Our 83rd Year of Service



Joe Bennett, Publisher

J

Hope everyone had a wonderful and safe Fourth of July. It was awfully windy and HOT in our part of the country. The wind kept a lot of the boaters off the lakes and put a damper on their fun for most of the weekend. Temperaranged in the high nineties and some places reported 100 degrees or more. One thing for sure. . . . it was a HOT Fourth of July for folks in our part of the world. And speaking of the fes-

tivities during the Fourth ... folks in our community were treated to a wonderful day of fun and fellowship on the Fourth at Frank A. Gray Park as the Park Association again sponsored activities for the enjoyment of all ages. We join all the folks of the community in sincere thanks and appreciation to the Park Association, the officials and all the members who pitched in, and everyone else who had a part in making the celebration such a huge NOTE OF APPRECIATION success. It was a great day for all and it took LOTS and LOTS of work and preparation for such a great day of fun.

Revival At Faith Chapel July 11 - 15

Rev. Luke McDanile of Alabama will be guest speaker at revival services at Faith Chapel on the old Gorman road at De Leon. Services will be held at 7:30 p.m. each evening July 11 through July 15. The pastor Fitzhugh and the congregation extend a

friendly welcome to all. -GP-

CARD OF THANKS "Forget not to give thanks." That is what the Bible says.

trying to do.

With much love I thank you, My Many friends, for your tender care, your words of prayer, your cards, your gifts of flowers, foods and intimate things, your visits, your very thoughts.

Gorman must have made history in June 1983. Considering the number of petitians made In Jesus

'Name. Isn't it wonderful that God does not grow weary? He just listens.

will be conducted next week, July 11-15, at the Gorman First Baptist Church. Time of meeting will be 8:30 - 11:30 AM, Monday thru Friday. All children, nursery thru grade 6 (last year), are

study, character stories, mission study, arts and crafts, recreation and refreshments. There will be a VBS parade, complete with So that is what I am a fire truck, Saturday, July 9, at 9:30 AM. VBS workers parents, and children are all invited to participate in the parade. The church bus will run each morning at 9:00 AM. Those who need a ride to VBS should call the church office. We look forward to seeing you You know, I am thinking at our BEST VACATION

BIBLE SCHOOL ever, next week. -GP-

Reception To

Quoting my son. His

words after his appendectomy at Blackwells in 1953 --"There must be something else God wants me to do." -Lucretia Fairbetter-

Vacation Bible School Set At **First Baptist**

Vacation Bible School invited to attend. Bible School will feature Bible

Member Texas Press Association

Honor Rev. and Mrs. Chapman

A reception will be held honoring Rev. and Mrs. Terry Chapman on Sunday, July tenth, from 3:00 to 5:00 p.m. at the hospitality Center Residents room of the Farmers and

Tri-Cities Teenage Baseball League Tournament July 8 - 15 p.m. each evening.

Gorman Teenage Baseball Team To Play in Ranger

The Tri-Cities teenage baseball league tournament will be held in Ranger beginning Thursday, July 7, 1983.

Two games will be playbacks, and Ranger. ed each night in the double elimination tournament. to the State Championship Games will start at 6:30

tournament. 7-TEAM DOUBLE ELIMINATION BRACKET

Gorman will play their

first game at 6:30 p.m. on

Friday, July 8th. They will

nament are the Cisco Cats,

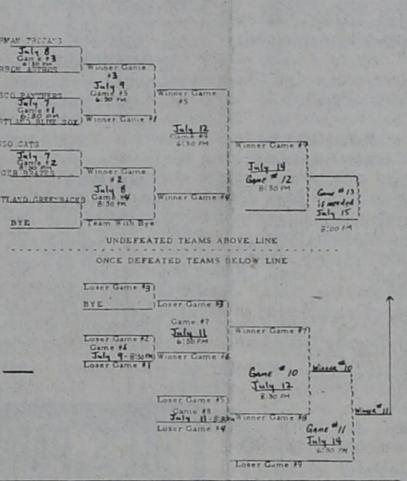
Cisco Panthers, Eastland

Blue Sox, Eastland Green-

The winners will advance

Other teams in the tour-

play the Carbon Astros.



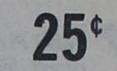
Mrs. Jack Abbe **Gorman Care Fund Opened at**



ONE GROUP OF DOMINO PLAYERS - Shown above are Alton Watson, Clea Echols, and two unidentified players are taking it easy under the Pavillion built at Frank A. Gray Park for the public use during the July 4th Celebration and any other activites or gatherings.



DISHING IT OUT - Above is Velma Bennett, Blanche Browning and others serving the food to several of the people enjoying the July 4th Celebration



Gorman Progress Gorman, Eastland County, Texas 76454

NUMBER TWENTY-ONE

JULY 7, 1983

park committees, here is a letter I received to that effect:

Dear Joe:

opportunity to express my appreciation and I think that I speak for all the citizenry of Gorman and surrounding communities for the time and effort that Milton Jensen and the Frank A. Gray Memorial Park Committee put forth yesterday providing all of us an opportunity to observe an old fashion fourth of July. For the past four years this Park Committee has worked long and hard in improving the facilities and we understand they have plans to further develope more of the park area. Particularly was the fireworks display impressive. I am sure not many places had one any better and many I am sure not as beautiful. The committee is to be commended for havsomething for everyone in the very young to the very old. Not only are the facilities for the Fourth of July but for other occasions

during the year; other holiday celebrations and for family reunions and club and other organizations as well.

I understand some of the money used to operate comes from donations and dues for a Club membership. So, in conclusion of this expression of appreciation nothing would be more fitting for as many of us as possible to become members of the Frank A. Gray Memorial Park Association. It is only two dollars and it will be money well invested. Thank you and sin-

-GP-**TO PARK COMMITTEE**

Rudolph and Tommye Haile would like to commend all the personell who so diligently worked the 4th Speaking of thanks to the of July Celebration. The food, the contests, the fireworks were great.

-GP-Mr. and Mrs. Steve

I would like to take this Klappenbach, Jackie, Allen and Brittiany of Houston spent the weekend with his grandparents, Mr. and Mrs. F. R. Haile and his mother Erin Klappenbach. They attended the July 4th Picnic at Frank A. Gray

Memorial Park. wanted to tell the readers why there would be no news this week. Mr. Jordan's death just adds to her sorrow as she just lost her mother, Mrs. Lois Lewallen on June 18. Our sympathy goes out to all the relatives.

Well I guess Mary Webb and Paulette Baze are getting settled in their new office of the Texas Peanut Producers Board in the former Big J Boots building in downtown Gorman. The office looks great and we are sure they will enjoy the new facilities.

J Don't forget the Second Friday Night Singing to be held Friday night, July 8 at 7 p. m. at the Fire Hall. There is always plenty of music and fun and some fine food for folks to enjoy. The attendance grows each time the musical is held.

> _J_ And remember to smile -

at 7:00 p.m. at the

Hospital.

Texas. The Chapmans have re-

> signed the pastorate of the De Leon Assembly of God Church where they have been for the past nineteen years. They will be making their home in Belton, Texas, and be involved in

an evangelistic ministry.

