# Santa Anna in :

"He Profits Most Who Serves Best"

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VOLUME 104 NO. 6

THURSDAY, FEBRUARY 9,1989

# Chamber Of Commerce **Announces Plans**

Citizens Are Urged To Attend A General Meeting Monday

an active one for the Santa Anna Chamber of Commerce and citizens of the community, according to plans announced for the next few months.

In the immediate future, the Chamber has set March 4 for the date of the annual banquet at which the Citizen of the Year will be recognized.

Clean-Up Day is scheduled for May 6.

The Sixth and Sometimes Annual Funtier Day is on the calendar for May 13.

The Chamber has become a vital force in our community during the past few years and in doing so has sponsored such varied activities as

The year of 1989 promises to be Funtier Day, Old Fiddler's Contest, The Annual City Clean-Up Day, The Christmas Parade/Decorations, Pride of the Month and the Chamber of Commerce Banquet.

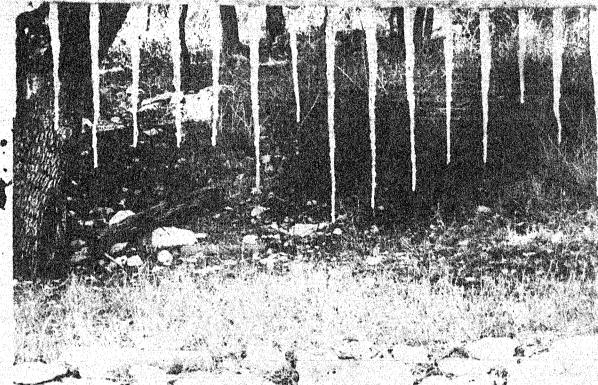
Some plans for community improvement include to refurbish the Christmas decorations at a cost of approximately \$250 each. Plans are made to also complete the Chamber of Commerce office in downtown Santa Anna.

Community members can help by continuing your membership in the Chamber, or, if you are not already a member, by becoming one. Membership fees are \$12 yearly for an individual and \$60 for a business. You can also help by shopping here in Santa Anna and by encouraging your neighbors to do the

Chamber officials say that in order to really make Santa Anna the town we all want it to be, they need more than just your membership fees. They need your time, your energy, your ideas, and yes, more money. YOU ARE NEEDED!

The next general meeting of the Chamber is to be Monday, February 13, at 7:00 at the Lions Club building.. Be there and do your part to make the Chamber of Commerce of Santa Anna truly representative of our community.

Board of Directors for 1989 are: Montie Guthrie III, Delma Blair, Charlotte Mosely, Jimmy Eisenhower, Jasper McClellan, and Charles Wetsel.



BRRRRRRRRRRRRRRRRR!!!!!!!

Yes, it did get cold! And as this is written Tuesday morning, it is still uncomfortably cold, although they tell us we are in for a slow warming trend. Though ice wasn't a real problem for us in this area, we did have some after the moisture that fell last Thursday night. Through the drape of icicles in the picture above you are looking up the side of the mountain from the back yard of the editor's home. The icicles

hung from the patio canopy from Thursday night until Sunday, when they finally were evaporated by freeze drying. Our Weather the past week has held true to the reputation of Texas weather...one day above normal warm temperatures and the next the frigid cold of the Alaskan Express ...with howling wind, freezing rain, sleet, and snow flurries thrown in for good measure.

# **Bob Turner of Voss Elected** Vice President Of TFB

Bob Turner, a resident of the Voss community in Coleman County was recently elected to the office of Vice President of the Texas Farm Bureau, the largest organization in the state with over 327,000 members. He was elected to the post at the annual state convention held in Corpus Christi in

Turner has been serving as farm Bureau State Director since December 1,1985, representing 17 the counties of District 7. He served as president of the Coleman County Farm Bureau from 1982 to 1985

and prior to that he served three years as vice president of the county organization.

Turner has farming and ranching interests in the Voss area, and for-



**BOB TURNER** 

### merly operated a business in Coleman where he was active in the Chamber of Commerce and in industrial expansion efforts. He was also active in reserve components of the military for years before recent retirement of the Civil Affairs

unit headquartered in Abilene. He ember of the Coleman National Guard unit.

As vice president of Texas Farm Bureau, Turner automatically becomes a member of the board of directors of Southern Farm Bureau Life Insurance Company and Southern Farm Bureau Casualty Insurance Company, which is headquartered in Jackson, Miss. He will be in Jackson this week for a meeting of the board.

This will cover all but eight hours

a week which will be covered by

Approved the placement of a

chain link fence around the jail,

which will be done without cost to

The contractor who holds a war-

ranty on the roof of the courthouse

will be asked to make necessary re-

Sheriff Turner.

the county.

# Stenholm Town Hall Meeting Saturday In Abilene

Dr. Thomas Kim, president of that Congressman Charles Stenholm will be on the McMurry campus Saturday, February 11, for

his annual Town Hall Meeting. This open meeting is scheduled to begin at 1:30 p.m. and will continue until 3:30 p.m. in the Mabce Room of the United Methodist Campus Center. All citizens of the 17th Congressional District are urged to attend and meet with our representatives in Washington,

"We appreciate Charlie's desire to McMurry College, announced today have input from all of us. He is available at all times", said Dr.

> With 35 counties to serve and almost 600,000 people to represent, it is difficult for the Congressman to visit every area as often as he

would like. Town Meetings such as this, scheduled outside regular working hours, provide the opportunity for every constituent to have

# access to our congressman. Mountaineers Will Hit The Playoff Trails

With a 70-53 win over Panther Creek at Perry Gym Tuesday night, the SAHS boy's basketball team onship title. It was a must win sitwere tied with Novice for the top spot until their win over PC. The Mountaineers end district play with a 5-1 record.(Panther Creek had beaten them earlier). Novice ends

Continued Page 4

# Agenda For City Council Meeting Thursday

The City Council will meet in regular session, Thursday evening at the Mountain City Community Room at 7:00 p.m.

The published agenda is as fol-

1) Call to order

2) Reading of minutes 3) Visitors

4) Fire Department - David Hug-

5) Employee Hospitalization and Life Insurance

6) Calling of City Election for May 6

7) Max Eubank - Acceptance of landfill site storage building; disposal of city trucks; sewer farm update; policy on "bumed-out" buildings.

8) "911" service - Mayor Brooker 9) Ordinances, Section 1 Admin-

istration 10) Accounts Payable 11) Adjourn

All citizens are welcome to attend city council meetings

thousands of telephone calls about pending legislation. A summary of legislative queries will be presented to the governor for his consideration as he reviews bills sent to his office by lawmakers.

# Dr. Meianie Wayne To Speak At Seminar

ESA is sponsoring a seminar to teach women to perform breast self-examinations. The seminar will be held on Monday, February 13, at 6:30 p.m. in the Christian Life Center at First Baptist Church of Santa Anna.

Dr Melanie Wayne of Brownwood will be the speaker. She will also show a video entitled "Breast Self Exam". The women of the community are invited to attend and learn to perform this important examination.

# Stacy Area Roads Still Topic Of Discussion For Coleman County Commissioners

Roads in the area of Stacy Dam. were once again the topic of discussion during the meeting last week of the Coleman County Commissioners. That particular discussion was also the reason for several county citizens to be on hand to express their views on the matter. Jane Padgitt, Ed Morris, Ernest Lillard and Chris Wingert presented commissioners two possible road locations being discussed with property owners. In order for Ms. Padgitt to get to her home after the lake fills up, Colorado River Municipal Water District has accepted responsibility to build a private road to her house from the property line where the county road. on one of the tow routes, will be built cooperatively by CRMWD and Precinct 3.

There was an agreement on decisions dividing road construction responsibilities between the water district and the county. Location of the road has not been determined.

The court approved a resolution presented by Ross Jones, asking that the Central Colorado River Authority, and other similar water authorities be exempted from provisions of state laws which are known as "Sunset Clauses".

A request from Wendell Sparkman was approved which asked that . casement for a water line be changed to his name and to his heirs' names. Said easement in Precinct 2 has been in the name of McDonald.

Jim Compton was present, representing the West Texas Council of Governments. He explained the possible working of a proposed "911" emergency phone number in Coleman County. Sheriff Wade Turner and Ed Freeman, director of Emergency Medical Services, were both on hand to speak in favor of

The Commissioners approved entering the "911" emergency network along with all the other counties in the area. The cost of the system will be paid for by a 50 cent per month charge on telephone bills. Public pay phones will also access the system without money needing to be deposited.

The Court discussed a number of other agenda items, including: Two county-used pickup trucks

that are to be advertised for sale. Made plans for touring the Stacy

Precinct I was given approval to replace a road grader with a used one to be purchased at the cost of

Approved the transfer of \$25,000 to each Precinct from the general

road and bridge fund. Accepted a suggestion from Sheriff Turner that four jailers be put on 40 hour week schedules.

Ed Freeman discussed ambulance operations and problems. The clinched the district 29-A champi-Commissioners shared their perspectives about the problems.

uation for the Mountaineers as they

GRAND CHAMPION STEER OF SHOW at the Coleman County Livestock Show was exhibited by Rodney Henderson, son of Mr. and Mrs. Donnie Henderson of Coleman,

formerly of Santa Anna. Rodney is the Grandson of Mr. and Mrs. Hilburn Hender-

SOn. (Picture courtesy of Coleman Chronicle).

# City Employee On Call This Weekend

Rusty Wells, City Superintendent, may be reached at 348-3681. The city crew member on call this weekend is Thomas Davis. He may be reached at 348-3206.

Watch the Santa Anna News each week for the city crew member on call in case of an emergency.

# The Santa Anna News Office is Closed On Wednesday

SANTA ANNA NEWS 214 N. 2 ND. SANTA ANNA, TEXAS (915) 348-3545 (USPS 481540)

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TANDY HOWARD Advertising Manager

BETTY KEY Bookkeeper-Circulation



IEAAD PHESS

ASSOCIATION

# John W. Hunter

Services for John W. Hunter, 86, of Santa Anna, were at 2:00 p.m. Sunday at the First Baptist Church with John Stanislaw, pastor, officiating. Burial was in the Santa Anna Cemetery under the direction of Santa Anna Funeral Home, Mr. Hunter died Saturday morning, February 4, at Ranger Park Inn.

Born February 2, 1903, in Santa Anna, he was a Merchant Marine, He lived in Philadelphia, Penn., for many years and returned to Santa Anna in 1969. He was retired from Campbell Soup Company and was a Baptist.

Survivors include a nephew, Julian Kelley of Santa Anna; and a niece, Doris Belle Turner of College Station.

# Friendship Luncheon

(Contributed)

Due to inclement weather, fewer people were in attendance at last week's luncheon at the Mountain City Community Center. Although the weather kept some at home, Mr. Ingram sent word that he wold be absent due to a doctor's appointment. Rip Keeney gave the prayer before the meal.

He will be back today, Thursday, Feb. 9, however, and will furnish barbecue sausage for the meal to begin at about 11:30. Veggies and desserts will be needed from those who plan to attend. Everyone is

# Bake Sale Friday

The confirmation class of Sacred Heart Catholic Church will sponsor a bake sale in front of H & H Food Market Friday.

