

Wheeler water district ponders next move

By CATHY SPAULDING
Staff Writer

WHEELER — With no Sweetwater Creek Reservoir to aim for, members of the Wheeler County Water District board spent Tuesday afternoon wondering what to do next.

The future of the reservoir project was cut short Saturday when Wheeler County voters turned down a \$30 million bond issue to fund construction and maintenance of the proposed 2,500 lake. The final vote tally was 886 votes for the measure to 1,027 against.

The board certified the votes at a special meeting Tuesday at the Wheeler County Courthouse.

According to the official results, 41 percent of the registered Wheeler County voters turned out for the election. The issue passed in three precincts: west Shamrock, 106 to 87; east Shamrock, 259 to 187, and Heald, a community west of Shamrock, 22 to 21.

Mobeetie voters rejected the issue, 47 to 63.

Wheeler followed suit, 178 to 200. Other precincts voting no were: Stanley, 129 to 196; Allison, 37 to 83; Lela, 22 to 30; Twitty, 24 to 55 and absentee, 62 to 105.

The controversial lake proposal — to build a dam on Sweetwater Creek northeast of Wheeler — produced emotional debates from both sides. The lake issue failed in two previous elections, although in the latest election in August, voters approved construction of the lake but denied a maintenance tax.

As a result of the controversy, vocal proponents and opponents packed the Wheeler County Commission office each time the water board met. But not this time. With only two representatives of the media, a representative from the architectural firm of Parkhill, Smith and Cooper, bond consultant Kenneth Smith and lake opponent Tom Puryear sitting quietly by, the water board members discussed the negative results of the election and what they'll do next.

Newly selected board chairman Harrison Hall said he wanted to meet with state water experts to assess the water supply in the county.

"We're put here for one purpose and that's to find water," he declared, suggesting that they get a state agency — perhaps the Texas Department of Water Resources — to make a survey of ground water supplies in the county.

Hall said that lake opponents were giving people the impression that water is in abundance in the county. He questioned opponents' figures on water supply which were drawn from computer models of ground water supply made early in 1984 by the TDWR. The agency released its findings that summer in its Report 288. Using water tables from 1960 and 1980, the report projects 8.31 million acre feet of ground water supply for the year 2030.

This contradicts an earlier report by the agency — a report which lake proponents used — which

projected a drop to 680,000 acre feet of ground water for 2030.

Bond consultant Kenneth Smith, who prepared the \$30 million bond package for the board in December, agreed that Report 288's findings were doubtful.

"TWDR report 288 is based on computer models and is not valid," he said.

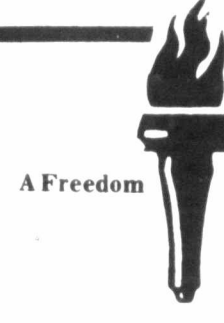
Board member Melvin May of Mobeetie said some counties south of Wheeler are "already out of water" although the state projected a water supply until 2030.

"We do need some more information," he concluded.

Puryear suggested that the board can use the resources of Austin engineer Terrence Graham, who prepared a feasibility study of the lake project and the county water supply for the lake opponents.

Board members agreed to look at Graham's study. Hall suggested the board find an engineer that can be trusted by both sides.