A cash money tree is planned for gifts. Individual gifts are optional.

Church and community hostesses extend an invitation to all friends and mans.

Soccer! ages of 4 and 15 and would like to play soccer or be a

ducting a survey to see how _J_ many youngsters in Gorman are interested. games will be played in De Leon on our new soccer fields, fee will be lowered, uniforms are furnished and nice trophies are presented to each player at the end of the season.

We must have your response by July 16th to plan a Soccer season beginning early September. For more information call Vickie Dennis at 734-2130 in Gorman or Weldon Whitehead at 893-2470 in De Leon. A sign-up booth will also be set up at the Gorman Little

because God Loves You!



Merchants Bank, De Leon, HONOred

The Kokomo Home Extension Club met at Gorman Care Center Thursday June 30, at 2:00 p.m. to

help residents having June birthdays celebrate. Mrs. Billie Stacey delighted the group with beautiful piano selections. The group sang happy birthday.

Those being honored were Lillion Capers and Clara Rich who were given pink Carnations in green Vases. The Men were Lon Snider and Frank Beaty associates of the Chap- receiving boxes of hankies. Pink Cake and Pink Punch was served. Mrs.

Velma Bennett cooked a large Angel food Cake. It was served with diet Dr. Pepper.

Those serving were Mmes Bill Brown, J.L. Morrow, Albert Hendricks, Soccer Coach we are con-Alma Lee Creage: and Velma Bennett.

> These parties are always All held the last Thursday of each Month. -GP-

Craddock Family Reunion

The children of Alfred and Virgie Craddock met Friday, Saturday and Sunday for the annual family reunion.

The reunion this year was hosted by Mr. Mrs. Snooks Craddock of Sundown at La Mancha Ranch guest at Lake Leon.

The small children and youth enjoyed swimming, raft riding, fishing, tennis and games while adults enjoyed visiting and card games and telling "Tall Tales'' a "Topper" was not selected this year but plan

prizes. Mrs. Wade Craddock

and youth.

First National

A fund for Mrs. Jack Abbe has been opened at First National Bank in Gorman. Mrs. Abbe is seriously ill and needs help. Your contributions will be appreciated. Deposits may be made to the Jack Abbe Family Fund. -GP-

School Hill Reunion Set July 6 thru 9

School Hill Reunion will be held Saturday and Sunday July 9 and 10 in the Desdemona School Gym.

Those attending are asked to bring sandwiches and drinks for the Saturday evening meal and covered dish for the Sunday noon dinner.

Mr. Mrs. Gerald Scitern, Brenda, Anita, Amy and Kevin of Gorman, Wade and Letty Craddock of Ranger Route 2, Ranger. Snooks and Billie Craddock and their daughter Mr. Mrs. Bubba Mc Daniel, Clint and Jimmy of Sundown, Ralph and (Mary Margaret) Hudson and Patricia of Gorman, Mrs. Bishop (Amber) Craddock of Comanche, and her children Mr. Mrs. David Craddock of Weatherford, and Mr. Mrs. David Brush, Daviddie and Barbara Joe of Gustine, Mrs. Hubert (Estelle) Craddock of Gorman and her daughter, Kay Ann Craddock of Richardson.

Special guests were Mr. Mrs. Robert Fegurson and Jayson of Houston, a neice of Ralph Hudson, Mrs. Modell Crawley of Gorman, to next year, and give mother of Mrs. Snooks Craddock, and Mr. Mrs. Doyle Poynor and Velma conducted a Sunday school Grady of Gorman. Dee Dee class under the shade trees Rodgers of Gorman and on the lawn for the children Chas Bayer of De Leon, Friend of Brenda Scitern Mr. and Mrs. Joe Crad- and Eddie Auvenshine of dock and his families was De Leon, friend of Anita



BARBEQUE LOVERS - Shown above are several folks enjoying the fine barbeque prepared by Daryl Hirst and his MickyKraft barbeque sauce, some of the people shown in this picture are Tommy Haile, Mr. and Mrs. Dean Bennett, G. W. Maxfield, Mrs. Bill Parr, Stanley Porter



TARGETS FOR THE BASEBALL THROW - Standing and waiting was the order for Gary Mauney Troyat and Fanne Underwood and Donnie Mauney as they were the measurers for the Baseball Throw. Donnie and Fanne instructed the kids were to throw to miss hitting the trees.



-GP-Interested in If you are between the

cerely,

Othell (Speedy) Clark

We appreciate your word July 11. of thanks, Speedy, and we hope everyone will join the association now to express their thanks for the wonderful, often unthankful, and surely unselfish efforts put forth in our behalf. So join now.

-J-

We add our sympathy to A Musical will be held all those of the community the Second Friday night to the family of Jim Jordan of each month at 7:00 who passed away on Tues- P.M. at the Fire Hall. day. Our Kokomo corres- The Public is invited to pondent, Zelda Jordan, is attend. his daughter-in-law and she wanted everyone to know Gorman that there would be no Chapter 443 Kokomo News this week. O.E.S. meets Zelda is so conscientious 1st Monday about reporting her com- each month munities news that she at 7:30 p.m.

Gorman School Board Chamber of Commerce will meet on Monday, will meet Thursday, July 14.

South Eastland County **Gorman Annual School Hospital District Board** Homecoming, Saturday, will meet the Third September 17. Monday of each month

League Tournament. Let us

hear from you soon.

Woman's Auxiliary of **Blackwell Hospital** meet first Tuesday of each month at the Senior Citizens Center at 3:00 p.m.

Gorman Lodge 716 AF&AM stated meetings 2nd Tuesday of every month at 7:30 p.m. Members urged to attend. Visitors welcome.

the only child of the late Scitern. Alfred and Virgie Craddock The 1984 reunion will be that was unable to attend. held at the same place on Those present were Alvin June 28, 29 and 30, with and Merle Lasater of Koko- Mr. Mrs. Joe Craddock of mo, and their daughter, Sundown as hosts.

> WHERE IS THE WELCOME **HOME EXES BANNER?**

The Homecoming Committee would like to know if the Welcome Homes Exes banner that once was used across the street is still in existence. The banner is of heavy duck and painted with red paint. If any knows of this banner please call Bill Clark, 734-2429 or Estelle Craddock at the Progress Office.

FAMILIES ENJOYING THE FOURTH - Some of the families enjoying the Fourth of July at Frank A Gray Park were Mr. and Mrs. James Miears, Bill Miears and Eric, Mr. and Mrs. Gary Mauney, and many other to numerous to name in this picture.



BASEBALL THROW - Several enjoyed watching the children participate in the baseball throw. There were several girls and boys throwing, Mandy Wilcoxson is shown throwing the ball to earn enough distance to win. Also in the picture are Gary Mauney, Nelda Mauney, Pat Hagood and other unidentified people.



CUSTOM ORDER SPECIALISTS At ART'S MOBILE HOMES in Granbury, you can pick your floor plan, choose all your

colors and options. Custom order your Mobile Home or Double Wide, get what you want, and control the price you pay! **ART'S MOBILE** HOMES, INC.