Carmen Rendon informs us the proceeds from the sale will be used to finance a retreat for the class.

This will be a good chance for you to purchase baked goods for the weekend.

TEXAS TRIVIA The Texas Panhandle is the home "" of the "big wind". Winds in the area average at least 20 miles per hour 20 percent of the time. Northwestern Minnesota, where the average wind velocity is only 12 miles per hour, is a poor second.

# Mina Smith

FUNERALS

CRANE - Services for Mina Smith, 76, of Iraan were held at 3:00 p.m. Saturday, February 4 in Restland Cemetery in Iraan. Services were under the direction of the Richard W. Box Funeral Home. Ms. Smith died Thursday, Feb. 2 in Pecos County General Hospital in

Born Feb. 13, 1912, in Robertson County, she had lived in Iraan for 49 years and was a member of the First Christian

A local survivor is a sister, Eva Barnett of Santa Anna.

# Community Calendar

THURSDAY, FEBRUARY 9 City Council, Mountain City Center, 7:00 p.m.

FRIDAY, FEBRUARY 10

MONDAY, FEBRUARY 13 4-H, 6:00 p.m., Telephone Co-op Delta Omicron Camp Fire Girls Boy Scouts Junior High basketball at Novice

TUESDAY, FEBRUARY 14 Lions Club, noon Cub Scouts

THURSDAY, FEBRUARY 16 Masonic Lodge

WEDNESDAY, FEBRUARY 22 4-H Livestock judging team to meet at 5:30 at the County

# Free Tax Help To Area Senior Citizens

Area senior citizens can get free help with their taxes this year through the American Association of Retired Persons' Tax-Aide Pro-

Trained Counselors will be available from 8:30 a.m. to 12:30 p.m. every Tuesday from February 7 through April 11 at University Inn Senior Living Community in Abilene, located at 1250 East N. 10th. For more information, call 915-676-9946.

PTO Tells Of Projects

Meeting Set For Tuesday

The Santa Anna PTO will be

having its next meeting Tuesday,

February 14 at 7:00 p.m. in the

PTO board nominations are due

in March. If you are interested in

serving on the board for next year,

please contact one of the current

Through proposals of the project

committee, the PTO has purchased

for the school use a Magnavox

sterco/cassette player. They have

During the month of January

several loads of food were trans-

ported to the Loaves and Fishes

Coleman Food Ministry from the

Concho Valley Regional Food

Bank in San Angelo, totaling 8,890

pounds. Additional food items were

secured from other sources (bread

and beans in particular) and dis-

Distributions from the Food

Pantry last month were make to

263 households, representing 862

people.(Last year the average

monthly distributions totaled 207.)

Of this number 28, or about 11

percent of the total monthly distri-

butions, were families receiving

food for the first time. There were

62 adults and 49 children in these

28 households for a total of 111

people. A number of families from

Santa Anna received food from the

tributed also.

Loaves and Fishes

**Provide Food for Needy** 

High School auditorium.

board members.

# Thoughts From Our Pastors

by John Howze Full Gospel Fellowship, Pentecostal Church Of God

### WHOSOVER WILL

Many sinners think they must get themselves straightened out before they can come to Jesus, but we can not straighten out ourselves, the power of God alone can do that. He didn't come to call the righteous bu sinners to repentance. Matthew 9:13. Our own righteousness is filthy rags in the sight of God. We must take His righteousness through the washing of regeneration and renewing of the Holy Ghost.

Others have gone so far in sin they believe God will not do for them as He does for others. The devil has lied to them to keep them from coming to Jesus, that He might give them a new life. Jesus said, "Behold, I stand at the door and knock; if any man hear my voice and open the door, I will come in to him." Rev. 3:20.

It is not necessary for anyone to go through a long line of rituals, to be saved. They must know they are sinners, and believe that Jesus is the Don of God. In Matthew 7:7, "Ask and it shall be given you". It is as simple as that, ask for forgiveness, and He will change you, so you can live free from sin. Salvation is free to all who will receive it. "The spirit and the bride say come, and let him that heareth come. And let him that thirst come and whosoever will, let him take the water of life freely".

Some think they have sinned the unpardonable sin of no forgiveness, for most this is not so. Those that have done this have known the fullness of God and His Spirit, sinning willfully. God has turned them over to a reprobate mind that they might believe a lie and and be damned.

"God so loved the world that He gave His only begotten son, that whosoever believeth in Him should not perish but have everlasting life. For he sent not His son into the world to condemn the world but that the world through Him might be saved."

Come to Him. He stands with outstretched arms, desiring to change your life even more than you desire to have it changed.

# Around & About

Of Course, the weather has been the topic of conversation for the past few days as our area has been in a virtual "deep freeze". One gentleman tells the story of rescuing two wrens whose tail feathers had frozen to a tree branch. Seems one wren found herself in the predicament and the other was trying to help when he was caught in the same set of circumstances. The gentleman, noticing the plight of the two, worked them loose with a long bar and the feathered friends flew happily away after giving a look of thanks to their caring benefactor.

Mrs. Faye Hodges is now making her home in Abilene with her son Bryan and his wife Hazelle. Formerly of Rockwood, Mrs. Bryan has been a resident of Brownwood the past few years. Mrs. Hodges observed her 82nd birthday, Tuesday, Feb. 7. For friends who would

also purchased twelve electric pencil

sharpners to be used in each of the

The most asked items by teach-

ers, were additional computer soft-

ware. Through the recommenda-

tions of special education teacher

Dec Dee Hudson, the PTO has pur-

chased several new software pro-

The PTO is still discussing fur-

ther playground renovation and

hopes to have additional work done

before the end of the school year.

individual class rooms.

like to stay in contact, her new address is: 4829 Stonecrest Ct., Abilene, Tx. 79606.

James Scott is a patient In Hendricks Hospital, Abilene. He recently underwent surgery for a blood clot after having suffered a brain hemorrhage. He is very much improved and is now able to undertake the chore of physical therapy.

Gladys Hunter is again spending some convalescing time at Ranger Park Inn after having spent another few days in the hospital with a heart problem. Mrs. Hunter hopes to have a telephone in the next few days and may be doing her Rockwood News report from her temporary home.

Earl Simmons is a patient at Brownwood Regional Hospital and the family covets your prayers.

By Ann C. Grandjean, Ed.D. Director of The International Center For Sports Nutrition

Is There A Right Diet For Young Athletes?

Just as there is more than one way to tie a knot, there is more than one way to eat. Since no one food or group of foods contains all the nutrients the body needs, it is important to eat a variety of foods. Diets can vary greatly. As long as the diet provides adequate energy (calories) and supplies the 50-plus nutrients the body needs-it's the right diet for you.



Young athletes who eat a varied diet on a daily basis may find they decrease their "down time," feel better, train harder and are in better condition than those who do not eat properly.

Since active children and teens need more calories for their body size than their parents, several meals and snacks a day will provide the calories, vitamins and minerals they need to be strong and healthy.

For further information on sports nutrition, write to ICSN, 502 S. 44th St., Suite 3012, Omaha, Neb. 68105.

Brownwood regional Hospital where he was hospitalized with several broken bones. According to one source, he was to have undergone surgery Wednesday

# **Birthdays** and Anniversaries

THURSDAY, FEBRUARY 9 Stephanie Hartman Anita Moore Darrell Slayton

FRIDAY, FEBRUARY 10 Zanc Keeney Allen Jones Jeff Morris Lola Taylor

SATURDAY, FEBRUARY 11 Seth Moore Danny Cook Tony Stewardson

SUNDAY, FEBRUARY 12 Debra Ann Rathke Louise Strength Brenda Jackson Hazel McCrary Mr. & Mrs. Joe Guerrero Mr. and Mrs. Margarito Hernandez

MONDAY, FEBRUARY 13 Dana McElrath

TUESDAY, FEBRUARY 14 Gayle Stewardson Mr. & Mrs. James Freeman

WEDNESDAY, FEBRUARY 15 Beth Eisenhower Carol Herring Mr. & Mrs. Dale Herring

Birthdays and anniversaries are taken from the ESA Community Calendar. If your's is not included on the calendar, and you wish it to be included in the NEWS, please call 348-3545 no later than Monday of the week it should appear.

# Presbyterian Ladies Study "Growing In Discipleship"

The Presbyterian Women met for their monthly meeting February 1. A new study, "Growing In Discipleship" was led by the pastor, Jasper McClellan.

A very interested group of ladies were present and included Mary Frances Williams, Mary Lela Clifford, Janet May, Alice Anna Spillman, Jo Ann Allen, Veva McClellan, Jean McClellan, Louise McCaughan, Pat DeWitt, Lera Guthrie, Gayle Stewardson, and Gale Brock.

# Self Culture Club Meeting Is Rescheduled

The Wednesday, February 8, meeting of the Self Culture Club was postponed due to the cold weather. The club will meet next Wednesday, February 15, 3:00 p.m. at the home of Mrs. Claude Davi-

There will be a guest speaker. Roll call will be answered with a fact about Africa.

# This Week In History

February 9, American Indian Society Organized in 1822. February 10, first singing telegram delivered, 1933.

February 11, inventor Thomas A. Edison born, 1847. February 12, first Lent Sunday. Abe Lincoln born, 1809. February 13, first magazine pub-

lished in U.S., 1741. February 14, St. Valentine's Day. February 15, Susan B. Anthony,

American reformer, born in 1820. February planting days according to moon signs: ABOVE GROUND CROPS: 7, 8, 11,12, 16, 17.

ROOT CROPS: 3, 4, 23, 24, 25, 26, 27. SEED BEDS: 16, 17, 25, 26,

KILL PLANT PESTS: 5, 6, 18, 19, 20, 21, 22.



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# COWPOKES

Did the boss say dig them holes 2 feet apart and 10 feet deep er 10 feet apart and 2 feet deep?"

# Santa Anna

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Substantial Interest Penalty Is Required

By Ace Reid



# **National Bank**

For Early Withdrawal

# Food Pantry. The Loaves and Fishes Kitchen

Wallis At N. Lee **Box 129** Santa Anna, Texas 76878 915-348-3153

Santa Anna

Funeral Home

prepared food on nine different days in January, serving noon meals in Coleman each Tuesday and Thursday. A total of 569 meals were served during the first month of this year. Last year an average of 430 meals were served monthly.

Contributions to Food For Others in January through the Coleman grocery stores totaled \$92.50. Three-fourths of this amount will go to support the local Loaves and Fishes food ministry. One-forth will go to Church World Services to assist with hunger nationally and internationally.

# Nathan Starr Injured Tues.

Nathan Starr was injured when he fell from the roof of the First Baptist Church Tuesday evening. Starr works for a roofing company and was checking the roof when the accident occurred.

He was taken by Santa Anna Funeral Home ambulance to

# Reed Memorial Co. Limited

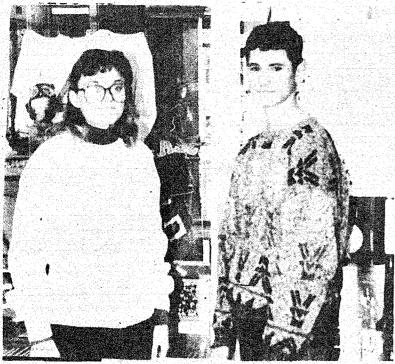
**Monuments of Distinction** Ft. Worth Hwy. Brownwood, Texas Box 265 Ph. 646-7625 Sylvia Herring-Local Rep.

