

Roaring Springs Couple Exchanges Wedding Vows



Mr. and Mrs. Brandt Bearden

Miss Amy Woolsey and Brandt Bearden were united in marriage June 27, 1992 at the Roaring Springs Ranch Club Campground, on a hill overlooking the South Pease River. The ceremony was performed by Boyce Hart, County Judge.

The bride wore a full length gown made of white on white printed satin and lace. The gown had a bias pleated collar, dropped waist bodice with lace appliques and a full skirt. She wore a lace trimmed hat with 3/4 length veil and carried a bouquet of white, dusty rose, and navy roses. The bride's dress and bridal outfit were all fashioned by her mother.

The bride was attended by her sister-in-law, Kim Woolsey of Matador, as Matron of Honor. Kristi Timmons of Northfield and Amy Barnes of Lenapah, Oklahoma, served as bridesmaids. The attendants wore dresses made similar to the brides, in navy blue, with white lace trim. They carried a spray of dusty pink roses. The bride was escorted down the aisle by her father, Darrell Woolsey.

The groom was attended by his brother, Shawn Bearden of Levelland, as best man. The ushers were Cris Gwin of Wolforth and Richard Potts of Dallas. The groom and his attendants were attired in denim blue jeans, white shirts with dusty rose boutonnieres and navy blue bow ties.

A reception followed the ceremony, with tables set up near the wedding site. Guests were served wedding cake, punch, mints and nuts from the bride's table, with her bouquet as the centerpiece.

The wedding cake was a beautiful all-white, 3-tier cake with 4 smaller cakes encircling the tiers. It was baked and decorated by Mrs. Nova Dale Turner of Matador.

A beautiful crock pitcher was used as the centerpiece on the groom's table. A watermelon basket full of fruit, finger

sandwiches, nuts and hors d'oeuvres were served.

Live music performed by the groom's cousin of Santa Fe, assisted by Kelly Keltz of Roaring Springs, was enjoyed before, during, and after the ceremony.

The couple travelled to Crosbyton to stay the night at the Historical Smith House Bed & Breakfast before returning to their home in Roaring Springs on Sunday.

BRIDAL SHOWER

Amy was honored with a bridal shower, Saturday morning, June 13. Friends and family gathered at the home of Mrs. Truitt Read, which was decorated throughout with summer flower arrangements.

Refreshments were served from a table covered with lace over dusty rose, set with crystal and silver, and adorned with a melon filled with fresh fruit pieces. The centerpiece was a grapevine piece with greenery, flowers, ribbons and birds in the bride's chosen colors of navy and dusty rose, flanked by crystal holders with mauve candles.

Many guests called from Matador and Roaring Springs. Special guests were Dell Bearden, mother of the groom; Judy Woolsey, mother of the bride; grandmothers of the bride, Pauline Woolsey, Canyon, and Margie Payne, Roaring Springs; and great-aunts, Dorene Benham and Ruby Nichols.

The honoree was presented a hostess gift of Farberware and the table centerpiece. Hostesses were Pam Thacker, Mary Lou Grundy, Rosalee Davis, Nona and Rhonda Long, Devonne Dillard, Pat Palmer, Myrna Stephens, Frances Hobbs, Marie Cummings, Margaret Stanley, Carol Hays, Linda Perryman, and Chelsea Read.



Home Economically Speaking

by Beverly Thomas,
Home Extension Agent - Home Economics

CLOTH VERSUS DISPOSABLE DIAPERS

Some of you may be pondering the use of cloth versus disposable diapers. Some recent research has come to my attention that I thought I needed to share with you.

The long-term costs are amazing. Cloth diapers are \$10 a dozen. Seven dozen cloth diapers will last through two babies for a one-time cost of \$70.

The cheapest disposable diapers found were 30 cents apiece. At an average of ten per day (more for newborns, less for older babies), that's a whopping \$1,008 a year. Since most children are in diapers for two to two and one-half years (or more), that's \$2,016 to \$2,520 for disposable diapers - as opposed to \$70 for cloth. Even with electricity, detergent, bleach, and softener (which you use anyway), the difference is staggering. Washing diapers is no more difficult or time consuming than washing regular laundry. By the way, don't use fabric softener on diapers. It decreases absorbency and just costs unnecessary money.

