

**PERSPECTIVES**

BY CHARLES A. SALTER, PH.D.

**CHANGES IN SLEEP PATTERNS WITH AGE:** Q. I used to sleep very soundly when I was young, but now that I'm nearing retirement, it seems like the slightest noise can wake me up. Then I'm stuck being awake for hours before I can fall asleep again. What could be behind this change? What can I do about it?

A. As a normal process of aging, most people become lighter sleepers as they grow older. Their sleep patterns become more fragmented and it actually takes less environmental stimulation to wake them up. For example, one recent study compared how much noise it took to awaken people of different ages from the soundest level of sleep (Stage 4). It found that 20-year-olds needed about 100 to 105 decibels (the volume of a power saw) to be awakened, while 60-year-olds only needed about 70 to 75 decibels (the volume of ordinary speech). This major change, which develops gradually throughout life, means that the older a person gets, the more easily he can be awakened by noise.

This holds true for the other sensory inputs as well. So to preserve your sleep, you should try to minimize the various kinds of external stimulation. Perhaps you could move your bed to the quietest corner of the house, buy quieter household equipment like clocks, add soundproofing to the bedroom, wear soft ear-plugs, or use a sound-masking device. In addition, you could put heavier curtains on the windows to screen out light. And perhaps you could buy a more comfortable bed to minimize disturbing aches and pains and/or a sturdier bed to minimize jostling movements if you sleep with a partner. In short, reduce all sorts of environmental disturbances in as many ways as you can.

Once awakened, older people may also experience more difficulty in returning to sleep. Sometimes the reason for this is that the older person

doesn't need that much more sleep, but he fails to realize it. Among healthy people, the actual need for sleep appears to decline an hour or two per day throughout middle and old age. Some insomnia among older people may reflect a tendency to try and get as much sleep as younger even though they don't need that amount any more. If that's the reason, you really shouldn't feel that tired during such occasions. But a different reason for increased insomnia could be tension and stress, perhaps over your impending retirement. If this or some other, perhaps physical, problem is the cause, you'll be unable to sleep in spite of feeling very tired.

If it's psychological, try distracting yourself with reading, TV, or conversation. If you have a serious problem, perhaps you should talk to a professional counselor. But if you suspect a physical problem, by all means talk to your doctor. Certain physical sleep problems (like sleep apnea, a breathing disorder while sleeping) also grow more frequent with age.

**Tee Vee Laffs**



YES, THAT BIG 4 X 6 FOOT SCREEN, THE HUGE PICTURE, DOES FILL ME WITH WONDER! I WONDER HOW I'M GOING TO PAY FOR IT!

**Mr. Fix**

**HOW TO INSTALL NEW FOAM PADDING**

In recent years, many upholsterers have used polyurethane foam padding to replace the hair and cotton padding of the past. You can buy the foam in various thicknesses, and for this work, use a foam as thick as the total thickness of the old cotton and hair. You can cut the foam with a drywall knife or with an electric carving knife.

**TOOLS AND MATERIALS**  
Polyurethane foam pads  
Drywall or electric knife

**APPROXIMATE TIME: 30 MINUTES**

1. Measure the area to be padded to get the dimensions of the foam pad. The thickness of the new pad should be the same as the combined thicknesses of the old cotton and hair padding.
2. Use a sharp drywall knife or an electric carving knife to cut the pad to the right dimensions.
3. The outer edges of the pad must be rounded and cut to the final shape of the seat. Use the drywall knife or electric carver for this.
4. In the case of a round seat, the foam padding is fitted over the burlap and then covered with muslin, which is tacked to the rails and which holds the padding in place. Do not drive tacks through the foam to anchor it.
5. Remember that the foam padding is replacing the old cotton. Refer to your notes, made during stripping. In some chairs, the padding is located between the rails. In others, it may extend over the tops of the rails and down their sides. Use the original padding as a guide.
6. You can cement pieces of foam together, using cement which can be purchased at the same store as the foam. Follow the instructions on the cement can. To make a pad which is thicker in some places (for example, at the edges, cement layers of foam as needed, and then shape them with a knife.

"Fix-It-Fast" © Encyclopaedia Britannica, Inc., 425 N. Michigan, Chicago, IL 60611

What this country needs is a deodorant to take the obnoxiousness out of televised deodorant ads.

**Bullfrogs & Butterflies**  
Days open Dec. 22 til 12 midnight Dec. 31  
8 a.m. til 2 in the morning morning Call for more information 9-5141

**K. Dale Johnson, D.D.S., Inc.**  
3102 Garrett Drive  
Perryton, Texas 79070

**Spearman Reporter**  
PUBLICATION (USPS 5096-6000)  
SPEARMAN, TEXAS 79081  
213 Main Box 458 659-3434  
Published Weekly at 213 Main Street  
Spearman, Texas 79081  
Owner-Publisher.....William M. Miller  
Editor.....Faye Lynch  
Second Class postage paid at Spearman, Texas 79081  
Any erroneous reflection upon the character of any person or firm appearing in these columns will be gladly and promptly corrected upon being brought to the attention of the management.  
POSTMASTER: Send address changes to Spearman Reporter, Box 458, Spearman, Tx. 79081.  
SUBSCRIPTION RATE: Hansford, adjoining counties, combination with the Hansford Plainsman \$25.00.  
Other points, \$30.00.  
MEMBER  
**TEXAS PRESS ASSOCIATION**

**Regional Chiropractic Center**  
**Dr. Darrell D. Duke**  
Complete Chiropractic and nutritional services.  
Open Mon.-Fr. 9:00-4:30  
221 Sanders 659-5585

**Italian Holiday Cookies**  
1-1/4 c. sifted flour  
1/2 tsp. salt  
1/2 c. sugar  
1/2 c. butter (1 stick)  
1 egg yolk  
1 c. flaked coconut  
1 egg white, slightly beaten  
1/2 tsp. vanilla  
Preserves  
Sift the flour, measure, add the salt, sift again.  
light and fluffy. Add vanilla and egg yolk. Beat well. Gradually add flour mixture. Chill dough for easier handling.  
Make into 1-inch balls. Dip balls into slightly beaten egg whites. Lightly roll in coconut and arrange on baking sheets.  
Gently press the top of each ball with the finger to form an indentation. Bake at 300° 20 minutes or until done. Cool on wire racks. Fill centers with preserves.

**J & M Boot/Shoe Repair**  
307 W. Davis  
In the Farm Bureau Building, the West door. Right across the street, South of White House Lumber. Women's work, shoe dyeing. Everything from shoe shines to saddle repair, some tack supplies. Prompt Service.  
Open 8:00 - 5:30  
659-3113

**Happy New Year**

May the New Year Bring You the Best of Life and Happiness.

**DRILLING BAKER & TAYLOR COMPANY**

**HAPPY NEW YEAR**  
1983

We wish you a great holiday, much success and good health all through the year.

**Boxwell Bros.**

Flower Shop	Funeral Directors
519 Evans	519 Evans
659-2212	Spearman, Texas
	659-3802

# BUY, SELL, TRADE OR RENT THROUGH THE CLASSIFIED ADS

**Call  
659-3434**

**SERVICES**

**MONUMENTS**

**Save Agents and Undertakers Profits**  
If it is inconvenient for you to visit our large display, please phone collect (405) 327-0626 or write and we will call on you.  
**ALVA MONUMENT WORKS, INC.**  
Alva, OK 73717

New to area? Give us a try Call your local **USED COW DEALER** As soon as Possible  
659-3544  
659-3545  
1-800-692-4043  
175-rtm

**NOTICE**  
**Wallace Monument Co.**  
Monuments, Curbing, Grave Covers  
Local Representative  
**LEONARD JAMESON**  
Spearman, Texas  
355-RTN

**OSGOOD MONUMENT CO.**  
Amarillo, Texas  
Dealers of Rock of Ages Granite as well as all colored granites, marble and bronze memorials.  
**represented by**  
**BOXWELL BROS. FUNERAL HOME**  
**519 S. EVANS**  
**659-3802**

**CONCERT QUALITY** piano tuning and repair. Free estimates. Write Elson Clark, Box 1016, Dalhart, TX 79022 or call collect 806-249-2783.  
2-8tp-rtm

Hansford County Planned Parenthood  
412 Davis  
659-2483  
Spearman  
Mon.-Fri.  
8:30-12:30

Home Baked Goods!!! Baked to order by the Spearman High School Cheerleaders. We will bake anything! To place an order call 659-2807. We will appreciate your support.

**STEAM RINSE & VAC** / Rinse and Vac Shampooer for rent at Gordons Drug. \$10.95 up to 24 hours.

**SEARS BLOWN-IN ATTIC INSULATION.** Completely installed. For FREE Estimate at your convenience dial 659-2373. Sears, Roebuck and Co., 517 S. Hwy. 207. 45S-rtm

**FOR RENT**

**FOR RENT** furnished apt. on 608 Bernice St. Call 659-3384. 7-rtm

**LIVESTOCK**

Horse breaking and training. Jeff Chase 435-5246. 2s-12tc

**WANTED**

Am seeking employment for farm or ranch work. Call 659-5013. 7S-2tc

**REAL ESTATE**

House for sale: moving out-of-town. 3 bdrms., new carpet throughout, new kitchen. Easily assumed mortgage. 9-5177, 9-2591, 9-3823. 5-rtm

**MISC. FOR SALE**

**FOR SALE:** Registered Persian kitten. Phone: 806-733-2671. 7S-2tc

**FOR SALE:** Two cowhorses, also two weanling colts and one three year old Stud horse (son of angel's Jet Rail) Call: 733-2612, evenings. 7S-4tc

**FOR SALE:** Pies, desserts, breads and birthday cakes. New novelty pans available. Cabbage Patch, Rainbow Brité. Also "MR. T." pattern, for cakes. Plan special novelty cakes for Christmas-place orders early. Call Joy at 733-2517. 2s-nc

**QUEENSLAND BLUE HEELER** Puppies for sale. Call 659-3090. 5-rtm

**MOBILE HOMES FOR SALE**

**DEALER REPO!** 3 bedroom mobile home, 2 baths, wood siding, storm windows, garden tub, etc. Assume payments of \$270.62 with approved credit. Includes delivery and insurance. **WE TAKE TRADES- ANYTHING OF VALUE! QUALITY AFFORDABLE MOBILE HOMES HWY 60 WEST PAMPA, TEXAS 665-0714** 7S-9tc 11-5tc

**FOR SALE:** 1982 14X60 Liberty Mobile Home with 2 bedrooms, 1 bath with garden tub; and large front kitchen with full length bay windows. Skirting all around. Assumable loan/payments of \$237.87 monthly. Call 659-2201 5S-6tp

**FOR SALE:** 2 bedroom, 1982 14X60 Liberty Mobile Home. Call 659-2201. 5S-6tp

**AUTOMOBILES FOR SALE**

Gov't surplus Cars & Trucks under \$100. Now available in your area. Call 1-(619)-569-0241. 24 hrs. 11-3tc T-only

**PUBLIC NOTICE**

Guymon Elks Supper Club is open to the public. Our hours are Wednesday-Thursday 6-10 p.m. Friday-Saturday 6-10:30 p.m. We have a Prime rib special every Friday. 46s-rtm

The COWBOY SUB-CHAPTER of the F.C.A. meets the fourth Saturday of every month at 7:30 p.m. at the Home Demonstration Building, Spearman, Texas.

**WEIGHT WATCHERS** meets each Monday at 6:00 p.m. at the Home Demonstration Building, Spearman, Texas.

**CARD OF THANKS**

Our sincere appreciation to the Spearman Police Dept., the ambulance crew and Dr. Muthali for helping us in our emergency Sunday morning. God bless each of you for your service to our community.  
Mr. & Mrs. Larry Williams  
Mrs. Kenneth Williams

**LEGAL NOTICE**

**CONTRACTORS' NOTICE OF TEXAS HIGHWAY CONSTRUCTION**  
Sealed proposals for constructing 119.025 miles of Seal Coat on various limits in District 4 in Hansford, Ochiltree, Hemphill & Roberts Counties, on SH 207, SH 15, SH 33, SH 70, SH 136, FM 2124 & RM 2654, covered by CSR 308-1-7, CSR 355-4-27, CSR 355-5-27, CSR 417-1-24, CSR 490-3-15, CSR 490-4-29, CSR 791-1-10, CSR 1999-1-6 & CSR 2612-1-7, will be received at the State Department of Highways and Public Transportation, Austin, until 9:00 A.M., January 9, 1985, and then publicly opened and read.  
Plans and specifications including minimum wage rates as provided by Law are available for inspection at the office of Jerry L. Raines, Resident Engineer, Pampa, Texas, and at the State Department of Highways and Public Transportation, Austin, Texas. Bidding proposals are to be requested from the Construction Division, D.C. Greer State Highway Building, 11th and Brazos Streets, Austin, Texas 78701. Plans are available through commercial printers in Austin, Texas, at the expense of the bidder.  
Usual rights reserved. 7-3tc

Although pet owners were happy over this regulation, very few managers have complied with it. Owners, operators of such housing and even some residents (who did not have pets) objected, saying pets posed a sanitation problem and there would be noise. Finally, a compromise was reached in this bill which still prohibits discrimination against pet owners being denied pets but authorizes owners and managers of assisted housing to establish reasonable rules. If a pet owner feels they are being discriminated against because they have a pet, or want to enter subsidized housing and are refused they have a pet, the pet owner should urge the project manager to comply with the law. They can request that a hearing be held to review their situation before any final action is taken. One other thing to remember (if you are in subsidized housing), is that the Omnibus Budget Reconciliation Act of 1981 made a requirement that all tenants in assisted housing recertify their income annually for purposes of rent adjustment. However, regardless of increases in Social Security and other

**FOUND**

**FOUND:** Large Black Dog. Call 659-3273. 8-1tc

**A Baby Born To Die**

A young father in New York was told that his baby had lived only an hour or two. The grieving father said, "Doctor, I've just read that human eyes are needed for a corneal operation. Could my baby's eyes be used to enable someone to see again?" The next day the two eyes were sent to two different hospitals. One of the baby's eyes was used in a corneal graft to restore the sight of a working man who was the head of a large family and had been blinded in an industrial accident. With the second eye, a young mother received sight again who had been blinded by an explosion of a cooking stove.

Through the thoughtfulness of a father two different people were blessed and by the gift of an infant child of only an hour or two old, unknowingly.

Nearly 2,000 years ago, far away in Palestine, a baby was born that He might die. The whole human race who had been blinded by sin, groped in darkness. This Babe died to give us sight—to redeem us and give us joy and peace inwardly this Christmas.

**Priority II Real Estate 806/659-3440**

205 Lonita-attractive 3 bedroom, 1 bath, garage, fenced yard. Carpeted. Nice starter home. Reasonable. Appointment only.

Priced to sell, 603 S. Evans, 2 bedroom, stucco, corner lot, storm windows. Fenced. 1 bath, approx. 1000 sq. ft. Utility room. Assumable loan.