# Class Favorites Are Named At SAHS



## SAHS SENIOR CLASS FAVORITES

Senior class favorites recently chosen by class members are Maria Garza and Sammy Ramirez. Maria serves as secretary of the senior class and is manager of the SAHS girl's basketball team. She is the daughter of Mr. and Mrs. Vale Garza. Sammy attended school in Santa Anna during his 7th and 8th grade years, moved away and returned during his sophomore year to finish his high school years here. He has been active in football and track. He is the son of Sam D. Ramirez and Mary Nuncio of Brady.



# SAHS SOPHOMORE CLASS FAVORITES

Sophomore Class favorites at Santa Anna High School were recently chosen. They are Kristi Morrow and Charles Dixon. Kristi has been secretary of the class for the past two years. She is a member of the SAHS girl's basketball team and plans to run track. Her hobbies include horseback riding, drawing, and hunting. Kristi is the daughter of Marcie Holt. Charles is the son of Charlie and Shirley Dixon. He is a member of FFA and the SAHS Mountaineer football and basketball teams and is a member of the cast for the One Act Play. He enjoys hunting, fishing, and putting together plastic models.



# SAHS FRESHMAN CLASS FAVORITES

Recently named favorites of the Freshman Class at Santa Anna High School are Veronica Frausto and Mark. Veronica has been a resident of Santa Anna since her fourth grade year in school. She is the daughter of Mr. and Mrs. Joe Frausto Jr. Mark is the son of Mr. and Mrs. Alex Frausto. He was active in football during his junior high years and continued that interest, this, his first year in high school. He is a lifetime resident of Santa Anna.

# American Heroine

Susan B. Anthony, one of this nation's greatest advocates of women's suffrage, was born Feb. 15, 1820. Throughout her life, Anthony worked relentlessly to gain the right for women to vote. Her efforts helped pave the way for the 19th Amendment to the Constitution in 1920, guaranteeing women this right. With the stamping of the Susan B. Anthony dollar in 1979. Anthony became the first American woman to have her likeness on a coin. 141

Many people don't know that smokers are also at considerable risk at losing much of their hearing and that vision is also affected by smoking. Indeed, as one researcher put it, its almost impossible to find any part of the body that isn't affected.

# Walker Funeral Home

**Pre-Arranged Funerals** 

Phone 625-4103 Coleman, Texas



### SAHS JUNIOR CLASS FAVORITES

The Junior class at Santa Anna High School recently chose Gloria Frausto and Alonzo Hernandez as their favorite classmates. Gloria is the daughter of Vicente and Maria Frausto. She is a member of the Mighty Mountaineer Band and plays basketball. Alonzo is the son of Margarito and Angelica Hernandez. He has served as president of FFA; is a member of the football, basketball and track teams. He was selected all-district in football. His hobbies are fishing and golf.



MRS JOHN RUSSELL CRAIG

# Granddaughter Of Local Woman Wed In Louisiana

Laura Lynn Ainsworth and Jon Russell Craig, both of Louisiana, were married December 31, 1988 during a 10 a.m. ceremony in the chapel of St. James Episcopal Church in Alexandria, La The Rev. Ross Jones officialed and organist was Deanna Chalker

The bride is the daughter of Mr. and Mrs. S. M. Ainsworth of Pineville, La. and the granddaughter of Irene Cameron of Santa Anna. Her great-grandparents are the late Mary Nancy Stephenson Felty and Tom Felty of Fisk.

For her wedding jewelry and for something old, the bride wore an antique locket which had belonged to her great-grandmother, Mrs. Felty.
Mr. and Mrs. Artie N. Craig of
Ball, La., are parents of the groom.
Judy Boyette of Dodson, La., was
maid of honor and Claire Bouton of
Mansfield, La., was bridesmaid.
Best man was Terry Turner of

was groomsman.
Ushers were Brent Ainsworth,
brother of the bride, and Brent
Haymon of Ball, La.

Shreveport and the groom's father

Following the wedding ceremony, a reception was held in the church parish hall.

The couple will reside in Ausburg, Germany, where he is stationed with the U. S. Air Force.

# Voss Post Office Opened Feb. 1

The Post Office at Voss officially opened Wednesday, February 1. The Facility will be open from 10:00 a.m. to 12 noon six days a week, Monday through Saturday.

Bob Turner is the contractor for operation of the Voss Post Office.



manuscript of his epic novel War and Peace by hand seven times.

# **First Coleman National Bank**

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# A Mountainside Viewpoint

By Polly Warnock

HOW TO FIGURE YOUR INCOME TAX

Folks, its that time of the year, there is just no getting around it! Income tax time, that's what I'm talking about. Of course there are those who just take all the "stuff" to their tax accountant and then don't worry about it until time to write that check to Uncle Sam. But for the most part, many of us still struggle along trying to figure out the latest tax return form concocted by the IRS, you know, that easier than last year form????

Cussin' at and making fun of the IRS has always been in vogue it would seem. Take for instance the following article found in the September 15, 1922 edition of the Santa Anna News. Revise the numbers just a little bit to fit today's income figures and you may be able to use it to figure your taxes. Good Luck!!!!

In the first place it must be worked by algebra, astronomy, trigonometry and syntax. That may be correct, or may not.

If our income is \$2,400 a year and you have a diamond ring and an automobile and are married to a brunette girl 26 years of age, take the amount of your income, add your personal property, subtract your street number, multiply by your height and divide by your telephone number. If you have a child in your family, you subtract \$200 from your income, add the amount of your personal property, multiply by your waist line measurement, subtract the size of your collar and the child's age, multiply by the amount you have given the church during the year, and divide by the number on your automobile tag.

If there is a second child, you deduct \$400 from your income, add the weight and age of one child, divide by the date of your birth, multiply by the size of your hat, and subtract the weight of your mother-in-law.

After you get it all figured out, they can't collect it, for they will have you in the booby hatch, strapped down.

# BLUE NORTHER

Last Thursday we experienced the arrival of a Texas blue norther and felt the full gusto of its powerful, cold wind.

# Students Share Writtings

Fate - by Frances Weems

I had five minutes until Mike would be here to pick me up for a date, and I couldn't find my shoes. Doing that makes me mad, and I know I took them off right here! Ah...there they are under the coffee table. So I won't be late after all, but Mike will. Another story altogether.

I probably should tell you about Mike. He is a very sweet, very Gentle man, but he is always running late for something. I remember the time we were supposed to go to his sister's wedding.

It was in the middle of summer and believe you me, it was hot. The wedding started at five o'clock in the evening, and the heat hadn't let up all that day. At the time Mike had just ask me to marry him, and we were going to announce our engagement at the reception.

For once, Mike was on time that day, but as fate would have it, the car would have to break down on the way to the church. Well, to make a long story short, by the time we got the car fixed and got to the wedding everything was over. The wedding, the reception, the cleanup, everything!! I knew that it wasn't Mike's fault, but that didn't make me feel any better.

That was four months ago, and Mike and I finally got our engagement announced. His sister and her husband even forgave us for not being there after they found out what happened. I just hope he's not late for our wedding when it gets here next summer!

A traveler to Texas in the early days of the Republic wrote the following account of her first experience with a blue norther: "A piercing norther was blowing and whirling around the fragile house, and forcing its way through the cracks and crannies and putting out both fires and candles...Our ceiling was of canvas and in the night we were obliged to "fix" an umbrella over the bed, while I watched the feet of a restless cat as she wandered over our heads; her paws finding their way through the bodies of the sailcloth covering.

# GETA FULL MEAL DEAL FOR ASTEAL!



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The FULL MEAL DEAL ™ is now an even better deal!

You get a hot, juicy quarter-pound\*\* HUNGR-BUSTER,® regular order of golden fries, a tall 16 oz. soft drink, and a delicious 5 oz. DQ sundae, with your choice of toppings—all for only \$2.59!

ON SALE JANUARY 30-FEBRUARY 26, 1989

THIS IS DO COUNTRY

e Reg. TM Tex. D.Q. Op. Coun. & Reg. TM Am. D.Q. Corp. & 1969 Tex. D.Q. Op. Coun.
"Mt perfections the Council stores." "Pre-cocked weight

**SCHOLARSHIPS** 

April 15th.

The Coleman County Extension

Homemakers sponsor a \$200 to

\$400 scholarship for an active 4-H

member. If you are graduating this

spring and plan to go to college,

you need to apply for this scholar-

ship. You must turn in your 4-H

story and project record form by

Seniors need to think about ap-

plying for state scholarships as

well. These are due in the district

office by March 15th. Therefore

they are needed in the county office

For more information, contact

Kerry Shropshire or Dana Poer at

the Extension Office in Coleman,

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# Mountaineers Are District Champions

Girls End Season With Win

CONT'D FROM P. 1

up with a 4-2 record to take the runner up spot and will also advance in the playoffs.

A practice game with Knox City has been scheduled for Friday night at 7:00 at Hawley. The Bi-District game is scheduled for Friday, Feb. 24 at Brady when the Mountaineers will be playing Cherokee. Other practice games are being scheduled, but none confirmed at press time.

In beating Panther Creek for the district championship, the Mountaineers were led by Reece McIver with 22 points, James Hartman with 14, and Herbert Jackson and Scotty Anderson with 11 each.

The SAHS girls won over Panther Creek, 44-37, but are out of the playoff picture with a 2-4 district record and 10-12 season.

In their win the Lady Mountaineers were led in scoring by Shannon Brown with 18 points. Also getting into double digits was Maria Moreno with 11 points.

Last weeks games went as follows:

### **BROOKESMITH** 49 SAHS GIRLS 45

Cold free throw shooting left the Santa Anna girls out in the cold, last Tuesday as they lost to Brookesmith and also lost out on any chance at a playoff spot in the district basketball race.

Brookesmith edged out the Lady Mountaineers 49-45. The Santa Anna Ladies were only able to hit only 5 of 21 attempts at the line. Eight of those misses came in the crucial fourth quarter of play. The Brookesmith team had 14 of 23 at the free throw line and added seven 3-point shots to their tally.

For Santa Anna, Shannon Brown led in scoring with 18 points to her credit and came down with 10 rebounds. Delia DeLeon contributed 7 points to the effort; Kristi Morrow 6 points and 9 rebounds, Maria Moreno 6, Belinda Deal 4, Laura Frausto 2, and Eva Frausto 2. Season, 9-11; District, 1-3

SAHS BOYS 94 **BROOKESMITH 41** The Santa Anna boys romped all with a 94-41 win to help put them in a race for a playoff spot.

In the rout over Brookesmith Recce McIver and Herbert Jackson tied for top spot in shooting for the Mountaineers with 21 points each. Scotty Anderson netted 10, Dennis Absher 10, James Hartman 9, Gary Keas 7, Bobby DcLcon 5, Rusty Bryce 3, Charles Dixon 4, Dan Benton 2, and Chris Simmons 2.