Considering the abysmal state of the economy, one has better things to do with \$900 plus a year than wipe a baby's behind with it. It is no wonder the diaper companies are flooding the airwaves with commercials. When mothers in this country realize how much cold, hard cash they are throwing away in the landfills, they'll all be out of business.

One other fact: Disposable diapers do not decompose for 500 years, and United States landfills receive 16 billion diapers yearly!

Education programs conducted by the Texas Agricultural Extension Service are for people of all ages regardless of socio-economic level, race, color, sex, religion, handicap, or national origin.

THOUGHT FOR THE DAY:

The easiest way to find time to do all the things you want to do is to turn off the television set.

Couple To Celebrate 50th Anniversary



McElton and Jerri Skaggs

McElton and Jerri Skaggs will be honored with a reception from 2 to 5 p.m. July 12, 1992 at the clubroom of Windsor Place Apartments in observance of their 50th wedding anniversary, in Abilene, Texas.

Hosts for this special occasion will be their children, Sherilyn and John Ramirez of Midland, Connie Mac Skaggs and Jeri Stella of Abilene, and Brett and Lydia Skaggs of Cedar Park, Texas.

He was born October 15, 1925 in Chillicothe, Texas. She was born Janu-

ary 24, 1927 in Matador, Texas. They met in Matador and married July 8, 1942 in Brownfield.

McElton is retired and Jerri works as resident manager of Windsor Place Apartments. They have eight grandchildren and four great-grandchildren.

Jerri is the daughter of the late Edith and Charlie Brooks and attended school in Roaring Springs.

Mc is the son of Virgil and the late Myrtle Skaggs and graduated from Matador High School.

Barbara's Bylines

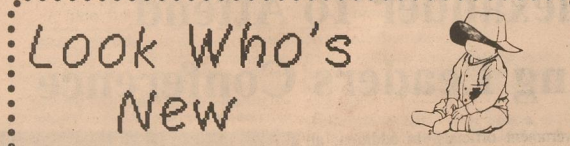
continued from page 1

into a reverse distribution business for our containers has been costly," the wholesalers' lobbyist said. "Consumers are inconvenienced, retailers are inconvenienced, wholesalers and manufactur-

ers are inconvenienced."

On the other side of the argument, Enck notes that the bottle law has created thousands of jobs in redemption centers, at bottlers and in stores.

Gov. Mario Cuomo says the unclaimed nickel deposits have piled up into a huge windfall for the beverage industry. He wants the state to take the unclaimed deposits, he says they are worth more than \$80 million annually.



Noelle Marie Brooks
Noelle Marie Brooks was born June 29, 1992 at Wilford Hall Hospital in San Antonio, Texas, at 8:02 p.m. She weighed 6 pounds 9 1/4 ounces and was 19 1/2 inches long. Parents are Keith and Jean Brooks of San Antonio. Maternal grandmother is Edith Erke of Orlando, Fla., paternal grandparents are Keith and Debbie Brooks of Matador. Great grandparents are Milton and Modean Brooks of Roaring Springs and Mary Brown of Canon City, Colo. Great-great grandmother is Belma Johnson of Vidor, Texas.

Kacee Riane McGraw
Mr. and Mrs. Robert McGraw and son, Kellan, of Plainview, are proud to announce the birth of a baby daughter and sister, Kacee Riane, born at 11:00 a.m., Thursday, July 2 at the General Hospital in Lockney. She weighed five pounds and twelve ounces. Maternal grandparents are Mr. and Mrs. Orville Lee of Flomot and paternal grandmother is Mrs. Mildred McGraw of Kerrville. Great grandfather is the Rev. J.E. Lee of Plainview.

