem
- 23 Mountains (abbr.)
- 24 Haughty one
- 25 Law deg.
- 26 City in Ohio
- 28 Loan shark
- 30 Replace
- 34 Gaucho's weapon
- 35 Ladybug, e.g.
- 36 Bill of —

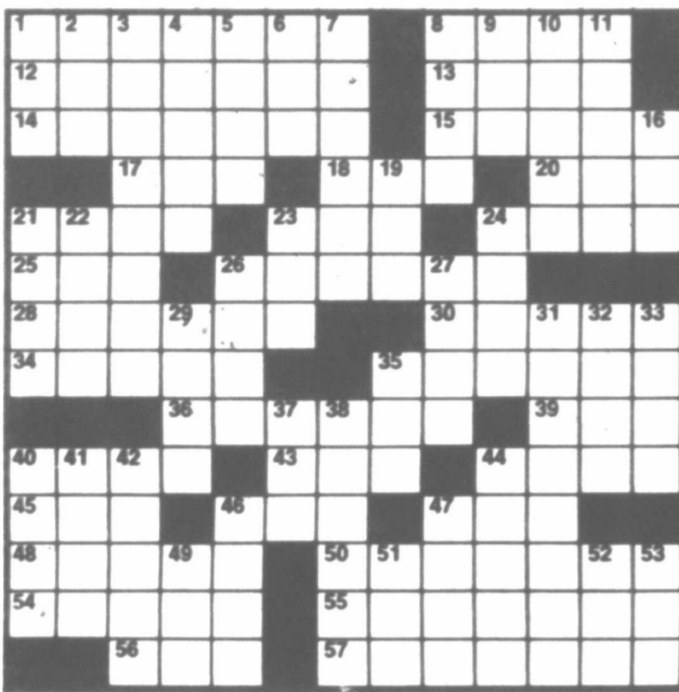
**DOWN**

- 1 Hockey great
- 2 Bobby
- 3 City in Turkey

**Answer to Previous Puzzle**

LIZA LIVE JEM  
SNAP LOOS ASE  
AINY DUCT UTA  
TAILS SEA NED  
NYET TUTEE  
JOE YONDER  
ERSE TIA SWUM  
TOSS ACU AERO  
SOLENT TIP  
HAVEN TORT  
ASA TWO DIANE  
TIN IAMB TBAR  
EDE MIRE ELIA  
DES ENID SELL

- 4 Pertaining to Norway
- 5 Mirth
- 6 Iced
- 7 Peculiarity
- 8 Russian ruler
- 9 Unit of illumination
- 10 Leek's cousin
- 11 Concert grand
- 16 Throw slowly
- 19 Superlative suffix
- 21 Figure on a card
- 22 Besides
- 23 Injure
- 24 Cut
- 26 Bandleader
- 27 Sources of metal
- 29 Extraordinary
- 31 Small dagger
- 32 Singer
- 33 Adolescent
- 35 Heat unit (abbr.)
- 37 Crane arm part
- 38 Lifts
- 40 Glossy fabric
- 41 Put down
- 42 Before
- 44 Looks
- 46 Safety agcy.
- 47 Columnist
- 48 Bomber
- 49 WWII area
- 51 Golf peg
- 52 Number
- 53 Commercials



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**GEECH**



By Jerry Bittle

**THE WIZARD OF ID**



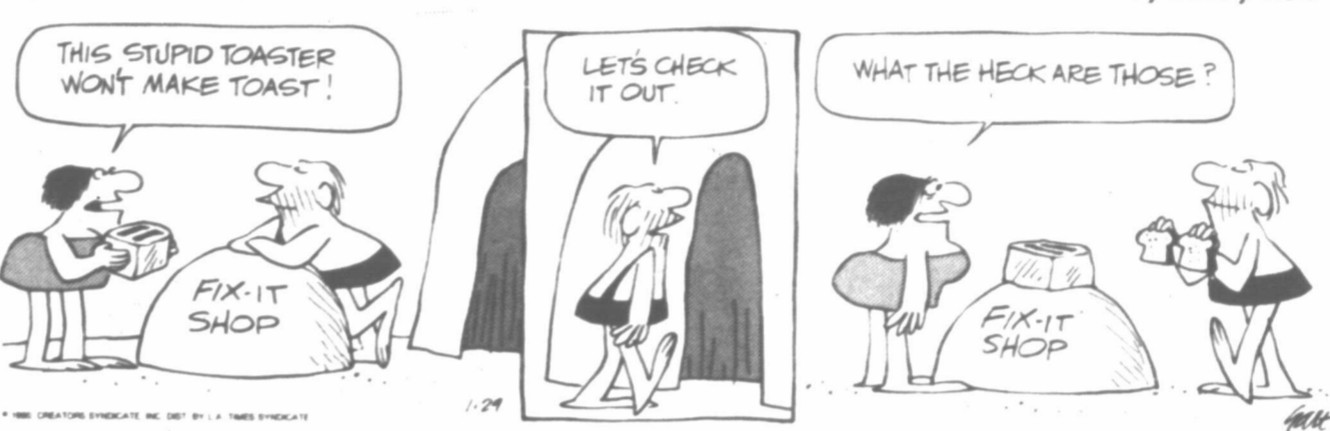
By Brant Parker and Johnny Hart

**ECK & MEEK**



By Howie Schneider

**B.C.**



By Johnny Hart

**Astro-Graph**

by bernice bede osol  
Your best opportunities in the year ahead are likely to come from your least suspected sources. People you know only casually could provide you with profitable tips.

**AQUARIUS (Jan. 20-Feb. 19)** Don't believe everything you hear today, especially if someone you don't know too well has flattering things to say about a person with whom you're reasonably familiar. Know where to look for romance and you'll find it. The Astro-Graph Matchmaker instantly reveals which signs are romantically perfect for you. Mail \$2 to Matchmaker, c/o this newspaper, P.O. Box 91428, Cleveland, OH 44101-3428.

**PISCES (Feb. 20-March 20)** Your ability to spot a real bargain might not be up to par today, so be careful and prudent. If you're on a shopping excursion. Be sure to compare prices and quality.

**ARIES (March 21-April 19)** Modify your self-interests today and try to fit into the will of the majority. Even though what you contemplate could be better, it might be severely resisted by companions.

**TAURUS (April 20-May 20)** If you lack faith in your own ideas today, it is likely that others will view them unenthusiastically as well. Think positive and don't be afraid of making mistakes.

**GEMINI (May 21-June 20)** Be sure to stay on top of everything in an important commercial involvement today. If you're indifferent or careless, it could hurt you in your pocketbook.

**CANCER (June 21-July 22)** You must guard against inclinations today to yield to pressure, especially where agreements are concerned. If your better judgment tells you it's a bum deal, revise it before it is too late.