Season, 12-8; district 3-1.

NOVICE GIRLS 56 SANTA ANNA 32 Novice clinched the first place district title with their 56-32 win

over Santa Anna last Friday in Perry Gym. Coach Gerald Brister's girls hit 2 of 28 shots in the first half of the game to spell their own doom as they were down 34-5 at half time. Although they played much better basketball the second half when

they hit 9 of 18 and outscored Novice 27-22, they couldn't overcome the first half deficit. According to Brister, inconsistency continues to plague them. Maria Moreno led the shooting for the Lady Mountaineers with 12 points; Shannon Brown 9; Kristi

# Lawhons Place In Rabbit Show

Morrow 7; and Delia DeLeon 4.

Season record, 9-12; district, 1-4.

Zackary Lawhon's pen of rabbits placed 6th and Johnie's 7th in the Santa Anna Youth Fair show. They also placed 12th and 17th respectively, in the County show.

The picture, run in last week's NEWS, of girls holding rabbits was not necessarily a picture of show exhibitors. Our apologies to those who felt they may have been left out.



People believe if you sprinkle salt on the tail of a bird, you will have over Brookesmith and came home - good luck

SANTA ANNA

MOUNTAINEER

BASKETBALL

1988-89

**Practice Game** 

Knox City vs. Santa Anna

Friday, Feb. 10

7:00 Hawley

Bi-District Game

Friday, Feb. 24th

In Brady

Santa Anna Vs. Cherokee

We Support

the Mountaineers!

Santa Anna News

Coleman County Telephone

Coop

Tomlinson Feed & Seed

H & H Food Mart

Santa Anna National Bank

11/数以表以表別表別表別表別表別表別表別表別表別表別表別表別表別表別表別表別

### SAHS BOYS 55 NOVICE 45

Coach Jerry Magin's Mountaineers were assured of a playoff spot after their 55-45 win over Novice last Friday. Now sporting a 4-1 district record, The SAHS boys were in a must win situation for the Tuesday night game with Panther Creek. That is, if they hoped to pull off a district championship.

Reece McIver again led the Mountaineer scoring attack as he hit the nets for 25 points total (one three pointer). James Hartman rung the basket with three 3-pointers while tallying a total of 13 points. Scotty Anderson contributed 8 points to the win; Dennis Absher 4, Buddy Hardin 3, and Herbert Jackson who got into foul trouble early on ended up with 2 points.

# Free Tutoring In Science and Math at HPU

Howard Payne University is offering free tutoring in math and science for high school students.

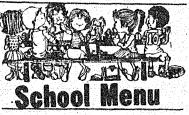
"High school students who need assistance in these areas of study are encouraged to take advantage of this opportunity," said Dr. Ruth Ann Murphy, chairman of the division of science and math.

Howard Payne' students within the division of science and math will be providing the tutoring service. No appointment is necessary.

Evening tutoring schedule, effective now through May 4, is from 6:30 to 9:30 p.m. Monday through Wednesday and Thursday from 6 to 9 p.m. in the Browsing Room of the Howard Payne Library.

An exception to this schedule is March 20-27 when no tutoring will be available

Further information can be obtained from Dr. Ruth Ann Murphy at HPU, 646-2502, ext. 227.



MONDAY BREAKFAST: Cereal, applesauce, milk LUNCH: Burritoes with chili and cheese, buttered corn, Mexican salad, oranges, milk TUESDAY BREAKFAST: Muffins, juice

LUNCH: Meat and spaghetti, green beans, tossed salad with dressing, Valentine cake, hot rolls, milk.

WEDNESDAY BREAKFAST: Scrambled eggs, sausage, biscuit with jelly, juice,

LUNCH: Stew, cheese chunk, carrot and celery chunk, apples, crackers, milk. THURSDAY

BREAKFAST: French toast, juice, milk. LUNCH: Fried chicken, cream gravy, whipped potatoes, pea salad, Jello with fruit and

topping, hot rolls, milk. FRIDAY BREAKFAST: Cereal, juice, milk.

LUNCH: Bar B Que on bun, French Fries, pork and beans, cookies, milk.



Make Safety Belts Part of Your Routine

# 4-H Happenings



Its time to start with the Judging Teams. Anyone who is interested on being on the 4-H Livestock Judging Team is asked to be at the County Courthouse at 5:30 p.m., Wednesday, February 22. For a team to enter the San Angelo stockshow, you will need to be present for this meeting.

### DEMONSTRATION

Now is the time to start planning and finding a partner for doing a Method Demonstration. The District contest will be held the first weekend in May, but it is not too early to start planning.

Also, remember, if you have a category you want to be in or you want to do Public Speaking, places will be filled on a county level, first come, first serve basis. If you want a particular category, you will need to call first.

County 4-H Members Exhibit At Fort Worth

Local young people were among several Coleman County 4-H'ers who have just returned from the Southwestern Exposition and Livestock Show in Fort Worth. These 4-H'ers did very well with their livestock during the show. Jim Bob Edington's American

Cross steer was picked Reserved Breed Champion. Jim Bob placed first in the middle weight division. Also placing first with her Polled Hereford steer was Michelle Edington, Other 4-H'ers with steers placing were Lanham Horne - 11th -Hereford, and Stephen Watson - 5th

- American Cross.

well before that time.

915-625-4519.

In the lamb department - Kent Taylor had a 7th place and 8th place Finewool. Mitchell Guthrie of Santa Anna had a 22nd place Finewool cross, and Rhett Guthrie, of Santa Anna was 19th with his Finewool Cross.

Other 4-H'ers to participate in Ft. Worth were Tom Guthrie, Cole Dodson, Lezlie Dodson, Chris Ferguson, Steven Ferguson, Payton Mayes, and Rob Edington.

Some are participating in the San Antonio stockshow this week.

# Breakfast Before School Benefits Body And Mind

"Sit down and eat your breakfast." We've all grown up with that phrase sharply etched in our

SAHS Citizen

Of The Week

Dennis Absher was named Citi-

zen of the Week at Santa Anna

High School during assembly

Dennis is a very friendly and

According to a faculty member at

SAHS, "This young man assumes

a leadership roll as a senior student

should and is very helpful and de-

pendable. We at SAHS are proud to

recognize him as our Citizen of the

Dennis, a senior, is the son of

Julie Dean, junior high student

and daughter of Debbie and Roddy

Dean, should have been included

with the list of winners submitted

to the News earlier, concerning the

recent Santa Anna Youth Fair food

Julie received a Reserve Cham-

pion ribbon in the food division for

Julie Dean Wins

outgoing person. He is active in

basketball, tennis and band.

Mr. and Mrs. Gary Absher.

With Candy

and clothing show.

her candy entry.

Monday morning.

Perhaps that's what Congress was thinking about when it created the Federal School Breakfast Program as a two year pilot project in 1966. Becoming a permanent program in 1975, the Federal School Breakfast Program now provides 3.6 million elementary, junior and senior high school students who might ordinarily skip breakfast with a good-tasting, well-balanced meal that meets strict nutritional guidelines.

Based on choices from the four food groups—meat, milk, fruits and vegetables, and cereals and grainsa nutritious breakfast supplies a youngster with about one-fourth of the recommended daily amounts of protein, calories, vitamins and minerals, nutrients essential for energy, body growth and body repair.

A basic school breakfast that includes one cup of either whole or skim milk plus two slices of whole wheat toast provides students with about one-third of the recommended daily amount of protein. In general, school breakfast meals are more nutritious and economical than their highly caloric fast food counterparts that often contain high quantities of fat, cholesterol, sodium and sugar.

Students who regularly eat a well-balanced breakfast perform efficiently, can concentrate on the morning's tasks, react quickly and are less likely to experience the gnawing hunger pangs that can interfere with learning. A well nourished student, like a well-lubricated engine, works efficiently and effectively. A breakfast-skipper is like a car running on empty.

"The bottom line is for children to feel full and learn," says Carol Reed, R.D., assistant food service director for the Richardson School District in Richardson, Texas,

A recently completed Boston, Mass., study linking an improvement in test scores to daily participation in the breakfast program supports Reed's position.

Undertaken by Alan Meyers, M.D., of the Boston University School of Medicine and sup-ported by a grant from the William T. Grant foundation, the study examined the standardized scores of 1,023 Lawrence, Mass., school children in grades 3 through 6. The study found that the test scores of the 335 students who had been eating a school breakfast for three mon- ths averaged an increase of 48.4 points over the year before. The scores of the remaining 688 students who did not eat school breakfasts rose by only 40.9 points.

"The likeliest explanation is that the kids came to breakfast and got something in their tummies that they wouldn't get ordinarily and this (the rise in the test score) was the effect," says Boston pediatrician Dr. Michael Weitzman, one of the study's researchers.

Aside from their improved academic performance, participants in the school breakfast program arrived at school "on-time" more often than did the non-program participants. During the following semester, breakfast program participants were absent slightly less frequently than

the non-participants.

The study also concluded that extended participation in the School Breakfast Program may also improve certain types of academic functions not measured in the Boston study.

"These [results] are perhaps subtle, but [they are] real benefits of having a meal in the morning. Kids missing breakfast might grow normally and look normal but there may be subtle ways their function is not optimum and could be improved with better nutrition." Weitzman says.

# Lincoln Remembered

Our 16th president, Abraham Lincoln, was born in Hardin County, Ky., on Feb. 12, 1809. When Lincoln, who had spoken out against slavery during his campaign for the presidency, was elected in 1860, seven Southern states quickly seceded from the United States. The resulting Civil War lasted from 1861 to

Lincoln's strength in office during the war and his role in the abolition of slavery have made him one of the most beloved presidents in American history. He was shot by actor John Wilkes Booth in Washington, D.C., on April 14, 1865, and died April 15, just days after Robert E. Lee's Confederate forces surrendered to the Union Army commanded by Ulysses S. Grant at Appomattox, Va. 111

# Jr. High Basketball Schedule

| 1-26-28 | S.A. Tourney         |         |      | Boys & Girls |
|---------|----------------------|---------|------|--------------|
| 1-30    | Panther Creek        | Here    | 6:30 | Boys & Girls |
| 2-2-4   | Panther Creek Tourne | y There |      | Boys & Girls |
| 2-6     | Novice               | Here    | 6:30 | Boys & Girls |
| 2-13    | Novice               | There   | 6:30 | Boys & Girls |
|         |                      |         |      |              |

Girls Coach - Marsha Pool Boys Coach - Dean Bass

ALL Sall Dwa AA Ben Don Bob Mel

Elsa NO Davi Amt Lee Will Brar

6th Laur

Misty Shan Davi Jami Vick

Jerry Jenn Chan Katri

# **Elementary & Junior High** Honor Roll

# Third Six Weeks

4th Grade

ALL A's Tim Abernathy **Chris Cheaney** Briana Homer

**A AVERAGE** Ami Beal Kenton Brixey Kathy Cooper Jenni Day Rachael Guerrero Scott Watson

**NOTHING BELOW B Devin Cook** Chris Lewis Rosa Suarez

# 5th Grade

Sally McIver **Dwana Snipes** 

**A AVERAGE** Ben Diaz Elsa Garza **Bobby Malaer** Melonie Smith

**NOTHING BELOW B** Beatrice Estrada Donna Freeman **Amber Huggins** Lee Keeney Brandi Martin

### 6th Grade

ALL A's Laura Howze

**A AVERAGE** James Balderas David Diaz Jamie Ellis Tom Guthrie

NOTHING BELOW B Jerry Day Manuel Frausto Danna Jones Artie Michon Amy Miller Ester Patino

