GORMAN **PROGRESS**

Last Friday night the

Panther Booster Club met

in the School Cafeteria to

organize and elect new

officers for the year

1983-84. Barbara Morrision

was elected President,

Lester Seaton Vice Presi-

Treas., Donnie Rodgers

Reporter and the Program

and Finance Committee

was Lester Seaton, C.W.

Speedy Clark, and Gene

Foster. Projects to raise

money for all sports in high

school including boys and

girls basketball, track, and

football. The club has or-

Hunter,

Swanner, Al

SEPTEMBER 8, 1983

NUMBER THIRTY

dered some Panther mugs,

plan to give away 100

gallons of gasoline and

other projects in the coming

year. There was a good

response to the member-

and an extensive drive will

ates the work the officers

LOOK WHO'S NEW

IT'S A GIRL

Hagood are proud to an-

nounce the arrival of their

daughter; Jessie Elizabeth.

She was born August 27 at

4:00 p.m. in Blackwell

Memorial. She weighed

8lbs. and 6oz. and was 22

inches long. She was wel-

comed home by her brother

William. Also her Aunt

Maternal Grandparents

Ruthie and Uncle Bob.

York.

Mr. and Mrs. Bill

Our 83rd Year of Service

Member Texas Press Association

Gorman, Eastland County, Texas 76454

"Panther Booster Club Election"

Press Points

Joe Bennett, Publisher

All the talk around town this week seems to be about the attack on the civilian plane by the Russians. The people were really upset by he murderous actions by the Russians and a very large majority of folks favored strong measures by the President against the Russians in a TV poll taken by one of the networks. When President Reagan went on TV to announce his plans for action against Russia, most folks seemed to think it was just a "slap on the wrist measure". An awful lot of folks thought much stronger action was needed. Many of the other countries of the world condemned the actions of the Russians and are also taking measures of their own. I agree with most folks that stronger action is necessary that other world powers are not going to stand by and let them run roughshod over other people of the world. I don't know what to suggest at the moment to do to let them know we won't stand for this type of outright murder, but I am sure that those in high places know of a whole lot stronger measures to take

Well not all the talk was about the downing of the civilian plane, because the Gorman Panthers opened the season Friday night against the Hico Tigers and victory. Most of the fans were pleased with the improvement of the Panther defense and look forward to another good season with the Big Red.

other than those suggested

by the President.

We have gotten a report of some out of town construction people coming into out community and taking some folks money and not doing the job they agreed to do. All we can suggest to every citizen is to look into the construction people you plan to have work done by and check hem out before agreeing to nything or paying them anything. It is a shame for folks to be cheated out of their money by some folks who don't stand by their word. Like I said before - be sure and check out the folks you plan to do your work BEFORE you sign anything or give them any money.

The Freddie Gilmores continue to work on their expansion project at their home out on the Desdemona Highway. Poor Ole Freddie sure is working hard to get the job done while Kathy continues to crack the whip. Don't work him so hard Kathy. At least let him take time out to watch the football games.

We noticed that Dwayne Snell is coming right along with his expansion project. It sure is making his home look nicer.

Also the Coach Gibbs family are enjoying their new expansion project. I bet the coach is really hard to catch with all that running room is the house.

is coming along slowly. Ugh! that work sure is hard on this old man when the off a little for a ball game or break. Sorry Gene! two to break the work habit.

James is still working hard on the exterior project - because God Loves You!

4-H Meeting Scheduled For Monday, Sept. 12

meeting, Monday, Sept. 12 4-H activities. at 7:30 at the Methodist Church.

This will be our first meeting of this school year. We will have regular monthly meetings on the

Everyone interested in joining 4-H for this year needs to attend to fill out membership forms. All old tend: members have to fill out a new form this year in order p.m.

Our new officers will be

being in 4-H this year, make plans to attend. Bring 2nd Monday of each month. your parents. We need parents to be leaders and help with the Club.

Bring a friend!!

"Homecoming Thoughts"

Who are all those people, Elva Jane?

When I went to my high school reunion I thought I'd stumbled into a meeting of

of old age going around," I muttered to Elva Jane,

noting the preponderence of bald and graying heads. "Shhh," she whispered. "You're a bit desiccated

"You forget," I said with to let the Russians know some heat, "that I was a prodigy who graduated at a very young age. Twelve,

maybe, or was it at 13?" A plump lady in a polyester pantsuit and a beehive wig came charging up like a steamboat. Her cheeks were rosey-red with

"Is that you, Emmy Lou?" I said, with a note of incredulity in my voice. Emmy Lou used to be the prettiest cheerleader in school and when those old Panthers fell in line on the football field, pom-poms waved so fetchingly that sophomores often fell from the bleachers try-

"Why of c'ose it's me, came away with a 22-6 sugah," drawled Emmy Lou, peering through her bifocals at my nametag. Honeychile. I'd hardly reckanize you what with

As we moved on, tugged at Elva Jane's elbow. "Great Scott, haven't seen her in 30 years. She was Homecom-

Senior Class **Now Selling Dinner Tickets**

The senior class are selling homecoming dinner been you and Cletus," said tickets for the dinner to be Big John. "I'd, uh, like you held in the school Gym to meet the little woman; Saturday September 17, you remember Miriam, shw from 5:30 to 7:30 p.m. The you remember Miriam, she menu consists of barbecue, was president of the MYF beans, potato salad, choice or was it the BSU of apple or peach cobbler, Miriam?" and drink, \$5.50 per plate.

Place your orders now for Miriam, good to see you," I reservations, by contacting mumbled. "I remember

Seniors Selling Homecoming

homecoming mums homecoming 17. Place your order now. Contact any member of the senior class.

Gene Foster is working have stated the parents of ing next to the Post Office. only in the livestock shows He has the exterior redone are members. and is now working on the lowering of the ceilings Work on Lonnie's house inside. Carolyn has pool ole Gene down there working every free minute he has. Poor thing, he hardly even better half and Lonnie gang has time for a cup of coffee. up on me work me to death. Uh Oh! I bet I shouldn't Oh well, maybe I can take have mentioned the coffee

There will be a 4-H to participate in the various

installed and take over their new duties.

Make plans now to at-Monday - Sept. 12 - 7:30

"I ran the film projector

We strolled up to a group

"What's that I smell?" I

"Grecian Formula," she

"What have you been

doing with yourself,

Charlie?" I said, shaking

hands. Charlie had been

'I'm in the waterbed

business," said Charlie.

"You maybe seen my

teevee commercials." Oh,

no. Not him in a commer-

cial. Especially waterbeds.

"Still tough as leather?"

'How's that?" he said,

cupping a hand around one

"Never mind," I said.

We moved toward anoth-

'Big John?'' I said tena-

tively to a balding man in a

pastel leisure suit. Big John

had been the toughest guy

in the class, the one who

chewed kitchen matches

and wore a black leather

how we used to rattle

around the county in that

old green Plymouth of

yours, with that half pint of

time we drove over to Sipe

Springs and picked up

those two girls who were

sisters? Roxanne was the

one with the mustache

"Uh, that must have

well those riproaring times

'Indeed?'' she said.

I wandered off and left Elva Jane in search of a

Rolaid. I had just turned

around and T.L., who had

been class president and

-GP-

CORRECTION

ed in the last issue of the

Progress that all parents

-GP-

A NOTE OF

APPRECIATION

The employees of Gor-

man Care Center would like

to thank Graydon Baze for

building the clothes racks

for our Garage Sale this

past weekend, and taking

them down for us after the

sale was over. Without him

we couldn't have made it

Thanks a bunch, Graydon.

It was incorrectly report-

and ...

we had.

Big John, remember

jacket with all the zippers.

of men who looked vaguely

familiar despite the bags

under their eyes and belts.

whispered.

whispered.

football team.