377 By-Pass Granbury(Next to Safeway) 817-573-4551 6-9-FNC.

FOR SALE: Small 2 bedroom house, large lot, pecan trees, \$6,500. Call 5-12-FNC. 734-2777.

HAY HAULING CALL 734-2613

6-9-FNC.

RCG LEASING, INC. Medical Speciality Southside of square Eastland, 629-8052 Buy or lease Walkers, Wheelchairs, Hospital Beds, Oxygen, etc. Medicare Approved -Free Deliveries. 1-27-fnc

Blackwell Hospital is now accepting applications for LVN's for 3:00 to 11:00 and 11:00 to shift deferential, group insurance, salaries comparable to area

Custom Smith Dept. Store. SEASON'S Phone 893-2135. 5-26FNC.

man. No pets allowed in appartment. Call Ina Leon.

Now Taking Applications for LVN, 3 to 11 shift. Apply in person to Director of Nurses or at the Business Office at Gorman Care Center,

> Gorman, Texas 6-9-fnc SAVE ON CARPET: Buy at wholesale plus 10% and freight. Cash - no stamps. W. H. Smith Department Store, De

5-26-FNC. Leon. WE BUY JUNK CARS AND MOTORCYCLES 734-2884 **Mason Auto Parts**

Gorman, Texas 2-5-27 FNC. THOMAS PROPANE

DE LEON, TEXAS 7:00 shifts. We offer We how have diesel, propane and gasoline. All major brands of Oil, Exxon, Mobil, Gulf and hospitals. Apply in per- Texaco for gasoline and son to Director of diesel engines. Also

Draperies 2 Bedroom - 1 Bath Made- no labor charge Fantastic starter home when fabrics, etc., are with wood exterior and bought from our store. lots of extras. \$127.04 Free estimates. W. H. per month FOUR MFG. HOUSING. 573-2442.

FOR SALE: Big Round FOR RENT: 6 room Bales of Coastal and West Appartment at 103 Hybrid Sudan Hay. Cresent Street in Gor- Gene Snider, 734-2022. 3-7-7 P. Foster, 893-2614, De WANTED TO BUY: 3 6-9-FNC. inch irrigation pipe. Approximately 2800 foot. Also need 48 to 50 sprinklers. Call 2-7-7 P. 734-2483.

Jim Frank's **Appliance Service**

and Sales Maytag and Whirlpool Frank doesn't care who Fuller, 734-2010. 3-7-14p sold it -- he will service it. De Leon, 893-6778. 12-9-8 P.

CUSTOM AG BAGGING

Call Stephenville Forage and Commodity, Inc., Stephenville, Texas. Donnie Bramlett or Dale Allen at 817-968-6590. 6-7-28 C.

\$500 DOWN

Repo mobile homes. 20 in storage. Must sell Now! Low down, financing or best cash offers. Abilene Mobile Homes, Lot No. 2, 915/695-7270. 5-7-28 P.

GARAGE SALE: Fri- FOR SALE: Have calf THE GORMAN PROGRESS

Edith Guthrie

Appointed

day and Saturday next and cow chains. Ear door to old Blackwell tags, Ear Notcher, F. R. Hospital, West, Clothes, Haile, 734-2462. 1-7-7c 2 sets twin beds, Kirby

P---- 6

cleaners, Dinette set,

stereo, and many misc.

MOBILE HOME

ROOF COATINGS

Conklin Products

Elasticmeric membrane,

Cuts energy costs, re-

flects sunrays, keep

down roof rumble. Also

I sell cleaners, oils,

lubricants, fertilizers,

and paints. Vaughn Con-

FOR SALE: Blackeyed

peas will be ready within

10 days or 2 weeks. To

place orders Call Ricky

ROOF LEAK?

HAIL DAMAGE?

Call 734-2953 (after

12:00 noon) J-Mc Con-

struction Limited, For

and carpentry work also

for jelly and canning,

call 734-2973. 2-7-7P

LET ME DO YOU

LAWN MOWING AND

FLOWER BEDS. Call

done.

734-2696.

Commercial

struction

Distributing

817-734-2142.

Residental,

items.

1-7-7 C.

and

and

Co.,

9-9-1 c.

4-7-21 P.

4-7-14 P.

and Hoover vaccum GARAGE SALE: Fri-Sergeant day and Saturday, Rodney Stephens home 41/2 miles East of Gor- ter of Harold J. and Bonnie

man on De Leon Hwy. Men, women and Gorman, Texas, has been chairs, bedspreads, U.S. Air Force. dishes, drapes, and

FOR SALE: Dearborn leadership, human rela- Gorman area.

air conditioner, used tions and NCO responsibilione summer. \$200, ties, before being awarded Regulations pertaining to 734-2379. 1-7-7 C. this status.

WANTED: An older specialist at Randolph Air man to now lawn. So- Force Base, Texas, with the neighborhood meone that knows about Headquarters, Air Force designated ... for the colloca-Snodgrass, 734-2048. Center.

2-7-14 C. MOBILE HOME SERVICE Re-Leveling — Roofing 20 years experience

Call 734-2778

MINI MARKET

free estimates. Plumbing Between Springtown and Azle. Will be running free open spaces to visitors or vendors in WANTED TO BUY: Us- Flea Market through the ed Canning jars suitable entire month of July. For call information



JULY 7, 1983

Gorman Senior Center Community Focal Point

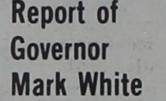
Edith L. Guthrie, daugh-The West Central Texas Council of Governments in L. Zink of Rural Route 1, its role as the Area Agency childrens clothes, 2 appointed a sergeant in the on Aging has recently designated the Gorman The new non-commis- Senior Center as a Commisc. items. 1-7-7 C. sioned officer completed munity Focal Point for sertraining in management, in vices to senior citizens in the

> According to Federal the Older Americans Act, a Guthrie is a personnel Community Focal Point is "a place...in a community or

lawn mowers. Alda Manpower and Personnel tion and coordination of services to older persons."

She is a 1976 graduate of Considerations Pine Forest Senior High designation in the regula- senior citizens programs School, Fayetteville, N.C. tions and in criteria already in place, thanks to established by the West Cen- the efforts of fine lo tral Texas Council of leadership." Governments include the For futher information variety of services offered about the Gorman Senior by the Center, the number Center program, contact EASTLAND, TEXAS and type of agencies pro- Mozelle Rhmes, Director at viding services through the Gorman or go by the Senior

of the Center facility. West Central Texas Coun- day and Wednesday.