**LEO (July 23-Aug. 22)** Co-workers might find you a very difficult person to please today and instead of lending you a hand where they can be helpful, they may let you fend for yourself instead.

**VIRGO (Aug. 23-Sept. 22)** It might not be advisable at this time to invest in something about which you know little. Before making a commitment, continue to investigate and gather facts.

**LIBRA (Sept. 23-Oct. 23)** Decisions you should be making for yourself might be made by others today if you lack the gumption to speak up on your own behalf. Don't be a doormat.

**SCORPIO (Oct. 24-Nov. 22)** Your productivity and effectiveness will be severely diminished today if you have a poor attitude regarding some distasteful tasks you have to perform.

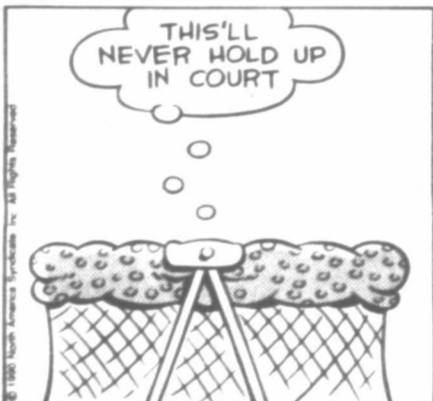
**SAGITTARIUS (Nov. 23-Dec. 21)** Extravagant whims of the moment must not be allowed to take precedence over your financial discipline today. Be prudent or be sorry later.

**CAPRICORN (Dec. 22-Jan. 19)** Selfish inclinations might vie for expression today and you're apt to do your darndest to try to disguise your true motive from others. Unfortunately, your actions will be transparent.

**MARVIN**



By Tom Armstrong



**MARMADUKE**



By Brad Anderson

**KIT N' CARLYLE**



By Larry Wright

**ALLEY OOP**



By Dave Graue



**SNAFU**



**The Family Circus**



By Bill Keane

**WINTHROP**



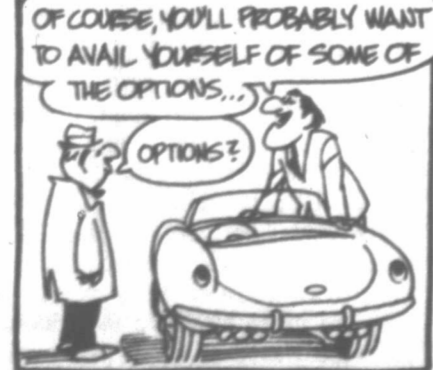
By Dick Cavalli



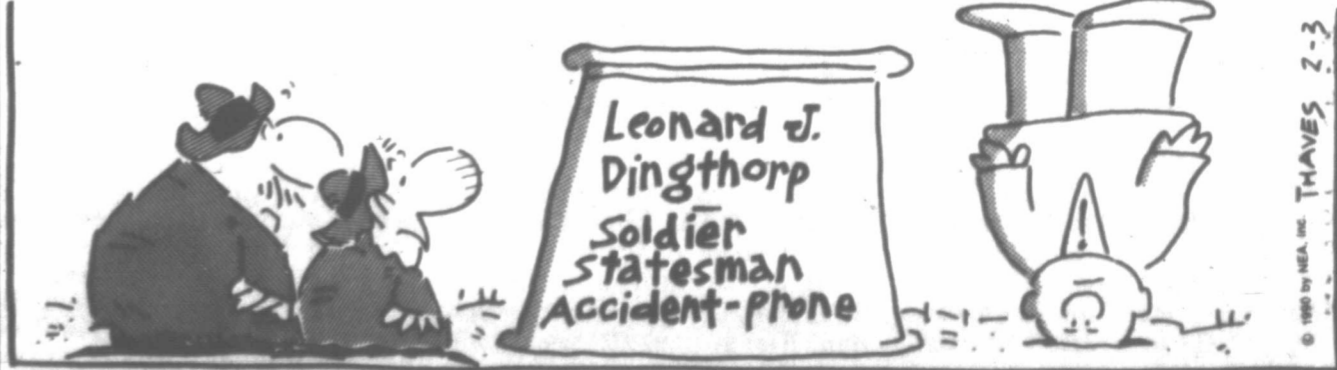
**THE BORN LOSER**



By Art Sansom



**FRANK AND ERNEST**



By Bob Thaves

**PEANUTS**



By Charles M. Schultz



**GARFIELD**



By Jim Davis





# Sports

## A Super Blowout 49ers, Montana crush Broncos, 55-10,

By BARRY WILNER  
AP Sports Writer

NEW ORLEANS (AP) — First repeat, then "three-peat."  
The San Francisco 49ers took care of their second straight Super Bowls in overwhelming style Sunday with a 55-10 humiliation of the Denver Broncos. With that sizable piece of history in their pockets, they can go after the third in a row, something nobody has.

"Three-peat, that's our slogan," guard Guy McIntyre said. "I've got a lot more fingers to wear rings."

The 49ers have four rings in as many tries, tying the record held by Pittsburgh. But the Steelers, Miami Dolphins and Green Bay Packers never got past two consecutive Super Bowl wins. That is next season's goal for these world-beaters.

"Each is sweet," Joe Montana said. "Let's go get another."

"It's tough to repeat," added Matt Millen, a Super winner with the Raiders and the 49ers. "It's got to be really tough to 'three-peat.'"

Who is going to stop them when:  
— Montana is throwing the way he is.  
— The defense is stifling opponents.  
— Everything else is in synch.

"They can be stopped, but it takes a perfect game by whoever is doing it," Broncos linebacker Simon Fletcher said.

Instead, it was the 49ers who were nearly perfect Sunday, as they were all season, particularly in the playoffs.

"It would be hard for any team to be better than this team, the way it's played this year," Montana said.

It would be almost impossible to be better than Montana, the league's Most Valuable Player who earned a record third Super Bowl MVP trophy by going 22-for-29 for 297 yards, with three TDs to Jerry Rice, one to John Taylor and one to Brent Jones.

Montana was 65 for 83 for 800 yards and 11 touchdowns in the postseason. He had his best performance under the most trying circumstances after a television report that three white quarterbacks had tested positive for cocaine use and the league had covered it up.

"We were very supportive of him," McIntyre said, meaning on the field — Montana was not sacked for a loss in the playoffs — and off it.

"You see him year-in and year-out going out there and playing sore, or beat up or whatever. So, when something like this happens, you have to stand behind your player."

Montana, of course, was far from the only 49er standing tall. He was just the most visible, and he set eight Super Bowl records.

"He's the greatest quarterback of all time," said George Seifert, who won his first Super Bowl as head coach after three as an assistant. Only Baltimore's Don McCafferty won the Super Bowl as a rookie coach.