# 7th Grade

Cynthia Patterson

Katrina Tomlinson

ALL A's **Becky Simmons** 

**A AVERAGE** Christi Beal **Amy Boyet** Bryce Ellis Mitchell Guthrie Kyra Neff

NOTHING BELOW B Elisha Blanton Shelly Carter Lana Harvey Jefflyn Hudson Darla Jones Karen Lewis Tai Musick Sandi Watson Tammi Watson

### 8th Grade

HT8 ALL A's Lori Castillo Brandi Horner

**A AVERAGE** Candi Daniel Julie Dean Rusty Fleeman Betsy McIver Jeannie Patterson

7th Grade

**Becky Simmons** 

**A AVERAGE** 

**Christy Beal** 

**Amy Boyet** 

Darla Jones

Kyra Neff

Byrce Ellis Lana Harvey

Jefflyn Hudson

8th Grade

Karen Lewis

Tai Musick Sandi Watson

ALL A's Lori Castillo

Brandi Homer

**A AVERAGE** 

Candi Daniel

Julie Dean

Adel DeLeon

**Betsy McIver** 

Rusty Fleeman

Jeannie Patterson

NOTHING BELOW B

**Shelly Carter** 

Mitchell Guthrie

**NOTHING BELOW B** 

ALL A's

# Semester

4th Grade

ALL A's

Tim Abernathy Chris Cheaney **Briana Homer** Kathy Cooper Jenni Day

**A AVERAGE** Ami Beal Scott Watson

**NOTHING BELOW B** Kenton Brixey **Devin Cook** Chris Lewis Rosa Suarez

# 5th Grade

ALL A's Sally McIver **Dwana Snipes** 

**A AVERAGE** Ben Diaz Donna Freeman **Bobby Malaer** Melonie Smith Elsa Garza

**NOTHING BELOW B** David Herrod **Amber Huggins** Lee Keeney William Loyd Brandi Martin Melissa Stark

# 6th Grade

ALL A'S Laura Howze

**A AVERAGE** Misty Bradley **Shamey Brand** David Diaz Jamie Ellis Vicki Ford Tom Guthrie

NOTHING BELOW B Jerry Day Jennifer Morris Chanda Simmons Katrina Tomlinson

# County People Attend Farm Bureau Leadership Conference

Bureau Conference Jan. 22-25 at the Hyatt Regency Hotel in Austin by their president Jack Knox, vicepresident, Cliff Horn, State Hay and Forage Commodity Committee member, Mike Calk, Dodie Taylor Knox, National Affairs committee person, V.J. Horn, and county secretary, Margaret Roberts. Also attending from Coleman County was Bob Turner, vice-president of Texas Farm Bureau and State Director of

District VII. Conferences were held for county presidents, public affairs, rural health, membership, young farmer and ranchers, and commodities. Workshops included "Ag in the Classroom", "Computers in Agriculture", "Secretary/Treasurer", "Information", and "underground Water Conservation Districts".

Speakers for the opening session included Joe Malley, Training and Leadership Dev. Director of TFB, Warren Newbury, S.M. True Jr., president of TFB, and Harry Bell, vice-president of the AFBF with a speech "The Issues We Face In 1989".

**METHOD** 

Governor Bill Clements was the keynote speaker for the closing session in which he emphasized the improved job market for Texas as well as the improving Texas economy/ Governor Clements stressed the importance for new reform for worker's compensation.

The conference closed with a leg-



Laurie Griffiths spins some yarn on a Founders' Day celebration in Fredericksburg. The one-day fest is a working museum with over 20 artisans and craftspeople displaying their skills in tatting, quilting, noodle & cheese-making, blacksmithing, and much more. The event, May 7, is held on the grounds of the Pioneer Museum, just off Main Street. Tourism Division, Texas Department of Commerce photo.





Q: What new trends are on the fashion horizon?

A: Shades of "Bonnie and Clyde"fashion pundits predict that the new "gangster look" will catch on with women across the country. It's all part of the new menswear-type look in women's sportswear. One designer, Linea Gitano, has unveiled its version of the "gangster look": wide pants legs, pin stripes and lace shawl collar tops.

# **Stevens Funeral Home**

Since 1889

Member By Invitation of National Selected Morticians

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### Coleman County Farm Bureau islative reception held for members was represented at the Texas Farm and their state Representatives and Senators. Topics the members discussed were the Texas Rivers Protection System, Texas Department of Agriculture Sunset Review, Water Master Program, Animal Rights, Central Notification, Truck

Legislation and Regulation, Under-

ground Water, Taxes and Budgets,

and Public School Finance. Of Particular interest to TFB is Judicial Reform Legislation drafted by TFB to require suits against the state alleging unconstitutionality be referred directly to the Supreme Court where the Chief Justice would designate a Justice to hear the case. All other appeals processes would remain in place. The objective would mean suits against the state seeking to have a law declared unconstitutional would be tried by a judge elected by all the people of Texas and not in the District Court in Travis County

TFB will be supporting HBI filed by Rep. Richard Smith from Bryan, co-chairman of the Joint Select Committee on Worker's Compensation, and dealing with Worker's Comp.

A copy of all TFB legislative priorities is available at the county

now connotes, St. Valentine's Day

Way at Rome in the Third Century.

Valentine's Day **Employers** calia, the Roman fertility festival. Ironically, it is this celebration that is considered the forerunner of modern

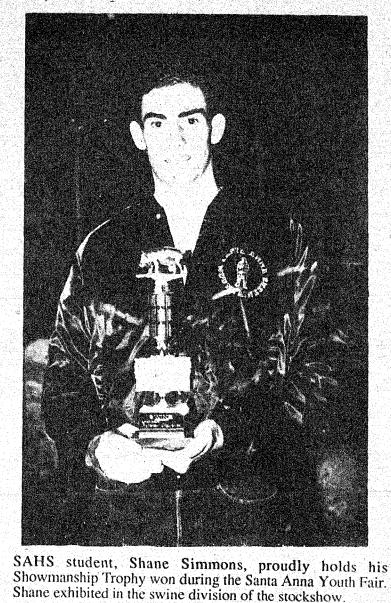
### TEXAS TRIVIA

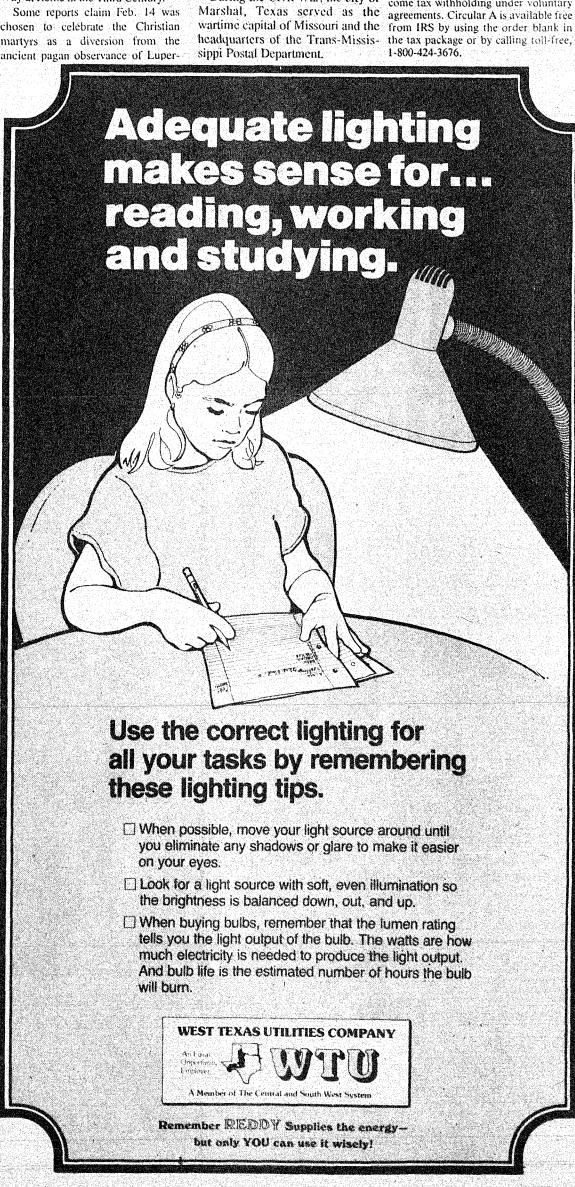
Valentine's Day customs.

During the Civil War, the city of sippi Postal Department.

IRS Guide for Farm

Publication 51, "Agricultural Employer's Tax Guide (Circular A)," contains information and forms that farm employers need to comply with federal tax laws relating to social security taxes (FICA), tederal unemployment taxes (FUTA), and income tax withholding under voluntary 1-800-424-3676.





Trickham News

# Valentine Cookie Treats

This year plan a special St. Valentine's Day treat by inviting the junior cooks of the house to try their hand at baking and decorating this delicious, do-ityourself Giant Valentine Cookie. Then see who can come up with the most cleverly decorated Oatmeal Heart Pops using those all-time favorites, "M&M's"® Plain Chocolate Candies.

End the day by rewarding the cooks and their friends with the refreshing Strawberry Cream Cooler, a delightful beverage mixture of ice cream, strawberries, orange juice and soda.

It's all a delightful way of wishing everyone a "Happy Valentine's Day" with special gifts from the kitchen.

# OATMEAL HEART POPS

- % cup butter or margarine cup granulated sugar cup firmly packed light
- brown sugar cup milk egg teaspoon vanilla
- cups flour teaspoon baking soda
- ½ teaspoon salt
  2 cups regular oats, uncooked
- cup "M&M's" Plain **Chocolate Candies** cup raisins

1/2 cup chopped nuts Beat together butter and sugars until light and fluffy; blend in milk, egg and vanilla. Gradually add combined flour, soda and salt; mix well. Stir in oats, candies, raisins and nuts. Press out on lightly floured surface 4-inch thick. Cut out a heart shape for the pattern, then cut out hearts. Place on ungreased cookie sheet about 3 inches apart. Insert rounded or flat wooden stick into edge of cookie. Press 4 to 5 additional candies into top of each cookie. Bake at 350°F. about 12 minutes; cool on cookie sheet about 3 minutes. Remove to wire rack to cool thoroughly. Makes about 3 dozen 31/2-inch cookies.