411 S. Bernice, 3 bedroom, 1 bath, carpeted, fire place, ceiling fans, new steel siding, fenced yard, storm windows and doors, dishwasher, central heat and air. Storage building. Assumable loan.

1017 Wilmetth Dr., Spacious 4 bedroom, 2 story home with basement and fireplace. Two baths, fenced yard and 2 large storage buildings.

715 W. 7th, Commercial building, lots of retail and storage facilities. Approx. 7500 sq. ft.

We want your listings  
Leo K. Meyer Bob Hardy  
Broker Sales

**Senior Update BY VIVIANNE BODEAU**

Everyone knows that a pet for someone who lives alone or for any elderly couple or person is important. For some, that pet is the only family they have and from it they receive love, companionship and the feeling of being needed. Caring for a pet also makes people get out of bed, encourages them to walk when they don't want to and keeps them interested in life.

Subsidized housing for low income persons has never allowed residents to have pets, no matter how small or well behaved. We have known of people, who, when forced to give up their pets, have slowly declined and died. Losing their pets made them lose touch with living.

Nearly a year ago the federal government instructed managers of subsidized housing that as long as they were receiving federal funds, to allow pets to be kept by tenants. Studies have shown that pet ownership and care could contribute positively to the elderly tenants' mental and physical health.

Although pet owners were happy over this regulation, very few managers have complied with it. Owners, operators of such housing and even some residents (who did not have pets) objected, saying pets posed a sanitation problem and there would be noise. Finally, a compromise was reached in this bill which still prohibits discrimination against pet owners being denied pets but authorizes owners and managers of assisted housing to establish reasonable rules.

If a pet owner feels they are being discriminated against because they have a pet, or want to enter subsidized housing and are refused they have a pet, the pet owner should urge the project manager to comply with the law. They can request that a hearing be held to review their situation before any final action is taken.

One other thing to remember (if you are in subsidized housing), is that the Omnibus Budget Reconciliation Act of 1981 made a requirement that all tenants in assisted housing recertify their income annually for purposes of rent adjustment. However, regardless of increases in Social Security and other

**VIRGINIA WHITE**  
**REALTOR**  
Your Business is A Priority

3 bedrooms, 1 1/2 baths, beautiful large living area with cathedral ceiling and fireplace. Big dining area, new carpet. Over 1800 sq. ft.

Large home with 4 bedrooms, 2 baths, big walk in closets. Near schools.

Beautiful clean home with 3 bedrooms, 1 1/4 baths, fireplace. Two living areas, excellent location.

Storage Building for sale on Hoskins St., 1200 sq. ft.

Residential lot for sale on Dressen St. in block next to grade school.

Offered by **EMMETT R. SANDERS REALTY**

\*\*\*  
Three bedroom house with attached garage; good location, price reduced.  
\*\*\*  
Nearly new 3 bedroom, 2 bath brick home; has central heat and air, carpets, mini-blinds, dishwasher, near high school. Loan assumption possible. Shown by appointment only.  
\*\*\*  
Elegant 3 bedroom, 3 bath home, formal living and dining rooms, detached double garage with apartment, patio, sprinkler system, established landscaping.  
\*\*\*  
75 ft. by 225 ft. lot on paved county road in Crawford Add.  
\*\*\*  
Three bedroom home with large living room, extra storage room, fenced back yard. Curtains, drapes, kitchen range and air conditioner included.  
\*\*\*  
**EMMETT R. SANDERS REALTOR**  
659-2516 nights 659-2601 32-rtm-T only

income, a ten percent cap insures you cannot have more than a ten percent increase in rent in any one year. This particularly applies to those who were changed, involuntarily, from rent supplement to Section 8 classification. It is important to keep as knowledgeable as you can on all regulations applying to your situation.  
© 1984 Suburban Features

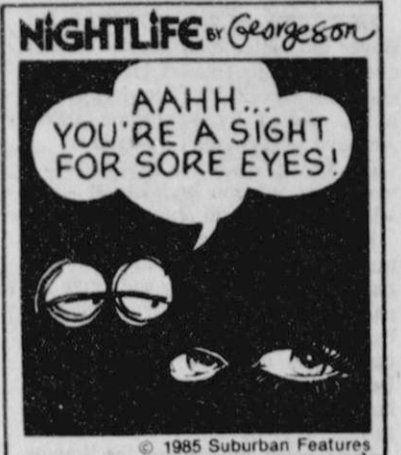
**Pretty Pine Cone Flares**

Pine cones soaked in a number of different solutions will be a delight as they burn brightly in the fireplace. For a:

Yellow Flame - 1/2 pound of common table salt to 1/2 gallon of water;

Bright Green Flame - 1 quart of water to 1/4 pound of borax;  
Red Flame - Strontium nitrate;  
Purple Flame - Lithium chloride;  
Blue Flame - Copper sulphate.

Soak the cones for three or four days. Let dry. Box for welcome gifts.



When things go to pieces, a pessimist calls the junk man. An optimist picks 'em up and holds a garage sale.

Tell it like it is, and they'll never hire you to write a soap opera.

**Century 21** **Daryl Wynn, Broker 658-4258**  
**Allen Alford 659-3034** **Larry Trosper 659-3491**

**We'll give our word to you**  
**GOLDEN SPREAD REALTY**  
*Corporate Registered Trademark of Century 21 Real Estate Corporation. Printed U.S.A. Each office is independently owned and operated.*  
**Equal Housing Opportunity.**

**WE WANT YOUR LISTINGS!!! CALL TODAY!!!!**

**BOND FINANCING NOW AVAILABLE FOR 1st. TIME HOME BUYERS 11.6%.**



**1010 LINN DRIVE - A HOME THAT IS A DREAM.** It is a home you can move into and not have to do a thing but enjoy it. Three bedroom, large family room with a fireplace. The kitchen is very functional with a built-in oven, range, microwave, refrigerator, and beautiful ash cabinets. The service area has many cabinets with a sink, washer and dryer. There is a panel ray heater to back up to when a person comes in chilled and also a gas outlet that can be used when the electricity goes off. For your outdoor enjoyment, there is a 10' x 30' covered patio. The yard has an excellent sort of buffalo grass that doesn't require much water or mowing. All drapes, curtains, and blinds remain.  
Let us show you this beautiful home today. Shown by appointment only to qualified buyers.

**NICE STARTER HOME-22 Brandt**-two bedrooms, kitchen, dining room, living room, one bath. Seller will leave refrigerator, stove. It has a detached garage. This is a real buy. Call day for an appointment to see house.

**COUNTRY LOVERS**-Lovely 3 bedroom home with a double detached garage. Large den with fireplace, central heat and air, storm windows and double doors at entry way. Two full baths with large walk in closets. Large kitchen with dish washer, double oven, intercom system and cook top stove. This lovely home is about four miles south on highway 207. Approximately 11 acres and many trees of all kinds. Shown by appointment to qualified buyers only. This is a real buy.

**1010 Haney**-Three bedroom home, single garage. This home has just been redecorated in the past year. New six foot fence and landscaping is excellent. Has a fireplace to enjoy on these snowy days that will be coming our way. Has central heat and air. Insulated well. Let us show you this home today. Shown by appointment only. Qualifies for bond money.

**S. Barkley**- 3 bedroom with 1 1/4 baths. Central heat and air. Has a six foot fence with large storage building. Call us for an appointment today.

**201 West 12th**-Three bedroom, living and dining area. Has fireplace, central heat and air. Call for an appt. today. This home will qualify for bond money.

**603 Roland - FIRST HOME FEVER?** Here's the remedy! This 2 bedroom, 1 bath, kitchen, dining room, and living room is ready to move into. Double detached garage, all brick. It is affordable.

**NEW LISTING**-Priced to sell. 720 S. Barkley, 6 bedrooms, central heat and air. 1700 sq. ft. Underground sprinkler system, storage shed, large garage.

**412 SOUTH ROLAND**- All brick-3 bedroom. Central air and heat, 50 x 140 lot with 6' fence, single car garage. Assumable loan. Shown by appointment only. Owner anxious to sell.

**610 S. Haney**- 3 bedrooms and 1 1/2 baths. Central heat and air it has been remodeled. It has thermo windows and is insulated well. Call us today for an appointment to see this beautiful home.

**SKIP TO SCHOOL-901 TOWNSEND**- From this 3 bedroom, 1 bath, single garage home, it would be close for your child to skip to school. It has a large fenced in yard with a storage building. It is priced to sell, for owner has moved and is ready to sell. Call today.

**1106 S. Haney**- 3 bedroom, kitchen, living room. Has one bath, central heat and single car garage. It is a well kept home. Call today for an appt. This home will qualify for bond money.

## Joan Crosby's TV PARADE

**MEET THE NEW DOCTOR** — Dr. Boyer is a bitter man and he doesn't even have a first name. He is a new character on CBS-TV's AfterMASH and he is played by handsome David Ackroyd who couldn't be happier.

Dr. Boyer is also a womanizer, a wonderful surgeon and an amputee, with one leg cut off above the knee. David Ackroyd is none of the above, but he is a fine actor who loves the role and says "my fear is they will soften the character. He's a man with a mysterious background. In one scene, in mid-operation, he said he was from Detroit and started spilling his guts, but then he shut up and decided to keep mysterious."

Some years ago, around the time he got the male lead in the thriller with Bette Davis, The Dark Secret of Harvest Home, a two-parter for television, there was a billboard for a cigarette and everyone thought it was David.

"Even my children thought it was me," he says, Dr. Boyer-like, "but it wasn't."

Well, the man on the poster was handsome and so is David whose memories of Harvest Home go like this:

"We had just moved here from the East, my wife and two daughters. As the furniture was arriving, the script arrived. My agent told me to go and meet the producer and I did but I didn't audition. The character was streetwise, the kind played by Jimmy Farentino or Tony Franciosa. I told my agent I could play it but I wasn't right for it. Then they made a good money offer and we said 'Let's do it.'"

"And of course, it was to be filmed in Ohio and Connecticut, where we had lived. So as my wife and children arrived in California, I was in the East. I was supposed to be gone four and half weeks and it stretched into nine weeks."

He appeared in a play for the Yale Repertory Theatre which went to Broadway for a short run. That attracted enough attention to him for him to be cast as Kevin Kincaid in Secret Storm, a role he played for two years. After flying to Los Angeles for a role in Kojak, he went back to New York to play Dr. David Gilchrist on Another World. That role lasted for two and a half years. It was in 1977 that he decided to move to California permanently.

And for trivia fans, store this away. He was the original Gary Ewing on Dallas.

Gary was the third brother and just supposed to be in one episode, but they were planning Knots' Landing around

him. I heard it was in the works but didn't think it would sell. And I had other irons in the fire, so I decided not to continue. I don't regret my decision."

Neither does he regret appearing in four episodes of Dynasty. "I wasn't too anxious to do it but the money offer was good. I told my agent to ask for more and they agreed. I wound up with seven scenes in four episodes with not one scene longer than two pages. I have no idea why they paid me all that money to do a nothing role."

### Fruit Cake Symbols

The traditional fruit cake is first said to have been baked by the Romans. Along with the other spices, it is said almonds were used to make their cake symbolize the pain and pleasures of life.



Rebecca Wright and her son, David, 8, of suburban Detroit prepare to mount the motorcycle she bought with the \$2 million prize she won earlier this year in an American Family Publishers sweepstakes. Next year's first prize is \$10 million.

## Our Heritage of Faith

God's love for the human race, evidenced by his costly plan for its salvation through the death of his Son, Jesus Christ, made provision for us to come to him in spite of our sinful condition. That provision includes baptism. When applied to any human being who does not reject or despise it, baptism establishes a new relationship with God. Through Christian baptism, we have our sin forgiven, become heirs of eternal life, and can remain his children forever. Amazing grace! NEXT TOPIC: The power of baptism.

Bill Schardin, Pastor  
Faith Lutheran Church  
Spearman, Texas



### Happy New Year For The Birds

1. Stir some bird seed into melted suet.
2. Punch a hole in the bottom of a paper cup. Thread a piece of string about 2 feet long through the cup's hole, making a big knot on the outside of the bottom.
3. Hold the string up like a candle's wick. Pour the suet into the cup. Refrigerate to set.
4. After the mixture sets, peel the sides off the paper cup, leaving the bottom of the cup on.
5. Insert a twig in the side of the suet for the birds to sit on.
6. Hang the string to a limb. Listen to the birds thank you all year long.

# Bob Pearson is president

The Spearman Chamber of Commerce Board of Directors elected officers at the December 13, meeting. The 1985 Officers will be **BOB PEARSON**, President; **MIKE CUDD**, First Vice President; **BILL PITTMAN**,

Second Vice President, **RITA CURTIS**, Secretary-Treasurer. The new directors that will serve a 3 year term are: Nancy Graves, Marilyn Cline, and Ed Garner.

Installation of officers and directors will be Monday, January 7, 1985 in the First State Bank Hospitality Room.

The outgoing directors and officers will be recognized for the excellent work they have done as leaders in their community. They are **ROBERT ELLIOTT**, President; **BOB PEARSON**, 1st Vice President; **MIKE CUDD**, 2nd Vice President; **RITA CURTIS**, Secretary-Treasurer; and the outgoing directors who have served a three year term are **Frances Loftin**, **Elbre Hickerson**, **Mike Schnell** and **Robert Queener**. The hold over directors are **Robert Elliott**, Immediate Past President; **Martha Boyd**, **Brian McRee**; **Jeff Beedy** and **Bob Boxwell**.

### CALL FOR BIDS

THE BOARD OF DIRECTORS OF THE HANSFORD COUNTY APPRAISAL DISTRICT WILL RECEIVE BIDS ON A TELEPHONE SYSTEM FOR THE DISTRICT.

BID SPECIFICATIONS ARE AVAILABLE AT THE APPRAISAL DISTRICT OFFICE LOCATED AT 13 WEST KENNETH AVENUE, SPEARMAN, TEXAS.

DEADLINE FOR SUBMITTING BIDS IS TUESDAY, JANUARY 8, 1985, at 5:00 P.M. BIDS WILL BE OPENED AND READ ALOUD ON JANUARY 9, 1985, at 9:00 A.M.

THE BOARD RESERVES THE RIGHT TO ACCEPT OR REJECT ANY OR ALL BIDS AND TO WAIVE ALL TECHNICALITIES.

BOARD OF DIRECTORS  
HANSFORD COUNTY APPRAISAL DIST.

# HAPPY NEW YEAR

Your gracious patronage has been much appreciated.