I said.

for the Booster Club," I

said. "A prestigious posi-

the Spanish-American War "There seems to be a lot

yourself. After all, you're much older than I."

ing for a better view.

that beard and all." ing Queen and Miss Indian

Mums

The senior class is selling organized the reunion for whispered, "So much for September the good times!'

that Ruby Lee has him doing. The house is looking good and the appearance who have students in the will really be great when 4-H and FFA Booster Club the finishing touches are were automatically mem-

And remember to smile

Everyone interested in dent, Terry Clark Sec.

Panther Booster Club To Meet Trails in the same year." "What were you?" Monday, Sept. 12

Panther Booster Club will meet Monday September 12 at 7:00 p.m. in the high school auditorium for a regular meeting and the showing of the football film

of the previous game. The club will continue to meet on each Monday night at the same time and will be showing the football films of the last game played.

the leading rusher on our Jr. Class To Sponsor Homecoming Dance

The junior class will sponsor a homecoming dance Saturday, September 17, at 10:00 p.m. at Frank A. Gray Memorial Park. The dance will be held at the pravillion. Tony Ripley and his band Nughin Fancy will provide the music. Admission is \$8.00 per couple and \$5.00 for sin-

-GP-

CARD OF THANKS

To my beautiful family who was my tower of strength. To my relatives who sent their love and concern and to so many friends who remembered me in countless ways.

white lightening from Glen I have been so deeply touched and so deeply He looked pained and blessed. Thank you for your wagged his eyebrows up prayers, flowers, gifts, and down. "We did?" he calls, cards and food.

"Yeah, remember the has me.

Betty Henderson -GP-**NEWS**

John Edward Clark of Granbury visited Tuesday with his aunt. Mr. and Mrs. George Hollifield.

-GP-NEWS

Miears and Monica May God bless you as He -student from Sweden. her friend Monica.

ITEMS OF

4-H and FFA Booster Club will meet the Third Monday of each month at 8:00 p.m. at the School Cafeteria.

Monthly 4-H Meetings will be held the second Monday of each month at 7:30 p.m. at the First United Methodist Church.

School Board will meet Monday. September 12.

Chamber of Commerce will meet Thursday. September 15 at 9:00 a.m. at City Hall.

South Eastland County Hospital District Board will meet the Third Monday of each month at 7:00 p.m. at 'e bers of the club. It should Hospital.

very hard now on his build- students showing livestock A Musical will be held the Second Friday night of each month at 7:00. P.M. at the Fire Hall. The Public is invited to attend.

> Gorman Chapter 443 O.E.S. meets 1st Monday each month at 7:30 p.m.

Gorman Annual School Homecoming, Saturday, September 17.

Woman's Auxiliary of Blackwell Hospital meet arst Tuesday of each month at the Senior Citizens Center at 3:00

Gorman Lodge 716 AF&AM stated meet ings 2nd of every month at 7:30 p.m. Members urged to attend. Visitors welcome.

Crimestoppers will meet the first Thursday of each Howard Hagood; Nelda and your children or grand- join an evening of fellowmonth at 7:00 p.m. at the Senior Citizens Center.

PANTHERS STUN TIGERS 22-6;

the Tiger 15 on a pass to Panthers on the ground Ricky Hunter close to the with 97 yards on 23 carries.

half time mark, but Ricky Rhett Harrison got 41 on 11

fumbled the ball when he totes. Eddie Pettit had 21

was hit with a hard tackle on 8 tries. Hunter had 12 on

and the drive stalled. The 4 trips. The Panther yard-

half time score remained at age total was hurt by

The Big Red offense Woodall carried once for 3

moved the ball on two vards and David Gibbs was

pretty good drives in the caught for a 5 yard loss on

broke through and blocked held them scoreless the rest

a Tiger punt and recovered of the way. There were

third quater but could not one keeper.

score until 4:36 of the third

period when Jeff Seaton hit

Hunter with a 5 yard pass.

The score was set up by a

beautiful defensive play by

Sam Brinegar when he

it on the Tiger 7 yard line.

The run for two points

failed and the Panthers led

14-6. The Tigers got a

drive going and moved to

the Panther 29 before los-

ing the ball on a fumble

which was recovered by

Jacky Johnson. The Big

Red machine then proceded

to drive for another score

on a beautiful drive which

took 15 plays, with Rhett

Harrison (not Harris) bull-

ing over from the one with

5:45 left in the game. The

drive featured two good

pass plays to Hunter and 4

carries by Rhett. A pass

from Seaton to Jeff Ripley

added the two-pointer and

the Panthers were up 22 to

6 on the scoreboard. The

Panthers got close again on

their next series but could

not score and the final score

Mark Swanner led the

EXCELLENT PASS PROTECTION — Jeff Seaton is shown having all the time in

the world to find a receiver open in game action against Hico Friday night.

Seaton threw 11 passes for a total of 79 yards. Rhett Harrison and Mark

Swanner are shown keeping the area around Seaton clear of Tigers.

was 22-6.

Seaton being caught for two

12 yard losses on pass tries.

The Panther defense did

a good job against the

heavy Tiger team after

allowing the Tigers to score

on their first series and

several real great individ-

ual efforts on defense, how-

ever, there is no way that

we would single out only

one or two players because

it was truly a team effort

with a lot of good hitting on

The Panthers won't have

long to savor the opening

victory, however, as they

must travel to Baird this

Friday night to take on the

Bears in the Bears Den.

The Bears defeated the

Panthers last year at Gor-

man by the score of 21-14 in

a hard fought game and the

Panthers will be trying real

hard to win this one. If the

Big Red defense continues

to improve on last weeks

efforts, then they stand a

good chance of winning

over the Bears Friday night

Go Get 'Em Big Red!

at Baird.

both sides on the line.

GAME AT A GLANCE Hico Gorman First Downs Yards Rushing 187 Yards Passing 7 of 11 Passes Comp. 3 of 15 Interceptions

3 for 25 Punts, Avg. 2 for 8 5 for 35 Penalties 2 for 20

Fumbles Lost

The Gorman Panthers of ship drive at the Hico game 1983 opened their season on a bright note at Brogdon be initiated in the near Field on Friday night when future and we invite any they hosted the Hico Tigers one and everyone to join in a tough game. At the one and everyone to join. beginning it looked very The dues for a year is only bad for the Panther defense \$3.00 per individual and as the Tigers took the \$5.00 per family. The Pan- opening kickoff and followther Booster Club appreci- ing two running plays that gained 8 yards, Mark Lewis did this past year and the broke loose around his right cooperation and support of side, got clear of the deall members of the Booster fenders and raced 80 yards for a score with 10:20 left in the quarter. The Panthers and their fans were shocked that Hico scored so easy against our defense. The kick try for point after failed and the Tigers led 6-0.

The Panthers came out of shock real quick, however, as the Panther offense took the kickoff on their own 35 and scored in 10 plays with Mark Swanner breaking in the open and racing 15 yards for the score with 5:10 left in the period. Eddie Pettit ran for the two pointer and the Panthers were ahead to stay at 8-6. The Panthers moved to

are Sussanne Rankin of Gorman and John Schofield of New York. Great grandparents are Mr. Barton Rankin of Arlington and Mrs. Ileen Schofield of New

Paternal grandparents are Mr. and Mrs. Howard Hagood of Gorman. Great grandparents are Mr. and Mrs. Cecil Robertson of Gorman and Mr. Frank Hagood of Ft. Worth.

Also, her Her name is Jessie Elizabeth and not Gracie Alexander. -GP-

4-H AND FFA BOOSTER **CLUB TO HOLD** DRAWING

The Gorman 4-H and FFA Booster will sponsor a drawing for a Winchester 12 gauge Ranger Shotgun Model 140 semi automatic winchchoke with a vent rib. For more information contact any member of the

The drawing will be held at the last home football

Mr. and Mrs. James Johansson, an exchange spent the Labor Day weekend in Conroe with Mr. and Mrs. Rav Williams. Asa. an exchanged student from Sweden, who lives in Conroe visited in the FINE EFFORT — Mark Swanner is shown here trying to get passed a Hico Williams home and with Tiger in game action Friday. Mark ran for a total of 97 yards.