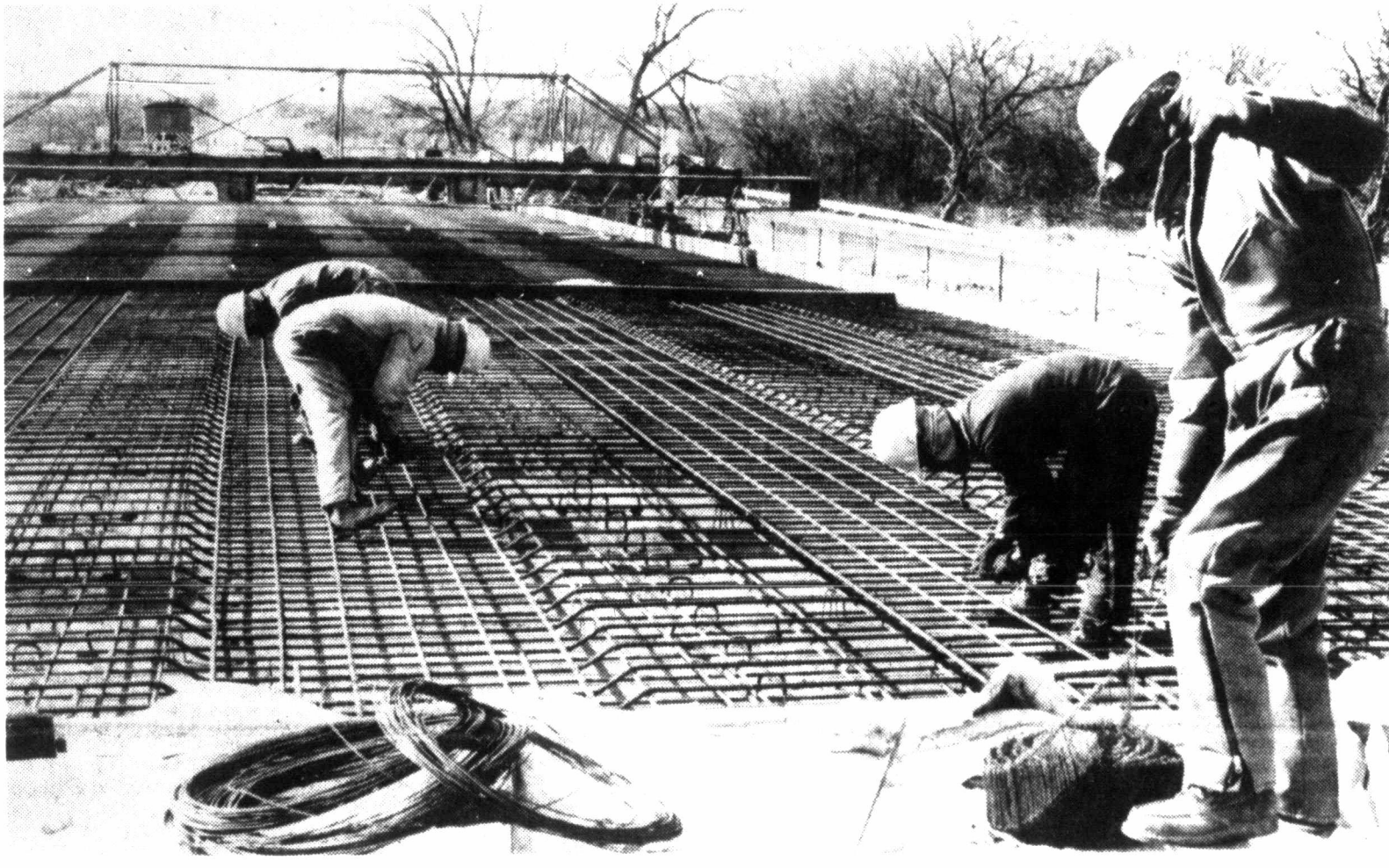
The Pampa News



Wednesday
January 23, 1985

Vol. 77, No. 249 14 pages

25¢



INTRICATE WORK — So, you thought all road work was done with heavy equipment. That's not necessarily so, as shown by these state road workers who are wiring together

steel support beams on a bridge under construction west of Mobeetie on Highway 152. (Staff Photo by Cathy Spaulding.)

Army's chief charged with Aquino killing

MANILA, Philippines (AP) — A government prosecutor today charged the armed forces chief, Gen. Fabian C. Ver, two generals and 23 other men in the double murder of Benigno Aquino and the man the army claimed killed the opposition leader.

The assassination of Aquino on Aug. 21, 1983, as he stepped off the airliner bringing him home from three years' self-exile in the United States shocked the nation and led to a year of protests against the pro-Western regime of President Ferdinand E. Marcos.

Marcos, who initially indicated he supported the military's claim that Aquino was assassinated by communist agent Rolando Galman, later appointed a five-member fact-finding board whose 10-month probe led to today's charges.



GEN. FABIAN C. VER

Justice Bernardo Fernandez, government ombudsman, essentially followed the recommendations of the board's majority report.

Brig. Gen. Luther Custodio, chief of aviation security, and 16 other soldiers were charged with direct participation in a military conspiracy to kill Aquino.

Ver, Maj. Gen. Prospero A. Olivas and six other soldiers were accused of being accessories in a military attempt to cover up the assassination and blame it on Galman. A civilian businessman, Hermilo Gosuico, was accused of being an accomplice to the conspiracy.

The charges against Custodio and 16 others of being principals carry a possible death penalty.

Olivas headed an early military investigation which concluded Galman was a communist agent and that he killed Aquino.

Ver's lawyer refused to file a motion for dismissal, saying the general wanted "to prove his innocence in court."

Aquino, a former senator and leader of the Liberal Party, was widely considered the opposition's best chance to unseat Marcos in elections scheduled for 1987. Marcos has been in power since 1965.

'84 inflation just 4 percent

WASHINGTON (AP) — Consumer prices rose a restrained 4 percent in 1984, giving the country its best three-year inflation rate since the late 1960s, the government said today.

Last year's increase, which reflected an across-the-board price moderation, was only a slight deterioration from the 3.8 percent inflation rate of 1983, the lowest in more than a decade. Prices had risen 3.9 percent in 1982.

