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Santa Anna News

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Volume 108 Number 47

Thursday, November 25, 1993

We Wish For You A



Things I Am Thankful For.....

The following were written by Mrs. Fortunes' first grade class, Mrs. Greenlee's third grade class and Mrs. Smith's first grade class on what they are thankful for this Thanksgiving.

I am thankful for my daddy and my mama and my horse. Also for my cats and dog and my aunt and uncles and grandmas, and my cousins and my mean uncles David.
Angel

I thank for A bed.
I thank for A house.
I thank for A dire.
I thank for A frid.
I thank for A pig.
my cuns are cumeg ue are goueg too have A good tam
it will bee the bash tas givn and we will et cak the and.
Jeffery

I am thankful for god dog. cat frens. tehr reden sagu sopmitindo. iam gointo hav turkey at my hars my mom is goin to in viet all hr frins. it is goin to be a fun tiem.
Chris

I am thankful for my house and mom and my dad. I am going to have turkey and sweetpotatoes with

morshmelos and milk. pumpkin pies with wipkrym.
Jessica

I thank for my ty and my reading. I am thankful for jeffery and my mom and my dad and jeramy and my brother and matthew. for Thanksgiving food I will eat turkey and pie and corn.
Charlie

I am thankful for home and mom and father and food and for Indians. I am gon to my gremr home to hiv thanksgiving. dresin and trkre puknin pie.
Micah

I am thankful for The food. The Indians and the mayflower and They didt have house. The Indians brey the fish. Some pilgrims died be cose the mayflower was to cold. and I am thankful my mom and dad, and the Indians are thankful be cose the Indians taught the pilgrims to hunt turkey, the turkey day.
Jeramy

I am thankful for matthew and Jessica. and seth and jaryd. they are my brothrs. I don't have A stisdr. don't forgetit that thanksgiuing is in 3 days. so you

bettr not forget that. I am not gon to tel you that.
Tana

I Am Thankful For Tana And Angel.
I Love Jessica
And My MoM
And My Brothrs
And Thet Is Greg and BB
I Am Going To Hav Trke
And Its all Mine.
and dont eat too much you will get fat.
And Dont Ete To Tuth You Will Get Fat.
biv Matthew

Im thankful for the Indian and my toys and jesus and god and my pets and my cusans im thankful for Angel everthag.
Laron

I am thankful for my gramo she is a doctor she heps us. and my muthr tack crerere of us. and my gramo cooks trge and we like it and my mom camto and bruthr to and me to miy name is Amber too.

I am Thakful for indian,s and my friends micah jeffery my kusen kent mamey papy lesu stever MY daddy lone deL my step mom tresten my baby sestir brean my baby rien my

Santa Visits Here Next Week Parade Entries Sought, Windows Decorated

Santa will arrive in Santa Anna Friday, December 3rd when the annual Christmas parade is sponsored by the Chamber of Commerce.

The parade, with Santa as the featured guest, is scheduled for 4:00 p.m. on that Friday afternoon. The Mountaineer band will lead the parade which will feature floats by various groups and organizations

around town. Theme of the parade will be "Christmas Fantasy".

Susie Voss is parade chairman for this year's event. Anyone wishing to sponsor a float may contact her, or, as she says, just show up about 3:30 that day with your float ready to line up in front of the fire station.

The Chamber is also encouraging groups to decorate windows in the

downtown area using the "Christmas Fantasy theme".

Cash prizes will be awarded for floats in the parade and for window decorations. First place float will receive \$50; second, \$35; and third place, \$15. Decorated windows will draw prizes of \$25; \$15 and \$10 for 1st; 2nd; and 3rd places.

SAHS All-District Football Picks



Roger Guerrero



Kevin Morris



Tom Guthrie

Roger Guerrero, Kevin Morris and Tom Guthrie were all listed on the District 10-A Second Team for the 1993 football season.

Guerrero and Guthrie were listed on the second team defensive line while Morris was named to the second team defensive back position.

Guerrero also received the District Fighting Heart Award. Guerrero and Morris are seniors at SAHS while Guthrie is a junior.

Named To All-District Volleyball



Elisha Blanton



Becky Zable



Becky Simmons

The Santa Anna girls volleyball team ended their first year of District 10-A competition with three girls named to the All-District Second Team and one girl receiving honorable mention.

Elisha Blanton, Becky Zable and Becky Simmons were all named to

the All-District Second Team. Honorable mention honors went to Casandra Moore.

Named to the First Team All-District were Cheryl Santos, Bronte; Jill Johnson, Bronte; Jennifer McCorkle; Bronte; Amanda McCown, Miles; Tracey Phelps, Water Valley and Sonja Rose, Water Valley.

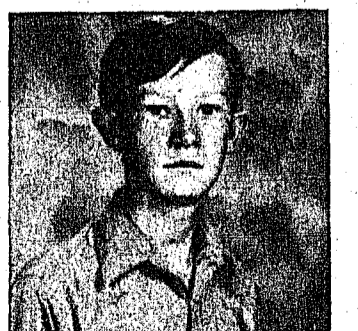
Named to the second team with Blanton, Zable and Simmons were Virginia Garza, Miles; Ricci Dickson, Water Valley; and Jenny Murray, Miles.

Christi Lacey, Water Valley and Shanna Shetana, Miles were named to the honorable mention team.



Casandra Moore

Fund Set Up To Help Young Family Cope With Mounting Medical Bills



Jason Trichel

Jason Trichel, a seventh grader at Santa Anna Junior High is currently a patient in the Scottish Rite Hospital in Dallas. He is the son of Terry and Dorothea Dillard Fleming.

Jason has been diagnosed with a muscle and nerve disorder which has caused paralysis in both shoulders. At this time he can lift his arms but a few inches inches.

He is taking treatments every four weeks which cost several thousand dollars each.

A fund has been established at the Santa Anna National Bank to help with his medical expenses which have actually been mounting since the beginning of the school year when the problem first became apparent.

Lions Club Pancake Supper Fri. December 3

The Santa Anna Lions Club will be holding a Pancake Supper on Friday, Dec. 3 from 10 am. until 7 p. at the Lions Club Building in downtown Santa Anna.

The menu includes all you can eat pancakes, coffee, tea and ham. The price will be adults \$3 and children under 12 \$2.

CONTINUED PAGE 3

City Employee — Obituaries — On Call This Weekend

The City Crew member on call this weekend is Doug Watson. Call collect at 625-3477 or call mobile phone 348-5019.

Watch the Santa Anna News each week for the city employee to call in case of a city utility emergency.

Correction

It has been called to our attention by a local reader that in the obituary notice for Doris (Goodgoin) Shaw, we and other area papers misspelled her maiden name. Since this obituary, as is the case with most that we print, was sent to us directly by the funeral home in charge of services, we assumed they had taken the responsibility to check the spelling of names.

We apologize if anyone was offended by this error.

Also, if a name is used in any other article written by someone else we make a correction if we ascertain it is spelled wrong. However, we are not always that familiar with the some names to make the distinction.

Bera Robinett

Mrs. Dallas (Bera) Robinett, 97, of Santa Anna passed away Wednesday, Nov. 17, 1993 at 11:35 p.m. in Shannon West Texas Memorial Hospital in San Angelo. Services were Saturday, Nov. 20, at 11 a.m. in the Northside Church of Christ in Santa Anna with the Rev. Jeff Robinett officiating assisted by Aaron Lemond.

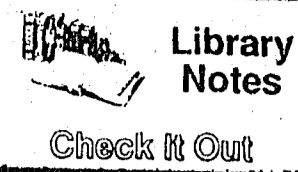
Burial was in Santa Anna Cemetery with Henderson Funeral Home in charge of arrangements.

Born Dec. 12, 1895 in Delta County, Texas to the late Jim and Mary Lela Little Ferguson, she had been a resident of Coleman County since the early 1900's. She attended Mukewater and Bangs schools.

She married Dallas Robinett in Santa Anna Nov. 9, 1912. He preceded her in death in 1976.

She was a member of the Church of Christ and a homemaker.

Survivors include two daughters, Mary Dunn of San Angelo and Maurine Griffin of Austin; three sons, Robert Robinett of Santa Anna, Billy Joe Robinett of Brady and Jimmy Lee Robinett of Chimney Rock, Colo.; 16 grandchildren; 22 great-grandchildren and 4 great-great-grandchildren.