A speaker's bureau designed to take state-wide issues of concern a women direcly into the community is being developed by the Governor's Commission for Women, commission executive director Gay Erwin Velma Harris of Sweetwaannounced this week. The bureau is one of the projects planned by the man, Robert and Veneta newly formed commission at its first state conference in Austin last weekend. Erwin and 29 women grandson, Donovan of Sagifrom throughout Texas were appionted by Governor Mark White in April to address issues affecting women, hold conferences and workshops and identify the needs and concerns of women in Texas. The bureau will be com- Mathew all of Eastland, posed of commission members and will address such John and Mandy of Abiissues as the proposed Con- lene, Leslie and Ladelle stitutional Amendment to Tom of Rapesville, their allow garnishment of wages grandson Matthew Tomm and voluntary assignment of Amarillo. Friends atof income for child support tending were Mildred Benpayments. Erwin said the nett, Elzie and Mildred bureau will also encourage Powell of Gorman. We will women to participate in meet at the same place on government and find new the fourth Sunday in June roles in non-traditional ca- next year. reers. The commission also adopted a resolution encouraging the state Job Training Coordinating Council to recruit women as members of local Private Industry Councils. The impact of the funds distributed by the councils will affect women in Texas, Erwin said. Other projects planned by the commission include a state-wide data bank of services available to women and the creation of local women's commissions in the cities represented by its members. At last week's conference, commission members organized working groups in the areas of program development, public information, education and re-

cil of Governments Aging Department, in conjunction with Dr. Jack Elsom, Contract Officer for the project, has determined the Senior Center to be in compliance with criteria and to be an outstanding local resource for services to area persons aged 60 or over.

Page Two

Dorothy Vanderslice, Director of the West Central Texas Council of Governments Aging Department, states that "the West Central Texas Council of Governments is pleased to make this designation and urges the community to recognize for and avail itself of the fine

center, and the accessibility Center between the hours of 9 a.m. and 1 p.m. each Mon-

Holloway

Reunion The descendants of the late A.J. Holloway met for their 21st annual reunion

on Sunday, June 26, 1983 at City Park in Eastland. Those attending were Dessie McCullough of Fort Worth, Leslie and Gertrude Whitley, Sondra Holloway and Jayna all of Eastland, ter, Jewell Crow of Carbon, Nancy Holloway of Gor-Mitchell, Ollie and Leota Hughes all of Cisco, Donald and Peggy McCullough and naw, Jerry and Imagene Hull of Trisco, Joy Smith of Merkel, Bill and June Cavanaugh of Perkins, Oklahoma, Bryan and Frances Hays, Travis and Jory of Carbon, Ruth Guy, Linda Hughes, Tonya, Bernie and Randy and Cindy Guy,

6-30-FNC. MIDWAY

Located on Hwy. 199

629-2015

Car Stereos

CB Radios Antennas **Top Quality Brands** FEATURES Pioneer — Clarion Sansui and K40

Jody's Car

Stereo Warehouse

Hwy. 80 EAST



search, public relations and problems and issues.

Lunelle Anderson of San Marcos was selected chairman of the Public Relations Committee with vice chair Martha Whitehead of Longview. The Problems and Issues Committee is headed by Helen Farabee of Wichita Falls and is assited by Lynn Searcy of Fort Worth. Anne Simmons of Galveston is chair of the Public Information, Education and Research Committee. Carol Nasworthy of Beaumont is vice chair of that committee. The Committee for Program Development is headed by Aurora Sanchez of San Antonio with Joy Martin of El Paso serving as vice chair.

Eastland County, Texas 76454. Publication No. 222780 Second Class Postage Paid at Gorman, Texas 76454. Joe Bennett, Publisher Estelle Craddock, Editor Lonnie Bennett, Asst. Editor - Photographer SUBSCRIPTION RATES **Eastland and Comanche** Counties \$7.00 Per Year All Other Subscriptions \$10.00 Per Year **DISPLAY RATE** \$1.20 Per Col. In. Classified **Advertisements** 7 Cents Per Word Mininum Charge \$1.40 Card of Thanks - \$2.00

STONE SETTING **RING SIZING** ENGRAVING PROMPT SERVICE We Buy or Take In Trade Your Old Gold CRAIG JEWELRY 893-2522 De Leon ****** GROUP HEALTH INSURANCE THE TRAVELERS Eastland County Farm Bureau 629-1704 * * * * * * * * *

Custom Backhoe Work Septic Tank and Drain Line Installation Cellars, Ditching, and Foundation digging 24 Hour Answering Service Phone 817-965-4344

Custom

Hay Baling

STAN CLARK

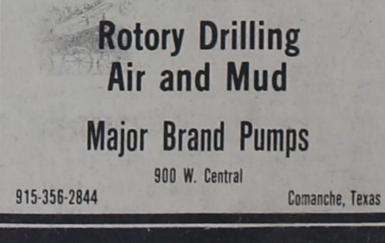
734-2598

LIKE NEW — 3 bedroom, 2 bath mobile home on 3 shaded lots. G1

LARGE FRAME HOME - with Storm Cellar and garden spot. G2

ROCK HOUSE - 2 bedroom, large den, over 1 acre lot. Room for livestock. G3

Custom Hay Baling Round or Square Bales R. C. HARRINGTON 734-2150



Water Well

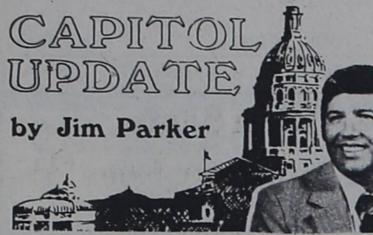
Drilling

RAY MERWORTH

VINYL SIDING SPECIAL

Steel Siding - 50 year guarantee Storm Windows For More Information and FREE ESTIMATES FINANCING AVAILABLE A. L. Hunter, 734-2613 SUPERIOR HOME IMPROVEMENTS

6-30-FNC.



Being ever mindful that many reports have already been made concerning the Special Session just passed, I thought I would jump into a discussion of the future Special Session relating to the public school system.

At this point, any definite date is mere speculation; however, Gov. White has expressed hope that the Select Committee on Public Education can begin meeting soon and, after carefuleducational system, be ready with recommendations school, etc., also. for the Legislature later this education, and every aspect thereof, is a critical one and

a called session to become fully aware of the needs, problems and views of my district regarding the school system in Texas. I will begin by addressing the issues regarding teacher pay and time spent for teaching and preparation.

position.

back up this view.

I understand a teacher pay increase is important and will be one of the major issues of discussion for the Committee; however, I would like to explore other ly studying all areas of the ideas such as merit pay, vacation time, time spent at

I have heard complaints year. Since the issue of from opponents of a pay raise because they felt that since teachers worked only one which has not been 10 months of the year, had addressed in its entirety for six-hour days and had long over 34 years, I would like vacations during the year, to take the months prior to such as Christmas, spring

PUBLIC NOTICE

Texas Electric Service Company, in accordance with the rules of the Public Utility Commission of Texas, hereby gives notice of its intent to revise its Tariff for Electric Service in areas served by the company, effective July 14, 1983, or as soon thereafter as permitted by law.