GOOD DEFENSIVE ACTION - Jacky Johnson, Mark Swanner, and Russ Gressett are shown putting the finishing touches on a Tiger runner in game action Friday. The Panthers held the Tigers to 187 yards rushing and only one

Elects New

Frank A. Gray Memorial Park Association met August 29 for a business meeting and the election of son; Entertainment chair- enjoy and have fun in. new officers. Milton Jenson was elect-

ed president; Mauney, vice-president Brent Lasater, Secretary; Pat Hagood, treasurer; Phyllis Lightfoot, reporter: Lottie Morris, food chairperson; Game chairperson, Fannie Underwood; Ground

JEWEL CEMETERY **BUSINESS MEETING SET** FOR SATURDAY

meeting will be held Saturday, September 10, at 10:00 a.m. Basket lunch will be spread at the noon hour. All ed to attend.

person, Juanita Fuller.

Directors are: Fred the park association please Donnie Rogers, Jo Ann Butler, contact Pat Hagood at Troyat Underwood, James 734-2977 or Phyllis Light-Miears, Wesley Warren.

association is only \$2 per year. The dues and any Mauney, Events Chairper- children a better park to ship at the park.

MUSICAL AT FIRE HALL SET FOR FRIDAY

The monthly musical will Jewel Cemetery business be held at the Fire Hall Friday September 9 at 7:30 p.m. All musicans of the area are invited to participate and everyone is invitinterested persons are urg- ed to attend. Refreshments will be available.

Anyone wishing to join

foot at 893-6040 or any Membership in the park member.

The next meeting will be donation are used for the an ice cream supper on improvement of the park, September 24. Bring cake, chairperson, which would enable you cookies, or ice cream and

GREAT PLACE ne Classifieds! TO BUY SELL TRADE OR RENT

BRAMLETT, INC. Stephenville, Texas 817-968-4118 Sales — Parts — Service

For Central Texas John Deere, Lilliston, Kelly, Osevalt, Ag-Bag and Bush Hog 13 Acres of new and used inventory. We want

your business. Sales Representative: Dale or Donnie Gay. Sales Manager: Jr. Beina. 9-1-FNC.

FOR SALE: Motorcycle Kawaski 1300 - six cyclinder - 120 HP. Faring sheild Vetter bags; low mileage. Priced to sell to interested party. Call 893-6681 De Leon. 4-9-15 P.

FOR SALE: 4 bedroom, 2 bath brick home, 2 vears old. Central air and heat, fully carpeted 85 x 212 ft. lot. Call 734-2086. 7-14-FNC.

RCG LEASING, INC. Medical Speciality Southside of square Eastland, 629-8052 Buy or lease Walkers. Wheelchairs. Hospital Beds. Oxygen, etc. Medicare Approved --Free Deliveries, 1-27-fnc

Blackwell Hospital is color TV sets on Sale. now accepting applica- Next shipment will be tions for Aides for 3:00 higher. See them at Kay to 11:00 and 11:00 to TV, Inc., 102 S, Texas 7:00 shifts. We offer St., De Leon, Texas, shift deferential, group Phone 893-2377. 5-9-30p insurance, salaries com- WANTED: Experienced parable to area hospitals. Apply in person to Director of Nurses at Blackwell Hospital in 7-28-FNC. Gorman.

Jim Frank's **Appliance Service** and Sales

Maytag and Whirlpool Frank doesn't care who sold it -- he will service it. De Leon, 893-6778. 12-9-8 P.

CALL US FIRST FOR ALL YOUR **AUCTION NEEDS** TUCKER AUCTION CO. Rt. 1, Box 90 Eastland, Texas 76448 817-629-1956

Consignment Sale Second Saturday of Each Month at 7:00 P.M. 1-6-FNC.

BLACKWELL HOSPITAL is now accepting applications from registered nurses for part-time and full-time work. RN's work six 12-hour shifts per 2-week pay period and are paid for 80 hours. We also offer shift differential, mileage pay, and group insurance. Apply in person to Director of Nursing at Blackwell Hospital in Gorman. 8-18-FNC.

R&R CARPET CLEANING FREE ESTIMATE Randall Rogers Office Home 629-1121 647-1211

WANTED R.N. AND L.V.N. Nurses For 11 p.m. to 7 a.m. Shift BLACKWELL HOSPITAL Gorman, Texas Phone 734-2294

3-12fnc

1-6-FNC.

THE GORMAN

PROGRESS Entered as 2nd Class Mail at the Post Office in Gorman,

Texas 76454, under the Act of March 3, 1978. Published on Thursday at Gorman, Eastland County, Texas 76454 Publication No. 222780

Second Class Postage Paid at Gorman, Texas 76454. Joe Bennett, Publisher Estelle Craddock, Editor

Lonnie Bennett, Assistant Editor and Photographer SUBSCRIPTION RATES **Eastland and Comanche** Counties \$7.00 Per Year

All Other Subcriptions \$10.00 Per Year DISPLAY RATE \$1.20 Per Col Inch Classified Advertisements .07 Cents Per Word Minimun Charge - \$1.40 Card of Thanks - \$2.00

WANTED: Carpenter work, remodeling and new buildings. Anything in the carpentry line. Small or large jobs. Free Custom Belts, Chaps, estimates. Call James Billfolds, now for Williams, 817-639-2306. 4-9-15 P.

Custom Draperies Made- no labor charge when fabrics, etc., are bought from our store. Free estimates. W. H. Smith Dept. Store. Phone 893-2135.

5-26FNC.

FOR SALE: 2 All metal peanut trailers, 1- 1500 Lilliston Combine; 1-1981 185 Honda motorcycle: 1- grain drill; 1-John Deere one way; 1pipe trailer. Call 2-9-8C. 734-2479.

SAVE ON CARPET: Buy at wholesale plus 10% and freight. Cash - no stamps. W. H. Smith Department Store, De 5-26-FNC.

> WE BUY JUNK CARS AND MOTORCYCLES 734-2884

Mason Auto Parts Gorman, Texas 2-5-27 FNC.

NEW SHIPMENT -1984 Model RCA 25 inch

Secretary and Clerk to handle billing and posting. No Shorthand. Call 734-2252 for interview. Gorman Milling Co., Gorman, Texas: 8-11-FNC.

FOR SALE: Two year old brick home, two or three bedrooms, 2 baths, den, 2 car garage, patio, on large corner lot, Call 734-2459. 7-21-FNC.

Now Taking Applications for LVN, 3 to 11 shift. Apply in person to Director of Nurses or at the Business Office at Gorman Care Center, Gorman, Texas 6-9-fnc

FOR SALE: 1981 Chevrolet Caprice Classic, 4 door, Power/Air, Automatic, One Owner, \$6,195. Call 8-4-FNC. 734-2782.

FOR BUTCHER: Pigs feed lot, grain fed. All young. 734-2156. 8-18-FNC.

HAPPY DAY CHILD CARE CENTER Open Monday - Friday 6:00 a.m. to 6:00 p.m. During football season will be open until midnight

Call 734-2778. 8-18-FNC REAL ESTATE: 88 acres. lots of pavement, trees. Coastal, peanut land, \$700 Acre.

40 to 85 acres all Coastal, 1 tank, near pavement. Pretty home site, \$800 per acre. Good

25 Acres. Most all good cultivation. Some trees. \$800 acre. All located within five miles of Gor-

COGBURN REALTY 893-6666 De Leon 2-17-FNC

DOES YOUR HOUSE NEED 6 INCH FIBERGLASS INSULATION

Keith Insulation 817-842-5823

In The Attic?