Check It Out

By Alice Anna Spillman

Some really interesting new books were donated last week. One of the books that Mr. and Mrs. Homer Richter brought was out before it even got cards. "Geronimo-

War Chiefs" by Bill Dugan looked interesting, but I didn't have a good look before it was out. There were also four paperbacks and five more hardbacks. Celeste Simmons brought 31 paperbacks! New! If you like science fiction, come see these—several series. Luther May brought 20 hardbacks. These are mostly classics like "My Cousin Rachel". I understand there is a recent new sequel for this old favorite. A book from Vici Johnson "Where There's Smoke" by Sandra Brown. Eden Pass is a Texas oil town. Now that the oil boom is over, what will happen. The town is owned by the Tackett Oil Company—even the sheriff.

First or second grade readers would really enjoy one of the books that Dr. Kathy Pearce brought last week. "The Mickey Mouse Riddle Book" has jokes that this age will really enjoy.

Last Saturday Jim was doing some repairs on the roof and front of the building. Lewis Miles brought his very tall ladder and a friend of the library contributed caulk when Jim ran out. These may not be giant efforts but were really important. Without the ladder, Jim couldn't have gotten on the roof to work. Since it was Saturday afternoon, he had a choice of stopping—getting the ladder again and finishing the job a week later or driving somewhere to buy the caulk. This friend saved the day. Little things mean a lot.

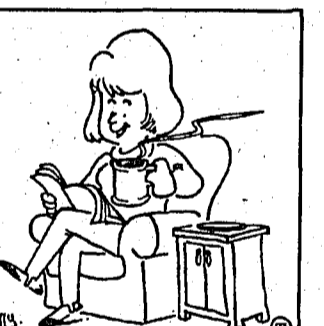
Some of the bookmarks that Luther May has made are on a display board now. Buy one and help the library buy a new book. If you have a book request, tell the librarian.

REMEMBER The library will be closed on Thursday and Friday this week. Get your books before 4:30 on Wednesday. Have a very happy Thanksgiving. Don't we all have lots for which to be grateful!

Relax! And Make The World Go Away

Daily "Rest And Relaxation" Time Is Important

(NAPS)—The busier you are the more it pays to take some time out for yourself. In fact, health experts say daily rest and relaxation is as important as sleep. So what can you do to unwind?



Any activity that differs from your normal routine of work can be relaxing. This may include a bath after work and a change to casual clothes. Reading a book or your favorite magazine with a soothing mug of hot chocolate is a wonderful way to celebrate taking some time for yourself.

McCreary Reunion

Contributed
On Oct. 17, 1993, the descendants of Lorenzo A. and Mattie Leona McCreary met at the Rockwood Community Center, at Rockwood, Texas, with about 60 or so relatives attending. Lorenzo met Mattie Leona Ward in Alabama, and later they married in Falls County, Texas on Aug. 9, 1876, and were blessed with a family of 10 children. They were T. T. Dosh; Mattie Leona; Elizabeth (Lizzie); Lorenzo, Jr., who died at three months of age; Mary Almyra; Frank Elijah; Joseph Samuel; John Edwin; Cecil Hays; and Jake. Joseph (better known as Joe) and John never married.

T. T. Dosh McCreary met and married Inez Moore and they had three children. Mattie Leona met and married Walter Suddeth, their family was increased by seven children and they were the only family to stay in East Texas when the rest moved to Coleman County in about 1900. Elizabeth (Lizzie) met and married Edward M. Vinson and outdid her parents by having 11 children; Mary Almyra met and married Lawrence Brusenhan, Sr. and five children were born to them, their second son died the day he was born; Frank E. McCreary met and married Ethel E. Ingram and they had four children; Cecil Hays McCreary met and married Ruth Miller and they had five children; Jake McCreary met and married Gussie Box and three children were born to them, the youngest, Sealy, dying just before he was two years of age.

The Vinson family had the most members present with more than 20, including in-laws. There were several towns around Texas represented at the reunion and they are: from Abilene, Cecile (McCreary) Doyle, Linda Frye, Beth Vinson and Fred and Thelma (Vinson) Joeris; from Arlington, Mr. and Mrs. Joel Mark Bargas, Brandon and Joel and Thomas Vinson; from Austin, Glenn W. Jones, Jr. and Mr. and Mrs. Dosh T. McCreary; from Brady, Mrs. Freddie (Brusenhan) Polk, Mrs. Betty (Brusenhan) Hull and Mr. and Mrs. I. O. Vinson; from Colleyville, Victor and Marie (McCreary) Payne; from Castroville, Mr. and Mrs. Joe Vinson and from Fort Worth, Mr. and Mrs. Brandon Thomas, Nicole and Brandon.

Also from Houston, Mr. Frank E. McCreary III, who also came the farthest; from Lubbock, Mr. and Mrs. Weldon McCreary, Ann (McCreary) Dycus and Shala Stanton; from Munday, Marion and Mattie (Vinson) Waggoner; from Palestine, Irma (Mrs. Frank E. Jr.) McCreary; from Rankin, Joe and Carolyn Sue (Brusenhan) Moore; from Roanoke, Ryan and Klina Sue (Payne) Cox, Don, Ryan and friend Autumn; from Rockwood, Claudia (McCreary) Rutherford, and Mr. and Mrs. L. Brusenhan, Jr.; from San Antonio, Mr. Jerry Jack Fulton and Karla Van Buren; from Sweetwater, Melvin and Nancy (McCreary) Martin; from Tuscola, Mr. and Mrs. Ken Derrick, Amy, Brian and Evan; from Waco, Mrs. Fannye (Suddeth) Fulton and Glenn W. and Anita Sue (McCreary) Jones, Sr.; and from Winters, Mr. and Mrs. John Joeris, Eric, Joseph and friend Georgie Murchison.

A member of each family gave a brief history of their family, and there were some interesting stories. Robert McCreary came to the U. S. in the 1700's from Ireland, and he was Scotch-Irish lineage. Now there are more than 9 generations.

Many thanks to all who worked so hard to bring this reunion to a successful conclusion. We hope everyone enjoyed the good food and visiting as much as we did and will want to come back again. We had one visitor, Mr. Dick Deal of Rockwood, who talking to old friends.

Thoughts From Our Pastors

Waide Messer
First Baptist Church

"Senseless Kindness"

All of us are repulsed by the all too familiar phrase, "random acts of senseless violence." It's a daily occurrence in the newspapers and on the TV. Chuch Wall, professor of human relations at Bakersfield College in California was repulsed enough to do something about it. He assigned his students to "do something out of the ordinary to help someone who wasn't expecting it, then write about it." The essays included stories about a student who bought 30 blankets for the homeless, and a woman who reparked her car 1/2 mile from her destination so a frantic looking motorist could park in her spot near the door. Additionally, bumper stickers have been made and are being sold by the students to benefit the Kern County Braille Center. The bumper stickers read, "Today, I will commit one random act of senseless kindness...Will you?" Professor Wall has stumbled upon a new twist for an old message. In the Bible God tells us to "...consider how to encourage one another to love and good deeds" (Hebrews 10:24). As we pause from our busy lives this Thanksgiving, one way to say thanks to God is to do a "random act of senseless kindness". Who knows, you may enjoy it so much that you start doing it every day. It could very well be that "One random act of senseless kindness a day will keep the blues away."

Make Plans To Attend WTU Open House December 3

West Texas Utilities would like to show their appreciation to the City of Santa Anna by inviting all of their customers to an Open House on Friday, Dec. 3, from 10 a.m. to 3 p.m. at the WTU local office.

"Our customers are also our friends and neighbors, and we're proud to be a part of the Santa Anna community," said Charles Moore, WTU Area Manager.

Stop in for a visit and join us for some refreshments.

Nutrition Claims In Women's Magazines

By: Carol Katzer, CEA-H.E.

What types of nutrition messages are the readers of women's magazines receiving? One recent study showed an overall increase in nutrition claims referring to the absence of specific dietary substances such as fat, sugar or cholesterol from food and beverage products. Many of the nutritional claims reflected topic related to the dietary guidelines recommendations. All advertisements were used to appeal to consumer concerns about taste, convenience and quality. Nutrition claims varied by product type advertised.

Why are these women's magazines so full of nutrition information? Women tend to be especially interested in nutrition information. They read this more from magazines and other forms of print media.

Some of the leading women's magazines have nutritionists, dietitians or home economists responsible for their nutrition articles or food/receipt sections. This increases the reliability when researched-based information is used. Beware of some nutrition-related articles not written by dietitians, nutritionists or home economists. These articles may make weight loss claims or claims for use of certain nutrient supplements seem too good to be true. One example is the hype for chromium picolinate touted for weight loss. Chromium picolinate has not been approved for weight loss by the Food and Drug Administration. Consumers need to realize that weight loss comes only by changing lifestyle habits, including exercise and low-fat eating. No "magic bullets" for weight loss exist.

If you have noticed some nutritional claim that may be questionable, misleading or inaccurate, contact Carol Katzer, County Home Economics agent at the local county Extension office, or call 625-4519, for researched-based information related to the particular nutrition claim.