The changes include a general rate increase and will result in a 16.1 percent increase in the adjusted gross revenue of break, etc., the public was teachers are not allowed an paying more through taxes hour for lunch and must sit but was getting less in the with and supervise stuway of better education for dents even during the short their children. They cite time they have. lower overall achievement Everyone, I think, will scores compared to other agree that some teachers

countries as proof of their are better than others and should be paid more. This On the other hand, the is the reason for the muchproponents for a pay in- touted merit pay sugges-

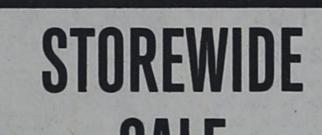
crease felt the teaching tions we have all heard profession was not able to about recently. But, again, attract future good teachers there are strong feelings because the pay relative to from both sides on this other professions requiring issue.

a college degree was so Opponents feel that it much lower. The fact that would be impossible to there were only a handful of reward the better teachers science and math teacher fairly. They believe that graduates in the entire any merit money would go state last year seems to to the teachers who spend more time with supervisors

Teachers, by State Board and principals rather than those who may actually be of Education policy, are required to teach a minispending extra time in mum of 175 days per year school projects, planning, in the classroom with an etc. They feel the merit pay additional number of days system could not work until spent in in-service training. certain criteria are set-up Other time is spent in and, to their way of thinkparent-teacher conferen- ing, no such method has ces, PTA meetings, plannbeen developed.

ing time, etc. They do not Proponents of merit pay feel the general public is believe there is simply not aware of the many addition- enough money to pay all al hours required to plan teachers a substantial inlesssons, grade papers or crease and feel that those participate in school pro- who are willing to spend jects and some become more time, get advanced downright hostile when it is degrees and generally imsuggested that they only prove their teaching by work "six-hour days." showing an increase in Teachers say that, while achievement scores should they may be allowed to receive additional pay over leave school at 4:00 p.m., - those who plod along doing many must stay later to the same thing year after prepare for the next day's year.

work and most take work Having discussed the home with them. Also, views of both proponents



Congressional Comment

By Congressman Charles W. Stenholm

It's been called the salvation of American agriculture, and a boondoggle complicated enough to

Lakes Chapter **Texas Ex-Student** To Meet July 9

The Lakes Chapter of the Texas Tech Ex-Students has announced that its annual meeting will be held July 9th at La Mancha Ranch at Lake Leon in Eastland County. The lakes Chapter was organized 2 years ago and includes Shackelford, Stephens, Young, Throckmorton, and

Eastland counties. Each year the meeting is in a different county with the previous meetings being in Stephens and Young counties.

This year's meeting will be highlighted by a barbeque followed by an auction with proceeds going toward scholarships to Tech for area students. La Mancha Ranch is a resort facility on Lake Leon with tennis courts, minitrain ride, exotic wild animals, game rooms in a renovated caboose plus swimming and fishing areas. The facility is reserved all day for the Tech-Exes, their families,

and other friends of Tech. The meeting will officially begin with the barbeque at 5:30 but those desiring to spend the afternoon at the lake are encouraged to and opponents of increased teacher salaries, I would

I have mentioned.

now like to know how my people feel about the ideas

THE GORMAN PROGRESS

stump Rube Goldberg. It's portion of their acreage out been hailed as a money- of production so surpluses saver, and assailed as the would be drawn down; in most expensive farm pro- return, they would receive gram in history. It's the surplus commodities from Payment-in-Kind (PIK) program, and it has been held stockpiles. the focus of agricultural policy since it was first proposed last fall.

At that time, it had become clear that something had to be done about the massive crop surpluses that were keeping farmer's prices low. Not only did these surpluses perpetuate the farm recession, they also made government price support costs skyrocket: from \$4 billion in 1981 to \$12 billion in 1982 to a projected \$21 billion in 1983.

The Department of Agriculture designed and implemented PIK in a remarkably brief period. The program was not an initiative of the Congress, though many farm-state legislators welcomed PIK as "the only game in town." County ASCS workers burned the midnight oil to get the program details out and the paperwork done, and when the smoke cleared it turned out that far more farmers had decided to participate than anyone had thought likely. Producers who signed up for

come early.

Mr. John Edwards, director of the office of New Student Relations, will be present plus Miss Lianne Jones from Dallas who is field representative of the Tech Ex-Student Association.

PIK agreed to take a large

La Mancha is 5 miles south of Ranger on Farm Road 2461. If you need

JULY 7, 1983

and so are good news for

tion has caused another

problem: Because the farm-

ers who are entitled to PIK

aren't necessarily the same

ones who have the surplus

grain, the government has

had a hard time finding

enough PIK commodities to

go around. It has even

reguired some farmers to

"plant for PIK," that is,

harvest their current crop,

take a government-guaran-

But the heavy participa-

most farmers.

sell it again on the open market.

Page Three

PIK has caused some problems. After all, a program that helps raise grain farmers' prices will also government- and producerhave an adverse affect on livestock raisers and dairy-Response was heavy. The latest USDA projecmen in the short run. Small tions estimate that U.S. agricultural businesses have also suffered from cotton production could be heavy PIK participation. reduced by almost a third

Yet the program will likely from last year, U.S. wheat achieve at least a "breathproduction by a fifth, and corn prices by two-fifths. ing space" for agriculture. These reductions are not And while farmers catch expected to increase contheir breath, they should sumer food prices substanbegin thinking about what tially, but they offer real comes next. Clearly, PIK is hope of getting farm proa short-term measure. duction back into balance Massive overproduction

and equally massive taxpayer costs mean that something has to change in agricultural policy. Now is the time to begin deciding the directions for the future -- to go beyond PIK and achieve a coherent and workable food and fiber policy for the rest of the 20th century and beyond.

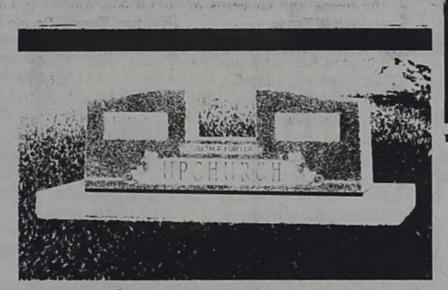
Mr. and Mrs. Snooks Craddock of Sundown are visiting with her mother, Mrs. Modell teed price for it, and then Crawley.



the company.

A complete copy of the Tariff for Electric Service, as revised, is on file with the Public Utility Commission at Austin, Texas, and with each affected municipality. Copies also are available for inspection in each of the company's public business offices.

TEXAS ELECTRIC SERVICE COMPANY



Rawlins Monuments

-SINCE 1884-A Shrine of Memory

Our Reputation Has Been Built On Customer Satisfaction. If we may assist you **Please Call Collect --**

Estelle Craddock 734-2410 — GORMAN, TEXAS



25% to 50% OFF **Entire Stock of** MERCHANDISE **FINA'S**

Public Notice

Dublin, Texas

Southwestern Bell, in accordance with the rules of the Public Utility Commission of Texas, hereby gives notice of the company's intent to implement a new schedule of telephone rates in Texas, effective August 1, 1983, unless otherwise determined by the Commission.

A complete copy of the new rate schedule is on file with the Texas Public Utility Commission (PUC) at Austin, Texas, and with each affected municipality served by Southwestern Bell, and is available for inspection in each of the company's public business offices in Texas. The Commission staff has contended in the past that all rates are subject to change as a result of Southwestern Bell's rate application.