817-893-5853 Free Estimates

Stephen's

Studio

DIRECT COLOR PORTRAITS PHOTOGRAPHY WORK Open Tuesday through Saturday

105 S. Patrick 445-3765

RANGER BOOT SHOP 118 N. Austin Ranger, Texas 647-3921

Christmas. We also offer Boot and Shoe Repair with guaranteed satisfaction. Repeat Customers discount. Open till 6:00 p.m. Weekdays. Daniel and Phyllis Boone, 4-9-8 P.

FOR SALE: Gilts and 734-2156. boars, 8-18-FNC.

FOR SALE: 3600 Sg. ft. house in Gorman under \$50,000. House on 11/2 acres and garden has own water well. For information call Era Maupin, 817-734-2940. 4-9-8 C.

NOW OPEN Fish and Tackle Shop Westside Mobil

FOR SALE: Recently remodeled

843-6630

4-21-FN(

\$10,000.

Phone 734-2833

FREE: TO GIVE AWAY 8 WEEKS OLD PUPPIES. CALL 2-9-15 P. 734-2904

> LOOKING FOR A **USED HOME?**

We have a large selection including a one year old 14x60, 2 bedroom, 1 bath completely furnished with washer and drver. Hardboard exterior with 2x4 construction. This can be yours for little as \$191.95 per month. Easy terms. For more imformation Call 817-573-2442 or by Four Seasons Mfg. Housing at 1504 N. Plaza, Granbury. Texas. 1-9-8 C. Back from Hospital and

Sportswear, Infant-Preteen, Ladies Apparel, Combination, accessories or Large Size HELP WANTED: Posi-Store. National brands: Jordache, Chic, Lee, Levi, Vanderbilt, Izod, Gunne Sax, Esprit, Brit-Ocean Pacific, Evan 893-6370. Picone, Haberdashery, Healthtex, 300 others. \$7,900 to \$24,900, inventory, airfare, training, fixtures, grand opening, etc. Mr. Loughlin (612) 888-6555.

Water Well Drilling

RAY MERWORTH

Rotory Drilling Air and Mud

Major Brand Pumps

900 W. Central

915-356-2844

Comanche, Texas

1-9-8 P

JOHNNY C. SMITH

D.D.S. **GENERAL DENISTRY**

OPEN MONDAY THRU FRIDAY 9:00 to 5:00 FOR APPOINTMENT CALL 893-2023

706 Fannin

DE LEON, TEXAS

WELCOME TO SERVICES of the **GORMAN CHURCH** OF CHRIST

ODELL CARTER, Minister SCHEDULE OF SERVICES

BIBLE CLASS MORNING WORSHIP EVENING WORSHIP

10:00 a.m. 10:45 a.m. 6:00 p.m. THURSDAY LADIES CLASS 10:00 a.m. WEDNESDAY EVENING 7:00 p.m.

REED'S BACKHOE SERVICE

Custom Backhoe Work Septic Tank and Drain Line Installation Cellars, Ditching, and Foundation digging 24 Hour Answering Service Phone 817-965-4344

See Display of Monuments across from Football Stadium

Riley-Gardner Memorial --- Hamilton

ERA MAUPIN, Agent Route 1, Box 2 GORMAN

SALYER & SHARP CHIROPRACTIC CLINIC

200 East Blackjack Street Dublin, Texas 76446 (817) 445-3317 Clinic Hours: 7-12 & 2-6

Dr. Salver - Mon/Wed/Fri Dr. Sharp - Tues/Thurs/Sat. CARBON NEWS

By Mrs. Bob Hasting Phone 639-2517

Mr. and Mrs. Lawrence Hogan visited their son Terry Hogan, wife and baby in Temple last weekend. Terry is still in the V.A. Hospital there and is improving satisfactorily.

Mr. and Mrs. Dean Mc Curry and daughter of Houston spent the weekend with their grand parents Mr. and Mrs. Henry Hines. Guy Warden of Clifton

am able to buy your cans Own your own Jean- and scrap iron and used lumber. W. L. Wolfenbarger, 734-2564. 1-9-8c

tion open for Butcher or produce, plus general grocery help. Experienced only. Call Mike tania, Calvin Klein, Burleson, 893-2444 or 1-9-8 C.

WANTED: Experienced grocery checker for part time, possible full time. Call Mike Burleson, 1-9-8 c.

PART TIME TAKE IN-VENTORY IN GORMAN STORES. CAR NECESSARY. WRITE PHONE NUMBER, EX-PERIENCE TO: ICC H646, BOX 527. PARAMUS. N.J. 07652." 3-9-22 P.

was a visitor at worship services of Carbon Church of Christ on Sunday

Mr. and Mrs. Paulk of Sierra Blanca spent the Labor Day weekend with Mr. and Mrs. Charles Morgan, Marty

Sally Walker of Coleman spent Sunday and Monday with her grandparents Mr. and Mrs. Collin Campbell. Bobby Wooley of Dallas spent the Labor Day weekend with Mr. and Mrs. J.H.

Mr. and Mrs. Lauham of Hawley visited Mr. and Mrs. Lloyd Jackson during the weekend. They also visited Allan Jackson in Hendrick Memorial Hospital, Abilene on Tuesday.

Darin Skinner of San three sisters. Angelo spent the weekend with Mr. and Mrs. Roy Skinner.

Mr. and Mrs. Jimmy Files and family of Ranger visited his parents Mr. and 893-2444 or 893-6370. Mrs. C.H. Files on Sunday.

> Bobby Joe Jackson of Odessa visited relatives and friends here part of last week and over the holiday.

Visiting Mrs. Ora Lee Snider Sunday were her sisters and familie Mr. and Mrs. Roscoe Hill of Brownwood, Mr. and Mrs. Johnnie Mc Gee of Ranger.

11/2 Miles North of Carbon

on Hwy. 6 Phone 639-2426 Free Estimates

AUTO GLASS INSTALLED AND INSURANCE CLAIMS PROMPTLY HADLED

> WE WORK ON AMERICAN AND IMPORTED CARS AND TRUCKS



WHOLE - HALVES - QUARTERS Jerry Westmoreland, Manager

Laid To Rest Thursday

Travis D. Duncan, 69, of 1258 S. LaSalle, an Abilene resident since 1951, died 30, 1983 at the Veteran's Administration Hospital in Big Spring after a lengthy illness. Graveside services were at 10 a.m. Thursday at Flatwood Cemetery in Eastland, directed by North's directed by Bakker Funeral Funeral Home, Orange.

Groves, pastor of Westminster Church, officiated.

was a member of Westminster

Survivors include wife; and four nephews, R.O. Duncan of Eastland, Marvin Duncan of Breckenridge, James Duncan of Tim McBrayer of Dallas. -GP-

RJC-LVN CLASS ELECTS 83-84 OFFICERS NEW OFFICERS President - A.J. Luna of

Eastland Vice-President -Oscar Holbrook of Ranger Secretary-Treasurer Cyndi Johnson of Sydney Reporters - Alice Phillips of De Leon, Jean Dito of Palo Pinto Lake

Class enrollment 14. Instructor, Pat Morgan of Ranger, has been with R.J.C. for 9 years. Sue and Jerry Troutman

of Gorman are enrolled in the R.J.C. LVN program. Alice Phillips, class reporter

"Diligence is the mother of good luck."

Benjamin Franklin crisp, and milk **ECONO-MIZER** Come in and see this new bedroom, 2 bath, and milk double wide home. Lots of room for a

growing family. Many deluxe features including hardboard exterior, composition roof, 2x6 exterior walls, vaulted ceilings, Jacuzzi, double door refrigator, solar bronze windows, and much more. All this

for only \$29,995.00. Come by **FOUR SEASONS** MFG. HOUSING 1504 N. Plaza Granbury, Texas 817-573-2442

1-9-8 C.

Money Market Account



Sunbelt Savings

Hwy. 6 734-2241 Member FSLIC

FARM DIESEL FUEL

Delivered To Your Tank

Gorman, Texas

Claud R. Services Held Thursday

Claud R. Wood, 82, of Odessa, formerly of Eastland, died at 10 p.m. Satur-Tuesday morning August day Sept. 3, 1983 in Odessa. Services were at 2 p.m. Thursday at First Baptist Church in Eastland.

