







## Local, Area Youth Food Show Winners

Seven local and area youth took top honors in the Parmer County 4-H Food Show Saturday competing against 30 other youth in senior and junior division contests.

First-place winners in the senior division are Cheryl Gohlke, Oklahoma Lane, main dishes class; Susan Mimms, Lazbuddie and Jacquelyn Langford, Farwell, side dishes.

They earned blue ribbons and the right to compete in the District 4-H Food Show in April.

Junior division first-place winners are Judy Lust, Lazbuddie Club were, Shawn Smith, red ribbon; Phillip Jesko, red ribbon. From Bovina Club were, Donna Beth Lide, blue ribbon; Velma Quintana, red ribbon.

Breads and Desserts: from Lazbuddie Club were, Jalayne Collins, blue ribbon; Janice Spencer, red ribbon; Susan Glover, blue ribbon; Jana Briggs, blue ribbon. From Bovina Club were, Joan Carson, blue ribbon; Pam Rhodes, blue ribbon. From Okla. Lane Club were, Thomas Mesman, blue ribbon; Yolanda Martin, red ribbon; Diann McKillip, red ribbon.

Parmer County 4-H Food Show is sponsored by the Texas Agricultural Extension Service, Texas A & M University System.

Main dishes: from Lazbuddie Club were, Lori Ivy, red ribbon; Dennis Johns, blue ribbon; Terri Clark, blue ribbon. From Okla. Lane Club were, Johanna Mesman, blue ribbon; Berny Mesman, white ribbon; Lucretia Turner, blue ribbon; from Bovina Club were, Kim Naegle, blue ribbon; Debbie Whitecotton, red ribbon. From Farwell Club was Alan Warren, red ribbon.



**LOCAL WINNERS** - Local winners at the 4-H Food Show in Bovina last week included from left, Jacquelyn Langford, Linda Gohlke and Cheryl Gohlke. They were among 4-H youth from throughout the county who participated in the food show at the Bovina School cafeteria.

## At Home In Parmer County

By Jana Pronger  
County HD Agent

Here are a couple of kitchen tips this week:

Kitchen ranges are designed to cook food-not to use as room heaters. No matter how high the temperature setting-or how long it's left on-a gas or electric range can't adequately heat a room.

When attempting to heat this way, a consumer risks damaging the appliance-while actually paying a higher price for heating fuel. Metals used in range construction can't withstand long periods of high temperatures-even inside the oven. When such temperatures are maintained, range walls may crack, chip and buckle.

In addition, spilled food in a dirty oven just cooks on tighter with high heats-making cleanup more difficult. Also, as a result of using a range as a substitute heater, the consumer may have to replace-or repaint-surrounding cabinets.

Using range top or surface units for heating prompts another problem, too. These units don't circulate heat around the room as needed. As a result, heat rises and causes a cold downward draft to settle where warmth is desired.

To avoid such excessive wastes of energy, money and equipment, use ranges and other appliances only for what they're designed to do.

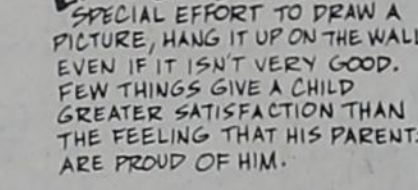
Imitation sour cream offers convenience-but has its limitation. Since this canned product doesn't require refrigeration,

consumers can purchase it and store it until needed-without spoilage.

An ideal topping for baked potatoes or base for dips and salad dressings, it also replaces real sour cream in recipes that don't require cooking-and in those where shortening power isn't important, such as casseroles or beef stroganoff.

But when it comes to such "old favorites" as sour cream pecan coffee cake use the "real thing." There's no way of predicting whether or not the imitation will yield the same results.

Before cooking with imitation sour cream, write the manufacturer. Ask for a recipe book designed for use with their particular product.



## Bovina Teacher To Get Conservation Award

The Parmer County SWCD Board of Directors has selected Mrs. Margaret Durben as the "Conservation Teacher of the Year" in the district. This is in recognition of her continued support of the District Essay Contest, said Herb Evans.

Mrs. Durben teaches English in the Bovina High School. Prior to that she was an English teacher at Lazbuddie, also in Parmer County. She makes her home in Muleshoe.