As a result of the settlement of a lawsuit brought by the U.S. Department of Justice against AT&T, Southwestern Bell, on January 1, 1984, (or as otherwise ordered by the United States District Court) will no longer be a part of the Bell System, but will be owned by public shareholders. Under the terms of the settlement, Southwestern Bell has identified 15 areas in the state within which it may provide service, and the federal court with jurisdiction of the settlement has tentatively approved these areas, called LATAs (Local / ss and Transport Area). On or about January 1, 198uthwestern Bell can not provide service between these LATAs, and in addition, must transfer to AT&T customer premises equipment that it leases to customers.

Southwestern Bell has filed a proposed revised rate schedule with the PUC reflecting these changes. These rates would become effective August 1, 1983, if they are not suspended by the PUC; however, it is expected that they will be suspended and that the rates ultimately set by the PUC will become effective on or about January 1, 1984. If the rates were to become effective as filed, they would produce a 48.2% increase in Southwestern Bell's unadjusted test year revenues (or a 76.36% increase in Southwestern Bell's test year revenues adjusted to reflect the effect of Southwestern Bell's divestiture from AT&T). Any change in the rates for any interLATA services offered by AT&T or a subsidiary after January 1, 1984, could affect customers of Southwestern Bell Telephone Company.

further information, call I hope you will let me Robby Robinson at hear from you soon. 629-1320.

JULY CLEARANCE SALE

Our

Begins Wednesday, July 6th and continues through Saturday July 23rd with 30% to 50% discount on many items. ALL SALE goods listed here in is from our regular stock of quality merchandise. This is an end of season clean-up of broken sizes and discountinued lot numbers. Enjoy these great savings.

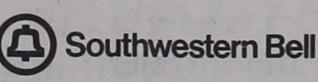
Group Men's Sport Coats J/2 PRICE Good Selection in Most Sizes ''Alterations Extra'	Group Men's Suits 1/3 OFF J/3 OFF Summer and Year round \$95 to \$225 Now \$63 to \$150 "Alterations Extra"	Group Men's Dress Shirts J2 PRICE From our Regular stock an assortment of short and long sleeves in solids and patterns. Better, by several.
Entire Stock Men's Swim Wear Now 1/2 PRICE	<section-header><section-header><text></text></section-header></section-header>	Entire Stock Men's Walk Shorts Now 1/2 PRICE
<section-header><section-header><section-header><section-header></section-header></section-header></section-header></section-header>	<text></text>	<text><text><text><text></text></text></text></text>

PROTECT YOURSEL Be ready to weather the storm of financial disaster that the elements can wreak on your farm. Insurance is a must! Call!

GORMAN INSURANCE AGENCY 734-2312 GORMAN

Notice to Customers of Other Telephone Companies

While Southwestern Bell has proposed no increase in rates for intraLATA interexchange toll services, any change in those rates could also affect customers of other telephone companies. Southwestern Bell is proposing changes in the structure of the present private line and foreign exchange services. Changes in these rates may affect customers of other telephone companies. Any change in the rates for any interLATA services offered by AT&T or a subsidiary after January 1, 1984, could affect customers of other telephone companies.



Entire Stock Ladies Blouses 30% OFF **No Lay Aways** Bob Elliott **No Approvals** 'THE MAN'S STORE' **Free Parking**

Entire Stock Ladies Slacks and Shorts ¹/₂ PRICE

"Alterations Extra"

Cisar Jexas 76437

Group Ladies Lingerie 30% OFF An assortment of discountinued numbers

No Returns

No Refunds

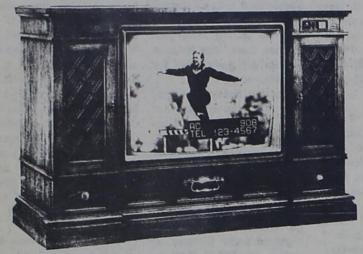
Free Parking



25" ZENITH SYSTEM 3 CONSOLES WITH ADVANCED SPACE PHONE

4 SPEAKER SOUND

- 112 CHANNEL CAPABILITY
- OUARTZ-CONTROLLED ELECTRONIC TUNING



MODEL SY2549E Computer Space Command[®] 4100 Remote Control with ADVANCED SPACE PHONE

Majestic Classic styled console. Contoured, full base. Casters. Oak veneers top and ends. Top framed with Oak solids. Front, control panel door and base of simulated wood in matching Antique Oak color finish. New Auto-Dial featured in Advanced Space Phone. Time Control Programmer. Cabinet size: 31 7/8" H (incl. casters), 45 7/8" W, 19 5/8" D. (81.0 cm H, 116.3 cm W, 49.8 cm D.) Add 2 5/8 (6.7 cm) to depth for tube cap. Dimensions exclude controls.

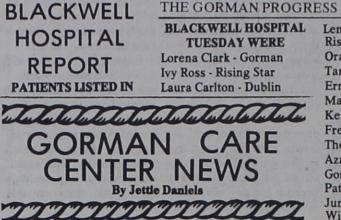
\$1,150.00

See our New Selection of Bedroom — Living Room — and Dining Room FURNITURE by Broyhill - Burnhardt - Tell City All at Prices that fit into the budget of today. See us before your by, We'll talk trade.



See Our Selections of other Models - also Compact Table and Slim Line Portables

We now have a Large Stock of Stereo's by Sansui and Quasor



Last week's Bingo Winn- much.

ers were: Lonzo Coffman, Hope you'll be with us Nancy Holloway, Pearl again this week. Westerman, Vernon Hamilton won the fourth game and also the Black Out game.

We had 13 players out for this event and we are very proud that they were able to participate.

Our June Birthday Party was on Thursday June the 30th. Those have Birthdays were: Lillian Capers, Clara Rich, Lon Snider, Frank Clara Rich, and Frank Beaty.

The ladies received, peppermint carnations in a Bud vase, the men received Hankerchiefs.

Thanks to Mrs. Billie Stacey for entertaining every one with her Piano Playing. She played a lot of old numbers which our residents enjoyed very much.

we had a good singing Thursday Night, thanks very much to the ladies who brought the specials, they were indeed enjoyed very

Grant Town Playday Set

The Grant Town Riding Club will be having a Jackpot Playday, Sunday, July 10, 1983, at 1:30 P.M. in Mingus, Texas. There will be no rain date. There will be four classes: Pee Wee, Junior, Intermediate, and Senior. Entry fee will be \$3.00 per event with \$2.00 going to the jackpot and \$1.00 to the club. The events will be: Barrel Race, Pole Bending, Flag Race, and two fun events. There will be a concession stand open for your convience.