The children of
Mr. and Mrs. McElton Skaggs
request the honour of your company
at an Open House to celebrate
the Fiftieth Wedding Anniversary
of their parents marriage
on Sunday the twelfth day of July
Nineteen hundred and ninety-two
from two until five o'clock in the afternoon
Windsor Place Club Room
3501 Curry Lane
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Hosted by Connie Mac Skaggs Jeri Stella
Brett and Lydia Skaggs
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Jan Jones and Mary Renfro, Photo Developing
The Motley County Tribune, (ISSN: 0897-4322), purchased on Feb. 1, 1986, is the successor to the Matador Tribune, and is published weekly each Thursday, except Christmas week, at Matador, Texas. The office is located on Highway 70 East (1/2 block east of Main Street). Telephone number 806/547-2400. Second-class postage paid at Matador, Texas.
Postmaster: Send address changes to Motley County Tribune, Box 490, Matador, Texas 79240-0490.
NOTICE: Any erroneous reflection upon the character, firm or corporation, which may appear in the columns of the Motley County Tribune, will gladly be corrected upon being brought to the attention of the publisher. Only signed letters to the editor will be considered for publication and should not exceed 250 words in length. Letters may be subject to editing.
PUBLICATION NO. 333700
SUBSCRIPTION RATES: Motley, \$14.00; All Others, \$16.00
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by
Wilda
Dixon

HOURS

Monday: 2-5 (open by volunteers)
Tuesday: 9-12 and 1-6
Wednesday: 9-12 and 1-6
Thursday: 9-12 and 1-5
Friday: 9-12 and 1-5
Saturday: 1-4 (open by volunteers)

Thursdays, grades 1-6, 10:00 - 10:45 a.m., July 9, July 16 and July 23.

Dues for Friends of the Library may be paid at the Library or given to Mary Meason.

SUMMER READING PROGRAM
Tuesdays, age 2-K, 10:00 - 10:45 a.m., July 14 and July 21.

Come by to find your summer reading in our new books section.

Mental Health

by Ron Trusler



NOTE: Ron Trusler, M.Ed., L.P.C. is Assistant Executive Director Central Plains Center for Mental Health, Mental Retardation and Substance Abuse.

LIFE'S WHEELS MAY COME OFF

In golf, there are days when nothing seems to work right. Your swing is off, the ball makes bad bounces, you hit it too fat or too thin, you look up, and you can't make a putt. The list could go on and on. That's when it is said that "the wheels have come off."

I heard a true story about a person who had the "wheels come off." He was trying to start his motorcycle on his front proch.

When it did start, he lost control. The motorcycle shot through the front door, spinning out of control into his living room. It knocked over furniture, lamps, wrecking everything in sight. He was busy trying to get the cycle under control when it fell over, breaking his leg. He got it shut off. His wife called an ambulance. They came to get him and she hurriedly cleaned up the gasoline that had spilled. She mopped up what she could and put the excess gasoline in the commode and quickly rushed to see about her husband at the emergency room. She brought him home with his broken leg cared for.

He went to the bathroom. While there, he lit a cigarette and when he finished, he dropped it into the commode. The commode caught on fire, burning him badly. His wife called the ambulance again. The

same two men came to get him. While they were carrying him out on a stretcher, the family dog bit one of the men. They dropped the stretcher and broke the man's arm!!!

That story makes me cringe. If I were to be asked about what to do in a case like that when all the "wheels fall off" in life, the only thing I can think of that is left to do is start "scouting."

Letter to the Editor

Here is a check for \$10 to apply to the memory of Dr. J.S. Stanley. He brought my only son into the world on January 5, 1946. He is a retired major from the U.S. Army, today, and is employed in San Antonio, Texas. He went through Viet Nam and Desert Storm and always

bragged on being born in Matador, Texas.

Thanks,
Lilburn F. Ogle
Rt. 11 Box 377N
Ft. Worth, Texas
76108

Children Should 'Play It Cool' For Summer

HOUSTON -- Children should "play it cool" on hot, summer days.

Too much summer fun can result in dehydration, so parents should make sure their children have plenty to drink before sending them outdoors, says a scientist at the USDA's Children's Nutrition Research Center.

"Once they become dehydrated, a single drink will not instantly replenish their body's need for water. It is important that parents "tank up" children before they become preoccupied with play and ignore that parched throat," said Dr. Rob Shulman, an associate professor of pediatrics at Baylor College of Medicine in Houston.