She has been teaching English in the Parmer County SWCD for six years. Each year she has over sixty-five stu-

dents. This means she has had over 390 essays written. "This many students have come to know more about conservation and our environment," continued Evans.

"Mrs. Durben is also a sports enthusiast and sponsor of the high school annual so she does come in contact with many students and affects their lives.

"Education received high priority in the district program. Mrs. Durben has contributed greatly to this part of the district program. We know she has done an outstanding job," he concluded.

## Oklahoma Lane Church Will Host Evangelist

From Sunday, March 24, beginning with morning services, Mrs. R. L. Flowers, an evangelist from Goldthwaite, will be conducting a revival at the Oklahoma Lane United Methodist Church.

Mrs. Flowers will be preaching services from Sunday through Wednesday, March 27. Breakfast will be served at the church each morning through the revival at 7 a.m. and evening services are scheduled for 8 p.m.

A spokesman for the Oklahoma Lane United Methodist Church said the Flowers Evangelistic team was assigned by the General Board of Evange-

lism of the Methodist Church to serve as evangelists and served that assignment for forty years.

Since the death of the Rev. Mr. Flowers, Mrs. Flowers has continued a preaching and teaching ministry. Her more recent pastoral assignments have been at Telfer and Goldthwaite.

## School Lunch Schedule At Texico

**MONDAY** - Hot dogs with chili, onions and pickles, French fries, orange juice, cookie and milk.

**TUESDAY** - Italian spaghetti, green beans, celery stick, hot rolls, fruit gelatin and milk.

**WEDNESDAY** - Chili beans, coleslaw, hominy, cornbread, cobbler and milk.

**THURSDAY** - Steak and gravy, creamed potatoes, gelatin salad, hot rolls, brownies and milk.

**FRIDAY** - Burritos, cheese and chili, lettuce and tomato, fruit cup, coconut cake and chocolate milk.

## Pretty Dressing For Girls

Because little girls like to be fashionable, we've gathered a group of newsworthy dresses. See them here.



Blue & white Ruffled Dotted Swiss... \$12.00

Pink & White, Lace-Trimmed Dotted-Swiss \$10.00

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## English Muffin Sandwiches, Quick And Easy To Fix

Hot sandwiches are a great way to satisfy hearty appetites. They are right for most any time of day-lunch, after school, at supper or for a snack after vigorous exercise.

Some of the most outstanding sandwiches of all are made on hot toasted English muffins. And, as the staff in the Test Kitchens for Thomas' specialty bakery products has found, hungry people can be most creative when it comes to making hot sandwiches. When a good assortment of meats, vegetables, cheese and seasonings is made available and a group is given the go-ahead, there will be as many flavorsome muffin toppings as there are people in the group.

Here are three that were developed in the Thomas' Test Kitchens. They include two pizzas and a muffin burger.

### PERSONAL PIZZAS

6 Thomas' English muffins  
Margarine or butter

12 slices fresh tomato  
Garlic salt  
Dried oregano leaves  
12 slices mozzarella cheese  
Grated Parmesan cheese  
Toppings (optional): anchovy fillets, sliced mushrooms, Italian sausage, pepperoni, sliced green onions or pimiento-stuffed olive slices

Split English muffins by scoring with tines of fork and then gently pulling apart. Toast; spread with margarine. Place tomato slice on top of each muffin half. Sprinkle with garlic salt and oregano. Place mozzarella slice on top and sprinkle with Parmesan. Broil pizzas 3 to 5 minutes or until cheese bubbles and muffin is thoroughly heated. If desired, garnish with anchovy fillets, sliced mushrooms, Italian sausage, pepperoni, sliced green onions or pimiento-stuffed olives. Makes 6 servings.  
Note: 1 (2-pound) can Italian

style peeled tomatoes, drained may be used in place of tomato slices. Break up tomatoes lightly with a fork and place on muffin halves.