Montana has one of the great offenses of all time around him. He has Rice, who caught TD passes of 20, 38 and 28 yards, setting a one-game record for scoring catches. He has Roger Craig, who scored on a 1-yard run, giving him four career touchdowns in the Super Bowl, tied with Franco Harris and Rice. Craig also set a career record with 20 pass receptions in his three Super Bowls.

He has Tom Rathman, a fullback with the hands of a surgeon whose rushing and receiving were a key element in the unstoppable onslaught. He had two short rushing touchdowns.

He has John Taylor, who wasn't quite as heroic this year as last, when he caught the winning touchdown with 34 seconds to go. But he did have a 35-yard TD reception.

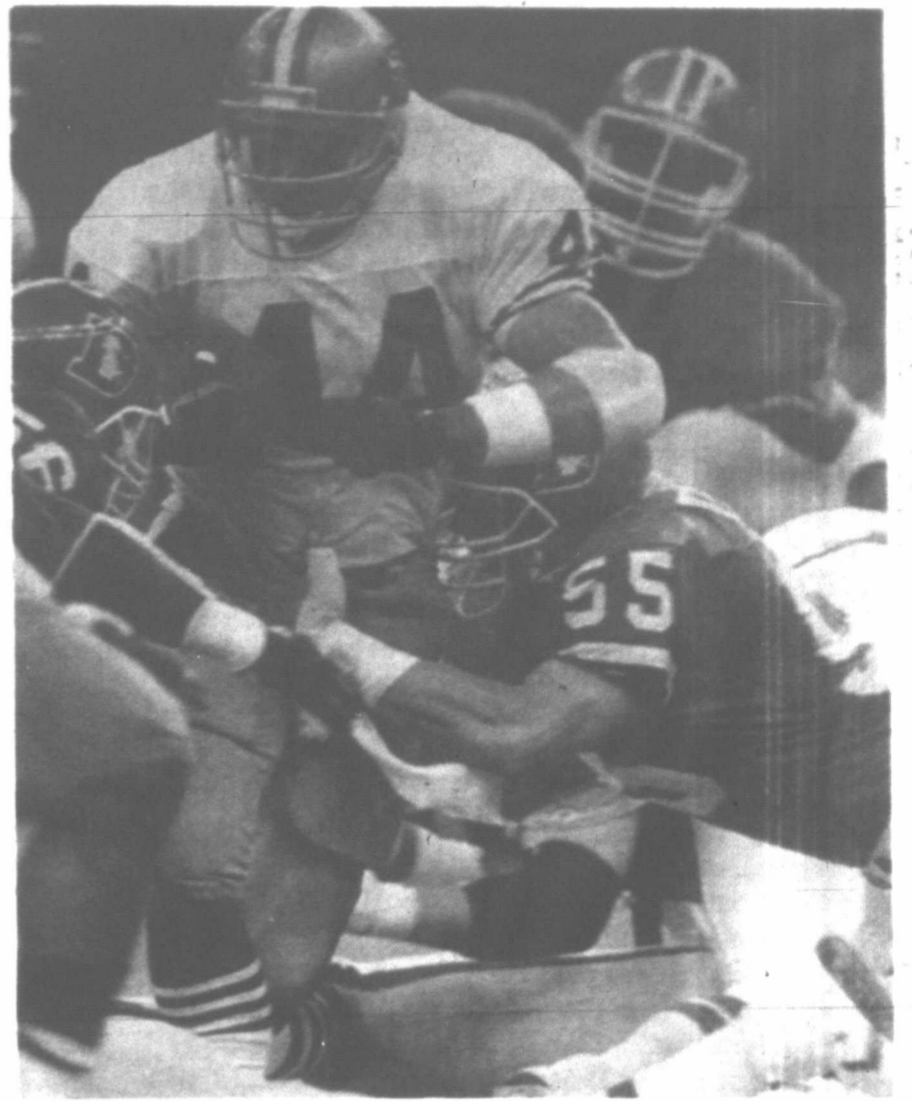
Montana has Brent Jones, whose only reception was a 7-yard score that made it 13-3 after one period.

There is that solid offensive line, which took nearly all season to come together, then was a fortress in the playoffs.

Montana also had a defense that shut down everybody.

John Elway can testify to that. In three Super Bowls, Elway has had three decent periods. None of them came Sunday, when he was 10-for-26 for 108 yards, with two interceptions, a fumble and four sacks.

"It's disappointing," said Elway, who came off his best playoff outing in the AFC title game.



49ers running back Tom Rathman rushed for two touchdowns.

### Happy 49er fans



Fans in San Francisco's Mission District go wild Sunday night after the 49ers walked the Denver Broncos, 55-10, in the Super Bowl.

### Landry voted into hall of fame

DALLAS (AP) — Former players and associates of Tom Landry say it's fitting the ex-Dallas Cowboys coach was voted into the Pro Football Hall of Fame in his first eligible year.

"He sure as hell is appreciated more now than he was a year ago," said former Dallas Cowboys president Tex Schramm, referring to the inglorious firing of Landry by new team owner Jerry Jones.

Landry learned of the honor while playing golf in Austin Saturday at the same club where Jones 11 months ago told him he was being replaced.

"It's really a great thing that it could come to him now, you know, fresh off what's happened the past year, and it's something where I'm sure there wasn't a dissenting vote in the room," Schramm said. Landry will join former

quarterback Roger Staubach and defensive tackle Bob Lilly as the only Cowboys in the Hall of Fame.

Landry and the six other nominees will be inducted in Canton, Ohio, on Aug. 4.

Also on the induction list are Franco Harris and Jack Lambert of the Pittsburgh Steelers, Miami quarterback Bob Griese, Oakland Raider defensive great Ted Hendricks, Buck Buchanan of the Kansas City Chiefs and Bob Saint Clair of the San Francisco 49ers.

"Tom Landry is the greatest coach of all time," Staubach said.

During his tenure, Landry led the Cowboys to five Super Bowls, winning two, 13 division championships and a career record of 270-178-67. He also compiled an NFL record of 20 straight winning seasons.

"He deserves this for not only his tenure, his win-loss record and his contribution to football," Lilly said. "But also for his contributions to the game of pro football, to the entire state of Texas and the country as a whole as someone everybody could look up to."

"That's what Tom Landry was all about. He was a great coach, a great man and still is. I think I speak for several hundred of us who played for him when I say that," Lilly said.

Denver Broncos coach Dan Reeves, a former assistant coach under Landry, said, "I respect him a heck of a lot more now than when I worked for him, and I had a heck of a lot of respect when I worked for him."

"There's no question (that) if Coach Landry was involved in the game still, he'd be successful now."

But, Landry apparently has no plans to rejoin the fray. "I really feel comfortable out of coaching right now," he said.

### Longhorns' Mays suffers injury

AUSTIN (AP) — Travis Mays, Texas' all-time top scorer, says his injured hand may be better by Sunday when the Longhorns meet Southwest Conference foe Arkansas.