Baby Shower To Be Held Sat. For Christi Beal Brown

A baby shower will be held Saturday, Nov. 27 from 4 to 5 p.m. at the Methodist Church Annex for Jody and Christi (Beal) Brown.

All friends are invited to attend.

"We could have immunized these thousands of children for a fraction of the cost."

About The SANTA ANNA NEWS
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(Any erroneous reflection upon the character of persons, firms, organizations appearing in this newspaper, will be gladly and promptly corrected upon calling the Editor's attention to the article in question.

POLLY WARNOCK
PUBLISHER/EDITOR
CAROL HERRING-ASSISTANT
(915) 348-3545

TEXAS PRESS ASSOCIATION
MEMBER 1993

Birthdays & Anniversaries

NOVEMBER 25
Shelly Smith Pritchard
Scott Bowker
Oma Dean Homer
Shane Simmons
Shane Watson
Lucille Wylie

NOVEMBER 26
Michele Sindt
Robert Edgar Beal
Mr&Mrs Danny Cook*

NOVEMBER 27
Candace Henderson
Mr&Mrs Roddy Dean*

NOVEMBER 29
William Brown

DECEMBER 2
Ross Bradley
Jeffrey Hartman
Mr&Mrs Luther McCreary*

Cemetery Memorials
The Santa Anna Cemetery Association has received memorials in memory of Mrs. Dallas Robinett from Gwendolyn Walker and Joe Wallace.

COW POKES By Ace Reid

"Jake, with this new tax deal, you need to avoid makin' a lot of money this year!"

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Sylvia Herring - Local Rep.
Phone 348-3461

WALKER FUNERAL HOME
Pre-Arranged Funerals
Phone 625-4103
Coleman, Texas

Phillips Insurance Agency
Representing The Germana Companies
For all your Home, Auto and Other Insurance
203 Commercial, Coleman
625-3553 or 625-4484
Archie, Berry, & Evelyn Phillips

totaltips
Many health experts recommend that adults over age 50 consume at least 1,500 mg of calcium daily.

	Amount of Calcium
Skim milk, 8 oz. fortified	302 mg
Yogurt, 8 oz.	345 mg
lowfat, fruit/flavored	
Cheddar cheese, 1 oz.	204 mg
Sardines, 3 oz. with bones	324 mg
Salmon, canned, 3 oz. with bones	212 mg
Broccoli, 1 cup. cooked and drained	94 mg

Source: United States Department of Agriculture

Keeping an eye on Texas

Texas land sparks foreign interest

More than 1 million of Texas' 130 million acres of agricultural land are owned partially (as little as 10 percent) or entirely by foreign investors.

Counties in which more than 10,000 acres are owned partially or entirely by foreign investors:

County	Number of Acres
Tarrant	11,212
Lamar	10,819
Red River	36,554
Bosque	17,768
Ellis	14,069
Kaufman	14,828
Robertson	32,169
Liberty	16,594
Burton	17,348
Jackson	28,315
Cameron	14,538
Starr	17,079
Hidalgo	123,826

Individuals, corporations or partner-ships: The total value of agricultural land with foreign interest was \$1.4 billion in 1992.

SOURCES: U.S. Department of Agriculture, Texas Agricultural Statistics Service and John Sharp, Texas Comptroller of Public Accounts.

Use Potted Plants To Clean Indoor Household Air

DALLAS—Plants have a much greater value than just decorative, said P. J. Ellison of Ellison's Greenhouses in Brenham during a presentation at the 1993 State Fair of Texas.

"Plants have a very, very strong value to use because they clean our air of pollutants," Ellison said at her Oct. 16 presentation held in the

Texas Department of Agriculture's Food and Fiber Pavilion.

Three major problem chemicals in the home are benzene, formaldehyde and trichloroethylene (TCE). Formaldehyde is found in plywood, grocery bags and paper towels. Benzene is present in inks and TCE is in paints, lacquers and varnishes.

"Everything we have in our homes--the pollutants are there," Ellison said. "Whatever you have in your home, you ought to have plants there because they will clean the environment."

The number of plants needed to effectively cleanse the air varies, but Ellison recommends 15 to 18 medium-size plants for an 800-square-foot home. Less would be needed if plants are large. Popular plants that are effective at cleaning the air include chrysanthemums,

African daisies, azaleas, poinsettias, English ivy, spider or airplane plants, snake plants and corn plants.

Some potential home gardeners are intimidated by keeping so many plants alive and healthy, but Ellison recommended four simple steps to maintaining indoor plants.

Over watering is the most common problem, she said. Wait until the soil is dry and stick your finger down into the pot at a 1- to 1-1/2 inch depth to check for dryness. Plants with brown leaves might have drowned roots.

"It's far better for the plant to be too dry, than too wet," Ellison said.

Also don't ever take a plant from indoor light directly to bright outdoor light, because it can get burned if the light changes are not gradual, she said. Third, for the best growing conditions, plants must receive correct light. Most plant tags that come with plants will indicate what type of light they require. And finally, if you have a diseased plant, throw it away, and get a new one.

"It's cheaper to buy a new plant than to replace all the other plants in the house if a disease spreads," she said.

total nutrition

Tasteful holiday gifts

Gift baskets of food get an especially warm welcome during the holidays, says Karen Wilder, registered dietician and staff nutritionist for Total cereal. To create healthful holiday gifts of food, start with nutritious recipes.

Select recipes that are high in complex carbohydrates and low in fat. As you pack your holiday food basket, use the recipe to help create a theme for your gift. Wilder has these ideas to get you started:

- Assemble a pasta basket that includes a jar of prepared pasta sauce, a selection of specialty pastas and a pasta serving utensil. Tuck all the items into a large pasta-cooking pot.

- Collect chopsticks, rice bowls, fresh gingerroot, rice vinegar and a Chinese cookbook. Pack them all into a basket lined with red and gold fabric.

- Team pancake mixes from a specialty shop with a selection of fruit syrups. Arrange the items on a wicker breakfast tray.

- Arrange a bag of dry beans, fresh vegetables and your favorite bean soup recipe in a large bean pot.

- Place a fresh-baked loaf of whole-grain bread on a bread board and wrap in a colorful checked napkin with little jars of assorted jams or jellies.

- Pack an assortment of herbal teas and a tea ball in a brand new teapot.

- Give the traditional fruit basket a new twist by presenting an assortment of dried fruits in a decorative fruit bowl or nut dish.

- Line a basket with cloth napkins and tuck in fresh-baked muffins or scones plus all-fruit spread or honey and hot cocoa mix.

- Assemble a selection of specialty coffees and holiday gingerbread on a decorative serving plate.

Or, suggests Wilder, present friends or family with an invitation to your home for a healthful holiday meal.

thankful for school because it helps us learn. Im thankful for clothes because these keep us warm and protected from the weather.

Willie Gilbreath

There are many things I am thankful for. I am thankful for my mom because she always help me clean my room. Another thing I am thankful for is my dad because he helps me with my homework. I am thankful for my brother for playing with me when I'm bored. The last thing I am thankful for is freedom because you can to the church you choose.

Jon Turney

I am glad we have enough food because we can grow. I am glad for rain because it make the grass grow. I am thankful to have school because I can learn. I am happy for my house because ke keep you warm and keeps me safe from rain. I am glad for my parents because they are there when you need them. I am als thankful for having clothes because they keep me warm.

Lupe Frausto

At this time of year there are many things to be thankful for. Having plenty of food is a good thing to be thankful for because if people didn't have food they would die. Since we have enough cloth we will stay warm and won't freeze. I love and appreciate my Dad and Mom and they take care of us. I also have good-friends to count on.

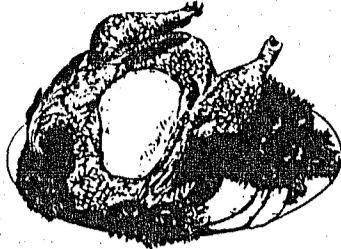
Seth Salazar

I am glad for my parents because they love and take care of me. Another thing I am happy for is food because it keeps me healthy and it makes me strong. Another thing is that I'm thankful for is the rain because it helps trees, plants and grass grow. I'm proud because I have clothes. Also when the winter comes we can be warm in our homes.

Sarah Frausto

There are many things to be

Young Childrens' Thanksgiving Dinner



Several teachers at the Santa Anna Elementary School asked their students different questions about their Thanksgiving Dinners and how they were cooked. A wide variety of answers were received as you will see.

Mrs. Nixon's Kindergarten Class--Thanksgiving Dinner: Colt Martin--Go out and look for a turkey at the river. Kill it and skin all the feathers off.

