









# Reagan remains vigorous, skeptical on end of cold war

By JEFF WILSON  
Associated Press Writer

LOS ANGELES (AP) — On the eve of his 79th birthday and a year after leaving the White House, former President Reagan says he's keeping in shape by pumping iron daily and trimming trees with a chain saw.

Reagan remains busy on the speaking circuit, delivering speeches on issues dear to him, such as a balanced budget amendment and line-item veto power for the president in dealing with budget issues.

Reagan, whose birthday is Tuesday, has embraced an active retirement, saying he loves his return to California.

Discussing his personal life Friday in an interview with The Associated Press, Reagan pointed to the Pacific Ocean and Channel Islands visible from his 34th-floor office in the Century City section.

"I've always said that a Californian who is forced to

live away from California lives in a state of perpetual homesickness," he said, adding, "It isn't a place, it's a way of life."

Age hasn't diminished Reagan's love of a self-deprecating joke.

"I prefer to think of it as the 40th anniversary of my 39th birthday," Reagan quipped.

He attributed his health to daily weight lifting in his basement gym and trimming trees during monthly trips to his Santa Barbara County ranch.

He's been swinging axes, gripping chain saws "and even pole saws," on the majestic oaks surrounding his mountaintop retreat 120 miles northwest of Los Angeles.

"Now you can sit there on the patio and look up there at a grove of trees visible from the house and you're not only seeing those gnarled trunks but you're seeing the dappled sunshine in there, and the sky through the trees," he said.

Since brain surgery last year after he was thrown

from a horse in Mexico, Reagan's hair has grown back — still black but with a more pronounced touch of gray. He's also riding again.

"Nothing is so good for the inside of a man as the outside of a horse," he said.

The former president said he and wife, Nancy, now own a \$2.5 million home in the Bel-Air community. It was originally purchased by friends for the couple's return to California.

Although his outlook about California is sunny, Reagan's view about prospects for an end to the Cold War is somewhat darker. He lauded Time magazine's choice of Soviet leader Mikhail Gorbachev as "Man of the Decade," but said there is danger when foreign policy depends on the success of one man.

If Gorbachev prevails in his reforms, an era of better relations between East and West might be in sight, he said.

"I think we see something on the horizon, but we

also have to remember this is the work of a man who can be dismissed by the Communist Party if they see their way clear to do it," Reagan said.

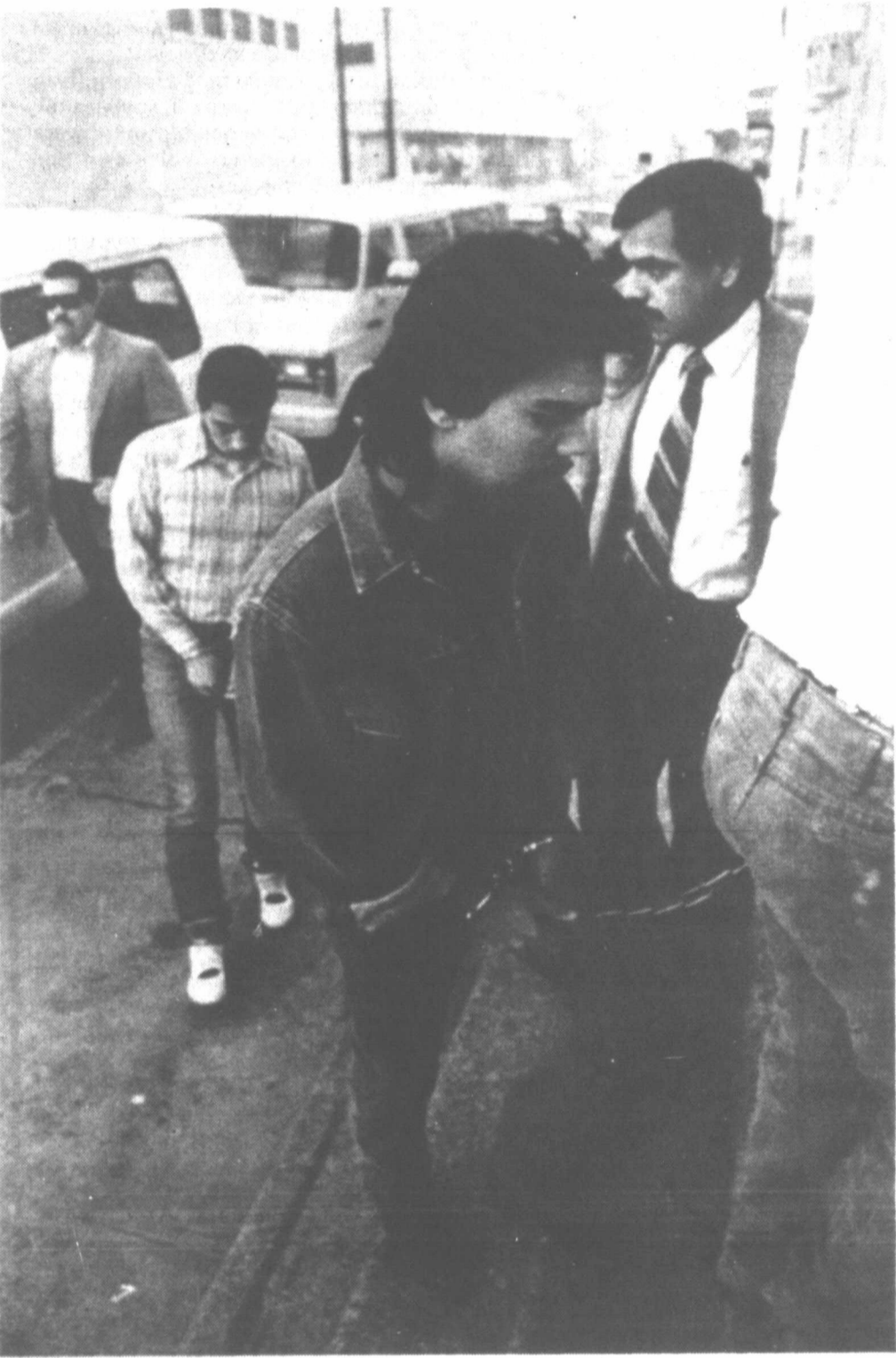
"We have to know that permanent changes have been made before we can say everything is in the clear and the Cold War is over."

A major heartache during Reagan's administration was the capture of Americans in Lebanon, he said. Held longest of the eight Americans is Terry A. Anderson, chief Middle East correspondent of The Associated Press, who was abducted March 16, 1985.

Reagan is optimistic the hostages would eventually be freed.

"I have lived with that kind of hope," he said. "I think the obligation of the entire country is to come to the rescue of any American who in any other part of the world is being denied the constitutional rights this country guarantees its people."

He declined to discuss aspects of the Iran-Contra scandal, citing pending litigation.



(AP Laserphoto)

**Federal prisoners line up to enter Federal Court in Brownsville on Jan. 30.**

## Drug war crowds civil cases off docket

By JAMES PINKERTON  
Austin American-Statesman

BROWNSVILLE (AP) — Attorney Richard Arroyo's file on civil case B-87-232 is covered with dust.

He represents Margarita Turcios, whose husband fell off a shrimp trawler and drowned in the Gulf of Mexico in 1984. Mrs. Turcios now works as a maid to support her three children.

A wrongful death lawsuit against the boat's owner has been pending in federal court in Brownsville since 1987 — and there is little hope it will be heard anytime soon.

"Last year, I was not able to get a single civil case tried, and I must have been appointed to eight criminal cases," Arroyo says. "That's true of a large number of lawyers down here."

Up and down Texas' border with Mexico, there is a logjam in the U.S. district courts: Dockets are clogged with criminal cases — most involving drug smuggling. And by law, those cases must be heard before civil matters.