Texas is 14-4 overall and 7-1 in the SWC, second only to the Razorbacks.

"We'll just have to wait and see," Mays said. "I want to play and I am doing everything I can do to get ready to play. Hopefully, I can be ready to go against Arkansas."

Longhorns coach Tom Penders says he doubts Mays will be ready to play against Houston Tuesday night. "Travis is our MVP, offensively and defensively," he added.

Mays, who leads the Southwest Conference with a 24.8 average, sat on the bench with an injury to his shooting hand as his teammates struggled past Rice 96-84 Saturday night.

Mays hyperextended his right index finger when he tried to brace a fall just before halftime in Thursday night's 109-100 loss to Arkansas. He sat out the second half against the Razorbacks, finishing with one point.

"His hand is better, but it's still sore," Penders said. "I seriously doubt he will play Tuesday."

Dressed in jeans, a turquoise shirt and a Panama hat, Mays couldn't even lift his finger and bruised knuckle to help the Longhorns, who shot poorly and trailed Rice by two points at the half.

### Basketball

After a resounding, 105-62 victory over Hereford on Friday, the Harvester basketball team is scheduled to travel to Randall High School Tuesday night.

Pampa enters the contest with a perfect 10-0 record in District 1-4A, two games ahead of second-place Levelland, which stands at 8-2. Overall, the Harvesters have a 20-4 record and are ranked fifth in the state in Class 4A.

Randall is 1-9 in district and 3-21 on the season. The Raiders got their first league victory Friday when they defeated Lubbock Dunbar, 64-48.

In the last meeting between Pampa and Randall, the Harvesters routed the Raiders, 96-44. Prior to Friday's victory over Hereford, it was Pampa's highest point production of the season. It still stands as the largest margin of victory this year.

The tipoff is set for approximately 8 p.m. at the Randall High School Gym.

.....  
The Lady Harvesters will have their hands full Tuesday when they meet the Randall Lady Raiders, ranked third in the state in Class 4A.

Pampa improved to 11-11 on the season and 7-5 in District 1-4A Friday with a 50-47 victory over Hereford. That win put the Lady Harvesters in sole possession of third place.

Randall, meanwhile, is in first place with an unbeaten 12-0 record, 23-3 overall. The Lady Raiders are fresh off an 85-28 whipping of Lubbock Dunbar.

Randall defeated the Lady Harvesters, 49-34, when the two teams met in Pampa on Dec. 5.

Tuesday's game is scheduled to start at 6:30 p.m. at Randall High School.

### Pampa matmen take sixth in district meet

AMARILLO — The Pampa High School Wrestling team compiled 22 points to take sixth place at the District Wrestling Meet Friday and Saturday at Caprock Activity Center.

Tasosca, which entered the meet with a perfect 10-0 record, scored 136 points to clinch the district crown, while Boys Ranch was second with 115.

Heavyweight Phillip Sexton and 152-pounder Bill Larkin, both of Pampa, finished third in their weight classes from among a 16-man bracket.

Sexton won three matches and lost only one to eventual district champion Gary Nabors of Caprock. Nabors pinned Sexton in the winner's bracket semifinals Saturday morning.

Sexton went on to win two more matches Saturday, culminating in an 11-5 decision over George Madden of Tasosca in the consolation finals.

"Sexton had his best tournament of the year," said Pampa assistant coach Steve Kuhn. "Madden was seeded No. 1 in the tournament, and Phillip beat him. Phillip has also beaten McMasters of Boys Ranch (who finished second in the tournament) twice this year."

Larkin, like Sexton, won three matches and lost one. His only setback was to Matt

Miller of Boys Ranch, who went on to finish second behind Jaramie Wilson of Tasosca.

Two other Pampa grapplers — Chad Chairez and Chris Archibald — finished fourth in their respective weight classes.



Chairez, a 112-pounder, was pinned in the consolation finals by Amarillo High's Brian Caudle, whom Chairez wrestled to an 8-8 tie when the two met during the regular season.

Chairez also wrestled in another tournament over the weekend, the Maverick Boys Club Nationals, where he took second place.

"Chad wrestled 6 or 7 matches this weekend," Kuhn said. "I really think he can take Caudle if he's fresh when they wrestle."

Archibald won two matches and lost two to take fourth in the 171-pound division. He missed third place by only two points when he dropped a

7-5 decision to Shaun Brooks of Boys Ranch in the consolation finals Saturday night.

Frank Jara, wrestling at 135 pounds, finished in a tie for fifth place. He advanced all the way to the consolation semifinals before bowing to Mike Pettigrew of Boys

Ranch. The PHS wrestling team will compete in the regional meet next Saturday at Amarillo High, which begins at approximately 8 a.m. The top two finishers in each weight bracket will advance to the state meet in Dallas on Feb. 9 and 10.

Below are team totals and Pampa's individual matches from the district meet:

**District Wrestling Meet**  
At Caprock, Friday and Saturday

**Team Totals**  
1. Tasosca 136; 2. Boys Ranch 115; 3. Caprock 102; 4. Amarillo High 90; 5. Palo Duro 24; 6. Pampa 22.

**Pampa's Individual Matches**  
**SATURDAY**  
Consolation Finals  
112: Brian Caudle, AHS, pinned Chad

Chairez, Pampa, 4:15; 152: Bill Larkin, Pampa, dec. Ryan Ralston, Tasosca, 17:1; 171: Shaun Brooks, BR, dec. Chris Archibald, Pampa, 7:5; Heavyweight: Phillip Sexton, Pampa, dec. George Madden, Tasosca, 11:5.

**Consolation Semifinals**  
112: Chad Chairez, Pampa, dec. Oliver, Tasosca, 10:3; 135: Mike Pettigrew, BR, pinned Frank Jara, Pampa; 152: Bill Larkin, Pampa, pinned Lopez, Caprock; 171: Chris Archibald, Pampa, dec. Nabors, AHS, 11:8; Heavyweight: Phillip Sexton, Pampa, pinned Smith, AHS.

**Third Round Consolation**  
112: Oliver, Tasosca, pinned Zach Cambren, Pampa; 135: Frank Jara, Pampa, dec. Harrison, PD, 7:4.

**Second Round Consolation**  
103: Brinlee, BR, pinned Jimmy Corley, Pampa; 112: Zach Cambren, Pampa, drew a bye; 119: Rojas, BR, pinned Darin Wyatt, Pampa; Keeble, Tasosca, pinned Will Winburne, Pampa; 125: Humphrey, Tasosca, pinned Kurt Beck, Pampa; 130: Mahan, Tasosca, pinned Dusty Weatherly, Pampa; 135: Frank Jara, Pampa, pinned Tani, BR; 160: Kinson pinned Tom Thompson, Pampa.