Jesse Hensley--Take the fat off. Put the turkey in a pan.

Stevie Stembridge--Put pepper and salt on the turkey.

Gregory Strength--Put baking soda on it and rub it in real good.

Vanessa Hull--Put dressing on the turkey.

Harmony Herring--Take the turkey and put it in the oven at 20 degrees.

Colt Martin--cook for 435 minutes.

Emmanuel McCloud--Check the turkey every 2 minutes.

Logan Lacy--Take the turkey out, cut it up and share with everyone.

Mayra Torres--Have lots of milk, tea, kool-aid and chocolate milk to

drink. Barry Campbell--For dessert eat apple pie and ice cream.

Ryan Guerrero--Have chocolate cookies, grapes, cherries and chocolate milk after you eat the turkey.

Mrs. Stith's Kindergarten Class:

How do you cook a Thanksgiving turkey?

Marty--First chop the turkey up.

Raelee--Put him in a pot and stir him.

Abraham--Next you fry it.

Rudy--Now you boil it.

Troy--Add the rice.

Marty--After you eat the turkey you say grace.

Bianca--I'll bring my friends and well all eat it.

What will your family eat with the turkey?

Durinda--We serve potatoes.

Daniel--We serve gravy.

Abraham--We serve soda.

Jessica--We serve corn.

Bianca--We serve french fries.

What will you have to drink?

Troy--tea

Rudy--soda pop

Alex--milk

Daniel--Big Red

Heath--Kool-aid

What will you have for dessert?

Abraham--peanut butter and jelly

Troy--"cake-pie"

Bianca--apple pie

Alex--jelly beans

Rudy--ice cream

Raelee--jello

Jessica--pudding

Daniel--cookies

Mrs. Fortune's first grade plans to eat:

I am goe too at a cake for Thanksgiving a turkey too and evrey thag and we goe too have of uv that we are goe too have dzrt last in thin we are goe too have fun and woch teve in thin we are goe too

Collin

I have a turkey at my house, It is in my hsve. I w ent turkey and we will eat cuces, corn, salad, frot, pie, and cak. I will drenk coc and tea.

Julio

You have to get a turkey to kill it Then you cook the turkey. Next you green bens with dressing and I wel in vit my frins ovr and we will play weth my dog.

Austin

I have a turky at my house. It is in the frezr. Mother and I well cook it. I well et potatoes, sald, pi, cack, met and us.

LaShawn

frst i will eat a turkey and i eat., green beans. Then i will wok to my house then i will eat a sala

Than I will eat a kac then i do, wen eve bid will go up stre.

Richard

For Thanksgiving i am Going to eat turkey and jreck orange. Jwuss with iues. Naxt I am going to eat vajtbs.

Kayla

thankful for. I'm so glad for my mom because she cooks for me. I am thankful for my teacher and she teaches kids. Trees give us oxygen and so I am glad to have trees. I am thankful about out houses so we don't get ill.

Jodie Strength

There are many things to be thankful for at this time of the year. Im thankful for our food because we need food to live. I am thankful for our school because we need a school to learn things. My parents are nice and we need them because they take care of us. I know we need the rain because it helps the grees grass grow and the trees too.

Billie McKenzie

I am thankful for Thanksgiving because the pilgrims wanted freedom and came to America.

Im thankful for food, clothing and shelter because these things help keep us safe every day. Im glad that the rain falls and gives us water that we drink Im thankful for parents because they take good care of us.

Lisa Hornback

I am thankful for my family and my frand. I am thankful for my sistrs and um ukols. I am thankful for my popol and my grandmol too, and my home my mom and my dad too.

Collin

i am thankful for my friends and my momy and my dady and my bruther and my cat and my haos. i am thankful for my fud, my clos, my shus and my bike, my car amd my toys.

i my thankful for my turtle an fish and fox and wotr and church and my grandperis and my techrs.

Andrew Urbanyi

I am thankful for my mommy and my dady. And i am thankful my techr. I am osso thankful for my baby bruthr and my famule to.

Kayla Dombroski

I am thankful for my mom and my dad and my clos. I am thankful for my school and my trees.

Ramiro Guererro

I am thacful for my famle, my friends. Oso i am thacfol fore my

cat my dog to. I am thacful for my world. I am thacful for me. of my friends. I am thacful for god and jesues. my mom, Dad, Mrs. Forchoon, i love the world.

Kathy simmons

I am thankful for my family. my friends to and I am thankful for my school and I am thankful for my sister and my mom and my dad and I am thankful for my church.

Julio Bernal

I am thakfo for my dog we take her, my dad and mutr and my family amd grapars. we take kor of my big famly amd my homes.

Richard Rankin

I am thankful for the hol world and my friends and god and clos, fod and my mom and fothr an my sisdr and my gran-mo and animals and my house.

Bryan Fellers

I am thankful my friend brother sister. home turkey i mother father for ndians Pilgrims home church turkey family school flower.

LaShawn McDowell

I am thankful for my Mother and my Father and my sister and my brother and my hous and my world, food

Austin Sanders

I am thankful for my mom my dod my dog my cst my house my flower my brothers.

Felipe Patino

I am thankful for the church becus the world nees a church. s house too becus the world nes a house too food becus the world nes a food becus the world nes a food too. family I am thankful for my sister a brother too.

Hannah Collins

I am thankful for my church, sister, mother, father, friend, school, brother, thanksgiving turkey.

Darlene Garcia

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Shurfine Bath Tissue 4 roll pak. 79c

Shurfine Decorator Towels 2/1.00

Oscar Mayer Hickory Ridge Bacon 1 lb pkg. 99c

Parade Buttermilk Biscuits 10 count. 5/1.00

Sunny Delight 64 oz. all flavors. 1.09

Deer Corn

Hunting/Fishing License

Shotgun Shells

The Way We Were

NOVEMBER 21, 1963 The Mountaineers ended the 1963 football season with a tie with Burnet for fourth place.

The annual Lions Club Pancake Sale will be held in the Lions Room Friday, December 6.

Mr. and Mrs. Curtis Bryan announce they will observe the first anniversary of the Bryan General Store Saturday, November 23.

Plans are underway to connect Farm Road 567 and 1176.

Members of five Santa Anna churches have completed plans for the annual joint Thanksgiving services.

Darrell Wright who is stationed in Germany got acquainted with his brother in law, Bill Gibson who has had never met.

Eddie Jones killed two deer Saturday, the first day of the new hunting season, and the first deer he had ever killed.

Mr. and Mrs. Kenneth Sikes of Killeen announce the birth of Iris Ann born Saturday, November 16 in a Brownwood hospital.

The Mounties defeated Early 30-14 in the final game of the season last week.

Thankful

Continued from page 1

and be strong. If we didn't have enough water we couldn't survive. Mom has taken care of me all my life. School helps me learn alot of things. Rain helps plants grow and puts out oxygen.

Kiska Stembridge.

I'm thankful for many things during Thanksgiving. I'm thankful for the clean water because we get to drink the clean wate.r We're thankful for the houses because we get to live in them. I'm very glad for a car to go get some food to eat. I'm so glad that we have enough food.

Oscar Patino

I know many things I'm thankful for. I'm glad we have good clean water to drink. I give thanks for the nice clothes I have to wear. We have a good school in Santa Anna and it's fun to learn.

Rashanda

This year I thought about also being thankful for my mom Mary Garza because She treats me good. I am thankful for God. I am thankful for Mrs. Greenlee because she is a good teacher. I am glad that I have my brother Carlos and Adam they are good to me. School is a safe place to be every week and the rules help us.

Julie Garza

There are many things to be thankful for. I am thankful for my parents and my brothers. I'm thankful that we have school I'm glad that we live in Texas. I'm thankful that we have houses to keep us warm.

Frankie Hull

I am thankful for food. Because if you go without food for a long time you would die. I am happy for house. So when it rains we won't get wet. I am thankful for oxygen from the trees. We need

oxygen to breathe. I am happy to have friends to play with.

Gary Hale

Im thankful for many things. We need food to keep us strong and healthy. Clothes help me stay warm in the winter. Then I like school because this is where I learn. The rain helps the trees and grass to grow.

Thomas Malaer

I'm thankful for lots of things this year. I am thankful for food to eat and clothes to wear. I am glad for my house to live in so I won't get cold. I am glad for rain to help our trees and grass to grow.

Jennifer Pelton

There are things I am thankful for. I am thankful for the rain because it helps the grass and trees grow. Also I am thankful for the houses because we need something to live in. The houses give you shelter from the rain and wind Another thing I am thankful for is clothes so you can dress warmly during the winter.