The Rev. Jim Hooten, pastor, officiated. Burial was at Simpson Cemetery, Home. Mr. Wood was born Nov.

Rev. Grantland 7, 1900 in Stephens County. He was married Oct. 10, Presbyterian 1931 in Carbon, and worked as a barber for 52 years in Born June 12, 1914, in Vernon, Ranger and Gor-Long Branch, he lived in man until his retirement in Gorman until he joined the 1975. He moved to Odessa Army in 1941. He married in 1981. He was a member Mary Lillian Ramsey Dec. 6 of the Assembly of God 1953, in Sweetwater. He Church in Vernon and of the Vernon Lions Club and Presbyterian Optimist Club.

Survivors include his He was preceded in wife, Velma; a son, Ronald death by two brothers and of Fort Collins, Colo.; three daughters, Claudell Krieg of Odessa, Lavelle Key of Vernon and Marilyn Murphy of Lansdowne, Pa.; two sisters, Athalie Overand and Dovie Grigg, both Cottage Grove, Minn., and of Eastland; 11 grandchildren; and three greatgrandchildren.

-GP-*******

Week September 12-16 LUNCH Monday - Fish, tarter sauce, macaronia and

cheese, green beans, corn bread, and milk Tuesday - Beef tips, gravy, mashed potatoes, English peas, Hot rolls, cookies,

and milk Wednesday - Taco Salad. lettuce, tomatoes, cheese, Ranch style beans, Apple

Thursday - Lasagna and cheese, buttered corn, spinach, Batter bread, jello

Friday - Hot Dogs and chili, French Fries, pork and beans, fruit and milk -GP-

BLACKWELL HOSPITAL **REPORT**

Patients listed in Blackwell Hospital on Wednesday morning were: Dorothy Pelham Mettie Deford Mary Franklin Latricia Bryant Fabian Garlia Clyde Pulley Johnnie Baze Jo Ann White Patients dismissed on

September 2 John Hunt Jimmy Mosley Sarah Mize Jessie Lee Eison September 4 James Bishop -GP-

A reduction in employment in the steel industry, experts say, would lower the tax base from which civil servants are paid.

Jody's Car Stereo Warehouse Hwy. 80 EAST 629-2015 EASTLAND, TEXAS

Car Stereos **CB** Radios Antennas

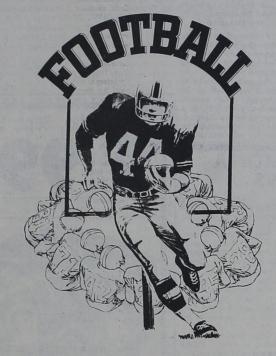
Top Quality Brands **FEATURES** Pioneer — Clarion Sansui and K40 WE DO INSTALLATIONS

46x14 - Two Bedroom \$11,207.00 56x14 - Two Bedroom \$11,900.00 70x14 - Three Bedroom \$14,987.00 80x16 - 16' Wide \$21,544.00 Four Seasons Manufactured Housing, 377 By-Pass, Granbury, Texas 573-2442. 2-9-8C.

Also Gas, Oil and Tractor Fluid

K&W FUEL 734-2515 or 734-2396

400TBALL OPENING



GORMAN PANTHERS



BAIRD BEARS

8:00 P.M.

September 9

Baird Stadium

Football Schedule

Sept. 2 - Gorman 22 - Hico 6

SEPT. 9 - BAIRD - There - 8:00 P.M. SEPT. 17 - LOMETA - Here - 7:30 P.M.

Homecoming Game

- SEPT. 23 GOLDTHWAITE There 7:30
- * SEPT. 30 ROCHELLE Here 7:30 P.M.
- OCT. 7 CROSS PLAINS There 7:30
- OCT. 14 OPEN
- OCT. 21 SANTA ANNA Here 7:30 P.M.
- OCT. 28 EVANT There 7:30 P.M.
- NOV. 4 BLANKET Here 7:30 P.M.
- NOV. 11 RISING STAR There 7:30
- **Denotes District Games**

Jr. High Football Schedule

Panther Roster

No.	Name	Class	Weight
10	Jeff Seaton	Sr.	157
11	Rhett Harrison	Soph.	175
12	David Gibbs	Fr.	141
20	Jacky Johnson	Sr.	173
22	Mark Swanner	Sr.	170
23	Eddie Pettit	Sr.	150
24	Zachary Wilcox	Jr.	127
31	Joey Beaty	Fr.	150
40	Brian Wood	Fr.	117
44	Jimmy Woodall	Jr.	134
45	Ricky Hunter	Jr.	143
50	Sam Brinegar	Fr.	161
51	Russ Gressett	Jr.	157
55	Mike Jones	Sr.	166
60	Bill Plaunty	Fr.	145
61	Wayne Warren	Soph.	141
62	Olin Harrington	Jr.	152
63	Eric Jenkins	Soph.	124
66	Juan Pacheco	Sr.	165
70	Joe Underwood	Jr.	203
74	Lance Jones	Fr.	113
75	Tom Chandler	Soph.	160
76	Jimmy Simmons	Soph.	159
77	Danny Barnett	Soph.	147
78	Royce Ridens	Sr.	188
80	Noble Laminack	Soph.	130
84	Jeff Ripley	Jr.	144
86	Mike Snider	Fr.	109
88	Kelly Branch	Soph.	140
	Ronnie Standrige	Fr.	158
	COACHES: Allan Gib	bs,	

Dale Ables, **Dudley McCarty** SUPERINTENDENT: G. W. Maxfield

PRINCIPAL: A. L. Hunter

MASCOT: Panther

COLORS: Red and Blue

CHEERLEADERS: Terri Keith, Head Michael Ann Silva Angela Burgess Lisa Foster Sue Osborne

Kristi Odell, Mascot

BAND DIRECTOR: Lisa Canady

Stacy Slampa, Head Anita Scitern Becky Cordell

DRUM MAJOR:



SUPPORTING THE PANTHERS ALL THE WAY IN

Westside Mobil Station and Garage **Sunbelt Savings Brown's Feed Store K&W** Garage and Tire Store Gorman Insurance Agency Higginbotham's Lasater's Department Store **Todd's Variety Store** Foster Floral Gilmore's Auto Center Gorman Pharmacy **Comanche County**

Telephone Company

Birdsong Peanuts Southwestern Peanut **Growers Association** Gorman Exxon Station Jay's Grocery and Market **Doctors' Clinic** First National Bank Mauney Farm Supply Gorman Milling Company **Family Medical Clinic** Clark Construction Co. Mason Auto Parts A. O. Easley Trucks, Inc. Smith Bros. Chevrolet Co. Blackwell Hospital Community TV Cable Service Henderson's Quickway Grocery and Deli **Bob's Grocery and Station** Jay's Insurance Agency **Smith Peanut Dryers** and Warehouses Eaves Bros. Inc. Munn Cleaners — 2318 Powell's Barber Shop Anderson Produce - 2886 Gorman Care Center Gorman Progress

CITY CHIT CHAT

By Charlie L. Garrett, Mayor

At the last regular meet- coverage for the other two ing of the City Commission, day, we pay them extra for the mayor and all commis, working an eight hour shift Jim Rogers, and Gene Bar- we do not pay for coverage.

approved for payment. Minutes of the last meeting were approved. The Audit report for last year was examined and approved.

cussed at length was proceedures of the Police Detime we have complaints paid. about not being able to get an officer when one is citizen feels a need for an needed. There are some office, he wants one and reasons that might account wants him right then. This for this, which I will try to is not always possible for explain. We have two the officer may be off duty police officers who are em- when you call. It may take ployed for forty hour work some time to locate an week. In order to give officer and get an answer to

sioners were impresent on the week ends. This still Others, present were Mrs., just gives coverage for six-Brinegar, Cheif Funder teen hours each day for burg, Judge Ingram, Tom- seven days. This means my Harrison, Vardie Huff, that we have eight hours Mrs. A.O. Easley, Mrs. each day of the week when These two men are working Bills for August were many hours each week for which they get no pay. We know that it is a problem, but we don't know just what we can do to solve it. We don't feel that we can One thing that we dis- ask them, any more than you would ask your employee, to work beyond the partment. From time to hours for which they are

I know that when a

WE HAVE THE

It's a four step scientific system to make dry, flyaway hair shinier, more manageable Call or come in now!