When last year began, most analysts were predicting prices would rise around 5 percent

as the economy waged its second year of recovery from the recession. Despite the strongest economic growth in three decades, however, inflation came in a full 1 percentage point under expectations.

Now, analysts predict more widespread price moderation in 1985.

"We don't really see any significant price increases in any of the categories," said Donald Ratajczak, head of the economic forecasting unit at Georgia State University.

"The world trend in inflation is downward and our trend is even stronger because of the dollar."

Today's report was the second round of good inflation news in 24 hours. On Tuesday, using a different method of calculation, the Commerce Department put last year's inflation rate at 3.7 percent — the best showing for that index since 1967.

Today's Labor Department report said prices rose a small 0.2 percent in December.

Citrus losses may exceed \$1 billion

LAKELAND, Fla. (AP) — As the mercury dipped below freezing today, citrus growers rushed their icy product to market amid predictions that their losses from a three-day cold snap could exceed the \$1 billion from the 1983 killer freeze.

Gov. Bob Graham declared a state of emergency Tuesday, and federal inspectors were sent to assess damage to citrus and vegetable crops caused by the state's worst cold spell in a century.

At 2 a.m. today, it was 33 degrees in Tampa, Orlando and Gainesville, 32 in Crestview and Sarasota, and 31 in Jacksonville, Daytona Beach and Melbourne, according to the National Weather Service.

Today is the third consecutive day that citrus fields are being ravaged by frigid arctic air. Record lows for Jan. 22 were set in 13 Florida communities, and the weather service warned that the cold wave was not over.

"Everybody expected low temperatures," Bernie Hamel of the Florida Fruit and Vegetable Association said Tuesday. "But what really hurt the most was the duration. It just got down and stayed down."

State Agriculture Commissioner Doyle Conner said reports he received Tuesday led him to believe that the freeze could rank as the worst ever in Florida. He said the damage this time is "more widespread, more crops destroyed."

The 1983 freeze damaged or destroyed trees and fruit of more than 250,000 acres, causing more than \$1 billion in losses, according to industry economists.

Wilson McGee, retired citrus executive, said the latest freeze has been "more democratic and systematic — it seemed to hit everywhere."

The Florida Crop and Livestock Reporting Service sampled fruit from 130 citrus belt sites on Tuesday. Eleven of the 32 citrus belt counties were not surveyed because they suffered such extensive damage during the 1983 freeze that there was not enough fruit to make a sampling valid, said Ernie Neff, a spokesman for Florida Citrus Mutual.

But of those counties surveyed, 89 percent of the fruit samples contained some ice, indicating "a high percentage of the state's citrus crop was impacted," said Bobby McKown, executive vice president of Florida Citrus Mutual.



Air Force plane carrying 21 lost

TEGUCIGALPA, Honduras (AP) — Fog and stormy weather during the night forced U.S. officials to interrupt the search for a U.S. Air Force plane carrying 21 Americans that went down in the Caribbean about 500 yards off Honduras' coast, a U.S. Embassy spokesman said.

Robert Callahan, the embassy's press attache, said the C-130A transport was on its way to the Honduran coastal town of Trujillo from Howard Air Force Base in Panama when it splashed into the water about 11 a.m. EST Tuesday.

The embassy spokesman said the first reports of the plane going down came from Honduran fishermen, although no wreckage was sighted by searchers.

Prosecution rests its case in Loyd Remy assault trial

BY JEFF LANGLEY
Senior Staff Writer

They sat just feet apart at opposite ends of a counsel table in the cramped quarters of what's called the "small courtroom," a stuffy little nook on the third floor of the Gray County Courthouse.

The teenage housewife who said a rape had ruined her marriage and the bull-necked, pot-bellied suspect she identified as her assailant, a man who had the worst breath she ever smelled, didn't look at each other as the trial began.

And despite the close quarters, the obvious avoidance continued when the former Pampa woman named Loyd Dean Remy as the rapist who covered his face with a nylon stocking and subjected her to a sexual assault that lasted four hours.

Remy's trial on a charge of burglary with intent to commit sexual assault began Tuesday morning, and the state rested its case at the end of the day — long session. The defense was scheduled to present its evidence when the trial resumed at 10 a.m. today. Remy waved his right to a jury trial, and the case will be decided by 31st District Judge Grainger McIlhany.

The reported victim, a 19-year-old who moved to Michigan after the alleged assault, was the first witness called by prosecutor David Hamilton.

The woman said her husband left for work about 10:45 p.m. last March 27, leaving her alone inside their Lowry Street residence.

About a half hour later, Remy knocked at the door and asked whether she wanted to "do some speed," she testified.

The woman said she declined the offered drugs but asked the "acquaintance" into her den. She said Remy had been in the home with other friends twice before. She also had seen the man a couple of times at Red's Lounge, the woman said.