Last year, for example, 1,900 criminal cases were filed in the Southern District of Texas, which includes Houston, Corpus Christi and the Rio Grande Valley. That's nearly as many cases as were filed in Miami (1,175) and Los Angeles (900) combined.

The result is injustice, says U.S. District Judge Filemon Vela, who took over the Brownsville docket in 1980 and has 355 civil cases and 530 criminal cases.

"I tried a few civil cases during 1989," Vela said. But he added: "You have to slip them in, and they defer to a criminal case. They play second fiddle, because it's not something that is just available — a day in court."

Civil litigants aren't the only ones who suffer. Judges say the growing number of criminal cases forces them to whisk through complex criminal trials. Under the Speedy Trial Act, criminal cases must proceed according to a strict timetable or face dismissal.

"Every day this week, I will be sentencing anywhere from five to seven people — and that's because this is an easy month. And in addition, virtually every day I'll be in the courtroom in trial," Vela said.

The Washington, D.C., office that administers the federal courts has asked Congress to create 76 new judgeships, including five in Texas. Vela's boss — Judge Charles Clark of the 5th U.S. Circuit Court of Appeals — sees a need for 150 more judges.

In addition, he says the Bush administration should fill the 61 vacancies on the federal bench, including two in South Texas. The process for appointing judges has been painfully slow.

In 1988, for instance, Gabrielle McDonald resigned as a federal judge in the Southern District of Texas. Last week, President Bush finally nominated a successor — John Rainey, a state district judge near Houston. Rainey is awaiting confirmation by the U.S. Senate.

There is an immediate need, Clark said, for another 10 to 20 federal judges to handle cases generated by the government's crackdown on drugs.

"This request is not based on any predicted needs. It's based on current, demonstrated needs of actual filings and backlogs," he said.

"When the administration declared war on drugs, they put additional people in the Drug Enforcement Administration and customs to catch people that violated drug laws, they put additional U.S. attorneys into the offices to prosecute them, but they have not put additional judges to handle the caseload."

Of the 11 judicial circuits, the 5th — which includes Texas, Louisiana and Mississippi — has the most civil cases pending, Clark said. "And we're not nearly as large as the West Coast circuit, called the 9th Circuit."

One reason for the backlog is that fewer plea bargains take place because defendants are demanding jury trials.

In 1987, the federal government introduced guidelines for mandatory sentences in drug cases, eliminating the discretion judges traditionally had to grant a reduced sentence

or probation in exchange for a guilty plea.

For example, under the guidelines, possession of 100 kilos (220 pounds) of marijuana draws a minimum sentence of five years in prison.

"The guidelines have taken out the flexibility in sentencing," said Mark Dowd, an assistant U.S. attorney in Laredo.

"The practical result is many more trials. Now the defendant has no reason to try and plead out and get a real sweet deal, because you can't get a real sweet deal. So he takes his chances with a jury, and if he loses, he goes to prison.

"Most of our cases are dope cases, and most of those are mandatory five-year sentences or more," Dowd said. "We'd love to plead them to that, but nobody will do that, so we have to try them."

In 1989, there were 655 felony cases filed in Laredo, which has one federal judge.

"We've got another judgeship authorized, a couple of years ago," Dowd said. "But Congress never funded it."

Two years ago, the government established a federal court in McAllen, which handles the criminal cases of neighboring Starr County, an area long associated with drug smuggling.

U.S. District Judge Ricardo Hinojosa of McAllen presides over a criminal caseload that reached 717 cases in 1989, more than Brownsville or Laredo. Hinojosa, 39, says things have become hectic at the courthouse.

"Last year I was unable to set any civil cases for trial," he said. "There were too many criminal cases going to trial."

Like other judges in far South Texas, Hinojosa has watched a steady buildup in U.S. drug, customs and immigration agents, along with federal prosecutors. But the federal courts in Brownsville, McAllen, Laredo and Corpus Christi still have only one judge each.

"It has gotten to the point," Hinojosa said, "where it is physically impossible for the four federal judges to be able to handle the criminal docket at the same time we are trying to handle the civil docket."

## Home affordability gap continues to grow, study finds

CHICAGO (AP) — Home buyers last year waited longer to buy their dream house because prices rose faster than their incomes, the 14th straight year the gap has widened, a study found.

The Chicago Title & Trust Co. said its annual survey of home buyers in 18 urban areas showed that the majority of 1989 home buyers were two-income couples who saved for an average of 2.9 years — the longest period in the survey's 14-year history — before having enough money for a down payment.

The study "documents that working couples have been the major factor influencing home affordability in this decade," said John Pfister, Chicago Title vice president in charge of marketing research.

The study, the only national

home buyers survey embracing all types of home sales throughout the year, was based on telephone interviews of more than 1,500 people, according to Chicago Title, the country's largest title-insurance company.

Nationally, the median home price — which historically reflects a price that most people would pay — rose 6.4 percent last year to \$129,800, while the median household income of 1989 home buyers rose 6.3 percent to \$58,700, the survey found.

The median home price is the

midpoint with an equal number of homes selling for more and less.

The gap was smaller than in recent years, but when considered with the gaps since the first Chicago Trust survey in 1976, the difference between income gains and home-price increases grew a total of 6.5 percent over 14 years.

"Those buying houses today have noticeably fewer discretionary dollars to spend on things other than housing than their counterparts did 13 years ago," Pfister said.

Chicago Title said 79.3 percent of all 1989 home buyers were two-

income families compared with 73.3 percent in 1988 and 53.1 percent in 1976.

Among first-time home buyers, 86.8 percent were two-income families, compared with 85.5 percent in 1988 and 64 percent in 1976.

The segment of first-time home buyers purchasing newly constructed homes dropped to 17 percent from 23 percent in 1988, while the number buying existing single-

family homes rose to 83 percent from 77 percent.

"What this tends to suggest is that the first-time buyers, in general, were increasingly priced out of the new home market last year and opted for older, less expensive houses instead," Pfister said.

San Francisco remained the most expensive metropolitan housing market in 1989, the survey found, with a median home price of

\$199,900, up 11.2 percent from 1988.

At the low end, the median home price in Cleveland last year was \$75,800, down 1.3 percent from 1988.

The median home price in Memphis jumped 18.1 percent last year to \$92,000, while the median price of a home in New York City fell 13.7 percent to \$166,200.

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Pampa Mall

## Study suggests meditation lengthens lives of elderly

By MALCOLM RITTER  
AP Science Writer

NEW YORK (AP) — Elderly people who were taught Transcendental Meditation lived longer than their peers in a new study that experts called the first direct scientific evidence that meditation can prolong life.

The technique worked better than two others for lowering blood pressure and improving several aspects of mental function as well as extending lifespan, researchers reported.

"It's a rather dramatic finding," said psychologist Arthur Aron of the University of California at Santa Cruz, who was familiar with the work. "I think it's very impressive."

Two other psychologists who study meditation said they suspect the outcome was due to factors other than Transcendental Meditation itself.

They also suggested that other techniques might do as well or better.

The work, done at Harvard University, is presented in the December issue of the *Journal of Personality and Social Psychology*, which is published by the American Psychological Association.

The study included 73 volunteers, with an average age of 81, from eight homes for the elderly. They were assigned randomly to learn Transcendental Meditation, another technique called mindfulness training, a simple relaxation program, or no training at all.

Three years later, all 20 of those taught Transcendental Meditation were still alive.

Survival rates in the other groups were 88 percent, 65 percent and 77 percent, respectively.

Transcendental Meditation, or TM, was taught in the 1960s and '70s by the Indian Maharishi Mahesh Yogi, a guru to the Beatles and other celebrities.

TM induces a "distinctively deep state of rest" while the mind is alert but "in a very settled, quiet state," said study co-author Charles Alexander, now an associate professor of psychology at Maharishi International University

in Fairfield, Iowa.