**First Round Consolation**  
Darin Wyatt (119), Kurt Beck (125), Frank Jara (135) and Tom Thompson (160), all of Pampa, drew byes.

**Winner's Bracket Semifinals**  
112: Elzalde, Caprock, pinned Chad Chairez, Pampa; 152: Miller, BR, dec. Bill Larkin, Pampa, 11:3; 171: Brown, Tasosca, dec. Chris Archibald, Pampa, 17:1; Heavyweight: Nabors, Caprock, pinned Phillip Sexton, Pampa.

**First Round Winner's Bracket**  
103: Mendoza, Caprock, pinned Jimmy Corley, Pampa; 112: Chad Chairez, Pampa, pinned Long, BR; 119: Trujillo, PD, pinned Zach Cambren, Pampa; 130: Arreola, Tasosca, pinned Will Winburne, Pampa; 130: Moses, AHS, pinned Dusty Weatherly, Pampa; 152: Bill Larkin, Pampa, pinned Ralston, AHS, pinned Frank Jara, Pampa; 160: Pringle, AHS, pinned Tom Thompson, Pampa; Zach Cambren and Chad Chairez (112), Bill Larkin (152), Chris Archibald (171) and Phillip Sexton (Heavyweight) all drew byes.

## Strong non-district schedule gave White Deer girls a big lift

By L.D. STRATE  
Sports Writer

It was unexpected, but not all that surprising in the unpredictable District 3-1A girls' basketball.

White Deer had started district play with wins over Lefors, 50-31, and Groom, 57-43, and weren't supposed to have that much trouble with Claude, which was 0-2 against the same two teams.

Does' coach Doug Porter may have had a premonition about the meeting with Claude.

"It's (the district race) not over, not by a long shot," Porter said right after the 2-0 start.

How right he was. The Does hit only 11 of 27 foul shots as Claude claimed a 46-43 win Friday night in the White Deer gym.

"It was one of those nights. Claude had three girls foul out, but we just couldn't hit our free throws," Porter said. "We also couldn't hit our shots from the perimeter. It was a

very poor shooting night."

The loss means White Deer has to share the district lead with Groom, but Porter isn't all that unhappy with the Does' lot.

"We've improved 100 percent, especially on defense, since the season first started. I felt like we had a lot of talent going into the season and it was just a matter of learning how to play together," Porter said.

The Does were 8-10 against non-district foes, but that record is deceiving.

"We played a tough non-district schedule that helped us," said Porter, who is in his first season at the Does' helm. "It was definitely an asset."

Several teams on White Deer's non-district schedule were in Class 2A, including Canadian which has won 17 of 23 games this season.

Canadian won by a whopping 32 points in the first game, but the Lady Wildcats had to hold off a White Deer rally to win by

10 in the second outing.

A two-week layoff before district action started helped the Does get off to a fast start.

"We had some good, hard practices during that time. It gave us an opportunity to work out some problems we were having. It paid off for us," Porter said.

Most of White Deer's scoring punch, as well as rebounding, has been provided by 5-9 senior Traci Lemons and 5-10 junior Julie Hillhouse. Lemons is scoring at 13 points a game and is averaging around eight rebounds. Hillhouse is averaging around 10 points and six rebounds per contest.

"Traci is shooting 61 percent from the field and Julie is shooting 50 percent, so these girls are getting good shots at the basket and they're making them," Porter said.

Jill Brown, a 5-0 senior at point guard, gives the Does quickness and leadership. She's a track star who finished third in the 110

high hurdles at the state meet last year.

"Jill has done a great job of learning how to control that speed and work our offense," Porter added.

Tara Cox, a 5-4 senior, and Shelly Turner, a 5-5 junior, round out the starting lineup. Cox leads the team in 3-point goals and Turner is shooting 54 percent from the floor.

"They've both done a great job of shooting the ball in several games," Porter said.

White Deer's ability doesn't end with the first five. Seniors Misty Roach, Brenda Appel and Traysha Wells are valuable reserves.

"Misty has been playing with a lot of poise lately. I put Brenda in when we need somebody to hit from outside," Porter said.

"Traysha played well in the first two district games.

She came off the bench against Lefors and scored eight points in one quarter. That really helped us out."

Porter, who has been coaching for a dozen years, felt the Does had to overcome a psychological problem in the first few games.

"I felt like we weren't handling pressure very well, but at this point I'm satisfied that we are," he pointed out.



(Staff Photo)

Traci Lemons (51) leads the Does in both scoring and rebounding.

## Amazin' Jackson paces 16th-ranked LSU to victory

By The Associated Press

LSU All-America Chris Jackson is only a sophomore, but he's seen it all. In fact, he saw most of it this weekend.

And neither Florida's slow-down tactics nor Nevada-Las Vegas' box-and-one were able to keep Jackson from his appointed rounds — namely, leading LSU to victory.

The 16th-ranked Tigers had a wild weekend, defeating Florida 70-52 on Saturday as Jackson led a six-minute, game-ending 21-2 outburst, and outlasting No. 5 UNLV 107-105 on Sunday as Jackson shredded the Runnin' Rebels for 35 points.

"I let myself get out of my own rhythm," Jackson said of Saturday's performance in which he scored eight of his 21 points as LSU turned a 50-49 deficit with 5:54 remaining into a runaway triumph. "It was a slow-paced game and we like to play up-tempo."

On Sunday, the rhythm

was back.

"Coach (Dale) Brown told me to turn loose and do the things I like, so I started running the baseline and getting some open shots," Jackson said.

In other Sunday games, it was No. 8 Duke 88, co-No. 13 Georgia Tech 86; No. 21 Minnesota 108, No. 12 Indiana 87.

On Saturday, it was No. 1 Missouri 104, Colorado 89; No. 2 Kansas 85, Kansas State 57; No. 11 Syracuse 95, No. 3 Georgetown 76; DePaul 66, No. 4 Louisville 62; No. 6 Arkansas 109, Alabama-Birmingham 95; No. 7 Michigan 65, Michigan State 63; No. 9 Oklahoma 109, Oklahoma State 92; No. 10 Illinois 92, Ohio State 81; co-No. 13 Purdue 80, Iowa 59; No. 20 Connecticut 72, No. 15 St. John's 58; No. 23 UCLA 94, No. 17 Oregon State 80; No. 18 La Salle 98, Fordham 72; Pitt 100, No. 19 Arizona 92; No. 22 Loyola Marymount 98, Gonzaga 88; No. 24 Alabama 78,

Auburn 59; and No. 25 Xavier of Ohio 81, Butler 57.

In Saturday's game, LSU took the lead for good when Stanley Roberts hit a turnaround, Jackson made a pair of free throws and then laid in a finger roll off a fastbreak. Renaldo Garcia led Florida with 13 points, including the Gators' only points in the final six minutes, a pair of free throws with 1:24 remaining.