The pair talked, and the discussion turned to sex, she claimed. Remy asked whether she "fooled around," and offered her \$40 for sex, she testified. She said she asked him to leave. Remy left her home and drove away about midnight, she said.

The woman said she went back to the den to work a crossword puzzle. About a half hour later, "Morris," her cat, scratched at the front door, a sign he wanted to go outside, she testified. She opened the door, which knob had previously fallen

off, to let out the cat, she said.

An intruder with the nylon stocking covering his face and tube socks over his hands burst through the opened door, she said. The woman said she knew it was Remy because she recognized his tennis shoes and could distinguish his face through the stocking.

The man knocked her to the floor and tried to rip off her clothes. He managed to unbutton and unzip her blue jeans, even though the socks covered his hands, she said. She screamed and screamed, then, with all of her might, she bit the assailant's hand twice, she said. The assailant repaid the biting with blows to her face, she said.

"He told me to shut up, and I didn't. Then he asked me if I wanted to die," the woman testified.

Finally, she gave up and submitted to the sexual assault, she said.

"I decided I shouldn't fight no more...I was afraid I wasn't going to live through it," the woman testified.

Remy dragged her by the feet into a bedroom, she said.

He ordered her to strip, then sexually assaulted her on the both

Frustrated farmers could turn violent, senator says

By JIM DRINKARD Associated Press Writer
WASHINGTON (AP) — A farm-state senator is warning that the latest wave of public protests over the plight of agriculture could take a violent turn by spring if relief — particularly credit aid — does not come soon.

Sen. Tom Harkin, D-Iowa, said Tuesday that the Reagan administration does not understand the seriousness of the farm situation, and joined with other public officials from his state in accusing the administration of failing to fulfill a campaign promise to ease farm credit.

"If nothing happens within the next 60 days... I think the specter of widespread violence throughout the Midwest is there," Harkin told reporters.

"When you lose hope, then you take to the streets. I think you may see that in agriculture," he said.

Harkin, Iowa Gov. Terry Branstad and members of the state's congressional delegation said Reagan's promise, made on the eve of a farm-state campaign swing in September, had yet to help a significant number of farmers who are having trouble repaying bank loans.

Sen. Charles Grassley, R-Iowa, said the administration has been dragging its feet on setting final rules for promised loan guarantees, and he renewed a call for those rules to be made more flexible.

Grassley said conditions opposed

Salvadoran peace talks prospects dim

MEXICO CITY (AP) — Salvadoran rebel leaders said Tuesday that the military is pressuring President Jose Napoleon Duarte not to hold another round of peace talks with the guerrillas.

Four leaders of the five-year-old civil war against the U.S.-backed government met with reporters in the Mexican capital to discuss what they see as gloomy prospects for a negotiated peace in the near future.

They said that on Jan. 11 they sent a proposal, through the Roman Catholic church in El Salvador, to Duarte's government requesting a third round of talks but have received no reply.

"The process of dialogue is in serious danger of paralysis," said Ruben Zamora, vice president of the Democratic Revolutionary Front. The front is the political umbrella group allied with the leftist guerrilla movement in El Salvador. "We see the situation as very grave," Zamora added.

He blamed the military for blocking the talks and said Duarte had caved in to pressures from rightists.

Government and Catholic church leaders in El Salvador recently expressed doubt that any talks will be held before elections for the National Assembly are held. The balloting is set for March 17. They blamed the breakdown in the talks on pressure on Duarte from the rightists who control the National Assembly.

The assembly has introduced a series of bills in the last two months that seriously challenge Duarte's control of the government.

Zamora said military leaders told Duarte at a meeting in December that they would not accept peace talks dealing with questions of rebel participation in the government or that would affect current anti-guerrilla operations.

"The (political) crisis of December has forced Duarte to face reality: That is, that he does not have power," Zamora said.

"We are afraid that after the elections, the balance of power will be even more unfavorable for Duarte," he added.

Duarte's centrist Christian Democratic Party, which controls 24 of the 60 assembly seats, is not expected to win a clear majority in the elections. Four conservative parties, which often act as a bloc, hold 34 seats, and the other two seats are held by a small party that joins either the conservatives or the moderates, depending on the issue.

The rebel leaders also spoke of the Reagan administration recently delivering six new attack aircraft to El Salvador and asking the U.S. Congress to appropriate \$200 million in military aid for El Salvador in 1985, an increase from the \$128 million it was originally seeking.

Oscar Acevedo of the Armed Forces of National Liberation said that if the Salvadoran armed forces "were truly capable of stopping our advance, they wouldn't need this escalation of new equipment."