### ENGLISH MUFFINS PIZZAS

4 English muffins  
Margarine or butter  
1 (16 oz.) can stewed tomatoes, drained  
8 ozs. bulk pork sausage, cooked, drained and crumbled (1 cup)  
Salt  
Oregano  
2 T. grated Parmesan cheese  
1 c. (4 ozs.) shredded mozzarella cheese

Split English muffins by scoring with tines of fork, then gently pulling apart. Spread each muffin half with margarine. Place about 2 tablespoons each of tomatoes and sausage on each muffin. Sprinkle with salt and oregano to taste, then Parmesan cheese. Top each pizza muffin with about 2 tablespoons mozzarella cheese. Broil 6 inches from source of heat 4 to 5 minutes or until cheese is melted and pizza muffins are heated. Makes 4 servings.

### MUFFIN BURGERS

2 lbs. ground beef  
2 t. salt  
1/2 t. pepper  
8 English muffins  
Margarine or butter  
1 c. catsup  
1 T. Worcestershire sauce  
1/2 t. prepared mustard  
Dash Tabasco sauce  
8 tomato slices

Mix together beef, salt and pepper. Shape into 8 patties. Broil to desired doneness. Split English muffins by scoring with tines of fork and then gently pulling apart. Toast; spread with margarine. Mix together catsup, Worcestershire sauce, mustard and Tabasco sauce. Place tomato slice on each hamburger. Serve between toasted muffin halves with spicy catsup sauce. Makes 8 servings.



**PERSONAL PIZZAS**-- Pizzas to the individual's taste can be made in double quick time when cheese, sausage, tomatoes and seasonings are offered along with English Muffins.

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## Church Slates Revival Week

A revival which began Wednesday at the Assembly of God Church in Texico will continue through Sunday services, according to Rev. James Alexander, pastor.

He said services are at 7 p.m., except for Saturday night, when no services are scheduled.

Evangelist for the revival is Don Sasse of Clovis.

### LaDonna's Beauty Shoppe

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## Gifted Students Program To Be Innovated At ENMU

In order to remedy what could be insufficient attention and emphasis placed on attracting and retaining academically gifted young people, Eastern New Mexico University has formed an Innovative Enrichment Program. The purpose of the program is to bring a higher percentage of academically talented high school graduates to Eastern than conventional recruiting procedures ordinarily produce and to meet the particular needs and desires of these advanced students who do not wish to settle for "anything less than extraordinary college learning experience."

Financial support of the program will be made possible by diverting some of the funds normally used for the Honors Program and Talent Day, as well as the solicitation of support from governmental agencies, foundations, and from private businesses, according to Paul Coggins, associate professor in English at Eastern.

Persons will be selected for the program through analysis of their ACT and other test scores, high school transcripts and recommendations. Where feasible, the program will cooperate in various ways with high school administrators and teachers to identify potentially qualified students.