The mindfulness training used in the study was not the Buddhist technique of the same name. Instead, it was designed to stimulate creation of ideas or new perspectives through a verbal exercise and a challenge to think about topics in new and creative ways.

Each technique was practiced for 20 minutes twice daily with the eyes closed during the 12-week experiment.

Alexander attributed the study's outcome to TM's combination of high wakefulness, which he said combats atrophy of the mind and so the body, and deep restfulness, which he said releases stress from the nervous system and leads to reduced "wear and tear" on mind and body.

He said the study suggests TM should be combined with standard Western medicine, not replace it.

Some other meditation researchers suggested different explanations for the outcome.

Michael Maliszewski, director of behavioral medicine at the Diamond Headache Clinic in Chicago, said TM instructors may have differed from the instructors of the other techniques in terms of motivation or other factors that could have given their teachings more impact.

The TM group had fewer dropouts than the other groups, he noted.

Alexander replied that a survey covering most dropouts found their decision had nothing to do with the quality of the instructors.

Jonathan C. Smith, director of the Roosevelt University Stress Institute in Chicago, said the result could have come from combining relaxation with the idea of connecting to something larger than oneself, TM's notion of a consciousness underlying all beings.

Any relaxation technique with what he called such religious undercurrents might have done as well, he said.

Alexander said instructors for each of the techniques strongly downplayed philosophical considerations in the training.

Only one TM student said he perceived TM in spiritual terms, Alexander said.

## Olive oil linked to lower blood pressure

By BRENDA C. COLEMAN  
Associated Press Writer

CHICAGO (AP) — Olive oil, a food already anointed with cholesterol-lowering charisma in a health-conscious age, appears to also lower blood pressure and blood sugar, say doctors who studied almost 5,000 Italians.

By contrast, consumption of butter and other saturated fats was found to be associated with higher blood cholesterol, blood pressure and blood sugar, the doctors reported in the *Journal of the American Medical Association*.

"The message is not new, in a sense," said the lead researcher, Dr. Marzio Trevisan, associate professor in medicine at the State University of New York at Buffalo.

Doctors have been telling people that a diet low in saturated fats will help lower the risk of developing heart disease, he noted.

But olive oil, a form of unsaturated fat with proven cholesterol-lowering ability, may have "an overall impact on coronary risk that is much stronger than we expected," Trevisan said in a telephone interview.

Saturated fats, derived largely from meat, dairy products and coconut and palm oils, are usually solid at room temperature. Polyunsaturated fats, made from vegetable products, usually

are liquid at room temperature.

The polyunsaturates — like the monounsaturates, including olive oil — are blood-cholesterol reducers and help protect the body against heart disease.

Researchers analyzed data on 4,903 healthy Italian men and women ages 20 to 59 in a study exploring traits linked to atherosclerosis, a thickening of the arteries due to a buildup of fatty deposits, which causes more deaths in the United States than any other condition.

The study was conducted at nine medical centers throughout Italy. People were questioned about their eating habits and were tested for levels of blood cholesterol, blood pressure and blood sugar.

Levels of saturated fat consumption were found to differ up to 40 percent, with the lowest levels in the south, where people eat a diet high in olive oil, vegetables and starches traditional to the Mediterranean.

In northern Italy, people consume more butter and margarine was associated with significantly higher levels of blood sugar, increased blood pressure and increased blood-cholesterol levels, the study said, though the link was statistically significant only in men.

Whether elevated blood sugar levels play a role in heart disease is unclear and is under intensive study, Trevisan said.

Diabetes, in which the body fails to process blood sugar properly, is known to be linked with heart disease, but subjects in the Italian study all had blood-sugar levels in the normal range, rather than in the diabetic range.

Italians who consumed more olive oil had significantly lower levels of systolic blood pressure (pressure during the heart's contraction), and of blood sugar and blood cholesterol, researchers said.

"I don't want to come out as a salesman for olive oil," Trevisan cautioned. "I think the results are exciting and interesting, but ... a number of studies need to be done."

Dr. Scott M. Grundy, director of the Center for Human Nutrition at the University of Texas Southwestern Medical School in Dallas, agreed.

"I'm very loath to draw conclusions from epidemiology (population studies), especially when there's not a broad base of epidemiological data," he said in a telephone interview.

The Italian study found that diets high in other polyunsaturated oils — corn oil, soybean oil, sunflower oil and mixed vegetable oil — were linked significantly to lower cholesterol and blood-sugar levels in both sexes.

## Dallas woman wages solo campaign for military spending cuts

By CHRISTINE WICKER  
The Dallas Morning News

DALLAS (AP) — Marjorie Weston Meyers is a one-woman guerilla unit waging media combat in the cause of peace. At least that's the way she sees it.

Her weapons, five fluorescent billboards, can be seen in various parts of Dallas. She put them up to coincide with President Bush's State of the Union message last week.

They say in big letters across the top: Cut Military Spending! Then underneath are the words: Feed. Educate. House. And then, in big letters again: America. Printed at the very bottom of the billboard is the sponsor of the message: Women's Action for Nuclear Disarmament.

That's Mrs. Meyers. The 35-year-old wife of a physician and mother of a young son is the Dallas chapter of Women's Action for Nuclear Disarmament. There once were other members. Four years ago, they helped her mount a peace campaign that included billboards in Dallas, as well as national television and radio spots.

But now, she's the only Dallas member of the committee left.

Which is unfortunate for her, but not incapacitating.

The need for peace advocates to speak out has never been greater, she says. She believes that the Bush administration's promises to cut military spending amount to nothing more than a freeze. But a lot of people don't know it, she says; and so, Mrs. Meyers applied for a small grant from Operation Real Security, a peace advocacy group in Tempe, Ariz. The grant allowed her to print the billboard messages.

Harrington and Associates billboard company is donating the space. Such largesse is a routine part of the billboard industry's public service efforts. But even so, finding a company that would allow a message about peace to be put on its billboards was a difficult task.

For the campaign four years ago, "I called every single company in town," she says. "Everybody turned me down."

Finally, she reached Mike Harrington. He agreed. "When I asked him why he was letting me do it, he just pointed around the room at pictures of his children and grandchildren, and said, 'That's why.'"

Harrington has since died, and so Mrs. Meyers didn't know if she

would be allowed to put up more billboards. But when she called the company, she was put through to Harrington's son-in-law, Jim Ramsey. Ramsey, now president of the company, agreed immediately.

"She had a lot of positive things to say," says Ramsey, "about food and housing and education. To me it became a matter of an open feeling about what America was capable of."

She included the name of the Women's Action for Nuclear Disarmament at the bottom of the billboards because the Dallas group still has hope of life, she says.

The organization has a phone number, with an answering machine at the end of it. And it has a Yellow Pages listing — under Peace Organizations.

"It took forever to get them to let us in the Yellow Pages," she said.

If enough women respond to the billboards, a trainer from the national office of Women's Action for Nuclear Disarmament will come to Dallas to train them, Mrs. Meyers says.

But perhaps the real reason she wanted the name of the women's action group on the billboards was because she believes cutting defense spending is a woman's issue. The billboards are really directed at them, she says.

"It's for women and children, and it's to say to women, 'You've got to speak up. This money should go to you and your children. You are the ones who've really lost out.'"