Acevedo, in an earlier conversation with The Associated Press, said the guerrillas had attempted to buy hand-held anti-aircraft missiles on the black market.

by bankers, including a requirement for forgiveness of at least 10 percent of loan principal, have been imposed intentionally to discourage use of the program and save government money. Instead, he said, banks should be able to make their concessions in interest rates, keeping the outstanding loan balance intact.

"Quite candidly, if you leave it the way it is, the program won't be used. And that may be their motive," Grassley said, specifically blaming Reagan's budget director, David Stockman, for the delay.

But an official of the Office of Management and Budget, who spoke only on condition he not be identified, said that was not the

administration's intent. "We're still waiting for them" (the Agriculture Department) to submit something that is acceptable," the official said.

The Iowa delegation also announced plans for a rally of farmers in either Des Moines or Ames, Iowa, in February to drum up national attention for the credit problems.

A similar rally was held Monday at the state Capitol in St. Paul, Minn., and more than two dozen farmers were arrested Monday and Tuesday in protests at grain and livestock markets in Chicago.

Reagan's credit aid program, announced last Sept. 18, called for \$650 million in loan guarantees to banks holding shaky farm loans if

the banks would agree to write off at least 10 percent of the loan principal in order to bring payments within the reach of borrowers.

It also included deferral of up to 25 percent of unpaid principal and interest for farmers who borrowed directly from the Farmers Home Administration, the farm lender of last resort, and help for farmers in drawing up financial management plans.

Reagan, speaking to farmers in a barnyard in Norway, Iowa, last September, said the aid was one of many steps he had taken to help producers while the Democrats had "left the farmer stuck in the swamp."

"Even though your road to

prosperity has been longer, even though the grade is steep, we are moving in the right direction again and we are closer to our goal than we were," he told the group.

An FmHA spokesman, Marilyn Aycock, said Tuesday the agency has made about \$24.5 million of the promised \$650 million in guaranteed loans. It has been more active in helping its own borrowers, making just over 3,000 deferrals under the credit aid program in the same period, he said.

Harkin said while Iowa is at "the bottom rung of the ladder" in farm credit problems, the crunch will soon be just as serious in other farm states from the Dakotas to Texas.

"It has a ripple effect throughout the entire economy," affecting banking, small business and ultimately consumers, added Grassley.

Branstad said many farmers in his state face an immediate credit crisis, needing money to make annual lease and mortgage payments on March 1, and loans to plant spring crops.

Even if the administration were to settle on the rules for its announced credit aid, the \$650 million would not be enough, said Branstad. He called for an increase in aid to \$3 billion, saying it would be less expensive to do so now than to pick up the pieces of the farm economy later.

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CAKES FOR ALL OCCASIONS

Texans win some, lose one in House committee scramble

WASHINGTON (AP) — Democratic Texans in Congress won some and lost one in the committee assignments sweepstakes that can mean extra goodies for districts and icing on political careers.

El Paso Congressman Ron Coleman got one of two coveted open spots on the House Appropriations Committee in the Democratic Policy and Steering Committee's voting on Tuesday, and "boll weevil" conservative Marvin Leath of Marlin was selected for the Budget Committee. But Houston's Mike Andrews lost a bid for a seat on the powerful Ways and Means Committee by a single vote.

"There was good opposition," said a disappointed Andrews, who had been working to win the seat since former Ways and Means member Kent Hance of Lubbock announced he would run for Senate instead of re-election last year. "There were very strongly supported candidates from other parts of the country and a guy from Pennsylvania won it. They just took it away from Texas."

Freshman Albert Bustamante of San Antonio got his wish for a seat on the Armed Services Committee, vital to his district with all its military installations. Bustamante defeated Abraham "Chick" Kazen of Laredo, a long-time member of Armed Services, in the Democratic

primary.

The committee assignments still have to be ratified by the full House Democratic membership on Friday, but the Steering and Policy vote amounts to virtual final approval.

"I'm very pleased," said Coleman. "I wish we'd have won the other one (Ways and Means), though."

With the exception of Andrews, the Texas Democrats seemed to have gotten what they wanted, belying predictions that the state's move toward the Republican Party would result in discrimination by the Democrats against the Texans on committee assignments.

Four of Texas' 27 congressional

seats turned Republican in the 1984 elections, giving the state a total of 10 GOP House members. Republicans were scheduled to meet on their committee assignments today.

Leath's selection was an apparent bow to disgruntled conservative Democrats, known as "boll weevils," who had mounted a threat to challenge the re-election of House Speaker Thomas P. "Tip" O'Neill Jr.

Their candidate, Charles Stenholm of Stamford, dropped out of the Speaker race after meeting with O'Neill and extracting a promise that conservative Democrats would get more consideration for choice committee

assignments.

There were 17 candidates for seven open spots on Budget.