On Sunday, LSU trailed UNLV 76-70 with 12:24 left when Brown inserted a three-guard lineup. Shaquille O'Neal hit two field goals from inside, then Jackson and Maurice Williamson hit three 3-pointers and LSU took the lead for good, 82-79, at the 8:20 mark. Williamson finished with 35 points.

Anderson Hunt led UNLV with 31 points, Larry Johnson had 27 and David Butler 22.

LSU trailed 27-13 in the first half but outscored UNLV 45-22 the remainder

of the period. Jackson had 21 points in that stretch.

"Their zone really bothered us in the first half," UNLV coach Jerry Tarkanian said. "The only thing that bothered us more was Jackson's and Williamson's shooting."

Both teams are 14-4. No. 1 Missouri 104, Colorado 89

Missouri took control early, rolling to a 19-3 lead as Anthony Peeler and Nathan Buntin each scored seven points. They finished with 26 and 25, respectively.

Colorado cut the lead to 61-55 with 14:16 left when Brad Sutton's five points sparked a 10-0 Missouri run. An 8-0 run shortly thereafter made it 83-66. Steve Wise led Colorado with 24 points and Reggie Morton added 22.

No. 2 Kansas 85, Kansas St. 57

Kansas became the first Division I team with 20 victories as Terry Brown scored 21 points.

## Razorbacks making strong bid to sweep SWC

By DENNE H. FREEMAN  
AP Sports Writer

DALLAS (AP) — The Arkansas Razorbacks are making a strong bid to sweep unbeaten through the Southwest Conference basketball race, but they still face a dangerous game in Austin next Sunday against the high-scoring Texas Longhorns.

The No. 6 ranked Razorbacks beat Texas 108-100 last Thursday in Fayetteville on national television (ESPN) and will meet the Longhorns again before the national TV cameras (ABC) at 1 p.m. in the Super Drum.

Arkansas defeated Alabama-Birmingham 109-95 on Saturday night in a non-conference road game as Todd Day scored 25 points. The Hogs are 17-2 overall and 8-0 in league play.

In other games: —Texas stayed in second place with a 96-84 victory over Rice while leading scorer Travis Mays sat on the bench with a finger injury.

—Houston downed Texas A&M 108-90 in interim coach John Thornton's first loss.

—Southern Methodist handed Texas Tech its eighth straight league loss with a 52-44 victory.

—Baylor won its first league

game in two-year-old Ferrell Center with a 63-60 victory over Texas Christian.

Texas is 7-1 in SWC play followed by Houston at 5-3, Rice 4-3, Texas A&M 3-4, TCU 3-5, Baylor and SMU 2-5 and Tech 0-8.

In another big league game this week, Houston is at Texas for a nationally televised (6:30 p.m. ESPN) game with the Longhorns on Tuesday.

On Wednesday, Baylor is at SMU, Texas A&M is at Texas Tech, and Arkansas is at Rice.

On Saturday, SMU is at TCU in a noon (Raycom TV) game and Baylor is at Texas A&M.

It's been a tough season for Tech coach Gerald Myers whose teams have played in more SWC Post-Season Classic games (22) than any other school.

Myers was so upset at the Red Raiders loss to the Mustangs that he threw his towel in the stands and closed the lockerroom.

However, he came out and said no team can commit 19 turnovers and live to tell about it.

"It was the same old story," Myers said. "I didn't think anybody wanted to talk to my guys, the way they played."

Texas proved it could play without Mays.

"Travis is our MVP and

we're a good team with him, but we're not bad without him," said Texas coach Tom Penders.

Baylor got its long-awaited first win in its new arena and Bears coach Gene Iba did it against his cousin, Moe Iba, coach of the Horned Frogs.

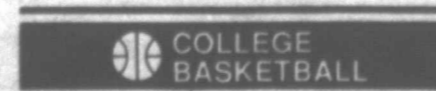
"I don't enjoy beating him and I don't think he enjoys beating me," Gene Iba said. "Families should never have to play each other but that's what we are paid to do.

"As far as winning at Ferrell, I'm happy, but I don't care where we get a win. We can get them on the moon as far as I'm concerned," he said.

Houston had its best performance of the year in beating A&M.

"We might have played our best offensive game," said Houston coach Pat Foster. "I don't know how good we are. I hope we're finally getting it together."

Thornton said "We knew Houston was capable of playing that way. I'm just sorry they did it against us."



### Public Notice

**NOTICE TO BIDDERS**  
Sealed proposals addressed to the Mayor and City Commissioners of the City of Pampa, Texas will be received at the office of the City Secretary, P.O. Box 2499, Pampa, Texas 79066-2499, until 3:00 p.m., February 19, 1990, for furnishing all necessary materials, machinery, equipment, superintendency and labor for "SEAL COATING STREETS, 1990" on approximately 337,425 yards of principally residential streets. Bids shall be enclosed in a sealed envelope marked "BID ON 1990 SEAL COATING STREETS PROGRAM, PROJECT NO. 90.05." The City Commission will award the seal-coating project February 27, 1990, at the Regular Session at 6:00 p.m. Bidders shall submit their bids of the form attached to the Specifications and must submit therewith a Cashier's or Certified Check issued by a bank satisfactory to the Owner, or a Bid Bond payable without recourse to the order of Richard Peet, Mayor, in an amount not less than 5% of the bid submitted on the project as a guaranty that the Bidder will enter into a contract and execute bonds in the forms provided within ten (10) days after notice of award of contract to him. The successful Bidder must furnish performance and payment bonds on the forms attached to the Specifications in the amount of 100% of the total contract price from a Surety Company approved by the Owner holding a permit from the State of Texas to act as Surety or other Sureties acceptable to the Owner.

### Public Notice

**NOTICE OF SHERIFFS SALE**  
THE STATE OF TEXAS  
COUNTY OF GRAY  
By virtue of an Order of Sale issued out of the Honorable 223rd Judicial District Court of Gray County, on the 9th day of January by the Clerk thereof, in the case of CITY OF McLEAN VS ANITA JOYCE CARR Cause #1357 and to me, as Sheriff, directed and delivered, I will proceed to sell, at 11:30 o'clock a.m. on the 6th day of February, 1990 which is the first Tuesday of said month, at the Official door of the Courthouse of said Gray County, in the City of Pampa Texas, the following described property, to wit: Tract 1, LOTS ELEVEN (11), TWELVE (12), THIRTEEN (13), FOURTEEN (14), AND FIFTEEN (15), BLOCK FIFTY-THREE (53), ORIGINAL TOWN OF McLEAN, GRAY COUNTY, TEXAS. Levied on the 10th day of January 1990 as the property of ANITA JOYCE CARR AND HUSBAND, EARL M. CARR to satisfy a judgment amounting to \$1,617.47 with interest from the 8th day of November, 1989 at 10 per cent, per annum, and all costs of suit in favor of McLEAN INDEPENDENT SCHOOL DISTRICT, CITY OF McLEAN AND GRAY COUNTY. Given under my hand this 10th day of January 1990  
Jimmy Free  
Sheriff/Constable  
Gray County, Texas  
By Sue Matthew  
Deputy  
A-9 Jan. 15, 22, 29, 1990