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- Flatware
- NRI
- China
- Christmas Items
- Ursula
- Candles
- Purses
- Kasper Suits
- Silk Flowers
- And Much Much More



# Today's Crossword Puzzle

**ACROSS**

- 1 Most bleak
- 7 Jaunty
- 13 Aviation hero
- 14 In good working order
- 15 Rayne
- 16 Henchman
- 17 Incline the head
- 18 Gingeng plant
- 20 — Moines
- 21 Dress
- 25 Once famous person
- 28 Divisions
- 32 Leavening agent
- 33 Nevada lake
- 34 Sorrow
- 35 Stage whisper
- 36 — nous
- 37 Is present at
- 39 Consecrated

**DOWN**

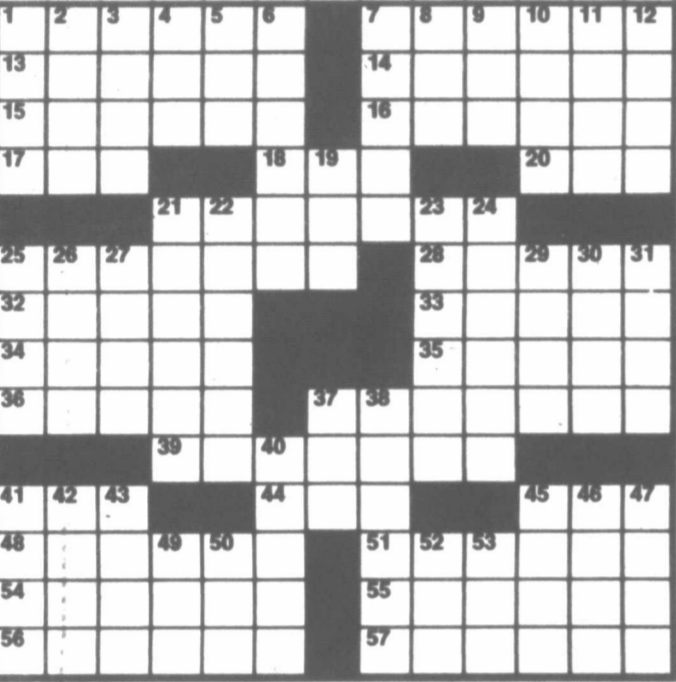
- 41 Mail center abbr.
- 44 By birth
- 45 Crane arm part
- 48 Having raised strips
- 51 Hot Mexican specialty
- 54 Not performed
- 55 Primitive
- 56 Moistened
- 57 Surplus

**Answer to Previous Puzzle**

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CREE CEDE OYL
CETE ULEX RUE
CYCLORAMA ABE
PIE OCULAR
TYROL ANTS
HAUTEUR SEMIS
OHM RAMS SORE
NOON WAFF LEA
GOREN DORMANT
CASA AIRES
CATKIN DID
ODA LAMINATED
OER ERRS IAGO
SST DESK RIOT
    
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- 19 TV's — Rather
- 21 Assimilate
- 22 Bird
- 23 Property
- 24 Rented
- 25 Jekyll's opposite
- 26 Vast period of time
- 27 Sodium chloride
- 29 Face part
- 30 An ex of Liz Taylor
- 31 Watches
- 37 Enzyme
- 38 — fly
- 40 Stopped
- 41 Food (sl.)
- 42 — colada
- 43 Betting factor
- 45 Yawn
- 46 Infirmities
- 47 Stinging insects
- 49 Acquired
- 50 Chemical suffix
- 52 French city
- 53 2100, Roman



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**GEECH**



By Jerry Bittle

**THE WIZARD OF ID**



By Brant Parker and Johnny Hart

**ECK & MEEK**



By Howie Schneider

**B.C.**



By Johnny Hart

**Astro-Graph**  
by bernice bede osol

In the year ahead, you are likely to be more ambitious and enterprising than you have been in the past. There is a possibility you may strive for success in two areas simultaneously.

**AQUARIUS (Jan. 20-Feb. 19)** If you're having any type of special service performed for you today, it might be smart to personally supervise each phase, especially if the workers doing the job are new at it. Know where to look for romance, and you'll find it. The Astro-Graph Matchmaker instantly reveals which signs are romantically perfect for you. Mail \$2 to Matchmaker, c/o this newspaper, P.O. Box 91428, Cleveland, OH 44101-3428.

**PISCES (Feb. 20-March 20)** Guard against being too possessive or demanding of loved ones today, because, if you are, they are likely to do just the opposite of that which you direct.

**ARIES (March 21-April 19)** Don't make any critical domestic decisions today without your mate being present, or at least consulted, as to what you have in mind.

**TAURUS (April 20-May 20)** Keep your mind focused on your assignments today, or else things may go awry. Problems with work will be caused by poor concentration.

**GEMINI (May 21-June 20)** Be extra prudent today in the management of your personal resources. This is not a good time to gamble or speculate, so don't take any wild chances.

**CANCER (June 21-July 22)** You might find yourself out front and alone today, if you try to champion an unpopular issue. It could be better to wait until you have reliable support.

**LEO (July 23-Aug. 22)** Some complications with which you'll be faced today could be of your own making. It will only make matters worse if you try to blame these mishaps on others.

**VIRGO (Aug. 23-Sept. 22)** Do not yield to peer pressure and do something that is against your better judgment today. If you are weak and give in, you could regret your lack of backbone later.

**LIBRA (Sept. 23-Oct. 23)** Too many irons in the fire today could prove to be self-defeating. You'd be better off attempting less, but striving to do that well.

**SCORPIO (Oct. 24-Nov. 22)** You might feel it's necessary today to pretend you're knowledgeable about something you're not. Your bluff will be perceived, and your pretense could be embarrassing.

**SAGITTARIUS (Nov. 23-Dec. 21)** If you're inclined to poke your nose into something today that really doesn't concern you, you'd better also be prepared to accept the consequences.

**CAPRICORN (Dec. 22-Jan. 19)** Usually you're a rather independent person who is capable of thinking things through on your own. Today, however, your opinions could be unduly influenced by companions.