Budget Committee assignments rotate and members can serve up to six years. They have the option of becoming "dormant" on one of their two other committees, without losing seniority. Leath said he would continue active work on Armed Services, but withdraw temporarily from Veterans Affairs.

New Republican Texas Sen. Phil Gramm, a former "boll weevil" Democrat in Congress, used the Budget Committee for his high-profile switch to the Republican Party in 1983 after clashing with the Democratic

leaders over budget policy.

Leath, who was elected in 1978, predicted "politically distasteful and tough" decisions for the budget panel in the 99th Congress.

"Nonetheless, I am prepared to make that stand and I truly believe my constituents will support these efforts completely," he said in a prepared statement. "I am deeply honored that my colleagues have extended to me their trust and confidence through this vital assignment."

The Ways and Means assignments were chosen first, and Andrews said he thought his loss was Coleman's gain — i.e., Coleman got a consolation prize.

"It would certainly have affected me if Appropriations had been first," Andrews said. "I have to think it had some effect."

Coleman replaces a Texan on Appropriations, Jack Hightower of Vernon, who was defeated. Hightower had 10 years seniority, though, and served on the Defense Appropriations Subcommittee.

"Seniority takes that one," Coleman said. "It will probably take several years to get on that subcommittee."

Coleman, a veteran Texas legislator before coming to Congress, got 22 votes, more than any of the 12 other candidates.

In exchange for Appropriations, Coleman gives up both of his other committee assignments — Armed Services and Government Operations.

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Negotiations collapse in mayoral fight

MONTERREY, Mexico (AP) — The opposition National Action Party in Coahuila state says it has rejected a proposal to let the state legislature choose a new mayor in Monclova and end a lingering election dispute there.

"The people want me to be mayor," Pedro Esquivel Medina, National Action's candidate, said in a telephone interview from his home in the northern industrial city Tuesday.

He lost the Dec. 2 mayor's race in the official results certified by the state legislature, which is controlled by the long dominant Institutional Revolutionary Party, or PRI.

Esquivel, whose supporters remain in control of the Monclova city hall, said his party refused the proposal to offer a list of candidates for the state legislature's consideration at a meeting Monday night with the PRI and Coahuila Gov. Jose de las Fuentes.

De las Fuentes, who is mediating the dispute, suggested that both parties offer a list of candidates for mayor as a way of resolving an election dispute that began in late December, according to Esquivel.

Talks also are being held to resolve a similar election dispute in the Texas border city of Piedras Negras where a mob of angry citizens burned the municipal complex to protest the swearing in of a PRI mayor there.

PRI candidates Salvador Martinez of Monclova and Carlos Juaristi Septien of Piedras Negras won their respective mayoral races by official results. But the PAN insists the ruling party stole the elections through vote fraud and has refused to recognize the official results.

PRI, which has controlled the presidency, Congress and all governors' offices in Mexico for more than 50 years, was awarded the victory in 35 of 38 mayors' races Dec. 2 in Coahuila.

Both Monclova and Piedras Negras remain tense, with a crowd of PAN supporters occupying the Monclova city hall where Esquivel maintains his office and protesters in Piedras Negras demanding a resolution to the conflict.

"In Piedras Negras, like in Monclova, the people want me to be mayor. That is our position and we're not going to yield even one centimeter," PAN mayor candidate Eleazar Cobos told the Monterrey newspaper El Norte. Monterrey is in the neighboring state of Nuevo Leon.

In Monclova, Martinez has established his office in a house while Juaristi runs Piedras Negras from an office in the convention center.

Carlos Robles, de las Fuentes' spokesman, would not confirm the proposal that a list of candidates be offered, saying that information would have to come from the political parties.

Although such a proposal is rare in Mexico, Robles said the process would be similar to an elected official stepping down from his position.

Martinez would have to solicit permission to leave the office and then the state legislature would vote for a new mayor from among a list of candidates presented by the parties. Robles said in a telephone interview Tuesday from Saltillo, the Coahuila state capital.

FOOD

Soups, stews, chili warm up winter chill

By GAYLA MALONEY
TDA Marketing Representative
Although the calendar says January, the weather in the Texas Panhandle has not been too wintry — well, not yet, anyway. However some frosty, cold, snowy days are sure to be forthcoming. Texans — naturalized or native — know how to warm up, by preparing a big pot of chili, stew or soup.

Various recipes are available for all of these dishes. Imagination and leftovers are always a help, as well. Chili is usually prepared using beef — either cubed beef or ground beef. It may or may not contain beans. Unusual chili recipes can be made by using pork, lamb, poultry or game meat such as venison.

"Chili" derives its name from spicy hot peppers which were discovered growing in America by Columbus. Most chili peppers are fresh ground for seasoning or they are used in the making of commercial chili powder. Ingredients that determine "authentic" Texas chili is a hot issue. Some Texans believe in using only fresh ground peppers, while others say commercial chili powder is satisfactory. However, most agree that true Texas chili does not contain beans.