Dehydration is a condition where the body's water loss exceeds intake. The body depends on a consistent water content for healthy functioning of cells and

tissue. Parents should watch for symptoms including lethargy, nausea, complaints of dizziness, confusion, severe thirst, a dry mouth or decreased urination. In infants, one of the first signs of dehydration is a consistently dry diaper.

Children normally drink at least six 8-ounce glasses a day. The amount of liquid children need during the summer depends on the climate, how long they are outdoors, and the degree of activity.

Although the body needs water to keep from drying out, an array of drinks can complement nature's ultimate refreshment.

Most juices make ideal thirst quenchers and safeguard the body's water supply as well, said Janice Stuff, CNRC nutritionist.

Stuff does not recommend drinks that

contain high levels of caffeine such as iced tea, a Southern favorite, and some soft drinks. Caffeine is a diuretic, so instead of replenishing the water, it can promote dehydration.

Children use a lot of energy, and there is nothing wrong with drinks that contain sugar, if given in moderation.

She encourages parents to alternate

these beverages with more nutritious offerings including orange juice, apple juice, milk, and, of course, water.

According to Shulman, children drink more than adults per pound of body weight, and they need to drink more frequently. "Parents need to be aware that children can dehydrate much faster than adults," he said.

HEALTH NEWS

COUNT FAT NOT CALORIES

For many years, dieters across the country have counted their caloric intake in the hopes of losing weight. But according to recent studies, counting fat intake may be a more precise way of reducing weight.

"Foods with a high fat gram level are more easily changed into body fat than foods rich in protein and carbohydrates," said Tracey Norman, outpatient dietitian at Methodist Hospital.

One gram of fat is equal to 9 calories, as compared to 4 calories in one gram of protein and carbohydrates. "The average person consumes about 40 to 50 percent of protein and carbohydrates. The average person consumes about 40 to 50 percent of their total caloric intake from fats, when a more acceptable level would be 20 to 30 percent," Norman said. Norman suggests the following for-

mula for tabulating 20 percent fat consumption:

$$\frac{\text{Calories per Day} \times .2}{9} = \text{Number of Fat Grams}$$

For example, if a person was on an 1,800 calorie per day diet then their daily fat allowance would be 40 grams.

In order to reduce their fat consumption, dieters must first be aware of what types of food it is found in. There are basically two kinds of fat: visible, such as the marbled effect found in some meats; and hidden, such as the fats found in milk, egg yolks, grains and nuts.

"People who want to watch their fat intake need to replace these types of food with lean meat, fish, poultry, dry beans and peas," Norman said. "They should also trim excess fat off meats, broil and bake instead of fry, limit their intake of saturated fat and watch labels for fat content."

Thank You

Brown and I would like to thank everyone for their prayers and acts of kindness while I was in the hospital and since I came home. Thanks so much.

Brown and Beth Hinson

A very special thank you to all of the wonderful people who are making our time of grief more bearable. We thank you for every kindness shown, with flowers, food, cards, memorials, visits and most of all your prayers. We also thank the Quitaque EMT's, who worked so hard.

The family of Aline Welch
John and Delores Pigg and family
J.A. and Norma Welch and family
Bob and Virginia McWilliams and family

For we are God's workmanship, created in Christ Jesus to do good works, which God prepared in advance for us to do.

Ephesians 2:10

☆☆☆☆☆☆☆☆☆☆☆☆☆☆☆☆☆☆☆☆☆☆☆☆☆☆☆☆☆☆

"Party Time"

You are invited to a
Birthday Party

for Denise and William Duarte

given by their father
July 11, 8 p.m. - 1 a.m.

4-H building, Matador

"L.A. Formula"
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will be playing for a dance
(They play all kinds of Music)

☆☆☆☆☆☆☆☆☆☆☆☆☆☆☆☆☆☆☆☆☆☆☆☆☆☆☆☆☆☆

Many a truth sprang from an error.