> REDKEN Salon Prescription Center

THE BEAUTY PARLOUR RUCKER

893-6040

CROPS FIELD DAY SET FOR SEPTEMBER

Producers from North Central and Central Texas are invited to attend a Crops Field Day at the Texas A&M University Agricultural Research and Extension Center at Stephenville Sept. 8.

dent director of research at the center, said that the cation techniques, and peafacilities will be open for insepction from 1 to 5 p.m.,

Crops Field Day and tours are the Texas Agricultural Experiment Station and the Texas Agricultural Extension Service.

The center is located at the junction of U.S. Highway 281 and FM 8, two miles north of the downtown area.

Guests on the riding tour your call. There are some possibilities that might help you. You can always call the Eastland, County Dispatch Office collect and ask for help. If we have an officer in the car he can always be reached by Dispatch. The dispatch number is 629-1728. You can call collect if you wish. Or you might try calling our local constable for assistance. The other possibility is for the City to come up with the money to employ a third officer to work the eight hours that is not now

We hope that you understand the situation and help us in any way you can to help us give the citizens of Gorman the protection they deserve and want. Thank you.

covered. This would take

several thousand dollars,

which would have to come

from the taxpayers of the

will pass by major research and demonstration areas and will hear research scientists discuss a host of topics. Included will be "over the top" herbicide program for peanuts, alfalfa varieties and alfalfa re-Shelby Newman, resi- search, new peanut fungicides and CDA spray appli-

nut varieties. Newman said that other with riding tours of field areas to be covered will research beginning at 2 include new varieties of watermelons and canta-Joint sponsors of the loupes, leafspot control studies on peanuts, use of computer programs in agriculture, and hay and silage equipment.

> County Extension agents from the surrounding area will act as guides for the

> research riding tours. Newman also said that research and Extension personnel will be cooperating in putting together displays on forage research for dairy and livestock pro-

Ron Holliday Named Director Park System

Ron G. Holliday of Denver has been appionted director of the Colorado Division of Parks and Outdoor Recreation, Hamlet J. Barry, III, acting executive director of the state Department of Natural Resources, and the Colorado Board of Parks and Outdoor Recreation announced this week.

Holliday, 38, of 1260 Sherman Street, is currently a consultant on park and recreation and financial issues for the Denver firm of Urban Environments Ltd. He has served as director of the Parks Divsion of the Montana Department of Fish, Wildlife and Parks for nearly eight years and in other capacities with that division for seven years prior to that.

"Mr. Holliday has more than 15 years experience in all phases of the administration and operation of a state park system," Barry said in announcing the appiontment. "I firmly believe that Colorado's growing state park system and the people who use that system will benefit from his leadership and ability for many years to come."

Holliday, who assumed his new duties on September 1, becomes only the third director in the history of Colorado's state park system. He replaces George T. O'Malley, Jr., who served as director from 1961 until his retirement n 1983. (Harold W. Lathrop was the first director of the state park system, serving from its establishment in 1959 until his death in

Holliday holds a Master of Science degree in Park Administration from Co-Administration from Colorado State University and a Bachelor of Science degree from Rice University in Houston, Texas. He has served as Montana's state liaison officer for the Land and Water Conservation Fund, the federal program which has provided funding for millions of dollars worth of parks and recreation projects in Colorado and other states, and as that state's Historic Preservation Officer. Holliday has also served on several national task forces including one charged with developing a National Recreation

Holliday was born in Gorman, Texas and is married with two children. In addition to his academic achievements, he won the university handball championship at CSU and participated in varsity football and track while at Rice University. His hobbies ... clude boating, river floating, golf and skiing.

The Colorado Division of Parks and Outdoor Recreation, which Holliday will now head, is the agency in the state Department of Natural Resources charged with managing the 27 parks and recreation areas that make up the state park system. That system serves more than six million visitors annually with an operating budget of about \$6 million, derived from the sale of park passes and permits and from the new

state lottery.

Club To Meet

The De Leon Art Association will convene Sept. 13th at 7:00 p.m. at F. and M. Hospitality Room in De

This will be the first meeting of their new fiscal year.

duction and on horticultural research and recommendations for this area of the

critical decisions presently facing producers, we feel that we have put together facts that will help our people make better management decisions," Newman said.

Guest artist for the demonstration at this time will be Roger Iker of Fort Worth, a very well known Western Artist.

prepared for a real treat.

If you are not a member of this Organization just be present at the meeting, pay your dues and become a "In view of some of the member.

term are as Follows: President, Susan Stepp of Comanche; Vice President, Wonzelle Mc Gill, De Leon

All members are urged to attend this meeting and be

Visitors are welcome to attend any or all of the meetings for just a nominal fee but, better still, as a member you are eligible to see eight demonstration for the price you would pay for

Jean Smith of Irving. Arthur Ray Yarbrough of Stephenville visited over the weekend with their mother. Aletha Kav Yarbrough.

Secretary-Treasurer, Fran-

ces Scott, De Leon; Report-

er, Carrie Cook, Gorman;

NEWS

only three as a visitor.

Auditor, Opal Clayton and Historian, Jewel Butler, Officers for the ensueing both of De Leon.

Carrie Cook, Reporter

Visitng Ruby Bennett on Saturday were Mr. and Mrs. Bill Bennett of Weatherford, Mrs. Vanita Rhodes of Eastland, Mr. and Mrs. L.A. Bennett of Eastland, Joe Lynn Bennett. Terry and Latricia of Odessa, Mrs. Shirley Morris and daughter Lafonda of Odessa.



DESDEMONA

By Mrs. Vonnie Guthery

Phone 758-2665

Mrs. Evelyn Hammond had surgery last Saturday in the Eastland Hospital. Mr. Leo Lewis remains a

patient at the De Leon Hospital following surgery. Jack and Mary Williams

of Kermit are visiting their daughter Jerry and Pat Buckley. Mary had hip surgery Monday Morn at the De Leon Hospital.

Mr. and Mrs. J.H. Munn of Kermit visited the weekend with their daughter John, Kay and Lori Walker. Robby Walker returned home with them from an Billy Williams.

extended visit with his grandparents in Kermit.

Neil Weaver of Houston, Kevin and Ulenda Weaver and family of Waco visited the weekend with Dorthy Roberts and Jeff.

Paul Baker, Jr. will be buried Thursday in Hobbs, New Mexico. He is the son of the late Paul and Ruth Baker and grandson of the late Hugh and Lora Abel.

Gary, Linda and Garrett Barker of Teague visited the week-end with her parents, Bob and Merlene Wisdome and Marsha and

Westside Mobil Tackle Shop

Come by and register for Free Rod and Reel Combination to be given away

SATURDAY, SEPTEMBER 17 Name brand rod, reel and lures. Need not be present to win. We also sell Boats and Boat Motors.

			adillali
INVESTMENT	MINIMUM	MATURITY	INT. PAYABLE
Certificate of Deposit	\$100,000.00	3 Months	At Maturity
Money Market Certificate	\$2,500.00	182 Days	Monthly or Quarterly or At Maturity
Money Market Certificate	\$2,500.00	91 Days	Monthly or At Maturity
Individual Retirement Accounts	\$500.00	18 Months	At Retirement
Money Market Variable Rate	\$2,500.00	Totally Liquid	Monthly - Compounded Daily
Super Now Checking Account	\$2,500.00	Totally Liquid	Monthly

AT First National Bank, we give you a wide variety of Investment Plans to choose from. Please call us at 734-2255 for Interest Rates. We'll be happy to explain your option in more detail. Deposits insured to \$100,000.00.