Stews usually have a broth or tomato base and contain a variety of vegetables and one type of meat. Beef and lamb are usually the main varieties of meat used in stew recipes. Pieces of white fish are also used in stews. Since almost all vegetables can be used in stews and soups, it is a good idea to save leftover vegetables, such as green beans and peas, to freeze for use in these hearty hot dishes.

Soups usually contain considerably more liquid than chili and stew. Soups may also contain a broth, tomato or cream base. Almost all meats and vegetables can be used in soups. Unlike stew and chili, soups can also be served cold. In fact, soups such as vichyssoise and gazpacho are always served cold.

In warmer months when fresh fruit is available, many people enjoy fruit based soups. These soups usually contain a fresh cream or milk base and they are usually served as an appetizer before the main course.

To round out a nutritious meal of chili, stew or soup, serve some type of bread — cornbread is especially good — a glass of milk and fresh fruit for dessert.

To help warm up on these cold, wintry days the Texas Department of Agriculture suggests the following delicious, nutritious recipes.

TEXAS COUNTRY SOUP

- 2 lb. boneless chuck roast, cut into cubes
- 1 1/2 t. salt
- 2 c. diced potatoes
- 2 c. diced carrots
- 1 c. diced turnips
- 1 c. chopped onion
- 1/2 c. green beans
- 1/2 c. English peas
- 1 c. chopped cabbage
- 1 c. chopped tomatoes

Cover beef with water in a Dutch oven; add salt, and simmer until meat is tender. Add next six ingredients; simmer one hour. Add cabbage and tomatoes; cook 10 minutes. Serves six to eight.

CHICKEN-VEGETABLE SOUP

- 1 small onion, chopped
- 2 T. butter or margarine
- 2 c. chicken broth
- 2 c. cooked Texas chicken, diced
- 1/2 c. celery tops and pieces
- 1 1/2 c. diced potatoes

- 1 c. diced carrots
- 2 1/2 c. milk
- 2 T. flour
- 1 t. salt
- 1/4 t. pepper

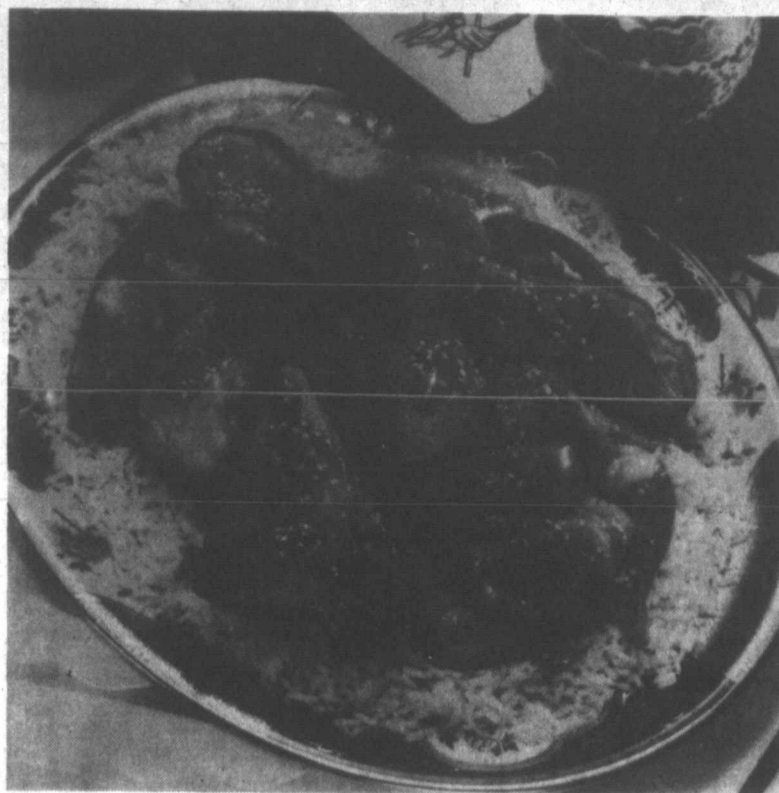
Cook onion in fat until tender. Add chicken broth, chicken, and vegetables. Boil gently, covered, until vegetables are tender. In bowl, stir a little of the milk into the flour until mixture is smooth; add remaining milk, salt, and pepper. Add milk mixture to soup. Simmer, stirring, until soup is slightly thickened. Yield: six servings.