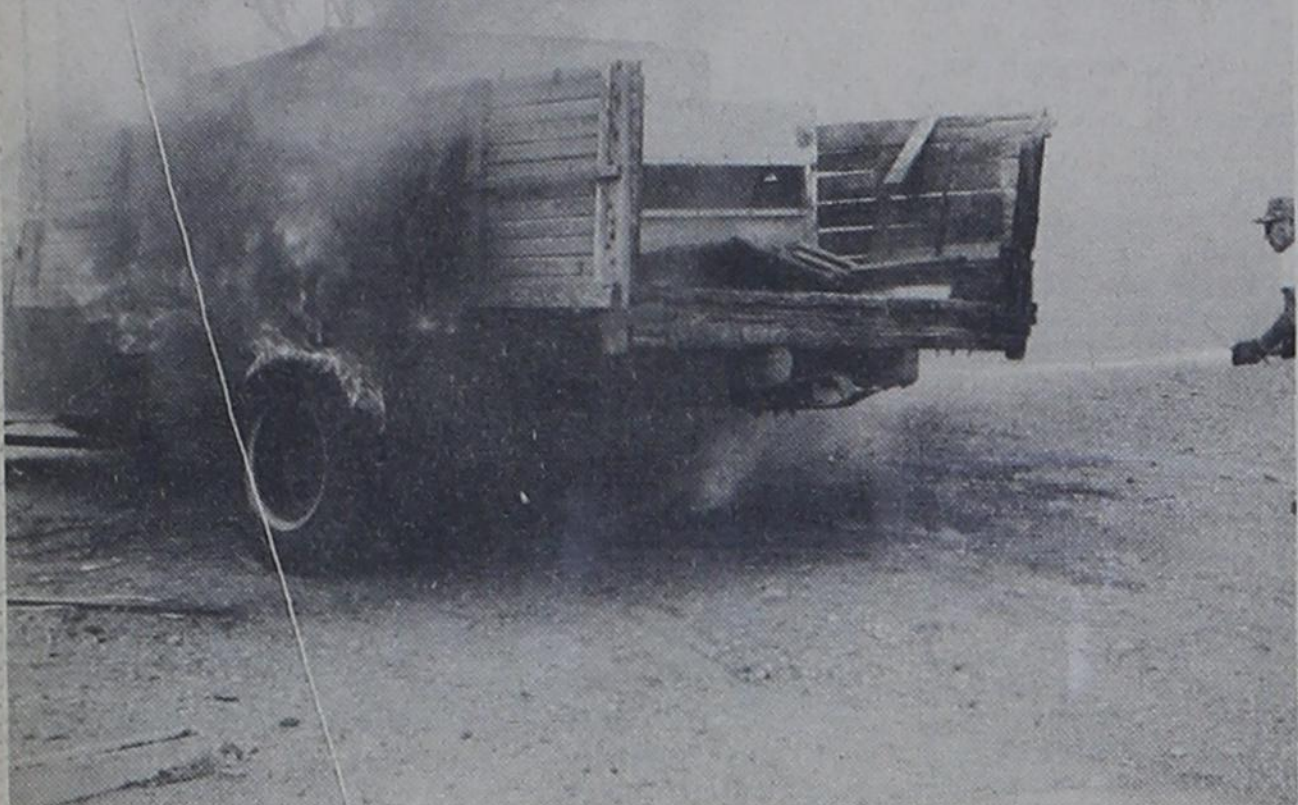
After their enrollment at Eastern, students possessing superior scholastic potentiality will be rewarded with an enriched program of studies that will challenge them to put forth their best efforts. Scholarships will be awarded to members of this group on the basis of their previous achievements and on the basis of their academic excellence.

Records will be kept on this group of students in a separate, centralized location so that immediate checks can be made on their progress and so that follow-up studies can be conveniently and efficiently conducted in the future.

It is the consensus of an ad hoc committee working on this matter that the Innovative Enrichment Program for Gifted Students can add new intellectual life to the University.

Among the benefits the student derive from participation in the program will be individual advisement from a faculty advisor who will determine the student's goals and aspirations and then offer academic direction in planning of courses and activities. Courses which are designed to challenge students with high capability will be recommended, and students will be encouraged to participate in frequent gatherings with fac-

ulty members and other students in the program. Special once-a-week seminars are planned which will feature Eastern faculty as well as teachers from other universities, community leaders and special guest speakers. For students who plan to do advanced study in graduate or professional school, the program will provide opportunity for the best preparation that Eastern is able to afford, Coggins explained.



**FIRST COME, FIRST SERVED** - By an ironic twist of fate, one of the first persons on hand Tuesday afternoon when a truck caught fire in Farwell was Howard Billingsley, fire chief from Texico. Here, he is shown wielding the pressure hose, extinguishing the fire. The truck happened to catch fire near Billingsley's place of business, and several Texico and Farwell firefighters answered the call.



**On The Farm In Palmer County**  
By R. MACK HEALD  
County Agent

Spring gardening season is at hand, and many homeowners are already preparing seedbeds and planting their favorite vegetables.

Numerous vegetables which are tolerant to cold weather may be planted four or more weeks before the last frost date. These include beets, broccoli, Brussels sprouts, cabbage, carrots, lettuce, onions, Irish potatoes and turnips.

Those less hardy which should not be planted until about the time of the last frost date include snap beans, Lima beans, sweet corn, cucumbers, cantaloupes, mustard, squash and tomatoes.

Before planting, prepare the seedbed to a depth of 8 to 10 inches so that it is loose and not coarse and lumpy. Apply two to three pounds of a complete fertilizer such as 12-12-12 per 100 square feet and work it into the soil. Then form the beds for planting. Plant as early as possible depending on the hardness of the particular vegetable crop. Select varieties well adapted to this county. Use transplants where possible to get the crop off to a head start.