# EQUITY

## HAPPY NEW YEAR!

OPEN NEW YEAR'S DAY  
PRICES EFFECTIVE  
DECEMBER 27-29, 1984

SHOP ALLSUP'S FOR YOUR HOLIDAY NEEDS  
ICE • MILK • BREAD • SOFT DRINKS • CHIPS & DIPS • SELF-SERVE BARS • COOKED FOODS • BROWN & SERVE ROLLS • DESSERTS

<p>REGULAR OR ASSORTED FLAVORS <b>POTATO CHIPS</b> REG. \$1.39 SIZE BAG</p>	<p><b>\$1.19</b></p>
<p><b>7-UP REGULAR OR DIET</b></p>	<p><b>\$1.29</b></p>
<p><b>2 LITER PLASTIC BOTTLE</b></p>	
<p><b>FRESH COOKED CHICKEN FILLET SANDWICH</b></p>	<p><b>99¢</b></p>
<p><b>BAR-B-QUE WHOLE CHICKEN</b></p>	<p><b>\$2.29</b></p>
<p>SPARKLING CLEAN <b>ALLSUP'S ICE</b> LARGE BAG</p>	<p><b>\$1.09</b></p>
<p>BORDEN'S ASSORTED FLAVORS <b>DIPS &amp; SOUR CREAM</b></p>	<p><b>59¢</b></p>
<p>Home for the Holidays BORDEN'S <b>EGG NOG</b> QT.</p>	<p><b>\$1.39</b></p>
<p>ALLSUP'S ASST. FLAVORS <b>ICE CREAM</b> VANILLA 1/2 GAL. CTN.</p>	<p><b>\$1.69</b></p>



**SOME RECIPES TO LOSE BY**

After all the resolutions and promises are made, there is nothing left but to do it. Eating changes are at the top of the list after the holidays have added a few extra pounds. While the weather is still crisp and cool, homemade soups and salads can warm you up while still offering a light supper alternative. Some practical recipes can be helpful to begin a better weigh.

**Lentil Mushroom Soup**  
 3 cups cooked lentils  
 6 cups cooking liquid from lentils  
 4 cups sliced mushrooms  
 4 bouillon cubes  
 1 teaspoon Italian herbs  
 1 cup thinly sliced carrots  
 1 cup evaporated skim milk  
 4 tablespoons flour

Combine all ingredients except milk and flour in a pot. Bring to a boil, then reduce to a simmer. Cover and cook for 1 hour. Stir occasionally. Combine milk and flour. Stir into soup and cook til thick. Makes 4 servings.

**A Warm Pot of Chili**  
 1/2 pound ground turkey or veal  
 1 cup chopped onion  
 1/2 green pepper, chopped  
 2 cups, cooked kidney beans  
 1 cup sliced yellow squash  
 2 tablespoons chili powder  
 1/2 teaspoon cumin

5 cups canned tomatoes, crushed  
 Brown turkey. Add onion, green pepper and beans. Cook over moderate heat until onions are soft. Stir in remaining ingredients. Cover and cook for 35 minutes, stirring occasionally. Makes 4 servings.

Beans may be purchased in a can and rinsed with hot water, or can be

obtained dry. Prepare dried beans one day in advance according to package instructions.

**Cauliflower Soup**  
 4 cups frozen cauliflower  
 4 cups water  
 4 bouillon cubes  
 2 tablespoons dehydrated onion flakes  
 1/4 cup grated cheese

Combine all ingredients in a saucepan, except cheese. Boil, then reduce to a simmer. Cook 10 minutes. Puree mixture in a blender and return it to the saucepan. Heat thoroughly. Makes 4 servings which should be garnished with 1 tablespoon of cheese just before serving.

As you begin a lifestyle of health-filled nutrition, take a look at your suppers. Many of us eat far too late in the evening. You can still enjoy the evening gathering but, for the health of your whole family, make it lighter.  
 © 1985 Suburban Features

**Family Physician**

BY DR. JAMES G. PRICE

**Q. I have a golfball sized lump under the skin of my back. It's soft and doesn't hurt, but shows when I wear a Tee shirt. My doctor says it's probably a lipoma and suggests that it be removed. What is a lipoma and is it dangerous?**

A. A lipoma is a collection of fat cells that for some reason overgrow and cause the type of lump you describe. Your doctor can tentatively identify it by its feel and by the way the skin over it assumes an "orange peel" appearance when it's lifted away from the tumor. Almost all lipomas are benign and may stay the same size for years and then for no reason, get larger. They rarely cause

pain and the most common reason for removal is to improve appearance.

Although these fatty tumors have a characteristic appearance and feel, examination of the tissue under a microscope is required to establish a definite diagnosis.

Removal of a lipoma is usually an office procedure done under local anesthesia. Since the overgrown fatty tissue tends to be somewhat encapsulated, it usually separates itself from the surrounding tissues with little difficulty. Failure to get all of the lipoma out may result in recurrence.

Lipoma are only rarely malignant, so you have little reason to worry about this.

**Q. I have a marble sized lump under the skin on my back and it's been there for several years. Recently it got red and sore and the doctor had to lance it. He called it an "inclusion cyst", and said that I'd probably have to have something more done to it. Is this common, and what more might need to be done?**

A. Inclusion cysts are often also called sebaceous cysts or "wens". They occur when an oil gland in the skin doesn't have a connecting channel (pore) to the skin surface. The gland continues to produce sebum, a substance composed of fatty material and dead cells, but since it can't escape to the skin surface, it collects and causes the lump you've had. Occasionally a sebaceous cyst becomes infected, and the contents of it become liquefied pus which may drain spontaneously or be lanced as yours was. Simple drainage usually doesn't solve the problem since the wall of the cyst remains in the skin and over a period of time, it will fill up again.

Removal of a sebaceous cyst is an office procedure, and to effect a permanent cure, the sack wall must be entirely removed. This is relatively simple if the cyst has never been in-

fect or lanced, since there will be no scar tissue fastening the sack to the deeper tissues.

In a sense, a sebaceous cyst is like a king-sized whitehead which won't empty with squeezing. They are ordinarily more unsightly than dangerous and have little tendency to become malignant.  
 © 1985 Suburban Features

**Snippets**

The 4-minute mile record was broken in 1954 by Roger Bannister.

The largest commercial bank in America is the Bank of America, San Francisco.

Columbus sailed to the New World four times. In 1492, 1493, 1498 and 1502.

**NEW YEAR'S TICKETS ON SALE**

The Spearman Moose Lodge is having their New Year's Eve Dance, Dec. 31st, 1984, from 8:00-12:00 P.M. The Country Kickers will be the band. The tickets sold will be limited because of seating so be sure to get yours before the last minute, as they may be all gone.

The proceeds will go toward the annual Easter Egg Hunt in April.

SMITH-DID YOU GATHER THE FIREWOOD ?...

YES, SIR!

PERKINS-DID YOU SCOUT FOR BEARS ?...

YES, SIR!

O'CONNELL-DID YOU PITCH THE TENTS ?

YES, SIR!

SIMMONS-DID YOU MEASURE DIOXIN LEVELS ?... SIMMONS ?... SIMMONS ?...



MARGULIES © 1984 SUBURBAN FEATURES

*Seasons Greetings To All Our Friends And Patrons  
 A Sincere Thank You For Your Support!*

**First National Bank**  
 Perryton, Texas  
 806/435-3676  
 Member FDIC

Lean Tender ... Fresh Picnic

# Pork Roast



LB. **79¢**

Party Favorite  
for your holiday hors d'oeuvres  
**Cocktail Shrimp**

LB. **3<sup>79</sup>**

NEW YEAR'S  
**PARTY FOODS**

DELICIOUS ... TASTY ... CHUNK  
**Braunschweiger... LB. 79¢**

Party Favorite  
**Crab Meat**

LB. **6<sup>59</sup>**

1-LB. PKG. 1<sup>69</sup>  
RODEO ASST'D - SLICED  
**Lunch Meats..... 1<sup>29</sup>**

**Kraft Cheddar Longhorn Cheese**  
LB. **2<sup>59</sup>**

BONE IN HAMS  
**SHANK 98¢ lb.**  
**RUMP 1<sup>09</sup> lb.**

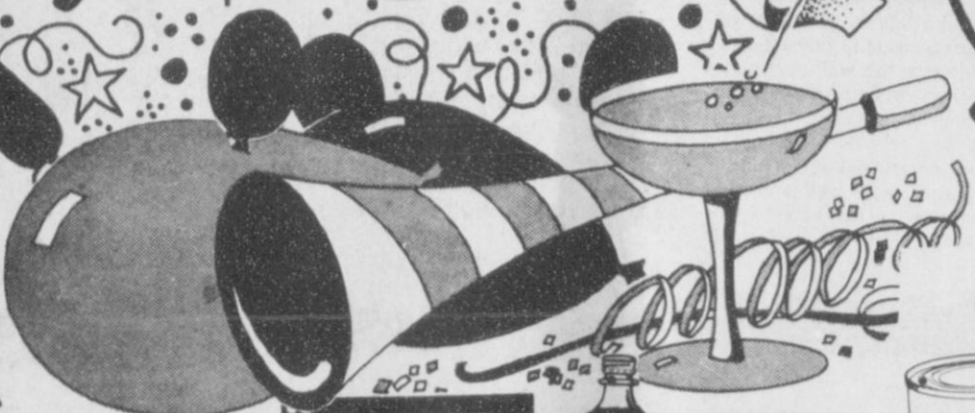
RODEO'S ALL MEAT  
**Skinless Wieners**  
12 OZ. PKG. **98¢**

GOLDEN CHEF SELF BASTING  
**Young Turkeys**  
LB. **79¢**

RANCH & RAIL  
**Bacon**  
1 LB. PKG. **1<sup>69</sup>**

2-LB. PKG. 3<sup>35</sup>

# YEAR



## Double MANUFACTURERS Coupons 7-DAYS A WEEK



In Oil or Water  
**Starkist  
Chunk Light  
Tuna**  
**76¢**  
6 1/2 OZ. CAN

All Flavors  
**Ruffles  
Potato  
Chips**  
**1<sup>09</sup>**  
\$1.39  
SIZE 7 1/2 OZ. BAG

Regular or With Iron  
**Ready to Feed  
Similac**  
**1<sup>71</sup>**  
32 OZ. CAN

GRIFFIN'S  
**Blackeye Peas**  
WITH BACON  
15 OZ. CAN **39¢**

REGULAR, YELLOW MUFFIN  
SHAWNEE  
**Corn Bread Mixes**  
6 OZ. PKGS. **4<sup>93</sup>**

ALL FLAVORS  
**Hawaiian Punch**  
44 OZ. JAR **79¢**

NABISCO  
**Ritz Crackers**  
12 OZ. BOX **1<sup>39</sup>**

HAVE A SAFE & HAPPY NEW YEAR

HUNT'S  
**Tomato Juice**  
46 OZ. CAN **89¢**

ALL VARIETIES  
**Master of Mixes  
Mixers**  
3 25 OZ. RTIS. **\$5**

Humptyideal Drug's "Men & Women in Blue" were thinking of you when they installed the Pharm-Data Computerized Prescription Program. We will make your trialing us easier by:  
1. Instant lookup of all prescription numbers. 4. Allergy and drug interactions identified  
2. Tax information 5. Reduce your waiting time.  
3. Insurance information 6. Increase our time to serve you better through product counseling.  
Shop Humptyideal Drug -- you'll be glad you did!

### HEALTH AND BEAUTY AIDS SPECIALS

Extra Strength  
**Tylenol Caps**  
100 CT. BTL. **4<sup>69</sup>**

**Edge Gel Shave Cream**  
7-OZ. CAN **1<sup>49</sup>**

**Jergens Lotion**  
WITH 5-OZS. FREE  
15 OZ. BTL. **2<sup>19</sup>**

ENHANCE NORMAL ... DRY  
**Shampoo, and Conditioner**  
2 PK. **1<sup>59</sup>**

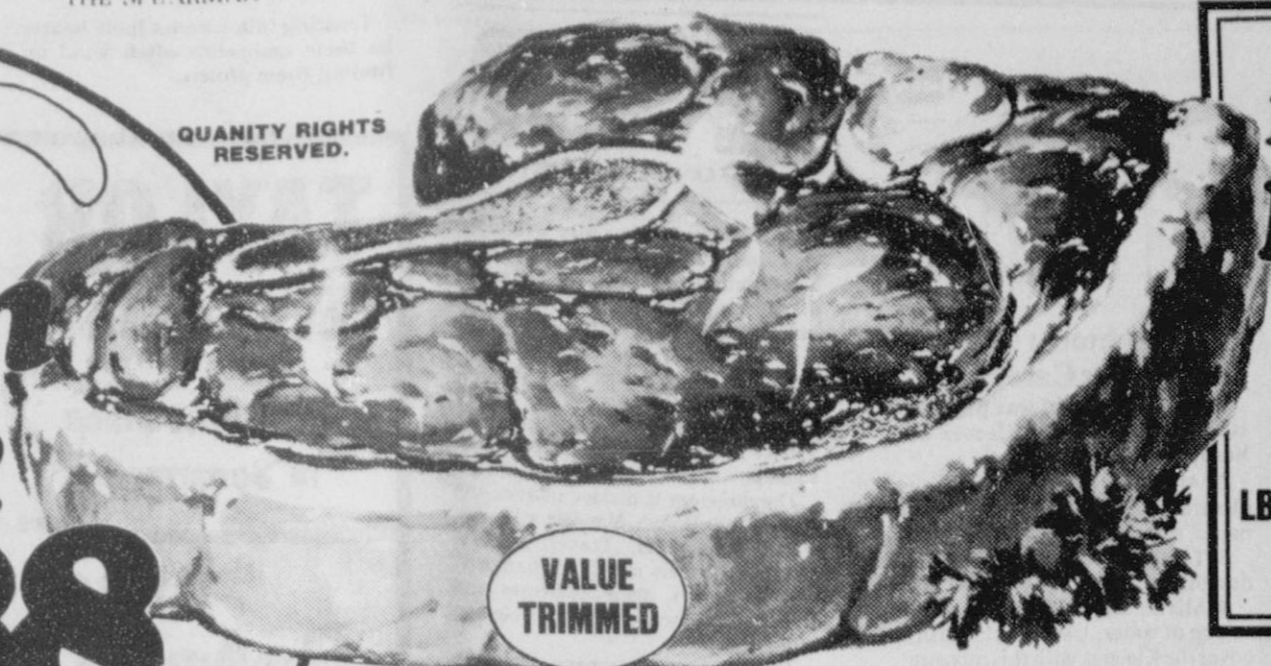
GILLETTE REG. OR PIVOT  
**Good News Razor**  
PKG. OF 5 **1<sup>19</sup>**

**ultra brite**  
25° OFF ... ULTRA BRITE ...  
**Tooth-paste..... 4.5 OZ. TUBE 99¢**

**Stayfree Silhouettes**  
10 CT. PKG. **1<sup>29</sup>**

ANTIPERSPIRANT ... UNSCENTED, SPICE OR FRESH  
**Mennen Speed Stick**  
2 25 OZ. STICK **1<sup>69</sup>**

VALUE TRIMMED  
**Sirloin  
Steak**



QUANTITY RIGHTS  
RESERVED.