TEXAS STEW SURPRISE

- 2 lb. stew meat
- 2 T. shortening
- 1 1/2 t. salt
- 1 lg. onion, sliced
- 1 t. pepper
- 2 c. water
- 3 med. sweet potatoes cut into wedges

Brown beef in hot shortening. Add seasoning and water; cover and simmer 1 1/2 hours, adding more liquid when necessary. Add sweet potatoes and onion. Cook 20 minutes longer. Yield: six servings.

For more information or recipe suggestions, contact the Texas Department of Agriculture, 5501 W. 140, Suite C, Amarillo, 79106 or call (806) 358-7285.



GINGER is used to heighten sweet-and-sour flavors in Oriental chicken dish.

Ginger adds snap

We often think of ginger and its pungent taste in terms of gingerbread, gingersnaps or ginger ale.

In many foreign cuisines, such as Oriental and Indian, ginger heightens and improves other flavors.

A sweet-and-sour style chicken is made more appealing with the use of ginger with onion, garlic, soy, green-pepper strips and tomato wedges.

- 1 tomato, cut in 8 wedges
- 1 tablespoon toasted sesame seed (see note)

Combine onion and garlic with an equal amount of water; set aside for 10 minutes to soften. In a large skillet, heat oil until hot. Add chicken; brown on all sides.

Remove chicken from skillet. Remove all but 1 tablespoon of the oil in the skillet. Add reserved onion and garlic, saute until golden, about 2 minutes.

Return chicken to skillet along with bouillon, soy sauce, ginger, sugar, salt and black pepper; bring to a boil.

Reduce heat and simmer, covered, for 35 minutes. Add green pepper and tomato wedges. Continue to simmer, covered, until chicken is cooked through (about 5 minutes).

Sprinkle with sesame seed. Serve over rice, if desired. This kitchen-tested recipe makes 4 to 6 portions.

(Note: To toast sesame seeds, cook and stir in a skillet over moderate heat until golden.)

ORIENTAL GINGERED CHICKEN

- 2 tablespoons instant minced onion
- 1/4 teaspoon instant minced garlic
- 1 tablespoon vegetable oil
- 3 pounds chicken parts
- 1/2 cup chicken bouillon or broth
- 2 tablespoons soy sauce
- 2 teaspoons ground ginger
- 1/2 teaspoon sugar
- 1/2 teaspoon salt
- 1/8 teaspoon ground black pepper
- 1 cup green-pepper strips

Meat pie for supper

By CECILY BROWNSTONE
Associated Press Food Editor

SUPPER FOR FOUR

- Meat Pie & Salad
- Fruit Compote & Cookies

MEAT PIE

- 1/2 pound ground beef round
- 1/2 pound bulk pork sausage
- 1/2 teaspoon ground allspice
- 1/4 teaspoon ground cinnamon
- 1/4 teaspoon ground nutmeg
- 3 medium (1 pound) potatoes, peeled and sliced
- 1 medium (4 to 5 ounces) onion, peeled and sliced
- Salt and pepper to taste
- Pastry for a 9-inch 2-crust pie

In a 10-inch skillet, over moderate heat, with a fork crumble beef and sausage until the

meat changes color and is cooked through. Stir in allspice, cinnamon and nutmeg. Reserve. In a 2-quart saucepan, cover potato and onion with water, and boil covered until tender — about 10 minutes. Drain, saving liquid, and mash; add enough of the saved liquid, a tablespoon at a time, to make mashed-potato consistency; add to meat and mix well with salt and pepper. Line a 9-inch pie plate with half the rolled-out pastry; add meat mixture; cover with remaining rolled-out pastry, cutting several vents in it; seal edges with fork tines. Bake on the rack below center of a preheated 425-degree oven until pastry is golden brown — 30 minutes. Serve hot. Makes enough for four with second helpings.

Pop up a barbecued snack

By Aileen Claire
NEA Food Editor

Popcorn variations are becoming as prolific as ice cream flavors.

Not to be outdone by the specialty stores, we've developed a barbecued popcorn. Use this recipe as a base to move on to other flavor combinations.

BARBECUED POPCORN

Grapefruit & banana cup

- Shirred Eggs & Ham
- Rolls & Coffee
- GRAPEFRUIT AND BANANA CUP

With a small sharp knife cut peel away from a large grapefruit so no white membrane remains. Cut away sections from dividing membranes. Peel a small ripe banana, slice and add to grapefruit sections with orange-flavor liqueur to taste. Cover and chill. Makes 2 servings.

- 2 teaspoons dried parsley flakes
- 2 teaspoons paprika
- 1/2 teaspoon hickory smoked salt
- 1/2 teaspoon onion powder
- 1/4 teaspoon garlic powder
- 2 quarts popped gourmet popping corn

Combine dry ingredients. Pour over freshly popped popcorn. Toss gently. Drizzle on butter or margarine if desired. This kitchen-tested recipe makes 2 quarts popped corn.

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