Kelly Voss

I can think of some things that I am thankful for. I'm thankful for trees so when we are hot we can get under the shade. Another thing that I'm thankful for is rain because it helps the crops get taller. I am thankful for food to because it helps keep us healthy. Another thing I'm thankful for is my parents because they help me with my work.

Alicia Ellis

I am happy for food because if we didn't have food we would be really hungry. I'm thankful for my parents because they love me and take care of me. My brothers are important because I have somebody to play with. Im glad for school because this is where I learn many things.

Shante' Shepard

There are many things to be thankful for. I'm thankful for food because it will keep your body healthy. I am also thankful for homes because it will keep you out of the rain and it will keep you warm.

I'm thankful for rain because it keep the air clean and freash the thing I am thankful for is school because you can lrean many thing.

Jacob Pritchard

There are many things that I am thankful for. I am thankful for food to eat. I am glad we have a school so we can learn. All of us need rain to help the crops and grass grow. Last I'm thankful for Thanksgiving to celebrate when the Pilgrims came to America.

Jamie Ellerbe

These are some things that Im thankful for. Im thankful for having parents because I love them. Here is another reason. I am

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News For And About Santa Anna Mountaineers



Mountaineer Basketball Results

TUESDAY, NOVEMBER 16

Priddy 76
Santa Anna 34

Boys
Santa Anna--Thomas 8, Donham 7, Abernathy 7, Baugh 6, Morris 4, Ellis 2.
Priddy--Stegemoller 14, Drucekhammer 14, B. Davidson 11, Wood 10, C. Davidson 6, Seider 5, Del Bosque 4, Schwartz 2.
Records--Santa Anna 0-1, Priddy 1-0.

Priddy 47
Santa Anna 43

Girls
Santa Anna--Simmon 20, Miller 9, Beal 6, Blanton 4, Boyet 2, Homer 2.
Priddy--Davidson 14, Clendenen 9, Misty Partin 6, Kelly Greeley 7, Del Bosque 5, Limmer 4, Seider 2.
Records--Santa Anna 0-1, Priddy 1-0.

LOHN TOURNNEY
Friday, November 19

Saturday, November 20
Santa Anna 33
Santa Anna JV 18

Girls
Santa Anna--Boyet 12, Simmons 6, Blanton 6, Ellerbe 4, Miller 5
Santa Anna JV--Martin 2, Suarez 4, DeLeon 4, Moore 8

Christoval 63
Santa Anna 39

Boys
Christoval--Martinez 12, Cole 7, Davis 22, Fiveash 10, Riojas 2, Garcia 2, Wilkin 5, Johnson 2, Moore 1.
Santa Anna--Morris 9, Baugh 3, Donham 11, Thomas 7, Ellis 3, Malaer 6.

The Santa Anna teams played several other games during the tournament but the NEWS was unable to get the results due to the advanced presstime.

The Santa Anna boys team brought home the third play trophy. The girls varsity played for consolation but were defeated.



Add shelves at the bottom of a small child's closet to hold underclothes, shorts, slacks, even toys and games.

JUNIOR HIGH
MONDAY, NOVEMBER 15
SANTA ANNA 19
CROSS PLAINS 18

Girls
Santa Anna--Kayce Strength 2, Marcella Siller 2, Yolanda Frausto 5, Amanda Lishka 8, Rene Guerrero 2.

SANTA ANNA 8TH 12
CROSS PLAINS 32

Boys
Santa Anna--Chris Guerrero 2, Josh Lewis 2, Lupe Castillo 2, Ryan Keency 4

SANTA ANNA 7TH 24
CROSS PLAINS 17

Boys
Santa Anna--Clay Crosley 2, Chris Boyet 10, Benny Diaz 8, Albert Dixon 4



MONDAY, NOVEMBER 29
Breakfast: Dry cereal and graham crackers (offered daily), donuts, fruit juice and milk
Lunch: Meat and spaghetti, english peas, fruit juice, mixed fruit, bread sticks and milk

TUESDAY, NOVEMBER 30
Breakfast: French toast, fruit, milk and syrup
Lunch: Chicken enchilada casserole, refried beans, mexican salad, fruit juice, garlic bread, milk and jello

WEDNESDAY, DECEMBER 1
Breakfast: Cinnamon roll, fruit juice and milk
Lunch: Chicken nuggets, cream potatoes, green beans, fruit juice, slice peaches w/topping, hot rolls, milk, cream gravy and catsup and honey

THURSDAY, DECEMBER 2
Breakfast: Biscuits, fruit juice, milk, sausage gravy and jelly
Lunch: Burritos w/chili and cheese, buttered corn, lettuce and tomatoes w/dressing, fruit juice, apple and milk

FRIDAY, DECEMBER 3
Breakfast: Cream of wheat, cinnamon toast, fruit juice and milk
Lunch: Cheeseburger, burger salad, french fries, fruit juice, milk, cookies, catsup, mays or mustard

Brandi Martin Receives Award In County 4-H Food Show

Brandi Martin received the top award in Food and Presentation, Senior Division, Nutritious Snacks and Desserts at the County 4-H Food Show held recently in Coleman.

Top awards in each age category went to senior, Gina Beaver; intermediate, Timothy Taylor; and junior (tie) Jamie Barrington and Janna Phillips.

Others receiving top awards in Food and Presentations went to:

Main Dish: senior, Jennifer Vance and junior, Janna Phillips; Bread and Cereal: senior, Gina Beaver; intermediate, Timothy Taylor and junior, Monica Halfmann; Fruit and Vegetable, senior, Elizabeth Baker and junior Jamie Barrington; Nutritious Snacks and Desserts: junior, April Phillips; and Food Exhibits: junior, LeMoine Knox.

Other participants in the 1993 4-H Food Show were Shannon Phillips, Cody Phillips, Kelly Vance, Buffy Martin, Christina Morton, Amanda Baker and Candace Beal.

Sponsors, dedicated parents and leaders helped make this a worthwhile event for 4-H'ers. Sponsors were Shoppin Basket, Double M Food Mart, Coleman County Electric Cooperative and Coleman County Family and Community Education Council.

Parents and leaders were Registration--Debra Halfmann; Hospitality Dela Rosa and Karen Taylor; Superintendents--Beverly Barrington, Donna Phillips and Johanna Phillips; Contestant "Goody Bags"--Doodie Knox; Tally Committee--Myrtle Beaver, Sarah Beal, Becky Martin and Nancy Baker; and Tasting Tea Committee--Sarah Beal, Beverly Barrington, Debbie Priddy, Myrtle Beaver, Doodie Knox and Becky Martin.

The top awarded 4-H'ers presented their dish at the District 4-H Food Show Nov. 20.



LEGAL MATTERS

By Texas Attorney General Dan Morales

TELEMARKETING
Every day, Texans receive telephone calls offering them "free" prizes, soliciting contributions for charities, or pitching them deals" on an endless variety of goods and services. Most telemarketing companies are legitimate, but you must be careful: last year alone, American consumers lost over \$1 billion to fraudulent telemarketing scams.

Beware
Telephone sales fraud takes many forms. Some salespersons pressure you to act immediately because their special offer will no longer be good tomorrow. Others lure customers with phony gift offers or get rich quick schemes.

Travel packages are billed as "buy one, get one free" but the first one costs more than the entire package is worth.

You're notified that you've won a prize in a contest that you don't remember entering. All too frequently, no contest has been held and the only winner is the con artist who takes your credit card number for "verification purposes."

New Law to Protect You
My office worked closely with members of the state legislature to pass a law that makes it far more difficult for telephone con artists to "rip-off" Texas consumers. As of September 1, 1993, telephone solicitors, whether located in or out of state, must register with the Secretary of State's office. The required registration must disclose any felony or misdemeanor convictions, as well as any civil judgments, bankruptcies, or injunctions relating to the business's activities. The new law enables my Consumer Protection Division to investigate companies before a significant amount of harm has been done, and authorizes my office to bring civil actions for violations with penalties of up to \$50,000.

Know Who's Calling
Ask for the name, address, and phone number of the company that you are dealing with and check it out. Call the Secretary of State's office. Be leery if the only address provided is a post office box. Consult the

A DISPATCH FROM THE UNIVERSITY WORLD

The University Of Texas System

NEWS

By Jack Maguire



THE EYES OF TEXAS STUDENTS ARE FOCUSING ON THE WORLD

Texas colleges and universities are taking a new look at how well they are preparing graduates for jobs that may be a long way from their native state.

Thus far, only a small minority of Texas-trained collegians are looking beyond the United States for a career. Only one out of 500 Texas college students are enrolled in a study-abroad program and only one in nine took a foreign language course last year.

Nevertheless, most who received degrees from Texas schools this spring likely will be employed by a company that has an international division or which is owned by foreign investors. And at some point in the future, they'll probably spend at least some time working in a nation other than the United States.