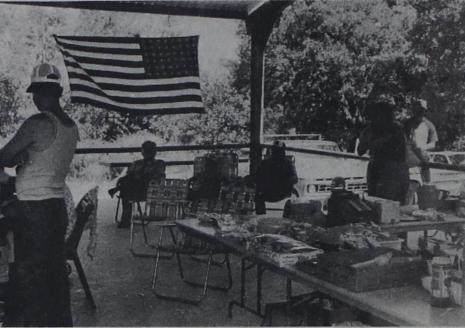
Lennie Prashear -**Rising Star**

Ora Atchison - Gorman Tamy Foster - Gorman Ernest Mc Cloud Marie Cook - Gorman Keith Reynolds - Carbon Freddie Burns - Gorman Thelma Bingham - Gorman Azalee Cunningham -Gorman **Patients Dismissed** June 27 William Rodgers Effie Childers Lucretia Fairbetter

June 28

JULY 7, 1983

Page Four June 29 **Barabra Smith** Harold Zink Frank Rhymes Ray Broom Earlene Skinner June 30 Verona Taylor Peggy Bullock Ann Mize **Theresa Miller** July 1 Lacy Clark Letha Pittman John Ramsey July 3 Tammy Rose



Joe Salinas

A GLANCE AT THE FINE FOOD — Some of the deserts which look fine under the plastic wrap was enjoyed by all. There were lots of barbecue and all the fixings served to everyone at the Celebration. In the background of this picture is Mr. and Mrs. Roger George of the Rucker Community.



ENJOYING THE FACILITIES AT THE PARK - In this picture several parents are giving their kids a chance on the swings set up under the oak trees at Frank A. Gray Memorial Park. Lots of people stayed under the big oaks to keep out of the sun. Some recognizable parents are Johnny Eaves, and Mrs. Linda Glover.



THE GORMAN PROGRESS

CARBON NEWS By Mrs. Bob Hasting Phone 639-2517

and Mr. and Mrs. Fred Guard. He was run over by Lightfoot of De Leon.

Walter J. Greer of Man- in the V.A. Hospital in Oliver of Eastland, Gregg Terry's wife and baby. Oliver of Irving, Mrs. Nan-Fort Worth, Mr. and Mrs. Mrs. Dickie Burgess and Shane of Carbon.

James Kimmell of Roscoe spent the weekend with last week were her grandhis mother, Mrs. Delora children, Janie, Bobby, Ray Kimmell.

er, Lorren and Collin of town. Burkett, visited Mr. and Mrs. Collin Campbell.

son, John Walton of Carlton spent Monday with her family of Mathias Lake. brother and family, Mr. and Mrs. Roy Skinner.

Mr. and Mrs. Lawrence weekend.

Defensive Driving Gorman Lions Course Set For July 18-20 at CJC

As a service to the community, Cisco Junior College will offer a Defensive Driving Course July 18 and 20 from 6 to 9:30 p. m. in

Visiting Mr. and Mrs. Hogan, was injured recent-Buck Weston on Sunday ly at Fort Hood while he office. Classes will begin were Mr. and Mrs. John was on maneuvers with the Tuesday, July 12. McKeehan of Sipe Springs Breckenridge National

JULY 7, 1983

a tank and badly injured and is in serious condition

hattan, Kans. is visiting his Temple. His address is mother, Mrs. Mabel Greer V.A. Hospital, 4th Floor, this week. Other visitors in Temple, Texas 76501. A the home on Saturday even- fund has been set up at the ing were Mrs. Joydene Eastland National Bank for

Mr. and Mrs. Lawrence cy Reynolds and Wayne of Hogan and Mrs. Terry Hogan wish to express their Glenn Justice and Mr. and appreciation for the prayers and everything the people have done for them.

Visiting Mrs. Lois Harle mond, Ronnie, Kathy and Mr. and Mrs. Bill Walk- Bubba Harle of Spring-

Mr. and Mrs. R. D. Threet spemt a few days Mrs. Zula Walton and last week visiting Mr. and Mrs. Kenneth Coleman and Mrs. Delora Kimmell at-

tended the Cowen family Sgt. Terry Hogan, son of reunion at Brady Lake last

Club Installs New Officers

The Gorman Lions Club held their installation banquet on Tuesday, June 21 at the White Elephant in Cisco. The Lions honored their wives as guests.

Page Five CARD OF THANKS

We wish to express our SECOND SEMESTER sincere thanks to everyone **REGISTRATION AT CJC** for the cards, flowers, visits **SLATED FOR JULY 11** prayers, doctors and nurses Registration for the secand the every other kind ond summer session at deed shown our family Cisco Junior College will be during the illness and death held Monday, July 11 from of our loved one. Also for 9 a. m. to 4 p. m. and 6 to 8 the food prepared and servp. m. in the Registrar's ed at the church.

American Legion Post of

De Leon will hold a dance

Saturday, July 9 at 8 p. m.

at the Legion Hall in De

Combination.

Leon.

We will never forget the loving kindness of everyone at the time of our sorrow.

The Family of Hulon Lasater -GP-

Visiting Saturday with Leon. Music by Country Ruby Bennett was her sons, Mr. and Mrs. Bill July 4th weekend Bennett of Weatherford, visitors in the home of Mr. and Mrs. L. A. Ben-Mr. and Mrs. L D. nett of Eastland, Joe Holliday were Mr. and Lynn Bennett, Terry and Mrs. Sandy Sanders of Latricia of Odessa and Odessa, Ruth Sanders Mrs. Shirley Brown and and Renee Scott of De Lafanda of Odessa.

Make A Fun Lunch For The Youngsters



The Chris Hogans Announce Birth

of a New Son Mr. and Mrs. Chris Hogan announce the birth of their son, Rusty Wayne,

born July 2 at 4:04 p. m. at

Eastland Memorial Hospital. He weighed 6 pounds and 15 ounces and measured 20 inches.

Rusty was welcomed by years old.

and Mrs. George Warren of Gorman.

and Mr. and Mrs. Carrol NOTE OF APPRECIATION W. Hogan of Gorman.

Greatgrandparents are Mr. and Mrs. Jim Hogan of Carbon, Mr. and Mrs. an older brother, Kyle, 21/2 George Norris of Eastland, Leland Warren and Mr. Grandparents are Mr. and Mrs. Cecil Robertson

TO MRS. DAIL ABLES NORTH-EAST Texas Chapter of Cystic Fibrosis Foundation has expressed appreciation to Mrs. Dail Ables and all Gorman for

Progress

Gorman, Texas 76454

support in the Spring Special Events Campaign.



the Science Hall Lecture Room. Fee for the course is \$20.

The defensive driving course is an eight-hour classroom course designed to improve driver skills and attitudes, especially in emergency situations.

Drivers who complete the training are eligible for a 10 percent discount on automobile insurance rates covering bodily injuries, property damage, medical payments and collision coverages. Good for three years, Tamer. the discount may be renewed by taking the defensive driving course.

Enrollment fee MUST be paid by 3 p. m. on July 18. NO late registration fees will be accepted.

Cisco Junior College.

District Governor Damon Smith installed the new officers of the club. His wife and daughter were also guests.

the event were:

Dail Ables, President Bill Miears, First VP Ray Daniels, Second VP Charlie Garrett, Secretary-Treasurer; Joe Bennett, Recording Secretary; A. L. Hunter, Tail Twister, and George Simmons, Lion

The Lions were privileged to have their wives and also the outgoing Sweetheart, Tamya Anderson, and her escort Alan Sadberry present. -GP-

For more information or The Dutch once believed to register call or come by that if a stork built its nest the President's office at on the roof of your house, it meant the best of luck.