VALUE  
TRIMMED

BUCKBOARD  
**Boneless  
Hams**

LB. **1 59**  
HALVES ONLY

Patio  
Charcoal  
10 -LB.  
BAG  
**1 99**

LB. **1 88**

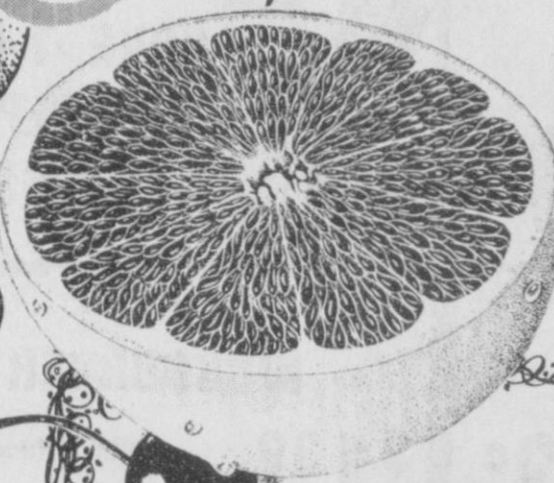
GOLDEN COUNTRY FRESH  
**Drumsticks  
and Thighs**  
LB. **69¢**

HORMEL SAUSAGE LINKS  
**Little  
Sizzlers**  
12 OZ. PKG. **1 29**

BY THE CHUNK  
**Smoked  
Jowls**  
(SLICED  
1.5 LB. 70%)  
LB. **69¢**

**Humpty  
& Ideal**  
Supermarkets

**HAPPY NEW**



Florida  
**Ruby Red  
Grapefruit**

**5 \$1**  
FOR

Regular  
**Refreshing  
Coca Cola**

**2 88¢**  
LTR. BTL.

All Grinds  
**Master Blend  
Coffee**

**1 99**  
13 OZ. CAN

**Avocados**

RICH IN MINERALS

**5 \$1**  
FOR

GARDEN FRESH  
**Red  
Radishes**  
5 BUNCHES FOR **\$1**

VERY MILD CRISP  
**Green  
Onions**  
5 BUNCHES FOR **\$1**

U.S. NO. 1 RUSSET  
**Baking  
Potatoes**  
5 LB. BAG **\$1**

**Bell Peppers**

FOR STUFFING

**5 \$1**  
FOR

CAMPBELL'S  
**Tomato Soup**  
**3 85¢**  
10.7 OZ. CANS



OLD EL PASO  
**Taco  
Shells**  
**1 59**  
18 COUNT PACKAGE

OLD EL PASO  
**Thick and Chunky  
SALSA**  
**1 75**  
15.2 OZ. JAR

OLD EL PASO  
**CHOP  
Green  
Chilies**  
**95¢**  
7-OZ. CAN

**FROZEN FOODS**

**Orange  
Juice**..... MINUTE MAID 6 OZ. CAN **53¢**

BANQUET ... **Fried Chicken**..... 2-LB. BOX **2 99**

ALL VARIETIES ... STILLWELL **Fruit Cobblers**..... 32-OZ. PKG. **1 89**

ALL VARIETIES **Jeno's Pizzas**..... 10-OZ. PKG. **86¢**

**DAIRY FOODS**

**Longhorn  
Cheese**..... KRAFT CHEDDAR OR COLBY 1/2 MOON 10 OZ. PKG. **1 59**

MEADOWDALE **Margarine**..... 2 1-LB. QTRS. **89¢**

STEFFEN'S **Egg Nog**..... 1 QT. **1 09**

STEFFEN'S **Assorted Dips**..... 2 8-OZ. CTN. **1 00**

**Manager's Special**

HEAVEN TEMPLE  
**Green Beans** 4 for **\$1 00**

**CREST  
ANTIFREEZE** GAL. **\$3 09**



**Glittering Snowflakes**

To make beautiful, glittering decorations for your New Year's Party:

1. Cut circles out of stiff, dark-colored paper.
2. Fold a square of paper and cut out a snowflake pattern.
3. Place the snowflake pattern on your circle. Draw around the snowflake.
4. Spread glue on the snowflake pattern you've drawn on the paper. Sprinkle with glitter. Hang your snowflakes or tape them to the windows!

**Susu-Harai & Waka-Mizu At New Years**

In Japan a Susu-harai year-end house cleaning takes place. According to the Japanese custom the house is cleaned very thoroughly so that no dust from the old year will be carried over into the new year. Each member of the family is provided with new clothes to welcome the new year, if possible.

Gifts are exchanged on New Year's Day. Every temple gong in Japan booms 108 times at the stroke of midnight. According to the Chinese calendar the year is divided into 12 months, 24 atmospheres and 72 climates. When these are added together it makes a total of 108. It is thought that this custom wipes out the old year's evil and rings in the good of the New Year.

Even though a Japanese has running water indoors, if he has a well, he draws from it the first water of the year, called waka-mizu or young water.

We hope your

**NEW YEAR**

is rewarding.



**Parchment New Year Cards**

1. Place a piece of wax paper that is the size of a single Kleenex on a hard surface.
2. Arrange a cut paper design or a picture on the right half of the wax paper, right side up.
3. Lay a single Kleenex on top the design.
4. Mix 1/2 cup of Elmer's Glue with 1/4 cup of water. Use a paint brush to cover the Kleenex with this mixture.
5. Sprinkle glitter over the glue then let it dry.
6. The next day: Place newspapers over and under the papers and press with a warm iron.
7. Fold the card in half and paste plain paper inside for your message.

**The New Year In Ancient Times**

Many years ago even the earliest of the ancient nations celebrated New Year. The dates of the new year began at different times for the different countries, but no matter what month the new year started, it was marked with elaborate ceremonies.

For the Egyptians the new year started about the middle of June at which time the Nile usually overflowed its banks.

The first day of the new year for the ancient Romans honored Janus, the god of gates and doors and of beginnings and endings. This god had two faces, one looking forward and one looking backward. January was named after this god. The Romans gave presents to each other on New Year's Day and many wished the emperor good fortune by bringing him gifts.

There's one good thing to say for TV, says our neighbor. He doesn't have to listen to his wife read it to him, as she does the newspaper.

Pioneering, '80s style: Being forced to add lemon, because you bought the iced tea mix without it.

**Camping Family Style**



BY ANGELA AND FORD BOTHWELL

Q. Is there a directory available that would tell me where I could rent a recreation vehicle in various parts of the country? Also, can you get one-way rentals of RV's?

A. The Recreation Vehicle Rental Association has just released an updated version of its directory, "Who's Who in RV Rentals," containing 287 listings by 116 RV rental dealerships in the U.S. and Canada.

The directory is divided into six sections: Motor Homes, Mini-Motor Homes, Van Conversions, Travel Trailers, Camping Trailers and Truck Campers. Rental dealers, their addresses and phone numbers are listed by state and city.

The listings tell how many people the RV sleeps, the length of the unit, rental rates, minimum number of days rental and the required deposit to reserve the unit. The directory also lists additional services offered by each dealer, such as one-way rentals, airport pickup and livability packages of linens and utensils. "Who's Who in RV Rentals" is available for \$3.50 from the Recreation Vehicle Rental Association, Suite 500, 3251 Old Lee Highway, Fairfax, VA 22030.

A less-comprehensive RV rental catalog is available free by sending a business-size, self-addressed, stamped envelope to Recreation Vehicle Industry Association, Box 204, Chantilly, VA 22021.

American Land Cruisers, a Miami-based firm that offers motor home and van rentals, claims it owns the country's largest fleet of Winnebagos. It operates six RV rental locations in Los Angeles and San Francisco, CA; Tampa, Orlando and Miami, FL, and Nutley, NJ, the latter serving the New York metropolitan area, including all three major airports. One-way RV rentals are available between all six locations. For information, call toll-free 1-800-327-7778.

Another firm, Motor Camping of North America, offers motor home rentals in the U.S. and has recently expanded internationally, providing the same service in Europe, South Africa, Australia and New Zealand. For information, call 1-800-426-2267 (in Washington State, call 206-575-0753 collect; and in Canada, call 604-273-0867 collect.)

And you can always find RV rentals by looking in the yellow pages of the phone book under the listing "Recreational Vehicles - Renting or Leasing."

Trusting folk who let their hearts be their umbrellas often wind up finding them stolen.

Uncle Sam can raise the national debt — and then borrow. On us, they foreclose.

If you can't say anything good about someone, try at least to be original in making snide remarks about the party.

<p><b>TAYLOR</b> 501 West Kenneth Friendliest place in Spearman Prices effective Wednesday thru Wednesday</p>		<p><b>PETROLEUM</b> Spearman, Texas Fast, Friendly Courteous Service</p>	
<p><b>Wise Potato Chips</b> Old Fashioned Home Fries Reg. 35¢ <b>10/\$1.00</b></p>		<p><b>Conoco AntiFreeze</b> <b>\$3.25</b> a gal. Reg. \$3.59 a gal.</p>	
<p><b>TIDE</b> <b>\$3.99</b> 48 oz.</p>		<p><b>Chili and Cheese Dogs</b> <b>2 FOR \$1.00</b></p>	
<p><b>MEAD'S FINE BREAD</b> 1 1/2 lb. loaf <b>69¢</b></p>		<p><b>DELICIOUS COKE, 7-UP, or Dr. PEPPER</b> <b>\$1.69</b> 6 PACK</p>	
<p><b>Hi &amp; Dri Paper Towels</b> Reg. 89¢ <b>63¢</b></p>		<p><b>Delicious NICKBURGER</b> on a bun <b>\$1.39</b> with lettuce, tomato and pickle.</p>	
<p>Anything goes. Any item in this store can now be purchased on your Diamond Shamrock Credit Card up to \$25.00 per sale on items in addition to your fuel and oil purchases. There's no better time to extend our best wishes to all.</p>		<p>We also now have fresh rolls and donuts. Delicious fresh sandwiches made to order. Ice provided at no charge for Churches, Civic Organizations, and Charity Benefits.</p>	

**The First State Bank**  
wishes you a  
**very Happy New Year**

we will close  
**TUESDAY,**  
**January 1st,**  
**1985**  
**A NEW START.**

**HAPPY NEW YEAR**  
Peace and Happiness Be Yours Through The Year.

**Closed all day Tuesday Jan. 1st.**

1 NE Court 659-5565 Spearman, Texas **FDIC**

*Merry Christmas to All*

With the holiday season upon us, it is most important to remember the best gift of all to give ourselves, our families, our country, and future generations — Energy Conservation.

Conservation of energy is very important to ensure our well-being, as well as that of our nation and those who guide it several years from now.

**North Plains Electric Cooperative, Inc.**  
Operating in ...  
Ochiltree Lipscomb Wheeler Hutchinson  
Roberts Hemphill Hansford



**The Phrase With A Happy Ring**

As the phrase, "Happy New Year," is exchanged with those we meet, it rings out with the sound of hope and cheer, of good wishes for the next twelve months! All around the world no matter what language it is spoken in, it brings a feeling of good things to come. "Happy New Year" in some other countries is spoken of as:

- Feliz Ano Nuevo - Spain
- Shana Tova - Israel
- Gott Nytt Ar - Sweden
- Bonne Annee - France
- Buon Capo d'Anno - Italy
- Hauoli Makahiki Hou - Hawaii
- Godt Nytt Ar - Norway
- Gelukkiq Nieuwjaar - Netherlands
- Szczesliwego Nowego Roku - Poland
- Malgayang Bagong Taon - Philippines
- Gutes Neues Jahr - Germany
- Aith-bhliain fe' mhaise dhuit - Ireland



**Marshmallow Man**

You made a Gingerbread Man for Christmas—see how you like a Marshmallow Man for New Year's Day!

1. Stack three regular marshmallows on top each other. Use toothpicks to stick them together.
2. Two miniature marshmallows on a toothpick make each arm which is inserted into the second marshmallow.
3. Three miniature marshmallows on a toothpick make each leg. Stick the toothpicks under the last marshmallow.
4. Make a paper cone hat.
5. Use a tube of gel icing to make the facial features.

**A New Year's Prayer**

God, help me to always keep a compassionate heart! Keep me from steeling myself against the emotions that I need to feel for others, just because of what others may think. Let me feel the pain of others—their hurt; let me rejoice at their successes and feel their joys. Give me the wisdom to know the difference between genuine suffering and the fake, but when I'm in doubt, let me give them the benefit of that doubt.

God, help me to be strong about making mistakes but if I do make them, help me not to cringe and grovel in the dust, but let me get up and walk again, realizing that it is not my strength but Yours that makes me strong.

God, help me to place the best motives on the actions and words of others; let me take people at their face value instead of trying to read between the lines, letting You be the Judge.

God, give me an understanding heart. Though someone may hold strong opinions that are far different than mine, let me respect that person's God-given right to his own individuality.

Now, as I face each new day of a brand new year, God, help me to have a thankful heart, daily, realizing that an attitude of gratitude gives strength, lifts up, and causes the discouraging moments to slide out of sight.

HAPPY NEW YEAR—  
GROWING TOGETHER!



**You're Cooking**

Here's an all-time favorite dish that will keep the family warm. It's warm and doesn't require advance preparation—a wonderful casserole to fix on a hectic weeknight.

- TEXAS HASH**
- 2 cups sliced onions
  - 1/2 cup green pepper, chopped
  - 3 tablespoons fat
  - 1 pound of ground meat
  - 1 large can tomatoes
  - 1/2 cup raw rice
  - 2 teaspoons salt
  - 1/2 teaspoon chili powder
  - black pepper
  - garlic cloves
  - 1 small can of mushrooms

Saute onions and pepper in fat. Add ground meat and cook until grey. Pour into large mixing bowl and add remaining ingredients. Pour into greased casserole with lid. Bake in 350 degree oven for one hour. Do not remove lid while cooking.

1985 Suburban Features

**Test (With a New Year's Message)**

"Test" is a poem worth contemplating for the New Year:

It is easy enough to keep smiling  
When the world lies subdued at your feet,  
But the heart gets its test  
When life loses its zest  
And you stare in the face of defeat.  
When the fires of life are but embers,  
The ashes of hopes and of pride,  
Then you'll prove your true worth

To the whole of the earth,  
If that smile has not faded and died.  
We all have our doubts and our worries.

And oft wonder, "Oh, what is the use?"  
Remember to smile!  
That's an answer worth while  
To a heartache from scorn and abuse.

It is always the way of life's battle—  
It is fought; then it's over and won.  
The black, haunting hour  
When fear shows its power  
Is the dark one that heralds the dawn.

—George Alden Bruce

**This 'n That**

BY BARBARA ALLISON

**The bee's knees:** Marion County, Ind., Sheriff's Lt. Lee Hyland won an award for arresting an Indiana driver with the most creative excuse for speeding. Hyland said the driver contended he was allergic to bees and afraid of them. He even offered a dead bee as evidence—but Hyland noticed it had dust on its wings. "The guy admitted he had been carrying that bee around in his pocket for months in case he ever got stopped," Hyland said. Hyland's prize, awarded by the Police League of Indiana, was a police scanner. And a fishing rod to catch tall stories.

**I love a mystery:** A 2,500-year-old murder case is being investigated by British police. The well-preserved corpse of an Iron Age murder victim was found by workers in Northern England. The man has been named "Pete Marsh" after his makeshift gravestone. British Museum officials and police are searching for clues. The corpse's beard and hair are preserved and his carefully manicured nails indicate that he was not of the working class, a museum official said. Do they have any suspects?