### 2 Museums

**WHITE Deer Land Museum:** Pampa. Tuesday through Sunday 1:30-4 p.m., special tours by appointment.  
**PANHANDLE Plains Historical Museum:** Canyon. Regular museum hours 9 a.m. to 5 p.m. weekdays end 2-6 p.m. Sundays at Lake Meredith Aquarium & Wildlife Museum. Frick. Hours 2-5 p.m. Tuesday and Sunday, 10 a.m. to 5 p.m. Wednesday through Saturday. Closed Monday.  
**SQUARE House Museum:** Panhandle. Regular Museum hours 9 a.m. to 5:30 p.m. weekdays and 1-5:30 p.m. Sundays.  
**HUTCHINS ON County Museum:** Borger. Regular hours 11 a.m. to 4:00 p.m. weekdays except Tuesday, 1-5 p.m. Sunday.  
**PIONEER West Museum:** Shamrock. Regular museum hours 9 a.m. to 5 p.m. weekday, Saturday and Sunday.  
**ALAN RYDING McLean Area Historical Museum:** McLean. Regular museum hours 11 a.m. to 4 p.m. Monday through Saturday. Closed Sunday.  
**Old Mobeetie Jail Museum:** Monday-Saturday 10-5. Sunday 1-5. Closed Wednesday.

### 3 Personal

**MARY Kay Cosmetics,** free facials. Supplies and deliveries. Call Dorothy Vaughn, 665-5117.  
**BEAUTICONTROL** Cosmetics and SkinCare. Free Color analysis, makeover and deliveries. Director, Lynn Allison. 669-3848, 1304 Christine.  
**ALCOHOLICS ANONYMOUS** 1425 Alcock, Monday, Wednesday, Thursday, Friday 8 p.m. Tuesday, Thursday 5:00 p.m. Monday thru Saturday 12 noon. Call 665-9104.  
Al-Anon Group I meet Tuesday, Saturday 8 p.m. 1900 W. McCullough, west door, 665-3192.  
NYLYNN Cosmetic by Jo Puckett. Free makeover, deliveries. 665-6668.  
OPEN Door Al-Anon Monday, Wednesday 8 p.m., Tuesday 5:15 p.m., Thursday 12 noon, 1425 Alcock. 669-3988 or 665-1209.

### Public Notice

**NOTICE OF SHERIFFS SALE**  
THE STATE OF TEXAS  
COUNTY OF GRAY  
By virtue of an Order of Sale issued out of the Honorable 223rd Judicial District Court of Gray County, on the 9th day of January by the Clerk thereof, in the case of CITY OF McLEAN VS MYRLE NORMAN Cause #1357 and to me, as Sheriff, directed and delivered, I will proceed to sell, at 11:30 o'clock a.m. on the 6th day of February, 1990 which is the first Tuesday of said month, at the Official door of the Courthouse of said Gray County, in the City of Pampa, Texas, the following described property, to wit: Tract 1: LOTS ELEVEN THROUGH TWENTY (11-20), BLOCK TEN (10) ORIGINAL TOWN OF McLEAN, GRAY COUNTY, TEXAS. Levied on the 10th day of January 1990 as the property of MYRLE W. NORMAN AND IRENE H. NORMAN to satisfy a judgment amounting to \$2,090.75 with interest from the 8th day of November, 1989 at 10 per cent, per annum, and all costs of suit in favor of McLEAN INDEPENDENT SCHOOL DISTRICT, CITY OF McLEAN AND GRAY COUNTY. Given under my hand this 10th day of January 1990  
Jimmy Free  
Sheriff/Constable  
Gray County, Texas  
By Sue Matthew  
Deputy  
A-8 Jan. 15, 22, 29, 1990



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**The Pampa News**



# Young Muscovites learning principles of capitalism under the golden arches

By ANN IMSE  
Associated Press Writer

MOSCOW (AP) — Fur-hatted Muscovites have been peering through the construction fence for weeks at the

glowing golden arches shimmering in the winter gloom.

A glittering McDonald's is just about to open, and it offers more than a Big Mac and fries — although that's a lot in a country of food shortages.

The McDonald's also is a first taste of what Mikhail S. Gorbachev's perestroika can offer. It is capitalism and consumerism in the middle of Moscow. It's Western efficiency, friendly service, a clean, brightly lit place to eat — things Communism hasn't offered many Soviet citizens.

The grand opening is Wednesday, and 18-year-old Oleg Mukhin is learning how to smile.

"We're supposed to smile all the time — people will think we've gone loony!" said Mukhin, one of the 630 people hired to run the restaurant.

They also are being drilled in such strange Western habits as actually greeting customers and saying, "Thank you."

The restaurant near Pushkin Square was 14 years in the planning, but Gorbachev's encouragement of warmer East-West relations, foreign investment and modernization made it possible.

If all goes well, McDonald's will show some Soviet people that life is not all dim cafeterias with greasy tables where rice and fatty meat are sold by surly workers.

McDonald's, says Mukhin, "is for people to see how it's possible to live."

It may also teach Mukhin something he thinks he needs to know for his future. "Where else can you study capitalism and get paid for it?" he asks.

Unlike nearly every other foreign firm that has come to Moscow since the Cold War started warming up, McDonald's will be for Soviet citizens, not just privileged foreigners with hard currency.

McDonald's of Canada says it spent \$50 million to enter the Soviet market, building not just a restaurant but its own dairy, bakery, sauce kitchens and meat-processing plant to ensure steady supplies, primarily from

Soviet sources.

George Cohon, chairman of McDonald's of Canada and the man behind this 14-year quest, said customers will pay about three rubles — about two hours' pay for an average Soviet worker or a starting McDonald's employee — for a famous "Beeg Mak."

But even the king of the fast-food franchises can't promise Muscovites a quick bite to eat. Police Maj. Gen. Nikolai Myrikov, better known in the neighborhood for directing roundups of dissidents on Pushkin Square, stopped by last week to plan crowd control for a line expected to stretch so far that it will take a couple of hours to get to the door.

Still, it will be a "real" line in Soviet parlance, a line that moves, as opposed to the dozens that just keep people waiting forever, such as the 17-year wait for a phone. As the biggest McDonald's in the world, it is designed to serve 1,250 people an hour.

A second McDonald's, out of a planned 20, will sell for hard currency and cater to a foreign community that would rather pay more than stand in line.