When planting seed, cover them with soil three or four times their widest measurement, especially for big-seeded crops such as corn, beans, cucumbers and squash. Cover small seeds such as carrots and lettuce with one-half to one-fourth inch of soil. Keep the soil moist to enhance germination but do not over-water.

Once the crops are up, water them as needed so that the water penetrates the soil to a depth of at least six inches. Most gardens need about the same amount of moisture as delivered by one inch of rain a week during the growing sea-

son. Light sandy soils may require more frequent watering. Always water in the morning or at least not later than mid-afternoon so that plants will dry before night. This helps prevent foliage diseases.

Weed control in a garden is important, and a long-handled hoe is still the best tool around for this purpose. Remove weeds as they emerge to keep down reinfestations.

Adding a mulch of straw, leaves, grass, bark, gin trash, sawdust, peat moss or other organic material around plants helps control weeds and reduces soil temperatures and moisture losses. Black plastic may also be used.

During the growing season, keep an eye on your plants to detect early signs of insect and disease problems. When conditions warrant the use of insecticides and fungicides, apply only those that are recommended and approved. Always read the label on the container before using any chemical materials.

Once your vegetable crops are approaching maturity, check them closely. A vegetable's full flavor develops only at full maturity, so harvest your vegetables at peak maturity for their maximum flavor and nutritional content.

**Booth At Service For S. McDonald**

Farwell Athletic Director Toby Booth was in Oklahoma City last week to attend funeral services for a brother-in-law, Scott McDonald.

Booth said his brother-in-law died on Sunday, March 10, following a lengthy illness and the services were conducted last Wednesday.

### Mary E. Evans Rites Friday

Funeral services for Mrs. Mary E. Evans, 77, who died Wednesday, March 13, in West Plains Memorial Hospital in Muleshoe were conducted at 4 p.m. Friday in the Muleshoe First Baptist Church.

Officiating was the Rev. E. K. Shepherd, pastor of the First Baptist Church at Wilson, with burial in Bailey County Memorial Park under direction of Singleton-Ellis Funeral Home of Muleshoe.

Mrs. Evans was born in Hill County and moved to the Muleshoe area 48 years ago from Littlefield. She married Carl Evans in 1914 at Lubbock.

Survivors include her husband, Carl; seven daughters, Mrs. Oleta Hamblin of Muleshoe, Mrs. Gerry Yonaka of Tucson, Ariz., Mrs. Mary Thurman of Jacksboro, Mrs. Joe Holmes of Plainview, Mrs. Dorothy Morton of Edmonson, Mrs. Athalee McKillip of Amarillo and Mrs. Ivydell Curtis of Big Fork, Mont.; 25 grandchildren and 27 great-grandchildren.

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Shurfine 5 lb. Bag <b>Flour 75¢</b>	Shurfine 14 oz. Catsup <b>Catsup 4/\$1.00</b>	Shurfine 1 lb. <b>Coffee 89¢</b>
Shurfine no. 303 <b>Pears 3/\$1.00</b>	Food King no. 303 <b>Early June Peas 5/\$1.00</b>	Shurfine 46 oz. <b>Tomato Juice 39¢</b>

Wilson Smoked Fully Cooked <b>Picnic Hams 69¢ lb.</b>	Longhorn Brand 2 lb. pkg. <b>Bacon 2.09</b>
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Peytons Fresh Sliced <b>Beef Liver 59¢ lb.</b>	Family Style <b>Steak 1.09 lb.</b>	Armours Red Rind <b>Longhorn Cheese 1.29 lb.</b>
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Calif Firm <b>Tomatoes 5 lb. / \$1.00</b>	Calif. Baby Pod <b>Okra 49¢ lb.</b>
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Colo. Red McClure no. 1 10 lb. Bag <b>Red Potatoes \$1.29</b>	Calif New Crop <b>Cantaloupes 3/\$1.00</b>
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Morton 9 oz. <b>Honey Buns 39¢ Pkg.</b>	Bordens Round Half Gallon <b>Ice Cream 95¢</b>
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