By Tom Armstrong



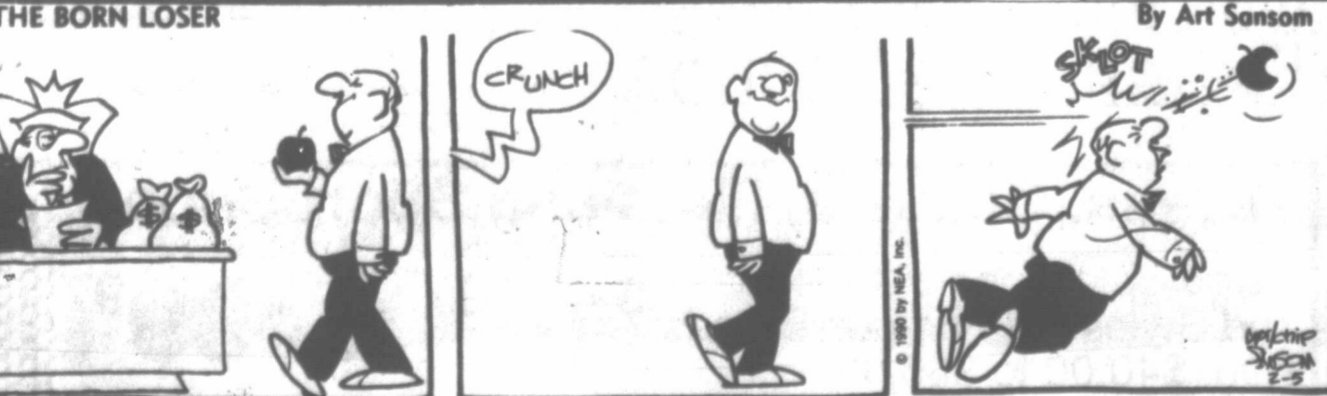
By Dave Graue



By Bruce Beattie



By Bill Keane



By Art Sansom



By Charles M. Schultz



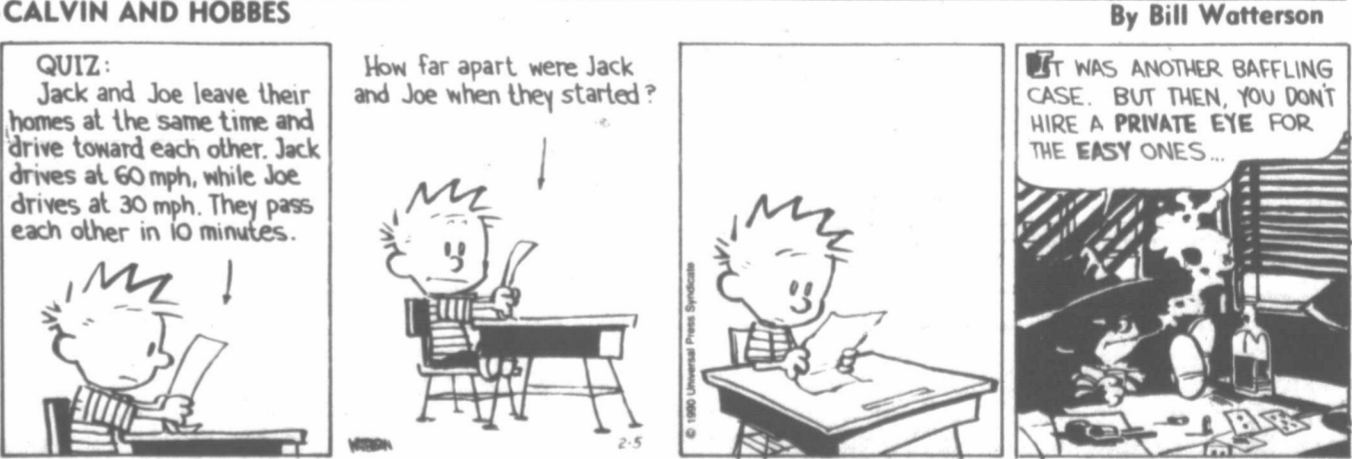
By Brad Anderson



By Larry Wright



By Dick Cavalli



By Bill Watterson



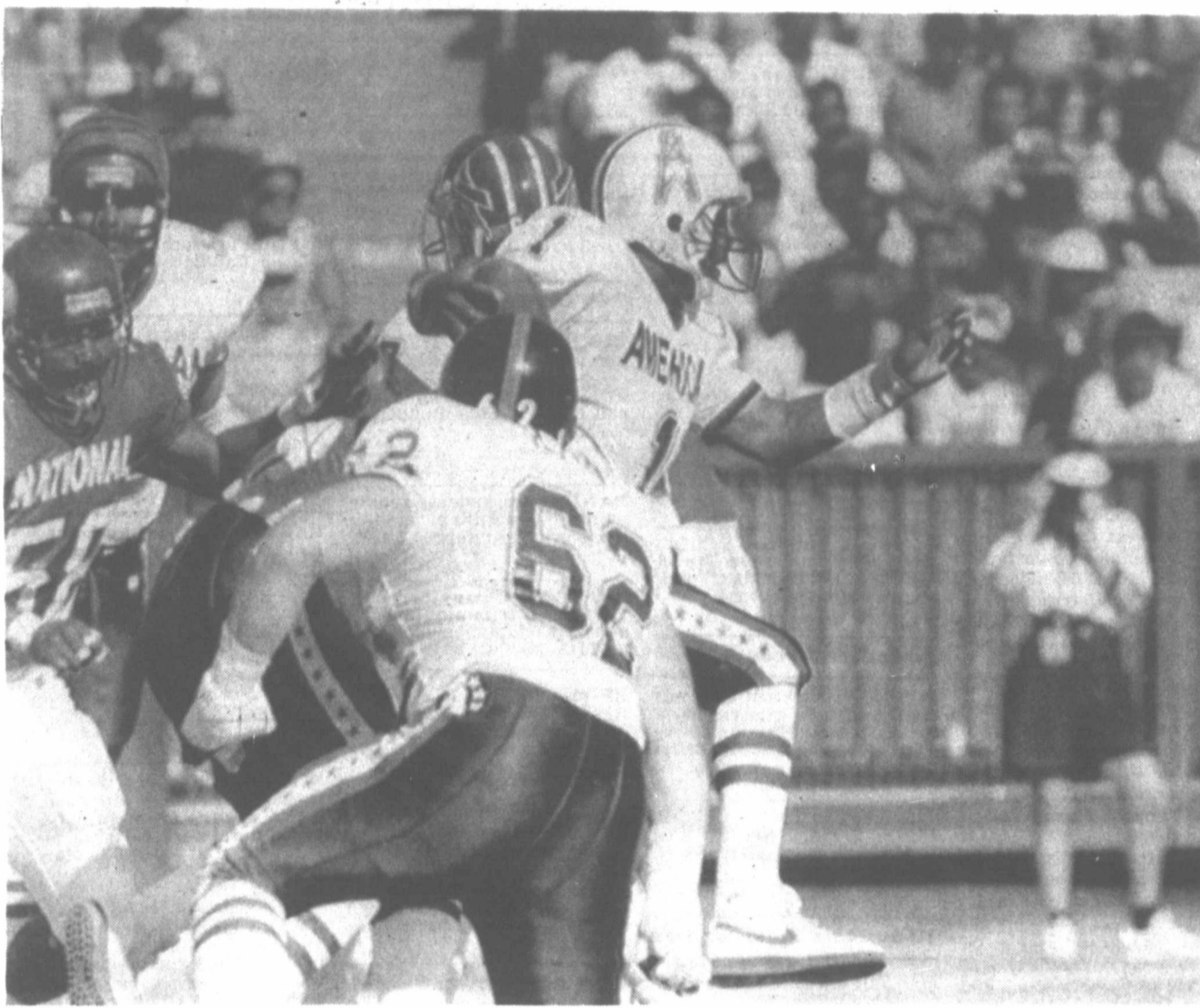
By Bob Thaves



By Jim Davis



# Sports



Warren Moon of the Houston Oilers breaks loose for a short gain in the first quarter of Sunday's Pro Bowl.

(AP Laserphoto)

## Mets' star enters treatment center

Strawberry could also face legal problems

By BEN WALKER  
AP Baseball Writer

NEW YORK (AP) — Darryl Strawberry might be on the way to ending some of his personal problems. His legal troubles, though, may not be over when he leaves an alcohol rehabilitation center.

Strawberry, the New York Mets' five-time All-Star, still faces possible misdemeanor charges for allegedly threatening his wife with a gun, a spokesman for the Los Angeles City Attorney's office said Sunday.

"We have a criminal case investigation still in progress," Mike Qualls said in a telephone interview. "We'll discuss it in our office tomorrow, but we will follow this through to the end and conduct our hearing."

Strawberry entered the Smithers Alcoholism and Treatment Center in New York on Saturday for what the team said was an alcohol problem. The average stay at Smithers is 28 days.

"Obviously, we don't have a statute of limitations on this," Qualls said. "But if he's in a lock-down situation, we could adjust our hearing date."

Strawberry, 27, was arrested Jan. 26 at his Los Angeles area home and jailed briefly after an alleged dispute with his wife. Lisa Strawberry, 25, has since signed a statement saying she does not wish to prosecute her husband.

The Strawberrys were scheduled to meet next Friday in Los Angeles with a hearing officer. A decision on whether to file misdemeanor charges against Strawberry was to be made based on the hearing officer's report to the deputy city attorney.

The Mets, meanwhile, hope



Darryl Strawberry

Strawberry will be able to straighten out his turbulent career on and off the field. In recent seasons, Strawberry has feuded with teammates, come close to fighting some of them and been fined by the team several times. Currently, he is in a contract dispute with the Mets.

"Darryl's on the right track," Dwight Gooden, Strawberry's teammate and close friend, said Sunday.

Gooden spent 28 days at Smithers

in 1987 for treatment of a cocaine problem. Mets catcher Mackey Sasser and minor leaguer Reggie Dobie also spent time at Smithers for alcoholism rehabilitation.