**The blind side of education:** Kimberly Smith, 17, is legally blind. If she wishes to graduate, she must take the classroom portion of her high school's driver-education program in Peoria, Ill. Her mother said the situation

is "ridiculous" and protested. Her principal said Smith may be allowed to drop the course. State officials, however, have issued conflicting opinions. Julia Dempsey, an attorney for the state's board of education, said Smith should be allowed to drop the course. State education officials say she must take the class. "It's silly to put a blind student in a 30-hour driver's education course," said Dempsey. Also short-sighted.

**Play Misty for me:** Misty, a 70-pound pig, likes to go for walks on a leash. Unfortunately, this is a violation of zoning laws in Fort Lauderdale, Fla. So Misty's owners, Theodore and Cynthia Jaworski, reluctantly sold her to a junkyard owner to be taken to a farm. Cynthia said she will miss Misty. "It was better than a dog," she said. "She loved bacon and eggs." So, probably, does the farmer. So long, Misty. Maybe we'll meet over breakfast sometime.

Suburban Features

**Antiques**

BY RANDY ORMSBY

**Doorknobs**  
No one knows who invented the doorknob or when, but a growing number of collectors owe that unsung hero a debt of gratitude. The earliest patented doorknob, an English model, dates back to 1670.

Collectors, for the most part, seek knobs made between 1876 and 1920. The designers of the buildings at the Centennial Exposition (1876) are said to have been the first to stipulate that the hardware used on doors should reflect the predominant decor of the rest of the building. In any case, shortly thereafter, we know from old catalogs that doorknobs were being manufactured in styles to match all imaginable tastes, from Greek Revival to Art Nouveau.

The profusion of styles and materials of antique doorknobs, coupled with the fact that little research has been done in this field, means that doorknob collecting is still a wide-open field for new collectors. Because no one really knows how many different types of doorknobs exist or how rare certain styles are, market prices are not fixed, and collectors are free to shop for the best bargains in a field that is generally inexpensive.

Most doorknobs found in antique shops and flea markets sell for no more than \$5 to \$20. Some, in types of glass or other materials that are collectible in their own right, sell for considerably more. A pair in ruby Bohemian glass is listed at \$100 in one price guide. Likewise, doorknobs in precious metals such as gold and silver bring considerably more than their less precious glass cousins.

Other types of sought-after doorknobs include those that feature cut or colored glass; hand-tooled wooden knobs; egg-shaped, painted or emblematic metal knobs; and knobs of exotic materials such as horn, abalone or ivory.

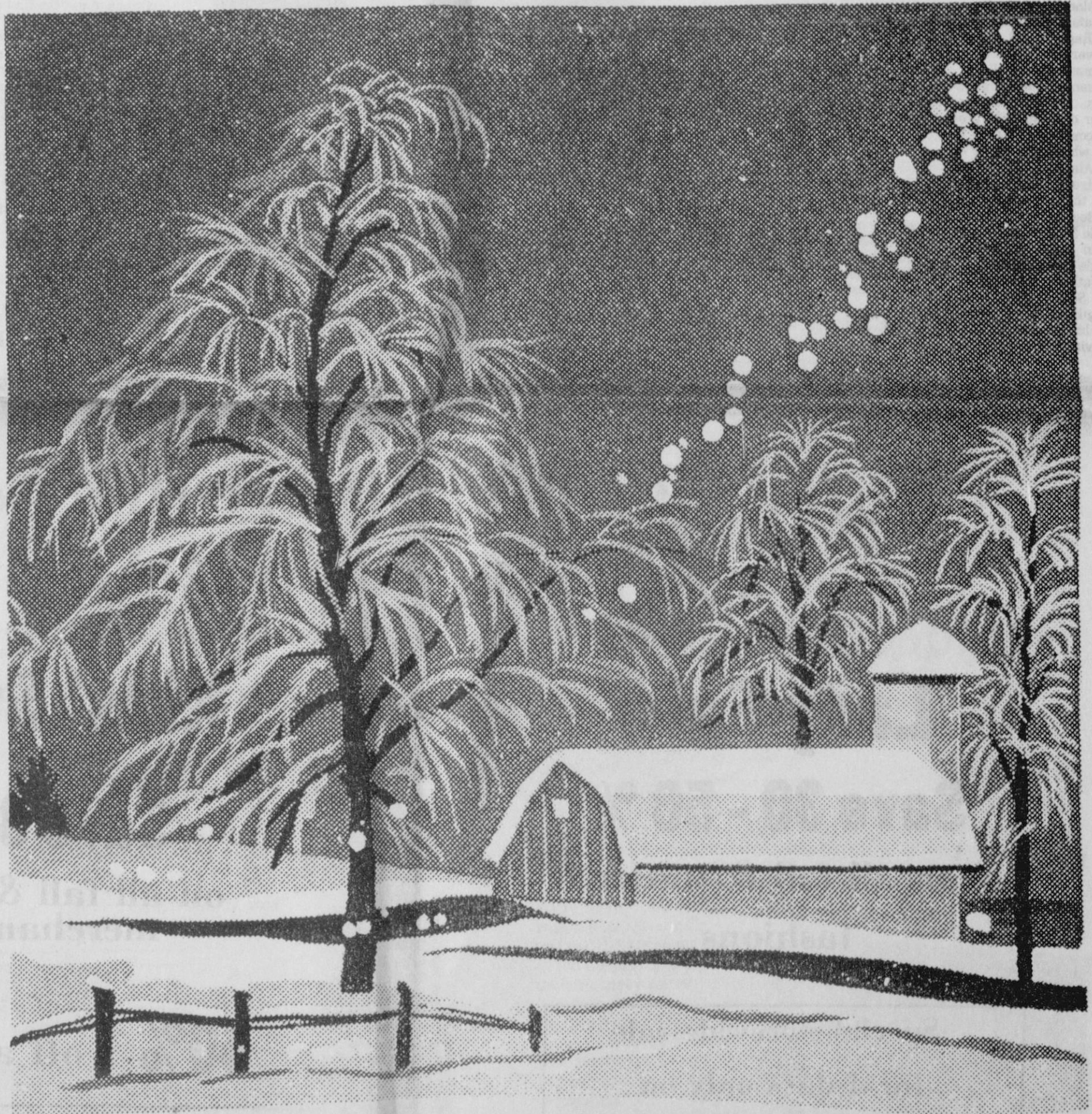
The only reference work I know of is

a collector's item itself: **The Antique Doorknob**, by Maudie Eastwood. For more information, contact Antique Doorknob Collectors of America, c/o Marjorie H. Weimer, P.O. Box 3088, Sedona, AZ 86340-3088.

1985 Suburban Features



"DALLAS" SYNDICATION CONTEST WINNERS PICKED: Ken Kercheval, J.R.'s chief nemesis, Cliff Barnes, on the top-rated "Dallas" series, recently pulled the names of three lucky viewers out of a drum in a grand sweepstakes drawing conducted on the MGM studio lot where the show is filmed. The grand prize was a trip to the legendary Southfork Ranch for a non-speaking role in an episode of "Dallas".



**Happy New Year**

There is no time like the holiday to pause and count our many blessings. "Thanks" to patrons and friends.

**Frontier Feed Yards, Inc.**

Bronc May

Phone 806-882-4251





Alan Beeson, son of Jim and Linda Beeson, received his Eagle Scout Badge at ceremonies December 15, 1984.

were Alan's grandmother, Mrs. Bud Beeson, and his Aunt and Uncle, Mr. and Mrs. A.D. Sparks. Also present at the ceremony were Silver Beaver John Anders, Seth Cunningham, and Bill Holt. A special thanks goes to Baker and Taylor for donating the ham and beans for the evening meal with soft drinks provided from Taylor Petroleum. The deserts and were prepared by the families of scouts of Troop 551. Silver Beaver Seth Cunningham gave the benediction.

**He Stands Alone**

He never owned His own home. He had no walls upon which to hang trophies. He was never the most popular in His class. In fact, some of His friends turned against Him. One who was very close to Him even denied Him. One who pretended to love Him turned Him over to His enemies to be killed.

Eagle Court was convened at the Union Church in Spearman on Saturday, December 15, 1984, at 7:30 p.m.

Chairman of the Court was Bob Farr. The Pledge of Allegiance was led by Senior Patrol Leader, Larry Dunn. The invocation was given by Reverend Steve Rogers, Pastor of the Union Church.

Committeeman Jim Murray presented Alan Beeson, Eagle Scout candidate, to Chairman Bob Farr for the Eagle award.

Silver Beaver and Adobe Walls Council Committeeman, John Anders, presented the charge to Alan Beeson. Dwight Sumner, Scout Master of Troop 551, presented the Scouts Eagle Badge to Jim Beeson who is the father of Eagle Scout Alan Beeson, who then gave the badge to Bob Farr, who then pinned the badge on Eagle Scout Alan Beeson.

Then Eagle Scout Alan Beeson presented an Eagle pin to his mother, Linda Beeson, and a tie tack to his father, Jim Beeson. Also, Eagle Scout Alan Beeson presented a gift to Committeeman Bob Farr for his help and inspiration in achieving his Eagle Scout award.

Special guests at the ceremony

**TO THE CITIZENS OF SPEARMAN**

The Spearman Police Department has enjoyed protecting and serving the citizens of Spearman this past year and we would like to wish everyone a Merry Christmas and a Happy New Year. Drive carefully and enjoy the Holidays.

Also, we have numerous bicycles stored in the basement at our new location at 30 SW Court. If anyone has had a bicycle missing or stolen, please come down and identify these.

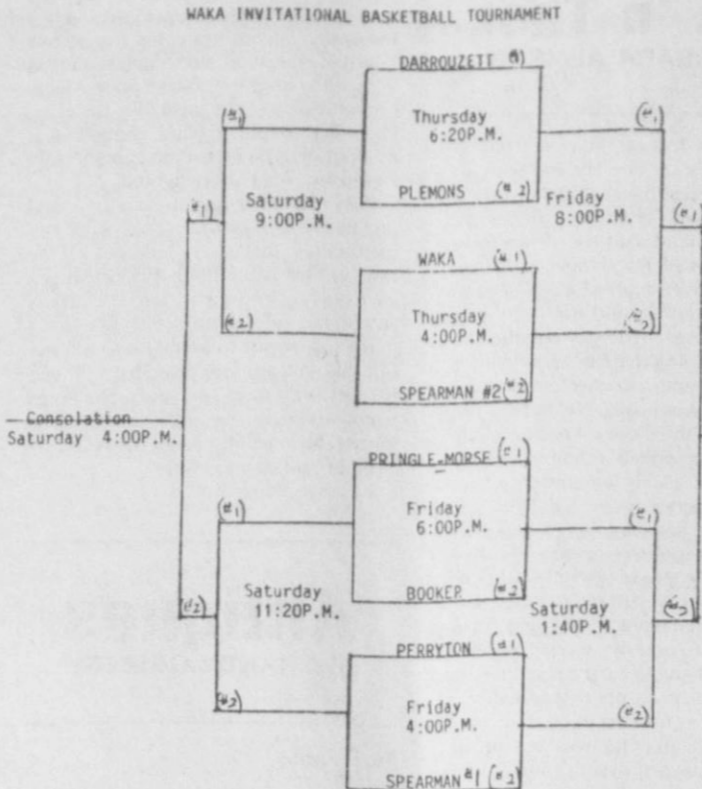
Thank you.  
D. J. Alberts  
Chief of Police

**Post Office to open Saturdays**

The U.S. Post Office customer service center will be open Saturday, Dec. 15, and Saturday 22 from 9:30 to 12 in order to serve Christmas mailers better, according to Postmaster Ray Robertson.

MR. KRICKLE: What? I thought you two were very happy together!  
MR. ZAMBIE: I want to be the first one up this year to get the house warm!

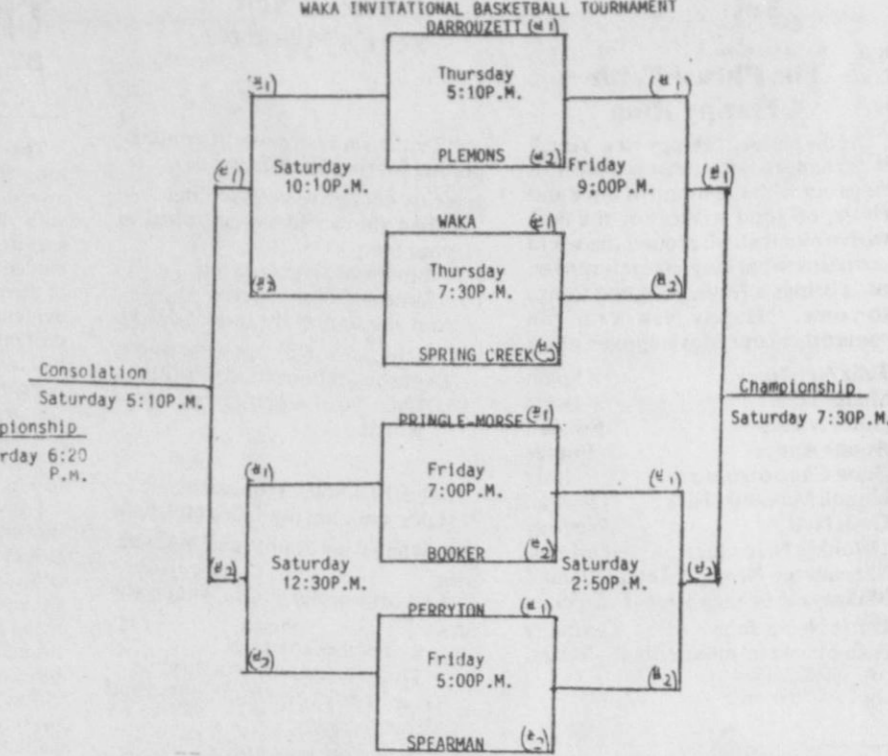
**GIRL'S BRACKET**



January 3, 4, 5th, 1985

**January 3, 4, 5th, 1985**

**BOY'S BRACKET**



Thanks to winning \$2 million in an American Family Sweepstakes, Christmas is much better this year for Rebecca Wright and her son, David, 8, of suburban Detroit. Last year at this time, Mrs. Wright was out of work and living on less than \$400 a month. American Family Publishers first prize next year will be \$10 million.

**City Hall moves**

City Hall and the Police Department will be moving to their new location at 30 S.W. Court and open for business at 8:30 A.M. December 17, 1984. Utility billing payments can be made at the drive-up window and we ask citizens to use the first drive-up. For over-the-counter business, the front entrance of the building can be used for this purpose.

The Police Department entrance will be at the rear of the building on First Avenue, and they will also be opened on December 17, 1984, at this location.

**THANKS**

This newspaper joins, with many of our readers with expressing our thanks and gratitude to the city employees and the postal service for their extra work during the ice storm over the weekend. We would also like to thank the Spearman Chamber of Commerce, and C of C President, Robert Elliott for the beautiful Christmas lights in Spearman this year.