Members of the Texas Association of Colleges and Universities are anticipating a migration abroad of their graduates, and they're taking steps to prepare them for the move.

Dr. Jerry Morris, president of East Texas State University at Commerce, is among those lecturing to civic and business groups on the subject. He wants Texans to know it is time to consider "internationalizing" college and university studies.

"It's not just about economics, it's understanding and compatibility with the rest of the world," he says.

Texas colleges and universities have never been isolationists either in welcoming foreigners as students or in educating Americans to work abroad. Alumni of Texas institutions can be found working in every corner of the globe. The University of Texas at Austin's Ex-Students' Association has dozens of clubs throughout Europe, Mexico, South America and Asia. Although many of their members are foreign nationals who came to the United States for their education, most are expatriates who left America for jobs abroad.

More such opportunities are arising as the nations move closer to what the late Wendell Willkie envisioned as "One World." If the new free trade treaty becomes effective, Mexico and Canada are expected to become especially attractive to more Americans.

Helping to pave the way for a possible exodus to the south, a Southwest U.S.-Mexico border Policy Group has been formed with the University of Texas at El Paso as one of the members. The agenda includes, among other things, expanded economic development and more funding for education in both countries.

The demise of Communism in Russia is opening new job opportunities for recent graduates. The University of Houston's College of Business Administration launched a project with Russia last year that likely will require considerable expertise of those trained in U.S. economic practices. The Russian Republic asked the Houston school to help it privatize its major industries.

In May, the University of Texas at Dallas signed an agreement with a Russian university--St. Petersburg State Technical--to fos-

telephone book or directory assistance: fly-by-night businesses often won't bother to be listed and will change their names frequently to avoid detection. Call the Office of the Attorney General or the nearest Better Business Bureau to see if any complaints have been filed against the company. Remember, though, we can't tell you with certainty whether or not a company is legitimate, and a new business may not yet have any complaints registered.

Get it in Writing
Request that any offers be sent to you in writing to ensure that there are no restrictions or conditions that you were not told about over the telephone.

Don't be Afraid to Ask
Ask how much everything costs and be sure you know the total amount you're obligated to pay. Are there shipping and handling costs? If you're purchasing a travel package, what is included and what are the restrictions?

If the caller claims that you have won a contest, are you required to pay a service charge?

Exercise Caution
Never give your credit card, social security or bank account numbers

ter the exchange of students, faculty, research and business know-how in future years.

It's hardly a new venture in international relations for UT Dallas. Since 1989, the school has helped Texas companies develop export markets. More than 70 students in the International Management Studies Program have been involved in the effort. The UT Dallas Export Advisors Group has opened new Texas markets in Europe, Asia and North and South America.

More young Texans than ever before are going abroad for their education, too. UT Dallas students can spend a semester in Rome. Texas A&M has a branch in Japan. UT Austin is among several schools that offer courses in Europe and other countries.

To forge more and better ties with the world, the Association of Texas Colleges and Universities is encouraging more foreign exchange programs. Only one out of 25 students in Texas institutions of higher education is from a foreign country.

President Morris of East Texas State also chairs the Texas International Education Consortium board. He admits that the effort to "internationalize" education still has a long way to go.

"Making a foreign language a graduation requirement at all state schools would be a good start," he says.

HABLA USTED INGLES?
--Thanks to the University of Texas at Austin, Hispanics throughout North, Central and South America now can hear broadcasts in English of news from Spanish-speaking countries around the world.

Called *Latino USA*, a half hour journal of Hispanic news in English is being produced by KUY-FM, the University's radio station. Distributed by the Longhorn Radio Network, the program is heard on 70 radio stations. In July when satellite broadcasting begins, it will be available to 460 more stations.

Latino USA is produced by UT Austin's Center for Mexican-American Studies. Its purpose is to allow Hispanics to learn more about each other while also offering people of other ethnic cultures the opportunity to learn more about Latino communities. The program will feature interviews, panel discussions, youth issues, biographies and commentaries on entertainment, culture and the arts.

It is believed to be the only program on radio that serves the entire Latin community--Mexican-American, Cuban, Puerto Rican and all Central and South American countries.

PROGRESS REPORT---
South Texas physicians have a new treatment alternative for elderly adults with memory or behavioral disorders.

The Geriatric Day Hospital has opened in San Antonio at the Southwest Neuropsychiatric Institute, an affiliate of the University of Texas Health Science Center.

The hospital will provide outpatient services for elderly patients with complex psychiatric, behavioral or organic mental disorder. The facility also will be a site for clinical teaching and research.

EXPLANATION POINT---
Texans who see the new Steven Spielberg movie, "Jurassic Park," can rest assured that none of the events ever happened in Texas and probably won't.

Few remains of dinosaurs from the Jurassic period have been found in Texas, according to several geologists and paleontologists.

"I don't of a single bone of a Jurassic animal ever found in Texas," Wann Langston says, retired professor of geology at the University of Texas at Austin.

Neither is it likely that Texas will ever have a theme park populated with man-made dinosaurs as realistic as those evolved by the movie's special effects.

That's the opinion of Dr. R. Sanders Williams, director of cardiology and the cardiology molecular research group at the University of Texas Southwestern Medical Center at Dallas.

"It's very unlikely that you'd be able to re-create an ancient organism just like it was," Dr. Williams says.

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LVNs, RNs, PARAMEDICS!
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43/45p

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TELEMARKETING
Continued from page 4

over the phone unless you are absolutely certain that the company is reputable.

Be wary of anyone who insists that you send payment through a commercial overnight mail service, rather than the

U.S. Postal Service - they may be trying to avoid federal mail fraud charges.

When in Doubt, Hang Up
If you receive an unsolicited call and are not interested in the product or service, simply ask that the salesperson not phone again and that your name be removed from their marketing list.

Even if an offer appears legitimate, if you still have doubts, remember that it is better to say no now than to be sorry later. Once you have been bilked by one of these con artists, it is almost impossible to get your money back.

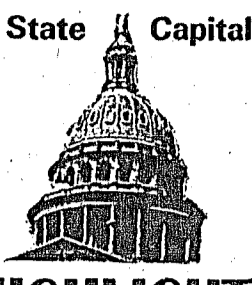
You can have your phone number removed from many national telephone sales lists by writing to: Telephone Preference Service, c/o

Direct Marketing Association, 6 East 43rd St., New York, NY 10017. We're here to help. Please contact your nearest OAG Consumer Protection Office.

But Texas Higher Education Commissioner Kenneth Ashworth told the UT University Council, "legislators do not want to raise tuition," he said.

Texas is one of the few states where the legislature sets tuition levels. "Most states delegate that to presidents and the boards of regents so they can take the heat," Ashworth said.

Abortion Clause Questioned
The Texas Department of Insurance has proposed guidelines for

State Capital

HIGHLIGHTS
By Lyndell Williams and Ed Sterling
TEXAS PRESS ASSOCIATION

AUSTIN — State Treasurer Martha Whitehead shocked more than a few political observers last week when she recommended the abolishment of her office. Whitehead, who was appointed in July by Gov. Ann Richards after then-Treasurer Kay Bailey Hutchison was elected to the U.S. Senate, said she believes the duties of the State Treasury Department can be merged into the office of the state comptroller.

The former Longview mayor said she will ask voters to approve a constitutional amendment to abolish the Treasury Department.

The department, with about 250 employees and an \$11 million annual budget, manages the state's investments, administers unclaimed property laws and enforces tobacco taxes.

The comptroller's office, which has about 2,900 employees and a \$120 million annual budget, serves as the state's revenue collection agency, enforces tax laws and issues economic forecasts.

Shortly after Whitehead's announcement, Comptroller John Sharp issued a statement calling it a "historic day in Texas state government."

Merging the treasury with the comptroller's office has been suggested many times. Lt. Gov. Bob Bullock once said, "You could fold that office into the comptroller's office, change the phones and you'd never know the difference."

But Republicans were critical of Whitehead's suggestion. "It's basic Accounting 101," said Karen Hughes, executive director of the Republican Party of Texas. "The same person who receives the money should not spend the money."

Gibson to Texas Chamber
Bruce Gibson, executive assistant to Lt. Gov. Bob Bullock, will become president and chief executive officer of the Texas Chamber of Commerce in January.

Succeeding Gibson will be Charles Bailey, 45, who has been serving as Bullock's chief of staff and general counsel.

Gibson, 40, will succeed Larry Milner, who will become president of the Texas Chamber Service Corp., a non-profit organization that offers consulting services to local chambers.

Gibson said he will work with the 400 local chambers to develop a legislative agenda. Obvious issues, he said, include tort reform, workers' compensation insurance, health care, education and taxes.