—Ebner-Eschenbach



DOUBLE COUPONS ON MONDAY & WEDNESDAY

Every Monday and Wednesday your manufacturers "cents off" coupons are worth double at Pay-N-Save No. 21. Limit one coupon for any particular item. No cigarette coupons. Offer limited to manufacturers coupons of \$2.00 value or less. Coupons over \$2.00 will be redeemed at face value. Amount cannot exceed retail of the item. Subject to certain In-Store Policies concerning coupons. Not doubled on advertised specials.

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T-Ball



RANGERS, 1st place: (front l-r) Lorenzo Salazar, Fernando Martinez, Tony Salazar, Courtney Hays, Brenda Gillespie; (middle l-r) Mark Meredith, Alex Salazar, Casey Lawrence, Clint Cooper, Ashley Stevens, and Rachel Smith; (back) Coaches, Betty Stevens, Jim Cooper and Rickey Lawrence.



PADRES, 2nd place: (front l-r) Mont Darsey, Lacy Carson, Brady Brooks, Mona Saldana, Ricardo Luna, Cassie Campbell, (middle row l-r) Derrick Cruse, Chantry Meyer, Britt Pierce, Mark Cox, Chase Carson, Leigha Burns, and Cole Grundy; (back) Coaches Brenda Osborn, Billy Osborn, and Gaylon Cox.



TIGERS, 3rd place: (l-r) Trey Smallwood, Meriel Smallwood, LeAnndra Wallace, Billy LaVrar, Brett Wallace, David Whitaker, Bradley Baxter, Leslie Taylor, Stacia Baxter and Lisa Taylor; (back) Coaches Bill Durham and Ed Logan.

Congratulations!



ASTROS, 4th place: (l-r) Shantel Sanchez, Shea Rose, Julio Davila, Sylvia Martinez, Elizabeth Ho-Gland, Brandon Martin, William Ho-Gland, Quinten Rose, Frank Martinez, and T.J. Christopher; (back) Coaches, Jeremy Jones, Lisa Rose and Kenny Rose.



INDIANS, 5th place: (front l-r) Brittany Moore, Brittany Donaldson, Michael King, Michael Grant, Christa Brooks, Justin Jameson and Brandon Lee; (back l-r) Rachelle Renfro, Coach Susan Thomas, Sherri Thomas, Coach Jeannie Moore, Tommy Hurt, Brandon Moore, Coach Kyle Moore and Brent Speed.

Softball



WHITE SOX, 1st place: (front l-r) Shella Graves, Andy Jones, Misty Thomas, Todd Thomas, Denise Duarte; (back l-r) Lee Ann Moreno, Coach Hal Martin, Ryan Martin, Coach Billy Green, Aaron Green, William Duarte, Kyle Brandon, Quintin Brandon and Coach Dan Brandon.



ROYALS, 2nd place: (front l-r) Cobey Turner, Keane Cruse, Robert Gillespie, Talon Cruse, Kaci Risser, Blake Barton and Jason Barton; (back l-r) Coach James Gillespie, Amanda Locke, Lanie Barton, Bobby Barton, Coach Brenda Cruse, LaTisha Griffin, John Locke, and Coach Randy Barton.



RANGERS, 3rd place: (front l-r) Scott Smith, John LaVrar, Paul Gonzalez, Joseph Grant, LaTisha LaVrar; (back l-r) Coach Chip Smith, Joseph Martin, Darryn Perryman, Kasey Parks, Jeremy Smith, Coach Pat Smith and Coach Vickie Smith.



PHILLIES, 4th place: (front l-r) Quinn Hays, Devin Perryman, Sean Rose, Ryan Martin, Samantha Osborn, Lou Ann Salazar, Dayton Grundy; (back l-r) Doyle Lee, Coach Terry Simpson, Arturo Espinoza, Bo Speed, Robert Espinoza, Chad Lawrence, Coach Tammy Simpson, Brandi Jameson and Coach Terry Taylor.



CUBS, 5th place: (front l-r) Joe Gonzalez, Matthew Cox, Brant Donaldson, Bert Darsey, Chuck Fisk, Mandi Carson and Jill Stanley; (back l-r) Coach James Stanley, Brad Thacker, Kevin Keltz and Coach Billy Donaldson.

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