**The New Year's Voyage**

It is not the going out of port, but the coming in, that determines the success of the voyage. (Henry Ward Beecher)

**10% off all handcrafted items in the store starting Dec. 24 to Dec. 31, storewide sale. 1/2 price for all baked Christmas goods. 1/2 price bargain bin.**

**Knack Shoppe**  
317 Main 659-5046

**Fall & Winter Clearance Sale**

**Starts Thursday, December 27th at**

**Lady Fair**

*and*

**Kids' Stuff**

**Save 30 - 50 %**  
on all fall & winter fashions

**Save 30%**  
on all fall & winter merchandise

Special storewide sale for 4 days only on everything in the store.

Excluding cosmetics & fragrances.

**25% off thru December 31st.**

**50% off all coats**

Special 4 day sale on boys & girls jeans.

**25% off thru December 31st.**

**719 W. 7th Spearman**

*( We will be closed Wed, Dec. 26th to prepare for sale )*

# Obituary

Elizabeth Simms, 62 years of age, born May 6, 1922, died Friday, December 21, 1984. Services will be held Wednesday, December 26, at 10:30 A.M. at Crosier Pearson Funeral Chapel in Cleburne, Texas with Father Bruce Coggin officiating. Burial will be at Godley Cemetery.

Elizabeth is the daughter of the late Roscoe and Ethel Walberry. She was a member of the Baptist Church. She is survived by a daughter, Cynthia Simms of the home in Cleburne, a son, Gary Duran, and a grandson, Tony Duran of Ashboro, N. Carolina, and a sister, Ruth Burch of Spearman.

She was preceded in death by her husband, Garland and a sister, Hazel Martin, of Spearman.

Mrs. Simms worked and lived in Spearman for many years before moving to Cleburne.

# Hollywood Marquee

by James S. Leach

**HOLLYWOOD** — As hard as it may be to believe, this month the King would have been 50 years old.

I'm speaking of Elvis Presley, the one-of-a-kind talent who exploded onto the music scene nearly 30 years ago and left a legacy that may never be equaled. His death in August of 1977 left a void that may never be filled.

To commemorate Presley's golden anniversary, numerous special events are planned for the month of January. All three television networks are slated to air specials in his honor, while HBO and Showtime cable systems have announced plans for exclusive Presley features.

His record company of nearly three decades, RCA, is treating the millions of Elvis fans to various packages of the King's greatest hits. A must for any dyed-in-the-wool Presley fan is a six-record collector's set, "Elvis Presley — A Golden Celebration," which features his historic performances on the Ed Sullivan, Steve Allen, Dorsey Brothers and Milton Berle television shows, in addition to rare recordings of his early days playing for small crowds at small fairs in small southern cities.

RCA has also put together an album of his best rock and roll songs titled "Rocker". The company hopes these high-quality re-issues of Elvis' strongest material will attract a new generation of rock fans who weren't around for the last go-around of Presley-mania.

My favorite part of the "Golden Celebration" set is a side of outtakes from Presley's first recording session at the little, but now very famous Sun Records. Thanks to these low-quality, but high-interest bits of eavesdropping, you're given a rare intimate audience with one of the most influential figures in the history of entertainment.

Fifty years a man was born, seven and a half years ago a King died. I'll never forget the feeling of shock and disbelief that filled my head the day I heard the words, "Elvis Presley died today in his hometown of Memphis, Tennessee."

This just couldn't be... my ears were playing some cruel game on my mind. Just as millions of other Elvis Presley fans, I played his records the day he died, and I haven't stopped since. Thanks to RCA, I have a whole batch of music and memories.

I never met Elvis but I felt like I knew him as a friend. Like a good friend, he brought many good moments into my life... it's tough to lose a good friend.

Since his death, there have been millions of words written and spoken about Elvis Presley. Some good and some very bad. The mystery of his death probably will never be untangled. As far as I'm concerned, I don't really care how he died. For the countless hours of enjoyment, he has brought to so many, let the man rest in peace.

The man is dead... but his legend will live forever. To the man I say happy birthday; to the legend I say... long live the King.



### Festive Flower Pot

1. A nifty flower pot can be made from can tops like spray cans have.
2. Fill the top with crumpled paper. Then sprinkle the top of the crumpled paper with salt to look like snow.
3. Stick a sprig of evergreen or artificial flower in the pot.
4. Make a loop of ribbon to hang the pot by. Tape the ribbon to the sides of the pot and tie in a bow at the bottom.

# Operation Christmas Greeting-

It's that time of year again!!! The Christmas Season!!! And the Hansford Hospital Auxiliary is asking you once more to send them the money you would spend sending Christmas cards so that they may fund their gifts to the Hospital and the Manor.

Since 1978 the Christmas Greeting Card drive is the only fund drive the Auxiliary does and you, the public, have been very supportive in responding. Thanks to your generosity the Auxiliary has been able to furnish a labor room, lights for an operating room, freezer for serum, curtains and shades, chairs, make-up shelves for the bathrooms, kitchen stoves and small appliances, a patio for the Manor, seasonal decorations for both, and many, many other gifts and services.

We will greatly appreciate your support again this year. Please send your checks to Helen Etter, Box 1045, Spearman, TX. 79081. Each week the Spearman Reporter, the Gruver Statesman, and the Hansford Plainsman will print your name telling that you have donated to the Christmas Greeting Fund instead of sending cards.

We wish everyone a joyous Holiday Season. Instead of sending Christmas cards this year, we have donated to the Hansford Hospital Auxiliary for use in their work in the Hospital and the Manor.

- Woody & Lois Gibner
- Pearl Pierce
- Phil & Marguerite Jenkins
- Virginia Cates
- Emmett R. Sanders
- John & Sammie Bishop
- Gordon & Rose Cummings
- Garland & Virginia Head
- Kiff & Ailene White
- Tom & Helen Etter
- Jimmy & Lois Shieldknight
- The Dennis Nelson Family
- Carl & Peggy Archer

- L.S. Close
- C.A. Gibner
- Mr. & Mrs. Jack Oakes
- Blanche Greene
- Don & Lorene Kunselman
- The Tom Latta Family
- Martha Batton
- Ab & Beulah Abston
- Dorothy Lusby
- Marcus & Jo Larson
- Mansel & Charlene Bryan
- Mr. & Mrs. Wilson McClellan

- Margaret Shedeck
- Gertrude B. Archer
- The Stephen Poole Family
- Mr. & Mrs. Andy J. Rhodes
- Evelyn Hiller
- Helen & Dave Hand
- Dave Edward Hand, Jr.
- Nanalee Brown
- The O.K. Pendergrafts
- Emma Lou & Roy Collins
- Charles & Lola Newcomb
- Raymond & Virginia Sparks
- Ruth Ann & Marvin Jones
- Anne & Rue Sanders
- Freeman Barkley
- Juanita Logan
- Frances Kilgore
- The Thomas Reed Family
- Irvin & Betty Davis
- J.D. & Rubyjo Wilbanks
- Mr. & Mrs. J.T. McWhirter
- Bernice V. Brown
- Billy, Joan, Ashley & Travis Brown
- J.L. & Mary Brock
- Mr. & Mrs. L.L. Anthony
- Ray & Beth Phelps
- Mr. & Mrs. W.M. Miller
- Adalyn Barnes
- Mr. & Mrs. Dwight Hutchison
- Glen & Myrt Bohanan
- Rosa Lee Butt
- Dora L. Womble
- Mr. and Mrs. P.A. Lyon, Jr.
- R.L. & Barbara McClellan
- W.E. & Loydell Sparks
- Roy & Ann Flowers
- Deacon & Willie Clement
- Byron & Barbara Kenney & children
- Woodville & Verna Jarvis
- Pauline Johnson
- Viola Graves
- Albert & Joanne Graves
- Bill & Lemmie Russell
- Raymond & Grace Kirk
- Ray & Helen Gibson
- John & Virginia Trindle
- Mr. & Mrs. E.J. Copeland
- Max & Dorothy Baggerly
- Martha Nitschke
- Mr. & Mrs. Ira Harbour
- Bobby & Teresa Brown & children
- John & Wanda Brown
- Si & Eva Dozier
- Frances E. Williams
- Merrel & Grace Johnson
- Mrs. T.M. Allen
- Mr. & Mrs. E.E. Martin
- Mr. and Mrs. Bruce Sheets
- Dickie & Newell Allen
- Floyd Dry
- Roy D. & Carrie Russell
- Eva Adkison
- Ray & Sylvia Robertson
- Pope & Margaret Gibner
- T.C. & Doris Kitchens
- Irwin & Susan Delk
- Rev. & Mrs. David Nuckels & Trena

- Gene & Frances Cudd
- Mike, Pat, Eric & Evan Cudd
- Mary Fern Terry
- Deta Blodgett
- Ralph & Johanne Blodgett
- Howard & Verna Barkley
- Herbert & Grace Kirk
- Bob & Ruth Crawford
- Bill & Estelle Jackson
- Harry & Hazel Stumpf
- Don & Gwen Smith
- Ed & Dorothy Haner
- Pat & Georgia Holt
- Preston & Edith Smith
- Knox Pipkin
- Faye Lynch

- Joe Dan & Ruth Bryan
- Jimmie & Vera Beth Hicks
- Mr. & Mrs. Troy Sloan
- Woodrow & Fern Fulkerson
- Mrs. Pearl M. Dixon
- Elvagean Dixon
- Mr. & Mrs. James Nicholson

### Party Cake Cones

1 pkg. cake mix (1 layer; any flavor)  
15 cup-type ice cream cones  
Prepare cake mix as directed on the package. Fill paper cupcake cups half to two-thirds full. Turn ice cream cone upside down on the batter. Bake 350° for 25 minutes. Peel off paper cup when cake is completely cool. Frost the cones—decorate with Christmas sugar sparkles, green ones and red ones; or split red and green cheeries to make holly leaves and berries to place on top each cake.

### Gillaspie Party

Gillaspie Chevrolet-Olds, Inc. had Ivey's cater a seasonal supper at 6:30 P.M. on December 8th at their shop. Those attending were: Mr. and Mrs. Art Meller, Robert Keith, Pedro Vargas, Sergio Vargas, Kerry McMullen, Jerry and Laurie Ross, Jimmy and Lois Shieldknight, Mr. and Mrs. Frank Hefner, Mario and Edwina Molina and children, Doug Brown, Albert and Carrie Avila, Dick and Leanne Gillaspie and children, and James and Nell Cummings. The children were presented with gifts to make the evening bright.

- Ruby McCullough
- Altha Townsend
- The Don Maize Family
- J.W. Davis
- Mr. & Mrs. John Venneman
- Mac & Jo McLaughlin
- Mrs. J.M. Hart
- Aline Henderson
- Mr. & Mrs. Lloyd Buzzard
- Floyd & Alline Close

- Dee & Ed Rafferty
- Jettie & Willard Davis
- Burl & Nellie Buchanan
- Mr. & Mrs. Alton Ellsworth
- Rose M. Isenhower
- Gus & Clementine Renner
- J.C. & Vivian Harris
- Bill & Ginger Pittman

- Don & Edrie Jones
- Mrs. Fred J. Hoskins
- Robert & Margaret Novak

Slim & Mary Cates  
Rhonda Overton

Karen Elizabeth Birkenfeld  
and  
Michael Tim Paddy  
together with their parents  
Mr. and Mrs. Herman Birkenfeld  
and  
Mr. and Mrs. Byron Paddy  
invite you to share in the joy  
of the beginning of their new life together  
when they exchange marriage vows  
on Saturday, December the twenty-ninth  
nineteen hundred and eighty-four  
at three o'clock in the afternoon  
Holy Family Catholic Church  
Waxaroth, Texas

Reception and Dinner following  
Waxaroth Community Hall

The Children of David and Hershey Turner invite you to share in their joy as they celebrate their 25th Wedding Anniversary. Gruver First Baptist Fellowship Hall. 3:00 to 5:00 P.M., Saturday, December 29, 1984.

### NOTICE

On page 6 of this week's TG&Y Family Center circular, the photographs for the Perfect Fit BedSack® Supreme and Perfect Fit BedSack® Mattress Pad are transposed. However, the copy and price for each is correct. We regret this error and any inconvenience caused.

### ATTENTION LIVESTOCK PRODUCERS

## CATTLEMAN'S LIVESTOCK COMMISSION CO.

Box 50, Dalhart, Tx. 79022  
Phone (806) 249-5505

4 Miles West of Dalhart on Hwy. 54  
\*Hog Buying Station starts at 9:00 a.m. and is held on the 1st and 3rd Wednesday of each month.  
\*Cattle sale starts at 11:00 every Friday.

WEDNESDAY, DEC. 19, 1984  
Sold 108 Hogs

Top Hogs	\$48
Sows	\$37
Boars	\$33

FRIDAY, DEC. 21, 1984  
Sold 2077 Cattle

Butcher Cows	\$33 to \$39.50
Butcher Bulls	\$41.25 to \$49
Heifers	\$45.50 to \$51.50
Cutting Bulls	\$52.25 to \$58.75
Feeder Steers	\$66 to \$68.75
500 to 600 lbs.	\$66.25 to \$70.25
600 to 700 lbs.	\$65 to \$68.50
700 to 800 lbs.	\$62 to \$66
800 to 900 lbs.	\$56.25 to \$61.50
Feeder Heifers	\$71 to \$77
500 to 700 lbs.	\$66 to \$71
300 to 400 lbs.	\$59 to \$62
400 to 500 lbs.	\$56 to \$61
Heifer Calves	
300 to 400 lbs.	
400 to 500 lbs.	
Stocker Cows	

Effective July 1, 1984, all hogs from out of state must now have health permit numbers to enter the state of Texas.

ALL COWS AND BULLS MUST COMPLY WITH FEDERAL REGULATIONS FOR BLOOD TESTING. THE STATE OF TEXAS PAYS FOR THESE TESTS.

WE ARE THE DEALERS FOR THE NECK OVER TRAILERS.

WE ARE NOW OFFERING A SALE AND BUY-BACK PLAN FOR SPRING CATTLE.

NEW TEXAS WATTS NUMBER 1-800-692-4453  
NEW TOLL FREE NUMBER 1-800-858-4013  
LARRY WING, MANAGER, RES. 806-249-2402  
CRAIG LAWRENCE, YD. FOREMAN 806-384-2153  
FIELD REPRESENTATIVE  
BOB PAYNE, DALHART, TX. 806-249-5894

## Help prevent energy loss with Caulk and Weatherstripping.

The areas around your windows and doors may not be cracked or broken, but unless they are properly sealed, you may be letting valuable energy be lost to the outside. TNP Employee Ruben Reyes of Alpine Village, New Mexico found he could seal the areas around all his windows and doors, quickly and easily, with inexpensive caulk and weatherstripping.

You can find all types of caulking and weatherstripping at your local hardware store. The installation of the material is so simple you can do it yourself in only a matter of minutes.