Variation: Use heart-shaped or other favorite cookie cutter to cut



GIANT VALENTINE COOKIE teaspoon vanilla

1/2 teaspoon salt

1 cup chopped nuts ¼ cups coarsely chopped

1 bottle (16 oz.) club soda,

lemon-lime soda or ginger

'M&M's" Plain Chocolate

- 2 cups flour l½ cups firmly packed light brown sugar 1/2 cup shortening
- 2 tablespoons molasses

Candies Beat together all ingredients except candies and nuts until blended and smooth. Stir in nuts and ¾ cup candies. Spread batter into foil-lined and greased 12-inch heart-shaped pan. Sprinkle with remaining 1/2 cup candies. Bake at 350°F. for 20 to 25 minutes or until golden. Cool thoroughly in pan on wire rack. Carefully remove from pan to serving plate or flat surface to decorate. Variation: Bake in 13 x 9-inch pan 25 to 30 minutes. STRAWBERRY CREAM COOLER

pint vanilla ice cream package (10 oz.) frozen strawberries, thawed

cup orange juice Combine ice cream, strawberries and orange juice in blender container. Blend until smooth. Stir in soda. Serve immediately. Garnish with strawberry, if desired. Makes 6 servings.

# Cedar Fever A Winter Annoyance To Many

Every year, some people suffer Texas, especially in the central rethrough the colder months with what feels like a head cold, combined with itchy eyes, headaches, general tiredness and other symtons just because they breathe the brisk outdoor Allergy sufferers are plentifull in

hlll country. And December and January are some of their worst months, according to the Texas Department of Health (TCH), since the onset of colder weather invariably brings "cedar fever."

Cedar fever is an allergic reaction

tem, triggering an allergic neaction.

Allergy specialists say that cedar fever is second only to ragweed allergy in the number of Texans it affects. And its severity may be greater. Even persons who are able to resist other allergens may fall victim to cedar fever. And for neasons not fully understood, same may react more severely in one year than in another.

In most cases of cedar fever, the reaction is uncomfortable, but temporary. Milder cases may be successfully contnolled With over-theoounter antihistamines.

However, TDH advices that anyone with sevene or persistent symptoms should consult a physician. Prolonged irritation of the sinuses or threat can lead to infections, or may be signs of other ill-

advised to seek treatment by an al-starting from an electrical short. lergy specialist.

to the pollen of male mountain cedar (actually two species of juniper), which grow wild throughout Texas. The male trees have tiny green cones which turn brown, spring open, and release a yellaw pollen onto the winter winds.

The minute, sticky, pollen grains irritate the eyes and sinuses, and enter the suffener's nespiratory sys-

dish for up to 2 hours.

5. By all means, preheat the

The November 17 Santa Anna News report of the fire at Uncle Authur's should have read: According to a report from a fire department spokesman, the fires were ruled as possibly starting from an electrical short.

# **VA Questions And Answers**

Q- Five years ago I renounced my VA disability compensation and it was terminated. Can I now make a new application for this disabil-

A- Yes. A renouncement does no preclude a person from filing a new application. However, no payment may be made for any period prior to the date the new application is received by the VA.

Q- Who may receive a Presidential Memorial Certificate on the death of a veteran?

A- A Certificate may be issued to the next-of-kin, a relative or friend upon request, or to an authorized service organization representative acting on behalf of such relative or friend. The award of a Certificate does not preclude the authorization of additional Certificates to other relatives or friends.

# By Mrs. O.R. Boenicke

The Sunday school ans church was called off Sunday morning on account of the weather. It was so

Next Sunday the Methodist minister, Rev. Claude Davison, will preach at 9:30.

The "84" party was held at the community center at 5:30. There were 24 present and all had a good time. Genia McIver was hostess. It was a bad night. We had a good rain. There was water everywhere. I did not get that much at my house. Less than half an inch.

Visitors with Genia McIver were Gayla and J.W. Sellers and Jorge Wert, and Ruby, Lori and Mike

6. You have heard it before:

oven, do not peck. Nothing de-

7. When is the souffle done? To

puffs a baking souffle like a blast

test, gently move the oven rack. If

the souffle jiggles in the center, re-

turn it to the oven for a few min-

utes more baking. 8. Better that

your sweetheart should wait for the

than your souffle should wait for

your sweetheart. If your souffle

must wait, however, let it stand in

the oven with the heat off for no

9. Camouflage cracks prettily

with a dusting of confectioners

sugar. 10. Serve your souffle with

into portions with two forks held

back to back. Spoon out portions.

Include some crust with each serv-

3 tablespoons sugar 1/4 cup all-

1/4 cup creme de cacao, divided

5 ounces white chocolate, melted

5 egg whites, at room tempera-

2 tablespoons sugar Confection-

1 package (10 ounces) frozen

raspberries in syrup, thawed and

1/4 teaspoon cream of tartar

savvy. Gently break the top crust

more than 10 minutes.

Zackery. All were there Friday night and Saturday. Other Saturday visitors were Sherrie Blake, Doyne and Wanda McIver and Tami, and Royce and Wanda McIver.

Lou Vaughn took Florence Stearn's dinner to her Sunday. Florence was sick and Sunday evening Sug Stearns spent Sunday evening with her.

Annelle Clark and Pauline Eubank visited me Monday evening.

The Jones family had their grand daughter Whitney Gunter visiting since Thursday.

It has been so cold. Not much visiting going gong. So not much news. We sure have been having

# Eat-Your-Heart-Out Valentine Souffle

Once the souffle is in the

of cold air.

souffle

ing.

Souffle:

purpose flour

Sauce:

3/4 cup plus

2 tablespoons milk

4 egg yolks

This Feb. 14 smooth the path to romance with a raspberry-andcherry-sauced white chocolate expression of your love and devotion. This luscious souffle made expressly for your special one impresses and delights . . . yet is so deceptively simple.

Surprisingly, the perfect souffle is not nearly as clusive as you may believe. Nonetheless, if you are among the many otherwise capable cooks whose confidence wavers on this technique, the American Dairy Association offers -- in addition to its sumptuous kitchen- tested recipe -- the following step-by-step strategies to assure success. 1. Take a good, long look at the recipe before you start. Organize ingredients and equipment you will need.

2. Butter and dust every square inch of your souffle dish with sugar. The sugar provides traction for the baking souffle to climb up the slippery sides of the dish.

3. If the unbaked souffle comes to within a half-inch of the top of the dish, add a collar. Use a triple thickness of foil to fashion a 4-inch wide band that will go around the dish and overlap 2 inches. Butter the band and dust with sugar. (more)

Wrap the collar around the dish, sugared side in, with the edge of the collar extending at least 2 inches beyond the top of the dish; fasten with paper clips. After baking remove the collar, 4. The best souffle goes to the oven ASAP. If neces-

however, you can refrigerate an unbaked souffle, covered, in the

oven before baking the souffle.

# Correction

Any ensuing articles in the Santa Also, anyone with histories of Anna News referring to the same serious respiratory diseases may be incidents should have read: possibly 6 tablespoons raspberry pre-

I tablespoon raspberry liqueur, if desired

1/3 cup chopped sweet cherries, well drained

For Souffle, beat egg yolks and 3 tablespoons sugar in small mixer bowl until creamy, about 1 minute. Add flour and beat just until blended. Gradually beat in milk and 2 tablespoons creme de cacao. Transfer yolk mixture to a mediumsized heavy saucepan. Cook over low heat, stirring constantly, until mixture thickens; do not boil. Cool mixture until just warm to the touch. Preheat oven to 375F. Stir melted chocolate into cooled custard. Beat egg whites and cream of tartar until foamy. Gradually beat in 2 tablespoons sugar; beat until stiff but not dry. Place custard mixture in large mixer bowl. Stir in remaining 2 tablespoons creme de cacao. Gradually, fold in egg whites, 1/4 at a time. Pour into buttered and sugared 6-cup souffle dish. Bake 30 to 35 minutes or until puffed and just firm to the touch. Dust with confectioners sugar.

Meanwhile, for Sauce, combine raspberries and preserves in small heavy saucepan. Bring to boiling, stirring constantly; boil 1 minute. Strain to eliminate seeds. Stir in liqueur and cherries. Let stand at room temperature until souffle is baked. Spoon over each serving. Serves 4. Calories per serving: 610 Protein 13 g, fat 19 g, carbohydrate 100 g Calcium 186 mg, riboflavin (B2) .46 mg

SIXTY YEARS AGO, very little sweet corn was grown in Texas and the rest of the South, although corn long had been used as human food, primarily as grits

and corn meal. Several reasons existed for not growing sweet corn but the main one was that farmers had no adapted varieties, espe-

cially ones that could cope with the corn



In 1927, the Texas Agricultural Experiment Station began a sweet corn breeding program and by the early 1930s, had produced Honey June and Surcropper Sugar, two varieties that had long, tight shucks that protected them from the corn ear worm.

Today, sweet corn is widely produced in Texas and the South as 'roasting ears," as well as canned and frozen corn. Modern Texans can't remember a time when these favorites were not readily available.

A HUNDRED YEARS ago, cattle in much of the South suffered from a disease variously called Southern Cattle Plague, Spanish Fever, Splenic Fever, Acclimating Fever and Texas Cattle Fever, It eventually came to be called Texas Fever because of its spread when Texas cattle were trailed North to market.

Native cattle, such as the Longhorn, were resistant to the disease but introduced cattle, such as the Hereford, Shorthorn and others, were highly susceptible and usually died when infected.

An Experiment Station veterinarian in Texas, Dr. Mark Francis, discovered the vector was a tick that transmitted the disease. Francis also researched dips and dipping vats for controlling ticks

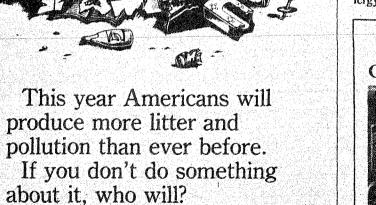
He also developed a way to inoculate susceptible cattle with the blood of resistant cattle, and the disease was eventually brought under control.

His work saved livestook producers millions of dollars, enabled Southern cattlemen to upgrade their herds, and helped them regain lost markets.

Texas Agricultural Experiment Station

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# Ranger Park Inn

By Annie May Brimer

Jim Boyle, Wanda Wallace, Doris and Les Aderholt, Allene Needham, Virginia Wood, Lorene Wynn, Gladys Creek, Neal Smith, Fannie Gilbert and Lorene Wells sang for an hour Tuesday afternoon for a large number of the residents.

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It was a delight to have twenty sixth grade students and their teachers Joan Jones and Debbie Dean visit the nursing home Friday morning and present a Valentine program for the residents. The students made Valentines and book markers for each resident. After the program they visited with the residents and gave each one a valentine and book marker. It was wonderful to see how kind and gentle they were to the residents.

The weather has been so cold, it was a real treat for Billie Wheatly and the kitchen crew to serve hot chocolate and cookies from H & H Friday morning to the residents and staff members.

Joe Green popped corn for everybody Friday afternoon. This was enjoyed by all.

Pat Dowdy showed a film "How to Obtain Peace and Joy", Saturday afternoon.

Bro. Charles and Stena Mitchell conducted the 1st Sunday service Sunday afternoon. Cleo Cude played the piano for the service.

The "42" games were enjoyed by the residents Monday afternoon. Everyone appreciates Wilmoth Russell, Lucile Wylie, Peggy Johnson, Herman and Edna Estes in helping to make this a fun time.

It is wonderful to have Opal Maples home from the hospital.

Ethel Vaughn is making her home with us here at Ranger Park

Deepest Sympathy is expressed to the family of John Hunter who passed away last Saturday and was buried Sunday. He was a resident of our home for ten years and will be missed.