Officials Want Tuition Hike
The presidents of the University of Texas and Southwest Texas State University said last week it is time for lawmakers to increase college tuition.

"I remain an advocate of higher tuition," UT President Robert Berdahl told the University Council, a legislative body at the school, last week.

"When students complain about tuition here, I urge them to find a day-care center in the city of Austin that is as inexpensive as the university," Berdahl said.

"I believe the time is right for us to consider an increase in tuition," Jerome Supple, president of Southwest Texas State University in San Marcos, told a higher education summit in Corpus Christi.

But Texas Higher Education Commissioner Kenneth Ashworth told the UT University Council, "legislators do not want to raise tuition," he said.

Texas is one of the few states where the legislature sets tuition levels. "Most states delegate that to presidents and the boards of regents so they can take the heat," Ashworth said.

Abortion Clause Questioned
The Texas Department of Insurance has proposed guidelines for

Help Your Heart
American Heart Association

Thanksgiving Feast Can Be Good For Your Heart

It was mid-October 1621. Plymouth Colony Pilgrims invited Indians to join them in a feast. There, they thanked God for their harvest, for their very lives.

And so began a Thanksgiving feast tradition that continues today.

But the meal the Pilgrims and Indians had 372 years ago was much healthier than Thanksgiving feasts enjoyed by the average American family today, the American Heart Association says.

The Pilgrims had no cows or domestic poultry to produce eggs, milk, cream, cheese or butter. The crops of wheat and rye they planted the previous spring had failed. So they had no flour for pastries.

Except, perhaps, for wild honey and native berries, there were no desserts.

What the Pilgrims did have that fall, historians say, was a bumper crop of corn and beans, pumpkins and mounds of various kinds of shellfish (clams, oysters, lobsters). They had cod and bass, which they had smoked and dried for the winter.

They also had wild turkey, duck and geese, which they had shot for the occasion.

According to nutrition experts, there are at least four key differences in the foods eaten at Plymouth in 1621 and those routinely consumed by Thanksgiving celebrants of the 1990s:

- The Pilgrims and Indians roasted their meats over open fires. So they lost a large percentage of the

fat. They ate meat sparingly, filling out their diet with vegetables.

- The fat content of their venison, wild turkey and other game was lower to begin with than the fat content of today's butter-basted turkeys and other meats. The fish and shellfish they ate were high in beneficial unsaturated fatty acids.

- Fat-laden gravies and sauces, stuffing steeped in turkey drippings, and/or breads made with eggs and shortening were notably missing from the Plymouth menu.

- There were no dairy products and few sweeteners from which to concoct rich desserts — not to mention the whipped cream that we pile on top today.

In addition, they consumed polyunsaturated fatty acids in the fish. Polyunsaturated fat is good because, in a diet low in saturated fat, it helps reduce cholesterol in the blood.

"As far as good overall nutrition is concerned, we have a huge advantage over the Pilgrims," says Marilyn Zukel, a registered dietitian and AHA volunteer in the Washington, D.C., area. "We have many fresh fruits and vegetables. We have modern low-fat products to help us cut down on saturated fat. But our typical Thanksgiving meal is higher in fat and cholesterol than theirs."

a new health insurance plan for small businesses that would cover the expenses from an abortion if the life of the mother is endangered, the fetus is diagnosed as nonviable or the pregnancy resulted from rape or incest.

But Bill Price, president of Texans United for Life, said the guidelines should be clarified. If the guidelines are adopted, he said, small businesses would be forced to pay for abortions because "an unborn baby at three weeks is clearly nonviable."

Jim Davis, spokesman for the state Department of Insurance, said the proposed guidelines are based on common insurance practices and do not require any employer to buy health care.

United Telephone Overearned?
United Telephone is earning profits greater than authorized, based on the past year's figures, according to a staff analysis by the Public Utility Commission.

United Telephone disputes the PUC's findings, which show the

company overearned at least \$3 million in 1992.

The PUC and United Telephone are negotiating for a settlement to avoid a possible lengthy and costly hearing in which the company would have to prove it is not overearning.


The Killeen-based company serves 113,000 customers in North Central and East Texas.

Other Highlights
Gov. Richards has appointed Lukin T. Gilliland Jr., 42, a San Antonio businessman and restaurateur to the Texas Racing Commission. He replaces Hugh Fitzsimons Jr. of Carrizo Springs, whose term expired.

Public Utility Commission examiners have recommended that TU Electric get less than the 15.3 percent rate increase it began charging customers in August. Examiners recommended a 10.6 percent rate increase, which would generate about \$530 million in additional revenue.

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Hello Coleman County!
May I introduce myself to you? I am...
Jo Dean Chapman
I will be a Democratic Candidate for the office of
County Clerk
(Presently held by Glen Thomas)
With my 10.5 years experience as deputy clerk, I feel I can serve you well in this office. I hope to contact and inform you, later on, about my qualifications and need for this full-time job.
Thank you sincerely,
Jo Chapman
Pol. adv. paid by Jo Chapman, Coleman, Tx.



1993-94 Santa Anna High School Basketball Schedule

Nov. 9	Rising Star (Scrimmage)	(T)	JVG, VG	TBA
Nov. 13	Cisco (Scrimmage)	(H)	JVG, VG	TBA
Nov. 16	Priddy	(T)	VG, VB	6:30
Nov. 18-20	Lohn Tourney	(T)	VG, VB	TBA
Nov. 23	Novice	(T)	VG, VB	6:30
Nov. 30	Cross Plains	(H)	JVG, JVB, VG, VB	4:00
Dec. 2-4	Santa Anna Tourney	(H)	VG, VB	TBA
Dec. 7	Blanket	(T)	JVG, JVB, VG, VB	4:00
Dec. 9-11	Novice Tourney	(T)	VG, VB	TBA
Dec. 14	Eula	(H)	JVG, JVB, VG, VB	4:00
Jan. 4	Novice	(H)	VG, VB	6:30
Jan. 7	Lohn	(T)	VG, VB	6:30
Jan. 8	Miles Tourney	(T)	JVG, JVB	TBA
Jan. 11	Eula	(T)	JVG, JVB, VG, VB	4:00
Jan. 14	Rising Star	(H)	JVG, JVB, VG, VB	4:00
Jan. 18	Zephyr	(T)	JVG, JVB, VG, VB	4:00
Jan. 21	Blanket	(H)	JVG, JVB, VG, VB	4:00
Jan. 25	*Miles	(T)	JVG, JVB, VG, VB	5:00
Jan. 28	*Menard	(T)	JVG, JVB, VG, VB	5:00
Feb. 1	*Eden	(H)	VG, VB	5:00
Feb. 4	*Miles	(H)	VG, VB	5:00
Feb. 8	*Menard	(H)	VG, VB	5:00
Feb. 11	*Eden	(T)	JVG, JVB, VG, VB	5:00

*Denotes District Games

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Whon News

By Mrs. Tom Rutherford

Don Fitzpatrick of near Abilene was with his father, Mr. Graham Fitzpatrick Saturday. The men were transacting business in Comanche.

Mr. and Mrs. Gerald Jowers and son Danny were guest of Mr. Floyd Morris during the weekend. The guests were from Waco.

My daughter Patsy Smith of Abilene was with me Tuesday and Wednesday night. Her husband, Bob Smith came by Thursday morning and had breakfast with us; enroute to San Angelo.

My son, Hilary Rutherford of Coleman was with me on Thursday and Friday doing some farm work. Also a son, Loyd Rutherford was with me during the week.

Mr. Douglas Avant of Brady, and Mr. James Avant of Coleman were with their mother, Mrs. Pearl Avant in Santa Anna on Tuesday. This is a day set aside for the boys to come have lunch with their mother.

Mr. Leon Carter was with his sister, Lorene Black in Brownwood on Sunday.

Mr. and Mrs. Dougy Avant and two boys of Austin and Mr. Douglas Avant of Brady visited with their mother and grandmother, Mrs. Pearl Avant in Santa Anna on Saturday. Dougy and son were on the Avant farm on Sunday morning and reported good luck getting a deer. The family were the guests of Mr. and Mrs. Douglas Avant in Brady Saturday night. They are employed in Austin.

Occasionally I am asked about Bert Carter formerly of our community, the son of Mr. and Mrs. Jim and Florence Carter. My sister-in-law, Mrs. Jack (Alpha) Haney of Temple called me Sunday. She and her husband had visited with Bert, a patient in the Veterans Hospital at Temple. She reports Bert is very ill, confined to bed and using oxygen. He knew the couple and seemed to enjoy seeing them. Alpha and Bert are cousins. We are all in hopes Bert will have his health back. Doesn't look good at this time. Bert has not been back to his home community in some time.