FIRST NATIONAL BANK

Member FDIC

Gorman, Texas



W. H. SMITH

DEPARTMENT STORE

De Leon, Texas

CARE GORMAN CENTER NEWS By Jettle Daniels

Last week's Bingo win- used for our suppers and ners were: Vernon Hamil-

ton, Lucille Campbell, Jesse Roberts, Pearl Westerman, Mrs. O'Neal, Black Out Game by: Lonzo Coffman.

paper, our musical will have been over. But as ever one knows we always have a good time and enjoy the ones in this home look Sandy Land Band. They have been playing for us quite sometime and we when you spend a few enjoy them more each time moments with them. they play.

Gorman Care Center will have a Bake Sale Friday the 9th. from 8:a.m. to 9:a.m. in front of the Post Office.

that a.m. Your business will be greatly appreciated. The proceeds will go to the Activity Fund, to buy some thing that all will be able to use.

Last year we bought three folding tables and three chairs, we have used them several times and they will continue to be so on.

Thanks to each of you for making this dream come

We had a very good Singing last week which When you recieve this was enjoyed by every one. We hope you'll be back this Thursday Night at 7:P.M.

Your friends and loved Roland Smith and the forward to visiting with you on this night. You make their day much brighter

DON'T FORGET OUR BAKE SALE, FRIDAY THE 9th. ALSO DON'T FORGET OUR "COWBOY COOKOUT" ON THE 27th. Hope to see a lot of you OF SEPTEMBER. \$1.75

per plate. CHOW TIME 7:P.M TO 9:P.M.



Department of Agriculture tein diet?' launched a "Food for Fitthe purpose being to pro-Texas Agricultural Extension Service will endorse and give leadership to this or passed out of the body. campaign in the state of

these important questions.

During the month of like I need more energy. August, the United States Should I go on a high-pro-

A: Athletes need small ness" campaign. The increases in their protein 'Food for Fitness' cam- intake during vigorous paign will last one year with training because additional muscle may be produced. vide the public with infor- Just eating a well-balanced mation about the American diet should be sufficient, food system, nutrition and however, eating more proexercise, and their effects tein than provided by the on health and well being of average diet will not inall segments of the popula- crease muscle size and tion. The Extension Service strength. In fact, research and other U.S.D.A. agen- shows that once protein cies will play a major role in fulfills its primary role of this information effort. The body building, the excess is either used for energy or converted to fat and stored

Q: "What Should I eat before a football game?"

With the beginning of A: Pregame meals for school, many high-school football players often inathletes --- and their par- clude a large portion of ents --- are increasingly meat, such as beef steak. concerned about nutrition. This can result in an exces-For better athletic perform- sive intake of protein and ance and better health, fat. It's better to eat a athletes need sound nutri- small, lean hamburger pattion information. The fol- tie. Ground meat is digestlowing are questions that ed faster than bite size athletes regularly ask of the pieces of beef. Fat leaves Texas Agricultural Exten- the stomach in about five sion foods and nutrition hours, protein in about specialists. Let me share three hours, and carbohywith you their answers to drate foods, like those from the bread-cereal group in Q: "I run track and I feel about two hours. That's

higher amounts of carbohydrates rather than large amouns of protein, fat and cellulose is recommended.

Q: "My coach says I

should take B-vitamins for

extra energy." A: Daily requirements for vitamins do not depend upon physical activity. Taking in more vitamins than you need does not help and could harm the body. It's true that some members of the B-vitamin complex help chemical reactions to occur which produce energy when carbohydrate, protein, and fat are burned. But you can get all the B-vitamins you need from a nutritious diet. Taking vitamin supplements without a

advisable. Q: "I want to take diueretics so I can qualify for a lower weight class in wrestling, but my parents won't let me. What's wrong with diuretics?"

doctor's prescription is not

A: Diuretics can cause water loss and dehydration which directly inhibits the production of energy. Also, along with the water, your body loses potassium. Since potassium is needed for muscle function, doing anything to decrease your potassium level is not a very good idea for an athlete.

Q: "What is 'carbohydrate loading' and can it really make me perform better as an athlete?"

A: "Carbohydrate loading" is a short period of level of carbohydrate con- ies. loads seem to be of benefit Mix and sift together: only for athletes involved in 2 cups all-purpose flour endurance events such as 1 teaspoon baking powder marathon runners or dis- 1/4 teaspoon salt tance swimmers. This is a Add: controversial procedure, 1 cup bran flakes effects. A teenage athlete garine bohydrate loading without peel consulting a physician.

Most of the questions orange juice athletes ask concern special diets, vitamins and nutri- Artificial sweetner equal to tional supplements. Yet the 2 cups sugar best method of insuring Mix until well-blended. that an athlete's nutritional Form into 2 rolls, 11/4 needs are met is to select a inches in diameter; wrap in diet based on moderation foil. Chill in refrigerator and variety.

RECIPE FOR THE WEEK

The Texas Department of Agriculture intends to cancel the registration of a herbicide suspected causing the death of a farmworker near Bryan, Texas. The herbicide, known as Dinitro-3, and other similar herbicides are suspected of causing number of serious illnesses in several states, including California, Michigan and

Wisconsin as well as Texas. TDA began investigating Dinitro-3 after Sacarais Ruiz died August 5 in Bryan hospital after applying the herbicide to a cotton field earlier in the day. An autopsy determined that Ruiz died from acute poisoning, and the Texas Tech laboratory in San Benito is performing further tests to learn whether Dinitro-3 did

in fact cause the death.

'Our investigation has revealed that deficient labeling renders this product very dangerous to human beings, especially to farmers and other agricultural workers who use it," said Texas Agriculture Commissioner Jim Hightower. "We're taking immediate action because this stuff is dangerous. The label is not clear about the serious results of failing to wear protective clothing, nor is it clear about medical treatment for those who have come into contact with fasting followed by a high nutrition and low on calor-

sumption. Carbohydrate ORANGE BRAN COOKIES

and it does have side 1/4 cup soft butter or marshould not engage in car- 1 teaspoon grated orange

2 tablespoons unsweetened 1/2 teaspoon lemon extract

overnight. Slice thin. Place on lightly greased baking The recipe I'm using this sheets. Bake at 400 degrees week is great for school age for 8 to 12 minutes. Makes children ... it's high on about 6 dozen cookies.

do something before anyone else is hurt or killed."

Hightower said the action on Dinitro-3 is part of a general review of pesticide and herbicide label adequacy. The Texas Department of Agriculture is also preparing a series of educational programs on chemi-

Adding to the concern about the herbicide is the reporting the first symp- care," Hightower said.

the chemical. We need to toms of illness, according to the TDA investigation.

Because the herbicide is apparently very lethal, the TDA may begin administrative proceedings to alter the registration of the chemical from general use to limited or restricted use.

"A general-use registration does not convey to the user just how dangerous Dinitro-3 apparently is. The users need to know that this speed of its effects. Ruiz product is dangerous and died only five hours after must be used with great

Double J Restaurant

<u>Cercenteres con contractor contractor con contractor contr</u>

SERVES -

Cafeteria Lunches

Daily 11:00 A.M. to 1:30 P.M. Choice of Two Meats, Two Vegetables, and Desert.

FOR ONLY \$3.95

FRIDAY NIGHT SPECIAL

All you can Eat

SERVED FROM 5 P. M. TO 9 P. M.