"It's a shock, being there. It's a whole new world. It takes adjustments," Gooden said.

On the day Strawberry entered Smithers, Gooden said in a statement: "Facing up to the fact you have a problem is the hardest thing a person can do. I know it was for me."

"My heart goes out to Darryl," Mets manager Davey Johnson said. "I wish him the best and hope this thing clears up."

Former teammate Keith Hernandez, who recently signed a free-agent contract with Cleveland, was attacked by Strawberry last year during a photo session in spring training. Hernandez, like Strawberry, has had marital trouble and other off-the-field problems.

"No, I don't feel sorry for him. But I'm happy he's doing something to help himself," Hernandez said.

"I've had my share of problems — the cocaine thing. This is a step in the right direction," Hernandez said. "There's a lot of pressure on Straw. There has been his whole career. I think the drinking is a product of the environment of baseball, the travel, the late hours and all that."

"I have an idea what he's going through," Hernandez said. "I drink too much during the season, too."

## Pro Bowl has suspense NFC holds on for 27-21 victory

By KEN PETERS

AP Sports Writer

HONOLULU (AP) — The NFL's second and final bowl game of the 1989 season at least had suspense.

Unlike the Super Bowl, where San Francisco buried Denver 55-10, the league's all-star game went down to the final seconds and the final play, with the NFC holding on for a 27-21 victory Sunday.

"Maybe that comeback and exciting finish will rejuvenate the Pro Bowl game a little," said Bud Carson of Cleveland, the AFC coach.

It turned out to be an exciting game despite the absence of some of the NFL's top names, including quarterbacks Joe Montana, John Elway, Boomer Esiason and Don Majkowski.

Montana and Elway pulled out last Monday with elbow injuries. Esiason withdrew earlier because of injuries and Majkowski, expected to try to negotiate a rich, new contract, apparently didn't want to risk injury.

Dave Krieg of Seattle, a late replacement at quarterback, almost pulled out the game for the AFC.

He rallied his team within six points, then had an apparent touchdown pass called back on the next-to-last play of the game.

"I thought, 'That's a great way to end the game,'" Krieg said, referring to his apparent TD pass of 2 yards to Seahawks teammate Brian Blades, that would have capped a dramatic 91-yard drive. "Then I saw the penalty flag."

Krieg's final pass then fell incomplete as time ran out.

The penalty was against Indianapolis Colts tackle Chris Hinton, who had reported into the game as an eligible receiver, then switched back to tackle on the next play. The rules dictate that he either should have played

another down as an eligible receiver or left the game for one play.

Craig said he didn't hesitate when asked to come to Honolulu on the spur of the moment.

"I came as soon as I was asked," said the Seattle quarterback, who completed 15 of 23 for 148 yards and a touchdown.

"I wasn't afraid of getting hurt. Players come here to have a good time, but they play hard, too."

The NFC's defense keyed the victory, with big plays by Rams cornerback Jerry Gray and Vikings nose tackle Keith Millard giving them enough to hold off Krieg and the AFC.

Gray, voted the game's most valuable player, returned an interception of Houston's Warren Moon 51 yards for a touchdown for a 20-7 lead in the third quarter.

Four minutes later, Millard scooped up a fumble and ran eight yards for another touchdown.

"The defense really did the job," said Philadelphia quarterback Randall Cunningham, who provided the NFC a 13-7 lead with an 11-yard TD pass to the Giants' Dave Meggett early in the third quarter.

Krieg threw a 5-yard touchdown pass to the Dolphins' Ferrell Edmunds to pull the AFC to 27-14 with 8:08 remaining.

Browns linebacker Mike Johnson then provided a defensive TD for the AFC, when he intercepted Mark Rypien's pass — one of three interceptions of the Washington quarterback — and returned it 23 yards to pull the AFC within six points.

The other AFC score came on a 1-yard run by Kansas City's Christian Okoye in the second quarter.

The other NFC scoring was provided by field goals of 23 and 41 yards by Eddie Murray of the Lions, both in the first half.

## A .500 season for Cowboys?

Walsh feels 'Pokes could finish 8-8

DALLAS (AP) — With a good rebuilding effort this year, it's possible that the Dallas Cowboys, the NFL's worst team, could go to 8-8 next season.

At least former San Francisco 49ers coach Bill Walsh thinks so.

"I think very soon you could see the Cowboys at 8-8 — maybe in two years, conceivably even next season," said Walsh, now a television sports commentator.

"The key will be how they do when it's time to move above the 500 bracket, but for now, everything is in place to show marked improvement," Walsh told The Dallas Morning News.

The Cowboys are counting on three rebuilding blocks: the draft, Plan B free agency and trading quarterback Steve Walsh.

After winning just one game his first year as coach of the Cowboys in 1989, Jimmy Johnson will have to completely rebuild the team if he wants to get near the Super

Bowl.

The Cowboys have only 21 protected players who were on the roster when Johnson took over last February. They left 17 players unprotected under Plan B free agency on Friday.

Lacking enough talent to make them competitive, the Cowboys need the next three months for improvement perhaps more than the entire last year, which left them tied for the record of most losses in a season.

Johnson hopes to use a possible Walsh trade, a stockpile of draft choices and an aggressive attitude toward Plan B free agency to bring the Cowboys back to respectability.

Most NFL teams think the Cowboys will have trouble recouping the value of the No. 1 overall pick in the 1990 draft they forfeited when they took Walsh in the 1989 supplemental draft.

"I don't think a lot of people thought Steve Walsh was that valuable coming out of the supplemental draft," said one NFL general manager.

"After this season, I think that number is even smaller. I know we're not interested in

him."

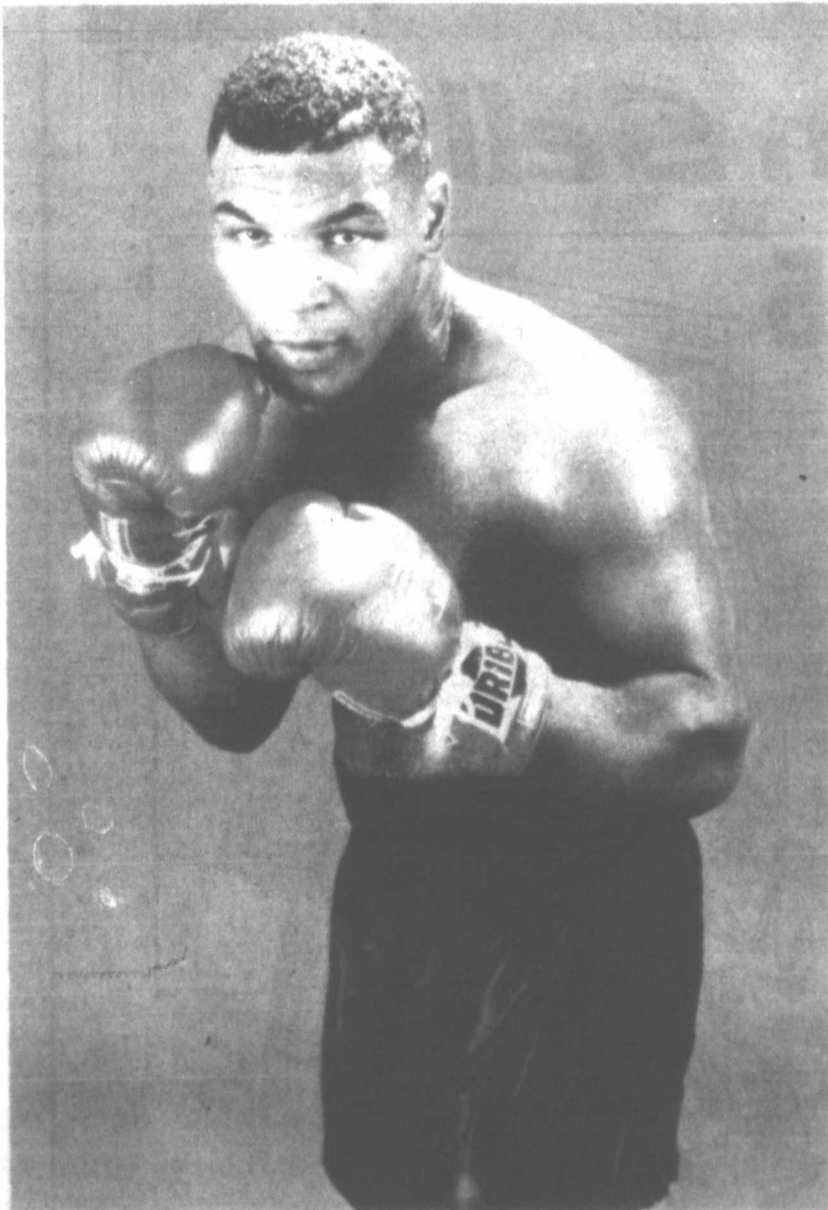
The Cowboys have 14 picks and Johnson said he would be willing to forfeit a few 1991 picks to get players in this summer's supplemental phase, if there is one.