The hamburger chain also will give hundreds of young people unique experience in the management and sales techniques of the capitalist West:

— Don't ask the customer if he or she wants a large or a small drink, a youthful Soviet crew chief tells his trainees. Say, "Large?" to encourage greater spending, he explains.

— Everyone learns every job in the store, something that would boggle the mind of the Aeroflot cashier who is incapable of quoting a price on a flight because her only job is accepting money.

— "If I want to take a screwdriver from the storeroom, I don't need six papers and five signatures," marveled dairy manager Alexander Omenchenko.

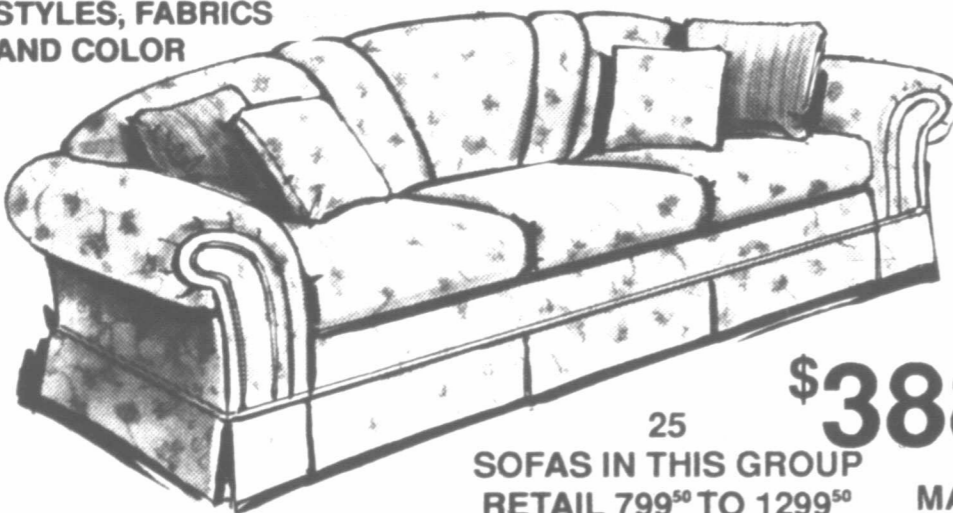


(AP Laserphoto)

One of the budding Soviet managers of the Moscow McDonald's, which will open Wednesday, shows staff how to package a meal for customers.

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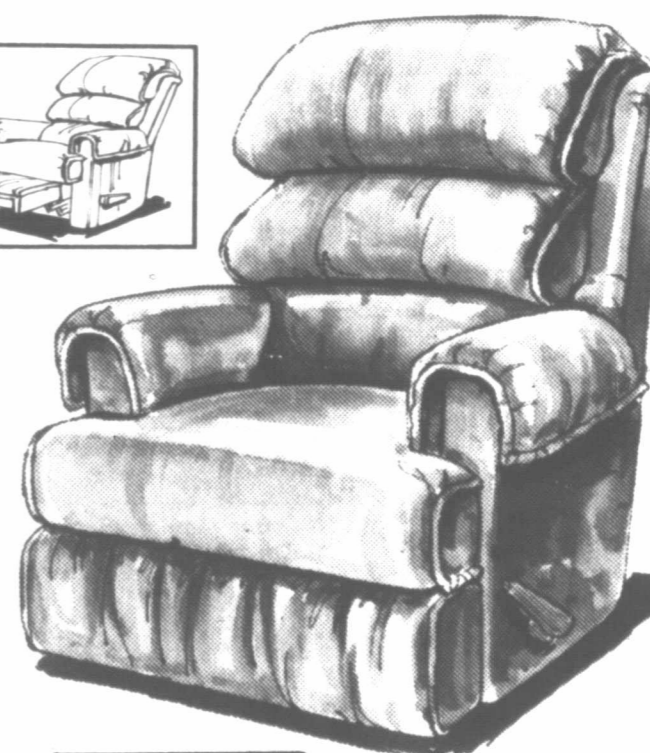
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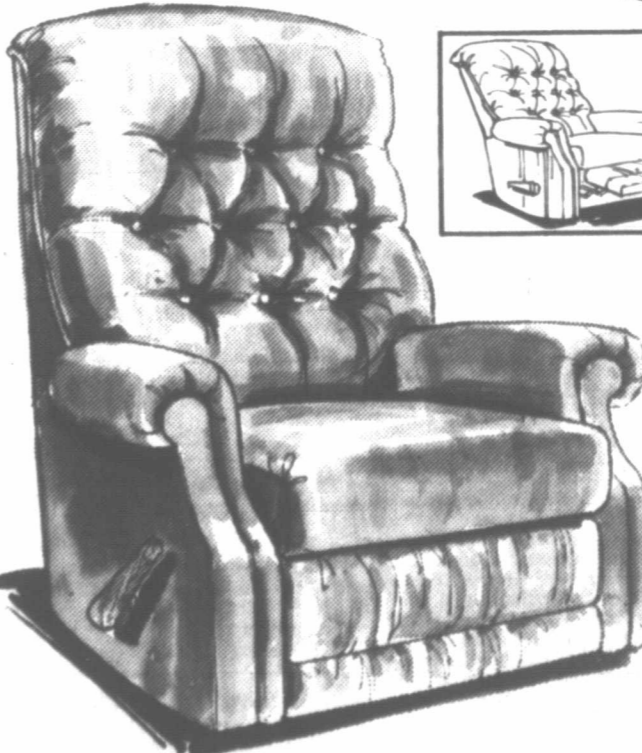
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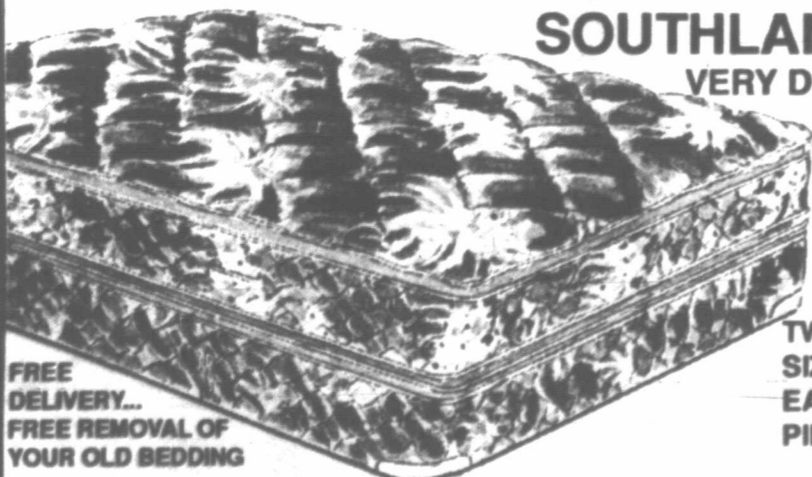
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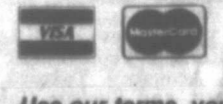
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