Find out more ways you can prevent energy loss in your home by calling our office today! Helping you get the most benefit and enjoyment from electric service is just one more way we are...

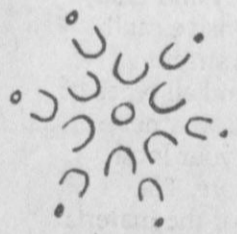
TNP Employee Ruben Reyes uses inexpensive caulk and weatherstripping to seal in indoor comfort... and you can too!

Neighborly Professionals  
Offering You The Best Choice.

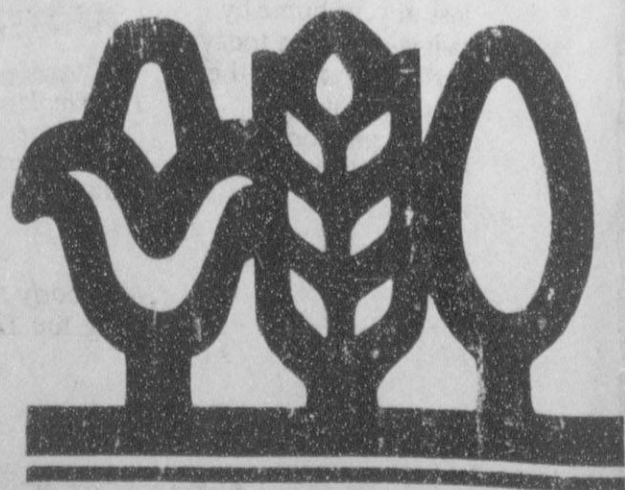
Texas-New Mexico Power Company.  
EL-46-84



# HAPPY NEW YEAR



MAY TOMORROW'S GOOD  
LUCK ALWAYS VISIT WITH YOU.



## OLES GRAIN COMPANY

Spearman--659-3990

228 Collard Spearman, Texas

Perryton--435-5449

# TRINITY BIBLE STUDIES

A program of disciplined Bible study for laymen, emphasizing "Knowing what the Bible says as a basis for what it means" begins January 6, 6:30 at First Christian Church, Spearman.

"We believe that the time is right for a systematic and thorough Bible study for our churches" said Dr. Frank Warden, author of the new program. There are excellent studies now, but these are usually of books or portions of the Bible. Trinity Bible Studies gives a frame of reference and a total Biblical point of view. For more than five years we studied the methods offering this kind of perspective on the whole Bible, and Trinity Bible Studies is the result. It has now grown to more than 120,000 students from Korea to India.

The plan of the course looks toward ten semesters, each ten weeks in length. The first two are surveys of the Old and New Testaments, followed by depth

studies of every word of the Bible.

Not intended as "mere devotional or occasional" material, these studies call for a disciplined commitment. The student is expected to attend weekly classes, complete daily assignments and prepare for examinations. However, the approach is neither heavy nor scholastic. Unique visual learning aids, cartoons and memory techniques present abstract Biblical concepts in memorable form. "The Hebrews knew how to use visual aids—they are scattered throughout the Bible. We believe these are in good taste, and they will fix the important personalities and events in the mind."

The course begins January 6, 6:30 p.m. and is open to any interested person. The registration fee of \$8.00 may be sent by check to First Christian Church, Box 637, or come by the church office. For more information contact Rev. Martin Foster, 659-5124.

## Caring For Children

BY ANDREA PAUL

Dear Andrea:

I have five children. Three are exceptionally bright. They make all A's with little effort. Their IQ and test scores are always high. One child is still too young for us to tell just how bright she will be.

The problem is my #4 child. She is smart. But not as smart as her siblings. She must work extremely hard to make A's. Sometimes she only makes B's. She has never made a C. But she can't understand why she makes B's when she works so hard, when her brothers and sister make A's with seemingly little effort. If she misses one word on a spelling test, she comes home in tears.

On a normal day she is so keyed up when she comes home from school, I have started putting her in to a warm bath for 30 minutes, just to get her a little relaxed. She drives herself constantly. Yet feels like a failure. What should we do?

Sincerely, Betty

Dear Betty:

Your smart #4 daughter needs a lot of reinforcement from you so that she realizes that she is smart, too.

When she spells 24 words right on a spelling test, and misses 1 word, brag about the 24 and brag about her B's.

You also need to deemphasize grades. Since all your family does so well, there doesn't seem to be much need in your family to talk about doing school work and making good grades. Talk about other factors. Who did you play with at school today? What sports activities did you get involved in?

Especially with #4 daughter, you need to find her special talents. Is she good with animals? Is she creative? Whatever her particular, unique traits, find them. Then brag on those traits. Slowly she will begin to judge her worth on things other than school grades.



### Club meets

Servitors Federated Women's Junior Club met December 20 at the home of Kitty Edwards to enjoy a night of Christmas Caroling. Each member brought a sack of cookies to deliver to the houses that were caroled at. Allsupps donated a Christmas tree that Servitors delivered to their adopted family. After two enjoyable and heartwarming hours the group went back to Kitty's for refreshments of cookies, hot chocolate and spiced tea.

Servitors also held their annual Christmas party on December 13 at the First Christian Church.

Husbands were guests. Everyone enjoyed a delicious meal and afterwards crazy bridge.

Servitors are collecting blue stamp books for a special project. These will be sent to Girlstown for them to get some things they are needing.

Servitors also baked cakes for the Chemical People Rally Day held this past fall at the high school. For the last two years they have also helped cook beans for the Hansford County roundup.

Recently, Servitors elected Linda Winegarner as their Outstanding Clubwoman. Linda is a

Charter Member of Servitors. She has been very active in this group and is well worthy of this honor. The Outstanding New Member elected was Jan Morgan.

The Outstanding Program for 1984 was "A Day In The Life Of A Pioneer Woman" presented by member, Peggy Winegarner, for the Texas Heritage Department.

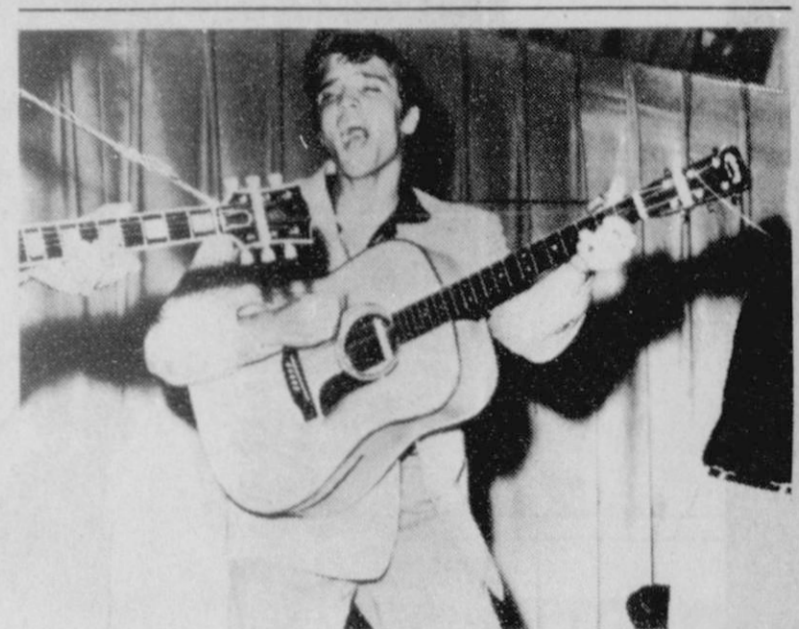
The next Servitors meeting will be January 17 at Peggy Winegarner's house. The program will be presented by the Texas Heritage Department.



"It's just as well Mondale and Ferraro didn't make it to the White House. What woman could stay happy very long knowing she was ONLY second in-command."

### New Year With Grapes

As the church bells ring in the New Year in Chile (as in Spain) people eat 12 grapes—one grape for each month of the New Year for good luck.



THE KING'S GOLDEN ANNIVERSARY... Elvis Presley may be dead, but his legend lives on. In HOLLYWOOD MARQUEE this week, Columnist James S. Leach gives tribute to the King of Rock and Roll who would have turned 50-years-old this month.



# Happy New Year!

The very finest is what we want for you to have each and every day.

## Golden Spread Sales Co.

412 Collard  
Dwayne Booth  
Rusty Tindell

Everett Tracy  
Kevin Bynum

659-3776  
Bill Porter  
Bob Burke



to old friends and new

# HAPPY NEW YEAR!

In a thousand ways, we wish much good fortune to all our many good friends and neighbors.

**PERRYTON SPEARMAN REDI-MIX**

COMPLETE OIL FIELD SERVICE

RADIO DISPATCHED TRUCKS

COMPLETE LINE OF CONCRETE SUPPLIES

MGR. ART BORN  
HOME PHONE 658-2298  
TWO LOCATIONS TO SERVE YOU

Concrete - Sand - Gravel

24 HOUR SERV. SPEARMAN 659-2323 SOUTH WHEELER TRUCKS	24 HOUR SERV. PERRYTON 435-5250 HWY. 15 E. LYNDON BORN
---	--

435-6836



A Time to Give Thanks for all that is Good, to Warmly Greet Family and Friends. A Time of Togetherness — And a time to Consider the Days of Tomorrow.

Thank you for your patronage this year...

Feed your cattle now at

# Colbert Cattle Feeders, Inc.

50,000 Head Capacity

Telephone

**659-2577**

435-5920 - nights

**Boyd Colbert**  
 Manager  
 435-5920 - home

**Dan Colbert**  
 Assistant Manager  
 435-6326 - home

P.O. Box 1091  
 Spearman, Texas

2 miles East and 2 miles North of Spearman, Texas



**HAPPY  
 NEW YEAR**

May it bring  
 to one and all  
 peace and joy.

IN THE UNITED STATES DISTRICT COURT  
FOR THE DISTRICT OF KANSAS

NATIONAL HELIUM CORPORATION,  
Plaintiff,  
vs.  
PANHANDLE EASTERN PIPE  
LINE COMPANY,  
Defendant and  
Third-Party  
Plaintiff,  
RALPH GROUNDS, HENRY HITCH,  
Defendants,  
vs.  
ASHLAND OIL & REFINING  
COMPANY, et al.,  
Third-Party  
Defendants,  
OLIVER S. BROWN, et al.,  
Plaintiffs,  
vs.  
MOBIL OIL CORPORATION, et al.,  
and  
CITIES SERVICE GAS CO.,  
et al.,  
Defendants.

CIVIL ACTION  
NO. KC-1980  
(CONSOLIDATED  
WITH  
CIVIL ACTIONS  
NOS. KC-1945,  
KC-1946, KC-1947,  
KC-1948 and  
KC-1949)

CIVIL ACTION  
NO. W-4613

FILED

OCT 16 1984

ARTHUR G. JOHNSON, CLERK  
By [Signature] Deputy

NOTICE OF PROPOSED SETTLEMENT OF HELIUM CLASS ACTIONS AND OF HEARING THEREON

TO: *Landowners, Royalty Owners, Mineral Owners, Oil & Gas Lessees And Producers Having An Interest In Helium Bearing Natural Gas Delivered By Panhandle Eastern Pipe Line Company To National Helium Corporation For Extraction And Sale, More Particularly Described Below.*

TO: *The Following Described Classes Of Landowners In The Above Cases:*

(As described in Civil Action No. KC-1980)

"... persons, firms and corporations owning a mineral interest in land from which helium has been, or is being, or will be severed from the ground in connection with or because of production under oil and gas leases, which helium has been, is being or will be taken into possession by the United States of America in Seward County, Kansas at the delivery point described in that certain contract between the United States of America and plaintiff in interpleader National Helium Corporation dated October 13, 1961."

and

(As described in Civil Action No. W-4613)

"All persons and concerns who own or have owned a mineral interest in land as to which helium has been, is being or will be severed from the ground in connection with or because of production under oil and gas leases, which helium has been, is being, or will be removed from gaseous streams flowing from wells productive under such leases, with such removal being done in . . . [a plant] in Seward . . . [County], Kansas, . . . owned by National Helium Corporation, or who have been, are entitled to or will be entitled as lessors, to royalty payments by reason of the production or marketing of natural gas pursuant to such leases since the beginning of such removal of such helium from such streams in such . . . plant and the heirs, executors, administrators, trustees and assigns of such persons; the officers, successors, trustees, and assigns of any such concerns as are existing, dissolved or dormant corporations; the executors, administrators, trustees, successors and assigns of such persons or concerns as are or were partners or in partnership; the unknown guardians, conservators and trustees of such persons as are minors or are in anywise under legal disability."

and

TO: The following described classes of Lessee-Producers in the above cases:

(As described in Civil Action No. KC-1980)

"... the persons, firms and corporations denominated 'lessee-producers,' who are the owners of leasehold interests in the oil and gas leases [from which gas is produced for delivery to Panhandle Eastern Pipe Line Company] and who deliver, have delivered or will deliver helium contained in gaseous streams directly or indirectly to Panhandle Eastern Pipe Line Company, which helium has been, is being or will be removed and delivered by plaintiff in interpleader National Helium Corporation into the possession of the United States of America at the delivery point described in that certain contract between the United States and National Helium Corporation dated October 13, 1961."

and

(As described in Civil Action No. W-4613)

"All persons, firms, corporations, or concerns who are or have been the owners of leasehold interest under the oil and gas leases covering the mineral interests in land owned by the members of the Landowner-Lessee Class above described [in the Landowner-Lessee Class definition in Civil Action No. W-4613] or who are or have been making, or required to make royalty payments to lessors by reason of natural gas production under such leases since the beginning of such removal of helium from such streams, or who are or have been the owners of unleased mineral interests in land from which and while helium has been or is being or will be removed, and the heirs, executors, administrators, trustees and assigns of such persons; the officers, successors, trustees and assigns of any such concerns as are existing, dissolved or dormant corporations; the executors, administrators, trustees, successors and assigns of such persons or concerns as are or were partners or in partnership; the unknown guardian, conservators and trustees of such persons as are minors or are in anywise under legal disability."

NOTICE IS HEREBY GIVEN that a hearing will be held before the United States District Court for the District of Kansas beginning on the 5 day of March, 1985, at 10:00 o'clock a.m., in the United States Court House, 401 North Market, Wichita, Kansas and continuing from time to time without further notice as the Court may direct.

The purpose of this hearing is to determine whether a proposed compromise and settlement in the above captioned actions should be approved by the Court. The proposed compromise and settlement involves two separate lawsuits, namely: (1) *National Helium Corporation vs. Panhandle Eastern Pipe Line Company, et al.*, being Civil Action No. KC-1980, (which action is an interpleader action consolidated with five (5) related interpleader cases, all pending on appeal in the United States Circuit Court for the Tenth Circuit; and as so consolidated are commonly referred to as "The Consolidated Helium Cases"); and (2) *Oliver S. Brown, et al., vs. Mobil Oil Corporation, et al.*, Civil Action No. W-4613, pending in the United States District Court for the District of Kansas. These cases involve conflicting claims respecting certain helium or rights relating thereto.