The Cowboys seem to need help at every position except quarterback, where Troy Aikman has taken root. They have no running backs and only one fullback, Daryl Johnston, on their protected list, and they also need receivers.

The Cowboy's didn't participate heavily in Plan B free agency last season, signing only five players, but owner Jerry Jones has promised to spend the big money needed to sign veterans who have been left unprotected by their teams.

"I know that rebuilding is expensive," Jones said.

But, Johnson said, "In any area we feel we can improve the talent without upsetting the salary structure on our team we will make some moves."



(Special Photo)

Undisputed heavyweight champ Mike Tyson (left) mounts his seventh title defense Saturday, Feb. 10 on HBO's Championship Boxing program. His opponent will be James (Buster) Douglas, also pictured. The fight will be televised from the Tokyo Dome, starting at 10 p.m. Eastern Standard Time.

## Tyson returns to Tokyo for seventh title defense

NEW YORK, N.Y. — Unbeaten heavyweight champion Mike Tyson, who hasn't fought since stopping Carl (The Truth) Malone in just 93 seconds last July, will return to action and to Japan next month to mount his seventh title defense against high-ranked contender James (Buster) Douglas.

The fight will be carried live from the Tokyo Dome Saturday, Feb. 10 (10-11:30 p.m. ET) on HBO television with the sports team of announcer Jim Lampley, analyst Larry Merchant and expert commentator Sugar Ray Leonard at ringside covering the action.

The exclusive presentation will be closed-captioned for the hearing-impaired.

The fight will be at high noon Tokyo time during a national holiday weekend.

More than 50,000 spectators are expected to be on hand, where many will be getting their second in-person look at the champion.

In March 1988, Tyson (37-0, 33 KOs) was a rising star approaching his zenith when he decimated Tony Tubbs in the second round at the Dome. Tubbs became Iron Mike's 30th knockout, which came to typify Tyson's swift and stunning

proress.

After returning to the United States, Tyson flattened Michael Spinks in even less time than he had disposed of Tubbs, knocking out the challenger in a shocking 91 seconds in June 1988.

The only deviation from this brutal norm was Tyson's fifth-round dispatching of Britain's Frank Brunon last February. After that bout, Tyson proclaimed simply "I can't be beaten."

With 37 straight victories and 33 knockouts to his credit, including victories over former champion Larry Holmes and then-undefeated Olympic gold medalist Tyrell Biggs, the man who became the youngest heavyweight champ at age 20 today stands ready to turn back any challenges on any horizon, including the distant shores of Japan.

Fellow American James (Buster) Douglas (29-4-1) begs to differ. A clever fighter with fast hands and an effective jab, Douglas is ranked among the top four contenders by all three sanctioning organizations.

Douglas fought for the vacated IBF heavyweight title in May 1987, losing to Tony Tucker, who in turn surrendered his IBF crown to Tyson three months later.





# Washington state wants to kill some troublesome sea lions

By CARRIE FIGDOR  
Associated Press Writer

SEATTLE (AP) — Hungry sea lions are beginning to fatten up on the prized and protected steelhead trout, driving state authorities to a drastic plan to end the free lunch: They want to kill the blubbery creatures.

The easy pickings at the Ballard Locks have led wildlife officials to try a number of remedies to get rid of the sea lions as the state-protected steelhead begin their annual run.

As many as 40 sea lions have gathered near the locks inside city limits each winter for the past eight years to eat the trout, which climb a fish ladder on their way from Puget Sound to freshwater Lake Union, en route to upstream spawning grounds.

The sea lions weigh up to 800 pounds, and they can eat 5 percent of their body weight in fish each day.

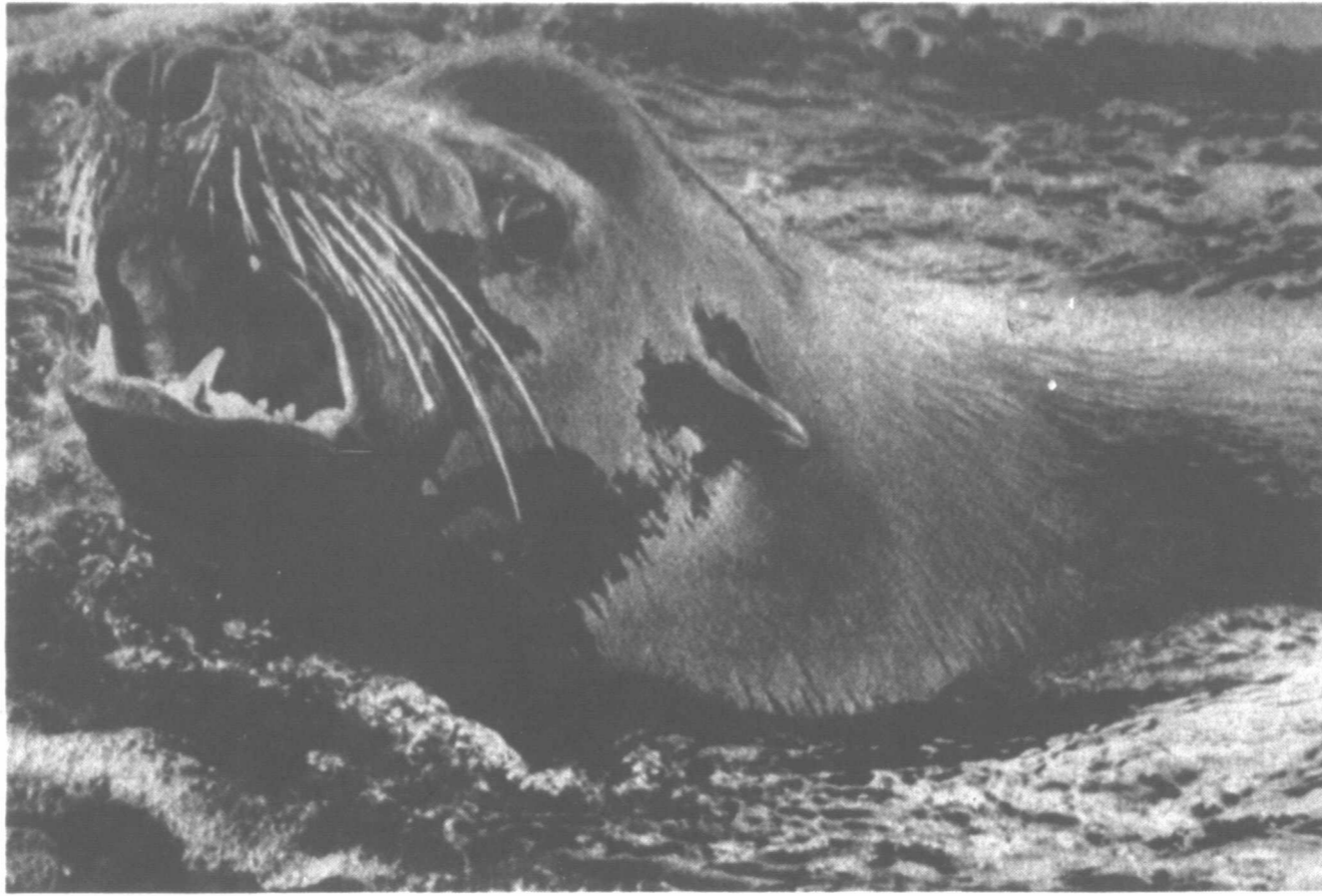
One option is a plan by state and federal officials to truck 10 male sea lions to their breeding grounds off Southern California and harass the remainder with firecrackers, rubber-tipped arrows and fish laced with "vomit capsules."