LIVING CENTER

Preston Cude visitors were Jesse Shaw, Johnny Row and Cleo Cude. Red Cupps visitors were Raymond Cupps, Lemon Horton, Joe Wallace.

Thelma Whitehead visitors were Stena Mitchell. Marie Hill, and Jimmie Sue Hulott.

Myrtle Robertson visitors were Doris Stearns, Darwin Lovelady and Billie Lovelady.

**NURSING HOME** 

Christine Sanders visitors were Stephanie Starr, Peggy Johnson, Nell Myers, Bea King, and Donna Cummings.

Lillie Knotts visitors were Ila and Jack Todd.

Johnnie Thomas visitors were Edna Thomas and M.H. Howie. Ethel Vaughn visitors were Jan-

ice Turner and Blanche Turner. Corrine Storey was visited by

K.G.Storey. Onnie Eden visitors were O.V. and Lula Bylerly, Harry and Margaret Crews, Edward and Allie

Eden, Joan Jones, Jim Dixon was visited by V.M.Smith.

Mae Tyson visitors were Merle McClellan, Myra and Ben Taylor. Hettie Whitt visitors were James

and Elise West. Frances Tucker visitors were Gladys Day, Bessie Parish and

Archie Tucker. Gladys Driskill visitors were D.V, and Lula Byrley.

Cleo Canady visitors were Doris Rogers, Stena and Charles Mitchell, Melvin Brown and Kay

Opal Maples visitors were Dias Chrane, Ruby Thompson, Merle McClellan, Myra and Ben Taylor.

Bula Fleming visitors were Betty Joyner, Mary McDaniel, Charlie Fleming, Mildred Galloway, Eddie and Phyllis Dillard, Margie Flem-

Estelle Todd visitors were Jerry and Helen Todd, Merle McClellan, Myra and Ben Taylor.

Cora Mikeska visitors were Charlie Joe and Dell Mikeska.

Imo Herring and Ethelene Stewart visitors were Bessie Parish, Gladys Day, Rev.J.D. Ferguson, Bill and Beth Moore. Jimmie McGregor visitors were

Bea King, Donna Cummings, Merle McClellan, Myra and Ben Taylor.

Ora Caldwell visitors were Charles and Jean Caldwell, Pat Dowdy, Gladys Hunter, Herman and Edna Estes.

Xuma Jones visitors were Nowlen and Nell Myers, Buna Baucom, Ollie Pembroke, Ross Kelley, Margaret Crews, Claudine Keeney, Bessie Parish, Lucile Smith, Joe Wallace, Rev. Claude Davison, Bill and Beth Moore, Ethel Williams, Garland and Annie Mae Powell, Louise McCaughan.

Mary Jo Lovell visitors were Joe and Sharon Watson, Wanda Wallace, Jeffery, Josh, Jeromy Watson. Pearl Arnold visitors were Calvin

Campbell, Louise McCaughan, Bill and Louise Smedley, Imo Herring, Ethelene Stewart, Margaret Campbell, Ethel Williams.

Allene Barnett visitors were Billie and Montie Guthrie Jr., Tom and Aaron Guthrie, James Lee Wristen, Avis Vaughan, Mary and Andy Bolton, Della and Thomas Wristen, Gordon Guthrie, Montie Guthrie III, Jasper McClellan.

Modora Gilmore visitors were Lucile Smith, Bessie Parish, Claudine and Rip Kenney, Margaret and Calvin Campbell, Dorothy Watson, Garland and Annie Mae Powell, Mildred Galloway, J.D.Green, Louise McCaughan, Etnei Williams, Wilmoth Russell, Lucile Wylie, Ray Owens.

Myrtle and Sam Estes visitors were Kelley Estes, Bill Conner, Joe Estes, Thomas and Della Wristen, James Lee Wristen, Owen Thomas, Junior Thomas.

John and Doris Skelton visitors were Doc Skelton, Avon Autrey, William Autrey, Arlene Autrey Mitchell, Gerlylene Autrey King, Harold Skelton, Buck and Bettye Jamison, Amy Skelton, Ronda Skelton, David Skelton, Ben and Myra Taylor, Merle McClellan.

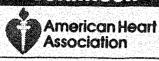
Boyd McClure visitors were Les and Doris Aderholt, Doc Skelton, Crystal and Dayton McClure.

Frances Horton visitors were Lera Guthrie, Onnie Eden, Bertha Allen, Ethel Williams, Merle McClellan, Myra Taylor, Leman Horton, Fredna Horton.

Martin Wallace visitors were Blackie Brock, J.D. Ferguson, Den Boydston, Gladys Day, Bessie Parish, Joe Wallace.

C.D. Bruce visitors were Chanda and Margaret Simmons, Calvin Campbell, Ken Boydston, Harry





# FISH

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San Saba - San Saba Produce 4:30-5:30 pm 372-5181 Brady - McCollogh County Feed & Seed- 2:30 -3:30 pm 597-0704

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Crews, Barbara Kingsbery, Bruce, Karyn and Laine Kingsbery, Elgean Harris, Bro. John Stanislaw.

Johnnie Martin visitors were Mildred Galloway, Harry Crews, A.J. and Virginia Martin, Jeremy Martin, Johnie Martin, Mr and Mrs A.L.Swanson, W.D.Scarbrough, Cathy Griffin, Mr and Mrs Robert

Gifford, Ray Owen, James Martin. Gladys Hunter visitors were Garland and Annie Mac Powell, Suzanne Swanson, Gene and Bertha Allen, Rex Turney, Oneta James, Russie James, Dorothy Watson.

Vela Plante visitors were Bea King, Donna Cummings, Mr and Mrs Perry Bourland, Betty Joyner, Mary McDaniel.

Lena Ingram visitors were Mae Jones, Imogene Powers, Joe and Era Lee Hanke, Bea King Donna Cummings.

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-- \$7.50 delivered. 348-3645 or 348-3193 COME BY GLENDA'S BEAUTY SALON and see our new addition. Floral arrangements and gifts from

Bangs Florists. Silk corsages, bud vases, pot plants, balloon arrangements, and many more. Please feel free to call in orders for fresh and silk arrangements for any occasion. We deliver.

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The Bank of Vernal in Vernal, Utah, is the only bank in the world built from bricks sent through the mail: In 1919, the people of Vernal discovered that it would cost less to mail the bricks from Salt Lake City, seven to a package, than to have them shipped commercially.

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Internal



# Cleveland News By Carol Herring

Last Weeks News

Rachael and Clara Cupps are enjoying having their son and his family Billy Don and Diane Cupps, Reed and Ryan of Beaumont visit a few days. They arrived on Saturday. Kasha Cupps of Coleman was out on Sunday to visit with her dad and his family and grandparents.

Cecil and Nona Bell Ellis had as lunch guests on Friday Jerry and Cathy Ellis and Alicia.

Margie Fleming was visited by Phyllis Dillard this week. Saturday afternoon Odell Henderson came by.

Charlie and Thelma Fleming had as visitors this weekend their daughter and her family Margie and Tom Molden, Kelly and Sandy of Fort Worth. They took Thelma to lunch in Brownwood Sunday to celebrate her upcoming birthday.

Margie Fleming and Phyllis Dillard were over on Monday morning. Last Sunday afternoon J.E. and Ovella Williams dropped by.

Monday afternoon Mrs. Tavy Ford was visited by her sister Sammie LaDouCeur of Brown-

Lee Ray and Syble Huggins had their granddaughter Amber Huggins spend Saturday night with them.

Mrs. Ruth Hibbits visitors on Sunday afternoon were Dick and Carmilla Baugh and Joe Wallace. Charlie Avants had lunch twice

during the week with Ruth. Casey and Evaline Herring enjoyed having their daughter and family Pam and David Morgan, John and Josh of Stephenville and their grandsons Pete and Jeff Herring of Early come on Saturday and spend the night. Dale, Carol, Derek and Casey Herring were in and out

during the week. Mrs. Winnie Haynes had Clara Cupps to drop by on Tuesday.

Monday afternoon Adolph and Doris Kelly visited L.V. and Bea Cupps. L.V. visited twice during the week with them. Sunday afternoon visitors were Lena B. and Travis Smith and Nancy Hendry of San Angelo.

Lou Pierce visited Cindy Pelton and girls a couple of times during the week. Sunday, Mrs. J.E. Myers and Connie Hubbard of Edna arrived to spend several days with A.C. and Lou visiting.

Amanda Perry enjoyed visiting at the nursing home on Sunday after-

Mrs. Lora Russell went to San Angelo on Thursday where she attended a birthday luncheon in honor of her granddaughter.

The Emil Williams had as visitors this past week Eppie Lowry,

J.E. and Ovella Williams. Mrs. Velda Mills is glad to be home from the hospital where she spent 18 days. Her daughter Karen Lasiter of Santa Fe, Texas is stay- "The Emil Williams were visited ing to help her until she gets back on her feet.

John and Juanita Naron were visited by his mother Mr. and Mrs. Joe Payne of Gatesville over the weekend.

Iona Moore and Ruby Hartman visited several times at the hospital with Velda Mills. They also visited in Coleman on Monday with Mrs. Eubanks. Iona Moore visited Louise Davis one day.

Carmilla Baugh was at Bangs on Wednesday to visit her mother Mrs. Mae Flores at the Twilight Nursing Home. She and Dick visited her mother on Saturday and they also visited with their daughter and family Nancy and Lonnie Lowry, Kayla and Will. Sunday afternoon they visited with Mrs. Ruth Hibbitts.

Tuesday Myra and Coy Brooke were visited by J.B. and Hazel Brooke of Abilene. Mrs. Lorene Beeler came by several times during

Visiting with Vera Wise during the week were Dorothy, Beth and Jimmy Eisenhower and Dorothy Alsobrooke.

Eppie Lowry spent Sunday at Bangs with her son and his family Lonnie and Nancy Lowry, Kayla and Will.

Kenneth Herring was visited by two of his daughters on Sunlday. Visiting were Lizzie and Lauren

Coleman 625-2121

Gillett and Faye and Danny Gipson. Casey and Evaline Herring also visited late Sunday afternoon.

Glad to report that we had 7/10 ths of and inch of rain this past weekend. Need more!!!

### This Weeks News

The main topic of interest with everyone this past week seems to have been the weather. The first part of the week the temperatures were topping out in the 70's and 80's. Thursday, after a high in the upper 70's the Siberian Express finally made its debut. First we had thunder followed by rain. Then comes the extremely cold temperatures. Friday, Saturday and Sunday the high here at our house did not get above 20. This along with the winds made for some very cold days and nights. It looks like we are going to have to either get accustomed to the cold or go to some warm place (if you can find one) because the weather man said it would be here until probably Thursday.

Rachael and Clara Cupps' son and family, Billy Don and Diane Cupps, Reed and Ryan returned home to Beaumont on Wednesday. George and Lucille Teeters were out Sunday afternoon.