Mr. Joe Alvin Wynn of Fort Worth and his mother, Lorene Wynn of Ranger Park visited with Mrs. Pearl Avant Saturday afternoon.

Mr. and Mrs. Bill Bryan of Rockwood visited on Friday with Royce and Wanda McIver. Gayla and J. W. Sellar of Weatherford spent Friday night with them and Terry McIver visited a while Saturday. Saturday afternoon Zelle Hodges of Abilene and three friends of hers from Germany visited, she was showing these people her part of the United States and Wanda stated they seemed to really enjoy sightseeing, but she didn't understand German and they didn't speak English, therefore it was a little hard to communicate. Mr. and Mrs. John Baum of Dallas visited a while Saturday.

Mr. and Mrs. Allen Hornell of San Antonio wish to announce the arrival of a baby daughter who has been named Kathryn Grace. Her grandparents are Gayla and J. W. Sellar, who are simply elated. Congratulations folks.

Mrs. Sammie LaDousear of Brownwood visited one day last week with her brother Mr. and Mrs. Joe Stacy. A niece of his, Majorie Sullivan of Bandera spent Saturday night with them and the Rev. Pat and LeAnn McClatchy visited Sunday afternoon.

Leota and Pete Walkoviak of Navasota spent three days last week with Rankin and Natalie McIver and Sherrie Blake and Meghan visited a while one day.

John and Peggy Eufebio of McGregor spent the day Saturday with Novella Stearns. Sunday afternoon Novella visited with Winnie Haynes a while.

Ray and Bobbie Dean and her mother, Mrs. Roger Windham of Bangs were in Gonzales over the weekend were they attended the Windham Reunion at Bobbie's sister's ranch.

Mr. and Mrs. Roger Bousha of Brownwood visited Sunday afternoon with Mr. and Mrs. Felton Martin.

My son Donnie and Sherry York of Ozona spent Friday night and Saturday with Nikki and I.

The quilting ladies met on Monday at the community center and finished a quilt for Mrs. Tony Watson. The Cole sisters had their get-together on Wednesday with the usual women present and on Thursday night there were 17 that attended the eighty-four party. Lucille Sanders and Albert Ruggles were hosts.

Moya Cole of Bangs visited on Thursday with Annie Lou Vaughn. Candi Dockery visited her on Friday, John and Earlene Dockery were Sunday dinner guests and afternoon visitors were Mary Ola and Elmer Woods of Bangs, Lucille Sanders and Albert Ruggles. Warren Barton came by briefly.

Florence Stearns and Verna and Arvil Bolton visited at Cross Cut Sunday with Mr. and Mrs. R. C. Stearns.

Mrs. Gertrude Marin and Laverne McClatchy spent the day Sunday at Hico visited with Minola and Ray McSwain.

Donations to the Trickham Cemetery Association were in memory of Mae McIver from Wendell and Lois Dodds, Bobby and Mary Cantrell, Gene and Joan Watson and Mr. and Mrs. Gerald Thomas. In memory of Doris Goodgoin Shaw from Lorene Rice.

Word was heard here the past week from George Haynes of Midland that his wife Goldie was ill and expected to have surgery there on Wednesday, Nov. 24. Anyone wishing to send her a card may do so at their new address which is 3512 Louisiana St. Midland, Texas 79703.

Leona Henderson visited Sunday afternoon with her mother Mrs. Daisy McClatchy.

Trickham News

By Anna York

Cleveland News

By Carol Herring

Ranger Park Inn

By Dorothy York

Visitors recently with the Emil Williams have been Inez Guthrie and Ovella Williams.

Saturday, Lee Ray and Syble Huggins received a surprise visit from Leta Parker of Denison and Karin Autry and George and Mary Jo Ricks of San Angelo.

Thelma Fleming had as company on Saturday Peggy and Kenneth Sikes of Bangs, Roger and Rita Sikes, Amanda and Megan of Lake Brownwood, and Iris Seaton, Jeremy and Jessica of Brownwood. Darrell Cupps of Bangs was by one day.

Margie Fleming was visited by Phyllis and Eddie Dillard.

Cecil and Nona Bell Ellis visited during the week with Mrs. Grace Ellis.

Dick and Carmilla Baugh visited with Ruth Hibbits in the home of her daughter Kathleen Avants. Joe Bible was out on Saturday.

Visitors with Vera Wise have been Jimmy and Toni Lovelace of Pecos; Jerry Lovelace of Midland, Helen Taylor and Bill Lowry.

A. C. and Lou Pierce had Chrystal, Jennifer and Jessica

Pelton spend Friday night and Saturday with them. James Pelton visited on Saturday when he picked the girls up. Troy Pierce of Waco was by on Saturday. Friday, Lou visited with Bobbi Guthrie.

HERRINGS MOVE TO TOWN: Casey and Evaline Herring have moved into to Santa Anna and are now residing at 404 Bannister, Apartment 14. They would enjoy seeing and hearing from all their friends.

Stephenson, Prebble Lawrence and Myrtle Dixon.

Margaret Wilson was visited by Welma and Otis Throgmorton, Lera Guthrie, Sula Hipsher, Maureen, Mitchell and Russell Wilson, Everett Yeilding, Veta Wilson and Billy Jack and Carolyn Wilson.

June Finlay was visited by Welma and Otis Throgmorton, Lera Guthrie, Sula Hipsher, Maureen, Mitchell and Russell Wilson, Everett Yeilding, Veta Wilson and Billy Jack and Carolyn Wilson.

Pat DeWitt was visited by Lera Guthrie and Nick and Etta Earle Buse.

Frances Horton was visited by Welma and Otis Throgmorton and Lera Guthrie.

Tavy Ford was visited by Sammie LaDouceur, Peggy Miller, and the Rev. James and Mildred Ford.

Byrdie Miller was visited by Mildred Ford.

Mary Jo Lovell was visited by Sharon Watson, Velma Dieterich and Ila Todd.

Hardon Phillips was visited by Pete Rutherford, Loyd Halmon, Joe Wallace, Syble Huggins and Leon Phillips.

Martin Wallace was visited by Bessie Parish and Joe Wallace.

LIVING CENTER RESIDENTS Minnie Greer was visited by Mildred Williams.

Madora Gilmore was visited by Jonella Roesch, Paulette Newman and daughter, Louise and Wilburn Taylor and Lucky Graham.

Preston Cude was visited by Cleo Cude and John Collins.

Enjoy The Holidays, Eat Too

By: Carol Katzer, CEA-H.E.

Holidays are a time of year when the environment is often saturated with food. Events often center around food. For someone who is watching their caloric and fat consumption, it can be a difficult time. But it doesn't have to be. Although holiday foods often include an abundance of high-fat choices, planning ahead for a healthy eating strategy can allow you to enjoy your holidays and eat too.

One of the most important ways to control food intake is preplanning. If a special food event is on the agenda, take this into consideration in planning other meals of the day. "Bank" some calories by eating light for other meals of the day.

If the event is a buffet, several strategies may work. Survey the buffet offerings. Decide to select only a few items, or fill your plate with mini-size portions only once. Walk away from the table and circulate. Standing, talking and eating near the serving table makes it too easy to lose track of what you are eating. If the lure of food is too great when it's nearby, find a place to settle that is some distance from the table, so that it takes effort to grab another bite.

If a dinner party is being held at a later hour than your usual dinner hour, stave off hunger by eating a piece of fruit or something light at your normal eating time. This may help you avoid overeating at dinner or overindulging in hors d'oeuvres. If it seems that your host will be offended if you don't go for second servings, select second servings of the foods that are lower in fat and caloric content.

If it's a potluck type of event, be sure that your contribution is a healthy one. If it's an event in a friend's home, call the host and offer to bring a low-fat menu item.

Office parties and the work situation may also be a source of extra food. If co-workers have holiday foods available and you want to enjoy but not overdo, make a contract with yourself only to eat at certain times of the day, or to only eat in designated places, not constantly in your office or at their desk.

If you're doing the entertaining, plan a menu that includes healthful choices. Your guests may be grateful. And, too help burn up some of those extra calories that are impossible to resist, be sure to exercise. Taking a brisk walk or engaging in a light exercise a few hours before the food event may help your re-



The first popular printing press, invented in 1450, took five years to print 200 copies of the Bible.



Today's printing machines churn out about 600 million pages of computer printouts and 24 million documents each day.



DRUNK DRIVING DOESN'T JUST KILL DRUNK DRIVERS.

Nicholas Esposito, killed Oct. 13, 1989 at 8:25pm.

Next time your friend insists on driving drunk, do whatever it takes to stop him. Because if he kills innocent people, how will you live with yourself?

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