Another plan would be to alter the structure of the locks, a possibility under preliminary discussion with the U.S. Army Corps of Engineers, said Curt Smith, director of the state Department of Wildlife.

But Smith noted that wildlife agents have tried just about all the non-lethal actions they can think of.

"We would like to have access to that option," he said of the proposal to kill. "We think that we are trying to protect a resource, which is Washington's wild steelhead."

Federal officials say they're researching the question of whether sea lions protected under federal law can be killed if they threaten to destroy the state-protected wild



(AP Laserphoto)

A sea lion sounds off while cruising through waters at the Hiram M. Chittenden Locks in Seattle. Washington state has asked the federal government to clarify whether it can kill a tenacious bunch of sea lions eating the wild steelhead fish.

steelhead run, which generally lasts from late February to April.

A period of public comment is expected to begin by the next month, Rolland Schmitt, Northwest regional director of the National Marine Fisheries Service, said.

Representatives of environmental and animal rights groups did not return calls for comment on the proposal to kill the sea lions, which were at the locks eating steelhead, said acting lockmaster Bill McGraw.

Cynthia Rust, a spokeswoman for Greenpeace Action, said she lacked details to comment on the trucking plan, but she said the vomit capsules probably would not work.

The sea lions weren't considered a problem until 1985, when they caught 30 percent of the wild fish run. Last year they gobbled up 65 percent, and at the current rate the run would disappear within a decade, Smith said.

This year, officials hope that more than a third of the approximately 2,100 fish will survive to spawn.

In past years, wildlife officials have tried chasing the sea lions with boats, scaring them with firecrackers and taped sounds of orca whales, their natural predator, feeding them chemical-laced fish and keeping them from the fish with nets. Nothing worked.

The sea lions managed to have their feast last year even though 37 of them were trucked 270 miles to the southern Washington coast. Within an average of 12 days, 25 had returned to the locks — in time to eat steelhead.

Washington state sent a letter last fall asking the National Oceanic and Atmospheric Administration, which enforces the Marine Mammal Protection Act, for a ruling on whether killing sea lions might be permitted.

A federal ruling should be made by the end of this year after the public comment period, in time for next year's steelhead run, Schmitt said.

## Crackdown on cocaine moms raising questions over effects

By BILL KACZOR  
Associated Press Writer

PENSACOLA, Fla. (AP) — Prosecutors are bringing charges against more and more pregnant women who take drugs, but a lawyer for one woman accused of delivering cocaine through the womb says the war on drugs is "going from hysteria to ... absurdity."

Authorities in areas where expectant mothers have been arrested say they're turning to criminal law as a last resort because nothing else worked in stopping the growing number of cocaine-addicted babies.

"When you have seen these children shake, it gets to you," said Lt. Stephan Banakas, narcotics chief for the Pensacola Police Department. "If it's through arrest or the threat of arrests ... whatever it's taken to get people to take care of their children, it's working."

The controversy has emerged from the growing use of crack cocaine around the nation, but mothers addicted to other drugs also have been charged.

In Wyoming last week, a judge dismissed a child abuse charge against a pregnant woman who drank excessively. The judge said the prosecutor did not establish that the woman's drinking habits injured her unborn baby.

More than 30 women have been arrested nationwide since the first mother was convicted of delivering cocaine to her newborn in central Florida last August, said Alison Marshall, a Washington, D.C., lawyer.

Some police and prosecutors said the arrests are a way of forcing mothers of cocaine babies to get drug treatment. They contend that some pregnant addicts are going straight because they fear prosecution.

But crackdown critics — they include the American Public Health Association, National Women's Health Network and National Organization for Women — say the arrests are doing more harm than good.

The threat of jail is scaring pregnant addicts away from prenatal care and hospitals, increasing the risks to their babies, said Robyn Blumner, Florida director of the American Civil Liberties Union in Miami.

Some even say the arrests could encourage women to have abortions or result in "trash can babies."

"This is the war on drugs going from hysteria to illogical absurdity," said attorney Alan Rapoport of the American Civil Liberties Union. He is representing Kimberly Hardy, the first woman in Michigan charged with delivering cocaine to her newborn through the umbilical cord.

A District Court judge last week ordered Ms. Hardy to stand trial after a pediatrician testified that the baby's exposure to cocaine likely was responsible for his low birth-weight, inability to hold food down and gastrointestinal dysfunction.

Two days after birth, a drug test showed signs of cocaine in the baby's urine.

Critics also contend a nationwide shortage of treatment facilities for pregnant addicts means women who seek rehabilitation as a result of the crackdown won't get it.

In Florida, officials estimate more than 10,000 babies are born to addicted women each year.

Authorities in South Carolina and the Florida Panhandle have been the most aggressive in bringing charges, said Marshall, who represents the Chicago-based National Association for Perinatal Addiction Research and Education.

Police in this Panhandle city have arrested five mothers on charges of delivering cocaine to their newborn babies.

Assistant State Attorney Jeff Deen of Sanford contends cocaine is delivered through the umbilical cord; the violation occurs during the minute to 90 seconds the baby is outside the womb before the umbilical cord is cut.

Deen said his intention is to use prosecution to force women into drug rehabilitation.

One Pensacola woman received 18 months in prison after pleading no contest to cocaine delivery, but that sentence was part of a plea bargain and runs concurrently with terms of equal length in two cases unrelated to drugs or children.

Three other cases in Pensacola are pending; in the fifth case, the woman was placed on 15 years' probation.

At least nine alleged cocaine mothers have been arrested in Greenville, S.C., said Solicitor Joe Watson who pioneered the prosecutions in that state. One woman has entered a guilty plea and was placed on probation. The other cases are pending.

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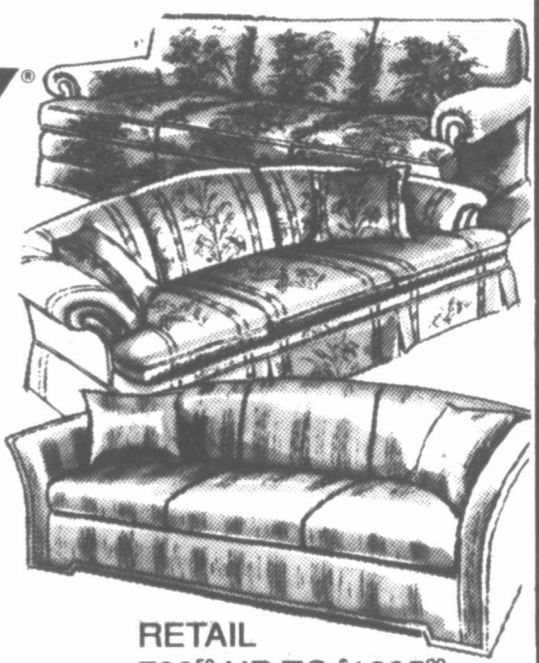


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