Visitors with Margie Fleming this week have been Odell Henderson on Monday afternoon and Donna and Jason Mapson, Brooke and Tyler Mapson of Waco and Ed-

die and Phyllis Dillard on Sunday. Charlie and Thelma Fleming were visited on Sunday afternoon by Peggy and Kenneth Sikes and Iris and Ronnie Seaton and Jeremy.

Visiting with Adolph and Doris Kelly was Roy Wilder of Coleman one day this past week.

Mrs. Velda Mills if feeling much better after returning home from a stay in the hospital. She celebrated her birthday this past week with a few of her neighbors.

Mrs. Byrdie Miller attended the funeral of a niece in Blanco on Monday

Iona Moore attended Velda Mills

birthday celebration. Hardin Phillips visited Bruce Holaman on Friday and Bruce Alsobrooke on Saturday.

Lou Pierce, Mrs. J.E. Myers and Connie Hubbard visited with Bula Burleson in Gouldbusk Monday. They also visited with Cindy Pelton and girls. Mrs. Myers and Mrs. Hubbard returned home on Wednes-

Casey and Evaline Herring were visited several times during the week by Dale and Carol Herring, Derek and Casey.

Mrs. Amanda Perry was visited on Wednesday by Carmilla Baugh. Saturday, James and Lorric Perry ate dinner with her.

on Tuesday by Ovella Williams and on Thursday by J.E. Williams.

Visitors with Mrs. Tavy Ford have been Frances Ford on Friday and Peggy Miller and Nancy Miller of Eden and Mildred Ford onSun-

Mrs. Ruth Hibbitts visited on Sunday with Charlie and Kathaleen Avants.

The Junior Hendersons were visited by their grandson and family Billy, and Carol Henderson, Will and Lea--nn of Abilene on Sunday. Also visiting were their grandchildren from Bangs Sheila and Andy Henderson.

Carmilla Baugh was in Bangs several times during the week to check on her mother Mrs. Mae Flores at the Twilight Nursing Home, Sunday, Dick and Carmilla visited in Bangs with Nancy and

Lonnie Lowry, Will and Kayla. It should be interesting to see what Mother Nature has in store for us this week in the weather since we had hot weather, cold weather, rain, snow, sleet, ice and wind all

this past week. Visiting late Sunday afternoon with the Charlie Flemings were Randy and Ann Sikes and son Sam.

Seventeen percent of the U.S. adult population own jogging shoes, but less than half of those owners jog more than once a year.

Santa Anna 348-3131

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### HEART ATTACK QUESTIONS AND ANSWERS

Here are answers to common questions about heart attacks. Understanding the risk factors and symptoms of heart attacks may help reduce the number of deaths caused each year.

Q: How many Americans suffer heart attacks?

A: According to the American Heart Association, 1.5 million each year; one-third of these are fatal. Q: What are the major causes of

heart attacks? A: Atherosclerosis is a common underlying cause of heart attacks. It occurs when fatty substances build up over years in the artery walls. These deposits can cause blood clots to form-these clots cause 86 percent of heart attacks.

Q: What are the symptoms of a

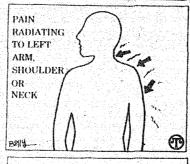
heart attack? A: They include pain in the chest, radiating to the shoulders, neck or arms; shortness of breath and dizziness. Other symptoms-such as sweating, nausea or a feeling of intense anxiety-can be more subtle and difficult to recognize, and are often confused with more minor health problems such as indiges-

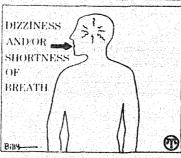
Q: What should a person do if he or she experiences these symptoms? A: SEEK IMMEDIATE MEDICAL ATTENTION. Call 911 or your local fire department for an ambulance. Often, due to fear, people deny the symptoms or postpone treatment until several hours after warning signs begin. Yet, the best chance for recovery lies in receiving

early medical attention. Q: What type of therapies are available to treat patients if they

get to the hospital early? A: Certain clot-dissolving agents are effective in treating heart attacks in the first few hours after the onset of symptoms. One such agent is Activase (Alteplase, recombinant), a tissue plasminogen activator (t-PA). When administered early in the course of a heart attack. it is very effective in dissolving clots

# PAIN IN HEST





Seek immediate medical attention if you experience symptoms of a heart attack.

before the heart muscle is permanently damaged and improves the function of the heart after an attack. (Because it dissolves clots, Activase can cause bleeding that is usually minor and easily controlled. There is also a small risk of serious internal bleeding, such as intracranial hemorrhage. This occurs in 0.4 percent of patients. Therefore certain patients, particularly those at high risk of hemorrhage, stroke or high blood pressure, should not receive this type of therapy.) The product was developed and is marketed by Genentech, Inc.

# Time-Saving Recipe Idea Turned into \$1,000 Cash

Time is money, and Robert Hooley Wilmington, DE knows the forrula. He turned a time-saving recipe or beef tenderloin into \$1,000 by vinning the "Most Convenient" ategory of the 1988 National Beef

A total of \$32,000 in prize money was awarded at the contest, held in Jackson, MS last September. Winners in the Outdoor, Microwave and Conventional categories each won \$5,000, and a chance to be selected as "Best of Beef," worth another \$10,000. Second and third prizes of \$3,000 and \$2,000 in the Conventional category also were awarded. In addition, "Most Convenient" and "Under 300 Calories/Serving winners. worth \$1,000, were chosen.

It's not too late to submit your original beef recipe for a chance to win \$15,000 in the 1989 Beef Cook-Off!

The 16th annual contest will be held in Portland, OR this coming September, and 64 amateur contestants from all 50 states will again be competing for the title of America's best beef cook, along with \$32,000 in cash prizes. The American National CattleWomen sponsor the competition, in cooperation with the Beef Industry Council of the Meat Board.

Robert Hooley's "Easy Beef Tenderloin Diane" was an ideal "Most Convenient" category winner, taking less than 20 minutes from refrigerator to plate. It's perfect for today's active lifestyle. Here's his

Easy Beef Tenderloin Diane Preparation time: 8 minutes

Cooking time: 8 to 10 minutes 4 beef tenderloin steaks, cut 1 1/2 inches thick

(approximately b ounces each) 1/4 teaspoon each salt and

pepper 2 tablespoons butter 1 tablespoon olive oil

2 teaspoons grated lemon rind

2 tablespoons fresh lemon juice 1 tablespoon worcestershire sauce

1 teaspoon Dijon-style mustard Parsley sprigs Paprika

Pound beef tenderloin steaks to 1-inch thickness. Sprinkle both sides of steaks with salt and pepper. Heat

# Whon News By Mrs. Tom Rutherford

Mrs. Leon Griffin and her mother-in-law Mrs. Lesly Griffin of the Gouldbusk area were dinner guests of Mr. and Mrs. Amon Otts and Yancy on Wednesday of the past week.

Mrs. May McFarlin of Santa Anna reported today that her uncle, Mr. Arthur Smith of San Angel had passed away and would be buries in San Angelo Cemetery Tuesday. Arthur was a brother of Mrs. Mc-Farlin's father. He is survived by 2 brothers, Mr. Levi Smith of Coleman and Mr. Felix Smith of Bangs, and other members of his family whom we do not know.

Mr. Darwin Lovelady visited Sunday afternoon with his son, Mr. and Mrs. Randall Lovelady and girls in Brownwood.

We are very glad to report Mrs. Janie (Floyd) Morris remains a patient in the Brownwood Regional Hospital and is doing well following surgery but has been unable to leave the hospital due to illness in her home and then the bad cold weather. Mr. Morris and granddaughter Janet have had a round of the flu. Hopefully Mrs. Morris will come home in a few days.

My granddaughter, Deborah Smith of Abilene was with us Sat-

Mr. and Mrs. Rick Wheeler and daughter Erica of LaGrange came on Friday night to be with myself and my guest, Mr. and Mrs. Thomas ray Rutherford of New Hampshire during the weekend. Mr. and Mrs. Hilary Rutherford of Coleman was with us Saturday, Also Todd Rutherford and friend Brandi Mosley of Bangs. Loyd Rutherford visited Sunday morning and was also a supper guest on Thursday night. The Wheeler's daughter Christi called them Sunday morning. The weather and roads were very bad there. Lynda (my daughter) called when they reached home. They

found the roads very bad especially around Austin to LaGrange, a distance of 60 miles. They made the journey home without disaster. But did see numerous cars and vehicles on the side of the road that could not move. When they reached home, the ground was white with ice and sleet. They were very tired and thankful to reach home safely.

Mr. and Mrs. Amon Otts and Yancy drove to Breckenridge Saturday and visited with relatives there overnight, returning home Sunday. They reported the roads that direction not so bad, but very cold.

Lucille Sorrells of Coleman visited with Mrs. Billie Lovelady on Sunday.

Doris Stearns of Brownwood visited with Mr. and Mrs. Darwin Lovelady (today) Monday and also with her Aunt Myrtle Robertson in the Ranger Park Inn Nursing Home. Mr. Darwin Lovelady visited with Mrs. Robertson during the weekend.

Mrs. Amon Otts attended the Gouldbusk Extension Club Thursday afternoon. While little son Yancy entertained his father at

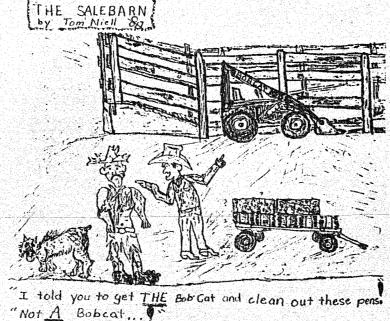
Has been reported that Mr. Jack Sherrod of Angleton passed away in his home there. His body will arrive at Davis Morris Funeral Home in Brownwood Tuesday morning following services in the home town. Burial will be in Jenkins Springs Cemetery Tuesday. Mr. Jack Sherrod was married to Miss Leona Mae Gill, daughter of the late Mr. Glen Gill and Mrs. May Gill. Leona Mae was born in our community and attended school here. Mrs. Sherrod's mother taught school in Whon school system years back and if I'm not mistaken, was Mable Wilson when teaching here. But this has been a number of years past and I could be mistaken. Hope to be with you next week.

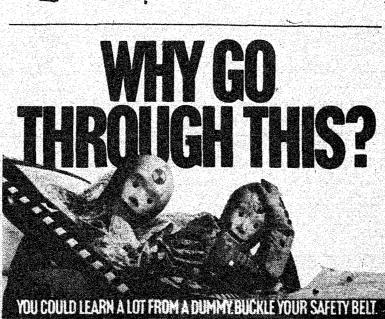
paprika. 4 servings.

butter, oil and lemon rind in large heavy frying pan over medium-high heat until hot. Add steaks; pan until sauce is blended. Pour over Industry Council, 444 N. Michigan steaks. Garnish with parsley and Ave., Chicago, IL 60611.

It's not too late to submit your fry 6 to 8 minutes, turning once. original beef recipe(s) for a chance Remove steaks to heated platter; to win \$15,000 in the 1989 Beef keep warm. Reduce heat to medium. Cook-Off! Send your microwave, Add lemon juice, worcestershire outdoor and/or conventional entry by sauce and mustard to frying pan. March 1, 1989 to: National Beef Cook, scraping up brown meat bits, Cook-Off Entries, c/o the Beef

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