Also Serving The Best Of "Steaks - Hamburgers - Sandwiches" (Carry Out Orders Welcome)

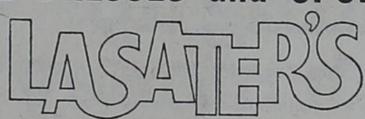
OPEN 11:00 a.m. to 10:00 p.m. TUESDAY THRU SATURDAY Open till 12 p.m. on Friday's, when football games

Sunday 11:00 a.m. to 2:00 p.m. 21/2 Blocks South of Blinking Light

THE STREET STREET STREET



Just Arrived... NEW FALL DRESSES and SPORTSWEAR



Licensed Water Well Drilling

Pump Sales and Service New Rig for Cleaning and Service of Water Wells

Jimmy D. Wilson & Son

Route 1 - Box 26BA Cross Plains, Texas 76443

Jimmy D. Wilson 817-725-6120

Brent Wilson 817-725-7110



WITH OUR NEW **FURNITURE** SELECTIONS

Broyhill — Bernhardt Tell City and Riverside

Selection of

- Living Room Groups --
 - Bedroom Suites -
- Dining Room Suites -
 - Chairs Tables —



734-2227 GORMAN GOOCH 12 OUNCE PKG WASHING TON 3 OZ. GORMAN PHONE

THE GORMAN PROGRESS SEPTEMBER 8, 1983

By Zelda Jordan

the year last week. Our Wesley, and Kevin Fuller there nometer registered and Wayne, Christi, Chad 109 degrees on Wednes- and Lindsey Eaton of Bur-

The special music at the Floydada, Judy, Chanse visitors. and Claude Fuller. We O'Neal. were happy to have Bro. and her check-up with the and Yancy. doctor in Odessa.

their trip to Hawaii a few Hendricks. years ago, Mr. and Mrs. James Simmons of Auburn, Albert and Nancy Hen-

We had the hottest day of Kentucky. Ricky, Darla,

net also visited with them. Joyce Eaves underwent Kokomo Baptist Church on surgery in the Ranger hos-Sunday morning was rend- pital last Wednesday, and ered by Albert Henricks is doing fine. She came with Helen Browning at the home on Saturday. We paino and Glynda Bond at wish her a speedy recovery. the organ. Visitors were Out of town visitors were Joyce and Glenn Gilbert of Joyce and Delmon during Oklahoma City, Bob, the past few days were Kathy, Kevin, Jason and Mark and Kaycee Eaves of Corby Rodgers of Brown- Dallas, Deliah Eaves and wood, Deanna Chupp of Nancy Carter of Kermit and Houston, Bill and Bobbie Virda Mae Norris of Fort Weir and Jim Lewallen of Worth. She had lots of local

and Jacie Bruns and Keith Freddie and Johnnie Madole of Muleshoe, Sher Shackleford of Liberal, Madole of Muleshoe, Kansas and Joseph O'Neal Sherry Blakney of Lubbock, of Austin were recent visit-Dale Collum of Desdemona ors with Bro. and Mrs. Joe

Mr. and Mrs. Albert Joe and Thelma O'Neal Hendricks were recent visiback in the service with us stors in Clyde with Mr. and. following his eye surgery Mrs. Roy Buchanan, Kelly

Mrs. Daisy Wood and Recent visitors with Mr. Mrs. Martha Wood of Carand Mrs. Claude Fuller bon were recent visitors were friends they met on with Albert and Nancy

Weekend visitors with

dricks were Paul, Fannie Belle and Robin Hoy of Plano and Bro. Joe and ors with Ottis Johnnie B. Lewallen celebrate his Thelma O'Neal. They all Griffith. The Harold Burle- 78th. birthday on Thursvisited with Mrs. W.A. sons also visited with his day, Sept. 1 with birthday O'Neal at Gorman.

Gilbert of Oklahoma City, John, LaTonne and Jonna and Corby of Brownwood, and Mike and Alice Rodgers were visiting with their mother and grandmother, Mrs. Berneice Rodgers

Weekend visitors with Cullen and Ava Rodgers were Benny and Deanna Chupp of Houston, Pam Chupp of Oklahoma University, John Juback of Granite Springs, N.Y., Tobe and Alice Varner of Fort Stockton and Murtice Rodgers of Gorman.

Jack and Frances Bishop of Dallas and some friends and relatives who were dove hunting visited with Bill and Wynelle Brown during the weekend.

Bro. and Mrs. Joe O'Neal were visiting with Mr. and Mrs. J.C. Clearman on Saturday.

Mr. and Mrs. Ottis Griffith visited last week in Kingsland with her sisters, Mrs. Duree Pair and Mrs. Cecil Smith. Burl and Hattie Griffith of

Neal, Joyce and Glenn son in Gorman. Rodgers of Carbon, Jeff, daughter, Sherry Blakney Bob, Kathy, Kevin, Jason visitors with J.L. and and Jacie Bruns and Keith are welcome. Naoma Morrow and Larry,

Worth were weekend visit- Lewallen and helped Mr. mother, Mrs. Alice Burle- cake and ice cream. Mrs.

Dora Garrett also visited on Mrs. Gladys Morrow of Thursday. Weekend visit-Madole of Muleshoe. Mr. Paula, Lance, Layne, and Lewallen returned to his Lenny Morrow and Mike home in Floydada with the

Brownwood and Harold and until Saturday with Glenn Santa visited with the Betty Chick in Monmouth, took the Griffiths all over Evelyn Burleson of Fort and Zelda Jordan and Jim Jordans on Monday after- Maine. Ottis and Arthur Maine to see the points of

THE KOKOMO EX-

GRIFFITHS VISIT IN MAINE

really enjoyed it.

were army buddies in interest and they ate all WWII and had not seen kinds of fish, and report TENSION HOMEMAKERS each other in 38 years. The that Maine is a beautiful CLUB will meet in the Griffiths drove to Houston state and they had a wonhome of Mrs. Odis Rodgers for a visit with their son Mr. derful visit. They flew back on Monday, Sept. 12 at 2:00 and Mrs. Arlen Griffith and to Houston, arriving the p.m. Mrs. Janet Thomas of family and then flew from day after hurricane Alicia Levelland and her grand- ors in the Jordan home wer Eastland will give the pro- Houston to Boston where went thru the Houston Bill and Bobbie Weir of gram. All members are the Chicks met them for the area. After a days visit with and Kim White of Graham of Lubbock were weekend Floydada and Judy, Chanse urged to attend and visitors drive to Maine. This was the Arlen Griffiths they Johnnie B.'s first plane ride returned to their home at and she reports that she Lake Leon.

home in Floydada with the Ottis and Johnnie B. The Chick family are support for our Olympic Weirs on Monday, follow- Griffith have recently reapple growers and the Griftheams—and buying com-Mrs. Lois Hardin of Fort ing a month's visit with the turned from a vacation trip fiths enjoyed seeing all the memorative coins to show during the Labor Day week. Worth visited last week Jordans. C.V. Drennan of to visit with Arthur and apple orchards. The Chicks financial support as well.

Is your heating/ cooling system gobblingup too much money?



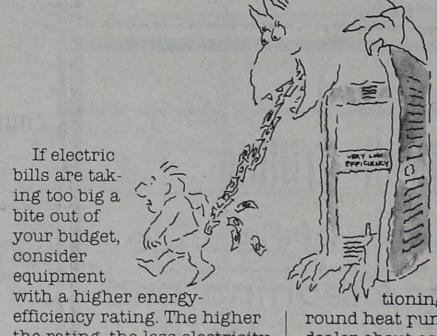
DON'T FORGET PLAN TODAY!

Our Gorman Area Customers can use our Free Telephone Service Number

734-2201

for all your banking needs.

Member FDIC



the rating, the less electricity it wkes to heat and cool your home And using less electricity will help hold down your bill.

High-efficiency equipment costs more, but when the equipment qualifies, Texas Electric will give you a bonus check to help pay the

difference. So if you're planning to install a room unit, or replace central air condi-

tioning or a yearround heat rump, ask your dealer about equipment that qualifies for a bonus check from Texas Electric.

back in

your pocket.



D. R. ARMSTRONG, Manager, Phone 893-2266