TEDDY'S FAVORITE ALPHABET STEW 1/4 cup chopped onions 1 tablespoon butter or margarine 1/4 cup frozen peas, defrosted 1/4 cup frozen green beans, defrosted 1/2 cup water 1 can (15 oz.) Chef Boy-ar-dee [®] ABC's™ &

In one quart saucepan, sauté chopped onions in butter. Add defrosted peas, green beans and water; cover; simmer for 7 minutes. Add ABC's™ and 123's™; cover, simmer for 10 minutes. Serves 2-4.





Public Notice

Southwestern Bell

At the request of the Office of the Final Order in Docket 78-72 (the Access Charge Docket) as they impact all telephone companies. It is anticipated that Docket No. 5113 will be evidentiary in nature. RATES FOR SOUTHWESTERN BELL MAY BE DETERMINED BY THE COMMISSION IN OR AS A RESULT OF THIS PROCEEDING. Interested parties seeking further information or desiring to participate in Docket No. 5113 are advised to write to Rhonda Colbert Ryan, Secretary and Director of Hearings, Public Utility Commission of Texas, 7800 Shoal Creek Boulevard, Suite 400N, Austin, Texas 78757 or telephone the Public Utility Commission Consumer Affairs Division at (512) 458-0223 or 458-0227, or (512) 458-0221 TTY for the deaf.

It's never too early to begin good food habits. Whether

your youngster is taking the first scholastic step into nursery school or still one of the "at home" set, he/she needs a nutritious lunch. Nothing better than pasta for those active offspring. Here's a particularly delicious and appropriate canned product containing pasta numbers and letters plus sliced franks. We've incorporated it into a 15 minute New officers installed at recipe simply by adding some favorite vegetables. Serve this easy "all-in-one" (pasta, vegetables and meat) recipe with some hand nibbles...there's plenty for Teddy too.

123's[™] with Franks

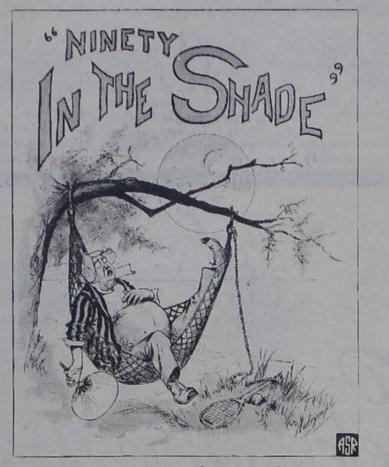


inated in India, was taken to Greece by Alexander the Great.

Save now on The Smart One whole-house air conditioner.



General Counsel of the Public Utility Commission, the Commission has established Docket No. 5113 to inquire into pressing issues involving the entire telephone industry in Texas. Docket No. 5113 will deal with many issues resulting from the impending divestiture of American Telephone and Telegraph Company and Southwestern Bell Telephone Company. Some of those issues include establishing the service areas of Southwestern Bell after divestiture and assessing the impact on other telephone companies in Texas of current settlement arrangements between Southwestern Bell and those companies. Additionally, Docket No. 5113 will deal with the issues arising from the Federal Communications Commission's



Warm-Weather Relief

Ninety in the shade this summer needn't snafu your work day or weekend activities. When the alarm clock sounds, put this plan into action to keep yourself in the swing of things throughout a blistering day.

If you're preparing to face the business world, pull from your closet a two-piece, polyester-and-wool suit and team it with a polyesterand-cotton dress shirt, advises Luciano Franzoni, fashion authority of Hart Schaffner & Marx. "Natural-fiber clothing breathes well and provides the necessary absorption for perspiration. But clothing in a combination of natural and synthetic fibers wrinkles less and wears better.

"All-cotton socks and underwear are absorbent, too, whereas lightweight shoes with leather uppers let air in and out to keep the feet cool," continues Franzoni. "And men should consider wearing a cotton T-shirt for another layer of absorbency and additional cooling."

Next, tumble into a lukewarm shower or an oldfashioned milk bath. Tepid water will accelerate the body's cooling system since it helps dilate blood vessels and improves circulation. If the latter is your bathing choice, add one-half cup of milk to a tub of water to bring soothing relief to the skin.

Before slipping into your beat-the-heat ensemble, dust yourself with powder and apply a talc-based antiperspirant to absorb body moisture so you'll feel cool longer.

Warm-weather relief can be had by stashing your favorite spray-on scent in the refrigerator for a tingling sensation when applied. Or, concoct your own cooling fragrance by adding a few drops of your favorite scent to four ounces of rubbing alcohol.

An altered diet plan will further help squelch the effects of a scorcher. Begin breakfast with a glass of orange juice which will replace the potassium you perspire away. Avoid those beverages with a significant caffeine content since the stimulant stirs up the body's metabolic rate which makes a person feel warmer. STASSAS

CHospPgh ®

F09-765-147

Eat lighter meals, too, now that it's summer. Overeating forces your digestive system to work harder to absorb the food and, as a result, you'll feel warmer. The body will also function more efficiently with proper weight control.

At breakfast and at all meals and snacks, cut back or eliminate your intake of refined sugar and select foods with natural sugars, such as fruits and vegetables. These food groups will replenish the body with energy over a prolonged period of time whereas refined sugar only supplies a short and quick burst of energy. THE GORMAN PROGRESS JULY

Your phone could save your child's life.



JULY 7, 1983

Page Six

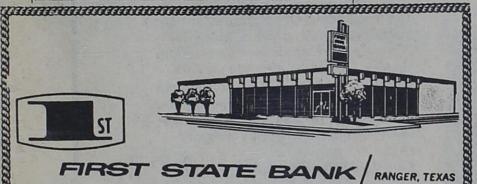


The Army Reserve has a group of selected skills that carry a special education offer worth up to \$4,000 for college for people who qualify to train in these skills

You train in a local Reserve unit one weekend a month and two weeks per year, earning \$1,200 per year to start. Find out more about these special skills and how to qualify.

Call your Army Reserve representative, in the Yellow Pages under "Recruiting."





for a brighter future... Take this money making

tip: Place your savings in a high interest earning account now! Ask us!

Our Gorman Area Customers can use our Free Telephone Service Number 734-2201

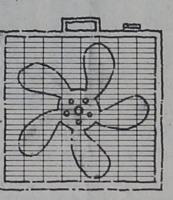
Member FDIC

for all your banking needs.

This summer be a



...and help hold down your bills.



In many homes, air conditioning uses more electricity than all other appliances

combined. To help hold down electric bills, use it sparingly. Set your thermostat at 80 degrees or higher, and use a fan to circulate the air. You'll be surprised at how cool you'll feel! You may not even notice the difference — except on your electric bill.



D. R. ARMSTRONG, Manager, Phone 893-2266