The helium involved in the proposed settlement is the helium commingled in helium bearing natural gas streams that came into the possession of Panhandle Eastern Pipe Line Company (Panhandle Eastern) which streams were in turn delivered by Panhandle Eastern to a plant owned and operated by National Helium Corporation (National Helium), where the helium was removed from the gas streams during the period from 1963 to 1973, inclusive. Most of such removed helium was delivered to the United States of America during such period and was paid for pursuant to the contract between National Helium Corporation and the United States dated October 13, 1961. Lesser quantities of the removed helium was sold to private purchasers during the period from 1966 through 1981, inclusive.

Case No. KC-1980 Involving Helium Sold By National Helium To the United States

A trial of the liability phase of Case No. KC-1980 was held during the latter part of 1968. On appeal the United States Court of Appeals for the Tenth Circuit

found that Panhandle Eastern and National Helium were liable to the Lessee-Producer and Landowner Classes for the reasonable value at the time of sale and point of delivery by the producer of helium ultimately sold to the United States. As a result of subsequent appeal and further proceedings before the U.S. District Court for the District of Kansas, it has been determined that members of the Landowner Class are entitled to a fractional royalty (typically 1/8th under the terms of their leases) of such reasonable value. Following a trial held in November and December, 1982, the Court found that the value of helium for which Panhandle and National must account is \$3.82 per Mcf for helium extracted and sold. This decision has been appealed by various parties to the United States Circuit Court of Appeals for the Tenth Circuit. Case No. KC-1980 has been remanded to the United States District Court to consider the approval of the settlement.

Case No. W-4613 Involving Helium Sold by National Helium To Purchasers Other Than the United States

Case No. W-4613 is an action initiated on behalf of a landowner class against a lessee-producer class and against members of the Helex Group, which group includes Panhandle Eastern and National Helium. All of the persons and concerns who are parties to the Consolidated Helium Cases, except the United States of America, are also parties to Case No. W-4613 which case was originally filed as Case No. 4989 in the District Court of Stevens County, Kansas on the 29th day of April, 1971 and was removed to this Court on petitions by Panhandle Eastern, other members of the Helex group and the Lessee-Producer defendants. On June 3, 1971, the Plaintiffs moved the Court for an order remanding the case to the state court on the grounds that the federal court had no jurisdiction of the subject matter of the case which motion was overruled. Plaintiffs filed a motion to amend the order denying remand in order to certify controlling questions of law so as to permit interlocutory appeal therefrom which motion was also overruled. The Landowners seek recovery for the value of helium sold to purchasers other than the United States and also urge in personam claims for cancellation of the leases based upon abandonment and breach of a covenant to market the helium for value and seek, alternatively, recovery for a reasonable royalty with respect to helium delivered and sold. (The payments received by National Helium from the government which are the subject matter of Case No. KC-1980 are payments for some such helium.) The Landowners have other such claims in Case No. W-4613 against pipe line companies and helium extractors other than Panhandle Eastern and National Helium and against Lessee-Producers as to helium which is not involved in the proposed compromise and settlement agreement.

The Lessee-Producers have filed cross-claims against Panhandle Eastern and National Helium for the value of helium sold to purchasers other than the United States. Panhandle Eastern and National Helium have denied any liability for all claims by the Landowners and Lessee-Producers. On January 5, 1984, the Court ruled that the liability principles established in Case No. KC-1980 should apply in Case No. W-4613. Case No. W-4613 has not yet reached the trial stage.

The Settlement Agreement

The terms of the proposed compromise and settlement are contained in an agreement denominated Helium Settlement Agreement, dated July 17, 1984, and executed by Panhandle Eastern and National Helium, on the one part, and individuals acting on their own behalf and on behalf of members of the Landowner Classes, on the second part, and by Lessee-Producers acting on their own behalf and on behalf of the Lessee-Producer Classes, on the third part.

The Helium Settlement Agreement and all other papers filed in these cases may be examined and copied during regular office hours at the office of the Clerk of the District Court, 401 North Market, Wichita, Kansas. While the entire Settlement Agreement must be examined for an understanding of the complete transaction, basically the agreement provides that Panhandle Eastern and National Helium will have deposited or will deposit with the Court Clerk a settlement fund based on a value of \$3.60 per Mcf. of helium actually extracted and sold by National Helium, plus interest. The settlement fund, after deduction of administrative and litigation expenses and attorney fees, is to be distributed among the members of the classes as their interest is determined in the manner hereinafter provided. The most significant portions of the Settlement Agreement are the following excerpts from paragraph (7):

"(7) For all purposes of the Helium Class Actions the value of helium at the wellhead which helium was delivered by Lessee-Producers to Panhandle Eastern shall be \$3.60 per Mcf. The principal amounts ultimately due individual Lessee-Producers and Landowners shall bear interest according to the interest formula prescribed by the Court in the judgment of November 8, 1983, in the Consolidated Helium Cases calculated until November 18, 1983, on which date Panhandle deposited with the court clerk the Court Settlement Fund as ordered by the Court. For the period subsequent to November 18, 1983, the individual Landowners and Lessee-Producers will be entitled to a share of the interest which the Court Settlement Fund has earned while in the hands of the court clerk in the proportion which the individual's share of the Court Settlement Fund bears to the total Court Settlement Fund. It is the intent of the parties that interest included in the portion of the Court Settlement Fund relating to the case of *Oliver S. Brown, et al. v. Mobil, et al.*, shall be calculated as if judgment had been entered in such case as of November 8, 1983 on the same basis as was entered in the Consolidated Helium Cases and as if the principal and interest required by such judgment had been deposited with the court clerk on November 18, 1983."

The interest formula prescribed by the Court in the judgment of November 8, 1983 is as follows:

"The rate of interest shall be 6 1/2% per annum on each year's production of helium from the end of each year until

November 12, 1974, with the total of such principal and accrued interest to bear interest at the rate of 8% per annum from that date until July 1, 1980; and at 12% per annum from July 1, 1980 to July 1, 1982; and at 15% per annum from July 1, 1982, until the date of Judgment. From the date of Judgment, all principal and interest then accrued shall bear interest at the rate prescribed by the federal statute on judgments, as amended, 28 U.S.C. §1961."

Panhandle Eastern and National Helium contend in the litigation that interest should be calculated on a basis less favorable to the Landowners and Lessee-Producers than set out above. However, for the purposes of the settlement, they have agreed to pay interest on the basis of such formula. As a result, interest calculated through November 17, 1983, adds approximately \$5.61 to the \$3.60 payment for contained helium at the wellhead, for a total payment of approximately \$9.21 per Mcf.

If the compromise and settlement as presently proposed is approved by the Court, the Court will determine the amount of helium extracted by National Helium and sold which shall be allocated to each input point on the Panhandle Eastern Pipe Line system and, based on such allocation, will further determine the amount of the total settlement which shall be attributable to each individual and concern having claims against Panhandle Eastern and National Helium.

It is also a condition of the Settlement Agreement that the Landowner Classes, through named representatives and their attorneys, relinquish all claims in Cases KC-1980 and W-4613 pertaining to or affecting the helium extracted by National Helium as helium applies to the oil and gas leases from which it was produced. By such consent and agreement, Landowners relinquish and release all claims arising prior to the date of the execution of the agreement and asserted in such cases against Lessee-Producers other than for the payment of royalties as provided therein.

If the proposed compromise and settlement agreement is approved by the Court, Case No. W-4613 will continue only as to claims in the cases against pipe line companies and helium extractors other than Panhandle Eastern and National Helium.

Further the Settlement Agreement provides that the Lessee-Producer and the Landowner Classes release Panhandle Eastern and National Helium from any claims to the funds recovered by National Helium for breach of contract from the United States in Action No. 158-75 in the United States Court of Claims.

Approval Proceedings

At the hearing to be held beginning on the 5th day of March, 1985, counsel for Landowners and Lessee-Producers will be awarded attorney fees and the Court will allow litigation expenses incurred by representatives of the classes. All such amounts will be paid from the settlement fund prior to distribution. The Court may also permit Court administrative expenses to be paid from the Settlement Fund.

Each member of the Landowner Classes and Lessee-Producer Classes described above is hereby notified that if any member of such classes wishes to show cause why his or her interests have not been adequately represented by the named representatives of the Classes or to object to the proposed settlement, such cause or objection must be made by the filing of an appropriate pleading on or before the 19th day of Feb., 1985, with the Clerk of this Court. All class members will be bound by all actions taken in these matters by the United States District Court for the District of Kansas. At the hearing on March 5th, 1985, any member of the classes represented in these cases may appear and present proper argument and evidence, but no part party will be heard and no papers will be received unless notice of intention to appear and copies of such papers are filed with the Clerk of this Court on or before Feb. 19, 1985.

The form of this NOTICE is approved by the Court and ORDERED to be sent to each member of the classes above described who has not heretofore appeared in these actions and whose name and address can be determined, reasonably.

Counsel for the representatives of Landowner and Lessee-Producer Classes have recommended to their clients that the Settlement Agreement be accepted and such counsel will indicate to the Court at the settlement hearing that in their opinion the settlement is in the best interest of the members of their respective classes.

*At The Time Of The Hearing, Neither The Parties Nor Counsel Will Have Sufficient Information To Advise Which Persons Are Entitled To Recover Under The Terms Of The Settlement Agreement Or Of The Amounts Of Money That Any Person Entitled To Payment Can Expect To Receive Under The Terms Of The Settlement Agreement. Because Calculations Will Need To Be Made To Effectuate The Settlement, Some Time Will Elapse Before Those Persons Entitled To Recover Payments Will Receive Them.*

DATED AND ENTERED at Wichita, Kansas, this 16 day of Oct., 1984.

/s/ WESLEY E. BROWN  
WESLEY E. BROWN, SENIOR JUDGE  
UNITED STATES DISTRICT COURT

Approved by:  
Andrew F. Walsh  
Department of Justice  
Land and Natural Resources Division  
10th & Pennsylvania  
Washington, D.C. 20530  
(202) 633-5286  
Counsel for the United States

Gerrit H. Wormhoudt  
Fleeson, Goeing, Coulson & Kitch  
P. O. Box 997  
Wichita, KS 67201  
(316) 287-7361

Counsel for the Landowner classes

Jerome E. Jones  
Robert J. O'Connor  
Hershberger, Patterson, Jones & Roth  
100 South Main, Suite 600  
Wichita, KS 67202  
(316) 263-7583

Counsel for Mobil Oil Corporation, Diamond Shamrock Corporation, Mapco Production Company and The Superior Oil Company and Counsel for the Lessee-Producer classes

Glenn D. Young, Jr.  
Gott, Young & Bogle, P.A.  
923 First National Bank Bldg.  
Wichita, KS 67202  
(316) 265-7841

Counsel for Amoco Production Company and Counsel for the Lessee-Producer classes

Gerald Sawatzky  
Foulston, Siefkin, Powers & Eberhardt  
700 Fourth Financial Center  
Wichita, KS 67202  
(316) 267-6371

Counsel for Ashland Oil, Inc., Atlantic Richfield Company, Cabot Corporation, Diamond Shamrock Corporation, Dorchester Gas Producing Company, Helmerich & Payne, Inc. and Texaco, Inc. and Counsel for the Lessee-Producer classes

C. A. Conoley  
Panhandle Eastern Corporation  
P. O. Box 1348  
Kansas City, Missouri 64141  
(816) 753-5600

Robert Martin  
Timothy E. McKee  
Martin, Pringle, Davis, Oliver & Triplett  
300 Page Court, 220 W. Douglas  
Wichita, Kansas 67202  
(316) 265-9311

Wendell J. Doggett  
Vickrey & Doggett

3100 InterFirst Plaza,  
Houston, Texas 77002  
(713) 650-0999

Counsel for Panhandle Eastern Pipe Line Company and National Helium Corporation

PERSPECTIVES  
BY CHARLES A. SALTER, PH.D.

AIDING THE DEVELOPMENT OF PREMATURE CHILDREN: **Q. I recently gave birth to a 4-pound, 10-ounce baby boy. As a premature child, they gave him lots of extra attention in the hospital and even put him in an incubator for awhile. They're letting him go home soon, but I'm scared. He seems so backward compared to our other children at that age, that I don't think I'll know how to handle him. Any ideas?**

A. Many parents of premature (or preterm) infants feel as you do. Sometimes they even feel guilty as if the problem were their fault. Psychological studies show that the period in the incubator, though absolutely necessary for physical reasons, still may partially interfere with parent-infant bonding and attachment. In other words, both baby and parents need frequent contact right after birth to get to know each other and develop that feeling of belonging to each other. Check with your doctor and see if he'll allow short periods of limited, hygienic contact between you and your child even while he's still in the incubator. That contact can help prepare you for taking over the baby's care when he comes home.

The preterm infant seems so weak, fragile, and helpless because his gestational development is not as advanced as that of a fullterm baby. He has a lot of catching up to do, and you can't really compare him to a fullterm baby at this point. Happily, scientists have developed some special exercises which can help accelerate the development of a preterm child (or fullterm one for that matter). These treatments provide some of the same kind of sensory stimulation that an advanced fetus would normally receive in the womb. If you want, try this treatment four times a day for at least 30 days.

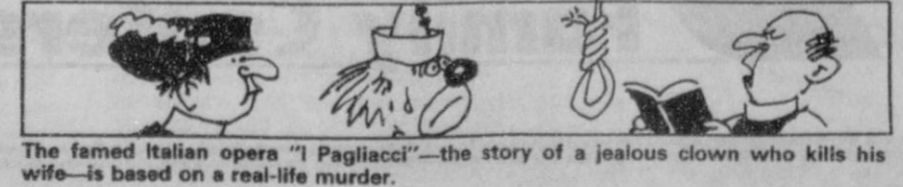
Begin by gently touching or massaging the baby's body, starting at the feet and working your way up to his head. Give soft, slow strokes over his skin. About 15 minutes of this each time is enough. Then immediately afterwards, cuddle him against your chest so he can hear your heartbeat and rock him for at least 5 more minutes each time. This whole procedure stimulates his nervous system in a favorable way, aiding its development. In addition, smile, talk to him, and play with him a lot throughout the day. One study found that preterm infants treated this way showed more weight gain, physical and mental progress, and social adjustment than those who weren't treated specially.

Because of their condition, many pretermers get less parental contact and attention than full terms, even though they need it more. Make sure your baby gets his share.

© 1984 Suburban Features



Some say lightning will not strike elm trees.



The famed Italian opera "Pagliacci"—the story of a jealous clown who kills his wife—is based on a real-life murder.



**NOTICE**

Bad weather will soon be here and along with it will come severe road conditions. In case of extreme weather conditions when it is not safe for children to travel back and forth to school, school may be called off. To find out if school will be closed, you may listen to KGYN-Guymon, KRDF-Spearman, KVII-Amarillo, or Channel 6-Gruver.

The warmest sea on earth is the Red Sea in Asia Minor. Its average temperature is 95 degrees F.

"Always pretending to be Goody-Two-Shoes to the neighbors! Well, to the dandelions, you're nothing more than a mass murderer!"

© 1984 Suburban Features